00:00:00.000 --> 00:00:02.240 And your sellers. I also go by Sonia

00:00:02.240 --> 00:00:04.818 I'm the resident leader of the yield

00:00:04.818 --> 00:00:07.245 global mental health program and also

00:00:07.245 --> 00:00:09.320 a second year psychiatry resident.

00:00:09.320 --> 00:00:11.399 I'm very excited and honored to be

00:00:11.399 --> 00:00:13.715 presenting for you all today about the

00:00:13.715 --> 00:00:15.425 yield global mental health program.

00:00:15.430 --> 00:00:18.518 So there are four of US residents presenting

00:00:18.518 --> 00:00:22.128 total that's myself Doctor Paul Eggenberger,

00:00:22.128 --> 00:00:26.690 Dr Yvonne Oyabun and then Doctor Enoch Tefe.

00:00:26.690 --> 00:00:28.538 So that's the the four of us.

00:00:28.540 --> 00:00:29.596 And then I'm going to start

00:00:29.596 --> 00:00:32.940 sharing my screen. OK. Or Trisha?

1

00:00:32.940 --> 00:00:35.460 And are we good to begin?

NOTE Confidence: 0.789111451538461

00:00:35.460 --> 00:00:36.357 Yeah? Doctor Crystal,

NOTE Confidence: 0.789111451538461

00:00:36.357 --> 00:00:38.450 did you want to say something first?

NOTE Confidence: 0.82517807

00:00:39.370 --> 00:00:43.180 Yes, this is really exciting day. I really

NOTE Confidence: 0.884469448333333

00:00:43.190 --> 00:00:45.176 looking forward to the four presentations

NOTE Confidence: 0.853778242

00:00:46.150 --> 00:00:47.940 and I do not want

NOTE Confidence: 0.802597064

00:00:47.950 --> 00:00:52.580 to hold people up. So please please begin

NOTE Confidence: 0.802597064

00:00:52.630 --> 00:00:54.150 looking forward to the presentations.

NOTE Confidence: 0.905158775714286

00:00:56.920 --> 00:00:59.174 Great, thank you. I'll share my screen.

NOTE Confidence: 0.804577389230769

00:01:03.830 --> 00:01:06.030 All right, so this is the yield global

NOTE Confidence: 0.804577389230769

00:01:06.030 --> 00:01:07.810 mental health resident grand rounds.

NOTE Confidence: 0.804577389230769

00:01:07.810 --> 00:01:09.580 We have no disclosures or conflicts

NOTE Confidence: 0.804577389230769

00:01:09.580 --> 00:01:11.576 of interest and then an outline of

NOTE Confidence: 0.804577389230769

00:01:11.576 --> 00:01:13.347 what we're going to go over today.

NOTE Confidence: 0.804577389230769

00:01:13.350 --> 00:01:15.366 So the 1st 1015 minutes we're going

NOTE Confidence: 0.804577389230769

00:01:15.366 --> 00:01:17.734 to talk about the basic concepts and

2

NOTE Confidence: 0.804577389230769

00:01:17.734 --> 00:01:19.888 foundation of global mental health and

NOTE Confidence: 0.804577389230769

00:01:19.954 --> 00:01:22.429 HealthEquity and some innovative programs.

NOTE Confidence: 0.804577389230769

00:01:22.430 --> 00:01:23.872 Then we're going to go into an

NOTE Confidence: 0.804577389230769

00:01:23.872 --> 00:01:25.256 update about the young global Mental

NOTE Confidence: 0.804577389230769

00:01:25.256 --> 00:01:26.943 health program and then the four of

NOTE Confidence: 0.804577389230769

00:01:26.987 --> 00:01:28.611 US residents will take the last 40

NOTE Confidence: 0.804577389230769

00:01:28.611 --> 00:01:31.869 minutes to present about our projects.

NOTE Confidence: 0.804577389230769

00:01:31.870 --> 00:01:34.078 So global mental health and HealthEquity.

NOTE Confidence: 0.895445386363636

00:01:36.920 --> 00:01:38.140 So global mental health.

NOTE Confidence: 0.895445386363636

00:01:38.140 --> 00:01:40.370 The definition is an area for study,

NOTE Confidence: 0.895445386363636

00:01:40.370 --> 00:01:42.370 research and practice that places

NOTE Confidence: 0.895445386363636

00:01:42.370 --> 00:01:44.370 a priority on improving mental

NOTE Confidence: 0.895445386363636

00:01:44.438 --> 00:01:46.408 health and achieving equity in

NOTE Confidence: 0.895445386363636

00:01:46.408 --> 00:01:48.378 health for all people worldwide.

NOTE Confidence: 0.895445386363636

00:01:48.380 --> 00:01:50.165 So I want to emphasize 2 points.

NOTE Confidence: 0.895445386363636

00:01:50.170 --> 00:01:51.935 One is about achieving equity

NOTE Confidence: 0.895445386363636

00:01:51.935 --> 00:01:54.531 and then the other point is also

NOTE Confidence: 0.895445386363636

00:01:54.531 --> 00:01:56.055 about all people worldwide.

NOTE Confidence: 0.895445386363636

00:01:56.060 --> 00:01:58.052 I think when we start thinking

NOTE Confidence: 0.895445386363636

00:01:58.052 --> 00:01:59.380 about global mental health,

NOTE Confidence: 0.895445386363636

00:01:59.380 --> 00:02:01.116 our reflex is to think oh this is

NOTE Confidence: 0.895445386363636

00:02:01.116 --> 00:02:02.796 a broad when really it could be

NOTE Confidence: 0.895445386363636

00:02:02.796 --> 00:02:04.641 very much done in the United States

NOTE Confidence: 0.895445386363636

00:02:04.641 --> 00:02:06.429 and there's so much local need.

NOTE Confidence: 0.895445386363636

00:02:06.430 --> 00:02:07.333 And regional need,

NOTE Confidence: 0.895445386363636

00:02:07.333 --> 00:02:09.970 and there's so much work that can be done.

NOTE Confidence: 0.895445386363636

00:02:09.970 --> 00:02:11.938 And even in our residence presentations

NOTE Confidence: 0.895445386363636

00:02:11.938 --> 00:02:13.518 today, you'll hear about Paul,

NOTE Confidence: 0.895445386363636

00:02:13.518 --> 00:02:15.390 who will be presenting about rural

NOTE Confidence: 0.895445386363636

00:02:15.448 --> 00:02:17.008 mental healthcare in the United

NOTE Confidence: 0.895445386363636

00:02:17.008 --> 00:02:18.950 States and then the second point,

NOTE Confidence: 0.895445386363636

00:02:18.950 --> 00:02:21.011 I wanted to make is that there is an

NOTE Confidence: 0.895445386363636

00:02:21.011 --> 00:02:22.805 extreme mental health care and equity

NOTE Confidence: 0.895445386363636

00:02:22.805 --> 00:02:25.150 that exists between rich and poor countries.

NOTE Confidence: 0.895445386363636

00:02:25.150 --> 00:02:27.450 So specifically in low and

NOTE Confidence: 0.895445386363636

00:02:27.450 --> 00:02:28.830 middle income countries.

NOTE Confidence: 0.895445386363636

00:02:28.830 --> 00:02:30.828 They consist of more than 80%

NOTE Confidence: 0.895445386363636

00:02:30.830 --> 00:02:32.758 of the world's population,

NOTE Confidence: 0.895445386363636

00:02:32.758 --> 00:02:35.168 but unfortunately have less than

NOTE Confidence: 0.895445386363636

00:02:35.168 --> 00:02:36.890 20% of the world's mental health.

NOTE Confidence: 0.895445386363636

00:02:36.890 --> 00:02:39.380 Resources and then that comes

NOTE Confidence: 0.895445386363636

00:02:39.380 --> 00:02:40.831 out to some statistics.

NOTE Confidence: 0.895445386363636

00:02:40.831 --> 00:02:43.182 Which is that more than 75% of

NOTE Confidence: 0.895445386363636

00:02:43.182 --> 00:02:45.087 those with a diagnosed mental

NOTE Confidence: 0.895445386363636

00:02:45.087 --> 00:02:46.799 health condition receive no care,

NOTE Confidence: 0.895445386363636

00:02:46.800 --> 00:02:50.960 so this is after someone has been diagnosed.

NOTE Confidence: 0.895445386363636

00:02:50.960 --> 00:02:52.740 And then some comparisons between

NOTE Confidence: 0.895445386363636

00:02:52.740 --> 00:02:54.520 high income countries and lower

NOTE Confidence: 0.895445386363636

00:02:54.575 --> 00:02:56.325 middle income countries in terms

NOTE Confidence: 0.895445386363636

00:02:56.325 --> 00:02:58.075 of the mental health workforce.

NOTE Confidence: 0.895445386363636

00:02:58.080 --> 00:03:00.551 This slide is specific to number of

NOTE Confidence: 0.895445386363636

00:03:00.551 --> 00:03:02.484 psychiatrists so that global average

NOTE Confidence: 0.895445386363636

00:03:02.484 --> 00:03:04.514 is about four psychiatrists per

NOTE Confidence: 0.895445386363636

00:03:04.520 --> 00:03:07.160 100,000 people in the United States.

NOTE Confidence: 0.895445386363636

00:03:07.160 --> 00:03:08.588 We are fortunate to have a little

NOTE Confidence: 0.895445386363636

00:03:08.588 --> 00:03:09.460 bit more than that.

NOTE Confidence: 0.895445386363636

00:03:09.460 --> 00:03:11.860 So around 16 psychiatrists per

NOTE Confidence: 0.895445386363636

00:03:11.860 --> 00:03:14.457 100,000 people in Canada and the UK.

NOTE Confidence: 0.895445386363636

00:03:14.460 --> 00:03:15.808 The numbers are similar.

NOTE Confidence: 0.895445386363636

00:03:15.808 --> 00:03:17.226 In New Zealand, Switzerland,

NOTE Confidence: 0.895445386363636

00:03:17.226 --> 00:03:19.256 Norway and other Nordic countries,

NOTE Confidence: 0.895445386363636

00:03:19.260 --> 00:03:21.500 those numbers are in the 40s or in the 20s,

NOTE Confidence: 0.895445386363636

00:03:21.500 --> 00:03:22.394 so quite high.

NOTE Confidence: 0.895445386363636

00:03:22.394 --> 00:03:24.182 But when you compare that to

NOTE Confidence: 0.895445386363636

00:03:24.182 --> 00:03:26.320 low and middle income countries,

NOTE Confidence: 0.895445386363636

00:03:26.320 --> 00:03:28.180 so like the most populous

NOTE Confidence: 0.895445386363636

00:03:28.180 --> 00:03:28.924 developing countries.

NOTE Confidence: 0.895445386363636

00:03:28.930 --> 00:03:30.250 In Asia and in Africa,

NOTE Confidence: 0.895445386363636

00:03:30.250 --> 00:03:31.270 so that would be India,

NOTE Confidence: 0.895445386363636

00:03:31.270 --> 00:03:31.699 Pakistan,

NOTE Confidence: 0.895445386363636

00:03:31.699 --> 00:03:32.986 Nigeria and Ethiopia.

NOTE Confidence: 0.895445386363636

00:03:32.986 --> 00:03:35.560 Those numbers are less than one

NOTE Confidence: 0.895445386363636

00:03:35.630 --> 00:03:37.550 psychiatrist per 100,000 individuals

NOTE Confidence: 0.895445386363636

00:03:37.550 --> 00:03:40.040 and then some countries only have

NOTE Confidence: 0.895445386363636

00:03:40.040 --> 00:03:42.747 one or two psychiatrists for the

NOTE Confidence: 0.895445386363636

00:03:42.747 --> 00:03:44.781 whole country for population of

NOTE Confidence: 0.895445386363636

00:03:44.781 --> 00:03:47.043 over a million and that those

NOTE Confidence: 0.895445386363636

00:03:47.043 --> 00:03:49.209 countries are Chad Erythrea Liberia,

NOTE Confidence: 0.895445386363636

00:03:49.210 --> 00:03:53.240 where Wanda Afghanistan and Togo.

NOTE Confidence: 0.895445386363636

00:03:53.240 --> 00:03:55.670 And then this is a pictorial

NOTE Confidence: 0.895445386363636

00:03:55.670 --> 00:03:56.885 representation of that.

NOTE Confidence: 0.895445386363636

00:03:56.890 --> 00:03:58.744 And then I wanted to zoom in a little

NOTE Confidence: 0.895445386363636

00:03:58.744 --> 00:04:01.070 bit about the different healthcare providers.

NOTE Confidence: 0.895445386363636

00:04:01.070 --> 00:04:03.926 So I picked Ethiopian, the United States.

NOTE Confidence: 0.895445386363636

00:04:03.930 --> 00:04:07.437 So Ethiopia, there are 40 sachitra lists,

NOTE Confidence: 0.895445386363636

00:04:07.440 --> 00:04:09.246 461 psychiatric nurses,

NOTE Confidence: 0.895445386363636

00:04:09.246 --> 00:04:11.716 14 psychologists, 3 social workers,

NOTE Confidence: 0.895445386363636

00:04:11.716 --> 00:04:13.404 and no occupational therapists.

NOTE Confidence: 0.895445386363636

00:04:13.410 --> 00:04:16.308 And this is for 85 million Ethiopians,

NOTE Confidence: 0.895445386363636

00:04:16.310 --> 00:04:18.776 so the numbers are quite scarce.

NOTE Confidence: 0.895445386363636

00:04:18.780 --> 00:04:20.870 And then the United States.

NOTE Confidence: 0.895445386363636

00:04:20.870 --> 00:04:22.760 Those numbers seem a little bit better.

NOTE Confidence: 0.895445386363636

00:04:22.760 --> 00:04:25.082 So 41,000 psychiatrists.

NOTE Confidence: 0.895445386363636

00:04:25.082 --> 00:04:26.630 16,000 psychiatric.

NOTE Confidence: 0.895445386363636

00:04:26.630 --> 00:04:28.770 Versus over 100,000 psychologists

NOTE Confidence: 0.895445386363636

00:04:28.770 --> 00:04:30.375 and social workers,

NOTE Confidence: 0.895445386363636

00:04:30.380 --> 00:04:32.332 and 20,000 occupational therapists.

NOTE Confidence: 0.895445386363636

00:04:32.332 --> 00:04:35.260 And this is our population over

NOTE Confidence: 0.895445386363636

00:04:35.339 --> 00:04:37.122 of over 300,000,000 Americans.

NOTE Confidence: 0.895445386363636

00:04:37.122 --> 00:04:40.608 So I think when we look at these numbers,

NOTE Confidence: 0.895445386363636

00:04:40.610 --> 00:04:42.472 I think we could be lured into

NOTE Confidence: 0.895445386363636

00:04:42.472 --> 00:04:43.270 this false sense

NOTE Confidence: 0.867063598333333

00:04:43.336 --> 00:04:45.346 of security that the United States

NOTE Confidence: 0.867063598333333

00:04:45.346 --> 00:04:47.763 must have better outcome than low and

NOTE Confidence: 0.867063598333333

00:04:47.763 --> 00:04:49.463 middle income countries when reality

NOTE Confidence: 0.867063598333333

00:04:49.463 --> 00:04:52.460 that's not always the case and we

NOTE Confidence: 0.867063598333333

00:04:52.460 --> 00:04:54.990 actually have very similar numbers when

NOTE Confidence: 0.867063598333333

00:04:54.990 --> 00:04:57.390 we're thinking about access to care

NOTE Confidence: 0.867063598333333

00:04:57.458 --> 00:05:00.186 and also the quality of the care that

NOTE Confidence: 0.867063598333333

00:05:00.186 --> 00:05:02.507 individuals do receive and the outcome.

NOTE Confidence: 0.867063598333333

00:05:02.510 --> 00:05:05.002 So this slide is to to really

NOTE Confidence: 0.867063598333333

00:05:05.002 --> 00:05:06.070 depict that point.

NOTE Confidence: 0.867063598333333

00:05:06.070 --> 00:05:07.540 This is the United States when.

NOTE Confidence: 0.867063598333333

00:05:07.540 --> 00:05:10.690 Compared to other high income countries,

NOTE Confidence: 0.867063598333333

00:05:10.690 --> 00:05:13.306 the United States is the most likely to

NOTE Confidence: 0.867063598333333

00:05:13.306 --> 00:05:15.568 have access or affordability issues.

NOTE Confidence: 0.867063598333333

00:05:15.570 --> 00:05:18.279 We also have one of the highest rates with

NOTE Confidence: 0.867063598333333

00:05:18.279 --> 00:05:20.958 mental health diagnosis or individuals

NOTE Confidence: 0.867063598333333

00:05:20.958 --> 00:05:23.266 experiencing individual emotional distress.

NOTE Confidence: 0.867063598333333

00:05:23.270 --> 00:05:25.232 We also unfortunately have one of

NOTE Confidence: 0.867063598333333

00:05:25.232 --> 00:05:27.330 the highest rates of suicide and

NOTE Confidence: 0.867063598333333

00:05:27.330 --> 00:05:29.145 also drug related death rates,

NOTE Confidence: 0.867063598333333

00:05:29.150 --> 00:05:32.406 and that the rate of suicide has been

NOTE Confidence: 0.867063598333333

00:05:32.406 --> 00:05:35.602 increasing every year since 2000 and then.

NOTE Confidence: 0.867063598333333

00:05:35.602 --> 00:05:39.500 This is a statistics that I I think

NOTE Confidence: 0.867063598333333

00:05:39.500 --> 00:05:40.640 that really gets to my heart,

NOTE Confidence: 0.867063598333333

00:05:40.640 --> 00:05:43.184 which is that over 1/3 of individuals who

NOTE Confidence: 0.867063598333333

00:05:43.184 --> 00:05:46.113 are in prisons or who are experiencing

NOTE Confidence: 0.867063598333333

00:05:46.113 --> 00:05:48.333 homelessness have a mental illness.

NOTE Confidence: 0.867063598333333

00:05:48.340 --> 00:05:50.128 And these numbers are are sorry.

NOTE Confidence: 0.867063598333333

00:05:50.130 --> 00:05:51.880 These pictures are actually from

NOTE Confidence: 0.867063598333333

00:05:51.880 --> 00:05:52.930 the New Haven.

NOTE Confidence: 0.867063598333333

00:05:52.930 --> 00:05:54.344 This is from the New Haven Greens.

NOTE Confidence: 0.867063598333333

00:05:54.350 --> 00:05:56.342 This is also from the New Haven Greens

NOTE Confidence: 0.867063598333333

00:05:56.342 --> 00:05:58.386 and then this is from Skid Row in LA.

NOTE Confidence: 0.9277431125

00:06:01.830 --> 00:06:04.512 And all of this is to say that there is an

NOTE Confidence: 0.9277431125

00:06:04.512 --> 00:06:06.507 ongoing mental health crisis worldwide,

NOTE Confidence: 0.9277431125

00:06:06.510 --> 00:06:08.226 and the term has been coined.

NOTE Confidence: 0.9277431125

00:06:08.230 --> 00:06:09.458 The failure of humanity.

NOTE Confidence: 0.9277431125

00:06:09.458 --> 00:06:11.702 I wanted to talk about some of

NOTE Confidence: 0.9277431125

00:06:11.702 --> 00:06:13.724 the systemic structures or lack of

NOTE Confidence: 0.9277431125

00:06:13.724 --> 00:06:15.858 structures that are in place that

NOTE Confidence: 0.9277431125

00:06:15.858 --> 00:06:17.982 contribute to these failure of humanity.

NOTE Confidence: 0.9277431125

00:06:17.990 --> 00:06:19.950 So the first one is this term

NOTE Confidence: 0.9277431125

00:06:19.950 --> 00:06:21.080 called the treatment gap.

NOTE Confidence: 0.9277431125

00:06:21.080 --> 00:06:22.952 The treatment gap is how much

NOTE Confidence: 0.9277431125

00:06:22.952 --> 00:06:24.200 the government is spending,

NOTE Confidence: 0.9277431125

00:06:24.200 --> 00:06:27.399 how much the government spends on mental

NOTE Confidence: 0.9277431125

00:06:27.399 --> 00:06:29.800 health versus the burden of the illness.

NOTE Confidence: 0.9277431125

00:06:29.800 --> 00:06:32.348 So that's usually measured in years of

NOTE Confidence: 0.9277431125

00:06:32.348 --> 00:06:34.977 disability when it comes to mental health.

NOTE Confidence: 0.9277431125

00:06:34.980 --> 00:06:37.255 So in some countries in some low

NOTE Confidence: 0.9277431125

00:06:37.255 --> 00:06:38.440 income countries, the government

NOTE Confidence: 0.9277431125

00:06:38.440 --> 00:06:40.560 can spend as little as .5 to one.

NOTE Confidence: 0.9277431125

00:06:40.560 --> 00:06:42.522 Percent of their annual budget and

NOTE Confidence: 0.9277431125

00:06:42.522 --> 00:06:44.486 then the years of disability live

NOTE Confidence: 0.9277431125

00:06:44.486 --> 00:06:47.188 can be as high as 25% or 30%,

NOTE Confidence: 0.9277431125

00:06:47.188 --> 00:06:49.624 which comes out to a treatment

NOTE Confidence: 0.9277431125

00:06:49.624 --> 00:06:51.626 gap as high as 98%,

NOTE Confidence: 0.9277431125

00:06:51.626 --> 00:06:54.460 which then translates to less

NOTE Confidence: 0.9277431125

00:06:54.460 --> 00:06:56.310 than one in 10 individuals.

