## WEBVTT

NOTE duration:"01:23:40"
NOTE recognizability:0.863
NOTE language:en-us
NOTE Confidence: 0.866974793333333
00:00:03.760 --> 00:00:06.672 My name is Paul Leong and I am
NOTE Confidence: 0.866974793333333
00:00:06.672 --> 00:00:09.716 the Vice President of the AY AM,
NOTE Confidence: 0.866974793333333
00:00:09.720 --> 00:00:11.336 which is the Association
NOTE Confidence: 0.866974793333333
00:00:11.336 --> 00:00:13.356 for Yale Alumni in Medicine,
NOTE Confidence: 0.866974793333333
00:00:13.360 --> 00:00:15.600 and welcome to the second
NOTE Confidence: 0.773832695
00:00:17.920 --> 00:00:20.932 AY AM mentorship panels.
NOTE Confidence: 0.773832695
00:00:20.932 --> 00:00:25.968 We are working through each of the specialty
NOTE Confidence: 0.773832695
00:00:25.968 --> 00:00:28.470 areas that that Yale medical students
NOTE Confidence: 0.773832695
00:00:28.470 --> 00:00:30.819 may be interested in in going into.
NOTE Confidence: 0.773832695
00:00:30.819 --> 00:00:32.730 And we felt it would be a
NOTE Confidence: 0.773832695
00:00:32.805 --> 00:00:34.717 service to medical students.
NOTE Confidence: 0.773832695
00:00:34.720 --> 00:00:37.033 And I think we also have some Yale College NOTE Confidence: 0.773832695

00:00:37.040 --> 00:00:39.560 students who are also tuned into this, NOTE Confidence: 0.773832695

00:00:39.560 --> 00:00:41.128 who are interested in medicine and wanted NOTE Confidence: 0.773832695

00:00:41.128 --> 00:00:43.000 to learn about what their options are early.
NOTE Confidence: 0.773832695
00:00:43.000 --> 00:00:44.575 They're getting, getting,
NOTE Confidence: 0.773832695
00:00:44.575 --> 00:00:47.200 getting on the bandwagon early.
NOTE Confidence: 0.773832695
00:00:47.200 --> 00:00:48.976 We wanted to provide this forum
NOTE Confidence: 0.773832695
00:00:48.976 --> 00:00:50.920 where we would have some alumni.
NOTE Confidence: 0.773832695
00:00:50.920 --> 00:00:52.005 We reached out to alumni
NOTE Confidence: 0.773832695
00:00:52.005 --> 00:00:52.873 all over the country.
NOTE Confidence: 0.773832695
00:00:52.880 --> 00:00:55.630 That's alumni of Yale Medical School who
NOTE Confidence: 0.773832695
00:00:55.630 --> 00:00:57.800 are interested in the field of Pediatrics,
NOTE Confidence: 0.773832695
00:00:57.800 --> 00:00:58.560 not interested.
NOTE Confidence: 0.773832695
00:00:58.560 --> 00:01:00.080 They are practicing in
NOTE Confidence: 0.773832695
00:01:00.080 --> 00:01:01.600 the field of Pediatrics.
NOTE Confidence: 0.773832695
00:01:01.600 --> 00:01:04.066 And so our objective for this
NOTE Confidence: 0.773832695
00:01:04.066 --> 00:01:07.264 is to is to provide a little bit NOTE Confidence: 0.773832695

00:01:07.264 --> 00:01:08.752 of an insight into their lives.

NOTE Confidence: 0.773832695
00:01:08.760 --> 00:01:10.610 We have, we have pediatricians
NOTE Confidence: 0.773832695
00:01:10.610 --> 00:01:13.080 who are in the academic setting.
NOTE Confidence: 0.773832695
00:01:13.080 --> 00:01:14.830 We have pediatricians in the
NOTE Confidence: 0.773832695
00:01:14.830 --> 00:01:15.880 private practice setting.
NOTE Confidence: 0.773832695
00:01:15.880 --> 00:01:16.750 We have,
NOTE Confidence: 0.773832695
00:01:16.750 --> 00:01:19.795 we have a graduate who's in Medpedes.
NOTE Confidence: 0.773832695
00:01:19.800 --> 00:01:20.976 I know many of my friends when I
NOTE Confidence: 0.773832695
00:01:20.976 --> 00:01:22.356 was at Yale Medical School who were
NOTE Confidence: 0.773832695
00:01:22.356 --> 00:01:24.119 thinking OK maybe I should be a pediatrician.
NOTE Confidence: 0.773832695
00:01:24.120 --> 00:01:25.600 It also entered their mind,
NOTE Confidence: 0.773832695
00:01:25.600 --> 00:01:27.124 well what about Medpedes,
NOTE Confidence: 0.773832695
00:01:27.124 --> 00:01:29.984 which is which is a very viable
NOTE Confidence: 0.773832695
00:01:29.984 --> 00:01:31.096 option We have,
NOTE Confidence: 0.773832695
00:01:31.096 --> 00:01:33.252 we have also we have a pediatrician NOTE Confidence: 0.773832695

00:01:33.252 --> 00:01:35.436 who's retired now and has but has
NOTE Confidence: 0.773832695

00:01:35.436 --> 00:01:37.398 had a tremendous sort of breadth
NOTE Confidence: 0.773832695
00:01:37.398 --> 00:01:39.474 of experience in academics and in,
NOTE Confidence: 0.773832695
00:01:39.480 --> 00:01:41.678 in in in, in, in private practice.
NOTE Confidence: 0.773832695
00:01:41.680 --> 00:01:43.474 And so we're looking forward to
NOTE Confidence: 0.773832695
00:01:43.474 --> 00:01:45.400 hearing from all these people after
NOTE Confidence: 0.773832695
00:01:45.400 --> 00:01:47.320 we're here for all these people.
NOTE Confidence: 0.773832695
00:01:47.320 --> 00:01:49.035 The real meat of this thing is,
NOTE Confidence: 0.773832695
00:01:49.040 --> 00:01:52.280 is to is to really to field questions
NOTE Confidence: 0.773832695
00:01:52.280 --> 00:01:55.160 from the students who are listening to this.
NOTE Confidence: 0.773832695
00:01:55.160 --> 00:01:57.236 We're really here for your questions.
NOTE Confidence: 0.773832695
00:01:57.240 --> 00:01:59.160 And so please don't be shy,
NOTE Confidence: 0.773832695
00:01:59.160 --> 00:02:00.240 don't hold back,
NOTE Confidence: 0.773832695
00:02:00.240 --> 00:02:02.400 ask whatever question comes to mind.
NOTE Confidence: 0.773832695
00:02:02.400 --> 00:02:04.000 I also have a list of certain questions
NOTE Confidence: 0.773832695
00:02:04.000 --> 00:02:05.798 that were submitted previously and I and I, NOTE Confidence: 0.773832695

00:02:05.800 --> 00:02:07.960 I can also go through some of these.

NOTE Confidence: 0.773832695
00:02:07.960 --> 00:02:09.556 I'd like to introduce at this point,
NOTE Confidence: 0.773832695
00:02:09.560 --> 00:02:10.530 Anne Arthur.
NOTE Confidence: 0.773832695
00:02:10.530 --> 00:02:14.995 Anne is is a graduate of Yale Medical School NOTE Confidence: 0.773832695

00:02:14.995 --> 00:02:17.720 and she's also involved in Pediatrics.
NOTE Confidence: 0.773832695
00:02:17.720 --> 00:02:19.228 She's a pediatric ophthalmologist
NOTE Confidence: 0.773832695
00:02:19.228 --> 00:02:21.113 and she's got a very,
NOTE Confidence: 0.773832695
00:02:21.120 --> 00:02:22.684 very responsible position in
NOTE Confidence: 0.773832695
00:02:22.684 --> 00:02:25.030 terms of in terms of representing
NOTE Confidence: 0.773832695
00:02:25.095 --> 00:02:26.985 the alumni and integrating the
NOTE Confidence: 0.773832695
00:02:26.985 --> 00:02:28.875 alumni in the medical school.
NOTE Confidence: 0.773832695
00:02:28.880 --> 00:02:29.072 So,
NOTE Confidence: 0.773832695
00:02:29.072 --> 00:02:30.032 and could you please introduce
NOTE Confidence: 0.773832695
00:02:30.032 --> 00:02:30.800 yourself a little bit?
NOTE Confidence: 0.67170715
00:02:30.800 --> 00:02:31.960 Hi, Well, good evening,
NOTE Confidence: 0.746341246666667
00:02:31.960 --> 00:02:35.344 everybody. I'm actually, thank you, Paul.
NOTE Confidence: 0.746341246666667

00:02:35.344 --> 00:02:37.584 I'm actually here working part time in NOTE Confidence: 0.746341246666667

00:02:37.584 --> 00:02:39.839 Brooklyn as a pediatric ophthalmologist.
NOTE Confidence: 0.746341246666667
00:02:39.840 --> 00:02:42.510 And I also just joined Yale in June NOTE Confidence: 0.746341246666667

00:02:42.510 --> 00:02:45.600 as Director of Alumni Engagement.
NOTE Confidence: 0.746341246666667
00:02:45.600 --> 00:02:47.240 And so for the students who are
NOTE Confidence: 0.8938929075
00:02:47.840 --> 00:02:48.852 joining us this evening,
NOTE Confidence: 0.8938929075
00:02:48.852 --> 00:02:51.053 I want to emphasize that we have a
NOTE Confidence: 0.8938929075
00:02:51.053 --> 00:02:52.317 really vibrant alumni community.
NOTE Confidence: 0.8938929075
00:02:52.320 --> 00:02:54.959 I'm here to help you partner with our alumni.
NOTE Confidence: 0.8938929075
00:02:54.960 --> 00:02:56.983 So if you're looking for someone in
NOTE Confidence: 0.8938929075
00:02:56.983 --> 00:02:59.132 Pediatrics to maybe talk to one-on-one
NOTE Confidence: 0.8938929075
00:02:59.132 --> 00:03:01.572 or looking for a mentor or how to
NOTE Confidence: 0.8938929075
00:03:01.572 --> 00:03:03.080 arrange a research experience,
NOTE Confidence: 0.966288313333333
00:03:03.680 --> 00:03:05.186 you can reach out to me. I'll try
NOTE Confidence: 0.966288313333333
00:03:05.186 --> 00:03:07.160 to put my contact information in NOTE Confidence: 0.911471306666667

00:03:07.160 --> 00:03:08.606 the chat for those of you

NOTE Confidence: 0.911471306666667
00:03:08.606 --> 00:03:10.280 who may want to talk later,
NOTE Confidence: 0.911471306666667
00:03:10.280 --> 00:03:12.000 but thanks for coming tonight.
NOTE Confidence: 0.891474636363636
00:03:16.520 --> 00:03:17.828 All right, Fantastic.
NOTE Confidence: 0.891474636363636
00:03:17.828 --> 00:03:21.160 So what I'd like to do now is
NOTE Confidence: 0.964244048333333
00:03:23.280 --> 00:03:24.600 what I'd like to do now,
NOTE Confidence: 0.964244048333333
00:03:24.600 --> 00:03:25.581 somebody's texting me.
NOTE Confidence: 0.964244048333333
00:03:25.581 --> 00:03:28.479 What I'd like to do now is start to NOTE Confidence: 0.964244048333333

00:03:28.480 --> 00:03:31.528 have each of the panelists introduce
NOTE Confidence: 0.964244048333333
00:03:31.528 --> 00:03:33.850 themselves and then and then go
NOTE Confidence: 0.964244048333333
00:03:33.850 --> 00:03:36.680 into sort of their own background.
NOTE Confidence: 0.964244048333333
00:03:36.680 --> 00:03:38.318 And so we have a list here.
NOTE Confidence: 0.964244048333333
00:03:38.320 --> 00:03:41.720 I'd like to start with Doctor Clifford Bogue.
NOTE Confidence: 0.964244048333333
00:03:41.720 --> 00:03:44.438 He is the Chairman of Pediatrics
NOTE Confidence: 0.964244048333333
00:03:44.440 --> 00:03:46.744 at at Yale Medical School and NOTE Confidence: 0.964244048333333

00:03:46.744 --> 00:03:49.080 the Yale New Haven Hospital.
NOTE Confidence: 0.964244048333333

00:03:49.080 --> 00:03:50.008 Doctor Bogue, can you,
NOTE Confidence: 0.964244048333333
00:03:50.008 --> 00:03:52.273 can you take us away and give us about NOTE Confidence: 0.964244048333333

00:03:52.273 --> 00:03:53.917 7-8 minutes on your life experience?
NOTE Confidence: 0.89144789
00:03:56.760 --> 00:03:58.280 Yes. Can you hear me?
NOTE Confidence: 0.89144789
00:03:58.280 --> 00:04:00.542 I sure can. All right. Good.
NOTE Confidence: 0.89144789
00:04:00.542 --> 00:04:03.600 Well, it's welcome everybody and I'm
NOTE Confidence: 0.89144789
00:04:03.600 --> 00:04:05.696 looking forward to this discussion and NOTE Confidence: 0.89144789

00:04:05.696 --> 00:04:08.954 I can give you a little bit about my
NOTE Confidence: 0.89144789
00:04:08.954 --> 00:04:11.318 background and what I do currently.
NOTE Confidence: 0.89144789
00:04:11.320 --> 00:04:15.864 So I as Paul mentioned,
NOTE Confidence: 0.89144789
00:04:15.864 --> 00:04:18.570 I'm I'm not AYSM graduate,
NOTE Confidence: 0.89144789
00:04:18.570 --> 00:04:23.013 but I I am a graduate of the one
NOTE Confidence: 0.89144789
00:04:23.013 --> 00:04:26.226 of the training programs that is
NOTE Confidence: 0.89144789
00:04:26.226 --> 00:04:27.798 Pediatric Critical Care Fellowship.
NOTE Confidence: 0.89144789
00:04:27.800 --> 00:04:33.080 And so I started my my career as an NOTE Confidence: 0.89144789

00:04:33.080 --> 00:04:35.720 undergrad at the University of Virginia

NOTE Confidence: 0.89144789
00:04:35.720 --> 00:04:38.674 and then stayed there for medical school.
NOTE Confidence: 0.89144789
00:04:38.680 --> 00:04:41.632 So eight years in Charlottesville which
NOTE Confidence: 0.89144789
00:04:41.632 --> 00:04:45.876 is not a bad place to spend 8 years.
NOTE Confidence: 0.89144789
00:04:45.880 --> 00:04:50.164 And then I knew all early on that
NOTE Confidence: 0.89144789
00:04:50.164 --> 00:04:52.959 I wanted to go into Pediatrics.
NOTE Confidence: 0.89144789
00:04:52.960 --> 00:04:54.985 I'd actually shadowed A pediatrician
NOTE Confidence: 0.89144789
00:04:54.985 --> 00:04:57.600 when I was in high school.
NOTE Confidence: 0.89144789
00:04:57.600 --> 00:04:58.360 I grew up in Tampa,
NOTE Confidence: 0.89144789
00:04:58.360 --> 00:05:03.728 FL and and just loved the interaction
NOTE Confidence: 0.89144789
00:05:03.728 --> 00:05:06.200 with kids and sort of seeing what he did.
NOTE Confidence: 0.89144789
00:05:06.200 --> 00:05:09.116 And so that really turned me on to medicine,
NOTE Confidence: 0.89144789
00:05:09.120 --> 00:05:13.560 in particular thinking about Pediatrics.
NOTE Confidence: 0.89144789
00:05:13.560 --> 00:05:17.272 So I went through Med school and my
NOTE Confidence: 0.89144789
00:05:17.272 --> 00:05:20.008 experiences in Med school pretty much
NOTE Confidence: 0.89144789
00:05:20.008 --> 00:05:22.839 confirmed my interest in Pediatrics,
NOTE Confidence: 0.89144789

00:05:22.840 --> 00:05:25.816 which is really based on one I
NOTE Confidence: 0.89144789
00:05:25.816 --> 00:05:27.756 just loved working with kids.
NOTE Confidence: 0.89144789
00:05:27.760 --> 00:05:30.380 It's fun, They're resilient, NOTE Confidence: 0.89144789

00:05:30.380 --> 00:05:34.152 they rarely hold grudges and it's,
NOTE Confidence: 0.89144789
00:05:34.152 --> 00:05:35.880 it's very interesting.
NOTE Confidence: 0.89144789
00:05:35.880 --> 00:05:37.372 And two, you know,
NOTE Confidence: 0.89144789
00:05:37.372 --> 00:05:39.624 I thought they had interesting diseases, NOTE Confidence: 0.89144789

00:05:39.624 --> 00:05:41.160 lots of infectious diseases,
NOTE Confidence: 0.89144789
00:05:41.160 --> 00:05:43.496 lots of congenital problems.
NOTE Confidence: 0.89144789
00:05:43.496 --> 00:05:47.320 And so that both the kinds of
NOTE Confidence: 0.89144789
00:05:47.320 --> 00:05:50.120 problems that we typically deal NOTE Confidence: 0.89144789

00:05:50.120 --> 00:05:52.504 with as pediatricians along with
NOTE Confidence: 0.89144789
00:05:52.504 --> 00:05:53.560 having a great
NOTE Confidence: 0.964558884
00:05:55.760 --> 00:05:58.280 group to work with especially both
NOTE Confidence: 0.964558884
00:05:58.280 --> 00:06:00.405 children and their families really
NOTE Confidence: 0.964558884
00:06:00.405 --> 00:06:03.075 cemented my interest in in Pediatrics.

NOTE Confidence: 0.964558884
00:06:03.080 --> 00:06:06.874 So I went after graduating from UVA,
NOTE Confidence: 0.964558884
00:06:06.880 --> 00:06:09.428 went to Vanderbilt where I did a
NOTE Confidence: 0.964558884
00:06:09.428 --> 00:06:12.175 residency and then served for a year NOTE Confidence: 0.964558884

00:06:12.175 --> 00:06:14.155 as Chief resident of Pediatrics.
NOTE Confidence: 0.964558884
00:06:14.160 --> 00:06:16.596 During that time I I had,
NOTE Confidence: 0.964558884
00:06:16.600 --> 00:06:18.200 I thought I was going to be a
NOTE Confidence: 0.964558884
00:06:18.200 --> 00:06:19.120 general pediatrician in practice.
NOTE Confidence: 0.964558884
00:06:19.120 --> 00:06:21.280 I thought I was going to go back to Tampa,
NOTE Confidence: 0.964558884
00:06:21.280 --> 00:06:24.232 FL, which is especially what my
NOTE Confidence: 0.964558884
00:06:24.232 --> 00:06:27.855 mother wanted me to do and and be a
NOTE Confidence: 0.964558884
00:06:27.855 --> 00:06:29.480 pediatrician in in private practice
NOTE Confidence: 0.964558884
00:06:29.480 --> 00:06:31.320 caring for patients over many,
NOTE Confidence: 0.964558884
00:06:31.320 --> 00:06:32.040 many years.
NOTE Confidence: 0.964558884
00:06:32.040 --> 00:06:34.560 But as I did my various rotations, NOTE Confidence: 0.964558884

00:06:34.560 --> 00:06:38.880 I was really drawn to the acutely I'll child, NOTE Confidence: 0.964558884

00:06:38.880 --> 00:06:41.214 the critically I'll child and the NOTE Confidence: 0.964558884

00:06:41.214 --> 00:06:43.359 Physiology and action that you see, NOTE Confidence: 0.964558884

00:06:43.360 --> 00:06:45.112 you know working at working in NOTE Confidence: 0.964558884

00:06:45.112 --> 00:06:47.120 the ICU and caring for patients.
NOTE Confidence: 0.964558884
00:06:47.120 --> 00:06:51.088 And so I decided to do a fellowship NOTE Confidence: 0.964558884

00:06:51.088 --> 00:06:54.262 in pediatric critical care after
NOTE Confidence: 0.964558884
00:06:54.262 --> 00:06:57.034 my residency at Vanderbilt.
NOTE Confidence: 0.964558884
00:06:57.040 --> 00:06:59.903 And I also was exposed to some
NOTE Confidence: 0.964558884
00:06:59.903 --> 00:07:02.310 mentors there at Vanderbilt that NOTE Confidence: 0.964558884

00:07:02.310 --> 00:07:04.600 were both inpatient pediatricians
NOTE Confidence: 0.964558884
00:07:04.600 --> 00:07:07.600 and neonatologists for for example, NOTE Confidence: 0.964558884

00:07:07.600 --> 00:07:10.378 and physician scientists and did bench
NOTE Confidence: 0.964558884
00:07:10.378 --> 00:07:13.406 work and did research looking at lung
NOTE Confidence: 0.964558884
00:07:13.406 --> 00:07:15.036 injury and lung lung development.
NOTE Confidence: 0.964558884
00:07:15.040 --> 00:07:17.116 I thought that was really interesting. NOTE Confidence: 0.964558884

00:07:17.120 --> 00:07:19.760 I did a little bit of research as a resident.

NOTE Confidence: 0.964558884
00:07:19.760 --> 00:07:25.280 I'd never done that much prior to residency,
NOTE Confidence: 0.964558884
00:07:25.280 --> 00:07:28.162 and so I looked,
NOTE Confidence: 0.964558884
00:07:28.162 --> 00:07:30.500 looked around and really found the the
NOTE Confidence: 0.964558884
00:07:30.569 --> 00:07:32.929 place that I thought was going to give
NOTE Confidence: 0.964558884
00:07:32.929 --> 00:07:35.880 me the best opportunity to really explore,
NOTE Confidence: 0.964558884
00:07:35.880 --> 00:07:36.336 research,
NOTE Confidence: 0.964558884
00:07:36.336 --> 00:07:38.160 and learn critical care,
NOTE Confidence: 0.964558884
00:07:38.160 --> 00:07:39.696 which was at Yale.
NOTE Confidence: 0.964558884
00:07:39.696 --> 00:07:44.160 So in 1989 I drove from
NOTE Confidence: 0.964558884
00:07:44.160 --> 00:07:46.000 Vanderbilt to from Nashville,
NOTE Confidence: 0.964558884
00:07:46.000 --> 00:07:49.040 TN to New Haven with my wife and
NOTE Confidence: 0.964558884
00:07:49.040 --> 00:07:51.636 dog and we settled in for what was
NOTE Confidence: 0.964558884
00:07:51.636 --> 00:07:53.892 planned to be a three-year fellowship
NOTE Confidence: 0.964558884
00:07:53.892 --> 00:07:57.238 and then moved back to the Southeast.
NOTE Confidence: 0.964558884
00:07:57.240 --> 00:07:59.400 And I loved what I did.
NOTE Confidence: 0.964558884

00:07:59.400 --> 00:08:01.180 I worked incredibly hard,
NOTE Confidence: 0.964558884
00:08:01.180 --> 00:08:03.992 learned a lot and began working in NOTE Confidence: 0.964558884

00:08:03.992 --> 00:08:06.720 the lab and really caught the bug of NOTE Confidence: 0.964558884

00:08:06.720 --> 00:08:09.060 of discovery science and and really
NOTE Confidence: 0.964558884
00:08:09.060 --> 00:08:11.360 trying to to learn some basic science.
NOTE Confidence: 0.964558884
00:08:11.360 --> 00:08:15.960 And I started out focusing on lung injury,
NOTE Confidence: 0.964558884
00:08:15.960 --> 00:08:18.450 got interested in in transcription factors
NOTE Confidence: 0.964558884
00:08:18.450 --> 00:08:22.736 and the role they play in in lung function,
NOTE Confidence: 0.964558884
00:08:22.736 --> 00:08:25.520 specifically homeobox genes.
NOTE Confidence: 0.964558884
00:08:25.520 --> 00:08:27.704 So then started my own lab after
NOTE Confidence: 0.964558884
00:08:27.704 --> 00:08:29.858 working with folks from the department NOTE Confidence: 0.964558884

00:08:29.858 --> 00:08:32.168 of biology and the department of
NOTE Confidence: 0.964558884
00:08:32.168 --> 00:08:34.415 Pediatrics and had you know over
NOTE Confidence: 0.964558884
00:08:34.415 --> 00:08:38.124 a 25 year career running a basic
NOTE Confidence: 0.964558884
00:08:38.124 --> 00:08:40.932 research lab looking at the early NOTE Confidence: 0.964558884

00:08:40.932 --> 00:08:45.880 embryogenesis of the lung and liver

NOTE Confidence: 0.964558884
00:08:45.880 --> 00:08:49.020 and it was an incredibly rewarding
NOTE Confidence: 0.964558884
00:08:49.020 --> 00:08:51.520 career from the research side.
NOTE Confidence: 0.964558884
00:08:51.520 --> 00:08:52.930 And then also taking care of NOTE Confidence: 0.964558884

00:08:52.930 --> 00:08:53.635 patients which I,
NOTE Confidence: 0.964558884
00:08:53.640 --> 00:08:56.350 which was really very interesting
NOTE Confidence: 0.964558884
00:08:56.350 --> 00:08:58.518 and and love doing.
NOTE Confidence: 0.964558884
00:08:58.520 --> 00:09:02.360 And I stayed at Yale all these years
NOTE Confidence: 0.964558884
00:09:02.360 --> 00:09:05.560 because of the great resources available,
NOTE Confidence: 0.964558884
00:09:05.560 --> 00:09:08.860 the intellectual resources as well
NOTE Confidence: 0.964558884
00:09:08.860 --> 00:09:12.880 as the resources of, you know,
NOTE Confidence: 0.964558884
00:09:12.880 --> 00:09:14.400 a place that really understands
NOTE Confidence: 0.964558884
00:09:14.400 --> 00:09:16.515 the life of a physician, scientist.
NOTE Confidence: 0.964558884
00:09:16.515 --> 00:09:21.870 And so I have made it my career and
NOTE Confidence: 0.964558884
00:09:22.007 --> 00:09:26.800 and I've sort of shifted now from physician, NOTE Confidence: 0.964558884

00:09:26.800 --> 00:09:29.920 scientist and and working in the
NOTE Confidence: 0.964558884

00:09:29.920 --> 00:09:32.440 ICU to running a department.
NOTE Confidence: 0.964558884
00:09:32.440 --> 00:09:35.440 I've been chair for six years
NOTE Confidence: 0.964558884
00:09:35.440 --> 00:09:37.800 and had a wonderful time.
NOTE Confidence: 0.885793101428572
00:09:37.800 --> 00:09:40.480 A steep learning curve because it's a whole
NOTE Confidence: 0.885793101428572
00:09:40.480 --> 00:09:42.678 different set of skills and challenges.
NOTE Confidence: 0.885793101428572
00:09:42.680 --> 00:09:45.375 But being able to build a Children's
NOTE Confidence: 0.885793101428572
00:09:45.375 --> 00:09:47.730 Hospital, expand what we're doing and NOTE Confidence: 0.885793101428572

00:09:47.730 --> 00:09:51.091 build meaning I didn't we didn't build a
NOTE Confidence: 0.885793101428572
00:09:51.091 --> 00:09:53.719 new Children's Hospital but expand and NOTE Confidence: 0.885793101428572

00:09:53.720 --> 00:09:55.664 expand our services across the state
NOTE Confidence: 0.885793101428572
00:09:55.664 --> 00:09:58.039 and really grow some exciting programs.
NOTE Confidence: 0.885793101428572
00:09:58.040 --> 00:10:00.461 And so that's what I spend my my day
NOTE Confidence: 0.885793101428572
00:10:00.461 --> 00:10:02.924 doing now is recruiting faculty and
NOTE Confidence: 0.885793101428572
00:10:02.924 --> 00:10:05.044 thinking about building new programs
NOTE Confidence: 0.885793101428572
00:10:05.110 --> 00:10:07.295 and recruiting researchers and building NOTE Confidence: 0.885793101428572

00:10:07.295 --> 00:10:10.376 a research portfolio for the department

NOTE Confidence: 0.885793101428572
00:10:10.376 --> 00:10:16.720 and and and really excited about
NOTE Confidence: 0.885793101428572
00:10:16.720 --> 00:10:19.216 trainees who really are the what I view NOTE Confidence: 0.885793101428572
$00: 10: 19.216-->00: 10: 21.876$ is the future of our our department.
NOTE Confidence: 0.885793101428572
00:10:21.880 --> 00:10:24.076 I always like to you know go and talk
NOTE Confidence: 0.885793101428572
00:10:24.076 --> 00:10:26.341 to our resident applicants because I
NOTE Confidence: 0.885793101428572
00:10:26.341 --> 00:10:28.939 tell them I'm already starting faculty
NOTE Confidence: 0.885793101428572
00:10:28.939 --> 00:10:30.819 recruitment when they're residents
NOTE Confidence: 0.885793101428572
00:10:30.819 --> 00:10:33.176 because it's it's such an opportunity
NOTE Confidence: 0.885793101428572
00:10:33.176 --> 00:10:35.640 to to get plugged in and stay.
NOTE Confidence: 0.885793101428572
00:10:35.640 --> 00:10:36.582 So that's,
NOTE Confidence: 0.885793101428572
00:10:36.582 --> 00:10:39.879 that's my story and I'm happy to
NOTE Confidence: 0.885793101428572
00:10:39.880 --> 00:10:41.680 answer later after everyone else.
NOTE Confidence: 0.885793101428572
00:10:41.680 --> 00:10:42.560 Any questions?
NOTE Confidence: 0.861019874285714
00:10:50.290 --> 00:10:51.270 Thank you Doctor Bogue.
NOTE Confidence: 0.861019874285714
00:10:51.270 --> 00:10:52.005 I appreciate that.
NOTE Confidence: 0.861019874285714

00:10:52.010 --> 00:10:55.530 That was a fantastic overview.
NOTE Confidence: 0.861019874285714
00:10:55.530 --> 00:10:58.967 The Next up is, is Tanya Froelich.
NOTE Confidence: 0.861019874285714
00:10:58.970 --> 00:11:02.110 Tanya graduated from Yale Medical NOTE Confidence: 0.861019874285714

00:11:02.110 --> 00:11:06.088 School in 1999, the same year I did.
NOTE Confidence: 0.861019874285714
00:11:06.090 --> 00:11:08.690 And so I I know Tanya and and
NOTE Confidence: 0.861019874285714
00:11:08.690 --> 00:11:10.968 so she's a terrific person.
NOTE Confidence: 0.861019874285714
00:11:10.970 --> 00:11:12.566 And so, Tanya, tell us about yourself,
NOTE Confidence: 0.861019874285714
00:11:12.570 --> 00:11:14.127 your time at Yale and what you're up to.
NOTE Confidence: 0.807151378
00:11:15.000 --> 00:11:16.824 Oh, OK All right.
NOTE Confidence: 0.807151378
00:11:16.824 --> 00:11:20.565 Well, I am originally from rural
NOTE Confidence: 0.807151378
00:11:20.565 --> 00:11:21.879 northwestern Pennsylvania,
NOTE Confidence: 0.807151378
00:11:21.880 --> 00:11:24.080 which is really the Alabama
NOTE Confidence: 0.807151378
00:11:24.080 --> 00:11:25.400 part of Pennsylvania.
NOTE Confidence: 0.807151378
00:11:25.400 --> 00:11:28.520 And my mom was a Chinese,
NOTE Confidence: 0.807151378
00:11:28.520 --> 00:11:31.732 Jamaican immigrant. And so, you know, NOTE Confidence: 0.807151378

00:11:31.732 --> 00:11:33.700 and there aren't too many of those hanging

NOTE Confidence: 0.807151378
00:11:33.752 --> 00:11:35.600 around rural northwestern Pennsylvania.
NOTE Confidence: 0.807151378
00:11:35.600 --> 00:11:38.358 So I wanted to go to college,
NOTE Confidence: 0.807151378
00:11:38.360 --> 00:11:40.117 the biggest place that I could find.
NOTE Confidence: 0.807151378
00:11:40.120 --> 00:11:42.968 So I I headed off to Columbia
NOTE Confidence: 0.807151378
00:11:42.968 --> 00:11:47.336 University but after loved it there
NOTE Confidence: 0.807151378
00:11:47.336 --> 00:11:50.880 but really wanted a place that was
NOTE Confidence: 0.807151378
00:11:50.880 --> 00:11:53.336 a little bit smaller and ended up
NOTE Confidence: 0.807151378
00:11:53.336 --> 00:11:55.716 you know New Haven ended up being
NOTE Confidence: 0.807151378
00:11:55.716 --> 00:11:59.640 that blend of my kind of small town
NOTE Confidence: 0.807151378
00:11:59.640 --> 00:12:01.957 with a green in the New Haven,
NOTE Confidence: 0.807151378
00:12:01.960 --> 00:12:03.916 green in the in the center.
NOTE Confidence: 0.807151378
00:12:03.920 --> 00:12:08.504 But also some of those that that big
NOTE Confidence: 0.807151378
00:12:08.504 --> 00:12:12.125 city culture and you know the just the
NOTE Confidence: 0.807151378
00:12:12.125 --> 00:12:14.960 the intellectual and academic richness.
NOTE Confidence: 0.807151378
00:12:14.960 --> 00:12:17.510 And I was also just really
NOTE Confidence: 0.807151378

00:12:17.510 --> 00:12:19.336 excited about the Yale's,
NOTE Confidence: 0.807151378
00:12:19.336 --> 00:12:23.240 Yale's idea of of doing research that was
NOTE Confidence: 0.807151378
00:12:23.340 --> 00:12:26.512 a huge draw for me to to choose Yale.
NOTE Confidence: 0.807151378
00:12:26.512 --> 00:12:29.780 And then also that we should develop our
NOTE Confidence: 0.807151378
00:12:29.780 --> 00:12:32.520 our skills and our interests outside
NOTE Confidence: 0.807151378
00:12:32.520 --> 00:12:36.040 of of medicine and that just makes us
NOTE Confidence: 0.807151378
00:12:36.040 --> 00:12:38.290 richer and individuals and that we NOTE Confidence: 0.807151378

00:12:38.290 --> 00:12:41.358 would have more to give to our patients.
NOTE Confidence: 0.807151378
00:12:41.360 --> 00:12:44.552 So had a fantastic time at
NOTE Confidence: 0.807151378
00:12:44.552 --> 00:12:46.680 Yale along with Paul.
NOTE Confidence: 0.807151378
00:12:46.680 --> 00:12:49.152 Originally when I was in medical NOTE Confidence: 0.807151378

00:12:49.152 --> 00:12:51.862 school I thought that I may go
NOTE Confidence: 0.807151378
00:12:51.862 --> 00:12:54.158 into geriatrics and in fact for my
NOTE Confidence: 0.807151378
00:12:54.160 --> 00:12:57.196 my Med school thesis I developed
NOTE Confidence: 0.807151378
00:12:57.196 --> 00:13:00.651 a screening test for dementia and NOTE Confidence: 0.807151378

00:13:00.651 --> 00:13:04.077 that was a a fantastic experience.

