

WEBVTT

NOTE duration:"01:08:39"

NOTE language:en-us

NOTE Confidence: 0.872530459230769

00:00:00.000 --> 00:00:01.860 Hi everybody, it's John Crystal.

NOTE Confidence: 0.872530459230769

00:00:01.860 --> 00:00:04.109 I'm chair of the Department of

NOTE Confidence: 0.872530459230769

00:00:04.109 --> 00:00:05.719 Psychiatry and I'm thrilled to

NOTE Confidence: 0.872530459230769

00:00:05.719 --> 00:00:08.163 welcome you to our state of the

NOTE Confidence: 0.872530459230769

00:00:08.163 --> 00:00:11.130 department address for 2021.

NOTE Confidence: 0.872530459230769

00:00:11.130 --> 00:00:14.480 I missed the opportunity to.

NOTE Confidence: 0.872530459230769

00:00:14.480 --> 00:00:16.916 To do a state of the department

NOTE Confidence: 0.872530459230769

00:00:16.916 --> 00:00:19.299 address in 2020 because of COVID.

NOTE Confidence: 0.872530459230769

00:00:19.300 --> 00:00:22.090 So it's really nice to be able to get

NOTE Confidence: 0.872530459230769

00:00:22.090 --> 00:00:24.872 back together and and to reflect on

NOTE Confidence: 0.872530459230769

00:00:24.872 --> 00:00:27.538 what we've been through as I always do

NOTE Confidence: 0.872530459230769

00:00:27.538 --> 00:00:29.140 before the stated of the department,

NOTE Confidence: 0.872530459230769

00:00:29.140 --> 00:00:31.660 I want to acknowledge my financial

NOTE Confidence: 0.872530459230769

00:00:31.660 --> 00:00:32.920 interests in particular,

NOTE Confidence: 0.872530459230769  
00:00:32.920 --> 00:00:35.951 that I consult to a number of  
NOTE Confidence: 0.872530459230769  
00:00:35.951 --> 00:00:37.250 pharmaceutical companies related  
NOTE Confidence: 0.872530459230769  
00:00:37.320 --> 00:00:39.972 to the development of of drugs  
NOTE Confidence: 0.872530459230769  
00:00:39.972 --> 00:00:41.298 for psychiatric disorders.  
NOTE Confidence: 0.872530459230769  
00:00:41.300 --> 00:00:44.288 I have stock in a company called Bio Haven,  
NOTE Confidence: 0.872530459230769  
00:00:44.290 --> 00:00:45.613 couple of other.  
NOTE Confidence: 0.872530459230769  
00:00:45.613 --> 00:00:47.818 Companies and patents that have  
NOTE Confidence: 0.872530459230769  
00:00:47.818 --> 00:00:50.059 been licensed to some companies.  
NOTE Confidence: 0.872530459230769  
00:00:50.060 --> 00:00:50.461 Particularly,  
NOTE Confidence: 0.872530459230769  
00:00:50.461 --> 00:00:53.669 a share of patents related to the use  
NOTE Confidence: 0.872530459230769  
00:00:53.669 --> 00:00:57.115 of intranasal cada mean for treatment  
NOTE Confidence: 0.872530459230769  
00:00:57.115 --> 00:01:00.160 resistant depression and suicide risk.  
NOTE Confidence: 0.872530459230769  
00:01:00.160 --> 00:01:03.430 So this has been just a  
NOTE Confidence: 0.872530459230769  
00:01:03.430 --> 00:01:05.612 remarkable year a year.  
NOTE Confidence: 0.872530459230769  
00:01:05.612 --> 00:01:08.888 Like no other in my lifetime,  
NOTE Confidence: 0.872530459230769

00:01:08.890 --> 00:01:15.003 and one where we were forced to deal

NOTE Confidence: 0.872530459230769

00:01:15.003 --> 00:01:17.308 with challenges in literally every

NOTE Confidence: 0.872530459230769

00:01:17.308 --> 00:01:20.338 aspect of our work and family lives.

NOTE Confidence: 0.872530459230769

00:01:20.340 --> 00:01:22.956 What I'm showing you here is a a

NOTE Confidence: 0.872530459230769

00:01:22.956 --> 00:01:25.219 word cloud created by comments.

NOTE Confidence: 0.872530459230769

00:01:25.220 --> 00:01:27.578 That people made on a questionnaire.

NOTE Confidence: 0.872530459230769

00:01:27.580 --> 00:01:31.220 A stress survey from doctors in the

NOTE Confidence: 0.872530459230769

00:01:31.220 --> 00:01:34.180 Medical Center and hospital and you

NOTE Confidence: 0.872530459230769

00:01:34.180 --> 00:01:36.035 can see the issues that come up.

NOTE Confidence: 0.872530459230769

00:01:36.040 --> 00:01:39.080 Family health, politics, election,

NOTE Confidence: 0.872530459230769

00:01:39.080 --> 00:01:41.700 leadership, burnout access.

NOTE Confidence: 0.94086536

00:01:43.750 --> 00:01:45.680 And so many other issues.

NOTE Confidence: 0.866891232

00:01:48.190 --> 00:01:53.182 And and I didn't feel that I personally

NOTE Confidence: 0.866891232

00:01:53.182 --> 00:01:56.430 could capture the all of the issues

NOTE Confidence: 0.866891232

00:01:56.430 --> 00:01:59.354 that we were dealing with as in

NOTE Confidence: 0.866891232

00:01:59.354 --> 00:02:01.844 the Community over the past year.

NOTE Confidence: 0.866891232

00:02:01.850 --> 00:02:04.235 And So what I did was to ask a

NOTE Confidence: 0.866891232

00:02:04.235 --> 00:02:06.578 number of people in our department.

NOTE Confidence: 0.866891232

00:02:06.580 --> 00:02:09.788 To share what this past year has meant

NOTE Confidence: 0.866891232

00:02:09.788 --> 00:02:12.378 to them, and if you'll bear with me,

NOTE Confidence: 0.866891232

00:02:12.380 --> 00:02:15.060 it will take me just a minute to

NOTE Confidence: 0.866891232

00:02:15.060 --> 00:02:18.970 get this video up and running.

NOTE Confidence: 0.896096987272727

00:02:21.400 --> 00:02:23.260 So I'm I'm really thrilled

NOTE Confidence: 0.896096987272727

00:02:23.260 --> 00:02:25.660 to share with you this video,

NOTE Confidence: 0.896096987272727

00:02:25.660 --> 00:02:28.308 which has been made by a number of

NOTE Confidence: 0.896096987272727

00:02:28.308 --> 00:02:30.839 people in our department to talk about

NOTE Confidence: 0.896096987272727

00:02:30.839 --> 00:02:32.870 what the past year has meant to them.

NOTE Confidence: 0.81255615

00:02:39.620 --> 00:02:43.378 So as I reflected on the question,

NOTE Confidence: 0.798452525

00:02:41.450 --> 00:02:42.950 what this year means to me,

NOTE Confidence: 0.753762642

00:02:43.380 --> 00:02:44.660 the two themes I came

NOTE Confidence: 0.753762642

00:02:44.660 --> 00:02:46.890 up for me where struggle

NOTE Confidence: 0.827272233333333

00:02:46.900 --> 00:02:47.968 and freedom. I  
NOTE Confidence: 0.9277331133333333

00:02:47.980 --> 00:02:51.420 think it has been a year of struggle for  
NOTE Confidence: 0.8856286883333333

00:02:51.430 --> 00:02:54.030 us as a community for me personally,  
NOTE Confidence: 0.75837317

00:02:54.600 --> 00:02:55.990 as we reckon with  
NOTE Confidence: 0.89424836

00:02:56.440 --> 00:02:57.538 COVID-19 and the  
NOTE Confidence: 0.87394331

00:02:57.550 --> 00:02:58.630 effects that that  
NOTE Confidence: 0.8788086

00:02:58.640 --> 00:03:00.029 has had for  
NOTE Confidence: 0.85845756

00:03:00.300 --> 00:03:02.550 the mental health community as  
NOTE Confidence: 0.7554144325

00:03:02.560 --> 00:03:03.728 we struggle to reckon  
NOTE Confidence: 0.91194684

00:03:03.740 --> 00:03:05.988 with the legacy of  
NOTE Confidence: 0.8626704333333333

00:03:06.110 --> 00:03:07.496 racism and white supremacy,  
NOTE Confidence: 0.8626704333333333

00:03:07.496 --> 00:03:09.370 not just in the country but  
NOTE Confidence: 0.8672170433333333

00:03:09.380 --> 00:03:12.236 in the department. There have been  
NOTE Confidence: 0.7649884666666667

00:03:12.280 --> 00:03:14.200 a struggle. But  
NOTE Confidence: 0.894129535

00:03:14.210 --> 00:03:15.498 there's also been opportunity,  
NOTE Confidence: 0.896454194

00:03:15.510 --> 00:03:17.090 and I've been really inspired by my

NOTE Confidence: 0.896454194

00:03:17.090 --> 00:03:18.640 colleagues, not just in the residency

NOTE Confidence: 0.88086736

00:03:18.670 --> 00:03:19.918 program, but in other

NOTE Confidence: 0.912733824

00:03:19.930 --> 00:03:21.843 places in the department who are

NOTE Confidence: 0.912733824

00:03:21.843 --> 00:03:23.500 not only consistently showing

NOTE Confidence: 0.8919916225

00:03:23.510 --> 00:03:24.818 up as themselves and

NOTE Confidence: 0.828307166666666

00:03:24.830 --> 00:03:27.300 being free within our spaces,

NOTE Confidence: 0.828307166666666

00:03:27.300 --> 00:03:28.876 but also trying to create a space

NOTE Confidence: 0.828307166666666

00:03:28.880 --> 00:03:31.700 for others you know, to be creative

NOTE Confidence: 0.816387648333333

00:03:31.730 --> 00:03:34.770 to reimagine and to be free. There's a

NOTE Confidence: 0.816387648333333

00:03:34.770 --> 00:03:36.720 song by the ancestor, Donny Hathaway

NOTE Confidence: 0.855070882

00:03:36.780 --> 00:03:39.980 that talks about this idea of finding

NOTE Confidence: 0.855070882

00:03:39.990 --> 00:03:41.769 freedom despite struggle, and that

NOTE Confidence: 0.871867266666667

00:03:41.780 --> 00:03:42.920 that's something that

NOTE Confidence: 0.877374258571429

00:03:42.960 --> 00:03:44.409 you know we can all be collectively.

NOTE Confidence: 0.877374258571429

00:03:44.410 --> 00:03:45.592 So I'm going to do a little

NOTE Confidence: 0.877374258571429

00:03:45.592 --> 00:03:46.890 bit of that. School soon.  
NOTE Confidence: 0.369817063

00:03:59.320 --> 00:04:01.280 This spins around.  
NOTE Confidence: 0.13817456

00:04:05.430 --> 00:04:07.340 John stones  
NOTE Confidence: 0.66067845

00:04:10.280 --> 00:04:11.140 did you die?  
NOTE Confidence: 0.8569052

00:04:23.160 --> 00:04:24.928 Just hold on tight  
NOTE Confidence: 0.865785166666667

00:04:25.060 --> 00:04:25.870 and you will.  
NOTE Confidence: 0.49527008

00:04:28.230 --> 00:04:31.799 Take it from me someday.  
NOTE Confidence: 0.90588605

00:04:44.520 --> 00:04:48.355 Hello. Last year was about change.  
NOTE Confidence: 0.90588605

00:04:48.355 --> 00:04:51.058 It was painful to see the  
NOTE Confidence: 0.90588605

00:04:51.058 --> 00:04:53.750 suffering and the loss.  
NOTE Confidence: 0.90588605

00:04:53.750 --> 00:04:56.966 But I remained hopeful and inspired,  
NOTE Confidence: 0.90588605

00:04:56.970 --> 00:05:00.274 by the way that we came together.  
NOTE Confidence: 0.90588605

00:05:00.280 --> 00:05:03.320 To deliver services and teaching  
NOTE Confidence: 0.90588605

00:05:03.320 --> 00:05:06.800 in new and creative ways.  
NOTE Confidence: 0.90588605

00:05:06.800 --> 00:05:08.535 From our social distance and  
NOTE Confidence: 0.90588605

00:05:08.535 --> 00:05:10.940 a long way for the vaccine,

NOTE Confidence: 0.90588605

00:05:10.940 --> 00:05:14.210 we're now ready to emerge.

NOTE Confidence: 0.90588605

00:05:14.210 --> 00:05:16.425 With a brother perspective that

NOTE Confidence: 0.90588605

00:05:16.425 --> 00:05:19.220 will be useful for our lives.

NOTE Confidence: 0.90588605

00:05:19.220 --> 00:05:21.098 Thank you for all the support

NOTE Confidence: 0.90588605

00:05:21.098 --> 00:05:23.240 to each other and welcome back.

NOTE Confidence: 0.89223948

00:05:38.250 --> 00:05:40.749 I struggle to find the words to

NOTE Confidence: 0.89223948

00:05:40.749 --> 00:05:43.398 describe what this year has meant to me.

NOTE Confidence: 0.89223948

00:05:43.400 --> 00:05:46.346 It has been a year of

NOTE Confidence: 0.89223948

00:05:46.346 --> 00:05:47.328 unimaginable challenges.

NOTE Confidence: 0.89223948

00:05:47.330 --> 00:05:49.555 The challenges have been many

NOTE Confidence: 0.89223948

00:05:49.555 --> 00:05:51.335 and on different fronts.

NOTE Confidence: 0.89223948

00:05:51.340 --> 00:05:53.886 From the first news stories about deadly

NOTE Confidence: 0.89223948

00:05:53.886 --> 00:05:55.870 virus spreading across the world,

NOTE Confidence: 0.89223948

00:05:55.870 --> 00:05:57.726 I had a sense that we were in

NOTE Confidence: 0.89223948

00:05:57.726 --> 00:05:59.590 for a roller coaster ride.

NOTE Confidence: 0.89223948



00:05:59.590 --> 00:06:01.235 I just had no idea how many  
NOTE Confidence: 0.89223948

00:06:01.235 --> 00:06:03.878 twists and turns it would take.  
NOTE Confidence: 0.89223948

00:06:03.880 --> 00:06:05.070 By the beginning of March,  
NOTE Confidence: 0.89223948

00:06:05.070 --> 00:06:07.222 I had a sense that it was a  
NOTE Confidence: 0.89223948

00:06:07.222 --> 00:06:09.064 matter of days before we would  
NOTE Confidence: 0.89223948

00:06:09.064 --> 00:06:11.630 be in the grip of the pandemic.  
NOTE Confidence: 0.89223948

00:06:11.630 --> 00:06:13.975 I recall seeing a patient on contact  
NOTE Confidence: 0.89223948

00:06:13.975 --> 00:06:15.931 precautions and as I took off  
NOTE Confidence: 0.89223948

00:06:15.931 --> 00:06:17.713 and discarded my gown and gloves,  
NOTE Confidence: 0.89223948

00:06:17.720 --> 00:06:20.000 I decided to keep my mask.  
NOTE Confidence: 0.89223948

00:06:20.000 --> 00:06:22.540 I had a feeling that I would be needing it.  
NOTE Confidence: 0.89223948

00:06:22.540 --> 00:06:25.456 It turns out I was right.  
NOTE Confidence: 0.89223948

00:06:25.460 --> 00:06:26.540 And for the next month,  
NOTE Confidence: 0.89223948

00:06:26.540 --> 00:06:28.088 that was a mask I wore.  
NOTE Confidence: 0.89223948

00:06:28.090 --> 00:06:30.802 Every time I had to see a concert  
NOTE Confidence: 0.89223948

00:06:30.802 --> 00:06:32.330 in the hospital.

NOTE Confidence: 0.89223948

00:06:32.330 --> 00:06:34.448 During those first few weeks and months,

NOTE Confidence: 0.89223948

00:06:34.450 --> 00:06:36.875 uncertainty became a blanket they

NOTE Confidence: 0.89223948

00:06:36.875 --> 00:06:40.240 carried with me every moment of the day.

NOTE Confidence: 0.89223948

00:06:40.240 --> 00:06:42.648 The only time I was able to shed

NOTE Confidence: 0.89223948

00:06:42.648 --> 00:06:44.892 the weight of that blanket was

NOTE Confidence: 0.89223948

00:06:44.892 --> 00:06:46.464 during family movie time.

NOTE Confidence: 0.89223948

00:06:46.470 --> 00:06:50.136 Which had become a nightly protein.

NOTE Confidence: 0.89223948

00:06:50.140 --> 00:06:51.720 April came in with it.

NOTE Confidence: 0.89223948

00:06:51.720 --> 00:06:53.712 My husband's placement in the step

NOTE Confidence: 0.89223948

00:06:53.712 --> 00:06:56.560 down unit caring for COVID positive patients.

NOTE Confidence: 0.89223948

00:06:56.560 --> 00:06:58.709 We work 12 to 14 hour days,

NOTE Confidence: 0.89223948

00:06:58.710 --> 00:07:02.014 six days a week for the entire month.

NOTE Confidence: 0.89223948

00:07:02.020 --> 00:07:04.057 And while he cared for COVID patients,

NOTE Confidence: 0.89223948

00:07:04.060 --> 00:07:06.524 I stayed home and cared for school

NOTE Confidence: 0.89223948

00:07:06.524 --> 00:07:08.820 aged children doing distance learning.

NOTE Confidence: 0.89223948

00:07:08.820 --> 00:07:11.900 And for my clinic, patients via Tele Health.

NOTE Confidence: 0.89223948

00:07:11.900 --> 00:07:12.227 Also,

NOTE Confidence: 0.89223948

00:07:12.227 --> 00:07:14.189 much of our lives have been

NOTE Confidence: 0.89223948

00:07:14.189 --> 00:07:15.170 turned upside down,

NOTE Confidence: 0.89223948

00:07:15.170 --> 00:07:17.346 was comforting to know that I could still

NOTE Confidence: 0.89223948

00:07:17.346 --> 00:07:20.051 be there for my patience and at times,

NOTE Confidence: 0.89223948

00:07:20.051 --> 00:07:23.040 in a much more intimately than before.

NOTE Confidence: 0.89223948

00:07:23.040 --> 00:07:24.585 I still remember helping a

NOTE Confidence: 0.89223948

00:07:24.585 --> 00:07:26.600 patient say goodbye to his father.

NOTE Confidence: 0.89223948

00:07:26.600 --> 00:07:28.928 His health slowly deteriorated in home

NOTE Confidence: 0.89223948

00:07:28.928 --> 00:07:31.800 and he refused to seek medical care.

NOTE Confidence: 0.89223948

00:07:31.800 --> 00:07:33.858 We spoke two times a week,

NOTE Confidence: 0.89223948

00:07:33.860 --> 00:07:35.130 sometimes more,

NOTE Confidence: 0.89223948

00:07:35.130 --> 00:07:38.404 until his father passed and then

NOTE Confidence: 0.89223948

00:07:38.404 --> 00:07:40.973 came the work to help him heal.

NOTE Confidence: 0.89223948

00:07:40.980 --> 00:07:43.836 During this time I also join an

NOTE Confidence: 0.89223948

00:07:43.836 --> 00:07:46.370 effort with palliative care in which

NOTE Confidence: 0.89223948

00:07:46.370 --> 00:07:48.230 we began providing decompression

NOTE Confidence: 0.89223948

00:07:48.230 --> 00:07:51.198 hurdles for the staff and I see you.

NOTE Confidence: 0.89223948

00:07:51.200 --> 00:07:53.475 It was yet another way in which

NOTE Confidence: 0.89223948

00:07:53.475 --> 00:07:55.270 I could help give back.

NOTE Confidence: 0.89223948

00:07:55.270 --> 00:07:57.226 A sense of purpose and meaning

NOTE Confidence: 0.89223948

00:07:57.226 --> 00:07:59.707 in the things I was doing propel

NOTE Confidence: 0.89223948

00:07:59.707 --> 00:08:01.915 me forward and help me overcome

NOTE Confidence: 0.89223948

00:08:01.915 --> 00:08:03.849 the fear and uncertainty.

NOTE Confidence: 0.89223948

00:08:03.850 --> 00:08:06.553 Then came summer in the civil

NOTE Confidence: 0.89223948

00:08:06.553 --> 00:08:08.296 unrest that sparked.

NOTE Confidence: 0.89223948

00:08:08.300 --> 00:08:10.395 Start by the murder of George Floyd.

