

WEBVTT

NOTE duration:"00:50:02"

NOTE recognizability:0.877

NOTE language:en-us

NOTE Confidence: 0.705278281

00:00:00.000 --> 00:00:02.072 This is Martin who you're going to

NOTE Confidence: 0.705278281

00:00:02.072 --> 00:00:04.940 hear from today Co administrate and

NOTE Confidence: 0.705278281

00:00:04.940 --> 00:00:08.219 direct the yes Yale Educator series.

NOTE Confidence: 0.705278281

00:00:08.219 --> 00:00:11.746 So we're so excited to have you as

NOTE Confidence: 0.705278281

00:00:11.746 --> 00:00:14.200 you know with the combination of

NOTE Confidence: 0.705278281

00:00:14.200 --> 00:00:16.792 educator development series that

NOTE Confidence: 0.705278281

00:00:16.792 --> 00:00:19.136 are ideally appealing and useful

NOTE Confidence: 0.705278281

00:00:19.136 --> 00:00:21.256 for people whether you're teaching

NOTE Confidence: 0.705278281

00:00:21.256 --> 00:00:23.796 in the clinical setting or the pre,

NOTE Confidence: 0.705278281

00:00:23.800 --> 00:00:27.704 pre clerkship clinical setting.

NOTE Confidence: 0.705278281

00:00:27.704 --> 00:00:30.990 And Andreas today has a great

NOTE Confidence: 0.705278281

00:00:30.990 --> 00:00:33.575 one that's not only I think this

NOTE Confidence: 0.705278281

00:00:33.575 --> 00:00:34.800 is probably applicable to any,

NOTE Confidence: 0.705278281

00:00:34.800 --> 00:00:36.048 any faculty or resident.  
NOTE Confidence: 0.705278281

00:00:36.048 --> 00:00:37.920 So we're great that you're here.  
NOTE Confidence: 0.705278281

00:00:37.920 --> 00:00:40.232 It has to do with professional  
NOTE Confidence: 0.705278281

00:00:40.232 --> 00:00:44.062 development skill of scientific or or  
NOTE Confidence: 0.705278281

00:00:44.062 --> 00:00:46.917 other scholarship writing of abstracts.  
NOTE Confidence: 0.705278281

00:00:46.920 --> 00:00:49.128 So I'm just going to briefly  
NOTE Confidence: 0.705278281

00:00:49.128 --> 00:00:50.232 introduce Andreas Martin,  
NOTE Confidence: 0.705278281

00:00:50.240 --> 00:00:52.200 for those who may not know him,  
NOTE Confidence: 0.705278281

00:00:52.200 --> 00:00:55.596 but he's the Riva Ariela Rico,  
NOTE Confidence: 0.705278281

00:00:55.600 --> 00:00:56.948 pardon, no,  
NOTE Confidence: 0.705278281

00:00:56.948 --> 00:00:59.644 professor of child psychiatry  
NOTE Confidence: 0.705278281

00:00:59.644 --> 00:01:03.240 at the Child Study Center.  
NOTE Confidence: 0.705278281

00:01:03.240 --> 00:01:05.508 And he is also the medical director  
NOTE Confidence: 0.705278281

00:01:05.508 --> 00:01:07.052 of the Children's Psychiatric  
NOTE Confidence: 0.705278281

00:01:07.052 --> 00:01:09.352 Inpatient Service at the Yale  
NOTE Confidence: 0.705278281

00:01:09.352 --> 00:01:11.400 New Haven Children's Hospital.

NOTE Confidence: 0.705278281

00:01:11.400 --> 00:01:16.168 And he's been part of the Center for

NOTE Confidence: 0.705278281

00:01:16.168 --> 00:01:21.836 Medical Education for a long time and has,

NOTE Confidence: 0.705278281

00:01:21.840 --> 00:01:23.712 I think it was maybe just three years ago.

NOTE Confidence: 0.705278281

00:01:23.720 --> 00:01:24.104 Andreas,

NOTE Confidence: 0.705278281

00:01:24.104 --> 00:01:26.666 you can tell me I'm wrong about

NOTE Confidence: 0.705278281

00:01:26.666 --> 00:01:28.376 when you ended up finishing

NOTE Confidence: 0.705278281

00:01:28.376 --> 00:01:30.812 your doctoral degree in medical

NOTE Confidence: 0.705278281

00:01:30.812 --> 00:01:33.476 education from the Netherlands.

NOTE Confidence: 0.705278281

00:01:33.480 --> 00:01:35.824 He's also the Editor in Chief and chief

NOTE Confidence: 0.705278281

00:01:35.824 --> 00:01:38.575 of the Journal of the American Academy

NOTE Confidence: 0.705278281

00:01:38.575 --> 00:01:40.675 of Child at Adolescent Psychiatry.

NOTE Confidence: 0.705278281

00:01:40.680 --> 00:01:43.592 Or was until 2017.

NOTE Confidence: 0.705278281

00:01:43.592 --> 00:01:45.505 And I'm really excited.

NOTE Confidence: 0.705278281

00:01:45.505 --> 00:01:47.875 I've been enjoying learning from him.

NOTE Confidence: 0.705278281

00:01:47.880 --> 00:01:51.093 So we're all going to be excited to be

NOTE Confidence: 0.705278281

00:01:51.093 --> 00:01:54.880 better abstract writers 50 minutes from now.  
NOTE Confidence: 0.705278281

00:01:54.880 --> 00:01:55.400 Andreas,  
NOTE Confidence: 0.705278281

00:01:55.400 --> 00:01:56.320 turning it over to you.  
NOTE Confidence: 0.868408206923077

00:01:57.360 --> 00:01:58.972 Amen. Thank you, Dana.  
NOTE Confidence: 0.868408206923077

00:01:58.972 --> 00:02:02.680 And it's such a joy working with with Dana.  
NOTE Confidence: 0.868408206923077

00:02:02.680 --> 00:02:06.160 So to get CME credits,  
NOTE Confidence: 0.868408206923077

00:02:06.160 --> 00:02:08.296 please go ahead and text that  
NOTE Confidence: 0.868408206923077

00:02:08.296 --> 00:02:09.720 number to that phone.  
NOTE Confidence: 0.868408206923077

00:02:09.720 --> 00:02:10.670 We're also going to put  
NOTE Confidence: 0.868408206923077

00:02:10.670 --> 00:02:12.518 it in the in the chat.  
NOTE Confidence: 0.906008614117647

00:02:14.560 --> 00:02:16.198 OK. And the rest of the of  
NOTE Confidence: 0.906008614117647

00:02:16.198 --> 00:02:17.923 that says that I don't have  
NOTE Confidence: 0.906008614117647

00:02:17.923 --> 00:02:19.199 any conflicts of interest.  
NOTE Confidence: 0.906008614117647

00:02:19.200 --> 00:02:20.736 I'm not paid by abstracts of  
NOTE Confidence: 0.906008614117647

00:02:20.736 --> 00:02:22.320 America to give this talk, so  
NOTE Confidence: 0.90663622125

00:02:24.520 --> 00:02:27.250 OK, So what are the learning

NOTE Confidence: 0.90663622125  
00:02:27.250 --> 00:02:28.520 objectives today? First,  
NOTE Confidence: 0.90663622125  
00:02:28.520 --> 00:02:31.040 and this might seem strange at first,  
NOTE Confidence: 0.90663622125  
00:02:31.040 --> 00:02:33.290 but I hope that by the end of today  
NOTE Confidence: 0.90663622125  
00:02:33.290 --> 00:02:35.864 you will be able to differentiate an  
NOTE Confidence: 0.90663622125  
00:02:35.864 --> 00:02:38.040 abstract as a summary of a paper,  
NOTE Confidence: 0.90663622125  
00:02:38.040 --> 00:02:40.385 which I would argue is a bad  
NOTE Confidence: 0.90663622125  
00:02:40.385 --> 00:02:42.720 thing from seeing a paper as  
NOTE Confidence: 0.90663622125  
00:02:42.720 --> 00:02:44.572 an as an expanded abstract,  
NOTE Confidence: 0.90663622125  
00:02:44.572 --> 00:02:47.639 which I would argue is a good thing.  
NOTE Confidence: 0.90663622125  
00:02:47.640 --> 00:02:51.280 Hopefully this will become clear. Next  
NOTE Confidence: 0.91266190375  
00:02:53.960 --> 00:02:56.655 the commandment to all of us abstract  
NOTE Confidence: 0.91266190375  
00:02:56.655 --> 00:02:58.604 writers finding ways of shedding,  
NOTE Confidence: 0.91266190375  
00:02:58.604 --> 00:03:01.600 of of shedding the fluff and becoming  
NOTE Confidence: 0.91266190375  
00:03:01.600 --> 00:03:04.440 understated in our writing abstracts.  
NOTE Confidence: 0.941615948333333  
00:03:06.520 --> 00:03:10.234 Finally, to be sure to incorporate  
NOTE Confidence: 0.941615948333333

00:03:10.234 --> 00:03:13.640 basic elements of writing and PGH,  
NOTE Confidence: 0.9416159483333333

00:03:13.640 --> 00:03:15.638 here stands, I'll describe it further.  
NOTE Confidence: 0.9416159483333333

00:03:15.640 --> 00:03:19.160 Stands for problem gap hook,  
NOTE Confidence: 0.9416159483333333

00:03:19.160 --> 00:03:21.932 which is a strong heuristic to  
NOTE Confidence: 0.9416159483333333

00:03:21.932 --> 00:03:25.320 writing including that and to  
NOTE Confidence: 0.9416159483333333

00:03:25.320 --> 00:03:28.240 include elements of epidemiology,  
NOTE Confidence: 0.9416159483333333

00:03:28.240 --> 00:03:31.144 problem, population, exposure,  
NOTE Confidence: 0.9416159483333333

00:03:31.144 --> 00:03:34.072 comparison, outcome, and time.  
NOTE Confidence: 0.9416159483333333

00:03:34.072 --> 00:03:38.040 And this is not just for epidemiology papers,  
NOTE Confidence: 0.9416159483333333

00:03:38.040 --> 00:03:41.120 it's for the great majority of papers,  
NOTE Confidence: 0.9416159483333333

00:03:41.120 --> 00:03:43.064 and something that's near and dear to my  
NOTE Confidence: 0.9416159483333333

00:03:43.064 --> 00:03:44.959 heart and my current research I write.  
NOTE Confidence: 0.9416159483333333

00:03:44.960 --> 00:03:47.440 I do mostly qualitative research,  
NOTE Confidence: 0.9416159483333333

00:03:47.440 --> 00:03:48.826 so there are a couple of things  
NOTE Confidence: 0.9416159483333333

00:03:48.826 --> 00:03:50.014 that are slightly different when  
NOTE Confidence: 0.9416159483333333

00:03:50.014 --> 00:03:51.399 it comes to qualitative research,

NOTE Confidence: 0.941615948333333

00:03:51.400 --> 00:03:52.400 and I'll point those out.

NOTE Confidence: 0.969726106

00:03:54.680 --> 00:03:56.939 I love this quote from Pascal,

NOTE Confidence: 0.969726106

00:03:56.939 --> 00:03:59.213 17th century, who said I'm sorry

NOTE Confidence: 0.969726106

00:03:59.213 --> 00:04:02.076 that I wrote you such a long letter,

NOTE Confidence: 0.969726106

00:04:02.080 --> 00:04:04.600 but I didn't have time to write a short one,

NOTE Confidence: 0.969726106

00:04:04.600 --> 00:04:06.838 and there's great wisdom in that.

NOTE Confidence: 0.969726106

00:04:06.840 --> 00:04:10.280 Writing short is really hard.

NOTE Confidence: 0.969726106

00:04:10.280 --> 00:04:14.000 Another 17th century genius, Doctor Seuss,

NOTE Confidence: 0.969726106

00:04:14.000 --> 00:04:19.040 said that short is better than length

NOTE Confidence: 0.969726106

00:04:19.040 --> 00:04:21.679 and they were all on to something.

NOTE Confidence: 0.862228952631579

00:04:23.720 --> 00:04:26.744 Now let let's get into this philosophical

NOTE Confidence: 0.862228952631579

00:04:26.744 --> 00:04:29.717 17th century quill on hand mindset and I'm

NOTE Confidence: 0.862228952631579

00:04:29.717 --> 00:04:32.400 going to ask you to do a mind experiment,

NOTE Confidence: 0.862228952631579

00:04:32.400 --> 00:04:35.235 a thought experiment as we move along.

NOTE Confidence: 0.862228952631579

00:04:35.240 --> 00:04:38.712 And that is, think of your last

NOTE Confidence: 0.862228952631579

00:04:38.712 --> 00:04:41.250 abstract that you wrote, imagined,  
NOTE Confidence: 0.862228952631579

00:04:41.250 --> 00:04:43.875 or are imagining right now,  
NOTE Confidence: 0.862228952631579

00:04:43.880 --> 00:04:45.140 or revisited or wrote.  
NOTE Confidence: 0.862228952631579

00:04:45.140 --> 00:04:47.438 It'll be helpful to have a template  
NOTE Confidence: 0.862228952631579

00:04:47.438 --> 00:04:49.478 in your mind of an abstract.  
NOTE Confidence: 0.862228952631579

00:04:49.480 --> 00:04:51.594 So if you have written a lot,  
NOTE Confidence: 0.862228952631579

00:04:51.600 --> 00:04:52.720 you'll have many of those.  
NOTE Confidence: 0.862228952631579

00:04:52.720 --> 00:04:54.772 If you are just getting started  
NOTE Confidence: 0.862228952631579

00:04:54.772 --> 00:04:56.644 and writing them, that's fine,  
NOTE Confidence: 0.862228952631579

00:04:56.644 --> 00:04:59.598 you can just follow that mental sketch.  
NOTE Confidence: 0.862228952631579

00:04:59.600 --> 00:05:00.636 I think that if you do this,  
NOTE Confidence: 0.862228952631579

00:05:00.640 --> 00:05:03.475 you will get the most out of  
NOTE Confidence: 0.862228952631579

00:05:03.475 --> 00:05:05.600 our next minutes together.  
NOTE Confidence: 0.862228952631579

00:05:05.600 --> 00:05:08.912 The outline for the talk today is 3 parts.  
NOTE Confidence: 0.862228952631579

00:05:08.920 --> 00:05:10.270 1st, why bother?  
NOTE Confidence: 0.862228952631579

00:05:10.270 --> 00:05:14.220 You know what's a big whoop Dee Doo with



NOTE Confidence: 0.862228952631579  
00:05:14.220 --> 00:05:17.440 abstracts and why does it matter anyway?  
NOTE Confidence: 0.862228952631579  
00:05:17.440 --> 00:05:19.127 The second one is the content of  
NOTE Confidence: 0.862228952631579  
00:05:19.127 --> 00:05:20.829 an abstract and this is where we're  
NOTE Confidence: 0.862228952631579  
00:05:20.829 --> 00:05:22.520 going to spend most of our time.  
NOTE Confidence: 0.862228952631579  
00:05:22.520 --> 00:05:26.160 What is the anatomy and the Physiology of  
NOTE Confidence: 0.862228952631579  
00:05:26.160 --> 00:05:29.476 an abstract and how can we optimize it?  
NOTE Confidence: 0.862228952631579  
00:05:29.480 --> 00:05:30.164 And finally,  
NOTE Confidence: 0.862228952631579  
00:05:30.164 --> 00:05:33.370 we're going to close by a review of a  
NOTE Confidence: 0.862228952631579  
00:05:33.370 --> 00:05:36.114 dozen tips to write a compelling abstract.  
NOTE Confidence: 0.862228952631579  
00:05:36.120 --> 00:05:40.210 We will have covered most of this  
NOTE Confidence: 0.862228952631579  
00:05:40.210 --> 00:05:44.400 by the time that we get there.  
NOTE Confidence: 0.862228952631579  
00:05:44.400 --> 00:05:46.184 OK, so context. Why?  
NOTE Confidence: 0.862228952631579  
00:05:46.184 --> 00:05:47.076 Why bothering?  
NOTE Confidence: 0.862228952631579  
00:05:47.080 --> 00:05:48.608 Why does it matter?  
NOTE Confidence: 0.862228952631579  
00:05:48.608 --> 00:05:52.196 Let me show you an X-ray of your brain  
NOTE Confidence: 0.862228952631579

00:05:52.196 --> 00:05:54.996 and mind and how we read papers.  
NOTE Confidence: 0.862228952631579

00:05:55.000 --> 00:05:56.917 So this is how not to read a paper.  
NOTE Confidence: 0.862228952631579

00:05:56.920 --> 00:05:59.928 But of course it's how we all usually  
NOTE Confidence: 0.862228952631579

00:05:59.928 --> 00:06:01.520 read papers and this is what happens.  
NOTE Confidence: 0.862228952631579

00:06:01.520 --> 00:06:04.676 So this here is a paper.  
NOTE Confidence: 0.862228952631579

00:06:04.680 --> 00:06:06.920 Doesn't matter the content,  
NOTE Confidence: 0.862228952631579

00:06:06.920 --> 00:06:08.760 but as soon as you open the paper,  
NOTE Confidence: 0.862228952631579

00:06:08.760 --> 00:06:11.816 your brain does this magical thing in  
NOTE Confidence: 0.862228952631579

00:06:11.816 --> 00:06:15.395 which everything goes Gray and you stop  
NOTE Confidence: 0.862228952631579

00:06:15.395 --> 00:06:18.544 paying attention because it's too scary,  
NOTE Confidence: 0.862228952631579

00:06:18.544 --> 00:06:19.568 detailed.  
NOTE Confidence: 0.862228952631579

00:06:19.568 --> 00:06:22.640 It's no good.  
NOTE Confidence: 0.862228952631579

00:06:22.640 --> 00:06:24.596 Instead you go to the introduction,  
NOTE Confidence: 0.862228952631579

00:06:24.600 --> 00:06:26.496 which in essence is a glorified  
NOTE Confidence: 0.862228952631579

