

Clinical Approaches to Enhancing Reflective Parenting (Part I & Part II)

Two Live Zoom Trainings For Clinicians & Other Family Service Professionals

Hosted by the *Minding the Baby*® (MTB) National Office

Thursday March 10, 2022 ~ 1-3pm EST (GMT-5)

& Thursday, April 14, 2022 ~ 1-3pm EDT (GMT-4)

****THIS IS A 2-SESSION SERIES****

Registration Fees: \$100 per participant for both sessions

Training Focus

In this **two-session series** delivered by MTB Co-Founder Dr. Arietta Slade, key elements of the *Minding the Baby*® Home Visiting model will be used to describe how to establish the relational foundations of reflection (safety, regulation, and trust) in parents and enhance reflective parenting. A main goal in working with young families is to promote resilient, loving, and supportive attachment relationships between parents and children. As such, professionals working with parents aim to promote reflection, particularly in highly stressed families where threats to safety abound, and reflective capacities are hard won. Clinical approaches will be provided to help move parents out of “fight or flight” and into the meaningful, trusting relationships that make it possible for them to discover themselves and their child.

Please note that part one (the March session) is a pre-requisite for the second session in April.



Arietta Slade, PhD is Professor of Clinical Child Psychology at the **Yale Child Study Center**.

An internationally recognized theoretician, clinician, researcher, and teacher, she has written widely on the development of parental reflective functioning, the implications of attachment for child and adult psychotherapy, and relationship-based infant mental health practice. She is Co-Founder and Director of Training for *Minding the Baby*® (MTB), an evidence-based interdisciplinary reflective home visiting model developed for young, first-time parents facing adversity. Dr. Slade is also an author, with Jeremy Holmes, of *Attachment in Therapeutic Practice* (Holmes & Slade, SAGE Publications, 2018); and editor of the six volume set, *Major Work on Attachment* (Slade & Holmes, SAGE Publications, 2014), of *Mind to Mind: Infant Research, Neuroscience, and Psychoanalysis* (Jurist, Slade, & Bergner, Other Press, 2008), and *Children at Play* (Slade & Wolf, Oxford University Press, 1994). Currently, she and her MTB colleagues are writing a book on reflective parenting (Forthcoming, Guilford, 2022). She has also been in private practice for nearly 40 years, working with individuals of all ages.



Register here: <http://bit.ly/3cgJHeR>

E-mail questions to: mindingthebaby@yale.edu

Visit us on the web: www.mtb.yale.edu



Minding the Baby® is run jointly through the Yale School of Nursing and Child Study Center.