WEBVTT

NOTE duration:"00:58:08" NOTE recognizability:0.864

NOTE language:en-us

NOTE Confidence: 0.92949392625

 $00:00:02.080 \longrightarrow 00:00:04.440$  To be part of the medical education series.

NOTE Confidence: 0.92949392625

 $00:00:04.440 \longrightarrow 00:00:06.318$  And yes, as you just heard,

NOTE Confidence: 0.92949392625

 $00{:}00{:}06.320 \dashrightarrow 00{:}00{:}09.120$  we are recording this session.

NOTE Confidence: 0.92949392625

 $00:00:09.120 \longrightarrow 00:00:10.614$  It's been helpful for others who

NOTE Confidence: 0.92949392625

 $00:00:10.614 \longrightarrow 00:00:12.699$  are not able to make it at this time

NOTE Confidence: 0.92949392625

 $00:00:12.699 \longrightarrow 00:00:14.519$  to be able to visit the recording.

NOTE Confidence: 0.92949392625

00:00:14.520 --> 00:00:18.514 So just to inform you that that's happening.

NOTE Confidence: 0.92949392625

 $00:00:18.520 \longrightarrow 00:00:20.602$  So the series is directed by

NOTE Confidence: 0.92949392625

00:00:20.602 --> 00:00:22.434 doctors Dana Dunn and Andreas

NOTE Confidence: 0.92949392625

 $00:00:22.434 \longrightarrow 00:00:24.636$  Martin who are both on today.

NOTE Confidence: 0.92949392625

 $00:00:24.640 \longrightarrow 00:00:25.855$  They're both faculty

NOTE Confidence: 0.92949392625

00:00:25.855 --> 00:00:27.475 associates of the center,

NOTE Confidence: 0.92949392625

 $00:00:27.480 \longrightarrow 00:00:29.704$  and we have a special treat today because

 $00:00:29.704 \longrightarrow 00:00:31.597$  they're both involved in this session.

NOTE Confidence: 0.92949392625

 $00:00:31.600 \longrightarrow 00:00:33.730$  So Doctor Martin will actually

NOTE Confidence: 0.92949392625

 $00:00:33.730 \longrightarrow 00:00:35.434$  be moderating the discussion,

NOTE Confidence: 0.92949392625

 $00:00:35.440 \longrightarrow 00:00:37.516$  largely by just making sure that

NOTE Confidence: 0.92949392625

 $00:00:37.516 \longrightarrow 00:00:39.623$  he's keeping track of anything that

NOTE Confidence: 0.92949392625

 $00:00:39.623 \longrightarrow 00:00:41.912$  you might place in the chat box.

NOTE Confidence: 0.92949392625

00:00:41.920 --> 00:00:43.880 So any questions or comments,

NOTE Confidence: 0.92949392625

 $00:00:43.880 \longrightarrow 00:00:46.376$  you're welcome to put those in chat and

NOTE Confidence: 0.92949392625

00:00:46.376 --> 00:00:48.877 he'll make sure that they get attention.

NOTE Confidence: 0.92949392625

00:00:48.880 --> 00:00:51.118 Doctor Dunn is our presenter today,

NOTE Confidence: 0.92949392625

 $00{:}00{:}51.120 \dashrightarrow 00{:}00{:}52.830$  so we're very lucky she's going

NOTE Confidence: 0.92949392625

 $00:00:52.830 \longrightarrow 00:00:55.040$  to be presenting on the topic of

NOTE Confidence: 0.92949392625

 $00:00:55.040 \longrightarrow 00:00:56.720$  setting goals in medical education.

NOTE Confidence: 0.92949392625

 $00{:}00{:}56.720 \dashrightarrow 00{:}00{:}59.072$  So just a little bit of background to

NOTE Confidence: 0.92949392625

 $00:00:59.072 \longrightarrow 00:01:01.917$  what Dana has done within the medical school.

NOTE Confidence: 0.92949392625

 $00:01:01.920 \longrightarrow 00:01:03.680$  She's worn many hats.

 $00:01:03.680 \longrightarrow 00:01:05.880$  She's associate Professor of Medicine

NOTE Confidence: 0.92949392625

 $00:01:05.880 \longrightarrow 00:01:08.879$  in the section of Infectious Diseases,

NOTE Confidence: 0.92949392625

 $00:01:08.880 \longrightarrow 00:01:11.208$  and as such she works clinically

NOTE Confidence: 0.92949392625

00:01:11.208 --> 00:01:13.360 at the Nathan Smith Clinic,

NOTE Confidence: 0.92949392625

 $00:01:13.360 \longrightarrow 00:01:16.384$  which provides HIV AIDS treatment and

NOTE Confidence: 0.92949392625

 $00:01:16.384 \longrightarrow 00:01:19.620$  care and HIV prevention for adults in

NOTE Confidence: 0.92949392625

 $00:01:19.620 \longrightarrow 00:01:21.120$  her department of Internal Medicine.

NOTE Confidence: 0.92949392625

 $00:01:21.120 \longrightarrow 00:01:23.445$  She's Associate chair of Education

NOTE Confidence: 0.92949392625

00:01:23.445 --> 00:01:24.840 and Academic Affairs,

NOTE Confidence: 0.92949392625

 $00:01:24.840 \longrightarrow 00:01:27.504$  offering teaching faculty support

NOTE Confidence: 0.92949392625

 $00:01:27.504 \longrightarrow 00:01:28.836$  and resources.

NOTE Confidence: 0.9294939262500:01:28.840 --> 00:01:29.482 In fact,

NOTE Confidence: 0.92949392625

 $00{:}01{:}29.482 \dashrightarrow 00{:}01{:}31.729$  it was through that role that she

NOTE Confidence: 0.92949392625

 $00:01:31.729 \longrightarrow 00:01:33.939$  initially presented a Med Ed Faculty

NOTE Confidence: 0.92949392625

 $00:01:33.939 \longrightarrow 00:01:35.759$  Development series for those who

 $00:01:35.830 \longrightarrow 00:01:37.655$  teach in her department That's

NOTE Confidence: 0.92949392625

 $00{:}01{:}37.655 \dashrightarrow 00{:}01{:}40.011$  evolved into this Yes series that

NOTE Confidence: 0.92949392625

00:01:40.011 --> 00:01:43.620 she and Doctor Martin Co direct for

NOTE Confidence: 0.92949392625

 $00:01:43.620 \longrightarrow 00:01:44.880$  undergraduate Medical Education.

NOTE Confidence: 0.92949392625

 $00:01:44.880 \longrightarrow 00:01:47.400$  Doctor Dunn is director of the

NOTE Confidence: 0.92949392625

00:01:47.470 --> 00:01:49.178 brand new Longitudinal Coaching

NOTE Confidence: 0.92949392625

 $00{:}01{:}49.178 \dashrightarrow 00{:}01{:}51.313$  program that matches small groups

NOTE Confidence: 0.92949392625

 $00{:}01{:}51.313 \dashrightarrow 00{:}01{:}53.207$  of medical students with coaches

NOTE Confidence: 0.92949392625

 $00{:}01{:}53.207 \dashrightarrow 00{:}01{:}55.946$  who stay with them for the duration

NOTE Confidence: 0.92949392625

 $00:01:55.946 \longrightarrow 00:01:59.076$  of their medical education careers.

NOTE Confidence: 0.92949392625

00:01:59.080 --> 00:02:00.900 The program uses a Master

NOTE Confidence: 0.92949392625

00:02:00.900 --> 00:02:02.356 Adaptive Learning model that,

NOTE Confidence: 0.92949392625

 $00:02:02.360 \longrightarrow 00:02:03.620$  if you're interested in

NOTE Confidence: 0.92949392625

 $00:02:03.620 \longrightarrow 00:02:04.880$  learning more about that,

NOTE Confidence: 0.92949392625

 $00:02:04.880 \longrightarrow 00:02:07.110$  Dana can certainly tell you about

NOTE Confidence: 0.92949392625

00:02:07.110 --> 00:02:09.560 that in in at some future time.

00:02:09.560 --> 00:02:11.744 But if I can also use this

NOTE Confidence: 0.92949392625

 $00:02:11.744 \longrightarrow 00:02:13.120$  opportunity as a plug,

NOTE Confidence: 0.92949392625

 $00:02:13.120 \longrightarrow 00:02:15.676$  save the date on February 22nd.

NOTE Confidence: 0.92949392625

 $00:02:15.680 \longrightarrow 00:02:17.744$  One of the key proponents of

NOTE Confidence: 0.92949392625

 $00:02:17.744 \longrightarrow 00:02:19.431$  the Master Adaptive Model is

NOTE Confidence: 0.92949392625

 $00:02:19.431 \longrightarrow 00:02:21.153$  going to be with us by Zoom.

NOTE Confidence: 0.92949392625

 $00:02:21.160 \longrightarrow 00:02:22.600$  So mark that on your calendars.

NOTE Confidence: 0.92949392625

 $00:02:22.600 \longrightarrow 00:02:27.092$  February 22nd for Graduate Medical

NOTE Confidence: 0.92949392625

 $00:02:27.092 \longrightarrow 00:02:29.668$  Education Doctor Dunn's Associate

NOTE Confidence: 0.92949392625

 $00:02:29.668 \longrightarrow 00:02:31.600$  Designated Institutional Officer,

NOTE Confidence: 0.92949392625

 $00:02:31.600 \longrightarrow 00:02:34.624$  working closely with Doctor Steve Hewitt to

NOTE Confidence: 0.92949392625

 $00:02:34.624 \longrightarrow 00:02:38.078$  oversee all of Yale's medical GME programs.

NOTE Confidence: 0.92949392625

 $00{:}02{:}38.080 --> 00{:}02{:}39.748$  So as I said,

NOTE Confidence: 0.92949392625

 $00{:}02{:}39.748 --> 00{:}02{:}41.833$  many hats and major hats.

NOTE Confidence: 0.92949392625

 $00:02:41.840 \longrightarrow 00:02:43.136$  There are many more

00:02:43.136 --> 00:02:44.756 contributions that I could list,

NOTE Confidence: 0.92949392625

 $00{:}02{:}44.760 \dashrightarrow 00{:}02{:}46.920$  but that would take us the whole hour.

NOTE Confidence: 0.92949392625

 $00:02:46.920 \longrightarrow 00:02:49.034$  So I don't want to do that,

NOTE Confidence: 0.92949392625

00:02:49.040 --> 00:02:51.536 but I do want to take the opportunity

NOTE Confidence: 0.92949392625

00:02:51.536 --> 00:02:55.336 to say that Doctor Dunn has recently,

NOTE Confidence: 0.92949392625

00:02:55.336 --> 00:02:57.356 very recently received an award

NOTE Confidence: 0.92949392625

 $00:02:57.356 \longrightarrow 00:02:59.629$  from the Connecticut chapter of

NOTE Confidence: 0.92949392625

 $00:02:59.629 \longrightarrow 00:03:01.874$  the American College of Physicians.

NOTE Confidence: 0.92949392625

 $00{:}03{:}01.880 \dashrightarrow 00{:}03{:}03.970$  She's received the George Thornton

NOTE Confidence: 0.92949392625

00:03:03.970 --> 00:03:06.400 Teaching Award for a career for,

NOTE Confidence: 0.92949392625 00:03:06.400 --> 00:03:06.918 quote, NOTE Confidence: 0.92949392625

 $00{:}03{:}06.918 {\:\dashrightarrow\:} 00{:}03{:}09.508$ a career distinguished by involvement

NOTE Confidence: 0.92949392625

 $00{:}03{:}09.508 \dashrightarrow 00{:}03{:}12.400$  and excellence in medical education.

NOTE Confidence: 0.92949392625

 $00{:}03{:}12.400 \dashrightarrow 00{:}03{:}14.280$  So as you now hear,

NOTE Confidence: 0.92949392625

 $00:03:14.280 \longrightarrow 00:03:16.506$  you're in very good hands for

NOTE Confidence: 0.92949392625

 $00:03:16.506 \longrightarrow 00:03:17.990$  the next 50 minutes

00:03:18.066 --> 00:03:19.519 or so. Doctor Dana Dunn.

NOTE Confidence: 0.90335436625

 $00:03:19.920 \longrightarrow 00:03:21.320$  Oh, thanks so much.

NOTE Confidence: 0.90335436625

 $00:03:21.320 \longrightarrow 00:03:22.720$  That's nice of you.

NOTE Confidence: 0.90335436625

 $00:03:22.720 \longrightarrow 00:03:23.440$  Welcome, everybody.

NOTE Confidence: 0.90335436625

00:03:23.440 --> 00:03:25.960 Dana Dunn, you know who I am.

NOTE Confidence: 0.90335436625

 $00:03:25.960 \longrightarrow 00:03:28.270$  I'd love to know who you are

NOTE Confidence: 0.90335436625

 $00:03:28.270 \longrightarrow 00:03:30.159$  outside of your name tiles.

NOTE Confidence: 0.90335436625

00:03:30.160 --> 00:03:32.288 So if you could just like in the

NOTE Confidence: 0.90335436625

 $00:03:32.288 \longrightarrow 00:03:35.506$  chat put if you're teaching in GME

NOTE Confidence: 0.90335436625

 $00:03:35.506 \longrightarrow 00:03:37.932$  or or UME and if you're teaching an

NOTE Confidence: 0.90335436625

 $00{:}03{:}37.932 \dashrightarrow 00{:}03{:}38.760$  undergraduate medical education.

NOTE Confidence: 0.90335436625

00:03:38.760 --> 00:03:40.880 If you're pre clerkship preclinic,

NOTE Confidence: 0.90335436625

 $00:03:40.880 \longrightarrow 00:03:42.520$  no pre clerkship education like

NOTE Confidence: 0.90335436625

 $00:03:42.520 \longrightarrow 00:03:45.039$  in the 1st 18 months or if you're

NOTE Confidence: 0.90335436625

00:03:45.039 --> 00:03:46.797 in the clinical And if you're

 $00{:}03{:}46.797 \dashrightarrow 00{:}03{:}48.870$  GME do you do like residents or

NOTE Confidence: 0.90335436625

 $00{:}03{:}48.870 \dashrightarrow 00{:}03{:}51.040$  fellows just so I can get an idea

NOTE Confidence: 0.90335436625

 $00:03:51.040 \longrightarrow 00:03:52.744$  So just put that in the chat if

NOTE Confidence: 0.90335436625

 $00:03:52.744 \longrightarrow 00:03:53.998$  you wouldn't mind like where.

NOTE Confidence: 0.90335436625

 $00:03:54.000 \longrightarrow 00:03:55.926$  Because in the context of setting

NOTE Confidence: 0.90335436625

00:03:55.926 --> 00:03:58.103 goals I would love to know a

NOTE Confidence: 0.90335436625

00:03:58.103 --> 00:04:01.120 little bit more about everybody

NOTE Confidence: 0.90335436625

00:04:01.120 --> 00:04:05.492 what what they're thinking about

NOTE Confidence: 0.90335436625

 $00{:}04{:}05.492 \dashrightarrow 00{:}04{:}07.356$  when they're setting goals.

NOTE Confidence: 0.90335436625

 $00:04:07.360 \longrightarrow 00:04:11.448$  So any that we have Chris

NOTE Confidence: 0.90335436625

00:04:11.448 --> 00:04:13.080 Anki who does everything.

NOTE Confidence: 0.760883215

 $00:04:15.520 \longrightarrow 00:04:17.280$  UMEGME residents and fellows

NOTE Confidence: 0.799466703333333 00:04:19.560 --> 00:04:20.040 a lot of NOTE Confidence: 0.842996590714286

00:04:23.640 --> 00:04:24.750 GMEGMEPA online. Awesome.

NOTE Confidence: 0.842996590714286

 $00:04:24.750 \longrightarrow 00:04:26.600$  OK, keep those coming in

NOTE Confidence: 0.842996590714286

 $00:04:26.600 \longrightarrow 00:04:28.520$  because I want to have this,

 $00:04:28.520 \longrightarrow 00:04:30.984$  make sure that I make this feel

NOTE Confidence: 0.842996590714286

 $00:04:30.984 \longrightarrow 00:04:33.238$  relevant to everybody because it really

NOTE Confidence: 0.842996590714286

 $00:04:33.240 \longrightarrow 00:04:36.360$  ideally will be feeling relevant to

NOTE Confidence: 0.842996590714286

 $00:04:36.360 \longrightarrow 00:04:39.335$  everybody as we'll discover and find

NOTE Confidence: 0.842996590714286

 $00:04:39.335 \longrightarrow 00:04:42.440$  out together that you know goals.

NOTE Confidence: 0.842996590714286

00:04:42.440 --> 00:04:44.065 Setting goals and thinking about

NOTE Confidence: 0.842996590714286

00:04:44.065 --> 00:04:46.159 goals is a really major part of

NOTE Confidence: 0.842996590714286

 $00:04:46.160 \longrightarrow 00:04:47.765$  the mastery learning cycle that

NOTE Confidence: 0.842996590714286

 $00:04:47.765 \longrightarrow 00:04:49.999$  starts like with why are they here?

NOTE Confidence: 0.842996590714286

00:04:50.000 --> 00:04:50.892 And then, you know,

NOTE Confidence: 0.842996590714286

 $00:04:50.892 \longrightarrow 00:04:52.574$  we observe them and then we give

NOTE Confidence: 0.842996590714286

 $00{:}04{:}52.574 \dashrightarrow 00{:}04{:}54.039$  them feedback and set individual

NOTE Confidence: 0.842996590714286

 $00{:}04{:}54.040 \dashrightarrow 00{:}04{:}55.918$  action plans for them to improve.

NOTE Confidence: 0.842996590714286

 $00:04:55.920 \longrightarrow 00:04:57.960$  So hopefully it's going to be

NOTE Confidence: 0.842996590714286

 $00:04:57.960 \longrightarrow 00:04:59.320$  feeling relevant to everybody.

 $00:04:59.320 \longrightarrow 00:05:01.440$  But I was going to try to make

NOTE Confidence: 0.842996590714286

 $00{:}05{:}01.440 \dashrightarrow 00{:}05{:}03.774$  some specific call outs and Andres

NOTE Confidence: 0.842996590714286

 $00:05:03.774 \longrightarrow 00:05:06.114$  will monitor the chat if people

NOTE Confidence: 0.842996590714286

00:05:06.114 --> 00:05:08.238 are kind of wanting more examples

NOTE Confidence: 0.842996590714286

 $00:05:08.238 \longrightarrow 00:05:10.120$  in your particular area.

NOTE Confidence: 0.842996590714286

 $00:05:10.120 \longrightarrow 00:05:12.520$  So this is the CME code.

NOTE Confidence: 0.842996590714286

00:05:12.520 --> 00:05:16.251 Linda put it in there, 38933,

NOTE Confidence: 0.842996590714286

 $00:05:16.251 \longrightarrow 00:05:19.917$  she'll probably put that in again.

NOTE Confidence: 0.842996590714286

 $00:05:19.920 \longrightarrow 00:05:22.210$  So it would be remiss of me to have a

NOTE Confidence: 0.842996590714286

 $00:05:22.271 \longrightarrow 00:05:24.239$  session on communication of goals if

NOTE Confidence: 0.842996590714286

 $00{:}05{:}24.239 \dashrightarrow 00{:}05{:}27.158$  I don't tell you the goals of the session.

NOTE Confidence: 0.842996590714286

 $00:05:27.160 \longrightarrow 00:05:29.120$  So by the end of this session,

NOTE Confidence: 0.842996590714286

 $00:05:29.120 \longrightarrow 00:05:31.816$  I'm hoping you're going to be able to

NOTE Confidence: 0.842996590714286

 $00:05:31.816 \longrightarrow 00:05:33.823$  differentiate some like terminology that

NOTE Confidence: 0.842996590714286

 $00:05:33.823 \longrightarrow 00:05:36.355$  this comes from the Stanford Faculty

NOTE Confidence: 0.842996590714286

 $00:05:36.355 \longrightarrow 00:05:37.560$  Development Center conceptualization

 $00:05:37.560 \longrightarrow 00:05:40.080$  about how to be thinking about goals.

NOTE Confidence: 0.842996590714286

 $00:05:40.080 \longrightarrow 00:05:41.640$  So they use some terminology

NOTE Confidence: 0.842996590714286

 $00:05:41.640 \longrightarrow 00:05:43.200$  of ends and means goals.

NOTE Confidence: 0.842996590714286

00:05:43.200 --> 00:05:45.000 You'll probably recognize some synonyms,

NOTE Confidence: 0.842996590714286

00:05:45.000 --> 00:05:47.065 but I want you to recognize the

NOTE Confidence: 0.842996590714286

 $00:05:47.065 \longrightarrow 00:05:48.960$  difference in between the two of those.

NOTE Confidence: 0.842996590714286 00:05:48.960 --> 00:05:49.408 And also, NOTE Confidence: 0.842996590714286

00:05:49.408 --> 00:05:50.752 we're gonna spend the majority of

NOTE Confidence: 0.842996590714286

 $00:05:50.752 \longrightarrow 00:05:52.713$  the time thinking about how we can be

NOTE Confidence: 0.842996590714286

 $00:05:52.713 \longrightarrow 00:05:54.000$  more effective in expressing goals,

NOTE Confidence: 0.842996590714286

 $00:05:54.000 \longrightarrow 00:05:56.580$  including using verbs explicitly

NOTE Confidence: 0.842996590714286

 $00:05:56.580 \longrightarrow 00:05:58.515$  and relevant statements,

NOTE Confidence: 0.842996590714286

 $00{:}05{:}58.520 \dashrightarrow 00{:}06{:}00.760$  and we'll have a little practice with that.

NOTE Confidence: 0.842996590714286

00:06:00.760 --> 00:06:02.416 But I'm not putting you in

NOTE Confidence: 0.842996590714286

 $00:06:02.416 \longrightarrow 00:06:03.880$  breakout rooms to do that.

 $00:06:03.880 \longrightarrow 00:06:06.320$  Never fear if you're chewing

NOTE Confidence: 0.842996590714286

 $00{:}06{:}06{:}320 \dashrightarrow 00{:}06{:}08{:}948$  or otherwise just kind of being

NOTE Confidence: 0.842996590714286

 $00:06:08.948 \longrightarrow 00:06:10.076$  able to listen in the background.

NOTE Confidence: 0.842996590714286

00:06:10.080 --> 00:06:12.280 I don't want you to feel like you

NOTE Confidence: 0.842996590714286

 $00:06:12.280 \longrightarrow 00:06:15.120$  can't stay on and participate.

NOTE Confidence: 0.842996590714286

 $00:06:15.120 \longrightarrow 00:06:16.758$  So how we're going to do that?

NOTE Confidence: 0.842996590714286

 $00:06:16.760 \longrightarrow 00:06:19.120$  You know what will be the means to the end.

NOTE Confidence: 0.842996590714286

 $00:06:19.120 \longrightarrow 00:06:21.073$  I'm going to give you some little

NOTE Confidence: 0.842996590714286

00:06:21.073 --> 00:06:22.891 mini lecture that defines some of

NOTE Confidence: 0.842996590714286

 $00:06:22.891 \longrightarrow 00:06:25.040$  these terms and gives you some examples.

NOTE Confidence: 0.842996590714286

00:06:25.040 --> 00:06:26.920 Then depending on how much,

NOTE Confidence: 0.842996590714286

00:06:26.920 --> 00:06:29.120 how many questions you might have about that,

NOTE Confidence: 0.842996590714286

 $00:06:29.120 \longrightarrow 00:06:31.496$  we might be able to watch a 3 minute

NOTE Confidence: 0.842996590714286

 $00:06:31.496 \longrightarrow 00:06:33.260$  video which is a clinical example of

NOTE Confidence: 0.842996590714286

 $00:06:33.260 \longrightarrow 00:06:35.346$  if you were watching a learner in a

NOTE Confidence: 0.842996590714286

 $00:06:35.346 \longrightarrow 00:06:36.641$  clinical situation might you what

00:06:36.641 --> 00:06:38.397 kind of things you might think about

NOTE Confidence: 0.842996590714286

 $00:06:38.397 \longrightarrow 00:06:40.940$  for goals and how you might express them.

NOTE Confidence: 0.842996590714286

 $00:06:40.940 \longrightarrow 00:06:42.915$  And then we have a,

NOTE Confidence: 0.842996590714286

00:06:42.920 --> 00:06:45.656 a worksheet and Linda's just putting

NOTE Confidence: 0.842996590714286

 $00:06:45.656 \longrightarrow 00:06:48.280$  in the chat now a handout that you

NOTE Confidence: 0.842996590714286

 $00:06:48.280 \longrightarrow 00:06:49.722$  can follow along that has some of

NOTE Confidence: 0.842996590714286

 $00:06:49.722 \longrightarrow 00:06:51.066$  these things so you don't feel like

NOTE Confidence: 0.842996590714286

 $00{:}06{:}51.066 \dashrightarrow 00{:}06{:}52.439$  you have to take a lot of notes.

