

EMERGENCY HEALTH CARE PLAN

ALLERGY TO: _____

Child's Name: _____ DOB: _____

Child Care Provider _____

History of Asthma Yes (high risk for severe reaction) No

Signs of an allergic reaction include:

Systems

Symptoms

- | | |
|----------------|--|
| MOUTH | Itching & swelling of lips, tongue, or mouth |
| *THROAT | Itching and/or a sense of tightness in the throat, hoarseness, and hacking cough |
| SKIN | Hives, itchy rash, and/or swelling about the face or extremities |
| GUT | Nausea, abdominal cramps, vomiting and/or diarrhea |
| *LUNG | Shortness of breath, repetitive coughing, and/or wheezing |
| *HEART | Weak, irregular pulse, "passing-out" |

The severity of symptoms can quickly change.

***All of the symptoms listed above can potentially progress to a life-threatening situation.**

ACTION:

If ingestion or insect sting is seen or suspected:

(Prescriber should **number in order** all appropriate actions)

- _____ Observe child for severe symptoms
- _____ Administer EpiPen® or Auvi-Q® before symptoms occur
- _____ Administer EpiPen® or Auvi-Q® if symptoms occur
- _____ Administer Benadryl® (dose) _____ or Atarax® (dose) _____
- _____ Call 911 (and request a paramedic) and transport to ER if symptoms occur
- _____ Call 911 (and request a paramedic) and transport to ER if EpiPen® or Auvi-Q® given

DO NOT HESITATE TO ADMINISTER MEDICATION OR CALL 911 EVEN IF PARENTS OR PRESCRIBER CANNOT BE REACHED

_____	_____	_____	_____
Parent Signature	Date	Prescriber Signature MD/APRN/PA	Date
		_____	_____
		Address	Phone

EMERGENCY CONTACTS	TRAINED STAFF MEMBERS
1. _____ Relation: _____ Phone _____	1. _____ Room _____
2. _____ Relation: _____ Phone _____	2. _____ Room _____
3. _____	3. _____ Room _____