WEBVTT

NOTE duration: "00:07:15.6800000"

NOTE language:en-us

NOTE Confidence: 0.8662191

 $00:00:02.480 \longrightarrow 00:00:04.355$ Hello, thank you for coming

NOTE Confidence: 0.8662191

 $00:00:04.355 \longrightarrow 00:00:05.855$ to my virtual poster.

NOTE Confidence: 0.8662191

 $00:00:05.860 \longrightarrow 00:00:07.760$ It's great to have the

NOTE Confidence: 0.8662191

 $00{:}00{:}07.760 \dashrightarrow 00{:}00{:}09.660$ opportunity to tell you about

NOTE Confidence: 0.8662191

 $00:00:09.741 \longrightarrow 00:00:12.226$ the research that my lab is doing.

NOTE Confidence: 0.8662191

 $00:00:12.230 \longrightarrow 00:00:14.186$ We use zebrafish as a model

NOTE Confidence: 0.8662191

 $00{:}00{:}14.186 \dashrightarrow 00{:}00{:}16.421$ system to help us to understand

NOTE Confidence: 0.8662191

00:00:16.421 --> 00:00:18.977 more about the biology of autism.

NOTE Confidence: 0.8662191

 $00:00:18.980 \longrightarrow 00:00:22.058$ So just walk you through my poster to so

NOTE Confidence: 0.8662191

 $00:00:22.058 \longrightarrow 00:00:25.359$ to give you a little bit of background.

NOTE Confidence: 0.8662191

 $00:00:25.360 \longrightarrow 00:00:26.539$ In recent years,

NOTE Confidence: 0.8662191

 $00:00:26.539 \longrightarrow 00:00:28.504$ we've identified over 100 genes

NOTE Confidence: 0.8662191

 $00:00:28.504 \longrightarrow 00:00:30.250$ that are strongly associated

NOTE Confidence: 0.8662191

 $00:00:30.250 \longrightarrow 00:00:32.465$ with the risk for autism.

 $00:00:32.470 \longrightarrow 00:00:34.846$ But we really don't have an

NOTE Confidence: 0.8662191

 $00:00:34.846 \longrightarrow 00:00:36.430$ understanding of what these

NOTE Confidence: 0.8662191

00:00:36.510 --> 00:00:38.886 genes do in the developing brain,

NOTE Confidence: 0.8662191

 $00:00:38.890 \longrightarrow 00:00:41.869$ and so our goal is to to use a

NOTE Confidence: 0.8662191

 $00:00:41.869 \longrightarrow 00:00:43.538$ relatively simple nervous system

NOTE Confidence: 0.8662191

 $00:00:43.538 \longrightarrow 00:00:46.996$ model system to try to help us to

NOTE Confidence: 0.8662191

 $00:00:46.996 \longrightarrow 00:00:49.176$ understand more about what these

NOTE Confidence: 0.8662191

00:00:49.176 --> 00:00:51.540 jeans are doing in the developing

NOTE Confidence: 0.8662191

00:00:51.540 --> 00:00:54.020 vertebrate brain as a path to gain a

NOTE Confidence: 0.8662191

 $00:00:54.086 \longrightarrow 00:00:55.941$ better understanding of the biology

NOTE Confidence: 0.8662191

 $00{:}00{:}55.941 \dashrightarrow 00{:}00{:}58.530$ of autism and to possibly develop

NOTE Confidence: 0.8662191

 $00:00:58.530 \longrightarrow 00:01:00.537$ improved pharmacological treatments.

NOTE Confidence: 0.8662191

 $00:01:00.540 \longrightarrow 00:01:02.946$ So why do we study zebrafish?

NOTE Confidence: 0.8662191

 $00:01:02.950 \dashrightarrow 00:01:05.350$ There are really three key advantages.

NOTE Confidence: 0.8662191

 $00:01:05.350 \longrightarrow 00:01:05.808$ One.

00:01:05.808 --> 00:01:07.640 They have external development

NOTE Confidence: 0.8662191

 $00:01:07.640 \longrightarrow 00:01:09.930$ of transparent embryos so they're

NOTE Confidence: 0.8662191

00:01:10.003 --> 00:01:11.199 fully transparent,

NOTE Confidence: 0.8662191

 $00:01:11.200 \longrightarrow 00:01:15.960$ so we can visualize in real time what it is.

