

WEBVTT

NOTE duration:"01:14:56"

NOTE recognizability:0.853

NOTE language:en-us

NOTE Confidence: 0.896350668181818

00:00:00.000 --> 00:00:01.548 Good morning everyone and welcome to

NOTE Confidence: 0.896350668181818

00:00:01.548 --> 00:00:03.110 the Yale Department of Psychiatry.

NOTE Confidence: 0.896350668181818

00:00:03.110 --> 00:00:05.357 Grand rounds. My name is Bob Rohrbaugh

NOTE Confidence: 0.896350668181818

00:00:05.357 --> 00:00:07.882 and I'm deputy chair for education in

NOTE Confidence: 0.896350668181818

00:00:07.882 --> 00:00:10.182 the department and it's my distinct

NOTE Confidence: 0.896350668181818

00:00:10.182 --> 00:00:12.510 honor to introduce Dr Annie anomaly

NOTE Confidence: 0.896350668181818

00:00:12.582 --> 00:00:14.868 to our grand round speaker today.

NOTE Confidence: 0.896350668181818

00:00:14.870 --> 00:00:15.542 Doctor normal.

NOTE Confidence: 0.896350668181818

00:00:15.542 --> 00:00:17.558 I received her MBBS degree from

NOTE Confidence: 0.896350668181818

00:00:17.558 --> 00:00:19.908 the JSS Medical College in Mysore,

NOTE Confidence: 0.896350668181818

00:00:19.910 --> 00:00:22.436 India and her Masters in education

NOTE Confidence: 0.896350668181818

00:00:22.436 --> 00:00:25.576 from the Rivier College in Nashua NH.

NOTE Confidence: 0.896350668181818

00:00:25.576 --> 00:00:27.921 She completed her internship and

NOTE Confidence: 0.896350668181818

00:00:27.921 --> 00:00:30.379 residency in both internal medicine.  
NOTE Confidence: 0.896350668181818

00:00:30.380 --> 00:00:33.518 And in psychiatry at Southern University,  
NOTE Confidence: 0.896350668181818

00:00:33.520 --> 00:00:36.510 Illinois University in Springfield, IL,  
NOTE Confidence: 0.896350668181818

00:00:36.510 --> 00:00:39.960 and joined our department after graduation.  
NOTE Confidence: 0.896350668181818

00:00:39.960 --> 00:00:42.306 Doctor normally is an associate professor  
NOTE Confidence: 0.896350668181818

00:00:42.306 --> 00:00:45.060 in our department and internal medicine,  
NOTE Confidence: 0.896350668181818

00:00:45.060 --> 00:00:47.760 and is an associate clinical professor  
NOTE Confidence: 0.896350668181818

00:00:47.760 --> 00:00:50.509 in the Yale School of Nursing.  
NOTE Confidence: 0.896350668181818

00:00:50.510 --> 00:00:52.412 With their training in both internal  
NOTE Confidence: 0.896350668181818

00:00:52.412 --> 00:00:53.804 medicine and psychiatry, Dr.  
NOTE Confidence: 0.896350668181818

00:00:53.804 --> 00:00:56.842 Namoli was the ideal person to lead  
NOTE Confidence: 0.896350668181818

00:00:56.842 --> 00:01:00.047 development of the Wellness Center at CMHC.  
NOTE Confidence: 0.896350668181818

00:01:00.050 --> 00:01:02.312 She's been named the deputy medical  
NOTE Confidence: 0.896350668181818

00:01:02.312 --> 00:01:04.360 director of medical services at CMHC,  
NOTE Confidence: 0.896350668181818

00:01:04.360 --> 00:01:06.265 where her dual training also  
NOTE Confidence: 0.896350668181818

00:01:06.265 --> 00:01:07.789 provided her the expertise,

NOTE Confidence: 0.896350668181818

00:01:07.790 --> 00:01:11.291 which enabled her to be the point person to

NOTE Confidence: 0.896350668181818

00:01:11.291 --> 00:01:14.589 address issues related to the COVID pandemic.

NOTE Confidence: 0.896350668181818

00:01:14.590 --> 00:01:16.660 This dual training has also proved

NOTE Confidence: 0.896350668181818

00:01:16.660 --> 00:01:19.057 invaluable for her work as director of

NOTE Confidence: 0.896350668181818

00:01:19.057 --> 00:01:21.269 the Yale Adult Refugee Clinic at Yale,

NOTE Confidence: 0.896350668181818

00:01:21.270 --> 00:01:22.575 New Haven Hospital,

NOTE Confidence: 0.896350668181818

00:01:22.575 --> 00:01:26.220 which she's LED for the last 10 years.

NOTE Confidence: 0.896350668181818

00:01:26.220 --> 00:01:28.116 Clinic serves as the gateway for

NOTE Confidence: 0.896350668181818

00:01:28.116 --> 00:01:30.152 all health care for refugees coming

NOTE Confidence: 0.896350668181818

00:01:30.152 --> 00:01:32.623 to the greater New Haven area and

NOTE Confidence: 0.896350668181818

00:01:32.623 --> 00:01:34.558 operates in partnership with Iris,

NOTE Confidence: 0.896350668181818

00:01:34.560 --> 00:01:37.520 the local refugee resettlement agency.

NOTE Confidence: 0.896350668181818

00:01:37.520 --> 00:01:39.921 The refugee clinic is a central point

NOTE Confidence: 0.896350668181818

00:01:39.921 --> 00:01:41.660 for refugee outreach activities,

NOTE Confidence: 0.896350668181818

00:01:41.660 --> 00:01:46.430 education programs and research projects.

NOTE Confidence: 0.896350668181818

00:01:46.430 --> 00:01:48.452 It's always a pleasure to introduce  
NOTE Confidence: 0.896350668181818

00:01:48.452 --> 00:01:50.448 someone with deep expertise in an area,  
NOTE Confidence: 0.896350668181818

00:01:50.450 --> 00:01:51.930 and in this case,  
NOTE Confidence: 0.896350668181818

00:01:51.930 --> 00:01:53.410 doctor normally has literally  
NOTE Confidence: 0.896350668181818

00:01:53.410 --> 00:01:55.660 written the book on refugee health.  
NOTE Confidence: 0.896350668181818

00:01:55.660 --> 00:01:58.445 A textbook entitled Refugee Health  
NOTE Confidence: 0.896350668181818

00:01:58.445 --> 00:02:01.230 Care and Essential Medical Guide,  
NOTE Confidence: 0.896350668181818

00:02:01.230 --> 00:02:03.470 which is in its second edition and which  
NOTE Confidence: 0.896350668181818

00:02:03.470 --> 00:02:05.499 is viewed as the primary reference,  
NOTE Confidence: 0.896350668181818

00:02:05.500 --> 00:02:08.550 informing health care for refugees.  
NOTE Confidence: 0.896350668181818

00:02:08.550 --> 00:02:10.643 She's a founding member of the Board  
NOTE Confidence: 0.896350668181818

00:02:10.643 --> 00:02:12.985 of directors of the Society for Refugee  
NOTE Confidence: 0.896350668181818

00:02:12.985 --> 00:02:15.055 Health care providers and has served  
NOTE Confidence: 0.896350668181818

00:02:15.120 --> 00:02:17.339 as the associate editor of the Journal  
NOTE Confidence: 0.896350668181818

00:02:17.339 --> 00:02:20.830 of Immigrant and Minority Health.  
NOTE Confidence: 0.896350668181818

00:02:20.830 --> 00:02:21.810 Not surprisingly,

NOTE Confidence: 0.896350668181818  
00:02:21.810 --> 00:02:24.260 Dr Namala has been recipient  
NOTE Confidence: 0.896350668181818  
00:02:24.260 --> 00:02:25.730 of numerous awards,  
NOTE Confidence: 0.896350668181818  
00:02:25.730 --> 00:02:28.065 including our Clinical Innovations Award  
NOTE Confidence: 0.896350668181818  
00:02:28.065 --> 00:02:30.877 for development of the CMHC Wellness  
NOTE Confidence: 0.896350668181818  
00:02:30.877 --> 00:02:34.069 Center and the Steven Fleck Award is an  
NOTE Confidence: 0.896350668181818  
00:02:34.069 --> 00:02:36.669 exemplary physician and clinical teacher.  
NOTE Confidence: 0.896350668181818  
00:02:36.670 --> 00:02:39.407 She received the Roger Coleman Award from  
NOTE Confidence: 0.896350668181818  
00:02:39.407 --> 00:02:40.959 a Connecticut Psychiatric Association  
NOTE Confidence: 0.896350668181818  
00:02:40.959 --> 00:02:43.206 for her work with refugees and the  
NOTE Confidence: 0.896350668181818  
00:02:43.206 --> 00:02:45.977 Nancy CA Rawski Teaching award from the  
NOTE Confidence: 0.896350668181818  
00:02:45.977 --> 00:02:47.633 American Psychiatric Association for  
NOTE Confidence: 0.896350668181818  
00:02:47.633 --> 00:02:51.170 her work with medical students last year,  
NOTE Confidence: 0.896350668181818  
00:02:51.170 --> 00:02:53.390 Dr Anomaly was awarded to Leonard  
NOTE Confidence: 0.896350668181818  
00:02:53.390 --> 00:02:55.647 to award for Humanism in Medicine  
NOTE Confidence: 0.896350668181818  
00:02:55.647 --> 00:02:57.747 from the Yale School of Medicine  
NOTE Confidence: 0.896350668181818

00:02:57.747 --> 00:02:59.599 and the Gold Foundation,  
NOTE Confidence: 0.896350668181818

00:02:59.600 --> 00:03:02.533 one of the highest honors our medical  
NOTE Confidence: 0.896350668181818

00:03:02.533 --> 00:03:05.700 school bestows on a member of our faculty.  
NOTE Confidence: 0.896350668181818

00:03:05.700 --> 00:03:07.116 According to the New York Times,  
NOTE Confidence: 0.896350668181818

00:03:07.120 --> 00:03:09.500 our nation has the opportunity to help  
NOTE Confidence: 0.896350668181818

00:03:09.500 --> 00:03:12.850 resettle 50,000 Afghan refugees this month,  
NOTE Confidence: 0.896350668181818

00:03:12.850 --> 00:03:15.613 and so I can't imagine a more timely talk  
NOTE Confidence: 0.896350668181818

00:03:15.613 --> 00:03:18.142 than the one we're about to hear Doctor.  
NOTE Confidence: 0.896350668181818

00:03:18.142 --> 00:03:18.484 Normally,  
NOTE Confidence: 0.896350668181818

00:03:18.484 --> 00:03:20.536 we deeply appreciate you and the  
NOTE Confidence: 0.896350668181818

00:03:20.536 --> 00:03:22.476 work that you do in this field,  
NOTE Confidence: 0.864859387272727

00:03:22.480 --> 00:03:24.160 and we look forward to your  
NOTE Confidence: 0.864859387272727

00:03:24.160 --> 00:03:25.670 presentation on refugee mental health.  
NOTE Confidence: 0.822575818

00:03:28.970 --> 00:03:31.340 Thank you, thank you Bob for  
NOTE Confidence: 0.822575818

00:03:31.340 --> 00:03:32.920 such a glowing introduction.  
NOTE Confidence: 0.822575818

00:03:32.920 --> 00:03:35.867 So let me get right into it.

NOTE Confidence: 0.822575818

00:03:35.870 --> 00:03:39.830 Uh, I will share my screen.

NOTE Confidence: 0.953590875714286

00:03:47.360 --> 00:03:50.629 OK, I think everybody can see this.

NOTE Confidence: 0.953590875714286

00:03:50.630 --> 00:03:53.395 Yes perfect. OK alright so I won't

NOTE Confidence: 0.953590875714286

00:03:53.395 --> 00:03:55.758 really say anything about myself at

NOTE Confidence: 0.953590875714286

00:03:55.758 --> 00:03:58.690 this point because Bob has said it all.

NOTE Confidence: 0.953590875714286

00:03:58.690 --> 00:04:01.246 But I think you have gathered that I wear

NOTE Confidence: 0.953590875714286

00:04:01.246 --> 00:04:03.761 many hats and the refugee hat is one that

NOTE Confidence: 0.953590875714286

00:04:03.761 --> 00:04:07.088 I won't for probably more than 10 years.

NOTE Confidence: 0.953590875714286

00:04:07.090 --> 00:04:10.162 Most of my tenure here in in the

NOTE Confidence: 0.953590875714286

00:04:10.162 --> 00:04:12.772 department and at Yale I have.

NOTE Confidence: 0.953590875714286

00:04:12.772 --> 00:04:16.344 No conflicts to disclose and what I'm going

NOTE Confidence: 0.953590875714286

00:04:16.344 --> 00:04:19.408 to do is because this is an audience that.

NOTE Confidence: 0.953590875714286

00:04:19.410 --> 00:04:21.258 You know knows a lot about refugees.

NOTE Confidence: 0.953590875714286

00:04:21.260 --> 00:04:22.548 From what we learn in the media,

NOTE Confidence: 0.953590875714286

00:04:22.550 --> 00:04:23.582 but may not necessarily

NOTE Confidence: 0.953590875714286

00:04:23.582 --> 00:04:24.614 have worked with them.  
NOTE Confidence: 0.953590875714286

00:04:24.620 --> 00:04:26.796 I'm going to talk a little bit about  
NOTE Confidence: 0.953590875714286

00:04:26.796 --> 00:04:28.353 the background of who refugees are  
NOTE Confidence: 0.953590875714286

00:04:28.353 --> 00:04:30.378 and how they get here and come to us  
NOTE Confidence: 0.953590875714286

00:04:30.380 --> 00:04:32.652 and then spend a good amount of time  
NOTE Confidence: 0.953590875714286

00:04:32.652 --> 00:04:35.077 on the mental health problems that we  
NOTE Confidence: 0.953590875714286

00:04:35.077 --> 00:04:37.592 know about what we know about them  
NOTE Confidence: 0.953590875714286

00:04:37.592 --> 00:04:39.902 and what we don't know about them.  
NOTE Confidence: 0.953590875714286

00:04:39.910 --> 00:04:41.840 And you know the treatments.  
NOTE Confidence: 0.953590875714286

00:04:41.840 --> 00:04:42.479 And then finally,  
NOTE Confidence: 0.953590875714286

00:04:42.479 --> 00:04:44.249 what we do here is Bob said this  
NOTE Confidence: 0.953590875714286

00:04:44.249 --> 00:04:45.838 is very timely and I think many  
NOTE Confidence: 0.953590875714286

00:04:45.838 --> 00:04:47.042 people have questions about what  
NOTE Confidence: 0.953590875714286

00:04:47.042 --> 00:04:48.878 they can do and how they can help.  
NOTE Confidence: 0.953590875714286

00:04:48.878 --> 00:04:50.334 So I'm going to spend a little  
NOTE Confidence: 0.953590875714286

00:04:50.334 --> 00:04:51.580 bit of time at the end.



NOTE Confidence: 0.953590875714286  
00:04:51.580 --> 00:04:53.716 About our local program here and  
NOTE Confidence: 0.953590875714286  
00:04:53.716 --> 00:04:58.768 what we do so refugee resettlement.  
NOTE Confidence: 0.953590875714286  
00:04:58.770 --> 00:04:59.159 So.  
NOTE Confidence: 0.953590875714286  
00:04:59.159 --> 00:05:01.493 Maybe not, we all know conceptually  
NOTE Confidence: 0.953590875714286  
00:05:01.493 --> 00:05:04.770 what or who a refugee is, but really,  
NOTE Confidence: 0.953590875714286  
00:05:04.770 --> 00:05:06.850 formally, this has existed.  
NOTE Confidence: 0.953590875714286  
00:05:06.850 --> 00:05:10.290 It's recognized that you know,  
NOTE Confidence: 0.953590875714286  
00:05:10.290 --> 00:05:14.866 refugees are a population that need to be.  
NOTE Confidence: 0.953590875714286  
00:05:14.870 --> 00:05:16.610 Uhm, you know, cared for,  
NOTE Confidence: 0.953590875714286  
00:05:16.610 --> 00:05:18.182 need to be resettled?  
NOTE Confidence: 0.953590875714286  
00:05:18.182 --> 00:05:19.754 Need to be repatriated?  
NOTE Confidence: 0.953590875714286  
00:05:19.760 --> 00:05:22.943 This started after World War Two with  
NOTE Confidence: 0.953590875714286  
00:05:22.943 --> 00:05:25.421 the United Nations convening with many  
NOTE Confidence: 0.953590875714286  
00:05:25.421 --> 00:05:28.360 countries and then at that time it was  
NOTE Confidence: 0.953590875714286  
00:05:28.360 --> 00:05:30.969 meant mostly for European refugees.  
NOTE Confidence: 0.953590875714286

00:05:30.970 --> 00:05:33.532 But later on in 1967 there was  
NOTE Confidence: 0.953590875714286

00:05:33.532 --> 00:05:35.695 an amendment to include refugees  
NOTE Confidence: 0.953590875714286

00:05:35.695 --> 00:05:39.146 originating from any part of the world  
NOTE Confidence: 0.953590875714286

00:05:39.146 --> 00:05:41.707 coming to any part of the world.  
NOTE Confidence: 0.953590875714286

00:05:41.710 --> 00:05:44.074 And the actual legal definition as  
NOTE Confidence: 0.953590875714286

00:05:44.074 --> 00:05:46.598 somebody who basically has good reasons  
NOTE Confidence: 0.953590875714286

00:05:46.598 --> 00:05:49.220 to believe that they're being persecuted,  
NOTE Confidence: 0.953590875714286

00:05:49.220 --> 00:05:50.436 and it could be,  
NOTE Confidence: 0.953590875714286

00:05:50.436 --> 00:05:52.260 it doesn't always have to be  
NOTE Confidence: 0.953590875714286

00:05:52.330 --> 00:05:53.782 war and conflict, though.  
NOTE Confidence: 0.953590875714286

00:05:53.782 --> 00:05:55.896 That's the major reason it could be  
NOTE Confidence: 0.953590875714286

00:05:55.896 --> 00:05:58.120 because they belong to a particular group,  
NOTE Confidence: 0.953590875714286

00:05:58.120 --> 00:05:59.608 or it could even be because  
NOTE Confidence: 0.953590875714286

00:05:59.608 --> 00:06:00.600 of their sexual orientation.  
NOTE Confidence: 0.953590875714286

00:06:00.600 --> 00:06:03.636 For example, we've certainly seen that.  
NOTE Confidence: 0.953590875714286

00:06:03.640 --> 00:06:04.840 So for whatever reason,

NOTE Confidence: 0.953590875714286  
00:06:04.840 --> 00:06:07.032 if they feel persecuted and if they  
NOTE Confidence: 0.953590875714286  
00:06:07.032 --> 00:06:08.697 feel their country cannot protect  
NOTE Confidence: 0.953590875714286  
00:06:08.697 --> 00:06:10.979 them and they've fled their country  
NOTE Confidence: 0.953590875714286  
00:06:10.979 --> 00:06:12.755 and crossed international borders,  
NOTE Confidence: 0.953590875714286  
00:06:12.760 --> 00:06:16.292 than you know they're eligible to  
NOTE Confidence: 0.953590875714286  
00:06:16.292 --> 00:06:20.144 potentially to the help that the  
NOTE Confidence: 0.953590875714286  
00:06:20.144 --> 00:06:23.112 United Nations Health Commissioner  
NOTE Confidence: 0.953590875714286  
00:06:23.112 --> 00:06:26.808 for Refugees UNHCR provides.  
NOTE Confidence: 0.953590875714286  
00:06:26.810 --> 00:06:29.522 But even though refugees,  
NOTE Confidence: 0.953590875714286  
00:06:29.522 --> 00:06:30.878 I mean,  
NOTE Confidence: 0.953590875714286  
00:06:30.880 --> 00:06:32.938 we used loosely used the term for  
NOTE Confidence: 0.953590875714286  
00:06:32.938 --> 00:06:33.526 many categories,  
NOTE Confidence: 0.953590875714286  
00:06:33.530 --> 00:06:34.895 but it's a little important to know,  
NOTE Confidence: 0.953590875714286  
00:06:34.900 --> 00:06:37.846 especially right now with the incoming  
NOTE Confidence: 0.953590875714286  
00:06:37.850 --> 00:06:40.646 Afghani refugees to know some other  
NOTE Confidence: 0.953590875714286

00:06:40.646 --> 00:06:43.889 populations of concern as UNHCR calls them.  
NOTE Confidence: 0.953590875714286

00:06:43.890 --> 00:06:45.814 So internally displaced persons.  
NOTE Confidence: 0.953590875714286

00:06:45.814 --> 00:06:48.700 These are people who are essentially  
NOTE Confidence: 0.953590875714286

00:06:48.771 --> 00:06:51.531 refugees but have not crossed their  
NOTE Confidence: 0.953590875714286

00:06:51.531 --> 00:06:53.930 countries borders for whatever reason.  
NOTE Confidence: 0.953590875714286

00:06:53.930 --> 00:06:57.174 Either they cannot or they could not, but.  
NOTE Confidence: 0.953590875714286

00:06:57.174 --> 00:06:57.788 Unfortunately,  
NOTE Confidence: 0.953590875714286

00:06:57.788 --> 00:07:00.072 we call them IDP's.  
NOTE Confidence: 0.953590875714286

00:07:00.072 --> 00:07:03.166 They don't come under the UNHCR mandate,  
NOTE Confidence: 0.852504655

00:07:03.170 --> 00:07:05.630 and the UNHCR resettlement efforts and  
NOTE Confidence: 0.852504655

00:07:05.630 --> 00:07:07.682 unfortunately these are the largest  
NOTE Confidence: 0.852504655

00:07:07.682 --> 00:07:10.118 group of displaced people in the world  
NOTE Confidence: 0.852504655

00:07:10.118 --> 00:07:12.479 right now and these are not the people  
NOTE Confidence: 0.852504655

00:07:12.479 --> 00:07:14.670 most of us are likely to see unless  
NOTE Confidence: 0.852504655

00:07:14.670 --> 00:07:17.255 we do on the ground work in those  
NOTE Confidence: 0.852504655

00:07:17.255 --> 00:07:19.345 countries where conflict is happening.

NOTE Confidence: 0.852504655

00:07:19.350 --> 00:07:22.346 Asylum seekers also very similar to refugees,

NOTE Confidence: 0.852504655

00:07:22.350 --> 00:07:24.504 but typically either have entered the

NOTE Confidence: 0.852504655

00:07:24.504 --> 00:07:27.120 country in some other way, either EU,

NOTE Confidence: 0.852504655

00:07:27.120 --> 00:07:30.484 S or any other country and are subject

NOTE Confidence: 0.852504655

00:07:30.484 --> 00:07:32.746 to the same parameters of when

NOTE Confidence: 0.852504655

00:07:32.746 --> 00:07:35.430 they can obtain resettlement help,

NOTE Confidence: 0.852504655

00:07:35.430 --> 00:07:38.082 but they did not come through

NOTE Confidence: 0.852504655

00:07:38.082 --> 00:07:39.850 the formal resettlement program.

NOTE Confidence: 0.852504655

00:07:39.850 --> 00:07:41.680 You know, they came here,

NOTE Confidence: 0.852504655

00:07:41.680 --> 00:07:44.278 you know some other means and

NOTE Confidence: 0.852504655

00:07:44.278 --> 00:07:46.700 then they are seeking refuge.

NOTE Confidence: 0.852504655

00:07:46.700 --> 00:07:49.199 And there's also a big category of

NOTE Confidence: 0.852504655

00:07:49.199 --> 00:07:51.315 stateless people. These are people.

NOTE Confidence: 0.852504655

00:07:51.315 --> 00:07:53.640 Sometimes when former States and

NOTE Confidence: 0.852504655

00:07:53.640 --> 00:07:56.246 countries have dissolved or one example

NOTE Confidence: 0.852504655

00:07:56.246 --> 00:07:59.142 is now the Myanmar refugees who live  
NOTE Confidence: 0.852504655

00:07:59.142 --> 00:08:01.217 in Bangladesh who basically have  
NOTE Confidence: 0.852504655

00:08:01.217 --> 00:08:03.792 no identity who have not recognized  
NOTE Confidence: 0.852504655

00:08:03.792 --> 00:08:06.528 either in their country that they  
NOTE Confidence: 0.852504655

00:08:06.528 --> 00:08:08.992 you know temporarily being hosted  
NOTE Confidence: 0.852504655

00:08:08.992 --> 00:08:11.926 or or in their native country.  
NOTE Confidence: 0.852504655

00:08:11.930 --> 00:08:13.946 So there are ethnic groups sometimes  
NOTE Confidence: 0.852504655

00:08:13.946 --> 00:08:16.327 that that have no recognition by.  
NOTE Confidence: 0.852504655

00:08:16.327 --> 00:08:18.910 You know any state and so we call them  
NOTE Confidence: 0.852504655

00:08:18.986 --> 00:08:21.586 stateless people which is complicated.  
NOTE Confidence: 0.852504655

00:08:21.590 --> 00:08:24.020 Sometimes generations of children are born  
NOTE Confidence: 0.852504655

00:08:24.020 --> 00:08:27.112 in these camps without a formal identity.  
NOTE Confidence: 0.852504655

00:08:27.112 --> 00:08:30.370 And then what we call the SVS,  
NOTE Confidence: 0.852504655

00:08:30.370 --> 00:08:33.394 they are the special immigrant visa holders.  
NOTE Confidence: 0.852504655

00:08:33.400 --> 00:08:35.548 That's a special program exclusively for  
NOTE Confidence: 0.852504655

00:08:35.548 --> 00:08:37.727 Iraq and Afghanistan for obvious reasons

NOTE Confidence: 0.852504655

00:08:37.727 --> 00:08:40.128 because of EU S military presence there.

NOTE Confidence: 0.852504655

00:08:40.130 --> 00:08:41.435 There's a special program where

NOTE Confidence: 0.852504655

00:08:41.435 --> 00:08:43.446 they don't have to go through the

NOTE Confidence: 0.852504655

00:08:43.446 --> 00:08:45.066 whole vetting process of refugees,

NOTE Confidence: 0.852504655

00:08:45.070 --> 00:08:46.974 but they can be.

NOTE Confidence: 0.852504655

00:08:46.974 --> 00:08:47.926 I mean,

NOTE Confidence: 0.852504655

00:08:47.930 --> 00:08:49.407 they're still go through a vetting process,

NOTE Confidence: 0.852504655

00:08:49.410 --> 00:08:52.133 but they can come directly from their

NOTE Confidence: 0.852504655

00:08:52.133 --> 00:08:55.283 country to the US and not go through

NOTE Confidence: 0.852504655

00:08:55.283 --> 00:08:57.709 the formal process of fleeing and

NOTE Confidence: 0.852504655

00:08:57.709 --> 00:09:00.337 going and registering with UNHCR etc.

NOTE Confidence: 0.852504655

00:09:00.340 --> 00:09:03.116 And you know we were getting mostly from

NOTE Confidence: 0.852504655

00:09:03.116 --> 00:09:05.989 Iraq in the early years of the 2000s,

NOTE Confidence: 0.852504655

00:09:05.990 --> 00:09:08.370 and and now you know,

NOTE Confidence: 0.852504655

00:09:08.370 --> 00:09:10.150 we're getting more from Afghanistan.

NOTE Confidence: 0.852504655

00:09:10.150 --> 00:09:11.690 And I'll talk a little bit more  
NOTE Confidence: 0.852504655

00:09:11.690 --> 00:09:12.922 about this later.  
NOTE Confidence: 0.852504655

00:09:12.922 --> 00:09:16.464 So just to put things in perspective,  
NOTE Confidence: 0.852504655

00:09:16.470 --> 00:09:19.151 even though more than 80 million people  
NOTE Confidence: 0.852504655

00:09:19.151 --> 00:09:21.229 are forcibly displaced at this point,  
NOTE Confidence: 0.852504655

00:09:21.230 --> 00:09:22.370 which if you think about it,  
NOTE Confidence: 0.852504655

00:09:22.370 --> 00:09:24.586 is like a fourth of the US population.  
NOTE Confidence: 0.852504655

00:09:24.590 --> 00:09:25.850 You know which if you think about  
NOTE Confidence: 0.852504655

00:09:25.850 --> 00:09:27.578 it that way, it's it's pretty,  
NOTE Confidence: 0.852504655

00:09:27.578 --> 00:09:30.520 it's it's, it's sad.  
NOTE Confidence: 0.852504655

00:09:30.520 --> 00:09:33.544 And unfortunately of them only 20 million  
NOTE Confidence: 0.852504655

00:09:33.544 --> 00:09:36.220 are actually under the UNHCR mandate,  
NOTE Confidence: 0.852504655

00:09:36.220 --> 00:09:37.636 and as I was saying earlier,  
NOTE Confidence: 0.852504655

00:09:37.640 --> 00:09:40.260 the IDP's internally displaced  
NOTE Confidence: 0.852504655

00:09:40.260 --> 00:09:42.569 people are the largest number.  
NOTE Confidence: 0.852504655

00:09:42.569 --> 00:09:44.234 And then there are some



NOTE Confidence: 0.852504655

00:09:44.234 --> 00:09:45.520 other categories including.

NOTE Confidence: 0.852504655

00:09:45.520 --> 00:09:48.138 Now we include in the displaced numbers.

NOTE Confidence: 0.852504655

00:09:48.140 --> 00:09:50.235 The Venezuelans have been forced

NOTE Confidence: 0.852504655

00:09:50.235 --> 00:09:52.330 to flee for economic reasons.