NOTE Confidence: 0.842996590714286

 $00{:}06{:}52.440 \dashrightarrow 00{:}06{:}54.617$  And then part of it'll you'll also

NOTE Confidence: 0.842996590714286

 $00{:}06{:}54.617 \dashrightarrow 00{:}06{:}56.907$  use towards the end to think about

NOTE Confidence: 0.842996590714286

 $00:06:56.907 \longrightarrow 00:06:58.752$  almost having a deliverable for

NOTE Confidence: 0.842996590714286

 $00:06:58.752 \longrightarrow 00:07:00.943$  yourself of like starting to think

NOTE Confidence: 0.842996590714286

 $00{:}07{:}00.943 \dashrightarrow 00{:}07{:}03.048$  about goals that you often or

NOTE Confidence: 0.842996590714286

 $00{:}07{:}03.048 \dashrightarrow 00{:}07{:}05.308$  objectives that you often have in

NOTE Confidence: 0.842996590714286

 $00{:}07{:}05.308 \to 00{:}07{:}07.278$ your pre clerkship or clerkship

 $00:07:07.278 \longrightarrow 00:07:09.817$  or GME setting and how to maybe

NOTE Confidence: 0.842996590714286

 $00:07:09.817 \longrightarrow 00:07:11.743$  use some of the tools today

NOTE Confidence: 0.872952149666667

 $00:07:11.816 \longrightarrow 00:07:14.396$  to refine those and make those

NOTE Confidence: 0.872952149666667

 $00{:}07{:}14.396 \dashrightarrow 00{:}07{:}16.116$  more effective for yourself.

NOTE Confidence: 0.872952149666667

00:07:16.120 --> 00:07:19.438 So does everybody did you put the

NOTE Confidence: 0.872952149666667

 $00:07:19.440 \longrightarrow 00:07:22.104$  handout in there Linda. Awesome.

NOTE Confidence: 0.872952149666667

 $00:07:22.104 \longrightarrow 00:07:24.536$  So at the top the you'll see that

NOTE Confidence: 0.872952149666667

00:07:24.536 --> 00:07:26.247 there's a definition of communicating

NOTE Confidence: 0.872952149666667

 $00{:}07{:}26.247 \dashrightarrow 00{:}07{:}29.134$  goals and I'm I've put it here the

NOTE Confidence: 0.872952149666667

 $00:07:29.134 \longrightarrow 00:07:30.766$  establishment and explicit expression

NOTE Confidence: 0.872952149666667

 $00{:}07{:}30.766 \dashrightarrow 00{:}07{:}33.586$  for the teachers and or learners

NOTE Confidence: 0.872952149666667

 $00:07:33.586 \longrightarrow 00:07:35.958$  expectations for the learners.

NOTE Confidence: 0.872952149666667

 $00:07:35.960 \longrightarrow 00:07:37.415$  So we're really talking about

NOTE Confidence: 0.872952149666667

 $00:07:37.415 \longrightarrow 00:07:39.440$  goals we have for our learners,

NOTE Confidence: 0.872952149666667

 $00:07:39.440 \longrightarrow 00:07:40.968$  not despite our learners,

NOTE Confidence: 0.872952149666667

 $00:07:40.968 \longrightarrow 00:07:42.878$  but really for our learners.

 $00:07:42.880 \longrightarrow 00:07:44.973$  So in the lay definition of this

NOTE Confidence: 0.872952149666667

 $00:07:44.973 \longrightarrow 00:07:47.398$  might be why are our learners here?

NOTE Confidence: 0.872952149666667

00:07:47.400 --> 00:07:49.752 And this should be why this should be

NOTE Confidence: 0.872952149666667

00:07:49.752 --> 00:07:51.600 very motivating 'cause this is really

NOTE Confidence: 0.872952149666667

 $00:07:51.600 \longrightarrow 00:07:53.400$  about like what we're all doing.

NOTE Confidence: 0.872952149666667

 $00:07:53.400 \longrightarrow 00:07:55.224$  We're here and hoping that we

NOTE Confidence: 0.872952149666667

 $00:07:55.224 \longrightarrow 00:07:57.439$  have a goal that the knowledge,

NOTE Confidence: 0.872952149666667

 $00:07:57.440 \longrightarrow 00:08:00.440$  goals, skill, goal, attitude goals.

NOTE Confidence: 0.872952149666667

 $00:08:00.440 \longrightarrow 00:08:01.704$  Why are learners here?

NOTE Confidence: 0.872952149666667

 $00:08:01.704 \longrightarrow 00:08:03.600$  They're really here to learn this

NOTE Confidence: 0.872952149666667

 $00:08:03.658 \longrightarrow 00:08:05.758$  content and there's a lot of

NOTE Confidence: 0.872952149666667

 $00:08:05.758 \longrightarrow 00:08:07.158$  interactions when you're thinking

NOTE Confidence: 0.872952149666667

 $00{:}08{:}07.214 \dashrightarrow 00{:}08{:}08.704$  about content between teacher,

NOTE Confidence: 0.872952149666667

 $00:08:08.704 \longrightarrow 00:08:11.440$  what you might goals you might have for them.

NOTE Confidence: 0.872952149666667

 $00:08:11.440 \longrightarrow 00:08:12.680$  Learners have their own goals.

 $00:08:12.680 \longrightarrow 00:08:14.756$  We're going to talk about that.

NOTE Confidence: 0.872952149666667

 $00{:}08{:}14.760 \dashrightarrow 00{:}08{:}17.480$  But then you see these kind of layers

NOTE Confidence: 0.872952149666667

00:08:17.480 --> 00:08:20.713 around this triadic graphic here,

NOTE Confidence: 0.872952149666667

00:08:20.713 --> 00:08:24.488 that the goals might you might

NOTE Confidence: 0.872952149666667

 $00:08:24.488 \longrightarrow 00:08:25.040$  have your goals,

NOTE Confidence: 0.872952149666667

 $00:08:25.040 \longrightarrow 00:08:27.399$  but the goals also might be overlaid

NOTE Confidence: 0.872952149666667

 $00:08:27.399 \longrightarrow 00:08:30.096$  upon you by the office of curriculum or

NOTE Confidence: 0.872952149666667

 $00{:}08{:}30.096 \dashrightarrow 00{:}08{:}32.456$  the course director for the course or

NOTE Confidence: 0.872952149666667

 $00{:}08{:}32.456 \dashrightarrow 00{:}08{:}34.675$  the clerkship director or the OR the,

NOTE Confidence: 0.872952149666667

 $00{:}08{:}35.496 \dashrightarrow 00{:}08{:}37.536$  a CGME and the residency

NOTE Confidence: 0.872952149666667

 $00:08:37.536 \longrightarrow 00:08:38.352$  program requirements.

NOTE Confidence: 0.872952149666667

00:08:38.360 --> 00:08:41.167 So some of these goals for teaching

NOTE Confidence: 0.872952149666667

 $00{:}08{:}41.167 \dashrightarrow 00{:}08{:}42.701$  knowledge killer attitudes might

NOTE Confidence: 0.872952149666667

00:08:42.701 --> 00:08:45.634 be coming from you or they might be

NOTE Confidence: 0.872952149666667

 $00{:}08{:}45.634 \dashrightarrow 00{:}08{:}47.640$  coming from societies or schools.

 $00:08:47.640 \longrightarrow 00:08:50.268$  So there are a lot of layers that can

NOTE Confidence: 0.872952149666667

 $00{:}08{:}50.268 \dashrightarrow 00{:}08{:}52.246$  affect the context about how we have

NOTE Confidence: 0.872952149666667

 $00{:}08{:}52.246 \dashrightarrow 00{:}08{:}55.400$  to think about goals and how much

NOTE Confidence: 0.872952149666667

 $00:08:55.400 \longrightarrow 00:08:59.320$  variability we have over them or or control.

NOTE Confidence: 0.872952149666667

 $00:08:59.320 \longrightarrow 00:09:01.861$  But there's really the content is looming

NOTE Confidence: 0.872952149666667

 $00:09:01.861 \longrightarrow 00:09:04.638$  large here about why our learners are here.

NOTE Confidence: 0.872952149666667

 $00:09:04.640 \longrightarrow 00:09:06.728$  And I'll say at least in

NOTE Confidence: 0.872952149666667

00:09:06.728 --> 00:09:08.120 the Department of Medicine,

NOTE Confidence: 0.872952149666667

00:09:08.120 --> 00:09:11.680 our teaching evaluations are organized,

NOTE Confidence: 0.872952149666667

 $00:09:11.680 \longrightarrow 00:09:12.848$  that students,

NOTE Confidence: 0.872952149666667 00:09:12.848 --> 00:09:13.432 residents, NOTE Confidence: 0.872952149666667

 $00:09:13.432 \longrightarrow 00:09:16.040$  and fellows evaluate us by our learning

NOTE Confidence: 0.872952149666667

 $00{:}09{:}16.040 \dashrightarrow 00{:}09{:}17.822$  climate and our ability to teach

NOTE Confidence: 0.872952149666667

00:09:17.822 --> 00:09:19.556 and our ability to get feedback,

NOTE Confidence: 0.872952149666667 00:09:19.560 --> 00:09:19.948 etcetera. NOTE Confidence: 0.872952149666667  $00:09:19.948 \longrightarrow 00:09:22.664$  But we have a a question about

NOTE Confidence: 0.872952149666667

00:09:22.664 --> 00:09:23.440 communicating goals,

NOTE Confidence: 0.872952149666667

 $00:09:23.440 \longrightarrow 00:09:25.160$  and this is the one we do the worst AT.

NOTE Confidence: 0.872952149666667

 $00:09:25.160 \longrightarrow 00:09:27.246$  And I think that maybe some people

NOTE Confidence: 0.872952149666667

 $00:09:27.246 \longrightarrow 00:09:29.118$  have felt like they just don't

NOTE Confidence: 0.872952149666667

 $00:09:29.120 \longrightarrow 00:09:31.840$  realize that the learners value

NOTE Confidence: 0.872952149666667

 $00:09:31.840 \longrightarrow 00:09:35.080$  goals that they really do want.

NOTE Confidence: 0.872952149666667

 $00:09:35.080 \longrightarrow 00:09:37.582$  It really decreases anxiety for the

NOTE Confidence: 0.872952149666667

00:09:37.582 --> 00:09:40.016 learners to know explicitly what you

NOTE Confidence: 0.872952149666667

00:09:40.016 --> 00:09:42.438 want because you really do have goals,

NOTE Confidence: 0.872952149666667

 $00:09:42.440 \longrightarrow 00:09:43.436$  even if you don't say them,

NOTE Confidence: 0.872952149666667

00:09:43.440 --> 00:09:45.860 you do know that you want things you

NOTE Confidence: 0.872952149666667

 $00:09:45.860 \longrightarrow 00:09:47.840$  expect for them to know and to do and

NOTE Confidence: 0.872952149666667

 $00:09:47.897 \longrightarrow 00:09:49.548$  to behave professionally, etcetera.

NOTE Confidence: 0.872952149666667

 $00:09:49.548 \longrightarrow 00:09:52.012$  So This is why I'm hoping this is

NOTE Confidence: 0.872952149666667

 $00{:}09{:}52.012 \dashrightarrow 00{:}09{:}54.528$  a fairly motivational activity to

00:09:54.528 --> 00:09:57.408 be thinking about getting better

NOTE Confidence: 0.872952149666667

00:09:57.408 --> 00:09:58.904 at because goals.

NOTE Confidence: 0.872952149666667

00:09:58.904 --> 00:09:59.936 And you know,

NOTE Confidence: 0.872952149666667

 $00:09:59.936 \longrightarrow 00:10:02.440$  we're using the term goal a little

NOTE Confidence: 0.872952149666667

 $00:10:02.440 \longrightarrow 00:10:05.272$  bit vaguely in here as kind of

NOTE Confidence: 0.872952149666667

 $00:10:05.272 \longrightarrow 00:10:07.248$  synonymous with some other terms

NOTE Confidence: 0.872952149666667

 $00:10:07.248 \longrightarrow 00:10:08.560$  like learning objectives or

NOTE Confidence: 0.872952149666667

 $00:10:08.560 \longrightarrow 00:10:10.200$  educational objectives or you know,

NOTE Confidence: 0.872952149666667

 $00:10:10.200 \longrightarrow 00:10:11.168$  outcomes etcetera.

NOTE Confidence: 0.872952149666667

 $00:10:11.168 \longrightarrow 00:10:14.556$  They're for purposes of our discussion today,

NOTE Confidence: 0.872952149666667

 $00:10:14.560 \longrightarrow 00:10:16.010$  we're going to use them

NOTE Confidence: 0.872952149666667

 $00:10:16.010 \longrightarrow 00:10:16.880$  a bit interchangeably,

NOTE Confidence: 0.872952149666667

 $00{:}10{:}16.880 \dashrightarrow 00{:}10{:}18.680$  but they really help your learners

NOTE Confidence: 0.872952149666667

 $00:10:18.680 \longrightarrow 00:10:19.880$  know what to master.

NOTE Confidence: 0.813156235833333

 $00:10:19.880 \longrightarrow 00:10:20.937$  You know, if you have a goal

00:10:20.937 --> 00:10:22.112 for a session and pre, you know,

NOTE Confidence: 0.813156235833333

 $00{:}10{:}22.112 \to 00{:}10{:}23.680$  in your anatomy course or you have a

NOTE Confidence: 0.813156235833333

 $00:10:23.731 \longrightarrow 00:10:25.397$  goal at the beginning of the clerkship,

NOTE Confidence: 0.813156235833333

 $00:10:25.400 \longrightarrow 00:10:26.816$  you have a goal at the

NOTE Confidence: 0.813156235833333

 $00:10:26.816 \longrightarrow 00:10:27.760$  beginning of your residency.

NOTE Confidence: 0.813156235833333

00:10:27.760 --> 00:10:29.560 You know, if you don't have a goal,

NOTE Confidence: 0.813156235833333

 $00:10:29.560 \longrightarrow 00:10:31.360$  part of part of the mastery learning cycle

NOTE Confidence: 0.813156235833333

00:10:31.360 --> 00:10:33.117 is having learners where they're going,

NOTE Confidence: 0.813156235833333

 $00:10:33.120 \longrightarrow 00:10:35.280$  where are they going, what,

NOTE Confidence: 0.813156235833333

 $00:10:35.280 \longrightarrow 00:10:36.708$  what am I supposed to know

NOTE Confidence: 0.813156235833333

 $00:10:36.708 \longrightarrow 00:10:38.320$  by the end of this time?

NOTE Confidence: 0.813156235833333

 $00:10:38.320 \longrightarrow 00:10:39.720$  So then it helps you by them

NOTE Confidence: 0.813156235833333

00:10:39.720 --> 00:10:41.040 knowing what the goal is, you know,

NOTE Confidence: 0.813156235833333

 $00{:}10{:}41.040 \dashrightarrow 00{:}10{:}42.000$  starting with the end in mind.

NOTE Confidence: 0.813156235833333

00:10:42.000 --> 00:10:44.280 It helps you know what content

NOTE Confidence: 0.813156235833333

 $00{:}10{:}44.280 \dashrightarrow 00{:}10{:}46.380$  and other things that you need

 $00:10:46.380 \longrightarrow 00:10:47.827$  to provide the learner for,

NOTE Confidence: 0.813156235833333

 $00:10:47.827 \longrightarrow 00:10:50.240$  for them to be able to reach their goal.

NOTE Confidence: 0.813156235833333

 $00:10:50.240 \longrightarrow 00:10:52.160$  And then there's a shared mental

NOTE Confidence: 0.813156235833333

 $00:10:52.160 \longrightarrow 00:10:54.279$  model that seems very fair to them,

NOTE Confidence: 0.813156235833333

 $00:10:54.280 \longrightarrow 00:10:55.888$  that there's a shared idea of

NOTE Confidence: 0.813156235833333

 $00:10:55.888 \longrightarrow 00:10:57.680$  how you're going to assess them.

NOTE Confidence: 0.813156235833333

00:10:57.680 --> 00:11:00.410 So if you were to just start giving them,

NOTE Confidence: 0.813156235833333 00:11:00.410 --> 00:11:00.940 you know,

NOTE Confidence: 0.813156235833333

 $00:11:00.940 \longrightarrow 00:11:02.814$  a course on microbiology and not tell

NOTE Confidence: 0.813156235833333

 $00:11:02.814 \longrightarrow 00:11:04.702$  them what the goals are or what you

NOTE Confidence: 0.813156235833333

00:11:04.702 --> 00:11:06.478 expected the learner to know at the end,

NOTE Confidence: 0.813156235833333

 $00:11:06.480 \longrightarrow 00:11:08.160$  and then you gave them a test

NOTE Confidence: 0.813156235833333

00:11:08.160 --> 00:11:10.995 at the end that might feel very

NOTE Confidence: 0.813156235833333

 $00:11:11.000 \longrightarrow 00:11:12.348$  uncomfortable or challenging and

NOTE Confidence: 0.813156235833333

00:11:12.348 --> 00:11:14.033 potentially not fair for them.

00:11:14.040 --> 00:11:14.480 Similarly,

NOTE Confidence: 0.813156235833333

00:11:14.480 --> 00:11:16.240 in the clinical arena,

NOTE Confidence: 0.813156235833333

 $00:11:16.240 \longrightarrow 00:11:17.356$  at the end of the rotation,

NOTE Confidence: 0.813156235833333

00:11:17.360 --> 00:11:18.837 you give them feedback that they didn't,

NOTE Confidence: 0.813156235833333

 $00:11:19.398 \longrightarrow 00:11:21.351$  present with this kind of efficiency or

NOTE Confidence: 0.813156235833333

 $00:11:21.351 \longrightarrow 00:11:23.291$  they didn't write their notes by this

NOTE Confidence: 0.813156235833333

 $00:11:23.291 \longrightarrow 00:11:25.558$  time or they didn't do some sort of thing.

NOTE Confidence: 0.813156235833333

 $00:11:25.560 \longrightarrow 00:11:28.224$  Then you don't have the shared mental

NOTE Confidence: 0.813156235833333

00:11:28.224 --> 00:11:30.630 model that's very explicit about what

NOTE Confidence: 0.813156235833333

 $00{:}11{:}30.630 \dashrightarrow 00{:}11{:}32.190$  you want them to do and that they

NOTE Confidence: 0.813156235833333

 $00:11:32.235 \longrightarrow 00:11:33.915$  understand and can contribute to that.

NOTE Confidence: 0.813156235833333

 $00:11:33.920 \longrightarrow 00:11:37.280$  So this is hopefully feeling motivating

NOTE Confidence: 0.813156235833333

 $00:11:37.280 \longrightarrow 00:11:40.000$  that and the relevant statement for why.

NOTE Confidence: 0.813156235833333

 $00:11:40.000 \longrightarrow 00:11:42.040$  By the end of this hour,

NOTE Confidence: 0.813156235833333

 $00{:}11{:}42.040 \dashrightarrow 00{:}11{:}44.126$  I'm hoping that we will meet our

00:11:44.126 --> 00:11:46.158 learning objectives of you feeling more

NOTE Confidence: 0.813156235833333

 $00:11:46.158 \longrightarrow 00:11:47.953$  effective in in communicating goals.

NOTE Confidence: 0.813156235833333 00:11:47.960 --> 00:11:48.824 All right. NOTE Confidence: 0.813156235833333

 $00:11:48.824 \longrightarrow 00:11:52.280$  So we're going to talk about three things.

NOTE Confidence: 0.81315623583333300:11:52.280 --> 00:11:52.696 We'll talk. NOTE Confidence: 0.813156235833333

00:11:52.696 --> 00:11:53.736 We're going to start talking

NOTE Confidence: 0.813156235833333

 $00:11:53.736 \longrightarrow 00:11:55.142$  about types of goals and this is

NOTE Confidence: 0.813156235833333

 $00{:}11{:}55.142 \dashrightarrow 00{:}11{:}56.252$  where we're going to talk about

NOTE Confidence: 0.813156235833333

 $00{:}11{:}56.297 \dashrightarrow 00{:}11{:}57.317$  ends goals and means goals.

NOTE Confidence: 0.813156235833333

 $00:11:57.320 \longrightarrow 00:12:00.280$  And I'll define those brief word on timing.

NOTE Confidence: 0.813156235833333

 $00:12:00.280 \longrightarrow 00:12:02.198$  And then we're going to get into

NOTE Confidence: 0.813156235833333

 $00:12:02.200 \longrightarrow 00:12:04.280$  kind of the key components of how we

NOTE Confidence: 0.813156235833333

 $00{:}12{:}04.280 \dashrightarrow 00{:}12{:}06.398$  can get better in expressing goal.

NOTE Confidence: 0.813156235833333

 $00{:}12{:}06.400 \to 00{:}12{:}08.675$  And and please interrupt at any time.

NOTE Confidence: 0.813156235833333

 $00:12:08.680 \longrightarrow 00:12:10.598$  I am not seeing the chat actively,

 $00:12:10.600 \longrightarrow 00:12:14.025$  but I'm trusting that Andres can

NOTE Confidence: 0.813156235833333

 $00{:}12{:}14.025 \dashrightarrow 00{:}12{:}17.116$  decide if he wants to interrupt me.

NOTE Confidence: 0.813156235833333 00:12:17.120 --> 00:12:17.760 All right. NOTE Confidence: 0.813156235833333

 $00:12:17.760 \longrightarrow 00:12:20.540$  So the first thing is just this or

NOTE Confidence: 0.813156235833333

 $00:12:20.540 \longrightarrow 00:12:23.240$  for your consideration A terminology.

NOTE Confidence: 0.813156235833333

00:12:23.240 --> 00:12:25.520 So you can consider two types of goals.

NOTE Confidence: 0.813156235833333

 $00:12:25.520 \longrightarrow 00:12:27.000$  Ends goals and means goals.

NOTE Confidence: 0.813156235833333

 $00:12:27.000 \longrightarrow 00:12:28.824$  So an end goal would be AC if

NOTE Confidence: 0.813156235833333

 $00{:}12{:}28.824 \dashrightarrow 00{:}12{:}30.810$  you have a learner here at the

NOTE Confidence: 0.813156235833333

00:12:30.810 --> 00:12:32.280 beginning T1 like time one.

NOTE Confidence: 0.813156235833333

 $00{:}12{:}32.280 \dashrightarrow 00{:}12{:}34.478$  This could be at the beginning of

NOTE Confidence: 0.813156235833333

00:12:34.480 --> 00:12:36.874 grand rounds talk or at the beginning

NOTE Confidence: 0.813156235833333

 $00:12:36.874 \longrightarrow 00:12:38.923$  of the clerkship block or the

NOTE Confidence: 0.813156235833333

 $00{:}12{:}38.923 \to 00{:}12{:}41.068$  beginning of some you know internship.

NOTE Confidence: 0.813156235833333

 $00:12:41.068 \longrightarrow 00:12:42.199$  Could really depend.

NOTE Confidence: 0.813156235833333

 $00:12:42.200 \longrightarrow 00:12:43.676$  Some of you are here thinking

00:12:43.676 --> 00:12:45.400 about goals for a whole course,

NOTE Confidence: 0.813156235833333

 $00:12:45.400 \longrightarrow 00:12:46.678$  some of you are here thinking

NOTE Confidence: 0.813156235833333

 $00:12:46.678 \longrightarrow 00:12:47.530$  about goals for a

NOTE Confidence: 0.881490505833333

 $00:12:47.582 \longrightarrow 00:12:48.400$  teaching sessions.

NOTE Confidence: 0.881490505833333

00:12:48.400 --> 00:12:51.040 So whatever you're picturing right now,

NOTE Confidence: 0.881490505833333

 $00:12:51.040 \longrightarrow 00:12:53.456$  the, the, if you have a learner

NOTE Confidence: 0.881490505833333

00:12:53.456 --> 00:12:55.458 that's at time one, your end goal,

NOTE Confidence: 0.881490505833333

 $00:12:55.458 \longrightarrow 00:12:57.840$  is it really at the end of that time,

NOTE Confidence: 0.881490505833333

00:12:57.840 --> 00:12:59.358 time 2, we'll call, you know,

NOTE Confidence: 0.881490505833333

 $00:12:59.360 \longrightarrow 00:13:00.914$  what do you want for your learner?

NOTE Confidence: 0.881490505833333

00:13:00.920 --> 00:13:01.529 You know what?

NOTE Confidence: 0.881490505833333

 $00:13:01.529 \longrightarrow 00:13:03.599$  What is your goal for the end of that time?

NOTE Confidence: 0.881490505833333

 $00{:}13{:}03.600 \dashrightarrow 00{:}13{:}05.319$  You know it could be just a knowledge goal.

NOTE Confidence: 0.881490505833333

 $00:13:05.320 \longrightarrow 00:13:07.600$  It could be an outcome goal.

NOTE Confidence: 0.881490505833333

 $00:13:07.600 \longrightarrow 00:13:10.280$  What What is your thought at the end?