NOTE Confidence: 0.8662191

00:01:15.960 --> 00:01:17.780 A developing vertebrate brain.

NOTE Confidence: 0.8662191

00:01:17.780 --> 00:01:20.055 We can visualize basic neural

NOTE Confidence: 0.8662191

00:01:20.055 --> 00:01:21.190 developmental processes.

NOTE Confidence: 0.8662191

00:01:21.190 --> 00:01:23.570 Second, zebrafish are highly tractable,

NOTE Confidence: 0.8662191

 $00{:}01{:}23.570 --> 00{:}01{:}26.545$ so they're easy for to use for

NOTE Confidence: 0.8662191

 $00:01:26.545 \longrightarrow 00:01:28.997$ performing large scale drug screens

NOTE Confidence: 0.8662191

 $00:01:28.997 \longrightarrow 00:01:31.189$ to identify novel compounds.

NOTE Confidence: 0.8662191

00:01:31.190 --> 00:01:32.070 And finally,

NOTE Confidence: 0.8662191

 $00:01:32.070 \longrightarrow 00:01:34.270$ with the introduction of crisper

NOTE Confidence: 0.8662191

 $00{:}01{:}34.270 \dashrightarrow 00{:}01{:}37.030$ as a gene targeting method.

NOTE Confidence: 0.8662191

 $00:01:37.030 \longrightarrow 00:01:39.580$ It's possible to to easily genetically

NOTE Confidence: 0.8662191

 $00:01:39.580 \longrightarrow 00:01:41.692$ manipulate the zebrafish so that

00:01:41.692 --> 00:01:43.738 we can disrupt the function of

NOTE Confidence: 0.8662191

 $00:01:43.738 \longrightarrow 00:01:45.220$ these autism risk genes.

NOTE Confidence: 0.8662191

00:01:45.220 --> 00:01:46.504 And to date,

NOTE Confidence: 0.8662191

 $00:01:46.504 \longrightarrow 00:01:48.644$ my lab has already generated

NOTE Confidence: 0.8662191

 $00:01:48.644 \longrightarrow 00:01:51.264$ zebrafish mutants in at least 10

NOTE Confidence: 0.8662191

00:01:51.264 --> 00:01:52.948 different high confidence autism

NOTE Confidence: 0.8662191

 $00:01:52.948 \longrightarrow 00:01:55.698$ risk genes and so to give you an

NOTE Confidence: 0.8662191

00:01:55.698 --> 00:01:57.282 over overview of the workflow,

NOTE Confidence: 0.8662191

 $00:01:57.282 \longrightarrow 00:02:00.178$ if you look at the central panel and

NOTE Confidence: 0.8662191

 $00{:}02{:}00.178 \dashrightarrow 00{:}02{:}03.132$ the idea is that we generate these

NOTE Confidence: 0.8662191

 $00:02:03.132 \longrightarrow 00:02:05.297$ zebrafish mutants that lack the

NOTE Confidence: 0.8662191

 $00:02:05.297 \longrightarrow 00:02:07.775$ function of these autism risk genes.

NOTE Confidence: 0.8662191

 $00{:}02{:}07.780 \dashrightarrow 00{:}02{:}10.288$ And then we take advantage of

NOTE Confidence: 0.8662191

 $00:02:10.288 \longrightarrow 00:02:11.542$ their transparent embryos.

NOTE Confidence: 0.8662191

 $00:02:11.550 \longrightarrow 00:02:14.268$ The ability to visualize the entire

00:02:14.268 --> 00:02:16.531 brain during development so that

NOTE Confidence: 0.8662191

 $00:02:16.531 \longrightarrow 00:02:19.149$ we can see how the disruption of

NOTE Confidence: 0.8662191

 $00:02:19.149 \longrightarrow 00:02:21.408$ these specific genes affects the

NOTE Confidence: 0.8662191

 $00:02:21.408 \longrightarrow 00:02:24.282$ development of specific neural cell types.