NOTE Confidence: 0.9277431125

00:06:56.310 --> 00:06:56.701 Unfortunately,

NOTE Confidence: 0.9277431125

00:06:56.701 --> 00:06:59.047 get any mental health care that

NOTE Confidence: 0.9277431125

00:06:59.047 --> 00:07:01.240 they deserve or that they need.

NOTE Confidence: 0.9277431125

00:07:01.240 --> 00:07:03.018 And then the second point is about

NOTE Confidence: 0.9277431125

00:07:03.018 --> 00:07:04.780 the law and legal protection.

NOTE Confidence: 0.9277431125

00:07:04.780 --> 00:07:07.995 That's something I want to

NOTE Confidence: 0.9277431125

00:07:07.995 --> 00:07:09.455 demonstrate with in Nigeria.

NOTE Confidence: 0.9277431125

00:07:09.460 --> 00:07:12.184 They have lunacy ordinance that was

NOTE Confidence: 0.9277431125

00:07:12.184 --> 00:07:14.819 established in 1916 that is their

NOTE Confidence: 0.9277431125

00:07:14.819 --> 00:07:17.136 last mental health law in 1916,

NOTE Confidence: 0.9277431125

00:07:17.136 --> 00:07:19.992 so quite outdated and it essentially

NOTE Confidence: 0.9277431125

00:07:19.992 --> 00:07:21.942 grants medical practitioners and

NOTE Confidence: 0.9277431125

00:07:21.942 --> 00:07:24.187 magistrates the power to involuntarily

NOTE Confidence: 0.9277431125

00:07:24.187 --> 00:07:26.741 detain individual who is quote a

NOTE Confidence: 0.9277431125

00:07:26.741 --> 00:07:29.135 lunatic and a lunatic is described as

NOTE Confidence: 0.9277431125

00:07:29.135 --> 00:07:32.455 quote an idiot or person of unsound mind.

NOTE Confidence: 0.9277431125

00:07:32.460 --> 00:07:34.192 So unfortunately this law.

NOTE Confidence: 0.9277431125

00:07:34.192 --> 00:07:35.924 It doesn't mean that.

NOTE Confidence: 0.9277431125

00:07:35.930 --> 00:07:37.930 Whoever is being detained is

NOTE Confidence: 0.9277431125

00:07:37.930 --> 00:07:39.530 going to get treatment,

NOTE Confidence: 0.9277431125

00:07:39.530 --> 00:07:42.194 but only that whoever is detained

NOTE Confidence: 0.9277431125

00:07:42.194 --> 00:07:44.730 is out of societies purview.

NOTE Confidence: 0.9277431125

00:07:44.730 --> 00:07:46.686 And the Third Point is about

NOTE Confidence: 0.9277431125

00:07:46.686 --> 00:07:47.664 mental health infrastructure.

NOTE Confidence: 0.9277431125

00:07:47.670 --> 00:07:49.448 This is the number of mental health

NOTE Confidence: 0.9277431125

00:07:49.448 --> 00:07:51.090 workers I shared with you earlier,

NOTE Confidence: 0.9277431125

00:07:51.090 --> 00:07:53.645 but also the number of psychiatric beds,

NOTE Confidence: 0.9277431125

00:07:53.650 --> 00:07:55.756 child adolescent beds and also to

NOTE Confidence: 0.9277431125

00:07:55.756 --> 00:07:58.046 keep in mind that these numbers

NOTE Confidence: 0.9277431125

00:07:58.046 --> 00:08:00.482 are usually much higher in the

NOTE Confidence: 0.9277431125

00:08:00.482 --> 00:08:02.609 capital cities or in urban areas,

NOTE Confidence: 0.9277431125

00:08:02.610 --> 00:08:04.650 whereas rural areas can have over

NOTE Confidence: 0.9277431125

00:08:04.650 --> 00:08:06.414 70% of the country's population.

NOTE Confidence: 0.9277431125

00:08:06.414 --> 00:08:08.999 But yet have little to no access

NOTE Confidence: 0.9277431125

00:08:08.999 --> 00:08:10.527 to mental health care.

NOTE Confidence: 0.9277431125

00:08:10.530 --> 00:08:12.468 The 4th point is about the

NOTE Confidence: 0.9277431125

00:08:12.468 --> 00:08:13.760 global human rights violation,

NOTE Confidence: 0.9277431125

00:08:13.760 --> 00:08:14.686 that is,

NOTE Confidence: 0.9277431125

00:08:14.686 --> 00:08:17.464 that has been documented and ongoing.

NOTE Confidence: 0.9277431125

00:08:17.470 --> 00:08:19.910 So these pictures are actually

NOTE Confidence: 0.9277431125

00:08:19.910 --> 00:08:22.350 pictures from prisons in Kentucky,

NOTE Confidence: 0.9277431125

00:08:22.350 --> 00:08:24.894 and these individuals have mental illnesses

NOTE Confidence: 0.9277431125

00:08:24.894 --> 00:08:27.568 and have been chained and locked up.

NOTE Confidence: 0.9277431125

00:08:27.570 --> 00:08:29.495 And then these three pictures

NOTE Confidence: 0.9277431125

00:08:29.495 --> 00:08:32.154 are on from abroad and you could

NOTE Confidence: 0.9277431125

00:08:32.154 --> 00:08:34.436 see a child being chained to a

NOTE Confidence: 0.9277431125

00:08:34.436 --> 00:08:36.620 bed that's made out of wood.

NOTE Confidence: 0.9277431125

00:08:36.620 --> 00:08:38.804 The last point is about stigma

NOTE Confidence: 0.9277431125

00:08:38.804 --> 00:08:40.778 and discrimination and I think

NOTE Confidence: 0.9277431125

00:08:40.778 --> 00:08:43.038 stigma and discrimination are these

NOTE Confidence: 0.9277431125

00:08:43.040 --> 00:08:45.240 two seemingly very little words,

NOTE Confidence: 0.9277431125

00:08:45.240 --> 00:08:47.628 but they have such.

NOTE Confidence: 0.9277431125

00:08:47.630 --> 00:08:50.030 Important consequences for all of our

NOTE Confidence: 0.9277431125

00:08:50.030 --> 00:08:52.003 patients and actually research also

NOTE Confidence: 0.9277431125

00:08:52.003 --> 00:08:53.839 shows that mental health workers are

NOTE Confidence: 0.9277431125

00:08:53.839 --> 00:08:56.162 one of the most prevalent propagators

00:08:56.162 --> 00:08:58.397 of stigma and discrimination for

00:08:58.397 --> 00:09:00.122 individuals with mental illnesses.

00:09:00.122 --> 00:09:02.588 And then, on a systemic level,

00:09:02.590 --> 00:09:04.984 this could be something like the government.

00:09:04.990 --> 00:09:07.185 How much you're spending money

00:09:07.185 --> 00:09:08.941 on improving and increasing

00:09:08.941 --> 00:09:10.539 mental health literacy.

00:09:10.540 --> 00:09:12.316 And then I wanted to read

00:09:12.320 --> 00:09:16.828 this short paragraph from a research paper.

00:09:16.830 --> 00:09:19.610 That I read it says,

00:09:19.610 --> 00:09:21.682 suppose we begin not with the top

00:09:21.682 --> 00:09:23.849 down policy and program initiatives,

00:09:23.850 --> 00:09:26.426 but rather with the on the ground

00:09:26.426 --> 00:09:28.280 ordinary moral experience of people

00:09:28.280 --> 00:09:30.338 in the world they inhabit locally.

00:09:30.340 --> 00:09:31.495 So this example is from

NOTE Confidence: 0.874682114285714

00:09:31.495 --> 00:09:32.650 a rural village in China,

NOTE Confidence: 0.874682114285714

00:09:32.650 --> 00:09:35.009 but I think it very much applies

NOTE Confidence: 0.874682114285714

00:09:35.009 --> 00:09:36.610 to the United States.

NOTE Confidence: 0.874682114285714

00:09:36.610 --> 00:09:38.210 Research documents that people

NOTE Confidence: 0.874682114285714

00:09:38.210 --> 00:09:40.610 disguise and high family members with

NOTE Confidence: 0.874682114285714

00:09:40.669 --> 00:09:42.715 mental illness until they are no

NOTE Confidence: 0.874682114285714

00:09:42.715 --> 00:09:44.670 longer capable of denying psychosis

NOTE Confidence: 0.874682114285714

00:09:44.670 --> 00:09:46.128 without professional services,

NOTE Confidence: 0.874682114285714

00:09:46.128 --> 00:09:48.072 families usually wear usually

NOTE Confidence: 0.874682114285714

00:09:48.072 --> 00:09:50.882 bear the huge burden of caregiving

NOTE Confidence: 0.874682114285714

00:09:50.882 --> 00:09:52.720 alone the folk healers they can

NOTE Confidence: 0.874682114285714

00:09:52.720 --> 00:09:54.783 turn to have little to offer that

NOTE Confidence: 0.874682114285714

00:09:54.783 --> 00:09:56.547 has been shown to be helpful.

NOTE Confidence: 0.874682114285714

00:09:56.550 --> 00:09:57.004 Finally,

NOTE Confidence: 0.874682114285714

00:09:57.004 --> 00:09:59.728 family members run out of energy

NOTE Confidence: 0.874682114285714

00:09:59.728 --> 00:10:02.509 patients and funds at that point,

NOTE Confidence: 0.874682114285714

00:10:02.509 --> 00:10:05.347 and especially after a period of

NOTE Confidence: 0.874682114285714

00:10:05.347 --> 00:10:06.564 institutionalization protection

NOTE Confidence: 0.874682114285714

00:10:06.564 --> 00:10:07.908 becomes rejection.

NOTE Confidence: 0.874682114285714

00:10:07.910 --> 00:10:09.805 The affected person becomes a

NOTE Confidence: 0.874682114285714

00:10:09.805 --> 00:10:12.196 non person in the responses of

NOTE Confidence: 0.874682114285714

00:10:12.196 --> 00:10:13.900 family members and outsiders,

NOTE Confidence: 0.874682114285714

00:10:13.900 --> 00:10:15.708 including mental healthcare workers

NOTE Confidence: 0.874682114285714

00:10:15.708 --> 00:10:18.420 no longer regarded as fully human.

NOTE Confidence: 0.874682114285714

00:10:18.420 --> 00:10:21.420 He or she or day becomes a target for abuse,

NOTE Confidence: 0.874682114285714

00:10:21.420 --> 00:10:23.244 discrimination and ultimately rejection.

NOTE Confidence: 0.874682114285714

00:10:23.244 --> 00:10:25.980 The individual is no longer valued

NOTE Confidence: 0.874682114285714

00:10:26.041 --> 00:10:28.421 as an effective node and the network

NOTE Confidence: 0.874682114285714

00:10:28.421 --> 00:10:30.538 of connections that form social life.

NOTE Confidence: 0.874682114285714

00:10:30.540 --> 00:10:33.620 Social inefficacy means non participation

NOTE Confidence: 0.874682114285714

00:10:33.620 --> 00:10:36.084 in social reciprocity including

00:10:36.084 --> 00:10:38.364 gift exchange. The fundamental.

00:10:38.364 --> 00:10:41.388 Cultural process of living an ordinary life.

00:10:41.390 --> 00:10:43.375 It also means non participation

00:10:43.375 --> 00:10:46.072 in marriage and work and education

00:10:46.072 --> 00:10:47.847 and celebrations, festivals,

00:10:47.847 --> 00:10:50.332 morning rituals and an ordinary

00:10:50.332 --> 00:10:51.823 experiences in markets,

00:10:51.830 --> 00:10:54.940 stores and other everyday activity.

00:10:54.940 --> 00:10:57.700 Is to be treated as if one does not exist?

00:11:02.670 --> 00:11:05.670 So then the question becomes,

00:11:05.670 --> 00:11:07.750 what can we do about this and what

00:11:07.750 --> 00:11:09.972 has been done about this and in

00:11:09.972 --> 00:11:11.607 the field global mental health?

00:11:11.610 --> 00:11:13.170 What has been done about this?

00:11:13.170 --> 00:11:15.450 Is really this important concept

NOTE Confidence: 0.853060632

00:11:15.450 --> 00:11:17.730 of five directional learning that

NOTE Confidence: 0.853060632

00:11:17.805 --> 00:11:19.982 in the United States we have so

NOTE Confidence: 0.853060632

00:11:19.982 --> 00:11:22.202 much to learn from the global South

NOTE Confidence: 0.853060632

00:11:22.202 --> 00:11:24.960 as well that we can go into these

NOTE Confidence: 0.853060632

00:11:24.960 --> 00:11:27.750 communities and be humble and really

NOTE Confidence: 0.853060632

00:11:27.750 --> 00:11:30.237 listening to what is being done?

NOTE Confidence: 0.853060632

00:11:30.240 --> 00:11:33.026 And coming back to to sort of.

NOTE Confidence: 0.853060632

00:11:33.030 --> 00:11:35.190 Implement that into our own community,

NOTE Confidence: 0.853060632

00:11:35.190 --> 00:11:36.527 so one of the big concepts has

NOTE Confidence: 0.853060632

00:11:36.527 --> 00:11:37.928 come out of the global South.

NOTE Confidence: 0.853060632

00:11:37.930 --> 00:11:39.895 Is this concept of community

NOTE Confidence: 0.853060632

00:11:39.895 --> 00:11:41.467 based rehabilitation and care?

NOTE Confidence: 0.853060632

00:11:41.470 --> 00:11:43.450 It's a strength based strength based

NOTE Confidence: 0.853060632

00:11:43.450 --> 00:11:46.267 approach and it's been shown to be more

NOTE Confidence: 0.853060632

00:11:46.267 --> 00:11:47.699 effective than standard outpatient

NOTE Confidence: 0.853060632

00:11:47.699 --> 00:11:49.893 treatment as lower baseline disability

NOTE Confidence: 0.853060632

00:11:49.893 --> 00:11:51.777 score increased family engagement

NOTE Confidence: 0.853060632

00:11:51.777 --> 00:11:53.475 and increased medication adherence,

NOTE Confidence: 0.853060632

00:11:53.475 --> 00:11:56.040 and I think all of this is to say

NOTE Confidence: 0.853060632

00:11:56.108 --> 00:11:58.904 it's because it reduces the social

NOTE Confidence: 0.853060632

00:11:58.904 --> 00:12:00.768 exclusions that unfortunately happens

NOTE Confidence: 0.853060632

00:12:00.840 --> 00:12:03.706 to all of our mental health patients.

NOTE Confidence: 0.853060632

00:12:03.710 --> 00:12:05.582 And how can this be implemented

NOTE Confidence: 0.853060632

00:12:05.582 --> 00:12:06.830 in the United States?

NOTE Confidence: 0.853060632

00:12:06.830 --> 00:12:08.846 So these are things like community

NOTE Confidence: 0.853060632

00:12:08.846 --> 00:12:10.683 based programs would increase cultural

NOTE Confidence: 0.853060632

00:12:10.683 --> 00:12:12.407 competency and specialty groups,

NOTE Confidence: 0.853060632

00:12:12.410 --> 00:12:14.110 so that thinking about the

NOTE Confidence: 0.853060632

00:12:14.110 --> 00:12:15.130 insurance or languages.

NOTE Confidence: 0.853060632

00:12:15.130 --> 00:12:16.312 So for example,

NOTE Confidence: 0.853060632

00:12:16.312 --> 00:12:19.070 the Hispanic clinic at the at CMHC.

NOTE Confidence: 0.853060632

00:12:19.070 --> 00:12:22.507 There's also Doctor Jordan who has a

NOTE Confidence: 0.853060632

00:12:22.507 --> 00:12:25.188 church based mental health engagement.

NOTE Confidence: 0.853060632

00:12:25.188 --> 00:12:28.018 There's also something like street

NOTE Confidence: 0.853060632

00:12:28.018 --> 00:12:30.490 psychiatry with Doctor Emma Lowe.

NOTE Confidence: 0.853060632

00:12:30.490 --> 00:12:32.289 And then I wanted to talk about

NOTE Confidence: 0.853060632

00:12:32.289 --> 00:12:34.124 examples that have been done in

NOTE Confidence: 0.853060632

00:12:34.124 --> 00:12:35.799 different communities around the world.

NOTE Confidence: 0.853060632

00:12:35.800 --> 00:12:37.795 So this one is the friendship bench,

NOTE Confidence: 0.853060632

00:12:37.800 --> 00:12:39.035 and these three examples I'm

NOTE Confidence: 0.853060632

00:12:39.035 --> 00:12:40.270 about to share with you.

NOTE Confidence: 0.853060632

00:12:40.270 --> 00:12:43.350 We've also had the honor of the individuals,

NOTE Confidence: 0.853060632

00:12:43.350 --> 00:12:45.822 the founders of the program presenting

NOTE Confidence: 0.853060632

00:12:45.822 --> 00:12:48.180 during our seminar series this year,

NOTE Confidence: 0.853060632

00:12:48.180 --> 00:12:50.340 so this one is by Doctor Dixon Chibanda,

NOTE Confidence: 0.853060632

00:12:50.340 --> 00:12:51.591 based in Zimbabwe.

NOTE Confidence: 0.853060632

00:12:51.591 --> 00:12:53.259 It's the friendship bench,

NOTE Confidence: 0.853060632

00:12:53.260 --> 00:12:56.116 and it's an incredible concept really,

NOTE Confidence: 0.853060632

00:12:56.120 --> 00:12:59.950 of teaching grandmothers about CBT.

NOTE Confidence: 0.853060632

00:12:59.950 --> 00:13:01.998 And the grandmother is just sit on a

NOTE Confidence: 0.853060632

00:13:01.998 --> 00:13:03.811 bench right outside of the Community

NOTE Confidence: 0.853060632

00:13:03.811 --> 00:13:06.017 Health Center and then anyone can sit

NOTE Confidence: 0.853060632

00:13:06.017 --> 00:13:07.757 on the bench with the grandmother.

NOTE Confidence: 0.853060632

00:13:07.760 --> 00:13:08.424 And really,

NOTE Confidence: 0.853060632

00:13:08.424 --> 00:13:09.088 you know,

NOTE Confidence: 0.853060632

00:13:09.088 --> 00:13:11.952 just talk to them and it's a task

NOTE Confidence: 0.853060632

00:13:11.952 --> 00:13:14.522 sharing approach and the the research

NOTE Confidence: 0.853060632

00:13:14.522 --> 00:13:17.050 shows that 14% of patients in the

NOTE Confidence: 0.853060632

00:13:17.050 --> 00:13:18.362 friendship bench experienced symptoms

NOTE Confidence: 0.853060632

00:13:18.362 --> 00:13:20.209 of depression after six months.

NOTE Confidence: 0.853060632

00:13:20.210 --> 00:13:22.262 When that's compared with 50% in

NOTE Confidence: 0.853060632

00:13:22.262 --> 00:13:24.374 the control group and then those

NOTE Confidence: 0.853060632

00:13:24.374 --> 00:13:26.656 numbers are 12% of patients with

NOTE Confidence: 0.853060632

00:13:26.656 --> 00:13:28.626 symptoms of anxiety as compared

NOTE Confidence: 0.853060632

00:13:28.626 --> 00:13:30.780 to 48% in standard of care.

NOTE Confidence: 0.853060632

00:13:30.780 --> 00:13:33.348 And then 2% with suicidal thoughts

NOTE Confidence: 0.853060632

00:13:33.348 --> 00:13:35.460 when in friendship bench as

NOTE Confidence: 0.853060632

00:13:35.460 --> 00:13:37.392 compared to 12% in standard of care.

NOTE Confidence: 0.853060632

00:13:37.392 --> 00:13:39.269 And I thought it was also really

NOTE Confidence: 0.853060632

00:13:39.269 --> 00:13:40.825 interesting during Doctor Chibanda's

NOTE Confidence: 0.853060632

00:13:40.825 --> 00:13:43.565 presentation that they tried to do this

NOTE Confidence: 0.853060632

00:13:43.565 --> 00:13:45.415 with grandfathers instead of grandmothers.

NOTE Confidence: 0.853060632

00:13:45.420 --> 00:13:47.130 And these numbers weren't as good.

NOTE Confidence: 0.829117145

00:13:49.940 --> 00:13:52.076 The second program is called Dream a world.

NOTE Confidence: 0.829117145

00:13:52.080 --> 00:13:55.237 So Jamaica is actually the third has.

NOTE Confidence: 0.829117145

00:13:55.240 --> 00:13:57.172 One has the third highest rate of

NOTE Confidence: 0.829117145

00:13:57.172 --> 00:13:59.261 homicide in the world and when they

NOTE Confidence: 0.829117145

00:13:59.261 --> 00:14:01.055 look into the statistics of that,

NOTE Confidence: 0.829117145

00:14:01.060 --> 00:14:03.320 it's actually delineated by the

NOTE Confidence: 0.829117145

00:14:03.320 --> 00:14:05.128 school district in Kingston,

NOTE Confidence: 0.829117145

00:14:05.130 --> 00:14:07.020 which is the capital of Jamaica.

