Local Alcohol & Drug Treatment Resources

APT Foundation  203-781-4600
1 Long Wharf Drive, Suite 10, New Haven
Outpatient & residential treatment options for all ages, including pregnant women & women w/ children, Spanish-speakers, & HIV+ individuals. Walk-in screenings available. Methadone clinic: 495 Congress Ave & 540 Ella Grass Blvd.

Connection Inc. Recovery House  855-435-7955
48 Howe Street, New Haven
Outpatient, residential & community-based services.

Crossroads Inc.  203-387-0094
44-54 East Ramsdell Street, New Haven
Outpatient & residential treatment facility for adults, including Spanish-speakers, HIV+ individuals, & those with mental health disorders.

Crossroads Inc. - Amethyst House  203-821-3040
48 Howe Street, New Haven
Residential treatment facility for pregnant women or women with children, including those with mental health disorders & HIV+ individuals.

Grant Street Partnership  203-503-3000
60-62 Grant Street, New Haven
Outpatient services (18+) & residential treatment facility (adult men only) for adults with substance abuse & mental health disorders. Available 24/7.

Griffin Hospital  203-732-7331
130 Division Street, Derby
Full range of inpatient & outpatient services for substance abuse & mental disorders. 24/7 crisis intervention services.

Hispanic Clinic, CT Mental Health Center  203-974-5800
34 Park Street, New Haven
Outpatient services for Latino adults 18+ with alcohol and/or mental disorders (no IV drug use).

Multicultural Ambulatory Addiction Services  203-495-7710
426 East Street, New Haven
Outpatient services, including methadone, for African-American and Latino adults 18+ with opioid addictions. Walk-ins accepted.

South Central Rehabilitation Center  203-503-3318
232 Cedar Street, New Haven
Detox, methadone, and triage facility for adults 18+, including Spanish-speakers and those with substance abuse and/or mental health disorders. Available 24/7.

Substance Abuse Treatment Unit  203-974-5777
1 Long Wharf Drive, New Haven
Evaluation & outpatient services for men & women 17+ with substance abuse and/or mental disorders, including Spanish-speakers & HIV+ individuals.

Taking Initiative Center  203-389-2970 ext 1317
514 Whalley Avenue, New Haven
Drop-in center & safe place for homeless individuals &/or those recovering from addiction. Can provide referrals, not treatment.

Yale-New Haven Psych Hospital, Outpatient  203-688-9907
1294 Chapel Street, New Haven
Outpatient and intensive outpatient services for adults 18+ with substance abuse and/or mental disorders. Hamden location with evening hours: 203-784-8770.

Other Treatment Resources

Alcohol & Drug Recovery Centers (Hartford)  860-714-3700
Connecticut Valley Hospital (Middletown)  800-828-3396
First Step (Bridgeport)  203-416-1915
Rushford Treatment Center (Multiple locations)  877-577-3233
Silver Hill Hospital (New Canaan)  866-542-4455
SE Council on Alc. & Drug Dep. (New London)  860-447-1717
St. Vincent’s Beh. Health Services (Bridgeport, Westport)  203-227-1251
Stonington Institute (North Stonington)  800-832-1022

Project ASSERT

Improving Alcohol & Substance Abuse Services & Educating Providers to Refer Patients to Treatment

A service of the Yale-New Haven Hospital & Department of Emergency Medicine, Yale University School of Medicine
Alcohol Use

Drinking too much alcohol increases risk of illness & injury. Even one drink is too much if you’re driving, at work, pregnant, breast feeding, have certain medical conditions or are taking certain medications.

What is a standard drink?
One standard drink is defined as:

- One shot of liquor (1.5oz)
- One regular beer (12oz)
- One glass of wine (5oz)

How much is too much?
Low-risk drinking is defined as:

<table>
<thead>
<tr>
<th>Maximum Drinks Per Week</th>
<th>Maximum Drinks Per Occasion</th>
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</thead>
<tbody>
<tr>
<td>Men</td>
<td>14</td>
</tr>
<tr>
<td>Women</td>
<td>7</td>
</tr>
<tr>
<td>Age &gt; 65</td>
<td>7</td>
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</tbody>
</table>

Health Effects of Alcohol

Drinking too much alcohol contributes to high blood pressure, increases risk for many types of cancer & damages the body’s vital organs, such as the brain, heart, liver, & pancreas. Drinking is especially dangerous for pregnant women, as it can cause a number of complications like fetal alcohol syndrome.

Project ASSERT

Project ASSERT is a service at the Yale-New Haven Hospital Emergency Department. Our Health Promotion Advocates screen patients for drug & alcohol problems, provide interventions & directly refer patients to community treatment services. Since 1999, Project ASSERT has connected more than 46,000 patients with life-saving care & treatment.

Contact Us

Project ASSERT
Yale-New Haven Hospital
York Street Campus: 203-688-4854
Chapel Street Campus: 475-247-0449

Visit us on the web:
www.medicine.yale.edu/emergencymed/assert

Helpful Contacts

Alcohol & Drug Use
Alcoholics Anonymous 866-783-7712
Narcotics Anonymous 800-627-3543

Community Health Centers
Connecticut Mental Health Center 203-974-7713
Fair Haven Community Health Center 203-777-7411
Cornell Scott-Hill Health Center 203-503-3000

Health Insurance
Healthy Start (for pregnant women) 203-946-8187
Husky Health (Medicaid) 877-284-8759

Health Services
Breast & Cervical Cancer Screenings 860-509-8251
Department of Social Services (DSS) 855-626-6632
DSS Adult & Elderly Services 203-974-8027
DSS Family Services 203-974-8193

HIV/AIDS
AIDS Project New Haven 203-624-0947
CT AIDS Drug Assistance Program 855-805-4325
Hispanos Unidos, Inc 203-781-0226

Emergency Housing
Hillside Family Shelter 203-777-7848
Columbus House 203-401-4400
Continuum of Care 203-562-2264
Emergency Shelter Mgmt Services 203-777-2522
Life Haven (women with children) 203-776-6208

Domestic Violence & Sexual Assault
CT Domestic Violence Hotline 888-774-2900
Sexual Assault Crisis Services 888-999-5545