NOTE Confidence: 0.807151378
00:13:04.080 --> 00:13:06.616 But in the end I'm just I was
NOTE Confidence: 0.807151378
00:13:06.616 --> 00:13:08.880 just really drawn to Pediatrics.
NOTE Confidence: 0.807151378
00:13:08.880 --> 00:13:12.616 I mean Pediatrics is just frankly
NOTE Confidence: 0.807151378
00:13:12.616 --> 00:13:17.880 more fun and the the idea of of hope
NOTE Confidence: 0.807151378
00:13:17.880 --> 00:13:21.492 and being able to impact child's life
NOTE Confidence: 0.807151378
00:13:21.492 --> 00:13:25.556 for for long term just really you know,
NOTE Confidence: 0.807151378
00:13:25.556 --> 00:13:27.770 I think I think that there's
NOTE Confidence: 0.807151378
00:13:27.846 --> 00:13:29.880 there's really nothing better.
NOTE Confidence: 0.807151378
00:13:29.880 --> 00:13:33.960 So I chose to go into Pediatrics and
NOTE Confidence: 0.807151378
00:13:33.960 --> 00:13:37.200 I went off to Children's Hospital
NOTE Confidence: 0.807151378
00:13:37.200 --> 00:13:38.280 of Philadelphia.
NOTE Confidence: 0.807151378
00:13:38.280 --> 00:13:41.997 And along the way, during my time at CHOP,
NOTE Confidence: 0.807151378
00:13:42.000 --> 00:13:44.982 I've learned about the field of
NOTE Confidence: 0.807151378
00:13:44.982 --> 00:13:46.473 developmental behavioral Pediatrics.
NOTE Confidence: 0.807151378
00:13:46.480 --> 00:13:47.971 And for me,
NOTE Confidence: 0.807151378

00:13:47.971 --> 00:13:49.462 developmental behavioral Pediatrics
NOTE Confidence: 0.807151378
00:13:49.462 --> 00:13:51.728 just just really felt right.
NOTE Confidence: 0.807151378
00:13:51.728 --> 00:13:55.301 My mom was a teacher and my dad
NOTE Confidence: 0.807151378
00:13:55.301 --> 00:13:56.957 was a social worker.
NOTE Confidence: 0.807151378
00:13:56.960 --> 00:13:58.613 So, you know,
NOTE Confidence: 0.807151378
00:13:58.613 --> 00:14:01.368 developmental behavioral Pediatrics is all
NOTE Confidence: 0.807151378
00:14:01.368 --> 00:14:05.994 about how how children learn and also about, NOTE Confidence: 0.807151378

00:14:06.000 --> 00:14:06.834 you know,
NOTE Confidence: 0.807151378
00:14:06.834 --> 00:14:08.919 the the social environment and
NOTE Confidence: 0.807151378
00:14:08.919 --> 00:14:11.823 how kids can function and reach
NOTE Confidence: 0.807151378
00:14:11.823 --> 00:14:14.336 their full potentials within the NOTE Confidence: 0.807151378

00:14:14.336 --> 00:14:16.676 environment and within the family.
NOTE Confidence: 0.807151378
00:14:16.680 --> 00:14:18.424 A lot of people wonder, you know,
NOTE Confidence: 0.807151378
00:14:18.424 --> 00:14:20.748 what kind of conditions we see for
NOTE Confidence: 0.807151378
00:14:20.748 --> 00:14:22.400 developmental behavioral Pediatrics.
NOTE Confidence: 0.807151378
00:14:22.400 --> 00:14:26.592 So we see kids with developmental delays,

NOTE Confidence: 0.807151378
00:14:26.592 --> 00:14:29.160 autism spectrum disorder,
NOTE Confidence: 0.807151378
00:14:29.160 --> 00:14:33.800 intellectual disability, learning disorders, NOTE Confidence: 0.807151378

00:14:33.800 --> 00:14:36.439 ADHD, neuro genetic disorders.
NOTE Confidence: 0.807151378
00:14:36.439 --> 00:14:39.397 And we are really focused on,
NOTE Confidence: 0.807151378
00:14:39.400 --> 00:14:41.320 you know, that fact that every,
NOTE Confidence: 0.807151378
00:14:41.320 --> 00:14:44.520 every child, every individual has,
NOTE Confidence: 0.807151378
00:14:44.520 --> 00:14:45.540 you know,
NOTE Confidence: 0.807151378
00:14:45.540 --> 00:14:47.826 a different different cognitive
NOTE Confidence: 0.807151378
00:14:47.826 --> 00:14:50.704 abilities and cognitive styles and
NOTE Confidence: 0.807151378
00:14:50.704 --> 00:14:53.062 how can we help each individual, NOTE Confidence: 0.807151378

00:14:53.062 --> 00:14:56.008 each child reach their full potential
NOTE Confidence: 0.807151378
00:14:56.008 --> 00:14:58.559 and live their fullest life.
NOTE Confidence: 0.807151378
00:14:58.560 --> 00:15:02.676 So it's it's an amazing field.
NOTE Confidence: 0.807151378
00:15:02.680 --> 00:15:04.936 I have my husband is in orthopedics and NOTE Confidence: 0.807151378

00:15:04.936 --> 00:15:07.804 so I have a friend in developmental
NOTE Confidence: 0.807151378

00:15:07.804 --> 00:15:09.148 behavioral pediatrician friend
NOTE Confidence: 0.807151378
00:15:09.148 --> 00:15:10.044 who says
NOTE Confidence: 0.833568624821429
00:15:10.116 --> 00:15:12.996 you know orthopaedics they can heal your leg.
NOTE Confidence: 0.833568624821429
00:15:13.000 --> 00:15:14.940 But you know in developmental
NOTE Confidence: 0.833568624821429
00:15:14.940 --> 00:15:15.716 behavioral Pediatrics,
NOTE Confidence: 0.833568624821429
00:15:15.720 --> 00:15:17.520 you know we heal your soul.
NOTE Confidence: 0.833568624821429
00:15:17.520 --> 00:15:20.159 You know we heal you know your
NOTE Confidence: 0.833568624821429
00:15:20.159 --> 00:15:22.744 heart and again how you're going
NOTE Confidence: 0.833568624821429
00:15:22.744 --> 00:15:25.920 to to live that fullest life.
NOTE Confidence: 0.833568624821429
00:15:25.920 --> 00:15:30.280 So at Cincinnati Children's, I, you know,
NOTE Confidence: 0.833568624821429
00:15:30.280 --> 00:15:33.200 got my clinical training for my fellowship.
NOTE Confidence: 0.833568624821429
00:15:33.200 --> 00:15:36.921 And then I also still from my time at
NOTE Confidence: 0.833568624821429
00:15:36.921 --> 00:15:39.840 Yale had that that that research bug.
NOTE Confidence: 0.833568624821429
00:15:39.840 --> 00:15:42.736 So during my second year of my clinical
NOTE Confidence: 0.833568624821429
00:15:42.736 --> 00:15:45.453 fellowship I decided to do a National NOTE Confidence: 0.833568624821429
00:15:45.453 --> 00:15:47.616 Research Service Award fellowship at

NOTE Confidence: 0.833568624821429
00:15:47.616 --> 00:15:49.836 at Cincinnati Children's in addition,
NOTE Confidence: 0.833568624821429
00:15:49.840 --> 00:15:52.120 so I could get a Masters of Science
NOTE Confidence: 0.833568624821429
00:15:52.120 --> 00:15:54.835 in epidemiology and biostats that NOTE Confidence: 0.833568624821429

00:15:54.835 --> 00:15:58.308 would really give me that that
NOTE Confidence: 0.833568624821429
00:15:58.308 --> 00:16:00.960 strong foundation for research.
NOTE Confidence: 0.833568624821429
00:16:00.960 --> 00:16:03.120 And so during that time,
NOTE Confidence: 0.833568624821429
00:16:03.120 --> 00:16:04.968 that dual fellowship time, NOTE Confidence: 0.833568624821429

00:16:04.968 --> 00:16:08.880 I ended up writing a NIH Career
NOTE Confidence: 0.833568624821429
00:16:08.880 --> 00:16:14.240 Development award K23 to look at ADHD.
NOTE Confidence: 0.833568624821429
00:16:14.240 --> 00:16:17.680 That's my kind of in my area of NOTE Confidence: 0.833568624821429

00:16:17.680 --> 00:16:20.425 specialty and and to look at
NOTE Confidence: 0.833568624821429
00:16:20.425 --> 00:16:23.024 predictors of ADHD medication response.
NOTE Confidence: 0.833568624821429
00:16:23.024 --> 00:16:27.136 And I really love this particular kind
NOTE Confidence: 0.833568624821429
00:16:27.136 --> 00:16:31.120 of research because it's it allows me NOTE Confidence: 0.833568624821429

00:16:31.120 --> 00:16:34.600 to see patients and to see how our
NOTE Confidence: 0.833568624821429

00:16:34.600 --> 00:16:38.000 interventions really work for the
NOTE Confidence: 0.833568624821429
00:16:38.000 --> 00:16:42.158 patients and to to study that and to look,
NOTE Confidence: 0.833568624821429
00:16:42.160 --> 00:16:44.746 I'm looking at predictors and and NOTE Confidence: 0.833568624821429

00:16:44.746 --> 00:16:47.294 correlates of response not just in NOTE Confidence: 0.833568624821429

00:16:47.294 --> 00:16:49.384 typically developing children but also
NOTE Confidence: 0.833568624821429
00:16:49.384 --> 00:16:52.666 in in kids with who have Down syndrome,
NOTE Confidence: 0.833568624821429
00:16:52.666 --> 00:16:56.257 how our treatments work and how we NOTE Confidence: 0.833568624821429

00:16:56.257 --> 00:16:59.192 diagnose ADHD in kids who have you
NOTE Confidence: 0.833568624821429
00:16:59.192 --> 00:17:01.080 know different cognitive profiles.
NOTE Confidence: 0.833568624821429
00:17:01.080 --> 00:17:05.622 So it's I I think it's a fantastic
NOTE Confidence: 0.833568624821429
00:17:05.622 --> 00:17:07.640 field to get involved in.
NOTE Confidence: 0.833568624821429
00:17:07.640 --> 00:17:11.752 I've been able to work also on clinical
NOTE Confidence: 0.833568624821429
00:17:11.752 --> 00:17:13.919 practice guidelines I developed.
NOTE Confidence: 0.833568624821429
00:17:13.920 --> 00:17:17.085 It's on the the panel that co-authored
NOTE Confidence: 0.833568624821429
00:17:17.085 --> 00:17:19.910 the most recent American County
NOTE Confidence: 0.833568624821429
00:17:19.910 --> 00:17:22.170 Pediatrics clinical practice guideline

NOTE Confidence: 0.833568624821429
00:17:22.241 --> 00:17:24.389 for diagnosing and treating ADHD and NOTE Confidence: 0.833568624821429

00:17:24.389 --> 00:17:27.480 then I'm on the the vice chair for the, NOTE Confidence: 0.833568624821429

00:17:27.480 --> 00:17:31.480 we're updating that that guideline right now.
NOTE Confidence: 0.833568624821429
00:17:31.480 --> 00:17:34.040 And then I also for the Society of
NOTE Confidence: 0.833568624821429
00:17:34.111 --> 00:17:36.598 Developmental Behavioral Pediatrics
NOTE Confidence: 0.833568624821429
00:17:36.600 --> 00:17:39.470 co-authored the guideline for diagnosis
NOTE Confidence: 0.833568624821429
00:17:39.470 --> 00:17:42.861 and treatment of complex ADHD which
NOTE Confidence: 0.833568624821429
00:17:42.861 --> 00:17:45.913 is ADHD in the setting of coexisting
NOTE Confidence: 0.833568624821429
00:17:45.920 --> 00:17:48.680 developmental or or mental health conditions.
NOTE Confidence: 0.833568624821429
00:17:48.680 --> 00:17:51.123 So that's also really exciting to me
NOTE Confidence: 0.833568624821429
00:17:51.123 --> 00:17:53.682 because you know it's not just what you
NOTE Confidence: 0.833568624821429
00:17:53.682 --> 00:17:56.320 know I'm doing in the clinical setting,
NOTE Confidence: 0.833568624821429
00:17:56.320 --> 00:17:59.952 but being able to really dig into the
NOTE Confidence: 0.833568624821429
00:17:59.952 --> 00:18:02.918 evidence base and to share you know, NOTE Confidence: 0.833568624821429

00:18:02.920 --> 00:18:05.960 with clinicians all across the
NOTE Confidence: 0.833568624821429

00:18:05.960 --> 00:18:09.000 country what are best practices.
NOTE Confidence: 0.833568624821429
00:18:09.000 --> 00:18:11.904 I've also been really involved in
NOTE Confidence: 0.833568624821429
00:18:11.904 --> 00:18:14.398 teaching and training at Cincinnati NOTE Confidence: 0.833568624821429

00:18:14.398 --> 00:18:16.993 Children's with our fellowship program
NOTE Confidence: 0.833568624821429
00:18:16.993 --> 00:18:20.101 and in particular with the research
NOTE Confidence: 0.833568624821429
00:18:20.101 --> 00:18:22.556 training in our fellowship program.
NOTE Confidence: 0.833568624821429
00:18:22.560 --> 00:18:24.750 And then this July stepped up NOTE Confidence: 0.833568624821429

00:18:24.750 --> 00:18:27.534 as Director for our Division of NOTE Confidence: 0.833568624821429

00:18:27.534 --> 00:18:29.409 Developmental Behavioral Pediatrics NOTE Confidence: 0.833568624821429

00:18:29.409 --> 00:18:32.534 which at Cincinnati Children's which
NOTE Confidence: 0.833568624821429
00:18:32.615 --> 00:18:34.818 is another just great opportunity NOTE Confidence: 0.833568624821429

00:18:34.818 --> 00:18:37.752 for me because it's it's also being
NOTE Confidence: 0.833568624821429
00:18:37.752 --> 00:18:40.429 able to think about our our region
NOTE Confidence: 0.833568624821429
00:18:40.429 --> 00:18:43.117 and how we're going to improve care
NOTE Confidence: 0.833568624821429
00:18:43.117 --> 00:18:45.040 for our entire region.
NOTE Confidence: 0.833568624821429
00:18:45.040 --> 00:18:47.335 How we're going to train general

NOTE Confidence: 0.833568624821429
00:18:47.335 --> 00:18:50.065 pediatricians in our region to to
NOTE Confidence: 0.833568624821429
00:18:50.065 --> 00:18:52.464 be to partner with us and taking
NOTE Confidence: 0.833568624821429
00:18:52.464 --> 00:18:54.560 care of our patient population.
NOTE Confidence: 0.833568624821429
00:18:54.560 --> 00:18:57.032 And you know there's the aspect of how
NOTE Confidence: 0.833568624821429
00:18:57.032 --> 00:18:59.199 we're going to partner with schools.
NOTE Confidence: 0.833568624821429
00:18:59.200 --> 00:19:01.275 How we're going to partner
NOTE Confidence: 0.833568624821429
00:19:01.275 --> 00:19:02.520 with community agencies.
NOTE Confidence: 0.902153344166667
00:19:02.520 --> 00:19:03.804 And then, you know,
NOTE Confidence: 0.902153344166667
00:19:03.804 --> 00:19:06.199 one of my favorite things to do is,
NOTE Confidence: 0.902153344166667
00:19:06.200 --> 00:19:08.051 is, is mentorship,
NOTE Confidence: 0.902153344166667
00:19:08.051 --> 00:19:10.519 just mentoring the fellowships,
NOTE Confidence: 0.902153344166667
00:19:10.520 --> 00:19:12.920 the fellows for research,
NOTE Confidence: 0.902153344166667
00:19:12.920 --> 00:19:15.996 but also other faculty members and
NOTE Confidence: 0.902153344166667
00:19:15.996 --> 00:19:18.810 thinking about how the other faculty
NOTE Confidence: 0.902153344166667
00:19:18.886 --> 00:19:21.756 members can grow in their careers and, NOTE Confidence: 0.902153344166667

00:19:21.760 --> 00:19:23.905 you know, reach their fullest
NOTE Confidence: 0.902153344166667
00:19:23.905 --> 00:19:26.765 potential as a clinician or as a
NOTE Confidence: 0.902153344166667
00:19:26.765 --> 00:19:29.675 clinical educator or as a researcher.
NOTE Confidence: 0.902153344166667
00:19:29.680 --> 00:19:33.228 So I I feel really blessed that
NOTE Confidence: 0.902153344166667
00:19:33.228 --> 00:19:35.420 I've been able to have all of these
NOTE Confidence: 0.902153344166667
00:19:35.485 --> 00:19:37.880 different aspects in my career.
NOTE Confidence: 0.902153344166667
00:19:37.880 --> 00:19:40.382 And I'm also happy, you know, NOTE Confidence: 0.902153344166667

00:19:40.382 --> 00:19:42.559 when it's time to answer any questions.
NOTE Confidence: 0.819255938
00:19:43.440 --> 00:19:45.040 Thank you, Tanya. That's fantastic.
NOTE Confidence: 0.819255938
00:19:45.040 --> 00:19:46.552 And you know, I remember when I
NOTE Confidence: 0.819255938
00:19:46.552 --> 00:19:47.909 was doing my Pediatrics rotation
NOTE Confidence: 0.819255938
00:19:47.909 --> 00:19:49.554 at Yale New Haven Hospital.
NOTE Confidence: 0.819255938
00:19:49.560 --> 00:19:51.558 I think one of the attendees told me that,
NOTE Confidence: 0.819255938
00:19:51.560 --> 00:19:52.720 you know, all of us,
NOTE Confidence: 0.819255938
00:19:52.720 --> 00:19:55.114 you know in medicine we like to,
NOTE Confidence: 0.819255938
00:19:55.120 --> 00:19:57.160 you know, contribute to human health.

NOTE Confidence: 0.819255938
00:19:57.160 --> 00:19:59.120 I think the way this,
NOTE Confidence: 0.819255938
00:19:59.120 --> 00:20:00.410 this attending said is that
NOTE Confidence: 0.819255938
00:20:00.410 --> 00:20:02.765 you know you when you win as a
NOTE Confidence: 0.819255938
00:20:02.765 --> 00:20:04.018 cardiothoracic surgeon, you win.
NOTE Confidence: 0.819255938
00:20:04.018 --> 00:20:05.463 I mean you extend somebody's
NOTE Confidence: 0.819255938
00:20:05.463 --> 00:20:07.278 life and their quality of life,
NOTE Confidence: 0.819255938
00:20:07.280 --> 00:20:09.205 but I mean perhaps he was thinking
NOTE Confidence: 0.819255938
00:20:09.205 --> 00:20:10.480 of population health as well.
NOTE Confidence: 0.819255938
00:20:10.480 --> 00:20:12.520 His comment was when you win in Pediatrics,
NOTE Confidence: 0.819255938
00:20:12.520 --> 00:20:15.120 you win big because you win over the
NOTE Confidence: 0.819255938
00:20:15.120 --> 00:20:18.261 entire and and your your inspiring list NOTE Confidence: 0.819255938

00:20:18.261 --> 00:20:20.197 of activities and accomplishments.
NOTE Confidence: 0.819255938
00:20:20.200 --> 00:20:21.808 You win big because you're impacting
NOTE Confidence: 0.819255938
00:20:21.808 --> 00:20:24.236 the whole arc of a human life and the NOTE Confidence: 0.819255938
00:20:24.236 --> 00:20:25.800 full potential, you know, not just, NOTE Confidence: 0.819255938

00:20:25.800 --> 00:20:27.124 you know, you know, whatever.
NOTE Confidence: 0.819255938
00:20:27.124 --> 00:20:28.196 The last 15 years,
NOTE Confidence: 0.819255938
00:20:28.200 --> 00:20:29.800 while somebody gets to walk a bit better, NOTE Confidence: 0.819255938

00:20:29.800 --> 00:20:30.412 'cause their,
NOTE Confidence: 0.819255938
00:20:30.412 --> 00:20:32.554 their hip has been replaced by by,
NOTE Confidence: 0.819255938
00:20:32.560 --> 00:20:34.198 by an orthopedist. So thank you.
NOTE Confidence: 0.610623378
00:20:34.480 --> 00:20:36.440 Throw shade at the orthopedics, NOTE Confidence: 0.610623378

00:20:36.440 --> 00:20:37.598 you know, orthopedist.
NOTE Confidence: 0.610623378
00:20:37.598 --> 00:20:40.920 Yeah, they're amazing. They're
NOTE Confidence: 0.695262792
00:20:38.920 --> 00:20:40.200 great guys. They're great guys.
NOTE Confidence: 0.695262792
00:20:40.200 --> 00:20:40.880 They're great guys. We really NOTE Confidence: 0.763415549090909

00:20:40.920 --> 00:20:43.360 get a a lot of bang for our buck with what
NOTE Confidence: 0.566198766
00:20:43.400 --> 00:20:45.360 we got. There you go.
NOTE Confidence: 0.566198766
00:20:45.360 --> 00:20:48.376 So, all right, up next we have Doctor
NOTE Confidence: 0.566198766
00:20:48.376 --> 00:20:50.597 Denise Kung at in Saint Louis.
NOTE Confidence: 0.566198766
00:20:50.600 --> 00:20:52.140 Denise, we've heard from

NOTE Confidence: 0.566198766
00:20:52.140 --> 00:20:53.680 a couple of academicians,
NOTE Confidence: 0.566198766
00:20:53.680 --> 00:20:55.600 which is terrific, but Denise,
NOTE Confidence: 0.566198766
00:20:55.600 --> 00:20:57.760 like myself, is in private practice.
NOTE Confidence: 0.566198766
00:20:57.760 --> 00:20:59.464 So Denise, tell me about your
NOTE Confidence: 0.566198766
00:20:59.464 --> 00:21:01.360 experience and and what you're up to.
NOTE Confidence: 0.953888608461538
00:21:02.520 --> 00:21:04.410 So thank you. It is a pleasure
NOTE Confidence: 0.953888608461538
00:21:04.410 --> 00:21:06.679 to be able to participate today.
NOTE Confidence: 0.953888608461538
00:21:06.680 --> 00:21:10.462 So my career arc is very different
NOTE Confidence: 0.953888608461538
00:21:10.462 --> 00:21:11.917 than our first two speakers.
NOTE Confidence: 0.953888608461538
00:21:11.920 --> 00:21:13.960 I started out planning
NOTE Confidence: 0.953888608461538
00:21:13.960 --> 00:21:16.000 to do academic medicine.
NOTE Confidence: 0.953888608461538
00:21:16.000 --> 00:21:18.585 I grew up in Central Missouri, Columbia.
NOTE Confidence: 0.953888608461538
00:21:18.585 --> 00:21:20.440 My dad was a professor at Mizzou.
NOTE Confidence: 0.9562753512
00:21:22.760 --> 00:21:25.208 I always tell my patients as they are NOTE Confidence: 0.9562753512

00:21:25.208 --> 00:21:27.679 looking at their careers that their NOTE Confidence: 0.9562753512

00:21:27.679 --> 00:21:29.467 life experiences will definitely
NOTE Confidence: 0.9562753512
00:21:29.467 --> 00:21:31.957 direct where they end up career wise.
NOTE Confidence: 0.9562753512
00:21:31.960 --> 00:21:35.012 My life experience that affected me was NOTE Confidence: 0.9562753512

00:21:35.012 --> 00:21:38.709 the fact that I had a sister who died at
NOTE Confidence: 0.9562753512
00:21:38.709 --> 00:21:41.476 birth and brother who is much younger,
NOTE Confidence: 0.9562753512
00:21:41.480 --> 00:21:42.560 so he's eight years younger.
NOTE Confidence: 0.9562753512
00:21:42.560 --> 00:21:45.440 So I had the pleasure or the pain, NOTE Confidence: 0.9562753512

00:21:45.440 --> 00:21:47.393 depending on what my mood is at the time, NOTE Confidence: 0.9562753512

00:21:47.400 --> 00:21:51.558 but of helping to raise him.
NOTE Confidence: 0.9562753512
00:21:51.560 --> 00:21:55.648 And that really got me interested in
NOTE Confidence: 0.9562753512
00:21:55.648 --> 00:21:57.558 Pediatrics and working with kids.
NOTE Confidence: 0.9562753512
00:21:57.560 --> 00:22:01.280 So before I knew I wanted to be a physician,
NOTE Confidence: 0.9562753512
00:22:01.280 --> 00:22:03.360 I knew I wanted to work with kids.
NOTE Confidence: 0.9562753512
00:22:03.360 --> 00:22:06.265 When I was at the University of
NOTE Confidence: 0.9562753512
00:22:06.265 --> 00:22:07.800 Missouri in the honors program, NOTE Confidence: 0.9562753512

00:22:07.800 --> 00:22:08.640 we did research.