00:06:26.496 --> 00:06:27.760 letter to the editor.  
NOTE Confidence: 0.862228952631579

00:06:27.760 --> 00:06:30.504 So already someone is trying to brainwash

NOTE Confidence: 0.862228952631579  
00:06:30.504 --> 00:06:34.117 you to tell you how wonderful their work is.  
NOTE Confidence: 0.862228952631579  
00:06:34.120 --> 00:06:36.038 Then when it comes to the methods,  
NOTE Confidence: 0.862228952631579  
00:06:36.040 --> 00:06:38.384 you simply skip those.  
NOTE Confidence: 0.862228952631579  
00:06:38.384 --> 00:06:39.556 They're impenetrable.  
NOTE Confidence: 0.862228952631579  
00:06:39.560 --> 00:06:43.040 They have some Greek letters.  
NOTE Confidence: 0.862228952631579  
00:06:43.040 --> 00:06:45.353 You don't know what a log linear model is.  
NOTE Confidence: 0.862228952631579  
00:06:45.360 --> 00:06:46.158 You don't care.  
NOTE Confidence: 0.862228952631579  
00:06:46.158 --> 00:06:46.956 You skip it.  
NOTE Confidence: 0.819077248  
00:06:49.560 --> 00:06:51.693 The result's the same thing. You skip it.  
NOTE Confidence: 0.819077248  
00:06:51.693 --> 00:06:53.319 You know the tables are busy,  
NOTE Confidence: 0.819077248  
00:06:53.320 --> 00:06:56.040 the figures are hard to make sense of,  
NOTE Confidence: 0.819077248  
00:06:56.040 --> 00:06:57.438 so you're skipping most of it.  
NOTE Confidence: 0.819077248  
00:06:57.440 --> 00:06:59.378 And you get to your discussion  
NOTE Confidence: 0.819077248  
00:06:59.378 --> 00:07:01.467 and read parts of it because  
NOTE Confidence: 0.819077248  
00:07:01.467 --> 00:07:03.313 it's in English, not in Greek.  
NOTE Confidence: 0.819077248

00:07:03.313 --> 00:07:05.070 But in some ways it's not the  
NOTE Confidence: 0.819077248

00:07:05.134 --> 00:07:06.582 right thing because shouldn't  
NOTE Confidence: 0.819077248

00:07:06.582 --> 00:07:08.754 you be making your own decision?  
NOTE Confidence: 0.819077248

00:07:08.760 --> 00:07:11.920 And shouldn't you be reading your own paper?  
NOTE Confidence: 0.819077248

00:07:11.920 --> 00:07:13.719 So that's how we usually read papers.  
NOTE Confidence: 0.819077248

00:07:13.720 --> 00:07:18.436 But this is a key thing related to today.  
NOTE Confidence: 0.819077248

00:07:18.440 --> 00:07:19.760 Oh, and the disclosures, you know,  
NOTE Confidence: 0.819077248

00:07:19.760 --> 00:07:22.076 why should I care about disclosures?  
NOTE Confidence: 0.819077248

00:07:22.080 --> 00:07:25.160 But this is what we can do and usually do.  
NOTE Confidence: 0.819077248

00:07:25.160 --> 00:07:26.966 And that's what the abstract is  
NOTE Confidence: 0.819077248

00:07:26.966 --> 00:07:28.839 the most powerful part of a paper.  
NOTE Confidence: 0.819077248

00:07:28.840 --> 00:07:30.860 It's overwhelmingly the only  
NOTE Confidence: 0.819077248

00:07:30.860 --> 00:07:32.880 part that is read.  
NOTE Confidence: 0.819077248

00:07:32.880 --> 00:07:35.358 It's a part in which you can  
NOTE Confidence: 0.819077248

00:07:35.358 --> 00:07:37.200 connect with your audience.  
NOTE Confidence: 0.819077248

00:07:37.200 --> 00:07:40.959 And even though it is absolutely critical,

NOTE Confidence: 0.819077248  
00:07:40.960 --> 00:07:42.790 all too commonly we just leave  
NOTE Confidence: 0.819077248  
00:07:42.790 --> 00:07:45.237 it as the very last thing to do.  
NOTE Confidence: 0.819077248  
00:07:45.240 --> 00:07:47.170 It's an afterthought and we  
NOTE Confidence: 0.819077248  
00:07:47.170 --> 00:07:49.100 don't really pay the attention  
NOTE Confidence: 0.819077248  
00:07:49.173 --> 00:07:50.438 that it that it deserved.  
NOTE Confidence: 0.94902806  
00:07:53.920 --> 00:07:56.270 So let's get into what  
NOTE Confidence: 0.94902806  
00:07:56.270 --> 00:07:58.604 is it that can help us?  
NOTE Confidence: 0.94902806  
00:07:58.604 --> 00:08:00.760 So the first thing is that whatever  
NOTE Confidence: 0.94902806  
00:08:00.829 --> 00:08:02.470 else you do, don't leave your  
NOTE Confidence: 0.94902806  
00:08:02.470 --> 00:08:03.920 abstract as as an afterthought.  
NOTE Confidence: 0.94902806  
00:08:03.920 --> 00:08:05.678 Don't leave it to the end.  
NOTE Confidence: 0.94902806  
00:08:05.680 --> 00:08:08.920 The corollary of this is  
NOTE Confidence: 0.94902806  
00:08:08.920 --> 00:08:11.520 get to your abstract first,  
NOTE Confidence: 0.94902806  
00:08:11.520 --> 00:08:14.916 and even as you're moving along,  
NOTE Confidence: 0.94902806  
00:08:14.920 --> 00:08:16.278 and if you have a scientific idea,  
NOTE Confidence: 0.94902806

00:08:16.280 --> 00:08:17.792 try to think of what this  
NOTE Confidence: 0.94902806

00:08:17.792 --> 00:08:18.800 abstract would be like.  
NOTE Confidence: 0.94902806

00:08:18.800 --> 00:08:21.132 It doesn't have to be all 250 words,  
NOTE Confidence: 0.94902806

00:08:21.132 --> 00:08:24.775 it can just be a couple of lines that  
NOTE Confidence: 0.94902806

00:08:24.775 --> 00:08:27.640 start putting shape into your paper.  
NOTE Confidence: 0.94902806

00:08:27.640 --> 00:08:30.200 So why should you bother?  
NOTE Confidence: 0.94902806

00:08:30.200 --> 00:08:31.256 Well, these are some of the  
NOTE Confidence: 0.94902806

00:08:31.256 --> 00:08:32.160 functions that an abstract does.  
NOTE Confidence: 0.94902806

00:08:32.160 --> 00:08:36.157 It persuades someone to read your paper.  
NOTE Confidence: 0.94902806

00:08:36.160 --> 00:08:37.645 We're going to have another  
NOTE Confidence: 0.94902806

00:08:37.645 --> 00:08:38.833 Yes session in January.  
NOTE Confidence: 0.94902806

00:08:38.840 --> 00:08:41.180 Looking at posters and a poster  
NOTE Confidence: 0.94902806

00:08:41.180 --> 00:08:43.480 really is a glorified abstract,  
NOTE Confidence: 0.94902806

00:08:43.480 --> 00:08:45.676 and they serve the same function.  
NOTE Confidence: 0.94902806

00:08:45.680 --> 00:08:48.515 You want to persuade someone to connect,  
NOTE Confidence: 0.94902806

00:08:48.520 --> 00:08:50.656 to engage scientifically

NOTE Confidence: 0.94902806

00:08:50.656 --> 00:08:52.611 with you in an abstract.

NOTE Confidence: 0.94902806

00:08:52.611 --> 00:08:53.673 You also want to cover the

NOTE Confidence: 0.94902806

00:08:53.673 --> 00:08:54.677 high points of your study.

NOTE Confidence: 0.94902806

00:08:54.680 --> 00:08:56.864 You don't want to be an

NOTE Confidence: 0.94902806

00:08:56.864 --> 00:08:58.320 encyclopedia and cover everything.

NOTE Confidence: 0.94902806

00:08:58.320 --> 00:09:01.440 You want your abstract to help you be

NOTE Confidence: 0.94902806

00:09:01.440 --> 00:09:03.520 findable in computerized databases.

NOTE Confidence: 0.93180358

00:09:06.040 --> 00:09:09.680 At a more cognitive level,

NOTE Confidence: 0.93180358

00:09:09.680 --> 00:09:11.700 an abstract really helps you

NOTE Confidence: 0.93180358

00:09:11.700 --> 00:09:13.316 clarify your own thinking,

NOTE Confidence: 0.93180358

00:09:13.320 --> 00:09:15.558 because if you can't abstract it,

NOTE Confidence: 0.93180358

00:09:15.560 --> 00:09:17.920 you really can't write it.

NOTE Confidence: 0.93180358

00:09:17.920 --> 00:09:19.120 It goes back to Pascal.

NOTE Confidence: 0.93180358

00:09:19.120 --> 00:09:20.040 If you think that

NOTE Confidence: 0.92860532

00:09:22.480 --> 00:09:24.874 that you can write a big paper

NOTE Confidence: 0.92860532

00:09:24.880 --> 00:09:26.190 without being able to summarize  
NOTE Confidence: 0.92860532

00:09:26.190 --> 00:09:27.238 that there's something wrong.  
NOTE Confidence: 0.92860532

00:09:27.240 --> 00:09:29.080 So the the tightness of it is very,  
NOTE Confidence: 0.92860532

00:09:29.080 --> 00:09:29.690 very important.  
NOTE Confidence: 0.92860532

00:09:29.690 --> 00:09:31.825 And the last point that often gets  
NOTE Confidence: 0.92860532

00:09:31.825 --> 00:09:33.359 forgotten is that you become a  
NOTE Confidence: 0.92860532

00:09:33.359 --> 00:09:34.840 better critic of your own work,  
NOTE Confidence: 0.92860532

00:09:34.840 --> 00:09:37.864 but you also become a better  
NOTE Confidence: 0.92860532

00:09:37.864 --> 00:09:39.880 reviewer of others work.  
NOTE Confidence: 0.92860532

00:09:39.880 --> 00:09:42.477 Many of us don't love to review,  
NOTE Confidence: 0.92860532

00:09:42.480 --> 00:09:45.072 but it's part of belonging to  
NOTE Confidence: 0.92860532

00:09:45.072 --> 00:09:46.800 a scientific community where  
NOTE Confidence: 0.92860532

00:09:46.880 --> 00:09:49.080 you do review and especially  
NOTE Confidence: 0.92860532

00:09:49.080 --> 00:09:51.280 after you have been published,  
NOTE Confidence: 0.92860532

00:09:51.280 --> 00:09:56.200 enjoy the the toils and share the toils,  
NOTE Confidence: 0.92860532

00:09:56.200 --> 00:09:56.630 right.



NOTE Confidence: 0.92860532

00:09:56.630 --> 00:10:00.244 So you you have to give back in in

NOTE Confidence: 0.92860532

00:10:00.244 --> 00:10:02.660 academia and to do so as a better

NOTE Confidence: 0.92860532

00:10:02.746 --> 00:10:06.234 reviewer will really be helpful and help you.

NOTE Confidence: 0.92860532

00:10:06.240 --> 00:10:07.925 If you're interested in becoming

NOTE Confidence: 0.92860532

00:10:07.925 --> 00:10:09.273 part of a journal,

NOTE Confidence: 0.92860532

00:10:09.280 --> 00:10:10.764 if you want to be part of

NOTE Confidence: 0.92860532

00:10:10.764 --> 00:10:11.400 a program committee,

NOTE Confidence: 0.92860532

00:10:11.400 --> 00:10:12.852 if you want to become more

NOTE Confidence: 0.92860532

00:10:12.852 --> 00:10:14.240 actively involved in your society,

NOTE Confidence: 0.92860532

00:10:14.240 --> 00:10:14.620 etcetera,

NOTE Confidence: 0.92860532

00:10:14.620 --> 00:10:15.000 etcetera,

NOTE Confidence: 0.9426623

00:10:19.000 --> 00:10:23.248 who cares? Well, there's this dude.

NOTE Confidence: 0.9426623

00:10:23.248 --> 00:10:25.820 Who cares? So this is most of

NOTE Confidence: 0.9426623

00:10:25.820 --> 00:10:28.160 us coming with our pencil head

NOTE Confidence: 0.9426623

00:10:28.160 --> 00:10:30.080 as supplicants to an editor.

NOTE Confidence: 0.9426623

00:10:30.080 --> 00:10:31.652 Please take my paper.  
NOTE Confidence: 0.9426623

00:10:31.652 --> 00:10:34.408 And if you haven't been rejected by  
NOTE Confidence: 0.9426623

00:10:34.408 --> 00:10:36.200 a journal, it only means one thing.  
NOTE Confidence: 0.9426623

00:10:36.200 --> 00:10:37.820 It means that you haven't been  
NOTE Confidence: 0.9426623

00:10:37.820 --> 00:10:38.640 submitting enough, right?  
NOTE Confidence: 0.947287543333334

00:10:40.680 --> 00:10:42.720 Rejection is part of the game,  
NOTE Confidence: 0.947287543333334

00:10:42.720 --> 00:10:44.687 but over time, you want the signal  
NOTE Confidence: 0.947287543333334

00:10:44.687 --> 00:10:46.399 to noise ratio to get better.  
NOTE Confidence: 0.947287543333334

00:10:46.400 --> 00:10:48.440 You want to be approved,  
NOTE Confidence: 0.947287543333334

00:10:48.440 --> 00:10:49.636 accepted more and more,  
NOTE Confidence: 0.947287543333334

00:10:49.636 --> 00:10:51.725 and an abstract is going to help  
NOTE Confidence: 0.947287543333334

00:10:51.725 --> 00:10:53.442 you so that Mister Erase your Head  
NOTE Confidence: 0.947287543333334

00:10:53.442 --> 00:10:55.279 doesn't send you to the garbage bin.  
NOTE Confidence: 0.947287543333334

00:10:55.280 --> 00:10:56.250 Once again,  
NOTE Confidence: 0.947287543333334

00:10:56.250 --> 00:10:58.675 this point is absolutely critical.  
NOTE Confidence: 0.947287543333334

00:10:58.680 --> 00:11:01.240 I was an editor in chief for 10

NOTE Confidence: 0.947287543333334

00:11:01.240 --> 00:11:03.852 years and the only thing that we

NOTE Confidence: 0.947287543333334

00:11:03.852 --> 00:11:06.280 have editors read is abstracts.

NOTE Confidence: 0.947287543333334

00:11:06.280 --> 00:11:08.736 It's only at a much later date stage

NOTE Confidence: 0.947287543333334

00:11:08.736 --> 00:11:11.435 of the game that we start getting

NOTE Confidence: 0.947287543333334

00:11:11.435 --> 00:11:13.440 really into the paper itself.

NOTE Confidence: 0.947287543333334

00:11:13.440 --> 00:11:15.160 So people will spend months,

NOTE Confidence: 0.947287543333334

00:11:15.160 --> 00:11:16.955 years in the beautiful discussion

NOTE Confidence: 0.947287543333334

00:11:16.955 --> 00:11:19.360 and the guts of the results,

NOTE Confidence: 0.947287543333334

00:11:19.360 --> 00:11:22.379 as he should, but once again,

NOTE Confidence: 0.947287543333334

00:11:22.379 --> 00:11:25.228 leave the abstract as an afterthought and do

NOTE Confidence: 0.947287543333334

00:11:25.228 --> 00:11:27.756 do themselves a big disservice in that way.

NOTE Confidence: 0.947287543333334

00:11:27.760 --> 00:11:29.426 The other people who care a lot

NOTE Confidence: 0.947287543333334

00:11:29.426 --> 00:11:31.239 about this are medical conferences.

NOTE Confidence: 0.947287543333334

00:11:31.240 --> 00:11:33.408 Whatever your professional society,

NOTE Confidence: 0.947287543333334

00:11:33.408 --> 00:11:35.034 wherever you go,

NOTE Confidence: 0.947287543333334

00:11:35.040 --> 00:11:36.280 if you want to present,  
NOTE Confidence: 0.947287543333334

00:11:36.280 --> 00:11:37.918 if you want your work work to be shown,  
NOTE Confidence: 0.947287543333334

00:11:37.920 --> 00:11:39.450 you will need to write an  
NOTE Confidence: 0.947287543333334

00:11:39.450 --> 00:11:41.039 abstract and put it up there.  
NOTE Confidence: 0.947287543333334

00:11:41.040 --> 00:11:43.154 And the principles are exactly the same.  
NOTE Confidence: 0.947287543333334

00:11:43.160 --> 00:11:45.920 You want to touch someone.  
NOTE Confidence: 0.947287543333334

00:11:45.920 --> 00:11:47.840 You want to connect with someone  
NOTE Confidence: 0.947287543333334

00:11:47.840 --> 00:11:50.330 through those 250 words so that they  
NOTE Confidence: 0.947287543333334

00:11:50.330 --> 00:11:52.880 can see how important the work is.  
NOTE Confidence: 0.920328345555556

00:11:55.680 --> 00:12:00.720 OK, so let's move on to the second part,  
NOTE Confidence: 0.920328345555556

00:12:00.720 --> 00:12:03.135 the content and what I'm calling the  
NOTE Confidence: 0.920328345555556

00:12:03.135 --> 00:12:06.000 Anatomy of the Physiology of an Abstract.  
NOTE Confidence: 0.870411211666667

00:12:08.160 --> 00:12:10.116 So let's start with a title,  
NOTE Confidence: 0.870411211666667

00:12:10.120 --> 00:12:13.120 and I'll call this entitlement,  
NOTE Confidence: 0.870411211666667

00:12:13.120 --> 00:12:14.278 the mini lives of the title.  
NOTE Confidence: 0.870411211666667

00:12:14.280 --> 00:12:17.372 So I have an example here of a little

NOTE Confidence: 0.870411211666667

00:12:17.372 --> 00:12:19.080 paper that I wrote that I will

NOTE Confidence: 0.870411211666667

00:12:19.142 --> 00:12:21.118 share with you at the end of today

NOTE Confidence: 0.870411211666667

00:12:21.120 --> 00:12:23.038 in which I struggle for a while.