NOTE Confidence: 0.829117145

00:14:07.020 --> 00:14:09.708 And so they decided to target high risk

NOTE Confidence: 0.829117145

00:14:09.708 --> 00:14:12.190 primary school and high risk children

NOTE Confidence: 0.829117145

00:14:12.190 --> 00:14:14.370 through cultural and multimodal therapy.

NOTE Confidence: 0.829117145

00:14:14.370 --> 00:14:15.756 And this is through group therapy,

NOTE Confidence: 0.829117145

00:14:15.760 --> 00:14:17.818 social skills training and creative arts,

NOTE Confidence: 0.829117145

00:14:17.820 --> 00:14:19.635 and they train both the

NOTE Confidence: 0.829117145

00:14:19.635 --> 00:14:21.087 children and the teachers.

NOTE Confidence: 0.829117145

00:14:21.090 --> 00:14:23.335 And the results in their

NOTE Confidence: 0.829117145

00:14:23.335 --> 00:14:25.580 pilot program at all town.

NOTE Confidence: 0.829117145

00:14:25.580 --> 00:14:27.560 All men Town Primary School actually

NOTE Confidence: 0.829117145

00:14:27.560 --> 00:14:30.092 moved up from being one of the worst

NOTE Confidence: 0.829117145

00:14:30.092 --> 00:14:32.490 primary school in the country to one of

26

00:14:32.490 --> 00:14:34.597 the best primary school in the country.

00:14:34.600 --> 00:14:35.850 And this program is called,

00:14:35.850 --> 00:14:36.630 you belong.

00:14:36.630 --> 00:14:39.360 It's based in Uganda and it's program

00:14:39.360 --> 00:14:42.030 that targets the transition between

00:14:42.030 --> 00:14:44.340 someone leaving the institution to

00:14:44.340 --> 00:14:46.862 coming home into the community and

00:14:46.862 --> 00:14:48.794 their core value really centers the

00:14:48.794 --> 00:14:51.599 family as a basic unit of care rather

00:14:51.599 --> 00:14:53.812 than the individual and family as

00:14:53.812 --> 00:14:55.707 an active agent towards recovery.

00:14:55.710 --> 00:14:57.348 So it's not using families to

00:14:57.348 --> 00:14:58.440 fill in care services,

00:14:58.440 --> 00:15:01.428 but it's really to view family as a basic

00:15:01.428 --> 00:15:04.166 level of relationships for human needs.

00:15:04.170 --> 00:15:06.154 For mutual love, care,

NOTE Confidence: 0.829117145

00:15:06.154 --> 00:15:09.658 security and belonging and they also have

NOTE Confidence: 0.829117145

00:15:09.658 --> 00:15:12.745 a huge emphasis on community as well.

NOTE Confidence: 0.829117145

00:15:12.750 --> 00:15:15.168 So that is the foundation of

NOTE Confidence: 0.829117145

00:15:15.168 --> 00:15:17.410 basics of global mental health,

NOTE Confidence: 0.829117145

00:15:17.410 --> 00:15:19.957 and I'm going to talk a little bit about

NOTE Confidence: 0.829117145

00:15:19.957 --> 00:15:22.499 the Yale Global Mental Health Program.

NOTE Confidence: 0.829117145

00:15:22.500 --> 00:15:22.939 First,

NOTE Confidence: 0.829117145

00:15:22.939 --> 00:15:25.573 I wanted to really acknowledge the

NOTE Confidence: 0.829117145

00:15:25.573 --> 00:15:28.138 people who founded and built these.

NOTE Confidence: 0.829117145

00:15:28.140 --> 00:15:30.240 This program in the last 10 years.

NOTE Confidence: 0.829117145

00:15:30.240 --> 00:15:32.090 It's doctor robot doctor Merrifield

NOTE Confidence: 0.829117145

00:15:32.090 --> 00:15:34.854 and Doctor Jordan and so many faculty

NOTE Confidence: 0.829117145

00:15:34.854 --> 00:15:36.979 members and former resident leaders

NOTE Confidence: 0.829117145

00:15:36.979 --> 00:15:39.150 and residents and faculty and staff

NOTE Confidence: 0.829117145

00:15:39.150 --> 00:15:41.575 as well who've been just amazing and

NOTE Confidence: 0.829117145

00:15:41.575 --> 00:15:43.879 incredible and so building this program.

NOTE Confidence: 0.829117145

00:15:43.880 --> 00:15:46.304 We also was very fortunate to

NOTE Confidence: 0.829117145

00:15:46.304 --> 00:15:48.749 receive the Kemper Award this year.

NOTE Confidence: 0.829117145

00:15:48.750 --> 00:15:51.025 And this is our current leadership team.

NOTE Confidence: 0.829117145

00:15:51.030 --> 00:15:52.890 This is doctor Michelle Silva.

NOTE Confidence: 0.829117145

00:15:52.890 --> 00:15:55.990 She is our continuity person.

NOTE Confidence: 0.829117145

00:15:55.990 --> 00:15:58.282 She's amazing and she's also a

NOTE Confidence: 0.829117145

00:15:58.282 --> 00:16:00.366 psychologist by training and the

NOTE Confidence: 0.829117145

00:16:00.366 --> 00:16:02.310 director of Connecticut Latino

NOTE Confidence: 0.829117145

00:16:02.310 --> 00:16:03.768 Behavioral Health system.

NOTE Confidence: 0.829117145

00:16:03.770 --> 00:16:05.270 This is Doctor Alto leg.

NOTE Confidence: 0.829117145

00:16:05.270 --> 00:16:07.250 He is a wealth of knowledge,

NOTE Confidence: 0.829117145

00:16:07.250 --> 00:16:09.110 especially when it comes to Muslim

NOTE Confidence: 0.829117145

00:16:09.110 --> 00:16:09.730 mental health.

NOTE Confidence: 0.829117145

00:16:09.730 --> 00:16:11.734 He is a double board certified

NOTE Confidence: 0.829117145

00:16:11.734 --> 00:16:13.404 psychiatrist and neurologist and also

NOTE Confidence: 0.829117145

00:16:13.404 --> 00:16:15.371 the President and Co founder of the

NOTE Confidence: 0.829117145

00:16:15.371 --> 00:16:16.941 Institute of Muslim Mental Health

NOTE Confidence: 0.829117145

00:16:16.941 --> 00:16:18.849 and then this is doctor Ihenacho.

NOTE Confidence: 0.829117145

00:16:18.850 --> 00:16:20.980 Just my amazing and wonderful mentor,

NOTE Confidence: 0.829117145

00:16:20.980 --> 00:16:22.965 he is currently the chairman

NOTE Confidence: 0.829117145

00:16:22.965 --> 00:16:24.553 at Trinity Health Hospital.

NOTE Confidence: 0.829117145

00:16:24.560 --> 00:16:26.947 Also the faculty leader of the Yale

NOTE Confidence: 0.829117145

00:16:26.947 --> 00:16:29.148 Global Mental Health Program and the

NOTE Confidence: 0.829117145

00:16:29.148 --> 00:16:31.556 leader of The Happiness Project in Nigeria.

NOTE Confidence: 0.829117145

00:16:31.560 --> 00:16:32.367 This is Sylvia.

NOTE Confidence: 0.829117145

00:16:32.367 --> 00:16:34.250 She is our student leader from the

NOTE Confidence: 0.829117145

00:16:34.303 --> 00:16:35.977 School of Public Health and then

NOTE Confidence: 0.829117145

00:16:35.977 --> 00:16:37.800 this is Doctor Paul Eggenberger.

NOTE Confidence: 0.829117145

00:16:37.800 --> 00:16:40.192 He's my Co resident and also the Co

NOTE Confidence: 0.829117145

00:16:40.192 --> 00:16:43.058 leader of the global Mental health program.

NOTE Confidence: 0.798863668375

00:16:45.950 --> 00:16:47.522 So with the Yale Global Mental

NOTE Confidence: 0.798863668375

00:16:47.522 --> 00:16:49.206 Health Program, we have two arms.

NOTE Confidence: 0.798863668375

00:16:49.206 --> 00:16:50.651 One is the resident distinction

NOTE Confidence: 0.798863668375

00:16:50.651 --> 00:16:52.007 pathway and then the other

NOTE Confidence: 0.798863668375

00:16:52.007 --> 00:16:53.272 one is the seminar series.

NOTE Confidence: 0.76728095

00:16:56.320 --> 00:16:58.820 With the resident distinction pathway,

NOTE Confidence: 0.76728095

00:16:58.820 --> 00:17:01.907 that's you know 1/2 of our program.

NOTE Confidence: 0.76728095

00:17:01.910 --> 00:17:03.362 There's three requirements for

NOTE Confidence: 0.76728095

00:17:03.362 --> 00:17:05.177 residents to enter this program.

NOTE Confidence: 0.76728095

00:17:05.180 --> 00:17:07.245 The three requirements are the

NOTE Confidence: 0.76728095

00:17:07.245 --> 00:17:08.897 academic project site tactic,

NOTE Confidence: 0.76728095

00:17:08.900 --> 00:17:10.488 and then Capstone Scholarship.

NOTE Confidence: 0.76728095

00:17:10.488 --> 00:17:12.473 It's a one year commitment,

NOTE Confidence: 0.76728095

00:17:12.480 --> 00:17:14.082 and then at the end of

NOTE Confidence: 0.76728095

00:17:14.082 --> 00:17:15.150 participation in this program,

NOTE Confidence: 0.76728095

00:17:15.150 --> 00:17:17.555 we get a formal certification

NOTE Confidence: 0.76728095

00:17:17.555 --> 00:17:19.960 to show that we've completed

NOTE Confidence: 0.76728095

00:17:20.047 --> 00:17:22.619 this program during graduation.

NOTE Confidence: 0.76728095

00:17:22.620 --> 00:17:25.770 So for the academic project portion

NOTE Confidence: 0.76728095

00:17:25.770 --> 00:17:28.674 it's there's you know process and

NOTE Confidence: 0.76728095

00:17:28.674 --> 00:17:31.115 selection that is involved when

NOTE Confidence: 0.76728095

00:17:31.115 --> 00:17:33.605 we are applying to the program,

NOTE Confidence: 0.76728095

00:17:33.610 --> 00:17:34.955 residents can choose to have

NOTE Confidence: 0.76728095

00:17:34.955 --> 00:17:36.634 their own projects and you know

NOTE Confidence: 0.76728095

00:17:36.634 --> 00:17:37.766 bring their own mentors.

NOTE Confidence: 0.76728095

00:17:37.770 --> 00:17:38.966 They're really connected with,

NOTE Confidence: 0.76728095

00:17:38.966 --> 00:17:41.314 or they could choose from one of the

NOTE Confidence: 0.76728095

00:17:41.314 --> 00:17:43.057 many mentors that we have within the

NOTE Confidence: 0.76728095

00:17:43.057 --> 00:17:45.110 Yellow Department of Psychiatry Community.

NOTE Confidence: 0.76728095

00:17:45.110 --> 00:17:47.350 And we also meet quarterly for support

NOTE Confidence: 0.76728095

00:17:47.350 --> 00:17:49.248 and for feedback of one another.

NOTE Confidence: 0.76728095

00:17:49.250 --> 00:17:52.123 And also get a group gift card so

NOTE Confidence: 0.76728095

00:17:52.123 --> 00:17:53.855 some opportunities are available

NOTE Confidence: 0.76728095

00:17:53.855 --> 00:17:55.587 in the local program.

NOTE Confidence: 0.76728095

00:17:55.590 --> 00:17:59.046 There is St psychiatry with Doctor Emma low.

NOTE Confidence: 0.76728095

00:17:59.050 --> 00:17:59.900 There's refugee,

NOTE Confidence: 0.76728095

00:17:59.900 --> 00:18:02.025 care with Doctor Adam Malai,

NOTE Confidence: 0.76728095

00:18:02.030 --> 00:18:04.166 there's Hispanic clinic with Doctor Silva.

NOTE Confidence: 0.76728095

00:18:04.170 --> 00:18:06.348 There's the VA homeless program with

NOTE Confidence: 0.76728095

00:18:06.348 --> 00:18:08.560 Doctor Nacho and then the Muslim,

NOTE Confidence: 0.76728095

00:18:08.560 --> 00:18:10.650 the mental health and Muslim

NOTE Confidence: 0.76728095

00:18:10.650 --> 00:18:12.322 population with Doctor Altwin.

NOTE Confidence: 0.76728095

00:18:12.330 --> 00:18:15.070 And also to emphasize again,

NOTE Confidence: 0.76728095

00:18:15.070 --> 00:18:16.878 that global mental health

NOTE Confidence: 0.76728095

00:18:16.878 --> 00:18:18.686 doesn't necessarily mean abroad.

NOTE Confidence: 0.76728095

00:18:18.690 --> 00:18:20.904 But we are also very responsive

NOTE Confidence: 0.76728095

00:18:20.904 --> 00:18:23.172 to our local community and the

00:18:23.172 --> 00:18:24.977 local needs of our community.

00:18:24.980 --> 00:18:26.524 And some international programs

00:18:26.524 --> 00:18:28.454 that residents can connect to.

00:18:28.460 --> 00:18:30.710 So this is psychosis research.

00:18:30.710 --> 00:18:33.278 This is based in India with

00:18:33.278 --> 00:18:34.134 Doctor Radhakrishnan.

00:18:34.140 --> 00:18:36.370 The Happiness Project based in

00:18:36.370 --> 00:18:38.154 Nigeria with Doctor Ihenacho.

00:18:38.160 --> 00:18:40.980 There's substance use related HIV problems.

00:18:40.980 --> 00:18:43.241 This is based in Southeast Asia with

00:18:43.241 --> 00:18:45.682 Doctor Sawatzki and then of course the

00:18:45.682 --> 00:18:47.794 Yellow China program with doctor approval.

00:18:47.800 --> 00:18:50.008 So these two lists are not

00:18:50.008 --> 00:18:52.465 comprehensive lists by any means of

00:18:52.465 --> 00:18:54.745 the opportunities that are available.

NOTE Confidence: 0.76728095

00:18:54.750 --> 00:18:56.106 And the department.

NOTE Confidence: 0.76728095

00:18:56.106 --> 00:18:58.366 These are just very preliminary

NOTE Confidence: 0.76728095

00:18:58.366 --> 00:19:00.773 lists of faculty members that

NOTE Confidence: 0.76728095

00:19:00.773 --> 00:19:02.669 we have connected with.

NOTE Confidence: 0.76728095

00:19:02.670 --> 00:19:04.680 So the other requirement of the

NOTE Confidence: 0.76728095

00:19:04.680 --> 00:19:06.880 resident being a part of this

NOTE Confidence: 0.76728095

00:19:06.880 --> 00:19:08.865 pathway is the Capstone Scholarship.

NOTE Confidence: 0.76728095

00:19:08.870 --> 00:19:09.474 Of course,

NOTE Confidence: 0.76728095

00:19:09.474 --> 00:19:10.682 we're presenting during grand

NOTE Confidence: 0.76728095

00:19:10.682 --> 00:19:12.897 rounds this year and then there are

NOTE Confidence: 0.76728095

00:19:12.897 --> 00:19:14.482 opportunities for dissemination and then

NOTE Confidence: 0.76728095

00:19:14.482 --> 00:19:16.607 the last requirement is our didactics.

NOTE Confidence: 0.76728095

00:19:16.610 --> 00:19:18.815 We're fortunate to have some things already

NOTE Confidence: 0.76728095

00:19:18.815 --> 00:19:20.890 embedded in the residency didactics.

NOTE Confidence: 0.76728095

00:19:20.890 --> 00:19:23.242 We also have global mental health

NOTE Confidence: 0.76728095

00:19:23.242 --> 00:19:24.810 competencies that's posted on

NOTE Confidence: 0.76728095

00:19:24.882 --> 00:19:27.048 the on our global Yale Global

NOTE Confidence: 0.76728095

00:19:27.048 --> 00:19:28.978 Mental Health website that's been

NOTE Confidence: 0.76728095

00:19:28.978 --> 00:19:31.063 developed by the previous resident

NOTE Confidence: 0.76728095

00:19:31.063 --> 00:19:32.731 leader and faculty members.

NOTE Confidence: 0.76728095

00:19:32.740 --> 00:19:34.040 We also have monthly seminar

NOTE Confidence: 0.76728095

00:19:34.040 --> 00:19:35.750 series that we have to attend.

NOTE Confidence: 0.839753951818182

00:19:37.780 --> 00:19:39.670 So pivoting a little bit to

NOTE Confidence: 0.839753951818182

00:19:39.670 --> 00:19:41.440 talk about the seminar series.

NOTE Confidence: 0.839753951818182

00:19:41.440 --> 00:19:43.365 So that's our other arm of the

NOTE Confidence: 0.839753951818182

00:19:43.365 --> 00:19:45.099 Yale Global Mental Health Program,

NOTE Confidence: 0.839753951818182

00:19:45.100 --> 00:19:46.680 the established structure that's

NOTE Confidence: 0.839753951818182

00:19:46.680 --> 00:19:49.068 been in place is that there

NOTE Confidence: 0.839753951818182

00:19:49.068 --> 00:19:50.700 are different themes yearly,

NOTE Confidence: 0.839753951818182

00:19:50.700 --> 00:19:52.230 and it's an in person gathering

NOTE Confidence: 0.839753951818182

00:19:52.230 --> 00:19:54.182 of this is pre COVID of course

NOTE Confidence: 0.839753951818182

00:19:54.182 --> 00:19:55.637 of five to 20 individuals,

NOTE Confidence: 0.839753951818182

00:19:55.640 --> 00:19:57.453 and most of the speakers are within

NOTE Confidence: 0.839753951818182

00:19:57.453 --> 00:19:59.278 the Yale community itself and the

NOTE Confidence: 0.839753951818182

00:19:59.278 --> 00:20:00.602 attendees are usually psychiatry

NOTE Confidence: 0.839753951818182

00:20:00.602 --> 00:20:02.419 residents or students from the school.

NOTE Confidence: 0.839753951818182

00:20:02.420 --> 00:20:05.660 Public health met students and the

NOTE Confidence: 0.839753951818182

00:20:05.660 --> 00:20:07.684 leadership. So with this year.

NOTE Confidence: 0.839753951818182

00:20:07.684 --> 00:20:08.797 With COVID happening,

NOTE Confidence: 0.839753951818182

00:20:08.800 --> 00:20:10.792 we wanted to capitalize on that

NOTE Confidence: 0.839753951818182

00:20:10.792 --> 00:20:12.574 and really capitalize on the

NOTE Confidence: 0.839753951818182

00:20:12.574 --> 00:20:14.529 virtual connection and the zoom

NOTE Confidence: 0.839753951818182

00:20:14.529 --> 00:20:16.093 that's available during COVID.

NOTE Confidence: 0.839753951818182

00:20:16.100 --> 00:20:21.410 So we were very intentional about

NOTE Confidence: 0.839753951818182

00:20:21.410 --> 00:20:23.848 inviting speakers who are based

NOTE Confidence: 0.839753951818182

00:20:23.848 --> 00:20:26.170 in their home communities and who

NOTE Confidence: 0.839753951818182

00:20:26.245 --> 00:20:28.249 are developing amazing programs

NOTE Confidence: 0.839753951818182

00:20:28.249 --> 00:20:30.253 in their home communities.

NOTE Confidence: 0.839753951818182

00:20:30.260 --> 00:20:32.660 We also wanted to emphasize HealthEquity,

NOTE Confidence: 0.839753951818182

00:20:32.660 --> 00:20:34.838 so that means being very intentional

NOTE Confidence: 0.839753951818182

00:20:34.838 --> 00:20:37.028 about which speaker we choose in

NOTE Confidence: 0.839753951818182

00:20:37.028 --> 00:20:39.056 terms of their identity and which.

NOTE Confidence: 0.839753951818182

00:20:39.060 --> 00:20:40.760 Region of the world.

NOTE Confidence: 0.839753951818182

00:20:40.760 --> 00:20:44.892 It is so even with us being very

NOTE Confidence: 0.839753951818182

00:20:44.892 --> 00:20:46.922 intentional about, you know,

NOTE Confidence: 0.839753951818182

00:20:46.922 --> 00:20:48.786 choosing individuals from abroad.

NOTE Confidence: 0.839753951818182

00:20:48.790 --> 00:20:51.454 We unfortunately did not have any

NOTE Confidence: 0.839753951818182

00:20:51.454 --> 00:20:54.611 speaker from Asia and we also had

NOTE Confidence: 0.839753951818182

00:20:54.611 --> 00:20:57.197 much less female speakers this year.

NOTE Confidence: 0.839753951818182

00:20:57.200 --> 00:20:59.454 So just keeping in mind that even

NOTE Confidence: 0.839753951818182

00:20:59.454 --> 00:21:01.628 when we're trying to be very

NOTE Confidence: 0.839753951818182

00:21:01.628 --> 00:21:03.144 intentional and conscious about

NOTE Confidence: 0.839753951818182

00:21:03.150 --> 00:21:04.830 who we're inviting as speakers,

NOTE Confidence: 0.839753951818182

00:21:04.830 --> 00:21:07.770 we're still falling a little bit short.