NOTE Confidence: 0.9562753512
00:22:08.640 --> 00:22:11.100 I ended up doing research in
NOTE Confidence: 0.9562753512
00:22:11.100 --> 00:22:11.920 pediatric rheumatology,
NOTE Confidence: 0.9562753512
00:22:11.920 --> 00:22:15.120 and that's when I decided to enter medicine.
NOTE Confidence: 0.9562753512
00:22:15.120 --> 00:22:17.556 So my original plan was to be
NOTE Confidence: 0.9562753512
00:22:17.556 --> 00:22:18.600 a pediatric rheumatologist.
NOTE Confidence: 0.9562753512
00:22:18.600 --> 00:22:22.520 I graduated College in 1986,
NOTE Confidence: 0.9562753512
00:22:22.520 --> 00:22:24.669 and at that time there was less
NOTE Confidence: 0.9562753512
00:22:24.669 --> 00:22:26.625 than half a dozen pediatric
NOTE Confidence: 0.9562753512
00:22:26.625 --> 00:22:29.499 rheumatologists and there was not a
NOTE Confidence: 0.9562753512
00:22:29.499 --> 00:22:31.958 pediatric board in rheumatology yet.
NOTE Confidence: 0.9562753512
00:22:31.960 --> 00:22:34.200 So my original plan was to go out
NOTE Confidence: 0.9562753512
00:22:34.200 --> 00:22:36.357 there to be on the cutting edge,
NOTE Confidence: 0.9562753512
00:22:36.360 --> 00:22:39.040 to help start a field,
NOTE Confidence: 0.9562753512
00:22:39.040 --> 00:22:40.600 and that's how I ended up at Yale.
NOTE Confidence: 0.9562753512
00:22:40.600 --> 00:22:43.993 That was my plan when I got to Yale,
NOTE Confidence: 0.9562753512

00:22:44.000 --> 00:22:45.560 had to do the research program, NOTE Confidence: 0.9562753512

00:22:45.560 --> 00:22:48.410 could not identify a pediatric
NOTE Confidence: 0.9562753512
00:22:48.410 --> 00:22:50.120 rheumatology research program.
NOTE Confidence: 0.9562753512
00:22:50.120 --> 00:22:51.992 There just wasn't a project out
NOTE Confidence: 0.9562753512
00:22:51.992 --> 00:22:54.353 there that would fit in with the
NOTE Confidence: 0.9562753512
00:22:54.353 --> 00:22:55.757 schedule that was manageable.
NOTE Confidence: 0.9562753512
00:22:55.760 --> 00:22:57.436 So my original research, NOTE Confidence: 0.9562753512

00:22:57.436 --> 00:23:00.599 my first summer at Yale was an HIV,
NOTE Confidence: 0.9562753512
00:23:00.600 --> 00:23:01.480 pediatric HIV.
NOTE Confidence: 0.9562753512
00:23:01.480 --> 00:23:03.240 So at that time,
NOTE Confidence: 0.9562753512
00:23:03.240 --> 00:23:05.880 HIV had just been identified NOTE Confidence: 0.9562753512
00:23:05.880 --> 00:23:07.920 as the virus that caused AIDS,
NOTE Confidence: 0.9562753512
00:23:07.920 --> 00:23:09.756 and there's a lot of research in that area,
NOTE Confidence: 0.9562753512
00:23:09.760 --> 00:23:11.720 and that's where I started.
NOTE Confidence: 0.9562753512
00:23:11.720 --> 00:23:13.589 So if there are any students listening NOTE Confidence: 0.9562753512
00:23:13.589 --> 00:23:15.510 to this very frustrated that their

NOTE Confidence: 0.9562753512
00:23:15.510 --> 00:23:17.280 first project isn't working out,
NOTE Confidence: 0.9562753512
00:23:17.280 --> 00:23:18.668 take heart, it's OK.
NOTE Confidence: 0.9562753512
00:23:18.668 --> 00:23:22.118 Many of us ended up doing a second project, NOTE Confidence: 0.9562753512

00:23:22.120 --> 00:23:23.992 which is what I did with my research here.
NOTE Confidence: 0.9562753512
00:23:24.000 --> 00:23:25.760 So I did a fifth year at Yale,
NOTE Confidence: 0.9562753512
00:23:25.760 --> 00:23:28.560 and my research was in child abuse.
NOTE Confidence: 0.9562753512
00:23:28.560 --> 00:23:33.160 So I did a project trying to identify
NOTE Confidence: 0.9562753512
00:23:33.160 --> 00:23:38.664 which factors in a new mom's life would
NOTE Confidence: 0.9562753512
00:23:38.664 --> 00:23:42.840 predict her odds of abusing her child.
NOTE Confidence: 0.96746942875
00:23:44.880 --> 00:23:47.320 Because I knew I wanted to do rheumatology,
NOTE Confidence: 0.96746942875
00:23:47.320 --> 00:23:48.783 I knew I needed to do some
NOTE Confidence: 0.96746942875
00:23:48.783 --> 00:23:49.760 research in the field.
NOTE Confidence: 0.96746942875
00:23:49.760 --> 00:23:52.560 One of the great things about the Yale
NOTE Confidence: 0.96746942875
00:23:52.560 --> 00:23:55.394 system is it allows you to do rotations away.
NOTE Confidence: 0.96746942875
00:23:55.394 --> 00:23:58.616 So I did a month at the DuPont Institute NOTE Confidence: 0.96746942875

00:23:58.616 --> 00:24:01.759 in Delaware and did a research project,
NOTE Confidence: 0.96746942875
00:24:01.760 --> 00:24:03.635 and I did get that small
NOTE Confidence: 0.96746942875
00:24:03.635 --> 00:24:04.700 PUP project published.
NOTE Confidence: 0.96746942875
00:24:04.700 --> 00:24:06.830 So don't despair if you're doing NOTE Confidence: 0.96746942875

00:24:06.890 --> 00:24:08.684 a project where you're like, OK, NOTE Confidence: 0.96746942875

00:24:08.684 --> 00:24:09.996 it's not going where you want to go.
NOTE Confidence: 0.96746942875
00:24:10.000 --> 00:24:12.952 There are a lot of options to do research NOTE Confidence: 0.96746942875

00:24:12.952 --> 00:24:16.118 away, and it can be very successful.
NOTE Confidence: 0.96746942875
00:24:16.120 --> 00:24:19.956 One of my lasting experiences from Yale,
NOTE Confidence: 0.96746942875
00:24:19.960 --> 00:24:22.200 one of the things that had the
NOTE Confidence: 0.96746942875
00:24:22.200 --> 00:24:23.919 most profound impact on my life, NOTE Confidence: 0.96746942875

00:24:23.920 --> 00:24:25.840 actually had nothing to do,
NOTE Confidence: 0.96746942875
00:24:25.840 --> 00:24:27.720 though, with the actual academic
NOTE Confidence: 0.96746942875
00:24:27.720 --> 00:24:29.600 part of being at Yale.
NOTE Confidence: 0.96746942875
00:24:29.600 --> 00:24:32.008 My research in child abuse required that NOTE Confidence: 0.96746942875
00:24:32.008 --> 00:24:34.758 I visit the hospital wards every day,

NOTE Confidence: 0.96746942875
00:24:34.760 --> 00:24:36.648 try and get all the nurses to fill NOTE Confidence: 0.96746942875

00:24:36.648 --> 00:24:38.479 out our survey on the new moms.
NOTE Confidence: 0.96746942875
00:24:38.480 --> 00:24:40.265 And there was a nurse on the NOTE Confidence: 0.96746942875
00:24:40.265 --> 00:24:41.520 floor who was my age.
NOTE Confidence: 0.96746942875
00:24:41.520 --> 00:24:43.698 She'd come to Yale because her
NOTE Confidence: 0.96746942875
00:24:43.698 --> 00:24:46.359 boyfriend was a Yale medical student,
NOTE Confidence: 0.96746942875
00:24:46.360 --> 00:24:47.224 and to be honest,
NOTE Confidence: 0.96746942875
00:24:47.224 --> 00:24:49.342 she was one of the few nurses who would
NOTE Confidence: 0.96746942875
00:24:49.342 --> 00:24:51.719 really talk to me and fill out my survey.
NOTE Confidence: 0.96746942875
00:24:51.720 --> 00:24:54.750 We actually ended up getting married NOTE Confidence: 0.96746942875

00:24:54.750 --> 00:24:58.313 to our spouses within a few weeks of NOTE Confidence: 0.96746942875

00:24:58.313 --> 00:25:01.518 each other when I was in Saint Louis.
NOTE Confidence: 0.96746942875
00:25:01.520 --> 00:25:03.120 A few years later, about five years later,
NOTE Confidence: 0.96746942875
00:25:03.120 --> 00:25:05.280 I get a phone call from someone said hey, NOTE Confidence: 0.96746942875

00:25:05.280 --> 00:25:06.052 do you Remember Me?
NOTE Confidence: 0.96746942875

00:25:06.052 --> 00:25:07.586 From Yale? New Haven Hospital.
NOTE Confidence: 0.96746942875
00:25:07.586 --> 00:25:09.878 We've just moved to Saint Louis.
NOTE Confidence: 0.96746942875
00:25:09.880 --> 00:25:11.434 Turned out that they were doing NOTE Confidence: 0.96746942875

00:25:11.434 --> 00:25:12.800 their residency in Saint Louis.
NOTE Confidence: 0.96746942875
00:25:12.800 --> 00:25:15.885 We ended up being good friends and have
NOTE Confidence: 0.96746942875
00:25:15.885 --> 00:25:17.880 been good friends now for 30 years,
NOTE Confidence: 0.96746942875
00:25:17.880 --> 00:25:19.824 raised our kids together and at NOTE Confidence: 0.96746942875

00:25:19.824 --> 00:25:21.679 this point are visiting each other NOTE Confidence: 0.96746942875

00:25:21.679 --> 00:25:23.437 when our kids are getting married.
NOTE Confidence: 0.96746942875
00:25:23.440 --> 00:25:26.120 So the the relationships you make at Yale,
NOTE Confidence: 0.96746942875
00:25:26.120 --> 00:25:27.840 they will be long lasting.
NOTE Confidence: 0.96746942875
00:25:27.840 --> 00:25:31.992 They just may come to you in a
NOTE Confidence: 0.96746942875
00:25:31.992 --> 00:25:34.332 very unexpected way. But I digress.
NOTE Confidence: 0.96746942875
00:25:34.332 --> 00:25:35.796 So after I graduated from Yale,
NOTE Confidence: 0.96746942875
00:25:35.800 --> 00:25:37.200 I did a couples match,
NOTE Confidence: 0.96746942875
00:25:37.200 --> 00:25:41.239 ended up back in Missouri at Washoe,

NOTE Confidence: 0.96746942875
00:25:41.240 --> 00:25:43.595 did my pediatric residency at NOTE Confidence: 0.96746942875

00:25:43.595 --> 00:25:45.479 Saint Louis Children's Hospital, NOTE Confidence: 0.96746942875

00:25:45.480 --> 00:25:48.360 and at the time still was intending to NOTE Confidence: 0.96746942875

00:25:48.360 --> 00:25:52.120 do pediatric rheumatology and finished
NOTE Confidence: 0.96746942875
00:25:52.120 --> 00:25:55.276 and headed into Pete's Room here,
NOTE Confidence: 0.96746942875
00:25:55.280 --> 00:25:58.158 excuse me, I wash $U$ at the time.
NOTE Confidence: 0.96746942875
00:25:58.158 --> 00:26:00.234 I also had a young child, NOTE Confidence: 0.96746942875

00:26:00.240 --> 00:26:01.776 so I had my first child at the
NOTE Confidence: 0.96746942875
00:26:01.776 --> 00:26:02.680 end of residency
NOTE Confidence: 0.87030947
00:26:05.560 --> 00:26:06.540 in the early 90s.
NOTE Confidence: 0.87030947
00:26:06.540 --> 00:26:08.720 We thought we were all very progressive.
NOTE Confidence: 0.87030947
00:26:08.720 --> 00:26:10.478 We were all going to have
NOTE Confidence: 0.87030947
00:26:10.478 --> 00:26:12.320 our career and our families.
NOTE Confidence: 0.87030947
00:26:12.320 --> 00:26:14.679 We were going to do it all.
NOTE Confidence: 0.87030947
00:26:14.680 --> 00:26:16.556 I made it about six months into
NOTE Confidence: 0.87030947

00:26:16.556 --> 00:26:18.330 a fellowship and realized, OK,
NOTE Confidence: 0.87030947
00:26:18.330 --> 00:26:21.200 I wasn't going to do it all.
NOTE Confidence: 0.87030947
00:26:21.200 --> 00:26:22.880 Not having family in town, NOTE Confidence: 0.87030947

00:26:22.880 --> 00:26:24.232 that was a challenge.
NOTE Confidence: 0.87030947
00:26:24.232 --> 00:26:27.233 And so I made the decision to leave
NOTE Confidence: 0.87030947
00:26:27.233 --> 00:26:29.680 fellowship and go into private practice.
NOTE Confidence: 0.87030947
00:26:29.680 --> 00:26:32.326 So I have been in a large group pediatric NOTE Confidence: 0.87030947

00:26:32.326 --> 00:26:34.278 practice in West Saint Louis County.
NOTE Confidence: 0.87030947
00:26:34.280 --> 00:26:38.318 Now I'm in my 29th year.
NOTE Confidence: 0.87030947
00:26:38.320 --> 00:26:39.367 We are independent,
NOTE Confidence: 0.87030947
00:26:39.367 --> 00:26:41.461 which is kind of an interesting
NOTE Confidence: 0.87030947
00:26:41.461 --> 00:26:42.400 position to be in.
NOTE Confidence: 0.87030947
00:26:42.400 --> 00:26:44.878 These days When I entered practice,
NOTE Confidence: 0.87030947
00:26:44.880 --> 00:26:47.680 most practices were independent,
NOTE Confidence: 0.87030947
00:26:47.680 --> 00:26:49.080 independently owned.
NOTE Confidence: 0.87030947
00:26:49.080 --> 00:26:51.474 I think that as you all start your career,

NOTE Confidence: 0.87030947
00:26:51.480 --> 00:26:53.010 you're going to find fewer of
NOTE Confidence: 0.87030947
00:26:53.010 --> 00:26:54.240 those out there.
NOTE Confidence: 0.87030947
00:26:54.240 --> 00:26:56.032 But one of the things I realized was NOTE Confidence: 0.87030947

00:26:56.032 --> 00:26:57.998 that I knew nothing about business.
NOTE Confidence: 0.87030947
00:26:58.000 --> 00:26:59.614 Trying to run a practice when
NOTE Confidence: 0.87030947
00:26:59.614 --> 00:27:00.996 you don't know anything about
NOTE Confidence: 0.87030947
00:27:00.996 --> 00:27:02.520 business is not a great idea.
NOTE Confidence: 0.87030947
00:27:02.520 --> 00:27:04.627 So I went back to Business School
NOTE Confidence: 0.87030947
00:27:04.627 --> 00:27:07.077 and while I was still in practice,
NOTE Confidence: 0.87030947
00:27:07.080 --> 00:27:09.052 did the evening professional
NOTE Confidence: 0.87030947
00:27:09.052 --> 00:27:11.517 MBA program through Wash U.
NOTE Confidence: 0.87030947
00:27:11.520 --> 00:27:12.944 Graduated with that degree,
NOTE Confidence: 0.87030947
00:27:12.944 --> 00:27:15.080 found that it was very helpful.
NOTE Confidence: 0.87030947
00:27:15.080 --> 00:27:17.030 I find the whole business
NOTE Confidence: 0.87030947
00:27:17.030 --> 00:27:18.200 aspect very interesting,
NOTE Confidence: 0.87030947

00:27:18.200 --> 00:27:20.228 something I never would have thought NOTE Confidence: 0.87030947 00:27:20.228 --> 00:27:22.800 of when I was in undergraduate.

NOTE Confidence: 0.87030947
00:27:22.800 --> 00:27:25.808 One of the things I've really liked about NOTE Confidence: 0.87030947

00:27:25.808 --> 00:27:28.320 private practice first was the flexibility.
NOTE Confidence: 0.87030947
00:27:28.320 --> 00:27:30.258 It let me work part time
NOTE Confidence: 0.87030947
00:27:30.258 --> 00:27:32.080 while my kids were young.
NOTE Confidence: 0.87030947
00:27:32.080 --> 00:27:35.718 I found that being a mom was a really NOTE Confidence: 0.87030947

00:27:35.718 --> 00:27:38.274 useful tool for being a pediatrician,
NOTE Confidence: 0.87030947
00:27:38.280 --> 00:27:40.674 but also being a pediatrician was a
NOTE Confidence: 0.87030947
00:27:40.674 --> 00:27:43.400 really useful tool for being a mom.
NOTE Confidence: 0.87030947
00:27:43.400 --> 00:27:44.840 So for me, NOTE Confidence: 0.87030947

00:27:44.840 --> 00:27:46.760 the first several years my kids were young,
NOTE Confidence: 0.87030947
00:27:46.760 --> 00:27:47.504 it was great.
NOTE Confidence: 0.87030947
00:27:47.504 --> 00:27:49.240 It gave me the flexibility I needed
NOTE Confidence: 0.93155996625
00:27:51.360 --> 00:27:53.520 to do what I needed with my kids.
NOTE Confidence: 0.93155996625
00:27:53.520 --> 00:27:54.972 The other thing that you can

NOTE Confidence: 0.93155996625
00:27:54.972 --> 00:27:56.393 do in private practice is you
NOTE Confidence: 0.93155996625
00:27:56.393 --> 00:27:57.793 can still do a lot of training.
NOTE Confidence: 0.93155996625
00:27:57.800 --> 00:28:01.040 So our practice is affiliated with Wash U.
NOTE Confidence: 0.93155996625
00:28:01.040 --> 00:28:03.602 We have the pediatric residents doing
NOTE Confidence: 0.93155996625
00:28:03.602 --> 00:28:05.879 their weekly continuity clinic with us.
NOTE Confidence: 0.93155996625
00:28:05.880 --> 00:28:08.088 Wash U does not have a program where
NOTE Confidence: 0.93155996625
00:28:08.088 --> 00:28:10.570 they do their clinics at the hospital.
NOTE Confidence: 0.93155996625
00:28:10.570 --> 00:28:13.012 They go into private practices so we've
NOTE Confidence: 0.93155996625
00:28:13.012 --> 00:28:15.434 had the chance to train the residents.
NOTE Confidence: 0.93155996625
00:28:15.440 --> 00:28:17.336 We we will have them for the whole NOTE Confidence: 0.93155996625

00:28:17.336 --> 00:28:18.839 three years of their residency.
NOTE Confidence: 0.93155996625
00:28:18.840 --> 00:28:21.390 I've had PA students from Butler
NOTE Confidence: 0.93155996625
00:28:21.390 --> 00:28:22.240 come through.
NOTE Confidence: 0.93155996625
00:28:22.240 --> 00:28:24.690 We can also do volunteering with the NOTE Confidence: 0.93155996625

00:28:24.690 --> 00:28:26.600 different programs I currently do.
NOTE Confidence: 0.93155996625

00:28:26.600 --> 00:28:28.020 Not only volunteering with NOTE Confidence: 0.93155996625

00:28:28.020 --> 00:28:29.795 the School of Medicine here,
NOTE Confidence: 0.93155996625
00:28:29.800 --> 00:28:32.840 also with Slough and the Board of Pediatrics.
NOTE Confidence: 0.93155996625
00:28:32.840 --> 00:28:34.320 You can also do research.
NOTE Confidence: 0.93155996625
00:28:34.320 --> 00:28:37.528 So Wash U has a program where they
NOTE Confidence: 0.93155996625
00:28:37.528 --> 00:28:40.143 affiliate with the private practice
NOTE Confidence: 0.93155996625
00:28:40.143 --> 00:28:42.439 doctors to recruit patients,
NOTE Confidence: 0.93155996625
00:28:42.440 --> 00:28:44.324 but also you can conduct clinical
NOTE Confidence: 0.93155996625
00:28:44.324 --> 00:28:46.279 research in your practice if you want.
NOTE Confidence: 0.93155996625
00:28:46.280 --> 00:28:49.280 So there is that flexibility.
NOTE Confidence: 0.93155996625
00:28:49.280 --> 00:28:50.944 As someone said earlier, NOTE Confidence: 0.93155996625

00:28:50.944 --> 00:28:53.440 Pediatrics is a really important field.
NOTE Confidence: 0.93155996625
00:28:53.440 --> 00:28:55.516 I always tell people, you know,
NOTE Confidence: 0.93155996625
00:28:55.520 --> 00:28:58.960 we don't just wipe noses and change diapers.
NOTE Confidence: 0.93155996625
00:28:58.960 --> 00:29:01.760 If you don't have good pediatric care, NOTE Confidence: 0.93155996625

00:29:01.760 --> 00:29:03.730 you're not getting your patients

NOTE Confidence: 0.93155996625
00:29:03.730 --> 00:29:04.518 to adulthood.
NOTE Confidence: 0.93155996625
00:29:04.520 --> 00:29:06.716 So what we do is important.
NOTE Confidence: 0.93155996625
00:29:06.720 --> 00:29:08.480 The other thing about Pediatrics, NOTE Confidence: 0.93155996625

00:29:08.480 --> 00:29:10.272 besides the fact that kids are fine and
NOTE Confidence: 0.93155996625
00:29:10.272 --> 00:29:12.231 we get a dress up for Halloween every
NOTE Confidence: 0.93155996625
00:29:12.231 --> 00:29:14.238 year and not feel stupid about it,
NOTE Confidence: 0.93155996625
00:29:14.240 --> 00:29:17.156 is you really develop lifelong relationships.
NOTE Confidence: 0.93155996625
00:29:17.160 --> 00:29:20.260 So the kids that I first saw when I first
NOTE Confidence: 0.93155996625
00:29:20.342 --> 00:29:23.597 went into practice have now gotten married,
NOTE Confidence: 0.93155996625
00:29:23.600 --> 00:29:25.436 had kids and have come back.
NOTE Confidence: 0.93155996625
00:29:25.440 --> 00:29:27.890 So I am now seeing the second
NOTE Confidence: 0.93155996625
00:29:27.890 --> 00:29:29.516 generation of kids and families.
NOTE Confidence: 0.93155996625
00:29:29.516 --> 00:29:31.111 And that's really cool that
NOTE Confidence: 0.93155996625
00:29:31.111 --> 00:29:32.799 people let you in their lives, NOTE Confidence: 0.93155996625
00:29:32.800 --> 00:29:34.948 that they trust you and they NOTE Confidence: 0.93155996625

00:29:34.948 --> 00:29:37.119 come back with their own kids.
NOTE Confidence: 0.93155996625
00:29:37.120 --> 00:29:39.392 And I don't think there are very many
NOTE Confidence: 0.93155996625
00:29:39.392 --> 00:29:40.997 specialties where you get to do that.
NOTE Confidence: 0.93155996625
00:29:41.000 --> 00:29:43.248 So really in many ways you're part of
NOTE Confidence: 0.93155996625
00:29:43.248 --> 00:29:45.159 their family and that's a privilege.
NOTE Confidence: 0.93155996625
00:29:45.160 --> 00:29:47.278 It's also a lot of fun,
NOTE Confidence: 0.93155996625
00:29:47.280 --> 00:29:48.164 especially when you're sitting
NOTE Confidence: 0.93155996625
00:29:48.164 --> 00:29:49.269 in second generations and you
NOTE Confidence: 0.93155996625
00:29:49.269 --> 00:29:50.317 can look at the kid and go,
NOTE Confidence: 0.93155996625
00:29:50.320 --> 00:29:50.688 OK,
NOTE Confidence: 0.93155996625
00:29:50.688 --> 00:29:54.000 you're just like your parent was at this age.
NOTE Confidence: 0.93155996625
00:29:54.000 --> 00:29:55.173 So it's Pediatrics.
NOTE Confidence: 0.93155996625
00:29:55.173 --> 00:29:57.519 Private practice has been a really
NOTE Confidence: 0.93155996625
00:29:57.519 --> 00:29:59.636 good work life balance for me.
NOTE Confidence: 0.893878383333333
00:30:02.400 --> 00:30:04.400 I think the moral of the story for NOTE Confidence: 0.893878383333333

00:30:04.400 --> 00:30:06.076 my life is you just never quite

NOTE Confidence: 0.893878383333333
00:30:06.076 --> 00:30:07.840 know where you're going to end up.
NOTE Confidence: 0.893878383333333
00:30:07.840 --> 00:30:09.718 So I ended up someplace different.
NOTE Confidence: 0.893878383333333
00:30:09.720 --> 00:30:10.716 But I think it's worked out.
NOTE Confidence: 0.837258442857143
00:30:12.400 --> 00:30:13.404 Thank you Doctor Kong.
NOTE Confidence: 0.837258442857143
00:30:13.404 --> 00:30:14.798 And then that's, you know,
NOTE Confidence: 0.837258442857143
00:30:14.798 --> 00:30:16.712 there's there's there's more than one
NOTE Confidence: 0.837258442857143
00:30:16.712 --> 00:30:19.038 stairway to heaven or something like that.
NOTE Confidence: 0.837258442857143
00:30:19.040 --> 00:30:20.640 You know as they say,
NOTE Confidence: 0.837258442857143
00:30:20.640 --> 00:30:23.792 I think all of us even if you've sort
NOTE Confidence: 0.837258442857143
00:30:23.792 --> 00:30:26.200 of followed sort of the prescribed path, NOTE Confidence: 0.837258442857143

00:30:26.200 --> 00:30:28.114 there's little left turns and right
NOTE Confidence: 0.837258442857143
00:30:28.114 --> 00:30:30.683 turns that all of us have had to
NOTE Confidence: 0.837258442857143
00:30:30.683 --> 00:30:32.196 incorporate into our lives professionally.
NOTE Confidence: 0.837258442857143
00:30:32.196 --> 00:30:33.852 Personally and I think you touched NOTE Confidence: 0.837258442857143

00:30:33.852 --> 00:30:36.014 a lot of that and I think you've
NOTE Confidence: 0.837258442857143

00:30:36.014 --> 00:30:37.299 really you know emphasized that NOTE Confidence: 0.837258442857143

00:30:37.352 --> 00:30:38.864 you you you're participating in a NOTE Confidence: 0.837258442857143

00:30:38.864 --> 00:30:40.582 huge spectrum off of the specialty, NOTE Confidence: 0.837258442857143

00:30:40.582 --> 00:30:42.688 not necessarily as a full time
NOTE Confidence: 0.837258442857143
00:30:42.688 --> 00:30:44.799 faculty at some place like Wash U
NOTE Confidence: 0.837258442857143
00:30:44.799 --> 00:30:46.840 or Slough or Yale or something.
NOTE Confidence: 0.837258442857143
00:30:46.840 --> 00:30:47.935 So that's great.
NOTE Confidence: 0.837258442857143
00:30:47.935 --> 00:30:49.760 Now Next up we have,
NOTE Confidence: 0.837258442857143
00:30:49.760 --> 00:30:52.680 we have Doctor James Reed.
NOTE Confidence: 0.837258442857143
00:30:52.680 --> 00:30:55.720 He is only a wee bit ahead of you know,
NOTE Confidence: 0.837258442857143
00:30:55.720 --> 00:30:57.736 many of the medical students will NOTE Confidence: 0.837258442857143

00:30:57.736 --> 00:30:59.080 be listening to this.
NOTE Confidence: 0.837258442857143
00:30:59.080 --> 00:31:00.805 He's presently at a teaching
NOTE Confidence: 0.837258442857143
00:31:00.805 --> 00:31:01.840 Hospital in Boston.
NOTE Confidence: 0.837258442857143
00:31:01.840 --> 00:31:02.236 So, James,
NOTE Confidence: 0.837258442857143
00:31:02.236 --> 00:31:03.424 why don't you tell us what's

NOTE Confidence: 0.837258442857143
00:31:03.424 --> 00:31:04.280 going on right now?
NOTE Confidence: 0.768251928571429
00:31:04.640 --> 00:31:05.324 Oh, thank you.
NOTE Confidence: 0.768251928571429
00:31:05.324 --> 00:31:06.236 Thank you so much.
NOTE Confidence: 0.768251928571429
00:31:06.240 --> 00:31:07.200 I hope everyone can hear me.
NOTE Confidence: 0.768251928571429
00:31:07.200 --> 00:31:09.636 Thank you, Doctor. Long as well.
NOTE Confidence: 0.768251928571429
00:31:09.640 --> 00:31:11.360 And sorry that I was a little late.
NOTE Confidence: 0.768251928571429
00:31:11.360 --> 00:31:13.719 I somehow got put into a register,
NOTE Confidence: 0.768251928571429
00:31:13.720 --> 00:31:15.120 but it gave me a different zoom link.
NOTE Confidence: 0.768251928571429
00:31:15.120 --> 00:31:16.000 So I was sitting there.
NOTE Confidence: 0.768251928571429
00:31:16.000 --> 00:31:17.878 Again, I apologize for being late,
NOTE Confidence: 0.768251928571429
00:31:17.880 --> 00:31:20.512 but everyone, I'm a pgy six or
NOTE Confidence: 0.768251928571429
00:31:20.512 --> 00:31:22.240 third year pediatric fellow.
NOTE Confidence: 0.768251928571429
00:31:22.240 --> 00:31:24.084 I'm in pediatric gastroenterology
NOTE Confidence: 0.768251928571429
00:31:24.084 --> 00:31:25.928 at the Massachusetts General NOTE Confidence: 0.768251928571429

00:31:25.928 --> 00:31:27.919 Hospital in downtown Boston.
NOTE Confidence: 0.768251928571429

00:31:27.920 --> 00:31:29.936 I'm six months away from completing NOTE Confidence: 0.768251928571429

00:31:29.936 --> 00:31:31.738 my training and pretty excited
NOTE Confidence: 0.768251928571429
00:31:31.738 --> 00:31:33.718 about transitioning from being a, NOTE Confidence: 0.768251928571429

00:31:33.720 --> 00:31:35.382 you know, a trainee which has NOTE Confidence: 0.768251928571429 00:31:35.382 --> 00:31:37.318 been kind of a a long path.