NOTE Confidence: 0.8662191

 $00:02:24.290 \longrightarrow 00:02:26.648$ And then we can also perform

NOTE Confidence: 0.8662191

00:02:26.648 --> 00:02:28.719 these large scale behavior based

NOTE Confidence: 0.8662191

 $00{:}02{:}28.719 \dashrightarrow 00{:}02{:}31.287$ drug screens where we can pipette

NOTE Confidence: 0.8662191

 $00:02:31.287 \longrightarrow 00:02:33.679$ individual fish into the wells of

NOTE Confidence: 0.8662191

 $00{:}02{:}33.679 \dashrightarrow 00{:}02{:}36.080$ a 96 well plate and track different

NOTE Confidence: 0.8662191

 $00:02:36.080 \longrightarrow 00:02:38.005$ aspects of their locomotor activity

NOTE Confidence: 0.8662191

 $00{:}02{:}38.005 \dashrightarrow 00{:}02{:}40.787$ and ask how that changes when these

NOTE Confidence: 0.8662191

 $00{:}02{:}40.787 \dashrightarrow 00{:}02{:}43.145$ autism risk genes are not functioning.

NOTE Confidence: 0.8662191

 $00:02:43.150 \longrightarrow 00:02:45.508$ So how does this affect as

NOTE Confidence: 0.8662191

 $00{:}02{:}45.508 \dashrightarrow 00{:}02{:}46.687$ simple behavioral circuits?

NOTE Confidence: 0.8662191

 $00:02:46.690 \longrightarrow 00:02:48.986$ And then we can use this as the

NOTE Confidence: 0.8662191

 $00{:}02{:}48.986 \dashrightarrow 00{:}02{:}50.685$ basis for screening different

00:02:50.685 --> 00:02:52.785 compounds to identify potential

NOTE Confidence: 0.8662191

 $00{:}02{:}52.785 \dashrightarrow 00{:}02{:}55.788$ drug candidates that we could then

NOTE Confidence: 0.8662191

 $00{:}02{:}55.788 \to 00{:}02{:}58.260$ test further in the million systems.

NOTE Confidence: 0.8662191

 $00:02:58.260 \longrightarrow 00:03:00.340$ And so here's an overview.

NOTE Confidence: 0.8662191

 $00:03:00.340 \longrightarrow 00:03:03.000$ What we're doing in terms of the

NOTE Confidence: 0.8662191

 $00:03:03.000 \longrightarrow 00:03:04.920$ aims of our project.

NOTE Confidence: 0.8662191

 $00:03:04.920 \longrightarrow 00:03:07.209$ We were going to use all these

NOTE Confidence: 0.8662191

 $00:03:07.209 \longrightarrow 00:03:09.186$ autism risk gene mutants identified

NOTE Confidence: 0.8662191

 $00:03:09.186 \longrightarrow 00:03:11.486$ differences in their brain structures

NOTE Confidence: 0.8662191

 $00{:}03{:}11.486 \dashrightarrow 00{:}03{:}14.295$ so we can understand more about

NOTE Confidence: 0.8662191

 $00:03:14.295 \longrightarrow 00:03:16.560$ how these genes affect effect.

NOTE Confidence: 0.8662191

00:03:16.560 --> 00:03:17.724 Overall, brain development,

NOTE Confidence: 0.8662191

 $00{:}03{:}17.724 \dashrightarrow 00{:}03{:}20.898$ brain structure and to see if we can

NOTE Confidence: 0.8662191

 $00:03:20.898 \longrightarrow 00:03:22.868$ identify commonality's in terms of

NOTE Confidence: 0.8662191

 $00:03:22.868 \longrightarrow 00:03:25.591$ how these genes affect affect brain

00:03:25.591 --> 00:03:28.018 development. Second, we're going to.

NOTE Confidence: 0.8662191

00:03:28.018 --> 00:03:29.434 As I said,

NOTE Confidence: 0.8269625

 $00:03:29.440 \longrightarrow 00:03:32.198$ do large scale drug screens to identify

NOTE Confidence: 0.8269625

 $00:03:32.198 \longrightarrow 00:03:34.711$ compounds that might that might reverse

NOTE Confidence: 0.8269625

 $00:03:34.711 \longrightarrow 00:03:37.651$ abnormalities in the behaviors of these fish.

