**Minding the Baby® Home Visiting (MTB-HV)**

Family Home Visiting Partnership of New Haven (FHVP-NH)

MTB-HV: A Brief Introduction
June 2020

MTB National Office
Yale University School of Nursing
Yale Child Study Center

FHVP-NH
Yale New Haven Hospital
Yale School of Medicine
Fair Haven Community Health Center
Cornell Scott Hill Health Center

The FHVP-NH offers state-funded home visiting, parent education, parent groups, resource referral, and phone support to families in New Haven County.

For more information about MTB-HV, visit [www.mtb.yale.edu](http://www.mtb.yale.edu) or send an e-mail to: [mindingthebaby@yale.edu](mailto:mindingthebaby@yale.edu).

Implementation details are also provided in an informational webinar, here: [https://youtu.be/Pj8oMiO8so8](https://youtu.be/Pj8oMiO8so8).

### Introduction to MTB Home Visiting

- Began in 2002 as a grant-funded program offered to New Haven families in collaboration with FHCHC & CSHHC
- Federally designated evidence-based home visiting model
- Intensive preventive home-visitation for young families with histories of trauma, poverty, social disadvantage, etc.
- Beginning during the late second or early third trimester of pregnancy & extending through the child’s second birthday
- Nurse-SW teams providing weekly visits until the child turns one, then bi-weekly in the child’s second year
- Highly flexible; responsive to family needs
- Now offered through FHVP-NH funded by the CT OEC
The MTB Approach

- Core aims
  - Enhance opportunities for families to thrive
  - Strengthen parent-child attachment
  - Prevent disruptions to child health & development
- Distinct program elements
  - Innovative interdisciplinary model
  - Addressing health and mental health needs
  - Emphasis on reflective parenting & attachment
  - Focus on emotional trauma & other forms of toxic stress

MTB Animated Video Short

Direct link: https://youtu.be/Pj8oMiO8xo8
Demonstrated Outcomes

- Lower rates of obesity in MTB toddlers
- Higher rates of normal weight in toddlers
- Higher rates of on-time pediatric immunization
- Lower rates of rapid subsequent childbearing
- Higher levels of reflective parenting
- Higher rates of secure attachment; lower rates of disorganized attachment
- Less disrupted teen mother-child interactions
- Promising follow-up findings re: behavior in MTB children up to age 9

Telehealth (Remote Home Visits)

Family Engagement & Retention

- Increases family retention by offering flexibility
- Allows home visitors & families to stay in touch during pandemic or other emergencies
- Lets families know that clinicians are thinking about them and available to help
- Allocates home visiting resources efficiently & effectively
- Decreases costs related to travel (time & vehicle)
MTB-HV Eligibility Criteria

- Pregnant
- English-Speaking
- Age 14-25
- Expecting First Child
- No Active, Serious Drug Use
- No Profound Learning Disability
- No Life-Threatening Illness
- No Psychotic Illness

Referral Process

- Referrals can be made directly to Program Coordinators by email, phone, or EPIC in-basket

- Maria Schilder: Maria.Schilder@ynhh.org
  cell: (203) 215-3602

- Anita Bonilla: Anita.Bonilla@ynhh.org
  cell: (203) 215-9954
FHVP-NH: The MTB Team

- Laney Alexander, MPH, LCSW
  MTB Social Work Home Visitor
- Rosie Price, MA, RN, RM
  MTB Nurse Home Visitor
- Christopher Prokop, LCSW
  MTB Social Work Supervisor
- Beth Moller, DNP, APRN, FNP-BC
  MTB Nurse Supervisor
- Onya Harris, LCSW
  FHVP-NH Program Manager
- Susanne Clark, LCSW
  YNHH Manager of Social Work
- Andrea Asnes, MD
  FHVP-NH Medical Director
- Onya Harris, LCSW
  FHVP-NH Program Manager
- Susanne Clark, LCSW
  YNHH Manager of Social Work
- Andrea Asnes, MD
  FHVP-NH Medical Director

To download the FHVP-NH brochure, please see: https://bit.ly/fhvpbrochure

MTB National Office Staff

- Lois S. Sadler, PhD, RN, FAAN
  Co-Founder & Director of Research
- Nancy Close, PhD
  Director of Clinical Services
- Arietta Slade, PhD
  Co-Founder & Director of Training
- Crista Marchesseault, MAT, MA
  Director of Operations

Senior Clinicians & Training Specialists
- Denise Webb, MSN, APRN, PNP-BC
- Tanika Eaves Simpson, PhD, LCSW
- Heather Bonitz Moore, ATR-BC, LPC
- Monica Ordway, PhD, APRN, PNP-BC
- Margaret Holland, PhD
- Eileen Condon, PhD, APRN, FNP-BC
- Amalia Londono Tobon, MD
- Andrea Miller, BA
- Serena Flaherty, MSN, APRN, CPNP

For more information, please visit: www.mtb.yale.edu
or send an e-mail to: mindingthebaby@yale.edu
Thank you!