NOTE Confidence: 0.768251928571429
00:31:37.320 --> 00:31:39.368 I think five years at Yale then three NOTE Confidence: 0.768251928571429

00:31:39.368 --> 00:31:41.792 years of presidency at Sinai 3 in New NOTE Confidence: 0.768251928571429

00:31:41.792 --> 00:31:43.376 York City during the pandemic and NOTE Confidence: 0.768251928571429

00:31:43.376 --> 00:31:45.556 then three years of fellowship at MGH.
NOTE Confidence: 0.768251928571429
00:31:45.560 --> 00:31:47.368 This will be kind of like 11 years
NOTE Confidence: 0.768251928571429
00:31:47.368 --> 00:31:49.230 since I first put on a short white NOTE Confidence: 0.768251928571429

00:31:49.230 --> 00:31:51.265 coat a note MGH they still give you
NOTE Confidence: 0.768251928571429
00:31:51.265 --> 00:31:53.320 a short white coat that you're a
NOTE Confidence: 0.768251928571429
00:31:53.320 --> 00:31:56.004 resident fellow or attending one of the
NOTE Confidence: 0.768251928571429
00:31:56.004 --> 00:31:58.160 few places that that still does that.
NOTE Confidence: 0.768251928571429
00:31:58.160 --> 00:32:01.380 But I think you know my my

NOTE Confidence: 0.768251928571429
00:32:01.380 --> 00:32:03.770 journey what I'm I'm sorry if NOTE Confidence: 0.768251928571429

00:32:03.770 --> 00:32:05.332 if some people can't hear me.
NOTE Confidence: 0.768251928571429
00:32:05.332 --> 00:32:06.236 I think, you know,
NOTE Confidence: 0.768251928571429
00:32:06.240 --> 00:32:07.815 my my journey into medicine
NOTE Confidence: 0.768251928571429
00:32:07.815 --> 00:32:09.075 was was motivated by,
NOTE Confidence: 0.768251928571429
00:32:09.080 --> 00:32:12.240 you know some personal experiences as a as NOTE Confidence: 0.768251928571429

00:32:12.240 --> 00:32:16.160 a young kid and I really enjoyed you know, NOTE Confidence: 0.768251928571429

00:32:16.160 --> 00:32:17.087 training so far.
NOTE Confidence: 0.768251928571429
00:32:17.087 --> 00:32:19.640 I really loved my five years at Yale.
NOTE Confidence: 0.768251928571429
00:32:19.640 --> 00:32:21.536 I came in having done a
NOTE Confidence: 0.768251928571429
00:32:21.536 --> 00:32:22.800 little bit of research.
NOTE Confidence: 0.768251928571429
00:32:22.800 --> 00:32:24.160 I grew really love research.
NOTE Confidence: 0.768251928571429
00:32:24.160 --> 00:32:26.050 I was fortunate to work with a
NOTE Confidence: 0.768251928571429
00:32:26.050 --> 00:32:28.138 gentleman by the name of Kevin Harold NOTE Confidence: 0.768251928571429

00:32:28.138 --> 00:32:30.389 who I think the medical students might NOTE Confidence: 0.768251928571429

00:32:30.389 --> 00:32:32.555 recognize from some of their lectures.
NOTE Confidence: 0.768251928571429
00:32:32.560 --> 00:32:34.396 I was able to participate kind
NOTE Confidence: 0.768251928571429
00:32:34.396 --> 00:32:36.178 of in a one year program.
NOTE Confidence: 0.768251928571429
00:32:36.178 --> 00:32:37.036 I think many,
NOTE Confidence: 0.768251928571429
00:32:37.040 --> 00:32:38.640 many have probably heard of NOTE Confidence: 0.768251928571429

00:32:38.640 --> 00:32:40.240 or tried the MHS program.
NOTE Confidence: 0.768251928571429
00:32:40.240 --> 00:32:42.018 I was enrolled in that and also NOTE Confidence: 0.768251928571429

00:32:42.018 --> 00:32:44.264 part of the Howard Hughes Medical
NOTE Confidence: 0.768251928571429
00:32:44.264 --> 00:32:46.156 Institute research fellow program,
NOTE Confidence: 0.768251928571429
00:32:46.160 --> 00:32:47.660 which unfortunately no longer
NOTE Confidence: 0.768251928571429
00:32:47.660 --> 00:32:50.249 exists but used to exist back then NOTE Confidence: 0.768251928571429
00:32:50.249 --> 00:32:52.205 and paid a nice stipend for us
NOTE Confidence: 0.768251928571429
00:32:52.205 --> 00:32:54.536 to travel and also to to conduct
NOTE Confidence: 0.768251928571429
00:32:54.536 --> 00:32:56.240 some intense bench research.
NOTE Confidence: 0.768251928571429
00:32:56.240 --> 00:32:57.715 Mine focused on something called NOTE Confidence: 0.768251928571429
00:32:57.715 --> 00:32:59.190 the receptor for the advanced

NOTE Confidence: 0.768251928571429
00:32:59.240 --> 00:33:00.239 location and product,
NOTE Confidence: 0.768251928571429
00:33:00.240 --> 00:33:01.765 which was a marker of
NOTE Confidence: 0.768251928571429
00:33:01.765 --> 00:33:02.680 complications in diabetes, NOTE Confidence: 0.768251928571429

00:33:02.680 --> 00:33:05.038 both type one and type 2.
NOTE Confidence: 0.768251928571429
00:33:05.040 --> 00:33:07.438 And we were looking at ways which may
NOTE Confidence: 0.768251928571429
00:33:07.438 --> 00:33:09.811 be removing that gene and its product
NOTE Confidence: 0.768251928571429
00:33:09.811 --> 00:33:11.885 could alleviate some of the immune
NOTE Confidence: 0.768251928571429
00:33:11.885 --> 00:33:14.639 stress that one sees in both conditions.
NOTE Confidence: 0.768251928571429
00:33:14.640 --> 00:33:16.448 So I had a great experience at Yale
NOTE Confidence: 0.768251928571429
00:33:16.448 --> 00:33:18.249 and helped springboard me into a
NOTE Confidence: 0.768251928571429
00:33:18.249 --> 00:33:20.193 pediatric research residency at Mount Sinai, NOTE Confidence: 0.768251928571429

00:33:20.200 --> 00:33:21.355 which got a little interesting
NOTE Confidence: 0.768251928571429
00:33:21.355 --> 00:33:22.279 due to the pandemic.
NOTE Confidence: 0.768251928571429
00:33:22.280 --> 00:33:24.450 I had gone in and hoped to
NOTE Confidence: 0.768251928571429
00:33:24.450 --> 00:33:26.759 actually work on influenza vaccine,
NOTE Confidence: 0.768251928571429

00:33:26.760 --> 00:33:28.010 but the influenza really wasn't
NOTE Confidence: 0.768251928571429
00:33:28.010 --> 00:33:28.760 a big problem.
NOTE Confidence: 0.768251928571429
00:33:28.760 --> 00:33:30.476 So the influenza research was put NOTE Confidence: 0.768251928571429

00:33:30.476 --> 00:33:32.759 on pause as we were all deployed.
NOTE Confidence: 0.768251928571429
00:33:32.760 --> 00:33:36.280 The little adult ICU time at Mount Sinai,
NOTE Confidence: 0.768251928571429
00:33:36.280 --> 00:33:38.128 which I can tell you from an
NOTE Confidence: 0.768251928571429
00:33:38.128 --> 00:33:39.272 experience being forced into
NOTE Confidence: 0.768251928571429
00:33:39.272 --> 00:33:41.066 kind of an adult medicine setting
NOTE Confidence: 0.768251928571429
00:33:41.066 --> 00:33:42.479 really did reinforce that yes,
NOTE Confidence: 0.768251928571429
00:33:42.480 --> 00:33:44.352 I do like to take care of children more.
NOTE Confidence: 0.914943251428571
00:33:44.360 --> 00:33:46.677 I do like changing diapers on smaller, NOTE Confidence: 0.914943251428571

00:33:46.680 --> 00:33:48.700 smaller kids unless the
NOTE Confidence: 0.914943251428571
00:33:48.700 --> 00:33:50.720 diaper has pale stool.
NOTE Confidence: 0.914943251428571
00:33:50.720 --> 00:33:52.640 And in that case, I panic because I'm
NOTE Confidence: 0.914943251428571
00:33:52.640 --> 00:33:53.834 a pediatric gastroenterologist because NOTE Confidence: 0.914943251428571

00:33:53.834 --> 00:33:56.158 we need to do a colostasis workup,

NOTE Confidence: 0.914943251428571
00:33:56.160 --> 00:33:57.738 which is something that hopefully all NOTE Confidence: 0.914943251428571

00:33:57.738 --> 00:33:59.271 the medical students have heard of NOTE Confidence: 0.914943251428571

00:33:59.271 --> 00:34:00.797 and something not to be taken lightly.
NOTE Confidence: 0.914943251428571
00:34:00.800 --> 00:34:02.408 And of course always done very
NOTE Confidence: 0.914943251428571
00:34:02.408 --> 00:34:03.832 promptly because there are some
NOTE Confidence: 0.914943251428571
00:34:03.832 --> 00:34:05.357 time sensitive diagnosis in there.
NOTE Confidence: 0.914943251428571
00:34:05.360 --> 00:34:06.251 But you know,
NOTE Confidence: 0.914943251428571
00:34:06.251 --> 00:34:08.330 did my time at Sinai actually the
NOTE Confidence: 0.914943251428571
00:34:08.402 --> 00:34:10.999 pandemic was kind of a unique experience.
NOTE Confidence: 0.914943251428571
00:34:11.000 --> 00:34:13.394 It exposed me to some patients with
NOTE Confidence: 0.914943251428571
00:34:13.394 --> 00:34:14.765 immuno deficiencies where COVID
NOTE Confidence: 0.914943251428571
00:34:14.765 --> 00:34:16.481 either took longer or didn't seem
NOTE Confidence: 0.914943251428571
00:34:16.481 --> 00:34:18.520 to have the same classic course.
NOTE Confidence: 0.914943251428571
00:34:18.520 --> 00:34:20.320 So I was able to do some research
NOTE Confidence: 0.914943251428571
00:34:20.320 --> 00:34:22.319 with a woman named Doctor Charlotte
NOTE Confidence: 0.914943251428571

00:34:22.319 --> 00:34:24.179 Cunningham bundles at Sinai in NOTE Confidence: 0.914943251428571 00:34:24.179 --> 00:34:26.184 immuno deficiencies and how patients NOTE Confidence: 0.914943251428571 00:34:26.184 --> 00:34:28.154 with those responded to COVID-19. NOTE Confidence: 0.914943251428571 00:34:28.160 --> 00:34:29.354 And then still when the pandemic NOTE Confidence: 0.914943251428571 00:34:29.354 --> 00:34:30.960 was kind of at its sight in 2020, NOTE Confidence: 0.914943251428571 00:34:30.960 --> 00:34:33.788 I matched MGH and I had, you know, NOTE Confidence: 0.914943251428571

00:34:33.788 --> 00:34:35.672 was able to match the pediatric NOTE Confidence: 0.914943251428571 00:34:35.672 --> 00:34:37.920 gastro that was, you know, NOTE Confidence: 0.914943251428571 00:34:37.920 --> 00:34:39.198 for me kind of a summative, NOTE Confidence: 0.914943251428571

00:34:39.200 --> 00:34:39.572 you know,
NOTE Confidence: 0.914943251428571
00:34:39.572 --> 00:34:40.874 a summation of a bunch of interests.
NOTE Confidence: 0.914943251428571
00:34:40.880 --> 00:34:43.322 I had met different patients with
NOTE Confidence: 0.914943251428571
00:34:43.322 --> 00:34:44.950 gastrointestinal and hepatic conditions NOTE Confidence: 0.914943251428571

00:34:45.013 --> 00:34:47.077 throughout my medical school at Yale.
NOTE Confidence: 0.914943251428571
00:34:47.080 --> 00:34:48.945 I had a great introduction
NOTE Confidence: 0.914943251428571
00:34:48.945 --> 00:34:51.540 actually as a third year medical

NOTE Confidence: 0.914943251428571
00:34:51.540 --> 00:34:53.617 student into pediatric GI Lena.
NOTE Confidence: 0.914943251428571
00:34:53.617 --> 00:34:55.399 Our body was a wonderful fellow.
NOTE Confidence: 0.914943251428571
00:34:55.400 --> 00:34:55.628 Dr.
NOTE Confidence: 0.914943251428571
00:34:55.628 --> 00:34:56.540 Beau probably remembers her
NOTE Confidence: 0.914943251428571
00:34:56.540 --> 00:34:57.680 from a few years ago.
NOTE Confidence: 0.914943251428571
00:34:57.680 --> 00:35:00.002 She later moved out to UCSF and I think NOTE Confidence: 0.914943251428571

00:35:00.002 --> 00:35:02.168 works at Stanford and I ran into her NOTE Confidence: 0.914943251428571

00:35:02.168 --> 00:35:04.600 at a conference about a few weeks ago.
NOTE Confidence: 0.914943251428571
00:35:04.600 --> 00:35:05.905 So really great connections you
NOTE Confidence: 0.914943251428571
00:35:05.905 --> 00:35:07.548 can make as a medical student
NOTE Confidence: 0.914943251428571
00:35:07.548 --> 00:35:09.276 that that will carry you forward.
NOTE Confidence: 0.914943251428571
00:35:09.280 --> 00:35:10.648 And then you know,
NOTE Confidence: 0.914943251428571
00:35:10.648 --> 00:35:13.112 similar exposure to liver and GI disease
NOTE Confidence: 0.914943251428571
00:35:13.112 --> 00:35:15.513 at Sinai which is a large center, NOTE Confidence: 0.914943251428571

00:35:15.520 --> 00:35:16.480 you know, got me interested.
NOTE Confidence: 0.914943251428571

00:35:16.480 --> 00:35:18.657 And then I was you know fortunate NOTE Confidence: 0.914943251428571 00:35:18.657 --> 00:35:21.077 to to move to MGH for training.

NOTE Confidence: 0.914943251428571
00:35:21.080 --> 00:35:23.000 So I'm right now kind of, NOTE Confidence: 0.914943251428571

00:35:23.000 --> 00:35:23.440 you know,
NOTE Confidence: 0.914943251428571
00:35:23.440 --> 00:35:24.980 both a little farther from where you NOTE Confidence: 0.914943251428571

00:35:24.980 --> 00:35:26.561 guys might be sitting as medical
NOTE Confidence: 0.914943251428571
00:35:26.561 --> 00:35:27.876 students and and some undergrads.
NOTE Confidence: 0.914943251428571
00:35:27.880 --> 00:35:29.248 I don't know if any of any any
NOTE Confidence: 0.914943251428571
00:35:29.248 --> 00:35:30.797 of the undergrads are out there,
NOTE Confidence: 0.914943251428571
00:35:30.800 --> 00:35:32.396 but I'm happy to take questions,
NOTE Confidence: 0.914943251428571
00:35:32.400 --> 00:35:32.950 you know,
NOTE Confidence: 0.914943251428571
00:35:32.950 --> 00:35:34.600 provide my perspectives and and thoughts.
NOTE Confidence: 0.914943251428571
00:35:34.600 --> 00:35:35.880 And I'm also, you know,
NOTE Confidence: 0.914943251428571
00:35:35.880 --> 00:35:37.152 very eager to hear what the rest of
NOTE Confidence: 0.914943251428571
00:35:37.152 --> 00:35:38.317 the panel has to say because I'm, NOTE Confidence: 0.914943251428571

00:35:38.320 --> 00:35:38.680 you know,

NOTE Confidence: 0.914943251428571
00:35:38.680 --> 00:35:40.120 still a trainee for a few more months.
NOTE Confidence: 0.860812125
00:35:45.480 --> 00:35:48.680 James, that was fantastic.
NOTE Confidence: 0.860812125
00:35:48.680 --> 00:35:52.784 So Next up we have Doctor Carol Smart
NOTE Confidence: 0.860812125
00:35:52.784 --> 00:35:55.706 who's a long standing member of the AYA
NOTE Confidence: 0.860812125
00:35:55.706 --> 00:35:58.794 AM and has done all kinds of fantastic
NOTE Confidence: 0.860812125
00:35:58.794 --> 00:36:01.438 roles with with our organization.
NOTE Confidence: 0.860812125
00:36:01.440 --> 00:36:03.978 She had completed Medpedes training and NOTE Confidence: 0.860812125

00:36:03.978 --> 00:36:07.478 like I said at the beginning of this,
NOTE Confidence: 0.860812125
00:36:07.480 --> 00:36:10.549 this panel, I I had a number of friends
NOTE Confidence: 0.860812125
00:36:10.549 --> 00:36:13.560 myself as a medical student who were NOTE Confidence: 0.860812125

00:36:13.560 --> 00:36:16.053 interested in Pediatrics but they very
NOTE Confidence: 0.860812125
00:36:16.053 --> 00:36:18.200 much reflected on the notion of Medpedes.
NOTE Confidence: 0.860812125
00:36:18.200 --> 00:36:20.276 There's an attractiveness I understand too.
NOTE Confidence: 0.860812125
00:36:20.280 --> 00:36:22.198 You know, you can follow your patients
NOTE Confidence: 0.860812125
00:36:22.200 --> 00:36:23.397 over the whole arc of their life.
NOTE Confidence: 0.860812125

00:36:23.400 --> 00:36:25.496 It seemed that that what how do you NOTE Confidence: 0.860812125

00:36:25.496 --> 00:36:26.998 beat continuity of care with that?
NOTE Confidence: 0.860812125
00:36:27.000 --> 00:36:29.560 But Carol, can you can you tell us NOTE Confidence: 0.860812125

00:36:29.560 --> 00:36:31.957 about your own experience and and NOTE Confidence: 0.860812125

00:36:31.957 --> 00:36:34.477 tell us about your present activity?
NOTE Confidence: 0.860812125
00:36:34.480 --> 00:36:35.320 Absolutely.
NOTE Confidence: 0.907338113636364
00:36:35.520 --> 00:36:38.256 Thank you. I'm happy to be NOTE Confidence: 0.907338113636364

00:36:38.256 --> 00:36:41.200 here and chat with everybody.
NOTE Confidence: 0.907338113636364
00:36:41.200 --> 00:36:44.760 So again, my name is Carol Smarth.
NOTE Confidence: 0.907338113636364
00:36:44.760 --> 00:36:48.155 I grew up in New York City,
NOTE Confidence: 0.907338113636364
00:36:48.160 --> 00:36:52.120 a child of Haitian immigrants, NOTE Confidence: 0.907338113636364

00:36:52.120 --> 00:36:54.770 and my parents had a lot to do with my
NOTE Confidence: 0.907338113636364
00:36:54.842 --> 00:36:58.072 interest in medicine and also interest
NOTE Confidence: 0.907338113636364
00:36:58.072 --> 00:37:00.160 in what kind of medicine I had to do.
NOTE Confidence: 0.907338113636364
00:37:00.160 --> 00:37:03.720 So growing up always heard about Haiti and, NOTE Confidence: 0.907338113636364

00:37:03.720 --> 00:37:05.796 you know, medicine in underserved areas.

NOTE Confidence: 0.907338113636364
00:37:05.800 --> 00:37:09.328 So that really fueled my desire NOTE Confidence: 0.907338113636364

00:37:09.328 --> 00:37:11.680 to be interested in international NOTE Confidence: 0.907338113636364

00:37:11.680 --> 00:37:13.880 medicine and medicine in general.
NOTE Confidence: 0.907338113636364
00:37:13.880 --> 00:37:17.513 So I am a graduate of Yale
NOTE Confidence: 0.907338113636364
00:37:17.513 --> 00:37:19.560 College class of 92 .
NOTE Confidence: 0.907338113636364
00:37:19.560 --> 00:37:21.296 So for your undergrads,
NOTE Confidence: 0.907338113636364
00:37:21.296 --> 00:37:24.535 I was Saybrook and and then
NOTE Confidence: 0.907338113636364
00:37:24.535 --> 00:37:27.115 stayed for medical school,
NOTE Confidence: 0.907338113636364
00:37:27.120 --> 00:37:29.264 which was not anticipated.
NOTE Confidence: 0.907338113636364
00:37:29.264 --> 00:37:32.120 But Yale Med offered an incredible NOTE Confidence: 0.907338113636364

00:37:32.120 --> 00:37:34.440 chance at education and incredible NOTE Confidence: 0.907338113636364

00:37:34.512 --> 00:37:36.437 philosophy on how to learn,
NOTE Confidence: 0.907338113636364
00:37:36.440 --> 00:37:39.215 which I think has affected
NOTE Confidence: 0.907338113636364
00:37:39.215 --> 00:37:41.440 all of us positively.
NOTE Confidence: 0.907338113636364
00:37:41.440 --> 00:37:45.360 And so I graduated from Yale Med
NOTE Confidence: 0.907338113636364

00:37:45.360 --> 00:37:49.280 in 1997 after taking an extra year.
NOTE Confidence: 0.907338113636364
00:37:49.280 --> 00:37:51.240 But one of the most sort of,
NOTE Confidence: 0.907338113636364
00:37:51.240 --> 00:37:51.988 I think,
NOTE Confidence: 0.907338113636364
00:37:51.988 --> 00:37:53.858 critical moments in my education
NOTE Confidence: 0.907338113636364
00:37:53.858 --> 00:37:56.364 at Yale Med is actually I applied
NOTE Confidence: 0.907338113636364
00:37:56.364 --> 00:37:57.916 for a Downs Fellowship,
NOTE Confidence: 0.907338113636364
00:37:57.920 --> 00:38:00.200 which is a public health fellowship NOTE Confidence: 0.907338113636364

00:38:00.200 --> 00:38:02.262 to do international travel at the
NOTE Confidence: 0.907338113636364
00:38:02.262 --> 00:38:04.159 summer of our after our first year.
NOTE Confidence: 0.907338113636364
00:38:04.160 --> 00:38:07.120 And I don't know if that still is
NOTE Confidence: 0.907338113636364
00:38:07.120 --> 00:38:09.720 available and an opportunity now, NOTE Confidence: 0.907338113636364

00:38:09.720 --> 00:38:11.400 but it was an incredible opportunity.
NOTE Confidence: 0.907338113636364
00:38:11.400 --> 00:38:14.508 Many of my my friends at that
NOTE Confidence: 0.907338113636364
00:38:14.508 --> 00:38:15.840 time went abroad.
NOTE Confidence: 0.907338113636364
00:38:15.840 --> 00:38:17.340 I unfortunately did not
NOTE Confidence: 0.907338113636364
00:38:17.340 --> 00:38:18.840 get a Downs fellowship,

NOTE Confidence: 0.907338113636364
00:38:18.840 --> 00:38:22.074 but was able to connect with some NOTE Confidence: 0.907338113636364

00:38:22.074 --> 00:38:25.677 folks in Haiti and spent the summer NOTE Confidence: 0.907338113636364 00:38:25.677 --> 00:38:28.920 at the General Hospital in Haiti. NOTE Confidence: 0.907338113636364

00:38:28.920 --> 00:38:33.739 And there I was working at the NOTE Confidence: 0.907338113636364 00:38:33.739 --> 00:38:35.038 UNICEF rehydration clinic.

NOTE Confidence: 0.907338113636364
00:38:35.040 --> 00:38:38.140 So my project was how to sort of pick up NOTE Confidence: 0.907338113636364

00:38:38.220 --> 00:38:41.400 cholera from normal infectious diarrheas.
NOTE Confidence: 0.907338113636364
00:38:41.400 --> 00:38:43.580 And unfortunately that project
NOTE Confidence: 0.907338113636364
00:38:43.580 --> 00:38:46.305 was became very relevant later
NOTE Confidence: 0.907338113636364
00:38:46.305 --> 00:38:48.821 because since then Haiti has
NOTE Confidence: 0.907338113636364
00:38:48.821 --> 00:38:50.713 had many cholera outbreaks.
NOTE Confidence: 0.907338113636364
00:38:50.720 --> 00:38:56.040 But working there really illuminated
NOTE Confidence: 0.907338113636364
00:38:56.040 --> 00:38:59.718 my interest in in infectious diseases,
NOTE Confidence: 0.907338113636364
00:38:59.720 --> 00:39:00.165 Pediatrics.
NOTE Confidence: 0.907338113636364
00:39:00.165 --> 00:39:03.280 But I also worked with adults and NOTE Confidence: 0.907338113636364

00:39:03.280 --> 00:39:05.989 worked with a lot of infectious
NOTE Confidence: 0.907338113636364
00:39:05.989 --> 00:39:08.159 diseases including HIV and TB.
NOTE Confidence: 0.907338113636364
00:39:08.160 --> 00:39:11.622 So that combination really whet my
NOTE Confidence: 0.907338113636364
00:39:11.622 --> 00:39:15.639 appetite for what I would do later.
NOTE Confidence: 0.907338113636364
00:39:15.640 --> 00:39:19.705 So I completed medical school
NOTE Confidence: 0.907338113636364
00:39:19.705 --> 00:39:21.450 and took a year,
NOTE Confidence: 0.907338113636364
00:39:21.450 --> 00:39:24.115 an extra year to do some extra research NOTE Confidence: 0.907338113636364

00:39:24.115 --> 00:39:27.076 because when it came down to choosing,
NOTE Confidence: 0.907338113636364
00:39:27.080 --> 00:39:29.880 I really loved Pediatrics like,
NOTE Confidence: 0.907338113636364
00:39:29.880 --> 00:39:32.796 you know these my fellow panelists.
NOTE Confidence: 0.907338113636364
00:39:32.800 --> 00:39:35.887 But I really felt the need and to be NOTE Confidence: 0.907338113636364

00:39:35.887 --> 00:39:38.739 able to provide adult care because
NOTE Confidence: 0.907338113636364
00:39:38.739 --> 00:39:42.012 of underserved areas and the need to
NOTE Confidence: 0.907338113636364
00:39:42.012 --> 00:39:44.679 be able to provide for the whole,
NOTE Confidence: 0.907338113636364
00:39:44.680 --> 00:39:46.360 you know, spectrum of life.
NOTE Confidence: 0.907338113636364
00:39:46.360 --> 00:39:48.474 So I really had a hard time

NOTE Confidence: 0.907338113636364
00:39:48.474 --> 00:39:50.525 choosing and took a year off to NOTE Confidence: 0.907338113636364

00:39:50.525 --> 00:39:52.680 sort of think about it and decide.
NOTE Confidence: 0.907338113636364
00:39:52.680 --> 00:39:56.280 During that year I did a fellowship in NOTE Confidence: 0.907338113636364

00:39:56.280 --> 00:39:58.880 violence prevention at the CDC and it
NOTE Confidence: 0.907338113636364
00:39:58.880 --> 00:40:01.400 focused on Pediatrics and gun violence.
NOTE Confidence: 0.907338113636364
00:40:01.400 --> 00:40:03.005 Again, you know,
NOTE Confidence: 0.907338113636364
00:40:03.005 --> 00:40:05.680 nurturing my love in Pediatrics,
NOTE Confidence: 0.907338113636364
00:40:05.680 --> 00:40:07.640 but I also went to.
NOTE Confidence: 0.907338113636364
00:40:07.640 --> 00:40:08.190 Gabon,
NOTE Confidence: 0.907338113636364
00:40:08.190 --> 00:40:12.040 Africa and worked for about four or
NOTE Confidence: 0.907338113636364
00:40:12.040 --> 00:40:14.582 five months there doing infectious
NOTE Confidence: 0.907338113636364
00:40:14.582 --> 00:40:17.459 diseases and a lot of adult medicine
NOTE Confidence: 0.907338113636364
00:40:17.459 --> 00:40:20.120 as part of the Schweitzer fellowship
NOTE Confidence: 0.907338113636364
00:40:20.120 --> 00:40:23.480 and again leaving that to that.
NOTE Confidence: 0.907338113636364
00:40:23.480 --> 00:40:24.518 Those experiences couldn't
NOTE Confidence: 0.907338113636364

00:40:24.518 --> 00:40:26.594 decide between and at that time.
NOTE Confidence: 0.78105132375
00:40:26.600 --> 00:40:29.560 Yale did not have a Med Peach program,
NOTE Confidence: 0.78105132375
00:40:29.560 --> 00:40:32.276 did not have a family medicine program.
NOTE Confidence: 0.78105132375
00:40:32.280 --> 00:40:34.632 So I started looking around and there
NOTE Confidence: 0.78105132375
00:40:34.632 --> 00:40:36.959 were very few Med Pete's program.
NOTE Confidence: 0.78105132375
00:40:36.960 --> 00:40:39.400 Mount Sinai had one,
NOTE Confidence: 0.78105132375
00:40:39.400 --> 00:40:42.196 but Harvard had one as well.
NOTE Confidence: 0.78105132375
00:40:42.200 --> 00:40:46.400 And so when I went up to Harvard,
NOTE Confidence: 0.78105132375
00:40:46.400 --> 00:40:49.200 I fell in love with their concept.
NOTE Confidence: 0.78105132375
00:40:49.200 --> 00:40:52.200 I also was greatly interested
NOTE Confidence: 0.78105132375
00:40:52.200 --> 00:40:54.268 in Paul Farmer's work, NOTE Confidence: 0.78105132375

00:40:54.268 --> 00:40:57.049 the late Paul Farmer who was on faculty
NOTE Confidence: 0.78105132375
00:40:57.049 --> 00:40:58.960 there and did a lot of work in Haiti.
NOTE Confidence: 0.78105132375
00:40:58.960 --> 00:41:03.020 So I chose to go ahead and
NOTE Confidence: 0.78105132375
00:41:03.020 --> 00:41:04.520 complete residency there.
NOTE Confidence: 0.78105132375
00:41:04.520 --> 00:41:07.495 So a residency in Med

NOTE Confidence: 0.78105132375
00:41:07.495 --> 00:41:09.875 PEDs is very interesting.
NOTE Confidence: 0.78105132375
00:41:09.880 --> 00:41:12.715 It really does juxtapose the
NOTE Confidence: 0.78105132375
00:41:12.715 --> 00:41:14.983 differences between medicine and
NOTE Confidence: 0.78105132375
00:41:14.983 --> 00:41:17.879 PEDs and people will definitely
NOTE Confidence: 0.78105132375
00:41:17.880 --> 00:41:19.424 appreciate the very differences
NOTE Confidence: 0.78105132375
00:41:19.424 --> 00:41:21.354 in the culture and mentality.
NOTE Confidence: 0.78105132375
00:41:21.360 --> 00:41:24.120 So in the Med Peeds program at Harvard, NOTE Confidence: 0.78105132375

00:41:24.120 --> 00:41:26.464 you either do your medicine at MGH or
NOTE Confidence: 0.78105132375
00:41:26.464 --> 00:41:29.166 at the Brigham and you do all your
NOTE Confidence: 0.78105132375
00:41:29.166 --> 00:41:31.200 peeds at the Children's Hospital.
NOTE Confidence: 0.78105132375
00:41:31.200 --> 00:41:33.678 So all renowned hospitals and every
NOTE Confidence: 0.78105132375
00:41:33.680 --> 00:41:35.840 and every three months I would
NOTE Confidence: 0.78105132375
00:41:35.840 --> 00:41:40.184 switch back and again very different
NOTE Confidence: 0.78105132375
00:41:40.184 --> 00:41:43.640 cultures and and experiences.
NOTE Confidence: 0.78105132375
00:41:43.640 --> 00:41:48.760 But so helpful and I think just really
NOTE Confidence: 0.78105132375

00:41:48.879 --> 00:41:53.144 added to my ability to connect to people, NOTE Confidence: 0.78105132375

00:41:53.144 --> 00:41:55.416 understand differences and really
NOTE Confidence: 0.78105132375
00:41:55.416 --> 00:41:58.560 appreciate life in in all its stages
NOTE Confidence: 0.78105132375
00:41:58.560 --> 00:42:00.318 and health in all its stages.
NOTE Confidence: 0.78105132375
00:42:00.320 --> 00:42:06.844 So after I completed my Medpede's fellowship,
NOTE Confidence: 0.78105132375
00:42:06.844 --> 00:42:10.156 which takes four years,
NOTE Confidence: 0.78105132375
00:42:10.160 --> 00:42:12.080 I went ahead and worked for
NOTE Confidence: 0.78105132375
00:42:12.080 --> 00:42:14.000 a year because my husband,
NOTE Confidence: 0.78105132375
00:42:14.000 --> 00:42:15.092 also an orthopedist,
NOTE Confidence: 0.78105132375
00:42:15.092 --> 00:42:16.912 had just finished his fellowship
NOTE Confidence: 0.78105132375
00:42:16.912 --> 00:42:18.576 and was actually finishing up
NOTE Confidence: 0.78105132375
00:42:18.576 --> 00:42:20.196 his fellowship in New York.
NOTE Confidence: 0.78105132375
00:42:20.200 --> 00:42:21.376 So I worked as an attending
NOTE Confidence: 0.78105132375
00:42:21.376 --> 00:42:22.613 in medicine for a year because
NOTE Confidence: 0.78105132375
00:42:22.613 --> 00:42:24.034 it was hard to find Med peeds
NOTE Confidence: 0.89462788
00:42:26.080 --> 00:42:28.745 after doing adult medicine attending

NOTE Confidence: 0.89462788
00:42:28.745 --> 00:42:33.438 teaching in in in New York City for a year,
NOTE Confidence: 0.89462788
00:42:33.440 --> 00:42:35.948 I went and pursued my interest
NOTE Confidence: 0.89462788
00:42:35.948 --> 00:42:38.440 in ID and infectious diseases.
NOTE Confidence: 0.89462788
00:42:38.440 --> 00:42:42.080 And so again I had a very wide
NOTE Confidence: 0.89462788
00:42:42.080 --> 00:42:45.320 breadth of interest which you know
NOTE Confidence: 0.89462788
00:42:45.320 --> 00:42:47.960 many people were like narrowed down.
NOTE Confidence: 0.89462788
00:42:47.960 --> 00:42:50.160 But I I really couldn't.
NOTE Confidence: 0.89462788
00:42:50.160 --> 00:42:52.120 So along with Med PEDs,
NOTE Confidence: 0.89462788
00:42:52.120 --> 00:42:56.971 I then did an infectious disease fellowship
NOTE Confidence: 0.89462788
00:42:56.971 --> 00:42:59.880 at Hopkins and I I couldn't decide
NOTE Confidence: 0.89462788
00:42:59.880 --> 00:43:02.438 between whether I would do peas and adults,
NOTE Confidence: 0.89462788
00:43:02.440 --> 00:43:04.112 but decided to do adults and try to
NOTE Confidence: 0.89462788
00:43:04.112 --> 00:43:05.476 finagle doing a little bit of both.
NOTE Confidence: 0.89462788
00:43:05.480 --> 00:43:07.796 But Hopkins made me choose one.
NOTE Confidence: 0.89462788
00:43:07.800 --> 00:43:09.452 And this is a little bit the
NOTE Confidence: 0.89462788