NOTE Confidence: 0.89223948

00:08:10.395 --> 00:08:12.682 And countless other black Americans,

NOTE Confidence: 0.89223948

00:08:12.682 --> 00:08:14.294 every ignited a national

NOTE Confidence: 0.89223948

00:08:14.294 --> 00:08:16.010 conversation about basis something.

NOTE Confidence: 0.89223948

00:08:16.010 --> 00:08:18.170 So we do.  
NOTE Confidence: 0.89223948  
00:08:18.170 --> 00:08:22.148 I struggled with anger and frustration.  
NOTE Confidence: 0.89223948  
00:08:22.150 --> 00:08:23.896 For many of my patients who  
NOTE Confidence: 0.89223948  
00:08:23.896 --> 00:08:24.769 had lost brothers,  
NOTE Confidence: 0.89223948  
00:08:24.770 --> 00:08:27.346 sons and partners at the hands of police,  
NOTE Confidence: 0.89223948  
00:08:27.350 --> 00:08:29.122 it was re traumatizing.  
NOTE Confidence: 0.89223948  
00:08:29.122 --> 00:08:31.337 A roller coaster had just  
NOTE Confidence: 0.89223948  
00:08:31.337 --> 00:08:33.478 taken an unexpected twist.  
NOTE Confidence: 0.89223948  
00:08:33.480 --> 00:08:35.692 This was another moment when my  
NOTE Confidence: 0.89223948  
00:08:35.692 --> 00:08:38.963 resolve was tested and I had a  
NOTE Confidence: 0.89223948  
00:08:38.963 --> 00:08:41.756 choice to give it to the anger  
NOTE Confidence: 0.89223948  
00:08:41.756 --> 00:08:43.560 and despair of person.  
NOTE Confidence: 0.89223948  
00:08:43.560 --> 00:08:44.280 As we know,  
NOTE Confidence: 0.89223948  
00:08:44.280 --> 00:08:45.960 the year was far from over and  
NOTE Confidence: 0.852455953103448  
00:08:46.026 --> 00:08:48.192 many challenges lay ahead between the  
NOTE Confidence: 0.852455953103448  
00:08:48.192 --> 00:08:50.307 political unrest over the election in

NOTE Confidence: 0.852455953103448

00:08:50.307 --> 00:08:52.442 the second wave of COVID among them.

NOTE Confidence: 0.852455953103448

00:08:52.450 --> 00:08:55.360 So I kept going. My family,

NOTE Confidence: 0.852455953103448

00:08:55.360 --> 00:08:57.008 my sense of responsibility.

NOTE Confidence: 0.852455953103448

00:08:57.008 --> 00:09:00.003 And my faith in our shared humanity

NOTE Confidence: 0.852455953103448

00:09:00.003 --> 00:09:03.076 would help us build the path forward.

NOTE Confidence: 0.852455953103448

00:09:03.080 --> 00:09:04.839 So when I think about what the

NOTE Confidence: 0.852455953103448

00:09:04.839 --> 00:09:06.777 last year has meant to me.

NOTE Confidence: 0.852455953103448

00:09:06.780 --> 00:09:09.903 Has really been a year of challenge that

NOTE Confidence: 0.852455953103448

00:09:09.903 --> 00:09:13.634 has pushed me to grow into overcome.

NOTE Confidence: 0.852455953103448

00:09:13.640 --> 00:09:15.915 It has been a year of resilience.

NOTE Confidence: 0.728574035

00:09:29.740 --> 00:09:33.276 Can I stay my name is Stephanie Wilson.

NOTE Confidence: 0.728574035

00:09:33.280 --> 00:09:37.350 I am Dakota soon, as well as Swedish.

NOTE Confidence: 0.728574035

00:09:37.350 --> 00:09:41.118 I am a fourth year psychiatry resident,

NOTE Confidence: 0.728574035

00:09:41.120 --> 00:09:44.326 outgoing as well as public psychiatry fellow.

NOTE Confidence: 0.728574035

00:09:44.330 --> 00:09:47.555 I'm originally from new sort of college also.

NOTE Confidence: 0.728574035

00:09:47.560 --> 00:09:49.456 Known as Minnesota Insulated  
NOTE Confidence: 0.728574035

00:09:49.456 --> 00:09:52.496 by peoples also join people.  
NOTE Confidence: 0.728574035

00:09:52.500 --> 00:09:55.167 Currently I'm on could be a planned.  
NOTE Confidence: 0.87097121

00:09:58.390 --> 00:10:01.638 This year you have this year for me  
NOTE Confidence: 0.841040548181818

00:10:01.650 --> 00:10:03.414 has really stretched me.  
NOTE Confidence: 0.841040548181818

00:10:03.414 --> 00:10:05.619 Think about how to maintain  
NOTE Confidence: 0.841040548181818

00:10:05.619 --> 00:10:06.850 community virtually,  
NOTE Confidence: 0.841040548181818

00:10:06.850 --> 00:10:09.900 whether that's here at Yale,  
NOTE Confidence: 0.841040548181818

00:10:09.900 --> 00:10:12.455 New Haven or with the indigenous communities  
NOTE Confidence: 0.841040548181818

00:10:12.455 --> 00:10:14.928 that I work with in the Midwest.  
NOTE Confidence: 0.841040548181818

00:10:14.930 --> 00:10:17.090 And get creative on how to support them.  
NOTE Confidence: 0.841040548181818

00:10:17.090 --> 00:10:19.202 And I think most importantly,  
NOTE Confidence: 0.841040548181818

00:10:19.202 --> 00:10:22.949 listen to to what I can do from afar.  
NOTE Confidence: 0.841040548181818

00:10:22.950 --> 00:10:26.064 You know we saw a really disproportionate  
NOTE Confidence: 0.841040548181818

00:10:26.064 --> 00:10:29.650 rate of COVID-19 on our communities of  
NOTE Confidence: 0.841040548181818

00:10:29.650 --> 00:10:32.764 color and are not white communities.

NOTE Confidence: 0.841040548181818

00:10:32.770 --> 00:10:35.038 Specifically, our indigenous community

NOTE Confidence: 0.841040548181818

00:10:35.038 --> 00:10:37.354 knighted states we were hit hard

NOTE Confidence: 0.841040548181818

00:10:37.354 --> 00:10:39.983 with the pandemic and a lot of the

NOTE Confidence: 0.841040548181818

00:10:39.983 --> 00:10:41.670 numerous issues that came along,

NOTE Confidence: 0.841040548181818

00:10:41.670 --> 00:10:43.970 as well as being unable to

NOTE Confidence: 0.841040548181818

00:10:43.970 --> 00:10:46.478 participate in ceremonies and.

NOTE Confidence: 0.841040548181818

00:10:46.478 --> 00:10:49.613 Things that are really kind

NOTE Confidence: 0.841040548181818

00:10:49.613 --> 00:10:52.820 of the core of our culture.

NOTE Confidence: 0.841040548181818

00:10:52.820 --> 00:10:54.503 But we also saw.

NOTE Confidence: 0.841040548181818

00:10:54.503 --> 00:10:57.518 Some really magnificent magnificent things.

NOTE Confidence: 0.841040548181818

00:10:57.520 --> 00:11:01.230 As past year we saw the first

NOTE Confidence: 0.841040548181818

00:11:01.230 --> 00:11:04.818 Native American to be department of.

NOTE Confidence: 0.841040548181818

00:11:04.820 --> 00:11:07.312 Secretary of interior step hauling

NOTE Confidence: 0.841040548181818

00:11:07.312 --> 00:11:10.893 we saw the years of advocacy to

NOTE Confidence: 0.841040548181818

00:11:10.893 --> 00:11:13.229 dismantle the racist mascots.

NOTE Confidence: 0.841040548181818



00:11:13.230 --> 00:11:13.720 Finally,  
NOTE Confidence: 0.841040548181818

00:11:13.720 --> 00:11:16.170 have some resolution with our  
NOTE Confidence: 0.841040548181818

00:11:16.170 --> 00:11:17.640 youth and elders.  
NOTE Confidence: 0.841040548181818

00:11:17.640 --> 00:11:19.210 Protest the oil pipelines that  
NOTE Confidence: 0.841040548181818

00:11:19.210 --> 00:11:20.780 are going through our land.  
NOTE Confidence: 0.841040548181818

00:11:20.780 --> 00:11:23.350 We even saw a slight return of  
NOTE Confidence: 0.841040548181818

00:11:23.350 --> 00:11:26.280 of our land to our communities.  
NOTE Confidence: 0.841040548181818

00:11:26.280 --> 00:11:27.738 Anything was importantly,  
NOTE Confidence: 0.841040548181818

00:11:27.738 --> 00:11:31.726 we saw how our communities use centuries of  
NOTE Confidence: 0.841040548181818

00:11:31.726 --> 00:11:34.756 accumulated knowledge to fight this pandemic.  
NOTE Confidence: 0.841040548181818

00:11:34.760 --> 00:11:37.616 We saw her tribes early on shop  
NOTE Confidence: 0.841040548181818

00:11:37.616 --> 00:11:38.840 orders containing quarantine,  
NOTE Confidence: 0.841040548181818

00:11:38.840 --> 00:11:40.088 their tribal members,  
NOTE Confidence: 0.841040548181818

00:11:40.088 --> 00:11:41.820 provided food, water, medicine,  
NOTE Confidence: 0.841040548181818

00:11:41.820 --> 00:11:42.324 transportation.  
NOTE Confidence: 0.841040548181818

00:11:42.324 --> 00:11:45.348 We saw communities like the Cherokee

NOTE Confidence: 0.841040548181818

00:11:45.348 --> 00:11:49.130 Nation who right away when the vaccine was

NOTE Confidence: 0.841040548181818

00:11:49.130 --> 00:11:51.839 available start getting 500 people a day.

NOTE Confidence: 0.841040548181818

00:11:51.840 --> 00:11:54.144 We saw the Navajo Nation call

NOTE Confidence: 0.841040548181818

00:11:54.144 --> 00:11:55.992 Doctors Without Borders and to

NOTE Confidence: 0.841040548181818

00:11:55.992 --> 00:11:57.360 provide additional medical care.

NOTE Confidence: 0.841040548181818

00:11:57.360 --> 00:12:00.160 When the Indian Health Service could not.

NOTE Confidence: 0.841040548181818

00:12:00.160 --> 00:12:02.730 With our communities in the Midwest,

NOTE Confidence: 0.841040548181818

00:12:02.730 --> 00:12:05.250 prioritize our elders who spoke our

NOTE Confidence: 0.841040548181818

00:12:05.250 --> 00:12:07.977 indigenous language to get vaccinated first.

NOTE Confidence: 0.841040548181818

00:12:07.980 --> 00:12:10.059 Our elders are very important to us

NOTE Confidence: 0.841040548181818

00:12:10.059 --> 00:12:12.475 and they are vital and continuing to

NOTE Confidence: 0.841040548181818

00:12:12.475 --> 00:12:14.665 pass on the knowledge and tradition

NOTE Confidence: 0.887484106666667

00:12:14.680 --> 00:12:15.499 of our culture.

NOTE Confidence: 0.894104996

00:12:18.750 --> 00:12:20.580 And I think that one

NOTE Confidence: 0.934499365

00:12:20.590 --> 00:12:22.650 of the biggest things to recognize

NOTE Confidence: 0.934499365

00:12:22.650 --> 00:12:24.802 is that we are one of the fastest  
NOTE Confidence: 0.934499365

00:12:24.802 --> 00:12:26.280 growing minorities in United States.  
NOTE Confidence: 0.934499365

00:12:26.280 --> 00:12:28.345 And although media and popular culture  
NOTE Confidence: 0.934499365

00:12:28.345 --> 00:12:30.908 constitute picked us as figures of the past,  
NOTE Confidence: 0.934499365

00:12:30.910 --> 00:12:32.275 wearing headdresses or  
NOTE Confidence: 0.934499365

00:12:32.275 --> 00:12:33.640 looking like Pocahontas,  
NOTE Confidence: 0.934499365

00:12:33.640 --> 00:12:37.630 most of us live in urban areas.  
NOTE Confidence: 0.934499365

00:12:37.630 --> 00:12:41.970 And despite the centuries of attempted  
NOTE Confidence: 0.934499365

00:12:41.970 --> 00:12:44.690 genocide or reischer forces,  
NOTE Confidence: 0.934499365

00:12:44.690 --> 00:12:49.448 simulation native people continue to adopt.  
NOTE Confidence: 0.934499365

00:12:49.450 --> 00:12:54.400 And survive, and we're still here.  
NOTE Confidence: 0.934499365

00:12:54.400 --> 00:12:57.920 We continue to pass on the knowledge that  
NOTE Confidence: 0.934499365

00:12:57.920 --> 00:13:00.727 we've learned to the next generation.  
NOTE Confidence: 0.934499365

00:13:00.730 --> 00:13:04.890 So that being said. I'm proud.  
NOTE Confidence: 0.934499365

00:13:04.890 --> 00:13:08.410 I'm proud to be indigenous.  
NOTE Confidence: 0.934499365

00:13:08.410 --> 00:13:09.890 Tell me know thank you.

NOTE Confidence: 0.3623322

00:13:17.330 --> 00:13:19.550 Grateful to have the

NOTE Confidence: 0.3623322

00:13:19.550 --> 00:13:22.350 opportunity to really reflect on

NOTE Confidence: 0.90363918

00:13:22.350 --> 00:13:25.800 what has this past year.

NOTE Confidence: 0.90363918

00:13:25.800 --> 00:13:31.508 Meant for me. It has been one of

NOTE Confidence: 0.90363918

00:13:31.508 --> 00:13:35.440 intense pain. Vicarious trauma?

NOTE Confidence: 0.75947523

00:13:38.880 --> 00:13:44.220 Joy. And also.

NOTE Confidence: 0.75947523

00:13:44.220 --> 00:13:46.480 A time of reckoning.

NOTE Confidence: 0.75947523

00:13:46.480 --> 00:13:49.870 Let me explain just a bit.

NOTE Confidence: 0.75947523

00:13:49.870 --> 00:13:54.308 Intense pain given all of the losses,

NOTE Confidence: 0.75947523

00:13:54.310 --> 00:13:58.774 unexpected losses of mentors.

NOTE Confidence: 0.75947523

00:13:58.774 --> 00:14:03.328 Patience. Friends and family.

NOTE Confidence: 0.75947523

00:14:03.330 --> 00:14:08.190 All related to Cobit 19.

NOTE Confidence: 0.75947523

00:14:08.190 --> 00:14:11.318 As an addiction dog,

NOTE Confidence: 0.75947523

00:14:11.318 --> 00:14:13.664 it is really.

NOTE Confidence: 0.75947523

00:14:13.670 --> 00:14:18.794 So hard to stomach all of the

NOTE Confidence: 0.75947523

00:14:18.794 --> 00:14:21.520 unnecessary deaths related to.  
NOTE Confidence: 0.75947523

00:14:21.520 --> 00:14:23.179 Poor drug policy.  
NOTE Confidence: 0.918434327142857

00:14:25.700 --> 00:14:30.159 I also think as a black woman.  
NOTE Confidence: 0.918434327142857

00:14:30.160 --> 00:14:35.758 Living in America. One cannot minimize.  
NOTE Confidence: 0.918434327142857

00:14:35.760 --> 00:14:43.370 Be intense. Frustration. Watching.  
NOTE Confidence: 0.918434327142857

00:14:43.370 --> 00:14:46.750 People that look like you being terrorized.  
NOTE Confidence: 0.9136057

00:14:49.160 --> 00:14:53.480 It seemed almost daily, really culminating  
NOTE Confidence: 0.9136057

00:14:53.480 --> 00:14:57.530 and assassination of George Floyd.  
NOTE Confidence: 0.80090843

00:14:57.530 --> 00:15:00.270 And one of my mentors,  
NOTE Confidence: 0.80090843

00:15:00.270 --> 00:15:03.780 Doctor Overbeck they talked about.  
NOTE Confidence: 0.80090843

00:15:03.780 --> 00:15:07.020 George Floyd is a St Saint George Floyd and  
NOTE Confidence: 0.80090843

00:15:07.020 --> 00:15:10.590 I really appreciate that framing because.  
NOTE Confidence: 0.80090843

00:15:10.590 --> 00:15:13.922 Really thinking about how his death will  
NOTE Confidence: 0.80090843

00:15:13.922 --> 00:15:18.446 not be in vain and as a result of the  
NOTE Confidence: 0.80090843

00:15:18.446 --> 00:15:22.117 public display of what happened is murder.  
NOTE Confidence: 0.80090843

00:15:22.120 --> 00:15:25.060 There has been a reckoning.

NOTE Confidence: 0.80090843

00:15:25.060 --> 00:15:27.536 Across this country internationally.

NOTE Confidence: 0.80090843

00:15:27.536 --> 00:15:31.730 But even in our community at Yale

NOTE Confidence: 0.80090843

00:15:31.730 --> 00:15:34.778 in terms of how do we commit to

NOTE Confidence: 0.80090843

00:15:34.780 --> 00:15:37.950 anti racist practices for sure.

NOTE Confidence: 0.80090843

00:15:37.950 --> 00:15:40.533 But go a step further to really

NOTE Confidence: 0.80090843

00:15:40.533 --> 00:15:43.095 fight for racial justice, right?

NOTE Confidence: 0.80090843

00:15:43.095 --> 00:15:46.115 The existence really building

NOTE Confidence: 0.80090843

00:15:46.115 --> 00:15:49.890 structures that are more equitable.

NOTE Confidence: 0.80090843

00:15:49.890 --> 00:15:52.858 On a personal note.

NOTE Confidence: 0.80090843

00:15:52.860 --> 00:15:53.686 As I mentioned,

NOTE Confidence: 0.80090843

00:15:53.686 --> 00:15:58.765 I lost an amazing mentor and colleague

NOTE Confidence: 0.80090843

00:15:58.765 --> 00:16:02.949 and friend Kathy Carroll and think about.

NOTE Confidence: 0.879727785

00:16:06.310 --> 00:16:09.656 How I want to continue her legacy

NOTE Confidence: 0.879727785

00:16:09.656 --> 00:16:11.931 and producing excellent scholarship.

NOTE Confidence: 0.879727785

00:16:11.931 --> 00:16:15.837 Anne, really pouring into the next

NOTE Confidence: 0.879727785

00:16:15.837 --> 00:16:18.917 generation of young people and  
NOTE Confidence: 0.879727785

00:16:18.917 --> 00:16:23.090 pursuit of scholarly excellence.  
NOTE Confidence: 0.879727785

00:16:23.090 --> 00:16:27.762 I will say that the resilience of who  
NOTE Confidence: 0.879727785

00:16:27.762 --> 00:16:32.517 we are as a community was really.  
NOTE Confidence: 0.879727785

00:16:32.520 --> 00:16:34.735 Magnified through the town halls  
NOTE Confidence: 0.879727785

00:16:34.735 --> 00:16:37.659 during the height of the cold and  
NOTE Confidence: 0.879727785

00:16:37.660 --> 00:16:41.240 COVID-19 pandemic was so grateful.  
NOTE Confidence: 0.879727785

00:16:41.240 --> 00:16:45.084 2. Work with amazing colleagues.  
NOTE Confidence: 0.879727785

00:16:45.084 --> 00:16:48.711 In order to hold space to allow  
NOTE Confidence: 0.879727785

00:16:48.711 --> 00:16:51.153 people to process that pain and  
NOTE Confidence: 0.879727785

00:16:51.153 --> 00:16:53.023 think about collectively how  
NOTE Confidence: 0.879727785

00:16:53.023 --> 00:16:55.789 we might get through a really,  
NOTE Confidence: 0.879727785

00:16:55.790 --> 00:16:56.850 really tough time.  
NOTE Confidence: 0.795135856875

00:17:00.500 --> 00:17:04.495 Personally, it was a professional  
NOTE Confidence: 0.795135856875

00:17:04.495 --> 00:17:09.687 milestone because I got awarded my first  
NOTE Confidence: 0.795135856875

00:17:09.687 --> 00:17:13.010 NIH grant are 01, and so that was.

NOTE Confidence: 0.823560624

00:17:15.020 --> 00:17:19.690 Really, a time of celebration, it doesn't.

NOTE Confidence: 0.823560624

00:17:19.690 --> 00:17:25.930 Ball the gravity of that situation is huge.

NOTE Confidence: 0.823560624

00:17:25.930 --> 00:17:29.143 Realizing that I am one of the

NOTE Confidence: 0.823560624

00:17:29.143 --> 00:17:31.873 less than 1% of NIH funded

NOTE Confidence: 0.823560624

00:17:31.873 --> 00:17:34.579 researchers who are black and so.

