COMMON QUESTIONS ABOUT: DOXORUBUCIN LIPOSOMAL (DOXIL®)

**What does it look like?**
- Light red liquid

**How is it given?**
- Injected into a vein

**What are the most common side effects?**
- Hand Foot Syndrome – redness, pain, blisters on hand, feet, or skin folds
- Lowering of the white blood cell count, which may increase your chance of getting an infection.
- Urine may turn orange or red for 1-2 days after treatment.
- Mouth sores

**What are the least common side effects?**
- Nausea and vomiting
- Complete or partial hair loss
- Diarrhea
- Heart problems; heart function studies are usually done to monitor heart function

**Special Considerations:**
Allergic reactions: tell your nurse or doctor if you feel flushing, shortness of breath, swelling of the face, headache, chills, or back pain during treatment.
**SPECIAL INSTRUCTIONS TO HELP PREVENT OR MANAGE HAND FOOT SYNDROME:**

On the day before treatment, the day of treatment and for three to five days after treatment you should avoid:

- Tight clothing, including tight waistbands, belts, and tight underwear
- Pressure on joints, especially elbows, ankles, knees and hips
- Hot water on the skin
- Sunlight on the skin
- Activity like heavy cleaning, gardening, or aerobic exercise when you can rub the skin or put pressure on the skin
- Some doctors may suggest using L-lysine, Vitamin B6, or nicotine patches to help relieve symptoms