00:43:09.452 --> 00:43:11.078 conundrum of of riding the line.
NOTE Confidence: 0.89462788
00:43:11.080 --> 00:43:12.880 But again, when you practice
NOTE Confidence: 0.89462788
00:43:12.880 --> 00:43:14.320 international medicine and you,
NOTE Confidence: 0.89462788
00:43:14.320 --> 00:43:16.189 you have to be able to do
NOTE Confidence: 0.89462788
00:43:16.189 --> 00:43:17.599 everything and and all ages.
NOTE Confidence: 0.89462788
00:43:17.600 --> 00:43:19.571 And I think that was like the drive for
NOTE Confidence: 0.89462788
00:43:19.571 --> 00:43:21.673 me wanting to do a little bit of both.
NOTE Confidence: 0.89462788
00:43:21.680 --> 00:43:23.617 But nonetheless,
NOTE Confidence: 0.89462788
00:43:23.617 --> 00:43:26.650 I did ID adult ID while I was at
NOTE Confidence: 0.89462788
00:43:26.728 --> 00:43:29.650 Hopkins and also completed a Robert
NOTE Confidence: 0.89462788
00:43:29.650 --> 00:43:31.598 Wood Johnson Clinical Scholar NOTE Confidence: 0.89462788

00:43:31.600 --> 00:43:34.480 Fellowship because I was interested
NOTE Confidence: 0.89462788
00:43:34.480 --> 00:43:38.426 in clinical research and did some HIV
NOTE Confidence: 0.89462788
00:43:38.426 --> 00:43:41.624 work and HIV work and socioeconomic
NOTE Confidence: 0.89462788
00:43:41.624 --> 00:43:44.000 status while in Baltimore.
NOTE Confidence: 0.89462788
00:43:44.000 --> 00:43:48.424 And so and so I think that that

NOTE Confidence: 0.89462788
00:43:48.424 --> 00:43:50.879 that really was the fruition of
NOTE Confidence: 0.89462788
00:43:50.880 --> 00:43:54.037 of Med PEDs and ID for me.
NOTE Confidence: 0.89462788
00:43:54.040 --> 00:43:57.007 And after finishing that,
NOTE Confidence: 0.89462788
00:43:57.007 --> 00:43:59.730 my husband who was also again an
NOTE Confidence: 0.89462788
00:43:59.810 --> 00:44:02.480 orthopedist at Hopkins for that time,
NOTE Confidence: 0.89462788
00:44:02.480 --> 00:44:04.568 decided to join private practice with
NOTE Confidence: 0.89462788
00:44:04.568 --> 00:44:07.119 his brother here in Virginia Leesburg,
NOTE Confidence: 0.89462788
00:44:07.120 --> 00:44:09.560 VA, where I currently AM.
NOTE Confidence: 0.89462788
00:44:09.560 --> 00:44:11.819 And And so I had a big decision to
NOTE Confidence: 0.89462788
00:44:11.819 --> 00:44:13.879 make whether I was going to leave NOTE Confidence: 0.89462788

00:44:13.879 --> 00:44:16.200 and then do more private practice.
NOTE Confidence: 0.89462788
00:44:16.200 --> 00:44:18.810 And after having options to work
NOTE Confidence: 0.89462788
00:44:18.810 --> 00:44:21.160 in more community health setting
NOTE Confidence: 0.89462788
00:44:21.160 --> 00:44:22.808 versus a private practice,
NOTE Confidence: 0.89462788
00:44:22.808 --> 00:44:25.955 I did join a family practice that where
NOTE Confidence: 0.89462788

00:44:25.955 --> 00:44:29.479 I was able to do a little bit of everything.
NOTE Confidence: 0.89462788
00:44:29.480 --> 00:44:30.950 So you know,
NOTE Confidence: 0.89462788
00:44:30.950 --> 00:44:33.400 at this time I do
NOTE Confidence: 0.801908396
00:44:35.440 --> 00:44:37.360 pretty much PEDs and adults.
NOTE Confidence: 0.801908396
00:44:37.360 --> 00:44:39.680 I would say I do a third PEDs,
NOTE Confidence: 0.801908396
00:44:39.680 --> 00:44:41.400 $2 / 3$ adults in a day.
NOTE Confidence: 0.801908396
00:44:41.400 --> 00:44:44.280 I may see a newborn and I might
NOTE Confidence: 0.801908396
00:44:44.280 --> 00:44:49.040 see a A a patient. That's 101.
NOTE Confidence: 0.801908396
00:44:49.040 --> 00:44:52.760 Often I see family members, 3 generations.
NOTE Confidence: 0.801908396
00:44:52.760 --> 00:44:55.584 I'll see, you know, grandparents,
NOTE Confidence: 0.801908396
00:44:55.584 --> 00:44:57.920 parents and their children.
NOTE Confidence: 0.801908396
00:44:57.920 --> 00:45:01.120 So that's the joy of doing family practice.
NOTE Confidence: 0.801908396
00:45:01.120 --> 00:45:04.513 You see them in all ages and all stages,
NOTE Confidence: 0.801908396
00:45:04.520 --> 00:45:07.436 and you also are their confidant.
NOTE Confidence: 0.801908396
00:45:07.440 --> 00:45:11.521 You end up being the counselor and NOTE Confidence: 0.801908396

00:45:11.521 --> 00:45:14.512 essentially what one patient put

NOTE Confidence: 0.801908396
00:45:14.512 --> 00:45:16.080 very eloquently, the quarterback.
NOTE Confidence: 0.801908396
00:45:16.080 --> 00:45:17.800 You run the plays, you,
NOTE Confidence: 0.801908396
00:45:17.800 --> 00:45:20.038 you guide them, you direct them, NOTE Confidence: 0.801908396

00:45:20.040 --> 00:45:22.596 you direct the the specialist they
NOTE Confidence: 0.801908396
00:45:22.596 --> 00:45:26.078 go to and the decisions you make.
NOTE Confidence: 0.801908396
00:45:26.080 --> 00:45:30.320 And that has been the most rewarding part
NOTE Confidence: 0.801908396
00:45:30.320 --> 00:45:33.560 of my job because I've started a family,
NOTE Confidence: 0.801908396
00:45:33.560 --> 00:45:36.080 which by now my kids are now in college,
NOTE Confidence: 0.801908396
00:45:36.080 --> 00:45:37.760 and I'm now an empty nester.
NOTE Confidence: 0.801908396
00:45:37.760 --> 00:45:39.974 I did continue doing some international
NOTE Confidence: 0.801908396
00:45:39.974 --> 00:45:41.844 work with Partners in Health
NOTE Confidence: 0.801908396
00:45:41.844 --> 00:45:43.806 and Paul Farmers Group and have
NOTE Confidence: 0.801908396
00:45:43.806 --> 00:45:45.879 continued to be active with them.
NOTE Confidence: 0.801908396
00:45:45.880 --> 00:45:47.320 I've gone back down there.
NOTE Confidence: 0.801908396
00:45:47.320 --> 00:45:50.816 I consult with a lot of the Haitian
NOTE Confidence: 0.801908396

00:45:50.816 --> 00:45:52.914 doctors there still regularly
NOTE Confidence: 0.801908396
00:45:52.914 --> 00:45:55.565 and and am currently now involved
NOTE Confidence: 0.801908396
00:45:55.565 --> 00:45:57.233 with a new organization,
NOTE Confidence: 0.801908396
00:45:57.240 --> 00:45:58.664 Community Coalition for Haiti,
NOTE Confidence: 0.801908396
00:45:58.664 --> 00:46:00.800 that has a clinic in Jacmel,
NOTE Confidence: 0.801908396
00:46:00.800 --> 00:46:01.155 Haiti.
NOTE Confidence: 0.801908396
00:46:01.155 --> 00:46:04.813 And we are in the process of building
NOTE Confidence: 0.801908396
00:46:04.813 --> 00:46:09.032 their clinical outreach program as well.
NOTE Confidence: 0.801908396
00:46:09.032 --> 00:46:11.840 And so being in private practice
NOTE Confidence: 0.801908396
00:46:11.926 --> 00:46:14.684 has allowed me to still continue my
NOTE Confidence: 0.801908396
00:46:14.684 --> 00:46:16.720 love for international medicine, NOTE Confidence: 0.801908396

00:46:16.720 --> 00:46:19.200 my love for ID.
NOTE Confidence: 0.801908396
00:46:19.200 --> 00:46:20.451 And with COVID,
NOTE Confidence: 0.801908396
00:46:20.451 --> 00:46:22.962 ID now has become primary care,
NOTE Confidence: 0.801908396
00:46:22.962 --> 00:46:25.488 which you know that line has
NOTE Confidence: 0.801908396
00:46:25.488 --> 00:46:29.732 always been very, very, you know,

NOTE Confidence: 0.801908396
00:46:29.732 --> 00:46:31.516 hard to delineate anyway.
NOTE Confidence: 0.801908396
00:46:31.520 --> 00:46:34.600 So I do a little bit of everything every day, NOTE Confidence: 0.801908396

00:46:34.600 --> 00:46:38.759 which is what I love and still am able
NOTE Confidence: 0.801908396
00:46:38.759 --> 00:46:41.477 to do international medicine as well.
NOTE Confidence: 0.801908396
00:46:41.480 --> 00:46:43.933 So I look forward to answering
NOTE Confidence: 0.801908396
00:46:43.933 --> 00:46:47.851 any questions and ensuring any any
NOTE Confidence: 0.801908396
00:46:47.851 --> 00:46:50.240 more experiences as as needed.
NOTE Confidence: 0.794731311
00:46:52.040 --> 00:46:54.200 Thank you Carol. That would that's
NOTE Confidence: 0.794731311
00:46:54.200 --> 00:46:55.640 again another incredible background.
NOTE Confidence: 0.794731311
00:46:55.640 --> 00:46:58.178 I mean everything from ID to the Robert Wood
NOTE Confidence: 0.794731311
00:46:58.178 --> 00:47:00.148 Johnson Fellowship to all of your training
NOTE Confidence: 0.794731311
00:47:00.148 --> 00:47:02.891 and and and the vast array of of what you
NOTE Confidence: 0.794731311
00:47:02.891 --> 00:47:04.932 see today that's that's pretty amazing.
NOTE Confidence: 0.794731311
00:47:04.932 --> 00:47:08.820 So our last speaker and just to the NOTE Confidence: 0.794731311

00:47:08.917 --> 00:47:11.480 students who are listening to this,
NOTE Confidence: 0.794731311

00:47:11.480 --> 00:47:13.650 you know, be prepared with your questions
NOTE Confidence: 0.794731311
00:47:13.650 --> 00:47:15.280 because after Doctor Starr speaks,
NOTE Confidence: 0.794731311
00:47:15.280 --> 00:47:16.960 we'll again I have some questions
NOTE Confidence: 0.794731311
00:47:16.960 --> 00:47:18.080 that have been submitted,
NOTE Confidence: 0.794731311
00:47:18.080 --> 00:47:19.532 but we'd love to hear some
NOTE Confidence: 0.794731311
00:47:19.532 --> 00:47:20.800 live questions from you guys.
NOTE Confidence: 0.794731311
00:47:20.800 --> 00:47:21.607 Don't be shy.
NOTE Confidence: 0.794731311
00:47:21.607 --> 00:47:23.221 So be prepared to ask your
NOTE Confidence: 0.794731311
00:47:23.221 --> 00:47:24.839 questions after this last speaker.
NOTE Confidence: 0.794731311
00:47:24.840 --> 00:47:29.078 So Amy, tell us what you you have,
NOTE Confidence: 0.794731311
00:47:29.078 --> 00:47:29.996 you have the,
NOTE Confidence: 0.794731311
00:47:30.000 --> 00:47:32.248 the widest perspective of all of us, right?
NOTE Confidence: 0.794731311
00:47:32.248 --> 00:47:34.360 You're you're now retired,
NOTE Confidence: 0.794731311
00:47:34.360 --> 00:47:35.920 but you spent, if I recall,
NOTE Confidence: 0.794731311
00:47:35.920 --> 00:47:37.732 talking to you about half your
NOTE Confidence: 0.794731311
00:47:37.732 --> 00:47:39.240 life in a private practice setting,

NOTE Confidence: 0.794731311
00:47:39.240 --> 00:47:40.430 but half your life in a in
NOTE Confidence: 0.794731311
00:47:40.430 --> 00:47:41.840 a in an academic setting.
NOTE Confidence: 0.794731311
00:47:41.840 --> 00:47:43.238 So tell us all about it.
NOTE Confidence: 0.794731311
00:47:43.240 --> 00:47:44.920 And we do want to leave some
NOTE Confidence: 0.794731311
00:47:44.920 --> 00:47:45.640 time for students.
NOTE Confidence: 0.794731311
00:47:45.640 --> 00:47:46.840 So the other students questions,
NOTE Confidence: 0.794731311
00:47:46.840 --> 00:47:48.492 of course, so, so,
NOTE Confidence: 0.794731311
00:47:48.492 --> 00:47:49.318 so we'll,
NOTE Confidence: 0.794731311
00:47:49.320 --> 00:47:49.731 we'll hear it,
NOTE Confidence: 0.794731311
00:47:49.731 --> 00:47:51.040 but then we'll get on to the questions.
NOTE Confidence: 0.900576794444445
00:47:53.680 --> 00:47:56.713 All right. Well, I'm very happy to be here.
NOTE Confidence: 0.900576794444445
00:47:56.720 --> 00:48:00.790 I am a graduate of the class of 1974 and
NOTE Confidence: 0.900576794444445
00:48:00.790 --> 00:48:04.720 I always was interested in Pediatrics
NOTE Confidence: 0.900576794444445
00:48:04.720 --> 00:48:07.400 and I think for a very simplistic reason.
NOTE Confidence: 0.900576794444445
00:48:07.400 --> 00:48:09.200 I just thought it was optimistic.
NOTE Confidence: 0.900576794444445

00:48:09.200 --> 00:48:11.664 I liked working with people and if NOTE Confidence: 0.900576794444445

00:48:11.664 --> 00:48:14.273 I helped them they had a long life
NOTE Confidence: 0.900576794444445
00:48:14.273 --> 00:48:16.918 in front of them so I enjoyed that.
NOTE Confidence: 0.900576794444445
00:48:16.920 --> 00:48:19.195 So I did the usual the residency,
NOTE Confidence: 0.900576794444445
00:48:19.200 --> 00:48:23.628 and I took myself to Los Angeles and I
NOTE Confidence: 0.900576794444445
00:48:23.628 --> 00:48:25.998 worked for Southern California Permanente,
NOTE Confidence: 0.900576794444445
00:48:26.000 --> 00:48:28.382 both because I like the mechanism
NOTE Confidence: 0.900576794444445
00:48:28.382 --> 00:48:30.840 of how they delivered healthcare,
NOTE Confidence: 0.900576794444445
00:48:30.840 --> 00:48:34.494 but also for myself.
NOTE Confidence: 0.900576794444445
00:48:34.494 --> 00:48:37.760 I felt it had a good balance of work,
NOTE Confidence: 0.900576794444445
00:48:37.760 --> 00:48:38.634 life balance.
NOTE Confidence: 0.900576794444445
00:48:38.634 --> 00:48:41.693 I already had one child and I
NOTE Confidence: 0.900576794444445
00:48:41.693 --> 00:48:43.758 ultimately had three children,
NOTE Confidence: 0.900576794444445
00:48:43.760 --> 00:48:45.920 and I liked having said hours.
NOTE Confidence: 0.900576794444445
00:48:45.920 --> 00:48:49.120 I didn't want to run a business of my own, NOTE Confidence: 0.900576794444445

00:48:49.120 --> 00:48:52.324 and I liked being in the camaraderie of a

NOTE Confidence: 0.900576794444445
00:48:52.324 --> 00:48:55.480 very large hospital and medical setting.
NOTE Confidence: 0.900576794444445
00:48:55.480 --> 00:48:57.580 So I started practicing general
NOTE Confidence: 0.900576794444445
00:48:57.580 --> 00:48:59.680 Pediatrics and I enjoyed it.
NOTE Confidence: 0.900576794444445
00:48:59.680 --> 00:49:02.480 But I found that I really had an
NOTE Confidence: 0.900576794444445
00:49:02.480 --> 00:49:05.157 interest most in one group of patients,
NOTE Confidence: 0.900576794444445
00:49:05.160 --> 00:49:07.180 as it turned out,
NOTE Confidence: 0.900576794444445
00:49:07.180 --> 00:49:09.200 which was chronic illnesses.
NOTE Confidence: 0.900576794444445
00:49:09.200 --> 00:49:12.116 I liked seeing people long term,
NOTE Confidence: 0.900576794444445
00:49:12.120 --> 00:49:14.080 trying to work with them.
NOTE Confidence: 0.900576794444445
00:49:14.080 --> 00:49:16.570 And I discovered particularly that
NOTE Confidence: 0.900576794444445
00:49:16.570 --> 00:49:19.060 I like the rheumatologic diseases
NOTE Confidence: 0.900576794444445
00:49:19.135 --> 00:49:21.480 as one of the other doctors had.
NOTE Confidence: 0.900576794444445
00:49:21.480 --> 00:49:24.875 And so I became fascinated by that.
NOTE Confidence: 0.900576794444445
00:49:24.880 --> 00:49:26.440 I told all the people,
NOTE Confidence: 0.900576794444445
00:49:26.440 --> 00:49:27.572 the pediatricians around me,
NOTE Confidence: 0.900576794444445

00:49:27.572 --> 00:49:29.880 if you don't like that kind of patient, NOTE Confidence: 0.900576794444445

00:49:29.880 --> 00:49:31.140 send them to me.
NOTE Confidence: 0.900576794444445
00:49:31.140 --> 00:49:33.905 And I started doing one day a week NOTE Confidence: 0.900576794444445

00:49:33.905 --> 00:49:35.509 of just rheumatology patients
NOTE Confidence: 0.900576794444445
00:49:35.509 --> 00:49:38.595 and of course there there was no
NOTE Confidence: 0.900576794444445
00:49:38.595 --> 00:49:40.475 fields of pediatric rheumatology.
NOTE Confidence: 0.900576794444445
00:49:40.480 --> 00:49:42.377 Then I was just doing it as
NOTE Confidence: 0.900576794444445
00:49:42.377 --> 00:49:43.640 part of General Pee's.
NOTE Confidence: 0.900576794444445
00:49:43.640 --> 00:49:46.440 The other four days I did General Pee's
NOTE Confidence: 0.900576794444445
00:49:46.440 --> 00:49:50.280 and I took my ALE background with me.
NOTE Confidence: 0.900576794444445
00:49:50.280 --> 00:49:53.277 I said the only way I'm going to do NOTE Confidence: 0.900576794444445

00:49:53.277 --> 00:49:56.273 this is learn it is to do it myself.
NOTE Confidence: 0.900576794444445
00:49:56.280 --> 00:49:58.954 So there was one Pete's room textbook.
NOTE Confidence: 0.900576794444445
00:49:58.960 --> 00:49:59.632 I read that.
NOTE Confidence: 0.900576794444445
00:49:59.632 --> 00:50:02.120 Then I read a lot of adult room textbooks.
NOTE Confidence: 0.900576794444445
00:50:02.120 --> 00:50:05.613 Then I went to Symposia and I

NOTE Confidence: 0.900576794444445
00:50:05.613 --> 00:50:09.012 started doing anything I could do to NOTE Confidence: 0.900576794444445

00:50:09.012 --> 00:50:11.718 find information to do it better.
NOTE Confidence: 0.900576794444445
00:50:11.720 --> 00:50:15.200 And I did this for about 14 years.
NOTE Confidence: 0.900576794444445
00:50:15.200 --> 00:50:18.755 I was very happy and had patients I loved.
NOTE Confidence: 0.900576794444445
00:50:18.760 --> 00:50:21.472 And then the Academy of Pediatrics
NOTE Confidence: 0.900576794444445
00:50:21.472 --> 00:50:25.135 decided that they were going to now offer NOTE Confidence: 0.900576794444445

00:50:25.135 --> 00:50:28.173 such specialization in Pete's room in 1992. NOTE Confidence: 0.900576794444445

00:50:28.173 --> 00:50:30.411 And the question became what to
NOTE Confidence: 0.900576794444445
00:50:30.411 --> 00:50:33.349 do with the people who had already
NOTE Confidence: 0.900576794444445
00:50:33.349 --> 00:50:35.953 been doing it but never certified.
NOTE Confidence: 0.900576794444445
00:50:35.960 --> 00:50:38.942 And so the rule became to
NOTE Confidence: 0.900576794444445
00:50:38.942 --> 00:50:40.433 be grandfathered in.
NOTE Confidence: 0.900576794444445
00:50:40.440 --> 00:50:41.595 You would take,
NOTE Confidence: 0.900576794444445
00:50:41.595 --> 00:50:43.520 if you had done already,
NOTE Confidence: 0.900576794444445
00:50:43.520 --> 00:50:46.495 more than three years of Pete's room
NOTE Confidence: 0.900576794444445

00:50:46.495 --> 00:50:49.080 practice, you could take the exam, NOTE Confidence: 0.900576794444445 00:50:49.080 --> 00:50:50.732 and if you passed,

NOTE Confidence: 0.900576794444445
00:50:50.732 --> 00:50:52.797 you would become board certified.
NOTE Confidence: 0.900576794444445
00:50:52.800 --> 00:50:56.400 And so I went back to my Yale mode.
NOTE Confidence: 0.900576794444445
00:50:56.400 --> 00:50:58.236 I asked for six weeks off,
NOTE Confidence: 0.900576794444445
00:50:58.240 --> 00:51:00.968 and I studied and I studied because the
NOTE Confidence: 0.900576794444445
00:51:00.968 --> 00:51:03.819 exam had lots of things that didn't
NOTE Confidence: 0.900576794444445
00:51:03.819 --> 00:51:05.914 pertain to my clinical practice.
NOTE Confidence: 0.900576794444445
00:51:05.920 --> 00:51:07.960 There was a lot of statistics on it.
NOTE Confidence: 0.900576794444445
00:51:07.960 --> 00:51:10.720 There was a lot of immunology on it,
NOTE Confidence: 0.900576794444445
00:51:10.720 --> 00:51:11.826 basic immunology,
NOTE Confidence: 0.900576794444445
00:51:11.826 --> 00:51:16.250 which I really hadn't studied back in the
NOTE Confidence: 0.881759666428571
00:51:16.352 --> 00:51:19.450 70s in at Yale, but I had that same
NOTE Confidence: 0.881759666428571
00:51:19.450 --> 00:51:22.452 concept of how to study from the Yale
NOTE Confidence: 0.881759666428571
00:51:22.452 --> 00:51:25.315 system because no one was watching me.
NOTE Confidence: 0.881759666428571
00:51:25.320 --> 00:51:27.240 I was just doing it.

NOTE Confidence: 0.881759666428571
00:51:27.240 --> 00:51:29.557 And so when I passed the exam,
NOTE Confidence: 0.881759666428571
00:51:29.560 --> 00:51:32.620 I was the first Pete's room
NOTE Confidence: 0.881759666428571
00:51:32.620 --> 00:51:34.444 person for Kaiser Permanente.
NOTE Confidence: 0.881759666428571
00:51:34.444 --> 00:51:37.258 And then I began to see all
NOTE Confidence: 0.881759666428571
00:51:37.258 --> 00:51:39.517 these patients from all over.
NOTE Confidence: 0.881759666428571
00:51:39.520 --> 00:51:42.778 And basically I wound up doing 4 days of NOTE Confidence: 0.881759666428571

00:51:42.778 --> 00:51:46.080 Pete's room and a day of general Pediatrics. NOTE Confidence: 0.881759666428571

00:51:46.080 --> 00:51:49.034 And my night call was general Pediatrics.
NOTE Confidence: 0.881759666428571
00:51:49.040 --> 00:51:52.360 And that went along for about 14 years.
NOTE Confidence: 0.881759666428571
00:51:52.360 --> 00:51:54.551 And then my children grew up and NOTE Confidence: 0.881759666428571

00:51:54.551 --> 00:51:56.834 moved away from California and I
NOTE Confidence: 0.881759666428571
00:51:56.834 --> 00:51:58.954 thought I needed another challenge.
NOTE Confidence: 0.881759666428571
00:51:58.960 --> 00:52:02.722 So I spoke to a number of the foremost
NOTE Confidence: 0.881759666428571
00:52:02.722 --> 00:52:04.553 rheumatologists in the country and NOTE Confidence: 0.881759666428571

00:52:04.553 --> 00:52:07.628 I said would you take me on as on NOTE Confidence: 0.881759666428571

00:52:07.628 --> 00:52:09.959 a sabbatical and I'll come and see
NOTE Confidence: 0.881759666428571
00:52:09.960 --> 00:52:12.678 what life is like in academia.
NOTE Confidence: 0.881759666428571
00:52:12.680 --> 00:52:14.760 And so Columbia said yes.
NOTE Confidence: 0.881759666428571
00:52:14.760 --> 00:52:17.568 And I went off and I spent three months
NOTE Confidence: 0.881759666428571
00:52:17.568 --> 00:52:20.598 there and it was a tremendous change for me.
NOTE Confidence: 0.881759666428571
00:52:20.600 --> 00:52:22.595 I mean, I got involved with research,
NOTE Confidence: 0.881759666428571
00:52:22.600 --> 00:52:25.440 particularly clinical trials of course,
NOTE Confidence: 0.881759666428571
00:52:25.440 --> 00:52:27.600 teaching Med students and
NOTE Confidence: 0.881759666428571
00:52:27.600 --> 00:52:29.760 residents and and fellows,
NOTE Confidence: 0.881759666428571
00:52:29.760 --> 00:52:32.320 and it was great experience.
NOTE Confidence: 0.881759666428571
00:52:32.320 --> 00:52:34.856 And I went back to California and about NOTE Confidence: 0.881759666428571

00:52:34.856 --> 00:52:37.109 a year later Columbia asked me if
NOTE Confidence: 0.881759666428571
00:52:37.109 --> 00:52:40.148 I'd like to have a full time position
NOTE Confidence: 0.881759666428571
00:52:40.148 --> 00:52:42.513 and transition to academic medicine.
NOTE Confidence: 0.881759666428571
$00: 52: 42.520$--> 00:52:44.697 And since there was nothing really to NOTE Confidence: 0.881759666428571
00:52:44.697 --> 00:52:47.636 keep me in LA anymore except my patients,

NOTE Confidence: 0.881759666428571
00:52:47.640 --> 00:52:50.520 I decided to go ahead and do that.
NOTE Confidence: 0.881759666428571
00:52:50.520 --> 00:52:54.678 And that was a a real change for me.
NOTE Confidence: 0.881759666428571
00:52:54.680 --> 00:52:58.640 Different system, but I I really enjoyed it.
NOTE Confidence: 0.881759666428571
00:52:58.640 --> 00:53:03.360 Obscure cases, odd diseases I had never seen,
NOTE Confidence: 0.881759666428571
00:53:03.360 --> 00:53:04.720 chikungunya, arthritis,
NOTE Confidence: 0.881759666428571
00:53:04.720 --> 00:53:07.480 all kinds of crazy things.
NOTE Confidence: 0.881759666428571
00:53:07.480 --> 00:53:08.920 And I loved it.
NOTE Confidence: 0.881759666428571
00:53:08.920 --> 00:53:11.848 And ultimately I ran the fellowship
NOTE Confidence: 0.881759666428571
00:53:11.848 --> 00:53:15.010 program there and stayed 11 years.
NOTE Confidence: 0.881759666428571
00:53:15.010 --> 00:53:18.565 And I retired just in 2020,
NOTE Confidence: 0.881759666428571
00:53:18.565 --> 00:53:22.240 about a month before COVID broke out.
NOTE Confidence: 0.881759666428571
00:53:22.240 --> 00:53:24.676 And so that's what I did.
NOTE Confidence: 0.881759666428571
00:53:24.680 --> 00:53:27.704 And I think what I would want
NOTE Confidence: 0.881759666428571
00:53:27.704 --> 00:53:30.439 to impart to young people, NOTE Confidence: 0.881759666428571

00:53:30.440 --> 00:53:32.864 even though I'm old and and
NOTE Confidence: 0.881759666428571

00:53:32.864 --> 00:53:34.480 these stories are old,
NOTE Confidence: 0.881759666428571
00:53:34.480 --> 00:53:38.240 is that you have to be very
NOTE Confidence: 0.881759666428571
00:53:38.240 --> 00:53:41.040 adaptable in in life and in practice.
NOTE Confidence: 0.881759666428571
00:53:41.040 --> 00:53:43.040 You start out with one thing and you
NOTE Confidence: 0.881759666428571
00:53:43.040 --> 00:53:45.080 wind up doing something different.
NOTE Confidence: 0.881759666428571
00:53:45.080 --> 00:53:47.520 And all of us here have kind of
NOTE Confidence: 0.881759666428571
00:53:47.520 --> 00:53:50.143 said that you have an idea coming
NOTE Confidence: 0.881759666428571
00:53:50.143 --> 00:53:52.366 out from from medical school and
NOTE Confidence: 0.881759666428571
00:53:52.366 --> 00:53:53.796 you may stay in Pediatrics,
NOTE Confidence: 0.881759666428571
00:53:53.800 --> 00:53:55.865 but you're shifting into a
NOTE Confidence: 0.881759666428571
00:53:55.865 --> 00:53:57.517 different form of Pediatrics.
NOTE Confidence: 0.881759666428571
00:53:57.520 --> 00:54:01.152 The second thing is that Yale taught me
NOTE Confidence: 0.881759666428571
00:54:01.152 --> 00:54:05.277 to think for myself and to work on my own.
NOTE Confidence: 0.881759666428571
00:54:05.280 --> 00:54:07.554 If if it wasn't available with
NOTE Confidence: 0.881759666428571
00:54:07.554 --> 00:54:09.680 a person or a class,
NOTE Confidence: 0.881759666428571
00:54:09.680 --> 00:54:12.158 you could do it with journals and