NOTE Confidence: 0.823560624

00:17:34.580 --> 00:17:37.904 It's a bittersweet a time of celebration,

NOTE Confidence: 0.823560624

00:17:37.904 --> 00:17:41.852 but also a time that just reminds

NOTE Confidence: 0.823560624

00:17:41.852 --> 00:17:45.917 us of how far we have yet to go.

NOTE Confidence: 0.823560624

00:17:45.920 --> 00:17:49.570 So I leave you with those thoughts.

NOTE Confidence: 0.887318075

00:17:50.530 --> 00:17:51.850 This is the state

NOTE Confidence: 0.880032489090909

00:17:51.880 --> 00:17:54.360 from my point of view or where of

NOTE Confidence: 0.880032489090909

00:17:54.360 --> 00:17:57.850 where we are an in terms of where

NOTE Confidence: 0.880032489090909

00:17:57.850 --> 00:18:02.418 we need to go. I think we have.

NOTE Confidence: 0.880032489090909

00:18:02.420 --> 00:18:09.060 Obar way ahead, but like. You know?

NOTE Confidence: 0.880032489090909

00:18:09.060 --> 00:18:12.680 Structural racism did not.

NOTE Confidence: 0.880032489090909



00:18:12.680 --> 00:18:15.860 Start overnight has been in the  
NOTE Confidence: 0.880032489090909

00:18:15.860 --> 00:18:18.288 process of at least 400 years.  
NOTE Confidence: 0.880032489090909

00:18:18.288 --> 00:18:21.196 I know that we have to collectively  
NOTE Confidence: 0.880032489090909

00:18:21.196 --> 00:18:24.520 commit to dismantling these structures  
NOTE Confidence: 0.880032489090909

00:18:24.520 --> 00:18:27.474 and I am excited about the opportunity  
NOTE Confidence: 0.880032489090909

00:18:27.474 --> 00:18:30.252 for people who are really serious  
NOTE Confidence: 0.880032489090909

00:18:30.252 --> 00:18:32.160 about doing things differently  
NOTE Confidence: 0.880032489090909

00:18:32.160 --> 00:18:35.160 to join in as we move forward.  
NOTE Confidence: 0.880032489090909

00:18:35.160 --> 00:18:37.466 So thank you, thank you for the  
NOTE Confidence: 0.880032489090909

00:18:37.466 --> 00:18:39.670 opportunity to share my reflections.  
NOTE Confidence: 0.82024202

00:18:49.230 --> 00:18:51.599 Hi everyone, my name is Karima Robinson.  
NOTE Confidence: 0.82024202

00:18:51.599 --> 00:18:55.162 I am the coordinator of medical and  
NOTE Confidence: 0.82024202

00:18:55.162 --> 00:18:57.219 professional staff here at CMAC  
NOTE Confidence: 0.82024202

00:18:57.220 --> 00:18:58.906 in the Department of Psychiatry.  
NOTE Confidence: 0.82024202

00:18:58.906 --> 00:19:01.520 I'm delighted to be asked to talk  
NOTE Confidence: 0.82024202

00:19:01.520 --> 00:19:03.928 about what this year has meant to me,

NOTE Confidence: 0.82024202

00:19:03.930 --> 00:19:06.632 so I want to thank Doctor Krystal

NOTE Confidence: 0.82024202

00:19:06.632 --> 00:19:08.999 for inviting me to share a

NOTE Confidence: 0.82024202

00:19:08.999 --> 00:19:11.255 little bit of my personal story.

NOTE Confidence: 0.82024202

00:19:11.260 --> 00:19:14.707 So this year this past year has been really,

NOTE Confidence: 0.82024202

00:19:14.710 --> 00:19:18.261 really horrible. Sorry to say,

NOTE Confidence: 0.82024202

00:19:18.261 --> 00:19:20.763 but it's it's been pretty horrible.

NOTE Confidence: 0.82024202

00:19:20.770 --> 00:19:22.930 We all have suffered great

NOTE Confidence: 0.82024202

00:19:22.930 --> 00:19:24.658 loss because of COVID.

NOTE Confidence: 0.82024202

00:19:24.660 --> 00:19:27.362 Loss of people that we love and

NOTE Confidence: 0.82024202

00:19:27.362 --> 00:19:29.636 loss of just personal freedom.

NOTE Confidence: 0.82024202

00:19:29.636 --> 00:19:32.244 As you know we had to wear masks

NOTE Confidence: 0.82024202

00:19:32.250 --> 00:19:34.917 out of her own safety and I

NOTE Confidence: 0.82024202

00:19:34.917 --> 00:19:37.618 support the mask wearing even now.

NOTE Confidence: 0.82024202

00:19:37.620 --> 00:19:39.772 We had all sorts of travel restrictions which

NOTE Confidence: 0.82024202

00:19:39.772 --> 00:19:42.026 we had to comply with so it was a very.

NOTE Confidence: 0.82024202

00:19:42.030 --> 00:19:44.158 It was a big change of lifestyle

NOTE Confidence: 0.82024202

00:19:44.158 --> 00:19:45.850 for us dealing with COVID.

NOTE Confidence: 0.82024202

00:19:45.850 --> 00:19:48.478 So that was.

NOTE Confidence: 0.82024202

00:19:48.480 --> 00:19:49.270 You know it was challenging,

NOTE Confidence: 0.82024202

00:19:49.270 --> 00:19:50.494 but it wasn't horrible.

NOTE Confidence: 0.82024202

00:19:50.494 --> 00:19:52.709 I think the horrible part was not

NOTE Confidence: 0.82024202

00:19:52.709 --> 00:19:54.635 being able to visit family members.

NOTE Confidence: 0.82024202

00:19:54.640 --> 00:19:56.140 Because of Kobid family members

NOTE Confidence: 0.82024202

00:19:56.140 --> 00:19:58.280 who ended up some of them died,

NOTE Confidence: 0.82024202

00:19:58.280 --> 00:19:59.968 some of them didn't,

NOTE Confidence: 0.82024202

00:19:59.968 --> 00:20:02.745 but so that restriction was especially

NOTE Confidence: 0.82024202

00:20:02.745 --> 00:20:05.100 painful during this past year.

NOTE Confidence: 0.82024202

00:20:05.100 --> 00:20:09.004 So I had two aunts who had colored,

NOTE Confidence: 0.82024202

00:20:09.010 --> 00:20:12.453 one survived and one did not and we were

NOTE Confidence: 0.82024202

00:20:12.453 --> 00:20:16.080 not able to visit her in her final days,

NOTE Confidence: 0.82024202

00:20:16.080 --> 00:20:17.295 which is heartbreaking.

NOTE Confidence: 0.82024202

00:20:17.300 --> 00:20:19.666 I have two uncles who passed away

NOTE Confidence: 0.82024202

00:20:19.666 --> 00:20:22.080 this past year and I lost my father,

NOTE Confidence: 0.82024202

00:20:22.080 --> 00:20:25.370 which was a huge loss to me and my family.

NOTE Confidence: 0.82024202

00:20:25.370 --> 00:20:27.260 So it has been a really,

NOTE Confidence: 0.82024202

00:20:27.260 --> 00:20:30.368 really tough and painful year this year.

NOTE Confidence: 0.813472556111111

00:20:32.470 --> 00:20:35.140 So carbon has not been kind to any of us

NOTE Confidence: 0.813472556111111

00:20:35.212 --> 00:20:38.020 and they were not all cold related deaths,

NOTE Confidence: 0.813472556111111

00:20:38.020 --> 00:20:40.771 but they happen to happen during this

NOTE Confidence: 0.813472556111111

00:20:40.771 --> 00:20:44.710 COVID time time that we are now living in.

NOTE Confidence: 0.813472556111111

00:20:44.710 --> 00:20:48.976 Also this year we had this re emergence

NOTE Confidence: 0.813472556111111

00:20:48.976 --> 00:20:53.104 of Black Lives Matter movements which.

NOTE Confidence: 0.813472556111111

00:20:53.110 --> 00:20:55.303 You know is born out of tragedy, right?

NOTE Confidence: 0.813472556111111

00:20:55.303 --> 00:20:56.864 So we had to sort of indoor.

NOTE Confidence: 0.813472556111111

00:20:56.870 --> 00:20:58.851 The tragedy of that video of George

NOTE Confidence: 0.813472556111111

00:20:58.851 --> 00:21:00.890 Floyd over and over and over again,

NOTE Confidence: 0.813472556111111

00:21:00.890 --> 00:21:02.962 which was incredibly painful  
NOTE Confidence: 0.813472556111111  
00:21:02.962 --> 00:21:05.236 to watch and to witness.  
NOTE Confidence: 0.813472556111111  
00:21:05.236 --> 00:21:07.708 And to realize that this is  
NOTE Confidence: 0.813472556111111  
00:21:07.708 --> 00:21:10.230 happening again and again and again.  
NOTE Confidence: 0.813472556111111  
00:21:10.230 --> 00:21:12.060 Years and years and years after  
NOTE Confidence: 0.813472556111111  
00:21:12.060 --> 00:21:14.510 Emmett Till and so many other people  
NOTE Confidence: 0.813472556111111  
00:21:14.510 --> 00:21:16.950 that were still experiencing this.  
NOTE Confidence: 0.813472556111111  
00:21:16.950 --> 00:21:20.436 So that was a different kind of  
NOTE Confidence: 0.813472556111111  
00:21:20.436 --> 00:21:24.430 pain of 2020 and the COVID era is.  
NOTE Confidence: 0.813472556111111  
00:21:24.430 --> 00:21:26.760 Having to live through that  
NOTE Confidence: 0.813472556111111  
00:21:26.760 --> 00:21:29.090 whole experience of his loss.  
NOTE Confidence: 0.813472556111111  
00:21:29.090 --> 00:21:30.926 Other people who died in similar  
NOTE Confidence: 0.813472556111111  
00:21:30.926 --> 00:21:32.274 ways occluding Brianna, Taylor,  
NOTE Confidence: 0.813472556111111  
00:21:32.274 --> 00:21:35.666 and and then going through the whole trial  
NOTE Confidence: 0.813472556111111  
00:21:35.666 --> 00:21:39.077 was incredibly painful for so many of us.  
NOTE Confidence: 0.813472556111111  
00:21:39.080 --> 00:21:40.280 And we all had to suffer.

NOTE Confidence: 0.813472556111111  
00:21:40.280 --> 00:21:42.818 Suffer that together.  
NOTE Confidence: 0.813472556111111  
00:21:42.820 --> 00:21:45.891 And it forced me to think about two questions  
NOTE Confidence: 0.813472556111111  
00:21:45.891 --> 00:21:49.174 that I had to ask myself as a result of that,  
NOTE Confidence: 0.813472556111111  
00:21:49.180 --> 00:21:52.060 and one is.  
NOTE Confidence: 0.813472556111111  
00:21:52.060 --> 00:21:55.224 How do I in my everyday life  
NOTE Confidence: 0.813472556111111  
00:21:55.224 --> 00:21:57.710 so uplift white supremacy?  
NOTE Confidence: 0.813472556111111  
00:21:57.710 --> 00:21:58.958 That was a tough question because  
NOTE Confidence: 0.813472556111111  
00:21:58.958 --> 00:22:00.571 I don't think of myself as someone  
NOTE Confidence: 0.813472556111111  
00:22:00.571 --> 00:22:03.490 who's who's doing that, but.  
NOTE Confidence: 0.813472556111111  
00:22:03.490 --> 00:22:05.765 You know we all survive in this  
NOTE Confidence: 0.813472556111111  
00:22:05.765 --> 00:22:07.329 society which does do that,  
NOTE Confidence: 0.813472556111111  
00:22:07.330 --> 00:22:09.172 so I had to question myself  
NOTE Confidence: 0.813472556111111  
00:22:09.172 --> 00:22:11.376 as a gatekeeper and and how do  
NOTE Confidence: 0.813472556111111  
00:22:11.376 --> 00:22:12.886 I contribute in some ways,  
NOTE Confidence: 0.813472556111111  
00:22:12.890 --> 00:22:15.098 even unwillingly, how do I contribute?  
NOTE Confidence: 0.813472556111111

00:22:15.100 --> 00:22:17.900 And so I realized that my silence  
NOTE Confidence: 0.8134725561111111

00:22:17.900 --> 00:22:21.024 when I see racial bias happening  
NOTE Confidence: 0.8134725561111111

00:22:21.024 --> 00:22:23.464 is a contributing factor.  
NOTE Confidence: 0.8134725561111111

00:22:23.470 --> 00:22:25.927 Even though I know sometimes that science  
NOTE Confidence: 0.8134725561111111

00:22:25.927 --> 00:22:28.178 silence is for my own protection,  
NOTE Confidence: 0.8134725561111111

00:22:28.180 --> 00:22:30.235 right to continue to survive  
NOTE Confidence: 0.8134725561111111

00:22:30.235 --> 00:22:32.290 in the Sprite society silence.  
NOTE Confidence: 0.8134725561111111

00:22:32.290 --> 00:22:35.400 Sometimes there very often required,  
NOTE Confidence: 0.8134725561111111

00:22:35.400 --> 00:22:38.400 so I had to just name that acknowledge  
NOTE Confidence: 0.8134725561111111

00:22:38.400 --> 00:22:40.758 that this year the other question is  
NOTE Confidence: 0.8134725561111111

00:22:40.758 --> 00:22:43.060 what am I doing to dismantle racism?  
NOTE Confidence: 0.8134725561111111

00:22:43.060 --> 00:22:44.728 So on one hand I'm complicit  
NOTE Confidence: 0.8134725561111111

00:22:44.728 --> 00:22:46.150 like like we all are,  
NOTE Confidence: 0.8134725561111111

00:22:46.150 --> 00:22:46.990 I think,  
NOTE Confidence: 0.8134725561111111

00:22:46.990 --> 00:22:50.405 and on the other hand I am have  
NOTE Confidence: 0.8134725561111111

00:22:50.405 --> 00:22:53.255 to really think about how I'm

NOTE Confidence: 0.813472556111111  
00:22:53.255 --> 00:22:55.639 working to dismantle racism so.  
NOTE Confidence: 0.813472556111111  
00:22:55.640 --> 00:23:01.758 It made me recommit to my other outside.  
NOTE Confidence: 0.813472556111111  
00:23:01.760 --> 00:23:04.130 Part time students work with different  
NOTE Confidence: 0.813472556111111  
00:23:04.130 --> 00:23:06.079 nonprofit organizations that I'm part  
NOTE Confidence: 0.813472556111111  
00:23:06.079 --> 00:23:08.270 of that are committed to social justice.  
NOTE Confidence: 0.813472556111111  
00:23:08.270 --> 00:23:11.046 So I felt even more committed to those  
NOTE Confidence: 0.813472556111111  
00:23:11.046 --> 00:23:12.949 organizations to volunteer my time.  
NOTE Confidence: 0.813472556111111  
00:23:12.950 --> 00:23:18.062 Where and when I can to support my community.  
NOTE Confidence: 0.813472556111111  
00:23:18.070 --> 00:23:20.590 And also I guess the silver lining  
NOTE Confidence: 0.813472556111111  
00:23:20.590 --> 00:23:23.450 is that I was invited to be part  
NOTE Confidence: 0.813472556111111  
00:23:23.450 --> 00:23:25.864 of the Department of Psychiatry  
NOTE Confidence: 0.813472556111111  
00:23:25.864 --> 00:23:28.176 Anti Racism Task Force.  
NOTE Confidence: 0.813472556111111  
00:23:28.180 --> 00:23:30.252 Which sort of was brought about in  
NOTE Confidence: 0.813472556111111  
00:23:30.252 --> 00:23:32.602 part because of George Floyd's death.  
NOTE Confidence: 0.813472556111111  
00:23:32.602 --> 00:23:36.536 So having a seat at the table  
NOTE Confidence: 0.813472556111111



00:23:36.540 --> 00:23:37.760 is kind of a first.  
NOTE Confidence: 0.8134725561111111

00:23:37.760 --> 00:23:40.532 That staff have not really been included  
NOTE Confidence: 0.8134725561111111

00:23:40.532 --> 00:23:42.650 in departmental affairs at that level,  
NOTE Confidence: 0.8134725561111111

00:23:42.650 --> 00:23:44.430 so being invited to participate  
NOTE Confidence: 0.8134725561111111

00:23:44.430 --> 00:23:47.163 was an honor and I'm very proud to  
NOTE Confidence: 0.8134725561111111

00:23:47.163 --> 00:23:49.500 serve and happy to be part of it.  
NOTE Confidence: 0.8134725561111111

00:23:49.500 --> 00:23:50.860 So that is a silver lining for me.  
NOTE Confidence: 0.90375117

00:23:50.860 --> 00:23:52.288 Having a seat at the table,  
NOTE Confidence: 0.90375117

00:23:52.290 --> 00:23:54.730 not just for me, but for all staff  
NOTE Confidence: 0.90375117

00:23:54.730 --> 00:23:57.180 and having staff participation in  
NOTE Confidence: 0.90375117

00:23:57.180 --> 00:24:00.170 that group is really important to me.  
NOTE Confidence: 0.90375117

00:24:00.170 --> 00:24:01.906 And I think it's sort of symbolizes,  
NOTE Confidence: 0.90375117

00:24:01.910 --> 00:24:03.813 like the opening of a door. Like.  
NOTE Confidence: 0.90375117

00:24:03.813 --> 00:24:05.571 Maybe there's more room in the  
NOTE Confidence: 0.90375117

00:24:05.571 --> 00:24:07.193 department for staff to participate  
NOTE Confidence: 0.90375117

00:24:07.193 --> 00:24:08.918 in different things that happen.

NOTE Confidence: 0.90375117

00:24:08.920 --> 00:24:11.076 And maybe there's more room for people

NOTE Confidence: 0.90375117

00:24:11.076 --> 00:24:13.679 of color to have different sorts of

NOTE Confidence: 0.90375117

00:24:13.679 --> 00:24:15.699 leadership roles in the department.

NOTE Confidence: 0.90375117

00:24:15.700 --> 00:24:17.092 So I think that's the silver

NOTE Confidence: 0.90375117

00:24:17.092 --> 00:24:18.020 lining of this here.

NOTE Confidence: 0.90375117

00:24:18.020 --> 00:24:20.459 It's been a it's been a horrible tragic here,

NOTE Confidence: 0.90375117

00:24:20.460 --> 00:24:23.556 but I think the silver lining is that people

NOTE Confidence: 0.90375117

00:24:23.556 --> 00:24:26.419 are more conscious of systemic racism.

NOTE Confidence: 0.90375117

00:24:26.420 --> 00:24:29.038 And trying to be more thoughtful about

NOTE Confidence: 0.90375117

00:24:29.038 --> 00:24:31.929 how we could combat systemic racism.

NOTE Confidence: 0.90375117

00:24:31.930 --> 00:24:34.228 And I'm really proud to be

NOTE Confidence: 0.90375117

00:24:34.228 --> 00:24:35.760 part of that effort.

NOTE Confidence: 0.90375117

00:24:35.760 --> 00:24:37.804 So that's my silver lining after this.

NOTE Confidence: 0.90375117

00:24:37.810 --> 00:24:38.644 Very horrible,

NOTE Confidence: 0.90375117

00:24:38.644 --> 00:24:41.563 tragic here that I am part of

NOTE Confidence: 0.90375117

00:24:41.563 --> 00:24:44.103 the solution I hope and I try  
NOTE Confidence: 0.90375117

00:24:44.103 --> 00:24:47.457 to be part of the solution to  
NOTE Confidence: 0.90375117

00:24:47.457 --> 00:24:49.368 dismantling systemic racism.  
NOTE Confidence: 0.90375117

00:24:49.370 --> 00:24:54.474 So thanks again for the opportunity to share.  
NOTE Confidence: 0.90375117

00:24:54.480 --> 00:24:54.674 Again,  
NOTE Confidence: 0.90375117

00:24:54.674 --> 00:24:55.644 I'm delighted to serve and  
NOTE Confidence: 0.90375117

00:24:55.644 --> 00:24:56.700 happy to be part of it.  
NOTE Confidence: 0.8533818775

00:25:07.140 --> 00:25:11.740 Hello everyone. It's nice to be with you.  
NOTE Confidence: 0.8533818775

00:25:11.740 --> 00:25:15.820 I retired over two years ago.  
NOTE Confidence: 0.8533818775

00:25:15.820 --> 00:25:19.579 Nearly my entire social movie revolves around  
NOTE Confidence: 0.8533818775

00:25:19.579 --> 00:25:23.190 the L psychiatry department and the VA.  
NOTE Confidence: 0.8533818775

00:25:23.190 --> 00:25:25.620 I no longer had an office.  
NOTE Confidence: 0.8533818775

00:25:25.620 --> 00:25:27.876 Are good reasons to visit you  
NOTE Confidence: 0.8533818775

00:25:27.876 --> 00:25:31.458 or the VA in a regular basis?  
NOTE Confidence: 0.8533818775

00:25:31.460 --> 00:25:34.115 And with the start of kovid, it looked as  
NOTE Confidence: 0.8533818775

00:25:34.115 --> 00:25:37.370 if the situation would get even worse.