NOTE Confidence: 0.852504655

00:09:52.330 --> 00:09:54.838 But basically what the UNHCR estimates.

NOTE Confidence: 0.852504655

00:09:54.840 --> 00:09:57.906 It's about one and 120 or so.

NOTE Confidence: 0.852504655

00:09:57.910 --> 00:10:00.155 People are basically forcibly displaced

NOTE Confidence: 0.852504655

00:10:00.155 --> 00:10:03.378 and I think more than 25 people

NOTE Confidence: 0.852504655

00:10:03.378 --> 00:10:05.638 every minute are being displaced.

NOTE Confidence: 0.852504655

00:10:05.640 --> 00:10:07.962 I mean by the time we finish this talk,

NOTE Confidence: 0.852504655

00:10:07.970 --> 00:10:09.825 there's going to be a few hundred

NOTE Confidence: 0.852504655

00:10:09.825 --> 00:10:11.250 more that are displaced.

NOTE Confidence: 0.852504655

00:10:11.250 --> 00:10:11.598 Uhm,

NOTE Confidence: 0.852504655

00:10:11.598 --> 00:10:13.686 show where do they come from?

NOTE Confidence: 0.852504655

00:10:13.690 --> 00:10:15.643 I mean now we hear Afghanistan all the time,

NOTE Confidence: 0.892695901818182

00:10:15.650 --> 00:10:17.729 but Syria has and actually continues to  
NOTE Confidence: 0.892695901818182

00:10:17.729 --> 00:10:20.089 be the one that's producing the largest  
NOTE Confidence: 0.892695901818182

00:10:20.089 --> 00:10:22.849 number of refugees in the last few years.  
NOTE Confidence: 0.892695901818182

00:10:22.850 --> 00:10:24.294 And again, not necessarily.  
NOTE Confidence: 0.892695901818182

00:10:24.294 --> 00:10:27.360 Doesn't mean that we see them here in EU  
NOTE Confidence: 0.892695901818182

00:10:27.360 --> 00:10:29.806 S But you know they're formed the largest  
NOTE Confidence: 0.892695901818182

00:10:29.806 --> 00:10:34.369 number of displaced people. And then.  
NOTE Confidence: 0.892695901818182

00:10:34.370 --> 00:10:36.368 Outside and there's like ongoing conflict,  
NOTE Confidence: 0.892695901818182

00:10:36.370 --> 00:10:37.478 and then, of course,  
NOTE Confidence: 0.892695901818182

00:10:37.478 --> 00:10:39.140 Afghanistan and me and Mark that  
NOTE Confidence: 0.892695901818182

00:10:39.201 --> 00:10:41.102 I briefly mentioned, so these are.  
NOTE Confidence: 0.892695901818182

00:10:41.102 --> 00:10:42.522 These are the top countries  
NOTE Confidence: 0.892695901818182

00:10:42.522 --> 00:10:44.008 that we see refugees from.  
NOTE Confidence: 0.892695901818182

00:10:44.008 --> 00:10:46.381 But just to remember that the ones  
NOTE Confidence: 0.892695901818182

00:10:46.381 --> 00:10:48.445 that we see here are a fraction  
NOTE Confidence: 0.892695901818182

00:10:48.445 --> 00:10:50.499 of the people who are displaced.

NOTE Confidence: 0.892695901818182  
00:10:50.500 --> 00:10:53.041 And most of these people are actually  
NOTE Confidence: 0.892695901818182  
00:10:53.041 --> 00:10:54.810 hosted in neighboring countries.  
NOTE Confidence: 0.892695901818182  
00:10:54.810 --> 00:10:55.562 For example,  
NOTE Confidence: 0.892695901818182  
00:10:55.562 --> 00:10:57.818 the Afghanis are mostly in Pakistan  
NOTE Confidence: 0.892695901818182  
00:10:57.818 --> 00:11:00.690 or Iran are you know people  
NOTE Confidence: 0.892695901818182  
00:11:00.690 --> 00:11:03.870 from city are mostly in Lebanon,  
NOTE Confidence: 0.892695901818182  
00:11:03.870 --> 00:11:04.971 Jordan and Turkey.  
NOTE Confidence: 0.892695901818182  
00:11:04.971 --> 00:11:07.173 So those are the countries that  
NOTE Confidence: 0.892695901818182  
00:11:07.173 --> 00:11:09.446 are really hosting the largest  
NOTE Confidence: 0.892695901818182  
00:11:09.446 --> 00:11:10.817 numbers of refugees.  
NOTE Confidence: 0.892695901818182  
00:11:10.820 --> 00:11:12.962 But what happens in the resettlement  
NOTE Confidence: 0.892695901818182  
00:11:12.962 --> 00:11:15.054 program and every country has its  
NOTE Confidence: 0.892695901818182  
00:11:15.054 --> 00:11:16.866 own pathway which is very similar.  
NOTE Confidence: 0.892695901818182  
00:11:16.870 --> 00:11:19.135 So once the UNHCR identifies  
NOTE Confidence: 0.892695901818182  
00:11:19.135 --> 00:11:21.400 somebody as qualifying for refugee  
NOTE Confidence: 0.892695901818182

00:11:21.474 --> 00:11:23.919 resettlement and always the first.  
NOTE Confidence: 0.867568296666667

00:11:26.350 --> 00:11:27.710 Attempt is to repatriate if  
NOTE Confidence: 0.867568296666667

00:11:27.710 --> 00:11:29.333 the conflict in the region is  
NOTE Confidence: 0.867568296666667

00:11:29.333 --> 00:11:30.789 over and it's safe to go back.  
NOTE Confidence: 0.867568296666667

00:11:30.790 --> 00:11:32.062 That's always the goal,  
NOTE Confidence: 0.867568296666667

00:11:32.062 --> 00:11:33.970 but often that's not the case.  
NOTE Confidence: 0.867568296666667

00:11:33.970 --> 00:11:36.340 So then when they're eligible for  
NOTE Confidence: 0.867568296666667

00:11:36.340 --> 00:11:38.102 resettlement, then UNHCR refers  
NOTE Confidence: 0.867568296666667

00:11:38.102 --> 00:11:40.826 them to the relevant country and  
NOTE Confidence: 0.867568296666667

00:11:40.826 --> 00:11:43.586 that's depends on a lot of factors.  
NOTE Confidence: 0.867568296666667

00:11:43.590 --> 00:11:44.930 Which country, depending on whether  
NOTE Confidence: 0.867568296666667

00:11:44.930 --> 00:11:46.909 they have other ties in that country,  
NOTE Confidence: 0.867568296666667

00:11:46.910 --> 00:11:48.938 whether there's always a good population  
NOTE Confidence: 0.867568296666667

00:11:48.938 --> 00:11:51.029 from that region in the country.  
NOTE Confidence: 0.867568296666667

00:11:51.030 --> 00:11:53.046 There's a lot of factors that go  
NOTE Confidence: 0.867568296666667

00:11:53.046 --> 00:11:54.609 into deciding who goes where,

NOTE Confidence: 0.867568296666667  
00:11:54.610 --> 00:11:55.945 and obviously the.  
NOTE Confidence: 0.867568296666667  
00:11:55.945 --> 00:11:58.170 The restrictions of each country,  
NOTE Confidence: 0.867568296666667  
00:11:58.170 --> 00:12:00.564 but after that it's a multi step  
NOTE Confidence: 0.867568296666667  
00:12:00.564 --> 00:12:02.074 process where they're cleared  
NOTE Confidence: 0.867568296666667  
00:12:02.074 --> 00:12:04.134 both for security reasons and  
NOTE Confidence: 0.867568296666667  
00:12:04.134 --> 00:12:05.782 then for medical screening.  
NOTE Confidence: 0.867568296666667  
00:12:05.790 --> 00:12:08.736 It's multiple layers of screenings and  
NOTE Confidence: 0.867568296666667  
00:12:08.736 --> 00:12:12.546 this process even for an SIV can be like  
NOTE Confidence: 0.867568296666667  
00:12:12.546 --> 00:12:15.289 two years and it usually is 2 years.  
NOTE Confidence: 0.867568296666667  
00:12:15.290 --> 00:12:16.800 But for refugees who have  
NOTE Confidence: 0.867568296666667  
00:12:16.800 --> 00:12:18.890 fled to camps and are waiting,  
NOTE Confidence: 0.867568296666667  
00:12:18.890 --> 00:12:20.755 sometimes it's years and years  
NOTE Confidence: 0.867568296666667  
00:12:20.755 --> 00:12:22.976 and I've seen people from the  
NOTE Confidence: 0.867568296666667  
00:12:22.976 --> 00:12:25.264 Congo who come to the US 20 years  
NOTE Confidence: 0.867568296666667  
00:12:25.264 --> 00:12:27.090 after their trauma happened.  
NOTE Confidence: 0.867568296666667

00:12:27.090 --> 00:12:28.917 So it's it's a very prolonged process,  
NOTE Confidence: 0.867568296666667

00:12:28.920 --> 00:12:31.545 but once they come here then they're  
NOTE Confidence: 0.867568296666667

00:12:31.550 --> 00:12:34.420 connected to a resettlement agency.  
NOTE Confidence: 0.867568296666667

00:12:34.420 --> 00:12:37.076 There are about 10 agencies in EU S,  
NOTE Confidence: 0.867568296666667

00:12:37.080 --> 00:12:39.498 and each works with local affiliates  
NOTE Confidence: 0.867568296666667

00:12:39.498 --> 00:12:42.479 and they work on the resettlement.  
NOTE Confidence: 0.867568296666667

00:12:42.480 --> 00:12:43.380 Health is one of them,  
NOTE Confidence: 0.867568296666667

00:12:43.380 --> 00:12:45.030 but they work on multiple  
NOTE Confidence: 0.867568296666667

00:12:45.030 --> 00:12:46.020 aspects of resettlement.  
NOTE Confidence: 0.867568296666667

00:12:46.020 --> 00:12:48.198 So for EU S itself US used to have  
NOTE Confidence: 0.867568296666667

00:12:48.198 --> 00:12:50.604 the distinction of hosting the largest  
NOTE Confidence: 0.867568296666667

00:12:50.604 --> 00:12:53.049 number of refugees that changed a  
NOTE Confidence: 0.867568296666667

00:12:53.049 --> 00:12:54.995 little bit in the last few years.  
NOTE Confidence: 0.867568296666667

00:12:55.000 --> 00:12:57.368 We'll have to see how the trend is.  
NOTE Confidence: 0.867568296666667

00:12:57.370 --> 00:12:58.610 Going forward,  
NOTE Confidence: 0.867568296666667

00:12:58.610 --> 00:12:59.230 historically,

NOTE Confidence: 0.867568296666667  
00:12:59.230 --> 00:13:02.017 it's averaged about 95,000 a year,  
NOTE Confidence: 0.867568296666667  
00:13:02.017 --> 00:13:04.370 but that's just the ceiling that EU S.  
NOTE Confidence: 0.867568296666667  
00:13:04.370 --> 00:13:06.250 The government decides doesn't mean.  
NOTE Confidence: 0.867568296666667  
00:13:06.250 --> 00:13:08.230 Every year we're able to resettle  
NOTE Confidence: 0.867568296666667  
00:13:08.230 --> 00:13:10.213 that many because there's you need  
NOTE Confidence: 0.867568296666667  
00:13:10.213 --> 00:13:12.019 the personal you need the funding.  
NOTE Confidence: 0.867568296666667  
00:13:12.020 --> 00:13:13.675 Sometimes even if we haven't  
NOTE Confidence: 0.867568296666667  
00:13:13.675 --> 00:13:14.668 crossed the ceiling,  
NOTE Confidence: 0.867568296666667  
00:13:14.670 --> 00:13:15.936 you may not have the resources  
NOTE Confidence: 0.867568296666667  
00:13:15.936 --> 00:13:16.780 to resettle that many.  
NOTE Confidence: 0.867568296666667  
00:13:16.780 --> 00:13:19.036 Which kind of happened last year with Kovid.  
NOTE Confidence: 0.867568296666667  
00:13:19.040 --> 00:13:21.546 The ceiling itself was low this year  
NOTE Confidence: 0.867568296666667  
00:13:21.550 --> 00:13:24.210 because of the prior administration,  
NOTE Confidence: 0.867568296666667  
00:13:24.210 --> 00:13:25.470 both last year and this year,  
NOTE Confidence: 0.867568296666667  
00:13:25.470 --> 00:13:27.780 but we settled even fewer.  
NOTE Confidence: 0.867568296666667

00:13:27.780 --> 00:13:30.100 And to give you an example like of.  
NOTE Confidence: 0.5776753125

00:13:32.410 --> 00:13:37.144 How few we resolved. In Connecticut,  
NOTE Confidence: 0.5776753125

00:13:37.144 --> 00:13:40.006 I think we in the last.  
NOTE Confidence: 0.73864699

00:13:42.740 --> 00:13:46.324 Year in the last 12 months we we  
NOTE Confidence: 0.73864699

00:13:46.324 --> 00:13:48.934 only resettled under 150 people  
NOTE Confidence: 0.73864699

00:13:48.934 --> 00:13:51.769 that that's like very very.  
NOTE Confidence: 0.73864699

00:13:51.770 --> 00:13:53.610 Few, and that's in part  
NOTE Confidence: 0.73864699

00:13:53.610 --> 00:13:55.082 because of multiple reasons,  
NOTE Confidence: 0.73864699

00:13:55.090 --> 00:13:57.916 including kovid this year you probably  
NOTE Confidence: 0.73864699

00:13:57.916 --> 00:14:00.778 heard President Biden talk about his  
NOTE Confidence: 0.73864699

00:14:00.778 --> 00:14:03.654 intent to resettle about 95,000 Afghani  
NOTE Confidence: 0.73864699

00:14:03.654 --> 00:14:05.826 refugees in the next several months.  
NOTE Confidence: 0.73864699

00:14:05.830 --> 00:14:07.795 That's not counted towards the  
NOTE Confidence: 0.73864699

00:14:07.795 --> 00:14:10.323 overall cap that was set earlier  
NOTE Confidence: 0.73864699

00:14:10.323 --> 00:14:12.267 before the Afghani crisis,  
NOTE Confidence: 0.73864699

00:14:12.270 --> 00:14:14.174 yet set the cap at 62,000,



NOTE Confidence: 0.73864699  
00:14:14.174 --> 00:14:16.898 so that's that's a separate number.  
NOTE Confidence: 0.73864699  
00:14:16.900 --> 00:14:18.898 So even though like I said,  
NOTE Confidence: 0.73864699  
00:14:18.900 --> 00:14:21.516 you know we're seeing the influx  
NOTE Confidence: 0.73864699  
00:14:21.516 --> 00:14:23.260 from Syria and Afghanistan,  
NOTE Confidence: 0.73864699  
00:14:23.260 --> 00:14:25.450 the people coming into the country  
NOTE Confidence: 0.73864699  
00:14:25.450 --> 00:14:27.327 are not necessarily them just  
NOTE Confidence: 0.73864699  
00:14:27.327 --> 00:14:29.756 because of all the various bans and  
NOTE Confidence: 0.73864699  
00:14:29.756 --> 00:14:31.630 restrictions on certain countries.  
NOTE Confidence: 0.73864699  
00:14:31.630 --> 00:14:33.667 EU S was seeing more people from  
NOTE Confidence: 0.73864699  
00:14:33.667 --> 00:14:34.920 Democratic Republic of Congo,  
NOTE Confidence: 0.73864699  
00:14:34.920 --> 00:14:35.598 for example,  
NOTE Confidence: 0.73864699  
00:14:35.598 --> 00:14:37.293 and it's very regional like  
NOTE Confidence: 0.73864699  
00:14:37.293 --> 00:14:38.822 Connecticut might see something  
NOTE Confidence: 0.73864699  
00:14:38.822 --> 00:14:40.618 very different from California,  
NOTE Confidence: 0.73864699  
00:14:40.620 --> 00:14:43.288 but these are just.  
NOTE Confidence: 0.73864699

00:14:43.290 --> 00:14:46.008 Just to give you an idea of some other

NOTE Confidence: 0.73864699

00:14:46.008 --> 00:14:48.020 countries that we see refugees from.

NOTE Confidence: 0.73864699

00:14:48.020 --> 00:14:50.996 And in terms of the states,

NOTE Confidence: 0.73864699

00:14:51.000 --> 00:14:53.418 it's often like the bigger states

NOTE Confidence: 0.73864699

00:14:53.418 --> 00:14:56.140 that tend to resettle more refugees.

NOTE Confidence: 0.73864699

00:14:56.140 --> 00:14:58.318 The list here is, you know,

NOTE Confidence: 0.73864699

00:14:58.320 --> 00:15:01.422 the top ten states in terms

NOTE Confidence: 0.73864699

00:15:01.422 --> 00:15:02.973 of larger numbers.

NOTE Confidence: 0.73864699

00:15:02.980 --> 00:15:05.740 In Connecticut, like I was saying.

NOTE Confidence: 0.73864699

00:15:05.740 --> 00:15:07.252 You know from last October to

NOTE Confidence: 0.73864699

00:15:07.252 --> 00:15:08.780 this August was was very few.

NOTE Confidence: 0.73864699

00:15:08.780 --> 00:15:11.440 We just we just had quite a bit of a dip,

NOTE Confidence: 0.73864699

00:15:11.440 --> 00:15:14.332 but these fluctuate a lot back

NOTE Confidence: 0.73864699

00:15:14.332 --> 00:15:16.870 in 2016 if people remember that's

NOTE Confidence: 0.73864699

00:15:16.870 --> 00:15:19.650 when there was a lot of like.

NOTE Confidence: 0.73864699

00:15:19.650 --> 00:15:21.639 We saw a lot of things in the media

NOTE Confidence: 0.73864699

00:15:21.639 --> 00:15:23.129 about the refugees fleeing Syria

NOTE Confidence: 0.73864699

00:15:23.129 --> 00:15:24.941 and the Middle East on board,

NOTE Confidence: 0.73864699

00:15:24.950 --> 00:15:27.330 and many of them capsizing and dying.

NOTE Confidence: 0.73864699

00:15:27.330 --> 00:15:31.506 And that time there was also some terror

NOTE Confidence: 0.73864699

00:15:31.506 --> 00:15:33.888 attacks in Europe and many states in EU.

NOTE Confidence: 0.73864699

00:15:33.890 --> 00:15:34.716 S said.

NOTE Confidence: 0.73864699

00:15:34.716 --> 00:15:38.020 Like we don't want to take these refugees.

NOTE Confidence: 0.73864699

00:15:38.020 --> 00:15:40.222 Connecticut was one of the states

NOTE Confidence: 0.73864699

00:15:40.222 --> 00:15:42.251 where the Governor Malloy made made

NOTE Confidence: 0.73864699

00:15:42.251 --> 00:15:43.938 it a point to very publicly say

NOTE Confidence: 0.73864699

00:15:43.938 --> 00:15:45.897 that he wanted a few just to come,

NOTE Confidence: 0.73864699

00:15:45.900 --> 00:15:47.727 so we actually had more that year.

NOTE Confidence: 0.73864699

00:15:47.730 --> 00:15:50.916 Typically in Connecticut we have about

NOTE Confidence: 0.73864699

00:15:50.920 --> 00:15:54.736 500 that year we had almost 1000 refugees.

NOTE Confidence: 0.73864699

00:15:54.740 --> 00:15:56.287 So so it it fluctuates a lot

NOTE Confidence: 0.73864699

00:15:56.287 --> 00:15:57.552 depending on not just what  
NOTE Confidence: 0.73864699

00:15:57.552 --> 00:15:59.208 conflict is happening in the world,  
NOTE Confidence: 0.73864699

00:15:59.210 --> 00:16:02.336 but just what's happening internally too.  
NOTE Confidence: 0.73864699

00:16:02.340 --> 00:16:03.888 So with that I'm just going  
NOTE Confidence: 0.73864699

00:16:03.888 --> 00:16:05.965 to move on to what, uh,  
NOTE Confidence: 0.73864699

00:16:05.965 --> 00:16:08.935 we know about their mental health.  
NOTE Confidence: 0.73864699

00:16:08.935 --> 00:16:11.662 So I just like to think of this  
NOTE Confidence: 0.73864699

00:16:11.662 --> 00:16:13.562 other people here probably know  
NOTE Confidence: 0.73864699

00:16:13.562 --> 00:16:16.132 more about sort of how the roots  
NOTE Confidence: 0.73864699

00:16:16.132 --> 00:16:18.407 of resilience and how we we think  
NOTE Confidence: 0.73864699

00:16:18.410 --> 00:16:19.666 about the refugee experience.  
NOTE Confidence: 0.73864699

00:16:19.666 --> 00:16:22.539 And I sort of want to say that we try  
NOTE Confidence: 0.73864699

00:16:22.540 --> 00:16:24.598 not to pathologize what they have  
NOTE Confidence: 0.73864699

00:16:24.598 --> 00:16:26.610 and give them psychiatric diagnosis.  
NOTE Confidence: 0.73864699

00:16:26.610 --> 00:16:29.910 It's really understanding the  
NOTE Confidence: 0.73864699

00:16:29.910 --> 00:16:33.210 refugee experience in totality.

NOTE Confidence: 0.73864699

00:16:33.210 --> 00:16:35.950 So I like this model,

NOTE Confidence: 0.73864699

00:16:35.950 --> 00:16:38.530 it's it's the development after

NOTE Confidence: 0.73864699

00:16:38.530 --> 00:16:41.110 persecution and trauma and adaptation.

NOTE Confidence: 0.73864699

00:16:41.110 --> 00:16:44.318 And it just talks about how like these

NOTE Confidence: 0.73864699

00:16:44.318 --> 00:16:46.588 the psychosocial pillars are eroded.

NOTE Confidence: 0.73864699

00:16:46.590 --> 00:16:48.767 You know your basic sense of safety,

NOTE Confidence: 0.73864699

00:16:48.770 --> 00:16:49.208 you know,

NOTE Confidence: 0.73864699

00:16:49.208 --> 00:16:50.522 just going out and being able

NOTE Confidence: 0.73864699

00:16:50.522 --> 00:16:52.139 to do your day-to-day chores,

NOTE Confidence: 0.73864699

00:16:52.140 --> 00:16:53.870 your interpersonal bonds, you know.

NOTE Confidence: 0.73864699

00:16:53.870 --> 00:16:55.410 Friends may have become enemies.

NOTE Confidence: 0.838014112

00:16:55.410 --> 00:16:56.900 Enemies may have become friends.

NOTE Confidence: 0.838014112

00:16:56.900 --> 00:16:59.518 You know when there's a lot of

NOTE Confidence: 0.838014112

00:16:59.518 --> 00:17:00.950 interethnic conflicts and also.

NOTE Confidence: 0.838014112

00:17:00.950 --> 00:17:02.650 You know, within your family

NOTE Confidence: 0.838014112

00:17:02.650 --> 00:17:04.818 some of you may have been  
NOTE Confidence: 0.838014112

00:17:04.818 --> 00:17:06.603 able to escape and resettle.  
NOTE Confidence: 0.838014112

00:17:06.610 --> 00:17:07.846 Some have not.  
NOTE Confidence: 0.838014112

00:17:07.846 --> 00:17:10.730 And you know this can clearly fracture  
NOTE Confidence: 0.838014112

00:17:10.815 --> 00:17:13.431 your bonds with your community and  
NOTE Confidence: 0.838014112

00:17:13.431 --> 00:17:16.109 just your basic sense of justice.  
NOTE Confidence: 0.838014112

00:17:16.110 --> 00:17:18.036 You know when when your state  
NOTE Confidence: 0.838014112

00:17:18.036 --> 00:17:20.110 has not been able to help you  
NOTE Confidence: 0.838014112

00:17:20.110 --> 00:17:22.310 and do do you know what what's  
NOTE Confidence: 0.838014112

00:17:22.310 --> 00:17:25.090 needed to protect you and lots of  
NOTE Confidence: 0.838014112

00:17:25.090 --> 00:17:27.006 shifting roles and identities.  
NOTE Confidence: 0.838014112

00:17:27.010 --> 00:17:30.060 This we see a lot.  
NOTE Confidence: 0.838014112

00:17:30.060 --> 00:17:32.181 Within who you were before you came  
NOTE Confidence: 0.838014112

00:17:32.181 --> 00:17:34.417 and then during your path of migration  
NOTE Confidence: 0.838014112

00:17:34.417 --> 00:17:36.850 and after you resettle who you are now.  
NOTE Confidence: 0.838014112

00:17:36.850 --> 00:17:37.466 I mean,

NOTE Confidence: 0.838014112

00:17:37.466 --> 00:17:40.148 this shifts a lot and you know just

NOTE Confidence: 0.838014112

00:17:40.148 --> 00:17:43.000 just a basic sense of who we are.

NOTE Confidence: 0.903002534285714

00:17:45.140 --> 00:17:46.848 That's not to say it's all bad,

NOTE Confidence: 0.903002534285714

00:17:46.850 --> 00:17:48.788 so these are all, even though

NOTE Confidence: 0.903002534285714

00:17:48.788 --> 00:17:50.810 we see these things happening.

NOTE Confidence: 0.903002534285714

00:17:50.810 --> 00:17:51.990 I mean, there's a significant

NOTE Confidence: 0.903002534285714

00:17:51.990 --> 00:17:52.698 amount of resilience.

NOTE Confidence: 0.903002534285714

00:17:52.700 --> 00:17:56.150 Also that we see and people

NOTE Confidence: 0.903002534285714

00:17:56.150 --> 00:17:58.940 do develop and grow so.

NOTE Confidence: 0.903002534285714

00:17:58.940 --> 00:18:03.064 In terms of like what you know or the

NOTE Confidence: 0.903002534285714

00:18:03.064 --> 00:18:06.034 potential factors for people you know,

NOTE Confidence: 0.903002534285714

00:18:06.034 --> 00:18:08.058 having good outcomes are

NOTE Confidence: 0.903002534285714

00:18:08.060 --> 00:18:08.812 developing resilience.

NOTE Confidence: 0.903002534285714

00:18:08.812 --> 00:18:11.444 A lot of it is personal qualities

NOTE Confidence: 0.903002534285714

00:18:11.444 --> 00:18:13.359 of how adaptable they are,

NOTE Confidence: 0.903002534285714

00:18:13.360 --> 00:18:15.180 but also like community support,  
NOTE Confidence: 0.903002534285714

00:18:15.180 --> 00:18:16.980 and that's where it's important  
NOTE Confidence: 0.903002534285714

00:18:16.980 --> 00:18:18.060 where they resettle.  
NOTE Confidence: 0.903002534285714

00:18:18.060 --> 00:18:21.484 And what the community can do for them.  
NOTE Confidence: 0.903002534285714

00:18:21.490 --> 00:18:23.320 And if there's if they're reselling  
NOTE Confidence: 0.903002534285714

00:18:23.320 --> 00:18:25.427 to area where there's a significant  
NOTE Confidence: 0.903002534285714

00:18:25.427 --> 00:18:26.678 amount of discrimination.  
NOTE Confidence: 0.903002534285714

00:18:26.680 --> 00:18:28.396 And if there's not much support  
NOTE Confidence: 0.903002534285714

00:18:28.396 --> 00:18:30.177 for them in terms of language  
NOTE Confidence: 0.903002534285714

00:18:30.177 --> 00:18:31.887 or whatever else it may be,  
NOTE Confidence: 0.903002534285714

00:18:31.890 --> 00:18:33.150 then that can be a problem.  
NOTE Confidence: 0.903002534285714

00:18:33.150 --> 00:18:35.438 And I sort of alluded to the labeling.  
NOTE Confidence: 0.903002534285714

00:18:35.440 --> 00:18:38.430 We try not to pathologize, you know,  
NOTE Confidence: 0.903002534285714

00:18:38.430 --> 00:18:40.740 we talked at one of our conferences  
NOTE Confidence: 0.903002534285714

00:18:40.740 --> 00:18:43.409 about when do you actually like label it?  
NOTE Confidence: 0.903002534285714

00:18:43.410 --> 00:18:44.346 Like when do you?