NOTE Confidence: 0.839753951818182

00:21:07.770 --> 00:21:09.500 And then the other difference.

NOTE Confidence: 0.839753951818182

00:21:09.500 --> 00:21:11.852 This year is that we have opened

NOTE Confidence: 0.839753951818182

00:21:11.852 --> 00:21:14.414 this because of zoom to the general

NOTE Confidence: 0.839753951818182

00:21:14.414 --> 00:21:16.640 public and we have had additional

NOTE Confidence: 0.839753951818182

00:21:16.710 --> 00:21:18.610 attendees from the the speakers

NOTE Confidence: 0.839753951818182

00:21:18.610 --> 00:21:20.180 in the countries themselves,

NOTE Confidence: 0.839753951818182

00:21:20.180 --> 00:21:23.560 which has been a very wonderful process

NOTE Confidence: 0.839753951818182

00:21:23.560 --> 00:21:26.790 as well. So this is some pictures.

NOTE Confidence: 0.839753951818182

00:21:26.790 --> 00:21:31.366 This is of the asido on the shame

NOTE Confidence: 0.839753951818182

00:21:31.366 --> 00:21:33.626 presentation by Doctor Abdul Malik.

NOTE Confidence: 0.839753951818182

00:21:33.630 --> 00:21:35.890 This is based in Nigeria.

NOTE Confidence: 0.839753951818182

00:21:35.890 --> 00:21:37.510 He's talking about the Sital

NOTE Confidence: 0.839753951818182

00:21:37.510 --> 00:21:39.521 program and then we've had the

NOTE Confidence: 0.839753951818182

00:21:39.521 --> 00:21:41.789 dream of world that I talked about

NOTE Confidence: 0.839753951818182

00:21:41.789 --> 00:21:43.450 friendship bench that you belong.

NOTE Confidence: 0.839753951818182

00:21:43.450 --> 00:21:45.970 We also had chats saved which is based in

NOTE Confidence: 0.839753951818182

00:21:45.970 --> 00:21:47.897 Australia and it's about young persons.

NOTE Confidence: 0.871930598461538

00:21:49.950 --> 00:21:52.115 How to communicate online for

NOTE Confidence: 0.871930598461538

00:21:52.115 --> 00:21:53.847 young persons regarding mental

NOTE Confidence: 0.871930598461538

00:21:53.847 --> 00:21:55.769 health and regarding suicide.

NOTE Confidence: 0.871930598461538

00:21:55.770 --> 00:21:58.262 We also had our very own doctor

NOTE Confidence: 0.871930598461538

00:21:58.262 --> 00:22:00.245 Autolib presenting about Muslim mental

NOTE Confidence: 0.871930598461538

00:22:00.245 --> 00:22:03.682 health and we also had our last

NOTE Confidence: 0.871930598461538

00:22:03.682 --> 00:22:05.984 session was about tuberculosis and

NOTE Confidence: 0.871930598461538

00:22:05.984 --> 00:22:08.366 mental health and actually this was

NOTE Confidence: 0.871930598461538

00:22:08.366 --> 00:22:10.978 done in Spanish and had a translator

NOTE Confidence: 0.871930598461538

00:22:10.978 --> 00:22:13.513 over zoom and there were still still

NOTE Confidence: 0.871930598461538

00:22:13.513 --> 00:22:15.643 a little bit of finicky things.

NOTE Confidence: 0.871930598461538

00:22:15.650 --> 00:22:16.370 We're figuring out,

NOTE Confidence: 0.871930598461538

00:22:16.370 --> 00:22:18.050 but I think we also wanted to

NOTE Confidence: 0.871930598461538

00:22:18.105 --> 00:22:19.480 make sure that language was.

NOTE Confidence: 0.871930598461538

00:22:19.480 --> 00:22:22.948 That barrier to us bringing us

NOTE Confidence: 0.871930598461538

00:22:22.948 --> 00:22:25.260 speakers into the Community.

NOTE Confidence: 0.871930598461538

00:22:25.260 --> 00:22:26.308 I'm learning from them.

NOTE Confidence: 0.921416945263158

00:22:28.810 --> 00:22:31.113 So this is the Muslim mental health

NOTE Confidence: 0.921416945263158

00:22:31.113 --> 00:22:33.039 conference that we have had the

NOTE Confidence: 0.921416945263158

00:22:33.039 --> 00:22:34.785 honor to Co sponsor this year.

NOTE Confidence: 0.921416945263158

00:22:34.790 --> 00:22:37.639 This is the 14th year that this

NOTE Confidence: 0.921416945263158

00:22:37.639 --> 00:22:39.977 conference has happened and is hybrid

NOTE Confidence: 0.921416945263158

00:22:39.977 --> 00:22:42.785 and actually it was based here at Yale

NOTE Confidence: 0.921416945263158

00:22:42.785 --> 00:22:45.500 and we had over 420 registered attendees

NOTE Confidence: 0.921416945263158

00:22:45.500 --> 00:22:48.050 with over 15 countries represented.

NOTE Confidence: 0.921416945263158

00:22:48.050 --> 00:22:49.582 It was highly interdisciplinary.

NOTE Confidence: 0.921416945263158

00:22:49.582 --> 00:22:51.880 There was four tracks that were

NOTE Confidence: 0.921416945263158

00:22:51.942 --> 00:22:53.951 present and the themes of the tracks

NOTE Confidence: 0.921416945263158

00:22:53.951 --> 00:22:56.702 were one is the impact of COVID on

NOTE Confidence: 0.921416945263158

00:22:56.702 --> 00:22:58.162 mental health workforce another?

NOTE Confidence: 0.921416945263158

00:22:58.170 --> 00:22:59.975 Is interpersonal violence and then

NOTE Confidence: 0.921416945263158

00:22:59.975 --> 00:23:01.780 the third one is representation.

NOTE Confidence: 0.921416945263158

00:23:01.780 --> 00:23:03.484 Presentation of psychopathology

NOTE Confidence: 0.921416945263158

00:23:03.484 --> 00:23:04.620 across cultures.

NOTE Confidence: 0.921416945263158

00:23:04.620 --> 00:23:06.618 And the last one is the role of religion,

NOTE Confidence: 0.921416945263158

00:23:06.620 --> 00:23:07.718 culture and spirituality,

NOTE Confidence: 0.921416945263158

00:23:07.718 --> 00:23:09.914 both as a barrier and the

NOTE Confidence: 0.921416945263158

00:23:09.914 --> 00:23:11.558 facilitator to mental healthcare.

NOTE Confidence: 0.921416945263158

00:23:11.560 --> 00:23:14.065 So a very successful conference

NOTE Confidence: 0.921416945263158

00:23:14.065 --> 00:23:16.570 that was hybrid in nature.

NOTE Confidence: 0.921416945263158

00:23:16.570 --> 00:23:18.345 Some future direction about the

NOTE Confidence: 0.921416945263158

00:23:18.345 --> 00:23:19.765 Oklahoma mental health program.

NOTE Confidence: 0.921416945263158

00:23:19.770 --> 00:23:22.546 We're hoping to evaluate a lot of things,

NOTE Confidence: 0.921416945263158

00:23:22.550 --> 00:23:24.531 so the first two is to evaluate

NOTE Confidence: 0.921416945263158

00:23:24.531 --> 00:23:25.380 the resident experience.

NOTE Confidence: 0.921416945263158

00:23:25.380 --> 00:23:28.420 So the four of US residents through this

NOTE Confidence: 0.921416945263158

00:23:28.420 --> 00:23:31.045 distinction pathway and the 2nd is to

NOTE Confidence: 0.921416945263158

00:23:31.045 --> 00:23:33.387 evaluate the guest speakers experience,

NOTE Confidence: 0.921416945263158

00:23:33.390 --> 00:23:35.490 and then the attendees experience.

NOTE Confidence: 0.921416945263158

00:23:35.490 --> 00:23:38.882 We also want to develop and maintain a

NOTE Confidence: 0.921416945263158

00:23:38.882 --> 00:23:41.539 leadership guidebook for continuity purposes,

NOTE Confidence: 0.921416945263158

00:23:41.540 --> 00:23:45.100 and then the fourth point is to strengthen

NOTE Confidence: 0.921416945263158

00:23:45.100 --> 00:23:45.990 multidisciplinary collaboration.

NOTE Confidence: 0.921416945263158

00:23:45.990 --> 00:23:47.475 I think there's already a

NOTE Confidence: 0.921416945263158

00:23:47.475 --> 00:23:48.366 lot of collaboration.

NOTE Confidence: 0.921416945263158

00:23:48.370 --> 00:23:50.954 But there's I think can always be more.

NOTE Confidence: 0.921416945263158

00:23:50.960 --> 00:23:53.480 Especially there's so much wealth and

NOTE Confidence: 0.921416945263158

00:23:53.480 --> 00:23:55.920 resources in the Yale Department psychiatry.

NOTE Confidence: 0.921416945263158

00:23:55.920 --> 00:23:57.396 But even outside of the department,

NOTE Confidence: 0.921416945263158

00:23:57.400 --> 00:23:59.620 so the Yale Internal Medicine program,

NOTE Confidence: 0.921416945263158

00:23:59.620 --> 00:24:02.735 or just the Yale University at large,

NOTE Confidence: 0.921416945263158

00:24:02.740 --> 00:24:04.460 we also wanted to increase

NOTE Confidence: 0.921416945263158

00:24:04.460 --> 00:24:05.836 our social media presence.

NOTE Confidence: 0.921416945263158

00:24:05.840 --> 00:24:06.480 And Divya,

NOTE Confidence: 0.921416945263158

00:24:06.480 --> 00:24:07.440 our student leader,

NOTE Confidence: 0.921416945263158

00:24:07.440 --> 00:24:10.732 had a great idea about posting

NOTE Confidence: 0.921416945263158

00:24:10.732 --> 00:24:12.860 about the seminar series,

NOTE Confidence: 0.921416945263158

00:24:12.860 --> 00:24:14.475 some important learning points from

NOTE Confidence: 0.921416945263158

00:24:14.475 --> 00:24:16.813 each of these speakers so that there

NOTE Confidence: 0.921416945263158

00:24:16.813 --> 00:24:18.478 is a continuous learning process.

NOTE Confidence: 0.921416945263158

00:24:18.480 --> 00:24:21.190 As well as increased visibility

NOTE Confidence: 0.921416945263158

00:24:21.190 --> 00:24:22.816 about the program.

NOTE Confidence: 0.921416945263158

00:24:22.820 --> 00:24:25.425 And some more immediate things

NOTE Confidence: 0.921416945263158

00:24:25.425 --> 00:24:28.030 that we're looking forward to.

NOTE Confidence: 0.921416945263158

00:24:28.030 --> 00:24:30.375 We wanted to welcome the Yale Psychiatry

NOTE Confidence: 0.921416945263158

00:24:30.375 --> 00:24:33.750 class of 2026 and the incoming transfers.

NOTE Confidence: 0.921416945263158

00:24:33.750 --> 00:24:35.982 We want to make sure that if there's

NOTE Confidence: 0.921416945263158

00:24:35.982 --> 00:24:37.639 any interested residents that are

NOTE Confidence: 0.921416945263158

00:24:37.639 --> 00:24:39.709 current or incoming that they are

NOTE Confidence: 0.921416945263158

00:24:39.709 --> 00:24:41.803 connecting with us and so that we can

NOTE Confidence: 0.921416945263158

00:24:41.803 --> 00:24:43.316 connect them with faculty members

NOTE Confidence: 0.921416945263158

00:24:43.316 --> 00:24:45.674 who are in global mental health.

NOTE Confidence: 0.921416945263158

00:24:45.680 --> 00:24:47.696 And then fortunately all of our

NOTE Confidence: 0.921416945263158

00:24:47.696 --> 00:24:49.470 leadership is staying on board.

NOTE Confidence: 0.921416945263158

00:24:49.470 --> 00:24:51.834 So there's going to be continuation

NOTE Confidence: 0.921416945263158

00:24:51.834 --> 00:24:54.155 in the next expansion of that

NOTE Confidence: 0.921416945263158

00:24:54.155 --> 00:24:56.183 and then Paul and myself were

NOTE Confidence: 0.921416945263158

00:24:56.183 --> 00:24:58.178 actually in our Co leadership.

NOTE Confidence: 0.921416945263158

00:24:58.180 --> 00:24:58.504 Uh,

NOTE Confidence: 0.921416945263158

00:24:58.504 --> 00:24:59.152 resident role.

NOTE Confidence: 0.921416945263158

00:24:59.152 --> 00:25:01.793 We're going to have a clear billion where

NOTE Confidence: 0.921416945263158

00:25:01.793 --> 00:25:04.297 Paul is going to take the seminar series,

NOTE Confidence: 0.921416945263158

00:25:04.300 --> 00:25:06.268 and I would be taking the

NOTE Confidence: 0.921416945263158

00:25:06.268 --> 00:25:07.252 resident distinction pathway.

NOTE Confidence: 0.921416945263158

00:25:07.260 --> 00:25:09.822 So if you have any suggested speakers

NOTE Confidence: 0.921416945263158

00:25:09.822 --> 00:25:11.706 or amazing individuals you would

NOTE Confidence: 0.921416945263158

00:25:11.706 --> 00:25:13.860 like to really feature and highlight,

NOTE Confidence: 0.921416945263158

00:25:13.860 --> 00:25:15.820 please email Paul and then if you're

NOTE Confidence: 0.921416945263158

00:25:15.820 --> 00:25:17.614 interested resident or if you're interested

NOTE Confidence: 0.921416945263158

00:25:17.614 --> 00:25:19.420 faculty and working with a resident,

NOTE Confidence: 0.921416945263158

00:25:19.420 --> 00:25:20.449 please email me.

NOTE Confidence: 0.921416945263158

00:25:20.449 --> 00:25:23.340 I would be happy to receive your email.

NOTE Confidence: 0.921416945263158

00:25:23.340 --> 00:25:26.476 We are also gaining an undergraduate student.

NOTE Confidence: 0.921416945263158

00:25:26.480 --> 00:25:28.520 And then we're also trying to.

NOTE Confidence: 0.921416945263158

00:25:28.520 --> 00:25:29.492 Recruit some student leaders

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NOTE Confidence: 0.921416945263158

00:25:29.492 --> 00:25:30.950 from the School of Public Health

NOTE Confidence: 0.921416945263158

00:25:30.993 --> 00:25:32.265 and then the School of Medicine.

NOTE Confidence: 0.875643119375

00:25:34.290 --> 00:25:36.378 And then our similar series next

NOTE Confidence: 0.875643119375

00:25:36.378 --> 00:25:38.187 year we've been talking about

NOTE Confidence: 0.875643119375

00:25:38.187 --> 00:25:39.947 maybe going into the hybrid,

NOTE Confidence: 0.875643119375

00:25:39.950 --> 00:25:41.468 keeping some of the zoom function,

NOTE Confidence: 0.875643119375

00:25:41.470 --> 00:25:43.430 especially with inviting speakers from

NOTE Confidence: 0.875643119375

00:25:43.430 --> 00:25:45.390 different countries around the world.

NOTE Confidence: 0.875643119375

00:25:45.390 --> 00:25:47.294 We also want to make sure there are

NOTE Confidence: 0.875643119375

00:25:47.294 --> 00:25:48.450 opportunities for dissemination,

NOTE Confidence: 0.875643119375

00:25:48.450 --> 00:25:51.400 especially with the seminar series.

NOTE Confidence: 0.875643119375

00:25:51.400 --> 00:25:53.990 So I think that is pretty much

NOTE Confidence: 0.875643119375

00:25:53.990 --> 00:25:56.959 done with the introduction portion,

NOTE Confidence: 0.875643119375

00:25:56.960 --> 00:25:59.368 and now we're going to pivot to

NOTE Confidence: 0.875643119375

00:25:59.368 --> 00:26:01.060 the resident academic projects,

NOTE Confidence: 0.875643119375

00:26:01.060 --> 00:26:03.634 and I'm very honored to present

NOTE Confidence: 0.875643119375

00:26:03.634 --> 00:26:05.350 to you Doctor Uyuni.

NOTE Confidence: 0.9497592

00:26:08.950 --> 00:26:10.786 Thank you so much, doctor Sellers.

NOTE Confidence: 0.9497592

00:26:10.790 --> 00:26:13.088 Hello everyone, I'm Yvonne ELA a

NOTE Confidence: 0.9497592

00:26:13.088 --> 00:26:14.941 third year psychiatry resident and

NOTE Confidence: 0.9497592

00:26:14.941 --> 00:26:16.981 will be sharing some of the work I

NOTE Confidence: 0.9497592

00:26:16.981 --> 00:26:19.059 did towards developing an online

NOTE Confidence: 0.9497592

00:26:19.059 --> 00:26:21.254 directory for the Happiness Project.

NOTE Confidence: 0.9667834

00:26:23.670 --> 00:26:24.110 Please.

NOTE Confidence: 0.9301600575

00:26:26.570 --> 00:26:28.698 This is a brief outline of the presentation.

NOTE Confidence: 0.9301600575

00:26:28.700 --> 00:26:30.432 We'll begin with a brief overview

NOTE Confidence: 0.9301600575

00:26:30.432 --> 00:26:32.958 of the Happiness project followed by

NOTE Confidence: 0.9301600575

00:26:32.958 --> 00:26:34.750 background slash, literature review,

NOTE Confidence: 0.9301600575

00:26:34.750 --> 00:26:37.081 and some content of this current project

NOTE Confidence: 0.9301600575

00:26:37.081 --> 00:26:39.180 of creating an online directory.

NOTE Confidence: 0.90888245125

00:26:41.760 --> 00:26:43.992 I would like to begin by

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NOTE Confidence: 0.90888245125

00:26:43.992 --> 00:26:45.157 acknowledging my mentor,

NOTE Confidence: 0.90888245125

00:26:45.157 --> 00:26:47.659 Doctor Ted Ihenacho for this project.

NOTE Confidence: 0.90888245125

00:26:47.660 --> 00:26:49.830 I also want to uplift multiple other

NOTE Confidence: 0.90888245125

00:26:49.830 --> 00:26:51.820 contributors to the Happiness project,

NOTE Confidence: 0.90888245125

00:26:51.820 --> 00:26:53.880 both locally and globally,

NOTE Confidence: 0.90888245125

00:26:53.880 --> 00:26:55.940 including current yellow faculty,

NOTE Confidence: 0.90888245125

00:26:55.940 --> 00:26:57.552 residents, and recent alumni

NOTE Confidence: 0.90888245125

00:26:57.552 --> 00:26:59.164 such as Doctor Charles,

NOTE Confidence: 0.90888245125

00:26:59.170 --> 00:27:01.250 DK Doctor Nicole, Roxas,

NOTE Confidence: 0.90888245125

00:27:01.250 --> 00:27:02.840 Dr Francis, Adachi,

NOTE Confidence: 0.90888245125

00:27:02.840 --> 00:27:06.690 Doctor Daniel de Francisco and many more.

NOTE Confidence: 0.858578410833333

00:27:08.880 --> 00:27:11.514 The Happiness project stands for health

NOTE Confidence: 0.858578410833333

00:27:11.514 --> 00:27:14.019 action for psychiatric problems in Nigeria,

NOTE Confidence: 0.858578410833333

00:27:14.020 --> 00:27:15.504 including epilepsy and substances.

NOTE Confidence: 0.858578410833333

00:27:15.504 --> 00:27:18.058 I was drawn to collaborating on this

NOTE Confidence: 0.858578410833333

00:27:18.058 --> 00:27:19.948 project that I was born in Nigeria

NOTE Confidence: 0.858578410833333

00:27:19.948 --> 00:27:22.168 and feel connected to contribute to

NOTE Confidence: 0.858578410833333

00:27:22.168 --> 00:27:24.198 improving its mental health resources.

NOTE Confidence: 0.863117656666667

00:27:27.160 --> 00:27:29.170 Happy, Nice project is a

NOTE Confidence: 0.863117656666667

00:27:29.170 --> 00:27:30.778 collaboration between Yale University,

NOTE Confidence: 0.863117656666667

00:27:30.780 --> 00:27:33.162 Hemo State University and email state

NOTE Confidence: 0.863117656666667

00:27:33.162 --> 00:27:35.220 Primary Health care development agency.

NOTE Confidence: 0.863117656666667

00:27:35.220 --> 00:27:36.920 During Yale President Peter

NOTE Confidence: 0.863117656666667

00:27:36.920 --> 00:27:38.620 Salovey's visit to Lagos,

NOTE Confidence: 0.863117656666667

00:27:38.620 --> 00:27:40.576 he met with officials to finalize

NOTE Confidence: 0.863117656666667

00:27:40.576 --> 00:27:43.060 plans to expand the Happiness project.