NOTE Confidence: 0.8533818775

00:25:37.370 --> 00:25:40.452 I also started to feel guilty about not

NOTE Confidence: 0.8533818775

00:25:40.452 --> 00:25:43.469 being in the hospital on the frontline.

NOTE Confidence: 0.8533818775

00:25:43.470 --> 00:25:46.850 Having no way to contribute.

NOTE Confidence: 0.8533818775

00:25:46.850 --> 00:25:49.730 I like being on the frontline.

NOTE Confidence: 0.8533818775

00:25:49.730 --> 00:25:53.386 And felt that my role as a physician

NOTE Confidence: 0.8533818775

00:25:53.386 --> 00:25:57.240 and caretaker. Is slipping away.

NOTE Confidence: 0.8533818775

00:25:57.240 --> 00:25:59.835 Even though I tried to internalize

NOTE Confidence: 0.8533818775

00:25:59.835 --> 00:26:02.188 my father's lifelong model.

NOTE Confidence: 0.8533818775

00:26:02.188 --> 00:26:08.080 I'm not OK, you're not OK, it's OK.

NOTE Confidence: 0.8533818775

00:26:08.080 --> 00:26:12.330 I still felt pretty girl.

NOTE Confidence: 0.8533818775

00:26:12.330 --> 00:26:14.300 Engine called.

NOTE Confidence: 0.8533818775

00:26:14.300 --> 00:26:16.796 He asked if I would consider

NOTE Confidence: 0.8533818775

00:26:16.796 --> 00:26:19.570 becoming a member of a COVID-19

NOTE Confidence: 0.8533818775

00:26:19.570 --> 00:26:21.610 mental health task force.

NOTE Confidence: 0.8533818775

00:26:21.610 --> 00:26:22.636 It is meaningful.

NOTE Confidence: 0.8533818775

00:26:22.636 --> 00:26:25.030 And asked if I might join her  
NOTE Confidence: 0.8533818775

00:26:25.104 --> 00:26:27.360 to get a talk about resilience.  
NOTE Confidence: 0.8533818775

00:26:27.360 --> 00:26:29.840 Two VA Danielle interests.  
NOTE Confidence: 0.88358063

00:26:31.880 --> 00:26:34.796 Then I got married to Bernadette.  
NOTE Confidence: 0.88358063

00:26:34.800 --> 00:26:38.330 My partner of 20 years.  
NOTE Confidence: 0.88358063

00:26:38.330 --> 00:26:40.748 I was back.  
NOTE Confidence: 0.88358063

00:26:40.750 --> 00:26:42.354 Back with my teammates.  
NOTE Confidence: 0.88358063

00:26:42.354 --> 00:26:45.460 Back with a renewed sense of purpose,  
NOTE Confidence: 0.88358063

00:26:45.460 --> 00:26:47.848 perhaps I could contribute,  
NOTE Confidence: 0.88358063

00:26:47.848 --> 00:26:51.430 even if in a small way.  
NOTE Confidence: 0.88358063

00:26:51.430 --> 00:26:55.280 Which brings to mind Helen Keller's list.  
NOTE Confidence: 0.88358063

00:26:55.280 --> 00:26:57.340 I long to accomplish a  
NOTE Confidence: 0.88358063

00:26:57.340 --> 00:26:58.988 great and noble task,  
NOTE Confidence: 0.88358063

00:26:58.990 --> 00:27:01.762 but it is my chief duty to  
NOTE Confidence: 0.88358063

00:27:01.762 --> 00:27:03.771 accomplish small tasks as if  
NOTE Confidence: 0.88358063

00:27:03.771 --> 00:27:05.616 they were great and noble.

NOTE Confidence: 0.856225019523809  
00:27:08.110 --> 00:27:11.080 And recently I learned that the  
NOTE Confidence: 0.856225019523809  
00:27:11.080 --> 00:27:13.060 Yale Department of Psychiatry  
NOTE Confidence: 0.856225019523809  
00:27:13.150 --> 00:27:15.784 has been rated the number one  
NOTE Confidence: 0.856225019523809  
00:27:15.784 --> 00:27:18.190 department in the United States.  
NOTE Confidence: 0.856225019523809  
00:27:18.190 --> 00:27:20.598 Just think about that.  
NOTE Confidence: 0.856225019523809  
00:27:20.600 --> 00:27:22.796 You and I have the opportunity  
NOTE Confidence: 0.856225019523809  
00:27:22.796 --> 00:27:25.678 to work for a great department  
NOTE Confidence: 0.856225019523809  
00:27:25.678 --> 00:27:27.585 whose clinical, educational,  
NOTE Confidence: 0.856225019523809  
00:27:27.585 --> 00:27:31.610 and research mission is to help those  
NOTE Confidence: 0.856225019523809  
00:27:31.610 --> 00:27:35.840 who are suffering with mental illness.  
NOTE Confidence: 0.856225019523809  
00:27:35.840 --> 00:27:37.250 What could be better than that?  
NOTE Confidence: 0.9171764  
00:27:39.610 --> 00:27:41.308 So this year, in a way,  
NOTE Confidence: 0.9171764  
00:27:41.310 --> 00:27:43.094 I rejoined the department  
NOTE Confidence: 0.9171764  
00:27:43.094 --> 00:27:45.324 by joining the task force,  
NOTE Confidence: 0.9171764  
00:27:45.330 --> 00:27:47.478 giving the talk with his many,  
NOTE Confidence: 0.9171764

00:27:47.480 --> 00:27:51.148 and also teaming up with colleagues to

NOTE Confidence: 0.9171764

00:27:51.148 --> 00:27:54.387 investigate the impact of the pandemic

NOTE Confidence: 0.9171764

00:27:54.387 --> 00:27:57.017 on frontline health care workers.

NOTE Confidence: 0.9171764

00:27:57.020 --> 00:28:00.080 Here's a passage from the manuscript

NOTE Confidence: 0.9171764

00:28:00.080 --> 00:28:02.780 that we recently published about

NOTE Confidence: 0.9171764

00:28:02.780 --> 00:28:04.530 frontline healthcare workers.

NOTE Confidence: 0.9171764

00:28:04.530 --> 00:28:07.967 I quote from that because it is

NOTE Confidence: 0.9171764

00:28:07.967 --> 00:28:10.948 relevant to how I personally

NOTE Confidence: 0.9171764

00:28:10.948 --> 00:28:13.736 experienced this past year.

NOTE Confidence: 0.9171764

00:28:13.740 --> 00:28:18.330 Call Navy seals and special forces.

NOTE Confidence: 0.9171764

00:28:18.330 --> 00:28:21.000 Soldiers often attribute their own

NOTE Confidence: 0.9171764

00:28:21.000 --> 00:28:23.670 cursed resilience to the power

NOTE Confidence: 0.9171764

00:28:23.756 --> 00:28:26.222 of team members who have each

NOTE Confidence: 0.9171764

00:28:26.222 --> 00:28:28.816 others back and will even risk

NOTE Confidence: 0.9171764

00:28:28.816 --> 00:28:30.986 their life for one another.

NOTE Confidence: 0.9171764

00:28:30.990 --> 00:28:33.990 The message from healthcare leaders

NOTE Confidence: 0.9171764

00:28:33.990 --> 00:28:37.590 should be clear Team team team.

NOTE Confidence: 0.9171764

00:28:37.590 --> 00:28:40.684 You are your brother and sisters keeper.

NOTE Confidence: 0.9171764

00:28:40.690 --> 00:28:42.955 We're all in this together

NOTE Confidence: 0.9171764

00:28:42.955 --> 00:28:45.806 fighting for a common mobile cause

NOTE Confidence: 0.9171764

00:28:45.806 --> 00:28:48.776 is a privilege to be working

NOTE Confidence: 0.9171764

00:28:48.776 --> 00:28:50.840 alongside such remarkable comma.

NOTE Confidence: 0.861890220833333

00:28:53.320 --> 00:28:56.988 For me, this year has been filled

NOTE Confidence: 0.861890220833333

00:28:56.988 --> 00:29:00.010 with distress and great concern

NOTE Confidence: 0.861890220833333

00:29:00.010 --> 00:29:02.656 for all those who have suffered

NOTE Confidence: 0.861890220833333

00:29:02.656 --> 00:29:04.420 from the devastating impact.

NOTE Confidence: 0.861890220833333

00:29:04.420 --> 00:29:05.932 Of the pandemic.

NOTE Confidence: 0.861890220833333

00:29:05.932 --> 00:29:08.452 And for the toxic political

NOTE Confidence: 0.861890220833333

00:29:08.452 --> 00:29:10.609 divisions in our country.

NOTE Confidence: 0.861890220833333

00:29:10.610 --> 00:29:13.150 And for longstanding and

NOTE Confidence: 0.861890220833333

00:29:13.150 --> 00:29:15.210 pervasive social, racial,

NOTE Confidence: 0.861890220833333



00:29:15.210 --> 00:29:18.370 economic and healthcare disparities.

NOTE Confidence: 0.843782774

00:29:21.180 --> 00:29:23.580 But this year has also been

NOTE Confidence: 0.843782774

00:29:23.580 --> 00:29:25.180 filled with renewed purpose.

NOTE Confidence: 0.843782774

00:29:25.180 --> 00:29:28.100 Wages and resilient role models.

NOTE Confidence: 0.843782774

00:29:28.100 --> 00:29:30.835 Gratitude and the privilege to

NOTE Confidence: 0.843782774

00:29:30.835 --> 00:29:34.965 work with and care deeply about my

NOTE Confidence: 0.843782774

00:29:34.965 --> 00:29:38.190 wonderful colleagues who are both

NOTE Confidence: 0.843782774

00:29:38.190 --> 00:29:41.010 teammates and cherished friends.

NOTE Confidence: 0.843782774

00:29:41.010 --> 00:29:43.830 Thank you for having my back.

NOTE Confidence: 0.91205288

00:29:54.680 --> 00:29:57.680 One day in February this year I got

NOTE Confidence: 0.91205288

00:29:57.680 --> 00:30:01.544 a text message from one of my medical

NOTE Confidence: 0.91205288

00:30:01.544 --> 00:30:04.980 school friends and I learned our mutual

NOTE Confidence: 0.91205288

00:30:04.980 --> 00:30:08.375 friend passed away in April 2020.

NOTE Confidence: 0.91205288

00:30:08.375 --> 00:30:11.412 It was the first person I met

NOTE Confidence: 0.91205288

00:30:11.412 --> 00:30:13.308 when I came to this country.

NOTE Confidence: 0.91205288

00:30:13.310 --> 00:30:15.174 He helped me move,

NOTE Confidence: 0.91205288

00:30:15.174 --> 00:30:17.970 gave me right to grocery shopping,

NOTE Confidence: 0.91205288

00:30:17.970 --> 00:30:21.156 and taught me how to drive.

NOTE Confidence: 0.91205288

00:30:21.160 --> 00:30:24.350 He was younger than me.

NOTE Confidence: 0.91205288

00:30:24.350 --> 00:30:27.240 So breathing of his mouth

NOTE Confidence: 0.91205288

00:30:27.240 --> 00:30:29.552 has been very challenging.

NOTE Confidence: 0.91205288

00:30:29.560 --> 00:30:32.171 The most difficult part for me

NOTE Confidence: 0.91205288

00:30:32.171 --> 00:30:35.748 is I didn't know his past until

NOTE Confidence: 0.91205288

00:30:35.748 --> 00:30:39.216 10 months later because we were

NOTE Confidence: 0.91205288

00:30:39.216 --> 00:30:42.126 disconnected in past several years.

NOTE Confidence: 0.91205288

00:30:42.130 --> 00:30:44.428 Like many friends in this country,

NOTE Confidence: 0.91205288

00:30:44.430 --> 00:30:46.752 we didn't talk for several years

NOTE Confidence: 0.91205288

00:30:46.752 --> 00:30:50.650 due to our different point of view.

NOTE Confidence: 0.91205288

00:30:50.650 --> 00:30:55.088 After lost his friend I ask myself.

NOTE Confidence: 0.91205288

00:30:55.090 --> 00:30:58.010 Is this worth it?

NOTE Confidence: 0.91205288

00:30:58.010 --> 00:31:01.489 So those this friend make me happy.

NOTE Confidence: 0.91205288

00:31:01.490 --> 00:31:04.230 Better understanding of complexity  
NOTE Confidence: 0.91205288

00:31:04.230 --> 00:31:06.944 of breathing in 2020.  
NOTE Confidence: 0.91205288

00:31:06.944 --> 00:31:10.868 I hope this make me become  
NOTE Confidence: 0.91205288

00:31:10.868 --> 00:31:12.830 a better psychiatrist.  
NOTE Confidence: 0.91205288

00:31:12.830 --> 00:31:15.080 As a scientist,  
NOTE Confidence: 0.91205288

00:31:15.080 --> 00:31:18.990 2020 was exciting and inspiring.  
NOTE Confidence: 0.91205288

00:31:18.990 --> 00:31:22.630 With all vaccines developed,  
NOTE Confidence: 0.91205288

00:31:22.630 --> 00:31:25.549 we have a hope into this pandemic.  
NOTE Confidence: 0.91205288

00:31:25.550 --> 00:31:29.014 I hope one day our work can contribute  
NOTE Confidence: 0.91205288

00:31:29.014 --> 00:31:33.158 to improve human life as well.  
NOTE Confidence: 0.91205288

00:31:33.160 --> 00:31:33.818 Overall,  
NOTE Confidence: 0.91205288

00:31:33.818 --> 00:31:38.424 I'm very fortunately my life has not  
NOTE Confidence: 0.91205288

00:31:38.424 --> 00:31:43.033 been greatly negatively impacted by the  
NOTE Confidence: 0.91205288

00:31:43.033 --> 00:31:48.036 pandemic day in day out seems similar.  
NOTE Confidence: 0.91205288

00:31:48.040 --> 00:31:48.790 Yeah,  
NOTE Confidence: 0.91205288

00:31:48.790 --> 00:31:50.708 everything seems changed

NOTE Confidence: 0.91205288

00:31:50.708 --> 00:31:53.044 because everything seems to

NOTE Confidence: 0.91205288

00:31:53.044 --> 00:31:55.830 have a different meaning now.

NOTE Confidence: 0.91205288

00:31:55.830 --> 00:31:56.824 I think.

NOTE Confidence: 0.91205288

00:31:56.824 --> 00:32:00.328 As long as we're kind and

NOTE Confidence: 0.91205288

00:32:00.330 --> 00:32:01.937 generous to each other,

NOTE Confidence: 0.91205288

00:32:01.937 --> 00:32:03.890 I think we're going to be OK.

NOTE Confidence: 0.92711914

00:32:15.080 --> 00:32:19.478 Everyone. I want to thank.

NOTE Confidence: 0.92711914

00:32:19.478 --> 00:32:21.506 I want to thank.

NOTE Confidence: 0.92711914

00:32:21.510 --> 00:32:23.718 Aza Elsa, Esperanza Diaz,

NOTE Confidence: 0.92711914

00:32:23.718 --> 00:32:27.292 Ari Edna for a, Stephanie, Gilson,

NOTE Confidence: 0.92711914

00:32:27.292 --> 00:32:30.016 Ayanna Jordan, Kareem Robinson,

NOTE Confidence: 0.92711914

00:32:30.020 --> 00:32:34.004 Steve Southwick in khushoo for these

NOTE Confidence: 0.92711914

00:32:34.004 --> 00:32:37.860 moving important and inspiring statements.

NOTE Confidence: 0.92711914

00:32:37.860 --> 00:32:40.806 I think they help us to

NOTE Confidence: 0.92711914

00:32:40.806 --> 00:32:42.770 grapple with the enormity.

NOTE Confidence: 0.92711914

00:32:42.770 --> 00:32:46.058 And of what we've been through  
NOTE Confidence: 0.92711914

00:32:46.058 --> 00:32:48.250 over the past year.  
NOTE Confidence: 0.92711914

00:32:48.250 --> 00:32:49.596 So. Continuing.  
NOTE Confidence: 0.92711914

00:32:49.596 --> 00:32:53.634 The discussion I'd like to begin  
NOTE Confidence: 0.92711914

00:32:53.634 --> 00:32:55.954 by reviewing this past year.  
NOTE Confidence: 0.92711914

00:32:55.954 --> 00:32:58.932 And then talking a bit about the  
NOTE Confidence: 0.92711914

00:32:58.932 --> 00:33:00.640 state of the department.  
NOTE Confidence: 0.92711914

00:33:00.640 --> 00:33:03.128 As you've heard, this has been a year  
NOTE Confidence: 0.92711914

00:33:03.128 --> 00:33:05.579 where we faced enormous challenges,  
NOTE Confidence: 0.92711914

00:33:05.580 --> 00:33:06.786 social isolation,  
NOTE Confidence: 0.92711914

00:33:06.786 --> 00:33:09.198 pandemic loss of family,  
NOTE Confidence: 0.92711914

00:33:09.200 --> 00:33:10.916 friends and colleagues.  
NOTE Confidence: 0.92711914

00:33:10.916 --> 00:33:14.348 The complications of dealing with COVID,  
NOTE Confidence: 0.92711914

00:33:14.350 --> 00:33:16.074 such as wearing masks,  
NOTE Confidence: 0.92711914

00:33:16.074 --> 00:33:18.229 the murder of George Floyd,  
NOTE Confidence: 0.92711914

00:33:18.230 --> 00:33:20.990 and the killings of bipac individuals

NOTE Confidence: 0.92711914

00:33:20.990 --> 00:33:23.452 by police, plus the overt

NOTE Confidence: 0.92711914

00:33:23.452 --> 00:33:25.894 expressions of racism's racism.

NOTE Confidence: 0.92711914

00:33:25.894 --> 00:33:30.136 Violence against Asian and Pacific Islanders.

NOTE Confidence: 0.92711914

00:33:30.140 --> 00:33:32.004 Separation incarceration of families.

NOTE Confidence: 0.92711914

00:33:32.004 --> 00:33:34.800 Attempting the US at the border.

NOTE Confidence: 0.92711914

00:33:34.800 --> 00:33:36.840 Right wing insurrection in

NOTE Confidence: 0.92711914

00:33:36.840 --> 00:33:39.390 attempts to overturn the election.

NOTE Confidence: 0.92711914

00:33:39.390 --> 00:33:42.638 The destructive practices are

NOTE Confidence: 0.92711914

00:33:42.638 --> 00:33:45.074 prior presidential administration,

NOTE Confidence: 0.92711914

00:33:45.080 --> 00:33:47.675 resulting in the polarization contributing

NOTE Confidence: 0.92711914

00:33:47.675 --> 00:33:50.950 to the polarization of our society.

NOTE Confidence: 0.92711914

00:33:50.950 --> 00:33:54.460 The economic challenges that we face.

NOTE Confidence: 0.92711914

00:33:54.460 --> 00:33:56.316 The environmental challenges that

NOTE Confidence: 0.92711914

00:33:56.316 --> 00:33:59.100 we've dealt with over the past

NOTE Confidence: 0.92711914

00:33:59.172 --> 00:34:01.706 year in which seemed to be growing.