NOTE Confidence: 0.8269625

 $00:03:37.660 \longrightarrow 00:03:40.537$ So we look at very simple behaviors

NOTE Confidence: 0.8269625

 $00{:}03{:}40.537 \dashrightarrow 00{:}03{:}42.596$ like rest, wake behavior, rest,

NOTE Confidence: 0.8269625

 $00:03:42.596 \longrightarrow 00:03:44.455$ wake circuitry, and visual startle

NOTE Confidence: 0.8269625

 $00{:}03{:}44.455 \dashrightarrow 00{:}03{:}46.525$ circuitry as a readout of looking

NOTE Confidence: 0.8269625

 $00:03:46.525 \longrightarrow 00:03:48.759$ at sensory processing behaviors.

NOTE Confidence: 0.8269625

 $00{:}03{:}48.760 \dashrightarrow 00{:}03{:}50.755$ And finally, because zebrafish are

NOTE Confidence: 0.8269625

 $00:03:50.755 \longrightarrow 00:03:53.236$ fully transparent and they have a

NOTE Confidence: 0.8269625

00:03:53.236 --> 00:03:54.928 relatively simple nervous system,

NOTE Confidence: 0.8269625

 $00:03:54.930 \longrightarrow 00:03:57.898$ we can visualize changes in brain activity.

NOTE Confidence: 0.8269625

00:03:57.900 --> 00:04:00.875 In real time in awake behaving zebrafish,

NOTE Confidence: 0.8269625

00:04:00.880 --> 00:04:03.814 I'm using a new microscope technology

 $00:04:03.814 \longrightarrow 00:04:06.910$ that my lab is developing.

NOTE Confidence: 0.8269625

00:04:06.910 --> 00:04:09.118 And so I'll take you over

NOTE Confidence: 0.8269625

00:04:09.118 --> 00:04:11.200 to the right hand panel,

NOTE Confidence: 0.8269625

 $00:04:11.200 \longrightarrow 00:04:13.510$ take you through some of our our

NOTE Confidence: 0.8269625

 $00{:}04{:}13.510 \dashrightarrow 00{:}04{:}16.000$ results so some of our published data

NOTE Confidence: 0.8269625

 $00:04:16.000 \longrightarrow 00:04:18.688$ has shown that when we disrupt one

NOTE Confidence: 0.8269625

00:04:18.688 --> 00:04:20.560 particular gene that's associated

NOTE Confidence: 0.8269625

00:04:20.560 --> 00:04:22.900 with both autism and epilepsy,

NOTE Confidence: 0.8269625

00:04:22.900 --> 00:04:24.300 contacta associated protein two,

NOTE Confidence: 0.8269625

 $00:04:24.300 \longrightarrow 00:04:25.700$ that this disruption

NOTE Confidence: 0.8269625

 $00:04:25.700 \longrightarrow 00:04:27.190$ leads to abnormalities,

NOTE Confidence: 0.8269625

00:04:27.190 --> 00:04:28.360 particularly in inhibitory

NOTE Confidence: 0.8269625

 $00{:}04{:}28.360 \dashrightarrow 00{:}04{:}29.920$ neurons in the forebrain.

NOTE Confidence: 0.8269625

 $00:04:29.920 \longrightarrow 00:04:32.461$ So what you're looking at here are

NOTE Confidence: 0.8269625

 $00:04:32.461 \longrightarrow 00:04:34.910$ transgenic lines that allow us to

 $00:04:34.910 \longrightarrow 00:04:37.060$ visualize these different populations of.

NOTE Confidence: 0.8269625

 $00{:}04{:}37.060 \dashrightarrow 00{:}04{:}39.028$ Nerve cells and what we can see is

NOTE Confidence: 0.8269625

 $00:04:39.028 \longrightarrow 00:04:41.252$ that in the forebrain when we disrupt

NOTE Confidence: 0.8269625

00:04:41.252 --> 00:04:43.570 the function of this autism risk gene,

NOTE Confidence: 0.8269625

 $00:04:43.570 \longrightarrow 00:04:46.265$ it leads to a loss of these

NOTE Confidence: 0.8269625

 $00:04:46.265 \longrightarrow 00:04:47.035$ inhibitory neurons.

NOTE Confidence: 0.8269625

 $00:04:47.040 \longrightarrow 00:04:49.248$ I'm second in the same fish.

NOTE Confidence: 0.8269625

 $00:04:49.250 \longrightarrow 00:04:51.296$ We performed a large scale behavior

NOTE Confidence: 0.8269625

 $00:04:51.296 \longrightarrow 00:04:53.680$ based drug screen and interesting Lee.