NOTE Confidence: 0.903002534285714  
00:18:44.346 --> 00:18:45.048 When do you?  
NOTE Confidence: 0.903002534285714  
00:18:45.050 --> 00:18:47.218 When does that refugees stop being a refugee?  
NOTE Confidence: 0.903002534285714  
00:18:47.220 --> 00:18:47.792 You know,  
NOTE Confidence: 0.903002534285714  
00:18:47.792 --> 00:18:49.794 that's that's a question that you know.  
NOTE Confidence: 0.903002534285714  
00:18:49.800 --> 00:18:51.402 Sometimes we debate,  
NOTE Confidence: 0.903002534285714  
00:18:51.402 --> 00:18:54.606 but the point is generally that.  
NOTE Confidence: 0.903002534285714  
00:18:54.610 --> 00:18:58.420 There are external factors that can.  
NOTE Confidence: 0.903002534285714  
00:18:58.420 --> 00:19:01.480 Promote resilience and promote  
NOTE Confidence: 0.903002534285714  
00:19:01.480 --> 00:19:03.010 refugees succeeding.  
NOTE Confidence: 0.903002534285714  
00:19:03.010 --> 00:19:05.323 And I also just wanted to make a point  
NOTE Confidence: 0.903002534285714  
00:19:05.323 --> 00:19:07.483 that we talked a lot about sort of  
NOTE Confidence: 0.903002534285714  
00:19:07.483 --> 00:19:09.768 trauma and the experience of migration,  
NOTE Confidence: 0.903002534285714  
00:19:09.770 --> 00:19:11.710 but then also what happens  
NOTE Confidence: 0.903002534285714  
00:19:11.710 --> 00:19:13.262 after they come here.  
NOTE Confidence: 0.903002534285714  
00:19:13.270 --> 00:19:15.237 And clearly my view is skewed because  
NOTE Confidence: 0.903002534285714

00:19:15.237 --> 00:19:17.168 that's the majority of people that I see,  
NOTE Confidence: 0.903002534285714

00:19:17.170 --> 00:19:20.362 but I see tremendous amount of  
NOTE Confidence: 0.903002534285714

00:19:20.362 --> 00:19:22.490 challenges and difficulty adjusting  
NOTE Confidence: 0.903002534285714

00:19:22.578 --> 00:19:25.430 and there's there was, you know,  
NOTE Confidence: 0.903002534285714

00:19:25.430 --> 00:19:27.685 like some international survey of  
NOTE Confidence: 0.903002534285714

00:19:27.685 --> 00:19:29.940 like looking at several countries.  
NOTE Confidence: 0.903002534285714

00:19:29.940 --> 00:19:31.272 Where they looked at youth and  
NOTE Confidence: 0.903002534285714

00:19:31.272 --> 00:19:32.880 and this was not just refugees,  
NOTE Confidence: 0.903002534285714

00:19:32.880 --> 00:19:33.858 but migrants too.  
NOTE Confidence: 0.903002534285714

00:19:33.858 --> 00:19:36.140 And they found that for the most  
NOTE Confidence: 0.903002534285714

00:19:36.208 --> 00:19:38.098 part youth do integrate well,  
NOTE Confidence: 0.903002534285714

00:19:38.100 --> 00:19:40.404 which is basically like able to  
NOTE Confidence: 0.903002534285714

00:19:40.404 --> 00:19:42.293 maintain their own identity but  
NOTE Confidence: 0.903002534285714

00:19:42.293 --> 00:19:44.700 also able to adapt their value and  
NOTE Confidence: 0.903002534285714

00:19:44.700 --> 00:19:46.800 relationships with their host society.  
NOTE Confidence: 0.903002534285714

00:19:46.800 --> 00:19:49.544 And so I,

NOTE Confidence: 0.903002534285714

00:19:49.544 --> 00:19:52.129 I think that's definitely important.

NOTE Confidence: 0.903002534285714

00:19:52.130 --> 00:19:56.346 Uhm, but in in the context of refugees,

NOTE Confidence: 0.903002534285714

00:19:56.350 --> 00:19:57.478 I'll talk a little bit about,

NOTE Confidence: 0.903002534285714

00:19:57.480 --> 00:19:59.724 you know some of the refugee

NOTE Confidence: 0.903002534285714

00:19:59.724 --> 00:20:01.220 groups that we see.

NOTE Confidence: 0.903002534285714

00:20:01.220 --> 00:20:04.172 But one important point I want to make

NOTE Confidence: 0.903002534285714

00:20:04.172 --> 00:20:06.867 again here is just the host society.

NOTE Confidence: 0.903002534285714

00:20:06.870 --> 00:20:08.638 You know how much support there is and

NOTE Confidence: 0.903002534285714

00:20:08.638 --> 00:20:10.238 how much experience with migration does

NOTE Confidence: 0.903002534285714

00:20:10.238 --> 00:20:12.660 seem to affect like how well they integrate,

NOTE Confidence: 0.903002534285714

00:20:12.660 --> 00:20:14.178 and this is not just anecdotally.

NOTE Confidence: 0.903002534285714

00:20:14.180 --> 00:20:15.820 I mean people are actually looked at this.

NOTE Confidence: 0.903002534285714

00:20:15.820 --> 00:20:18.655 So when a country has experience with

NOTE Confidence: 0.903002534285714

00:20:18.655 --> 00:20:20.540 migration and welcoming migrants,

NOTE Confidence: 0.903002534285714

00:20:20.540 --> 00:20:22.976 then you know people have a

NOTE Confidence: 0.903002534285714

00:20:22.976 --> 00:20:24.600 better chance of integration.  
NOTE Confidence: 0.903002534285714

00:20:24.600 --> 00:20:26.067 Uhm, so actually,  
NOTE Confidence: 0.903002534285714

00:20:26.067 --> 00:20:26.556 notwithstanding,  
NOTE Confidence: 0.903002534285714

00:20:26.556 --> 00:20:29.490 you know all the things I've  
NOTE Confidence: 0.903002534285714

00:20:29.575 --> 00:20:31.827 said about not pathologizing,  
NOTE Confidence: 0.903002534285714

00:20:31.830 --> 00:20:34.607 you know, PTSD and depression.  
NOTE Confidence: 0.903002534285714

00:20:34.607 --> 00:20:36.802 Having the most studied in  
NOTE Confidence: 0.903002534285714

00:20:36.802 --> 00:20:38.620 among refugee populations.  
NOTE Confidence: 0.903002534285714

00:20:38.620 --> 00:20:41.150 Anxiety disorders comes after that.  
NOTE Confidence: 0.903002534285714

00:20:41.150 --> 00:20:45.910 So in terms of percentages.  
NOTE Confidence: 0.903002534285714

00:20:45.910 --> 00:20:48.700 Approximately like about 30% of refugees  
NOTE Confidence: 0.903002534285714

00:20:48.700 --> 00:20:52.170 seem to present with depression and PTSD.  
NOTE Confidence: 0.903002534285714

00:20:52.170 --> 00:20:54.426 The bar graph on the right is actually  
NOTE Confidence: 0.903002534285714

00:20:54.426 --> 00:20:56.887 a study from like almost 15 years ago.  
NOTE Confidence: 0.903002534285714

00:20:56.890 --> 00:20:58.792 At this point when they look  
NOTE Confidence: 0.903002534285714

00:20:58.792 --> 00:21:00.060 particularly at refugees coming

NOTE Confidence: 0.873602990769231

00:21:00.119 --> 00:21:01.229 to Western countries.

NOTE Confidence: 0.873602990769231

00:21:01.230 --> 00:21:03.270 So resettle in high income countries.

NOTE Confidence: 0.873602990769231

00:21:03.270 --> 00:21:04.090 And if you can see,

NOTE Confidence: 0.873602990769231

00:21:04.090 --> 00:21:06.898 it's sort of surprising the PTSD

NOTE Confidence: 0.873602990769231

00:21:06.900 --> 00:21:09.588 rates are comparable or just they are

NOTE Confidence: 0.873602990769231

00:21:09.588 --> 00:21:12.548 more than the local host populations.

NOTE Confidence: 0.873602990769231

00:21:12.550 --> 00:21:14.485 But you know not by that much and the

NOTE Confidence: 0.873602990769231

00:21:14.485 --> 00:21:15.910 depression maybe even less than some.

NOTE Confidence: 0.873602990769231

00:21:15.910 --> 00:21:19.536 Most populations, so there's a lot of,

NOTE Confidence: 0.873602990769231

00:21:19.540 --> 00:21:21.765 UM, you know discussion on

NOTE Confidence: 0.873602990769231

00:21:21.765 --> 00:21:26.100 sort of the reasons why it was.

NOTE Confidence: 0.873602990769231

00:21:26.100 --> 00:21:26.944 It looked as though,

NOTE Confidence: 0.873602990769231

00:21:26.944 --> 00:21:27.999 like the outcomes were good

NOTE Confidence: 0.873602990769231

00:21:27.999 --> 00:21:29.320 and the high income countries,

NOTE Confidence: 0.873602990769231

00:21:29.320 --> 00:21:32.628 one thing is dumb.

NOTE Confidence: 0.873602990769231

00:21:32.630 --> 00:21:33.950 You know the resettlement these  
NOTE Confidence: 0.873602990769231

00:21:33.950 --> 00:21:35.669 people have been resettled in a place,  
NOTE Confidence: 0.873602990769231

00:21:35.670 --> 00:21:37.569 and they're safe.  
NOTE Confidence: 0.873602990769231

00:21:37.570 --> 00:21:39.820 And the the studies showing higher  
NOTE Confidence: 0.873602990769231

00:21:39.820 --> 00:21:41.811 prevalence of PTSD and depression  
NOTE Confidence: 0.873602990769231

00:21:41.811 --> 00:21:44.349 are usually like across the board.  
NOTE Confidence: 0.873602990769231

00:21:44.350 --> 00:21:45.766 People living in the neighboring countries.  
NOTE Confidence: 0.873602990769231

00:21:45.770 --> 00:21:48.150 People who have, you know,  
NOTE Confidence: 0.873602990769231

00:21:48.150 --> 00:21:51.816 still near areas of conflict so.  
NOTE Confidence: 0.873602990769231

00:21:51.820 --> 00:21:52.738 There's there's a.  
NOTE Confidence: 0.873602990769231

00:21:52.738 --> 00:21:55.540 There's a lot of factors that go into this,  
NOTE Confidence: 0.873602990769231

00:21:55.540 --> 00:21:57.090 but I also wanted to.  
NOTE Confidence: 0.873602990769231

00:21:57.090 --> 00:21:58.658 I like looking at it the other way.  
NOTE Confidence: 0.873602990769231

00:21:58.660 --> 00:22:01.601 Even if you look at the 3035%  
NOTE Confidence: 0.873602990769231

00:22:01.601 --> 00:22:04.034 prevalence of pathology,  
NOTE Confidence: 0.873602990769231

00:22:04.034 --> 00:22:06.845 that's still 70% who actually

NOTE Confidence: 0.873602990769231  
00:22:06.845 --> 00:22:08.820 don't have these two diagnosis,  
NOTE Confidence: 0.873602990769231  
00:22:08.820 --> 00:22:10.890 which are the two most common  
NOTE Confidence: 0.873602990769231  
00:22:10.890 --> 00:22:11.925 diagnosis we study.  
NOTE Confidence: 0.873602990769231  
00:22:11.930 --> 00:22:13.640 But that doesn't mean necessarily.  
NOTE Confidence: 0.873602990769231  
00:22:13.640 --> 00:22:14.316 They're healthy.  
NOTE Confidence: 0.873602990769231  
00:22:14.316 --> 00:22:16.682 We see a lot of somatic symptoms.  
NOTE Confidence: 0.873602990769231  
00:22:16.690 --> 00:22:18.650 We'll see a lot of like partial symptoms.  
NOTE Confidence: 0.873602990769231  
00:22:18.650 --> 00:22:20.626 They may not have a full blown diagnosis,  
NOTE Confidence: 0.873602990769231  
00:22:20.630 --> 00:22:23.066 but they might have some symptoms  
NOTE Confidence: 0.873602990769231  
00:22:23.066 --> 00:22:25.490 that's interfering with her functioning  
NOTE Confidence: 0.873602990769231  
00:22:25.490 --> 00:22:27.394 and stress related behaviors.  
NOTE Confidence: 0.873602990769231  
00:22:27.394 --> 00:22:30.810 We don't see that much substance use  
NOTE Confidence: 0.873602990769231  
00:22:30.810 --> 00:22:33.069 in these populations, but you know,  
NOTE Confidence: 0.873602990769231  
00:22:33.069 --> 00:22:34.707 there could be other personality changes.  
NOTE Confidence: 0.873602990769231  
00:22:34.710 --> 00:22:35.955 Acting out behaviors,  
NOTE Confidence: 0.873602990769231

00:22:35.955 --> 00:22:37.200 especially among youth.  
NOTE Confidence: 0.873602990769231

00:22:37.200 --> 00:22:39.012 There are other things that we  
NOTE Confidence: 0.873602990769231

00:22:39.012 --> 00:22:41.283 could see that that may not be  
NOTE Confidence: 0.873602990769231

00:22:41.283 --> 00:22:42.943 actually like PTSD or depression.  
NOTE Confidence: 0.873602990769231

00:22:42.950 --> 00:22:44.462 So just the I.  
NOTE Confidence: 0.873602990769231

00:22:44.462 --> 00:22:46.352 I just wanted to have,  
NOTE Confidence: 0.873602990769231

00:22:46.360 --> 00:22:46.695 UM.  
NOTE Confidence: 0.873602990769231

00:22:46.695 --> 00:22:48.705 Spend one minute on this because  
NOTE Confidence: 0.873602990769231

00:22:48.705 --> 00:22:51.390 we see this so much so people who  
NOTE Confidence: 0.873602990769231

00:22:51.390 --> 00:22:53.420 see refugees it's it's a very,  
NOTE Confidence: 0.873602990769231

00:22:53.420 --> 00:22:53.910 very  
NOTE Confidence: 0.883494683333333

00:22:56.000 --> 00:22:57.904 frustrating cycle of the  
NOTE Confidence: 0.883494683333333

00:22:57.904 --> 00:22:59.808 interplay of physical symptoms  
NOTE Confidence: 0.883494683333333

00:22:59.808 --> 00:23:02.380 and their psychological health.  
NOTE Confidence: 0.883494683333333

00:23:02.380 --> 00:23:06.130 So the question is, do refugees.  
NOTE Confidence: 0.883494683333333

00:23:06.130 --> 00:23:09.676 Present with more somatic



NOTE Confidence: 0.8834946833333333  
00:23:09.676 --> 00:23:12.728 symptoms than other populations.  
NOTE Confidence: 0.8834946833333333  
00:23:12.730 --> 00:23:13.708 It's kind of hard to know.  
NOTE Confidence: 0.8834946833333333  
00:23:13.710 --> 00:23:16.525 It's difficult to compare across  
NOTE Confidence: 0.8834946833333333  
00:23:16.525 --> 00:23:18.777 studies because populations are  
NOTE Confidence: 0.8834946833333333  
00:23:18.777 --> 00:23:21.376 very heterogeneous and we don't  
NOTE Confidence: 0.8834946833333333  
00:23:21.376 --> 00:23:22.508 necessarily have good numbers.  
NOTE Confidence: 0.8834946833333333  
00:23:22.510 --> 00:23:24.415 They don't use the same  
NOTE Confidence: 0.8834946833333333  
00:23:24.415 --> 00:23:25.177 somatization definitions.  
NOTE Confidence: 0.8834946833333333  
00:23:25.180 --> 00:23:26.902 Some of them use the formal  
NOTE Confidence: 0.8834946833333333  
00:23:26.902 --> 00:23:27.763 somatic symptom disorders,  
NOTE Confidence: 0.8834946833333333  
00:23:27.770 --> 00:23:29.506 some of them will just look at  
NOTE Confidence: 0.8834946833333333  
00:23:29.506 --> 00:23:30.850 just the prevalence of somatic.  
NOTE Confidence: 0.8834946833333333  
00:23:30.850 --> 00:23:32.929 You know X number of somatic symptoms,  
NOTE Confidence: 0.8834946833333333  
00:23:32.930 --> 00:23:34.610 so it's kind of difficult to tell,  
NOTE Confidence: 0.8834946833333333  
00:23:34.610 --> 00:23:36.310 but from what we know.  
NOTE Confidence: 0.8834946833333333

00:23:36.310 --> 00:23:38.176 It seems that you know refugees  
NOTE Confidence: 0.8834946833333333

00:23:38.176 --> 00:23:39.929 do present with higher prevalence  
NOTE Confidence: 0.8834946833333333

00:23:39.929 --> 00:23:41.270 of cymatic symptoms,  
NOTE Confidence: 0.8834946833333333

00:23:41.270 --> 00:23:44.763 and the numbers that you see there the  
NOTE Confidence: 0.8834946833333333

00:23:44.763 --> 00:23:47.027 general fight and you can see the range.  
NOTE Confidence: 0.8834946833333333

00:23:47.030 --> 00:23:48.150 I mean how do you?  
NOTE Confidence: 0.8834946833333333

00:23:48.150 --> 00:23:49.692 How do you interpret something that's  
NOTE Confidence: 0.8834946833333333

00:23:49.692 --> 00:23:51.992 5 to 63% but that was seen across  
NOTE Confidence: 0.8834946833333333

00:23:51.992 --> 00:23:54.210 the range of studies and then those  
NOTE Confidence: 0.8834946833333333

00:23:54.210 --> 00:23:56.136 refugees seen in primary care and  
NOTE Confidence: 0.8834946833333333

00:23:56.136 --> 00:23:58.317 that were actually seen in psychiatric  
NOTE Confidence: 0.8834946833333333

00:23:58.317 --> 00:24:02.080 practices that seem to be even higher.  
NOTE Confidence: 0.8834946833333333

00:24:02.080 --> 00:24:03.676 And definitely we do.  
NOTE Confidence: 0.8834946833333333

00:24:03.676 --> 00:24:05.671 We don't know this just  
NOTE Confidence: 0.8834946833333333

00:24:05.671 --> 00:24:07.260 intuitively and anecdotally,  
NOTE Confidence: 0.8834946833333333

00:24:07.260 --> 00:24:09.348 but we know based on looking

NOTE Confidence: 0.8834946833333333  
00:24:09.348 --> 00:24:10.740 at the correlating factors,  
NOTE Confidence: 0.8834946833333333  
00:24:10.740 --> 00:24:11.996 that it you know,  
NOTE Confidence: 0.8834946833333333  
00:24:11.996 --> 00:24:13.566 not only is it correlated  
NOTE Confidence: 0.8834946833333333  
00:24:13.566 --> 00:24:15.000 with psychopathology,  
NOTE Confidence: 0.8834946833333333  
00:24:15.000 --> 00:24:18.280 but also this seems to affect  
NOTE Confidence: 0.8834946833333333  
00:24:18.280 --> 00:24:20.084 their migration, so there's.  
NOTE Confidence: 0.8834946833333333  
00:24:20.084 --> 00:24:23.516 Even though I say that migration  
NOTE Confidence: 0.8834946833333333  
00:24:23.516 --> 00:24:26.462 is a big stressor and we shouldn't  
NOTE Confidence: 0.8834946833333333  
00:24:26.462 --> 00:24:28.127 be just looking at trauma,  
NOTE Confidence: 0.8834946833333333  
00:24:28.130 --> 00:24:30.566 definitely the past trauma and past  
NOTE Confidence: 0.8834946833333333  
00:24:30.566 --> 00:24:32.190 experience does affect migration  
NOTE Confidence: 0.8834946833333333  
00:24:32.258 --> 00:24:34.412 and people who have a stronger  
NOTE Confidence: 0.8834946833333333  
00:24:34.412 --> 00:24:35.848 psychopathology to begin with  
NOTE Confidence: 0.8834946833333333  
00:24:35.908 --> 00:24:38.198 definitely have more difficulty like  
NOTE Confidence: 0.8834946833333333  
00:24:38.198 --> 00:24:41.888 adjusting in their new environment.  
NOTE Confidence: 0.8834946833333333

00:24:41.890 --> 00:24:44.610 Uhm, and then formally,  
NOTE Confidence: 0.8834946833333333

00:24:44.610 --> 00:24:45.290 UM,  
NOTE Confidence: 0.8834946833333333

00:24:45.290 --> 00:24:48.657 there was a study of like almost  
NOTE Confidence: 0.8834946833333333

00:24:48.657 --> 00:24:51.018 100,000 refugees across multiple studies  
NOTE Confidence: 0.8834946833333333

00:24:51.018 --> 00:24:54.280 looking at what are the risk factors.  
NOTE Confidence: 0.8834946833333333

00:24:54.280 --> 00:24:55.180 You know,  
NOTE Confidence: 0.8834946833333333

00:24:55.180 --> 00:24:56.530 that would be.  
NOTE Confidence: 0.86011099

00:24:58.590 --> 00:25:01.768 In favor of or risk factor for,  
NOTE Confidence: 0.86011099

00:25:01.770 --> 00:25:03.144 for mental health.  
NOTE Confidence: 0.86011099

00:25:03.144 --> 00:25:07.800 So in general, older adults.  
NOTE Confidence: 0.86011099

00:25:07.800 --> 00:25:10.288 Have a hard time.  
NOTE Confidence: 0.86011099

00:25:10.290 --> 00:25:12.475 Female, the gender seems to  
NOTE Confidence: 0.86011099

00:25:12.475 --> 00:25:14.752 be skewed up against females,  
NOTE Confidence: 0.86011099

00:25:14.752 --> 00:25:17.638 so generally having poorer outcomes and  
NOTE Confidence: 0.86011099

00:25:17.638 --> 00:25:20.600 also the area where they come from.  
NOTE Confidence: 0.86011099

00:25:20.600 --> 00:25:22.658 So coming from more rural areas

NOTE Confidence: 0.86011099

00:25:22.658 --> 00:25:24.460 coming to more Western societies

NOTE Confidence: 0.86011099

00:25:24.460 --> 00:25:26.632 where there's sort of a larger

NOTE Confidence: 0.86011099

00:25:26.632 --> 00:25:28.882 gap between them and the local

NOTE Confidence: 0.86011099

00:25:28.882 --> 00:25:33.002 residents seems to be a poor factor.

NOTE Confidence: 0.86011099

00:25:33.002 --> 00:25:36.446 And then in mostly in any disaster,

NOTE Confidence: 0.86011099

00:25:36.450 --> 00:25:38.916 people who are more educated and

NOTE Confidence: 0.86011099

00:25:38.916 --> 00:25:40.560 wealthier actually fare better.

NOTE Confidence: 0.86011099

00:25:40.560 --> 00:25:42.040 But in this case,

NOTE Confidence: 0.86011099

00:25:42.040 --> 00:25:43.890 people with higher education and

NOTE Confidence: 0.86011099

00:25:43.890 --> 00:25:46.324 higher socioeconomic status prior to

NOTE Confidence: 0.86011099

00:25:46.324 --> 00:25:48.814 displacement actually fare more poorly,

NOTE Confidence: 0.86011099

00:25:48.820 --> 00:25:50.892 and that's probably because of just a

NOTE Confidence: 0.86011099

00:25:50.892 --> 00:25:53.567 loss of in addition to everything else,

NOTE Confidence: 0.86011099

00:25:53.570 --> 00:25:54.326 they've lost.

NOTE Confidence: 0.86011099

00:25:54.326 --> 00:25:55.838 You know their livelihood.

NOTE Confidence: 0.86011099

00:25:55.840 --> 00:25:58.115 They've lost their ability to be doctors,  
NOTE Confidence: 0.86011099  
00:25:58.120 --> 00:25:59.182 lawyers, bankers, whatever.  
NOTE Confidence: 0.86011099  
00:25:59.182 --> 00:26:00.598 They're trained to be.  
NOTE Confidence: 0.86011099  
00:26:00.600 --> 00:26:01.638 They're completely starting  
NOTE Confidence: 0.86011099  
00:26:01.638 --> 00:26:03.368 fresh in a new place,  
NOTE Confidence: 0.86011099  
00:26:03.370 --> 00:26:05.834 and they've come here with almost nothing,  
NOTE Confidence: 0.86011099  
00:26:05.840 --> 00:26:07.592 you know, except the clothes and  
NOTE Confidence: 0.86011099  
00:26:07.592 --> 00:26:09.389 the bags that they come back.  
NOTE Confidence: 0.86011099  
00:26:09.390 --> 00:26:11.610 So it's more of a drop.  
NOTE Confidence: 0.86011099  
00:26:11.610 --> 00:26:13.540 For them.  
NOTE Confidence: 0.86011099  
00:26:13.540 --> 00:26:16.406 Uhm, in terms of positive factors, UM,  
NOTE Confidence: 0.86011099  
00:26:16.406 --> 00:26:18.686 in general children and adolescents.  
NOTE Confidence: 0.86011099  
00:26:18.690 --> 00:26:20.200 I mean they definitely have.  
NOTE Confidence: 0.86011099  
00:26:20.200 --> 00:26:20.774 I mean,  
NOTE Confidence: 0.86011099  
00:26:20.774 --> 00:26:21.635 there's particular problems  
NOTE Confidence: 0.86011099  
00:26:21.635 --> 00:26:22.783 with children and adolescents,

NOTE Confidence: 0.86011099

00:26:22.790 --> 00:26:24.902 but generally they they seem to

NOTE Confidence: 0.86011099

00:26:24.902 --> 00:26:27.180 bounce back and adapt much better.

NOTE Confidence: 0.86011099

00:26:27.180 --> 00:26:30.974 And obviously the other things like housing.

NOTE Confidence: 0.86011099

00:26:30.980 --> 00:26:32.520 There's still a limbo somewhere,

NOTE Confidence: 0.86011099

00:26:32.520 --> 00:26:34.602 or have you been resettled and

NOTE Confidence: 0.86011099

00:26:34.602 --> 00:26:36.594 you've got some permanent housing

NOTE Confidence: 0.86011099

00:26:36.594 --> 00:26:38.220 and economic opportunities?

NOTE Confidence: 0.86011099

00:26:38.220 --> 00:26:41.767 Are you going to be financially independent?

NOTE Confidence: 0.86011099

00:26:41.767 --> 00:26:44.029 You know in your new country

NOTE Confidence: 0.86011099

00:26:44.030 --> 00:26:47.418 and also the longer.

NOTE Confidence: 0.86011099

00:26:47.420 --> 00:26:48.940 The duration of Displacement,

NOTE Confidence: 0.86011099

00:26:48.940 --> 00:26:50.840 it seems to be better,

NOTE Confidence: 0.86011099

00:26:50.840 --> 00:26:52.888 but with a qualifier like if you have

NOTE Confidence: 0.86011099

00:26:52.888 --> 00:26:55.090 been in limbo and you've been waiting

NOTE Confidence: 0.86011099

00:26:55.090 --> 00:26:57.460 for asylum and there's been uncertainty,

NOTE Confidence: 0.86011099

00:26:57.460 --> 00:26:59.392 maybe you know that's  
NOTE Confidence: 0.86011099

00:26:59.392 --> 00:27:01.324 that's that's a problem.  
NOTE Confidence: 0.86011099

00:27:01.330 --> 00:27:02.106 But generally,  
NOTE Confidence: 0.86011099

00:27:02.106 --> 00:27:04.434 people who whose trauma has happened  
NOTE Confidence: 0.86011099

00:27:04.434 --> 00:27:07.000 years ago like I've seen people from  
NOTE Confidence: 0.86011099

00:27:07.000 --> 00:27:09.068 the Congo who literally had their  
NOTE Confidence: 0.86011099

00:27:09.068 --> 00:27:11.156 family butchered in front of them,  
NOTE Confidence: 0.86011099

00:27:11.160 --> 00:27:11.872 come and,  
NOTE Confidence: 0.86011099

00:27:11.872 --> 00:27:12.584 you know,  
NOTE Confidence: 0.86011099

00:27:12.584 --> 00:27:15.089 display a lot of resilience and not  
NOTE Confidence: 0.86011099

00:27:15.089 --> 00:27:17.449 just to say one or two cases make.  
NOTE Confidence: 0.86011099

00:27:17.450 --> 00:27:19.778 Make the majority.  
NOTE Confidence: 0.86011099

00:27:19.778 --> 00:27:22.202 Because definitely the people  
NOTE Confidence: 0.86011099

00:27:22.202 --> 00:27:24.818 from Africa in sort of this  
NOTE Confidence: 0.86011099

00:27:24.818 --> 00:27:27.005 meta analysis definitely show  
NOTE Confidence: 0.86011099

00:27:27.005 --> 00:27:29.042 higher rates of psychopathology,



NOTE Confidence: 0.86011099  
00:27:29.042 --> 00:27:31.412 but generally when you see  
NOTE Confidence: 0.86011099  
00:27:31.412 --> 00:27:33.588 people closer to the conflict,  
NOTE Confidence: 0.86011099  
00:27:33.590 --> 00:27:35.725 you do see more pathology  
NOTE Confidence: 0.86011099  
00:27:35.725 --> 00:27:38.250 as opposed to later on.  
NOTE Confidence: 0.86011099  
00:27:38.250 --> 00:27:41.350 Also, people who are resettled,  
NOTE Confidence: 0.86011099  
00:27:41.350 --> 00:27:42.090 you know,  
NOTE Confidence: 0.86011099  
00:27:42.090 --> 00:27:44.310 fare better than the people who  
NOTE Confidence: 0.86011099  
00:27:44.310 --> 00:27:46.505 were repatriated and also people  
NOTE Confidence: 0.86011099  
00:27:46.505 --> 00:27:49.415 who you know where near there.  
NOTE Confidence: 0.86011099  
00:27:49.420 --> 00:27:50.869 Source of conflict.  
NOTE Confidence: 0.86011099  
00:27:50.869 --> 00:27:52.318 Like I said,  
NOTE Confidence: 0.86011099  
00:27:52.320 --> 00:27:54.410 or that we're internally displaced,  
NOTE Confidence: 0.86011099  
00:27:54.410 --> 00:27:58.085 you know, they they fare less well.  
NOTE Confidence: 0.86011099  
00:27:58.090 --> 00:27:59.662 And along those lines,  
NOTE Confidence: 0.86011099  
00:27:59.662 --> 00:28:01.234 so sometimes people wonder  
NOTE Confidence: 0.86011099

00:28:01.234 --> 00:28:02.850 what happens to refugees.  
NOTE Confidence: 0.86011099

00:28:02.850 --> 00:28:03.544 Long term,  
NOTE Confidence: 0.86011099

00:28:03.544 --> 00:28:04.238 you know,  
NOTE Confidence: 0.86011099

00:28:04.238 --> 00:28:07.614 for better or worse lot of the studies are  
NOTE Confidence: 0.86011099

00:28:07.614 --> 00:28:10.456 done in people who are recent refugees.  
NOTE Confidence: 0.86011099