NOTE Confidence: 0.881759666428571
00:54:12.158 --> 00:54:14.957 books and all of those other things,
NOTE Confidence: 0.881759666428571
00:54:14.960 --> 00:54:18.026 and you could make sure that
NOTE Confidence: 0.881759666428571
00:54:18.026 --> 00:54:21.440 you did what you want to do.
NOTE Confidence: 0.881759666428571
00:54:21.440 --> 00:54:24.919 So I've spent 45 years in Pediatrics
NOTE Confidence: 0.881759666428571
00:54:24.919 --> 00:54:27.560 and honestly, I loved all of it,
NOTE Confidence: 0.881759666428571
00:54:27.560 --> 00:54:29.356 absolutely all of it.
NOTE Confidence: 0.881759666428571
00:54:29.356 --> 00:54:32.760 And I couldn't have asked for better.
NOTE Confidence: 0.881759666428571
00:54:32.760 --> 00:54:33.996 And when Howard Pearson,
NOTE Confidence: 0.881759666428571
00:54:33.996 --> 00:54:36.240 my mentor when I was at Yale,
NOTE Confidence: 0.881759666428571
00:54:36.240 --> 00:54:39.397 told me, just do what you love,
NOTE Confidence: 0.881759666428571
00:54:39.400 --> 00:54:41.200 that's the way I did it.
NOTE Confidence: 0.881759666428571
00:54:41.200 --> 00:54:44.240 And it was a great a great run.
NOTE Confidence: 0.838789103809524
00:54:46.240 --> 00:54:48.746 Well Doctor Starr that was that was
NOTE Confidence: 0.838789103809524
00:54:48.746 --> 00:54:50.779 a frankly inspiring you know I mean NOTE Confidence: 0.838789103809524

00:54:50.779 --> 00:54:53.092 we we all of us at Yale you know
NOTE Confidence: 0.838789103809524

00:54:53.092 --> 00:54:55.374 talk about the Yale system and how NOTE Confidence: 0.838789103809524

00:54:55.374 --> 00:54:57.840 it encourages lifetime learning.
NOTE Confidence: 0.838789103809524
00:54:57.840 --> 00:55:00.516 It encourages sort of self starting NOTE Confidence: 0.838789103809524

00:55:00.520 --> 00:55:02.802 and and and and and your narrative
NOTE Confidence: 0.838789103809524
00:55:02.802 --> 00:55:04.600 was all about that right.
NOTE Confidence: 0.838789103809524
00:55:04.600 --> 00:55:05.360 I mean, you, you, you,
NOTE Confidence: 0.838789103809524
00:55:05.360 --> 00:55:06.480 if the field didn't exist, NOTE Confidence: 0.838789103809524

00:55:06.480 --> 00:55:08.992 you went and you went and got all
NOTE Confidence: 0.838789103809524
00:55:08.992 --> 00:55:11.088 over it yourself and and especially
NOTE Confidence: 0.838789103809524
00:55:11.088 --> 00:55:12.880 caught up to you 14 years later.
NOTE Confidence: 0.838789103809524
00:55:12.880 --> 00:55:14.340 So that's really fantastic.
NOTE Confidence: 0.838789103809524
00:55:14.340 --> 00:55:15.435 That's really great.
NOTE Confidence: 0.838789103809524
00:55:15.440 --> 00:55:16.104 So listen,
NOTE Confidence: 0.838789103809524
00:55:16.104 --> 00:55:18.428 I appreciate all of you who have
NOTE Confidence: 0.838789103809524
00:55:18.428 --> 00:55:20.118 given us your background.
NOTE Confidence: 0.838789103809524
00:55:20.120 --> 00:55:22.232 I let you each go a little bit

NOTE Confidence: 0.838789103809524
00:55:22.232 --> 00:55:23.900 longer because I think what you NOTE Confidence: 0.838789103809524

00:55:23.900 --> 00:55:25.520 had to say was very valuable.
NOTE Confidence: 0.838789103809524
00:55:25.520 --> 00:55:27.752 But what I want to do and again NOTE Confidence: 0.838789103809524

00:55:27.752 --> 00:55:29.679 I encourage the medical students
NOTE Confidence: 0.838789103809524
00:55:29.680 --> 00:55:31.276 to ask any questions you have.
NOTE Confidence: 0.838789103809524
00:55:31.280 --> 00:55:32.960 But while you're thinking of those questions, NOTE Confidence: 0.838789103809524

00:55:32.960 --> 00:55:35.280 if you're storing them up,
NOTE Confidence: 0.838789103809524
00:55:35.280 --> 00:55:37.443 you know some of the questions that
NOTE Confidence: 0.838789103809524
00:55:37.443 --> 00:55:39.920 were posed to me through through
NOTE Confidence: 0.838789103809524
00:55:39.920 --> 00:55:42.698 the registration process and just
NOTE Confidence: 0.838789103809524
00:55:42.698 --> 00:55:45.650 in speaking to to some of you guys
NOTE Confidence: 0.838789103809524
00:55:45.740 --> 00:55:48.139 and the students, each of you.
NOTE Confidence: 0.838789103809524
00:55:48.139 --> 00:55:49.078 And I mean,
NOTE Confidence: 0.838789103809524
00:55:49.080 --> 00:55:51.145 perhaps talking to Yale medical
NOTE Confidence: 0.838789103809524
00:55:51.145 --> 00:55:52.676 students is a little bit, you know,
NOTE Confidence: 0.838789103809524

00:55:52.680 --> 00:55:54.143 of a bias sample because a lot
NOTE Confidence: 0.838789103809524
00:55:54.143 --> 00:55:55.719 of us are selected because,
NOTE Confidence: 0.838789103809524
00:55:55.720 --> 00:55:56.362 you know,
NOTE Confidence: 0.838789103809524
00:55:56.362 --> 00:55:58.609 we have a lot of perhaps intellectual
NOTE Confidence: 0.838789103809524
00:55:58.609 --> 00:56:00.390 inquiry in US and that sometimes
NOTE Confidence: 0.838789103809524
00:56:00.390 --> 00:56:03.052 leads to to to research, you know,
NOTE Confidence: 0.838789103809524
00:56:03.052 --> 00:56:05.082 but not every medical student
NOTE Confidence: 0.838789103809524
00:56:05.082 --> 00:56:07.120 is is into research.
NOTE Confidence: 0.838789103809524
00:56:07.120 --> 00:56:10.228 You know, research in an academic setting NOTE Confidence: 0.838789103809524

00:56:10.228 --> 00:56:13.320 typically leads to a lot of grant writing,
NOTE Confidence: 0.838789103809524
00:56:13.320 --> 00:56:17.156 a lot of publications and that's fabulous.
NOTE Confidence: 0.838789103809524
00:56:17.160 --> 00:56:19.032 But you know, my wife is the assistant
NOTE Confidence: 0.838789103809524
00:56:19.032 --> 00:56:21.237 Dean of the medical school here at Pitts.
NOTE Confidence: 0.838789103809524
00:56:21.240 --> 00:56:23.688 She writes a lot of grants and I think,
NOTE Confidence: 0.838789103809524
00:56:23.688 --> 00:56:26.170 you know, when when people for instance NOTE Confidence: 0.838789103809524

00:56:26.170 --> 00:56:28.839 entertain the idea of being a doctor,

NOTE Confidence: 0.838789103809524
00:56:28.840 --> 00:56:30.104 that's a certain activity,
NOTE Confidence: 0.838789103809524
00:56:30.104 --> 00:56:32.000 There's a certain kind of pace.
NOTE Confidence: 0.838789103809524
00:56:32.000 --> 00:56:33.420 There's a certain cognitive NOTE Confidence: 0.838789103809524

00:56:33.420 --> 00:56:34.840 exercise that's going on.
NOTE Confidence: 0.838789103809524
00:56:34.840 --> 00:56:36.120 It's a bit distinct.
NOTE Confidence: 0.838789103809524
00:56:36.120 --> 00:56:38.426 Then the act of like, oh great, NOTE Confidence: 0.838789103809524

00:56:38.426 --> 00:56:40.344 there's a, there's a, you know, NOTE Confidence: 0.838789103809524

00:56:40.344 --> 00:56:41.352 request for application for
NOTE Confidence: 0.838789103809524
00:56:41.352 --> 00:56:42.728 an R1 or something, you know,
NOTE Confidence: 0.838789103809524
00:56:42.728 --> 00:56:43.280 something like that.
NOTE Confidence: 0.838789103809524
00:56:43.280 --> 00:56:44.880 Let's get all over that
NOTE Confidence: 0.838789103809524
00:56:44.880 --> 00:56:46.160 writing that that big,
NOTE Confidence: 0.838789103809524
00:56:46.160 --> 00:56:48.603 thick impressive tome of a of of
NOTE Confidence: 0.838789103809524
00:56:48.603 --> 00:56:51.597 of a grant application to the NIH.
NOTE Confidence: 0.838789103809524
00:56:51.600 --> 00:56:52.192 You know,
NOTE Confidence: 0.838789103809524

00:56:52.192 --> 00:56:55.424 one of the questions in in in short was if NOTE Confidence: 0.838789103809524

00:56:55.424 --> 00:56:57.794 I'm not particularly taken with research, NOTE Confidence: 0.838789103809524

00:56:57.800 --> 00:57:00.574 you know is you know what, what?
NOTE Confidence: 0.838789103809524
00:57:00.574 --> 00:57:03.192 What should be, how should that affect
NOTE Confidence: 0.838789103809524
00:57:03.192 --> 00:57:05.215 my choices in terms of Pediatrics?
NOTE Confidence: 0.838789103809524
00:57:05.215 --> 00:57:07.035 Obviously not every pediatrician
NOTE Confidence: 0.838789103809524
00:57:07.035 --> 00:57:09.004 is doing research, most aren't.
NOTE Confidence: 0.838789103809524
00:57:09.004 --> 00:57:11.118 But, but if you're a Yale medical
NOTE Confidence: 0.838789103809524
00:57:11.118 --> 00:57:12.827 student and you're thinking, geez,
NOTE Confidence: 0.838789103809524
00:57:12.827 --> 00:57:14.416 I don't know if I like writing
NOTE Confidence: 0.838789103809524
00:57:14.416 --> 00:57:16.038 grants and I love seeing patients, NOTE Confidence: 0.838789103809524

00:57:16.040 --> 00:57:16.958 but you know,
NOTE Confidence: 0.838789103809524
00:57:16.958 --> 00:57:17.876 how should that,
NOTE Confidence: 0.838789103809524
00:57:17.880 --> 00:57:21.960 how should that sort of mold your decisions?
NOTE Confidence: 0.838789103809524
00:57:21.960 --> 00:57:23.877 Does anybody want to take a swing at that, NOTE Confidence: 0.838789103809524

00:57:23.880 --> 00:57:24.640 that question?

NOTE Confidence: 0.853556782
00:57:30.530 --> 00:57:32.330 Well, if nobody will take a swing at that
NOTE Confidence: 0.853556782
00:57:32.330 --> 00:57:34.090 question, Doctor Bogue, let me ask you, NOTE Confidence: 0.853556782

00:57:34.090 --> 00:57:36.506 you're in a position where you, you know,
NOTE Confidence: 0.853556782
00:57:36.506 --> 00:57:38.046 you're looking at young hopefuls.
NOTE Confidence: 0.853556782
00:57:38.050 --> 00:57:39.850 Let's be honest, your institution,
NOTE Confidence: 0.853556782
00:57:39.850 --> 00:57:41.190 your, your department is
NOTE Confidence: 0.853556782
00:57:41.190 --> 00:57:42.530 legendary for the research.
NOTE Confidence: 0.853556782
00:57:42.530 --> 00:57:43.592 What if somebody comes up to
NOTE Confidence: 0.853556782
00:57:43.592 --> 00:57:44.848 you guys and just sort of says,
NOTE Confidence: 0.853556782
00:57:44.850 --> 00:57:47.604 I just want to be a really good pediatrician?
NOTE Confidence: 0.853556782
00:57:47.610 --> 00:57:48.726 What's the honest answer to that?
NOTE Confidence: 0.853556782
00:57:48.730 --> 00:57:49.770 Is that like, listen,
NOTE Confidence: 0.853556782
00:57:49.770 --> 00:57:51.330 there are many great training programs
NOTE Confidence: 0.853556782
00:57:51.377 --> 00:57:53.197 that are a little less research intensive.
NOTE Confidence: 0.853556782
00:57:53.200 --> 00:57:55.062 Maybe you should look there Or is
NOTE Confidence: 0.853556782

00:57:55.062 --> 00:57:56.678 there is there a spot for them at Yale,
NOTE Confidence: 0.853556782
00:57:56.680 --> 00:57:57.319 New Haven Hospital?
NOTE Confidence: 0.853556782
00:57:57.319 --> 00:57:58.569 If they're like, you know, I'm, NOTE Confidence: 0.853556782

00:57:58.569 --> 00:57:59.787 I'm just going to really take
NOTE Confidence: 0.853556782
00:57:59.787 --> 00:58:00.560 great care of kids.
NOTE Confidence: 0.936760028571428
00:58:02.440 --> 00:58:04.588 Thanks for the question.
NOTE Confidence: 0.936760028571428
00:58:04.588 --> 00:58:06.576 I would say it's fine.
NOTE Confidence: 0.936760028571428
00:58:06.576 --> 00:58:08.080 If you want to take care of kids,
NOTE Confidence: 0.936760028571428
00:58:08.080 --> 00:58:10.760 that's great.
NOTE Confidence: 0.936760028571428
00:58:10.760 --> 00:58:13.140 And we do have residents that every
NOTE Confidence: 0.936760028571428
00:58:13.140 --> 00:58:15.596 year that that's what they want to do.
NOTE Confidence: 0.936760028571428
00:58:15.600 --> 00:58:17.700 They're not interested in
NOTE Confidence: 0.936760028571428
00:58:17.700 --> 00:58:19.275 some specialty training,
NOTE Confidence: 0.936760028571428
00:58:19.280 --> 00:58:22.480 they're not interested in research.
NOTE Confidence: 0.936760028571428
00:58:22.480 --> 00:58:24.776 They just want to take great care of NOTE Confidence: 0.936760028571428

00:58:24.776 --> 00:58:27.199 kids and that's the career they pick.

NOTE Confidence: 0.936760028571428
00:58:27.200 --> 00:58:29.770 So I would say out of our of NOTE Confidence: 0.936760028571428

00:58:29.770 --> 00:58:32.370 our residency somewhere between
NOTE Confidence: 0.936760028571428
00:58:32.370 --> 00:58:35.552 40 and $50 \%$ end up going into NOTE Confidence: 0.936760028571428

00:58:35.552 --> 00:58:37.092 general Pediatrics in some form
NOTE Confidence: 0.936760028571428
00:58:37.092 --> 00:58:39.493 or another and then the other half
NOTE Confidence: 0.936760028571428
00:58:39.493 --> 00:58:41.245 are going to subspecialty where
NOTE Confidence: 0.936760028571428
00:58:41.245 --> 00:58:43.279 you're more likely to do research.
NOTE Confidence: 0.936760028571428
00:58:43.280 --> 00:58:46.580 So you know in our selection
NOTE Confidence: 0.936760028571428
00:58:46.580 --> 00:58:49.878 process that that doesn't really,
NOTE Confidence: 0.936760028571428
00:58:49.880 --> 00:58:53.360 it's not a big factor whether you do or not.
NOTE Confidence: 0.936760028571428
00:58:53.360 --> 00:58:56.160 It's just overall what what's your interest,
NOTE Confidence: 0.936760028571428
00:58:56.160 --> 00:58:59.248 how do you come across and you know are
NOTE Confidence: 0.936760028571428
00:58:59.248 --> 00:59:02.277 you going to be a good member of the team?
NOTE Confidence: 0.871385582222222
00:59:03.240 --> 00:59:06.039 Great. Tanya, you had your hand up I believe, NOTE Confidence: 0.871385582222222

00:59:06.040 --> 00:59:07.280 Did you want to add something to that?
NOTE Confidence: 0.838707641428571

00:59:07.440 --> 00:59:09.780 Yeah, I mean I I would say that NOTE Confidence: 0.838707641428571

00:59:09.780 --> 00:59:12.040 even pediatric subspecialties,
NOTE Confidence: 0.838707641428571
00:59:12.040 --> 00:59:17.332 I think the stat in the the NASA
NOTE Confidence: 0.838707641428571
00:59:17.332 --> 00:59:19.036 National Academies of Science,
NOTE Confidence: 0.838707641428571
00:59:19.040 --> 00:59:19.910 Engineering and Medicine
NOTE Confidence: 0.838707641428571
00:59:19.910 --> 00:59:21.360 report that recently came out,
NOTE Confidence: 0.838707641428571
00:59:21.360 --> 00:59:24.335 I think only about half of pediatric NOTE Confidence: 0.838707641428571

00:59:24.335 --> 00:59:26.519 sub specialists actually do research.
NOTE Confidence: 0.838707641428571
00:59:26.520 --> 00:59:30.048 And the truth is that there's a dearth
NOTE Confidence: 0.838707641428571
00:59:30.048 --> 00:59:32.615 of pediatric sub specialists across
NOTE Confidence: 0.838707641428571
00:59:32.615 --> 00:59:35.270 the nation to to care for all all of NOTE Confidence: 0.838707641428571

00:59:35.340 --> 00:59:37.874 the kids who need sub specialty care.
NOTE Confidence: 0.838707641428571
00:59:37.880 --> 00:59:38.729 So, you know,
NOTE Confidence: 0.838707641428571
00:59:38.729 --> 00:59:40.710 for me as a Division Director in
NOTE Confidence: 0.838707641428571
00:59:40.779 --> 00:59:43.475 developmental behavioral Pediatrics, yes, NOTE Confidence: 0.838707641428571

00:59:43.475 --> 00:59:47.275 I'm, I'm really excited if someone comes to,

NOTE Confidence: 0.838707641428571
00:59:47.280 --> 00:59:48.841 you know, apply for a faculty position
NOTE Confidence: 0.838707641428571
00:59:48.841 --> 00:59:50.198 and they want to do research.
NOTE Confidence: 0.838707641428571
00:59:50.200 --> 00:59:53.432 But I am equally as excited if they NOTE Confidence: 0.838707641428571

00:59:53.432 --> 00:59:56.404 want to be that amazing clinician that NOTE Confidence: 0.838707641428571

00:59:56.404 --> 01:00:00.108 takes care of of all the needs that
NOTE Confidence: 0.838707641428571
01:00:00.108 --> 01:00:02.840 are out there for our patients, right.
NOTE Confidence: 0.853292612857143
01:00:03.200 --> 01:00:05.640 And and I would just add that there are NOTE Confidence: 0.853292612857143

01:00:05.640 --> 01:00:07.640 a lot of ways to be involved in research
NOTE Confidence: 0.853292612857143
01:00:07.640 --> 01:00:10.447 without being the one that's writing the
NOTE Confidence: 0.853292612857143
01:00:10.447 --> 01:00:13.438 RO one grants and having that stress.
NOTE Confidence: 0.853292612857143
01:00:13.440 --> 01:00:15.474 We have a lot of faculty that you know, NOTE Confidence: 0.853292612857143

01:00:15.480 --> 01:00:17.880 participate in clinical trials and they,
NOTE Confidence: 0.853292612857143
01:00:17.880 --> 01:00:19.092 they help, you know,
NOTE Confidence: 0.853292612857143
01:00:19.092 --> 01:00:21.760 they're on a team and they're contributors, NOTE Confidence: 0.853292612857143

01:00:21.760 --> 01:00:24.619 but they do it in a way that
NOTE Confidence: 0.853292612857143

01:00:24.619 --> 01:00:26.336 feels comfortable for them and
NOTE Confidence: 0.853292612857143
01:00:26.336 --> 01:00:28.640 fits with their their,
NOTE Confidence: 0.853292612857143
01:00:28.640 --> 01:00:30.479 their clinical activities.
NOTE Confidence: 0.850180831111111
01:00:30.960 --> 01:00:32.600 Yeah, I mean it's really
NOTE Confidence: 0.850180831111111
01:00:32.600 --> 01:00:33.912 all about team science.
NOTE Confidence: 0.850180831111111
01:00:33.920 --> 01:00:36.104 You know everybody has unique skills
NOTE Confidence: 0.850180831111111
01:00:36.104 --> 01:00:37.960 and interests to to contribute.
NOTE Confidence: 0.775497748
01:00:39.160 --> 01:00:40.408 Absolutely. You know,
NOTE Confidence: 0.775497748
01:00:40.408 --> 01:00:43.874 I wanna I wanna loop together one of NOTE Confidence: 0.775497748

01:00:43.874 --> 01:00:46.297 the questions that was anonymously
NOTE Confidence: 0.775497748
01:00:46.297 --> 01:00:49.432 submitted to me which and and maybe NOTE Confidence: 0.775497748

01:00:49.432 --> 01:00:51.746 relate something to what you're saying Tanya,
NOTE Confidence: 0.775497748
01:00:51.746 --> 01:00:53.554 in that there's a bit of a dearth
NOTE Confidence: 0.775497748
01:00:53.554 --> 01:00:55.198 of pediatric sub specialists.
NOTE Confidence: 0.775497748
01:00:55.200 --> 01:00:58.540 I bet there's communities where you know NOTE Confidence: 0.775497748
01:00:58.540 --> 01:01:01.120 there's the children are being underserved.

NOTE Confidence: 0.775497748
01:01:01.120 --> 01:01:03.486 You know they don't have a pediatric
NOTE Confidence: 0.775497748
01:01:03.486 --> 01:01:04.884 rheumatologist who's either gone
NOTE Confidence: 0.775497748
01:01:04.884 --> 01:01:06.499 through the fellowship or whatever NOTE Confidence: 0.775497748

01:01:06.499 --> 01:01:08.494 or has taken enormous efforts to
NOTE Confidence: 0.775497748
01:01:08.494 --> 01:01:10.119 self educate themselves on that.
NOTE Confidence: 0.775497748
01:01:10.120 --> 01:01:12.367 And you know nobody goes into medicine
NOTE Confidence: 0.775497748
01:01:12.367 --> 01:01:15.119 you'd like to think and and I don't
NOTE Confidence: 0.775497748
01:01:15.119 --> 01:01:16.844 think anybody goes into Pediatrics
NOTE Confidence: 0.775497748
01:01:16.915 --> 01:01:19.197 because of you know earning a living.
NOTE Confidence: 0.775497748
01:01:19.200 --> 01:01:20.838 You know when you say there's a NOTE Confidence: 0.775497748

01:01:20.838 --> 01:01:22.047 dearth of Pediatrics sub specialist NOTE Confidence: 0.775497748

01:01:22.047 --> 01:01:23.650 and I listen to Doctor Reed say
NOTE Confidence: 0.775497748
01:01:23.650 --> 01:01:25.144 that well he's you know he's you
NOTE Confidence: 0.775497748
01:01:25.144 --> 01:01:26.490 know six years of training that's NOTE Confidence: 0.775497748

01:01:26.490 --> 01:01:28.080 as long as training an orthopaedist.
NOTE Confidence: 0.775497748

01:01:28.080 --> 01:01:33.230 I think is this a factor you know say NOTE Confidence: 0.775497748

01:01:33.230 --> 01:01:36.403 I'm say I'm I I remember a personal NOTE Confidence: 0.775497748

01:01:36.403 --> 01:01:38.987 account I was talking to one of one NOTE Confidence: 0.775497748

01:01:38.987 --> 01:01:41.305 of my child's special needs and was
NOTE Confidence: 0.775497748
01:01:41.305 --> 01:01:44.720 in in need of the services of the
NOTE Confidence: 0.775497748
01:01:44.720 --> 01:01:46.788 pediatric endocrinologist got growth
NOTE Confidence: 0.775497748
01:01:46.788 --> 01:01:50.240 hormone for the better part of a decade.
NOTE Confidence: 0.775497748
01:01:50.240 --> 01:01:52.396 And I remember talking kind of offline
NOTE Confidence: 0.775497748
01:01:52.396 --> 01:01:54.695 with one of the pediatric endocrinologists
NOTE Confidence: 0.775497748
01:01:54.695 --> 01:01:57.317 here at the University of Pittsburgh
NOTE Confidence: 0.775497748
01:01:57.317 --> 01:01:59.740 and was leaving the University of NOTE Confidence: 0.775497748

01:01:59.740 --> 01:02:01.720 Pittsburgh at the UPMC system.
NOTE Confidence: 0.775497748
01:02:01.720 --> 01:02:04.546 And part of the reason perfectly
NOTE Confidence: 0.775497748
01:02:04.546 --> 01:02:05.959 candidly was financial.
NOTE Confidence: 0.775497748
01:02:05.960 --> 01:02:08.480 The you know when you ask somebody NOTE Confidence: 0.775497748
01:02:08.480 --> 01:02:11.175 to to train for six years when you

NOTE Confidence: 0.775497748
01:02:11.175 --> 01:02:13.189 ask somebody to pass through an NOTE Confidence: 0.775497748

01:02:13.189 --> 01:02:15.513 education at at at Yale Medical School.
NOTE Confidence: 0.775497748
01:02:15.520 --> 01:02:18.131 I'm quite involved with you know in NOTE Confidence: 0.775497748

01:02:18.131 --> 01:02:20.185 terms of improving the financial
NOTE Confidence: 0.775497748
01:02:20.185 --> 01:02:22.360 circumstances for our students coming
NOTE Confidence: 0.775497748
01:02:22.360 --> 01:02:25.014 through with debt and I think we we're
NOTE Confidence: 0.775497748
01:02:25.014 --> 01:02:27.184 we're doing better at Yale Medical School.
NOTE Confidence: 0.775497748
01:02:27.184 --> 01:02:29.509 But the reality is that you don't
NOTE Confidence: 0.775497748
01:02:29.509 --> 01:02:31.315 have to be making too much.
NOTE Confidence: 0.775497748
01:02:31.320 --> 01:02:33.610 We can help quite a bit at Yale
NOTE Confidence: 0.775497748
01:02:33.610 --> 01:02:35.346 Medical School in terms of, you know,
NOTE Confidence: 0.775497748
01:02:35.346 --> 01:02:36.758 reducing your tuition burden.
NOTE Confidence: 0.775497748
01:02:36.760 --> 01:02:39.748 If if if your income is is is pretty
NOTE Confidence: 0.775497748
01:02:39.748 --> 01:02:43.074 low but the threshold is not that high.
NOTE Confidence: 0.775497748
01:02:43.080 --> 01:02:44.732 You can be a pretty middle income
NOTE Confidence: 0.775497748

01:02:44.732 --> 01:02:46.199 person in the United States.
NOTE Confidence: 0.775497748
01:02:46.200 --> 01:02:48.270 And when you go to Yale Medical School,
NOTE Confidence: 0.775497748
01:02:48.270 --> 01:02:49.767 they're going to say that's sufficient NOTE Confidence: 0.775497748

01:02:49.767 --> 01:02:52.600 that we'd like you to pay the full load.
NOTE Confidence: 0.775497748
01:02:52.600 --> 01:02:55.160 You know you know 95 a year or NOTE Confidence: 0.775497748

01:02:55.160 --> 01:02:57.160 something if you put somebody into
NOTE Confidence: 0.775497748
01:02:57.160 --> 01:02:59.456 \$400,000 of debt and then you ask NOTE Confidence: 0.775497748

01:02:59.456 --> 01:03:01.965 them to do six years of training and
NOTE Confidence: 0.775497748
01:03:01.965 --> 01:03:04.377 and you and you and then you kind
NOTE Confidence: 0.775497748
01:03:04.377 --> 01:03:06.274 of you you you you pay em.
NOTE Confidence: 0.775497748
01:03:06.280 --> 01:03:08.075 What this very talented pediatric NOTE Confidence: 0.775497748

01:03:08.075 --> 01:03:09.870 endocrinologist did for a couple
NOTE Confidence: 0.775497748
01:03:09.927 --> 01:03:11.559 years taking care of my child.
NOTE Confidence: 0.775497748
01:03:11.560 --> 01:03:13.600 I was I was a little unsettled to
NOTE Confidence: 0.775497748
01:03:13.600 --> 01:03:15.862 hear that she was leaving the academic NOTE Confidence: 0.775497748

01:03:15.862 --> 01:03:18.800 world partially for for that reason.

NOTE Confidence: 0.775497748
01:03:18.800 --> 01:03:21.912 Am I am I off base has has has the NOTE Confidence: 0.775497748

01:03:21.912 --> 01:03:23.144 circumstances improved since I've NOTE Confidence: 0.775497748

01:03:23.144 --> 01:03:25.115 spoken that Lady are are is this is NOTE Confidence: 0.775497748
01:03:25.115 --> 01:03:26.732 this a deterrent in any fashion is
NOTE Confidence: 0.775497748
01:03:26.732 --> 01:03:28.729 this part of the reason for the the
NOTE Confidence: 0.775497748
01:03:28.729 --> 01:03:30.574 dearth of of pediatric subspecial
NOTE Confidence: 0.775497748
01:03:30.574 --> 01:03:32.050 or or is there
NOTE Confidence: 0.7701196575
01:03:32.125 --> 01:03:33.450 something else who likes
NOTE Confidence: 0.7701196575
01:03:33.450 --> 01:03:34.440 to take a swing at that.
NOTE Confidence: 0.850762274210526
01:03:36.640 --> 01:03:38.418 I would I think that the the
NOTE Confidence: 0.850762274210526
01:03:38.418 --> 01:03:40.718 idea is out there you know that
NOTE Confidence: 0.850762274210526
01:03:40.718 --> 01:03:42.553 that that's absolutely a factor.
NOTE Confidence: 0.850762274210526
01:03:42.560 --> 01:03:44.891 I mean the people do need to make a
NOTE Confidence: 0.850762274210526
01:03:44.891 --> 01:03:47.114 living and pay for their family and and NOTE Confidence: 0.850762274210526

01:03:47.114 --> 01:03:49.477 you know if they if they have loans.
NOTE Confidence: 0.850762274210526

01:03:49.480 --> 01:03:51.385 So there's an increasing awareness
NOTE Confidence: 0.850762274210526
01:03:51.385 --> 01:03:54.214 of this problem and you know if
NOTE Confidence: 0.850762274210526
01:03:54.214 --> 01:03:56.349 you do research there's pediatric NOTE Confidence: 0.850762274210526

01:03:56.349 --> 01:03:58.160 research loan repayment that I,
NOTE Confidence: 0.850762274210526
01:03:58.160 --> 01:04:00.155 you know I actually have that which
NOTE Confidence: 0.850762274210526
01:04:00.155 --> 01:04:01.832 was extraordinarily helpful for
NOTE Confidence: 0.850762274210526
01:04:01.832 --> 01:04:05.080 me for for paying off my loans.
NOTE Confidence: 0.850762274210526
01:04:05.080 --> 01:04:08.905 But there's also increasing movement
NOTE Confidence: 0.850762274210526
01:04:08.905 --> 01:04:12.608 to offer loan repayment for people
NOTE Confidence: 0.850762274210526
01:04:12.608 --> 01:04:15.318 who do pediatric clinical care.
NOTE Confidence: 0.850762274210526
01:04:15.320 --> 01:04:17.500 And there's a, you know, there's a, NOTE Confidence: 0.850762274210526

01:04:17.500 --> 01:04:19.600 there's a huge movement again that
NOTE Confidence: 0.850762274210526
01:04:19.600 --> 01:04:22.415 needs some report about the pediatric
NOTE Confidence: 0.850762274210526
01:04:22.415 --> 01:04:25.224 subspecialty workforce with just a huge
NOTE Confidence: 0.850762274210526
01:04:25.224 --> 01:04:28.136 proponent of these loan repayment programs.
NOTE Confidence: 0.850762274210526
01:04:28.136 --> 01:04:31.920 And I think there is movement on that.

