For general information, locations or to register, please call our coordinators at 203-215-3602 or 203-215-9954.

Para Espanol, llame numero 203-688-8165.
Our Programs

Parents as Teachers Home Visiting Services
A caring Parent Educator visits new parents in their home to help make the transition into parenthood easier. Each visit is focused on healthy growth and development of the child. We work to strengthen parenting skills and provide families with support and guidance. Families are invited to participate in this program until the child turns 2 years old.

Minding the Baby® (MTB) Home Visiting Services
MTB provides home visits to first-time parents beginning in pregnancy and continuing until the baby turns two. A nurse and social worker help parents bond with their baby and help keep parents and babies healthy. Home visitors provide information on child development, positive parent-child interactions, and more. MTB home visitors are trained to develop safe relationships with families, respect different cultures and values, assess trauma and connect families with any needed community resources.

* Minding the Baby is a Yale University registered trademark, 2018.

Parenting Groups
Our parenting group bring parents and primary care givers together in a safe and nurturing environment. Groups provide the opportunity to build friendships and trust through to sharing experiences about the joys and difficulties of parenting.

Topics include:
- Circle of Security
- Home Safety
- Infant Car Seat Installation and Safety
- Proven Parenting Techniques
- Resources for Post-Partum Depression
- Resources for Preparing for Labor
- Routines
- Stages of Child Development
- Toddler Nutrition
- What to do When Your Infant is Sick

Phone Support
Phone support is provided by bi-lingual credentialed parent educators and designed to engage new parents, create awareness of infant and child development, and meet the individual needs of families.

In addition to these programs we also offer dedicated workshops for dads and bilingual services.