NOTE Confidence: 0.92711914

00:34:01.710 --> 00:34:04.848 The disparities in our society and  
NOTE Confidence: 0.92711914

00:34:04.848 --> 00:34:07.828 the ongoing challenges that we face  
NOTE Confidence: 0.92711914

00:34:07.828 --> 00:34:11.389 around the effort to have access to voting.  
NOTE Confidence: 0.876277690625

00:34:13.500 --> 00:34:15.820 These challenges have had enormous  
NOTE Confidence: 0.876277690625

00:34:15.820 --> 00:34:18.652 impact on on us personally on  
NOTE Confidence: 0.876277690625

00:34:18.652 --> 00:34:20.807 our families on our department,  
NOTE Confidence: 0.876277690625

00:34:20.810 --> 00:34:24.044 on the medical school, in the hospitals,  
NOTE Confidence: 0.876277690625

00:34:24.050 --> 00:34:26.948 and the clinical settings that we work.  
NOTE Confidence: 0.876277690625

00:34:26.950 --> 00:34:31.476 And a group of us in the medical school.  
NOTE Confidence: 0.876277690625

00:34:31.476 --> 00:34:35.083 Try to get together to grapple with this  
NOTE Confidence: 0.876277690625

00:34:35.083 --> 00:34:37.933 and to provide some support services.  
NOTE Confidence: 0.876277690625

00:34:37.940 --> 00:34:40.474 In an effort led by Rajita Sinha  
NOTE Confidence: 0.876277690625

00:34:40.474 --> 00:34:42.509 in our department and Christine  
NOTE Confidence: 0.876277690625

00:34:42.509 --> 00:34:44.249 Olsen in the hospital.  
NOTE Confidence: 0.876277690625

00:34:44.250 --> 00:34:46.250 Developed a questionnaire called  
NOTE Confidence: 0.876277690625

00:34:46.250 --> 00:34:48.750 the Yale Stress Self Assessment.

NOTE Confidence: 0.876277690625

00:34:48.750 --> 00:34:54.793 Which was started at least 24,500

NOTE Confidence: 0.876277690625

00:34:54.793 --> 00:35:01.432 times beginning in May of 2019 and

NOTE Confidence: 0.876277690625

00:35:01.432 --> 00:35:04.360 continuing all the way up to the present.

NOTE Confidence: 0.909776278235294

00:35:08.310 --> 00:35:10.746 And what I'm showing you here are

NOTE Confidence: 0.909776278235294

00:35:10.746 --> 00:35:12.899 answers to some of the questions

NOTE Confidence: 0.909776278235294

00:35:12.899 --> 00:35:14.761 that were on this survey.

NOTE Confidence: 0.909776278235294

00:35:14.761 --> 00:35:18.128 So for example, when asked about their

NOTE Confidence: 0.909776278235294

00:35:18.128 --> 00:35:20.999 exposure to race related violence,

NOTE Confidence: 0.909776278235294

00:35:21.000 --> 00:35:22.420 victimization discrimination,

NOTE Confidence: 0.909776278235294

00:35:22.420 --> 00:35:25.260 or other adverse experiences,

NOTE Confidence: 0.909776278235294

00:35:25.260 --> 00:35:30.880 about 13% of the.

NOTE Confidence: 0.909776278235294

00:35:30.880 --> 00:35:33.130 Overall employee group that that

NOTE Confidence: 0.909776278235294

00:35:33.130 --> 00:35:35.920 contribute to this from the medical

NOTE Confidence: 0.909776278235294

00:35:35.920 --> 00:35:38.662 school and the hospital said that

NOTE Confidence: 0.909776278235294

00:35:38.662 --> 00:35:41.308 they had been exposed to this.

NOTE Confidence: 0.909776278235294



00:35:41.310 --> 00:35:43.540 But obviously the percentage of  
NOTE Confidence: 0.909776278235294

00:35:43.540 --> 00:35:45.770 exposure the people who felt  
NOTE Confidence: 0.909776278235294

00:35:45.846 --> 00:35:47.626 a lot of stress related.  
NOTE Confidence: 0.909776278235294

00:35:47.630 --> 00:35:49.090 This was obviously much.  
NOTE Confidence: 0.878664937142857

00:35:51.700 --> 00:35:54.728 Higher, almost double among  
NOTE Confidence: 0.878664937142857

00:35:54.728 --> 00:35:57.956 underrepresented groups of employees,  
NOTE Confidence: 0.878664937142857

00:35:57.956 --> 00:36:01.780 faculty, staff, and trainees.  
NOTE Confidence: 0.878664937142857

00:36:01.780 --> 00:36:02.714 Similarly,  
NOTE Confidence: 0.878664937142857

00:36:02.714 --> 00:36:06.450 concerns about economic uncertainty.  
NOTE Confidence: 0.878664937142857

00:36:06.450 --> 00:36:09.450 We're high, about 22.6%.  
NOTE Confidence: 0.878664937142857

00:36:09.450 --> 00:36:13.200 But at a higher rate.  
NOTE Confidence: 0.878664937142857

00:36:13.200 --> 00:36:16.404 Particularly among the employees,  
NOTE Confidence: 0.878664937142857

00:36:16.404 --> 00:36:18.807 the staff employees.  
NOTE Confidence: 0.878664937142857

00:36:18.810 --> 00:36:21.460 And concerns about child care.  
NOTE Confidence: 0.878664937142857

00:36:21.460 --> 00:36:26.128 Again, a common stress during COVID.  
NOTE Confidence: 0.878664937142857

00:36:26.130 --> 00:36:29.755 Were higher those concerns were

NOTE Confidence: 0.878664937142857  
00:36:29.755 --> 00:36:31.408 higher among underrepresented  
NOTE Confidence: 0.878664937142857  
00:36:31.408 --> 00:36:33.728 groups working in the hospital  
NOTE Confidence: 0.878664937142857  
00:36:33.728 --> 00:36:35.670 in the Medical Center?  
NOTE Confidence: 0.907375819  
00:36:37.680 --> 00:36:39.710 When we think about the  
NOTE Confidence: 0.907375819  
00:36:39.710 --> 00:36:41.740 impact over the past year.  
NOTE Confidence: 0.907375819  
00:36:41.740 --> 00:36:45.058 There's a temptation to think that that.  
NOTE Confidence: 0.907375819  
00:36:45.060 --> 00:36:47.006 There was a period of time when  
NOTE Confidence: 0.907375819  
00:36:47.006 --> 00:36:48.471 things were stressful at the  
NOTE Confidence: 0.907375819  
00:36:48.471 --> 00:36:49.896 beginning and that that passed.  
NOTE Confidence: 0.907375819  
00:36:49.900 --> 00:36:51.909 But in reality, when you look at.  
NOTE Confidence: 0.90808212375  
00:36:53.920 --> 00:36:55.848 The percentage of people  
NOTE Confidence: 0.90808212375  
00:36:55.848 --> 00:36:57.776 who completed the survey,  
NOTE Confidence: 0.90808212375  
00:36:57.780 --> 00:37:03.044 who reported fairly often or very often  
NOTE Confidence: 0.90808212375  
00:37:03.044 --> 00:37:05.786 feeling stressed in a variety of ways.  
NOTE Confidence: 0.90808212375  
00:37:05.790 --> 00:37:08.902 You see that the stress levels have been  
NOTE Confidence: 0.90808212375

00:37:08.902 --> 00:37:11.158 pretty consistent all through the year.  
NOTE Confidence: 0.90808212375

00:37:11.160 --> 00:37:13.235 Not feeling confident about ability  
NOTE Confidence: 0.90808212375

00:37:13.235 --> 00:37:15.880 to work and manage your family.  
NOTE Confidence: 0.90808212375

00:37:15.880 --> 00:37:18.796 High levels of exposure to death.  
NOTE Confidence: 0.90808212375

00:37:18.800 --> 00:37:21.560 Feeling out of control.  
NOTE Confidence: 0.90808212375

00:37:21.560 --> 00:37:25.484 Feeling guilty or ashamed and that feeling  
NOTE Confidence: 0.90808212375

00:37:25.484 --> 00:37:28.200 like they wanted to blame others for  
NOTE Confidence: 0.90808212375

00:37:28.282 --> 00:37:31.066 the experiences that they were having.  
NOTE Confidence: 0.898558559090909

00:37:34.510 --> 00:37:37.128 When asked about the levels of particular  
NOTE Confidence: 0.898558559090909

00:37:37.128 --> 00:37:39.070 symptoms that they experienced,  
NOTE Confidence: 0.898558559090909

00:37:39.070 --> 00:37:42.328 what you see over the year is that these  
NOTE Confidence: 0.898558559090909

00:37:42.328 --> 00:37:45.238 levels of symptoms remain high as well.  
NOTE Confidence: 0.898558559090909

00:37:45.240 --> 00:37:49.104 And what people are reporting are increases  
NOTE Confidence: 0.898558559090909

00:37:49.104 --> 00:37:52.720 relative to the pre COVID period and  
NOTE Confidence: 0.898558559090909

00:37:52.720 --> 00:37:55.240 not just the absolute level of symptoms,  
NOTE Confidence: 0.898558559090909

00:37:55.240 --> 00:38:00.208 but people who feel more tired and exhausted.

NOTE Confidence: 0.898558559090909

00:38:00.210 --> 00:38:03.642 You can see that those feelings

NOTE Confidence: 0.898558559090909

00:38:03.642 --> 00:38:05.358 remain high throughout.

NOTE Confidence: 0.898558559090909

00:38:05.360 --> 00:38:07.436 A number of stress related symptoms,

NOTE Confidence: 0.898558559090909

00:38:07.440 --> 00:38:09.560 such as sleeping difficulties,

NOTE Confidence: 0.898558559090909

00:38:09.560 --> 00:38:10.810 irritability, anxiety.

NOTE Confidence: 0.898558559090909

00:38:10.810 --> 00:38:14.410 Having difficulty focusing those symptoms

NOTE Confidence: 0.898558559090909

00:38:14.410 --> 00:38:19.914 are present in half or even over half of

NOTE Confidence: 0.898558559090909

00:38:19.914 --> 00:38:24.080 the people who completed the questionnaires.

NOTE Confidence: 0.898558559090909

00:38:24.080 --> 00:38:27.248 And feelings that.

NOTE Confidence: 0.898558559090909

00:38:27.250 --> 00:38:32.626 Of feeling cut off from other people down.

NOTE Confidence: 0.898558559090909

00:38:32.630 --> 00:38:34.394 Racing or slowed thoughts.

NOTE Confidence: 0.898558559090909

00:38:34.394 --> 00:38:35.717 In other words,

NOTE Confidence: 0.898558559090909

00:38:35.720 --> 00:38:38.528 symptoms that we would associate more

NOTE Confidence: 0.898558559090909

00:38:38.528 --> 00:38:40.896 commonly with clinical depression or

NOTE Confidence: 0.898558559090909

00:38:40.896 --> 00:38:43.036 even post traumatic stress disorder.

NOTE Confidence: 0.898558559090909

00:38:43.040 --> 00:38:45.055 These were present in somewhere  
NOTE Confidence: 0.898558559090909

00:38:45.055 --> 00:38:47.070 between one out of five.  
NOTE Confidence: 0.898558559090909

00:38:47.070 --> 00:38:50.854 To almost 4540% of of people,  
NOTE Confidence: 0.898558559090909

00:38:50.854 --> 00:38:53.650 and those the rates of those symptoms  
NOTE Confidence: 0.898558559090909

00:38:53.650 --> 00:38:56.100 remained high over the years.  
NOTE Confidence: 0.898558559090909

00:38:56.100 --> 00:39:01.980 So, so we've been a very stressed community.  
NOTE Confidence: 0.898558559090909

00:39:01.980 --> 00:39:03.790 And we've.  
NOTE Confidence: 0.898558559090909

00:39:03.790 --> 00:39:06.560 Struggled over a variety of  
NOTE Confidence: 0.898558559090909

00:39:06.560 --> 00:39:09.886 of issues and as you heard,  
NOTE Confidence: 0.898558559090909

00:39:09.886 --> 00:39:13.210 a number a group came together.  
NOTE Confidence: 0.898558559090909

00:39:13.210 --> 00:39:15.364 There's not time to go over  
NOTE Confidence: 0.898558559090909

00:39:15.364 --> 00:39:16.800 the entire task force.  
NOTE Confidence: 0.898558559090909

00:39:16.800 --> 00:39:19.020 But from the Department of Psychiatry,  
NOTE Confidence: 0.898558559090909

00:39:19.020 --> 00:39:20.880 from the hospital,  
NOTE Confidence: 0.898558559090909

00:39:20.880 --> 00:39:22.740 from internal medicine,  
NOTE Confidence: 0.898558559090909

00:39:22.740 --> 00:39:26.737 from the Dean's Office Child Study Center.

NOTE Confidence: 0.898558559090909  
00:39:26.740 --> 00:39:29.540 But to try to develop support services.  
NOTE Confidence: 0.898558559090909  
00:39:29.540 --> 00:39:31.580 And led by Jack Teves,  
NOTE Confidence: 0.898558559090909  
00:39:31.580 --> 00:39:36.684 who can let her program of town halls.  
NOTE Confidence: 0.898558559090909  
00:39:36.690 --> 00:39:40.316 And Sambol who Co letter program of  
NOTE Confidence: 0.898558559090909  
00:39:40.316 --> 00:39:42.990 1 to 1 support.  
NOTE Confidence: 0.898558559090909  
00:39:42.990 --> 00:39:48.050 Ariana for a Hoo Hoo.  
NOTE Confidence: 0.898558559090909  
00:39:48.050 --> 00:39:51.263 Lead drop Inns and huddles for intensive  
NOTE Confidence: 0.898558559090909  
00:39:51.263 --> 00:39:55.108 care unit and other units in the hospital.  
NOTE Confidence: 0.898558559090909  
00:39:55.110 --> 00:39:57.354 Barbara Bell in the domains who  
NOTE Confidence: 0.898558559090909  
00:39:57.354 --> 00:39:59.850 let her program to support new  
NOTE Confidence: 0.898558559090909  
00:39:59.850 --> 00:40:02.150 clinical teams in the hospital.  
NOTE Confidence: 0.892262711111111  
00:40:04.920 --> 00:40:08.756 And other services that were provided a  
NOTE Confidence: 0.892262711111111  
00:40:08.756 --> 00:40:13.298 safety net was created to try to help.  
NOTE Confidence: 0.892262711111111  
00:40:13.300 --> 00:40:16.540 The system manage the terrible  
NOTE Confidence: 0.892262711111111  
00:40:16.540 --> 00:40:19.132 stress of the pandemic.  
NOTE Confidence: 0.892262711111111

00:40:19.140 --> 00:40:22.353 Ann and I want to particularly thank  
NOTE Confidence: 0.8922627111111111

00:40:22.353 --> 00:40:25.399 almost 200 volunteers from our department,  
NOTE Confidence: 0.8922627111111111

00:40:25.400 --> 00:40:29.770 ranging from residents to faculty,  
NOTE Confidence: 0.8922627111111111

00:40:29.770 --> 00:40:31.786 to Fellows, volunteer faculty.  
NOTE Confidence: 0.8922627111111111

00:40:31.786 --> 00:40:35.038 All parts of the department who contributed  
NOTE Confidence: 0.8922627111111111

00:40:35.038 --> 00:40:37.222 and volunteered their time to support  
NOTE Confidence: 0.8922627111111111

00:40:37.222 --> 00:40:39.100 others during this difficult time.  
NOTE Confidence: 0.887574779047619

00:40:41.570 --> 00:40:43.992 Another aspect of this year that has  
NOTE Confidence: 0.887574779047619

00:40:43.992 --> 00:40:46.151 been so difficult has been all the  
NOTE Confidence: 0.887574779047619

00:40:46.151 --> 00:40:48.500 people that we lost as a department.  
NOTE Confidence: 0.887574779047619

00:40:48.500 --> 00:40:54.370 Bob Nelson died in in in June, run Doom,  
NOTE Confidence: 0.887574779047619

00:40:54.370 --> 00:40:58.050 and died last at the end of January.  
NOTE Confidence: 0.887574779047619

00:40:58.050 --> 00:41:01.830 Last year, Kathy Carroll also died  
NOTE Confidence: 0.887574779047619

00:41:01.830 --> 00:41:05.906 after a very brief illness. Uhm?  
NOTE Confidence: 0.887574779047619

00:41:05.906 --> 00:41:09.794 And at all of these people at the  
NOTE Confidence: 0.887574779047619

00:41:09.794 --> 00:41:13.490 peak of their karere, Nancy Suchman,

NOTE Confidence: 0.887574779047619  
00:41:13.490 --> 00:41:17.330 who whose work with addicted mothers  
NOTE Confidence: 0.887574779047619  
00:41:17.330 --> 00:41:20.779 was really extremely important.  
NOTE Confidence: 0.887574779047619  
00:41:20.780 --> 00:41:23.732 I'm all of these people died at the  
NOTE Confidence: 0.887574779047619  
00:41:23.732 --> 00:41:27.306 peak of their product tivity and impact.  
NOTE Confidence: 0.887574779047619  
00:41:27.310 --> 00:41:30.214 And they had so much more to give.  
NOTE Confidence: 0.887574779047619  
00:41:30.220 --> 00:41:34.889 And yet we lost them quite suddenly.  
NOTE Confidence: 0.887574779047619  
00:41:34.890 --> 00:41:37.290 This year we also lost done  
NOTE Confidence: 0.887574779047619  
00:41:37.290 --> 00:41:39.650 Quinlan after a long illness.  
NOTE Confidence: 0.887574779047619  
00:41:39.650 --> 00:41:42.570 Run Casey important supervisor at  
NOTE Confidence: 0.887574779047619  
00:41:42.570 --> 00:41:47.598 HCC and Bob Ross, who had been.  
NOTE Confidence: 0.887574779047619  
00:41:47.600 --> 00:41:51.020 A member of our residency program.  
NOTE Confidence: 0.887574779047619  
00:41:51.020 --> 00:41:56.470 We lost a number of alumni, including people.  
NOTE Confidence: 0.887574779047619  
00:41:56.470 --> 00:42:01.780 Who? We're teachers in our department.  
NOTE Confidence: 0.887574779047619  
00:42:01.780 --> 00:42:05.084 Cynthia Russell. Jerry Schmidt.  
NOTE Confidence: 0.887574779047619  
00:42:05.084 --> 00:42:07.173 Tony Vanderpump, Vanderpoel,  
NOTE Confidence: 0.887574779047619



00:42:07.173 --> 00:42:09.771 who had a secondary appointment in  
NOTE Confidence: 0.887574779047619

00:42:09.771 --> 00:42:12.280 our department. Sandy Schreiber.  
NOTE Confidence: 0.887574779047619

00:42:12.280 --> 00:42:15.560 Robert Stern in alumni.  
NOTE Confidence: 0.887574779047619

00:42:15.560 --> 00:42:19.228 Andrews Slavian target nisenon.  
NOTE Confidence: 0.887574779047619

00:42:19.230 --> 00:42:20.456 I'm so.  
NOTE Confidence: 0.887574779047619

00:42:20.456 --> 00:42:23.521 As people were felt losses  
NOTE Confidence: 0.887574779047619

00:42:23.521 --> 00:42:26.540 in their personal families,  
NOTE Confidence: 0.887574779047619

00:42:26.540 --> 00:42:28.292 our department family suffered  
NOTE Confidence: 0.887574779047619

00:42:28.292 --> 00:42:30.920 a number of losses this year.  
NOTE Confidence: 0.902751641

00:42:33.340 --> 00:42:35.741 As you heard in the statements that  
NOTE Confidence: 0.902751641

00:42:35.741 --> 00:42:38.835 this was also a year when we discovered  
NOTE Confidence: 0.902751641

00:42:38.835 --> 00:42:40.830 our resilience in our capacity.  
NOTE Confidence: 0.902751641

00:42:40.830 --> 00:42:44.076 We had psychiatry, residents and faculty  
NOTE Confidence: 0.902751641

00:42:44.076 --> 00:42:46.240 volunteering support our medical  
NOTE Confidence: 0.902751641

00:42:46.317 --> 00:42:48.689 colleagues and medical services.  
NOTE Confidence: 0.902751641

00:42:48.690 --> 00:42:51.570 Remarkably, we were able to transform

NOTE Confidence: 0.902751641

00:42:51.570 --> 00:42:54.860 our ambulatory care to virtual formats.

NOTE Confidence: 0.902751641

00:42:54.860 --> 00:42:57.768 Faculty, staff and trainees

NOTE Confidence: 0.902751641

00:42:57.768 --> 00:43:00.676 volunteered to support others.

NOTE Confidence: 0.902751641

00:43:00.680 --> 00:43:03.388 The education and research

NOTE Confidence: 0.902751641

00:43:03.388 --> 00:43:06.096 missions continued despite the

NOTE Confidence: 0.902751641

00:43:06.096 --> 00:43:08.780 enormous challenges that we faced.

NOTE Confidence: 0.902751641

00:43:08.780 --> 00:43:11.668 Our resident medical students

NOTE Confidence: 0.902751641

00:43:11.668 --> 00:43:15.348 residents were very active in both

NOTE Confidence: 0.902751641

00:43:15.348 --> 00:43:18.106 in the medical school and in our

NOTE Confidence: 0.902751641

00:43:18.106 --> 00:43:20.810 apartment in highlighting our legacy

NOTE Confidence: 0.902751641

00:43:20.810 --> 00:43:24.450 of racism and the impact of racism.