NOTE Confidence: 0.870411211666667

00:12:23.040 --> 00:12:26.435 While as to the title of it,

NOTE Confidence: 0.870411211666667

00:12:26.440 --> 00:12:28.240 I initially thought he started with.

NOTE Confidence: 0.912463455555556

00:12:30.800 --> 00:12:33.572 I initially thought that

NOTE Confidence: 0.912463455555556

00:12:33.572 --> 00:12:37.037 Abstractification was a great title,

NOTE Confidence: 0.912463455555556

00:12:37.040 --> 00:12:38.426 but of course that's not even

NOTE Confidence: 0.912463455555556

00:12:38.426 --> 00:12:40.320 a word in the English language.

NOTE Confidence: 0.912463455555556

00:12:40.320 --> 00:12:43.839 It's a little bit or a lot too cute,

NOTE Confidence: 0.912463455555556

00:12:43.840 --> 00:12:45.359 and it really doesn't tell me anything.

NOTE Confidence: 0.912463455555556

00:12:45.360 --> 00:12:47.160 So I like the word,

NOTE Confidence: 0.912463455555556

00:12:47.160 --> 00:12:50.960 just like I like the play on entitlement.

NOTE Confidence: 0.912463455555556

00:12:50.960 --> 00:12:54.159 But it didn't really give me enough,

NOTE Confidence: 0.912463455555556

00:12:54.160 --> 00:12:55.244 so I continued polishing

NOTE Confidence: 0.912463455555556

00:12:55.244 --> 00:12:56.599 it and thinking about it.  
NOTE Confidence: 0.912463455555556

00:12:56.600 --> 00:12:59.148 And then I came to this abstracted.  
NOTE Confidence: 0.912463455555556

00:12:59.148 --> 00:13:01.288 Otherwise no one is likely  
NOTE Confidence: 0.912463455555556

00:13:01.288 --> 00:13:03.880 to read or find your work.  
NOTE Confidence: 0.912463455555556

00:13:03.880 --> 00:13:05.476 So that's a little bit better.  
NOTE Confidence: 0.912463455555556

00:13:05.480 --> 00:13:07.680 It's still a little cute,  
NOTE Confidence: 0.912463455555556

00:13:07.680 --> 00:13:09.450 but at least it tells me  
NOTE Confidence: 0.912463455555556

00:13:09.450 --> 00:13:11.320 what the paper may be about.  
NOTE Confidence: 0.811452556

00:13:13.920 --> 00:13:15.060 The paper that I'm going  
NOTE Confidence: 0.811452556

00:13:15.060 --> 00:13:16.200 to show share with you.  
NOTE Confidence: 0.811452556

00:13:16.200 --> 00:13:18.480 This is the the title I settled on,  
NOTE Confidence: 0.811452556

00:13:18.480 --> 00:13:19.940 which is Abstract art.  
NOTE Confidence: 0.811452556

00:13:19.940 --> 00:13:22.130 12 tips to help you write  
NOTE Confidence: 0.811452556

00:13:22.207 --> 00:13:23.878 an effective abstract.  
NOTE Confidence: 0.811452556

00:13:23.880 --> 00:13:25.208 You can already get a sense that this  
NOTE Confidence: 0.811452556

00:13:25.208 --> 00:13:26.758 was not written for a scholarly journal,

NOTE Confidence: 0.811452556  
00:13:26.760 --> 00:13:31.030 it was more for some magazine type  
NOTE Confidence: 0.811452556  
00:13:31.030 --> 00:13:33.838 publication, but it tells you what it was.  
NOTE Confidence: 0.811452556  
00:13:33.840 --> 00:13:36.000 It's a little cute abstract art,  
NOTE Confidence: 0.811452556  
00:13:36.000 --> 00:13:37.680 but not over the top cute.  
NOTE Confidence: 0.811452556  
00:13:37.680 --> 00:13:39.288 And each of the the words  
NOTE Confidence: 0.811452556  
00:13:39.288 --> 00:13:41.039 here is doing some word work,  
NOTE Confidence: 0.811452556  
00:13:41.040 --> 00:13:42.480 telling you what happened.  
NOTE Confidence: 0.811452556  
00:13:42.480 --> 00:13:44.700 Now, if I wanted to take this  
NOTE Confidence: 0.811452556  
00:13:44.700 --> 00:13:46.520 article into an academic journal,  
NOTE Confidence: 0.811452556  
00:13:46.520 --> 00:13:48.120 it would look perhaps something  
NOTE Confidence: 0.811452556  
00:13:48.120 --> 00:13:49.720 a little bit like this.  
NOTE Confidence: 0.811452556  
00:13:49.720 --> 00:13:52.012 Abstract quality predictors of  
NOTE Confidence: 0.811452556  
00:13:52.012 --> 00:13:53.731 preliminary article rejection  
NOTE Confidence: 0.811452556  
00:13:53.731 --> 00:13:56.786 in the scholarly journal, right.  
NOTE Confidence: 0.811452556  
00:13:56.786 --> 00:14:00.760 So you see different levels of this  
NOTE Confidence: 0.811452556

00:14:00.760 --> 00:14:03.320 and at least the way my brain works,  
NOTE Confidence: 0.811452556

00:14:03.320 --> 00:14:05.066 I typically go through some iteration  
NOTE Confidence: 0.811452556

00:14:05.066 --> 00:14:07.248 of this couple of words, I Polish them,  
NOTE Confidence: 0.811452556

00:14:07.248 --> 00:14:08.986 I know more and more and more and  
NOTE Confidence: 0.811452556

00:14:08.986 --> 00:14:12.480 by the time I have a title,  
NOTE Confidence: 0.811452556

00:14:12.480 --> 00:14:13.752 one of the hardest pieces of  
NOTE Confidence: 0.811452556

00:14:13.752 --> 00:14:14.600 work has been done.  
NOTE Confidence: 0.811452556

00:14:14.600 --> 00:14:16.959 Because once I knew abstract R12 tips,  
NOTE Confidence: 0.811452556

00:14:16.960 --> 00:14:18.694 then that put A-frame on the  
NOTE Confidence: 0.811452556

00:14:18.694 --> 00:14:20.879 paper and it was easy from them.  
NOTE Confidence: 0.811452556

00:14:20.880 --> 00:14:24.180 Now you will notice that I  
NOTE Confidence: 0.811452556

00:14:24.180 --> 00:14:27.280 put the colon in green.  
NOTE Confidence: 0.811452556

00:14:27.280 --> 00:14:30.640 I highlighted that colon and I did that  
NOTE Confidence: 0.811452556

00:14:30.640 --> 00:14:35.800 on purpose because the colon is your friend.  
NOTE Confidence: 0.811452556

00:14:35.800 --> 00:14:39.160 Just remember that the colon is your friend.  
NOTE Confidence: 0.811452556

00:14:39.160 --> 00:14:42.172 A good title pretty much always



NOTE Confidence: 0.811452556

00:14:42.172 --> 00:14:45.319 has two parts divided by a colon.

NOTE Confidence: 0.811452556

00:14:45.320 --> 00:14:46.862 There is something that gives us

NOTE Confidence: 0.811452556

00:14:46.862 --> 00:14:48.720 a hint of what this is about.

NOTE Confidence: 0.811452556

00:14:48.720 --> 00:14:50.124 That's on the left,

NOTE Confidence: 0.811452556

00:14:50.124 --> 00:14:53.198 and a whole bunch of specifiers on the right.

NOTE Confidence: 0.811452556

00:14:53.200 --> 00:14:54.558 So let me give you an example.

NOTE Confidence: 0.811452556

00:14:54.560 --> 00:14:55.010 Dana,

NOTE Confidence: 0.811452556

00:14:55.010 --> 00:14:56.360 my dear friend,

NOTE Confidence: 0.811452556

00:14:56.360 --> 00:14:58.610 is a specialist in sexually

NOTE Confidence: 0.811452556

00:14:58.610 --> 00:14:59.800 transmitted diseases,

NOTE Confidence: 0.811452556

00:14:59.800 --> 00:15:02.680 and let me just write a

NOTE Confidence: 0.811452556

00:15:02.680 --> 00:15:04.440 hypothetical paper in that domain.

NOTE Confidence: 0.811452556

00:15:04.440 --> 00:15:06.360 I know nothing about the topic,

NOTE Confidence: 0.811452556

00:15:06.360 --> 00:15:07.600 but we might call it

NOTE Confidence: 0.766346204

00:15:11.400 --> 00:15:14.984 *chlamydia trachomatis* in italics,

NOTE Confidence: 0.766346204

00:15:14.984 --> 00:15:20.796 right colon a randomized cluster  
NOTE Confidence: 0.766346204

00:15:20.796 --> 00:15:24.044 controlled trial of community  
NOTE Confidence: 0.766346204

00:15:24.044 --> 00:15:26.870 based services in something.  
NOTE Confidence: 0.766346204

00:15:26.870 --> 00:15:29.990 So I already know that it's about this  
NOTE Confidence: 0.766346204

00:15:29.990 --> 00:15:32.599 particular bug called chlamydia on the left,  
NOTE Confidence: 0.766346204

00:15:32.600 --> 00:15:34.238 but on the right, I already have a sense  
NOTE Confidence: 0.766346204

00:15:34.238 --> 00:15:35.878 that it's a randomized controlled trial.  
NOTE Confidence: 0.766346204

00:15:35.880 --> 00:15:37.880 That's good, but it's not of a medication.  
NOTE Confidence: 0.766346204

00:15:37.880 --> 00:15:40.640 Maybe it's a some psychosocial intervention.  
NOTE Confidence: 0.766346204

00:15:40.640 --> 00:15:41.286 I'm intrigued.  
NOTE Confidence: 0.766346204

00:15:41.286 --> 00:15:44.360 I already want to go and do that there.  
NOTE Confidence: 0.766346204

00:15:44.360 --> 00:15:47.520 Dana, are you intrigued in reading my paper?  
NOTE Confidence: 0.766346204

00:15:47.520 --> 00:15:48.088 Yeah. See,  
NOTE Confidence: 0.766346204

00:15:48.088 --> 00:15:51.600 so that the colon is a is an interesting way.  
NOTE Confidence: 0.766346204

00:15:51.600 --> 00:15:53.160 And if you look at articles,  
NOTE Confidence: 0.766346204

00:15:53.160 --> 00:15:56.429 most of the times it's there on the right,

NOTE Confidence: 0.766346204

00:15:56.429 --> 00:15:57.767 you can see things like a

NOTE Confidence: 0.766346204

00:15:57.767 --> 00:15:58.800 randomized controlled trial,

NOTE Confidence: 0.766346204

00:15:58.800 --> 00:16:01.200 a systematic review,

NOTE Confidence: 0.766346204

00:16:01.200 --> 00:16:03.420 a case control study,

NOTE Confidence: 0.766346204

00:16:03.420 --> 00:16:05.640 a qualitative qualitative report.

NOTE Confidence: 0.766346204

00:16:05.640 --> 00:16:08.610 It tells you something You usually

NOTE Confidence: 0.766346204

00:16:08.610 --> 00:16:10.200 don't want to start with that.

NOTE Confidence: 0.766346204

00:16:10.200 --> 00:16:12.256 You don't want to start with a

NOTE Confidence: 0.766346204

00:16:12.256 --> 00:16:13.760 cluster randomized controlled trial

NOTE Confidence: 0.766346204

00:16:13.760 --> 00:16:16.040 because there's a million of those.

NOTE Confidence: 0.766346204

00:16:16.040 --> 00:16:18.560 You want to start with chlamydia trachomatis,

NOTE Confidence: 0.766346204

00:16:18.560 --> 00:16:20.355 because that already tells who

NOTE Confidence: 0.766346204

00:16:20.355 --> 00:16:22.400 your readership is going to be.

NOTE Confidence: 0.766346204

00:16:22.400 --> 00:16:26.360 So don't forget the lowly colon in the type.

NOTE Confidence: 0.929389785

00:16:29.080 --> 00:16:30.880 Then we get to the real

NOTE Confidence: 0.929389785

00:16:30.880 --> 00:16:32.080 guts of the abstract.  
NOTE Confidence: 0.929389785

00:16:32.080 --> 00:16:33.340 And here they are.  
NOTE Confidence: 0.929389785

00:16:33.340 --> 00:16:34.600 You know them well,  
NOTE Confidence: 0.929389785

00:16:34.600 --> 00:16:36.208 they're your friends,  
NOTE Confidence: 0.929389785

00:16:36.208 --> 00:16:37.280 objectives, methods,  
NOTE Confidence: 0.929389785

00:16:37.280 --> 00:16:39.038 results and conclusions.  
NOTE Confidence: 0.9506982

00:16:42.280 --> 00:16:44.880 And and we're going to be,  
NOTE Confidence: 0.9506982

00:16:44.880 --> 00:16:46.100 as you can imagine,  
NOTE Confidence: 0.9506982

00:16:46.100 --> 00:16:47.930 spending time talking about the methods  
NOTE Confidence: 0.9506982

00:16:47.986 --> 00:16:50.154 that has all of these things about design,  
NOTE Confidence: 0.9506982

00:16:50.160 --> 00:16:50.988 setting, participants, etcetera.  
NOTE Confidence: 0.9506982

00:16:50.988 --> 00:16:52.920 So this is what an abstract is.  
NOTE Confidence: 0.9506982

00:16:52.920 --> 00:16:54.640 You know that very well.  
NOTE Confidence: 0.9506982

00:16:54.640 --> 00:16:57.076 Now let's look at how that relates  
NOTE Confidence: 0.9506982

00:16:57.076 --> 00:16:59.199 to the Physiology of an abstract.  
NOTE Confidence: 0.9506982

00:16:59.200 --> 00:17:02.600 So the objective is what you set out to do.

NOTE Confidence: 0.9506982  
00:17:02.600 --> 00:17:05.316 The methods are the how and what,  
NOTE Confidence: 0.9506982  
00:17:05.320 --> 00:17:07.560 what you actually did.  
NOTE Confidence: 0.9506982  
00:17:07.560 --> 00:17:09.844 The results are the thing  
NOTE Confidence: 0.9506982  
00:17:09.844 --> 00:17:11.354 you did that you found.  
NOTE Confidence: 0.9506982  
00:17:11.360 --> 00:17:13.760 And the conclusions are a recap,  
NOTE Confidence: 0.9506982  
00:17:13.760 --> 00:17:15.880 brief recap and no more.  
NOTE Confidence: 0.9506982  
00:17:15.880 --> 00:17:16.918 We're going to get to that.  
NOTE Confidence: 0.9506982  
00:17:16.920 --> 00:17:20.560 There's a great desire to  
NOTE Confidence: 0.9506982  
00:17:20.560 --> 00:17:22.085 start really tapping on your  
NOTE Confidence: 0.9506982  
00:17:22.085 --> 00:17:23.840 keyboard and put a whole lot  
NOTE Confidence: 0.9506982  
00:17:23.840 --> 00:17:25.478 at the end of the conclusions.  
NOTE Confidence: 0.9506982  
00:17:25.480 --> 00:17:28.440 But that's not necessarily not  
NOTE Confidence: 0.9506982  
00:17:28.440 --> 00:17:30.640 necessary and usually not good.  
NOTE Confidence: 0.827367661666667  
00:17:32.920 --> 00:17:35.440 Well, let's start with the objective.  
NOTE Confidence: 0.827367661666667  
00:17:35.440 --> 00:17:36.750 It's better to have one  
NOTE Confidence: 0.827367661666667

00:17:36.750 --> 00:17:37.798 single objective than two.  
NOTE Confidence: 0.827367661666667

00:17:37.800 --> 00:17:39.600 Sometimes you can have two.  
NOTE Confidence: 0.827367661666667

00:17:39.600 --> 00:17:41.968 This is not a place yet to put  
NOTE Confidence: 0.827367661666667

00:17:41.968 --> 00:17:44.324 it in a hypothesis language.  
NOTE Confidence: 0.827367661666667

00:17:44.324 --> 00:17:46.676 It's an objective statement.  
NOTE Confidence: 0.826664302105263

00:17:48.840 --> 00:17:49.971 Avoid throat clearing.  
NOTE Confidence: 0.826664302105263

00:17:49.971 --> 00:17:52.233 That is such a common problem  
NOTE Confidence: 0.826664302105263

00:17:52.233 --> 00:17:54.572 that I saw as an editor that  
NOTE Confidence: 0.826664302105263

00:17:54.572 --> 00:17:55.937 people started with chlamydia.  
NOTE Confidence: 0.826664302105263

00:17:55.937 --> 00:17:58.439 Trachomatis is a venereal disease that  
NOTE Confidence: 0.826664302105263

00:17:58.439 --> 00:18:00.999 has been known to mankind forever.  
NOTE Confidence: 0.826664302105263

00:18:01.000 --> 00:18:03.160 It is treated with what, I don't know,  
NOTE Confidence: 0.826664302105263

00:18:03.160 --> 00:18:04.120 penicillin with antibiotics.  
NOTE Confidence: 0.826664302105263

00:18:04.120 --> 00:18:06.118 And it gets that I don't.  
NOTE Confidence: 0.826664302105263

00:18:06.120 --> 00:18:08.360 Everybody knows that you know,  
NOTE Confidence: 0.826664302105263

00:18:08.360 --> 00:18:11.078 so don't clear your throat in.

NOTE Confidence: 0.826664302105263

00:18:11.080 --> 00:18:13.520 In my area of autism,

NOTE Confidence: 0.826664302105263

00:18:13.520 --> 00:18:16.551 so many articles are autism is a

NOTE Confidence: 0.826664302105263

00:18:16.551 --> 00:18:18.288 neurodevelopmental disorder first described

NOTE Confidence: 0.826664302105263

00:18:18.288 --> 00:18:21.616 by Leo O'Connor in 1943 as like reject.