00:13:10.280 --> 00:13:11.684 And we're gonna be talking about

NOTE Confidence: 0.881490505833333

00:13:11.684 --> 00:13:13.200 how to get better and verbalizing

NOTE Confidence: 0.881490505833333

00:13:13.200 --> 00:13:14.796 that but it's what you're hoping

NOTE Confidence: 0.881490505833333

 $00:13:14.796 \longrightarrow 00:13:16.595$  for them by the end of the session.

NOTE Confidence: 0.881490505833333

 $00:13:16.600 \longrightarrow 00:13:19.282$  However you define that means goals

NOTE Confidence: 0.881490505833333

 $00:13:19.282 \longrightarrow 00:13:22.654$  are the what are the educational

NOTE Confidence: 0.881490505833333

 $00:13:22.654 \longrightarrow 00:13:24.616$  activities that you're gonna recommend

NOTE Confidence: 0.881490505833333

00:13:24.616 --> 00:13:27.362 or that they can come up with that are

NOTE Confidence: 0.881490505833333

00:13:27.362 --> 00:13:29.300 gonna help them meet that goal right.

NOTE Confidence: 0.881490505833333

 $00:13:29.300 \longrightarrow 00:13:31.060$  So ends is where do they gonna be

NOTE Confidence: 0.881490505833333

 $00{:}13{:}31.060 \dashrightarrow 00{:}13{:}33.054$  at the at the end and the means

NOTE Confidence: 0.881490505833333

 $00:13:33.054 \longrightarrow 00:13:34.866$  goals are how what are the activities

NOTE Confidence: 0.881490505833333

 $00:13:34.866 \longrightarrow 00:13:36.798$  So they should be action verbs what

NOTE Confidence: 0.881490505833333

00:13:36.798 --> 00:13:38.592 are the activities that they're gonna

NOTE Confidence: 0.881490505833333

 $00:13:38.592 \longrightarrow 00:13:40.920$  do to be able to meet that end goal.

NOTE Confidence: 0.881490505833333

00:13:40.920 --> 00:13:44.277 Now if some of you just are doing a

00:13:44.280 --> 00:13:47.088 end goal for thinking about learning

NOTE Confidence: 0.881490505833333

 $00:13:47.088 \longrightarrow 00:13:49.840$  objectives for a talk like by the end

NOTE Confidence: 0.881490505833333

 $00:13:49.840 \longrightarrow 00:13:51.907$  of this session I want you to be able

NOTE Confidence: 0.881490505833333

 $00:13:51.907 \longrightarrow 00:13:53.855$  to articulate goals or I want you to

NOTE Confidence: 0.881490505833333

 $00{:}13{:}53.855 \dashrightarrow 00{:}13{:}55.517$  define ends goals and means goals.

NOTE Confidence: 0.881490505833333

00:13:55.520 --> 00:13:57.376 The educational activity might

NOTE Confidence: 0.881490505833333

 $00:13:57.376 \longrightarrow 00:13:59.136$  be pay attention,

NOTE Confidence: 0.881490505833333

 $00{:}13{:}59.136 \dashrightarrow 00{:}14{:}02.004$  listen to me and that's the activity.

NOTE Confidence: 0.881490505833333

00:14:02.004 --> 00:14:04.108 Or it may be that I'm going to have

NOTE Confidence: 0.881490505833333

 $00:14:04.108 \longrightarrow 00:14:05.985$  you watch a video and it may be that

NOTE Confidence: 0.881490505833333

 $00:14:05.985 \longrightarrow 00:14:07.759$  I'm going to have you do a worksheet.

NOTE Confidence: 0.881490505833333

00:14:07.760 --> 00:14:09.566 But some just content heavy things

NOTE Confidence: 0.881490505833333

 $00{:}14{:}09.566 \dashrightarrow 00{:}14{:}12.160$  might be just and so I'm going to help

NOTE Confidence: 0.881490505833333

 $00{:}14{:}12.160 \dashrightarrow 00{:}14{:}14.333$  you get there because I'm going to I'm

NOTE Confidence: 0.881490505833333

 $00:14:14.333 \longrightarrow 00:14:16.450$  going to teach you with my words So

00:14:16.450 --> 00:14:18.480 I'm gonna just give you some examples.

NOTE Confidence: 0.881490505833333

 $00:14:18.480 \longrightarrow 00:14:21.000$  So here's for example you know we

NOTE Confidence: 0.881490505833333

 $00:14:21.000 \longrightarrow 00:14:24.336$  can but we can bunch domains of of

NOTE Confidence: 0.881490505833333

00:14:24.336 --> 00:14:26.975 of goals into knowledge skill and

NOTE Confidence: 0.881490505833333

 $00:14:26.975 \longrightarrow 00:14:29.285$  attitudes and so you can imagine

NOTE Confidence: 0.881490505833333

00:14:29.285 --> 00:14:31.725 any of you on here you could have

NOTE Confidence: 0.881490505833333

 $00:14:31.725 \longrightarrow 00:14:33.356$  your own knowledge goal I'm sure

NOTE Confidence: 0.881490505833333

 $00{:}14{:}33.356 \dashrightarrow 00{:}14{:}35.078$  like Andres Martin might have some

NOTE Confidence: 0.881490505833333

00:14:35.080 --> 00:14:37.672 child psychiatry knowledge goal.

NOTE Confidence: 0.881490505833333

00:14:37.672 --> 00:14:39.855 John and Candela might have something

NOTE Confidence: 0.881490505833333

 $00{:}14{:}39.855 \dashrightarrow 00{:}14{:}42.199$  about a skill of running a focus group.

NOTE Confidence: 0.881490505833333

 $00:14:42.200 \longrightarrow 00:14:45.320$  So just as an example,

NOTE Confidence: 0.881490505833333

00:14:45.320 --> 00:14:46.004 let's Chris,

NOTE Confidence: 0.881490505833333

 $00:14:46.004 \longrightarrow 00:14:48.398$  say we have a cardiologist on here

NOTE Confidence: 0.881490505833333

 $00:14:48.398 \longrightarrow 00:14:51.026$  or maybe Chris think he wants his

NOTE Confidence: 0.881490505833333

 $00:14:51.026 \longrightarrow 00:14:53.156$  student to understand heart failure.

 $00:14:53.160 \longrightarrow 00:14:54.672$  So I want you to be able to

NOTE Confidence: 0.881490505833333

 $00{:}14{:}54.672 \dashrightarrow 00{:}14{:}55.440$  understand heart failure.

NOTE Confidence: 0.881490505833333

 $00:14:55.440 \longrightarrow 00:14:57.036$  We're going to come back about maybe

NOTE Confidence: 0.881490505833333

 $00:14:57.036 \longrightarrow 00:14:58.679$  why that verb is not the greatest,

NOTE Confidence: 0.881490505833333

 $00:14:58.680 \longrightarrow 00:14:58.880$  but

NOTE Confidence: 0.871900320526316

 $00:15:01.120 \longrightarrow 00:15:03.028$  what would be some mean what

NOTE Confidence: 0.871900320526316

 $00:15:03.028 \longrightarrow 00:15:04.823$  what could that learner do to

NOTE Confidence: 0.871900320526316

 $00:15:04.823 \longrightarrow 00:15:06.440$  be able to get to that goal?

NOTE Confidence: 0.871900320526316

00:15:06.440 --> 00:15:09.560 So you know, Chris might recommend you know,

NOTE Confidence: 0.871900320526316

00:15:09.560 --> 00:15:11.160 read this chapter, you know,

NOTE Confidence: 0.871900320526316

00:15:11.160 --> 00:15:13.578 go to up to date, read this thing,

NOTE Confidence: 0.871900320526316

00:15:13.578 --> 00:15:15.630 do that rotation, you know,

NOTE Confidence: 0.871900320526316

 $00{:}15{:}15.630 \dashrightarrow 00{:}15{:}17.510$  go to the SIM center and do that

NOTE Confidence: 0.871900320526316

 $00{:}15{:}17.572 \dashrightarrow 00{:}15{:}19.480$  simulation and get feedback on it.

NOTE Confidence: 0.871900320526316

 $00:15:19.480 \longrightarrow 00:15:20.800$  So you can see that you've

 $00:15:20.800 \longrightarrow 00:15:22.184$  got these action verbs, read,

NOTE Confidence: 0.871900320526316

 $00{:}15{:}22.184 \dashrightarrow 00{:}15{:}24.200$  rotate, do a simulation.

NOTE Confidence: 0.871900320526316

 $00:15:24.200 \longrightarrow 00:15:26.560$  And we really like to have ideally a

NOTE Confidence: 0.871900320526316

 $00:15:26.560 \longrightarrow 00:15:29.078$  couple of different means goals because

NOTE Confidence: 0.871900320526316

 $00:15:29.080 \longrightarrow 00:15:30.405$  learners sometimes learn differently and

NOTE Confidence: 0.871900320526316

 $00:15:30.405 \longrightarrow 00:15:32.398$  maybe they want to have it be hands on.

NOTE Confidence: 0.871900320526316

00:15:32.400 --> 00:15:33.600 Maybe sometimes people would

NOTE Confidence: 0.871900320526316

 $00:15:33.600 \longrightarrow 00:15:34.800$  rather watch a video.

NOTE Confidence: 0.871900320526316

 $00{:}15{:}34.800 \dashrightarrow 00{:}15{:}37.359$  Maybe they need options because they

NOTE Confidence: 0.871900320526316

 $00:15:37.359 \longrightarrow 00:15:39.872$  can't do the CC rotation because it's

NOTE Confidence: 0.871900320526316

 $00:15:39.872 \longrightarrow 00:15:42.163$  booked up or not available to them.

NOTE Confidence: 0.871900320526316

 $00:15:42.163 \longrightarrow 00:15:43.968$  Maybe they need something other

NOTE Confidence: 0.871900320526316

 $00:15:43.968 \longrightarrow 00:15:45.603$  than simulation because they don't

NOTE Confidence: 0.871900320526316

 $00{:}15{:}45.603 \dashrightarrow 00{:}15{:}47.591$  have a SIM center where they are,

NOTE Confidence: 0.871900320526316

 $00:15:47.600 \longrightarrow 00:15:49.805$  so just being able to have or or maybe

NOTE Confidence: 0.871900320526316

 $00:15:49.805 \longrightarrow 00:15:51.892$  the first means goal that you got

 $00:15:51.892 \longrightarrow 00:15:54.079$  them didn't help them meet their ends.

NOTE Confidence: 0.871900320526316

 $00:15:54.080 \longrightarrow 00:15:55.656$  It really wasn't enough.

NOTE Confidence: 0.871900320526316

 $00:15:55.656 \longrightarrow 00:15:58.474$  So coming up with brainstorming a variety

NOTE Confidence: 0.871900320526316

 $00:15:58.474 \longrightarrow 00:16:01.543$  of activities to help them a skill goal.

NOTE Confidence: 0.871900320526316 00:16:01.543 --> 00:16:01.924 Similarly, NOTE Confidence: 0.871900320526316

 $00:16:01.924 \longrightarrow 00:16:05.045$  like a skill could be a communication

NOTE Confidence: 0.871900320526316

00:16:05.045 --> 00:16:07.116 skill or it could be a psychomotor skill,

NOTE Confidence: 0.871900320526316

 $00:16:07.120 \longrightarrow 00:16:08.998$  it could be a procedural skill.

NOTE Confidence: 0.871900320526316

 $00:16:09.000 \longrightarrow 00:16:10.480$  So place a central line.

NOTE Confidence: 0.871900320526316

 $00:16:10.480 \longrightarrow 00:16:12.433$  I want you to be able to place a

NOTE Confidence: 0.871900320526316

 $00{:}16{:}12.433 \dashrightarrow 00{:}16{:}14.440$  central line and so how can you do that?

NOTE Confidence: 0.871900320526316

 $00:16:14.440 \longrightarrow 00:16:17.080$  Here's some examples again here

NOTE Confidence: 0.871900320526316

 $00:16:17.080 \longrightarrow 00:16:18.139$  and then attitudes.

NOTE Confidence: 0.871900320526316

 $00:16:18.139 \dashrightarrow 00:16:21.160$  I see Andre's got your your hand raised.

NOTE Confidence: 0.871900320526316

00:16:21.160 --> 00:16:23.800 I'll just say this last thing,

 $00:16:23.800 \longrightarrow 00:16:26.720$  an end goal might be be patient centered.

NOTE Confidence: 0.871900320526316

 $00{:}16{:}26.720 \dashrightarrow 00{:}16{:}28.239$  I want you to be patient centered.

NOTE Confidence: 0.871900320526316

 $00:16:28.240 \longrightarrow 00:16:32.120$  I want you to be whatever you know

NOTE Confidence: 0.871900320526316

 $00:16:32.120 \longrightarrow 00:16:35.386$  learner centered or be respectful and

NOTE Confidence: 0.871900320526316

 $00:16:35.386 \longrightarrow 00:16:38.116$  here's some some potential activities

NOTE Confidence: 0.871900320526316

00:16:38.120 --> 00:16:40.360 here that you might be thinking about

NOTE Confidence: 0.871900320526316

00:16:40.360 --> 00:16:42.560 interviewing a patient getting feedback,

NOTE Confidence: 0.871900320526316

 $00:16:42.560 \longrightarrow 00:16:44.012$  reading the mirrors criteria.

NOTE Confidence: 0.871900320526316

00:16:44.012 --> 00:16:46.840 Andres did you want to ask something

NOTE Confidence: 0.90559427882353

00:16:51.840 --> 00:16:54.162 not me but Chris Sankey has a very good

NOTE Confidence: 0.90559427882353

 $00:16:54.162 \longrightarrow 00:16:56.237$  comment that I think we could expand on.

NOTE Confidence: 0.90559427882353

00:16:56.240 --> 00:16:57.479 So Chris, do you want to share

NOTE Confidence: 0.90559427882353

00:16:57.479 --> 00:16:58.598 with the group and with Dana.

NOTE Confidence: 0.634854926

 $00{:}17{:}02.080 \dashrightarrow 00{:}17{:}05.920$  Oh sure, I I I'm just merely under score.

NOTE Confidence: 0.634854926

 $00:17:05.920 \longrightarrow 00:17:09.853$  The I I think the essentiality so

NOTE Confidence: 0.634854926

 $00:17:09.853 \longrightarrow 00:17:13.304$  to speak of of actually making the

 $00:17:13.304 \longrightarrow 00:17:15.128$  difference between sort of ends

NOTE Confidence: 0.634854926

 $00{:}17{:}15.128 \operatorname{--}{>} 00{:}17{:}16.878$  goals and means goals. Because in my

NOTE Confidence: 0.8392094

 $00:17:17.520 \longrightarrow 00:17:19.000$  experience with both you and me

NOTE Confidence: 0.8392094

00:17:19.000 --> 00:17:21.200 and GME learners, if you sit

NOTE Confidence: 0.962694674285714

 $00:17:21.200 \longrightarrow 00:17:24.000$  down and ask the learner to identify

NOTE Confidence: 0.87418825125

 $00:17:24.360 \longrightarrow 00:17:26.420$  their for whatever experience

NOTE Confidence: 0.87418825125

 $00:17:26.420 \longrightarrow 00:17:28.480$  you're about to start,

NOTE Confidence: 0.6689463225

00:17:29.520 --> 00:17:32.740 I I, I have invariably gotten knowledge

NOTE Confidence: 0.6689463225

 $00{:}17{:}32.740 \dashrightarrow 00{:}17{:}35.420$  based ends goals like I want to

NOTE Confidence: 0.6689463225

 $00:17:35.420 \longrightarrow 00:17:38.072$  be better at EKGS, I want to be.

NOTE Confidence: 0.6689463225

00:17:38.072 --> 00:17:40.162 I want to understand antibiotics

NOTE Confidence: 0.6689463225

 $00:17:40.162 \longrightarrow 00:17:42.520$  and like they they tend to sort

NOTE Confidence: 0.6689463225

 $00{:}17{:}42.520 \dashrightarrow 00{:}17{:}44.799$  of make sense at face value.

NOTE Confidence: 0.6689463225

00:17:44.799 --> 00:17:46.310 But in my experience,

NOTE Confidence: 0.6689463225

 $00:17:46.310 \longrightarrow 00:17:50.240$  it's a recipe for total lack of success

 $00:17:50.240 \longrightarrow 00:17:53.480$  in in really achieving and meaningful.

NOTE Confidence: 0.6689463225

00:17:53.480 --> 00:17:56.119 Because at the end of the experience,

NOTE Confidence: 0.6689463225

00:17:56.120 --> 00:17:57.038 you sit back down, you say,

NOTE Confidence: 0.6689463225

00:17:57.040 --> 00:17:58.440 I don't know anything more about EKGS.

NOTE Confidence: 0.6689463225

 $00:17:58.440 \longrightarrow 00:18:00.920$  Do you feel antibiotics and you get sort

NOTE Confidence: 0.941083971428571

 $00:18:00.920 \longrightarrow 00:18:03.040$  of some form of a shoulder shrug. So

NOTE Confidence: 0.836404843333333

 $00:18:03.640 \longrightarrow 00:18:05.278$  if you're explicit about the difference

NOTE Confidence: 0.836404843333333

 $00:18:05.280 \longrightarrow 00:18:06.660$  between ends goals and means goals,

NOTE Confidence: 0.836404843333333

00:18:06.660 --> 00:18:08.700 you can really have some meaningful

NOTE Confidence: 0.836404843333333

 $00:18:08.700 \longrightarrow 00:18:10.400$  discussions about different

NOTE Confidence: 0.836404843333333

 $00:18:10.400 \longrightarrow 00:18:14.040$  domains like behaviors, skills,

NOTE Confidence: 0.836404843333333

 $00:18:14.040 \longrightarrow 00:18:17.640$  attitudes and specific behaviors that can

NOTE Confidence: 0.836404843333333

 $00:18:17.640 \longrightarrow 00:18:20.360$  more effectively tracked and achieved.

NOTE Confidence: 0.836404843333333

00:18:20.360 --> 00:18:22.792 Yeah, yes. And I'm setting myself

NOTE Confidence: 0.836404843333333

00:18:22.792 --> 00:18:25.446 up here to be using some poor ends

NOTE Confidence: 0.836404843333333

00:18:25.446 --> 00:18:27.761 goals verbs here of understanding

00:18:27.761 --> 00:18:30.440 'cause that's not very behavioral,

NOTE Confidence: 0.836404843333333

 $00:18:30.440 \longrightarrow 00:18:31.820$  it's not very observable.

NOTE Confidence: 0.836404843333333

 $00:18:31.820 \longrightarrow 00:18:34.200$  So we'll talk about how we can help

NOTE Confidence: 0.836404843333333

 $00:18:34.200 \longrightarrow 00:18:35.700$  either when we're expressing or when

NOTE Confidence: 0.836404843333333

00:18:35.754 --> 00:18:37.609 we're learners are coming to us with

NOTE Confidence: 0.836404843333333

00:18:37.609 --> 00:18:39.283 goals that they're expressing to help

NOTE Confidence: 0.836404843333333

 $00:18:39.283 \longrightarrow 00:18:41.912$  them use some some behaviors that

NOTE Confidence: 0.836404843333333

00:18:41.912 --> 00:18:44.684 I'll I'll talk about after we talk

NOTE Confidence: 0.836404843333333

 $00{:}18{:}44.684 \dashrightarrow 00{:}18{:}47.558$  about timing to help it be less vague.

NOTE Confidence: 0.836404843333333

00:18:47.560 --> 00:18:49.580 But I just wanted to make the hopefully

NOTE Confidence: 0.836404843333333

00:18:49.580 --> 00:18:51.120 you're getting just the the idea here,

NOTE Confidence: 0.836404843333333

 $00:18:51.120 \longrightarrow 00:18:52.288$  but the definition between

NOTE Confidence: 0.836404843333333

 $00{:}18{:}52.288 {\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}} 00{:}18{:}54.040$  ends goals and a mean goal.

NOTE Confidence: 0.836404843333333

00:18:54.040 --> 00:18:55.692 Because some people to

NOTE Confidence: 0.836404843333333

00:18:55.692 --> 00:18:57.757 Chris's point are very endsy.

00:18:57.760 --> 00:18:59.545 And you know you're you're an advisor

NOTE Confidence: 0.836404843333333

 $00:18:59.545 \longrightarrow 00:19:01.470$  to somebody or you might be a coach

NOTE Confidence: 0.836404843333333

 $00:19:01.470 \longrightarrow 00:19:03.413$  to somebody or you might be a program

NOTE Confidence: 0.836404843333333

 $00:19:03.413 \longrightarrow 00:19:05.067$  director and people your learner will

NOTE Confidence: 0.836404843333333

 $00:19:05.067 \longrightarrow 00:19:08.113$  come in and say I want to be able to get

NOTE Confidence: 0.836404843333333

00:19:08.113 --> 00:19:09.478 better and teaching clinical reasoning.

NOTE Confidence: 0.836404843333333

00:19:09.480 --> 00:19:11.559 And a lot of us would just be like,

NOTE Confidence: 0.836404843333333

 $00:19:11.560 \longrightarrow 00:19:13.240$  OK, good luck with that.

NOTE Confidence: 0.836404843333333

 $00{:}19{:}13.240 \dashrightarrow 00{:}19{:}14.398$  That sounds like a great goal,

NOTE Confidence: 0.836404843333333

00:19:14.400 --> 00:19:17.520 but we're not so mindful about like how,

NOTE Confidence: 0.836404843333333

 $00:19:17.520 \longrightarrow 00:19:19.116$  how are you going to do that?

NOTE Confidence: 0.836404843333333

00:19:19.120 --> 00:19:19.920 I've got this great book,

NOTE Confidence: 0.836404843333333

00:19:19.920 --> 00:19:22.278 Teaching in the Hospital, Chapter 3,

NOTE Confidence: 0.836404843333333

00:19:22.280 --> 00:19:24.240 How to Teach Clinical Reasoning.

NOTE Confidence: 0.836404843333333

 $00:19:24.240 \longrightarrow 00:19:25.832$  Here's like an app on your phone that

NOTE Confidence: 0.836404843333333

 $00:19:25.832 \longrightarrow 00:19:27.478$  you can use for clinical reasoning.

 $00:19:27.480 \longrightarrow 00:19:28.368$  Medicine tool kit.

NOTE Confidence: 0.83640484333333 00:19:28.368 --> 00:19:28.960 I mean, NOTE Confidence: 0.836404843333333

 $00:19:28.960 \longrightarrow 00:19:30.240$  sometimes they figure it out,

NOTE Confidence: 0.836404843333333

 $00:19:30.240 \longrightarrow 00:19:32.562$  but a lot of times they don't and they

NOTE Confidence: 0.836404843333333

 $00:19:32.562 \longrightarrow 00:19:34.917$  need us to be thinking about the means.

NOTE Confidence: 0.836404843333333 00:19:34.920 --> 00:19:35.280 Conversely,

NOTE Confidence: 0.836404843333333

 $00:19:35.280 \longrightarrow 00:19:38.520$  a lot of times we can be very meansy.

NOTE Confidence: 0.836404843333333

 $00{:}19{:}38.520 \dashrightarrow 00{:}19{:}40.963$  We're like draw that blood to te that

NOTE Confidence: 0.836404843333333

 $00{:}19{:}40.963 \dashrightarrow 00{:}19{:}43.461$  bail you know call that family and

NOTE Confidence: 0.836404843333333

 $00:19:43.461 \longrightarrow 00:19:45.027$  the students might be thinking or

NOTE Confidence: 0.836404843333333

00:19:45.027 --> 00:19:47.049 go to that workshop and be prepared

NOTE Confidence: 0.836404843333333

 $00:19:47.049 \longrightarrow 00:19:49.200$  for the to interact with your peers.

NOTE Confidence: 0.836404843333333

 $00{:}19{:}49.200 \dashrightarrow 00{:}19{:}50.719$  They might be thinking that you know

NOTE Confidence: 0.836404843333333

 $00:19:50.719 \longrightarrow 00:19:52.480$  what does that have to do with anything.

NOTE Confidence: 0.836404843333333

 $00:19:52.480 \longrightarrow 00:19:54.440$  And if you could say because because

 $00:19:54.440 \longrightarrow 00:19:56.554$  that ties back to like what it is

NOTE Confidence: 0.836404843333333

 $00:19:56.554 \longrightarrow 00:19:58.272$  to be patient centered or how to

NOTE Confidence: 0.836404843333333

 $00:19:58.272 \longrightarrow 00:20:00.072$  take care of the whole team or how

NOTE Confidence: 0.836404843333333

 $00:20:00.080 \longrightarrow 00:20:01.568$  to demonstrate communication skills

NOTE Confidence: 0.836404843333333

 $00:20:01.568 \longrightarrow 00:20:04.280$  that you're gonna be able to you know

NOTE Confidence: 0.836404843333333

 $00:20:04.280 \longrightarrow 00:20:06.200$  need to draw on as you continue to

NOTE Confidence: 0.836404843333333

 $00:20:06.255 \longrightarrow 00:20:08.319$  have professional identity formation.