NOTE Confidence: 0.902751641

00:43:24.450 --> 00:43:28.111 Our department. Her.

NOTE Confidence: 0.902751641

00:43:28.111 --> 00:43:33.298 Came together with a very broad effort.

NOTE Confidence: 0.902751641

00:43:33.300 --> 00:43:35.096 The Anti Racism taskforce,

NOTE Confidence: 0.902751641

00:43:35.096 --> 00:43:37.790 which I'll talk about a little

NOTE Confidence: 0.902751641

00:43:37.871 --> 00:43:39.286 bit more in a bit.  
NOTE Confidence: 0.902751641

00:43:39.290 --> 00:43:41.852 Our residents and faculty were in  
NOTE Confidence: 0.902751641

00:43:41.852 --> 00:43:44.399 some cases providing support to our  
NOTE Confidence: 0.902751641

00:43:44.399 --> 00:43:47.080 surrounding community in a variety of ways.  
NOTE Confidence: 0.902751641

00:43:47.080 --> 00:43:49.420 Our staff.  
NOTE Confidence: 0.902751641

00:43:49.420 --> 00:43:51.700 Came together with projects in  
NOTE Confidence: 0.902751641

00:43:51.700 --> 00:43:55.130 apps to promote the status of  
NOTE Confidence: 0.902751641

00:43:55.130 --> 00:43:57.506 staff in our department.  
NOTE Confidence: 0.902751641

00:43:57.510 --> 00:44:00.835 And the Women's Health conference  
NOTE Confidence: 0.902751641

00:44:00.835 --> 00:44:03.634 organized by by Stephanie Gilsenan.  
NOTE Confidence: 0.902751641

00:44:03.634 --> 00:44:06.562 Sophia Nouri had over 1000 attendees  
NOTE Confidence: 0.902751641

00:44:06.562 --> 00:44:10.048 this year, a remarkable accomplishment.  
NOTE Confidence: 0.902751641

00:44:10.048 --> 00:44:12.586 In some ways.  
NOTE Confidence: 0.902751641

00:44:12.590 --> 00:44:15.450 This year her.  
NOTE Confidence: 0.902751641

00:44:15.450 --> 00:44:20.690 Has brought out in many cases the best of us.  
NOTE Confidence: 0.902751641

00:44:20.690 --> 00:44:23.534 I particularly want to thank Cindy

NOTE Confidence: 0.902751641

00:44:23.534 --> 00:44:26.570 Cousteau for her leadership Co leadership

NOTE Confidence: 0.902751641

00:44:26.570 --> 00:44:29.990 of the Anti Racism Task force.

NOTE Confidence: 0.902751641

00:44:29.990 --> 00:44:32.446 This is a test for us that has

NOTE Confidence: 0.902751641

00:44:32.446 --> 00:44:34.727 around 70 participants from all

NOTE Confidence: 0.902751641

00:44:34.727 --> 00:44:36.835 aspects of our department.

NOTE Confidence: 0.902751641

00:44:36.840 --> 00:44:40.722 It is organized through a steering

NOTE Confidence: 0.902751641

00:44:40.722 --> 00:44:43.092 committee that works closely

NOTE Confidence: 0.902751641

00:44:43.092 --> 00:44:45.962 with subcommittees focused on all

NOTE Confidence: 0.902751641

00:44:45.962 --> 00:44:48.940 dimensions of our department work.

NOTE Confidence: 0.902751641

00:44:48.940 --> 00:44:51.040 Our clinical work with the

NOTE Confidence: 0.902751641

00:44:51.040 --> 00:44:52.300 Center Clinical Subcommittee,

NOTE Confidence: 0.902751641

00:44:52.300 --> 00:44:54.610 led by looming Lee, is meaning.

NOTE Confidence: 0.902751641

00:44:54.610 --> 00:44:55.598 But Racasan,

NOTE Confidence: 0.902751641

00:44:55.598 --> 00:44:56.586 Deborah bond.

NOTE Confidence: 0.902751641

00:44:56.586 --> 00:44:59.056 Our interactions with the community

NOTE Confidence: 0.902751641

00:44:59.056 --> 00:45:01.529 is a subcommittee led by Co.  
NOTE Confidence: 0.902751641

00:45:01.530 --> 00:45:04.799 Led by Mike Sarniak and Michelle Silva.  
NOTE Confidence: 0.902751641

00:45:04.800 --> 00:45:07.544 The Education Committee Co.  
NOTE Confidence: 0.902751641

00:45:07.544 --> 00:45:11.550 Led by Amber Childs and Christian Wilkins,  
NOTE Confidence: 0.902751641

00:45:11.550 --> 00:45:14.010 the Faculty Development Committee Co,  
NOTE Confidence: 0.902751641

00:45:14.010 --> 00:45:16.360 led by Niyati and Sambol.  
NOTE Confidence: 0.902751641

00:45:16.360 --> 00:45:18.810 The research committee led by  
NOTE Confidence: 0.902751641

00:45:18.810 --> 00:45:21.260 shrill Bellamy and Rena bachata  
NOTE Confidence: 0.902751641

00:45:21.340 --> 00:45:23.670 in the Staff Subcommittee Co.  
NOTE Confidence: 0.902751641

00:45:23.670 --> 00:45:26.646 Led by Cole Peterson and Cream and Robertson,  
NOTE Confidence: 0.902751641

00:45:26.650 --> 00:45:28.519 who we just.  
NOTE Confidence: 0.902751641

00:45:28.520 --> 00:45:31.895 Or presentation this has been  
NOTE Confidence: 0.902751641

00:45:31.895 --> 00:45:34.595 an important central remarkable  
NOTE Confidence: 0.902751641

00:45:34.595 --> 00:45:37.607 initiative for our department and one  
NOTE Confidence: 0.902751641

00:45:37.607 --> 00:45:40.848 that I hope will enable us to move  
NOTE Confidence: 0.902751641

00:45:40.848 --> 00:45:43.410 forward not only in the short run.

NOTE Confidence: 0.902751641

00:45:43.410 --> 00:45:47.654 But in an ongoing way to make the

NOTE Confidence: 0.902751641

00:45:47.654 --> 00:45:50.882 department the kind of community that

NOTE Confidence: 0.902751641

00:45:50.882 --> 00:45:54.469 we can all feel good about being a part of.

NOTE Confidence: 0.8254155375

00:45:57.110 --> 00:45:59.054 And so we're tired.

NOTE Confidence: 0.8254155375

00:45:59.054 --> 00:46:00.998 We're hurting or fragmented.

NOTE Confidence: 0.8254155375

00:46:01.000 --> 00:46:04.360 We long to come together.

NOTE Confidence: 0.8254155375

00:46:04.360 --> 00:46:07.240 We're strong, we're resilient.

NOTE Confidence: 0.8254155375

00:46:07.240 --> 00:46:10.120 We're making a difference.

NOTE Confidence: 0.8254155375

00:46:10.120 --> 00:46:14.005 And we remain a community of compassion,

NOTE Confidence: 0.8254155375

00:46:14.010 --> 00:46:15.798 excellence and impact.

NOTE Confidence: 0.8938587922222222

00:46:17.920 --> 00:46:19.785 So let's talk a little

NOTE Confidence: 0.8938587922222222

00:46:19.785 --> 00:46:21.277 bit about the department.

NOTE Confidence: 0.8938587922222222

00:46:21.280 --> 00:46:23.110 We remain the second largest

NOTE Confidence: 0.8938587922222222

00:46:23.110 --> 00:46:24.574 department in the medical

NOTE Confidence: 0.8938587922222222

00:46:24.574 --> 00:46:27.958 school with 243 ladder faculty.

NOTE Confidence: 0.8938587922222222

00:46:27.960 --> 00:46:30.660 72% of our latter faculty are  
NOTE Confidence: 0.8938587922222222

00:46:30.660 --> 00:46:33.380 Caucasian or identify as Caucasian,  
NOTE Confidence: 0.8938587922222222

00:46:33.380 --> 00:46:36.618 and 52.7% of our department is female,  
NOTE Confidence: 0.8938587922222222

00:46:36.620 --> 00:46:39.278 making us. I believe the only.  
NOTE Confidence: 0.8938587922222222

00:46:39.280 --> 00:46:42.590 Department in the medical school.  
NOTE Confidence: 0.8938587922222222

00:46:42.590 --> 00:46:45.145 That has a higher percentage of female  
NOTE Confidence: 0.8938587922222222

00:46:45.145 --> 00:46:47.380 relative to male faculty members.  
NOTE Confidence: 0.8566148

00:46:50.090 --> 00:46:52.235 49.4% of our faculty either  
NOTE Confidence: 0.8566148

00:46:52.235 --> 00:46:55.630 have the MD or MD PhD degrees.  
NOTE Confidence: 0.8566148

00:46:55.630 --> 00:47:00.800 An 50.6% of our faculty? How are PHD's?  
NOTE Confidence: 0.8566148

00:47:00.800 --> 00:47:03.250 They could be psychologist in our scientists,  
NOTE Confidence: 0.8566148

00:47:03.250 --> 00:47:06.250 other kinds of scientists.  
NOTE Confidence: 0.8566148

00:47:06.250 --> 00:47:10.146 In terms of the tracks of our department.  
NOTE Confidence: 0.8566148

00:47:10.150 --> 00:47:12.808 About 60% of our department are  
NOTE Confidence: 0.8566148

00:47:12.808 --> 00:47:15.686 either in the clinician track or  
NOTE Confidence: 0.8566148

00:47:15.686 --> 00:47:17.726 the clinician educator track.

NOTE Confidence: 0.8566148

00:47:17.730 --> 00:47:20.853 With about 18.5% in the

NOTE Confidence: 0.8566148

00:47:20.853 --> 00:47:21.936 clinician scholar track,

NOTE Confidence: 0.8566148

00:47:21.940 --> 00:47:23.900 which is higher than most

NOTE Confidence: 0.8566148

00:47:23.900 --> 00:47:25.860 departments in the medical school,

NOTE Confidence: 0.8566148

00:47:25.860 --> 00:47:28.065 11% in the investigator track

NOTE Confidence: 0.8566148

00:47:28.065 --> 00:47:30.320 and 7% in the traditional track.

NOTE Confidence: 0.873828955625

00:47:32.580 --> 00:47:34.132 As you probably know,

NOTE Confidence: 0.873828955625

00:47:34.132 --> 00:47:36.460 where the number one NIH grant

NOTE Confidence: 0.873828955625

00:47:36.541 --> 00:47:39.031 supported department in the country

NOTE Confidence: 0.873828955625

00:47:39.031 --> 00:47:42.830 with \$110 million in NIH grants,

NOTE Confidence: 0.873828955625

00:47:42.830 --> 00:47:46.046 that makes us also the second

NOTE Confidence: 0.873828955625

00:47:46.046 --> 00:47:48.928 largest department in the medical

NOTE Confidence: 0.873828955625

00:47:48.928 --> 00:47:52.098 school with regards to funding.

NOTE Confidence: 0.873828955625

00:47:52.100 --> 00:47:53.860 The Department of Internal Medicine,

NOTE Confidence: 0.873828955625

00:47:53.860 --> 00:47:55.750 which is about twice our size,

NOTE Confidence: 0.873828955625



00:47:55.750 --> 00:48:01.119 has about \$130 million in NIH grants.  
NOTE Confidence: 0.873828955625

00:48:01.120 --> 00:48:02.985 We also have significant funding  
NOTE Confidence: 0.873828955625

00:48:02.985 --> 00:48:04.850 from foundations from the VA  
NOTE Confidence: 0.873828955625

00:48:04.914 --> 00:48:06.749 and the Department of Defense.  
NOTE Confidence: 0.873828955625

00:48:06.750 --> 00:48:10.152 As you heard, we were rated the number one  
NOTE Confidence: 0.873828955625

00:48:10.152 --> 00:48:12.749 psychiatry program in the country by U.S.  
NOTE Confidence: 0.873828955625

00:48:12.750 --> 00:48:15.438 news and World Report.  
NOTE Confidence: 0.873828955625

00:48:15.440 --> 00:48:18.440 And I want to particularly acknowledge  
NOTE Confidence: 0.873828955625

00:48:18.440 --> 00:48:21.186 Bob Rohrbough in his leadership  
NOTE Confidence: 0.873828955625

00:48:21.186 --> 00:48:23.830 of our educational programs,  
NOTE Confidence: 0.873828955625

00:48:23.830 --> 00:48:26.795 but really also recognize that  
NOTE Confidence: 0.873828955625

00:48:26.795 --> 00:48:30.400 this is been a department wide.  
NOTE Confidence: 0.873828955625

00:48:30.400 --> 00:48:33.832 Effort from the recruitment of new  
NOTE Confidence: 0.873828955625

00:48:33.832 --> 00:48:36.120 groups of outstanding psychiatry  
NOTE Confidence: 0.873828955625

00:48:36.211 --> 00:48:39.684 residents every year from with  
NOTE Confidence: 0.873828955625

00:48:39.684 --> 00:48:44.094 residents involved and faculty involved.

NOTE Confidence: 0.873828955625

00:48:44.100 --> 00:48:47.378 The. And we have also.

NOTE Confidence: 0.873828955625

00:48:47.378 --> 00:48:49.038 The excellence of our department

NOTE Confidence: 0.873828955625

00:48:49.038 --> 00:48:51.314 in training is also reflected in

NOTE Confidence: 0.873828955625

00:48:51.314 --> 00:48:53.194 the percentage of Yale medical

NOTE Confidence: 0.873828955625

00:48:53.257 --> 00:48:55.197 students going into psychiatry.

NOTE Confidence: 0.873828955625

00:48:55.200 --> 00:48:56.990 About 10% of the class,

NOTE Confidence: 0.873828955625

00:48:56.990 --> 00:49:00.518 including two who were extremely pleased,

NOTE Confidence: 0.873828955625

00:49:00.520 --> 00:49:03.940 will be joining our psychiatry residency.

NOTE Confidence: 0.873828955625

00:49:03.940 --> 00:49:07.115 Our clinical programs in all

NOTE Confidence: 0.873828955625

00:49:07.115 --> 00:49:10.910 of our our settings are are.

NOTE Confidence: 0.873828955625

00:49:10.910 --> 00:49:14.190 Outstanding, we were rated Yale,

NOTE Confidence: 0.873828955625

00:49:14.190 --> 00:49:15.900 New Haven Psychiatric Hospital was

NOTE Confidence: 0.873828955625

00:49:15.900 --> 00:49:18.090 rated 10 in the country by U.S.

NOTE Confidence: 0.873828955625

00:49:18.090 --> 00:49:19.942 news and World Report.

NOTE Confidence: 0.873828955625

00:49:19.942 --> 00:49:22.257 We enjoy a remarkably collaborative

NOTE Confidence: 0.873828955625

00:49:22.257 --> 00:49:25.464 and productive relationship with Yale,  
NOTE Confidence: 0.873828955625

00:49:25.464 --> 00:49:26.880 New Haven Hospital.  
NOTE Confidence: 0.873828955625

00:49:26.880 --> 00:49:27.354 Similarly,  
NOTE Confidence: 0.873828955625

00:49:27.354 --> 00:49:29.724 us very special collaboration with  
NOTE Confidence: 0.873828955625

00:49:29.724 --> 00:49:32.461 the Department of Mental Health and  
NOTE Confidence: 0.873828955625

00:49:32.461 --> 00:49:34.777 Addiction Services with regards to our  
NOTE Confidence: 0.873828955625

00:49:34.777 --> 00:49:37.230 work at CMHC and with the Department  
NOTE Confidence: 0.873828955625

00:49:37.230 --> 00:49:39.160 of Veterans Affairs and the VA.  
NOTE Confidence: 0.873828955625

00:49:39.160 --> 00:49:41.020 With our work at the VA.  
NOTE Confidence: 0.873828955625

00:49:41.020 --> 00:49:43.306 We are the safety net programs  
NOTE Confidence: 0.873828955625

00:49:43.306 --> 00:49:46.498 through CMH C and from for VA for  
NOTE Confidence: 0.873828955625

00:49:46.498 --> 00:49:48.880 the state of Connecticut and Yale,  
NOTE Confidence: 0.873828955625

00:49:48.880 --> 00:49:51.556 New Haven and we're also national  
NOTE Confidence: 0.873828955625

00:49:51.556 --> 00:49:53.818 national referral source such as  
NOTE Confidence: 0.873828955625

00:49:53.818 --> 00:49:55.833 the work for treatment resistant  
NOTE Confidence: 0.873828955625

00:49:55.833 --> 00:49:58.119 mood disorders in the Interventional

NOTE Confidence: 0.873828955625  
00:49:58.119 --> 00:50:00.499 Psychiatry program at Yale,  
NOTE Confidence: 0.873828955625  
00:50:00.500 --> 00:50:01.448 New Haven,  
NOTE Confidence: 0.873828955625  
00:50:01.448 --> 00:50:04.292 and a novel collaboration with Silver  
NOTE Confidence: 0.873828955625  
00:50:04.292 --> 00:50:08.828 Hill Hospital for impaired executives.  
NOTE Confidence: 0.873828955625  
00:50:08.830 --> 00:50:10.226 This is the department,  
NOTE Confidence: 0.873828955625  
00:50:10.226 --> 00:50:13.090 the budget of the Department of Psychiatry.  
NOTE Confidence: 0.873828955625  
00:50:13.090 --> 00:50:16.102 It's about not including the state  
NOTE Confidence: 0.873828955625  
00:50:16.102 --> 00:50:19.109 budget and not including the VA  
NOTE Confidence: 0.873828955625  
00:50:19.109 --> 00:50:21.379 budget or our department budget  
NOTE Confidence: 0.873828955625  
00:50:21.379 --> 00:50:25.050 is almost \$150 million a year.  
NOTE Confidence: 0.873828955625  
00:50:25.050 --> 00:50:27.822 60% of our budget is related  
NOTE Confidence: 0.873828955625  
00:50:27.822 --> 00:50:29.670 to our research activities.  
NOTE Confidence: 0.873828955625  
00:50:29.670 --> 00:50:32.617 And nearly 40% of our budget is  
NOTE Confidence: 0.873828955625  
00:50:32.617 --> 00:50:35.130 associated with our clinical work,  
NOTE Confidence: 0.873828955625  
00:50:35.130 --> 00:50:38.732 excluding CMH in the VA and  
NOTE Confidence: 0.873828955625

00:50:38.732 --> 00:50:39.900 some of the budget.  
NOTE Confidence: 0.873828955625

00:50:39.900 --> 00:50:44.526 Other budget is related to administrative  
NOTE Confidence: 0.873828955625

00:50:44.526 --> 00:50:46.839 and educational activities.  
NOTE Confidence: 0.873828955625

00:50:46.840 --> 00:50:48.618 As you can see from this graph,  
NOTE Confidence: 0.873828955625

00:50:48.620 --> 00:50:50.632 our department revenues have  
NOTE Confidence: 0.873828955625

00:50:50.632 --> 00:50:52.644 increased during the pandemic,  
NOTE Confidence: 0.873828955625

00:50:52.650 --> 00:50:56.826 despite the transition to virtual services.  
NOTE Confidence: 0.873828955625

00:50:56.830 --> 00:50:57.518 Anne,  
NOTE Confidence: 0.873828955625

00:50:57.518 --> 00:51:01.606 but you should know that the  
NOTE Confidence: 0.873828955625

00:51:01.606 --> 00:51:04.190 department net revenues relative  
NOTE Confidence: 0.873828955625

00:51:04.190 --> 00:51:07.723 to the expanding costs of the  
NOTE Confidence: 0.873828955625

00:51:07.723 --> 00:51:09.541 reflecting the growth of our programs  
NOTE Confidence: 0.873828955625

00:51:09.541 --> 00:51:11.832 so that the net revenues to the  
NOTE Confidence: 0.873828955625

00:51:11.832 --> 00:51:13.482 department have decreased a bit.  
NOTE Confidence: 0.873828955625

00:51:13.490 --> 00:51:17.434 We believe there rebounding,  
NOTE Confidence: 0.873828955625

00:51:17.434 --> 00:51:20.695 but we like the hospital like

NOTE Confidence: 0.873828955625

00:51:20.695 --> 00:51:23.604 the medical school are a little

NOTE Confidence: 0.873828955625

00:51:23.604 --> 00:51:25.752 bit challenged economically as

NOTE Confidence: 0.873828955625

00:51:25.752 --> 00:51:28.990 a result of the COVID year.