NOTE Confidence: 0.826664302105263

00:18:21.616 --> 00:18:23.031 Enough, I know that.

NOTE Confidence: 0.826664302105263

00:18:23.031 --> 00:18:25.658 So so lead with what you know with

NOTE Confidence: 0.826664302105263

00:18:25.658 --> 00:18:28.274 what is new what what is that hook

NOTE Confidence: 0.826664302105263

00:18:28.280 --> 00:18:29.960 and and think that you're writing

NOTE Confidence: 0.826664302105263

00:18:29.960 --> 00:18:32.038 a haiku here you want to be very,

NOTE Confidence: 0.826664302105263

00:18:32.040 --> 00:18:32.784 very brief,

NOTE Confidence: 0.826664302105263

00:18:32.784 --> 00:18:35.760 but not so brief as to be obscure.

NOTE Confidence: 0.826664302105263

00:18:35.760 --> 00:18:37.760 You need to be aware of who your target is.

NOTE Confidence: 0.826664302105263

00:18:37.760 --> 00:18:39.638 So the example that I gave,

NOTE Confidence: 0.826664302105263

00:18:39.640 --> 00:18:41.968 if I'm writing for about chlamydia

NOTE Confidence: 0.826664302105263

00:18:41.968 --> 00:18:44.531 to specialists in the area is going

NOTE Confidence: 0.826664302105263

00:18:44.531 --> 00:18:47.592 to be different than if I pitch it to  
NOTE Confidence: 0.826664302105263

00:18:47.592 --> 00:18:49.862 internal medicine folks who are not  
NOTE Confidence: 0.826664302105263

00:18:49.862 --> 00:18:51.278 sexually transmitted disease specialists.  
NOTE Confidence: 0.967432546923077

00:18:53.760 --> 00:18:56.616 OK, these three letters I have come  
NOTE Confidence: 0.967432546923077

00:18:56.616 --> 00:18:59.184 to love and I hope you you take  
NOTE Confidence: 0.967432546923077

00:18:59.184 --> 00:19:00.720 them with you and get to love them  
NOTE Confidence: 0.928836376666667

00:19:03.240 --> 00:19:05.220 because they are helpful not just  
NOTE Confidence: 0.928836376666667

00:19:05.220 --> 00:19:07.599 for an objective or an introduction,  
NOTE Confidence: 0.928836376666667

00:19:07.600 --> 00:19:09.575 but they're critically helpful in  
NOTE Confidence: 0.928836376666667

00:19:09.575 --> 00:19:11.520 writing a paper. The introduction,  
NOTE Confidence: 0.928836376666667

00:19:11.520 --> 00:19:13.800 the first part of a paper,  
NOTE Confidence: 0.928836376666667

00:19:13.800 --> 00:19:17.720 so that the PGH as a reminder is a problem.  
NOTE Confidence: 0.928836376666667

00:19:17.720 --> 00:19:21.160 So what is known and why it matters.  
NOTE Confidence: 0.87722467

00:19:23.600 --> 00:19:26.120 Chlamydia has X&Y consequences and  
NOTE Confidence: 0.87722467

00:19:26.120 --> 00:19:28.640 it responds to A&B antibiotics.  
NOTE Confidence: 0.932828969

00:19:30.680 --> 00:19:34.680 It has a significant toll on the population



NOTE Confidence: 0.932828969

00:19:34.680 --> 00:19:36.960 measured by X&Y. That's a problem.

NOTE Confidence: 0.958700797142857

00:19:39.640 --> 00:19:42.550 What's missing, However, we know that

NOTE Confidence: 0.958700797142857

00:19:42.550 --> 00:19:45.554 40% of chlamydia does not respond and

NOTE Confidence: 0.958700797142857

00:19:45.554 --> 00:19:47.960 we need novel treatments to do it.

NOTE Confidence: 0.958700797142857

00:19:47.960 --> 00:19:50.956 So that's the gap, what is missing?

NOTE Confidence: 0.958700797142857

00:19:50.960 --> 00:19:53.597 And then the hook what you're doing about it.

NOTE Confidence: 0.958700797142857

00:19:53.600 --> 00:19:56.540 So approaches to treat chlamydia have

NOTE Confidence: 0.958700797142857

00:19:56.540 --> 00:20:00.079 been largely based on novel antibiotics.

NOTE Confidence: 0.958700797142857

00:20:00.080 --> 00:20:03.824 In addition, our work has expanded

NOTE Confidence: 0.958700797142857

00:20:03.824 --> 00:20:05.696 non pharmacological interventions

NOTE Confidence: 0.958700797142857

00:20:05.696 --> 00:20:08.609 such as community, blah blah blah.

NOTE Confidence: 0.958700797142857

00:20:08.609 --> 00:20:10.424 So suddenly I'm interested because

NOTE Confidence: 0.958700797142857

00:20:10.424 --> 00:20:13.068 it's not the the same old same

NOTE Confidence: 0.958700797142857

00:20:13.068 --> 00:20:15.153 old so problem gap hook.

NOTE Confidence: 0.958700797142857

00:20:15.160 --> 00:20:16.040 If you think about this,

NOTE Confidence: 0.958700797142857

00:20:16.040 --> 00:20:17.980 whenever you write that first  
NOTE Confidence: 0.958700797142857

00:20:17.980 --> 00:20:19.920 few paragraphs in a paper,  
NOTE Confidence: 0.958700797142857

00:20:19.920 --> 00:20:21.344 it's very, very helpful.  
NOTE Confidence: 0.958700797142857

00:20:21.344 --> 00:20:24.224 Our brains are primed in this way because  
NOTE Confidence: 0.958700797142857

00:20:24.224 --> 00:20:26.576 it's a little bit of a scientific  
NOTE Confidence: 0.958700797142857

00:20:26.576 --> 00:20:29.476 story and and we are social animals,  
NOTE Confidence: 0.958700797142857

00:20:29.480 --> 00:20:30.587 we're storytelling animals.  
NOTE Confidence: 0.958700797142857

00:20:30.587 --> 00:20:33.560 So this is a way of following that.  
NOTE Confidence: 0.947512454814815

00:20:35.680 --> 00:20:37.585 Your research question should flow  
NOTE Confidence: 0.947512454814815

00:20:37.585 --> 00:20:40.491 very naturally out of this and in fact  
NOTE Confidence: 0.947512454814815

00:20:40.491 --> 00:20:42.363 the hook and the research question  
NOTE Confidence: 0.947512454814815

00:20:42.363 --> 00:20:44.674 can become a little bit of a blend.  
NOTE Confidence: 0.947512454814815

00:20:44.680 --> 00:20:47.448 This is what we did in this cluster  
NOTE Confidence: 0.947512454814815

00:20:47.448 --> 00:20:49.880 randomized community controls trial.  
NOTE Confidence: 0.947512454814815

00:20:49.880 --> 00:20:54.440 So PGH, problem gap, gap hook,  
NOTE Confidence: 0.947512454814815

00:20:54.440 --> 00:20:56.260 the 2nd and I think I'm only

NOTE Confidence: 0.947512454814815  
00:20:56.260 --> 00:20:58.039 going to give you 2 acronyms,  
NOTE Confidence: 0.947512454814815  
00:20:58.040 --> 00:21:00.518 but this one should be known.  
NOTE Confidence: 0.947512454814815  
00:21:00.520 --> 00:21:04.458 This is the the better known I think is PICO.  
NOTE Confidence: 0.947512454814815  
00:21:04.458 --> 00:21:07.392 And this all of epidemiology can  
NOTE Confidence: 0.947512454814815  
00:21:07.392 --> 00:21:09.800 be summarized really to PICO.  
NOTE Confidence: 0.947512454814815  
00:21:09.800 --> 00:21:12.200 So the population,  
NOTE Confidence: 0.947512454814815  
00:21:12.200 --> 00:21:14.920 the exposure or the intervention,  
NOTE Confidence: 0.947512454814815  
00:21:14.920 --> 00:21:17.836 the comparison or control when applicable.  
NOTE Confidence: 0.947512454814815  
00:21:17.840 --> 00:21:20.600 Sometimes there are no control.  
NOTE Confidence: 0.947512454814815  
00:21:20.600 --> 00:21:22.688 Oops, the outcome.  
NOTE Confidence: 0.947512454814815  
00:21:22.688 --> 00:21:25.835 And time so again and we didn't  
NOTE Confidence: 0.947512454814815  
00:21:25.835 --> 00:21:27.593 we didn't rehearse this, Dana,  
NOTE Confidence: 0.947512454814815  
00:21:27.593 --> 00:21:30.417 but I'm just going here so the population  
NOTE Confidence: 0.947512454814815  
00:21:30.417 --> 00:21:33.594 is going to be you know 15 to 20 year old,  
NOTE Confidence: 0.947512454814815  
00:21:33.600 --> 00:21:35.013 transitionally age youth  
NOTE Confidence: 0.947512454814815

00:21:35.013 --> 00:21:37.839 in the city of New Haven.  
NOTE Confidence: 0.947512454814815

00:21:37.840 --> 00:21:39.962 That might be our population and  
NOTE Confidence: 0.947512454814815

00:21:39.962 --> 00:21:42.496 the exposure is going to be those  
NOTE Confidence: 0.947512454814815

00:21:42.496 --> 00:21:45.158 who had sex without protection,  
NOTE Confidence: 0.947512454814815

00:21:45.160 --> 00:21:47.554 and the comparison will be those who  
NOTE Confidence: 0.739770162857143

00:21:51.200 --> 00:21:54.035 did not have it did have protection.  
NOTE Confidence: 0.739770162857143

00:21:54.040 --> 00:21:57.118 However, we want to define it to condom use.  
NOTE Confidence: 0.739770162857143

00:21:57.120 --> 00:21:59.856 For example, our outcome was positivity  
NOTE Confidence: 0.739770162857143

00:21:59.856 --> 00:22:02.246 under the serological tests, I guess.  
NOTE Confidence: 0.739770162857143

00:22:02.246 --> 00:22:04.510 And the time is that we did this  
NOTE Confidence: 0.739770162857143

00:22:04.580 --> 00:22:06.716 over the course of five months.  
NOTE Confidence: 0.739770162857143

00:22:06.720 --> 00:22:08.640 So those are the key elements.  
NOTE Confidence: 0.739770162857143

00:22:08.640 --> 00:22:09.954 And even if you just put  
NOTE Confidence: 0.739770162857143

00:22:09.954 --> 00:22:11.320 those words or those concepts,  
NOTE Confidence: 0.739770162857143

00:22:11.320 --> 00:22:12.916 it's already starting to take shape.  
NOTE Confidence: 0.739770162857143

00:22:12.920 --> 00:22:15.168 You don't need to write an abstract on

NOTE Confidence: 0.739770162857143

00:22:15.168 --> 00:22:17.700 day one with full sentences and worry

NOTE Confidence: 0.739770162857143

00:22:17.700 --> 00:22:20.648 about the beauty of your prose and the

NOTE Confidence: 0.739770162857143

00:22:20.648 --> 00:22:23.196 elegance of your Times New Romance font.

NOTE Confidence: 0.739770162857143

00:22:23.200 --> 00:22:26.200 Now you just need to put down the main ideas.

NOTE Confidence: 0.739770162857143

00:22:26.200 --> 00:22:29.399 Sometimes we get stuck around those things,

NOTE Confidence: 0.739770162857143

00:22:29.400 --> 00:22:30.960 so let's give an example. Again,

NOTE Confidence: 0.739770162857143

00:22:30.960 --> 00:22:32.880 this is from my field in child psychiatry,

NOTE Confidence: 0.739770162857143

00:22:32.880 --> 00:22:36.725 so children 8 to 12 years of age at

NOTE Confidence: 0.739770162857143

00:22:36.725 --> 00:22:39.395 of parents with bipolar one disorder.

NOTE Confidence: 0.739770162857143

00:22:39.400 --> 00:22:43.280 So these were children at risk, by the way.

NOTE Confidence: 0.739770162857143

00:22:43.280 --> 00:22:45.152 Make things easy on your reader.

NOTE Confidence: 0.739770162857143

00:22:45.152 --> 00:22:46.280 So if you're going to define

NOTE Confidence: 0.739770162857143

00:22:46.324 --> 00:22:47.439 something that we don't know,

NOTE Confidence: 0.739770162857143

00:22:47.440 --> 00:22:50.205 like at Risk or an acronym like

NOTE Confidence: 0.739770162857143

00:22:50.205 --> 00:22:53.308 AR that we don't know, define it.

NOTE Confidence: 0.739770162857143

00:22:53.308 --> 00:22:55.278 Name it the first time.  
NOTE Confidence: 0.739770162857143

00:22:55.280 --> 00:22:55.544 Otherwise,  
NOTE Confidence: 0.739770162857143

00:22:55.544 --> 00:22:56.864 we spend time just looking  
NOTE Confidence: 0.739770162857143

00:22:56.864 --> 00:22:57.920 and looking and looking.  
NOTE Confidence: 0.755301825714286

00:23:00.840 --> 00:23:04.634 The comparison here is of parents without  
NOTE Confidence: 0.755301825714286

00:23:04.640 --> 00:23:07.640 any psychiatric disorder, healthy controls  
NOTE Confidence: 0.924155146

00:23:11.680 --> 00:23:13.984 and what was done here is  
NOTE Confidence: 0.924155146

00:23:13.984 --> 00:23:15.520 diagnostic assessment with MRI.  
NOTE Confidence: 0.924155146

00:23:15.520 --> 00:23:17.580 The amygdala was measured,  
NOTE Confidence: 0.924155146

00:23:17.580 --> 00:23:21.080 the volumes of the amygdala and this was done  
NOTE Confidence: 0.924155146

00:23:21.080 --> 00:23:23.358 at baseline and then a two years follow up.  
NOTE Confidence: 0.924155146

00:23:23.360 --> 00:23:25.316 So these are just the elements.  
NOTE Confidence: 0.924155146

00:23:25.320 --> 00:23:27.172 This is not an abstract, but this,  
NOTE Confidence: 0.924155146

00:23:27.172 --> 00:23:31.224 this is the guts of an abstract by the way  
NOTE Confidence: 0.924155146

00:23:31.224 --> 00:23:34.360 I underlined were evaluated and were used.  
NOTE Confidence: 0.924155146

00:23:34.360 --> 00:23:36.005 If it didn't give you a little

NOTE Confidence: 0.924155146

00:23:36.005 --> 00:23:37.679 bit of a conniption fit,

NOTE Confidence: 0.924155146

00:23:37.680 --> 00:23:39.156 it gives me a conniption fit.

NOTE Confidence: 0.924155146

00:23:39.160 --> 00:23:41.960 So hopefully it will to you as well.

NOTE Confidence: 0.924155146

00:23:41.960 --> 00:23:43.060 I'm originally from Mexico,

NOTE Confidence: 0.924155146

00:23:43.060 --> 00:23:45.332 so English is my second, second language.

NOTE Confidence: 0.924155146

00:23:45.332 --> 00:23:48.184 So this was not something that came naturally

NOTE Confidence: 0.924155146

00:23:48.184 --> 00:23:50.478 to me because we don't have it in Spanish.

NOTE Confidence: 0.924155146

00:23:50.480 --> 00:23:52.524 But in English we have this thing

NOTE Confidence: 0.924155146

00:23:52.524 --> 00:23:55.216 called the active tense and the pass,

NOTE Confidence: 0.924155146

00:23:55.216 --> 00:23:58.560 the active voice and the passive voice.