NOTE Confidence: 0.863117656666667

00:27:43.060 --> 00:27:44.975 The Happiness Project trained healthcare

NOTE Confidence: 0.863117656666667

00:27:44.975 --> 00:27:47.560 workers such as primary care physicians,

NOTE Confidence: 0.863117656666667

00:27:47.560 --> 00:27:49.360 nurses, community, community,

NOTE Confidence: 0.863117656666667

00:27:49.360 --> 00:27:52.360 mental health workers in rural.

NOTE Confidence: 0.863117656666667

00:27:52.360 --> 00:27:53.928 Communities to screen for,

NOTE Confidence: 0.863117656666667

00:27:53.928 --> 00:27:55.888 assess and manage mental health

NOTE Confidence: 0.863117656666667

00:27:55.888 --> 00:27:57.548 disorders in their communities.

NOTE Confidence: 0.846847052

00:27:59.580 --> 00:28:02.820 In Nigeria 20 to 30% of the population

NOTE Confidence: 0.846847052

00:28:02.820 --> 00:28:04.620 suffer from mental health disorders.

NOTE Confidence: 0.846847052

00:28:04.620 --> 00:28:07.055 However, with less than 300

NOTE Confidence: 0.846847052

00:28:07.055 --> 00:28:09.003 psychiatrists for an estimated

NOTE Confidence: 0.846847052

00:28:09.003 --> 00:28:11.118 population of 200 million people,

NOTE Confidence: 0.846847052

00:28:11.120 --> 00:28:13.829 only 10% of adults with any mental

NOTE Confidence: 0.846847052

00:28:13.829 --> 00:28:15.525 health disorder receive any

NOTE Confidence: 0.846847052

00:28:15.525 --> 00:28:19.110 care irrespective of severity.

NOTE Confidence: 0.846847052

00:28:19.110 --> 00:28:20.615 This is where the happiness

NOTE Confidence: 0.846847052

00:28:20.615 --> 00:28:21.819 project comes into play.

NOTE Confidence: 0.846847052

00:28:21.820 --> 00:28:24.214 It adopts the WHO's mental health

NOTE Confidence: 0.846847052

00:28:24.214 --> 00:28:26.260 gap Action plan Intervention Guide,

NOTE Confidence: 0.846847052

00:28:26.260 --> 00:28:29.222 which is in line with Nigeria's

NOTE Confidence: 0.846847052

00:28:29.222 --> 00:28:31.070 policy of integrating mental

NOTE Confidence: 0.846847052

00:28:31.070 --> 00:28:32.918 health into primary care.

NOTE Confidence: 0.846847052

00:28:32.920 --> 00:28:34.755 This collaborative approach is 1

NOTE Confidence: 0.846847052

00:28:34.755 --> 00:28:37.003 model of reducing the treatment gap

NOTE Confidence: 0.846847052

00:28:37.003 --> 00:28:39.133 for mental health disorders in low

NOTE Confidence: 0.846847052

00:28:39.133 --> 00:28:40.987 middle income countries like Nigeria

NOTE Confidence: 0.846847052

00:28:40.987 --> 00:28:45.090 with very few psychiatric specialists.

NOTE Confidence: 0.846847052

00:28:45.090 --> 00:28:47.680 The next few slides illustrate a brief

NOTE Confidence: 0.846847052

00:28:47.680 --> 00:28:50.708 overview of the HMH Gap Intervention Guide,

NOTE Confidence: 0.846847052

00:28:50.710 --> 00:28:52.735 which includes training to screen

NOTE Confidence: 0.846847052

00:28:52.735 --> 00:28:57.020 for depression, psychosis, epilepsy.

NOTE Confidence: 0.846847052

00:28:57.020 --> 00:28:59.740 Child and adolescent mental health,

NOTE Confidence: 0.846847052

00:28:59.740 --> 00:29:02.326 dementia, substance use and self harm.

NOTE Confidence: 0.7484561864

00:29:04.820 --> 00:29:08.200 Since it's inception in 2018,

NOTE Confidence: 0.7484561864

00:29:08.200 --> 00:29:10.780 The Happiness Project has trained

NOTE Confidence: 0.7484561864

00:29:10.780 --> 00:29:13.834 over 600 primary care workers and

NOTE Confidence: 0.7484561864

00:29:13.834 --> 00:29:15.755 across all 27 local government

NOTE Confidence: 0.7484561864

00:29:15.755 --> 00:29:17.680 areas and email state Nigeria.

NOTE Confidence: 0.7484561864

00:29:17.680 --> 00:29:20.148 These trained community primary

NOTE Confidence: 0.7484561864

00:29:20.148 --> 00:29:21.999 healthcare workers conduct

NOTE Confidence: 0.7484561864

00:29:21.999 --> 00:29:23.850 routine clinic screenings.

NOTE Confidence: 0.7484561864

00:29:23.850 --> 00:29:25.310 In Person, committee awareness

NOTE Confidence: 0.7484561864

00:29:25.310 --> 00:29:27.135 activities and also get word

NOTE Confidence: 0.7484561864

00:29:27.135 --> 00:29:28.859 of mouth recommendations.

NOTE Confidence: 0.809576606

00:29:31.310 --> 00:29:32.880 Even with the trained clinicians,

NOTE Confidence: 0.809576606

00:29:32.880 --> 00:29:34.665 we recognize that barriers still

NOTE Confidence: 0.809576606

00:29:34.665 --> 00:29:36.790 exist in connecting people with them.

NOTE Confidence: 0.809576606

00:29:36.790 --> 00:29:38.935 Online directories for mental health

NOTE Confidence: 0.809576606

00:29:38.935 --> 00:29:41.080 specialists facilitate pathways to get

NOTE Confidence: 0.809576606

00:29:41.139 --> 00:29:43.365 access to services within their region.

NOTE Confidence: 0.809576606

00:29:43.370 --> 00:29:45.545 Such directories are more readily

NOTE Confidence: 0.809576606

00:29:45.545 --> 00:29:47.720 available in high income countries

NOTE Confidence: 0.809576606

00:29:47.784 --> 00:29:50.466 compared to lower middle income countries.

NOTE Confidence: 0.809576606

00:29:50.470 --> 00:29:52.610 In countries such as Kenya,

NOTE Confidence: 0.809576606

00:29:52.610 --> 00:29:54.690 Egypt, South Africa and Ghana,

NOTE Confidence: 0.809576606

00:29:54.690 --> 00:29:56.890 there is growing movement towards

NOTE Confidence: 0.809576606

00:29:56.890 --> 00:29:58.650 building robust online directories

NOTE Confidence: 0.809576606

00:29:58.650 --> 00:30:00.648 of mental health providers,

NOTE Confidence: 0.809576606

00:30:00.650 --> 00:30:02.456 and I've shown a few of these

NOTE Confidence: 0.809576606

00:30:02.456 --> 00:30:03.600 initiatives on this slide.

NOTE Confidence: 0.875653883846154

00:30:05.710 --> 00:30:06.874 In Nigeria specifically,

NOTE Confidence: 0.875653883846154

00:30:06.874 --> 00:30:08.814 there's little to no specific

NOTE Confidence: 0.875653883846154

00:30:08.814 --> 00:30:10.999 directories of mental health providers.

NOTE Confidence: 0.875653883846154

00:30:11.000 --> 00:30:13.576 The few that do exist serve more affluent

NOTE Confidence: 0.875653883846154

00:30:13.576 --> 00:30:15.897 regions of the country such as Lagos,

NOTE Confidence: 0.875653883846154

00:30:15.900 --> 00:30:17.280 the Commercial Center,

NOTE Confidence: 0.875653883846154

00:30:17.280 --> 00:30:19.580 and Abuja the capital city.

NOTE Confidence: 0.875653883846154

00:30:19.580 --> 00:30:21.380 Through this proposal we developed

NOTE Confidence: 0.875653883846154

00:30:21.380 --> 00:30:23.180 and published an online directory

NOTE Confidence: 0.875653883846154

00:30:23.238 --> 00:30:25.093 of happiness project trained mental

NOTE Confidence: 0.875653883846154

00:30:25.093 --> 00:30:26.948 health providers and email states.

NOTE Confidence: 0.776242915833333

00:30:29.000 --> 00:30:31.605 This map of Imo State

NOTE Confidence: 0.776242915833333

00:30:31.605 --> 00:30:33.498 Nigeria shows that it has,

NOTE Confidence: 0.776242915833333

00:30:33.498 --> 00:30:35.550 you know 27 local government areas.

NOTE Confidence: 0.776242915833333

00:30:35.550 --> 00:30:37.530 The state has an estimated

NOTE Confidence: 0.776242915833333

00:30:37.530 --> 00:30:39.114 population of about 5,000,000

NOTE Confidence: 0.776242915833333

00:30:39.114 --> 00:30:41.342 people and is located in South

NOTE Confidence: 0.776242915833333

00:30:41.342 --> 00:30:43.102 the southeast region of Nigeria,

NOTE Confidence: 0.776242915833333

00:30:43.110 --> 00:30:45.312 which does not have any region

NOTE Confidence: 0.776242915833333

00:30:45.312 --> 00:30:46.780 specific mental health directory.

NOTE Confidence: 0.90868771875

00:30:49.010 --> 00:30:50.578 Mobile phones and Internet

NOTE Confidence: 0.90868771875

00:30:50.578 --> 00:30:52.146 usage coverage in Nigeria.

NOTE Confidence: 0.90868771875

00:30:52.150 --> 00:30:53.782 Like all developing countries,

NOTE Confidence: 0.90868771875

00:30:53.782 --> 00:30:55.414 has rapidly increased in

NOTE Confidence: 0.90868771875

00:30:55.414 --> 00:30:57.089 increase in recent years,

NOTE Confidence: 0.90868771875

00:30:57.090 --> 00:30:58.938 providing an opportunity to

NOTE Confidence: 0.90868771875

00:30:58.938 --> 00:31:00.786 leverage mobile technology to

NOTE Confidence: 0.90868771875

00:31:00.786 --> 00:31:02.680 improve global mental health.

NOTE Confidence: 0.90868771875

00:31:02.680 --> 00:31:06.056 About 85% of Nigerians use a mobile phone,

NOTE Confidence: 0.90868771875

00:31:06.060 --> 00:31:07.596 although majority of mobile

NOTE Confidence: 0.90868771875

00:31:07.596 --> 00:31:09.516 phone users are using phones

NOTE Confidence: 0.90868771875

00:31:09.516 --> 00:31:11.639 that offer basic functions like

NOTE Confidence: 0.90868771875

00:31:11.639 --> 00:31:13.734 voice calling and text messaging.

NOTE Confidence: 0.90868771875

00:31:13.740 --> 00:31:15.588 Smartphone penetration is projected

NOTE Confidence: 0.90868771875

00:31:15.588 --> 00:31:18.530 to grow about 60% by 2025.

NOTE Confidence: 0.9152337325

00:31:20.220 --> 00:31:20.988 With all of this

NOTE Confidence: 0.835742170526316

00:31:21.000 --> 00:31:23.448 in mind, we created an online directory so

NOTE Confidence: 0.835742170526316

00:31:23.448 --> 00:31:25.575 that potential patients can find trained

NOTE Confidence: 0.835742170526316

00:31:25.575 --> 00:31:27.395 clinicians and email state Nigeria.

NOTE Confidence: 0.835742170526316

00:31:27.400 --> 00:31:30.193 It provides a useful tool for assessing

NOTE Confidence: 0.835742170526316

00:31:30.193 --> 00:31:33.250 mental health care and can serve as a

NOTE Confidence: 0.835742170526316

00:31:33.250 --> 00:31:35.110 model for developing similar directories

NOTE Confidence: 0.835742170526316

00:31:35.179 --> 00:31:37.195 and other states in the country.

NOTE Confidence: 0.835742170526316

00:31:37.200 --> 00:31:40.182 It can also strengthen the referral process

NOTE Confidence: 0.835742170526316

00:31:40.182 --> 00:31:42.722 between Community agencies and specialist

NOTE Confidence: 0.835742170526316

00:31:42.722 --> 00:31:46.508 mental health providers in tertiary centers.

NOTE Confidence: 0.835742170526316

00:31:46.510 --> 00:31:49.156 So we applied for an IP addendum as

NOTE Confidence: 0.835742170526316

00:31:49.156 --> 00:31:51.909 well as grant funding for this project.

NOTE Confidence: 0.835742170526316

00:31:51.910 --> 00:31:54.322 We created a Qualtrics survey to

NOTE Confidence: 0.835742170526316

00:31:54.322 --> 00:31:57.200 gather data of all trained clinicians

NOTE Confidence: 0.835742170526316

00:31:57.200 --> 00:31:59.568 via the Happiness project.

NOTE Confidence: 0.835742170526316

00:31:59.570 --> 00:32:01.010 These included their names,

NOTE Confidence: 0.835742170526316

00:32:01.010 --> 00:32:03.368 phone numbers, their physical locations,

NOTE Confidence: 0.835742170526316

00:32:03.368 --> 00:32:05.006 hours of operation,

NOTE Confidence: 0.835742170526316

00:32:05.010 --> 00:32:07.340 and also any local hospital

NOTE Confidence: 0.835742170526316

00:32:07.340 --> 00:32:09.204 affiliations and many more.

NOTE Confidence: 0.8208276

00:32:11.450 --> 00:32:13.090 We successfully launched a directory

NOTE Confidence: 0.8208276

00:32:13.090 --> 00:32:15.530 last year as shown on this slide.

NOTE Confidence: 0.816604189666667

00:32:18.660 --> 00:32:19.864 On this next slide,

NOTE Confidence: 0.816604189666667

00:32:19.864 --> 00:32:22.121 Imo State is highlighted in green as

NOTE Confidence: 0.816604189666667

00:32:22.121 --> 00:32:24.473 it's the current state of happiness

NOTE Confidence: 0.816604189666667

00:32:24.473 --> 00:32:25.975 trained clinicians prospective clients

NOTE Confidence: 0.816604189666667

00:32:25.975 --> 00:32:28.111 can click on the map and be directed

NOTE Confidence: 0.816604189666667

00:32:28.111 --> 00:32:30.540 to a search bar to find clinicians

NOTE Confidence: 0.816604189666667

00:32:30.540 --> 00:32:33.160 based on their local government area.

NOTE Confidence: 0.816604189666667

00:32:33.160 --> 00:32:35.104 One of the long term goals would be

NOTE Confidence: 0.816604189666667

00:32:35.104 --> 00:32:37.291 to make the entire map of Nigeria

NOTE Confidence: 0.816604189666667

00:32:37.291 --> 00:32:38.931 Green and have happiness trained

NOTE Confidence: 0.816604189666667

00:32:38.992 --> 00:32:40.688 clinicians across the country.

NOTE Confidence: 0.757002235

00:32:43.170 --> 00:32:45.900 So this shows the search search

NOTE Confidence: 0.757002235

00:32:45.900 --> 00:32:48.680 bar when people click on the email

NOTE Confidence: 0.757002235

00:32:48.680 --> 00:32:51.384 state map and you can look for

NOTE Confidence: 0.757002235

00:32:51.384 --> 00:32:53.052 any potential clinicians based

NOTE Confidence: 0.757002235

00:32:53.052 --> 00:32:55.050 on your local government era,

NOTE Confidence: 0.757002235

00:32:55.050 --> 00:32:58.110 which is sort of proximate to

NOTE Confidence: 0.757002235

00:32:58.110 --> 00:33:01.440 like a zip code over here.

NOTE Confidence: 0.918719225

00:33:04.330 --> 00:33:06.128 So overall, we've been able

NOTE Confidence: 0.918719225

00:33:06.128 --> 00:33:07.724 to meet our first target goal,

NOTE Confidence: 0.918719225

00:33:07.730 --> 00:33:09.498 which included creating this

NOTE Confidence: 0.918719225

00:33:09.498 --> 00:33:11.266 comprehensive online directory and

NOTE Confidence: 0.918719225

00:33:11.266 --> 00:33:13.306 service locator of Community mental

NOTE Confidence: 0.918719225

00:33:13.306 --> 00:33:15.502 health providers and Imo State Nigeria.

NOTE Confidence: 0.918719225

00:33:15.510 --> 00:33:17.410 We hope to include updated

NOTE Confidence: 0.918719225

00:33:17.410 --> 00:33:18.930 information of relevant agencies.

NOTE Confidence: 0.918719225

00:33:18.930 --> 00:33:20.361 Organizations like the

NOTE Confidence: 0.918719225

00:33:20.361 --> 00:33:22.269 State Ministry of Health,

NOTE Confidence: 0.918719225

00:33:22.270 --> 00:33:23.794 Acute Care clinic,

NOTE Confidence: 0.918719225

00:33:23.794 --> 00:33:24.810 psychiatric hospitals,

NOTE Confidence: 0.918719225

00:33:24.810 --> 00:33:26.652 other professional organizations

NOTE Confidence: 0.918719225

00:33:26.652 --> 00:33:29.108 and non governmental organizations.

NOTE Confidence: 0.918719225

00:33:29.110 --> 00:33:31.080 Doctor Hanna Tran colleagues are

NOTE Confidence: 0.918719225

00:33:31.080 --> 00:33:32.262 also currently collaborating

NOTE Confidence: 0.918719225

00:33:32.262 --> 00:33:34.250 with an already established.

NOTE Confidence: 0.918719225

00:33:34.250 --> 00:33:35.922 Local mobile health application.

NOTE Confidence: 0.918719225

00:33:35.922 --> 00:33:38.430 That does not have mental health

NOTE Confidence: 0.918719225

00:33:38.503 --> 00:33:40.973 specialists to include the directory

NOTE Confidence: 0.918719225

00:33:40.973 --> 00:33:42.949 of happiness trained clinicians.

NOTE Confidence: 0.918719225

00:33:42.950 --> 00:33:43.351 Ideally,

NOTE Confidence: 0.918719225

00:33:43.351 --> 00:33:45.356 the mobile application will also

NOTE Confidence: 0.918719225

00:33:45.356 --> 00:33:47.416 have embedded screening tools for

NOTE Confidence: 0.918719225

00:33:47.416 --> 00:33:48.996 common mental health disorders.

NOTE Confidence: 0.91781515

00:33:50.090 --> 00:33:50.930 Thank you.

NOTE Confidence: 0.93626213

00:33:57.340 --> 00:33:59.850 All right? I'll

NOTE Confidence: 0.809783548

00:34:00.100 --> 00:34:01.260 go to the next slide.

NOTE Confidence: 0.738748658333333

00:34:03.450 --> 00:34:05.928 Alright, so my name's Paul Hegenberger.

NOTE Confidence: 0.738748658333333

00:34:05.930 --> 00:34:08.546 I am a second year statue resident in

NOTE Confidence: 0.738748658333333

00:34:08.546 --> 00:34:10.879 the Collier along with doctor Sellers

NOTE Confidence: 0.738748658333333

00:34:10.879 --> 00:34:13.285 in the global mental health track.

NOTE Confidence: 0.738748658333333

00:34:13.290 --> 00:34:15.565 And I'll be talking a little bit

NOTE Confidence: 0.738748658333333

00:34:15.565 --> 00:34:19.514 about my project, which is a real

NOTE Confidence: 0.738748658333333

00:34:19.514 --> 00:34:21.326 psychiatry curriculum project.

NOTE Confidence: 0.738748658333333

00:34:21.330 --> 00:34:24.000 It's doctor Sellers mentioned how we

NOTE Confidence: 0.738748658333333

00:34:24.000 --> 00:34:26.911 provide mental health care to to rural

NOTE Confidence: 0.738748658333333

00:34:26.911 --> 00:34:29.880 populations is a domestic and a global issue,

NOTE Confidence: 0.738748658333333

00:34:29.880 --> 00:34:33.226 and it's a really important part of

NOTE Confidence: 0.738748658333333

00:34:33.226 --> 00:34:35.165 improving equitable mental health

NOTE Confidence: 0.738748658333333

00:34:35.165 --> 00:34:38.740 care across the across the world.

NOTE Confidence: 0.738748658333333

00:34:38.740 --> 00:34:39.510 Next

NOTE Confidence: 0.846682467

00:34:42.040 --> 00:34:44.384 so I'd like to start out by telling

NOTE Confidence: 0.846682467

00:34:44.384 --> 00:34:46.509 everybody a little bit about myself

NOTE Confidence: 0.846682467

00:34:46.509 --> 00:34:48.717 and my motivation for this project.

NOTE Confidence: 0.846682467

00:34:48.720 --> 00:34:50.505 So during medical school at

NOTE Confidence: 0.846682467

00:34:50.505 --> 00:34:51.933 the University of Colorado,

NOTE Confidence: 0.846682467

00:34:51.940 --> 00:34:54.966 I spent part of my 4th year doing

NOTE Confidence: 0.846682467

00:34:54.966 --> 00:34:57.740 a roll rotation out on the western

NOTE Confidence: 0.846682467

00:34:57.740 --> 00:34:59.540 slope of the Rocky Mountains

NOTE Confidence: 0.846682467

00:34:59.607 --> 00:35:01.277 in a town called Montrose.

NOTE Confidence: 0.846682467

00:35:01.280 --> 00:35:02.869 These are some of the photos I

NOTE Confidence: 0.846682467

00:35:02.869 --> 00:35:04.140 took during that experience.