NOTE Confidence: 0.836404843333333

00:20:08.320 --> 00:20:10.924 So making sure that we're we're

NOTE Confidence: 0.836404843333333

 $00:20:10.924 \longrightarrow 00:20:13.916$  not how they relate to each other

NOTE Confidence: 0.836404843333333

00:20:13.920 --> 00:20:16.050 similarly like you could might

NOTE Confidence: 0.836404843333333

00:20:16.050 --> 00:20:17.754 think that the anatomists.

NOTE Confidence: 0.836404843333333

00:20:17.760 --> 00:20:19.475 Think that they're only in the knowledge.

NOTE Confidence: 0.836404843333333

 $00:20:19.480 \longrightarrow 00:20:21.512$  They only have knowledge as a goal

NOTE Confidence: 0.836404843333333

00:20:21.512 --> 00:20:23.862 and and you know they might recognize

NOTE Confidence: 0.836404843333333

 $00:20:23.862 \longrightarrow 00:20:26.928$  that they could have attitude goals

NOTE Confidence: 0.836404843333333

00:20:26.928 --> 00:20:30.765 in the dissection lab around being

 $00:20:30.765 \longrightarrow 00:20:33.840$  respectful or being team members.

NOTE Confidence: 0.836404843333333

 $00{:}20{:}33.840 \dashrightarrow 00{:}20{:}36.488$  So I think it's it's useful to always

NOTE Confidence: 0.836404843333333

 $00:20:36.488 \longrightarrow 00:20:39.800$  do a a survey of ourselves to be broad

NOTE Confidence: 0.836404843333333

 $00:20:39.800 \longrightarrow 00:20:42.880$  and think about ends and means goals.

NOTE Confidence: 0.836404843333333

 $00:20:42.880 \longrightarrow 00:20:43.471$  I'm going to,

NOTE Confidence: 0.836404843333333

 $00:20:43.471 \longrightarrow 00:20:44.653$  we're going to come back to

NOTE Confidence: 0.836404843333333

 $00:20:44.653 \longrightarrow 00:20:45.598$  refining this a little bit,

NOTE Confidence: 0.836404843333333

 $00{:}20{:}45.600 \dashrightarrow 00{:}20{:}47.637$  but I just wanted to make sure

NOTE Confidence: 0.85412484

 $00:20:47.640 \longrightarrow 00:20:49.624$  we did those definitions.

NOTE Confidence: 0.85412484

00:20:49.624 --> 00:20:51.680 OK, a brief word on timing,

NOTE Confidence: 0.85412484

00:20:51.680 --> 00:20:52.928 thinking about goals,

NOTE Confidence: 0.85412484

 $00:20:52.928 \longrightarrow 00:20:56.440$  so you can be thinking about goals before,

NOTE Confidence: 0.85412484

 $00{:}20{:}56.440 \dashrightarrow 00{:}20{:}57.487$  during and after.

NOTE Confidence: 0.85412484

00:20:57.487 --> 00:21:00.665 I would think a lot of us who are

NOTE Confidence: 0.85412484

 $00:21:00.665 \longrightarrow 00:21:04.040$  doing a talk or we're doing a

 $00:21:04.040 \longrightarrow 00:21:06.086$  course or you know even those of

NOTE Confidence: 0.85412484

 $00:21:06.086 \longrightarrow 00:21:07.871$  us who might teach frequently and

NOTE Confidence: 0.85412484

00:21:07.871 --> 00:21:10.145 you're kind of going into repeated

NOTE Confidence: 0.85412484

00:21:10.145 --> 00:21:11.312 clinical sessioning probably

NOTE Confidence: 0.85412484

 $00:21:11.312 \longrightarrow 00:21:13.208$  often have a repertoire of of

NOTE Confidence: 0.85412484

00:21:13.208 --> 00:21:14.916 goals in our heads ahead of time.

NOTE Confidence: 0.85412484

00:21:14.920 --> 00:21:16.810 And certainly before you plan any

NOTE Confidence: 0.85412484

00:21:16.810 --> 00:21:18.639 curriculum or you plan any talk,

NOTE Confidence: 0.85412484

 $00:21:18.640 \longrightarrow 00:21:20.950$  you do need to think about goals

NOTE Confidence: 0.85412484

 $00:21:20.950 \longrightarrow 00:21:23.260$  ahead because that as our three

NOTE Confidence: 0.85412484

00:21:23.260 --> 00:21:24.844 main motivating goal reasons

NOTE Confidence: 0.85412484

 $00:21:24.844 \longrightarrow 00:21:27.156$  for goals helps us know what to

NOTE Confidence: 0.85412484

 $00:21:27.160 \longrightarrow 00:21:28.960$  how to plan our teaching.

NOTE Confidence: 0.85412484

00:21:28.960 --> 00:21:31.053 You're really starting with the end in

NOTE Confidence: 0.85412484

 $00:21:31.053 \longrightarrow 00:21:33.356$  mind what do we really want to know.

NOTE Confidence: 0.85412484

 $00:21:33.360 \longrightarrow 00:21:36.195$  So we do a lot of goal thinking before,

 $00:21:36.200 \longrightarrow 00:21:38.594$  but sometimes it comes to us during.

NOTE Confidence: 0.85412484

00:21:38.600 --> 00:21:41.516 And I think this is not limited to clinical,

NOTE Confidence: 0.85412484

 $00:21:41.520 \longrightarrow 00:21:44.112$  but a lot of us who are doing clinical

NOTE Confidence: 0.85412484

00:21:44.112 --> 00:21:46.030 teaching can recognize that while

NOTE Confidence: 0.85412484

 $00:21:46.030 \longrightarrow 00:21:47.990$  we're watching someone present or

NOTE Confidence: 0.85412484

00:21:47.990 --> 00:21:49.819 while we're watching the resident

NOTE Confidence: 0.85412484

00:21:49.819 --> 00:21:52.586 lead the team or while we're watching

NOTE Confidence: 0.85412484

 $00{:}21{:}52.586 \rightarrow 00{:}21{:}55.556$  a student attempt a physical exam.

NOTE Confidence: 0.85412484

 $00:21:55.556 \longrightarrow 00:21:58.961$  A goal comes to us based on our

NOTE Confidence: 0.85412484

 $00{:}21{:}58.961 \rightarrow 00{:}22{:}00.940$  direct observation that, you know,

NOTE Confidence: 0.85412484

 $00{:}22{:}00.940 \longrightarrow 00{:}22{:}03.010$  there could be a goal around, you know,

NOTE Confidence: 0.85412484

 $00{:}22{:}03.010 \dashrightarrow 00{:}22{:}04.720$ a knowledge, skill or an attitude.

NOTE Confidence: 0.85412484

 $00:22:04.720 \longrightarrow 00:22:07.078$  Or maybe even after, you know,

NOTE Confidence: 0.85412484

 $00:22:07.080 \longrightarrow 00:22:09.565$  you recognize that you had a kind

NOTE Confidence: 0.85412484

 $00:22:09.565 \longrightarrow 00:22:11.680$  of goals set up because you thought

00:22:11.680 --> 00:22:13.658 your learner was at LL1, you know,

NOTE Confidence: 0.85412484

 $00:22:13.658 \longrightarrow 00:22:14.516$  kind of level.

NOTE Confidence: 0.85412484

 $00:22:14.520 \longrightarrow 00:22:16.788$  And so you had some goals and

NOTE Confidence: 0.85412484

 $00:22:16.788 \longrightarrow 00:22:17.760$  some teaching plan.

NOTE Confidence: 0.85412484

 $00:22:17.760 \longrightarrow 00:22:20.154$  And then you you went into it and you

NOTE Confidence: 0.85412484

 $00{:}22{:}20.154 \dashrightarrow 00{:}22{:}21.855$  realized that your learners all knew

NOTE Confidence: 0.85412484

 $00{:}22{:}21.855 \dashrightarrow 00{:}22{:}24.312$  a lot more and that they were at L4

NOTE Confidence: 0.85412484

 $00:22:24.312 \longrightarrow 00:22:26.440$  and that you need to do a doctor.

NOTE Confidence: 0.85412484

00:22:26.440 --> 00:22:27.988 You were at L -, 2.

NOTE Confidence: 0.85412484 00:22:27.988 --> 00:22:28.496 Oh.

NOTE Confidence: 0.85412484

 $00{:}22{:}28.496 --> 00{:}22{:}29.004 \ \mathrm{OK},$ 

NOTE Confidence: 0.85412484

00:22:29.004 --> 00:22:32.284 you're going to see her because

NOTE Confidence: 0.85412484

 $00:22:32.284 \longrightarrow 00:22:35.394$  they really weren't able to.

NOTE Confidence: 0.85412484

00:22:35.400 --> 00:22:37.480 They they were behind or maybe they didn't

NOTE Confidence: 0.85412484

 $00:22:37.480 \longrightarrow 00:22:39.262$  have some fundamental foundational content.

NOTE Confidence: 0.85412484

 $00:22:39.262 \longrightarrow 00:22:41.579$  So you might have to just based

 $00:22:41.579 \longrightarrow 00:22:43.398$  on where your learners are,

NOTE Confidence: 0.85412484

 $00{:}22{:}43.400 \to 00{:}22{:}45.868$  what you're noticing etcetera.

NOTE Confidence: 0.85412484

00:22:45.868 --> 00:22:50.693 So just to remind you that goals can

NOTE Confidence: 0.85412484

 $00:22:50.693 \longrightarrow 00:22:54.930$  come at you at different times based on

NOTE Confidence: 0.85412484

 $00:22:54.930 \longrightarrow 00:22:57.555$  direct observation in your experience.

NOTE Confidence: 0.85412484

 $00:22:57.560 \longrightarrow 00:22:59.280$  So what we're going to get into now,

NOTE Confidence: 0.85412484

 $00:22:59.280 \longrightarrow 00:23:00.988$  and this is we're going to drop

NOTE Confidence: 0.85412484

00:23:00.988 --> 00:23:02.757 one more hand out into the chat,

NOTE Confidence: 0.85412484

 $00:23:02.760 \longrightarrow 00:23:04.926$  is we've talked about kind of

NOTE Confidence: 0.85412484

 $00:23:04.926 \longrightarrow 00:23:07.239$  ends goals and means goals that,

NOTE Confidence: 0.85412484

 $00{:}23{:}07.240 --> 00{:}23{:}07.904 \ \mathrm{you} \ \mathrm{know},$ 

NOTE Confidence: 0.85412484

 $00:23:07.904 \longrightarrow 00:23:10.228$  we're motivated to get better at this

NOTE Confidence: 0.85412484

 $00{:}23{:}10.228 \dashrightarrow 00{:}23{:}12.010$  because it's really so fundamental

NOTE Confidence: 0.85412484

 $00:23:12.010 \longrightarrow 00:23:14.080$  for why our learners are here.

NOTE Confidence: 0.85412484

00:23:14.080 --> 00:23:15.280 Thought about kind of the timing,

 $00:23:15.280 \longrightarrow 00:23:17.104$  but how can we get better

NOTE Confidence: 0.85412484

00:23:17.104 --> 00:23:18.320 at expressing our goals?

NOTE Confidence: 0.85412484

00:23:18.320 --> 00:23:20.826 So we're gonna go over you using

NOTE Confidence: 0.85412484

 $00:23:20.826 \longrightarrow 00:23:23.945$  verbs to to help us express goals

NOTE Confidence: 0.85412484

 $00:23:23.945 \longrightarrow 00:23:26.879$  that would be specific and observable.

NOTE Confidence: 0.85412484

 $00{:}23{:}26.880 \rightarrow 00{:}23{:}28.752$  And a lot of you are probably familiar

NOTE Confidence: 0.85412484

 $00:23:28.752 \longrightarrow 00:23:30.687$  with SMART goals and you're gonna be

NOTE Confidence: 0.85412484

 $00:23:30.687 \longrightarrow 00:23:32.440$  hearing probably some synonyms in there.

NOTE Confidence: 0.85412484

00:23:32.440 --> 00:23:34.950 So we're gonna talk about

NOTE Confidence: 0.85412484

 $00:23:34.950 \longrightarrow 00:23:36.958$  using verbs more deliberately,

NOTE Confidence: 0.85412484

 $00{:}23{:}36.960 \dashrightarrow 00{:}23{:}39.942$  and then we're going to talk about

NOTE Confidence: 0.85412484

 $00:23:39.942 \longrightarrow 00:23:41.784$  using relevant statements and

NOTE Confidence: 0.85412484

 $00:23:41.784 \longrightarrow 00:23:43.716$  expected levels of competence.

NOTE Confidence: 0.85412484

00:23:43.720 --> 00:23:46.438 So I'm not going to probably.

NOTE Confidence: 0.861613624444444

 $00:23:46.440 \longrightarrow 00:23:48.004$  Does everybody have the

NOTE Confidence: 0.861613624444444

 $00:23:48.004 \longrightarrow 00:23:49.959$  handout that has the verbs?

00:23:49.960 --> 00:23:51.120 Were you able to put that in there,

NOTE Confidence: 0.861613624444444

00:23:51.120 --> 00:23:54.878 Linda? Awesome. All right,

NOTE Confidence: 0.861613624444444

 $00:23:54.878 \longrightarrow 00:23:57.674$  so if you can open that.

NOTE Confidence: 0.861613624444444

00:23:57.680 --> 00:23:59.240 Oh, I forgot that I made a slide on it.

NOTE Confidence: 0.861613624444444

 $00:23:59.240 \longrightarrow 00:24:01.160$  It should look like this.

NOTE Confidence: 0.861613624444444

00:24:01.160 --> 00:24:02.385 So this is something you're

NOTE Confidence: 0.861613624444444

 $00:24:02.385 \longrightarrow 00:24:04.120$  going to want to keep close by.

NOTE Confidence: 0.861613624444444

00:24:04.120 --> 00:24:05.030 If you're somebody who has

NOTE Confidence: 0.861613624444444

 $00:24:05.030 \longrightarrow 00:24:06.240$  to give a lot of talks,

NOTE Confidence: 0.861613624444444

 $00:24:06.240 \longrightarrow 00:24:07.572$  or you run courses and you're

NOTE Confidence: 0.861613624444444

00:24:07.572 --> 00:24:09.126 like or people are always asking

NOTE Confidence: 0.861613624444444

00:24:09.126 --> 00:24:10.676 you for your learning objectives,

NOTE Confidence: 0.861613624444444

 $00{:}24{:}10.680 \dashrightarrow 00{:}24{:}12.717$  it's always good to have some verbs.

NOTE Confidence: 0.861613624444444

 $00:24:12.720 \longrightarrow 00:24:13.850$  You can probably find this

NOTE Confidence: 0.861613624444444

 $00:24:13.850 \longrightarrow 00:24:15.360$  online in a number of places,

 $00:24:15.360 \longrightarrow 00:24:17.831$  but on the top you've got some

NOTE Confidence: 0.861613624444444

 $00{:}24{:}17.831 \dashrightarrow 00{:}24{:}20.433$  knowledge verbs and from left to right

NOTE Confidence: 0.861613624444444

00:24:20.433 --> 00:24:22.635 in the screen that you're seeing,

NOTE Confidence: 0.861613624444444

 $00:24:22.640 \longrightarrow 00:24:24.476$  you can see that they get

NOTE Confidence: 0.861613624444444

 $00:24:24.476 \longrightarrow 00:24:25.394$  cognitively more complex.

NOTE Confidence: 0.861613624444444

 $00:24:25.400 \longrightarrow 00:24:27.836$  Recall all the way up to application.

NOTE Confidence: 0.861613624444444

 $00:24:27.840 \longrightarrow 00:24:30.195$  So using verbs wisely means

NOTE Confidence: 0.861613624444444

 $00:24:30.195 \longrightarrow 00:24:32.079$  for your ends goals.

NOTE Confidence: 0.861613624444444

 $00{:}24{:}32.080 \dashrightarrow 00{:}24{:}34.215$  You want to make sure that you're

NOTE Confidence: 0.861613624444444

00:24:34.215 --> 00:24:36.473 matching really kind of the level that

NOTE Confidence: 0.861613624444444

 $00{:}24{:}36.473 \dashrightarrow 00{:}24{:}38.073$  you're expecting to your learner.

NOTE Confidence: 0.861613624444444

 $00:24:38.080 \longrightarrow 00:24:39.690$  So you can see that if you've

NOTE Confidence: 0.861613624444444

 $00:24:39.690 \longrightarrow 00:24:40.880$  got an early learner,

NOTE Confidence: 0.861613624444444

00:24:40.880 --> 00:24:42.930 maybe you're not having to

NOTE Confidence: 0.861613624444444

00:24:42.930 --> 00:24:44.395 manage heart failure yet,

NOTE Confidence: 0.861613624444444

 $00:24:44.395 \longrightarrow 00:24:45.805$  but maybe they need they would

 $00:24:45.805 \longrightarrow 00:24:47.639$  be able to define heart failure,

NOTE Confidence: 0.861613624444444

 $00:24:47.640 \longrightarrow 00:24:49.145$  or maybe they would be able to

NOTE Confidence: 0.861613624444444

00:24:49.145 --> 00:24:50.638 list the causes of heart failure.

NOTE Confidence: 0.861613624444444

00:24:50.640 --> 00:24:54.140 So understanding heart failure is

NOTE Confidence: 0.861613624444444

00:24:54.140 --> 00:24:56.855 not an observable behavior and we

NOTE Confidence: 0.861613624444444

 $00:24:56.855 \longrightarrow 00:24:59.336$  can be more effective in expressing

NOTE Confidence: 0.861613624444444

 $00:24:59.336 \longrightarrow 00:25:02.440$  our goals if we use verbs that match

NOTE Confidence: 0.861613624444444

 $00:25:02.440 \longrightarrow 00:25:05.144$  what we really can observe and what

NOTE Confidence: 0.861613624444444

 $00{:}25{:}05.144 \dashrightarrow 00{:}25{:}08.240$  we expect that they would be able to do.

NOTE Confidence: 0.861613624444444

 $00:25:08.240 \longrightarrow 00:25:11.200$  So like to Chris's example of an EKG,

NOTE Confidence: 0.861613624444444

 $00:25:11.200 \longrightarrow 00:25:12.064$  if the resident,

NOTE Confidence: 0.861613624444444

00:25:12.064 --> 00:25:14.080 if the goal comes from the resident

NOTE Confidence: 0.861613624444444

 $00{:}25{:}14.139 \dashrightarrow 00{:}25{:}16.075$  saying I want to get better at EKG,

NOTE Confidence: 0.861613624444444

 $00:25:16.080 \longrightarrow 00:25:17.200$  you can help them.

NOTE Confidence: 0.861613624444444 00:25:17.200 --> 00:25:17.760 Like what? NOTE Confidence: 0.861613624444444  $00:25:17.760 \longrightarrow 00:25:19.839$  Do you want to be able to really like,

NOTE Confidence: 0.861613624444444

 $00{:}25{:}19.840 {\: --> \:} 00{:}25{:}22.420$  compare and contrast just

NOTE Confidence: 0.861613624444444

 $00:25:22.420 \longrightarrow 00:25:24.355$  an atrial tachycardia?

NOTE Confidence: 0.861613624444444

 $00:25:24.360 \longrightarrow 00:25:26.160$  You know this atrial arrhythmia

NOTE Confidence: 0.861613624444444

 $00:25:26.160 \longrightarrow 00:25:27.960$  to the other atrial arrhythma?

NOTE Confidence: 0.861613624444444

 $00:25:27.960 \longrightarrow 00:25:31.272$  Or do you want to really be able to

NOTE Confidence: 0.861613624444444

 $00:25:31.280 \longrightarrow 00:25:35.480$  interpret a complex EKG, Et cetera?

NOTE Confidence: 0.861613624444444

 $00:25:35.480 \longrightarrow 00:25:36.544$  So using the knowledge,

NOTE Confidence: 0.861613624444444

 $00:25:36.544 \longrightarrow 00:25:38.888$  and I have a couple of examples for

NOTE Confidence: 0.861613624444444

 $00:25:38.888 \longrightarrow 00:25:41.275$  these are good for your knowledge verbs.

NOTE Confidence: 0.861613624444444

00:25:41.280 --> 00:25:44.119 The skill verbs are a little more

NOTE Confidence: 0.861613624444444

 $00:25:44.119 \longrightarrow 00:25:45.514$  sparse and you could probably

NOTE Confidence: 0.861613624444444

00:25:45.514 --> 00:25:47.160 still come up with your own,

NOTE Confidence: 0.8616136244444444

 $00:25:47.160 \longrightarrow 00:25:49.990$  but for psychomotor skills or

NOTE Confidence: 0.861613624444444

00:25:49.990 --> 00:25:51.284 for communication skills,

NOTE Confidence: 0.861613624444444

 $00:25:51.284 \longrightarrow 00:25:53.456$  you can see some examples here

 $00:25:53.456 \longrightarrow 00:25:55.773$  that you could use to express

NOTE Confidence: 0.861613624444444

00:25:55.773 --> 00:25:56.919 yourself more precisely.

NOTE Confidence: 0.861613624444444

 $00{:}25{:}56.920 \dashrightarrow 00{:}25{:}59.140$  And I really like the attitude

NOTE Confidence: 0.861613624444444

00:25:59.140 --> 00:26:01.271 ones here 'cause sometimes this is

NOTE Confidence: 0.861613624444444

00:26:01.271 --> 00:26:03.310 really can help you and I'll I'll

NOTE Confidence: 0.861613624444444

00:26:03.310 --> 00:26:05.784 give you an example in in our table

NOTE Confidence: 0.861613624444444

 $00:26:05.784 \longrightarrow 00:26:08.034$  that I had previously filled out.

NOTE Confidence: 0.861613624444444

 $00:26:08.040 \longrightarrow 00:26:09.580$  But if you have somebody who's showing

NOTE Confidence: 0.861613624444444

 $00:26:09.580 \longrightarrow 00:26:11.559$  up late for teaching rounds all the time,

NOTE Confidence: 0.861613624444444

 $00:26:11.560 \longrightarrow 00:26:15.375$  or they're for them to be able

NOTE Confidence: 0.861613624444444

 $00:26:15.375 \longrightarrow 00:26:18.640$  to attach value to educational

NOTE Confidence: 0.861613624444444

 $00:26:18.640 \longrightarrow 00:26:20.920$  time or adhere to professional,

NOTE Confidence: 0.861613624444444

 $00{:}26{:}20.920 \dashrightarrow 00{:}26{:}22.173$ you know, responsibilities,

NOTE Confidence: 0.861613624444444 00:26:22.173 --> 00:26:22.626 etcetera, NOTE Confidence: 0.861613624444444

 $00:26:22.626 \longrightarrow 00:26:25.797$  that can be useful for you to

 $00:26:25.797 \longrightarrow 00:26:27.638$  have these these verbs.

NOTE Confidence: 0.861613624444444

 $00{:}26{:}27.640 \dashrightarrow 00{:}26{:}31.000$  But verbs can help you feel like

NOTE Confidence: 0.861613624444444

00:26:31.000 --> 00:26:32.850 you're using specific asking,

NOTE Confidence: 0.861613624444444

 $00:26:32.850 \longrightarrow 00:26:35.075$  specific behaviors that you can

NOTE Confidence: 0.861613624444444

 $00:26:35.075 \longrightarrow 00:26:37.280$  observe that match their level.

NOTE Confidence: 0.861613624444444

00:26:37.280 --> 00:26:39.008 So I'm just starting to kind

NOTE Confidence: 0.861613624444444

 $00:26:39.008 \longrightarrow 00:26:41.150$  of fill in here to refine my

NOTE Confidence: 0.861613624444444

00:26:41.150 --> 00:26:43.460 end school that if I have a

NOTE Confidence: 0.770223463333333

00:26:43.547 --> 00:26:45.484 P GY1 maybe if they want to know

NOTE Confidence: 0.770223463333333

 $00:26:45.484 \longrightarrow 00:26:47.317$  about heart failure we would have a

NOTE Confidence: 0.770223463333333

 $00{:}26{:}47.317 \dashrightarrow 00{:}26{:}48.841$  a verb that matches that compared

NOTE Confidence: 0.770223463333333

 $00:26:48.841 \longrightarrow 00:26:50.759$  to maybe a first year Med student.

NOTE Confidence: 0.770223463333333

 $00{:}26{:}50.760 \dashrightarrow 00{:}26{:}52.860$  Same with the central line or a

NOTE Confidence: 0.770223463333333

 $00:26:52.860 \longrightarrow 00:26:54.901$  skill that they would be able to

NOTE Confidence: 0.770223463333333

 $00:26:54.901 \longrightarrow 00:26:57.232$  place one as opposed to a sub intern

NOTE Confidence: 0.770223463333333

 $00:26:57.232 \longrightarrow 00:26:59.610$  might just be able to assemble the

 $00:26:59.610 \longrightarrow 00:27:02.480$  you know or or list the parts.