NOTE Confidence: 0.924155146

00:23:58.560 --> 00:24:01.512 And it's remarkable how many people

NOTE Confidence: 0.924155146

00:24:01.512 --> 00:24:04.138 use the passive voice, you know,

NOTE Confidence: 0.924155146

00:24:04.138 --> 00:24:05.783 were evaluated were used as

NOTE Confidence: 0.924155146

00:24:05.783 --> 00:24:08.156 opposed to we evaluated, we used,

NOTE Confidence: 0.924155146

00:24:08.156 --> 00:24:10.522 you know, there always needs to be

NOTE Confidence: 0.924155146

00:24:10.522 --> 00:24:13.078 an agent when there's an action.  
NOTE Confidence: 0.924155146

00:24:13.080 --> 00:24:15.600 So who is it that did what?  
NOTE Confidence: 0.924155146

00:24:15.600 --> 00:24:18.995 So be mindful of your own use,  
NOTE Confidence: 0.924155146

00:24:19.000 --> 00:24:22.318 if any, of the passive voice.  
NOTE Confidence: 0.924155146

00:24:22.320 --> 00:24:23.517 And then we come to the result,  
NOTE Confidence: 0.924155146

00:24:23.520 --> 00:24:24.192 which is the,  
NOTE Confidence: 0.924155146

00:24:24.192 --> 00:24:24.640 you know,  
NOTE Confidence: 0.924155146

00:24:24.640 --> 00:24:27.088 the the main event that we've  
NOTE Confidence: 0.924155146

00:24:27.088 --> 00:24:28.720 been all waiting for.  
NOTE Confidence: 0.924155146

00:24:28.720 --> 00:24:31.877 And some of the tips there are  
NOTE Confidence: 0.924155146

00:24:31.877 --> 00:24:34.880 to be lean and numerical.  
NOTE Confidence: 0.924155146

00:24:34.880 --> 00:24:36.955 You avoid descriptions without numbers  
NOTE Confidence: 0.924155146

00:24:36.955 --> 00:24:39.560 which sound a little bit fluffy.  
NOTE Confidence: 0.924155146

00:24:39.560 --> 00:24:41.000 I'll give a couple of examples  
NOTE Confidence: 0.891968908333333

00:24:43.080 --> 00:24:45.240 and to be selective once again,  
NOTE Confidence: 0.891968908333333

00:24:45.240 --> 00:24:47.680 lead with your strong point



NOTE Confidence: 0.891968908333333  
00:24:47.680 --> 00:24:49.632 with your main questions.  
NOTE Confidence: 0.891968908333333  
00:24:49.640 --> 00:24:51.656 Tie things as much as possible to  
NOTE Confidence: 0.891968908333333  
00:24:51.656 --> 00:24:53.600 your objective to research question.  
NOTE Confidence: 0.891968908333333  
00:24:53.600 --> 00:24:55.040 And then if you need to put a  
NOTE Confidence: 0.891968908333333  
00:24:55.040 --> 00:24:56.438 negative finding, by all means,  
NOTE Confidence: 0.891968908333333  
00:24:56.438 --> 00:24:59.052 by all means, But don't start there.  
NOTE Confidence: 0.891968908333333  
00:24:59.052 --> 00:25:02.439 Start strong and then go to the excuses.  
NOTE Confidence: 0.891968908333333  
00:25:02.440 --> 00:25:05.920 Sometimes folks wanting to be so  
NOTE Confidence: 0.891968908333333  
00:25:05.920 --> 00:25:08.584 pristine in their scientific ethics,  
NOTE Confidence: 0.891968908333333  
00:25:08.584 --> 00:25:10.992 they put everything to the point that  
NOTE Confidence: 0.891968908333333  
00:25:10.992 --> 00:25:13.955 even in an abstract they bore us to tears.  
NOTE Confidence: 0.891968908333333  
00:25:13.960 --> 00:25:16.040 And when you bore someone that's not good,  
NOTE Confidence: 0.891968908333333  
00:25:16.040 --> 00:25:18.800 they won't read your paper.  
NOTE Confidence: 0.891968908333333  
00:25:18.800 --> 00:25:20.600 Not every single result needs to be exciting.  
NOTE Confidence: 0.891968908333333  
00:25:20.600 --> 00:25:23.480 Not everything needs to have a big P value.  
NOTE Confidence: 0.891968908333333

00:25:23.480 --> 00:25:25.670 Not everything needs to be a  
NOTE Confidence: 0.891968908333333  
00:25:25.670 --> 00:25:26.400 positive finding.  
NOTE Confidence: 0.891968908333333  
00:25:26.400 --> 00:25:26.984 But again,  
NOTE Confidence: 0.891968908333333  
00:25:26.984 --> 00:25:29.320 you don't need to put everything down either.  
NOTE Confidence: 0.954497264615385  
00:25:31.640 --> 00:25:34.489 This is an example of using a  
NOTE Confidence: 0.954497264615385  
00:25:34.489 --> 00:25:37.360 lot of words and few numbers.  
NOTE Confidence: 0.954497264615385  
00:25:37.360 --> 00:25:39.025 Again an example from my  
NOTE Confidence: 0.954497264615385  
00:25:39.025 --> 00:25:40.357 specialty of child psychiatry.  
NOTE Confidence: 0.954497264615385  
00:25:40.360 --> 00:25:42.610 But you see external factors  
NOTE Confidence: 0.954497264615385  
00:25:42.610 --> 00:25:43.960 are more predictive.  
NOTE Confidence: 0.954497264615385  
00:25:43.960 --> 00:25:45.680 Well, how much more predictive  
NOTE Confidence: 0.958062775  
00:25:48.040 --> 00:25:50.158 specifically? Well, if you're so specific,  
NOTE Confidence: 0.958062775  
00:25:50.160 --> 00:25:52.400 why aren't you being specific?  
NOTE Confidence: 0.958062775  
00:25:52.400 --> 00:25:54.410 They're associated with higher how much  
NOTE Confidence: 0.958062775  
00:25:54.410 --> 00:25:56.488 higher and higher than what? And lower.  
NOTE Confidence: 0.958062775  
00:25:56.488 --> 00:25:58.120 So when you see a lot of these,

NOTE Confidence: 0.958062775

00:25:58.120 --> 00:26:01.600 ER, words, resist that and start

NOTE Confidence: 0.958062775

00:26:01.600 --> 00:26:05.040 thinking of adding numbers.

NOTE Confidence: 0.958062775

00:26:05.040 --> 00:26:07.760 What kind of numbers?

NOTE Confidence: 0.958062775

00:26:07.760 --> 00:26:09.236 Well, there's a range of numbers.

NOTE Confidence: 0.958062775

00:26:09.240 --> 00:26:11.040 I would say that there's an

NOTE Confidence: 0.958062775

00:26:11.040 --> 00:26:12.720 evolutionary ladder ladder to numbers.

NOTE Confidence: 0.958062775

00:26:12.720 --> 00:26:14.155 The the worst ones are the ones

NOTE Confidence: 0.958062775

00:26:14.155 --> 00:26:15.758 that I was just talking about.

NOTE Confidence: 0.958062775

00:26:15.760 --> 00:26:17.734 The vague ones, the ones that try

NOTE Confidence: 0.958062775

00:26:17.734 --> 00:26:19.758 to convey were numbers with words.

NOTE Confidence: 0.958062775

00:26:19.760 --> 00:26:23.480 Smaller, larger, not terribly helpful.

NOTE Confidence: 0.958062775

00:26:23.480 --> 00:26:24.480 You can use them once in a while,

NOTE Confidence: 0.958062775

00:26:24.480 --> 00:26:27.000 but don't rely too much on them.

NOTE Confidence: 0.958062775

00:26:27.000 --> 00:26:29.910 Sample size or ends and percentages

NOTE Confidence: 0.958062775

00:26:29.910 --> 00:26:32.440 are OK P values are really good.

NOTE Confidence: 0.958062775

00:26:32.440 --> 00:26:33.460 We all love them.  
NOTE Confidence: 0.958062775

00:26:33.460 --> 00:26:35.812 We all like them, but don't give by  
NOTE Confidence: 0.958062775

00:26:35.812 --> 00:26:38.400 and large don't give naked P values,  
NOTE Confidence: 0.958062775

00:26:38.400 --> 00:26:39.536 just the P value.  
NOTE Confidence: 0.958062775

00:26:39.536 --> 00:26:41.240 Try to include it with the  
NOTE Confidence: 0.958062775

00:26:41.313 --> 00:26:43.318 result of the statistical test,  
NOTE Confidence: 0.958062775

00:26:43.320 --> 00:26:47.114 or even better with a confidence interval.  
NOTE Confidence: 0.958062775

00:26:47.120 --> 00:26:48.770 The finding of the confidence  
NOTE Confidence: 0.958062775

00:26:48.770 --> 00:26:50.090 interval because that tells  
NOTE Confidence: 0.958062775

00:26:50.090 --> 00:26:51.831 the story of significance and  
NOTE Confidence: 0.958062775

00:26:51.831 --> 00:26:53.516 of just how much significance.  
NOTE Confidence: 0.958062775

00:26:53.520 --> 00:26:55.652 So choose whatever works  
NOTE Confidence: 0.958062775

00:26:55.652 --> 00:26:58.857 depending on on on your research.  
NOTE Confidence: 0.958062775

00:26:58.857 --> 00:27:03.153 But numbers are good to to a degree.  
NOTE Confidence: 0.958062775

00:27:03.160 --> 00:27:05.806 You don't want to pepper things  
NOTE Confidence: 0.958062775

00:27:05.806 --> 00:27:08.240 with too many numbers either.

NOTE Confidence: 0.958062775

00:27:08.240 --> 00:27:10.880 So by the time that you

NOTE Confidence: 0.958062775

00:27:10.880 --> 00:27:12.640 get to the conclusion,

NOTE Confidence: 0.958062775

00:27:12.640 --> 00:27:14.070 the conclusion should really be

NOTE Confidence: 0.958062775

00:27:14.070 --> 00:27:16.120 self-evident by the time that you read it,

NOTE Confidence: 0.958062775

00:27:16.120 --> 00:27:20.910 that you read it in the in in my

NOTE Confidence: 0.958062775

00:27:20.910 --> 00:27:22.960 attempt at being a chlamydiologist,

NOTE Confidence: 0.958062775

00:27:22.960 --> 00:27:24.955 I would say that the conclusion might

NOTE Confidence: 0.958062775

00:27:24.955 --> 00:27:29.520 be you know I don't know community

NOTE Confidence: 0.958062775

00:27:29.520 --> 00:27:32.120 based treatments connected with

NOTE Confidence: 0.958062775

00:27:32.120 --> 00:27:36.680 healthcare centers are have a positive

NOTE Confidence: 0.958062775

00:27:36.680 --> 00:27:39.160 impact in the treatment of committee,

NOTE Confidence: 0.958062775

00:27:39.160 --> 00:27:40.120 the prevention of chlamydia,

NOTE Confidence: 0.958062775

00:27:40.120 --> 00:27:41.182 something like that.

NOTE Confidence: 0.958062775

00:27:41.182 --> 00:27:42.598 It it's a statement,

NOTE Confidence: 0.958062775

00:27:42.600 --> 00:27:45.600 this thing actually does something,

NOTE Confidence: 0.958062775

00:27:45.600 --> 00:27:48.880 so it should be self-evident.  
NOTE Confidence: 0.958062775

00:27:48.880 --> 00:27:50.584 He distills the take home message  
NOTE Confidence: 0.958062775

00:27:50.584 --> 00:27:52.668 usually in one line, maybe 2 lines.  
NOTE Confidence: 0.958062775

00:27:52.668 --> 00:27:54.880 You don't need much more than that.  
NOTE Confidence: 0.958062775

00:27:54.880 --> 00:27:56.360 Numbers are not welcome here.  
NOTE Confidence: 0.958062775

00:27:56.360 --> 00:27:57.800 You know numbers aren't the result.  
NOTE Confidence: 0.958062775

00:27:57.800 --> 00:27:59.414 So if you're putting a number  
NOTE Confidence: 0.958062775

00:27:59.414 --> 00:28:00.960 in the conclusion take it away.  
NOTE Confidence: 0.958062775

00:28:00.960 --> 00:28:02.120 It doesn't belong there.  
NOTE Confidence: 0.823236236

00:28:04.480 --> 00:28:06.840 Please don't pontificate or editorialize.  
NOTE Confidence: 0.823236236

00:28:06.840 --> 00:28:09.120 It's a another big pool that we have.  
NOTE Confidence: 0.823236236

00:28:09.120 --> 00:28:10.640 Let me tell you what it all means.  
NOTE Confidence: 0.823236236

00:28:10.640 --> 00:28:12.124 Let me tell you why my negative  
NOTE Confidence: 0.823236236

00:28:12.124 --> 00:28:13.519 findings are not really negative.  
NOTE Confidence: 0.823236236

00:28:13.520 --> 00:28:17.273 No, this is not a place to do that.  
NOTE Confidence: 0.823236236

00:28:17.280 --> 00:28:18.528 And do not surprise.

NOTE Confidence: 0.823236236

00:28:18.528 --> 00:28:20.597 Oh, and by the way, everybody got pregnant.

NOTE Confidence: 0.823236236

00:28:20.600 --> 00:28:23.396 No, don't, no, don't do that.

NOTE Confidence: 0.823236236

00:28:23.400 --> 00:28:26.770 OK? Avoid truisms.

NOTE Confidence: 0.823236236

00:28:26.770 --> 00:28:30.400 Another beloved, terrible thing to do.

NOTE Confidence: 0.823236236

00:28:30.400 --> 00:28:32.325 The findings indicate that cultural

NOTE Confidence: 0.823236236

00:28:32.325 --> 00:28:34.800 factors must be taking into account.

NOTE Confidence: 0.823236236

00:28:34.800 --> 00:28:36.732 Well, we we know that that that

NOTE Confidence: 0.823236236

00:28:36.732 --> 00:28:38.120 doesn't really add anything.

NOTE Confidence: 0.823236236

00:28:38.120 --> 00:28:40.556 It's it's a little bit of pabulum.

NOTE Confidence: 0.823236236

00:28:40.560 --> 00:28:44.328 Helping adolescents to deal with safe

NOTE Confidence: 0.823236236

00:28:44.328 --> 00:28:47.256 social relations is important, right?

NOTE Confidence: 0.823236236

00:28:47.256 --> 00:28:51.000 And then my unfavorite of all is this one.

NOTE Confidence: 0.823236236

00:28:51.000 --> 00:28:52.140 Further research is needed,

NOTE Confidence: 0.823236236

00:28:52.140 --> 00:28:54.206 but we know that that's what we're

NOTE Confidence: 0.823236236

00:28:54.206 --> 00:28:55.994 doing this It doesn't add anything.

NOTE Confidence: 0.823236236

00:28:56.000 --> 00:28:58.960 And you just lost four precious words there,  
NOTE Confidence: 0.823236236

00:28:58.960 --> 00:29:03.560 so don't add obvious truisms.  
NOTE Confidence: 0.823236236

00:29:03.560 --> 00:29:05.331 So I've I've been telling you like  
NOTE Confidence: 0.823236236

00:29:05.331 --> 00:29:07.092 a schoolmarm, what you shouldn't do.  
NOTE Confidence: 0.823236236

00:29:07.092 --> 00:29:09.354 But let me tell you some things  
NOTE Confidence: 0.823236236

00:29:09.354 --> 00:29:11.238 that you might want to do.  
NOTE Confidence: 0.823236236

00:29:11.240 --> 00:29:13.599 You should really dare to be understated.  
NOTE Confidence: 0.859806343125

00:29:16.440 --> 00:29:18.582 You take a stand to say what you have  
NOTE Confidence: 0.859806343125

00:29:18.582 --> 00:29:20.597 found because you worked hard for it.  
NOTE Confidence: 0.859806343125

00:29:20.600 --> 00:29:24.938 So you know, oops, don't be vague about it.  
NOTE Confidence: 0.859806343125

00:29:24.938 --> 00:29:27.108 Go for it and to.  
NOTE Confidence: 0.859806343125

00:29:27.108 --> 00:29:29.166 Less is more when it comes to  
NOTE Confidence: 0.859806343125

00:29:29.166 --> 00:29:31.250 the conclusion, so don't bother.  
NOTE Confidence: 0.859806343125

00:29:31.250 --> 00:29:32.800 We're reading all of this,  
NOTE Confidence: 0.859806343125

00:29:32.800 --> 00:29:34.612 blah blah blah about a very  
NOTE Confidence: 0.859806343125

00:29:34.612 --> 00:29:36.340 large study study on obsessive



NOTE Confidence: 0.859806343125

00:29:36.340 --> 00:29:38.595 compulsive disorder done in kids.

NOTE Confidence: 0.859806343125

00:29:38.600 --> 00:29:40.598 I put it here to show you that there's,

NOTE Confidence: 0.859806343125

00:29:40.600 --> 00:29:43.276 you know, many numbers, many details.

NOTE Confidence: 0.859806343125

00:29:43.280 --> 00:29:45.534 It's one of these JAMA articles with

NOTE Confidence: 0.859806343125

00:29:45.534 --> 00:29:48.010 lots and lots of details. But whoops.

NOTE Confidence: 0.859806343125

00:29:48.010 --> 00:29:50.200 But what is really important here?

NOTE Confidence: 0.859806343125

00:29:50.200 --> 00:29:51.384 Is this the conclusion?

NOTE Confidence: 0.859806343125

00:29:51.384 --> 00:29:54.259 So even if you don't are not a child

NOTE Confidence: 0.859806343125

00:29:54.259 --> 00:29:56.674 psychiatrist and don't know all the numbers,

NOTE Confidence: 0.859806343125

00:29:56.680 --> 00:29:59.354 we can all understand the children and

NOTE Confidence: 0.859806343125

00:29:59.354 --> 00:30:00.994 adolescents with Obsessive Compulsive

NOTE Confidence: 0.859806343125

00:30:00.994 --> 00:30:03.604 disorder should begin treatment with a

NOTE Confidence: 0.859806343125

00:30:03.604 --> 00:30:05.613 combination of cognitive behavioral therapy

NOTE Confidence: 0.859806343125

00:30:05.613 --> 00:30:08.672 plus an SSRI like Prozac or with CBT alone.

NOTE Confidence: 0.859806343125

00:30:08.672 --> 00:30:10.953 It's it's very clear, right?

NOTE Confidence: 0.859806343125

00:30:10.953 --> 00:30:12.918 It it's taking a stand,  
NOTE Confidence: 0.859806343125

00:30:12.920 --> 00:30:14.879 it's not opining,  
NOTE Confidence: 0.859806343125

00:30:14.879 --> 00:30:17.093 It's very clean because,  
NOTE Confidence: 0.859806343125

00:30:17.093 --> 00:30:17.599 you know,  
NOTE Confidence: 0.859806343125

00:30:17.599 --> 00:30:19.117 these authors have earned it after  
NOTE Confidence: 0.859806343125

00:30:19.117 --> 00:30:20.398 doing all of their hard work.  
NOTE Confidence: 0.974474934285714

00:30:24.200 --> 00:30:27.399 I mentioned that I do qualitative work,  
NOTE Confidence: 0.974474934285714

00:30:27.400 --> 00:30:29.389 so wanted to show you just a little bit  
NOTE Confidence: 0.974474934285714

00:30:29.389 --> 00:30:31.676 of a difference with a qualitative study.  
NOTE Confidence: 0.974474934285714

00:30:31.680 --> 00:30:34.479 This is a study that we published last year  
NOTE Confidence: 0.974474934285714

00:30:34.480 --> 00:30:37.312 and look at that colon, Look at that colon.  
NOTE Confidence: 0.974474934285714

00:30:37.312 --> 00:30:40.120 So we have perceptions of racism in a  
NOTE Confidence: 0.974474934285714

00:30:40.120 --> 00:30:41.560 children's psychiatric inpatient unit.  
NOTE Confidence: 0.974474934285714

00:30:41.560 --> 00:30:44.486 That's the what and a qualitative study  
NOTE Confidence: 0.974474934285714

00:30:44.486 --> 00:30:47.120 of entrenching and uprooting factors.  
NOTE Confidence: 0.974474934285714

00:30:47.120 --> 00:30:49.680 This is the the how or the detail.