NOTE Confidence: 0.846682467

00:35:04.140 --> 00:35:06.618 I was lucky enough to go out

NOTE Confidence: 0.846682467

00:35:06.618 --> 00:35:08.860 there with my whole family.

NOTE Confidence: 0.846682467

00:35:08.860 --> 00:35:10.966 And something I was struck by

NOTE Confidence: 0.846682467

00:35:10.966 --> 00:35:13.123 and something that stuck with me

NOTE Confidence: 0.846682467

00:35:13.123 --> 00:35:15.187 during that time beyond the natural

NOTE Confidence: 0.846682467

00:35:15.187 --> 00:35:17.148 beauty of the mountains was that

NOTE Confidence: 0.846682467

00:35:17.148 --> 00:35:19.500 there was a dire need for mental

NOTE Confidence: 0.846682467

00:35:19.568 --> 00:35:21.478 health care in the community.

NOTE Confidence: 0.846682467

00:35:21.480 --> 00:35:23.055 I heard it over and over and

NOTE Confidence: 0.846682467

00:35:23.055 --> 00:35:24.684 over again from patients and from

NOTE Confidence: 0.846682467

00:35:24.684 --> 00:35:26.184 positions that there was not.

NOTE Confidence: 0.846682467

00:35:26.190 --> 00:35:28.040 There were not enough psychiatrists

NOTE Confidence: 0.846682467

00:35:28.040 --> 00:35:30.808 in that they're really hurting.

NOTE Confidence: 0.846682467

00:35:30.810 --> 00:35:31.758 Next slide, please.

NOTE Confidence: 0.776024476153846

00:35:34.300 --> 00:35:36.953 And as you know, using Montrose as

NOTE Confidence: 0.776024476153846

00:35:36.953 --> 00:35:39.870 a case study for rural psychiatry,

NOTE Confidence: 0.776024476153846

00:35:39.870 --> 00:35:42.355 you know highlighted it during the map.

NOTE Confidence: 0.776024476153846

00:35:42.360 --> 00:35:45.132 It's a little red pin out there on the

NOTE Confidence: 0.776024476153846

00:35:45.132 --> 00:35:46.939 western side of the Rockies has about

NOTE Confidence: 0.776024476153846

00:35:46.939 --> 00:35:48.517 20,000 people and has a catchment

NOTE Confidence: 0.776024476153846

00:35:48.517 --> 00:35:50.658 area that I tried to highlight there.

NOTE Confidence: 0.776024476153846

00:35:50.660 --> 00:35:52.220 I don't know what the square mileage is,

NOTE Confidence: 0.776024476153846

00:35:52.220 --> 00:35:55.909 but it's quite large and it has

NOTE Confidence: 0.776024476153846

00:35:55.909 --> 00:35:58.060 one practicing psychiatrist who's

NOTE Confidence: 0.776024476153846

00:35:58.060 --> 00:36:00.760 not accepting any new patients.

NOTE Confidence: 0.776024476153846

00:36:00.760 --> 00:36:02.068 And it has a small community

NOTE Confidence: 0.776024476153846

00:36:02.068 --> 00:36:02.722 mental Health Center.

NOTE Confidence: 0.776024476153846

00:36:02.730 --> 00:36:04.740 That provides care primarily for the

NOTE Confidence: 0.776024476153846

00:36:04.740 --> 00:36:06.726 seriously mental ill who have Medicaid

NOTE Confidence: 0.776024476153846

00:36:06.726 --> 00:36:08.777 and it's all done via Tele health.

NOTE Confidence: 0.776024476153846

00:36:08.780 --> 00:36:11.660 There's no local providers.

NOTE Confidence: 0.776024476153846

00:36:11.660 --> 00:36:13.860 And just, you know we talk a lot

NOTE Confidence: 0.776024476153846

00:36:13.860 --> 00:36:16.138 about real mental health disparities.

NOTE Confidence: 0.776024476153846

00:36:16.140 --> 00:36:18.065 And I just wanted to to bring

NOTE Confidence: 0.776024476153846

00:36:18.065 --> 00:36:19.939 it home with the statistics.

NOTE Confidence: 0.776024476153846

00:36:19.940 --> 00:36:21.940 So as far as the age adjusted years

NOTE Confidence: 0.776024476153846

00:36:21.940 --> 00:36:23.996 of life loss per 100,000 in the

NOTE Confidence: 0.776024476153846

00:36:23.996 --> 00:36:25.830 state of Colorado by suicide and you

NOTE Confidence: 0.776024476153846

00:36:25.882 --> 00:36:27.674 can see at the bottom of the slide,

NOTE Confidence: 0.776024476153846

00:36:27.680 --> 00:36:30.058 Montrose County is almost double

NOTE Confidence: 0.776024476153846

00:36:30.060 --> 00:36:32.058 that of Denver County when normed.

NOTE Confidence: 0.776024476153846

00:36:32.060 --> 00:36:33.540 For for the population.

NOTE Confidence: 0.714634835

00:36:38.050 --> 00:36:40.026 So to to center this around the problem.

NOTE Confidence: 0.714634835

00:36:40.030 --> 00:36:42.064 You know we have worse mental

NOTE Confidence: 0.714634835

00:36:42.064 --> 00:36:44.406 health outcomes in terms of suicide

NOTE Confidence: 0.714634835

00:36:44.406 --> 00:36:46.246 untreated substance use disorder,

NOTE Confidence: 0.714634835

00:36:46.250 --> 00:36:47.870 untreated mood disorders in

NOTE Confidence: 0.714634835

00:36:47.870 --> 00:36:49.490 rural communities versus urban,

NOTE Confidence: 0.714634835

00:36:49.490 --> 00:36:52.535 but the rates of these mental health

NOTE Confidence: 0.714634835

00:36:52.535 --> 00:36:55.369 disorders seem to be pretty similar.

NOTE Confidence: 0.714634835

00:36:55.370 --> 00:36:57.338 Thought that the disparities are driven

NOTE Confidence: 0.714634835

00:36:57.338 --> 00:36:59.928 largely by issues of access and you know,

NOTE Confidence: 0.714634835

00:36:59.928 --> 00:37:02.000 one of these issues is that it's

NOTE Confidence: 0.714634835

00:37:02.071 --> 00:37:04.216 difficult to recruit and retain

NOTE Confidence: 0.714634835

00:37:04.216 --> 00:37:08.170 psychiatrist in rural areas. Next time.

NOTE Confidence: 0.714634835

00:37:08.170 --> 00:37:09.750 Bringing it here to Connecticut.

NOTE Confidence: 0.714634835

00:37:09.750 --> 00:37:11.269 Now that I'm here to seal resident,

NOTE Confidence: 0.714634835

00:37:11.270 --> 00:37:12.442 I've been, you know,

NOTE Confidence: 0.714634835

00:37:12.442 --> 00:37:14.869 learning as much as I can about you,

NOTE Confidence: 0.714634835

00:37:14.869 --> 00:37:16.822 know the problems that affect us here

NOTE Confidence: 0.714634835

00:37:16.822 --> 00:37:18.867 and in the state of Connecticut.

NOTE Confidence: 0.714634835

00:37:18.870 --> 00:37:21.910 There's about 326,000 people

NOTE Confidence: 0.714634835

00:37:21.910 --> 00:37:23.260 who live in rural communities.

NOTE Confidence: 0.714634835

00:37:23.260 --> 00:37:26.180 It's about 10% of the population that are

NOTE Confidence: 0.714634835

00:37:26.180 --> 00:37:28.990 82 health professional shortage areas,

NOTE Confidence: 0.714634835

00:37:28.990 --> 00:37:32.217 17 of which are for behavioral health.

NOTE Confidence: 0.714634835

00:37:32.220 --> 00:37:34.040 Next slide.

NOTE Confidence: 0.714634835

00:37:34.040 --> 00:37:36.140 And as far as the state,

NOTE Confidence: 0.714634835

00:37:36.140 --> 00:37:37.960 that portion of the state that's most

NOTE Confidence: 0.714634835

00:37:37.960 --> 00:37:40.019 affected by the rural health disparities,

NOTE Confidence: 0.714634835

00:37:40.020 --> 00:37:42.276 it seems to be the eastern

NOTE Confidence: 0.714634835

00:37:42.276 --> 00:37:43.780 part according to the.

NOTE Confidence: 0.714634835

00:37:43.780 --> 00:37:44.131 Yes,

NOTE Confidence: 0.714634835

00:37:44.131 --> 00:37:46.237 statistics here you can see there's

NOTE Confidence: 0.714634835

00:37:46.237 --> 00:37:47.657 a disproportionate burden of

NOTE Confidence: 0.714634835

00:37:47.657 --> 00:37:49.207 mental health and substance use.

NOTE Confidence: 0.714634835

00:37:49.210 --> 00:37:51.135 Clients there in the eastern

NOTE Confidence: 0.714634835

00:37:51.135 --> 00:37:52.675 eastern portion of Connecticut.

NOTE Confidence: 0.83787586

00:37:55.970 --> 00:37:58.978 So an intervention that I'm interested in is,

NOTE Confidence: 0.83787586

00:37:58.980 --> 00:38:00.210 you know, how do we?

NOTE Confidence: 0.83787586

00:38:00.210 --> 00:38:03.066 How do we improve our ability to care

NOTE Confidence: 0.83787586

00:38:03.066 --> 00:38:05.363 for real populations and domestically

NOTE Confidence: 0.83787586

00:38:05.363 --> 00:38:08.363 and globally and and one way,

NOTE Confidence: 0.83787586

00:38:08.370 --> 00:38:10.698 I think to do that is to improve

NOTE Confidence: 0.83787586

00:38:10.698 --> 00:38:12.708 the training that we receive and

NOTE Confidence: 0.83787586

00:38:12.708 --> 00:38:14.538 and caring for these populations.

NOTE Confidence: 0.83787586

00:38:14.540 --> 00:38:16.260 And so I'm interested in

NOTE Confidence: 0.83787586

00:38:16.260 --> 00:38:17.980 designing and implementing a real

NOTE Confidence: 0.83787586

00:38:18.041 --> 00:38:19.936 country curriculum here at Yale,

NOTE Confidence: 0.83787586

00:38:19.940 --> 00:38:22.236 and I think it aligns well with the

NOTE Confidence: 0.83787586

00:38:22.236 --> 00:38:24.370 programs goals of reducing mental health.

NOTE Confidence: 0.83787586

00:38:24.370 --> 00:38:26.138 Charities and improving HealthEquity.

NOTE Confidence: 0.875500007

00:38:29.780 --> 00:38:31.325 And this is the curriculum

NOTE Confidence: 0.875500007

00:38:31.325 --> 00:38:32.870 development model that I use.

NOTE Confidence: 0.875500007

00:38:32.870 --> 00:38:35.372 That's something that is fairly standard

NOTE Confidence: 0.875500007

00:38:35.372 --> 00:38:38.299 and starts with the needs assessment.

NOTE Confidence: 0.875500007

00:38:38.300 --> 00:38:40.060 Figuring out your learner characteristics

NOTE Confidence: 0.875500007

00:38:40.060 --> 00:38:41.820 and outlining goals and objectives.

NOTE Confidence: 0.875500007

00:38:41.820 --> 00:38:44.456 And that's sort of where I am starting

NOTE Confidence: 0.875500007

00:38:44.456 --> 00:38:48.120 to develop this curriculum from. Next

NOTE Confidence: 0.82724315125

00:38:51.370 --> 00:38:53.378 so as far as the needs assessment goes,

NOTE Confidence: 0.82724315125

00:38:53.380 --> 00:38:55.120 you know the first step

NOTE Confidence: 0.82724315125

00:38:55.120 --> 00:38:57.340 was taking a look at what?

NOTE Confidence: 0.82724315125

00:38:57.340 --> 00:38:59.182 We have here in the curriculum

NOTE Confidence: 0.82724315125

00:38:59.182 --> 00:39:01.662 already and as far as I could find

NOTE Confidence: 0.82724315125

00:39:01.662 --> 00:39:03.432 there there was no program wide

NOTE Confidence: 0.82724315125

00:39:03.497 --> 00:39:05.412 curriculum specific to rural sachitra

NOTE Confidence: 0.82724315125

00:39:05.412 --> 00:39:07.734 or there was really any didactic

NOTE Confidence: 0.82724315125

00:39:07.734 --> 00:39:10.158 content and our rotation sites are

NOTE Confidence: 0.82724315125

00:39:10.158 --> 00:39:12.658 kind of centered here in New Haven,

NOTE Confidence: 0.82724315125

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00:39:12.660 --> 00:39:16.468 which is decidedly urban or suburban area.

NOTE Confidence: 0.82724315125

00:39:16.470 --> 00:39:19.928 And there is a current elective opportunity,

NOTE Confidence: 0.82724315125

00:39:19.930 --> 00:39:21.910 which is a telemental health

NOTE Confidence: 0.82724315125

00:39:21.910 --> 00:39:24.294 elective for 3rd year at the VA with

NOTE Confidence: 0.82724315125

00:39:24.294 --> 00:39:25.890 Doctor Kearney is it's 1/2 day.

NOTE Confidence: 0.82724315125

00:39:25.890 --> 00:39:27.875 We're providing a telemental health

NOTE Confidence: 0.82724315125

00:39:27.875 --> 00:39:30.669 services to cbox and primary care clinic.

NOTE Confidence: 0.82905026625

00:39:35.270 --> 00:39:38.600 So the you know second part of the needs

NOTE Confidence: 0.82905026625

00:39:38.600 --> 00:39:40.982 assessment was essentially asking our

NOTE Confidence: 0.82905026625

00:39:40.982 --> 00:39:43.060 our residents what would you guys like.

NOTE Confidence: 0.82905026625

00:39:43.060 --> 00:39:44.844 What do you think you need and what?

NOTE Confidence: 0.82905026625

00:39:44.850 --> 00:39:48.986 How do you rate your knowledge and

NOTE Confidence: 0.82905026625

00:39:48.986 --> 00:39:51.054 abilities and preparedness to practice

NOTE Confidence: 0.82905026625

00:39:51.054 --> 00:39:54.198 in a rural setting and understand some of

NOTE Confidence: 0.82905026625

00:39:54.198 --> 00:39:56.484 the issues that affect rural populations?

NOTE Confidence: 0.82905026625

00:39:56.490 --> 00:39:57.510 And I was also curious.

NOTE Confidence: 0.82905026625

00:39:57.510 --> 00:39:59.206 I think for a future project or what

NOTE Confidence: 0.82905026625

00:39:59.206 --> 00:40:01.369 are some of the barriers that people and

NOTE Confidence: 0.82905026625

00:40:01.369 --> 00:40:03.210 faculty cedar practicing the rural setting?

NOTE Confidence: 0.790291057272727

00:40:06.890 --> 00:40:09.046 And I'm happy to share a little

NOTE Confidence: 0.790291057272727

00:40:09.046 --> 00:40:10.350 bit of preliminary data.

NOTE Confidence: 0.790291057272727

00:40:10.350 --> 00:40:12.604 The survey still out there and the

NOTE Confidence: 0.790291057272727

00:40:12.604 --> 00:40:14.647 responses are still going to come in.

NOTE Confidence: 0.790291057272727

00:40:14.650 --> 00:40:16.846 But I think there's so far

NOTE Confidence: 0.790291057272727

00:40:16.846 --> 00:40:19.050 what I'm seeing is we have.

NOTE Confidence: 0.790291057272727

00:40:19.050 --> 00:40:23.286 Knowledge gap specifically in regards to

NOTE Confidence: 0.790291057272727

00:40:23.290 --> 00:40:26.010 telepsychiatry models of behavioral health,

NOTE Confidence: 0.790291057272727

00:40:26.010 --> 00:40:29.050 integration and primary care settings.

NOTE Confidence: 0.790291057272727

00:40:29.050 --> 00:40:31.060 Some of the barriers to getting

NOTE Confidence: 0.790291057272727

00:40:31.060 --> 00:40:32.794 psychiatrist in rural areas and

NOTE Confidence: 0.790291057272727

00:40:32.794 --> 00:40:34.469 barrier other barriers to mental

NOTE Confidence: 0.790291057272727

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00:40:34.469 --> 00:40:36.550 health access in rural communities.

NOTE Confidence: 0.790291057272727

00:40:36.550 --> 00:40:36.938 Interestingly,

NOTE Confidence: 0.790291057272727

00:40:36.938 --> 00:40:40.430 we do a pretty good job with some of

NOTE Confidence: 0.790291057272727

00:40:40.507 --> 00:40:44.428 the epidemiologic and disparity issues.

NOTE Confidence: 0.790291057272727

00:40:44.430 --> 00:40:48.856 Next and I think as far as preparedness goes,

NOTE Confidence: 0.790291057272727

00:40:48.860 --> 00:40:51.584 these questions kind of are getting

NOTE Confidence: 0.790291057272727

00:40:51.584 --> 00:40:53.776 at how ready we are to to sort of

NOTE Confidence: 0.790291057272727

00:40:53.776 --> 00:40:55.451 do the work in rural communities

NOTE Confidence: 0.790291057272727

00:40:55.451 --> 00:40:57.951 like the the data so far show that

NOTE Confidence: 0.790291057272727

00:40:57.951 --> 00:40:59.979 there is room for improvement there.

NOTE Confidence: 0.790291057272727

00:40:59.980 --> 00:41:02.985 Next and then this is getting

NOTE Confidence: 0.790291057272727

00:41:02.985 --> 00:41:03.965 out what you know.

NOTE Confidence: 0.790291057272727

00:41:03.970 --> 00:41:06.171 What would be the best you

NOTE Confidence: 0.790291057272727

00:41:06.171 --> 00:41:07.404 know curricular interventions.

NOTE Confidence: 0.790291057272727

00:41:07.404 --> 00:41:10.984 And I think there's pretty pretty broad

NOTE Confidence: 0.790291057272727

00:41:10.984 --> 00:41:13.492 support for more didactic content,

00:41:13.492 --> 00:41:16.156 and I think there is support,

00:41:16.160 --> 00:41:17.180 though a little more mixed.

00:41:17.180 --> 00:41:19.435 And maybe these are selected

00:41:19.435 --> 00:41:21.190 opportunities for clinical experiences

00:41:21.190 --> 00:41:23.315 and a real psychiatry track.

00:41:23.320 --> 00:41:25.880 And I think the the date at the

00:41:25.880 --> 00:41:28.253 bottom shows that we can definitely

00:41:28.253 --> 00:41:30.156 improve our curriculum within

00:41:30.156 --> 00:41:31.770 this residency program.

00:41:31.770 --> 00:41:33.098 Regards to a psychiatry.

00:41:36.370 --> 00:41:39.150 And then for future directions,

00:41:39.150 --> 00:41:41.082 I think another you know as

00:41:41.082 --> 00:41:42.048 doctor Sellers mentioned,

00:41:42.050 --> 00:41:43.820 there's a bidirectional aspect of this,

00:41:43.820 --> 00:41:46.984 so I think another important part is.

00:41:46.990 --> 00:41:49.902 Doing a needs assessment in a rural

NOTE Confidence: 0.810384768

00:41:49.902 --> 00:41:51.701 community within Connecticut to see

NOTE Confidence: 0.810384768

00:41:51.701 --> 00:41:53.600 how how we can best meet their needs,

NOTE Confidence: 0.810384768

00:41:53.600 --> 00:41:55.434 as well as our own, you know,

NOTE Confidence: 0.810384768

00:41:55.434 --> 00:41:57.486 needs for training and that goes

NOTE Confidence: 0.810384768

00:41:57.486 --> 00:41:59.594 along with identification of rural

NOTE Confidence: 0.810384768

00:41:59.594 --> 00:42:01.402 community partners and training

NOTE Confidence: 0.810384768

00:42:01.402 --> 00:42:04.320 sites and then on an RN developing

NOTE Confidence: 0.810384768

00:42:04.320 --> 00:42:06.190 and detective curriculum that we

NOTE Confidence: 0.810384768

00:42:06.190 --> 00:42:08.030 could implement in the near future.

NOTE Confidence: 0.401056628

00:42:14.430 --> 00:42:17.500 Hello everyone, I'm an architect.

NOTE Confidence: 0.401056628

00:42:17.500 --> 00:42:20.940 My third year psychiatry resident and

NOTE Confidence: 0.401056628

00:42:20.940 --> 00:42:24.236 today I'll be talking to you about kind

NOTE Confidence: 0.401056628

00:42:24.236 --> 00:42:26.868 of the beginning stages of a global

NOTE Confidence: 0.401056628

00:42:26.868 --> 00:42:29.300 mental health education collaboration

NOTE Confidence: 0.401056628

00:42:29.300 --> 00:42:32.642 that I'm planning on starting with

NOTE Confidence: 0.401056628

00:42:32.642 --> 00:42:34.932 Mercury University in Kampala,

NOTE Confidence: 0.401056628

00:42:34.932 --> 00:42:37.840 Uganda with the university next slide.

NOTE Confidence: 0.871976811

00:42:40.180 --> 00:42:42.220 So the motivation for my

NOTE Confidence: 0.871976811

00:42:42.220 --> 00:42:44.740 collaboration is that I was born

NOTE Confidence: 0.871976811

00:42:44.740 --> 00:42:48.097 and raised in Uganda in East Africa.