00:28:10.460 --> 00:28:12.146 But in some of these systematic  
NOTE Confidence: 0.86011099

00:28:12.146 --> 00:28:13.270 reviews and meta analysis,  
NOTE Confidence: 0.86011099

00:28:13.270 --> 00:28:16.614 they do look at the duration of displacement.  
NOTE Confidence: 0.86011099

00:28:16.620 --> 00:28:19.562 But the most recent one just last  
NOTE Confidence: 0.86011099

00:28:19.562 --> 00:28:22.054 year looked at people less than four  
NOTE Confidence: 0.86011099

00:28:22.054 --> 00:28:24.888 years and displaced more than four years,  
NOTE Confidence: 0.86011099

00:28:24.890 --> 00:28:25.305 but.  
NOTE Confidence: 0.86011099

00:28:25.305 --> 00:28:26.965 It doesn't necessarily look  
NOTE Confidence: 0.86011099

00:28:26.965 --> 00:28:29.040 at like what happens 10  
NOTE Confidence: 0.951670527142857

00:28:29.116 --> 00:28:31.170 or 20 years later, but there are  
NOTE Confidence: 0.951670527142857

00:28:31.170 --> 00:28:32.610 smaller studies of like you know,

NOTE Confidence: 0.951670527142857  
00:28:32.610 --> 00:28:34.842 maybe 100 refugees or 50 refugees  
NOTE Confidence: 0.951670527142857  
00:28:34.842 --> 00:28:37.409 that have looked at this and mostly  
NOTE Confidence: 0.951670527142857  
00:28:37.409 --> 00:28:39.761 from what we know it seems like.  
NOTE Confidence: 0.951670527142857  
00:28:39.770 --> 00:28:41.190 You know the symptoms do  
NOTE Confidence: 0.951670527142857  
00:28:41.190 --> 00:28:42.610 persist in a sizable minority,  
NOTE Confidence: 0.951670527142857  
00:28:42.610 --> 00:28:45.298 but overall it declines overtime and  
NOTE Confidence: 0.951670527142857  
00:28:45.298 --> 00:28:48.865 I would say that's true based on just  
NOTE Confidence: 0.951670527142857  
00:28:48.865 --> 00:28:51.403 what I've seen in our population.  
NOTE Confidence: 0.951670527142857  
00:28:51.410 --> 00:28:55.850 Uhm, so just a word on.  
NOTE Confidence: 0.951670527142857  
00:28:55.850 --> 00:29:00.370 Uhm refugees from Afghanistan and.  
NOTE Confidence: 0.951670527142857  
00:29:00.370 --> 00:29:03.130 I always feel like.  
NOTE Confidence: 0.951670527142857  
00:29:03.130 --> 00:29:04.114 Outsiders should not speak  
NOTE Confidence: 0.951670527142857  
00:29:04.114 --> 00:29:05.590 about the culture of a country.  
NOTE Confidence: 0.951670527142857  
00:29:05.590 --> 00:29:07.204 I mean they are the best  
NOTE Confidence: 0.951670527142857  
00:29:07.204 --> 00:29:08.280 to talk about themselves.  
NOTE Confidence: 0.951670527142857

00:29:08.280 --> 00:29:10.723 We can't claim to know that you  
NOTE Confidence: 0.951670527142857

00:29:10.723 --> 00:29:12.758 know what they can tell us,  
NOTE Confidence: 0.951670527142857

00:29:12.760 --> 00:29:15.070 but just sort of highlights.  
NOTE Confidence: 0.951670527142857

00:29:15.070 --> 00:29:17.734 You know there's been decades long  
NOTE Confidence: 0.951670527142857

00:29:17.734 --> 00:29:20.113 instability in the region since  
NOTE Confidence: 0.951670527142857

00:29:20.113 --> 00:29:23.128 the Soviet invasion decades ago.  
NOTE Confidence: 0.951670527142857

00:29:23.130 --> 00:29:25.330 You know we've had refugees  
NOTE Confidence: 0.951670527142857

00:29:25.330 --> 00:29:26.210 leaving Afghanistan.  
NOTE Confidence: 0.951670527142857

00:29:26.210 --> 00:29:29.506 The current crop that I've seen are mostly  
NOTE Confidence: 0.951670527142857

00:29:29.506 --> 00:29:32.235 like coming sort of in the post U S.  
NOTE Confidence: 0.951670527142857

00:29:32.240 --> 00:29:33.908 Presence and some of them are  
NOTE Confidence: 0.951670527142857

00:29:33.908 --> 00:29:35.620 just in their 20s thirties.  
NOTE Confidence: 0.951670527142857

00:29:35.620 --> 00:29:37.237 You know they were. They were kids.  
NOTE Confidence: 0.951670527142857

00:29:37.240 --> 00:29:39.568 When all this started.  
NOTE Confidence: 0.951670527142857

00:29:39.570 --> 00:29:44.890 But decade a decades long history of  
NOTE Confidence: 0.951670527142857

00:29:44.890 --> 00:29:47.490 instability and also culturally like,

NOTE Confidence: 0.951670527142857  
00:29:47.490 --> 00:29:50.220 I was alluding to earlier just.  
NOTE Confidence: 0.951670527142857  
00:29:50.220 --> 00:29:52.950 The fact that many of them come  
NOTE Confidence: 0.951670527142857  
00:29:52.950 --> 00:29:56.035 from rural parts of the country and  
NOTE Confidence: 0.951670527142857  
00:29:56.035 --> 00:29:58.522 have had little exposure to Western  
NOTE Confidence: 0.951670527142857  
00:29:58.522 --> 00:30:00.658 countries and Western way of life.  
NOTE Confidence: 0.951670527142857  
00:30:00.660 --> 00:30:02.995 It's it's more challenging the  
NOTE Confidence: 0.951670527142857  
00:30:02.995 --> 00:30:05.590 transition to life in EU S.  
NOTE Confidence: 0.951670527142857  
00:30:05.590 --> 00:30:06.412 And you know,  
NOTE Confidence: 0.951670527142857  
00:30:06.412 --> 00:30:08.330 we talked about the role of women  
NOTE Confidence: 0.951670527142857  
00:30:08.393 --> 00:30:09.209 in the family.  
NOTE Confidence: 0.951670527142857  
00:30:09.210 --> 00:30:09.782 And again,  
NOTE Confidence: 0.951670527142857  
00:30:09.782 --> 00:30:11.784 I don't want to steal your type  
NOTE Confidence: 0.951670527142857  
00:30:11.784 --> 00:30:14.252 because there's a lot of heterogeneity  
NOTE Confidence: 0.951670527142857  
00:30:14.252 --> 00:30:15.952 within countries within ethnicities.  
NOTE Confidence: 0.951670527142857  
00:30:15.960 --> 00:30:18.602 But in general,  
NOTE Confidence: 0.951670527142857

00:30:18.602 --> 00:30:21.518 women have a more traditional role,  
NOTE Confidence: 0.951670527142857

00:30:21.520 --> 00:30:22.438 and you know,  
NOTE Confidence: 0.951670527142857

00:30:22.438 --> 00:30:23.968 that's for various reasons which  
NOTE Confidence: 0.951670527142857

00:30:23.968 --> 00:30:25.759 people were hoping we're going to  
NOTE Confidence: 0.951670527142857

00:30:25.759 --> 00:30:27.439 change in the last two decades.  
NOTE Confidence: 0.951670527142857

00:30:27.440 --> 00:30:28.634 But in general,  
NOTE Confidence: 0.951670527142857

00:30:28.634 --> 00:30:31.420 it's the role of women is considered  
NOTE Confidence: 0.951670527142857

00:30:31.499 --> 00:30:34.568 very family centric and also in general.  
NOTE Confidence: 0.951670527142857

00:30:34.568 --> 00:30:37.620 Women tend to be especially from the  
NOTE Confidence: 0.951670527142857

00:30:37.706 --> 00:30:40.415 rural areas tend to be less educated  
NOTE Confidence: 0.951670527142857

00:30:40.415 --> 00:30:45.070 and like I said, tend to have less.  
NOTE Confidence: 0.951670527142857

00:30:45.070 --> 00:30:47.818 Have had less contact with anything  
NOTE Confidence: 0.951670527142857

00:30:47.818 --> 00:30:50.026 Western in the crop of people that  
NOTE Confidence: 0.951670527142857

00:30:50.026 --> 00:30:52.518 we've seen in the last several years,  
NOTE Confidence: 0.951670527142857

00:30:52.520 --> 00:30:53.944 which are often SVS.  
NOTE Confidence: 0.951670527142857

00:30:53.944 --> 00:30:56.080 It's a little bit different demographic.

NOTE Confidence: 0.951670527142857

00:30:56.080 --> 00:31:00.120 Often it's a person who.

NOTE Confidence: 0.951670527142857

00:31:00.120 --> 00:31:01.359 You know work with the US Army,

NOTE Confidence: 0.951670527142857

00:31:01.360 --> 00:31:04.100 so he's somewhat more acclimated,

NOTE Confidence: 0.951670527142857

00:31:04.100 --> 00:31:05.840 but we resettled EU S

NOTE Confidence: 0.951670527142857

00:31:05.840 --> 00:31:07.232 researchers people as family,

NOTE Confidence: 0.951670527142857

00:31:07.240 --> 00:31:09.130 so you often have spouses and children,

NOTE Confidence: 0.951670527142857

00:31:09.130 --> 00:31:11.355 and this pulses frequently are

NOTE Confidence: 0.951670527142857

00:31:11.355 --> 00:31:13.782 not so acclimated and I've had

NOTE Confidence: 0.951670527142857

00:31:13.782 --> 00:31:15.602 definitely Afghani women who come

NOTE Confidence: 0.951670527142857

00:31:15.602 --> 00:31:18.250 here and they tend to have larger

NOTE Confidence: 0.951670527142857

00:31:18.250 --> 00:31:20.473 families so I've definitely had them

NOTE Confidence: 0.951670527142857

00:31:20.473 --> 00:31:22.559 come here and then sort of not.

NOTE Confidence: 0.951670527142857

00:31:22.560 --> 00:31:24.030 Haven't had challenges like even

NOTE Confidence: 0.951670527142857

00:31:24.030 --> 00:31:26.411 adjusting to how to take care of their

NOTE Confidence: 0.951670527142857

00:31:26.411 --> 00:31:27.831 children because they were always

NOTE Confidence: 0.951670527142857

00:31:27.831 --> 00:31:29.839 used to living in large families  
NOTE Confidence: 0.951670527142857

00:31:29.839 --> 00:31:31.569 with multiple generations helping them  
NOTE Confidence: 0.951670527142857

00:31:31.569 --> 00:31:32.956 and it's sort of a shock for them.  
NOTE Confidence: 0.951670527142857

00:31:32.960 --> 00:31:36.068 They come here and they have nothing.  
NOTE Confidence: 0.951670527142857

00:31:36.070 --> 00:31:38.404 And then also some what you  
NOTE Confidence: 0.951670527142857

00:31:38.404 --> 00:31:40.310 know of a feeling of,  
NOTE Confidence: 0.951670527142857

00:31:40.310 --> 00:31:42.170 like being isolated from others.  
NOTE Confidence: 0.951670527142857

00:31:42.170 --> 00:31:43.802 I mean that can be for  
NOTE Confidence: 0.951670527142857

00:31:43.802 --> 00:31:44.890 any immigrant or refugee  
NOTE Confidence: 0.898373141818182

00:31:44.951 --> 00:31:48.368 community, and the Afghan is definitely do.  
NOTE Confidence: 0.898373141818182

00:31:48.370 --> 00:31:51.317 You know, spend time together with the  
NOTE Confidence: 0.898373141818182

00:31:51.317 --> 00:31:53.650 other Afghani people in the region,  
NOTE Confidence: 0.898373141818182

00:31:53.650 --> 00:31:56.370 but you know they it.  
NOTE Confidence: 0.898373141818182

00:31:56.370 --> 00:31:58.128 It's harder for them to engage  
NOTE Confidence: 0.898373141818182

00:31:58.128 --> 00:31:59.702 and sort of integrated integrated  
NOTE Confidence: 0.898373141818182

00:31:59.702 --> 00:32:01.407 with the society at large.



NOTE Confidence: 0.898373141818182  
00:32:01.410 --> 00:32:02.730 And again, like I was saying.  
NOTE Confidence: 0.898373141818182  
00:32:02.730 --> 00:32:04.578 I mean, refugee groups are heterogeneous.  
NOTE Confidence: 0.898373141818182  
00:32:04.580 --> 00:32:07.286 Each group is a little different  
NOTE Confidence: 0.898373141818182  
00:32:07.290 --> 00:32:09.600 and similar in many ways.  
NOTE Confidence: 0.898373141818182  
00:32:09.600 --> 00:32:11.553 But I mean these are some sort  
NOTE Confidence: 0.898373141818182  
00:32:11.553 --> 00:32:14.543 of things we see and last thing  
NOTE Confidence: 0.898373141818182  
00:32:14.543 --> 00:32:16.436 is intergenerational tensions,  
NOTE Confidence: 0.898373141818182  
00:32:16.440 --> 00:32:18.800 often kids come here and.  
NOTE Confidence: 0.898373141818182  
00:32:18.800 --> 00:32:20.840 Adapt much more quickly the land.  
NOTE Confidence: 0.898373141818182  
00:32:20.840 --> 00:32:23.060 Learn the language much faster,  
NOTE Confidence: 0.898373141818182  
00:32:23.060 --> 00:32:24.168 and this creates tension.  
NOTE Confidence: 0.898373141818182  
00:32:24.168 --> 00:32:25.553 Sometimes they're the ones in  
NOTE Confidence: 0.898373141818182  
00:32:25.553 --> 00:32:27.146 the room who know the language,  
NOTE Confidence: 0.898373141818182  
00:32:27.150 --> 00:32:29.190 and they're used as interpreter sometimes,  
NOTE Confidence: 0.898373141818182  
00:32:29.190 --> 00:32:30.996 and that creates problems at multiple  
NOTE Confidence: 0.898373141818182

00:32:30.996 --> 00:32:33.470 levels and not just in healthcare settings.

NOTE Confidence: 0.898373141818182

00:32:33.470 --> 00:32:35.190 I mean, in general,

NOTE Confidence: 0.898373141818182

00:32:35.190 --> 00:32:37.770 the children become in that sense

NOTE Confidence: 0.898373141818182

00:32:37.857 --> 00:32:40.047 have more power to do this,

NOTE Confidence: 0.898373141818182

00:32:40.050 --> 00:32:42.521 so it changes the dynamic within the

NOTE Confidence: 0.898373141818182

00:32:42.521 --> 00:32:44.888 family and also child rearing I've.

NOTE Confidence: 0.898373141818182

00:32:44.888 --> 00:32:47.036 You know how we treat children?

NOTE Confidence: 0.898373141818182

00:32:47.040 --> 00:32:48.600 What we consider this abuse.

NOTE Confidence: 0.898373141818182

00:32:48.600 --> 00:32:51.660 They will not necessarily considered abuse,

NOTE Confidence: 0.898373141818182

00:32:51.660 --> 00:32:53.095 and I've definitely had refugees

NOTE Confidence: 0.898373141818182

00:32:53.095 --> 00:32:55.160 like say like I'm afraid to say

NOTE Confidence: 0.898373141818182

00:32:55.160 --> 00:32:56.600 anything because then I'm afraid,

NOTE Confidence: 0.898373141818182

00:32:56.600 --> 00:32:58.420 like people will take away my kids.

NOTE Confidence: 0.898373141818182

00:32:58.420 --> 00:32:58.952 You know,

NOTE Confidence: 0.898373141818182

00:32:58.952 --> 00:33:00.548 the way they discipline their kids

NOTE Confidence: 0.898373141818182

00:33:00.550 --> 00:33:07.290 and also just in terms of women too.

NOTE Confidence: 0.898373141818182  
00:33:07.290 --> 00:33:08.650 I mean people think about  
NOTE Confidence: 0.898373141818182  
00:33:08.650 --> 00:33:09.738 domestic violence and abuse.  
NOTE Confidence: 0.898373141818182  
00:33:09.740 --> 00:33:11.399 I really have not seen that much  
NOTE Confidence: 0.898373141818182  
00:33:11.399 --> 00:33:12.780 in the population we see again,  
NOTE Confidence: 0.898373141818182  
00:33:12.780 --> 00:33:15.620 I'm seeing only a slice of the population,  
NOTE Confidence: 0.898373141818182  
00:33:15.620 --> 00:33:15.934 but.  
NOTE Confidence: 0.898373141818182  
00:33:15.934 --> 00:33:17.818 Also what we consider abuse may  
NOTE Confidence: 0.898373141818182  
00:33:17.818 --> 00:33:19.460 not necessarily what they consider  
NOTE Confidence: 0.898373141818182  
00:33:19.460 --> 00:33:20.420 you know abuse.  
NOTE Confidence: 0.898373141818182  
00:33:20.420 --> 00:33:22.905 We may think that sort of being  
NOTE Confidence: 0.898373141818182  
00:33:22.905 --> 00:33:24.945 controlled and allowing the husband to  
NOTE Confidence: 0.898373141818182  
00:33:24.945 --> 00:33:27.330 make all the decisions is a form of,  
NOTE Confidence: 0.898373141818182  
00:33:27.330 --> 00:33:28.382 you know, limitation restriction,  
NOTE Confidence: 0.898373141818182  
00:33:28.382 --> 00:33:29.960 whatever you want to call it,  
NOTE Confidence: 0.898373141818182  
00:33:29.960 --> 00:33:31.838 but they don't because this is,  
NOTE Confidence: 0.898373141818182

00:33:31.840 --> 00:33:34.704 you know, this is their way of life.  
NOTE Confidence: 0.898373141818182

00:33:34.710 --> 00:33:38.450 Uhm, just that the web link below is just a,  
NOTE Confidence: 0.898373141818182

00:33:38.450 --> 00:33:41.540 you know it has like background  
NOTE Confidence: 0.898373141818182

00:33:41.540 --> 00:33:43.642 information on many refugee groups.  
NOTE Confidence: 0.898373141818182

00:33:43.642 --> 00:33:45.574 The one in Afghanistan is very outdated.  
NOTE Confidence: 0.898373141818182

00:33:45.580 --> 00:33:47.734 It was actually put there in 2002.  
NOTE Confidence: 0.898373141818182

00:33:47.734 --> 00:33:51.910 But I mean you, you can look at that.  
NOTE Confidence: 0.898373141818182

00:33:51.910 --> 00:33:53.905 In terms of what we actually know,  
NOTE Confidence: 0.898373141818182

00:33:53.910 --> 00:33:56.160 like have we actually studied  
NOTE Confidence: 0.898373141818182

00:33:56.160 --> 00:33:57.960 them separately as refugees?  
NOTE Confidence: 0.898373141818182

00:33:57.960 --> 00:34:00.328 So there was one review which looked at.  
NOTE Confidence: 0.898373141818182

00:34:00.330 --> 00:34:01.092 I don't know,  
NOTE Confidence: 0.898373141818182

00:34:01.092 --> 00:34:03.410 like a handful of 1520 studies and you know,  
NOTE Confidence: 0.898373141818182

00:34:03.410 --> 00:34:04.980 try to characterize the Afghanis  
NOTE Confidence: 0.898373141818182

00:34:04.980 --> 00:34:06.550 refugees and their mental health  
NOTE Confidence: 0.898373141818182

00:34:06.608 --> 00:34:08.197 and it seems that the risk factors

NOTE Confidence: 0.898373141818182  
00:34:08.197 --> 00:34:09.841 were more or less similar to the  
NOTE Confidence: 0.898373141818182  
00:34:09.841 --> 00:34:11.581 other groups that we see in terms  
NOTE Confidence: 0.898373141818182  
00:34:11.581 --> 00:34:14.178 of you know the losses and the  
NOTE Confidence: 0.898373141818182  
00:34:14.178 --> 00:34:16.435 cultural feeling like a loss of  
NOTE Confidence: 0.898373141818182  
00:34:16.435 --> 00:34:17.943 culture and other losses.  
NOTE Confidence: 0.898373141818182  
00:34:17.950 --> 00:34:20.530 And then you know their  
NOTE Confidence: 0.898373141818182  
00:34:20.530 --> 00:34:22.402 depressive PTSD symptoms.  
NOTE Confidence: 0.898373141818182  
00:34:22.402 --> 00:34:26.146 Symptomatology is comparable to other groups,  
NOTE Confidence: 0.898373141818182  
00:34:26.150 --> 00:34:28.264 and in general there's low uptake of  
NOTE Confidence: 0.898373141818182  
00:34:28.264 --> 00:34:30.397 mental health care even in those who  
NOTE Confidence: 0.898373141818182  
00:34:30.397 --> 00:34:32.143 recognize that they have a problem,  
NOTE Confidence: 0.898373141818182  
00:34:32.150 --> 00:34:34.382 and that's we see across other  
NOTE Confidence: 0.898373141818182  
00:34:34.382 --> 00:34:35.498 refugee groups too.  
NOTE Confidence: 0.898373141818182  
00:34:35.500 --> 00:34:36.805 And people ask about stigma  
NOTE Confidence: 0.898373141818182  
00:34:36.805 --> 00:34:38.110 and other things you know.  
NOTE Confidence: 0.898373141818182

00:34:38.110 --> 00:34:38.684 In general,  
NOTE Confidence: 0.898373141818182

00:34:38.684 --> 00:34:40.693 I find that the more the impairment  
NOTE Confidence: 0.898373141818182

00:34:40.693 --> 00:34:42.233 there more likely they are  
NOTE Confidence: 0.898373141818182

00:34:42.233 --> 00:34:43.425 to accept that there's,  
NOTE Confidence: 0.902037231538462

00:34:43.430 --> 00:34:45.164 you know something maybe that needs  
NOTE Confidence: 0.902037231538462

00:34:45.164 --> 00:34:47.008 to be addressed and to get care.  
NOTE Confidence: 0.902037231538462

00:34:47.010 --> 00:34:49.820 But oftentimes, many people who  
NOTE Confidence: 0.902037231538462

00:34:49.820 --> 00:34:53.502 who are sort of in the middle.  
NOTE Confidence: 0.902037231538462

00:34:53.502 --> 00:34:56.034 Dangers of not being quite healthy,  
NOTE Confidence: 0.902037231538462

00:34:56.040 --> 00:34:58.300 but not being significantly ill.  
NOTE Confidence: 0.902037231538462

00:34:58.300 --> 00:34:59.920 Feel like you know they.  
NOTE Confidence: 0.902037231538462

00:34:59.920 --> 00:35:01.551 They don't really need the mental health  
NOTE Confidence: 0.902037231538462

00:35:01.551 --> 00:35:03.594 help or they're not like you know, quote,  
NOTE Confidence: 0.902037231538462

00:35:03.594 --> 00:35:07.472 unquote, crazy so we definitely do see  
NOTE Confidence: 0.902037231538462

00:35:07.472 --> 00:35:11.134 that just one word on like how we assess.  
NOTE Confidence: 0.902037231538462

00:35:11.140 --> 00:35:12.694 I mean, we don't necessarily do

NOTE Confidence: 0.902037231538462  
00:35:12.694 --> 00:35:14.180 this in the clinical setting,  
NOTE Confidence: 0.902037231538462  
00:35:14.180 --> 00:35:17.090 but I thought some people might  
NOTE Confidence: 0.902037231538462  
00:35:17.090 --> 00:35:19.460 have just questions about you.  
NOTE Confidence: 0.902037231538462  
00:35:19.460 --> 00:35:22.640 Know how valid is that?  
NOTE Confidence: 0.902037231538462  
00:35:22.640 --> 00:35:24.360 Our assessments for these?  
NOTE Confidence: 0.902037231538462  
00:35:24.360 --> 00:35:24.790 Populations,  
NOTE Confidence: 0.902037231538462  
00:35:24.790 --> 00:35:26.188 so there's a bunch of scales,  
NOTE Confidence: 0.902037231538462  
00:35:26.190 --> 00:35:27.655 some of them were developed  
NOTE Confidence: 0.902037231538462  
00:35:27.655 --> 00:35:28.534 for refugee populations,  
NOTE Confidence: 0.902037231538462  
00:35:28.540 --> 00:35:30.745 some of them were adapted for them.  
NOTE Confidence: 0.902037231538462  
00:35:30.750 --> 00:35:33.735 They have variable validity and  
NOTE Confidence: 0.902037231538462  
00:35:33.735 --> 00:35:36.123 reliability across these scales.  
NOTE Confidence: 0.902037231538462  
00:35:36.130 --> 00:35:38.578 And most of them are meant for screening.  
NOTE Confidence: 0.902037231538462  
00:35:38.580 --> 00:35:41.030 I mean, they're not meant to replace  
NOTE Confidence: 0.902037231538462  
00:35:41.030 --> 00:35:42.820 a full psychological assessment.  
NOTE Confidence: 0.902037231538462

00:35:42.820 --> 00:35:45.130 Some of them have some, some of us.  
NOTE Confidence: 0.902037231538462

00:35:45.130 --> 00:35:46.990 Some of my colleagues in the  
NOTE Confidence: 0.902037231538462

00:35:46.990 --> 00:35:48.527 refugee will have made it.  
NOTE Confidence: 0.902037231538462

00:35:48.530 --> 00:35:51.519 I mean, the the the carrier is  
NOTE Confidence: 0.902037231538462

00:35:51.519 --> 00:35:53.820 studying these screening instruments.  
NOTE Confidence: 0.902037231538462

00:35:53.820 --> 00:35:54.324 Uhm,  
NOTE Confidence: 0.902037231538462

00:35:54.324 --> 00:35:57.348 so in terms of treatment uhm?  
NOTE Confidence: 0.6068584

00:35:59.730 --> 00:36:05.315 Most. I think there's a shift within the  
NOTE Confidence: 0.6068584

00:36:05.315 --> 00:36:07.408 refugee academic community that we have  
NOTE Confidence: 0.6068584

00:36:07.408 --> 00:36:09.515 to focus on like Wellness and health  
NOTE Confidence: 0.6068584

00:36:09.582 --> 00:36:11.920 promotion and less on just the trauma.  
NOTE Confidence: 0.6068584

00:36:11.920 --> 00:36:13.612 But most of what we have  
NOTE Confidence: 0.6068584

00:36:13.612 --> 00:36:15.400 so far is what we know.  
NOTE Confidence: 0.6068584

00:36:15.400 --> 00:36:17.675 If you want solid evidence is mostly  
NOTE Confidence: 0.6068584

00:36:17.675 --> 00:36:19.720 based on trauma based treatment.  
NOTE Confidence: 0.6068584

00:36:19.720 --> 00:36:22.450 So the NET stands for narrative exposure



NOTE Confidence: 0.6068584

00:36:22.450 --> 00:36:24.740 therapy. That's a particular type of.

NOTE Confidence: 0.6068584

00:36:24.740 --> 00:36:26.180 That'd be which you know.

NOTE Confidence: 0.6068584

00:36:26.180 --> 00:36:28.560 Basically, the idea is you're

NOTE Confidence: 0.6068584

00:36:28.560 --> 00:36:29.988 incorporating the traumatic

NOTE Confidence: 0.6068584

00:36:29.988 --> 00:36:32.151 experiences in a refugee's life as

NOTE Confidence: 0.6068584

00:36:32.151 --> 00:36:34.293 part of their whole lives narrative,

NOTE Confidence: 0.6068584

00:36:34.300 --> 00:36:36.532 and that's you know if it

NOTE Confidence: 0.6068584

00:36:36.532 --> 00:36:38.020 is a sequential trauma.

NOTE Confidence: 0.6068584

00:36:38.020 --> 00:36:40.367 It's not just one traumatic event, right?

NOTE Confidence: 0.6068584

00:36:40.367 --> 00:36:43.776 So that seems to have shown good

NOTE Confidence: 0.6068584

00:36:43.776 --> 00:36:46.450 efficacy in terms of outcomes.