NOTE Confidence: 0.974474934285714  
00:30:49.680 --> 00:30:52.816 So what I want to show you is that  
NOTE Confidence: 0.974474934285714  
00:30:52.816 --> 00:30:55.500 in the abstract, just for a second,  
NOTE Confidence: 0.974474934285714  
00:30:55.500 --> 00:30:56.480 it's a qualitative study.  
NOTE Confidence: 0.974474934285714  
00:30:56.480 --> 00:30:59.126 So we're not going to have P values and  
NOTE Confidence: 0.974474934285714  
00:30:59.126 --> 00:31:01.679 numbers and all the things that I told you,  
NOTE Confidence: 0.974474934285714  
00:31:01.680 --> 00:31:04.210 but some simple similar principles  
NOTE Confidence: 0.974474934285714  
00:31:04.210 --> 00:31:07.160 apply of being orderly, of enumerating,  
NOTE Confidence: 0.974474934285714  
00:31:07.160 --> 00:31:10.380 of making it easy on the reader  
NOTE Confidence: 0.974474934285714  
00:31:10.380 --> 00:31:12.877 even on as complex a paper.  
NOTE Confidence: 0.974474934285714  
00:31:12.880 --> 00:31:14.356 So this is what we did.  
NOTE Confidence: 0.974474934285714  
00:31:14.360 --> 00:31:16.484 We identified 2 processes,  
NOTE Confidence: 0.974474934285714  
00:31:16.484 --> 00:31:19.670 entrenching factors that sustain or increase  
NOTE Confidence: 0.974474934285714  
00:31:19.748 --> 00:31:23.036 racism and they come in these three flavors,  
NOTE Confidence: 0.974474934285714  
00:31:23.040 --> 00:31:24.692 Predisposing factors,  
NOTE Confidence: 0.974474934285714  
00:31:24.692 --> 00:31:27.996 precipitating factors and perpetuating.  
NOTE Confidence: 0.974474934285714

00:31:28.000 --> 00:31:30.240 And the second one,  
NOTE Confidence: 0.974474934285714

00:31:30.240 --> 00:31:32.730 uprooting factors that rectify or reduce  
NOTE Confidence: 0.974474934285714

00:31:32.730 --> 00:31:36.520 racism so they prevent they punctuate  
NOTE Confidence: 0.974474934285714

00:31:36.520 --> 00:31:39.040 as something is happening in real time  
NOTE Confidence: 0.974474934285714

00:31:39.040 --> 00:31:41.540 or they prohibit and you see that.  
NOTE Confidence: 0.974474934285714

00:31:41.540 --> 00:31:45.558 In this case we played with the the letter P,  
NOTE Confidence: 0.974474934285714

00:31:45.560 --> 00:31:46.464 the alliteration.  
NOTE Confidence: 0.974474934285714

00:31:46.464 --> 00:31:49.628 So we organized each of the elements  
NOTE Confidence: 0.974474934285714

00:31:49.628 --> 00:31:53.080 into a 6P model along the temporal  
NOTE Confidence: 0.974474934285714

00:31:53.080 --> 00:31:55.880 sequence around Sentinel racist events.  
NOTE Confidence: 0.974474934285714

00:31:55.880 --> 00:31:56.908 And for each one,  
NOTE Confidence: 0.974474934285714

00:31:56.908 --> 00:31:58.193 we looked at contributing factors,  
NOTE Confidence: 0.974474934285714

00:31:58.200 --> 00:31:58.882 emotional reactions,  
NOTE Confidence: 0.974474934285714

00:31:58.882 --> 00:31:59.564 behavioral responses.  
NOTE Confidence: 0.974474934285714

00:31:59.564 --> 00:32:01.908 So this is a very different kind  
NOTE Confidence: 0.974474934285714

00:32:01.908 --> 00:32:03.020 of an abstract, right?

NOTE Confidence: 0.974474934285714  
00:32:03.020 --> 00:32:04.920 There aren't the number findings,  
NOTE Confidence: 0.974474934285714  
00:32:04.920 --> 00:32:06.092 there aren't the parentheses,  
NOTE Confidence: 0.974474934285714  
00:32:06.092 --> 00:32:07.557 there aren't the P values.  
NOTE Confidence: 0.974474934285714  
00:32:07.560 --> 00:32:11.344 But it's still very clearly organized  
NOTE Confidence: 0.974474934285714  
00:32:11.344 --> 00:32:15.348 and it flows from the interviews and  
NOTE Confidence: 0.974474934285714  
00:32:15.348 --> 00:32:18.240 the the thematic analysis and what.  
NOTE Confidence: 0.974474934285714  
00:32:18.240 --> 00:32:20.640 So just wanted to throw in  
NOTE Confidence: 0.974474934285714  
00:32:20.640 --> 00:32:22.240 a word about qualitative.  
NOTE Confidence: 0.974474934285714  
00:32:22.240 --> 00:32:25.240 So whatever else you do you remember.  
NOTE Confidence: 0.974474934285714  
00:32:25.240 --> 00:32:26.040 I started with that.  
NOTE Confidence: 0.974474934285714  
00:32:26.040 --> 00:32:27.840 So let me finish with that.  
NOTE Confidence: 0.974474934285714  
00:32:27.840 --> 00:32:28.836 Whatever else you do,  
NOTE Confidence: 0.974474934285714  
00:32:28.836 --> 00:32:30.081 do not leave your abstract  
NOTE Confidence: 0.974474934285714  
00:32:30.081 --> 00:32:31.159 as an afterthought.  
NOTE Confidence: 0.963616044285714  
00:32:34.000 --> 00:32:37.437 In fact, get to your abstract last.  
NOTE Confidence: 0.963616044285714

00:32:37.440 --> 00:32:39.032 This is exactly the opposite of what I  
NOTE Confidence: 0.963616044285714

00:32:39.032 --> 00:32:41.504 said in the beginning, but both are true.  
NOTE Confidence: 0.963616044285714

00:32:41.504 --> 00:32:43.640 You want to get to your  
NOTE Confidence: 0.963616044285714

00:32:43.729 --> 00:32:46.359 abstract at the very beginning,  
NOTE Confidence: 0.963616044285714

00:32:46.360 --> 00:32:49.360 even before you really start writing.  
NOTE Confidence: 0.963616044285714

00:32:49.360 --> 00:32:51.850 And you want to be polishing it as you are  
NOTE Confidence: 0.963616044285714

00:32:51.912 --> 00:32:53.920 writing your paper, your presentation,  
NOTE Confidence: 0.963616044285714

00:32:53.920 --> 00:32:56.120 your PowerPoint, whatever it is.  
NOTE Confidence: 0.963616044285714

00:32:56.120 --> 00:32:58.276 And the day before presenting your paper,  
NOTE Confidence: 0.963616044285714

00:32:58.280 --> 00:32:58.874 your PowerPoint,  
NOTE Confidence: 0.963616044285714

00:32:58.874 --> 00:33:00.359 or the day before submitting,  
NOTE Confidence: 0.963616044285714

00:33:00.360 --> 00:33:02.094 you still want to be polishing  
NOTE Confidence: 0.963616044285714

00:33:02.094 --> 00:33:04.440 it so that it is exactly right,  
NOTE Confidence: 0.963616044285714

00:33:04.440 --> 00:33:06.480 so that it is exactly right.  
NOTE Confidence: 0.963616044285714

00:33:06.480 --> 00:33:08.880 Most journals, most venues,  
NOTE Confidence: 0.963616044285714

00:33:08.880 --> 00:33:12.520 look for abstracts of about 250 words,

NOTE Confidence: 0.963616044285714  
00:33:12.520 --> 00:33:14.760 so it's not a lot of words.  
NOTE Confidence: 0.963616044285714  
00:33:14.760 --> 00:33:16.104 But again Pascal,  
NOTE Confidence: 0.963616044285714  
00:33:16.104 --> 00:33:18.344 you know writing brief is  
NOTE Confidence: 0.963616044285714  
00:33:18.344 --> 00:33:20.798 much harder than writing long.  
NOTE Confidence: 0.963616044285714  
00:33:20.800 --> 00:33:22.800 I'm going to finish with and  
NOTE Confidence: 0.963616044285714  
00:33:22.800 --> 00:33:24.550 and I would love it, love it,  
NOTE Confidence: 0.963616044285714  
00:33:24.550 --> 00:33:26.200 love it if people had questions  
NOTE Confidence: 0.963616044285714  
00:33:26.200 --> 00:33:27.080 we'll have time.  
NOTE Confidence: 0.963616044285714  
00:33:27.080 --> 00:33:29.936 I'm going to add with 12 tips  
NOTE Confidence: 0.963616044285714  
00:33:29.936 --> 00:33:32.494 or summary points most of which  
NOTE Confidence: 0.963616044285714  
00:33:32.494 --> 00:33:34.559 I think we have covered.  
NOTE Confidence: 0.963616044285714  
00:33:34.560 --> 00:33:37.570 So whatever else you do start with  
NOTE Confidence: 0.963616044285714  
00:33:37.570 --> 00:33:40.238 your abstract what I just mentioned  
NOTE Confidence: 0.963616044285714  
00:33:40.240 --> 00:33:42.104 respect the abstract's demarcations.  
NOTE Confidence: 0.963616044285714  
00:33:42.104 --> 00:33:45.720 So in Rad you may be familiar.  
NOTE Confidence: 0.963616044285714

00:33:45.720 --> 00:33:47.864 This is the introduction,  
NOTE Confidence: 0.963616044285714

00:33:47.864 --> 00:33:49.963 methods, results and discussion.  
NOTE Confidence: 0.963616044285714

00:33:49.963 --> 00:33:53.089 So these are the typical elements  
NOTE Confidence: 0.963616044285714

00:33:53.089 --> 00:33:54.918 of of an article.  
NOTE Confidence: 0.963616044285714

00:33:54.920 --> 00:33:57.958 And what I mean by the demarcations  
NOTE Confidence: 0.963616044285714

00:33:57.958 --> 00:34:00.400 is you don't want one section  
NOTE Confidence: 0.963616044285714

00:34:00.400 --> 00:34:01.760 bleeding into the next.  
NOTE Confidence: 0.963616044285714

00:34:01.760 --> 00:34:03.728 You don't want numbers in the  
NOTE Confidence: 0.963616044285714

00:34:03.728 --> 00:34:05.040 discussion I mentioned that.  
NOTE Confidence: 0.963616044285714

00:34:05.040 --> 00:34:07.452 But you don't want methods seeping  
NOTE Confidence: 0.963616044285714

00:34:07.452 --> 00:34:10.400 into the results or methods into you.  
NOTE Confidence: 0.963616044285714

00:34:10.400 --> 00:34:12.880 You want to keep each one very clear  
NOTE Confidence: 0.80841676

00:34:17.000 --> 00:34:19.280 title. I gave you some pointers,  
NOTE Confidence: 0.80841676

00:34:19.280 --> 00:34:20.174 hopefully helpful.  
NOTE Confidence: 0.80841676

00:34:20.174 --> 00:34:21.962 This is often overlooked  
NOTE Confidence: 0.80841676

00:34:21.962 --> 00:34:24.200 and yet is really core.



NOTE Confidence: 0.80841676

00:34:24.200 --> 00:34:26.558 Really, really core.

NOTE Confidence: 0.80841676

00:34:26.560 --> 00:34:28.892 In fact, in a poster the abstract

NOTE Confidence: 0.80841676

00:34:28.892 --> 00:34:31.034 may be the only thing that is

NOTE Confidence: 0.80841676

00:34:31.034 --> 00:34:32.500 seen and and certainly when

NOTE Confidence: 0.80841676

00:34:32.500 --> 00:34:34.000 you're looking at the literature,

NOTE Confidence: 0.80841676

00:34:34.000 --> 00:34:36.440 the title can open the doors or not.

NOTE Confidence: 0.80841676

00:34:36.440 --> 00:34:37.640 So spending time with the

NOTE Confidence: 0.80841676

00:34:37.640 --> 00:34:38.600 title is really important.

NOTE Confidence: 0.82910239

00:34:40.880 --> 00:34:42.756 An abstract is not a summarized article.

NOTE Confidence: 0.82910239

00:34:42.760 --> 00:34:44.846 So hopefully I've made my point that

NOTE Confidence: 0.82910239

00:34:44.846 --> 00:34:47.652 you don't want to have your paper all

NOTE Confidence: 0.82910239

00:34:47.652 --> 00:34:50.705 beautifully written and then try to distill

NOTE Confidence: 0.82910239

00:34:50.705 --> 00:34:55.560 it or to cannibalize it into 250 words.

NOTE Confidence: 0.82910239

00:34:55.560 --> 00:34:58.788 You you lost an opportunity there because

NOTE Confidence: 0.82910239

00:34:58.788 --> 00:35:01.836 an article is an expanded abstract.

NOTE Confidence: 0.82910239

00:35:01.840 --> 00:35:04.102 If you start with those 250 words  
NOTE Confidence: 0.82910239

00:35:04.102 --> 00:35:05.957 with a solid bone structure,  
NOTE Confidence: 0.82910239

00:35:05.960 --> 00:35:07.778 then you're going to be able  
NOTE Confidence: 0.82910239

00:35:07.778 --> 00:35:09.480 to build a rich paper.  
NOTE Confidence: 0.82910239

00:35:09.480 --> 00:35:12.198 It's a small but really important  
NOTE Confidence: 0.82910239

00:35:12.198 --> 00:35:14.358 difference in my, in my view,  
NOTE Confidence: 0.803547756428571

00:35:17.320 --> 00:35:19.150 follow the basic principles of epidemiology  
NOTE Confidence: 0.803547756428571

00:35:19.150 --> 00:35:21.479 that are the pico that we talked about.  
NOTE Confidence: 0.803547756428571

00:35:21.480 --> 00:35:23.508 It's almost colored by number and  
NOTE Confidence: 0.803547756428571

00:35:23.508 --> 00:35:25.519 numbers and literally that's what I did,  
NOTE Confidence: 0.803547756428571

00:35:25.520 --> 00:35:26.732 colored by numbers.  
NOTE Confidence: 0.803547756428571

00:35:26.732 --> 00:35:29.156 If you can think of that,  
NOTE Confidence: 0.803547756428571

00:35:29.160 --> 00:35:30.320 did you hit on everything?  
NOTE Confidence: 0.803547756428571

00:35:30.320 --> 00:35:32.520 You're going to be in  
NOTE Confidence: 0.803547756428571

00:35:32.520 --> 00:35:34.280 really much better shape.  
NOTE Confidence: 0.803547756428571

00:35:34.280 --> 00:35:35.800 Include numbers when it's

NOTE Confidence: 0.803547756428571  
00:35:35.800 --> 00:35:37.320 not a qualitative study,  
NOTE Confidence: 0.803547756428571  
00:35:37.320 --> 00:35:38.784 although there's even some  
NOTE Confidence: 0.803547756428571  
00:35:38.784 --> 00:35:40.212 numbers there in the right dose.  
NOTE Confidence: 0.803547756428571  
00:35:40.212 --> 00:35:42.000 You know, don't overdo it.  
NOTE Confidence: 0.803547756428571  
00:35:42.000 --> 00:35:44.880 Don't shove numbers down our throat.  
NOTE Confidence: 0.803547756428571  
00:35:44.880 --> 00:35:46.539 Just the key.  
NOTE Confidence: 0.803547756428571  
00:35:46.539 --> 00:35:49.000 Take home numerical messages.  
NOTE Confidence: 0.827797617142857  
00:35:51.360 --> 00:35:52.404 Shut the fluff.  
NOTE Confidence: 0.827797617142857  
00:35:52.404 --> 00:35:53.796 Every every word counts.  
NOTE Confidence: 0.827797617142857  
00:35:53.800 --> 00:35:55.664 You only have 250,  
NOTE Confidence: 0.827797617142857  
00:35:55.664 --> 00:35:57.994 so words must do work.  
NOTE Confidence: 0.827797617142857  
00:35:58.000 --> 00:35:59.860 Use vigorous verbs.  
NOTE Confidence: 0.827797617142857  
00:35:59.860 --> 00:36:01.720 Forget about adjectives.  
NOTE Confidence: 0.827797617142857  
00:36:01.720 --> 00:36:02.856 Forget, forget.  
NOTE Confidence: 0.827797617142857  
00:36:02.856 --> 00:36:04.560 Forget about adverbs  
NOTE Confidence: 0.96564007

00:36:06.640 --> 00:36:09.960 and put muscular words in there.

NOTE Confidence: 0.959189375

00:36:12.400 --> 00:36:13.160 Be understated.

NOTE Confidence: 0.959189375

00:36:13.160 --> 00:36:15.440 A good abstract speaks for itself.

NOTE Confidence: 0.959189375

00:36:15.440 --> 00:36:18.170 It doesn't need any fancy

NOTE Confidence: 0.959189375

00:36:18.170 --> 00:36:21.520 words to to do its job.

NOTE Confidence: 0.959189375

00:36:21.520 --> 00:36:22.606 Do not editorialize.

NOTE Confidence: 0.959189375

00:36:22.606 --> 00:36:25.960 This is not a New York Times editorial.

NOTE Confidence: 0.959189375

00:36:25.960 --> 00:36:30.760 You need to be very direct,

NOTE Confidence: 0.959189375

00:36:30.760 --> 00:36:33.000 very objective,

NOTE Confidence: 0.959189375

00:36:33.000 --> 00:36:34.972 and not tell everyone

NOTE Confidence: 0.959189375

00:36:34.972 --> 00:36:37.437 just how smart you are,

NOTE Confidence: 0.959189375

00:36:37.440 --> 00:36:39.015 even though you know we

NOTE Confidence: 0.959189375

00:36:39.015 --> 00:36:40.560 all have that desire

NOTE Confidence: 0.866759755

00:36:42.880 --> 00:36:45.900 typos. A single typo can

NOTE Confidence: 0.866759755

00:36:45.900 --> 00:36:48.920 just shoot your ship down.