NOTE Confidence: 0.770223463333333

 $00:27:02.480 \longrightarrow 00:27:06.196$  And if I'm talking about an an

NOTE Confidence: 0.770223463333333

00:27:06.196 --> 00:27:08.332 attitude goal of filling out your

NOTE Confidence: 0.770223463333333

 $00:27:08.332 \longrightarrow 00:27:09.760$  teaching evaluations on time,

NOTE Confidence: 0.770223463333333

 $00{:}27{:}09.760 \dashrightarrow 00{:}27{:}11.380$  may be through a conversation

NOTE Confidence: 0.770223463333333

00:27:11.380 --> 00:27:13.238 really that that you know,

NOTE Confidence: 0.770223463333333

00:27:13.238 --> 00:27:14.833 maybe people aren't filling out

NOTE Confidence: 0.770223463333333

 $00:27:14.833 \longrightarrow 00:27:16.131$  their teaching evaluation because

NOTE Confidence: 0.770223463333333

00:27:16.131 --> 00:27:17.596 it's a time management skill.

NOTE Confidence: 0.770223463333333

00:27:17.600 --> 00:27:19.478 So sometimes there is a differential

NOTE Confidence: 0.770223463333333

00:27:19.478 --> 00:27:21.638 diagnosis for what you might be seeing.

NOTE Confidence: 0.770223463333333

 $00:27:21.640 \longrightarrow 00:27:22.620$  You have to make sure is it

NOTE Confidence: 0.770223463333333

 $00{:}27{:}22.620 --> 00{:}27{:}23.520$  a skill or an attitude.

NOTE Confidence: 0.770223463333333

 $00:27:23.520 \longrightarrow 00:27:24.920$  But if you feel it's an attitude,

NOTE Confidence: 0.770223463333333

 $00:27:24.920 \longrightarrow 00:27:26.484$  being able to, say,

 $00:27:26.484 \longrightarrow 00:27:28.439$  placing value on teaching evaluations

NOTE Confidence: 0.770223463333333

 $00:27:28.440 \longrightarrow 00:27:30.450$  brings up a whole different means

NOTE Confidence: 0.770223463333333

 $00:27:30.450 \longrightarrow 00:27:32.549$  goal list than a time management

NOTE Confidence: 0.770223463333333

 $00:27:32.549 \longrightarrow 00:27:35.285$  skill of finding a time to fill out

NOTE Confidence: 0.770223463333333

 $00:27:35.358 \longrightarrow 00:27:37.800$  your teaching evaluations would so

NOTE Confidence: 0.770223463333333

00:27:37.800 --> 00:27:39.600 place value on teaching evaluation.

NOTE Confidence: 0.770223463333333

00:27:39.600 --> 00:27:41.316 So hopefully you're you're

NOTE Confidence: 0.770223463333333

 $00:27:41.316 \longrightarrow 00:27:43.890$  recognizing that the ends goals can

NOTE Confidence: 0.770223463333333

 $00:27:43.961 \longrightarrow 00:27:46.617$  be more refined and you can be more

NOTE Confidence: 0.770223463333333

 $00:27:46.617 \longrightarrow 00:27:48.778$  effective in expressing yourself by

NOTE Confidence: 0.770223463333333

 $00{:}27{:}48.778 \dashrightarrow 00{:}27{:}51.153$  thinking about verbs that match.

NOTE Confidence: 0.770223463333333

 $00{:}27{:}51.160 \dashrightarrow 00{:}27{:}54.930$  Another way that you can be more effective

NOTE Confidence: 0.770223463333333

 $00:27:54.930 \longrightarrow 00:27:57.840$  in expressing it is explaining why.

NOTE Confidence: 0.770223463333333

00:27:57.840 --> 00:27:59.760 Why do I want you to be able to do that?

NOTE Confidence: 0.770223463333333

 $00:27:59.760 \longrightarrow 00:28:02.600$  Why should you be able to do that?

NOTE Confidence: 0.770223463333333

 $00:28:02.600 \longrightarrow 00:28:04.875$  And I started this conversation with saying,

00:28:04.880 --> 00:28:05.128 like,

NOTE Confidence: 0.770223463333333

00:28:05.128 --> 00:28:06.120 why should you know,

NOTE Confidence: 0.770223463333333

 $00:28:06.120 \longrightarrow 00:28:08.388$  my ends goal for you on about this session

NOTE Confidence: 0.770223463333333

00:28:08.388 --> 00:28:10.716 is the finance and means goals of blah,

NOTE Confidence: 0.770223463333333 $00:28:10.720 \longrightarrow 00:28:11.770$  blah, blah. NOTE Confidence: 0.770223463333333

 $00:28:11.770 \longrightarrow 00:28:14.832$  And then I said because because

NOTE Confidence: 0.770223463333333

 $00:28:14.832 \longrightarrow 00:28:16.560$  there's these three things,

NOTE Confidence: 0.770223463333333

 $00:28:16.560 \longrightarrow 00:28:18.180$  these three things that

NOTE Confidence: 0.770223463333333

 $00:28:18.180 \longrightarrow 00:28:19.800$  should really motivate you.

NOTE Confidence: 0.770223463333333

 $00:28:19.800 \longrightarrow 00:28:20.780$  It, it does this,

NOTE Confidence: 0.770223463333333

 $00:28:20.780 \longrightarrow 00:28:22.546$  it serves that, it does that.

NOTE Confidence: 0.770223463333333

 $00:28:22.546 \longrightarrow 00:28:24.598$  So maybe that resonated with you.

NOTE Confidence: 0.770223463333333

00:28:24.600 --> 00:28:27.276 So if I said, you know,

NOTE Confidence: 0.770223463333333

 $00:28:27.280 \longrightarrow 00:28:28.918$  let's see who's on the call,

NOTE Confidence: 0.770223463333333

00:28:28.920 --> 00:28:30.800 Michael Green or Rob Homer,

00:28:30.800 --> 00:28:32.865 I'm like, I want you to listen

NOTE Confidence: 0.770223463333333

 $00{:}28{:}32.865 \dashrightarrow 00{:}28{:}34.505$  to my travel clinic talk.

NOTE Confidence: 0.770223463333333

00:28:34.505 --> 00:28:36.360 And and Michael Green might be like,

NOTE Confidence: 0.770223463333333

 $00:28:36.360 \longrightarrow 00:28:37.956$  I I get so bored with travel.

NOTE Confidence: 0.770223463333333

00:28:37.960 --> 00:28:39.340 And I'm like,

NOTE Confidence: 0.770223463333333

 $00:28:39.340 \longrightarrow 00:28:40.720$  because you know,

NOTE Confidence: 0.770223463333333

 $00:28:40.720 \longrightarrow 00:28:42.344$  so maybe it's going to be on the

NOTE Confidence: 0.770223463333333

00:28:42.344 --> 00:28:43.433 boards because you're going to

NOTE Confidence: 0.770223463333333

 $00{:}28{:}43.433 \dashrightarrow 00{:}28{:}44.917$ go to Costa Rica and you're going

NOTE Confidence: 0.770223463333333

 $00:28:44.960 \longrightarrow 00:28:46.444$  to be really mad that you didn't

NOTE Confidence: 0.770223463333333

 $00{:}28{:}46.444 \dashrightarrow 00{:}28{:}47.938$  pay attention to know whether you

NOTE Confidence: 0.770223463333333

00:28:47.938 --> 00:28:49.082 should take malaria prophylaxis

NOTE Confidence: 0.770223463333333

 $00{:}28{:}49.082 \dashrightarrow 00{:}28{:}50.829$  or your aunt's going to call you

NOTE Confidence: 0.770223463333333

 $00:28:50.829 \longrightarrow 00:28:52.360$  and they're going to want to know.

NOTE Confidence: 0.770223463333333

00:28:52.360 --> 00:28:54.880 So why? Why do I?

NOTE Confidence: 0.770223463333333

00:28:54.880 --> 00:28:57.274 Why should you want to pay attention?

 $00:28:57.280 \longrightarrow 00:29:00.436$  That can be also really motivating

NOTE Confidence: 0.770223463333333

 $00:29:00.440 \longrightarrow 00:29:03.233$  to tell a first year intern who's

NOTE Confidence: 0.770223463333333

 $00:29:03.233 \longrightarrow 00:29:05.129$  a dermatology resident that they

NOTE Confidence: 0.770223463333333

 $00:29:05.129 \longrightarrow 00:29:07.633$  need to learn how to read the EKG.

NOTE Confidence: 0.770223463333333

 $00:29:07.640 \longrightarrow 00:29:08.908$  They might say why,

NOTE Confidence: 0.770223463333333

 $00:29:08.908 \longrightarrow 00:29:11.232$  and maybe you have to have a

NOTE Confidence: 0.770223463333333

00:29:11.232 --> 00:29:12.957 little thing in your pocket,

NOTE Confidence: 0.770223463333333

 $00:29:12.960 \longrightarrow 00:29:14.200$  and if you can't come up with one,

NOTE Confidence: 0.770223463333333

 $00:29:14.200 \longrightarrow 00:29:16.516$  maybe it's not a relevant goal.

NOTE Confidence: 0.770223463333333

 $00:29:16.520 \longrightarrow 00:29:18.952$  So that that's all I'm going to say

NOTE Confidence: 0.770223463333333

 $00:29:18.952 \longrightarrow 00:29:21.920$  about that, relevant statements.

NOTE Confidence: 0.770223463333333

 $00{:}29{:}21.920 \dashrightarrow 00{:}29{:}23.700$  Have a little elevator pitch

NOTE Confidence: 0.770223463333333

 $00:29:23.700 \longrightarrow 00:29:25.480$  in your pocket about why.

NOTE Confidence: 0.770223463333333

 $00:29:25.480 \longrightarrow 00:29:26.805$  Another thing that can be

NOTE Confidence: 0.770223463333333

00:29:26.805 --> 00:29:27.600 really super useful,

 $00:29:27.600 \longrightarrow 00:29:29.660$  and this is along the lines of the verbs that

NOTE Confidence: 0.89493908882353

 $00{:}29{:}29.715 \dashrightarrow 00{:}29{:}31.598$ help people feel like it's more concrete,

NOTE Confidence: 0.89493908882353

00:29:31.600 --> 00:29:33.930 is really being explicit about

NOTE Confidence: 0.89493908882353

 $00:29:33.930 \longrightarrow 00:29:35.794$  the level of competence.

NOTE Confidence: 0.89493908882353

00:29:35.800 --> 00:29:38.158 So you know how I want you to be

NOTE Confidence: 0.89493908882353

00:29:38.158 --> 00:29:41.350 able to do this? Super, you know,

NOTE Confidence: 0.89493908882353

 $00:29:41.350 \longrightarrow 00:29:44.895$  this triple lumen catheter or a

NOTE Confidence: 0.89493908882353

00:29:44.895 --> 00:29:47.048 central line, aided or unaided.

NOTE Confidence: 0.89493908882353

 $00:29:47.048 \longrightarrow 00:29:48.994$  You know, I want you to be able to

NOTE Confidence: 0.89493908882353

 $00:29:48.994 \longrightarrow 00:29:50.768$  read these Ekgs perfectly, or 50%.

NOTE Confidence: 0.89493908882353

00:29:50.768 --> 00:29:54.085 I want you to be able to present, you know,

NOTE Confidence: 0.89493908882353

 $00:29:54.085 \longrightarrow 00:29:56.760$  as opposed to I want you to present better.

NOTE Confidence: 0.89493908882353

 $00{:}29{:}56.760 \dashrightarrow 00{:}30{:}00.000$ You're like I want you to be able to

NOTE Confidence: 0.89493908882353

 $00:30:00.000 \dashrightarrow 00:30:04.542$  present a new H& amp; P using this frame-

work

NOTE Confidence: 0.89493908882353

 $00:30:04.542 \longrightarrow 00:30:07.880$  in 5 minutes with minimal notes by

 $00:30:07.880 \longrightarrow 00:30:10.437$  the end of week and then by week

NOTE Confidence: 0.89493908882353

 $00:30:10.437 \dashrightarrow 00:30:12.635$  two you're going to have no notes.

NOTE Confidence: 0.89493908882353

00:30:12.640 --> 00:30:14.593 You know, that doesn't leave a lot

NOTE Confidence: 0.89493908882353

 $00:30:14.593 \dashrightarrow 00:30:16.833$  of room for the student not really

NOTE Confidence: 0.89493908882353

00:30:16.833 --> 00:30:18.837 being clear about what you want.

NOTE Confidence: 0.89493908882353

 $00:30:18.840 \longrightarrow 00:30:22.872$  So you can also improve your effectiveness

NOTE Confidence: 0.89493908882353

 $00:30:22.872 \longrightarrow 00:30:26.200$  in expressing goals by using verbs.

NOTE Confidence: 0.89493908882353

00:30:26.200 --> 00:30:29.240 Any Any questions here?

NOTE Confidence: 0.89493908882353

 $00:30:29.240 \longrightarrow 00:30:30.080$  Goals and objectives?

NOTE Confidence: 0.959311012857143

 $00{:}30{:}32.480 \dashrightarrow 00{:}30{:}35.840$  Scott, I would use them synonymously here.

NOTE Confidence: 0.959311012857143

 $00:30:35.840 \longrightarrow 00:30:37.460$  We're just using that goals

NOTE Confidence: 0.959311012857143

 $00:30:37.460 \longrightarrow 00:30:40.159$  as a kind of a general term,

NOTE Confidence: 0.959311012857143

00:30:40.160 --> 00:30:41.992 so you can use them synonymously for the

NOTE Confidence: 0.959311012857143

00:30:41.992 --> 00:30:43.435 purposes of ends and means, etcetera.

NOTE Confidence: 0.959311012857143

 $00{:}30{:}43.435 \dashrightarrow 00{:}30{:}45.635$  The last thing I would say that a

 $00:30:45.635 \longrightarrow 00:30:47.649$  lot of us are not so great at is

NOTE Confidence: 0.959311012857143

00:30:47.649 --> 00:30:49.625 like we might feel all empowered to

NOTE Confidence: 0.959311012857143

 $00:30:49.625 \longrightarrow 00:30:51.487$  talk about goals at the beginning.

NOTE Confidence: 0.959311012857143

00:30:51.487 --> 00:30:54.056 This is maybe more for people who've

NOTE Confidence: 0.959311012857143

00:30:54.056 --> 00:30:55.698 got longitudinal relationship or

NOTE Confidence: 0.959311012857143

00:30:55.698 --> 00:30:57.125 you're clinically with somebody

NOTE Confidence: 0.959311012857143

 $00:30:57.125 \longrightarrow 00:30:58.800$  as opposed to a lecture.

NOTE Confidence: 0.959311012857143

 $00{:}30{:}58.800 \dashrightarrow 00{:}31{:}00.220$ You don't necessarily have

NOTE Confidence: 0.959311012857143

 $00{:}31{:}00.220 \dashrightarrow 00{:}31{:}01.640$  to repeat goals periodically.

NOTE Confidence: 0.959311012857143

 $00:31:01.640 \longrightarrow 00:31:05.142$  But if you've had a goal discussion and

NOTE Confidence: 0.959311012857143

 $00:31:05.142 \longrightarrow 00:31:07.461$  to be able to come back and say how

NOTE Confidence: 0.959311012857143

 $00:31:07.461 \longrightarrow 00:31:09.767$  are you doing and meeting that goal if.

NOTE Confidence: 0.959311012857143

00:31:09.767 --> 00:31:11.489 Because if they're not do you

NOTE Confidence: 0.959311012857143

00:31:11.489 --> 00:31:13.040 need a different means goal?

NOTE Confidence: 0.959311012857143

 $00:31:13.040 \longrightarrow 00:31:16.440$  Do you need to be kind of brainstorming

 $00:31:16.440 \longrightarrow 00:31:18.463$  about or did they that they accomplish

NOTE Confidence: 0.959311012857143

00:31:18.463 --> 00:31:20.864 that goal and you can now come up with

NOTE Confidence: 0.959311012857143

 $00:31:20.864 \longrightarrow 00:31:22.904$  another one and you can really make

NOTE Confidence: 0.959311012857143

 $00:31:22.904 \longrightarrow 00:31:25.030$  progress in these in these periods

NOTE Confidence: 0.959311012857143

 $00:31:25.030 \longrightarrow 00:31:27.400$  of time that you're with people.

NOTE Confidence: 0.959311012857143

00:31:27.400 --> 00:31:31.840 So lastly before we watch a quick video,

NOTE Confidence: 0.959311012857143

00:31:31.840 --> 00:31:34.395 you know we've been kind of talking

NOTE Confidence: 0.959311012857143

00:31:34.395 --> 00:31:36.413 about being very teacher centered

NOTE Confidence: 0.959311012857143

 $00:31:36.413 \longrightarrow 00:31:38.965$  at this point but we do also want

NOTE Confidence: 0.959311012857143

 $00:31:38.965 \longrightarrow 00:31:39.993$  to be learner centered.

NOTE Confidence: 0.959311012857143

 $00:31:40.000 \longrightarrow 00:31:41.272$  So what can be,

NOTE Confidence: 0.959311012857143

 $00:31:41.272 \longrightarrow 00:31:42.862$  what can the learner centered

NOTE Confidence: 0.959311012857143

 $00:31:42.862 \longrightarrow 00:31:45.055$  part be and like how where is the

NOTE Confidence: 0.959311012857143

00:31:45.055 --> 00:31:46.480 Co creation of goals happening?

NOTE Confidence: 0.959311012857143

00:31:46.480 --> 00:31:48.118 So I would say in two areas,

NOTE Confidence: 0.959311012857143

00:31:48.120 --> 00:31:50.440 because you do have goals.

 $00:31:50.440 \longrightarrow 00:31:50.916$  I mean,

NOTE Confidence: 0.959311012857143

 $00:31:50.916 \longrightarrow 00:31:52.582$  even if you have goals that can

NOTE Confidence: 0.959311012857143

 $00:31:52.582 \longrightarrow 00:31:54.416$  stand by themselves because you know

NOTE Confidence: 0.959311012857143

 $00:31:54.416 \longrightarrow 00:31:56.269$  that there's we're going to evaluate

NOTE Confidence: 0.959311012857143

 $00:31:56.269 \longrightarrow 00:31:58.075$  them or there's going to be a,

NOTE Confidence: 0.959311012857143

 $00:31:58.080 \longrightarrow 00:31:59.640$  there's going to be a test.

NOTE Confidence: 0.959311012857143

 $00:31:59.640 \longrightarrow 00:32:01.852$  There's there's graduation requirements.

NOTE Confidence: 0.959311012857143

 $00{:}32{:}01.852 \dashrightarrow 00{:}32{:}03.600$  There's definitely things that

NOTE Confidence: 0.959311012857143

 $00:32:03.600 \longrightarrow 00:32:06.080$  are going to be outside of the OP

NOTE Confidence: 0.959311012857143

 $00{:}32{:}06.080 \dashrightarrow 00{:}32{:}07.760$  thing for the student to opt out

NOTE Confidence: 0.959311012857143

 $00:32:07.760 \longrightarrow 00:32:09.877$  of or the resident to opt out of.

NOTE Confidence: 0.959311012857143

 $00:32:09.880 \longrightarrow 00:32:12.856$  But for the resident to and student

NOTE Confidence: 0.959311012857143

 $00{:}32{:}12.856 \dashrightarrow 00{:}32{:}14.872$  to to buy in and understand you

NOTE Confidence: 0.959311012857143

 $00{:}32{:}14.872 \dashrightarrow 00{:}32{:}16.998$  the goals that you have for them.

NOTE Confidence: 0.959311012857143

00:32:17.000 --> 00:32:17.932 Maybe there's some negotiation.

 $00:32:17.932 \longrightarrow 00:32:19.330$  Maybe you're going to need to

NOTE Confidence: 0.959311012857143

 $00:32:19.374 \longrightarrow 00:32:20.598$  have another relevant statement.

NOTE Confidence: 0.959311012857143

 $00:32:20.600 \longrightarrow 00:32:21.392$  If they don't get,

NOTE Confidence: 0.959311012857143

00:32:21.392 --> 00:32:22.800 if they don't buy into your goal

NOTE Confidence: 0.947522446666667

00:32:24.920 --> 00:32:27.035 and then you can ask for their goals also,

NOTE Confidence: 0.947522446666667

 $00:32:27.040 \longrightarrow 00:32:28.400$  right? So you can.

NOTE Confidence: 0.947522446666667

 $00:32:28.400 \longrightarrow 00:32:29.760$  It's an important part.

NOTE Confidence: 0.947522446666667

 $00:32:29.760 \longrightarrow 00:32:30.884$  You have your goals.

NOTE Confidence: 0.947522446666667

 $00:32:30.884 \dashrightarrow 00:32:32.960$  Their goals don't get to trump yours,

NOTE Confidence: 0.947522446666667

00:32:32.960 --> 00:32:34.976 but for you to find out about theirs

NOTE Confidence: 0.947522446666667

 $00{:}32{:}34.976 \dashrightarrow 00{:}32{:}36.799$  so that you they can intermix,

NOTE Confidence: 0.947522446666667

 $00:32:36.800 \longrightarrow 00:32:38.192$  you can prioritize them,

NOTE Confidence: 0.947522446666667

 $00:32:38.192 \longrightarrow 00:32:40.787$  you can help them be more specific

NOTE Confidence: 0.947522446666667

 $00:32:40.787 \longrightarrow 00:32:43.355$  and develop their own SMART goals.

NOTE Confidence: 0.947522446666667

 $00:32:43.360 \longrightarrow 00:32:45.232$  You can help them brainstorm their

NOTE Confidence: 0.947522446666667

 $00{:}32{:}45.232 \dashrightarrow 00{:}32{:}47.363$ own means goals and you can follow

 $00:32:47.363 \longrightarrow 00:32:49.284$  them so that in that way you

NOTE Confidence: 0.947522446666667

 $00{:}32{:}49.284 \dashrightarrow 00{:}32{:}51.680$  are kind of Co creating Andres.

NOTE Confidence: 0.7184812 00:32:53.000 --> 00:32:53.440 Yes, NOTE Confidence: 0.655685395

00:32:55.960 --> 00:32:59.732 Scott Casper, who is frequent attendee,

NOTE Confidence: 0.655685395

00:32:59.732 --> 00:33:01.236 good to see you, Scott.

NOTE Confidence: 0.655685395

 $00:33:01.236 \longrightarrow 00:33:02.616$  He asked a question that

NOTE Confidence: 0.655685395

 $00:33:02.616 \longrightarrow 00:33:04.280$  that I had in my mind.

NOTE Confidence: 0.655685395

 $00:33:04.280 \longrightarrow 00:33:05.120$  So maybe you can expand,

NOTE Confidence: 0.655685395

 $00{:}33{:}05.120 \dashrightarrow 00{:}33{:}07.826$  but can you explain any difference

NOTE Confidence: 0.655685395

00:33:07.826 --> 00:33:09.352 between goals and objectives?

NOTE Confidence: 0.655685395

 $00{:}33{:}09.352 \dashrightarrow 00{:}33{:}11.080$  I know that you and I talked about it.

NOTE Confidence: 0.940760886

00:33:13.040 --> 00:33:14.944 I mean I think just for the

NOTE Confidence: 0.940760886

00:33:14.944 --> 00:33:17.492 purposes of today, I mean you

NOTE Confidence: 0.940760886

00:33:17.492 --> 00:33:18.796 can have educational objectives,

NOTE Confidence: 0.940760886

 $00:33:18.800 \longrightarrow 00:33:20.720$  you get objectives for yourself as

00:33:20.720 --> 00:33:23.360 a teacher, you can have educate

NOTE Confidence: 0.940760886

 $00{:}33{:}23.360 \dashrightarrow 00{:}33{:}25.360$  objectives for your learner.

NOTE Confidence: 0.940760886

 $00:33:25.360 \longrightarrow 00:33:28.280$  So I think just for today, I would,

NOTE Confidence: 0.940760886

 $00:33:28.280 \longrightarrow 00:33:30.380$  I would just love for people just

NOTE Confidence: 0.940760886

 $00:33:30.380 \longrightarrow 00:33:32.754$  to feel like we're using goals

NOTE Confidence: 0.940760886

 $00:33:32.754 \longrightarrow 00:33:36.560$  and objectives synonymously.

NOTE Confidence: 0.940760886

 $00:33:36.560 \longrightarrow 00:33:39.960$  I mean, in other context, goals

NOTE Confidence: 0.97200154

 $00:33:39.960 \longrightarrow 00:33:41.200$  tend to be more

NOTE Confidence: 0.84271412

 $00{:}33{:}41.760 \dashrightarrow 00{:}33{:}44.080$  all-encompassing and can be broken

NOTE Confidence: 0.8728690475

 $00:33:44.080 \longrightarrow 00:33:46.000$  down into smaller objectives.

NOTE Confidence: 0.55697072

 $00{:}33{:}47.160 \dashrightarrow 00{:}33{:}49.080$  But I agree for this purpose

NOTE Confidence: 0.95165979

 $00:33:50.600 \longrightarrow 00:33:52.120$  they could be interchangeable.

NOTE Confidence: 0.97706443

00:33:57.360 --> 00:33:59.720 Awe some. All right.