NOTE Confidence: 0.871976811

00:42:48.097 --> 00:42:51.450 On the top left there that is.

NOTE Confidence: 0.871976811

00:42:51.450 --> 00:42:54.505 That is me. At six years old I

NOTE Confidence: 0.871976811

00:42:54.505 --> 00:42:57.160 was born in a in a village in in

NOTE Confidence: 0.871976811

00:42:57.253 --> 00:43:00.208 western Uganda in Masaka district,

NOTE Confidence: 0.871976811

00:43:00.210 --> 00:43:01.626 and that was my I think,

NOTE Confidence: 0.871976811

00:43:01.630 --> 00:43:03.949 middle school graduation.

NOTE Confidence: 0.871976811

00:43:03.950 --> 00:43:05.915 I still have very strong

NOTE Confidence: 0.871976811

00:43:05.915 --> 00:43:07.411 links with the Uganda.

NOTE Confidence: 0.871976811

00:43:07.411 --> 00:43:10.589 I came to the United States and did

NOTE Confidence: 0.871976811

00:43:10.589 --> 00:43:13.224 my undergraduate and medical and

NOTE Confidence: 0.871976811

00:43:13.224 --> 00:43:15.850 psychiatric training here and so

NOTE Confidence: 0.871976811

00:43:15.850 --> 00:43:18.970 I have this very strong personal

NOTE Confidence: 0.871976811

00:43:18.970 --> 00:43:21.779 obligation to be able to serve.

NOTE Confidence: 0.871976811

00:43:21.780 --> 00:43:23.395 With the community that have

NOTE Confidence: 0.871976811

00:43:23.395 --> 00:43:25.490 formed here in the United States.

NOTE Confidence: 0.871976811

00:43:25.490 --> 00:43:27.194 And my community back home in

NOTE Confidence: 0.871976811

00:43:27.194 --> 00:43:29.120 Uganda on the top right there.

NOTE Confidence: 0.871976811

00:43:29.120 --> 00:43:32.342 That's my mother and my sister

NOTE Confidence: 0.871976811

00:43:32.342 --> 00:43:33.880 Nicholas family. Next slide.

NOTE Confidence: 0.793481873076923

00:43:35.980 --> 00:43:40.194 So in my application to come to

NOTE Confidence: 0.793481873076923

00:43:40.194 --> 00:43:44.120 psychiatry resident at residency at Yale,

NOTE Confidence: 0.793481873076923

00:43:44.120 --> 00:43:46.646 I talked to Doctor Rob who

NOTE Confidence: 0.793481873076923

00:43:46.646 --> 00:43:48.842 had a suggestion that we could

NOTE Confidence: 0.793481873076923

00:43:48.842 --> 00:43:51.236 possibly start a collaboration in

NOTE Confidence: 0.793481873076923

00:43:51.236 --> 00:43:53.676 education collaboration with them.

NOTE Confidence: 0.793481873076923

00:43:53.680 --> 00:43:57.110 The largest and oldest university

NOTE Confidence: 0.793481873076923

00:43:57.110 --> 00:44:00.540 in Uganda called Macara University,

NOTE Confidence: 0.793481873076923

00:44:00.540 --> 00:44:03.300 and at that suggestion I was

NOTE Confidence: 0.793481873076923

00:44:03.300 --> 00:44:08.070 hooked and I wanted to. Got the.

NOTE Confidence: 0.793481873076923

00:44:08.070 --> 00:44:10.215 Collaboration or the the building

NOTE Confidence: 0.793481873076923

00:44:10.215 --> 00:44:13.204 blocks to to make this collaboration

NOTE Confidence: 0.793481873076923

00:44:13.204 --> 00:44:15.830 happen and part of the objectives

NOTE Confidence: 0.793481873076923

00:44:15.830 --> 00:44:18.148 of this collaboration would be to

NOTE Confidence: 0.793481873076923

00:44:18.148 --> 00:44:20.232 establish a global mental health

NOTE Confidence: 0.793481873076923

00:44:20.232 --> 00:44:21.924 curriculum at both institutions.

NOTE Confidence: 0.793481873076923

00:44:21.930 --> 00:44:25.662 Maybe within this global mental health

NOTE Confidence: 0.793481873076923

00:44:25.662 --> 00:44:28.150 initiative within the residency.

NOTE Confidence: 0.793481873076923

00:44:28.150 --> 00:44:32.021 The second objective would be to enhance

NOTE Confidence: 0.793481873076923

00:44:32.021 --> 00:44:34.860 training across both universities

NOTE Confidence: 0.793481873076923

00:44:34.860 --> 00:44:37.814 in the form of having trainees and

NOTE Confidence: 0.793481873076923

00:44:37.814 --> 00:44:42.560 and faculty be able to see how.

NOTE Confidence: 0.793481873076923

00:44:42.560 --> 00:44:47.200 Psychiatry is practiced and and taught

NOTE Confidence: 0.793481873076923

00:44:47.200 --> 00:44:50.002 across both institutions in high income

NOTE Confidence: 0.793481873076923

00:44:50.002 --> 00:44:52.730 setting as well as a low income setting.

NOTE Confidence: 0.793481873076923

00:44:52.730 --> 00:44:55.464 And then those objectives,

NOTE Confidence: 0.793481873076923

00:44:55.464 --> 00:44:56.198 I think,

NOTE Confidence: 0.793481873076923

00:44:56.198 --> 00:44:58.761 will fall nicely into being able to

NOTE Confidence: 0.793481873076923

00:44:58.761 --> 00:45:01.145 advance patient care if a lot of that

NOTE Confidence: 0.793481873076923

00:45:01.145 --> 00:45:03.128 medical education and the research

NOTE Confidence: 0.793481873076923

00:45:03.130 --> 00:45:05.464 that is done with this collaboration

NOTE Confidence: 0.793481873076923

00:45:05.464 --> 00:45:07.721 can be directly applied to patient

NOTE Confidence: 0.793481873076923

00:45:07.721 --> 00:45:09.617 care on the top right there,

NOTE Confidence: 0.793481873076923

00:45:09.620 --> 00:45:13.243 that is the the green that.

NOTE Confidence: 0.793481873076923

00:45:13.243 --> 00:45:15.549 Mccurry University,

NOTE Confidence: 0.793481873076923

00:45:15.550 --> 00:45:17.758 I think in.

NOTE Confidence: 0.793481873076923

00:45:17.760 --> 00:45:19.864 Outside of South Africa,

NOTE Confidence: 0.793481873076923

00:45:19.864 --> 00:45:23.678 it is the largest university in South

NOTE Confidence: 0.793481873076923

00:45:23.678 --> 00:45:26.794 Sub Saharan Africa and is ranked the

NOTE Confidence: 0.793481873076923

00:45:26.794 --> 00:45:28.930 highest in World News and report.

NOTE Confidence: 0.793481873076923

00:45:28.930 --> 00:45:30.654 If you believe them.

NOTE Confidence: 0.793481873076923

00:45:30.654 --> 00:45:31.516 Next slide.

NOTE Confidence: 0.912475816666667

00:45:35.110 --> 00:45:36.439 Fortunately for me.

NOTE Confidence: 0.912231235714286

00:45:38.480 --> 00:45:42.106 Yale University has had a long standing

NOTE Confidence: 0.912231235714286

00:45:42.110 --> 00:45:45.080 collaboration with the with Macquarie,

NOTE Confidence: 0.912231235714286

00:45:45.080 --> 00:45:49.576 so I don't have to start from scratch.

NOTE Confidence: 0.912231235714286

00:45:49.580 --> 00:45:52.694 Yale has been collaborating with McClure

NOTE Confidence: 0.912231235714286

00:45:52.694 --> 00:45:55.190 University in collaboration called Muyu,

NOTE Confidence: 0.912231235714286

00:45:55.190 --> 00:45:58.520 and this is primarily through the

NOTE Confidence: 0.912231235714286

00:45:58.520 --> 00:46:02.070 internal Department of Internal Medicine.

NOTE Confidence: 0.912231235714286

00:46:02.070 --> 00:46:04.632 This is core directed by associate

NOTE Confidence: 0.912231235714286

00:46:04.632 --> 00:46:07.040 professor here in internal medicine.

NOTE Confidence: 0.912231235714286

00:46:07.040 --> 00:46:09.990 Doctor Tracy Rayburn, who is.

NOTE Confidence: 0.912231235714286

00:46:09.990 --> 00:46:13.440 Bottom middle succeeded there she

00:46:13.440 --> 00:46:17.346 could directs this with the professor

00:46:17.346 --> 00:46:19.170 over at Macquarie University,

00:46:19.170 --> 00:46:20.942 Professor of Medicine at

00:46:20.942 --> 00:46:21.828 Macquarie University,

00:46:21.830 --> 00:46:24.287 who is in the top right there

00:46:24.287 --> 00:46:26.649 in the Purple Doctor Mayanja.

00:46:26.650 --> 00:46:31.560 She's this collaboration has been.

00:46:31.560 --> 00:46:35.350 Has been there for about.

00:46:35.350 --> 00:46:38.969 16 I think 16 to 18 years,

00:46:38.970 --> 00:46:42.312 and it's primarily centered around being

00:46:42.312 --> 00:46:46.250 able to improve human resource capacity.

00:46:46.250 --> 00:46:48.458 Building so primarily training

00:46:48.458 --> 00:46:51.218 and education of physicians in

00:46:51.218 --> 00:46:54.189 internal medicine and and allow

00:46:54.189 --> 00:46:55.944 their associated specialties.

NOTE Confidence: 0.912231235714286

00:46:55.950 --> 00:46:57.102 It has built some.

NOTE Confidence: 0.912231235714286

00:46:57.102 --> 00:46:59.214 It has been built so much over

NOTE Confidence: 0.912231235714286

00:46:59.214 --> 00:47:01.281 the years that currently there is

NOTE Confidence: 0.912231235714286

00:47:01.281 --> 00:47:04.434 an office of muyu out in Uganda.

NOTE Confidence: 0.912231235714286

00:47:04.434 --> 00:47:08.041 In the material university campus and

NOTE Confidence: 0.912231235714286

00:47:08.041 --> 00:47:11.128 in talking to Doctor Tracy Ray Vinash,

NOTE Confidence: 0.912231235714286

00:47:11.130 --> 00:47:14.190 she was very much interested in

NOTE Confidence: 0.912231235714286

00:47:14.190 --> 00:47:15.720 incorporating psychiatry into

NOTE Confidence: 0.912231235714286

00:47:15.720 --> 00:47:16.894 this infrastructure.

NOTE Confidence: 0.912231235714286

00:47:16.894 --> 00:47:18.068 Next slide.

NOTE Confidence: 0.867907478571429

00:47:20.670 --> 00:47:23.942 So part of the kind of the success

NOTE Confidence: 0.867907478571429

00:47:23.942 --> 00:47:28.007 of Muyou has been this idea of a

NOTE Confidence: 0.867907478571429

00:47:28.007 --> 00:47:30.580 bidirectional exchange of ideas and.

NOTE Confidence: 0.867907478571429

00:47:30.580 --> 00:47:33.031 And and expertise.

NOTE Confidence: 0.867907478571429

00:47:33.031 --> 00:47:37.440 So over those fourteen 1416 years

NOTE Confidence: 0.867907478571429

00:47:37.440 --> 00:47:40.860 Yale has sent individuals to Macquarie

NOTE Confidence: 0.867907478571429

00:47:40.860 --> 00:47:43.514 University or physicians, residents,

NOTE Confidence: 0.867907478571429

00:47:43.514 --> 00:47:47.299 medical students, hundreds of them.

NOTE Confidence: 0.867907478571429

00:47:47.300 --> 00:47:50.800 And there's also been physicians,

NOTE Confidence: 0.867907478571429

00:47:50.800 --> 00:47:52.652 medical students, nurse educators,

NOTE Confidence: 0.867907478571429

00:47:52.652 --> 00:47:55.430 and medical librarians that have come

NOTE Confidence: 0.867907478571429

00:47:55.503 --> 00:48:00.913 from a care university to train and gain.

NOTE Confidence: 0.867907478571429

00:48:00.913 --> 00:48:02.812 Ideas about improving?

NOTE Confidence: 0.867907478571429

00:48:02.812 --> 00:48:05.977 Education and and and healthcare

NOTE Confidence: 0.867907478571429

00:48:05.977 --> 00:48:08.490 in new and in Uganda.

NOTE Confidence: 0.867907478571429

00:48:08.490 --> 00:48:09.160 Next slide.

NOTE Confidence: 0.807825456666667

00:48:11.470 --> 00:48:17.016 So just to. As I thought about at the

NOTE Confidence: 0.807825456666667

00:48:17.016 --> 00:48:19.360 beginning of forming this collaboration,

NOTE Confidence: 0.807825456666667

00:48:19.360 --> 00:48:21.730 and it was important to understand

NOTE Confidence: 0.807825456666667

00:48:21.730 --> 00:48:24.750 the state of psychiatry in Uganda,

NOTE Confidence: 0.807825456666667

00:48:24.750 --> 00:48:27.800 and just to Orient you,

NOTE Confidence: 0.807825456666667

00:48:27.800 --> 00:48:30.455 there's about 45 million individuals

NOTE Confidence: 0.807825456666667

00:48:30.455 --> 00:48:34.180 in Uganda and as everyone has mentioned

NOTE Confidence: 0.807825456666667

00:48:34.180 --> 00:48:35.998 from a global mental health perspective,

NOTE Confidence: 0.807825456666667

00:48:36.000 --> 00:48:38.205 a lot of low and middle income

NOTE Confidence: 0.807825456666667

00:48:38.205 --> 00:48:39.906 countries don't have a enough

NOTE Confidence: 0.807825456666667

00:48:39.906 --> 00:48:43.036 psychiatrists to cover the populations.

NOTE Confidence: 0.807825456666667

00:48:43.040 --> 00:48:45.356 Uganda is no different, I believe.

NOTE Confidence: 0.807825456666667

00:48:45.360 --> 00:48:47.310 There were number is about

NOTE Confidence: 0.807825456666667

00:48:47.310 --> 00:48:50.130 .08 psychiatrists 100,000.

NOTE Confidence: 0.807825456666667

00:48:50.130 --> 00:48:53.441 There's only one standing,

NOTE Confidence: 0.807825456666667

00:48:53.441 --> 00:48:55.405 one standing psychiatric hospital

NOTE Confidence: 0.807825456666667

00:48:55.405 --> 00:48:58.859 that is located in a capital city

NOTE Confidence: 0.807825456666667

00:48:58.860 --> 00:49:00.910 and that is Butalbital Hospital

NOTE Confidence: 0.807825456666667

00:49:00.910 --> 00:49:04.010 which is on the top right there.

NOTE Confidence: 0.807825456666667

00:49:04.010 --> 00:49:05.745 Local hospital does not have

NOTE Confidence: 0.807825456666667

00:49:05.745 --> 00:49:07.960 a child and not listen units,

NOTE Confidence: 0.807825456666667

00:49:07.960 --> 00:49:10.576 so a lot of the children are treated

NOTE Confidence: 0.807825456666667

00:49:10.576 --> 00:49:13.140 in the same settings as adults.

NOTE Confidence: 0.807825456666667

00:49:13.140 --> 00:49:18.446 And in the GDP spending of Uganda,

NOTE Confidence: 0.807825456666667

00:49:18.450 --> 00:49:21.146 10% of their spending is on healthcare but

NOTE Confidence: 0.807825456666667

00:49:21.146 --> 00:49:23.430 less than 1% is on mental health care.

NOTE Confidence: 0.807825456666667

00:49:23.430 --> 00:49:26.400 So there's a lot of financial and

NOTE Confidence: 0.807825456666667

00:49:26.400 --> 00:49:28.600 resource constraints resource constraints

NOTE Confidence: 0.807825456666667

00:49:28.600 --> 00:49:33.212 on being able to to give good mental

NOTE Confidence: 0.807825456666667

00:49:33.212 --> 00:49:35.624 healthcare to the population.

NOTE Confidence: 0.807825456666667

00:49:35.630 --> 00:49:41.608 But I wanted to use some of the.

NOTE Confidence: 0.807825456666667

00:49:41.608 --> 00:49:44.349 To get to give you an idea of some

NOTE Confidence: 0.807825456666667

00:49:44.349 --> 00:49:46.767 of the challenges of providing mental

NOTE Confidence: 0.807825456666667

00:49:46.767 --> 00:49:51.090 healthcare in a place like Uganda, but.

NOTE Confidence: 0.807825456666667

00:49:51.090 --> 00:49:53.738 Quoting from a survey,

NOTE Confidence: 0.807825456666667

00:49:53.738 --> 00:49:57.089 a qualitative survey that was done

NOTE Confidence: 0.807825456666667

00:49:57.089 --> 00:49:59.354 in multiple countries and published

NOTE Confidence: 0.807825456666667

00:49:59.354 --> 00:50:02.270 recently in the BMC Psychiatry Journal

NOTE Confidence: 0.807825456666667

00:50:02.270 --> 00:50:06.046 at the top quote kind of gives you

NOTE Confidence: 0.807825456666667

00:50:06.046 --> 00:50:08.802 an idea of kind of the resource

NOTE Confidence: 0.807825456666667

00:50:08.802 --> 00:50:10.642 challenges that face individuals that

NOTE Confidence: 0.807825456666667

00:50:10.642 --> 00:50:13.346 need to access mental health care in Uganda.

NOTE Confidence: 0.807825456666667

00:50:13.350 --> 00:50:16.594 This comes from our caregiver in the

NOTE Confidence: 0.807825456666667

00:50:16.594 --> 00:50:18.406 mental health system in Uganda and

NOTE Confidence: 0.807825456666667

00:50:18.406 --> 00:50:20.116 they said that financial constraint

NOTE Confidence: 0.807825456666667

00:50:20.116 --> 00:50:20.922 is another.

NOTE Confidence: 0.807825456666667

00:50:20.922 --> 00:50:21.728 For us,

NOTE Confidence: 0.807825456666667

00:50:21.730 --> 00:50:24.096 we have to walk long distances and

NOTE Confidence: 0.807825456666667

00:50:24.096 --> 00:50:26.304 remember walking with these patients is

NOTE Confidence: 0.807825456666667

00:50:26.304 --> 00:50:28.929 not easy as they unpredictable and behavior.

NOTE Confidence: 0.807825456666667

00:50:28.930 --> 00:50:32.566 So this is a health worker who is,

NOTE Confidence: 0.807825456666667

00:50:32.566 --> 00:50:34.506 I think exemplifying the problem

NOTE Confidence: 0.807825456666667

00:50:34.506 --> 00:50:37.448 of the fact that the only standing

NOTE Confidence: 0.807825456666667

00:50:37.448 --> 00:50:41.139 hospital is in is in the.

NOTE Confidence: 0.807825456666667

00:50:41.140 --> 00:50:42.940 Capital City of Uganda.

NOTE Confidence: 0.807825456666667

00:50:42.940 --> 00:50:43.390 However,

NOTE Confidence: 0.807825456666667

00:50:43.390 --> 00:50:45.280 80% of the population actually live

NOTE Confidence: 0.807825456666667

00:50:45.280 --> 00:50:46.225 in rural areas,

NOTE Confidence: 0.807825456666667

00:50:46.230 --> 00:50:49.212 so a lot of them have to really take

NOTE Confidence: 0.807825456666667

00:50:49.212 --> 00:50:52.020 buses and and do a lot of walking

NOTE Confidence: 0.807825456666667

00:50:52.099 --> 00:50:54.556 to to be able to get to any kind

NOTE Confidence: 0.807825456666667

00:50:54.556 --> 00:50:56.105 of General Healthcare facility.

NOTE Confidence: 0.807825456666667

00:50:56.105 --> 00:50:58.693 But also a mental health facility.

NOTE Confidence: 0.807825456666667

00:50:58.693 --> 00:51:01.744 And then the second quote is

NOTE Confidence: 0.807825456666667

00:51:01.744 --> 00:51:06.880 around the issue of how individuals

NOTE Confidence: 0.807825456666667

00:51:06.880 --> 00:51:10.180 view mental healthcare.

NOTE Confidence: 0.807825456666667

00:51:10.180 --> 00:51:13.316 As as a community in in Uganda,

NOTE Confidence: 0.807825456666667

00:51:13.320 --> 00:51:16.096 and this is from a policymaker in Uganda,

NOTE Confidence: 0.807825456666667

00:51:16.100 --> 00:51:16.982 and he said,

NOTE Confidence: 0.807825456666667

00:51:16.982 --> 00:51:18.746 they say that visiting a health

NOTE Confidence: 0.807825456666667

00:51:18.746 --> 00:51:20.367 facility for mental Healthcare is

NOTE Confidence: 0.807825456666667

00:51:20.367 --> 00:51:22.313 not very common are people believe

NOTE Confidence: 0.807825456666667

00:51:22.313 --> 00:51:24.010 the mental health mental illness

NOTE Confidence: 0.807825456666667

00:51:24.010 --> 00:51:25.060 is from witchcraft.