NOTE Confidence: 0.850762274210526
01:04:31.920 --> 01:04:33.520 There's also a movement
NOTE Confidence: 0.850762274210526
01:04:33.520 --> 01:04:35.126 to improve the payment.
NOTE Confidence: 0.850762274210526
01:04:35.126 --> 01:04:35.529 Again,
NOTE Confidence: 0.850762274210526
01:04:35.529 --> 01:04:38.350 the nascent report talks a lot about
NOTE Confidence: 0.850762274210526
01:04:38.429 --> 01:04:40.879 the need to increase reimbursement
NOTE Confidence: 0.850762274210526
01:04:40.880 --> 01:04:42.400 for pediatric sub specialists.
NOTE Confidence: 0.8079161
01:04:44.200 --> 01:04:47.672 Good. James Reed are you you're NOTE Confidence: 0.8079161

01:04:47.672 --> 01:04:49.720 you're finishing your training
NOTE Confidence: 0.8079161
01:04:49.720 --> 01:04:50.600 do you give any thought?
NOTE Confidence: 0.8079161
01:04:50.600 --> 01:04:52.805 I think previous to your time at NOTE Confidence: 0.8079161

01:04:52.805 --> 01:04:54.390 Yale medical School you you know
NOTE Confidence: 0.8079161
01:04:54.390 --> 01:04:55.755 you worked in the world of finance.
NOTE Confidence: 0.8079161
01:04:55.760 --> 01:04:57.200 You understand dollars and cents.
NOTE Confidence: 0.8079161
01:04:57.200 --> 01:04:58.925 Is this the slightest consideration
NOTE Confidence: 0.8079161
01:04:58.925 --> 01:05:00.939 or you you're just enraptured with NOTE Confidence: 0.8079161

01:05:00.939 --> 01:05:02.600 with the with the children and the NOTE Confidence: 0.8079161 01:05:02.600 --> 01:05:03.800 cognitive challenge of your work. NOTE Confidence: 0.789086761818182 01:05:05.360 --> 01:05:06.794 I think Doctor Long thanks for NOTE Confidence: 0.789086761818182 01:05:06.794 --> 01:05:07.920 the the question directing me. NOTE Confidence: 0.789086761818182 01:05:07.920 --> 01:05:09.808 I I I am indeed enraptured with with NOTE Confidence: 0.789086761818182

01:05:09.808 --> 01:05:11.189 caring for children especially with NOTE Confidence: 0.789086761818182

01:05:11.189 --> 01:05:13.437 GI and liver disease and and the work NOTE Confidence: 0.789086761818182

01:05:13.437 --> 01:05:15.705 I do I actually do bench work in NOTE Confidence: 0.789086761818182

01:05:15.705 --> 01:05:18.606 fibrosis with Ray Chung and MGH but NOTE Confidence: 0.789086761818182

01:05:18.606 --> 01:05:20.036 and that's an interesting perspective.
NOTE Confidence: 0.789086761818182
01:05:20.040 --> 01:05:22.072 So I work in a laboratory that's part NOTE Confidence: 0.789086761818182

01:05:22.072 --> 01:05:24.526 of the Department of Medicine and we're
NOTE Confidence: 0.789086761818182
01:05:24.526 --> 01:05:25.738 we're talking about conversations
NOTE Confidence: 0.789086761818182
01:05:25.738 --> 01:05:27.728 in terms of people looking for a
NOTE Confidence: 0.789086761818182
01:05:27.728 --> 01:05:29.408 job right out of the paediatrics of NOTE Confidence: 0.789086761818182

01:05:29.458 --> 01:05:31.333 specialty training versus an adult

NOTE Confidence: 0.789086761818182
01:05:31.333 --> 01:05:32.833 subspecialty training for example.
NOTE Confidence: 0.789086761818182
01:05:32.840 --> 01:05:35.036 And there is a noticeable difference.
NOTE Confidence: 0.789086761818182
01:05:35.040 --> 01:05:37.632 I can say this because I have gotten NOTE Confidence: 0.789086761818182

01:05:37.632 --> 01:05:40.210 mailers oddly for an adult GI job
NOTE Confidence: 0.789086761818182
01:05:40.210 --> 01:05:43.623 and they'll put a salary on the the
NOTE Confidence: 0.789086761818182
01:05:43.623 --> 01:05:46.090 postcard and then when you look at NOTE Confidence: 0.789086761818182

01:05:46.090 --> 01:05:48.174 the ones for Pediatrics it's it's
NOTE Confidence: 0.789086761818182
01:05:48.174 --> 01:05:50.512 not you know not in that ballpark.
NOTE Confidence: 0.789086761818182
01:05:50.520 --> 01:05:52.384 So I think and then of course these
NOTE Confidence: 0.789086761818182
01:05:52.384 --> 01:05:54.119 are salary for for private practice
NOTE Confidence: 0.789086761818182
01:05:54.119 --> 01:05:55.639 not for for academic centers.
NOTE Confidence: 0.789086761818182
01:05:55.640 --> 01:05:58.184 But I think there is you know people
NOTE Confidence: 0.789086761818182
01:05:58.184 --> 01:06:00.510 now are are you know people thinking
NOTE Confidence: 0.789086761818182
01:06:00.510 --> 01:06:02.010 of entering Pediatrics pediatric
NOTE Confidence: 0.789086761818182
01:06:02.010 --> 01:06:04.101 trainees are thinking about this and NOTE Confidence: 0.789086761818182

01:06:04.101 --> 01:06:05.727 it's something that I've thought about NOTE Confidence: 0.789086761818182

01:06:05.727 --> 01:06:07.810 too and I think it has to do with you NOTE Confidence: 0.789086761818182

01:06:07.810 --> 01:06:09.440 know in the their all the attendance. NOTE Confidence: 0.789086761818182

01:06:09.440 --> 01:06:11.760 McCall can correct me in in terms of NOTE Confidence: 0.789086761818182

01:06:11.760 --> 01:06:13.220 how reimbursements had been structured
NOTE Confidence: 0.789086761818182
01:06:13.220 --> 01:06:15.306 in the past through private insurance
NOTE Confidence: 0.789086761818182
01:06:15.306 --> 01:06:18.260 and the differences and caring for a NOTE Confidence: 0.789086761818182

01:06:18.333 --> 01:06:20.823 patient population that might have more
NOTE Confidence: 0.789086761818182
01:06:20.823 --> 01:06:23.465 Medicaid payers in it than Medicare NOTE Confidence: 0.789086761818182

01:06:23.465 --> 01:06:25.052 payers and private insurance payers.
NOTE Confidence: 0.789086761818182
01:06:25.052 --> 01:06:27.371 But I'm hoping that this is something and NOTE Confidence: 0.789086761818182

01:06:27.371 --> 01:06:29.635 certainly I've seen a lot of advocacy work.
NOTE Confidence: 0.789086761818182
01:06:29.640 --> 01:06:30.960 When you become a pediatric president, NOTE Confidence: 0.789086761818182

01:06:30.960 --> 01:06:33.200 you get membership in the American Academy
NOTE Confidence: 0.789086761818182
01:06:33.200 --> 01:06:35.380 of Pediatrics who will send you emails NOTE Confidence: 0.789086761818182

01:06:35.380 --> 01:06:36.996 every day which are really good to read.

NOTE Confidence: 0.789086761818182
01:06:37.000 --> 01:06:38.038 Sometimes you can't read all of NOTE Confidence: 0.789086761818182

01:06:38.038 --> 01:06:38.920 them because there's so many.
NOTE Confidence: 0.789086761818182
01:06:38.920 --> 01:06:40.040 When you join a subspecialty, NOTE Confidence: 0.789086761818182

01:06:40.040 --> 01:06:41.520 there's also the subspecialty organizations
NOTE Confidence: 0.789086761818182
01:06:41.520 --> 01:06:43.479 which will send you lots of emails.
NOTE Confidence: 0.789086761818182
01:06:43.480 --> 01:06:45.590 But there is a lot of work going on in NOTE Confidence: 0.789086761818182

01:06:45.649 --> 01:06:48.036 terms of advocacy from the sub specialists, NOTE Confidence: 0.789086761818182

01:06:48.040 --> 01:06:50.518 from the general pediatricians and from
NOTE Confidence: 0.789086761818182
01:06:50.518 --> 01:06:53.359 other parts of medicine to help increase,
NOTE Confidence: 0.789086761818182
01:06:53.360 --> 01:06:54.101 you know, compensation.
NOTE Confidence: 0.789086761818182
01:06:54.101 --> 01:06:56.475 Given the amount of work and the fact that NOTE Confidence: 0.789086761818182

01:06:56.475 --> 01:06:57.960 you're doing something in Pediatrics,
NOTE Confidence: 0.789086761818182
01:06:57.960 --> 01:06:58.360 you know,
NOTE Confidence: 0.789086761818182
01:06:58.360 --> 01:06:59.828 you're I think Doctor Long, he said.
NOTE Confidence: 0.789086761818182
01:06:59.828 --> 01:07:00.296 You win.
NOTE Confidence: 0.789086761818182

01:07:00.296 --> 01:07:01.466 You win big because you're NOTE Confidence: 0.789086761818182

01:07:01.466 --> 01:07:02.918 not only affecting Care now, NOTE Confidence: 0.789086761818182

01:07:02.920 --> 01:07:04.565 but really for the rest of the NOTE Confidence: 0.789086761818182

01:07:04.565 --> 01:07:05.035 patient's life.
NOTE Confidence: 0.896601646153846
01:07:06.880 --> 01:07:08.956 I think this is something the NOTE Confidence: 0.896601646153846

01:07:08.956 --> 01:07:09.994 Children's Hospital Association
NOTE Confidence: 0.896601646153846
01:07:09.994 --> 01:07:11.822 is also taking on advocacy, NOTE Confidence: 0.896601646153846

01:07:11.822 --> 01:07:13.808 legislative advocacy to
NOTE Confidence: 0.896601646153846
01:07:13.808 --> 01:07:15.794 to increase reimbursement.
NOTE Confidence: 0.896601646153846
01:07:15.800 --> 01:07:17.736 I just want to say Doctor Arthur put NOTE Confidence: 0.896601646153846

01:07:17.736 --> 01:07:20.581 a link in the chat about the pediatric NOTE Confidence: 0.896601646153846

01:07:20.581 --> 01:07:22.113 subspecialty loan repayment program.
NOTE Confidence: 0.896601646153846
01:07:22.120 --> 01:07:23.240 So thank you, Doctor Arthur.
NOTE Confidence: 0.859902691
01:07:24.600 --> 01:07:25.776 And well before I move on to
NOTE Confidence: 0.859902691
01:07:25.776 --> 01:07:27.240 the next question, you know, I,
NOTE Confidence: 0.859902691
01:07:27.240 --> 01:07:28.864 you know, reflecting what you said,

NOTE Confidence: 0.859902691
01:07:28.864 --> 01:07:30.524 Doctor Reed, it, you know, yeah, NOTE Confidence: 0.859902691

01:07:30.524 --> 01:07:32.800 when you win in Pediatrics you win big. NOTE Confidence: 0.859902691

01:07:32.800 --> 01:07:35.720 And you know you'd love to think that NOTE Confidence: 0.859902691

01:07:35.720 --> 01:07:39.077 you know in in in in our health systems,
NOTE Confidence: 0.859902691
01:07:39.080 --> 01:07:41.800 prioritization of the public health
NOTE Confidence: 0.859902691
01:07:41.800 --> 01:07:44.758 and looking at you know outcomes
NOTE Confidence: 0.859902691
01:07:44.760 --> 01:07:46.909 as opposed to you know who's who's
NOTE Confidence: 0.859902691
01:07:46.909 --> 01:07:48.800 cranking out the most procedures
NOTE Confidence: 0.859902691
01:07:48.800 --> 01:07:50.600 in a fee for service model.
NOTE Confidence: 0.859902691
01:07:50.600 --> 01:07:53.684 You'd like to think society would NOTE Confidence: 0.859902691

01:07:53.684 --> 01:07:55.604 Orient how people are renumerated
NOTE Confidence: 0.859902691
01:07:55.604 --> 01:07:58.400 in in in at least a fairway.
NOTE Confidence: 0.859902691
01:07:58.400 --> 01:07:59.900 When I was a little kid I I grew up
NOTE Confidence: 0.859902691
01:07:59.943 --> 01:08:01.415 in England till I was seven years old NOTE Confidence: 0.859902691

01:08:01.415 --> 01:08:03.208 and I have no idea the answer to this NOTE Confidence: 0.859902691

01:08:03.208 --> 01:08:05.450 question but I I wonder if you're a NOTE Confidence: 0.859902691

01:08:05.450 --> 01:08:07.100 Pediatrics and specialist at Guy's NOTE Confidence: 0.859902691

01:08:07.160 --> 01:08:09.380 Hospital in London is there a huge NOTE Confidence: 0.859902691

01:08:09.380 --> 01:08:11.820 like you know in in a system that's
NOTE Confidence: 0.859902691
01:08:11.820 --> 01:08:13.400 largely orchestrated by the state.
NOTE Confidence: 0.859902691
01:08:13.400 --> 01:08:14.709 You know they do they look at
NOTE Confidence: 0.859902691
01:08:14.709 --> 01:08:15.880 this a bit differently.
NOTE Confidence: 0.859902691
01:08:15.880 --> 01:08:17.644 Do Pediatrics and specialists in in
NOTE Confidence: 0.859902691
01:08:17.644 --> 01:08:19.838 Europe or the UK or what have you.
NOTE Confidence: 0.859902691
01:08:19.840 --> 01:08:21.118 Are they like you know jeez
NOTE Confidence: 0.859902691
01:08:21.118 --> 01:08:22.240 what's the deal here guys?
NOTE Confidence: 0.859902691
01:08:22.240 --> 01:08:23.416 I'm I'm,
NOTE Confidence: 0.859902691
01:08:23.416 --> 01:08:26.840 I'm really you know really contributing
NOTE Confidence: 0.859902691
01:08:26.840 --> 01:08:29.710 greatly to the public health and and
NOTE Confidence: 0.859902691
01:08:29.710 --> 01:08:31.120 why Why some sort of differential.
NOTE Confidence: 0.859902691
01:08:31.120 --> 01:08:32.240 Hopefully that differential is

NOTE Confidence: 0.859902691
01:08:32.240 --> 01:08:33.920 improving and and and and and
NOTE Confidence: 0.859902691
01:08:33.967 --> 01:08:35.317 and and will get much better.
NOTE Confidence: 0.859902691
01:08:35.320 --> 01:08:35.600 So but
NOTE Confidence: 0.858178323636364
01:08:37.080 --> 01:08:39.760 we do also have to say I mean as you said,
NOTE Confidence: 0.858178323636364
01:08:39.760 --> 01:08:41.792 Paul none of us you know chose these
NOTE Confidence: 0.858178323636364
01:08:41.792 --> 01:08:43.291 fields because you know we were
NOTE Confidence: 0.858178323636364
01:08:43.291 --> 01:08:45.000 looking for the salary and you know, NOTE Confidence: 0.858178323636364

01:08:45.000 --> 01:08:47.360 I would I I would choose you know,
NOTE Confidence: 0.858178323636364
01:08:47.360 --> 01:08:50.111 my field again you know 1000 times
NOTE Confidence: 0.858178323636364
01:08:50.111 --> 01:08:53.460 if I had to make the choice just NOTE Confidence: 0.858178323636364

01:08:53.460 --> 01:08:56.280 for the life satisfaction. So
NOTE Confidence: 0.866791944444444
01:08:56.280 --> 01:08:58.650 here's another question I I was
NOTE Confidence: 0.866791944444444
01:08:58.650 --> 01:09:01.980 posed to me by a medical student and
NOTE Confidence: 0.866791944444444
01:09:01.980 --> 01:09:05.000 this was that there's an awareness
NOTE Confidence: 0.866791944444444
01:09:05.000 --> 01:09:06.953 maybe this is maybe this is just
NOTE Confidence: 0.86679194444444

01:09:06.953 --> 01:09:08.798 'cause we read it in the media.
NOTE Confidence: 0.866791944444444
01:09:08.800 --> 01:09:12.545 There's an awareness that that young people
NOTE Confidence: 0.866791944444444
01:09:12.545 --> 01:09:15.159 are under a great deal of stress nowadays.
NOTE Confidence: 0.866791944444444
01:09:15.160 --> 01:09:16.875 Is that, is that just sort of,
NOTE Confidence: 0.866791944444444
01:09:16.880 --> 01:09:18.944 are we just saying it to each other
NOTE Confidence: 0.866791944444444
01:09:18.944 --> 01:09:21.037 as so much that we believe it?
NOTE Confidence: 0.866791944444444
01:09:21.040 --> 01:09:24.197 But this question went something like this.
NOTE Confidence: 0.866791944444444
01:09:24.200 --> 01:09:26.168 Given that, let's assume for a
NOTE Confidence: 0.866791944444444
01:09:26.168 --> 01:09:28.079 second that young people are under
NOTE Confidence: 0.866791944444444
01:09:28.080 --> 01:09:30.228 a different kind of stress than
NOTE Confidence: 0.866791944444444
01:09:30.228 --> 01:09:32.643 maybe we were when we were children NOTE Confidence: 0.866791944444444

01:09:32.643 --> 01:09:35.400 in this 80s or the 70s or the 60 s.
NOTE Confidence: 0.866791944444444
01:09:35.400 --> 01:09:36.768 You know, does that,
NOTE Confidence: 0.866791944444444
01:09:36.768 --> 01:09:39.280 does that manifest that into the field?
NOTE Confidence: 0.866791944444444
01:09:39.280 --> 01:09:41.680 You know, are we our pediatricians, NOTE Confidence: 0.866791944444444

01:09:41.680 --> 01:09:44.080 whether they're in general practice or,

NOTE Confidence: 0.866791944444444
01:09:44.080 --> 01:09:46.360 you know, in an academic setting?
NOTE Confidence: 0.866791944444444
01:09:46.360 --> 01:09:49.636 Are they dealing with a great deal of duress, NOTE Confidence: 0.866791944444444

01:09:49.640 --> 01:09:51.200 emotional duress and what have you?
NOTE Confidence: 0.866791944444444
01:09:51.200 --> 01:09:53.000 And do I need to be prepared for that if,
NOTE Confidence: 0.866791944444444
01:09:53.000 --> 01:09:54.935 if I'm gonna, if I'm gonna go into that
NOTE Confidence: 0.866791944444444
01:09:54.935 --> 01:09:56.796 and there's a lot of kids in duress,
NOTE Confidence: 0.866791944444444
01:09:56.800 --> 01:09:59.440 let me ask somebody who's maybe,
NOTE Confidence: 0.866791944444444
01:09:59.440 --> 01:10:00.994 you know, in a private practice setting.
NOTE Confidence: 0.866791944444444
01:10:01.000 --> 01:10:02.800 Denise, can you, Doctor Khan,
NOTE Confidence: 0.866791944444444
01:10:02.800 --> 01:10:03.980 can you tell me,
NOTE Confidence: 0.866791944444444
01:10:03.980 --> 01:10:06.200 like in your practice in Saint Louis?
NOTE Confidence: 0.866791944444444
01:10:06.200 --> 01:10:09.512 You know listen Saint Louis is a great city.
NOTE Confidence: 0.866791944444444
01:10:09.520 --> 01:10:10.820 You know, I, I've,
NOTE Confidence: 0.866791944444444
01:10:10.820 --> 01:10:12.120 I've good friends there.
NOTE Confidence: 0.866791944444444
01:10:12.120 --> 01:10:13.800 Saint Louis also famously has
NOTE Confidence: 0.866791944444444

01:10:13.800 --> 01:10:15.480 a very high crime rate,
NOTE Confidence: 0.866791944444444
01:10:15.480 --> 01:10:17.000 extraordinary crime rate at least
NOTE Confidence: 0.866791944444444
01:10:17.000 --> 01:10:18.520 in certain areas of it.
NOTE Confidence: 0.866791944444444
01:10:18.520 --> 01:10:20.616 Is this a symptom of duress in your
NOTE Confidence: 0.866791944444444
01:10:20.616 --> 01:10:22.102 community and is that manifested
NOTE Confidence: 0.866791944444444
01:10:22.102 --> 01:10:23.920 into into the lives of children?
NOTE Confidence: 0.866791944444444
01:10:23.920 --> 01:10:25.320 Are you feeling it in your practice?
NOTE Confidence: 0.933335821428572
01:10:25.880 --> 01:10:26.808 I think absolutely so.
NOTE Confidence: 0.933335821428572
01:10:26.808 --> 01:10:28.544 I'm in my 29th year of private
NOTE Confidence: 0.933335821428572
01:10:28.544 --> 01:10:29.964 practice now my practice is
NOTE Confidence: 0.933335821428572
01:10:29.964 --> 01:10:31.520 in West Saint Louis County.
NOTE Confidence: 0.933335821428572
01:10:31.520 --> 01:10:33.956 So it is a little bit different
NOTE Confidence: 0.933335821428572
01:10:33.956 --> 01:10:35.799 than Saint Louis City whose
NOTE Confidence: 0.933335821428572
01:10:35.800 --> 01:10:37.876 statistics you hear the most about.
NOTE Confidence: 0.933335821428572
01:10:37.880 --> 01:10:39.260 But I would say especially
NOTE Confidence: 0.933335821428572
01:10:39.260 --> 01:10:40.640 coming out of the pandemic,

NOTE Confidence: 0.933335821428572
01:10:40.640 --> 01:10:42.185 it's very different now the NOTE Confidence: 0.933335821428572

01:10:42.185 --> 01:10:44.101 lives of the teenagers than it NOTE Confidence: 0.933335821428572

01:10:44.101 --> 01:10:45.671 was pre pandemic and definitely NOTE Confidence: 0.933335821428572

01:10:45.671 --> 01:10:47.719 different than it was 20 years ago.
NOTE Confidence: 0.933335821428572
01:10:47.720 --> 01:10:50.758 It's really hard to be a teenager.
NOTE Confidence: 0.933335821428572
01:10:50.760 --> 01:10:52.960 Social media is a big part of it, NOTE Confidence: 0.933335821428572

01:10:52.960 --> 01:10:54.604 pediatric practice in the NOTE Confidence: 0.933335821428572

01:10:54.604 --> 01:10:55.837 private practice setting,
NOTE Confidence: 0.933335821428572
01:10:55.840 --> 01:10:58.395 a lot of it is psychiatry now.
NOTE Confidence: 0.933335821428572
01:10:58.400 --> 01:11:02.000 So I in the last several years, NOTE Confidence: 0.933335821428572

01:11:02.000 --> 01:11:03.652 I now have a handout that I
NOTE Confidence: 0.933335821428572
01:11:03.652 --> 01:11:05.496 can give my patients that has
NOTE Confidence: 0.933335821428572
01:11:05.496 --> 01:11:07.276 all the crisis phone numbers,
NOTE Confidence: 0.933335821428572
01:11:07.280 --> 01:11:08.600 if you are in crisis,
NOTE Confidence: 0.933335821428572
01:11:08.600 --> 01:11:10.485 the numbers to call right
NOTE Confidence: 0.933335821428572

01:11:10.485 --> 01:11:12.122 all the psychiatric care.
NOTE Confidence: 0.933335821428572
01:11:12.122 --> 01:11:14.768 There is a psychiatric urgent care
NOTE Confidence: 0.933335821428572
01:11:14.768 --> 01:11:17.488 in Saint Louis affiliated with one NOTE Confidence: 0.933335821428572

01:11:17.488 --> 01:11:20.134 of the non pediatric hospitals that NOTE Confidence: 0.933335821428572

01:11:20.207 --> 01:11:22.712 if you are in crisis go get help.
NOTE Confidence: 0.933335821428572
01:11:22.712 --> 01:11:26.024 The rate of teen suicide unfortunately
NOTE Confidence: 0.933335821428572
01:11:26.024 --> 01:11:28.450 I think is extremely high.
NOTE Confidence: 0.933335821428572
01:11:28.450 --> 01:11:31.145 There have been more now in the
NOTE Confidence: 0.933335821428572
01:11:31.145 --> 01:11:33.924 last 10 years than I saw in the 1st
NOTE Confidence: 0.933335821428572
01:11:33.924 --> 01:11:36.359 20 years of my practice combined.
NOTE Confidence: 0.933335821428572
01:11:36.360 --> 01:11:37.963 It is a crisis in this country
NOTE Confidence: 0.933335821428572
01:11:37.963 --> 01:11:39.480 and as a pediatrician,
NOTE Confidence: 0.933335821428572
01:11:39.480 --> 01:11:41.280 you're definitely on the front lines.
NOTE Confidence: 0.933335821428572
01:11:41.280 --> 01:11:46.215 So I think the practice that people
NOTE Confidence: 0.933335821428572
01:11:46.215 --> 01:11:49.050 will have for those graduating now is NOTE Confidence: 0.933335821428572

01:11:49.050 --> 01:11:51.279 very different than when I graduated.

NOTE Confidence: 0.933335821428572
01:11:51.280 --> 01:11:53.954 You need to have training in psychiatry.
NOTE Confidence: 0.933335821428572
01:11:53.960 --> 01:11:56.342 You need to be prepared not
NOTE Confidence: 0.933335821428572
01:11:56.342 --> 01:11:58.320 only for counseling but also
NOTE Confidence: 0.933335821428572
01:11:58.320 --> 01:11:59.844 prescribing psychiatric medications,
NOTE Confidence: 0.933335821428572
01:11:59.844 --> 01:12:01.876 and that's very different.
NOTE Confidence: 0.933335821428572
01:12:01.880 --> 01:12:06.195 It's a it's a crisis for the entire country.
NOTE Confidence: 0.933335821428572
01:12:06.200 --> 01:12:08.510 I think the pediatricians on the
NOTE Confidence: 0.933335821428572
01:12:08.510 --> 01:12:10.320 front line definitely feel it.
NOTE Confidence: 0.933335821428572
01:12:10.320 --> 01:12:13.046 It to be honest,
NOTE Confidence: 0.933335821428572
01:12:13.046 --> 01:12:14.740 I think it contributes to a lot
NOTE Confidence: 0.933335821428572
01:12:14.798 --> 01:12:15.982 of burnout for pediatricians
NOTE Confidence: 0.933335821428572
01:12:15.982 --> 01:12:17.758 who are on the front line.
NOTE Confidence: 0.933335821428572
01:12:17.760 --> 01:12:19.816 If you aren't prepared to be a psychiatrist
NOTE Confidence: 0.933335821428572
01:12:19.816 --> 01:12:22.680 and that's what you are, that's hard.
NOTE Confidence: 0.933335821428572
01:12:22.680 --> 01:12:24.120 You kind of affect the game.
NOTE Confidence: 0.933335821428572

01:12:24.120 --> 01:12:26.600 The rules have changed of what you're doing.
NOTE Confidence: 0.933335821428572
01:12:26.600 --> 01:12:28.780 So I I think anyone who wants to go into
NOTE Confidence: 0.933335821428572
01:12:28.839 --> 01:12:30.827 private practice needs to go in with NOTE Confidence: 0.933335821428572

01:12:30.827 --> 01:12:32.877 their eyes open and realize that yes,
NOTE Confidence: 0.933335821428572
01:12:32.880 --> 01:12:34.158 we take care of the patient,
NOTE Confidence: 0.933335821428572
01:12:34.160 --> 01:12:35.516 we take care of the family,
NOTE Confidence: 0.933335821428572
01:12:35.520 --> 01:12:37.452 but we also take care of a NOTE Confidence: 0.933335821428572

01:12:37.452 --> 01:12:38.720 lot of psychiatric needs.
NOTE Confidence: 0.933335821428572
01:12:38.720 --> 01:12:41.555 Now we'll be on the front line.
NOTE Confidence: 0.933335821428572
01:12:41.560 --> 01:12:43.798 You need to be prepared for
NOTE Confidence: 0.933335821428572
01:12:43.800 --> 01:12:45.515 getting back up when you need it, NOTE Confidence: 0.933335821428572

01:12:45.520 --> 01:12:46.759 how to do it in an emergency,
NOTE Confidence: 0.933335821428572
01:12:46.760 --> 01:12:49.280 because unfortunately that's a lot of it.
NOTE Confidence: 0.933335821428572
01:12:49.280 --> 01:12:51.198 But definitely the kids are in crisis.
NOTE Confidence: 0.92392381
01:12:53.240 --> 01:12:56.400 You can kind of look at world events, NOTE Confidence: 0.92392381

01:12:56.400 --> 01:12:59.040 you can look at events in

NOTE Confidence: 0.92392381
01:12:59.040 --> 01:13:02.760 the US with things socially.
NOTE Confidence: 0.92392381
01:13:02.760 --> 01:13:06.012 There are unfortunately a lot of aggression, NOTE Confidence: 0.92392381

01:13:06.012 --> 01:13:08.560 a lot of anxiety in people that NOTE Confidence: 0.92392381

01:13:08.639 --> 01:13:11.149 manifest itself in aggression to
NOTE Confidence: 0.92392381
01:13:11.149 --> 01:13:13.600 different people in different groups.
NOTE Confidence: 0.92392381
01:13:13.600 --> 01:13:15.800 And the kids feel it.
NOTE Confidence: 0.92392381
01:13:15.800 --> 01:13:16.404 And unfortunately,
NOTE Confidence: 0.92392381
01:13:16.404 --> 01:13:17.914 they all have social media.
NOTE Confidence: 0.92392381
01:13:17.920 --> 01:13:19.033 They're seeing everything.
NOTE Confidence: 0.92392381
01:13:19.033 --> 01:13:22.892 So that on the one hand they see all these NOTE Confidence: 0.92392381

01:13:22.892 --> 01:13:25.274 videos of people living fabulous lives,
NOTE Confidence: 0.92392381
01:13:25.280 --> 01:13:26.360 and on the other hand,
NOTE Confidence: 0.92392381
01:13:26.360 --> 01:13:28.096 they're seeing all the videos of all
NOTE Confidence: 0.92392381
01:13:28.096 --> 01:13:29.559 this aggression and hate out there.
NOTE Confidence: 0.92392381
01:13:29.560 --> 01:13:30.980 And how you reconcile that
NOTE Confidence: 0.92392381