NOTE Confidence: 0.97706443

 $00:33:59.720 \longrightarrow 00:34:01.680$  Are there any questions to this point?

NOTE Confidence: 0.97706443

00:34:01.680 --> 00:34:02.805 So you're motivated,

NOTE Confidence: 0.97706443

 $00:34:02.805 \longrightarrow 00:34:05.055$  you're motivated to think of that

 $00{:}34{:}05.055 {\:{\mbox{--}}}{\:{\mbox{-}}} 00{:}34{:}07.556$  goals are serving an important purpose.

NOTE Confidence: 0.97706443

 $00:34:07.560 \longrightarrow 00:34:09.240$  So why are our learners here

NOTE Confidence: 0.927120214

 $00:34:12.040 \longrightarrow 00:34:13.792$  that there's certainly a lot of

NOTE Confidence: 0.927120214

 $00{:}34{:}13.792 \dashrightarrow 00{:}34{:}14.960$  stakeholders that are involved,

NOTE Confidence: 0.927120214

 $00:34:14.960 \longrightarrow 00:34:17.660$  but you're you're picturing your your

NOTE Confidence: 0.927120214

 $00:34:17.660 \longrightarrow 00:34:20.276$  main educational role as a course

NOTE Confidence: 0.927120214

 $00:34:20.276 \longrightarrow 00:34:23.236$  director or as a sa clinical supervisor.

NOTE Confidence: 0.927120214

 $00:34:23.240 \longrightarrow 00:34:25.440$  And that in that context you can be

NOTE Confidence: 0.927120214

 $00:34:25.440 \longrightarrow 00:34:27.320$  thinking about goals for your learners

NOTE Confidence: 0.927120214

 $00:34:27.320 \longrightarrow 00:34:28.760$  and that you want to be able to.

NOTE Confidence: 0.927120214

00:34:28.760 --> 00:34:31.244 You can think about them in a variety of

NOTE Confidence: 0.927120214

 $00:34:31.244 \longrightarrow 00:34:32.604$  domains, knowledge, skills and attitudes.

NOTE Confidence: 0.927120214

 $00{:}34{:}32.604 \dashrightarrow 00{:}34{:}34.720$  And there's going to be ends and means.

NOTE Confidence: 0.927120214

00:34:34.720 --> 00:34:35.887 There's timing differences.

NOTE Confidence: 0.927120214

 $00:34:35.887 \longrightarrow 00:34:37.832$  We talked about being able

 $00:34:37.832 \longrightarrow 00:34:39.399$  to effectively express them.

NOTE Confidence: 0.927120214

 $00:34:39.400 \longrightarrow 00:34:40.399$  So any questions?

NOTE Confidence: 0.927120214

00:34:40.399 --> 00:34:42.730 I'm just going to have us watch

NOTE Confidence: 0.927120214

 $00:34:42.800 \longrightarrow 00:34:44.837$  a 3 minute video as an example

NOTE Confidence: 0.927120214

 $00:34:44.840 \longrightarrow 00:34:47.666$  to be thinking about how goals

NOTE Confidence: 0.927120214

00:34:47.666 --> 00:34:49.924 can arrive during a teaching.

NOTE Confidence: 0.927120214

 $00:34:49.924 \longrightarrow 00:34:52.878$  And so as you're watching this video,

NOTE Confidence: 0.927120214

00:34:52.880 --> 00:34:55.076 I want you to be thinking about if you

NOTE Confidence: 0.927120214

 $00{:}34{:}55.076 \dashrightarrow 00{:}34{:}57.447$  were the teacher in that video and you

NOTE Confidence: 0.927120214

 $00:34:57.447 \longrightarrow 00:34:59.760$  were watching this medical student present,

NOTE Confidence: 0.927120214

 $00{:}34{:}59.760 \dashrightarrow 00{:}35{:}01.340$  what goals would you start

NOTE Confidence: 0.927120214

 $00:35:01.340 \longrightarrow 00:35:02.920$  to have for that person?

NOTE Confidence: 0.927120214

 $00:35:02.920 \longrightarrow 00:35:04.840$  And think about an end goal,

NOTE Confidence: 0.927120214

 $00:35:04.840 \longrightarrow 00:35:06.800$  think about some means goals,

NOTE Confidence: 0.927120214

 $00:35:06.800 \longrightarrow 00:35:07.092$  think it.

NOTE Confidence: 0.927120214

 $00:35:07.092 \longrightarrow 00:35:07.676$  Would it be an,

 $00:35:07.680 \longrightarrow 00:35:09.192$  would it be a knowledge skill or an attitude?

NOTE Confidence: 0.927120214

 $00{:}35{:}09.200 \dashrightarrow 00{:}35{:}10.880$  There's not going to be a right

NOTE Confidence: 0.927120214

 $00:35:10.880 \longrightarrow 00:35:12.173$  or wrong question here 'cause

NOTE Confidence: 0.927120214

 $00{:}35{:}12.173 \dashrightarrow 00{:}35{:}13.733$  there's a number of goals that

NOTE Confidence: 0.927120214

 $00:35:13.733 \longrightarrow 00:35:15.498$  you'll all recognize as as being

NOTE Confidence: 0.927120214

00:35:15.498 --> 00:35:16.993 potential goals for this learner.

NOTE Confidence: 0.927120214

 $00:35:17.000 \longrightarrow 00:35:18.246$  But I just want you to kind

NOTE Confidence: 0.927120214

 $00:35:18.246 \longrightarrow 00:35:19.594$  of start to practice how you

NOTE Confidence: 0.927120214

00:35:19.594 --> 00:35:20.874 would put these things into,

NOTE Confidence: 0.947970186666667

 $00:35:23.480 \longrightarrow 00:35:25.658$  into something that you would then

NOTE Confidence: 0.947970186666667

 $00:35:25.658 \dashrightarrow 00:35:28.319$  be needing to think about expressing.

NOTE Confidence: 0.947970186666667

 $00:35:28.320 \longrightarrow 00:35:30.315$  Alright, Can everybody see this video still

NOTE Confidence: 0.95840632

 $00{:}35{:}34.120 --> 00{:}35{:}35.320$  looks like a video still.

NOTE Confidence: 0.896295534

 $00:35:36.120 \longrightarrow 00:35:37.400$  Yeah, we see it. OK,

NOTE Confidence: 0.889680352

00:35:37.680 --> 00:35:39.372 So you're going to be pretending

 $00:35:39.372 \longrightarrow 00:35:40.500$  you're this middle attending

NOTE Confidence: 0.889680352

 $00:35:40.547 \longrightarrow 00:35:42.072$  physician here and you're watching

NOTE Confidence: 0.889680352

 $00:35:42.072 \longrightarrow 00:35:43.597$  this medical student over here.

NOTE Confidence: 0.889680352

 $00:35:43.600 \longrightarrow 00:35:45.264$  And I would just take a piece of

NOTE Confidence: 0.889680352

00:35:45.264 --> 00:35:46.979 paper and I would just jot down

NOTE Confidence: 0.889680352

00:35:46.979 --> 00:35:48.680 for yourself, like end goal.

NOTE Confidence: 0.889680352

00:35:48.680 --> 00:35:50.629 You know, 1-2 means goal.

NOTE Confidence: 0.889680352

 $00:35:50.629 \longrightarrow 00:35:52.927$  And then maybe like a relevant

NOTE Confidence: 0.889680352

 $00{:}35{:}52.927 \dashrightarrow 00{:}35{:}54.662$  statement and kind of thinking

NOTE Confidence: 0.889680352

 $00:35:54.662 \longrightarrow 00:35:57.094$  about the verb just so you would

NOTE Confidence: 0.889680352

 $00{:}35{:}57.094 \dashrightarrow 00{:}35{:}59.224$  be practicing this in real time,

NOTE Confidence: 0.889680352

 $00:35:59.224 \longrightarrow 00:36:01.120$  just two minutes and 26 seconds.

NOTE Confidence: 0.834480372

 $00:36:03.640 \longrightarrow 00:36:04.520$  It'll start in a second.

NOTE Confidence: 0.877480427368421

 $00:36:08.440 \longrightarrow 00:36:10.864$  So the patient is a 68 year old

NOTE Confidence: 0.877480427368421

 $00:36:10.864 \longrightarrow 00:36:13.417$  male with a history of coronary

NOTE Confidence: 0.877480427368421

 $00:36:13.417 \longrightarrow 00:36:15.757$  artery disease status post cabbage,

00:36:15.760 --> 00:36:18.544 coronary artery bypass graft in 2002,

NOTE Confidence: 0.877480427368421

 $00:36:18.544 \longrightarrow 00:36:21.328$  history of pulmonary embolus and deep

NOTE Confidence: 0.877480427368421

 $00:36:21.328 \longrightarrow 00:36:24.400$  vein thrombosis in 2002 and 2009.

NOTE Confidence: 0.877480427368421

 $00:36:24.400 \longrightarrow 00:36:26.640$  Now presents with nausea,

NOTE Confidence: 0.877480427368421

00:36:26.640 --> 00:36:29.097 vomiting for the past few days along

NOTE Confidence: 0.877480427368421

 $00{:}36{:}29.097 \dashrightarrow 00{:}36{:}32.685$  with a Disney on exertion and a oh and a

NOTE Confidence: 0.877480427368421

 $00:36:32.685 \longrightarrow 00:36:35.280$  pulmonary embolus in the right lower lobe.

NOTE Confidence: 0.877480427368421

00:36:35.280 --> 00:36:37.944 His most recent story and his

NOTE Confidence: 0.877480427368421

 $00{:}36{:}37.944 \dashrightarrow 00{:}36{:}39.720$  story changes fairly frequently.

NOTE Confidence: 0.877480427368421

 $00{:}36{:}39.720 \dashrightarrow 00{:}36{:}42.432$  He also has multiple Ed visits at our

NOTE Confidence: 0.877480427368421

 $00:36:42.432 \longrightarrow 00:36:44.680$  hospital and also at A at Fairmont.

NOTE Confidence: 0.877480427368421

00:36:44.680 --> 00:36:46.120 At Fairmont Hospital for nausea,

NOTE Confidence: 0.877480427368421

 $00{:}36{:}46.120 \dashrightarrow 00{:}36{:}48.004$  vomiting and was also discharged on

NOTE Confidence: 0.877480427368421

 $00{:}36{:}48.004 \dashrightarrow 00{:}36{:}50.559$  the same day at all of those places.

NOTE Confidence: 0.877480427368421

 $00:36:50.560 \longrightarrow 00:36:52.646$  So he was admitted to the holding

00:36:52.646 --> 00:36:54.473 unit basically for for IV hydration

NOTE Confidence: 0.877480427368421

00:36:54.473 --> 00:36:56.517 and he was also given Ativan there

NOTE Confidence: 0.877480427368421

 $00:36:56.520 \longrightarrow 00:36:57.900$  for for alcohol withdrawal.

NOTE Confidence: 0.877480427368421

 $00:36:57.900 \longrightarrow 00:37:00.855$  He was setting 90% on room air.

NOTE Confidence: 0.877480427368421

 $00:37:00.855 \longrightarrow 00:37:03.380$  His hematocrit was 40 EKG,

NOTE Confidence: 0.877480427368421

00:37:03.380 --> 00:37:05.900 didn't show any changes from prior

NOTE Confidence: 0.877480427368421

 $00:37:05.900 \longrightarrow 00:37:08.488$  visits and tropes were negative.

NOTE Confidence: 0.877480427368421

00:37:08.488 --> 00:37:12.040 Creatinine was 1.5, Ethanol tox was negative.

NOTE Confidence: 0.877480427368421

00:37:12.040 --> 00:37:14.560 However, he became increasingly tacky

NOTE Confidence: 0.877480427368421

00:37:14.560 --> 00:37:17.454 overnight and per Doctor Stevens's note,

NOTE Confidence: 0.877480427368421

 $00:37:17.454 \longrightarrow 00:37:20.443$  his CT came back showing the right

NOTE Confidence: 0.877480427368421

 $00:37:20.443 \longrightarrow 00:37:21.480$  lower low PE.

NOTE Confidence: 0.877480427368421

00:37:21.480 --> 00:37:21.853 Currently,

NOTE Confidence: 0.877480427368421

 $00:37:21.853 \longrightarrow 00:37:24.837$  the patient was was not on any Coumadin.

NOTE Confidence: 0.877480427368421

 $00:37:24.840 \longrightarrow 00:37:27.480$  This is a little vague.

NOTE Confidence: 0.877480427368421

 $00:37:27.480 \longrightarrow 00:37:29.000$  When I reviewed the history,

 $00:37:29.000 \longrightarrow 00:37:31.472$  it appeared that his pulmonary embolism

NOTE Confidence: 0.877480427368421

 $00:37:31.472 \longrightarrow 00:37:33.120$  occurred during vascular surgery.

NOTE Confidence: 0.877480427368421 00:37:33.120 --> 00:37:33.460 Yeah, NOTE Confidence: 0.877480427368421

00:37:33.460 --> 00:37:35.840 it may have occurred following the surgery,

NOTE Confidence: 0.877480427368421

 $00:37:35.840 \longrightarrow 00:37:37.639$  but it just isn't clear right now.

NOTE Confidence: 0.877480427368421

00:37:37.640 --> 00:37:39.320 The recent piece we're documented

NOTE Confidence: 0.877480427368421

 $00:37:39.320 \longrightarrow 00:37:41.000$  at the outside hospital records.

NOTE Confidence: 0.877480427368421

 $00{:}37{:}41.000 \dashrightarrow 00{:}37{:}43.317$  We just don't have those records yet.

NOTE Confidence: 0.877480427368421

 $00:37:43.320 \longrightarrow 00:37:48.038$  Moving on to relevant past medical history,

NOTE Confidence: 0.877480427368421

 $00:37:48.040 \longrightarrow 00:37:51.560$  so he has a history of coronary artery

NOTE Confidence: 0.877480427368421

00:37:51.560 --> 00:37:53.674 disease and eye surgery and I'm not

NOTE Confidence: 0.877480427368421

 $00:37:53.674 \longrightarrow 00:37:55.582$  really sure which eye or what kind

NOTE Confidence: 0.877480427368421

 $00{:}37{:}55.582 \to 00{:}37{:}59.224$  of surgery it was a hernia repair,

NOTE Confidence: 0.877480427368421

 $00:37:59.224 \longrightarrow 00:38:01.000$  an appendectomy,

NOTE Confidence: 0.877480427368421

 $00:38:01.000 \longrightarrow 00:38:02.782$  which surgery do you think is

 $00:38:02.782 \longrightarrow 00:38:03.673$  the most pertinent?

NOTE Confidence: 0.877480427368421

 $00:38:03.680 \longrightarrow 00:38:05.800$  I think, well, maybe his,

NOTE Confidence: 0.877480427368421

 $00:38:05.800 \longrightarrow 00:38:08.117$  his coronary artery disease is the most,

NOTE Confidence: 0.877480427368421

 $00:38:08.120 \longrightarrow 00:38:10.360$  is the most pertinent here

NOTE Confidence: 0.877480427368421

 $00:38:10.360 \longrightarrow 00:38:12.600$  because that's kind of OK.

NOTE Confidence: 0.877480427368421

 $00:38:12.600 \longrightarrow 00:38:14.584$  But it sounds like he had an aneurysm

NOTE Confidence: 0.877480427368421

 $00:38:14.584 \longrightarrow 00:38:15.718$  repaired and that contributed

NOTE Confidence: 0.877480427368421

 $00:38:15.718 \longrightarrow 00:38:17.332$  to his chest pain. Oh, OK.

NOTE Confidence: 0.877480427368421

 $00:38:17.332 \dashrightarrow 00:38:19.958$  And it was at that time that he had his PVCS.

NOTE Confidence: 0.877480427368421

 $00:38:19.960 \longrightarrow 00:38:22.550$  Not sure whether he had a PE

NOTE Confidence: 0.877480427368421

 $00:38:22.550 \longrightarrow 00:38:25.960$  at that time or what. Yeah.

NOTE Confidence: 0.877480427368421

 $00:38:25.960 \longrightarrow 00:38:26.328$  It's.

NOTE Confidence: 0.877480427368421 00:38:26.328 --> 00:38:26.696 Yeah,

NOTE Confidence: 0.877480427368421

 $00:38:26.696 \longrightarrow 00:38:28.840$  it's not really clear about that right now.

NOTE Confidence: 0.874180277368421

00:38:33.600 --> 00:38:35.742 All right. So just curious that

NOTE Confidence: 0.874180277368421

 $00:38:35.742 \longrightarrow 00:38:38.868$  you can put this in the chat or if

 $00:38:38.868 \longrightarrow 00:38:40.690$  anybody wants to just volunteer a

NOTE Confidence: 0.874180277368421

 $00:38:40.690 \longrightarrow 00:38:42.280$  couple of thoughts that they had,

NOTE Confidence: 0.874180277368421

 $00:38:42.280 \longrightarrow 00:38:45.430$  I would love to have some thoughts

NOTE Confidence: 0.874180277368421

 $00:38:45.430 \longrightarrow 00:38:47.164$  about you're watching that conversation

NOTE Confidence: 0.874180277368421

 $00:38:47.164 \longrightarrow 00:38:49.880$  and a goal comes to you in your head.

NOTE Confidence: 0.874180277368421

 $00:38:49.880 \longrightarrow 00:38:51.714$  So just as it's coming to you,

NOTE Confidence: 0.874180277368421

 $00:38:51.720 \longrightarrow 00:38:53.799$  it helps for you to categorize it.

NOTE Confidence: 0.874180277368421

 $00{:}38{:}53.800 \dashrightarrow 00{:}38{:}54.862$  Is this a knowledge skill or

NOTE Confidence: 0.874180277368421

 $00:38:54.862 \longrightarrow 00:38:55.393$  an attitude goal?

NOTE Confidence: 0.874180277368421

00:38:55.400 --> 00:38:56.795 Maybe there's a few that are coming to you.

NOTE Confidence: 0.874180277368421

00:38:56.800 --> 00:38:58.672 So you could put down in the chat

NOTE Confidence: 0.874180277368421

 $00:38:58.672 \longrightarrow 00:39:00.783$  some goals that were coming to you for

NOTE Confidence: 0.874180277368421

 $00:39:00.783 \dashrightarrow 00:39:03.800$  that learner that was an end goal.

NOTE Confidence: 0.874180277368421

00:39:03.800 --> 00:39:05.000 And like if it's a knowledge

NOTE Confidence: 0.874180277368421

 $00:39:05.000 \longrightarrow 00:39:05.800$  or an attitude goal,

00:39:05.800 --> 00:39:07.795 you could just kind of start putting

NOTE Confidence: 0.874180277368421

 $00:39:07.795 \longrightarrow 00:39:10.440$  that in there so I can see the range,

NOTE Confidence: 0.874180277368421

 $00:39:10.440 \longrightarrow 00:39:13.716$  the, the video was very triggering.

NOTE Confidence: 0.874180277368421

00:39:13.720 --> 00:39:15.796 Yes, you know, and so sometimes,

NOTE Confidence: 0.874180277368421

00:39:15.800 --> 00:39:17.800 you know you're in the middle of something,

NOTE Confidence: 0.874180277368421

00:39:17.800 --> 00:39:19.624 somebody's presenting to you and you're

NOTE Confidence: 0.874180277368421

 $00:39:19.624 \longrightarrow 00:39:21.438$  like thinking this is a hot mess.

NOTE Confidence: 0.874180277368421

 $00:39:21.440 \longrightarrow 00:39:23.396$  It's like, where do I start?

NOTE Confidence: 0.874180277368421

 $00:39:23.400 \longrightarrow 00:39:26.720$  Like you have to dissect it a little

NOTE Confidence: 0.874180277368421

00:39:26.720 --> 00:39:31.080 bit back memories from from medical,

NOTE Confidence: 0.87418027736842100:39:31.080 --> 00:39:32.252 is it?

NOTE Confidence: 0.874180277368421

00:39:32.252 --> 00:39:35.840 What back memories from medical school?

NOTE Confidence: 0.874180277368421

 $00:39:35.840 \longrightarrow 00:39:37.960$  So I didn't know anybody want to throw

NOTE Confidence: 0.874180277368421

 $00:39:37.960 \longrightarrow 00:39:40.477$  out a because there's no wrong answer.

NOTE Confidence: 0.874180277368421

 $00:39:40.480 \longrightarrow 00:39:41.950$  There's just like fodder for us to

NOTE Confidence: 0.874180277368421

 $00:39{:}41.950 \dashrightarrow 00{:}39{:}43.595$  start with any kind of ends goal that

 $00:39:43.595 \longrightarrow 00:39:45.079$  you would have had for that person

NOTE Confidence: 0.6633048

 $00{:}39{:}48.240 \to 00{:}39{:}51.648$  organization good. So that's knowledge,

NOTE Confidence: 0.6633048

00:39:51.648 --> 00:39:53.079 skill or attitude, would you say?

NOTE Confidence: 0.864268293333333

00:40:03.720 --> 00:40:05.796 And then Janie says, you know,

NOTE Confidence: 0.864268293333333

 $00:40:05.800 \longrightarrow 00:40:06.937$  fluidity of presentation.

NOTE Confidence: 0.864268293333333

 $00:40:06.937 \longrightarrow 00:40:09.211$  So sometimes this is really good

NOTE Confidence: 0.864268293333333

 $00:40:09.211 \longrightarrow 00:40:11.720$  for you to be really clear in your

NOTE Confidence: 0.864268293333333

 $00:40:11.720 \longrightarrow 00:40:14.371$  own mind because it could be that

NOTE Confidence: 0.864268293333333

 $00{:}40{:}14.371 \dashrightarrow 00{:}40{:}17.317$  it was organized but not fluid.

NOTE Confidence: 0.864268293333333

 $00:40:17.320 \longrightarrow 00:40:18.461$  So you have to kind of like

NOTE Confidence: 0.864268293333333

 $00:40:18.461 \longrightarrow 00:40:19.440$  what what is it exactly?

NOTE Confidence: 0.864268293333333

 $00:40:19.440 \longrightarrow 00:40:20.552$  Or maybe it's both.

NOTE Confidence: 0.864268293333333

 $00{:}40{:}20.552 \dashrightarrow 00{:}40{:}22.220$  And then you're having to also

NOTE Confidence: 0.864268293333333

 $00{:}40{:}22.283 \longrightarrow 00{:}40{:}25.928$  prioritize cause see the if you just

NOTE Confidence: 0.864268293333333

 $00:40:25.928 \longrightarrow 00:40:28.319$  say I want you to be better at that,

 $00:40:28.320 \longrightarrow 00:40:30.408$  you can imagine that that doesn't

NOTE Confidence: 0.864268293333333

 $00{:}40{:}30.408 \dashrightarrow 00{:}40{:}32.782$  help the the student have a shared

NOTE Confidence: 0.864268293333333

 $00:40:32.782 \longrightarrow 00:40:34.130$  understanding of when you're

NOTE Confidence: 0.864268293333333

 $00:40:34.189 \longrightarrow 00:40:36.211$  going to assess them on that

NOTE Confidence: 0.864268293333333

 $00:40:36.211 \longrightarrow 00:40:37.559$  what you're really expecting.

NOTE Confidence: 0.864268293333333

 $00:40:37.560 \longrightarrow 00:40:40.600$  I want that to be better. That was bad.

NOTE Confidence: 0.864268293333333

 $00:40:40.600 \longrightarrow 00:40:43.477$  That's so focus on the relevant information.

NOTE Confidence: 0.864268293333333

 $00:40:43.480 \longrightarrow 00:40:45.880$  So. So Ellie, is it.

NOTE Confidence: 0.864268293333333

00:40:45.880 --> 00:40:48.478 Ellie, am I saying that right?

NOTE Confidence: 0.864268293333333 00:40:48.480 --> 00:40:49.360 Yeah, Yes. NOTE Confidence: 0.864268293333333

 $00:40:49.360 \longrightarrow 00:40:52.000$  So that could be an an,

NOTE Confidence: 0.74190604

 $00:40:55.280 \longrightarrow 00:40:58.475$  an ends goal or a means goal I suppose,

NOTE Confidence: 0.74190604

 $00:40:58.480 \longrightarrow 00:41:01.875$  depending on where your your learner is.

NOTE Confidence: 0.74190604

 $00{:}41{:}01.880 \to 00{:}41{:}05.876$  So focusing on the relevant information.

NOTE Confidence: 0.74190604

00:41:05.880 --> 00:41:10.714 So it you know, it could be a a,

NOTE Confidence: 0.74190604

 $00:41:10.714 \longrightarrow 00:41:12.256$  a knowledge thing that they don't

00:41:12.256 --> 00:41:14.296 know what's relevant or a skill thing

NOTE Confidence: 0.74190604

 $00:41:14.296 \longrightarrow 00:41:15.880$  because they left it out because

NOTE Confidence: 0.74190604

00:41:15.936 --> 00:41:17.441 they weren't systematic in the

NOTE Confidence: 0.74190604

 $00:41:17.441 \longrightarrow 00:41:19.440$  way that they're taking a history.

