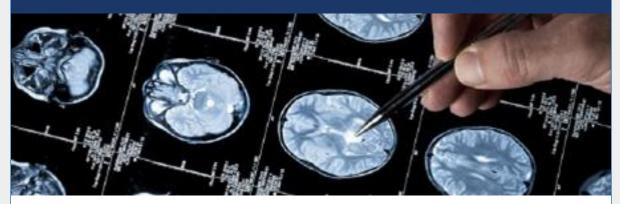# Alzheimer's Disease Research Center (ADRC)

Newsletter 16

We are pleased to share information on the Walk to End Alzheimer's!

Lace up Your Sneakers!

Lace up your sneakers!

It is that time of year again. Unlike last year, the Alzheimer's Association will hold its annual Walk to End Alzheimer's in person this year. This event is intended to raise awareness of Alzheimer's disease in the general population and is the premier fund raising event for the Association. Funds from the Walk support the mission of the Alzheimer's Association "to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health."

The programs and services of the Connecticut Chapter in the care and support of individuals and families include a 24/7 Helpline, care consultations, family support groups, groups for individuals with early stage dementia, Safe Return wanderer's bracelet, grants for respite care, and Trial match to link individuals with research opportunities. The Walk schedule is: **Bristol 9/12, Lakeville 9/19, New London/Putnam 9/25, New Haven/West Haven 9/26, East Hartford 10/3, Enfield 10/3, and Norwalk 10/10.**

So put on your sneakers, choose a walk close to you, register, raise money, and walk. You can participate as a walker, volunteer, or raise money as a "virtual walker" if you are unable to attend the event. Yale ADRC will have tables at the Walks in West Haven, East Hartford, and Norwalk so stop by and chat with us. Click on the link below for more information or to register.
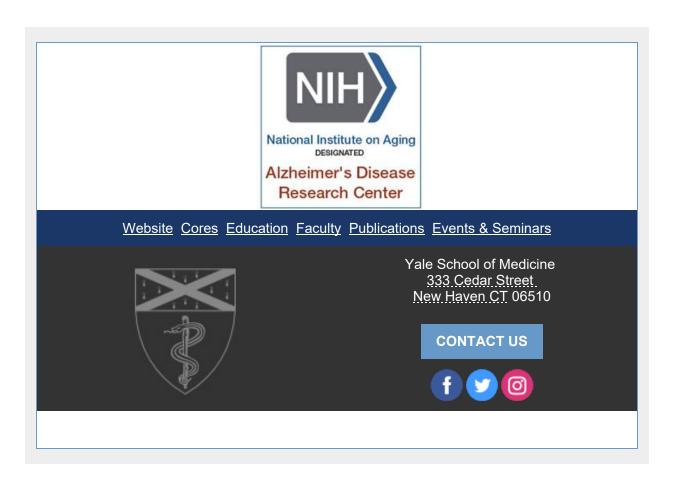https://act.alz.org/site/SPageServer/?pagename=walk_chapter&scid=1730

Thank for your interest in the Yale ADRC. For more information on our studies or to participate in studies please call or visit our website.

203-764-8100

http://medicine.yale.edu/adrc/

National Institute on Aging
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Alzheimer's Disease Research Center

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