NOTE Confidence: 0.911592204666667

00:36:49.100 --> 00:36:51.326 CBT sort of plus minus there's one

NOTE Confidence: 0.911592204666667

00:36:51.326 --> 00:36:53.349 group in Massachusetts that have done

NOTE Confidence: 0.911592204666667

00:36:53.349 --> 00:36:55.359 several studies but focus mainly on

NOTE Confidence: 0.911592204666667

00:36:55.359 --> 00:36:57.052 Southeast Asian refugees because they

NOTE Confidence: 0.911592204666667

00:36:57.052 --> 00:36:59.564 started working on them in the 80s and  
NOTE Confidence: 0.911592204666667

00:36:59.564 --> 00:37:02.370 90s and most of our data is from them  
NOTE Confidence: 0.911592204666667

00:37:02.370 --> 00:37:05.208 and they talk about culturally sensitive  
NOTE Confidence: 0.911592204666667

00:37:05.208 --> 00:37:07.479 meaning particular to that group,  
NOTE Confidence: 0.911592204666667

00:37:07.480 --> 00:37:08.524 and they've published,  
NOTE Confidence: 0.911592204666667

00:37:08.524 --> 00:37:09.994 you know, positive outcomes,  
NOTE Confidence: 0.911592204666667

00:37:09.994 --> 00:37:12.703 but it's sort of mixed and across  
NOTE Confidence: 0.911592204666667

00:37:12.703 --> 00:37:15.173 the board and I've had some  
NOTE Confidence: 0.911592204666667

00:37:15.173 --> 00:37:17.178 psychologists whereby the EMDR for  
NOTE Confidence: 0.911592204666667

00:37:17.254 --> 00:37:19.540 the refugees that they work with.  
NOTE Confidence: 0.911592204666667

00:37:19.540 --> 00:37:20.896 But in terms of actual evidence,  
NOTE Confidence: 0.911592204666667

00:37:20.900 --> 00:37:22.405 there are like a handful of studies,  
NOTE Confidence: 0.911592204666667

00:37:22.410 --> 00:37:23.858 and it's been mixed.  
NOTE Confidence: 0.911592204666667

00:37:23.858 --> 00:37:26.539 Some show positive outcomes and some do not.  
NOTE Confidence: 0.911592204666667

00:37:26.540 --> 00:37:29.060 In general there was a Cochrane  
NOTE Confidence: 0.911592204666667

00:37:29.060 --> 00:37:31.553 review actually about the treatment

NOTE Confidence: 0.911592204666667  
00:37:31.553 --> 00:37:34.290 modalities and basically what they  
NOTE Confidence: 0.911592204666667  
00:37:34.290 --> 00:37:37.840 sort of reiterated what we knew that.  
NOTE Confidence: 0.911592204666667  
00:37:37.840 --> 00:37:41.768 Some like I said that IDP's the  
NOTE Confidence: 0.911592204666667  
00:37:41.768 --> 00:37:43.588 internally displaced to form the  
NOTE Confidence: 0.911592204666667  
00:37:43.588 --> 00:37:45.779 largest numbers are not as well  
NOTE Confidence: 0.911592204666667  
00:37:45.779 --> 00:37:47.155 represented in these studies.  
NOTE Confidence: 0.911592204666667  
00:37:47.160 --> 00:37:49.712 And then most of them are focused on  
NOTE Confidence: 0.911592204666667  
00:37:49.712 --> 00:37:51.916 treatment and not sort of Wellness  
NOTE Confidence: 0.911592204666667  
00:37:51.916 --> 00:37:53.810 and health promotion and also.  
NOTE Confidence: 0.911592204666667  
00:37:53.810 --> 00:37:56.505 Uh, I know there are people in  
NOTE Confidence: 0.911592204666667  
00:37:56.505 --> 00:37:58.868 this audience who you know,  
NOTE Confidence: 0.911592204666667  
00:37:58.870 --> 00:38:00.382 work with kids and who probably  
NOTE Confidence: 0.911592204666667  
00:38:00.382 --> 00:38:02.372 would like to know more about what's  
NOTE Confidence: 0.911592204666667  
00:38:02.372 --> 00:38:03.917 what's most effective for kids.  
NOTE Confidence: 0.911592204666667  
00:38:03.920 --> 00:38:05.540 So just very briefly,  
NOTE Confidence: 0.911592204666667

00:38:05.540 --> 00:38:07.970 there are school based programs where  
NOTE Confidence: 0.911592204666667

00:38:08.047 --> 00:38:10.488 they trained teachers and then along  
NOTE Confidence: 0.911592204666667

00:38:10.488 --> 00:38:12.725 with the teachers they have programs  
NOTE Confidence: 0.911592204666667

00:38:12.725 --> 00:38:15.140 where you do like creative art or  
NOTE Confidence: 0.911592204666667

00:38:15.140 --> 00:38:17.943 like you do drama or you do dance and  
NOTE Confidence: 0.911592204666667

00:38:17.943 --> 00:38:20.719 those and then see if those have outcomes.  
NOTE Confidence: 0.911592204666667

00:38:20.720 --> 00:38:22.490 In general they've been positive  
NOTE Confidence: 0.911592204666667

00:38:22.490 --> 00:38:24.626 they've improved the interaction of the  
NOTE Confidence: 0.911592204666667

00:38:24.626 --> 00:38:26.456 kids with their environment they had.  
NOTE Confidence: 0.911592204666667

00:38:26.460 --> 00:38:29.134 The kids have to be able to  
NOTE Confidence: 0.911592204666667

00:38:29.134 --> 00:38:30.280 express themselves better,  
NOTE Confidence: 0.911592204666667

00:38:30.280 --> 00:38:31.990 but in terms of actual  
NOTE Confidence: 0.911592204666667

00:38:31.990 --> 00:38:33.016 outcomes on functioning,  
NOTE Confidence: 0.911592204666667

00:38:33.020 --> 00:38:35.420 the effects are a little mixed and also  
NOTE Confidence: 0.911592204666667

00:38:35.420 --> 00:38:37.509 it's not clear whether the effects  
NOTE Confidence: 0.911592204666667

00:38:37.509 --> 00:38:40.400 sustained six months later or a year later.

NOTE Confidence: 0.911592204666667  
00:38:40.400 --> 00:38:41.336 So it's a little bit mixed,  
NOTE Confidence: 0.911592204666667  
00:38:41.340 --> 00:38:43.835 but some people have done  
NOTE Confidence: 0.911592204666667  
00:38:43.835 --> 00:38:46.330 small studies looking at that.  
NOTE Confidence: 0.911592204666667  
00:38:46.330 --> 00:38:48.010 And then you know my favorite  
NOTE Confidence: 0.911592204666667  
00:38:48.010 --> 00:38:49.531 because it's the most frustrating  
NOTE Confidence: 0.911592204666667  
00:38:49.531 --> 00:38:51.918 is like coping with all the physical  
NOTE Confidence: 0.911592204666667  
00:38:51.918 --> 00:38:53.699 symptoms that you just come with.  
NOTE Confidence: 0.911592204666667  
00:38:53.700 --> 00:38:55.422 There are some small studies which look  
NOTE Confidence: 0.911592204666667  
00:38:55.422 --> 00:38:57.779 at if you treat the psychiatric symptoms,  
NOTE Confidence: 0.911592204666667  
00:38:57.780 --> 00:38:58.940 does it help the pain?  
NOTE Confidence: 0.911592204666667  
00:38:58.940 --> 00:39:00.492 It usually doesn't help  
NOTE Confidence: 0.911592204666667  
00:39:00.492 --> 00:39:02.432 the pain intensity as much,  
NOTE Confidence: 0.911592204666667  
00:39:02.440 --> 00:39:04.618 but it seems to help the coping with pain,  
NOTE Confidence: 0.911592204666667  
00:39:04.620 --> 00:39:07.428 which is sort of one of our goals.  
NOTE Confidence: 0.911592204666667  
00:39:07.430 --> 00:39:09.320 So that's just a natural what  
NOTE Confidence: 0.911592204666667

00:39:09.320 --> 00:39:11.562 we know about the evidence base  
NOTE Confidence: 0.911592204666667

00:39:11.562 --> 00:39:15.638 for treatment an and before.  
NOTE Confidence: 0.72971153

00:39:18.220 --> 00:39:22.588 OK, uh, sorry I think somehow I  
NOTE Confidence: 0.72971153

00:39:22.590 --> 00:39:24.426 skipped OK so I just want to say a  
NOTE Confidence: 0.72971153

00:39:24.426 --> 00:39:26.386 word because I thought people might  
NOTE Confidence: 0.72971153

00:39:26.386 --> 00:39:28.086 be wondering what's happening with  
NOTE Confidence: 0.72971153

00:39:28.145 --> 00:39:30.196 COVID and refugees and like have there  
NOTE Confidence: 0.72971153

00:39:30.196 --> 00:39:32.571 been outbreaks so just very briefly  
NOTE Confidence: 0.72971153

00:39:32.571 --> 00:39:35.056 definitely refugees are more vulnerable  
NOTE Confidence: 0.72971153

00:39:35.056 --> 00:39:38.038 because lots of programs were suspended.  
NOTE Confidence: 0.72971153

00:39:38.040 --> 00:39:40.690 Even this Mediterranean rescue operations  
NOTE Confidence: 0.72971153

00:39:40.690 --> 00:39:44.045 were suspended and also they live in  
NOTE Confidence: 0.72971153

00:39:44.045 --> 00:39:46.340 obviously congregate settings in camps.  
NOTE Confidence: 0.72971153

00:39:46.340 --> 00:39:47.580 So that was a potential.  
NOTE Confidence: 0.72971153

00:39:47.580 --> 00:39:49.420 Issue and like anybody else,  
NOTE Confidence: 0.72971153

00:39:49.420 --> 00:39:50.684 loss of financial support.

NOTE Confidence: 0.72971153

00:39:50.684 --> 00:39:52.880 They often work in low wage jobs

NOTE Confidence: 0.72971153

00:39:52.880 --> 00:39:54.338 and they're often on, you know,

NOTE Confidence: 0.72971153

00:39:54.340 --> 00:39:56.236 very limited budgets and then social

NOTE Confidence: 0.72971153

00:39:56.236 --> 00:39:58.084 isolation like we always try to

NOTE Confidence: 0.72971153

00:39:58.084 --> 00:39:59.674 help them engage in the community.

NOTE Confidence: 0.72971153

00:39:59.680 --> 00:40:01.395 But now we're telling them to sort

NOTE Confidence: 0.72971153

00:40:01.395 --> 00:40:02.970 of isolate soon after they come,

NOTE Confidence: 0.72971153

00:40:02.970 --> 00:40:06.029 so they did a modeling in the

NOTE Confidence: 0.72971153

00:40:06.029 --> 00:40:08.590 Cox Bazar in Bangladesh,

NOTE Confidence: 0.72971153

00:40:08.590 --> 00:40:09.885 where which is the largest

NOTE Confidence: 0.72971153

00:40:09.885 --> 00:40:11.180 camp for in the world.

NOTE Confidence: 0.72971153

00:40:11.180 --> 00:40:13.010 Actually, for me and more refugees,

NOTE Confidence: 0.72971153

00:40:13.010 --> 00:40:14.285 and they predicted that COVID

NOTE Confidence: 0.72971153

00:40:14.285 --> 00:40:15.870 was going to be very high.

NOTE Confidence: 0.72971153

00:40:15.870 --> 00:40:17.770 But actually a year later.

NOTE Confidence: 0.72971153

00:40:17.770 --> 00:40:20.320 That hasn't proven to be true.  
NOTE Confidence: 0.72971153

00:40:20.320 --> 00:40:21.615 We had our annual conference  
NOTE Confidence: 0.72971153

00:40:21.615 --> 00:40:23.462 a couple weeks ago and I mean  
NOTE Confidence: 0.72971153

00:40:23.462 --> 00:40:24.950 some of the theories where that.  
NOTE Confidence: 0.72971153

00:40:24.950 --> 00:40:27.600 Do we have enough data and is this good data?  
NOTE Confidence: 0.72971153

00:40:27.600 --> 00:40:28.308 And also,  
NOTE Confidence: 0.72971153

00:40:28.308 --> 00:40:30.432 are we just not testing them  
NOTE Confidence: 0.72971153

00:40:30.432 --> 00:40:33.099 enough or is it because mostly the  
NOTE Confidence: 0.72971153

00:40:33.099 --> 00:40:35.650 numbers come from camps in general?  
NOTE Confidence: 0.72971153

00:40:35.650 --> 00:40:38.458 People at camps have more UNHCR  
NOTE Confidence: 0.72971153

00:40:38.460 --> 00:40:40.090 aid and assistance compared to  
NOTE Confidence: 0.72971153

00:40:40.090 --> 00:40:42.380 people who might just be living in,  
NOTE Confidence: 0.72971153

00:40:42.380 --> 00:40:43.708 you know, wherever Turkey,  
NOTE Confidence: 0.72971153

00:40:43.708 --> 00:40:45.020 Jordan, wherever it may be,  
NOTE Confidence: 0.72971153

00:40:45.020 --> 00:40:46.245 as part of the Community,  
NOTE Confidence: 0.72971153

00:40:46.250 --> 00:40:47.780 but not having the protections.



NOTE Confidence: 0.72971153

00:40:47.780 --> 00:40:48.662 Having a camp.

NOTE Confidence: 0.72971153

00:40:48.662 --> 00:40:50.720 So if you studied them maybe there

NOTE Confidence: 0.72971153

00:40:50.780 --> 00:40:52.996 would be more COVID so we don't know,

NOTE Confidence: 0.72971153

00:40:53.000 --> 00:40:55.191 but at this point we haven't had

NOTE Confidence: 0.72971153

00:40:55.191 --> 00:40:58.098 such sort of major COVID concerns

NOTE Confidence: 0.72971153

00:40:58.098 --> 00:41:00.420 in refugee populations.

NOTE Confidence: 0.72971153

00:41:00.420 --> 00:41:00.762 Uhm,

NOTE Confidence: 0.72971153

00:41:00.762 --> 00:41:02.814 what do we know about mental

NOTE Confidence: 0.72971153

00:41:02.814 --> 00:41:03.840 health and COVID?

NOTE Confidence: 0.72971153

00:41:03.840 --> 00:41:05.598 I mean very little in terms

NOTE Confidence: 0.72971153

00:41:05.598 --> 00:41:06.770 of actual hard evidence,

NOTE Confidence: 0.72971153

00:41:06.770 --> 00:41:10.210 but there was like one survey of about

NOTE Confidence: 0.72971153

00:41:10.210 --> 00:41:12.930 500 refugees in Australia and then

NOTE Confidence: 0.72971153

00:41:12.930 --> 00:41:16.066 WHO had a survey of over 30,000 refugees.

NOTE Confidence: 0.72971153

00:41:16.070 --> 00:41:18.020 These were all self reports.

NOTE Confidence: 0.72971153

00:41:18.020 --> 00:41:21.340 But refugees did say that you  
NOTE Confidence: 0.72971153

00:41:21.340 --> 00:41:23.620 know they had you know more  
NOTE Confidence: 0.72971153

00:41:23.620 --> 00:41:25.470 anxiety depression and they said  
NOTE Confidence: 0.72971153

00:41:25.470 --> 00:41:27.972 it seemed like the the predictor  
NOTE Confidence: 0.72971153

00:41:27.972 --> 00:41:30.420 of them having poorer outcomes.  
NOTE Confidence: 0.72971153

00:41:30.420 --> 00:41:32.324 From the effect of Kovid was when  
NOTE Confidence: 0.72971153

00:41:32.324 --> 00:41:34.769 it was a reminder of the past  
NOTE Confidence: 0.72971153

00:41:34.769 --> 00:41:36.714 events that they had experienced,  
NOTE Confidence: 0.72971153

00:41:36.720 --> 00:41:38.820 and then there was also some report  
NOTE Confidence: 0.72971153

00:41:38.820 --> 00:41:40.663 self reports that there were increased  
NOTE Confidence: 0.72971153

00:41:40.663 --> 00:41:43.173 use of drugs and alcohol like I was  
NOTE Confidence: 0.72971153

00:41:43.173 --> 00:41:45.108 talking the stress related behaviors.  
NOTE Confidence: 0.72971153

00:41:45.110 --> 00:41:46.238 And again I haven't seen that  
NOTE Confidence: 0.72971153

00:41:46.238 --> 00:41:47.440 in the people who come here,  
NOTE Confidence: 0.72971153

00:41:47.440 --> 00:41:50.044 but that was reported in this survey.  
NOTE Confidence: 0.72971153

00:41:50.050 --> 00:41:50.672 Uhm?

NOTE Confidence: 0.72971153  
00:41:50.672 --> 00:41:51.294 So,  
NOTE Confidence: 0.72971153  
00:41:51.294 --> 00:41:55.648 so that's sort of like a whirlwind  
NOTE Confidence: 0.72971153  
00:41:55.648 --> 00:41:58.684 tour of what we know about.  
NOTE Confidence: 0.72971153  
00:41:58.684 --> 00:41:59.696 In general,  
NOTE Confidence: 0.72971153  
00:41:59.700 --> 00:42:01.740 about refugee populations across the  
NOTE Confidence: 0.72971153  
00:42:01.740 --> 00:42:04.622 world and what we know about the  
NOTE Confidence: 0.72971153  
00:42:04.622 --> 00:42:07.576 evidence and what we know about treatment.  
NOTE Confidence: 0.72971153  
00:42:07.580 --> 00:42:10.361 So I'm going to talk a little bit about  
NOTE Confidence: 0.72971153  
00:42:10.361 --> 00:42:13.204 sort of what happens on the ground here.  
NOTE Confidence: 0.72971153  
00:42:13.210 --> 00:42:15.229 So in general,  
NOTE Confidence: 0.72971153  
00:42:15.229 --> 00:42:19.940 health care delivery for refugees is up.  
NOTE Confidence: 0.72971153  
00:42:19.940 --> 00:42:20.482 Multiple ways.  
NOTE Confidence: 0.72971153  
00:42:20.482 --> 00:42:21.837 So I was talking about  
NOTE Confidence: 0.72971153  
00:42:21.837 --> 00:42:22.650 the resettlement pathways  
NOTE Confidence: 0.890423566  
00:42:22.699 --> 00:42:24.744 so once they come here, the resultant  
NOTE Confidence: 0.890423566

00:42:24.744 --> 00:42:27.379 agency is responsible for providing.  
NOTE Confidence: 0.890423566

00:42:27.380 --> 00:42:29.594 Or giving them access to healthcare  
NOTE Confidence: 0.890423566

00:42:29.594 --> 00:42:31.434 and actually the Department of  
NOTE Confidence: 0.890423566

00:42:31.434 --> 00:42:32.954 Health and Human Services mandates  
NOTE Confidence: 0.890423566

00:42:32.954 --> 00:42:35.287 that it has to be within 30 days.  
NOTE Confidence: 0.890423566

00:42:35.290 --> 00:42:37.783 And so they the idea is that they really  
NOTE Confidence: 0.890423566

00:42:37.783 --> 00:42:40.410 want the agencies to make this a priority.  
NOTE Confidence: 0.890423566

00:42:40.410 --> 00:42:43.427 I mean, that's the reason behind that.  
NOTE Confidence: 0.890423566

00:42:43.430 --> 00:42:45.986 And all finished the community health  
NOTE Confidence: 0.890423566

00:42:45.986 --> 00:42:49.370 centers to sort of do health assessment.  
NOTE Confidence: 0.890423566

00:42:49.370 --> 00:42:51.330 But oftentimes, in many regions,  
NOTE Confidence: 0.890423566

00:42:51.330 --> 00:42:54.067 what happens is that the follow up  
NOTE Confidence: 0.890423566

00:42:54.067 --> 00:42:56.550 follow through becomes a little unstable.  
NOTE Confidence: 0.890423566

00:42:56.550 --> 00:42:58.404 What we have here is basically  
NOTE Confidence: 0.890423566

00:42:58.404 --> 00:43:00.484 like a university based clinic in  
NOTE Confidence: 0.890423566

00:43:00.484 --> 00:43:02.444 partnership with the Community agency,

NOTE Confidence: 0.890423566

00:43:02.450 --> 00:43:03.740 the resettlement agency.

NOTE Confidence: 0.890423566

00:43:03.740 --> 00:43:07.110 And that's actually not the norm at all.

NOTE Confidence: 0.890423566

00:43:07.110 --> 00:43:09.693 I mean, there are several of those in the

NOTE Confidence: 0.890423566

00:43:09.693 --> 00:43:12.096 country but but that's really not the norm.

NOTE Confidence: 0.890423566

00:43:12.100 --> 00:43:13.712 But I think that.

NOTE Confidence: 0.890423566

00:43:13.712 --> 00:43:16.130 Having such a model really ensures

NOTE Confidence: 0.890423566

00:43:16.208 --> 00:43:18.812 that we can establish them in long

NOTE Confidence: 0.890423566

00:43:18.812 --> 00:43:22.137 term care and not just to sort of

NOTE Confidence: 0.890423566

00:43:22.137 --> 00:43:24.267 the health assessment upon arrival,

NOTE Confidence: 0.890423566

00:43:24.270 --> 00:43:26.910 and then in terms of access to services.

NOTE Confidence: 0.890423566

00:43:26.910 --> 00:43:29.082 So when they come through the

NOTE Confidence: 0.890423566

00:43:29.082 --> 00:43:30.168 formal resettlement program,

NOTE Confidence: 0.890423566

00:43:30.170 --> 00:43:33.240 they do have the refugee.

NOTE Confidence: 0.890423566

00:43:33.240 --> 00:43:35.388 What we call the Refugee medical

NOTE Confidence: 0.890423566

00:43:35.388 --> 00:43:37.939 assistance that takes the form of Medicaid.

NOTE Confidence: 0.890423566

00:43:37.940 --> 00:43:41.838 Basically, in many states,  
NOTE Confidence: 0.890423566

00:43:41.838 --> 00:43:42.694 including Connecticut,  
NOTE Confidence: 0.890423566

00:43:42.694 --> 00:43:44.834 and they're obviously also eligible  
NOTE Confidence: 0.890423566

00:43:44.834 --> 00:43:47.140 for the health care marketplace.  
NOTE Confidence: 0.890423566

00:43:47.140 --> 00:43:49.037 So even though they come with a  
NOTE Confidence: 0.890423566

00:43:49.037 --> 00:43:50.573 special visa there eligible for  
NOTE Confidence: 0.890423566

00:43:50.573 --> 00:43:52.238 these benefits when they come,  
NOTE Confidence: 0.890423566

00:43:52.240 --> 00:43:53.975 but the refugee medical assistance  
NOTE Confidence: 0.890423566

00:43:53.975 --> 00:43:56.437 runs out in the first after the  
NOTE Confidence: 0.890423566

00:43:56.437 --> 00:43:58.077 first eight or nine months.  
NOTE Confidence: 0.890423566

00:43:58.080 --> 00:44:00.224 So either you have to be eligible for  
NOTE Confidence: 0.890423566

00:44:00.224 --> 00:44:02.406 Medicaid in that state for other reasons,  
NOTE Confidence: 0.890423566

00:44:02.410 --> 00:44:04.270 or you have to become financially.  
NOTE Confidence: 0.890423566

00:44:04.270 --> 00:44:06.580 Independent enough to have your own health,  
NOTE Confidence: 0.890423566

00:44:06.580 --> 00:44:08.506 employer based insurance or you know  
NOTE Confidence: 0.890423566

00:44:08.506 --> 00:44:11.447 you have to look for insurance in the

NOTE Confidence: 0.890423566

00:44:11.447 --> 00:44:13.410 marketplace, and that's how it's usually.

NOTE Confidence: 0.890423566

00:44:13.410 --> 00:44:15.440 And I'll talk in a minute about

NOTE Confidence: 0.890423566

00:44:15.440 --> 00:44:17.600 sort of the incoming refugees.

NOTE Confidence: 0.890423566

00:44:17.600 --> 00:44:19.864 In relation to this.

NOTE Confidence: 0.890423566

00:44:19.864 --> 00:44:20.430 Uhm,

NOTE Confidence: 0.890423566

00:44:20.430 --> 00:44:22.862 so I was saying earlier that the refugees

NOTE Confidence: 0.890423566

00:44:22.862 --> 00:44:25.594 are one of the most vetted groups both

NOTE Confidence: 0.890423566

00:44:25.594 --> 00:44:27.959 for security reasons and health reasons.

NOTE Confidence: 0.890423566

00:44:27.960 --> 00:44:28.482 I mean,

NOTE Confidence: 0.890423566

00:44:28.482 --> 00:44:30.309 no other immigrant group is vetted as

NOTE Confidence: 0.890423566

00:44:30.309 --> 00:44:33.858 much as the refugees are health wise so.

NOTE Confidence: 0.890423566

00:44:33.858 --> 00:44:38.334 Overseas screening and CDC is basically.

NOTE Confidence: 0.890423566

00:44:38.340 --> 00:44:40.727 Has published lots and lots and lots

NOTE Confidence: 0.890423566

00:44:40.727 --> 00:44:42.651 of guidelines about what we look

NOTE Confidence: 0.890423566

00:44:42.651 --> 00:44:44.611 for overseas and what we look for

NOTE Confidence: 0.890423566

00:44:44.672 --> 00:44:46.655 after they come here and the idea  
NOTE Confidence: 0.890423566

00:44:46.655 --> 00:44:48.883 in general is to see if there is  
NOTE Confidence: 0.890423566

00:44:48.883 --> 00:44:50.758 anything of public health concern,  
NOTE Confidence: 0.890423566

00:44:50.760 --> 00:44:51.984 mainly any communicable diseases.  
NOTE Confidence: 0.890423566

00:44:51.984 --> 00:44:52.596 I mean,  
NOTE Confidence: 0.890423566

00:44:52.600 --> 00:44:53.951 COVID has sort of taken over in  
NOTE Confidence: 0.890423566

00:44:53.951 --> 00:44:54.530 the last year,  
NOTE Confidence: 0.890423566

00:44:54.530 --> 00:44:58.426 but it used to be more TB measles, you know.  
NOTE Confidence: 0.890423566

00:44:58.426 --> 00:45:01.616 Are there anything that should be of concern?  
NOTE Confidence: 0.890423566

00:45:01.616 --> 00:45:04.402 And then it's shifted more and more  
NOTE Confidence: 0.890423566

00:45:04.402 --> 00:45:06.390 towards like infectious diseases  
NOTE Confidence: 0.890423566

00:45:06.390 --> 00:45:08.378 to just chronic diseases.  
NOTE Confidence: 0.890423566

00:45:08.380 --> 00:45:09.880 Identifying what may have been  
NOTE Confidence: 0.890423566

00:45:09.880 --> 00:45:10.780 untreated so far,  
NOTE Confidence: 0.890423566

00:45:10.780 --> 00:45:12.040 and that includes mental health,  
NOTE Confidence: 0.890423566

00:45:12.040 --> 00:45:16.408 two and justice of interest to note.



NOTE Confidence: 0.871788000454545

00:45:18.460 --> 00:45:19.660 For mental health,

NOTE Confidence: 0.871788000454545

00:45:19.660 --> 00:45:22.460 if people are considered to be an

NOTE Confidence: 0.871788000454545

00:45:22.546 --> 00:45:24.971 immediate danger or unstable acutely

NOTE Confidence: 0.871788000454545

00:45:24.971 --> 00:45:28.020 than they cannot be raised at all,

NOTE Confidence: 0.871788000454545

00:45:28.020 --> 00:45:30.580 they have to be treated and they have to be

NOTE Confidence: 0.871788000454545

00:45:30.646 --> 00:45:33.196 more stable before they can be resettled.

NOTE Confidence: 0.871788000454545

00:45:33.196 --> 00:45:35.410 And there are some other categories

NOTE Confidence: 0.871788000454545

00:45:35.475 --> 00:45:37.319 among medical conditions too,

NOTE Confidence: 0.871788000454545

00:45:37.320 --> 00:45:38.985 which may prohibit somebody from

NOTE Confidence: 0.871788000454545

00:45:38.985 --> 00:45:40.317 being resettled right away.

NOTE Confidence: 0.871788000454545

00:45:40.320 --> 00:45:41.440 But in general it's not

NOTE Confidence: 0.871788000454545

00:45:41.440 --> 00:45:42.336 meant to be restrictive,

NOTE Confidence: 0.871788000454545

00:45:42.340 --> 00:45:43.990 it meant it's meant to.

NOTE Confidence: 0.903061627777778

00:45:46.380 --> 00:45:47.940 Give them the care,

NOTE Confidence: 0.903061627777778

00:45:47.940 --> 00:45:50.769 but also protect the local population from

NOTE Confidence: 0.903061627777778

00:45:50.769 --> 00:45:53.646 unexpected outbreaks of whatever it may be.

NOTE Confidence: 0.903061627777778

00:45:53.650 --> 00:45:56.314 And you know, there's some predeparture

NOTE Confidence: 0.903061627777778

00:45:56.314 --> 00:45:58.090 treatments that they're given,

NOTE Confidence: 0.903061627777778

00:45:58.090 --> 00:45:59.968 and then the health information is

NOTE Confidence: 0.903061627777778

00:45:59.968 --> 00:46:01.593 actually comes through an electronic

NOTE Confidence: 0.903061627777778

00:46:01.593 --> 00:46:03.471 database through the CDC and you

NOTE Confidence: 0.903061627777778

00:46:03.471 --> 00:46:05.553 have to actually specially get get

NOTE Confidence: 0.903061627777778

00:46:05.553 --> 00:46:07.568 permission and register for that.

NOTE Confidence: 0.903061627777778

00:46:07.570 --> 00:46:11.242 So this was all what we were normally doing,

NOTE Confidence: 0.903061627777778

00:46:11.250 --> 00:46:13.710 but now.

NOTE Confidence: 0.903061627777778

00:46:13.710 --> 00:46:15.816 It's very unclear what's going to

NOTE Confidence: 0.903061627777778

00:46:15.816 --> 00:46:18.163 happen to the incoming with the

NOTE Confidence: 0.903061627777778

00:46:18.163 --> 00:46:19.480 incoming Afghani refugees,

NOTE Confidence: 0.903061627777778

00:46:19.480 --> 00:46:21.190 so there are different categories.

NOTE Confidence: 0.903061627777778

00:46:21.190 --> 00:46:22.755 There are there's one category

NOTE Confidence: 0.903061627777778

00:46:22.755 --> 00:46:24.007 that's the SIV approved.