NOTE Confidence: 0.74190604

 $00{:}41{:}19.440 \dashrightarrow 00{:}41{:}22.770$  So you know, having a conversation

NOTE Confidence: 0.74190604

 $00:41:22.770 \longrightarrow 00:41:24.920$  with them knowledge

NOTE Confidence: 0.930707467142857

00:41:26.960 --> 00:41:28.878 list the key risk factors for PE,

NOTE Confidence: 0.930707467142857

 $00:41:28.880 \longrightarrow 00:41:31.200$  rank them in order.

NOTE Confidence: 0.930707467142857

 $00:41:31.200 \longrightarrow 00:41:32.480$  Read the Bates chapter.

NOTE Confidence: 0.930707467142857

 $00{:}41{:}32.480 \dashrightarrow 00{:}41{:}34.720$  So Kofi is starting to list some

NOTE Confidence: 0.917117805714286

 $00:41:37.120 \longrightarrow 00:41:39.717$  you know maybe a knowledge ends goal.

NOTE Confidence: 0.917117805714286

 $00:41:39.720 \longrightarrow 00:41:41.197$  I want you to be able to

NOTE Confidence: 0.917117805714286

 $00{:}41{:}41.197 \dashrightarrow 00{:}41{:}42.718$  list the risk factors for PE.

NOTE Confidence: 0.917117805714286

 $00:41:42.720 \longrightarrow 00:41:46.599$  So he's using list as a verb.

NOTE Confidence: 0.917117805714286

 $00:41:46.599 \longrightarrow 00:41:48.078$  So he doesn't.

00:41:48.080 --> 00:41:49.430 He's just saying like not saying

NOTE Confidence: 0.917117805714286

 $00{:}41{:}49.430 \dashrightarrow 00{:}41{:}51.368$ I want you to know PEI want you to

NOTE Confidence: 0.917117805714286

 $00:41:51.368 \longrightarrow 00:41:53.038$  be able to list the causes of PE.

NOTE Confidence: 0.917117805714286

00:41:53.040 --> 00:41:57.880 So for a for a these goals you know list,

NOTE Confidence: 0.917117805714286

 $00:41:57.880 \longrightarrow 00:41:59.588$  you know write them all out the

NOTE Confidence: 0.917117805714286

 $00:41:59.588 \longrightarrow 00:42:01.480$  the ones that you know about and

NOTE Confidence: 0.917117805714286

 $00:42:01.480 \longrightarrow 00:42:03.136$  rank them in order of likelihood

NOTE Confidence: 0.917117805714286

 $00:42:03.198 \longrightarrow 00:42:04.878$  and maybe get feedback on that.

NOTE Confidence: 0.917117805714286

 $00:42:04.880 \longrightarrow 00:42:08.388$  Read the debates chapter on soap

NOTE Confidence: 0.917117805714286

 $00:42:08.388 \longrightarrow 00:42:09.792$  note write and that and that

NOTE Confidence: 0.917117805714286

 $00{:}42{:}09.792 \dashrightarrow 00{:}42{:}11.373$  might be kind of separate soap

NOTE Confidence: 0.917117805714286

00:42:11.373 --> 00:42:12.963 note writing might be kind of

NOTE Confidence: 0.917117805714286

00:42:13.019 --> 00:42:14.760 more of an organizational thing.

NOTE Confidence: 0.9687234

 $00:42:17.960 \longrightarrow 00:42:21.485$  Let's see. You have a goal for

NOTE Confidence: 0.9687234

 $00:42:21.485 \longrightarrow 00:42:23.884$  the intern as well. Atta. Yeah.

NOTE Confidence: 0.9687234

 $00{:}42{:}23.884 \rightarrow 00{:}42{:}25.196$  So there's a lot of things that the

 $00:42:25.196 \longrightarrow 00:42:26.399$  attendant could have been watching there.

NOTE Confidence: 0.9687234

 $00{:}42{:}26.400 \dashrightarrow 00{:}42{:}27.912$  What you knew you can put down an

NOTE Confidence: 0.9687234

 $00:42:27.912 \longrightarrow 00:42:29.400$  ends goal for the intern. Atta.

NOTE Confidence: 0.900023508571429

 $00:42:33.120 \longrightarrow 00:42:36.486$  So the the key thing I'm wanting you to

NOTE Confidence: 0.900023508571429

00:42:36.486 --> 00:42:39.015 take away from this is you're watching some,

NOTE Confidence: 0.900023508571429

00:42:39.015 --> 00:42:40.858 you might have a goal that came to you

NOTE Confidence: 0.900023508571429

00:42:40.858 --> 00:42:43.356 before, maybe that you were going to

NOTE Confidence: 0.900023508571429

 $00{:}42{:}43.360 \dashrightarrow 00{:}42{:}45.640$  teach them about something, et cetera.

NOTE Confidence: 0.900023508571429

 $00{:}42{:}45.640 {\: --> \:} 00{:}42{:}48.336$  But sometimes goals come to you during and

NOTE Confidence: 0.900023508571429

 $00:42:48.336 \longrightarrow 00:42:52.680$  while you were watching that presentation,

NOTE Confidence: 0.900023508571429

 $00{:}42{:}52.680 \dashrightarrow 00{:}42{:}54.160$  you were noticing some things.

NOTE Confidence: 0.900023508571429

00:42:54.160 --> 00:42:55.315 So you're trying to be like thinking,

NOTE Confidence: 0.900023508571429

00:42:55.320 --> 00:42:56.456 what am I noticing?

NOTE Confidence: 0.900023508571429

 $00:42:56.456 \longrightarrow 00:42:57.876$  Is it was it knowledge,

NOTE Confidence: 0.900023508571429

00:42:57.880 --> 00:42:59.476 skill or attitudes? If it's an if,

 $00:42:59.480 \longrightarrow 00:43:01.720$  it's a depending on what it is,

NOTE Confidence: 0.900023508571429

 $00{:}43{:}01.720 \dashrightarrow 00{:}43{:}03.850$  let me try to pick off a few that seem

NOTE Confidence: 0.900023508571429

00:43:03.909 --> 00:43:05.894 to be high priority because, you know,

NOTE Confidence: 0.900023508571429

00:43:05.894 --> 00:43:07.343 maybe some of those were above like

NOTE Confidence: 0.900023508571429

 $00:43:07.343 \longrightarrow 00:43:08.955$  what shoes he was wearing right there.

NOTE Confidence: 0.900023508571429

 $00:43:08.960 \longrightarrow 00:43:10.718$  You're going to have someones that

NOTE Confidence: 0.900023508571429

00:43:10.718 --> 00:43:12.948 maybe have to do with patient safety

NOTE Confidence: 0.900023508571429

 $00:43:12.948 \longrightarrow 00:43:15.440$  and etcetera that are going to be

NOTE Confidence: 0.900023508571429

00:43:15.440 --> 00:43:18.039 higher up on your priority list,

NOTE Confidence: 0.900023508571429

00:43:18.040 --> 00:43:19.770 thinking about using your verbs

NOTE Confidence: 0.900023508571429

 $00{:}43{:}19.770 \dashrightarrow 00{:}43{:}21.760$  to to refine the knowledge goals

NOTE Confidence: 0.900023508571429

 $00:43:21.760 \longrightarrow 00:43:23.072$  or the skill goals.

NOTE Confidence: 0.900023508571429

 $00:43:23.080 \longrightarrow 00:43:25.256$  So it'd be, it'd be observable and then

NOTE Confidence: 0.900023508571429

 $00:43:25.256 \longrightarrow 00:43:27.426$  to start to brainstorm some things.

NOTE Confidence: 0.900023508571429

00:43:27.426 --> 00:43:30.317 Now let's just try one more thing.

NOTE Confidence: 0.900023508571429 00:43:30.320 --> 00:43:30.466 Actually,

 $00:43:30.466 \longrightarrow 00:43:31.634$  I'm not going to try one more thing.

NOTE Confidence: 0.900023508571429

 $00:43:31.640 \longrightarrow 00:43:33.440$  This is going to be the second activity

NOTE Confidence: 0.900023508571429

 $00:43:33.440 \longrightarrow 00:43:35.248$  that we do because the second activity,

NOTE Confidence: 0.900023508571429

 $00:43:35.248 \longrightarrow 00:43:37.060$  if you have the first hand

NOTE Confidence: 0.900023508571429

00:43:37.117 --> 00:43:38.597 outlet that Linda gave you,

NOTE Confidence: 0.900023508571429

 $00:43:38.600 \longrightarrow 00:43:40.376$  no breakout rooms.

NOTE Confidence: 0.900023508571429

 $00:43:40.376 \longrightarrow 00:43:44.184$  So please, please hang in there.

NOTE Confidence: 0.900023508571429

00:43:44.184 --> 00:43:45.992 But because you know,

NOTE Confidence: 0.900023508571429

 $00:43:45.992 \longrightarrow 00:43:48.680$  we only have our 45 minutes together,

NOTE Confidence: 0.900023508571429

 $00:43:48.680 \longrightarrow 00:43:51.288$  if we don't do a little bit of

NOTE Confidence: 0.900023508571429

 $00:43:51.288 \longrightarrow 00:43:52.720$  this skills practice,

NOTE Confidence: 0.900023508571429

 $00:43:52.720 \longrightarrow 00:43:54.771$  then it's really hard for you to

NOTE Confidence: 0.900023508571429

 $00{:}43{:}54.771 \dashrightarrow 00{:}43{:}56.840$  walk away feeling like you're you're

NOTE Confidence: 0.900023508571429

 $00{:}43{:}56.840 \dashrightarrow 00{:}43{:}59.120$  you've got some tangible things

NOTE Confidence: 0.900023508571429

 $00:43:59.120 \longrightarrow 00:44:01.280$  that you remember from the session.

 $00:44:01.280 \longrightarrow 00:44:04.727$  So a means goal for you to get better

NOTE Confidence: 0.900023508571429

 $00{:}44{:}04.727 \dashrightarrow 00{:}44{:}07.932$  and effectively expressing goals is for

NOTE Confidence: 0.900023508571429

00:44:07.932 --> 00:44:11.360 you to practice on your worksheet I gave you.

NOTE Confidence: 0.900023508571429 00:44:11.360 --> 00:44:11.960 All right. NOTE Confidence: 0.900023508571429

 $00:44:11.960 \longrightarrow 00:44:13.760$  So this is a means goal.

NOTE Confidence: 0.900023508571429 00:44:13.760 --> 00:44:14.293 Why? NOTE Confidence: 0.900023508571429

 $00:44:14.293 \longrightarrow 00:44:17.175$  This is a relevant statement because

NOTE Confidence: 0.900023508571429

00:44:17.175 --> 00:44:18.250 you're going to otherwise walk

NOTE Confidence: 0.900023508571429

00:44:18.250 --> 00:44:19.775 away and you're not going to really

NOTE Confidence: 0.900023508571429

00:44:19.775 --> 00:44:20.815 feel like you learned anything

NOTE Confidence: 0.900023508571429

 $00{:}44{:}20.815 \dashrightarrow 00{:}44{:}22.159$  unless we have you do an activity.

NOTE Confidence: 0.900023508571429

 $00:44:22.160 \longrightarrow 00:44:24.080$  This is how you cement things.

NOTE Confidence: 0.900023508571429

 $00:44:24.080 \longrightarrow 00:44:25.711$  So if you would take the bottom

NOTE Confidence: 0.900023508571429

 $00{:}44{:}25.711 \dashrightarrow 00{:}44{:}27.000$  part of that worksheet,

NOTE Confidence: 0.900023508571429

 $00:44:27.000 \longrightarrow 00:44:28.575$  which was handed number one

NOTE Confidence: 0.900023508571429

00:44:28.575 --> 00:44:29.835 that Linda gave you,

 $00:44:29.840 \longrightarrow 00:44:32.052$  I want we're going to just take

NOTE Confidence: 0.900023508571429

00:44:32.052 --> 00:44:33.544 like 3 minutes of silence.

NOTE Confidence: 0.900023508571429

00:44:33.544 --> 00:44:35.720 I'll sing in the meantime in the background,

NOTE Confidence: 0.900023508571429 00:44:35.720 --> 00:44:37.140 gently, NOTE Confidence: 0.900023508571429

 $00:44:37.140 \longrightarrow 00:44:39.608$  quietly and you'll see that

NOTE Confidence: 0.900023508571429

 $00:44:39.608 \longrightarrow 00:44:40.394$  it says knowledge,

NOTE Confidence: 0.900023508571429

 $00:44:40.400 \longrightarrow 00:44:42.758$  skill and attitudes on your worksheet.

NOTE Confidence: 0.900023508571429

 $00:44:42.760 \longrightarrow 00:44:45.320$  And even if you've if you're like driving,

NOTE Confidence: 0.900023508571429

00:44:45.320 --> 00:44:47.156 you don't have a worksheet or

NOTE Confidence: 0.900023508571429

 $00:44:47.156 \longrightarrow 00:44:50.032$  you or you can't print it out.

NOTE Confidence: 0.900023508571429

00:44:50.032 --> 00:44:51.291 Just if you're driving,

NOTE Confidence: 0.900023508571429

00:44:51.291 --> 00:44:53.319 not driving and you can just write on

NOTE Confidence: 0.900023508571429

 $00{:}44{:}53.319 \dashrightarrow 00{:}44{:}55.300$  a piece of paper make a make a three

NOTE Confidence: 0.900023508571429

 $00{:}44{:}55.300 \to 00{:}44{:}57.058$  by three table that says knowledge,

NOTE Confidence: 0.900023508571429

 $00:44:57.058 \longrightarrow 00:44:57.916$  skill and attitudes.

 $00:44:57.920 \longrightarrow 00:44:59.496$  Then it has ends.

NOTE Confidence: 0.900023508571429

 $00:44:59.496 \longrightarrow 00:45:01.870$  Goals means goals, relevant statement.

NOTE Confidence: 0.900023508571429

 $00:45:01.870 \longrightarrow 00:45:05.440$  So picture where you usually teach.

NOTE Confidence: 0.900023508571429

 $00:45:05.440 \longrightarrow 00:45:07.477$  Picture like Mike Green is going to

NOTE Confidence: 0.900023508571429

00:45:07.477 --> 00:45:09.599 go precept an HIV clinic tomorrow.

NOTE Confidence: 0.900023508571429

00:45:09.600 --> 00:45:10.120 Pam

NOTE Confidence: 0.804889077692308

 $00:45:12.280 \longrightarrow 00:45:14.135$  is going to go be associate clerkship

NOTE Confidence: 0.804889077692308

00:45:14.135 --> 00:45:16.119 director for the Students in Psychiatry,

NOTE Confidence: 0.804889077692308

 $00:45:16.120 \longrightarrow 00:45:17.272$  and she's going to have to

NOTE Confidence: 0.804889077692308

 $00:45:17.272 \longrightarrow 00:45:18.040$  Orient the clerkship students.

NOTE Confidence: 0.804889077692308

 $00:45:18.040 \longrightarrow 00:45:20.208$  Rob Homer is going to be doing attacks

NOTE Confidence: 0.804889077692308

 $00:45:20.208 \longrightarrow 00:45:21.920$  and defenses wherever it might be.

NOTE Confidence: 0.804889077692308

00:45:21.920 --> 00:45:24.160 Like, think, what are my knowledge goal?

NOTE Confidence: 0.804889077692308

 $00:45:24.160 \longrightarrow 00:45:25.344$  What's a skill goal?

NOTE Confidence: 0.804889077692308

 $00:45:25.344 \longrightarrow 00:45:27.120$  Let me practice using a verb.

NOTE Confidence: 0.804889077692308

 $00{:}45{:}27.120 \dashrightarrow 00{:}45{:}28.914$  Let me practice making some means

 $00:45:28.914 \longrightarrow 00:45:30.720$  goals and a relevant statement.

NOTE Confidence: 0.804889077692308

 $00{:}45{:}30.720 \dashrightarrow 00{:}45{:}33.002$  So you're just going to take 5

NOTE Confidence: 0.804889077692308

 $00:45:33.002 \longrightarrow 00:45:35.199$  minutes to fill in your worksheet

NOTE Confidence: 0.804889077692308

 $00:45:35.199 \longrightarrow 00:45:37.491$  a little bit with something that

NOTE Confidence: 0.804889077692308

 $00:45:37.491 \longrightarrow 00:45:40.077$  you really feel is useful for you.

NOTE Confidence: 0.804889077692308

 $00:45:40.080 \longrightarrow 00:45:42.399$  And then we're going to call it at

NOTE Confidence: 0.824272692857143

 $00:45:45.320 \longrightarrow 00:45:50.318$  maybe in in 3 minutes from now

NOTE Confidence: 0.824272692857143

 $00{:}45{:}50.320 \dashrightarrow 00{:}45{:}52.000$  and just have people put some of

NOTE Confidence: 0.824272692857143

00:45:52.000 --> 00:45:53.677 the things that they put in there,

NOTE Confidence: 0.824272692857143

 $00:45:53.680 \longrightarrow 00:45:54.884$  'cause we wanna give,

NOTE Confidence: 0.824272692857143

 $00:45:54.884 \longrightarrow 00:45:56.389$  make sure that people are

NOTE Confidence: 0.824272692857143

 $00:45:56.389 \longrightarrow 00:45:57.878$  understanding the concepts correctly.

NOTE Confidence: 0.824272692857143

 $00:45:57.880 \longrightarrow 00:46:02.080$  So just take 3 minutes by yourself,

NOTE Confidence: 0.824272692857143

 $00:46:02.080 \longrightarrow 00:46:03.320$  fill in the worksheet.

NOTE Confidence: 0.72849833

00:46:06.440 --> 00:46:08.252 Amazing. I'm, I'm kidding.

 $00:46:08.252 \longrightarrow 00:46:10.517$  I'm not really gonna sing.

NOTE Confidence: 0.72849833

00:46:10.520 --> 00:46:14.480 It'll drive you to distraction

NOTE Confidence: 0.72849833

 $00:46:14.480 \longrightarrow 00:46:16.622$  and please ask me some questions

NOTE Confidence: 0.72849833

 $00:46:16.622 \longrightarrow 00:46:19.119$  in the chat in the meantime.

NOTE Confidence: 0.72849833

 $00:46:19.120 \longrightarrow 00:46:20.968$  You can even write them in the chat

NOTE Confidence: 0.72849833

 $00{:}46{:}20.968 \dashrightarrow 00{:}46{:}23.075$  if you want to get feedback on them,

NOTE Confidence: 0.72849833

 $00{:}46{:}23.080 \dashrightarrow 00{:}46{:}24.340$  but I want every body to have

NOTE Confidence: 0.72849833

 $00:46:24.340 \longrightarrow 00:46:25.180$  something on their worksheets

NOTE Confidence: 0.72849833

 $00:46:25.225 \longrightarrow 00:46:26.200$  when they're done. Here

NOTE Confidence: 0.947652491111111

 $00:47:44.120 \longrightarrow 00:47:45.920$  You want us to put it in the chat

NOTE Confidence: 0.9565413475

 $00{:}47{:}46.560 \dashrightarrow 00{:}47{:}47.600$  if you would like.

NOTE Confidence: 0.821517371666667

00:47:54.520 --> 00:47:55.868 Especially if like you're.

NOTE Confidence: 0.821517371666667

00:47:55.868 --> 00:47:58.820 I think a lot of times people can

NOTE Confidence: 0.821517371666667

 $00:47:58.820 \longrightarrow 00:48:01.400$  struggle with attitude and means goals.

NOTE Confidence: 0.821517371666667

 $00:48:01.400 \longrightarrow 00:48:02.520$  You might be observing,

NOTE Confidence: 0.8959837175

 $00:48:04.920 \longrightarrow 00:48:10.120$  you know, an intern speaking

 $00:48:12.400 \longrightarrow 00:48:15.208$  disrespectfully to a nurse on the

NOTE Confidence: 0.899668192857143

 $00:48:15.208 \longrightarrow 00:48:17.040$  phone and so you have a goal for them.

NOTE Confidence: 0.899668192857143

00:48:17.040 --> 00:48:19.640 You think you watch that and you're like,

NOTE Confidence: 0.899668192857143

 $00:48:19.640 \longrightarrow 00:48:22.316$  I would like you to be

NOTE Confidence: 0.899668192857143

 $00:48:22.320 \longrightarrow 00:48:24.960$  respectful and you're like,

NOTE Confidence: 0.899668192857143

00:48:24.960 --> 00:48:27.370 good luck with that. Or you know,

NOTE Confidence: 0.899668192857143

 $00:48:27.370 \longrightarrow 00:48:28.595$  I've gotten that feedback before.

NOTE Confidence: 0.899668192857143

00:48:28.600 --> 00:48:29.692 You know I don't.

NOTE Confidence: 0.899668192857143

00:48:29.692 --> 00:48:31.720 I don't know what you're talking about.

NOTE Confidence: 0.899668192857143

 $00{:}48{:}31.720 \dashrightarrow 00{:}48{:}34.835$  What are some means goals for attitudes.

NOTE Confidence: 0.899668192857143

 $00{:}48{:}34.840 \dashrightarrow 00{:}48{:}36.160$  So if any body has an attitude,

NOTE Confidence: 0.899668192857143

 $00:48:36.160 \longrightarrow 00:48:38.160$  end goal and you,

NOTE Confidence: 0.899668192857143

 $00{:}48{:}38.160 \dashrightarrow 00{:}48{:}41.160$  we want the group to brain storm.

NOTE Confidence: 0.899668192857143

 $00:48:41.160 \longrightarrow 00:48:42.840$  Sometimes for attitude means goals,

NOTE Confidence: 0.899668192857143

 $00:48:42.840 \longrightarrow 00:48:46.760$  we need to brain storm ideas.

 $00:48:46.760 \longrightarrow 00:48:48.278$  What have you found that works?

NOTE Confidence: 0.899668192857143

00:48:48.280 --> 00:48:49.020 When you have somebody

NOTE Confidence: 0.899668192857143

00:48:49.020 --> 00:48:49.760 who's not patient centered,

NOTE Confidence: 0.899668192857143

 $00:48:49.760 \longrightarrow 00:48:52.365$  what have you found works?

NOTE Confidence: 0.899668192857143

 $00:48:52.365 \longrightarrow 00:48:55.035$  If somebody has a blind spot,

NOTE Confidence: 0.899668192857143

 $00:48:55.040 \longrightarrow 00:48:56.438$  if somebody's disrespectful.

NOTE Confidence: 0.876599751428571

00:49:01.910 --> 00:49:03.947 Oh, and did you just do that?

NOTE Confidence: 0.761196033333333

00:49:06.750 --> 00:49:09.390 Oh, somebody. Somebody else.

NOTE Confidence: 0.761196033333333

 $00{:}49{:}09.390 \dashrightarrow 00{:}49{:}11.509$  Oh, you're you're back. Yeah.

NOTE Confidence: 0.761196033333333

 $00:49:11.509 \longrightarrow 00:49:13.423$  That looked like it was an

NOTE Confidence: 0.7611960333333333

 $00:49:13.423 \longrightarrow 00:49:14.630$  interesting thing to do.

NOTE Confidence: 0.865617899230769

 $00:49:20.070 \longrightarrow 00:49:21.918$  All right. Hopefully you're working on

NOTE Confidence: 0.865617899230769

 $00:49:21.918 \longrightarrow 00:49:24.125$  that and you're feeling like you can use

NOTE Confidence: 0.865617899230769

 $00{:}49{:}24.125 \dashrightarrow 00{:}49{:}29.480$  it as a template to get more explicit.

NOTE Confidence: 0.865617899230769

 $00:49:29.480 \longrightarrow 00:49:32.558$  A lot of us who attend in the hospital,

NOTE Confidence: 0.865617899230769

 $00:49:32.560 \longrightarrow 00:49:35.012$  you do as regularly.

00:49:35.012 --> 00:49:36.960 You know, you meet your team.

NOTE Confidence: 0.865617899230769

 $00{:}49{:}36.960 \dashrightarrow 00{:}49{:}38.780$  You know, you kind of have these

NOTE Confidence: 0.865617899230769

 $00:49:38.780 \longrightarrow 00:49:40.240$  things that come up repeatedly.

NOTE Confidence: 0.865617899230769

 $00:49:40.240 \longrightarrow 00:49:41.490$  You might even decide you're

NOTE Confidence: 0.865617899230769

00:49:41.490 --> 00:49:43.280 going to print some of these out,

NOTE Confidence: 0.865617899230769

 $00:49:43.280 \longrightarrow 00:49:44.960$  like team expectations.

NOTE Confidence: 0.87640518

00:49:47.560 --> 00:49:50.440 You know going around and asking

NOTE Confidence: 0.87640518

 $00:49:50.440 \longrightarrow 00:49:52.075$  each person for their goals

NOTE Confidence: 0.87640518

 $00{:}49{:}52.075 \dashrightarrow 00{:}49{:}54.160$  and as you express your goals,

NOTE Confidence: 0.87640518

 $00{:}49{:}54.160 \dashrightarrow 00{:}49{:}56.029$  any body wanna to to talk about a

NOTE Confidence: 0.87640518

 $00:49:56.029 \longrightarrow 00:49:57.787$  a goal that they were struggling

NOTE Confidence: 0.87640518

 $00:49:57.787 \longrightarrow 00:50:00.240$  with a means goal or an ends goal.

