Yale University School of Medicine  
Section of Otolaryngology  
Nasal and Sinus Disorders  
New Patient Questionnaire  
Rev. 2010-06-14

<table>
<thead>
<tr>
<th>Name</th>
<th>MRN</th>
<th>DOB</th>
<th>Date</th>
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<tr>
<th>Telephone</th>
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<tbody>
<tr>
<td>Home</td>
<td>Work</td>
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<tr>
<td>Pharmacy</td>
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<td>Name</td>
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How did you hear about us?
- □ Sent by another physician (If so, please give name below.)
- □ Sent by a friend
- □ Internet search
- □ Yale reputation
- □ Other (Specify)

Physician #1 (☐ sent by this physician)
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<tr>
<th>Name</th>
<th>Telephone</th>
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Address   City, State   Zip

Important Note on Medical Records and Previous Imaging
Please be sure to bring your previous medical records. In particular, previous CT and MRI scans of the nose and sinuses are very important. Please try to obtain the actual films (not just the radiology reports).

START HERE:
What symptom gives you the most trouble?
General

How frequently do you have sinus and nasal symptoms?
- This is the first episode.
- 2-3 times/year
- 4-6 times/year
- Monthly
- Weekly
- Daily
- Constantly

Do your symptoms improve between episodes?
- Yes, they completely improve
- No, they never improve
- Sometimes, they improve
- They improve partially

How often do your baseline symptoms get worse?
- Never (The symptoms are always the same.)
- 1-3 times/year
- 4-6 times per year
- More than 6 times per year

Which best describes your sense of smell?
- No problem with sense of smell
- Diminished sense of smell
- Loss of smell
- Detect bad odor

Have you ever had a sinus CT or MRI scan?
- Yes
- No
If yes, please provide details (including dates) below.

Have you ever had a sinus or nasal surgery?
- Yes
- No
If yes, please provide details (including dates) below.

Details

Allergy

Do you have any of these allergy symptoms?
- Sneezing fits
- Itchy ears
- Itchy eyes
- Itchy nose
- Runny nose
- Itchy throat
- Runny/watery eyes
- Scratchy roof of your mouth

When are your allergy symptoms most apparent?
- Spring
- Summer
- Fall
- Winter
- Continuously throughout the year

Have you ever been tested for allergy?
- Never
- I have had skin testing for allergy.
- I have had blood testing for allergy.

Have you received allergy shots?
- Never
- Yes, and they helped a great deal.
- Yes, and they helped somewhat.
- Yes, and they did nothing.

Asthma

Do you have asthma?
- Yes
- No

If yes, what do you take for your asthma?
- Asthma inhalers
- Nebulizer treatments
- Oral steroids
- Theophylline
- Other

Trauma

Have you ever broken your nose?
- Yes
- No

Have you ever sustained other facial and/or head injuries?
- Yes
- No

Headaches

Have you been diagnosed with a headache disorder?
- Yes
- No

Please specify:
### Previous Treatments

**Which antibiotics have you received?**

- Amoxicillin, penicillin
- Augmentin (amox/clav)
- Avelox (moxifloxacin)
- Bactrim DS (SMP/TMX)
- Ceftin (cefuroxime)
- Biaxin (clarithromycin)
- Cefzil (ceprozil)
- Cipro (ciprofloxacin)
- Duricef (cefadroxil)
- Erythromycin
- Keflex (cephalexin)
- Ketek (telithromycin)
- Levaquin (levofloxacin)
- Lorabid (loracarbef)
- Omnicef (cefdinir)
- Tequin (gatifloxacin)
- Vantin (cefpodoxime)
- Zithromax (azithromycin)
- Intravenous antibiotics
- Others
- Unknown

**Which antihistamines have you received?**

- Allegra (fexofenadine)
- Allegra-D
- Benadryl (diphenhydramine)
- Bromfed (brompheniramine)
- Chlor-Trimeton (chlorpheniramine)
- Claritin (loratadine)
- Claritin-D
- Clarinex (desloratadine)
- Semprex-D (acrivastine/pseudoephedrine)
- Tavist (clemastine)
- Xyzal (levocetirizine)
- Zyrtec (cetirizine)
- Zyrtec-D
- OTC antihistamines

**Which nasal sprays have you used?**

- Afrin (oxymetazoline)
- Astelin (azelastine)
- Atrovent (ipratropium bromide)
- Flonase (fluticasone propionate)
- Nasacort (triamcinolone)
- Nasalcrom (cromolyn)
- Nasonex (mometasone)
- Nasarel (flunisolide)
- Omnaris (Ciclesonide)
- Patanase (Olopatadine)
- Rhinocort (budesonide)
- Veramyst (fluticasone furoate)

**What other treatments have you used?**

- Amphotericin irrigations
- Zyflo (zileuton)
- Mucinex (guaifenesin)
- Nasal saline sprays
- Nasal saline irrigations
- Oral decongestants
- Oral steroids
- Singulair (montelukast)
- Sporanox (Itraconazole)
- Topical decongestants
- Other
### Nasal Symptom Inventory

The following rating scale will be used to complete the questions:

<table>
<thead>
<tr>
<th>Scale</th>
<th>Severity Definition</th>
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</thead>
<tbody>
<tr>
<td>0</td>
<td>None Absent-NO symptom evident</td>
</tr>
<tr>
<td>1</td>
<td>Mild Symptom clearly PRESENT but minimal awareness; easily tolerated</td>
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<tr>
<td>2</td>
<td>Moderate Definite awareness of symptom that is bothersome, but tolerable</td>
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<tr>
<td>3</td>
<td>Severe Symptom is hard to tolerate; interferes with activities of daily living and/or sleeping</td>
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</table>

Using the rating scale above, please rate the following symptoms according to how you feel right now.

<table>
<thead>
<tr>
<th>Symptom</th>
<th>None</th>
<th>Mild</th>
<th>Moderate</th>
<th>Severe</th>
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<tbody>
<tr>
<td>Facial or sinus pressure</td>
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<tr>
<td>(pressure or fullness in the area behind the eyes, cheeks, forehead, or sinuses)</td>
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<tr>
<td>Facial or sinus pain</td>
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<tr>
<td>(pain in the area around the eyes, cheeks, forehead)</td>
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<tr>
<td>Headache</td>
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<tr>
<td>(dull to intense, throbbing pain in head)</td>
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<tr>
<td>Nasal congestion</td>
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<tr>
<td>(stopped up or stuffy nose)</td>
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<tr>
<td>Nasal obstruction</td>
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<tr>
<td>(inability to move air through the nose)</td>
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<tr>
<td>Post-nasal drip</td>
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<tr>
<td>(sinus drainage in the back of the throat)</td>
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<tr>
<td>Clear nasal discharge</td>
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<tr>
<td>(nasal mucus that is clear)</td>
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<tr>
<td>Discolored nasal discharge</td>
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<tr>
<td>(nasal mucus that is green, yellow, and/or brown)</td>
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<tr>
<td>Itchy nose/eyes/throat</td>
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<tr>
<td>(sensation of itchiness in the nose, eyes and/or throat)</td>
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<tr>
<td>Nose bleeds</td>
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<td>(bleeding, not bloody mucus, from the nose)</td>
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<tr>
<td>Tiredness</td>
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<tr>
<td>(feeling worn out or drained due to chronic sinusitis)</td>
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<tr>
<td>Wheezing</td>
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<td>(whistling sound from breathing, associated with chest tightness)</td>
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<tr>
<td>Cough</td>
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Physician Notes: