Survivorship Resource Issue
So many resources, many of them related specifically to survivorship, came across our desks (or computer screens) this month that we decided to devote the entire issue to sharing them.

News
Connecticut Challenge Update
The 2008 Connecticut Challenge bicycle ride to support the Survivorship Clinics at Yale will be held Saturday July 26, 2007 in Fairfield. Riders (12, 25, 50 and 100 mile options), volunteers, and donors are being recruited. The Connecticut Challenge has donated over 1.3 million dollars to the HEROES Clinic (childhood cancer survivors) and the Connecticut Challenge Survivorship Clinic at Yale Cancer Center.

Yale Cancer Survivors Day
“New Beginnings: Complementary Approaches to Living Well Today” is a program of workshops and fellowship to celebrate National Cancer Survivors Day. 10:00am – 12:00N at the Oak Lane Country Club, Woodbridge. This free (and fun!) program, with Master of Ceremonies “Dr. Mel,” includes workshops and a picnic lunch. Call 888.700.6543 for brochure and to RSVP.

Survivorship Resources
Working with cancer-related disability
Cancer survivors sometimes experience disabilities resulting from their disease or its treatment. The Job Accommodation Network is a program of the US Department of Labor that assists disabled employees and their employers to develop environments, schedules, and job descriptions that facilitate productive working relationships.

Survivorship web sites
- Young Survival Coalition—for younger women with breast cancer.
- Beyond the Cure—for survivors of childhood cancers.
- Living Beyond Breast Cancer
- Facing Forward: Life After Cancer Treatment—online booklet (in English and Spanish) from the National Cancer Institute.
- Be Healthy After Treatment—from the American Cancer Society.
- Support for Survivors and Patients—from the American Cancer Society.
- National Coalition for Cancer Survivorship—education, support, and advocacy.
- Lance Armstrong Foundation—education, support, and advocacy.
- I’m Too Young for This and the Stupid Cancer Show—for adolescent and young adult cancer survivors.
- Information For Survivors/Caregivers/Advocates—from the Office of Cancer Survivorship, National Cancer Institute.
- CancerCare: The Sixth Annual Cancer Survivorship Series: Living With, Through and Beyond Cancer (Free telephone education programs for survivors). 1:30 – 2:30pm.
  - Apr 22, Part I: The Importance of Communicating with Your Doctor About Follow-Up Care
  o May 13, Part 2: Rediscovering Intimacy in Your Relationships Following Treatment
  o June 24, Part 3: Survivors Too: Family, Friends and Loved Ones
- A personalized, but very general, “Survivorship Care Plan” is available at the Oncolink web site.
- Three patient-oriented periodicals available in the YCC clinics & by subscription:
  - MAMM—Women’s cancers
  o Cure—see article on palliative care in Spring 2008 issue.
To subscribe to YaleCares, send an email to tquinn1@partners.org

Heal—especially for survivors.

Journal Watch


  
  "The odds are about 50:50 that a breast cancer survivor over 60 will die as a result of something else. It calls for greater attention to these women's other medical problems." [from a review of the article at SearchMedica](http://searchmedica.com/)

- Ferrell BR, Coyle N. The nature of suffering and the goals of nursing. *Oncology Nursing Forum*. Mar 2008;35(2):241-247. This article is a synopsis of their new book of the same title. There are also instructions for how subscribers can access a podcast interview with the authors.


Online Resources

- Substance Abuse Issues In Cancer (PDQ®)—professional version; patient version


- *Social Workers and Pain*—PainEDU.

- The [Partners Against Pain](http://partnersagainstpain.org) website, a longstanding educational resource for both patients and professionals, has been redesigned. Funded by Purdue Pharma.


- American Academy of Hospice and Palliative Medicine online [Educational Resources](http://www.palliativecarehandbook.com/) compendium.

- [Palliative Care Journal Club](http://www.palliativecarejournalclub.org)—free, no-registration-required site that lists recent articles from palliative care journals—makes it easier to keep up to date!

- [Keeping patients safe from iatrogenic methadone overdoses](http://www.ismp.org/)

- [Joint Commission Proposed Palliative Care Guidelines](http://www.jointcommission.org/)—available for public comment through April 8, 2008.

- [Palliative Care Pain and Treatment Guidelines](http://www.iahpc.org) — International compendium of guidelines gathered by the [International Association for Hospice and Palliative Care](http://www.iahpc.org) (IAHPC).

Continuing Education

Yale

- Schwartz Center Rounds: Monthly multidisciplinary forum where caregivers discuss difficult emotional and social issues that arise in caring for patients. 12:00 Noon, YNHH East pavilion, 9th Floor Conference Room. CME.
  
  - Apr 21 – When a caregiver fires a patient
  
  - May 19 – When a patient fires the caregiver

- Apr 2, 7:00am – 5:00pm. [Complementary and Alternative Medicine: Evidence for Integration](http://www.anlyan.org/). Anlyan Center.


- May 20 – 21, 9:00am – 5:00pm. 2nd Annual Cancer Survivorship Conference, featuring Jimmie Holland, MD. Contact [Hilarie.Carrieri@yale.edu](mailto:Hilarie.Carrieri@yale.edu).

Connecticut

- May 16, 8:00am – 3:30pm. Florence Wald Annual Educational Conference & Exposition, *Choosing H.O.P.E. in Diverse Populations: Hospice Opportunities to Pursue Excellence*. Saint Clements Castle in Portland, CT

Elsewhere

- Apr 18 – 19. [APPEAL: A Progressive Palliative Care Educational Curriculum for the Care of African Americans at Life's End](http://www.appealprogram.com/) Pittsburgh

- Jun 5 – 6. [The Art & Science of Palliative Care Nursing](http://www.ama-assn.org). Newton, MA.

Online

- A summary of the new American College of Physicians palliative care guidelines is available as a short [CME/CNE offering](http://www.medscape.com/) on Medscape.


- [Persistent and Breakthrough Pain: Individualizing Therapy, Optimizing Function](http://www.painmanagementsonline.org) (click on link, enter search term "breakthrough").