NOTE Confidence: 0.87640518

 $00:50:00.240 \longrightarrow 00:50:04.480$  Before we do our final couple of slides,

NOTE Confidence: 0.87640518

 $00{:}50{:}04.480 \to 00{:}50{:}06.223$  I just have an implementation slide and

NOTE Confidence: 0.87640518

 $00:50:06.223 \longrightarrow 00:50:08.598$  we have a little final thought slide that

 $00:50:10.800 \longrightarrow 00:50:11.940$  any challenges that you're

NOTE Confidence: 0.918143925

00:50:11.940 --> 00:50:13.080 struggling with with this,

NOTE Confidence: 0.765872911111111

 $00:50:14.440 \longrightarrow 00:50:16.582$  you want to say something at the

NOTE Confidence: 0.765872911111111

00:50:16.582 --> 00:50:18.840 end about following up on goals.

NOTE Confidence: 0.879905236666667

 $00:50:19.760 \longrightarrow 00:50:21.008$  Yeah, I had only the only

NOTE Confidence: 0.879905236666667

00:50:21.008 --> 00:50:22.239 thing I had said so far,

NOTE Confidence: 0.879905236666667

 $00:50:22.240 \dashrightarrow 00:50:24.417$  but I do have a implementation idea

NOTE Confidence: 0.879905236666667

00:50:24.417 --> 00:50:26.932 about that is that it's good to kind

NOTE Confidence: 0.879905236666667

 $00:50:26.932 \longrightarrow 00:50:28.833$  of revisit them because you might

NOTE Confidence: 0.879905236666667

 $00{:}50{:}28.833 \dashrightarrow 00{:}50{:}30.157$  need another relevant statement.

NOTE Confidence: 0.879905236666667

 $00{:}50{:}30.160 \dashrightarrow 00{:}50{:}31.760$  Maybe you've accomplished that goal

NOTE Confidence: 0.879905236666667

 $00:50:31.760 \longrightarrow 00:50:34.359$  and it's time to go to the next one.

NOTE Confidence: 0.879905236666667

00:50:34.360 --> 00:50:36.201 But anybody have any goals that they

NOTE Confidence: 0.879905236666667

00:50:36.201 --> 00:50:38.003 were finding a hard time coming up

NOTE Confidence: 0.879905236666667

00:50:38.003 --> 00:50:40.000 with a means or a relevant statement,

NOTE Confidence: 0.879905236666667

 $00:50:40.000 \longrightarrow 00:50:41.239$  anything that's challenging,

 $00:50:44.080 \longrightarrow 00:50:45.280$  I put one in the chat.

NOTE Confidence: 0.9446177

 $00{:}50{:}45.280 \dashrightarrow 00{:}50{:}47.360$  It wasn't particularly challenging,

NOTE Confidence: 0.9446177

 $00:50:47.360 \longrightarrow 00:50:49.880$  but I have the and goals

NOTE Confidence: 0.917410785

 $00:50:49.880 \longrightarrow 00:50:50.960$  and mean goals. But

NOTE Confidence: 0.81823696

 $00:50:51.880 \longrightarrow 00:50:54.280$  where where is that? Oh

NOTE Confidence: 0.962960675

 $00:50:54.280 \longrightarrow 00:50:55.320$  I didn't click it.

NOTE Confidence: 0.87422382

 $00:50:55.720 \longrightarrow 00:50:56.880$  Now it should be there

NOTE Confidence: 0.834717602222222

00:50:58.400 --> 00:51:00.620 conduct shared decision making

NOTE Confidence: 0.8347176022222222

 $00{:}51{:}00.620 \to 00{:}51{:}03.395$  encounter regarding statins and HIV.

NOTE Confidence: 0.834717602222222

 $00:51:03.400 \longrightarrow 00:51:06.380$  So is it you think it's a

NOTE Confidence: 0.8347176022222222

 $00:51:06.380 \longrightarrow 00:51:07.680$  knowledge or a skill goal? I

NOTE Confidence: 0.933046421666667

 $00{:}51{:}07.680 \dashrightarrow 00{:}51{:}10.173$  think it's a skill goal and or

NOTE Confidence: 0.933046421666667

 $00{:}51{:}10.173 \dashrightarrow 00{:}51{:}11.666$  decision making and then there

NOTE Confidence: 0.933046421666667

 $00{:}51{:}11.666 \dashrightarrow 00{:}51{:}13.478$  were I put some means goals

NOTE Confidence: 0.96209415

 $00:51:13.480 \longrightarrow 00:51:14.520$  in there after it.

 $00:51:17.320 \longrightarrow 00:51:18.880$  Yeah. Any feedback for him?

NOTE Confidence: 0.81705316777778

 $00:51:23.480 \longrightarrow 00:51:24.616$  Maybe get had somebody

NOTE Confidence: 0.81705316777778

00:51:24.616 --> 00:51:26.036 watch you and get feedback

NOTE Confidence: 0.811521325

 $00:51:29.720 \longrightarrow 00:51:32.320$  is the HIV residents are doing a team

NOTE Confidence: 0.8936852025

 $00:51:32.440 \longrightarrow 00:51:33.920$  Qi project on this

NOTE Confidence: 0.890369037619048

 $00:51:37.760 \longrightarrow 00:51:39.728$  and then if there's you know you have

NOTE Confidence: 0.890369037619048

 $00:51:39.728 \longrightarrow 00:51:41.546$  a means like the relevant statement

NOTE Confidence: 0.890369037619048

 $00:51:41.546 \longrightarrow 00:51:43.448$  is because you know because it

NOTE Confidence: 0.890369037619048

 $00{:}51{:}43.507 \dashrightarrow 00{:}51{:}46.240$  decreases you know CV risk by X amount.

NOTE Confidence: 0.901915005714286

00:51:48.280 --> 00:51:50.662 Well I hope you're all not being shy

NOTE Confidence: 0.901915005714286

 $00{:}51{:}50.662 \dashrightarrow 00{:}51{:}52.954$  or anything and that you're feeling

NOTE Confidence: 0.901915005714286

 $00{:}51{:}52.954 \dashrightarrow 00{:}51{:}55.630$  like you this is making sense 'cause

NOTE Confidence: 0.901915005714286

 $00:51:55.630 \longrightarrow 00:51:58.280$  I I really want to Jane. I've got one.

NOTE Confidence: 0.901915005714286

 $00:51:58.280 \longrightarrow 00:51:59.636$  You know if you don't mind.

NOTE Confidence: 0.901915005714286

00:51:59.640 --> 00:52:01.719 Yeah I I'm just just motivated for you to

NOTE Confidence: 0.901915005714286

 $00{:}52{:}01.719 \dashrightarrow 00{:}52{:}03.717$  feel like you can implement this Janie.

 $00:52:03.720 \longrightarrow 00:52:06.945$  So OK so mine was a skill goal

NOTE Confidence: 0.901915005714286

 $00{:}52{:}06.945 \dashrightarrow 00{:}52{:}09.800$  and I just put in here. We do this

NOTE Confidence: 0.89976254

 $00:52:09.800 \longrightarrow 00:52:11.280$  when the students are on campus, but

NOTE Confidence: 0.735770424

00:52:11.840 --> 00:52:13.960 successfully obtain blood from venipuncture

NOTE Confidence: 0.958561034

 $00:52:14.440 \longrightarrow 00:52:15.520$  is one of our skills.

NOTE Confidence: 0.842625533333333

 $00:52:16.720 \longrightarrow 00:52:22.795$  And so the means goal would be to practice

NOTE Confidence: 0.780125958

00:52:20.920 --> 00:52:22.072 that, I guess practice

NOTE Confidence: 0.780125958

00:52:22.072 --> 00:52:22.798 veniplexure. But I'm trying

NOTE Confidence: 0.867192163333333

 $00{:}52{:}22.800 \dashrightarrow 00{:}52{:}25.520$  to come up with a relevant statement. I mean,

NOTE Confidence: 0.843615201666667

 $00:52:27.080 \longrightarrow 00:52:28.160$  so you don't mess up a

NOTE Confidence: 0.95273681

00:52:28.520 --> 00:52:29.480 patient's arm. I don't know,

NOTE Confidence: 0.775433972

 $00:52:31.560 \longrightarrow 00:52:32.840$  because you might be oh,

NOTE Confidence: 0.775433972

00:52:32.840 --> 00:52:34.600 anybody else? I'm sorry.

NOTE Confidence: 0.775433972

 $00{:}52{:}34.600 --> 00{:}52{:}36.840$ I mean, anybody else have a

NOTE Confidence: 0.775433972

00:52:36.840 --> 00:52:38.200 relevant statement for Janie?

 $00:52:38.200 \longrightarrow 00:52:40.250$  Why they should know how

NOTE Confidence: 0.775433972

 $00:52:40.250 \longrightarrow 00:52:41.760$  to do phlebotomy? It's

NOTE Confidence: 0.79492169875

 $00:52:42.040 \longrightarrow 00:52:45.550$  a an essential skill for medical

NOTE Confidence: 0.79492169875

 $00:52:45.550 \longrightarrow 00:52:49.664$  students to obtain in order to

NOTE Confidence: 0.79492169875

00:52:49.664 --> 00:52:51.492 become competent physicians.

NOTE Confidence: 0.79492169875

 $00{:}52{:}51.492 --> 00{:}52{:}54.040$  Gotcha. I like that. Thank you.

NOTE Confidence: 0.839838545

 $00:52:56.360 \longrightarrow 00:52:58.920$  All right, I'll just finish this up here.

NOTE Confidence: 0.839838545

00:52:58.920 --> 00:53:02.756 But I was going to just mention

NOTE Confidence: 0.839838545

 $00{:}53{:}02.760 \dashrightarrow 00{:}53{:}04.144$  the idea for implementation.

NOTE Confidence: 0.839838545

00:53:04.144 --> 00:53:06.478 You know, you, if you're a classroom teacher,

NOTE Confidence: 0.839838545

00:53:06.480 --> 00:53:07.200 you're obviously thinking

NOTE Confidence: 0.839838545

 $00:53:07.200 \longrightarrow 00:53:08.400$  about these ahead of time.

NOTE Confidence: 0.839838545

 $00:53:08.400 \longrightarrow 00:53:09.908$  I just implore you.

NOTE Confidence: 0.839838545

 $00{:}53{:}09.908 \dashrightarrow 00{:}53{:}11.039$  I just suggest,

NOTE Confidence: 0.839838545

00:53:11.040 --> 00:53:13.712 you know using your verbs wisely and

NOTE Confidence: 0.839838545

 $00:53:13.712 \longrightarrow 00:53:15.216$  explicitly and including relevant

00:53:15.216 --> 00:53:17.091 statements to really have them

NOTE Confidence: 0.839838545

 $00{:}53{:}17.091 \mathrel{--}{>} 00{:}53{:}18.963$  feel like they're buying in and

NOTE Confidence: 0.839838545

00:53:18.963 --> 00:53:20.629 engaging because they they're going

NOTE Confidence: 0.839838545

 $00:53:20.629 \longrightarrow 00:53:22.319$  to realize why it's important.

NOTE Confidence: 0.839838545

 $00:53:22.320 \longrightarrow 00:53:25.280$  And I I have a little example here.

NOTE Confidence: 0.839838545

00:53:25.280 --> 00:53:26.824 I don't know if you you can't really

NOTE Confidence: 0.839838545

00:53:26.824 --> 00:53:28.672 see if you see my screen but I have

NOTE Confidence: 0.839838545

00:53:28.672 --> 00:53:31.332 this little card that I keep and

NOTE Confidence: 0.839838545

 $00{:}53{:}31.332 \dashrightarrow 00{:}53{:}34.345$  I've got this little table here is

NOTE Confidence: 0.839838545

 $00:53:34.345 \longrightarrow 00:53:35.933$  basically reduplicated down below

NOTE Confidence: 0.839838545

 $00:53:35.933 \longrightarrow 00:53:38.315$  or at the beginning I'll try to

NOTE Confidence: 0.839838545

 $00{:}53{:}38.315 \dashrightarrow 00{:}53{:}40.160$  really I'll I'll talk about my

NOTE Confidence: 0.839838545

 $00{:}53{:}40.160 \dashrightarrow 00{:}53{:}42.351$  goals that are that I I try to do

NOTE Confidence: 0.839838545

 $00{:}53{:}42.351 \dashrightarrow 00{:}53{:}43.879$  my best practices as much as I can.

NOTE Confidence: 0.839838545

 $00:53:43.880 \longrightarrow 00:53:45.710$  But when I'm asking them for

 $00:53:45.710 \longrightarrow 00:53:47.880$  their goals to kind of track them.

NOTE Confidence: 0.839838545

00:53:47.880 --> 00:53:48.192 You know,

NOTE Confidence: 0.839838545

 $00:53:48.192 \longrightarrow 00:53:49.680$  what did they really want to be able to do?

NOTE Confidence: 0.839838545

00:53:49.680 --> 00:53:52.214 Why help them use goals the verbs

NOTE Confidence: 0.839838545

 $00:53:52.214 \longrightarrow 00:53:54.030$  a little bit and have them be more

NOTE Confidence: 0.839838545

 $00:53:54.086 \longrightarrow 00:53:55.694$  smart goals and think about means

NOTE Confidence: 0.839838545

 $00:53:55.694 \longrightarrow 00:53:57.599$  goals and if we've completed them.

NOTE Confidence: 0.839838545

00:53:57.600 --> 00:53:59.536 So I can kind of circle back like

NOTE Confidence: 0.839838545

00:53:59.536 --> 00:54:01.792 how are you doing on that goal of

NOTE Confidence: 0.839838545

00:54:01.792 --> 00:54:03.760 being able to identify splunomegaly.

NOTE Confidence: 0.839838545

 $00{:}54{:}03.760 \dashrightarrow 00{:}54{:}05.596$  But we haven't had any patients

NOTE Confidence: 0.839838545

 $00{:}54{:}05.596 \dashrightarrow 00{:}54{:}07.522$  with big squeines on our patient.

NOTE Confidence: 0.839838545

00:54:07.522 --> 00:54:10.320 Like let's go over to the hematology floor,

NOTE Confidence: 0.839838545

00:54:10.320 --> 00:54:10.844 you know,

NOTE Confidence: 0.839838545

 $00:54:10.844 \longrightarrow 00:54:12.678$  So revisiting them to see if they

NOTE Confidence: 0.839838545

 $00:54:12.678 \longrightarrow 00:54:14.840$  need different means goals, et cetera.

 $00:54:17.680 \longrightarrow 00:54:23.568$  And before we do the take home

NOTE Confidence: 0.97130615

 $00{:}54{:}23.568 {\:\dashrightarrow\:} 00{:}54{:}25.984$  points because oh, it's starting.

NOTE Confidence: 0.97130615

00:54:25.984 --> 00:54:28.760 Oh, the time, the timer's already starting.

NOTE Confidence: 0.97130615

00:54:28.760 --> 00:54:30.000 But we've been implementing,

NOTE Confidence: 0.97130615

 $00:54:30.000 \longrightarrow 00:54:32.466$  getting feedback from you about the

NOTE Confidence: 0.97130615

 $00:54:32.466 \longrightarrow 00:54:34.356$  sessions before we give you our takeaways.

NOTE Confidence: 0.97130615

 $00:54:34.360 \longrightarrow 00:54:38.906$  So if you can just scan that QR code and

NOTE Confidence: 0.97130615

00:54:38.906 --> 00:54:41.300 I don't know if there's a link in the

NOTE Confidence: 0.97130615

00:54:41.374 --> 00:54:44.840 chat that Linda's also going to put,

NOTE Confidence: 0.97130615

 $00:54:44.840 \longrightarrow 00:54:47.720$  but we've found we get more

NOTE Confidence: 0.97130615

 $00:54:47.720 \longrightarrow 00:54:49.640$  feedback on these sessions.

NOTE Confidence: 0.97130615

 $00:54:49.640 \longrightarrow 00:54:53.040$  If you do this now one minute

NOTE Confidence: 0.85428397

 $00:54:55.240 \longrightarrow 00:54:56.840$  we have our countdown timer.

NOTE Confidence: 0.8532479875

 $00:55:11.520 \longrightarrow 00:55:15.384$  The other thing that Linda just put in

NOTE Confidence: 0.8532479875

 $00:55:15.384 \longrightarrow 00:55:18.518$  the chat is I have a handout for you

00:55:18.520 --> 00:55:21.040 that has some a bunch of different ends,

NOTE Confidence: 0.8532479875

00:55:21.040 --> 00:55:22.865 goal kind of domains and

NOTE Confidence: 0.8532479875

 $00:55:22.865 \longrightarrow 00:55:24.252$  some suggested means, goals,

NOTE Confidence: 0.8532479875

00:55:24.252 --> 00:55:26.296 activities just for you to feel like

NOTE Confidence: 0.8532479875

 $00:55:26.296 \longrightarrow 00:55:28.776$  you have a menu that you can draw

NOTE Confidence: 0.8532479875

 $00{:}55{:}28.776 \dashrightarrow 00{:}55{:}31.480$  from when you're running out of ideas

NOTE Confidence: 0.8532479875

 $00:55:31.480 \longrightarrow 00:55:35.840$  for activities for your learners.

NOTE Confidence: 0.8532479875

 $00:55:35.840 \longrightarrow 00:55:39.000$  I guess that's time if you're

NOTE Confidence: 0.8532479875

 $00:55:39.000 \longrightarrow 00:55:40.280$  not done with it.

NOTE Confidence: 0.8532479875

00:55:40.280 --> 00:55:41.201 Don't stop though,

NOTE Confidence: 0.8532479875

 $00{:}55{:}41.201 \dashrightarrow 00{:}55{:}43.043$  because the only thing I'm just

NOTE Confidence: 0.8532479875

 $00:55:43.043 \longrightarrow 00:55:46.720$  going to end by saying that I'm

NOTE Confidence: 0.8532479875

 $00:55:46.720 \longrightarrow 00:55:49.484$  feeling that by the end of this

NOTE Confidence: 0.8532479875

00:55:49.484 --> 00:55:51.376 session you have been convinced

NOTE Confidence: 0.8532479875

00:55:51.376 --> 00:55:53.680 in the relevance of being more

NOTE Confidence: 0.8532479875

 $00:55:53.754 \longrightarrow 00:55:55.959$  effective in expressing a goal.

00:55:55.960 --> 00:55:57.672 And you kind of had the idea between

NOTE Confidence: 0.8532479875

 $00:55:57.672 \longrightarrow 00:55:59.119$  the difference between ends and goals.

NOTE Confidence: 0.8532479875

 $00:55:59.120 \longrightarrow 00:56:00.984$  And we could try to stop being all

NOTE Confidence: 0.8532479875

 $00:56:00.984 \longrightarrow 00:56:02.878$  endsy and all meansy and they really

NOTE Confidence: 0.8532479875

 $00{:}56{:}02.880 \dashrightarrow 00{:}56{:}05.071$  do well together and that we can

NOTE Confidence: 0.8532479875

 $00:56:05.071 \longrightarrow 00:56:07.241$  use verbs and relevant statements

NOTE Confidence: 0.8532479875

 $00:56:07.241 \longrightarrow 00:56:09.904$  and conditions to be more effective

NOTE Confidence: 0.8532479875

 $00{:}56{:}09.904 \dashrightarrow 00{:}56{:}12.160$  in being able to express goals.

NOTE Confidence: 0.8532479875

 $00:56:12.160 \longrightarrow 00:56:13.222$  But we don't want to leave

NOTE Confidence: 0.8532479875

00:56:13.222 --> 00:56:13.753 our learners behind.

NOTE Confidence: 0.8532479875

 $00:56:13.760 \longrightarrow 00:56:15.280$  So they're definitely part

NOTE Confidence: 0.8532479875

 $00:56:15.280 \longrightarrow 00:56:16.800$  of the the conversation,

NOTE Confidence: 0.8532479875

 $00:56:16.800 \longrightarrow 00:56:18.285$  but their their goals don't

NOTE Confidence: 0.8532479875

 $00{:}56{:}18.285 \dashrightarrow 00{:}56{:}20.539$  get to trump your goals.

NOTE Confidence: 0.8532479875

 $00:56:20.539 \longrightarrow 00:56:23.478$  They can coexist and you can help each other

 $00:56:25.840 \longrightarrow 00:56:29.280$  on making them more effective.

NOTE Confidence: 0.828457666

 $00:56:29.280 \longrightarrow 00:56:32.898$  I think that is all I have except just

NOTE Confidence: 0.828457666

 $00:56:32.898 \longrightarrow 00:56:37.040$  to highlight the upcoming sessions

NOTE Confidence: 0.828457666

 $00:56:37.040 \longrightarrow 00:56:41.424$  here ChatGPT by some Med students which

NOTE Confidence: 0.828457666

 $00:56:41.424 \longrightarrow 00:56:44.962$  is so great and APHD collaborator.

NOTE Confidence: 0.828457666

 $00:56:44.962 \longrightarrow 00:56:47.210$  And then Andres is going to do a

NOTE Confidence: 0.828457666

 $00:56:47.265 \longrightarrow 00:56:48.965$  session for really professional

NOTE Confidence: 0.828457666

 $00:56:48.965 \longrightarrow 00:56:52.160$  development on writing abstracts

NOTE Confidence: 0.828457666

 $00:56:52.160 \longrightarrow 00:56:55.225$  and the information about all of

NOTE Confidence: 0.828457666

00:56:55.225 --> 00:56:56.760 our sessions at that that QR code.

NOTE Confidence: 0.958213575

 $00:56:59.760 \longrightarrow 00:57:00.800$  Any questions

NOTE Confidence: 0.95111645

 $00:57:03.680 \longrightarrow 00:57:04.480$  or comments?

NOTE Confidence: 0.949477745

 $00{:}57{:}10.600 \dashrightarrow 00{:}57{:}13.225$  I think the dates for the two

NOTE Confidence: 0.949477745

00:57:13.225 --> 00:57:15.200 upcoming lectures were mixed up. I

NOTE Confidence: 0.975314264444444

00:57:15.240 --> 00:57:16.880 was looking, I was looking

NOTE Confidence: 0.975314264444444

 $00:57:16.880 \longrightarrow 00:57:20.200$  at the same thing. Thank you.

00:57:20.200 --> 00:57:22.288 Because I'm presenting on a Friday

NOTE Confidence: 0.975314264444444

 $00:57:22.288 \longrightarrow 00:57:24.680$  and Linda, can you take a look?

NOTE Confidence: 0.737414951111111

00:57:24.840 --> 00:57:25.995 It should probably, it's probably

NOTE Confidence: 0.737414951111111

 $00:57:25.995 \longrightarrow 00:57:27.376$  right on the website, right?

NOTE Confidence: 0.737414951111111

 $00:57:27.376 \longrightarrow 00:57:29.652$  Linda, if you think we'll have

NOTE Confidence: 0.737414951111111

00:57:29.652 --> 00:57:30.908 to check our website. Ellie,

NOTE Confidence: 0.737414951111111

 $00:57:30.908 \longrightarrow 00:57:32.996$  thank you for being a perspicacious.

NOTE Confidence: 0.737414951111111

00:57:33.000 --> 00:57:33.759 They shouldn't be

NOTE Confidence: 0.810194785

 $00:57:33.760 \longrightarrow 00:57:35.710$  correct on the website, they should be.

NOTE Confidence: 0.810194785

00:57:35.710 --> 00:57:38.771 Let me just check if your goal is

NOTE Confidence: 0.810194785

 $00{:}57{:}38.771 \dashrightarrow 00{:}57{:}40.277$  to learn about those two topics.

NOTE Confidence: 0.810194785

 $00:57:40.280 \longrightarrow 00:57:41.360$  Your meaning is that

NOTE Confidence: 0.94766868

 $00{:}57{:}41.360 --> 00{:}57{:}42.880$  you need to show up. So

NOTE Confidence: 0.902358892

 $00{:}57{:}47.480 \dashrightarrow 00{:}57{:}50.744$  any questions? Thank you.

NOTE Confidence: 0.902358892

00:57:50.744 --> 00:57:52.211 Everybody, please reach out

 $00{:}57{:}52.211 \dashrightarrow 00{:}57{:}53.513$  for any questions and I can.

NOTE Confidence: 0.902358892

 $00:57:53.520 \longrightarrow 00:57:55.235$  I'll be happy to grade your worksheets.

NOTE Confidence: 0.783980746666667

 $00:57:57.440 \dashrightarrow 00:58:00.600$  Thank you. Thanks. Thank you very much.

NOTE Confidence: 0.94762671

 $00:58:01.440 \longrightarrow 00:58:02.720$  Thank you. Bye, bye.

NOTE Confidence: 0.940531215

 $00:58:04.200 \longrightarrow 00:58:04.600$  Thank you.