NOTE Confidence: 0.873828955625

00:51:28.990 --> 00:51:30.572 I mentioned that we are a number

NOTE Confidence: 0.873828955625

00:51:30.572 --> 00:51:32.520 one in the country in NIH support,

NOTE Confidence: 0.873828955625

00:51:32.520 --> 00:51:34.599 and I thought it would be useful

NOTE Confidence: 0.873828955625

00:51:34.599 --> 00:51:36.862 to show what what this has looked

NOTE Confidence: 0.873828955625

00:51:36.862 --> 00:51:38.806 like over the past 10 years.

NOTE Confidence: 0.9106660633333333

00:51:38.810 --> 00:51:42.122 So that over the past ten years we've

NOTE Confidence: 0.9106660633333333

00:51:42.122 --> 00:51:44.605 been there, Yale and the University

NOTE Confidence: 0.9106660633333333

00:51:44.605 --> 00:51:47.109 of Pittsburgh have been neck and

NOTE Confidence: 0.9106660633333333

00:51:47.109 --> 00:51:49.293 neck in terms of leadership in

NOTE Confidence: 0.9106660633333333

00:51:49.293 --> 00:51:51.509 NIH grant support in the country.

NOTE Confidence: 0.9106660633333333

00:51:51.510 --> 00:51:54.806 And we continue to be, you know,

NOTE Confidence: 0.9106660633333333

00:51:54.806 --> 00:51:56.346 relatively close with the University

NOTE Confidence: 0.9106660633333333

00:51:56.346 --> 00:52:01.818 of Pittsburgh, but but but we.  
NOTE Confidence: 0.9106660633333333

00:52:01.820 --> 00:52:05.396 Not only remain number one,  
NOTE Confidence: 0.9106660633333333

00:52:05.396 --> 00:52:07.406 not only because we have  
NOTE Confidence: 0.9106660633333333

00:52:07.410 --> 00:52:09.266 more funding than ever,  
NOTE Confidence: 0.9106660633333333

00:52:09.266 --> 00:52:12.050 but also because our increase our  
NOTE Confidence: 0.9106660633333333

00:52:12.132 --> 00:52:14.897 funding has increased more between  
NOTE Confidence: 0.9106660633333333

00:52:14.900 --> 00:52:17.798 2019 and 20 than any point in  
NOTE Confidence: 0.9106660633333333

00:52:17.798 --> 00:52:20.550 the history of our department.  
NOTE Confidence: 0.9106660633333333

00:52:20.550 --> 00:52:23.457 And as a result of gap is opened up  
NOTE Confidence: 0.9106660633333333

00:52:23.457 --> 00:52:26.400 between Yale and Pittsburgh and and the  
NOTE Confidence: 0.9106660633333333

00:52:26.400 --> 00:52:29.638 other leading department's in the country.  
NOTE Confidence: 0.9106660633333333

00:52:29.640 --> 00:52:31.530 One of the reasons for this  
NOTE Confidence: 0.9106660633333333

00:52:31.530 --> 00:52:33.810 jump has been a remarkable new  
NOTE Confidence: 0.9106660633333333

00:52:33.810 --> 00:52:36.165 initiative led by Scott Woods.  
NOTE Confidence: 0.9106660633333333

00:52:36.170 --> 00:52:38.770 There his Co investigator Co  
NOTE Confidence: 0.9106660633333333

00:52:38.770 --> 00:52:40.850 principal investigators are Kerry

NOTE Confidence: 0.9106660633333333  
00:52:40.850 --> 00:52:43.454 Bearden at UCLA and John Kane at  
NOTE Confidence: 0.9106660633333333  
00:52:43.454 --> 00:52:45.540 the Soccer School of Medicine.  
NOTE Confidence: 0.9106660633333333  
00:52:45.540 --> 00:52:47.507 And what you see is that this  
NOTE Confidence: 0.9106660633333333  
00:52:47.507 --> 00:52:49.729 is a really important national.  
NOTE Confidence: 0.9106660633333333  
00:52:49.730 --> 00:52:51.098 In fact,  
NOTE Confidence: 0.9106660633333333  
00:52:51.098 --> 00:52:53.834 international initiative to understand  
NOTE Confidence: 0.9106660633333333  
00:52:53.834 --> 00:52:57.062 how people develop schizophrenia from  
NOTE Confidence: 0.9106660633333333  
00:52:57.062 --> 00:53:00.585 at risk states an number of people at  
NOTE Confidence: 0.9106660633333333  
00:53:00.585 --> 00:53:04.050 Yale are involved in this initiative.  
NOTE Confidence: 0.9106660633333333  
00:53:04.050 --> 00:53:07.018 This is also been a transformative year.  
NOTE Confidence: 0.9106660633333333  
00:53:07.020 --> 00:53:11.228 For the field of PTSD research due to  
NOTE Confidence: 0.9106660633333333  
00:53:11.228 --> 00:53:14.230 discoveries made by Yale scientists.  
NOTE Confidence: 0.9106660633333333  
00:53:14.230 --> 00:53:16.799 Using data from the million veteran program,  
NOTE Confidence: 0.9106660633333333  
00:53:16.800 --> 00:53:19.536 a group of geneticists led by Joe Calentar,  
NOTE Confidence: 0.9106660633333333  
00:53:19.540 --> 00:53:22.494 and Yale and Mary Steen at UCSD,  
NOTE Confidence: 0.9106660633333333



00:53:22.500 --> 00:53:24.250 found the first genome wide,  
NOTE Confidence: 0.9106660633333333

00:53:24.250 --> 00:53:25.266 significant results.  
NOTE Confidence: 0.9106660633333333

00:53:25.266 --> 00:53:26.790 In other words,  
NOTE Confidence: 0.9106660633333333

00:53:26.790 --> 00:53:28.905 the first implicating the first  
NOTE Confidence: 0.9106660633333333

00:53:28.905 --> 00:53:31.587 genes in the heritable risk for  
NOTE Confidence: 0.9106660633333333

00:53:31.587 --> 00:53:34.094 post traumatic stress disorder and  
NOTE Confidence: 0.9106660633333333

00:53:34.094 --> 00:53:37.418 using a national PTSD brain bank  
NOTE Confidence: 0.9106660633333333

00:53:37.420 --> 00:53:40.420 which has emerged from the National  
NOTE Confidence: 0.9106660633333333

00:53:40.420 --> 00:53:44.266 Center for PTSD in which we are  
NOTE Confidence: 0.9106660633333333

00:53:44.266 --> 00:53:46.594 participants in our department.  
NOTE Confidence: 0.9106660633333333

00:53:46.600 --> 00:53:49.425 And the first molecular and  
NOTE Confidence: 0.9106660633333333

00:53:49.425 --> 00:53:52.250 cellular biology of post traumatic  
NOTE Confidence: 0.9106660633333333

00:53:52.350 --> 00:53:55.270 stress disorder emerged as well.  
NOTE Confidence: 0.9106660633333333

00:53:55.270 --> 00:53:58.398 This work is led by a new faculty  
NOTE Confidence: 0.9106660633333333

00:53:58.398 --> 00:53:59.180 member match.  
NOTE Confidence: 0.9106660633333333

00:53:59.180 --> 00:54:01.520 Urgente will join the latter faculty

NOTE Confidence: 0.910666063333333  
00:54:01.520 --> 00:54:04.566 in July and of course reflects the  
NOTE Confidence: 0.910666063333333  
00:54:04.566 --> 00:54:07.835 legacy of the contributions of Ron Duman.  
NOTE Confidence: 0.891588623333333  
00:54:10.090 --> 00:54:12.862 Over the year we had some faculty  
NOTE Confidence: 0.891588623333333  
00:54:12.862 --> 00:54:14.971 members move away or announced  
NOTE Confidence: 0.891588623333333  
00:54:14.971 --> 00:54:17.479 that they were going to leave,  
NOTE Confidence: 0.891588623333333  
00:54:17.480 --> 00:54:20.214 and three that I mentioned here, Kim Yonkers,  
NOTE Confidence: 0.891588623333333  
00:54:20.214 --> 00:54:22.206 leaving to become Chair of Psychiatry  
NOTE Confidence: 0.891588623333333  
00:54:22.206 --> 00:54:24.558 at the University of Massachusetts.  
NOTE Confidence: 0.891588623333333  
00:54:24.560 --> 00:54:26.546 Alex Kwan, who will be leaving  
NOTE Confidence: 0.891588623333333  
00:54:26.546 --> 00:54:29.340 in a year to take an important  
NOTE Confidence: 0.891588623333333  
00:54:29.340 --> 00:54:32.112 position at Cornell and Megan Smith,  
NOTE Confidence: 0.891588623333333  
00:54:32.120 --> 00:54:35.352 who is leaving you to take a position  
NOTE Confidence: 0.891588623333333  
00:54:35.352 --> 00:54:39.160 with the Connecticut Hospital Association.  
NOTE Confidence: 0.891588623333333  
00:54:39.160 --> 00:54:41.188 Another exciting development though  
NOTE Confidence: 0.891588623333333  
00:54:41.188 --> 00:54:44.230 at Yale has been the emergence  
NOTE Confidence: 0.891588623333333

00:54:44.316 --> 00:54:46.236 of the Wu Tsai Institute.  
NOTE Confidence: 0.8915886233333333

00:54:46.240 --> 00:54:47.815 We don't really know how  
NOTE Confidence: 0.8915886233333333

00:54:47.815 --> 00:54:49.075 much money was donated.  
NOTE Confidence: 0.8915886233333333

00:54:49.080 --> 00:54:50.472 We're pretty sure it's  
NOTE Confidence: 0.8915886233333333

00:54:50.472 --> 00:54:52.212 a fair piece of change,  
NOTE Confidence: 0.8915886233333333

00:54:52.220 --> 00:54:54.948 but it's it's going to fund work to  
NOTE Confidence: 0.8915886233333333

00:54:54.948 --> 00:54:57.629 try to understand the neural basis  
NOTE Confidence: 0.8915886233333333

00:54:57.629 --> 00:55:01.096 of human cognition and to think about  
NOTE Confidence: 0.8915886233333333

00:55:01.096 --> 00:55:04.156 ways to to advance cognitive function.  
NOTE Confidence: 0.8915886233333333

00:55:04.160 --> 00:55:06.281 It's led by Nick Turk Brown from  
NOTE Confidence: 0.8915886233333333

00:55:06.281 --> 00:55:07.920 the Department of Psychology,  
NOTE Confidence: 0.8915886233333333

00:55:07.920 --> 00:55:12.064 but is a forum for bringing together.  
NOTE Confidence: 0.8915886233333333

00:55:12.070 --> 00:55:14.680 All the neuroscience related work at  
NOTE Confidence: 0.8915886233333333

00:55:14.680 --> 00:55:17.888 Yale and to link it to computational  
NOTE Confidence: 0.8915886233333333

00:55:17.888 --> 00:55:21.108 work and to engineering in new ways,  
NOTE Confidence: 0.8915886233333333

00:55:21.110 --> 00:55:25.550 I think will be extremely exciting.

NOTE Confidence: 0.891588623333333

00:55:25.550 --> 00:55:27.774 The some of the work will be related

NOTE Confidence: 0.891588623333333

00:55:27.774 --> 00:55:29.819 to human cognition and behavior,

NOTE Confidence: 0.891588623333333

00:55:29.820 --> 00:55:32.718 some of it related to neuro

NOTE Confidence: 0.891588623333333

00:55:32.718 --> 00:55:34.167 development and plasticity,

NOTE Confidence: 0.891588623333333

00:55:34.170 --> 00:55:37.418 and part of it will be related to

NOTE Confidence: 0.891588623333333

00:55:37.418 --> 00:55:39.272 neural computation and machine

NOTE Confidence: 0.891588623333333

00:55:39.272 --> 00:55:41.657 intelligence and centers focused on

NOTE Confidence: 0.891588623333333

00:55:41.657 --> 00:55:44.977 each of these areas will emerge a

NOTE Confidence: 0.891588623333333

00:55:44.977 --> 00:55:47.839 number of faculty in the department

NOTE Confidence: 0.891588623333333

00:55:47.839 --> 00:55:52.530 are working with this. At various levels.

NOTE Confidence: 0.891588623333333

00:55:52.530 --> 00:55:56.632 And and some will be working in

NOTE Confidence: 0.891588623333333

00:55:56.632 --> 00:56:00.530 the space of the of the new.

NOTE Confidence: 0.891588623333333

00:56:00.530 --> 00:56:03.474 Institute, including Philip Corlett,

NOTE Confidence: 0.891588623333333

00:56:03.474 --> 00:56:07.280 George Dragoj, Monica Jadi.

NOTE Confidence: 0.891588623333333

00:56:07.280 --> 00:56:09.610 And others.

NOTE Confidence: 0.891588623333333

00:56:09.610 --> 00:56:13.635 And we're really thrilled that we have  
NOTE Confidence: 0.8915886233333333

00:56:13.635 --> 00:56:19.410 this opportunity to come together in a.  
NOTE Confidence: 0.8915886233333333

00:56:19.410 --> 00:56:21.699 Organized interdisciplinary effort.  
NOTE Confidence: 0.7985316883333333

00:56:23.920 --> 00:56:26.468 To really advance our understanding of the  
NOTE Confidence: 0.7985316883333333

00:56:26.468 --> 00:56:28.310 neuroscience of cognition and behavior,  
NOTE Confidence: 0.7985316883333333

00:56:28.310 --> 00:56:30.606 I think this will be an enormous  
NOTE Confidence: 0.7985316883333333

00:56:30.606 --> 00:56:32.710 opportunity for faculty in our department.  
NOTE Confidence: 0.7985316883333333

00:56:32.710 --> 00:56:35.818 This is also been a year of  
NOTE Confidence: 0.7985316883333333

00:56:35.818 --> 00:56:38.520 extraordinary firsts for our department.  
NOTE Confidence: 0.7985316883333333

00:56:38.520 --> 00:56:42.293 This year's Indy Cristo was the first  
NOTE Confidence: 0.7985316883333333

00:56:42.293 --> 00:56:44.800 African American female professor  
NOTE Confidence: 0.7985316883333333

00:56:44.800 --> 00:56:46.360 in our department's history,  
NOTE Confidence: 0.7985316883333333

00:56:46.360 --> 00:56:50.239 and one of very few in the medical school,  
NOTE Confidence: 0.7985316883333333

00:56:50.240 --> 00:56:53.768 so we're really extremely proud of Cindy  
NOTE Confidence: 0.7985316883333333

00:56:53.768 --> 00:56:57.960 for her accomplishments and proud.  
NOTE Confidence: 0.7985316883333333

00:56:57.960 --> 00:57:00.640 That this.

NOTE Confidence: 0.798531688333333

00:57:00.640 --> 00:57:04.000 Step is finally accomplished for

NOTE Confidence: 0.798531688333333

00:57:04.000 --> 00:57:07.360 our department and we believe

NOTE Confidence: 0.798531688333333

00:57:07.472 --> 00:57:10.850 that many others will follow the

NOTE Confidence: 0.798531688333333

00:57:10.850 --> 00:57:13.870 path that Cindy has paved.

NOTE Confidence: 0.798531688333333

00:57:13.870 --> 00:57:16.590 I'm also extremely pleased to

NOTE Confidence: 0.798531688333333

00:57:16.590 --> 00:57:20.518 announce that that in July,

NOTE Confidence: 0.798531688333333

00:57:20.520 --> 00:57:24.244 niad E will be the first endowed

NOTE Confidence: 0.798531688333333

00:57:24.244 --> 00:57:25.932 Professor African American endowed

NOTE Confidence: 0.798531688333333

00:57:25.932 --> 00:57:27.468 professor in the department.

NOTE Confidence: 0.798531688333333

00:57:27.470 --> 00:57:30.248 He will be the Albert Ekent

NOTE Confidence: 0.798531688333333

00:57:30.248 --> 00:57:32.100 associate professor of psychiatry,

NOTE Confidence: 0.798531688333333

00:57:32.100 --> 00:57:34.354 and he will be assuming an important

NOTE Confidence: 0.798531688333333

00:57:34.354 --> 00:57:36.828 role in the Deans office as

NOTE Confidence: 0.798531688333333

00:57:36.828 --> 00:57:38.744 director of Scientific Scientists.

NOTE Confidence: 0.798531688333333

00:57:38.750 --> 00:57:41.648 Diversity inclusion for the medical school.

NOTE Confidence: 0.798531688333333

00:57:41.650 --> 00:57:45.590 So two very proud moments.  
NOTE Confidence: 0.798531688333333

00:57:45.590 --> 00:57:47.430 For our department this year.  
NOTE Confidence: 0.882839708

00:57:50.340 --> 00:57:52.674 This year a number of people  
NOTE Confidence: 0.882839708

00:57:52.674 --> 00:57:54.870 have stepped up to two.  
NOTE Confidence: 0.875608651875

00:57:56.970 --> 00:57:59.518 To fill in gaps that were vacated  
NOTE Confidence: 0.875608651875

00:57:59.518 --> 00:58:02.395 by the deaths of of our friends  
NOTE Confidence: 0.875608651875

00:58:02.395 --> 00:58:05.850 and colleagues. Marina pochoda.  
NOTE Confidence: 0.875608651875

00:58:05.850 --> 00:58:08.906 I stepped up as the director of the  
NOTE Confidence: 0.875608651875

00:58:08.906 --> 00:58:11.369 Abraham Ribicoff Research Laboratories,  
NOTE Confidence: 0.875608651875

00:58:11.370 --> 00:58:14.554 as she has already been the deputy chair  
NOTE Confidence: 0.875608651875

00:58:14.554 --> 00:58:17.578 for basic research in our department.  
NOTE Confidence: 0.875608651875

00:58:17.580 --> 00:58:19.420 This year, Chris Pittenger stepped  
NOTE Confidence: 0.875608651875

00:58:19.420 --> 00:58:22.381 up as the director of the Clinical  
NOTE Confidence: 0.875608651875

00:58:22.381 --> 00:58:23.959 Neuroscience Research Unit.  
NOTE Confidence: 0.875608651875

00:58:23.960 --> 00:58:28.139 He is promoted to professor this year  
NOTE Confidence: 0.875608651875

00:58:28.139 --> 00:58:31.630 and therefore is promoted to deputy

NOTE Confidence: 0.875608651875

00:58:31.630 --> 00:58:33.942 chair for Translational Research.

NOTE Confidence: 0.875608651875

00:58:33.950 --> 00:58:36.757 And in July he also will assume

NOTE Confidence: 0.875608651875

00:58:36.757 --> 00:58:37.960 the Elizabeth mirrors.

NOTE Confidence: 0.875608651875

00:58:37.960 --> 00:58:41.765 And how is Jamison Professorship

NOTE Confidence: 0.875608651875

00:58:41.765 --> 00:58:43.287 of Psychiatry?

NOTE Confidence: 0.875608651875

00:58:43.290 --> 00:58:45.940 I'm also thrilled that Mark

NOTE Confidence: 0.875608651875

00:58:45.940 --> 00:58:49.338 Atenza is our new.

NOTE Confidence: 0.875608651875

00:58:49.340 --> 00:58:51.325 Director of the Division of

NOTE Confidence: 0.875608651875

00:58:51.325 --> 00:58:52.516 Substance Abuse Research.

NOTE Confidence: 0.875608651875

00:58:52.520 --> 00:58:53.890 Mark is.

NOTE Confidence: 0.861852617391304

00:58:56.410 --> 00:58:58.978 Will be assuming the role that

NOTE Confidence: 0.861852617391304

00:58:58.978 --> 00:59:01.653 Stephanie O'Malley has led for many

NOTE Confidence: 0.861852617391304

00:59:01.653 --> 00:59:04.311 years and we thank Stephanie for

NOTE Confidence: 0.861852617391304

00:59:04.311 --> 00:59:06.249 her contributions in that role.