NOTE Confidence: 0.903061627777778  
00:46:24.010 --> 00:46:25.588 They're like all the other CVS.  
NOTE Confidence: 0.903061627777778  
00:46:25.590 --> 00:46:27.536 Then there's a category where their paper  
NOTE Confidence: 0.903061627777778  
00:46:27.536 --> 00:46:29.330 was being processed and they were going.  
NOTE Confidence: 0.903061627777778  
00:46:29.330 --> 00:46:31.290 If I did, but it's not completed.  
NOTE Confidence: 0.903061627777778  
00:46:31.290 --> 00:46:33.660 They're called the S IV pending.  
NOTE Confidence: 0.903061627777778  
00:46:33.660 --> 00:46:35.828 Both these categories are  
NOTE Confidence: 0.903061627777778  
00:46:35.828 --> 00:46:37.454 eligible for Medicaid,  
NOTE Confidence: 0.903061627777778  
00:46:37.460 --> 00:46:40.220 but then the largest group that we are  
NOTE Confidence: 0.903061627777778  
00:46:40.220 --> 00:46:42.263 expecting according to our resettlement  
NOTE Confidence: 0.903061627777778  
00:46:42.263 --> 00:46:44.418 partners is the humanitarian parolees.  
NOTE Confidence: 0.903061627777778  
00:46:44.420 --> 00:46:46.676 Who may not even be a savvy eligible?  
NOTE Confidence: 0.903061627777778  
00:46:46.680 --> 00:46:47.529 Maybe, maybe not.  
NOTE Confidence: 0.903061627777778  
00:46:47.529 --> 00:46:48.378 We don't know,  
NOTE Confidence: 0.903061627777778  
00:46:48.380 --> 00:46:50.844 but they haven't gone through that process  
NOTE Confidence: 0.903061627777778  
00:46:50.844 --> 00:46:53.520 and it's unclear at this point what I mean.  
NOTE Confidence: 0.903061627777778

00:46:53.520 --> 00:46:55.585 I just had a meeting with the  
NOTE Confidence: 0.903061627777778

00:46:55.585 --> 00:46:57.051 resettlement folks couple days ago  
NOTE Confidence: 0.903061627777778

00:46:57.051 --> 00:46:58.892 and they still don't know what shape  
NOTE Confidence: 0.903061627777778

00:46:58.892 --> 00:47:00.979 the health care assistance will take,  
NOTE Confidence: 0.903061627777778

00:47:00.980 --> 00:47:02.456 whether it's going to be some  
NOTE Confidence: 0.903061627777778

00:47:02.456 --> 00:47:03.440 sort of emergency Medicaid,  
NOTE Confidence: 0.903061627777778

00:47:03.440 --> 00:47:05.584 or will they think that they're going to  
NOTE Confidence: 0.903061627777778

00:47:05.584 --> 00:47:07.680 be eligible for the marketplace coverage,  
NOTE Confidence: 0.903061627777778

00:47:07.680 --> 00:47:09.375 but they won't necessarily be  
NOTE Confidence: 0.903061627777778

00:47:09.375 --> 00:47:11.070 eligible for the routine Medicaid.  
NOTE Confidence: 0.903061627777778

00:47:11.070 --> 00:47:12.512 They may just have some sort of  
NOTE Confidence: 0.903061627777778

00:47:12.512 --> 00:47:13.818 emergency care soon after they come,  
NOTE Confidence: 0.903061627777778

00:47:13.820 --> 00:47:15.420 so it's it's very.  
NOTE Confidence: 0.903061627777778

00:47:15.420 --> 00:47:17.020 Uncertain at this point.  
NOTE Confidence: 0.903061627777778

00:47:17.020 --> 00:47:19.260 And also because there's being  
NOTE Confidence: 0.903061627777778

00:47:19.260 --> 00:47:22.374 evacuated in a hurry up with you

NOTE Confidence: 0.903061627777778  
00:47:22.374 --> 00:47:24.738 know with a sense of urgency,  
NOTE Confidence: 0.903061627777778  
00:47:24.740 --> 00:47:26.740 they haven't had the same kind of health  
NOTE Confidence: 0.903061627777778  
00:47:26.740 --> 00:47:28.470 vetting that they used to have before,  
NOTE Confidence: 0.903061627777778  
00:47:28.470 --> 00:47:30.684 so we've already seen some people  
NOTE Confidence: 0.903061627777778  
00:47:30.684 --> 00:47:32.430 who are coming through EU.  
NOTE Confidence: 0.903061627777778  
00:47:32.430 --> 00:47:37.310 S military bases and the bases are now  
NOTE Confidence: 0.903061627777778  
00:47:37.310 --> 00:47:40.470 like very quickly trying to do these  
NOTE Confidence: 0.903061627777778  
00:47:40.470 --> 00:47:42.878 health assessments for them and do  
NOTE Confidence: 0.903061627777778  
00:47:42.878 --> 00:47:45.284 the basic sort of infectious disease  
NOTE Confidence: 0.903061627777778  
00:47:45.284 --> 00:47:47.829 screening during the COVID vaccinations.  
NOTE Confidence: 0.903061627777778  
00:47:47.830 --> 00:47:48.159 Testing,  
NOTE Confidence: 0.903061627777778  
00:47:48.159 --> 00:47:50.133 but also starting the vaccination process  
NOTE Confidence: 0.903061627777778  
00:47:50.133 --> 00:47:52.454 so this has started on the basis just  
NOTE Confidence: 0.903061627777778  
00:47:52.454 --> 00:47:56.199 in the last few weeks, but it's still.  
NOTE Confidence: 0.903061627777778  
00:47:56.200 --> 00:47:57.455 The information is not necessarily  
NOTE Confidence: 0.903061627777778

00:47:57.455 --> 00:47:58.208 getting to us.  
NOTE Confidence: 0.903061627777778

00:47:58.210 --> 00:47:59.354 We've been talking about,  
NOTE Confidence: 0.903061627777778

00:47:59.354 --> 00:48:00.370 like, you know,  
NOTE Confidence: 0.903061627777778

00:48:00.370 --> 00:48:02.560 sort of some of the logistics  
NOTE Confidence: 0.903061627777778

00:48:02.560 --> 00:48:04.205 of of those issues,  
NOTE Confidence: 0.903061627777778

00:48:04.205 --> 00:48:04.630 but.  
NOTE Confidence: 0.8840837416

00:48:07.050 --> 00:48:08.898 It's it's very new, so it remains  
NOTE Confidence: 0.8840837416

00:48:08.898 --> 00:48:11.270 to be seen and it remains to be seen  
NOTE Confidence: 0.8840837416

00:48:11.270 --> 00:48:13.645 where we will be with with the mental  
NOTE Confidence: 0.8840837416

00:48:13.645 --> 00:48:19.470 health of these Afghani refugees so.  
NOTE Confidence: 0.8840837416

00:48:19.470 --> 00:48:20.982 Our Refugee health program.  
NOTE Confidence: 0.8840837416

00:48:20.982 --> 00:48:23.190 I mean, the clinic is the basic.  
NOTE Confidence: 0.8840837416

00:48:23.190 --> 00:48:25.830 The fulcrum of everything we do.  
NOTE Confidence: 0.8840837416

00:48:25.830 --> 00:48:28.147 This is actually in our old location.  
NOTE Confidence: 0.8840837416

00:48:28.150 --> 00:48:31.750 These are in the picture you see all  
NOTE Confidence: 0.8840837416

00:48:31.750 --> 00:48:34.234 internal medicine refugees with me.

NOTE Confidence: 0.8840837416

00:48:34.234 --> 00:48:36.874 We're talking about a patient,

NOTE Confidence: 0.8840837416

00:48:36.880 --> 00:48:41.381 but also we have a mental health

NOTE Confidence: 0.8840837416

00:48:41.381 --> 00:48:43.738 team and you know my approval,

NOTE Confidence: 0.8840837416

00:48:43.738 --> 00:48:46.426 who many of you know in our department has

NOTE Confidence: 0.8840837416

00:48:46.426 --> 00:48:50.106 been a significant ally of the clinic.

NOTE Confidence: 0.8840837416

00:48:50.110 --> 00:48:52.620 And you know, has been.

NOTE Confidence: 0.744405644

00:48:54.900 --> 00:48:57.780 You know mentoring a trainees.

NOTE Confidence: 0.744405644

00:48:57.780 --> 00:48:59.860 We've had residents who elected to work here.

NOTE Confidence: 0.744405644

00:48:59.860 --> 00:49:02.610 We've actually had a public

NOTE Confidence: 0.744405644

00:49:02.610 --> 00:49:05.050 psychiatry fellows under, you know,

NOTE Confidence: 0.744405644

00:49:05.050 --> 00:49:07.420 Doctor Steiner who worked in our

NOTE Confidence: 0.744405644

00:49:07.420 --> 00:49:10.228 clinic and what we've tried to do is.

NOTE Confidence: 0.856838128125

00:49:12.700 --> 00:49:13.955 Basically like find them mental

NOTE Confidence: 0.856838128125

00:49:13.955 --> 00:49:15.210 health services when it's been

NOTE Confidence: 0.856838128125

00:49:15.258 --> 00:49:16.716 challenging and I'll talk about for.

NOTE Confidence: 0.856838128125

00:49:16.720 --> 00:49:19.856 The challenge is also a little bit more,  
NOTE Confidence: 0.856838128125

00:49:19.860 --> 00:49:21.972 but basically as I've been saying  
NOTE Confidence: 0.856838128125

00:49:21.972 --> 00:49:24.060 it's a partnership with with Iris.  
NOTE Confidence: 0.856838128125

00:49:24.060 --> 00:49:26.707 This is our new location where  
NOTE Confidence: 0.856838128125

00:49:26.707 --> 00:49:30.349 the clinics have moved and the.  
NOTE Confidence: 0.856838128125

00:49:30.350 --> 00:49:32.162 As I said, Connecticut doesn't get  
NOTE Confidence: 0.856838128125

00:49:32.162 --> 00:49:34.373 that many refugees in terms of like  
NOTE Confidence: 0.856838128125

00:49:34.373 --> 00:49:35.953 numbers compared to other states,  
NOTE Confidence: 0.856838128125

00:49:35.960 --> 00:49:38.246 but most who come to Connecticut  
NOTE Confidence: 0.856838128125

00:49:38.246 --> 00:49:39.389 come through IRAS.  
NOTE Confidence: 0.856838128125

00:49:39.390 --> 00:49:41.210 That's the local resettlement agency,  
NOTE Confidence: 0.856838128125

00:49:41.210 --> 00:49:43.569 so New Haven is the biggest hub.  
NOTE Confidence: 0.856838128125

00:49:43.570 --> 00:49:46.878 So right now we're talking about how can we  
NOTE Confidence: 0.856838128125

00:49:46.878 --> 00:49:49.750 like work with other clinics in the state.  
NOTE Confidence: 0.856838128125

00:49:49.750 --> 00:49:52.678 And you know, have more providers  
NOTE Confidence: 0.856838128125

00:49:52.678 --> 00:49:55.350 and clinics see these people?



NOTE Confidence: 0.856838128125

00:49:55.350 --> 00:49:57.990 And the plan is that.

NOTE Confidence: 0.856838128125

00:49:57.990 --> 00:49:59.830 We're going to get like,

NOTE Confidence: 0.856838128125

00:49:59.830 --> 00:50:02.334 or at least the expectations we're going to

NOTE Confidence: 0.856838128125

00:50:02.334 --> 00:50:05.045 get 100 a month starting like this month,

NOTE Confidence: 0.856838128125

00:50:05.050 --> 00:50:07.975 and many of them will be in New Haven.

NOTE Confidence: 0.856838128125

00:50:07.980 --> 00:50:10.036 Some of them will be sending to Hartford,

NOTE Confidence: 0.856838128125

00:50:10.040 --> 00:50:13.252 so there's a lot of discussions about

NOTE Confidence: 0.856838128125

00:50:13.252 --> 00:50:16.479 sort of how to accommodate the the

NOTE Confidence: 0.856838128125

00:50:16.479 --> 00:50:19.530 need needs that they will come with.

NOTE Confidence: 0.856838128125

00:50:19.530 --> 00:50:20.838 What we do when they come.

NOTE Confidence: 0.856838128125

00:50:20.840 --> 00:50:21.689 As you know,

NOTE Confidence: 0.856838128125

00:50:21.689 --> 00:50:23.670 we do a normal sort of physical

NOTE Confidence: 0.856838128125

00:50:23.737 --> 00:50:25.537 and mental health assessment

NOTE Confidence: 0.856838128125

00:50:25.540 --> 00:50:27.418 just like you would with anybody,

NOTE Confidence: 0.856838128125

00:50:27.420 --> 00:50:29.220 but with special attention to what

NOTE Confidence: 0.856838128125

00:50:29.220 --> 00:50:31.259 we know about their mental health.  
NOTE Confidence: 0.856838128125

00:50:31.260 --> 00:50:33.936 And you know, as I said,  
NOTE Confidence: 0.856838128125

00:50:33.940 --> 00:50:36.840 chronic diseases are becoming  
NOTE Confidence: 0.856838128125

00:50:36.840 --> 00:50:39.015 increasingly common and.  
NOTE Confidence: 0.856838128125

00:50:39.020 --> 00:50:40.080 We are,  
NOTE Confidence: 0.856838128125

00:50:40.080 --> 00:50:41.140 you know,  
NOTE Confidence: 0.856838128125

00:50:41.140 --> 00:50:44.320 fortunate that we have actually very,  
NOTE Confidence: 0.856838128125

00:50:44.320 --> 00:50:46.325 very motivated trainees who really  
NOTE Confidence: 0.856838128125

00:50:46.325 --> 00:50:49.550 want to be part of the system and.  
NOTE Confidence: 0.78490249

00:50:52.100 --> 00:50:56.873 The challenge actually has been uhm, in.  
NOTE Confidence: 0.78490249

00:50:56.873 --> 00:51:02.085 In a. Accessing some of the required  
NOTE Confidence: 0.78490249

00:51:02.085 --> 00:51:04.188 services so the clinic is really  
NOTE Confidence: 0.78490249

00:51:04.188 --> 00:51:06.410 more sort of a medical home for these  
NOTE Confidence: 0.78490249

00:51:06.410 --> 00:51:08.587 patients because they come here and this  
NOTE Confidence: 0.78490249

00:51:08.587 --> 00:51:10.559 becomes becomes their healthcare home.  
NOTE Confidence: 0.78490249

00:51:10.560 --> 00:51:12.660 The challenge has been in

NOTE Confidence: 0.78490249

00:51:12.660 --> 00:51:14.340 accessing mental health services,

NOTE Confidence: 0.78490249

00:51:14.340 --> 00:51:16.548 and that's just because of the

NOTE Confidence: 0.78490249

00:51:16.548 --> 00:51:18.930 structure of the system here and

NOTE Confidence: 0.78490249

00:51:18.930 --> 00:51:22.850 the fact that it's the care is.

NOTE Confidence: 0.78490249

00:51:22.850 --> 00:51:25.340 You know, across multiple systems

NOTE Confidence: 0.78490249

00:51:25.340 --> 00:51:28.671 and we haven't had sort of one

NOTE Confidence: 0.78490249

00:51:28.671 --> 00:51:31.671 place or one clinic to send them to.

NOTE Confidence: 0.78490249

00:51:31.680 --> 00:51:34.179 What has happened in the last year

NOTE Confidence: 0.78490249

00:51:34.179 --> 00:51:36.517 as people may or may not know,

NOTE Confidence: 0.78490249

00:51:36.520 --> 00:51:39.138 is that now the primary care clinics,

NOTE Confidence: 0.78490249

00:51:39.140 --> 00:51:40.320 along with the refugee clinics,

NOTE Confidence: 0.78490249

00:51:40.320 --> 00:51:43.248 have moved to the new location under the

NOTE Confidence: 0.78490249

00:51:43.248 --> 00:51:45.269 federally qualified health care centers.

NOTE Confidence: 0.78490249

00:51:45.270 --> 00:51:46.866 So we do have more resources.

NOTE Confidence: 0.78490249

00:51:46.870 --> 00:51:48.334 In that sense,

NOTE Confidence: 0.78490249

00:51:48.334 --> 00:51:50.958 we have a whole behavioral health  
NOTE Confidence: 0.78490249

00:51:50.958 --> 00:51:53.430 team for the adults at Cornell.  
NOTE Confidence: 0.78490249

00:51:53.430 --> 00:51:55.395 Scott Hill Health Center and  
NOTE Confidence: 0.78490249

00:51:55.395 --> 00:51:57.468 then we have for kids.  
NOTE Confidence: 0.78490249

00:51:57.468 --> 00:52:00.576 We have the Fair Haven health system.  
NOTE Confidence: 0.78490249

00:52:00.580 --> 00:52:01.484 And as I said,  
NOTE Confidence: 0.78490249

00:52:01.484 --> 00:52:02.840 we haven't had that many refugees  
NOTE Confidence: 0.78490249

00:52:02.888 --> 00:52:04.267 in the last few months to utilize  
NOTE Confidence: 0.78490249

00:52:04.267 --> 00:52:05.619 a lot of their services,  
NOTE Confidence: 0.78490249

00:52:05.620 --> 00:52:07.324 but they're actually going to meet  
NOTE Confidence: 0.78490249

00:52:07.324 --> 00:52:09.265 with them later today just to sort  
NOTE Confidence: 0.78490249

00:52:09.265 --> 00:52:11.008 of talk about how to build capacity.  
NOTE Confidence: 0.78490249

00:52:11.010 --> 00:52:14.490 If we're going to have a lot of people with.  
NOTE Confidence: 0.78490249

00:52:14.490 --> 00:52:16.599 Mental health needs.  
NOTE Confidence: 0.78490249

00:52:16.600 --> 00:52:19.560 So what we used to do while we  
NOTE Confidence: 0.78490249

00:52:19.560 --> 00:52:22.278 were still located as part of

NOTE Confidence: 0.78490249

00:52:22.278 --> 00:52:24.633 the larger hospital was uhm.

NOTE Confidence: 0.78490249

00:52:24.640 --> 00:52:26.744 My my opera Boo and you know the

NOTE Confidence: 0.78490249

00:52:26.744 --> 00:52:28.859 team of residents we had would.

NOTE Confidence: 0.78490249

00:52:28.860 --> 00:52:32.490 Basically we would hold them for.

NOTE Confidence: 0.78490249

00:52:32.490 --> 00:52:33.990 The amount of time that they

NOTE Confidence: 0.78490249

00:52:33.990 --> 00:52:34.990 needed some acute care,

NOTE Confidence: 0.78490249

00:52:34.990 --> 00:52:36.782 and then we would try to triage

NOTE Confidence: 0.78490249

00:52:36.782 --> 00:52:38.430 based on the level of need.

NOTE Confidence: 0.78490249

00:52:38.430 --> 00:52:40.162 And you know CMFC,

NOTE Confidence: 0.78490249

00:52:40.162 --> 00:52:42.327 which is my primary location,

NOTE Confidence: 0.78490249

00:52:42.330 --> 00:52:43.362 you know,

NOTE Confidence: 0.78490249

00:52:43.362 --> 00:52:47.490 has definitely taken a lot of our refugees.

NOTE Confidence: 0.78490249

00:52:47.490 --> 00:52:50.490 Are you know RCMS leadership has

NOTE Confidence: 0.78490249

00:52:50.490 --> 00:52:53.076 been very supportive of taking the

NOTE Confidence: 0.78490249

00:52:53.076 --> 00:52:55.127 care of some of our very complex,

NOTE Confidence: 0.78490249

00:52:55.130 --> 00:52:56.411 severely ill refugees.  
NOTE Confidence: 0.78490249

00:52:56.411 --> 00:52:58.546 And then we've used other  
NOTE Confidence: 0.78490249

00:52:58.546 --> 00:52:59.400 Community resources.  
NOTE Confidence: 0.78490249

00:52:59.400 --> 00:53:01.060 You know, sometimes private clinics,  
NOTE Confidence: 0.78490249

00:53:01.060 --> 00:53:05.750 sometimes other hospital based clinics,  
NOTE Confidence: 0.78490249

00:53:05.750 --> 00:53:11.960 and we. Have even like utilized dumb.  
NOTE Confidence: 0.78490249

00:53:11.960 --> 00:53:13.620 You know other private agents,  
NOTE Confidence: 0.78490249

00:53:13.620 --> 00:53:16.818 for example, come?  
NOTE Confidence: 0.78490249

00:53:16.820 --> 00:53:19.300 We had a social worker at Iris who  
NOTE Confidence: 0.78490249

00:53:19.300 --> 00:53:21.408 was there for case management,  
NOTE Confidence: 0.78490249

00:53:21.410 --> 00:53:23.138 but she was interested in being  
NOTE Confidence: 0.78490249

00:53:23.138 --> 00:53:24.290 actually providing some therapy,  
NOTE Confidence: 0.78490249

00:53:24.290 --> 00:53:26.054 so we she consulted with us and  
NOTE Confidence: 0.78490249

00:53:26.054 --> 00:53:27.772 we talked about sort of what it  
NOTE Confidence: 0.78490249

00:53:27.772 --> 00:53:29.490 would look like and how we can  
NOTE Confidence: 0.78490249

00:53:29.490 --> 00:53:31.326 actually build a place where she

NOTE Confidence: 0.78490249

00:53:31.326 --> 00:53:32.624 does some supportive counseling

NOTE Confidence: 0.78490249

00:53:32.624 --> 00:53:35.242 for them so that we don't refer

NOTE Confidence: 0.78490249

00:53:35.242 --> 00:53:37.513 everybody or look for specialized

NOTE Confidence: 0.78490249

00:53:37.513 --> 00:53:39.933 mental health services for everyone.

NOTE Confidence: 0.78490249

00:53:39.940 --> 00:53:42.658 So we've had to be creative

NOTE Confidence: 0.78490249

00:53:42.658 --> 00:53:45.820 and sort of look for sources.

NOTE Confidence: 0.78490249

00:53:45.820 --> 00:53:46.870 And in general,

NOTE Confidence: 0.78490249

00:53:46.870 --> 00:53:49.320 like with everything else with anybody else,

NOTE Confidence: 0.78490249

00:53:49.320 --> 00:53:50.496 like employment, school, housing,

NOTE Confidence: 0.78490249

00:53:50.496 --> 00:53:52.511 you know these are not things that

NOTE Confidence: 0.78490249

00:53:52.511 --> 00:53:53.939 we have a lot of control over.

NOTE Confidence: 0.78490249

00:53:53.940 --> 00:53:56.047 But the iris is a great partner

NOTE Confidence: 0.78490249

00:53:56.047 --> 00:53:57.160 and they have a,

NOTE Confidence: 0.78490249

00:53:57.160 --> 00:54:00.250 you know very very effective CEO

NOTE Confidence: 0.78490249

00:54:00.250 --> 00:54:02.310 who who you know,

NOTE Confidence: 0.78490249

00:54:02.310 --> 00:54:03.219 actually you know,  
NOTE Confidence: 0.78490249

00:54:03.219 --> 00:54:05.037 manages to actually get a lot  
NOTE Confidence: 0.78490249

00:54:05.037 --> 00:54:07.039 of resources and and so we're  
NOTE Confidence: 0.78490249

00:54:07.039 --> 00:54:08.674 actually lucky that they are  
NOTE Confidence: 0.86585689

00:54:08.736 --> 00:54:10.705 our partners. And I was just talking  
NOTE Confidence: 0.86585689

00:54:10.705 --> 00:54:12.340 about sort of the barriers to like.  
NOTE Confidence: 0.86585689

00:54:12.340 --> 00:54:14.013 You know how we can help people  
NOTE Confidence: 0.86585689

00:54:14.013 --> 00:54:15.857 engage and part of the engagement is.  
NOTE Confidence: 0.86585689

00:54:15.860 --> 00:54:18.280 Getting them involved in activities,  
NOTE Confidence: 0.86585689

00:54:18.280 --> 00:54:19.788 either it's employment or  
NOTE Confidence: 0.86585689

00:54:19.788 --> 00:54:21.296 if it's not employment.  
NOTE Confidence: 0.86585689

00:54:21.300 --> 00:54:23.120 You know other activities in the community,  
NOTE Confidence: 0.86585689

00:54:23.120 --> 00:54:24.340 not just within their group,  
NOTE Confidence: 0.86585689

00:54:24.340 --> 00:54:27.770 but and you know some people in the  
NOTE Confidence: 0.86585689

00:54:27.770 --> 00:54:29.300 Community are already doing that,  
NOTE Confidence: 0.86585689

00:54:29.300 --> 00:54:32.508 helping these people integrate.



NOTE Confidence: 0.86585689

00:54:32.508 --> 00:54:35.254 Uhm, within our program itself,

NOTE Confidence: 0.86585689

00:54:35.254 --> 00:54:37.198 beyond the clinical work,

NOTE Confidence: 0.86585689

00:54:37.200 --> 00:54:41.040 we have something called the Yale.

NOTE Confidence: 0.86585689

00:54:41.040 --> 00:54:42.536 Medical Student Navigator Program,

NOTE Confidence: 0.86585689

00:54:42.536 --> 00:54:44.406 which has been tremendously helpful.

NOTE Confidence: 0.86585689

00:54:44.410 --> 00:54:47.296 UM Paul Bordelon, one of her.

NOTE Confidence: 0.86585689

00:54:47.300 --> 00:54:48.632 He actually in 2015.

NOTE Confidence: 0.86585689

00:54:48.632 --> 00:54:50.630 He was a Med student at

NOTE Confidence: 0.86585689

00:54:50.710 --> 00:54:52.680 the time and he basically,

NOTE Confidence: 0.86585689

00:54:52.680 --> 00:54:53.340 you know,

NOTE Confidence: 0.86585689

00:54:53.340 --> 00:54:55.320 built this program where a medical

NOTE Confidence: 0.86585689

00:54:55.320 --> 00:54:57.228 student would work with a refugee

NOTE Confidence: 0.86585689

00:54:57.228 --> 00:54:59.004 with complex needs and help them

NOTE Confidence: 0.86585689

00:54:59.067 --> 00:55:00.662 navigate the millions of things

NOTE Confidence: 0.86585689

00:55:00.662 --> 00:55:02.577 that they need help with from

NOTE Confidence: 0.86585689

00:55:02.577 --> 00:55:04.796 anywhere from how to get to a  
NOTE Confidence: 0.86585689

00:55:04.796 --> 00:55:07.060 pharmacy and ask for their meds too.  
NOTE Confidence: 0.86585689

00:55:07.060 --> 00:55:09.908 Like knowing how to make a follow up  
NOTE Confidence: 0.86585689

00:55:09.908 --> 00:55:11.860 appointment so they've kind of taken off.  
NOTE Confidence: 0.86585689

00:55:11.860 --> 00:55:15.444 And run with it and you know they we.  
NOTE Confidence: 0.86585689

00:55:15.444 --> 00:55:17.299 We don't even like UM,  
NOTE Confidence: 0.86585689

00:55:17.300 --> 00:55:19.178 consult with them that much they  
NOTE Confidence: 0.86585689

00:55:19.178 --> 00:55:20.835 it's still an active program  
NOTE Confidence: 0.86585689

00:55:20.835 --> 00:55:22.555 and now actually they have.  
NOTE Confidence: 0.86585689

00:55:22.560 --> 00:55:23.864 They have included undergraduates  
NOTE Confidence: 0.86585689

00:55:23.864 --> 00:55:25.168 as part of it.  
NOTE Confidence: 0.86585689

00:55:25.170 --> 00:55:29.048 And then health literacy classes we've had.  
NOTE Confidence: 0.86585689

00:55:29.050 --> 00:55:29.345 Actually,  
NOTE Confidence: 0.86585689

00:55:29.345 --> 00:55:31.705 this has been more from that pediatric team.  
NOTE Confidence: 0.86585689

00:55:31.710 --> 00:55:34.664 They have had gone to arrests and  
NOTE Confidence: 0.86585689

00:55:34.664 --> 00:55:36.586 actually done various interactive

NOTE Confidence: 0.86585689

00:55:36.586 --> 00:55:39.466 sessions with the refugees about

NOTE Confidence: 0.86585689

00:55:39.466 --> 00:55:41.770 various health related issues.

NOTE Confidence: 0.86585689

00:55:41.770 --> 00:55:43.996 And speaking to the low uptake

NOTE Confidence: 0.86585689

00:55:43.996 --> 00:55:45.480 of mental health care,

NOTE Confidence: 0.86585689

00:55:45.480 --> 00:55:46.944 we had a mental health session

NOTE Confidence: 0.86585689

00:55:46.944 --> 00:55:48.420 once run by a student,

NOTE Confidence: 0.86585689

00:55:48.420 --> 00:55:52.018 actually very capable student, and it was.

NOTE Confidence: 0.86585689

00:55:52.018 --> 00:55:54.790 It ended up that a lot of people actually.

NOTE Confidence: 0.86585689

00:55:54.790 --> 00:55:56.085 Didn't even quite know what

NOTE Confidence: 0.86585689

00:55:56.085 --> 00:55:57.700 the mental health was or what

NOTE Confidence: 0.86585689

00:55:57.700 --> 00:55:59.030 they should be looking for.

NOTE Confidence: 0.86585689

00:55:59.030 --> 00:56:00.780 People were actually looking for

NOTE Confidence: 0.86585689

00:56:00.780 --> 00:56:02.960 a lot of case management needs.

NOTE Confidence: 0.86585689

00:56:02.960 --> 00:56:03.361 Then,

NOTE Confidence: 0.86585689

00:56:03.361 --> 00:56:06.168 like learning about sort of mental Wellness.