NOTE Confidence: 0.866759755

00:36:48.920 --> 00:36:51.320 So please, please, please, you know,

NOTE Confidence: 0.866759755

00:36:51.320 --> 00:36:54.878 make sure to look at typos.

NOTE Confidence: 0.866759755

00:36:54.880 --> 00:36:58.919 There are now several things beyond typos.

NOTE Confidence: 0.866759755

00:36:58.920 --> 00:37:01.188 So for example those of you

NOTE Confidence: 0.866759755

00:37:01.188 --> 00:37:03.911 who have not tried Grammarly or

NOTE Confidence: 0.866759755

00:37:03.911 --> 00:37:06.159 not familiar with Grammarly,

NOTE Confidence: 0.866759755

00:37:06.160 --> 00:37:09.016 I highly recommended the Grammarly Free

NOTE Confidence: 0.866759755

00:37:09.016 --> 00:37:12.199 version will look at all your typos.

NOTE Confidence: 0.866759755

00:37:12.200 --> 00:37:15.278 It's like a word on steroids.

NOTE Confidence: 0.866759755

00:37:15.280 --> 00:37:17.394 It will find grammar and all those

NOTE Confidence: 0.866759755

00:37:17.394 --> 00:37:19.920 little things, so that's good.

NOTE Confidence: 0.866759755

00:37:19.920 --> 00:37:23.200 But Grammarly, the one that you pay for,

NOTE Confidence: 0.866759755

00:37:23.200 --> 00:37:24.916 not expensive at all.

NOTE Confidence: 0.866759755

00:37:24.916 --> 00:37:28.426 That one also has a tool for, yeah,

NOTE Confidence: 0.866759755

00:37:28.426 --> 00:37:31.204 plagiarism. And you say me, plagiarism.

NOTE Confidence: 0.866759755

00:37:31.204 --> 00:37:34.756 Who is he? I think he's talking to?

NOTE Confidence: 0.866759755

00:37:34.760 --> 00:37:36.956 But it's surprising that when the  
NOTE Confidence: 0.866759755

00:37:36.956 --> 00:37:39.066 number of references that we use  
NOTE Confidence: 0.866759755

00:37:39.066 --> 00:37:41.103 and that we cite things like the  
NOTE Confidence: 0.866759755

00:37:41.103 --> 00:37:43.228 methods can be very difficult to  
NOTE Confidence: 0.866759755

00:37:43.228 --> 00:37:44.993 write completely cleanly out of,  
NOTE Confidence: 0.866759755

00:37:45.000 --> 00:37:45.612 you know,  
NOTE Confidence: 0.866759755

00:37:45.612 --> 00:37:47.754 So there's a certain amount of plagiarism,  
NOTE Confidence: 0.866759755

00:37:47.760 --> 00:37:48.506 auto plagiarism,  
NOTE Confidence: 0.866759755

00:37:48.506 --> 00:37:51.117 that happens in the best of times,  
NOTE Confidence: 0.866759755

00:37:51.120 --> 00:37:53.064 and it's good to see it in Grammarly  
NOTE Confidence: 0.866759755

00:37:53.064 --> 00:37:54.159 to show it to you.  
NOTE Confidence: 0.866759755

00:37:54.160 --> 00:37:56.995 And with some small changes you can  
NOTE Confidence: 0.866759755

00:37:57.000 --> 00:37:58.960 get rid of that and prevent the,  
NOTE Confidence: 0.866759755

00:37:58.960 --> 00:37:59.784 you know,  
NOTE Confidence: 0.866759755

00:37:59.784 --> 00:38:01.844 the horribleness of being said  
NOTE Confidence: 0.866759755

00:38:01.844 --> 00:38:03.680 that you are plagiarizing.

NOTE Confidence: 0.96433002375

00:38:06.000 --> 00:38:08.240 And as I said, whatever else you do,

NOTE Confidence: 0.96433002375

00:38:08.240 --> 00:38:09.680 finish with your abstract.

NOTE Confidence: 0.96433002375

00:38:09.680 --> 00:38:11.360 I'm going to ask Linda,

NOTE Confidence: 0.96433002375

00:38:11.360 --> 00:38:12.320 if you don't mind.

NOTE Confidence: 0.96433002375

00:38:12.320 --> 00:38:16.496 Linda, these 12 tips are included

NOTE Confidence: 0.96433002375

00:38:16.496 --> 00:38:17.776 and elaborated in this short

NOTE Confidence: 0.96433002375

00:38:17.776 --> 00:38:19.480 little paper that I had mentioned,

NOTE Confidence: 0.96433002375

00:38:19.480 --> 00:38:21.280 the one with that title

NOTE Confidence: 0.920231918461539

00:38:23.520 --> 00:38:25.392 and you know there you have

NOTE Confidence: 0.920231918461539

00:38:25.392 --> 00:38:29.480 it if it is if it is helpful.

NOTE Confidence: 0.920231918461539

00:38:29.480 --> 00:38:32.702 I think that with that we

NOTE Confidence: 0.920231918461539

00:38:32.702 --> 00:38:34.544 can 01 more business thing.

NOTE Confidence: 0.920231918461539

00:38:34.544 --> 00:38:37.078 The business thing is that it would be

NOTE Confidence: 0.920231918461539

00:38:37.078 --> 00:38:39.760 wonderful is as we open it up for comments,

NOTE Confidence: 0.920231918461539

00:38:39.760 --> 00:38:42.616 if you could scan that code or Linda

NOTE Confidence: 0.920231918461539

00:38:42.616 --> 00:38:45.022 will also put the the the code.  
NOTE Confidence: 0.920231918461539

00:38:45.022 --> 00:38:47.146 You could tell us you know  
NOTE Confidence: 0.920231918461539

00:38:47.146 --> 00:38:49.321 your thoughts about this talk.  
NOTE Confidence: 0.920231918461539

00:38:49.321 --> 00:38:51.008 It's the first time that we do  
NOTE Confidence: 0.920231918461539

00:38:51.008 --> 00:38:52.984 it and we wanna be helpful.  
NOTE Confidence: 0.920231918461539

00:38:52.984 --> 00:38:57.714 So I think that I will pass it to Dana now.  
NOTE Confidence: 0.920231918461539

00:38:57.714 --> 00:38:59.120 Is that how it goes, Dana?  
NOTE Confidence: 0.928888253333333

00:39:00.080 --> 00:39:02.713 Sure. Let's give them a little count.  
NOTE Confidence: 0.928888253333333

00:39:02.713 --> 00:39:04.078 The clock is counting down.  
NOTE Confidence: 0.928888253333333

00:39:04.080 --> 00:39:07.754 So we'll we'll I'll be quiet  
NOTE Confidence: 0.928888253333333

00:39:07.754 --> 00:39:09.980 just for a few seconds to let  
NOTE Confidence: 0.928888253333333

00:39:10.060 --> 00:39:11.960 people and myself rate you.  
NOTE Confidence: 0.909111962631579

00:39:37.080 --> 00:39:38.940 Thank you. We really do appreciate  
NOTE Confidence: 0.909111962631579

00:39:38.940 --> 00:39:40.766 you letting us know what's useful  
NOTE Confidence: 0.909111962631579

00:39:40.766 --> 00:39:43.026 to you or not useful to you as  
NOTE Confidence: 0.909111962631579

00:39:43.026 --> 00:39:45.546 we expand these sessions to be



NOTE Confidence: 0.909111962631579

00:39:45.546 --> 00:39:47.476 more relevant to more faculty.

NOTE Confidence: 0.909111962631579

00:39:47.480 --> 00:39:49.844 So what What questions does anybody

NOTE Confidence: 0.909111962631579

00:39:49.844 --> 00:39:51.946 have or comments for Doctor

NOTE Confidence: 0.909111962631579

00:39:51.946 --> 00:39:53.840 Martin about abstract writing?

NOTE Confidence: 0.970022004

00:40:06.820 --> 00:40:10.468 I'll just start by saying I think

NOTE Confidence: 0.970022004

00:40:10.468 --> 00:40:13.309 your comment about a lot of

NOTE Confidence: 0.970022004

00:40:13.309 --> 00:40:15.247 things from from my standpoint of

NOTE Confidence: 0.970022004

00:40:15.247 --> 00:40:17.498 when we do educator development,

NOTE Confidence: 0.970022004

00:40:17.500 --> 00:40:19.140 I find that faculty were

NOTE Confidence: 0.970022004

00:40:19.140 --> 00:40:20.780 learning how to teach better,

NOTE Confidence: 0.970022004

00:40:20.780 --> 00:40:23.440 can learn a lot by observing teaching.

NOTE Confidence: 0.970022004

00:40:23.440 --> 00:40:25.246 By using kind of some best tips

NOTE Confidence: 0.970022004

00:40:25.246 --> 00:40:26.906 and practices in a rubric to

NOTE Confidence: 0.970022004

00:40:26.906 --> 00:40:28.556 watch others because it makes you,

NOTE Confidence: 0.970022004

00:40:28.560 --> 00:40:30.807 your muscle memory of the optimal

NOTE Confidence: 0.970022004

00:40:30.807 --> 00:40:32.769 kind of best effective behaviors be  
NOTE Confidence: 0.970022004

00:40:32.769 --> 00:40:34.760 so reinforced when you're doing that.  
NOTE Confidence: 0.970022004

00:40:34.760 --> 00:40:37.172 So your corollary for for you  
NOTE Confidence: 0.970022004

00:40:37.172 --> 00:40:40.053 to be thinking about this when  
NOTE Confidence: 0.970022004

00:40:40.053 --> 00:40:41.838 you're reviewing abstracts,  
NOTE Confidence: 0.970022004

00:40:41.840 --> 00:40:43.920 I think will not only make you feel like it,  
NOTE Confidence: 0.970022004

00:40:43.920 --> 00:40:45.551 it's it's nice to guide your to  
NOTE Confidence: 0.970022004

00:40:45.551 --> 00:40:47.400 be a more effective reviewer,  
NOTE Confidence: 0.970022004

00:40:47.400 --> 00:40:48.919 but it'll strengthen your work as well.  
NOTE Confidence: 0.970022004

00:40:48.920 --> 00:40:50.558 So I I really appreciate that point.  
NOTE Confidence: 0.927124908888889

00:40:53.360 --> 00:40:55.600 I don't know if you can see the  
NOTE Confidence: 0.927124908888889

00:40:55.600 --> 00:40:57.520 chat Andres necessarily so I'm just  
NOTE Confidence: 0.927124908888889

00:40:57.520 --> 00:40:59.514 going to read the people could  
NOTE Confidence: 0.927124908888889

00:40:59.514 --> 00:41:01.266 also please feel free to raise  
NOTE Confidence: 0.927124908888889

00:41:01.266 --> 00:41:03.157 your hand or just go off mic.  
NOTE Confidence: 0.927124908888889

00:41:03.160 --> 00:41:06.240 But one person said I am currently

NOTE Confidence: 0.927124908888889  
00:41:06.240 --> 00:41:08.943 first time guest editing a journal  
NOTE Confidence: 0.927124908888889  
00:41:08.943 --> 00:41:11.746 and this was right sized.  
NOTE Confidence: 0.927124908888889  
00:41:11.746 --> 00:41:15.172 So very much appreciated Diane.  
NOTE Confidence: 0.927124908888889  
00:41:15.172 --> 00:41:17.232 And then there's a question  
NOTE Confidence: 0.927124908888889  
00:41:17.232 --> 00:41:19.947 about any tips for English not  
NOTE Confidence: 0.927124908888889  
00:41:19.947 --> 00:41:21.915 as first language authors.  
NOTE Confidence: 0.8268591575  
00:41:22.840 --> 00:41:23.860 Yeah. Yeah, Yeah.  
NOTE Confidence: 0.8268591575  
00:41:23.860 --> 00:41:25.560 Yeah. So 2 two things.  
NOTE Confidence: 0.8268591575  
00:41:25.560 --> 00:41:27.317 And let let me maybe address both.  
NOTE Confidence: 0.8268591575  
00:41:27.320 --> 00:41:28.972 So, Diane, that's terrific.  
NOTE Confidence: 0.8268591575  
00:41:28.972 --> 00:41:30.584 I don't, I don't see you,  
NOTE Confidence: 0.8268591575  
00:41:30.584 --> 00:41:31.760 but I know you're there somewhere.  
NOTE Confidence: 0.77107135  
00:41:34.120 --> 00:41:36.836 Yes. As a guest editor you're likely  
NOTE Confidence: 0.77107135  
00:41:36.836 --> 00:41:40.045 going to be seeing a lot of abstracts  
NOTE Confidence: 0.77107135  
00:41:40.045 --> 00:41:44.205 and your job in being selective  
NOTE Confidence: 0.77107135

00:41:44.205 --> 00:41:46.400 about not accepting everything and  
NOTE Confidence: 0.77107135

00:41:46.400 --> 00:41:48.200 not your rejecting everything and  
NOTE Confidence: 0.618926960833333

00:41:54.600 --> 00:41:55.996 the the the, the,  
NOTE Confidence: 0.618926960833333

00:41:55.996 --> 00:41:59.562 the T tool kit T as in Tom the Kathy.  
NOTE Confidence: 0.618926960833333

00:41:59.562 --> 00:42:01.968 Kathy Deangelis was the Editor in  
NOTE Confidence: 0.618926960833333

00:42:01.968 --> 00:42:04.176 Chief of JAMA and we we're good  
NOTE Confidence: 0.618926960833333

00:42:04.176 --> 00:42:05.912 friends and she gave me this tool  
NOTE Confidence: 0.618926960833333

00:42:05.912 --> 00:42:07.718 tip that might be helpful to you.  
NOTE Confidence: 0.618926960833333

00:42:07.720 --> 00:42:09.250 She said that as an editor  
NOTE Confidence: 0.618926960833333

00:42:09.250 --> 00:42:10.480 you need the following TS.  
NOTE Confidence: 0.618926960833333

00:42:10.480 --> 00:42:12.838 Let me see if I can remember them all.  
NOTE Confidence: 0.618926960833333

00:42:12.840 --> 00:42:16.080 You need to be tough minded.  
NOTE Confidence: 0.618926960833333

00:42:16.080 --> 00:42:20.200 You need to be thin, thick skinned.  
NOTE Confidence: 0.618926960833333

00:42:20.200 --> 00:42:22.960 You need to be tender hearted  
NOTE Confidence: 0.618926960833333

00:42:22.960 --> 00:42:25.558 and you got to be tenacious.  
NOTE Confidence: 0.618926960833333

00:42:25.560 --> 00:42:28.549 And you know that served me well

NOTE Confidence: 0.618926960833333  
00:42:28.549 --> 00:42:30.972 because you're going to get you know,  
NOTE Confidence: 0.618926960833333  
00:42:30.972 --> 00:42:32.116 every time that someone,  
NOTE Confidence: 0.618926960833333  
00:42:32.120 --> 00:42:34.080 every time that anyone of us submits  
NOTE Confidence: 0.618926960833333  
00:42:34.080 --> 00:42:35.600 something, we're giving our, you know,  
NOTE Confidence: 0.618926960833333  
00:42:35.600 --> 00:42:37.358 our little heart here and please,  
NOTE Confidence: 0.618926960833333  
00:42:37.360 --> 00:42:39.196 please take good care of it.  
NOTE Confidence: 0.618926960833333  
00:42:39.200 --> 00:42:41.916 And rejection can be, can be hard.  
NOTE Confidence: 0.618926960833333  
00:42:41.920 --> 00:42:45.304 And being in the other end of the spectrum  
NOTE Confidence: 0.618926960833333  
00:42:45.304 --> 00:42:49.020 being the one rejecting can also be hard.  
NOTE Confidence: 0.618926960833333  
00:42:49.020 --> 00:42:51.160 But it's a great thing that you're an editor,  
NOTE Confidence: 0.618926960833333  
00:42:51.160 --> 00:42:52.370 so welcome.  
NOTE Confidence: 0.618926960833333  
00:42:52.370 --> 00:42:56.405 And Angie is asking about tips for English,  
NOTE Confidence: 0.618926960833333  
00:42:56.405 --> 00:42:58.080 not as a first language.  
NOTE Confidence: 0.618926960833333  
00:42:58.080 --> 00:42:58.480 Yeah.  
NOTE Confidence: 0.93076342  
00:43:00.600 --> 00:43:04.944 Yeah, So a couple of things.  
NOTE Confidence: 0.93076342

00:43:04.944 --> 00:43:07.440 Probably the best thing is having  
NOTE Confidence: 0.93076342

00:43:07.440 --> 00:43:09.456 and and we have it easy here, Angie,  
NOTE Confidence: 0.93076342

00:43:09.456 --> 00:43:13.560 you and I I know Angie in Full disclosure  
NOTE Confidence: 0.93076342

00:43:13.560 --> 00:43:17.000 and English is not our first language,  
NOTE Confidence: 0.93076342

00:43:17.000 --> 00:43:19.640 although we speak it reasonably well.  
NOTE Confidence: 0.93076342

00:43:19.640 --> 00:43:21.690 But I would say that for anyone who is at  
NOTE Confidence: 0.93076342

00:43:21.745 --> 00:43:23.797 whatever level of proficiency of English,  
NOTE Confidence: 0.93076342

00:43:23.800 --> 00:43:26.080 if it's not their first language,  
NOTE Confidence: 0.93076342

00:43:26.080 --> 00:43:31.680 having a reader who will be  
NOTE Confidence: 0.93076342

00:43:31.680 --> 00:43:33.356 again tenderhearted but tough  
NOTE Confidence: 0.93076342

00:43:33.356 --> 00:43:36.320 minded in some way is very good.  
NOTE Confidence: 0.93076342

00:43:36.320 --> 00:43:37.880 So whether that is a friend,  
NOTE Confidence: 0.93076342

00:43:37.880 --> 00:43:39.880 a colleague, a family member,  
NOTE Confidence: 0.93076342

00:43:39.880 --> 00:43:43.446 family members or loved ones can  
NOTE Confidence: 0.93076342

00:43:43.446 --> 00:43:44.876 actually be interesting in that.  
NOTE Confidence: 0.93076342

00:43:44.880 --> 00:43:46.390 Can they understand what it

NOTE Confidence: 0.93076342

00:43:46.390 --> 00:43:47.598 is that you're saying?