NOTE Confidence: 0.8269625

 $00:04:53.680 \longrightarrow 00:04:55.702$ What we found was that drugs

NOTE Confidence: 0.8269625

 $00{:}04{:}55.702 \dashrightarrow 00{:}04{:}57.503$ that had estrogenic activity were

NOTE Confidence: 0.8269625

 $00:04:57.503 \longrightarrow 00:04:59.453$ able to suppress the behavioral

NOTE Confidence: 0.8269625

 $00:04:59.453 \longrightarrow 00:05:01.447$ abnormalities in these mutant fish

NOTE Confidence: 0.8269625

 $00:05:01.447 \longrightarrow 00:05:03.649$ and so specifically we finally found

NOTE Confidence: 0.8269625

 $00:05:03.649 \longrightarrow 00:05:06.222$ that disrupting this gene led to a

NOTE Confidence: 0.8269625

 $00:05:06.222 \longrightarrow 00:05:07.694$ phenotype of nighttime hyperactivity.

 $00:05:07.700 \longrightarrow 00:05:09.674$ So these fish were two active

NOTE Confidence: 0.8269625

 $00{:}05{:}09.674 \dashrightarrow 00{:}05{:}12.083$ during the night and what we found

NOTE Confidence: 0.8269625

 $00:05:12.083 \longrightarrow 00:05:14.135$ through our screen was that drugs

NOTE Confidence: 0.8269625

00:05:14.135 --> 00:05:16.486 that had estrogenic activity were

NOTE Confidence: 0.8269625

 $00:05:16.486 \longrightarrow 00:05:18.426$ able to specifically suppress.

NOTE Confidence: 0.8269625

 $00{:}05{:}18.430 \dashrightarrow 00{:}05{:}20.686$ That phenotype and so now through

NOTE Confidence: 0.8269625

 $00:05:20.686 \longrightarrow 00:05:22.190$ collaborations we are testing

NOTE Confidence: 0.8269625

 $00{:}05{:}22.250 \dashrightarrow 00{:}05{:}24.504$ these drugs in a mouse model of

NOTE Confidence: 0.8269625

 $00{:}05{:}24.504 \dashrightarrow 00{:}05{:}26.010$ contact and associated protein.

NOTE Confidence: 0.8269625

 $00{:}05{:}26.010 \dashrightarrow 00{:}05{:}28.327$ Two to see if this candidate molecule

NOTE Confidence: 0.8269625

 $00{:}05{:}28.327 \dashrightarrow 00{:}05{:}30.175$ that we identify Nurse screen

NOTE Confidence: 0.8269625

 $00{:}05{:}30.175 \dashrightarrow 00{:}05{:}32.145$ can translate 2 million systems.

NOTE Confidence: 0.8269625

 $00{:}05{:}32.150 \dashrightarrow 00{:}05{:}34.436$ And finally we're now looking across

NOTE Confidence: 0.8269625

 $00:05:34.436 \longrightarrow 00:05:36.621$ all of our different autism risk

NOTE Confidence: 0.8269625

 $00:05:36.621 \longrightarrow 00:05:39.447$ gene mutants to try to see if we can

 $00:05:39.447 \longrightarrow 00:05:42.254$ identify what we call points of convergence.

NOTE Confidence: 0.8269625

 $00:05:42.260 \longrightarrow 00:05:44.325$ Can we see similarities in the way

NOTE Confidence: 0.8269625

 $00:05:44.325 \longrightarrow 00:05:46.216$ that these genes affect simple

NOTE Confidence: 0.8269625

 $00:05:46.216 \longrightarrow 00:05:48.566$ behavioral circuits at the behavioral

NOTE Confidence: 0.8269625

00:05:48.566 --> 00:05:49.506 circuits controlling?

NOTE Confidence: 0.8269625

 $00:05:49.510 \longrightarrow 00:05:50.142$ The processing,

NOTE Confidence: 0.8269625

 $00:05:50.142 \longrightarrow 00:05:53.156$ and So what we're able to do is identify

NOTE Confidence: 0.8269625

 $00:05:53.156 \longrightarrow 00:05:55.658$ what we call a behavioral fingerprint

NOTE Confidence: 0.8269625

 $00:05:55.658 \longrightarrow 00:05:58.066$ for each mutant associated with the

NOTE Confidence: 0.8269625

00:05:58.066 --> 00:06:00.607 loss of function of each risk gene

NOTE Confidence: 0.8269625

 $00{:}06{:}00.610 \dashrightarrow 00{:}06{:}02.460$ using very simple behavioral assays.