NOTE Confidence: 0.86585689

00:56:06.170 --> 00:56:08.534 So that was just educational for  
NOTE Confidence: 0.86585689

00:56:08.534 --> 00:56:10.868 us to know where where people are,  
NOTE Confidence: 0.86585689

00:56:10.870 --> 00:56:13.006 and then we have.  
NOTE Confidence: 0.86585689

00:56:13.006 --> 00:56:16.154 You know we after this whole thing  
NOTE Confidence: 0.86585689

00:56:16.154 --> 00:56:18.620 broke in 2015 and the Syrian conflict  
NOTE Confidence: 0.86585689

00:56:18.620 --> 00:56:21.139 and we had large numbers of refugees.  
NOTE Confidence: 0.86585689

00:56:21.140 --> 00:56:24.330 That's when we actually started  
NOTE Confidence: 0.86585689

00:56:24.330 --> 00:56:26.244 having a yearly.  
NOTE Confidence: 0.86585689

00:56:26.250 --> 00:56:26.567 Uhm,  
NOTE Confidence: 0.86585689

00:56:26.567 --> 00:56:28.786 like sort of 1/2 day session for  
NOTE Confidence: 0.86585689

00:56:28.786 --> 00:56:30.332 providers across the state and  
NOTE Confidence: 0.86585689

00:56:30.332 --> 00:56:32.024 we actually meet twice a year  
NOTE Confidence: 0.86585689

00:56:32.024 --> 00:56:33.309 with these providers.  
NOTE Confidence: 0.86585689

00:56:33.310 --> 00:56:35.809 All the providers who see refugees in  
NOTE Confidence: 0.86585689

00:56:35.809 --> 00:56:37.898 our state and then sometimes there's  
NOTE Confidence: 0.86585689

00:56:37.898 --> 00:56:39.608 just like sudden crisis interventions.

NOTE Confidence: 0.86585689

00:56:39.610 --> 00:56:41.339 The iris folks may call us because

NOTE Confidence: 0.86585689

00:56:41.339 --> 00:56:42.715 there's somebody with some mental

NOTE Confidence: 0.86585689

00:56:42.715 --> 00:56:44.170 health issues who's never engaged.

NOTE Confidence: 0.86585689

00:56:44.170 --> 00:56:45.150 We've tried to engage them.

NOTE Confidence: 0.86585689

00:56:45.150 --> 00:56:45.650 They haven't.

NOTE Confidence: 0.86585689

00:56:45.650 --> 00:56:47.150 They're in crisis and they don't

NOTE Confidence: 0.86585689

00:56:47.150 --> 00:56:47.969 know what to do.

NOTE Confidence: 0.86585689

00:56:47.970 --> 00:56:52.066 Sometimes they consult with us and you know.

NOTE Confidence: 0.86585689

00:56:52.070 --> 00:56:54.380 Very rarely we have any legal.

NOTE Confidence: 0.94760216625

00:56:56.840 --> 00:56:58.046 Activities, except sometimes

NOTE Confidence: 0.94760216625

00:56:58.046 --> 00:57:00.056 later on in their course.

NOTE Confidence: 0.94760216625

00:57:00.060 --> 00:57:01.965 Sometimes we do actually have

NOTE Confidence: 0.94760216625

00:57:01.965 --> 00:57:03.870 asylum seekers that have just

NOTE Confidence: 0.94760216625

00:57:03.941 --> 00:57:06.265 received asylum and they come to us.

NOTE Confidence: 0.94760216625

00:57:06.270 --> 00:57:07.970 This is just I thought,

NOTE Confidence: 0.94760216625

00:57:07.970 --> 00:57:09.608 all end with some you know,  
NOTE Confidence: 0.94760216625

00:57:09.610 --> 00:57:11.675 just pictures to give life to what  
NOTE Confidence: 0.94760216625

00:57:11.675 --> 00:57:13.878 we do and and you know these are  
NOTE Confidence: 0.94760216625

00:57:13.878 --> 00:57:15.747 just last year we we cancelled  
NOTE Confidence: 0.94760216625

00:57:15.747 --> 00:57:17.577 our conference because that was  
NOTE Confidence: 0.94760216625

00:57:17.577 --> 00:57:19.590 just when COVID was beginning.  
NOTE Confidence: 0.94760216625

00:57:19.590 --> 00:57:23.068 But these are just different years.  
NOTE Confidence: 0.94760216625

00:57:23.068 --> 00:57:25.866 What we've done with our conference and.  
NOTE Confidence: 0.94760216625

00:57:25.866 --> 00:57:28.609 You know we've had actually the one  
NOTE Confidence: 0.94760216625

00:57:28.609 --> 00:57:31.218 on the right is actually, UM, Daniel.  
NOTE Confidence: 0.94760216625

00:57:31.218 --> 00:57:32.610 Trust he's in.  
NOTE Confidence: 0.94760216625

00:57:32.610 --> 00:57:33.708 I think his New York now,  
NOTE Confidence: 0.94760216625

00:57:33.710 --> 00:57:36.916 but he came here as a Rwandan  
NOTE Confidence: 0.94760216625

00:57:36.916 --> 00:57:39.252 refugee and then he has,  
NOTE Confidence: 0.94760216625

00:57:39.252 --> 00:57:40.188 you know,  
NOTE Confidence: 0.94760216625

00:57:40.190 --> 00:57:42.008 he's basically like really thriving here.

NOTE Confidence: 0.94760216625

00:57:42.010 --> 00:57:43.680 He was going to come talk to us about Sir.

NOTE Confidence: 0.94760216625

00:57:43.680 --> 00:57:44.742 So local advocacy.

NOTE Confidence: 0.94760216625

00:57:44.742 --> 00:57:48.060 But that was the one that we cancelled.

NOTE Confidence: 0.94760216625

00:57:48.060 --> 00:57:49.488 But we try to.

NOTE Confidence: 0.94760216625

00:57:49.488 --> 00:57:51.630 Sort of have people who experience

NOTE Confidence: 0.94760216625

00:57:51.709 --> 00:57:54.405 that come and talk to us about about,

NOTE Confidence: 0.94760216625

00:57:54.410 --> 00:57:56.190 you know their ex.

NOTE Confidence: 0.94760216625

00:57:56.190 --> 00:57:59.586 Instead of us talking about them,

NOTE Confidence: 0.94760216625

00:57:59.590 --> 00:58:01.438 and this is actually a group of

NOTE Confidence: 0.94760216625

00:58:01.438 --> 00:58:03.196 US students and we actually have

NOTE Confidence: 0.94760216625

00:58:03.196 --> 00:58:05.014 a contingent every year we haven't

NOTE Confidence: 0.94760216625

00:58:05.014 --> 00:58:07.063 in the last two years because

NOTE Confidence: 0.94760216625

00:58:07.063 --> 00:58:08.748 the conference is having virtual,

NOTE Confidence: 0.94760216625

00:58:08.750 --> 00:58:10.736 but we have a contingent help

NOTE Confidence: 0.94760216625

00:58:10.736 --> 00:58:11.729 students every year.

NOTE Confidence: 0.94760216625

00:58:11.730 --> 00:58:13.300 These are all actually medical  
NOTE Confidence: 0.94760216625

00:58:13.300 --> 00:58:14.870 school students except the person  
NOTE Confidence: 0.94760216625

00:58:14.922 --> 00:58:16.742 in front who actually was a former  
NOTE Confidence: 0.94760216625

00:58:16.742 --> 00:58:18.440 refugee who worked as an interpreter  
NOTE Confidence: 0.94760216625

00:58:18.440 --> 00:58:20.174 and then worked in some research  
NOTE Confidence: 0.94760216625

00:58:20.174 --> 00:58:23.386 projects with our students.  
NOTE Confidence: 0.94760216625

00:58:23.386 --> 00:58:24.358 Uhm,  
NOTE Confidence: 0.94760216625

00:58:24.358 --> 00:58:28.814 and I also wanted to mention  
NOTE Confidence: 0.94760216625

00:58:28.814 --> 00:58:31.190 Sanctuary Kitchen, Donna Golden,  
NOTE Confidence: 0.94760216625

00:58:31.190 --> 00:58:32.762 who's very closely affiliated  
NOTE Confidence: 0.94760216625

00:58:32.762 --> 00:58:34.060 with our department.  
NOTE Confidence: 0.94760216625

00:58:34.060 --> 00:58:34.570 UM,  
NOTE Confidence: 0.94760216625

00:58:34.570 --> 00:58:39.405 has actually done a really good job of of,  
NOTE Confidence: 0.94760216625

00:58:39.405 --> 00:58:40.915 you know,  
NOTE Confidence: 0.94760216625

00:58:40.915 --> 00:58:43.122 building this program for refugees  
NOTE Confidence: 0.94760216625

00:58:43.122 --> 00:58:45.970 and you can look at the website,



NOTE Confidence: 0.94760216625

00:58:45.970 --> 00:58:47.170 but it's basically a program,

NOTE Confidence: 0.94760216625

00:58:47.170 --> 00:58:49.866 not just for people to cook and caterer,

NOTE Confidence: 0.94760216625

00:58:49.870 --> 00:58:50.854 and potentially like,

NOTE Confidence: 0.94760216625

00:58:50.854 --> 00:58:52.425 you know, have some income.

NOTE Confidence: 0.94760216625

00:58:52.425 --> 00:58:53.645 But also it's it's.

NOTE Confidence: 0.94760216625

00:58:53.650 --> 00:58:56.178 It's a community activity and this is a

NOTE Confidence: 0.94760216625

00:58:56.178 --> 00:58:58.727 picture where they actually were very kindly,

NOTE Confidence: 0.94760216625

00:58:58.730 --> 00:59:00.930 gave us some food one

NOTE Confidence: 0.94760216625

00:59:00.930 --> 00:59:03.620 clinic night as a thank you.

NOTE Confidence: 0.94760216625

00:59:03.620 --> 00:59:07.390 And I also wanted to.

NOTE Confidence: 0.94760216625

00:59:07.390 --> 00:59:10.318 Mention there are other community programs.

NOTE Confidence: 0.94760216625

00:59:10.320 --> 00:59:11.979 There's one organization

NOTE Confidence: 0.94760216625

00:59:11.979 --> 00:59:13.638 called Ellen's Light,

NOTE Confidence: 0.94760216625

00:59:13.640 --> 00:59:15.404 and I'm just very proud to say

NOTE Confidence: 0.94760216625

00:59:15.404 --> 00:59:17.170 that this is founded by somebody

NOTE Confidence: 0.94760216625

00:59:17.170 --> 00:59:19.066 who came through our clinic when  
NOTE Confidence: 0.94760216625

00:59:19.066 --> 00:59:21.149 I was beginning in this clinic.  
NOTE Confidence: 0.94760216625

00:59:21.150 --> 00:59:22.300 Who came to us then?  
NOTE Confidence: 0.94760216625

00:59:22.300 --> 00:59:23.536 Actually learned English,  
NOTE Confidence: 0.94760216625

00:59:23.536 --> 00:59:25.596 became an interpreter for us,  
NOTE Confidence: 0.94760216625

00:59:25.600 --> 00:59:27.600 then work with the resettlement  
NOTE Confidence: 0.94760216625

00:59:27.600 --> 00:59:29.200 agency on their staff,  
NOTE Confidence: 0.94760216625

00:59:29.200 --> 00:59:30.838 and then left to build their  
NOTE Confidence: 0.94760216625

00:59:30.838 --> 00:59:31.384 own organizations.  
NOTE Confidence: 0.94760216625

00:59:31.390 --> 00:59:32.954 Mainly, she, you know,  
NOTE Confidence: 0.94760216625

00:59:32.954 --> 00:59:34.909 wants to help refugee women,  
NOTE Confidence: 0.94760216625

00:59:34.910 --> 00:59:36.974 so I think it's just sort of anecdotally,  
NOTE Confidence: 0.94760216625

00:59:36.980 --> 00:59:39.560 some of the stories.  
NOTE Confidence: 0.94760216625

00:59:39.560 --> 00:59:41.495 Of our refugees.  
NOTE Confidence: 0.94760216625

00:59:41.500 --> 00:59:46.508 Uhm, so just so in in closing uhm?  
NOTE Confidence: 0.94760216625

00:59:46.510 --> 00:59:48.382 You know I I don't need to say this,

NOTE Confidence: 0.94760216625

00:59:48.390 --> 00:59:50.630 but we know that it doesn't seem

NOTE Confidence: 0.94760216625

00:59:50.630 --> 00:59:52.086 like it's ending migration,

NOTE Confidence: 0.94760216625

00:59:52.086 --> 00:59:55.558 just forced migration just seems to rise.

NOTE Confidence: 0.94760216625

00:59:55.560 --> 00:59:58.176 Uh, we said we were at.

NOTE Confidence: 0.94760216625

00:59:58.180 --> 00:59:58.855 All time high.

NOTE Confidence: 0.94760216625

00:59:58.855 --> 01:00:00.430 A few years ago and their high

NOTE Confidence: 0.94760216625

01:00:00.486 --> 01:00:02.040 just seems to be getting higher

NOTE Confidence: 0.94760216625

01:00:02.040 --> 01:00:03.906 and and then just to remember

NOTE Confidence: 0.94760216625

01:00:03.906 --> 01:00:05.150 that the refugee experiences

NOTE Confidence: 0.854856614166667

01:00:05.213 --> 01:00:07.628 and experience. It's not necessarily all

NOTE Confidence: 0.854856614166667

01:00:07.628 --> 01:00:10.524 pathology and there's a lot of resilience

NOTE Confidence: 0.854856614166667

01:00:10.524 --> 01:00:13.572 and a lot of success stories that come

NOTE Confidence: 0.854856614166667

01:00:13.572 --> 01:00:16.640 out of these groups and to also just a

NOTE Confidence: 0.854856614166667

01:00:16.640 --> 01:00:19.290 reminder that not everybody needs treatment,

NOTE Confidence: 0.854856614166667

01:00:19.290 --> 01:00:22.338 but we really have to focus on Wellness

NOTE Confidence: 0.854856614166667

01:00:22.338 --> 01:00:24.380 activities and health promotion.  
NOTE Confidence: 0.854856614166667

01:00:24.380 --> 01:00:28.406 And, uhm, you know there's always.  
NOTE Confidence: 0.854856614166667

01:00:28.410 --> 01:00:29.150 You know, like I said,  
NOTE Confidence: 0.854856614166667

01:00:29.150 --> 01:00:31.390 most researches on resettled communities.  
NOTE Confidence: 0.854856614166667

01:00:31.390 --> 01:00:33.598 But you know more research just  
NOTE Confidence: 0.854856614166667

01:00:33.598 --> 01:00:35.500 across communities around the world,  
NOTE Confidence: 0.854856614166667

01:00:35.500 --> 01:00:37.654 but also in general you know  
NOTE Confidence: 0.854856614166667

01:00:37.654 --> 01:00:39.789 compared to some other groups you  
NOTE Confidence: 0.854856614166667

01:00:39.789 --> 01:00:41.980 know we we just we need more.  
NOTE Confidence: 0.854856614166667

01:00:41.980 --> 01:00:44.155 We need to understand more  
NOTE Confidence: 0.854856614166667

01:00:44.155 --> 01:00:45.460 their characteristics of  
NOTE Confidence: 0.854856614166667

01:00:45.460 --> 01:00:47.160 different refugee populations.  
NOTE Confidence: 0.854856614166667

01:00:47.160 --> 01:00:51.234 Uhm, just wanted to acknowledge these people.  
NOTE Confidence: 0.854856614166667

01:00:51.240 --> 01:00:53.092 I mentioned my earlier.  
NOTE Confidence: 0.854856614166667

01:00:53.092 --> 01:00:54.018 I mean,  
NOTE Confidence: 0.854856614166667

01:00:54.020 --> 01:00:56.342 she's been a critical piece piece

NOTE Confidence: 0.854856614166667  
01:00:56.342 --> 01:00:58.996 of her mental health outreach and  
NOTE Confidence: 0.854856614166667  
01:00:58.996 --> 01:01:01.732 Tracy Rabin and ask her rastegar  
NOTE Confidence: 0.854856614166667  
01:01:01.732 --> 01:01:04.749 or the Office of Global Health.  
NOTE Confidence: 0.854856614166667  
01:01:04.750 --> 01:01:06.997 Without them we wouldn't be able to  
NOTE Confidence: 0.854856614166667  
01:01:06.997 --> 01:01:08.678 have our annual refugee seminars  
NOTE Confidence: 0.854856614166667  
01:01:08.678 --> 01:01:10.967 and I also wanted to mention we  
NOTE Confidence: 0.854856614166667  
01:01:10.967 --> 01:01:13.045 are planning a webinar series  
NOTE Confidence: 0.854856614166667  
01:01:13.045 --> 01:01:15.150 specifically for the Afghani arrivals  
NOTE Confidence: 0.854856614166667  
01:01:15.150 --> 01:01:17.428 and sort of like a basic 101.  
NOTE Confidence: 0.854856614166667  
01:01:17.430 --> 01:01:19.380 Uhm of refugee health because we  
NOTE Confidence: 0.854856614166667  
01:01:19.380 --> 01:01:21.122 are expecting that more providers  
NOTE Confidence: 0.854856614166667  
01:01:21.122 --> 01:01:23.390 who have never seen refugees before  
NOTE Confidence: 0.854856614166667  
01:01:23.390 --> 01:01:25.280 will probably start seeing them.  
NOTE Confidence: 0.854856614166667  
01:01:25.280 --> 01:01:27.352 So all this is supported by the Office  
NOTE Confidence: 0.854856614166667  
01:01:27.352 --> 01:01:29.548 of Global Health and then Camille Brown.  
NOTE Confidence: 0.854856614166667

01:01:29.550 --> 01:01:31.290 She's our pediatrician doing  
NOTE Confidence: 0.854856614166667

01:01:31.290 --> 01:01:34.420 what I do on the adult side.  
NOTE Confidence: 0.854856614166667

01:01:34.420 --> 01:01:36.454 And all the residents and fellows  
NOTE Confidence: 0.854856614166667

01:01:36.454 --> 01:01:38.839 who've been with us over the years.  
NOTE Confidence: 0.854856614166667

01:01:38.840 --> 01:01:41.792 Brian Brown. I put him down at the bottom.  
NOTE Confidence: 0.854856614166667

01:01:41.800 --> 01:01:44.408 Not because I mean he's any less important,  
NOTE Confidence: 0.854856614166667

01:01:44.410 --> 01:01:45.451 but he's he.  
NOTE Confidence: 0.854856614166667

01:01:45.451 --> 01:01:46.839 Unfortunately, for personal reasons,  
NOTE Confidence: 0.854856614166667

01:01:46.840 --> 01:01:47.524 had to leave Yale,  
NOTE Confidence: 0.854856614166667

01:01:47.524 --> 01:01:48.880 so he's not with us any longer,  
NOTE Confidence: 0.854856614166667

01:01:48.880 --> 01:01:51.687 but was integral part of the clinic.  
NOTE Confidence: 0.854856614166667

01:01:51.690 --> 01:01:54.054 And of course, Iris.  
NOTE Confidence: 0.854856614166667

01:01:54.054 --> 01:01:57.004 And we have our partners  
NOTE Confidence: 0.854856614166667

01:01:57.004 --> 01:01:59.340 in the immigration branch.  
NOTE Confidence: 0.854856614166667

01:01:59.340 --> 01:02:01.848 Allison Stratton, Mitchell Joel, you know.  
NOTE Confidence: 0.854856614166667

01:02:01.850 --> 01:02:03.598 Also, you know they.

NOTE Confidence: 0.854856614166667  
01:02:03.598 --> 01:02:06.220 They are very much our partners.  
NOTE Confidence: 0.854856614166667  
01:02:06.220 --> 01:02:08.770 So I'll stop there and I just I'm sure you  
NOTE Confidence: 0.854856614166667  
01:02:08.837 --> 01:02:11.147 can just find my email address anyway,  
NOTE Confidence: 0.854856614166667  
01:02:11.150 --> 01:02:13.740 but I just put the email addresses  
NOTE Confidence: 0.854856614166667  
01:02:13.740 --> 01:02:15.994 for myself and Maya if people want  
NOTE Confidence: 0.854856614166667  
01:02:15.994 --> 01:02:18.470 to continue any of this conversation,  
NOTE Confidence: 0.854856614166667  
01:02:18.470 --> 01:02:20.640 especially in light of what is likely  
NOTE Confidence: 0.854856614166667  
01:02:20.640 --> 01:02:22.827 to happen over the next few months.  
NOTE Confidence: 0.854856614166667  
01:02:22.830 --> 01:02:24.420 But I'm happy to answer other  
NOTE Confidence: 0.854856614166667  
01:02:24.420 --> 01:02:25.215 questions here now.  
NOTE Confidence: 0.9635265  
01:02:27.540 --> 01:02:29.380 I think you could put your  
NOTE Confidence: 0.9635265  
01:02:29.380 --> 01:02:31.250 questions either in the chat or  
NOTE Confidence: 0.899659243333333  
01:02:31.250 --> 01:02:34.301 or if you wanted to raise your hand or  
NOTE Confidence: 0.899659243333333  
01:02:34.301 --> 01:02:37.656 just unmute and and and ask and Trisha  
NOTE Confidence: 0.899659243333333  
01:02:37.656 --> 01:02:44.120 will help to moderate. Doctor tech.  
NOTE Confidence: 0.899659243333333

01:02:44.120 --> 01:02:46.640 Wonderful presentation, thank you so much.

NOTE Confidence: 0.812775912

01:02:48.260 --> 01:02:50.445 The better group of people

NOTE Confidence: 0.812775912

01:02:50.445 --> 01:02:52.630 come from the same location.

NOTE Confidence: 0.812775912

01:02:52.630 --> 01:02:55.940 How ready do you think our health system?

NOTE Confidence: 0.812775912

01:02:55.940 --> 01:03:00.020 Uh, to deal with the.

NOTE Confidence: 0.812775912

01:03:00.020 --> 01:03:02.396 Diseases that are endemic to that area,

NOTE Confidence: 0.812775912

01:03:02.400 --> 01:03:06.440 but you know very rarely seen in the US.

NOTE Confidence: 0.812775912

01:03:06.440 --> 01:03:07.968 I'm talking about the medical illnesses,

NOTE Confidence: 0.812775912

01:03:07.970 --> 01:03:10.730 of course, right?

NOTE Confidence: 0.812775912

01:03:10.730 --> 01:03:13.034 Uhm, you know, for the most part we at

NOTE Confidence: 0.812775912

01:03:13.034 --> 01:03:15.445 least in my 10 plus years seeing refugees.

NOTE Confidence: 0.812775912

01:03:15.450 --> 01:03:18.075 I mean very rarely they come with

NOTE Confidence: 0.812775912

01:03:18.075 --> 01:03:20.170 rare diseases or even like things.

NOTE Confidence: 0.812775912

01:03:20.170 --> 01:03:23.000 I mean like for example like Talasi Mia.

NOTE Confidence: 0.812775912

01:03:23.000 --> 01:03:24.264 You see that more in the Middle East,

NOTE Confidence: 0.812775912

01:03:24.270 --> 01:03:26.862 and we definitely see that a little bit more.



NOTE Confidence: 0.812775912

01:03:26.870 --> 01:03:29.383 And then we definitely see a lot

NOTE Confidence: 0.812775912

01:03:29.383 --> 01:03:31.530 of like latent tuberculosis.

NOTE Confidence: 0.812775912

01:03:31.530 --> 01:03:33.273 I didn't even go to the medical

NOTE Confidence: 0.812775912

01:03:33.273 --> 01:03:35.138 issues like the list of what we see

NOTE Confidence: 0.812775912

01:03:35.138 --> 01:03:37.049 we don't see as much latent TB here,

NOTE Confidence: 0.812775912

01:03:37.050 --> 01:03:39.214 but mostly I think.

NOTE Confidence: 0.812775912

01:03:39.214 --> 01:03:41.919 People working in the refugee

NOTE Confidence: 0.812775912

01:03:41.919 --> 01:03:44.710 field know some specific node

NOTE Confidence: 0.812775912

01:03:44.710 --> 01:03:46.610 to look for specific illnesses,

NOTE Confidence: 0.812775912

01:03:46.610 --> 01:03:48.887 and that's part of why we want to do

NOTE Confidence: 0.812775912

01:03:48.887 --> 01:03:51.523 the training to see what to expect

NOTE Confidence: 0.812775912

01:03:51.523 --> 01:03:53.067 in this particular population.

NOTE Confidence: 0.812775912

01:03:53.070 --> 01:03:54.852 But it's a challenge because we

NOTE Confidence: 0.812775912

01:03:54.852 --> 01:03:56.690 need to do the training.

NOTE Confidence: 0.812775912

01:03:56.690 --> 01:03:57.788 We need to have the resources

NOTE Confidence: 0.812775912

01:03:57.788 --> 01:03:59.050 we need to have the ability,  
NOTE Confidence: 0.812775912

01:03:59.050 --> 01:04:00.178 and I didn't even.  
NOTE Confidence: 0.812775912

01:04:00.178 --> 01:04:01.870 I actually didn't stress on the  
NOTE Confidence: 0.812775912

01:04:01.929 --> 01:04:03.753 language services as a clinician like  
NOTE Confidence: 0.812775912

01:04:03.753 --> 01:04:05.965 I can't tell you like how important  
NOTE Confidence: 0.812775912

01:04:05.965 --> 01:04:08.135 and frustrating it is when you don't  
NOTE Confidence: 0.812775912

01:04:08.140 --> 01:04:11.370 have the language services too.  
NOTE Confidence: 0.812775912

01:04:11.370 --> 01:04:12.996 To provide necessary care and that  
NOTE Confidence: 0.812775912

01:04:12.996 --> 01:04:14.928 could be a whole talk in itself,  
NOTE Confidence: 0.812775912

01:04:14.930 --> 01:04:17.170 but but anyway, to answer your question.  
NOTE Confidence: 0.812775912

01:04:17.170 --> 01:04:17.928 I mean,  
NOTE Confidence: 0.812775912

01:04:17.928 --> 01:04:20.202 it's just basically sort of already  
NOTE Confidence: 0.812775912

01:04:20.202 --> 01:04:21.875 available expertise and then like  
NOTE Confidence: 0.812775912

01:04:21.875 --> 01:04:24.520 expanding that to the best of our abilities.  
NOTE Confidence: 0.812917767142857

01:04:30.680 --> 01:04:32.360 So we have a question in chat.  
NOTE Confidence: 0.812917767142857

01:04:32.360 --> 01:04:34.481 Could you comment on when you refer

NOTE Confidence: 0.812917767142857

01:04:34.481 --> 01:04:36.968 patients out for care in the Community to

NOTE Confidence: 0.812917767142857

01:04:36.968 --> 01:04:39.304 have access to providers in the Community

NOTE Confidence: 0.812917767142857

01:04:39.304 --> 01:04:41.578 who may have some cultural connection?

NOTE Confidence: 0.812917767142857

01:04:41.580 --> 01:04:44.505 Or is this is this important or not really?

NOTE Confidence: 0.569219185

01:04:45.750 --> 01:04:51.210 Yeah, uhm. So yeah, So what?

NOTE Confidence: 0.569219185

01:04:51.210 --> 01:04:54.090 So I briefly alluded to it.

NOTE Confidence: 0.569219185

01:04:54.090 --> 01:04:55.442 So especially I'm talking

NOTE Confidence: 0.569219185

01:04:55.442 --> 01:04:56.794 about mental health care.

NOTE Confidence: 0.569219185

01:04:56.800 --> 01:05:01.130 So I had like a sort of triage Ng UM thing.

NOTE Confidence: 0.569219185

01:05:01.130 --> 01:05:02.846 So I would say some people

NOTE Confidence: 0.569219185

01:05:02.846 --> 01:05:03.704 are relatively healthy.

NOTE Confidence: 0.569219185

01:05:03.710 --> 01:05:05.975 They need mostly Wellness services

NOTE Confidence: 0.569219185

01:05:05.975 --> 01:05:08.890 and you know they can mostly,

NOTE Confidence: 0.569219185

01:05:08.890 --> 01:05:10.178 in collaboration with Iris

NOTE Confidence: 0.569219185

01:05:10.178 --> 01:05:11.144 and Community agencies,

NOTE Confidence: 0.569219185

01:05:11.150 --> 01:05:12.610 we can serve their needs.  
NOTE Confidence: 0.569219185

01:05:12.610 --> 01:05:14.650 And then there's a group of people that  
NOTE Confidence: 0.569219185

01:05:14.650 --> 01:05:16.788 may not have a diagnosable pathology.  
NOTE Confidence: 0.569219185

01:05:16.790 --> 01:05:19.030 But we're still in some  
NOTE Confidence: 0.569219185

01:05:19.030 --> 01:05:19.926 psychological distress.  
NOTE Confidence: 0.569219185

01:05:19.930 --> 01:05:23.354 And mostly we try to train primary care  
NOTE Confidence: 0.569219185

01:05:23.354 --> 01:05:26.307 providers and how to take care of them.  
NOTE Confidence: 0.569219185

01:05:26.310 --> 01:05:27.894 So that we're not sending them  
NOTE Confidence: 0.569219185

01:05:27.894 --> 01:05:28.950 for specialized mental health  
NOTE Confidence: 0.569219185

01:05:29.002 --> 01:05:30.322 services because they may not even  
NOTE Confidence: 0.569219185

01:05:30.322 --> 01:05:31.870 be ready for it to begin with.  
NOTE Confidence: 0.569219185

01:05:31.870 --> 01:05:34.022 And then we really the people that we  
NOTE Confidence: 0.569219185

01:05:34.022 --> 01:05:35.971 really try to send for specialized  
NOTE Confidence: 0.569219185

01:05:35.971 --> 01:05:38.330 mental health services or people you know,  
NOTE Confidence: 0.569219185

01:05:38.330 --> 01:05:39.434 like anybody else that we see  
NOTE Confidence: 0.569219185

01:05:39.434 --> 01:05:40.430 in the mental health field.