NOTE Confidence: 0.93076342

00:43:47.600 --> 00:43:49.112 You know they may not understand

NOTE Confidence: 0.93076342

00:43:49.112 --> 00:43:50.120 the log linear model.

NOTE Confidence: 0.93076342

00:43:50.120 --> 00:43:51.264 You know, whatever, whatever,

NOTE Confidence: 0.93076342

00:43:51.264 --> 00:43:52.191 Monte Carlo, whatever.

NOTE Confidence: 0.93076342

00:43:52.191 --> 00:43:54.999 But can they understand the English of it?

NOTE Confidence: 0.93076342

00:43:55.000 --> 00:43:56.400 And. And I think that that's one.

NOTE Confidence: 0.93076342

00:43:56.400 --> 00:43:56.647 So.

NOTE Confidence: 0.93076342

00:43:56.647 --> 00:43:58.376 So having readers who are friendly and

NOTE Confidence: 0.93076342

00:43:58.376 --> 00:44:00.558 who are going to be honest with you is 1.

NOTE Confidence: 0.93076342

00:44:00.560 --> 00:44:01.960 The second one is Grammarly,

NOTE Confidence: 0.93076342

00:44:01.960 --> 00:44:03.960 which is very, very good.

NOTE Confidence: 0.93076342

00:44:03.960 --> 00:44:05.346 I'm still trying to learn things

NOTE Confidence: 0.93076342

00:44:05.346 --> 00:44:06.880 in English that I didn't know,

NOTE Confidence: 0.93076342

00:44:06.880 --> 00:44:08.866 like does the comma go inside

NOTE Confidence: 0.93076342

00:44:08.866 --> 00:44:10.800 of the quotation or outside.  
NOTE Confidence: 0.93076342

00:44:10.800 --> 00:44:13.203 And when I mean there are so many strange  
NOTE Confidence: 0.93076342

00:44:13.203 --> 00:44:15.600 things about the beautiful English language.  
NOTE Confidence: 0.93076342

00:44:15.600 --> 00:44:17.280 And Grammarly, I would say,  
NOTE Confidence: 0.93076342

00:44:17.280 --> 00:44:20.997 is most of the time really on the money.  
NOTE Confidence: 0.93076342

00:44:21.000 --> 00:44:23.500 It's free, except for the  
NOTE Confidence: 0.93076342

00:44:23.500 --> 00:44:26.000 plagiarism stuff that I mentioned.  
NOTE Confidence: 0.93076342

00:44:26.000 --> 00:44:28.317 And I would say that for authors,  
NOTE Confidence: 0.93076342

00:44:28.320 --> 00:44:30.348 something that you will see very  
NOTE Confidence: 0.93076342

00:44:30.348 --> 00:44:32.147 often mentioned is these polishing  
NOTE Confidence: 0.93076342

00:44:32.147 --> 00:44:34.427 services that you send your manuscript  
NOTE Confidence: 0.93076342

00:44:34.427 --> 00:44:36.759 and they Polish and make it pretty.  
NOTE Confidence: 0.93076342

00:44:36.760 --> 00:44:38.188 In my experience,  
NOTE Confidence: 0.93076342

00:44:38.188 --> 00:44:40.092 that's really expensive and  
NOTE Confidence: 0.93076342

00:44:40.092 --> 00:44:42.359 they don't Polish so pretty,  
NOTE Confidence: 0.93076342

00:44:42.360 --> 00:44:43.368 but you know,



NOTE Confidence: 0.93076342

00:44:43.368 --> 00:44:44.040 it's there.

NOTE Confidence: 0.868567775

00:44:47.000 --> 00:44:48.236 I don't know.

NOTE Confidence: 0.868567775

00:44:48.236 --> 00:44:51.120 I I think that even things like,

NOTE Confidence: 0.868567775

00:44:51.120 --> 00:44:52.560 you know, I'm not endorsing this,

NOTE Confidence: 0.868567775

00:44:52.560 --> 00:44:55.650 but ChatGPT, which is in my

NOTE Confidence: 0.868567775

00:44:55.650 --> 00:44:57.888 mind after yesterday, you know,

NOTE Confidence: 0.868567775

00:44:57.888 --> 00:45:00.376 it can help Polish things, you know,

NOTE Confidence: 0.868567775

00:45:00.376 --> 00:45:02.560 take this and make it prettier.

NOTE Confidence: 0.868567775

00:45:02.560 --> 00:45:03.800 I haven't used it myself,

NOTE Confidence: 0.868567775

00:45:03.800 --> 00:45:05.040 but I wouldn't be surprised.

NOTE Confidence: 0.868567775

00:45:05.040 --> 00:45:07.490 You know you take like a beautiful

NOTE Confidence: 0.868567775

00:45:07.490 --> 00:45:09.620 abstract in your field and then

NOTE Confidence: 0.868567775

00:45:09.620 --> 00:45:11.270 your abstract that you're happy

NOTE Confidence: 0.868567775

00:45:11.270 --> 00:45:13.640 with and you go to ChatGPT and say

NOTE Confidence: 0.868567775

00:45:13.640 --> 00:45:16.920 take mine and do it in this form.

NOTE Confidence: 0.868567775

00:45:16.920 --> 00:45:18.198 It would be an interesting experiment.

NOTE Confidence: 0.868567775

00:45:18.200 --> 00:45:19.880 I think that it would improve it.

NOTE Confidence: 0.868567775

00:45:19.880 --> 00:45:21.184 Obviously you would still

NOTE Confidence: 0.868567775

00:45:21.184 --> 00:45:23.080 need to to check it closely.

NOTE Confidence: 0.78792317875

00:45:25.640 --> 00:45:28.960 And my last point, Angie is a a

NOTE Confidence: 0.78792317875

00:45:28.960 --> 00:45:30.730 website that I've come to love

NOTE Confidence: 0.78792317875

00:45:30.730 --> 00:45:33.119 and use a lot called Deep Gram.

NOTE Confidence: 0.758085632

00:45:35.600 --> 00:45:38.160 Although Deep Gram is more for

NOTE Confidence: 0.913977346666667

00:45:40.360 --> 00:45:41.708 transcription than for writing,

NOTE Confidence: 0.913977346666667

00:45:41.708 --> 00:45:43.393 which is what we're doing.

NOTE Confidence: 0.913977346666667

00:45:43.400 --> 00:45:45.080 But Deep Gram can't

NOTE Confidence: 0.954449097272727

00:45:48.920 --> 00:45:50.530 capture text, capture voice into

NOTE Confidence: 0.954449097272727

00:45:50.530 --> 00:45:52.800 text in any number of languages.

NOTE Confidence: 0.954449097272727

00:45:52.800 --> 00:45:54.480 I don't know like 30 languages.

NOTE Confidence: 0.954449097272727

00:45:54.480 --> 00:45:56.765 And it's essentially free because

NOTE Confidence: 0.954449097272727

00:45:56.765 --> 00:45:59.839 most of these things are are very.

NOTE Confidence: 0.954449097272727  
00:45:59.840 --> 00:46:03.440 Yeah, it's called deep where  
NOTE Confidence: 0.954449097272727  
00:46:03.440 --> 00:46:06.064 I am and you don't. Oops.  
NOTE Confidence: 0.954449097272727  
00:46:06.064 --> 00:46:07.320 No, that's misspelled. I'm sorry,  
NOTE Confidence: 0.56273771  
00:46:09.800 --> 00:46:13.560 Deep cramp. So as I oh, there it is.  
NOTE Confidence: 0.56273771  
00:46:13.560 --> 00:46:14.885 Yeah. Dana, as I mentioned,  
NOTE Confidence: 0.56273771  
00:46:14.885 --> 00:46:16.670 I do a lot of qualitative studies  
NOTE Confidence: 0.56273771  
00:46:16.725 --> 00:46:18.075 and you can put like long,  
NOTE Confidence: 0.56273771  
00:46:18.080 --> 00:46:20.786 long you know multiple hour long  
NOTE Confidence: 0.56273771  
00:46:20.786 --> 00:46:23.960 interviews and within less than a  
NOTE Confidence: 0.56273771  
00:46:23.960 --> 00:46:26.680 minute it transcribes it beautifully.  
NOTE Confidence: 0.56273771  
00:46:26.680 --> 00:46:27.600 So I think that we're,  
NOTE Confidence: 0.56273771  
00:46:27.600 --> 00:46:31.080 we're all learning about these tools.  
NOTE Confidence: 0.56273771  
00:46:31.080 --> 00:46:32.440 So those would be some of my thoughts.  
NOTE Confidence: 0.56273771  
00:46:32.440 --> 00:46:33.838 Thank you for, for that question.  
NOTE Confidence: 0.57406205  
00:46:36.840 --> 00:46:41.240 Another quick question. Yeah. So  
NOTE Confidence: 0.859550185714286

00:46:41.240 --> 00:46:44.240 in deep Gram, if you're  
NOTE Confidence: 0.859550185714286

00:46:44.240 --> 00:46:46.240 analyzing qualitatively, can  
NOTE Confidence: 0.6348203

00:46:49.640 --> 00:46:50.080 HIPAA  
NOTE Confidence: 0.82469531

00:46:52.120 --> 00:46:53.880 that sort of language. OK,  
NOTE Confidence: 0.82469531

00:46:53.880 --> 00:46:55.920 not HIPAA compliant. OK. That's OK.  
NOTE Confidence: 0.48706618

00:46:56.480 --> 00:46:57.640 Yeah. Not HIPAA compliant.  
NOTE Confidence: 0.65924911875

00:46:58.600 --> 00:46:59.260 OK, sounds good.  
NOTE Confidence: 0.65924911875

00:46:59.260 --> 00:47:00.680 Just wanted to make sure. OK,  
NOTE Confidence: 0.797204616153846

00:47:01.080 --> 00:47:02.312 thank you. I don't, I don't know  
NOTE Confidence: 0.797204616153846

00:47:02.312 --> 00:47:03.407 that the HIPAA police is going  
NOTE Confidence: 0.797204616153846

00:47:03.407 --> 00:47:04.639 to come and find you but better  
NOTE Confidence: 0.797204616153846

00:47:04.678 --> 00:47:05.836 not mess with the HIPAA police.  
NOTE Confidence: 0.790779034

00:47:07.400 --> 00:47:09.600 Yeah. No, especially if you're  
NOTE Confidence: 0.790779034

00:47:09.600 --> 00:47:12.310 if you're you know dealing with  
NOTE Confidence: 0.790779034

00:47:12.310 --> 00:47:14.333 patients and and their. Yeah.  
NOTE Confidence: 0.790779034

00:47:14.333 --> 00:47:15.798 OK, sounds good. Thank you.

NOTE Confidence: 0.956281786666667  
00:47:19.240 --> 00:47:22.040 Any other questions or  
NOTE Confidence: 0.956281786666667  
00:47:22.040 --> 00:47:24.640 experiences people want to share?  
NOTE Confidence: 0.952217511333333  
00:47:29.880 --> 00:47:31.984 I know this is like such a common  
NOTE Confidence: 0.952217511333333  
00:47:31.984 --> 00:47:33.719 activity for so many on the call,  
NOTE Confidence: 0.952217511333333  
00:47:33.720 --> 00:47:35.145 whether they're residents,  
NOTE Confidence: 0.952217511333333  
00:47:35.145 --> 00:47:37.520 students or through the faculty.  
NOTE Confidence: 0.952217511333333  
00:47:37.520 --> 00:47:39.754 So I really learned a lot, Andreas.  
NOTE Confidence: 0.952217511333333  
00:47:39.754 --> 00:47:41.878 I'm looking, I'm going to look,  
NOTE Confidence: 0.952217511333333  
00:47:41.880 --> 00:47:44.805 go look back at my pending  
NOTE Confidence: 0.952217511333333  
00:47:44.805 --> 00:47:46.630 abstracts and this will dovetail  
NOTE Confidence: 0.952217511333333  
00:47:46.630 --> 00:47:48.640 nicely to your next session.  
NOTE Confidence: 0.952217511333333  
00:47:48.640 --> 00:47:50.236 Do you have the slide about  
NOTE Confidence: 0.952217511333333  
00:47:50.236 --> 00:47:51.720 the next sessions, Andreas,  
NOTE Confidence: 0.822787896666667  
00:47:54.160 --> 00:47:56.038 that will build build on this?  
NOTE Confidence: 0.739300221428572  
00:47:56.720 --> 00:47:58.860 Yeah, no, quite literally the  
NOTE Confidence: 0.739300221428572

00:47:58.860 --> 00:48:02.520 the poster in some way really is  
NOTE Confidence: 0.739300221428572

00:48:02.520 --> 00:48:05.000 just a glorified abstract. So  
NOTE Confidence: 0.93455179625

00:48:05.000 --> 00:48:09.500 we have first Friday of the next year a  
NOTE Confidence: 0.93455179625

00:48:09.500 --> 00:48:11.000 session on improving written feedback.  
NOTE Confidence: 0.93455179625

00:48:11.000 --> 00:48:13.880 We already had verbal feedback in the fall,  
NOTE Confidence: 0.93455179625

00:48:13.880 --> 00:48:16.916 and then Andreas's next session for  
NOTE Confidence: 0.93455179625

00:48:16.920 --> 00:48:21.472 writing will be the week after that.  
NOTE Confidence: 0.93455179625

00:48:21.472 --> 00:48:24.800 And we again, we have programming that'll  
NOTE Confidence: 0.93455179625

00:48:24.800 --> 00:48:28.560 run through through April at this point.  
NOTE Confidence: 0.93455179625

00:48:28.560 --> 00:48:31.392 We got show you 3 \* 3 at a time.  
NOTE Confidence: 0.93455179625

00:48:31.392 --> 00:48:33.318 I see Donna has her hand up as well.  
NOTE Confidence: 0.818401052142857

00:48:34.000 --> 00:48:36.093 Yeah. And Donna, just one quick second  
NOTE Confidence: 0.818401052142857

00:48:36.093 --> 00:48:37.958 just to piggyback on what you said,  
NOTE Confidence: 0.818401052142857

00:48:37.960 --> 00:48:41.040 Dana, that the reason we really are  
NOTE Confidence: 0.818401052142857

00:48:41.040 --> 00:48:43.063 putting pressure on you to fill your  
NOTE Confidence: 0.818401052142857

00:48:43.063 --> 00:48:44.897 evaluations is that this is the first

NOTE Confidence: 0.818401052142857  
00:48:44.897 --> 00:48:46.680 time that we do this cycle of yes.  
NOTE Confidence: 0.818401052142857  
00:48:46.680 --> 00:48:48.696 So things that you think could be really  
NOTE Confidence: 0.818401052142857  
00:48:48.696 --> 00:48:50.876 good or have not been good or you know,  
NOTE Confidence: 0.818401052142857  
00:48:50.880 --> 00:48:53.080 we really want your feedback. But Donna,  
NOTE Confidence: 0.882800546666667  
00:48:54.760 --> 00:48:56.320 sorry I missed the first part.  
NOTE Confidence: 0.882800546666667  
00:48:56.320 --> 00:48:58.276 I was seeing patients this morning.  
NOTE Confidence: 0.882800546666667  
00:48:58.280 --> 00:48:59.420 Just, you know,  
NOTE Confidence: 0.882800546666667  
00:48:59.420 --> 00:49:01.725 some hints that I've found helpful.  
NOTE Confidence: 0.882800546666667  
00:49:01.725 --> 00:49:03.300 If you're submitting  
NOTE Confidence: 0.882800546666667  
00:49:03.300 --> 00:49:05.400 abstracts to an organization,  
NOTE Confidence: 0.882800546666667  
00:49:05.400 --> 00:49:07.703 often times they tell you or they  
NOTE Confidence: 0.882800546666667  
00:49:07.703 --> 00:49:09.941 should tell you the rubric by  
NOTE Confidence: 0.882800546666667  
00:49:09.941 --> 00:49:13.320 which they're grading abstracts.  
NOTE Confidence: 0.915337295  
00:49:13.320 --> 00:49:14.320 And I find that  
NOTE Confidence: 0.9732704  
00:49:14.320 --> 00:49:16.595 really helpful to know that in advance.  
NOTE Confidence: 0.9732704

00:49:16.600 --> 00:49:20.200 So I know how to structure based  
NOTE Confidence: 0.9732704

00:49:20.200 --> 00:49:21.800 on what they're looking for.  
NOTE Confidence: 0.781041643333333

00:49:22.600 --> 00:49:24.238 That's a great point, great point.  
NOTE Confidence: 0.974315675

00:49:29.880 --> 00:49:32.820 Thank you. Well,  
NOTE Confidence: 0.974315675

00:49:32.820 --> 00:49:34.520 thanks to everyone for joining.  
NOTE Confidence: 0.974315675

00:49:34.520 --> 00:49:37.145 We really, really appreciate you  
NOTE Confidence: 0.974315675

00:49:37.145 --> 00:49:40.000 Andreas and everyone's participation.  
NOTE Confidence: 0.974315675

00:49:40.000 --> 00:49:42.640 Hope you feel like this was  
NOTE Confidence: 0.974315675

00:49:42.640 --> 00:49:44.568 useful and we'll hear from you if  
NOTE Confidence: 0.974315675

00:49:44.568 --> 00:49:46.311 you did or you didn't hopefully  
NOTE Confidence: 0.974315675

00:49:46.311 --> 00:49:48.357 and we'll see you next time.  
NOTE Confidence: 0.956221025

00:49:49.000 --> 00:49:50.525 Happy holidays and thanks for  
NOTE Confidence: 0.956221025

00:49:50.525 --> 00:49:53.280 joining us guys. Bye bye.  
NOTE Confidence: 0.956221025

00:49:53.280 --> 00:49:55.080 Happy Holidays, Happy Holidays.