NOTE Confidence: 0.866632577777778

00:59:08.290 --> 00:59:11.181 This is also a year where our

NOTE Confidence: 0.866632577777778



00:59:11.181 --> 00:59:13.997 department alumni in a variety of  
NOTE Confidence: 0.866632577777778

00:59:13.997 --> 00:59:16.477 ways have have provided leadership.  
NOTE Confidence: 0.866632577777778

00:59:16.480 --> 00:59:18.559 Ellie Mccance Katz, who was a fellow  
NOTE Confidence: 0.866632577777778

00:59:18.559 --> 00:59:20.479 and faculty member in our department.  
NOTE Confidence: 0.866632577777778

00:59:20.480 --> 00:59:22.044 As you probably know,  
NOTE Confidence: 0.866632577777778

00:59:22.044 --> 00:59:23.999 was an assistant secretary for  
NOTE Confidence: 0.866632577777778

00:59:23.999 --> 00:59:25.850 mental Health and Addiction,  
NOTE Confidence: 0.866632577777778

00:59:25.850 --> 00:59:31.060 a substance abuse for HHS.  
NOTE Confidence: 0.866632577777778

00:59:31.060 --> 00:59:34.372 When she stepped down mean a visa lingam  
NOTE Confidence: 0.866632577777778

00:59:34.372 --> 00:59:37.791 who was a resident and fellow and  
NOTE Confidence: 0.866632577777778

00:59:37.791 --> 00:59:41.196 faculty member in our department and is  
NOTE Confidence: 0.866632577777778

00:59:41.196 --> 00:59:44.332 a captain in the Public health service,  
NOTE Confidence: 0.866632577777778

00:59:44.340 --> 00:59:47.172 stepped in and served as the  
NOTE Confidence: 0.866632577777778

00:59:47.172 --> 00:59:49.060 interim director of SAMHSA.  
NOTE Confidence: 0.866632577777778

00:59:49.060 --> 00:59:51.520 And as many of you know,  
NOTE Confidence: 0.866632577777778

00:59:51.520 --> 00:59:53.948 we're very thrilled that

NOTE Confidence: 0.866632577777778  
00:59:53.948 --> 00:59:55.769 Miriam Delphine Rittman,  
NOTE Confidence: 0.866632577777778  
00:59:55.770 --> 00:59:59.064 also a faculty member in our  
NOTE Confidence: 0.866632577777778  
00:59:59.064 --> 01:00:02.020 department fellow and faculty member,  
NOTE Confidence: 0.866632577777778  
01:00:02.020 --> 01:00:05.035 has been proposed by President  
NOTE Confidence: 0.866632577777778  
01:00:05.035 --> 01:00:09.708 Biden to be the next head of Samsa  
NOTE Confidence: 0.866632577777778  
01:00:09.710 --> 01:00:13.035 and her hearings for this role will  
NOTE Confidence: 0.866632577777778  
01:00:13.035 --> 01:00:16.440 be coming up in the near future.  
NOTE Confidence: 0.866632577777778  
01:00:16.440 --> 01:00:18.684 So we're we're thrilled.  
NOTE Confidence: 0.866632577777778  
01:00:18.684 --> 01:00:21.984 That Miriam will, will we hope,  
NOTE Confidence: 0.866632577777778  
01:00:21.984 --> 01:00:24.674 leads SAMHSA into the future.  
NOTE Confidence: 0.866632577777778  
01:00:24.680 --> 01:00:27.291 It's also been a year when we've  
NOTE Confidence: 0.866632577777778  
01:00:27.291 --> 01:00:28.410 recruited extraordinary faculty.  
NOTE Confidence: 0.866632577777778  
01:00:28.410 --> 01:00:30.310 I'd like to highlight the  
NOTE Confidence: 0.866632577777778  
01:00:30.310 --> 01:00:31.830 recruitment of Kristen Brennan,  
NOTE Confidence: 0.866632577777778  
01:00:31.830 --> 01:00:33.909 who has come and set up her  
NOTE Confidence: 0.866632577777778

01:00:33.909 --> 01:00:35.259 laboratory under very adverse  
NOTE Confidence: 0.866632577777778

01:00:35.259 --> 01:00:37.647 conditions and hit the ground running,  
NOTE Confidence: 0.866632577777778

01:00:37.650 --> 01:00:39.615 establishing of a number of  
NOTE Confidence: 0.866632577777778

01:00:39.615 --> 01:00:41.187 collaborations here at Yale,  
NOTE Confidence: 0.866632577777778

01:00:41.190 --> 01:00:41.572 Chris,  
NOTE Confidence: 0.866632577777778

01:00:41.572 --> 01:00:44.246 and is very known well known to  
NOTE Confidence: 0.866632577777778

01:00:44.246 --> 01:00:46.762 the neuro scientists in that  
NOTE Confidence: 0.866632577777778

01:00:46.762 --> 01:00:49.300 apartment and in the field.  
NOTE Confidence: 0.866632577777778

01:00:49.300 --> 01:00:52.510 Because of her discovery really  
NOTE Confidence: 0.866632577777778

01:00:52.510 --> 01:00:56.210 creating the first cells derived.  
NOTE Confidence: 0.866632577777778

01:00:56.210 --> 01:00:59.670 The nerve cells derived from.  
NOTE Confidence: 0.866632577777778

01:00:59.670 --> 01:01:01.495 In pluripotent stem cells that  
NOTE Confidence: 0.866632577777778

01:01:01.495 --> 01:01:03.790 can be obtained from the blood,  
NOTE Confidence: 0.866632577777778

01:01:03.790 --> 01:01:05.662 she obtained those tissues  
NOTE Confidence: 0.866632577777778

01:01:05.662 --> 01:01:07.534 from blood from people,  
NOTE Confidence: 0.866632577777778

01:01:07.540 --> 01:01:09.995 schizophrenia and drive nerve cells

NOTE Confidence: 0.866632577777778  
01:01:09.995 --> 01:01:12.450 from those cells which provide  
NOTE Confidence: 0.866632577777778  
01:01:12.532 --> 01:01:14.982 a new way to study the biology  
NOTE Confidence: 0.866632577777778  
01:01:14.982 --> 01:01:17.325 and the genetics of schizophrenia  
NOTE Confidence: 0.866632577777778  
01:01:17.325 --> 01:01:19.757 and other psychiatric disorders,  
NOTE Confidence: 0.866632577777778  
01:01:19.760 --> 01:01:21.780 and she's developing a program  
NOTE Confidence: 0.866632577777778  
01:01:21.780 --> 01:01:24.500 to not only study the biology,  
NOTE Confidence: 0.866632577777778  
01:01:24.500 --> 01:01:28.826 but also to screen novel therapeutics.  
NOTE Confidence: 0.866632577777778  
01:01:28.830 --> 01:01:32.330 For schizophrenia, using the nerve,  
NOTE Confidence: 0.866632577777778  
01:01:32.330 --> 01:01:34.562 collecting the stem cells,  
NOTE Confidence: 0.866632577777778  
01:01:34.562 --> 01:01:37.910 making nerve cells from them and  
NOTE Confidence: 0.866632577777778  
01:01:38.013 --> 01:01:41.350 then testing the efficacy of various  
NOTE Confidence: 0.866632577777778  
01:01:41.350 --> 01:01:44.650 kinds of treatments that can normalize  
NOTE Confidence: 0.866632577777778  
01:01:44.748 --> 01:01:47.678 the abnormalities in these cells.  
NOTE Confidence: 0.866632577777778  
01:01:47.680 --> 01:01:52.690 And Christians also able to collect.  
NOTE Confidence: 0.866632577777778  
01:01:52.690 --> 01:01:55.480 Stem cells from people without  
NOTE Confidence: 0.866632577777778

01:01:55.480 --> 01:01:57.712 schizophrenia and selectively introduce  
NOTE Confidence: 0.8666325777777778

01:01:57.712 --> 01:02:00.877 into those cells the mutations associated  
NOTE Confidence: 0.8666325777777778

01:02:00.877 --> 01:02:03.407 with the risk for schizophrenia  
NOTE Confidence: 0.8666325777777778

01:02:03.483 --> 01:02:05.786 and and then look gene by gene.  
NOTE Confidence: 0.8666325777777778

01:02:05.790 --> 01:02:08.254 How those how those the impact of  
NOTE Confidence: 0.8666325777777778

01:02:08.254 --> 01:02:10.726 the genetic risk creates biology that  
NOTE Confidence: 0.8666325777777778

01:02:10.726 --> 01:02:13.402 might be treated by novel treatment.  
NOTE Confidence: 0.8666325777777778

01:02:13.410 --> 01:02:15.858 So this is a very exciting new part of  
NOTE Confidence: 0.8666325777777778

01:02:15.858 --> 01:02:18.467 our department o'll research portfolio.  
NOTE Confidence: 0.8666325777777778

01:02:18.470 --> 01:02:20.785 We're thrilled to have Kristen  
NOTE Confidence: 0.8666325777777778

01:02:20.785 --> 01:02:23.100 in our department as well.  
NOTE Confidence: 0.8666325777777778

01:02:23.100 --> 01:02:26.817 Also pleased to announce 2 new endowed  
NOTE Confidence: 0.8666325777777778

01:02:26.817 --> 01:02:30.110 lectures one by that are both came  
NOTE Confidence: 0.8666325777777778

01:02:30.110 --> 01:02:33.260 through the good auspices of of Byram.  
NOTE Confidence: 0.8666325777777778

01:02:33.260 --> 01:02:33.718 Karasu,  
NOTE Confidence: 0.8666325777777778

01:02:33.718 --> 01:02:36.924 who is an alumnus of our department,

NOTE Confidence: 0.866632577777778  
01:02:36.930 --> 01:02:40.155 the long Standing chair of  
NOTE Confidence: 0.866632577777778  
01:02:40.155 --> 01:02:42.162 Psychiatry at Albert Einstein,  
NOTE Confidence: 0.866632577777778  
01:02:42.162 --> 01:02:44.886 where he was also distinguished Professor  
NOTE Confidence: 0.866632577777778  
01:02:44.886 --> 01:02:47.739 Emeritus now and Dorothy and Marty Silverman,  
NOTE Confidence: 0.866632577777778  
01:02:47.740 --> 01:02:49.070 Professor Emeritus.  
NOTE Confidence: 0.866632577777778  
01:02:49.070 --> 01:02:51.730 Is endowed two lectures.  
NOTE Confidence: 0.866632577777778  
01:02:51.730 --> 01:02:55.866 The first has already taken place where David  
NOTE Confidence: 0.866632577777778  
01:02:55.866 --> 01:02:58.987 Ross interviewed Irvin Yalom a wonderful,  
NOTE Confidence: 0.866632577777778  
01:02:58.990 --> 01:03:04.094 wonderful lecture and that is  
NOTE Confidence: 0.866632577777778  
01:03:04.094 --> 01:03:06.896 related to one lecture focused on  
NOTE Confidence: 0.866632577777778  
01:03:06.896 --> 01:03:08.906 psychosocial aspects of psychiatry  
NOTE Confidence: 0.866632577777778  
01:03:08.906 --> 01:03:11.391 psychotherapy in the humanities and  
NOTE Confidence: 0.866632577777778  
01:03:11.391 --> 01:03:14.770 a second lecture which will be on  
NOTE Confidence: 0.866632577777778  
01:03:14.770 --> 01:03:17.590 which is devoted to leadership and  
NOTE Confidence: 0.880492305833333  
01:03:17.684 --> 01:03:19.400 the speaker. Inaugural speaker  
NOTE Confidence: 0.880492305833333

01:03:19.400 --> 01:03:21.230 for that lecture will be Mary  
NOTE Confidence: 0.880492305833333

01:03:21.230 --> 01:03:22.717 Gentile who is a well known.  
NOTE Confidence: 0.866873184285714

01:03:25.330 --> 01:03:26.293 Expert in leadership.  
NOTE Confidence: 0.866873184285714

01:03:26.293 --> 01:03:28.219 She's on in the Business School  
NOTE Confidence: 0.866873184285714

01:03:28.219 --> 01:03:30.149 at the University of Virginia,  
NOTE Confidence: 0.866873184285714

01:03:30.150 --> 01:03:32.028 and she's going to be talking  
NOTE Confidence: 0.866873184285714

01:03:32.028 --> 01:03:33.280 about how organizations can  
NOTE Confidence: 0.866873184285714

01:03:33.342 --> 01:03:35.058 give voice to values and how  
NOTE Confidence: 0.866873184285714

01:03:35.058 --> 01:03:36.700 leadership plays a role in that.  
NOTE Confidence: 0.931238133333333

01:03:40.320 --> 01:03:41.820 I'm not sure.  
NOTE Confidence: 0.931238133333333

01:03:41.820 --> 01:03:44.016 I know you know you're good.  
NOTE Confidence: 0.931238133333333

01:03:44.020 --> 01:03:46.988 But I'm not sure you know, as a community,  
NOTE Confidence: 0.931238133333333

01:03:46.988 --> 01:03:49.368 how truly exceptional you are.  
NOTE Confidence: 0.931238133333333

01:03:49.370 --> 01:03:52.385 And what I'd like to do in the next.  
NOTE Confidence: 0.931238133333333

01:03:52.390 --> 01:03:56.860 Bed is just review the incredible  
NOTE Confidence: 0.931238133333333

01:03:56.860 --> 01:03:59.095 array of accomplishments.

NOTE Confidence: 0.9312381333333333

01:03:59.100 --> 01:04:03.438 That are faculty trainees and staff.

NOTE Confidence: 0.9312381333333333

01:04:03.440 --> 01:04:06.020 Have been engaged in or received

NOTE Confidence: 0.9312381333333333

01:04:06.020 --> 01:04:10.310 over the years, and so this is just.

NOTE Confidence: 0.9312381333333333

01:04:10.310 --> 01:04:13.886 From this year this academic year.

NOTE Confidence: 0.9312381333333333

01:04:13.890 --> 01:04:18.590 Anne. I think you'll be as

NOTE Confidence: 0.9312381333333333

01:04:18.590 --> 01:04:22.040 impressed as I am to appreciate.

NOTE Confidence: 0.9312381333333333

01:04:22.040 --> 01:04:25.360 How everyone nearly everyone in

NOTE Confidence: 0.9312381333333333

01:04:25.360 --> 01:04:30.560 our community has contributed.

NOTE Confidence: 0.9312381333333333

01:04:30.560 --> 01:04:33.367 In in each in their own unique

NOTE Confidence: 0.9312381333333333

01:04:33.367 --> 01:04:37.168 ways to making us a community of

NOTE Confidence: 0.9312381333333333

01:04:37.168 --> 01:04:39.668 outstanding accomplishment and impact.

NOTE Confidence: 0.94224006

01:04:51.020 --> 01:04:54.320 Again, another group of accomplishments.

NOTE Confidence: 0.94224006

01:04:54.320 --> 01:04:56.959 I'd like to highlight Cindy's crew Cindy

NOTE Confidence: 0.94224006

01:04:56.960 --> 01:05:00.280 Cousteau's selection as an Elam fellow,

NOTE Confidence: 0.94224006

01:05:00.280 --> 01:05:06.073 this is a very high honor for for women,

NOTE Confidence: 0.94224006



01:05:06.073 --> 01:05:11.180 leaders and. Congratulations to her on that.

NOTE Confidence: 0.816335836

01:05:20.240 --> 01:05:23.972 Again, an incredible array of honors

NOTE Confidence: 0.816335836

01:05:23.972 --> 01:05:26.941 and awards and accomplishments among

NOTE Confidence: 0.816335836

01:05:26.941 --> 01:05:30.308 our faculty, all just from this year.

NOTE Confidence: 0.81111221

01:05:42.520 --> 01:05:45.544 Again, more accomplishments,

NOTE Confidence: 0.81111221

01:05:45.544 --> 01:05:50.470 more honors, more more,

NOTE Confidence: 0.81111221

01:05:50.470 --> 01:05:53.380 more accomplishments.

NOTE Confidence: 0.81111221

01:05:53.380 --> 01:05:57.518 This is really a truly we are truly.

NOTE Confidence: 0.81111221

01:05:57.518 --> 01:06:01.154 Blessed to have such wonderful colleagues.

NOTE Confidence: 0.81111221

01:06:01.160 --> 01:06:04.800 To have such outstanding.

NOTE Confidence: 0.81111221

01:06:04.800 --> 01:06:09.760 Trainees to have such exceptional mentors.

NOTE Confidence: 0.81111221

01:06:09.760 --> 01:06:15.255 Uhm? It is the IT is the.

NOTE Confidence: 0.81111221

01:06:15.260 --> 01:06:19.868 It is the one of the most impressive

NOTE Confidence: 0.81111221

01:06:19.868 --> 01:06:23.360 aspects of of what we do. So.

NOTE Confidence: 0.81111221

01:06:23.360 --> 01:06:26.300 This has been a terrible year.

NOTE Confidence: 0.920814956666667

01:06:28.700 --> 01:06:31.880 Despite all that we've been through.

NOTE Confidence: 0.920814956666667  
01:06:31.880 --> 01:06:34.190 We remain a Community of excellence,  
NOTE Confidence: 0.920814956666667  
01:06:34.190 --> 01:06:37.709 innovation, and impact.  
NOTE Confidence: 0.920814956666667  
01:06:37.710 --> 01:06:41.472 And we become we as a community become better  
NOTE Confidence: 0.920814956666667  
01:06:41.480 --> 01:06:45.155 as everyone is well welcomed and respected.  
NOTE Confidence: 0.920814956666667  
01:06:45.160 --> 01:06:50.340 Everyone contributes. Everyone has access.  
NOTE Confidence: 0.920814956666667  
01:06:50.340 --> 01:06:52.188 Everyone is paid fairly.  
NOTE Confidence: 0.920814956666667  
01:06:52.188 --> 01:06:54.960 And whereas we hold ourselves to  
NOTE Confidence: 0.920814956666667  
01:06:55.045 --> 01:06:57.557 the highest possible standards.  
NOTE Confidence: 0.920814956666667  
01:06:57.560 --> 01:07:02.200 For. For professionalism.  
NOTE Confidence: 0.920814956666667  
01:07:02.200 --> 01:07:05.794 We we hope that we are.  
NOTE Confidence: 0.920814956666667  
01:07:05.794 --> 01:07:09.188 We know we are on a growing. Process.  
NOTE Confidence: 0.920814956666667  
01:07:09.188 --> 01:07:13.776 We have been through the beginnings  
NOTE Confidence: 0.920814956666667  
01:07:13.776 --> 01:07:16.648 of transformation o'll change.  
NOTE Confidence: 0.920814956666667  
01:07:16.650 --> 01:07:19.764 We hope to work on all aspects of our  
NOTE Confidence: 0.920814956666667  
01:07:19.764 --> 01:07:22.189 mission to make them more diverse,  
NOTE Confidence: 0.920814956666667

01:07:22.190 --> 01:07:25.050 more inclusive.  
NOTE Confidence: 0.920814956666667

01:07:25.050 --> 01:07:29.410 More welcoming more equitable.  
NOTE Confidence: 0.920814956666667

01:07:29.410 --> 01:07:33.190 Uhm? Ann, I want to thank.  
NOTE Confidence: 0.920814956666667

01:07:33.190 --> 01:07:34.826 Everyone on the call.  
NOTE Confidence: 0.920814956666667

01:07:34.826 --> 01:07:37.970 For joining me in this important journey.  
NOTE Confidence: 0.9005889

01:07:40.950 --> 01:07:47.209 So. That is. That is the.  
NOTE Confidence: 0.9243575125

01:07:51.980 --> 01:07:54.260 The presentation this year.  
NOTE Confidence: 0.888154721428571

01:07:57.120 --> 01:08:00.004 I'm now just getting to the chat.  
NOTE Confidence: 0.888154721428571

01:08:00.010 --> 01:08:02.140 I apologize for not being able  
NOTE Confidence: 0.888154721428571

01:08:02.140 --> 01:08:04.719 to look look at it before but.  
NOTE Confidence: 0.888154721428571

01:08:04.720 --> 01:08:07.640 But again, want to thank the folks who  
NOTE Confidence: 0.888154721428571

01:08:07.640 --> 01:08:10.283 made those incredible videos that started  
NOTE Confidence: 0.888154721428571

01:08:10.283 --> 01:08:13.874 us off today and reminded us of who we  
NOTE Confidence: 0.888154721428571

01:08:13.874 --> 01:08:16.778 are and what we're doing. And again.  
NOTE Confidence: 0.888154721428571

01:08:16.778 --> 01:08:20.130 I thank all of you for listening and  
NOTE Confidence: 0.888154721428571

01:08:20.222 --> 01:08:23.492 for your contributions during this

NOTE Confidence: 0.888154721428571

01:08:23.492 --> 01:08:27.050 important and challenging year. So.

NOTE Confidence: 0.932397985

01:08:31.680 --> 01:08:32.568 I think that's it.

NOTE Confidence: 0.919123974

01:08:34.590 --> 01:08:36.760 Thank you all. Take care.

NOTE Confidence: 0.919123974

01:08:36.760 --> 01:08:38.998 Take care everyone.