NOTE Confidence: 0.8269625

 $00:06:02.460 \longrightarrow 00:06:03.591$ Looking at rest,

NOTE Confidence: 0.8269625

 $00:06:03.591 \longrightarrow 00:06:05.476$ wake activity or visual startle

NOTE Confidence: 0.8269625

 $00:06:05.476 \longrightarrow 00:06:07.654$ activity to begin to identify ways

NOTE Confidence: 0.8269625

 $00:06:07.654 \longrightarrow 00:06:09.688$ in which these genes affect the

NOTE Confidence: 0.8269625

00:06:09.759 --> 00:06:11.709 nervous system in similar ways,

 $00:06:11.710 \longrightarrow 00:06:13.985$ and we're going to use these points

NOTE Confidence: 0.8269625

 $00:06:13.985 \longrightarrow 00:06:15.830$ of conversions and these behavioral

NOTE Confidence: 0.8269625

 $00:06:15.830 \longrightarrow 00:06:18.248$ fingerprints as a way of identifying

NOTE Confidence: 0.8269625

00:06:18.248 --> 00:06:20.018 potential new pharmacological candidates

NOTE Confidence: 0.8269625

 $00:06:20.018 \longrightarrow 00:06:23.154$ that we're currently testing in the lab.

NOTE Confidence: 0.8269625

 $00:06:23.160 \longrightarrow 00:06:25.440$ And in terms of the future

NOTE Confidence: 0.8269625

 $00:06:25.440 \longrightarrow 00:06:26.960$ directions of the work,

NOTE Confidence: 0.8269625

 $00:06:26.960 \longrightarrow 00:06:29.048$ we're now testing compounds that we

NOTE Confidence: 0.8269625

00:06:29.048 --> 00:06:31.243 think could be potential drug candidates

NOTE Confidence: 0.8269625

 $00{:}06{:}31.243 \dashrightarrow 00{:}06{:}33.098$ that target these neural circuit

NOTE Confidence: 0.8269625

 $00:06:33.098 \longrightarrow 00:06:35.319$ deficits in the zebrafish mutants.

NOTE Confidence: 0.8269625

 $00:06:35.320 \longrightarrow 00:06:37.498$ And we're developing an in collaboration

NOTE Confidence: 0.8269625

 $00{:}06{:}37.498 \dashrightarrow 00{:}06{:}40.258$ with the Yale Center for Neuro Technology,

NOTE Confidence: 0.8269625

 $00:06:40.260 \longrightarrow 00:06:42.612$ and you two photon light sheet

NOTE Confidence: 0.8269625

 $00:06:42.612 \longrightarrow 00:06:44.180$ microscope that will allow

 $00:06:44.253 \longrightarrow 00:06:47.286$ us to image the entire brain of an awake

NOTE Confidence: 0.850215

 $00{:}06{:}47.286 \to 00{:}06{:}49.760$ behaving zebrafish in under one second.

NOTE Confidence: 0.850215

 $00:06:49.760 \longrightarrow 00:06:53.280$ With the idea that it can help us to identify

NOTE Confidence: 0.850215

 $00:06:53.363 \longrightarrow 00:06:56.338$ circuit mechanisms that are disrupted.

NOTE Confidence: 0.850215

00:06:56.340 --> 00:06:58.250 When these autism risk genes

NOTE Confidence: 0.850215

 $00:06:58.250 \longrightarrow 00:06:59.778$ are not functioning properly,

NOTE Confidence: 0.850215

 $00{:}06{:}59.780 \dashrightarrow 00{:}07{:}02.500$ so I want to 1st thank funding sources

NOTE Confidence: 0.850215

 $00:07:02.500 \longrightarrow 00:07:05.217$ of which the support and the Child

NOTE Confidence: 0.850215

00:07:05.217 --> 00:07:07.649 Study Center for the support for

NOTE Confidence: 0.850215

 $00{:}07{:}07.649 \dashrightarrow 00{:}07{:}10.435$ this research and thank you very much

NOTE Confidence: 0.850215

 $00{:}07{:}10.435 \dashrightarrow 00{:}07{:}12.768$ for listening to my virtual poster.