Someone from the surgeon's office will speak with you directly to schedule your procedure. This may occur on the day of your visit, or it may be a telephone contact. Your age and other current medical problems will help determine what preoperative laboratory tests need to be ordered. These usually include blood work (which must be done within 30 days of the surgery), an EKG and a chest x-ray. If you are having a procedure which requires an overnight stay, you will have an appointment for preadmission testing at which time these tests will be done and you will meet with a member of the anesthesia staff. In addition, you will meet with the billing and insurance staff. This appointment can take up to 2 hours, so please plan accordingly. If you are having an outpatient procedure, we can help organize your visit to the laboratory at Yale- New Haven Hospital, or your studies can be done at your physician's office. Please be sure your physician faxes all your test results and pre op medical clearance, if needed, to 203-200-2075.

It is critical that your surgeon have an updated medication list prior to your surgical date. This includes all supplements and aspirin products.

If you currently take blood thinning medications like Coumadin, warfarin, aspirin, Pradaxa or Plavix, these will need to be stopped prior to your procedure. Please contact your prescribing physician immediately so that a specific plan can be made in advance of your surgery. You do not need to stop your supplements, including Vitamin E and fish oil, unless specifically instructed to do so.

All patients having outpatient surgery need to plan to have somebody drive them home following their procedure. It is also best to have someone available the first postsurgical night. Your surgery could be cancelled if there is no one to get you home.

You should receive a scheduled postoperative appointment at the same time that your surgery is scheduled. This will typically be within two weeks, and will be your primary opportunity to discuss the findings from your pathology report.

If you have not been given a postoperative appointment, please call 203-200-2328 to schedule.