NOTE Confidence: 0.569219185

01:05:40.430 --> 01:05:43.909 People who have significant you know trauma,

NOTE Confidence: 0.569219185

01:05:43.910 --> 01:05:45.714 pathology or significant depression,

NOTE Confidence: 0.569219185

01:05:45.714 --> 01:05:47.969 or anything else that's impairing

NOTE Confidence: 0.569219185

01:05:47.969 --> 01:05:49.375 their psychological functioning

NOTE Confidence: 0.569219185

01:05:49.375 --> 01:05:52.045 and that they're willing for care.

NOTE Confidence: 0.569219185

01:05:52.050 --> 01:05:54.970 And so that's who we try to refer,

NOTE Confidence: 0.569219185

01:05:54.970 --> 01:05:57.234 and we try to.

NOTE Confidence: 0.569219185

01:05:57.234 --> 01:06:02.850 Uh, at one point we, uh, well are.

NOTE Confidence: 0.569219185

01:06:02.850 --> 01:06:04.370 Dimas Commissioner is no longer.

NOTE Confidence: 0.569219185

01:06:04.370 --> 01:06:05.410 I mean, she's moved on,

NOTE Confidence: 0.569219185

01:06:05.410 --> 01:06:07.220 but we had talked to her a few years ago

NOTE Confidence: 0.569219185

01:06:07.267 --> 01:06:09.255 about the possibility of sort of connecting.

NOTE Confidence: 0.569219185

01:06:09.260 --> 01:06:11.150 You know other clinics in the area,

NOTE Confidence: 0.569219185

01:06:11.150 --> 01:06:12.678 and, as I mentioned,

NOTE Confidence: 0.569219185

01:06:12.678 --> 01:06:15.360 we've definitely brought some people to CMHC.

NOTE Confidence: 0.569219185

01:06:15.360 --> 01:06:17.412 For care and,  
NOTE Confidence: 0.569219185

01:06:17.412 --> 01:06:19.320 UM, yeah, so I.  
NOTE Confidence: 0.569219185

01:06:19.320 --> 01:06:20.400 I guess it's basically  
NOTE Confidence: 0.569219185

01:06:20.400 --> 01:06:21.480 just like anything else,  
NOTE Confidence: 0.569219185

01:06:21.480 --> 01:06:23.240 it's severity of illness and  
NOTE Confidence: 0.569219185

01:06:23.240 --> 01:06:25.473 having access to providers in the  
NOTE Confidence: 0.569219185

01:06:25.473 --> 01:06:27.498 community is definitely a challenge,  
NOTE Confidence: 0.569219185

01:06:27.500 --> 01:06:29.036 not because of lack of will,  
NOTE Confidence: 0.569219185

01:06:29.040 --> 01:06:29.448 you know,  
NOTE Confidence: 0.569219185

01:06:29.448 --> 01:06:30.672 people who want to help people  
NOTE Confidence: 0.569219185

01:06:30.672 --> 01:06:31.469 want to do this.  
NOTE Confidence: 0.569219185

01:06:31.470 --> 01:06:33.414 It's often like other systemic barriers  
NOTE Confidence: 0.569219185

01:06:33.414 --> 01:06:35.787 like we've had a lot of people from  
NOTE Confidence: 0.569219185

01:06:35.787 --> 01:06:37.839 the VA say that they want to help.  
NOTE Confidence: 0.569219185

01:06:37.840 --> 01:06:40.261 And even when we were part of yearly even  
NOTE Confidence: 0.569219185

01:06:40.261 --> 01:06:42.205 hospital like they couldn't just do it.

NOTE Confidence: 0.569219185

01:06:42.210 --> 01:06:42.810 I mean,

NOTE Confidence: 0.569219185

01:06:42.810 --> 01:06:45.510 we we had to go through a process of.

NOTE Confidence: 0.569219185

01:06:45.510 --> 01:06:47.250 That they were, you know,

NOTE Confidence: 0.569219185

01:06:47.250 --> 01:06:48.810 able to practice in that environment.

NOTE Confidence: 0.569219185

01:06:48.810 --> 01:06:50.956 And now we're part of the FQHC's,

NOTE Confidence: 0.569219185

01:06:50.956 --> 01:06:52.486 so it's a different issue.

NOTE Confidence: 0.569219185

01:06:52.490 --> 01:06:55.873 So what we're actually trying to do

NOTE Confidence: 0.569219185

01:06:55.873 --> 01:07:00.998 now is talking to the CVV to we're

NOTE Confidence: 0.569219185

01:07:00.998 --> 01:07:05.126 going to talk to the actually doctor AJ

NOTE Confidence: 0.569219185

01:07:05.126 --> 01:07:08.170 Tak about how we can accommodate this,

NOTE Confidence: 0.569219185

01:07:08.170 --> 01:07:09.555 and not everybody may need

NOTE Confidence: 0.569219185

01:07:09.555 --> 01:07:10.663 specialized mental health services,

NOTE Confidence: 0.569219185

01:07:10.670 --> 01:07:13.036 but are there other non direct clinical

NOTE Confidence: 0.569219185

01:07:13.036 --> 01:07:15.067 activities that they can help us with?

NOTE Confidence: 0.569219185

01:07:15.070 --> 01:07:16.242 And how can we?

NOTE Confidence: 0.569219185

01:07:16.242 --> 01:07:16.828 Accommodate providers,  
NOTE Confidence: 0.569219185

01:07:16.830 --> 01:07:19.294 so that's what we are working on.  
NOTE Confidence: 0.8975877025

01:07:21.770 --> 01:07:23.698 So yeah, it's it's a work in progress.  
NOTE Confidence: 0.842597007391305

01:07:28.250 --> 01:07:30.959 Doctor Golden is asking does it deal  
NOTE Confidence: 0.842597007391305

01:07:30.959 --> 01:07:33.029 refugee clinic provide training to  
NOTE Confidence: 0.842597007391305

01:07:33.029 --> 01:07:35.129 provide his own cultural competency  
NOTE Confidence: 0.842597007391305

01:07:35.129 --> 01:07:37.768 for the cultures presenting for care?  
NOTE Confidence: 0.842597007391305

01:07:37.770 --> 01:07:40.226 And if yes, how did they do this?  
NOTE Confidence: 0.842597007391305

01:07:40.230 --> 01:07:41.415 And do you have refugees  
NOTE Confidence: 0.842597007391305

01:07:41.415 --> 01:07:42.600 who are able to participate?  
NOTE Confidence: 0.911607492105263

01:07:43.630 --> 01:07:45.806 Yeah, so yeah. I mean there are many  
NOTE Confidence: 0.911607492105263

01:07:45.806 --> 01:07:47.857 people in this audience who know  
NOTE Confidence: 0.911607492105263

01:07:47.857 --> 01:07:49.662 a lot about cultural competency,  
NOTE Confidence: 0.911607492105263

01:07:49.670 --> 01:07:51.750 but basically I I decided long time ago  
NOTE Confidence: 0.911607492105263

01:07:51.750 --> 01:07:53.708 that you couldn't really be competent  
NOTE Confidence: 0.911607492105263

01:07:53.708 --> 01:07:55.784 because there were too many groups.



NOTE Confidence: 0.911607492105263  
01:07:55.790 --> 01:07:57.710 There was too much variety and  
NOTE Confidence: 0.911607492105263  
01:07:57.710 --> 01:07:58.990 heterogeneity among the population.  
NOTE Confidence: 0.911607492105263  
01:07:58.990 --> 01:08:00.418 So mainly, you know,  
NOTE Confidence: 0.911607492105263  
01:08:00.418 --> 01:08:03.061 sort of like just having the cultural  
NOTE Confidence: 0.911607492105263  
01:08:03.061 --> 01:08:05.599 humility humility in being aware and  
NOTE Confidence: 0.911607492105263  
01:08:05.599 --> 01:08:08.854 open to what you might see and not  
NOTE Confidence: 0.911607492105263  
01:08:08.854 --> 01:08:11.264 necessarily hoping to be codoncode  
NOTE Confidence: 0.911607492105263  
01:08:11.264 --> 01:08:14.350 competent in any particular culture.  
NOTE Confidence: 0.911607492105263  
01:08:14.350 --> 01:08:16.516 Now with the influx of people  
NOTE Confidence: 0.911607492105263  
01:08:16.516 --> 01:08:18.480 coming from one particular region,  
NOTE Confidence: 0.911607492105263  
01:08:18.480 --> 01:08:21.258 it definitely is worth, you know,  
NOTE Confidence: 0.911607492105263  
01:08:21.260 --> 01:08:23.073 talking about some of the sort of  
NOTE Confidence: 0.911607492105263  
01:08:23.073 --> 01:08:24.780 major highlights of what we could see,  
NOTE Confidence: 0.911607492105263  
01:08:24.780 --> 01:08:26.614 and that's part of what we are  
NOTE Confidence: 0.911607492105263  
01:08:26.614 --> 01:08:28.739 planning to do in the webinar series.  
NOTE Confidence: 0.911607492105263

01:08:28.740 --> 01:08:30.234 We're hoping to have one sort  
NOTE Confidence: 0.911607492105263

01:08:30.234 --> 01:08:31.230 of later in October,  
NOTE Confidence: 0.911607492105263

01:08:31.230 --> 01:08:33.048 and then how followups in November  
NOTE Confidence: 0.911607492105263

01:08:33.048 --> 01:08:34.980 and December to talk about these,  
NOTE Confidence: 0.911607492105263

01:08:34.980 --> 01:08:35.760 and definitely the cultural  
NOTE Confidence: 0.911607492105263

01:08:35.760 --> 01:08:37.360 piece is going to be a big thing,  
NOTE Confidence: 0.911607492105263

01:08:37.360 --> 01:08:39.694 and like I was saying earlier, I think.  
NOTE Confidence: 0.911607492105263

01:08:39.694 --> 01:08:41.773 Nobody can speak better to the culture  
NOTE Confidence: 0.911607492105263

01:08:41.773 --> 01:08:44.029 of society than the society itself.  
NOTE Confidence: 0.911607492105263

01:08:44.030 --> 01:08:44.460 I mean,  
NOTE Confidence: 0.911607492105263

01:08:44.460 --> 01:08:45.965 I can never know really all the  
NOTE Confidence: 0.911607492105263

01:08:45.965 --> 01:08:47.745 in's and outs of what happens there.  
NOTE Confidence: 0.911607492105263

01:08:47.750 --> 01:08:49.226 Only they have to be able to tell us.  
NOTE Confidence: 0.911607492105263

01:08:49.230 --> 01:08:51.195 So I think having ambassadors  
NOTE Confidence: 0.911607492105263

01:08:51.195 --> 01:08:53.440 within the community to talk is.  
NOTE Confidence: 0.911607492105263

01:08:53.440 --> 01:08:55.252 And I know doctor Golden that

NOTE Confidence: 0.911607492105263  
01:08:55.252 --> 01:08:56.460 you're working on this.  
NOTE Confidence: 0.911607492105263  
01:08:56.460 --> 01:08:57.448 Based on our conversation.  
NOTE Confidence: 0.911607492105263  
01:08:57.448 --> 01:08:59.810 I know you and my are working on this,  
NOTE Confidence: 0.911607492105263  
01:08:59.810 --> 01:09:01.650 so I and I think that's extremely important.  
NOTE Confidence: 0.78144455  
01:09:05.190 --> 01:09:07.174 Doctor Srihari yes. The clinical  
NOTE Confidence: 0.78144455  
01:09:07.174 --> 01:09:09.610 business with the need for translation  
NOTE Confidence: 0.826128783076923  
01:09:09.677 --> 01:09:11.009 sound time consuming.  
NOTE Confidence: 0.826128783076923  
01:09:11.010 --> 01:09:12.865 What kinds of resources do you recommend?  
NOTE Confidence: 0.826128783076923  
01:09:12.870 --> 01:09:13.804 Healthcare organizations  
NOTE Confidence: 0.826128783076923  
01:09:13.804 --> 01:09:16.139 commit to prepare for refugee  
NOTE Confidence: 0.826128783076923  
01:09:16.139 --> 01:09:18.180 needs and clinical settings.  
NOTE Confidence: 0.9156861833333333  
01:09:19.120 --> 01:09:21.112 Yeah, so again this is not  
NOTE Confidence: 0.9156861833333333  
01:09:21.112 --> 01:09:22.940 a sustainable way to do it.  
NOTE Confidence: 0.9156861833333333  
01:09:22.940 --> 01:09:26.018 We have relied heavily on volunteer  
NOTE Confidence: 0.9156861833333333  
01:09:26.018 --> 01:09:29.900 efforts and this is being a bane of  
NOTE Confidence: 0.9156861833333333

01:09:29.900 --> 01:09:32.840 my my refugee work from the beginning.  
NOTE Confidence: 0.9156861833333333

01:09:32.840 --> 01:09:34.795 If anybody is especially like  
NOTE Confidence: 0.9156861833333333

01:09:34.795 --> 01:09:36.750 I tell students and new,  
NOTE Confidence: 0.9156861833333333

01:09:36.750 --> 01:09:38.214 you know trainings like if they're  
NOTE Confidence: 0.9156861833333333

01:09:38.214 --> 01:09:39.190 interested in advocacy work  
NOTE Confidence: 0.9156861833333333

01:09:39.236 --> 01:09:40.419 and they want to work on this.  
NOTE Confidence: 0.9156861833333333

01:09:40.420 --> 01:09:43.028 The first thing they should ask for us.  
NOTE Confidence: 0.9156861833333333

01:09:43.030 --> 01:09:45.835 Increase like reimbursement for services  
NOTE Confidence: 0.9156861833333333

01:09:45.835 --> 01:09:48.079 that require interpreter services.  
NOTE Confidence: 0.9156861833333333

01:09:48.080 --> 01:09:48.830 You know. Like I said,  
NOTE Confidence: 0.9156861833333333

01:09:48.830 --> 01:09:50.468 like clinics and providers want to help.  
NOTE Confidence: 0.9156861833333333

01:09:50.470 --> 01:09:51.750 They want to do this.  
NOTE Confidence: 0.9156861833333333

01:09:51.750 --> 01:09:53.108 It's not that they don't want to,  
NOTE Confidence: 0.9156861833333333

01:09:53.110 --> 01:09:55.672 but you know it has to be  
NOTE Confidence: 0.9156861833333333

01:09:55.672 --> 01:09:56.770 viable and sustainable.  
NOTE Confidence: 0.9156861833333333

01:09:56.770 --> 01:09:59.290 And even though clinics by law are

NOTE Confidence: 0.9156861833333333

01:09:59.290 --> 01:10:01.639 required to provide language services,

NOTE Confidence: 0.9156861833333333

01:10:01.640 --> 01:10:03.915 they are not reimbursed more for that.

NOTE Confidence: 0.9156861833333333

01:10:03.920 --> 01:10:08.326 So it it becomes a problem when you

NOTE Confidence: 0.9156861833333333

01:10:08.326 --> 01:10:10.272 have the same amount of time and

NOTE Confidence: 0.9156861833333333

01:10:10.272 --> 01:10:12.386 you're spending extra on the resource

NOTE Confidence: 0.9156861833333333

01:10:12.386 --> 01:10:14.156 of interpreters and you don't.

NOTE Confidence: 0.9156861833333333

01:10:14.160 --> 01:10:15.320 You know you're not able to do it,

NOTE Confidence: 0.9156861833333333

01:10:15.320 --> 01:10:17.800 So what I have done is the standard

NOTE Confidence: 0.9156861833333333

01:10:17.800 --> 01:10:20.663 of care that you use certified

NOTE Confidence: 0.9156861833333333

01:10:20.663 --> 01:10:21.745 medical entrepreneurs,

NOTE Confidence: 0.9156861833333333

01:10:21.750 --> 01:10:24.438 and there's certainly what we try to do.

NOTE Confidence: 0.9156861833333333

01:10:24.440 --> 01:10:25.288 But sometimes,

NOTE Confidence: 0.9156861833333333

01:10:25.288 --> 01:10:27.832 in an acute situation I will

NOTE Confidence: 0.9156861833333333

01:10:27.832 --> 01:10:30.160 use what I have available.

NOTE Confidence: 0.9156861833333333

01:10:30.160 --> 01:10:30.776 I mean,

NOTE Confidence: 0.9156861833333333

01:10:30.776 --> 01:10:32.932 I will use a spouse when I  
NOTE Confidence: 0.9156861833333333

01:10:32.932 --> 01:10:34.630 think it's appropriate.  
NOTE Confidence: 0.9156861833333333

01:10:34.630 --> 01:10:35.660 When it's not an issue,  
NOTE Confidence: 0.9156861833333333

01:10:35.660 --> 01:10:38.621 I think where it it's going to be a  
NOTE Confidence: 0.9156861833333333

01:10:38.621 --> 01:10:41.472 problem an sometimes I'll use like  
NOTE Confidence: 0.9156861833333333

01:10:41.472 --> 01:10:44.230 our latest refugee health coordinator at.  
NOTE Confidence: 0.9156861833333333

01:10:44.230 --> 01:10:45.955 Health coordinator iris.  
NOTE Confidence: 0.9156861833333333

01:10:45.955 --> 01:10:49.263 Actually happens to be a happens  
NOTE Confidence: 0.9156861833333333

01:10:49.263 --> 01:10:51.428 to speak a couple languages.  
NOTE Confidence: 0.9156861833333333

01:10:51.430 --> 01:10:53.578 Mainly Daddy from that the Afghan  
NOTE Confidence: 0.9156861833333333

01:10:53.578 --> 01:10:55.950 is big and sometimes they use her.  
NOTE Confidence: 0.9156861833333333

01:10:55.950 --> 01:10:57.372 I mean she's not a certified  
NOTE Confidence: 0.9156861833333333

01:10:57.372 --> 01:10:57.846 medical interpreter,  
NOTE Confidence: 0.9156861833333333

01:10:57.850 --> 01:10:59.264 and that's not the standard of care.  
NOTE Confidence: 0.9156861833333333

01:10:59.270 --> 01:11:02.150 But sometimes you have to do  
NOTE Confidence: 0.9156861833333333

01:11:02.150 --> 01:11:05.400 what works best at that moment.

NOTE Confidence: 0.9156861833333333

01:11:05.400 --> 01:11:07.650 So.

NOTE Confidence: 0.9156861833333333

01:11:07.650 --> 01:11:07.979 I,

NOTE Confidence: 0.9156861833333333

01:11:07.979 --> 01:11:09.953 I guess one resources that is

NOTE Confidence: 0.9156861833333333

01:11:09.953 --> 01:11:11.620 part of cultural training,

NOTE Confidence: 0.9156861833333333

01:11:11.620 --> 01:11:13.188 like how to best use an entrepreneur

NOTE Confidence: 0.9156861833333333

01:11:13.188 --> 01:11:14.341 in the limited resource you

NOTE Confidence: 0.9156861833333333

01:11:14.341 --> 01:11:15.655 have and the time you have.

NOTE Confidence: 0.9156861833333333

01:11:15.660 --> 01:11:16.842 And there's a whole like you

NOTE Confidence: 0.9156861833333333

01:11:16.842 --> 01:11:18.389 could do a whole session on how

NOTE Confidence: 0.9156861833333333

01:11:18.389 --> 01:11:19.569 to work with an interpreter.

NOTE Confidence: 0.9156861833333333

01:11:19.570 --> 01:11:22.450 But but otherwise we've relied

NOTE Confidence: 0.9156861833333333

01:11:22.450 --> 01:11:26.440 a lot of on volunteer services.

NOTE Confidence: 0.9156861833333333

01:11:26.440 --> 01:11:28.600 That's what we're probably going to rely on.

NOTE Confidence: 0.9156861833333333

01:11:28.600 --> 01:11:30.749 The acutely in the next few months.

NOTE Confidence: 0.4055407

01:11:37.090 --> 01:11:39.970 Only a few years ago I went to one of your

NOTE Confidence: 0.9154036772222222

01:11:40.044 --> 01:11:42.564 trainings and I was really shocked by  
NOTE Confidence: 0.915403677222222

01:11:42.564 --> 01:11:45.665 the small amount of assistance that  
NOTE Confidence: 0.915403677222222

01:11:45.665 --> 01:11:48.972 the US government provides for housing  
NOTE Confidence: 0.915403677222222

01:11:48.972 --> 01:11:51.633 and other needs for resettlement.  
NOTE Confidence: 0.915403677222222

01:11:51.633 --> 01:11:55.398 And given that your presentation.  
NOTE Confidence: 0.915403677222222

01:11:55.400 --> 01:11:58.932 Noted the that that housing stability  
NOTE Confidence: 0.915403677222222

01:11:58.932 --> 01:12:01.294 was one of the things that was  
NOTE Confidence: 0.915403677222222

01:12:01.294 --> 01:12:03.419 proportionate to better health outcomes.  
NOTE Confidence: 0.915403677222222

01:12:03.420 --> 01:12:05.660 I was wondering if that had changed  
NOTE Confidence: 0.915403677222222

01:12:05.660 --> 01:12:08.110 at all over the past few years.  
NOTE Confidence: 0.511291305

01:12:09.720 --> 01:12:15.090 Yeah, uhm. No, I mean it's.  
NOTE Confidence: 0.511291305

01:12:15.090 --> 01:12:18.900 I mean, we're still faced.  
NOTE Confidence: 0.511291305

01:12:18.900 --> 01:12:20.895 Sort of a lot of the same,  
NOTE Confidence: 0.511291305

01:12:20.900 --> 01:12:23.444 UM, challenges. And yes,  
NOTE Confidence: 0.511291305

01:12:23.444 --> 01:12:27.260 the actual regulations have not changed,  
NOTE Confidence: 0.511291305

01:12:27.260 --> 01:12:30.655 so the assistance for medical care still



NOTE Confidence: 0.511291305

01:12:30.655 --> 01:12:34.768 runs out after eight months of resettlement.

NOTE Confidence: 0.511291305

01:12:34.770 --> 01:12:36.996 We're actually fairly lucky in Connecticut,

NOTE Confidence: 0.511291305

01:12:37.000 --> 01:12:38.946 a lot of people end up being

NOTE Confidence: 0.511291305

01:12:38.946 --> 01:12:40.180 eligible for Medicaid after,

NOTE Confidence: 0.511291305

01:12:40.180 --> 01:12:42.046 and if you have dependent children

NOTE Confidence: 0.511291305

01:12:42.046 --> 01:12:44.180 than like you have more benefits.

NOTE Confidence: 0.511291305

01:12:44.180 --> 01:12:46.740 So fundamentally it hasn't changed,

NOTE Confidence: 0.511291305

01:12:46.740 --> 01:12:48.460 but we just look.

NOTE Confidence: 0.511291305

01:12:48.460 --> 01:12:50.610 Living in a relatively resource

NOTE Confidence: 0.511291305

01:12:50.610 --> 01:12:52.239 registered compared to other

NOTE Confidence: 0.511291305

01:12:52.239 --> 01:12:54.483 States and like I was saying,

NOTE Confidence: 0.511291305

01:12:54.490 --> 01:12:59.850 Iris has a very effective CEO who.

NOTE Confidence: 0.511291305

01:12:59.850 --> 01:13:01.314 Actually lot of you.

NOTE Confidence: 0.511291305

01:13:01.314 --> 01:13:02.778 I mean I know,

NOTE Confidence: 0.511291305

01:13:02.780 --> 01:13:05.816 contribute to Iris and that actually.

NOTE Confidence: 0.511291305

01:13:05.820 --> 01:13:07.170 You know it.  
NOTE Confidence: 0.511291305

01:13:07.170 --> 01:13:10.810 It helps find that housing and find  
NOTE Confidence: 0.511291305

01:13:10.810 --> 01:13:12.676 those supports for refugees who  
NOTE Confidence: 0.511291305

01:13:12.676 --> 01:13:14.650 are not able to become financially  
NOTE Confidence: 0.511291305

01:13:14.705 --> 01:13:16.460 independent in that time period.  
NOTE Confidence: 0.511291305

01:13:16.460 --> 01:13:19.284 I mean, that's just sort of the US.  
NOTE Confidence: 0.511291305

01:13:19.290 --> 01:13:21.858 Message come here and you know,  
NOTE Confidence: 0.511291305

01:13:21.860 --> 01:13:22.280 succeed,  
NOTE Confidence: 0.511291305

01:13:22.280 --> 01:13:25.745 that's kind of how that's the message and.  
NOTE Confidence: 0.511291305

01:13:25.745 --> 01:13:29.420 You know most people do eventually succeed,  
NOTE Confidence: 0.511291305

01:13:29.420 --> 01:13:31.460 but but yeah, uhm.  
NOTE Confidence: 0.511291305

01:13:31.460 --> 01:13:34.424 None of the supports have have  
NOTE Confidence: 0.511291305

01:13:34.424 --> 01:13:36.080 changed or really increased.  
NOTE Confidence: 0.916612548888889

01:13:40.290 --> 01:13:42.348 And I see some chats about  
NOTE Confidence: 0.916612548888889

01:13:42.348 --> 01:13:43.377 the interpreter services.  
NOTE Confidence: 0.964482683333333

01:13:45.570 --> 01:13:47.568 Yeah, I mean like I said,

NOTE Confidence: 0.9644826833333333  
01:13:47.570 --> 01:13:48.866 the whole interpreter thing  
NOTE Confidence: 0.9644826833333333  
01:13:48.866 --> 01:13:50.810 is a whole talk in itself.  
NOTE Confidence: 0.9644826833333333  
01:13:50.810 --> 01:13:52.510 But definitely I always  
NOTE Confidence: 0.9644826833333333  
01:13:52.510 --> 01:13:54.210 prefer somebody in person.  
NOTE Confidence: 0.9644826833333333  
01:13:54.210 --> 01:13:56.316 There's a lot of body language  
NOTE Confidence: 0.9644826833333333  
01:13:56.316 --> 01:13:58.534 and things that you know you  
NOTE Confidence: 0.9644826833333333  
01:13:58.534 --> 01:14:00.389 miss in a phone interaction.  
NOTE Confidence: 0.9644826833333333  
01:14:00.390 --> 01:14:01.640 But sometimes people will want  
NOTE Confidence: 0.9644826833333333  
01:14:01.640 --> 01:14:03.290 the phone as my eyes saying,  
NOTE Confidence: 0.9644826833333333  
01:14:03.290 --> 01:14:04.715 because it might be somebody  
NOTE Confidence: 0.9644826833333333  
01:14:04.715 --> 01:14:06.140 in their community that that's  
NOTE Confidence: 0.9644826833333333  
01:14:06.194 --> 01:14:07.640 happened more than once that they  
NOTE Confidence: 0.9644826833333333  
01:14:07.640 --> 01:14:09.646 don't want to be in the room with  
NOTE Confidence: 0.9644826833333333  
01:14:09.646 --> 01:14:11.122 that person because the person has  
NOTE Confidence: 0.9644826833333333  
01:14:11.130 --> 01:14:12.810 seen them in some social setting.  
NOTE Confidence: 0.9644826833333333

01:14:12.810 --> 01:14:14.490 You know, it's not such a large community,  
NOTE Confidence: 0.9644826833333333

01:14:14.490 --> 01:14:15.660 so then they don't want to  
NOTE Confidence: 0.9644826833333333

01:14:15.660 --> 01:14:16.730 be in the same room.  
NOTE Confidence: 0.9644826833333333

01:14:16.730 --> 01:14:19.334 They want to be on the phone.  
NOTE Confidence: 0.9644826833333333

01:14:19.340 --> 01:14:20.498 And we try to respect that,  
NOTE Confidence: 0.9644826833333333

01:14:20.500 --> 01:14:23.740 but for the most part we like in person.  
NOTE Confidence: 0.9644826833333333

01:14:23.740 --> 01:14:25.125 Services and we're actually trying  
NOTE Confidence: 0.9644826833333333

01:14:25.125 --> 01:14:27.041 to lobby for that now because after  
NOTE Confidence: 0.9644826833333333

01:14:27.041 --> 01:14:31.428 we moved to the aafcs we haven't had.  
NOTE Confidence: 0.9644826833333333

01:14:31.430 --> 01:14:33.145 Face to face interpreter services  
NOTE Confidence: 0.9644826833333333

01:14:33.145 --> 01:14:35.559 and we're trying to see if the  
NOTE Confidence: 0.9644826833333333

01:14:35.559 --> 01:14:37.154 hospital can actually like fund  
NOTE Confidence: 0.9644826833333333

01:14:37.154 --> 01:14:39.185 that just just as a special  
NOTE Confidence: 0.9644826833333333

01:14:39.185 --> 01:14:40.875 need for newer refugee arrivals.  
NOTE Confidence: 0.9644826833333333

01:14:40.880 --> 01:14:43.407 So hopefully we can make that happen.  
NOTE Confidence: 0.9046915558333333

01:14:46.570 --> 01:14:48.082 I think we've come to the

NOTE Confidence: 0.904691555833333

01:14:48.082 --> 01:14:49.710 end of our time with you.

NOTE Confidence: 0.904691555833333

01:14:49.710 --> 01:14:51.190 We really appreciate your your

NOTE Confidence: 0.904691555833333

01:14:51.190 --> 01:14:53.015 work and your willingness to share

NOTE Confidence: 0.904691555833333

01:14:53.015 --> 01:14:54.475 your expertise with us today.

NOTE Confidence: 0.904691555833333

01:14:54.480 --> 01:14:56.000 Thank you so much.