01:13:30.980 --> 01:13:32.400 when you're young is hard.
NOTE Confidence: 0.92392381
01:13:32.400 --> 01:13:35.680 I don't know how you successfully do that.
NOTE Confidence: 0.92392381
01:13:35.680 --> 01:13:38.080 But definitely it's a good question.
NOTE Confidence: 0.92392381
01:13:38.080 --> 01:13:39.958 It's definitely a part of Pediatrics.
NOTE Confidence: 0.92392381
01:13:39.960 --> 01:13:41.586 It's something as a society that
NOTE Confidence: 0.92392381
01:13:41.586 --> 01:13:42.980 we're still trying to figure
NOTE Confidence: 0.92392381
01:13:42.980 --> 01:13:44.235 out what the answer is.
NOTE Confidence: 0.92392381
01:13:44.240 --> 01:13:45.436 We're definitely not there.
NOTE Confidence: 0.92392381
01:13:45.436 --> 01:13:47.641 But I think it's important to have
NOTE Confidence: 0.92392381
01:13:47.641 --> 01:13:49.795 thoughtful people part of the conversation.
NOTE Confidence: 0.90653182
01:13:51.520 --> 01:13:52.480 Thank you. That's great.
NOTE Confidence: 0.90653182
01:13:52.480 --> 01:13:54.580 And I'm gonna, I'm gonna ask for a
NOTE Confidence: 0.90653182
01:13:54.580 --> 01:13:55.960 doctor smart to contribute next.
NOTE Confidence: 0.90653182
01:13:55.960 --> 01:13:58.792 But I I absolutely. I mean, I I,
NOTE Confidence: 0.90653182
01:13:58.792 --> 01:14:01.900 you know I have a very good friend NOTE Confidence: 0.90653182

01:14:01.900 --> 01:14:04.216 who works in academic Pediatrics and

NOTE Confidence: 0.90653182
01:14:04.216 --> 01:14:06.194 she commented simply that you know, NOTE Confidence: 0.90653182

01:14:06.194 --> 01:14:07.930 when I was compared to us is what NOTE Confidence: 0.90653182

01:14:07.984 --> 01:14:09.398 she said when I was a child.
NOTE Confidence: 0.90653182
01:14:09.400 --> 01:14:11.120 You know, just even family
NOTE Confidence: 0.90653182
01:14:11.120 --> 01:14:12.840 Thanksgivings and stuff like that.
NOTE Confidence: 0.90653182
01:14:12.840 --> 01:14:14.436 You know, of course there's always little NOTE Confidence: 0.90653182

01:14:14.436 --> 01:14:16.080 things going on in life and everything, NOTE Confidence: 0.90653182

01:14:16.080 --> 01:14:18.996 but the kids seem to have tuned into the
NOTE Confidence: 0.90653182
01:14:18.996 --> 01:14:21.615 fact that that that even the adults are
NOTE Confidence: 0.90653182
01:14:21.615 --> 01:14:23.640 a little concerned about certain things.
NOTE Confidence: 0.90653182
01:14:23.640 --> 01:14:24.720 You know, they, you know,
NOTE Confidence: 0.90653182
01:14:24.720 --> 01:14:27.037 even a 11 year old understands whether
NOTE Confidence: 0.90653182
01:14:27.037 --> 01:14:29.227 it's the political tone of the country
NOTE Confidence: 0.90653182
01:14:29.227 --> 01:14:31.520 or stuff going on more widely speaking. NOTE Confidence: 0.90653182

01:14:31.520 --> 01:14:33.266 They're not blind to that and they can see NOTE Confidence: 0.90653182

01:14:33.266 --> 01:14:35.157 that the adults don't quite have the answers.
NOTE Confidence: 0.90653182
01:14:35.160 --> 01:14:36.636 And so they're it's not surprising
NOTE Confidence: 0.90653182
01:14:36.636 --> 01:14:38.646 at all to me that they're they're
NOTE Confidence: 0.90653182
01:14:38.646 --> 01:14:40.266 gonna manifest some some anxiety
NOTE Confidence: 0.90653182
01:14:40.266 --> 01:14:42.166 and some depression and and and
NOTE Confidence: 0.90653182
01:14:42.166 --> 01:14:43.954 uncertainty and and and and that's
NOTE Confidence: 0.90653182
01:14:43.960 --> 01:14:45.040 going to be a big part of the job.
NOTE Confidence: 0.90653182
01:14:45.040 --> 01:14:46.559 Carol, tell me what's on your mind.
NOTE Confidence: 0.864086009166667
01:14:48.160 --> 01:14:50.785 I was just going to echo what
NOTE Confidence: 0.864086009166667
01:14:50.785 --> 01:14:52.880 what you guys have said.
NOTE Confidence: 0.864086009166667
01:14:52.880 --> 01:14:55.407 I think there's a trickle down effect
NOTE Confidence: 0.864086009166667
01:14:55.407 --> 01:14:57.301 because parents are more stressed
NOTE Confidence: 0.864086009166667
01:14:57.301 --> 01:14:59.850 and kids are more stressed. You know,
NOTE Confidence: 0.864086009166667
01:14:59.850 --> 01:15:01.920 I think that that that relationship,
NOTE Confidence: 0.864086009166667
01:15:01.920 --> 01:15:04.750 I see it every day as I take care of NOTE Confidence: 0.864086009166667

01:15:04.836 --> 01:15:07.636 families because those stressors inevitably

NOTE Confidence: 0.864086009166667
01:15:07.636 --> 01:15:10.798 affect your kids and and it's it's
NOTE Confidence: 0.864086009166667
01:15:10.798 --> 01:15:13.200 hard to see when you're living in it.
NOTE Confidence: 0.864086009166667
01:15:13.200 --> 01:15:17.816 But as a sort of a surveyor from afar, NOTE Confidence: 0.864086009166667

01:15:17.816 --> 01:15:20.600 I can more easily translate it.
NOTE Confidence: 0.864086009166667
01:15:20.600 --> 01:15:23.239 So a lot of times family stressors,
NOTE Confidence: 0.864086009166667
01:15:23.240 --> 01:15:26.516 parental problems do translate to the kids.
NOTE Confidence: 0.864086009166667
01:15:26.520 --> 01:15:29.782 COVID has made mental health really
NOTE Confidence: 0.864086009166667
01:15:29.782 --> 01:15:31.896 a priority all around and so I
NOTE Confidence: 0.864086009166667
01:15:31.896 --> 01:15:33.798 don't think it's gonna, you know,
NOTE Confidence: 0.864086009166667
01:15:33.798 --> 01:15:36.680 you can escape it in any field of medicine, NOTE Confidence: 0.864086009166667

01:15:36.680 --> 01:15:40.278 frankly, because of the degree of anxiety.
NOTE Confidence: 0.864086009166667
01:15:40.280 --> 01:15:42.560 I think social media has a lot to do with it.
NOTE Confidence: 0.864086009166667
01:15:42.560 --> 01:15:44.304 Patients have educated themselves,
NOTE Confidence: 0.864086009166667
01:15:44.304 --> 01:15:46.920 gone to Google and diagnosed themselves NOTE Confidence: 0.864086009166667

01:15:46.985 --> 01:15:49.478 by the time you see them in whatever field NOTE Confidence: 0.864086009166667

01:15:49.478 --> 01:15:51.994 that that that is also something about it.
NOTE Confidence: 0.864086009166667
01:15:52.000 --> 01:15:55.731 But you know right now in both
NOTE Confidence: 0.864086009166667
01:15:55.731 --> 01:15:59.439 medicine and PEDs along with vitals, NOTE Confidence: 0.864086009166667

01:15:59.440 --> 01:16:02.080 general anxiety screen and a depression
NOTE Confidence: 0.864086009166667
01:16:02.080 --> 01:16:04.324 screen are are considered vitals
NOTE Confidence: 0.864086009166667
01:16:04.324 --> 01:16:06.389 and now Pediatrics and medicine
NOTE Confidence: 0.864086009166667
01:16:06.389 --> 01:16:08.720 for every patient that comes in.
NOTE Confidence: 0.864086009166667
01:16:08.720 --> 01:16:10.708 And that just tells you where you
NOTE Confidence: 0.864086009166667
01:16:10.708 --> 01:16:12.598 know where we are as a nation.
NOTE Confidence: 0.122706026
01:16:15.080 --> 01:16:15.280 Tanya,
NOTE Confidence: 0.786908196
01:16:16.320 --> 01:16:18.840 I was just gonna reinforce what NOTE Confidence: 0.786908196

01:16:18.840 --> 01:16:21.531 what Carol said that yes, it is.
NOTE Confidence: 0.786908196
01:16:21.531 --> 01:16:23.456 It is a big, big issue that
NOTE Confidence: 0.786908196
01:16:23.456 --> 01:16:25.360 we deal in with in Pediatrics.
NOTE Confidence: 0.786908196
01:16:25.360 --> 01:16:26.596 But I don't think, you know, NOTE Confidence: 0.786908196

01:16:26.600 --> 01:16:28.040 for any field of medicine,

NOTE Confidence: 0.786908196
01:16:28.040 --> 01:16:29.640 it's quite prominent the
NOTE Confidence: 0.786908196
01:16:29.640 --> 01:16:31.318 epidemic of loneliness, anxiety,
NOTE Confidence: 0.786908196
01:16:31.318 --> 01:16:32.752 depression, substance abuse.
NOTE Confidence: 0.786908196
01:16:32.752 --> 01:16:35.620 So if you are a responsible
NOTE Confidence: 0.786908196
01:16:35.701 --> 01:16:37.951 doctor no matter what age of
NOTE Confidence: 0.786908196
01:16:37.951 --> 01:16:40.119 patient you are taking care of, NOTE Confidence: 0.786908196

01:16:40.120 --> 01:16:41.864 there are you know you're going to be NOTE Confidence: 0.786908196

01:16:41.864 --> 01:16:43.358 dealing with mental health concerns.
NOTE Confidence: 0.951384588125
01:16:46.440 --> 01:16:49.832 Fabulous. So listen, we only have a few NOTE Confidence: 0.951384588125

01:16:49.832 --> 01:16:52.796 minutes left and you know I think our, NOTE Confidence: 0.951384588125

01:16:52.800 --> 01:16:54.078 our medical students,
NOTE Confidence: 0.951384588125
01:16:54.078 --> 01:16:57.056 I think this sort of 20,000 foot.
NOTE Confidence: 0.951384588125
01:16:57.056 --> 01:16:59.160 Carol, did you have another question?
NOTE Confidence: 0.951384588125
01:16:59.160 --> 01:17:03.631 No. OK, good. So the, you know, NOTE Confidence: 0.951384588125

01:17:03.631 --> 01:17:07.405 I think this 20,000 foot view on on on the NOTE Confidence: 0.951384588125

01:17:07.405 --> 01:17:09.960 specialty of Pediatrics is very, very useful.
NOTE Confidence: 0.951384588125
01:17:09.960 --> 01:17:11.924 I think it's good, you know,
NOTE Confidence: 0.951384588125
01:17:11.924 --> 01:17:14.034 to have the long vision.
NOTE Confidence: 0.951384588125
01:17:14.040 --> 01:17:15.370 I do recognize though that a lot
NOTE Confidence: 0.951384588125
01:17:15.370 --> 01:17:16.719 of our Yale medical students,
NOTE Confidence: 0.951384588125
01:17:16.720 --> 01:17:18.346 they they're very smart and they're
NOTE Confidence: 0.951384588125
01:17:18.346 --> 01:17:20.023 they're aware of all these fundamental
NOTE Confidence: 0.951384588125
01:17:20.023 --> 01:17:21.920 issues and some of them just have
NOTE Confidence: 0.951384588125
01:17:21.920 --> 01:17:23.439 more mechanical and logistical
NOTE Confidence: 0.951384588125
01:17:23.439 --> 01:17:26.120 reasons to be tuning in tonight.
NOTE Confidence: 0.951384588125
01:17:26.120 --> 01:17:26.864 They're like, geez,
NOTE Confidence: 0.951384588125
01:17:26.864 --> 01:17:28.352 I'm a first year medical student.
NOTE Confidence: 0.951384588125
01:17:28.360 --> 01:17:30.660 I'm trying to make up my mind or but maybe
NOTE Confidence: 0.951384588125
01:17:30.715 --> 01:17:32.955 I'm a third and 4th year medical student.
NOTE Confidence: 0.951384588125
01:17:32.960 --> 01:17:34.836 Does anybody have any pearls of wisdom?
NOTE Confidence: 0.951384588125
01:17:34.840 --> 01:17:37.630 If you were a fourth year, 3rd year,

NOTE Confidence: 0.951384588125
01:17:37.630 --> 01:17:39.605 second year medical student and
NOTE Confidence: 0.951384588125
01:17:39.605 --> 01:17:41.759 you know you're becoming just
NOTE Confidence: 0.951384588125
01:17:41.760 --> 01:17:44.880 enamored of of Pediatrics,
NOTE Confidence: 0.951384588125
01:17:44.880 --> 01:17:47.600 there's the typical things,
NOTE Confidence: 0.951384588125
01:17:47.600 --> 01:17:49.478 you know get some good mentorship.
NOTE Confidence: 0.951384588125
01:17:49.480 --> 01:17:51.180 If you are involved and
NOTE Confidence: 0.951384588125
01:17:51.180 --> 01:17:53.096 interested in research, do that.
NOTE Confidence: 0.951384588125
01:17:53.096 --> 01:17:56.232 There's the tactical issues of you know,
NOTE Confidence: 0.951384588125
01:17:56.240 --> 01:17:57.952 do you do sub is and, and,
NOTE Confidence: 0.951384588125
01:17:57.952 --> 01:18:00.976 and and and wear and other kind
NOTE Confidence: 0.951384588125
01:18:00.976 --> 01:18:03.298 of thing beyond those things.
NOTE Confidence: 0.951384588125
01:18:03.298 --> 01:18:05.366 But I'm certainly I'm certainly
NOTE Confidence: 0.951384588125
01:18:05.366 --> 01:18:07.487 you know those if you can comment
NOTE Confidence: 0.951384588125
01:18:07.487 --> 01:18:09.978 on any of those things do you have
NOTE Confidence: 0.951384588125
01:18:09.978 --> 01:18:11.701 any specific maybe more practical
NOTE Confidence: 0.951384588125

01:18:11.701 --> 01:18:14.043 pearls of wisdom about you know what NOTE Confidence: 0.951384588125

01:18:14.043 --> 01:18:16.361 what what should you do if you're in NOTE Confidence: 0.951384588125

01:18:16.361 --> 01:18:18.370 the seat of the people that we're NOTE Confidence: 0.951384588125

01:18:18.370 --> 01:18:20.444 speaking to this evening and wanting NOTE Confidence: 0.951384588125

01:18:20.444 --> 01:18:22.598 to enter into a pediatric specialty
NOTE Confidence: 0.951384588125
01:18:22.600 --> 01:18:24.392 What would be what would be sensible
NOTE Confidence: 0.951384588125
01:18:24.392 --> 01:18:26.010 things to be thinking about And NOTE Confidence: 0.951384588125

01:18:26.010 --> 01:18:27.872 I'm going to put ask Doctor Beau
NOTE Confidence: 0.951384588125
01:18:27.928 --> 01:18:29.598 once again because because he's.
NOTE Confidence: 0.951384588125
01:18:29.600 --> 01:18:30.675 But anybody please contribute to
NOTE Confidence: 0.951384588125
01:18:30.675 --> 01:18:31.992 this what would you what would NOTE Confidence: 0.951384588125

01:18:31.992 --> 01:18:32.997 you what would you advise.
NOTE Confidence: 0.80871451
01:18:34.280 --> 01:18:38.752 Well you know as a general bit of
NOTE Confidence: 0.80871451
01:18:38.752 --> 01:18:41.644 advice I really totally agree with what NOTE Confidence: 0.80871451

01:18:41.644 --> 01:18:43.697 Amy said when she was talking about NOTE Confidence: 0.80871451

01:18:43.697 --> 01:18:45.856 her story is follow your interests.

NOTE Confidence: 0.80871451
01:18:45.856 --> 01:18:49.398 You know the thing that is the best.
NOTE Confidence: 0.80871451
01:18:49.400 --> 01:18:53.262 I think one of the best Hedges against
NOTE Confidence: 0.80871451
01:18:53.262 --> 01:18:57.399 Burnout is really loving what you do.
NOTE Confidence: 0.80871451
01:18:57.400 --> 01:19:00.382 And if you love what you
NOTE Confidence: 0.80871451
01:19:00.382 --> 01:19:01.966 do and it's meaningful,
NOTE Confidence: 0.80871451
01:19:01.966 --> 01:19:04.500 then that carries you a long way
NOTE Confidence: 0.80871451
01:19:04.572 --> 01:19:06.756 that can carry you in a job that
NOTE Confidence: 0.80871451
01:19:06.760 --> 01:19:08.360 doesn't pay as high as the next one.
NOTE Confidence: 0.80871451
01:19:08.360 --> 01:19:10.104 It can carry you when you have to
NOTE Confidence: 0.80871451
01:19:10.104 --> 01:19:11.439 write grants and work weekends.
NOTE Confidence: 0.80871451
01:19:11.440 --> 01:19:13.800 It can carry you when things are difficult
NOTE Confidence: 0.80871451
01:19:13.800 --> 01:19:16.199 because you feel you're making a difference.
NOTE Confidence: 0.80871451
01:19:16.200 --> 01:19:19.120 And so you know I I think as
NOTE Confidence: 0.80871451
01:19:19.120 --> 01:19:21.920 and this corollary or the, NOTE Confidence: 0.80871451

01:19:21.920 --> 01:19:24.730 the other part of that that I would say in NOTE Confidence: 0.80871451

01:19:24.800 --> 01:19:27.474 my own experience is nothing is forever.
NOTE Confidence: 0.80871451
01:19:27.480 --> 01:19:29.538 There are so many opportunities and NOTE Confidence: 0.80871451

01:19:29.538 --> 01:19:32.314 you can change and you've heard stories NOTE Confidence: 0.80871451

01:19:32.314 --> 01:19:34.350 tonight of people who have changed what NOTE Confidence: 0.80871451

01:19:34.350 --> 01:19:36.079 they did partway through their career,
NOTE Confidence: 0.80871451
01:19:36.080 --> 01:19:37.940 moved from private practice to
NOTE Confidence: 0.80871451
01:19:37.940 --> 01:19:40.200 academics and did this or that.
NOTE Confidence: 0.80871451
01:19:40.200 --> 01:19:41.160 I, you know,
NOTE Confidence: 0.80871451
01:19:41.160 --> 01:19:44.252 I I did all sorts of things in my
NOTE Confidence: 0.80871451
01:19:44.252 --> 01:19:46.205 career from research to running
NOTE Confidence: 0.80871451
01:19:46.205 --> 01:19:48.635 an ICU to running a fellowship NOTE Confidence: 0.80871451

01:19:48.635 --> 01:19:50.919 to now running a department.
NOTE Confidence: 0.80871451
01:19:50.920 --> 01:19:53.040 Those are all very different experiences
NOTE Confidence: 0.80871451
01:19:53.040 --> 01:19:55.567 that I have fully enjoyed and have
NOTE Confidence: 0.80871451
01:19:55.567 --> 01:19:58.207 made my career so exciting because I
NOTE Confidence: 0.80871451
01:19:58.207 --> 01:20:01.160 didn't do the same thing for 40 years.

NOTE Confidence: 0.80871451
01:20:01.160 --> 01:20:04.572 Everything you can really follow
NOTE Confidence: 0.80871451
01:20:04.572 --> 01:20:05.396 your interests.
NOTE Confidence: 0.80871451
01:20:05.396 --> 01:20:08.280 So that would be my broad advices.
NOTE Confidence: 0.80871451
01:20:08.280 --> 01:20:10.384 Don't don't overthink it.
NOTE Confidence: 0.80871451
01:20:10.384 --> 01:20:13.771 Kind of kind of go with your gut and
NOTE Confidence: 0.80871451
01:20:13.771 --> 01:20:16.876 what you love to do and you know if NOTE Confidence: 0.80871451

01:20:16.876 --> 01:20:18.360 you need to change you can change.
NOTE Confidence: 0.832113878333333
01:20:20.600 --> 01:20:23.276 Wonderful. Any other comments from anybody?
NOTE Confidence: 0.832113878333333
01:20:23.280 --> 01:20:25.890 I I certainly as you're thinking
NOTE Confidence: 0.832113878333333
01:20:25.890 --> 01:20:27.972 of that of of of all the comments NOTE Confidence: 0.832113878333333

01:20:27.972 --> 01:20:29.745 and there were a lot of inspiring NOTE Confidence: 0.832113878333333

01:20:29.745 --> 01:20:30.957 comments made this evening.
NOTE Confidence: 0.832113878333333
01:20:30.960 --> 01:20:32.570 I thought Doctor Starr's comment
NOTE Confidence: 0.832113878333333
01:20:32.570 --> 01:20:34.633 I've worked in this I'm gonna
NOTE Confidence: 0.832113878333333
01:20:34.633 --> 01:20:36.197 paraphrase you Doctor Starr.
NOTE Confidence: 0.832113878333333

01:20:36.200 --> 01:20:38.377 I've worked in this for 40 something NOTE Confidence: 0.832113878333333 01:20:38.377 --> 01:20:40.800 years and I loved every day of it.

NOTE Confidence: 0.832113878333333
01:20:40.800 --> 01:20:43.708 You know listen you know that's NOTE Confidence: 0.832113878333333

01:20:43.708 --> 01:20:45.604 fantastic and what a privilege and NOTE Confidence: 0.832113878333333

01:20:45.604 --> 01:20:47.635 and I think this institution that we NOTE Confidence: 0.832113878333333

01:20:47.635 --> 01:20:50.159 all share is a big part of launching NOTE Confidence: 0.832113878333333

01:20:50.159 --> 01:20:52.199 us in that direction because listen, NOTE Confidence: 0.832113878333333

01:20:52.200 --> 01:20:53.768 we we interact with you know we NOTE Confidence: 0.832113878333333

01:20:53.768 --> 01:20:54.925 have friends and colleagues and NOTE Confidence: 0.832113878333333

01:20:54.925 --> 01:20:56.677 all over the you know we we have NOTE Confidence: 0.832113878333333

01:20:56.727 --> 01:20:58.077 all walked through our lives. NOTE Confidence: 0.832113878333333

01:20:58.080 --> 01:20:59.880 You know we know quite a few people NOTE Confidence: 0.832113878333333

01:20:59.880 --> 01:21:01.570 probably the majority of people
NOTE Confidence: 0.832113878333333
01:21:01.570 --> 01:21:03.592 who would not necessarily say boy
NOTE Confidence: 0.832113878333333
01:21:03.592 --> 01:21:05.254 I've worked in something for 40 NOTE Confidence: 0.832113878333333

01:21:05.254 --> 01:21:07.109 years and I've loved every day of

NOTE Confidence: 0.832113878333333
01:21:07.109 --> 01:21:08.899 it and so that's that's an enormous NOTE Confidence: 0.832113878333333

01:21:08.899 --> 01:21:10.810 success and a life well lived and NOTE Confidence: 0.832113878333333

01:21:10.862 --> 01:21:12.277 a professor well worked in.
NOTE Confidence: 0.832113878333333
01:21:12.280 --> 01:21:17.664 So I really wanted to thank
NOTE Confidence: 0.832113878333333
01:21:17.664 --> 01:21:18.936 everybody for participating.
NOTE Confidence: 0.832113878333333
01:21:18.936 --> 01:21:22.240 It was really it was really fantastic.
NOTE Confidence: 0.832113878333333
01:21:22.240 --> 01:21:23.360 Listening to your stories I,
NOTE Confidence: 0.832113878333333
01:21:23.360 --> 01:21:26.330 I, I I sincerely found them
NOTE Confidence: 0.832113878333333
01:21:26.330 --> 01:21:27.976 very inspirational I think.
NOTE Confidence: 0.832113878333333
01:21:27.976 --> 01:21:28.632 I think.
NOTE Confidence: 0.832113878333333
01:21:28.632 --> 01:21:31.372 I think I think I'm I'm going to NOTE Confidence: 0.832113878333333

01:21:31.372 --> 01:21:33.440 go away from this more inspired
NOTE Confidence: 0.832113878333333
01:21:33.440 --> 01:21:34.800 and feeling more grateful.
NOTE Confidence: 0.832113878333333
01:21:34.800 --> 01:21:35.652 Now there's an undergraduate
NOTE Confidence: 0.832113878333333
01:21:35.652 --> 01:21:37.219 course at Yale it was the most
NOTE Confidence: 0.832113878333333

01:21:37.219 --> 01:21:38.199 subscribed course at Yale.
NOTE Confidence: 0.832113878333333
01:21:38.200 --> 01:21:39.192 How to be happy.
NOTE Confidence: 0.832113878333333
01:21:39.192 --> 01:21:41.520 I think I saw red that and they
NOTE Confidence: 0.832113878333333
01:21:41.520 --> 01:21:43.200 said they said this.
NOTE Confidence: 0.832113878333333
01:21:43.200 --> 01:21:45.080 I forget there was a lady who was
NOTE Confidence: 0.832113878333333
01:21:45.080 --> 01:21:46.660 teaching that hundreds and hundreds of NOTE Confidence: 0.832113878333333

01:21:46.660 --> 01:21:48.999 people signing up for it and and they said, NOTE Confidence: 0.832113878333333

01:21:49.000 --> 01:21:49.206 yeah.
NOTE Confidence: 0.832113878333333
01:21:49.206 --> 01:21:50.236 She said if you ask,
NOTE Confidence: 0.832113878333333
01:21:50.240 --> 01:21:52.376 if you tell yourself each day
NOTE Confidence: 0.832113878333333
01:21:52.376 --> 01:21:53.800 something that you're grateful NOTE Confidence: 0.832113878333333

01:21:53.862 --> 01:21:55.144 for you'll find yourself being
NOTE Confidence: 0.832113878333333
01:21:55.144 --> 01:21:56.800 happier because it reminds you not
NOTE Confidence: 0.832113878333333
01:21:56.855 --> 01:21:58.295 just of your little pesky problems
NOTE Confidence: 0.832113878333333
01:21:58.295 --> 01:21:59.760 but but what makes you happy.
NOTE Confidence: 0.832113878333333
01:21:59.760 --> 01:22:01.816 And I think I've heard a lot this

NOTE Confidence: 0.832113878333333
01:22:01.816 --> 01:22:03.784 evening about you know what what to
NOTE Confidence: 0.832113878333333
01:22:03.784 --> 01:22:06.760 be grateful for all of you and and NOTE Confidence: 0.832113878333333

01:22:06.760 --> 01:22:09.720 and specialists and doctors like yourself.
NOTE Confidence: 0.832113878333333
01:22:09.720 --> 01:22:11.799 Does anybody else have any closing comments.
NOTE Confidence: 0.832113878333333
01:22:11.800 --> 01:22:12.560 But I thank you.
NOTE Confidence: 0.859215841428572
01:22:15.400 --> 01:22:16.702 Well, I just want to say this
NOTE Confidence: 0.859215841428572
01:22:16.702 --> 01:22:18.007 has been a wonderful experience
NOTE Confidence: 0.859215841428572
01:22:18.007 --> 01:22:19.752 and I've really enjoyed hearing
NOTE Confidence: 0.859215841428572
01:22:19.752 --> 01:22:21.080 everybody's stories as well.
NOTE Confidence: 0.859215841428572
01:22:21.080 --> 01:22:23.000 So thank you for the opportunity,
NOTE Confidence: 0.889878665
01:22:23.720 --> 01:22:25.040 good stuff. And I hope our,
NOTE Confidence: 0.889878665
01:22:25.040 --> 01:22:26.328 I hope our students who have been
NOTE Confidence: 0.889878665
01:22:26.328 --> 01:22:27.679 a little bit quiet this evening,
NOTE Confidence: 0.889878665
01:22:27.680 --> 01:22:30.032 I hope they, I hope they derive real NOTE Confidence: 0.889878665

01:22:30.032 --> 01:22:31.695 value from this because because
NOTE Confidence: 0.889878665

01:22:31.695 --> 01:22:33.717 it's a it's a great compendium
NOTE Confidence: 0.889878665
01:22:33.717 --> 01:22:35.440 of life experience here.
NOTE Confidence: 0.889878665
01:22:35.440 --> 01:22:36.280 OK. So thank you.
NOTE Confidence: 0.828078802307692
01:22:36.520 --> 01:22:39.496 I think our contract information is
NOTE Confidence: 0.828078802307692
01:22:39.496 --> 01:22:43.359 showing up and if you have questions,
NOTE Confidence: 0.828078802307692
01:22:43.360 --> 01:22:45.226 anything that I talked about or
NOTE Confidence: 0.828078802307692
01:22:45.226 --> 01:22:47.120 even didn't mention a questions, NOTE Confidence: 0.828078802307692

01:22:47.120 --> 01:22:50.920 comments reach out. Yeah, I agree.
NOTE Confidence: 0.84046867
01:22:52.040 --> 01:22:52.972 That's absolutely the case.
NOTE Confidence: 0.84046867
01:22:52.972 --> 01:22:55.504 You know, there's we approached
NOTE Confidence: 0.84046867
01:22:55.504 --> 01:22:58.062 all living alumni who are NOTE Confidence: 0.84046867

01:22:58.062 --> 01:22:59.638 connected to Pediatrics training,
NOTE Confidence: 0.84046867
01:22:59.640 --> 01:23:00.804 retired in practice.
NOTE Confidence: 0.84046867
01:23:00.804 --> 01:23:03.520 And we had quite a few responses,
NOTE Confidence: 0.84046867
01:23:03.520 --> 01:23:05.385 some many multiples of what's NOTE Confidence: 0.84046867
01:23:05.385 --> 01:23:06.877 involved in this panel.

NOTE Confidence: 0.84046867
01:23:06.880 --> 01:23:09.120 And so to the students,
NOTE Confidence: 0.84046867
01:23:09.120 --> 01:23:11.572 undergraduates or medical students, NOTE Confidence: 0.84046867

01:23:11.572 --> 01:23:13.836 these folks, most of them checked NOTE Confidence: 0.84046867

01:23:13.836 --> 01:23:15.762 the box on the initial survey that
NOTE Confidence: 0.84046867
01:23:15.762 --> 01:23:17.357 they're OK with being contacted.
NOTE Confidence: 0.84046867
01:23:17.360 --> 01:23:18.650 And so we're gonna be back
NOTE Confidence: 0.84046867
01:23:18.650 --> 01:23:20.000 in touch with the students.
NOTE Confidence: 0.84046867
01:23:20.000 --> 01:23:22.009 And so to say there are these
NOTE Confidence: 0.84046867
01:23:22.009 --> 01:23:23.960 couple of dozen of pediatricians
NOTE Confidence: 0.84046867
01:23:23.960 --> 01:23:25.675 all throughout their careers that NOTE Confidence: 0.84046867

01:23:25.675 --> 01:23:27.792 would be happy to receive questions NOTE Confidence: 0.84046867

01:23:27.792 --> 01:23:29.850 and you know points of career
NOTE Confidence: 0.84046867
01:23:29.850 --> 01:23:31.520 advice or something like that.
NOTE Confidence: 0.84046867
01:23:31.520 --> 01:23:34.236 And so we'll make all these names, NOTE Confidence: 0.84046867

01:23:34.240 --> 01:23:35.572 but then all all the other
NOTE Confidence: 0.84046867

01:23:35.572 --> 01:23:36.951 names that weren't able to fit NOTE Confidence: 0.84046867

01:23:36.951 --> 01:23:37.839 onto the panel tonight, NOTE Confidence: 0.84046867

01:23:37.840 --> 01:23:39.280 this will all be made available NOTE Confidence: 0.84046867

01:23:39.280 --> 01:23:40.000 to our students.