NOTE Confidence: 0.807825456666667

00:51:25.060 --> 00:51:25.564 It's demonic,

NOTE Confidence: 0.807825456666667

00:51:25.564 --> 00:51:27.580 so they are now more in the church

NOTE Confidence: 0.807825456666667

00:51:27.639 --> 00:51:29.059 than the health facilities.

NOTE Confidence: 0.807825456666667

00:51:29.060 --> 00:51:31.097 Others go to the witch doctor consultant,

NOTE Confidence: 0.807825456666667

00:51:31.100 --> 00:51:32.532 take some local medicines.

NOTE Confidence: 0.807825456666667

00:51:32.532 --> 00:51:34.680 The highest percentage of people with

NOTE Confidence: 0.807825456666667

00:51:34.739 --> 00:51:36.378 mental illness believe somebody's

NOTE Confidence: 0.807825456666667

00:51:36.378 --> 00:51:39.234 out there using demons to torment them.

NOTE Confidence: 0.807825456666667

00:51:39.240 --> 00:51:42.360 So there's a challenge there for

NOTE Confidence: 0.807825456666667

00:51:42.360 --> 00:51:45.648 being able to give individuals

NOTE Confidence: 0.807825456666667

00:51:45.648 --> 00:51:49.968 that need mental health treatment.

NOTE Confidence: 0.807825456666667

00:51:49.970 --> 00:51:51.962 Effective treatment with these

NOTE Confidence: 0.807825456666667

00:51:51.962 --> 00:51:54.950 beliefs in the community and some

NOTE Confidence: 0.741848873571428

00:51:55.033 --> 00:51:57.606 of the practitioners have really advocated

NOTE Confidence: 0.741848873571428

00:51:57.606 --> 00:52:00.110 for being able to partner with a lot

NOTE Confidence: 0.741848873571428

00:52:00.172 --> 00:52:02.608 of these spiritual leaders to help them

NOTE Confidence: 0.741848873571428

00:52:02.608 --> 00:52:04.959 understand how they can in their own way.

NOTE Confidence: 0.741848873571428

00:52:04.960 --> 00:52:08.580 Triage. A lot of these individuals

NOTE Confidence: 0.741848873571428

00:52:08.580 --> 00:52:10.380 suffering from mental health and

NOTE Confidence: 0.741848873571428

00:52:10.380 --> 00:52:12.460 bring them to effective treatments.

NOTE Confidence: 0.741848873571428

00:52:12.460 --> 00:52:13.720 And the third one.

NOTE Confidence: 0.741848873571428

00:52:13.720 --> 00:52:16.022 There's also a quote from a health

NOTE Confidence: 0.741848873571428

00:52:16.022 --> 00:52:18.710 worker in Uganda who said that some in

NOTE Confidence: 0.741848873571428

00:52:18.710 --> 00:52:21.589 the community fear people with epilepsy,

00:52:21.590 --> 00:52:24.290 they believe.

00:52:24.290 --> 00:52:25.542 Usually in in Uganda,

00:52:25.542 --> 00:52:28.476 and you know a lot of other low

00:52:28.476 --> 00:52:30.114 income countries, epilepsy and

00:52:30.114 --> 00:52:31.749 mental illness of Judith together.

00:52:31.750 --> 00:52:33.950 So in the community for people with epilepsy,

00:52:33.950 --> 00:52:35.728 they believe that it is transmitted by

00:52:35.728 --> 00:52:37.629 staying with or being near that person.

00:52:37.630 --> 00:52:40.294 People end up running away from the patient.

00:52:40.300 --> 00:52:41.820 Feeding, falling down convulsing,

00:52:41.820 --> 00:52:44.400 and there's nobody to attend to him,

00:52:44.400 --> 00:52:46.290 even the home itself will be stigmatized.

00:52:46.290 --> 00:52:48.992 People will say that home has a

00:52:48.992 --> 00:52:51.570 disease they call it a bad disease.

00:52:51.570 --> 00:52:53.467 So this is the issue of stigma,

00:52:53.470 --> 00:52:57.598 which is does not only stem is

NOTE Confidence: 0.741848873571428

00:52:57.598 --> 00:52:59.438 not only experienced in low

NOTE Confidence: 0.741848873571428

00:52:59.438 --> 00:53:00.910 income countries like Uganda,

NOTE Confidence: 0.741848873571428

00:53:00.910 --> 00:53:02.548 but also here in the US.

NOTE Confidence: 0.741848873571428

00:53:02.550 --> 00:53:07.830 So a lot of communities,

NOTE Confidence: 0.741848873571428

00:53:07.830 --> 00:53:09.110 one of the bigger,

NOTE Confidence: 0.741848873571428

00:53:09.110 --> 00:53:11.030 the biggest challenges of being able

NOTE Confidence: 0.741848873571428

00:53:11.092 --> 00:53:13.360 to provide good mental Healthcare is

NOTE Confidence: 0.741848873571428

00:53:13.360 --> 00:53:15.305 that once individuals within their

NOTE Confidence: 0.741848873571428

00:53:15.305 --> 00:53:17.145 families get get mental illness,

NOTE Confidence: 0.741848873571428

00:53:17.150 --> 00:53:17.884 they're stigmatized.

NOTE Confidence: 0.741848873571428

00:53:17.884 --> 00:53:20.086 But also the family feels stigmatized

NOTE Confidence: 0.741848873571428

00:53:20.086 --> 00:53:22.418 and when they admitted to a hospital.

NOTE Confidence: 0.741848873571428

00:53:22.420 --> 00:53:22.759 Aquatica,

NOTE Confidence: 0.741848873571428

00:53:22.759 --> 00:53:25.471 it's very hard for them to be discharged

NOTE Confidence: 0.741848873571428

00:53:25.471 --> 00:53:27.402 because the community does not want

NOTE Confidence: 0.741848873571428

00:53:27.402 --> 00:53:29.230 to accept them back next slide.

NOTE Confidence: 0.906760837777778

00:53:31.850 --> 00:53:34.352 So in terms of trying to

NOTE Confidence: 0.906760837777778

00:53:34.352 --> 00:53:35.603 start this collaboration,

NOTE Confidence: 0.906760837777778

00:53:35.610 --> 00:53:38.050 I wanted to get a sense of how

NOTE Confidence: 0.906760837777778

00:53:38.050 --> 00:53:41.582 their education solutions can

NOTE Confidence: 0.906760837777778

00:53:41.582 --> 00:53:43.905 be implemented in Uganda and

NOTE Confidence: 0.906760837777778

00:53:43.905 --> 00:53:45.325 I've been having conversations

NOTE Confidence: 0.906760837777778

00:53:45.325 --> 00:53:47.753 with the chair of the department

NOTE Confidence: 0.906760837777778

00:53:47.753 --> 00:53:50.089 psychiatry at Macquarie University,

NOTE Confidence: 0.906760837777778

00:53:50.090 --> 00:53:51.970 Dr Nowlin Nakatsuka there

NOTE Confidence: 0.906760837777778

00:53:51.970 --> 00:53:57.870 on the top left and she.

NOTE Confidence: 0.906760837777778

00:53:57.870 --> 00:53:59.880 Reiterated some of the problems

NOTE Confidence: 0.906760837777778

00:53:59.880 --> 00:54:01.890 that I just stated above,

NOTE Confidence: 0.906760837777778

00:54:01.890 --> 00:54:04.949 but also you know additional issues and

NOTE Confidence: 0.906760837777778

00:54:04.949 --> 00:54:08.039 suggested that a collaboration of this

NOTE Confidence: 0.906760837777778

00:54:08.039 --> 00:54:10.869 extent from an education perspective

NOTE Confidence: 0.906760837777778

00:54:10.870 --> 00:54:12.688 could be valuable in three ways.

NOTE Confidence: 0.906760837777778

00:54:12.690 --> 00:54:15.400 One, this idea of integrating

NOTE Confidence: 0.906760837777778

00:54:15.400 --> 00:54:18.350 mental health with primary care,

NOTE Confidence: 0.906760837777778

00:54:18.350 --> 00:54:20.210 which is a.

NOTE Confidence: 0.906760837777778

00:54:20.210 --> 00:54:22.940 One of the initiatives that was

NOTE Confidence: 0.906760837777778

00:54:22.940 --> 00:54:26.138 mentioned by by Sonia that is advocated

NOTE Confidence: 0.906760837777778

00:54:26.138 --> 00:54:28.756 by Image Gap in Mulago Hospital,

NOTE Confidence: 0.906760837777778

00:54:28.756 --> 00:54:31.408 which is the primary teaching hospital

NOTE Confidence: 0.906760837777778

00:54:31.408 --> 00:54:34.464 in the and the capital city of Uganda.

NOTE Confidence: 0.906760837777778

00:54:34.470 --> 00:54:35.882 The palliative care team,

NOTE Confidence: 0.906760837777778

00:54:35.882 --> 00:54:36.588 she said,

NOTE Confidence: 0.906760837777778

00:54:36.590 --> 00:54:38.766 is a is one of the teams that

NOTE Confidence: 0.906760837777778

00:54:38.766 --> 00:54:40.386 exemplifies this and they're able

NOTE Confidence: 0.906760837777778

00:54:40.386 --> 00:54:42.408 to integrate a lot of different

NOTE Confidence: 0.906760837777778

00:54:42.408 --> 00:54:44.467 services into their care and have

00:54:44.467 --> 00:54:46.122 invited psychiatrist to be able

00:54:46.130 --> 00:54:48.825 to be part of that care team.

00:54:48.830 --> 00:54:51.478 So she thought that that would be an

00:54:51.478 --> 00:54:53.840 exciting way to be able to integrate.

00:54:53.840 --> 00:54:57.298 Trainees into into that kind of program.

00:54:57.300 --> 00:55:00.744 She also talked about a community education

00:55:00.744 --> 00:55:03.440 and reintegration program after discharge,

00:55:03.440 --> 00:55:07.563 and this was around trying to address

00:55:07.563 --> 00:55:12.050 the issue of stigma in communities.

00:55:12.050 --> 00:55:14.312 One of her frustrations was around

00:55:14.312 --> 00:55:16.253 the inability to discharge individuals

00:55:16.253 --> 00:55:18.801 back to their homes because of the

00:55:18.801 --> 00:55:21.546 stigma and so she had developed a

00:55:21.546 --> 00:55:24.046 program over the years where once

00:55:24.046 --> 00:55:25.750 individuals are discharged they

00:55:25.750 --> 00:55:28.796 actually walked to their homes by a

NOTE Confidence: 0.906760837777778

00:55:28.796 --> 00:55:30.628 psychiatrist or healthcare worker

NOTE Confidence: 0.906760837777778

00:55:30.630 --> 00:55:33.222 who then sits with the family

NOTE Confidence: 0.906760837777778

00:55:33.222 --> 00:55:35.420 and explains the treatment plan,

NOTE Confidence: 0.906760837777778

00:55:35.420 --> 00:55:37.616 educates them on the mental illness

NOTE Confidence: 0.906760837777778

00:55:37.616 --> 00:55:39.799 and tries to help them understand

NOTE Confidence: 0.906760837777778

00:55:39.799 --> 00:55:42.053 how they can be a part of.

NOTE Confidence: 0.906760837777778

00:55:42.060 --> 00:55:44.930 This person's journey to health.

NOTE Confidence: 0.906760837777778

00:55:44.930 --> 00:55:47.012 So she was very much interested

NOTE Confidence: 0.906760837777778

00:55:47.012 --> 00:55:48.400 in being able to.

NOTE Confidence: 0.906760837777778

00:55:48.400 --> 00:55:50.920 To continue to build that through

NOTE Confidence: 0.906760837777778

00:55:50.920 --> 00:55:54.390 an education perspective and then.

NOTE Confidence: 0.906760837777778

00:55:54.390 --> 00:55:57.134 We've we've talked at length around the

NOTE Confidence: 0.906760837777778

00:55:57.134 --> 00:55:59.469 lack of psychiatrists in these regions.

NOTE Confidence: 0.906760837777778

00:55:59.470 --> 00:56:01.710 Part of it is a resource problem,

NOTE Confidence: 0.906760837777778

00:56:01.710 --> 00:56:04.266 but part of it is a lack of encouragement

NOTE Confidence: 0.906760837777778

00:56:04.266 --> 00:56:06.450 and excitement around psychiatry.

NOTE Confidence: 0.906760837777778

00:56:06.450 --> 00:56:08.074 And so I should.

NOTE Confidence: 0.906760837777778

00:56:08.074 --> 00:56:11.357 She was very excited to see if having

NOTE Confidence: 0.906760837777778

00:56:11.357 --> 00:56:14.759 a collaboration with Yale will be.

NOTE Confidence: 0.906760837777778

00:56:14.760 --> 00:56:17.470 Positive for mentoring and encouraging

NOTE Confidence: 0.906760837777778

00:56:17.470 --> 00:56:19.638 tradies to consider psychiatry

NOTE Confidence: 0.906760837777778

00:56:19.640 --> 00:56:22.070 as a profession going forward.

NOTE Confidence: 0.906760837777778

00:56:22.070 --> 00:56:26.126 So these are the faculty mentors

NOTE Confidence: 0.906760837777778

00:56:26.130 --> 00:56:28.500 that will be.

NOTE Confidence: 0.906760837777778

00:56:28.500 --> 00:56:30.092 Helping establish this collaboration,

NOTE Confidence: 0.906760837777778

00:56:30.092 --> 00:56:32.082 I've already told you about

NOTE Confidence: 0.906760837777778

00:56:32.082 --> 00:56:33.430 Doctor Nolan Nakatsuka,

NOTE Confidence: 0.906760837777778

00:56:33.430 --> 00:56:35.668 who's the chair of the department

NOTE Confidence: 0.906760837777778

00:56:35.668 --> 00:56:36.787 at Macquarie University.

NOTE Confidence: 0.906760837777778

00:56:36.790 --> 00:56:39.346 You've already had about Doctor Unnatural.

NOTE Confidence: 0.906760837777778

00:56:39.350 --> 00:56:41.460 Who's the head of Happiness

NOTE Confidence: 0.906760837777778

00:56:41.460 --> 00:56:43.570 Project and also directs this.

NOTE Confidence: 0.906760837777778

00:56:43.570 --> 00:56:45.370 The Yellow global mental

NOTE Confidence: 0.906760837777778

00:56:45.370 --> 00:56:46.956 health and psychiatry,

NOTE Confidence: 0.906760837777778

00:56:46.956 --> 00:56:50.364 as well as Doctor Tracy Rabin,

NOTE Confidence: 0.906760837777778

00:56:50.370 --> 00:56:52.204 who is part of the Who's the,

NOTE Confidence: 0.906760837777778

00:56:52.210 --> 00:56:55.078 the Co director of the McCain

NOTE Confidence: 0.906760837777778

00:56:55.078 --> 00:56:56.990 University of University collaboration

NOTE Confidence: 0.906760837777778

00:56:57.062 --> 00:56:58.818 that is already existing.

NOTE Confidence: 0.906760837777778

00:56:58.820 --> 00:57:02.228 With the Department of Internal Medicine.

NOTE Confidence: 0.906760837777778

00:57:02.230 --> 00:57:04.340 We're currently with the stages

NOTE Confidence: 0.906760837777778

00:57:04.340 --> 00:57:06.863 of finishing up the engagement of

NOTE Confidence: 0.906760837777778

00:57:06.863 --> 00:57:08.903 stakeholders and the next steps would

NOTE Confidence: 0.906760837777778

00:57:08.903 --> 00:57:11.442 be to try and develop a curriculum

NOTE Confidence: 0.906760837777778

00:57:11.442 --> 00:57:13.608 as well as secure funding to

NOTE Confidence: 0.898017963333333

00:57:13.610 --> 00:57:15.518 establish this collaboration.

NOTE Confidence: 0.77384633

00:57:21.330 --> 00:57:23.986 Hi everyone, let me go back real fast.

NOTE Confidence: 0.77384633

00:57:23.990 --> 00:57:25.950 I know we have about 5 minutes left

NOTE Confidence: 0.77384633

00:57:25.950 --> 00:57:28.040 so I'll be brief in my presentation

NOTE Confidence: 0.77384633

00:57:28.040 --> 00:57:30.321 so I'm working with Doctor Ryan Nacho

NOTE Confidence: 0.77384633

00:57:30.321 --> 00:57:32.510 in the Happiness project, based in

NOTE Confidence: 0.77384633

00:57:32.510 --> 00:57:34.560 Nigeria and developing a postgraduate

NOTE Confidence: 0.77384633

00:57:34.560 --> 00:57:36.709 diploma in Community Mental Health.

NOTE Confidence: 0.77384633

00:57:36.710 --> 00:57:39.122 So first I wanted to talk

NOTE Confidence: 0.77384633

00:57:39.122 --> 00:57:40.328 about my motivation.

NOTE Confidence: 0.77384633

00:57:40.330 --> 00:57:41.690 This is my beautiful mother.

NOTE Confidence: 0.77384633

00:57:41.690 --> 00:57:43.904 This is me and my brother in the house

NOTE Confidence: 0.77384633

00:57:43.904 --> 00:57:45.969 that we grew up in in Bangkok, Thailand.

NOTE Confidence: 0.77384633

00:57:45.969 --> 00:57:47.564 This is the street that

NOTE Confidence: 0.77384633

00:57:47.564 --> 00:57:49.289 I lived and grew up in.

NOTE Confidence: 0.77384633

00:57:49.290 --> 00:57:50.986 This is about the size of the apartment,

NOTE Confidence: 0.77384633

00:57:50.990 --> 00:57:52.430 but our. Apartments at the end

NOTE Confidence: 0.77384633

00:57:52.430 --> 00:57:53.890 of the block there and then.

NOTE Confidence: 0.77384633

00:57:53.890 --> 00:57:55.940 This is my primary school.

NOTE Confidence: 0.77384633

00:57:55.940 --> 00:57:58.100 These are my beautiful,

NOTE Confidence: 0.77384633

00:57:58.100 --> 00:58:00.260 wonderful siblings that are

NOTE Confidence: 0.77384633

00:58:00.260 --> 00:58:01.760 living with my dad in Bangkok,

NOTE Confidence: 0.77384633

00:58:01.760 --> 00:58:02.618 Thailand right now.

NOTE Confidence: 0.77384633

00:58:02.618 --> 00:58:04.990 So I think this slide is to really

NOTE Confidence: 0.77384633

00:58:04.990 --> 00:58:07.422 say to myself and to to everyone that

NOTE Confidence: 0.77384633

00:58:07.422 --> 00:58:09.476 where I come from is as important

NOTE Confidence: 0.77384633

00:58:09.476 --> 00:58:11.659 as where I'm going and I always

NOTE Confidence: 0.77384633

00:58:11.659 --> 00:58:14.130 keep that in mind growing up in,

NOTE Confidence: 0.77384633

00:58:14.130 --> 00:58:15.470 you know,

NOTE Confidence: 0.77384633

00:58:15.470 --> 00:58:19.428 poor community and and country and now

NOTE Confidence: 0.77384633

00:58:19.428 --> 00:58:21.870 being here in an Ivy League institution and.

NOTE Confidence: 0.77384633

00:58:21.870 --> 00:58:22.617 Me a position.

NOTE Confidence: 0.77384633

00:58:22.617 --> 00:58:24.784 And I also wanted to give a shout

NOTE Confidence: 0.77384633

00:58:24.784 --> 00:58:26.968 out and acknowledgement to my mentor,

NOTE Confidence: 0.77384633

00:58:26.970 --> 00:58:27.508 Doctor Ihenacho.

NOTE Confidence: 0.77384633

00:58:27.508 --> 00:58:29.122 I know you guys have already

NOTE Confidence: 0.77384633

00:58:29.122 --> 00:58:30.429 heard a lot about him,

NOTE Confidence: 0.77384633

00:58:30.430 --> 00:58:32.725 but I he was one of my 3 interviewers

NOTE Confidence: 0.77384633

00:58:32.725 --> 00:58:34.815 and I remember hearing about the

NOTE Confidence: 0.77384633

00:58:34.815 --> 00:58:36.585 Happiness project then and I

NOTE Confidence: 0.77384633

00:58:36.655 --> 00:58:38.557 thought it was a beautiful homage

NOTE Confidence: 0.77384633

00:58:38.557 --> 00:58:40.736 that he was doing to his home

NOTE Confidence: 0.77384633

00:58:40.736 --> 00:58:42.548 for his home country in Nigeria.

NOTE Confidence: 0.77384633

00:58:42.550 --> 00:58:44.662 Even though you know he's still

NOTE Confidence: 0.77384633

00:58:44.662 --> 00:58:46.693 facing the United States and also

NOTE Confidence: 0.77384633

00:58:46.693 --> 00:58:48.909 we in the middle of my intern year,

NOTE Confidence: 0.77384633

00:58:48.910 --> 00:58:50.812 we talked about me becoming the

NOTE Confidence: 0.77384633

00:58:50.812 --> 00:58:52.531 resident leader for the Yale

NOTE Confidence: 0.77384633

00:58:52.531 --> 00:58:54.099 Global Mental Health Program.

NOTE Confidence: 0.77384633

00:58:54.100 --> 00:58:55.680 And I remember talking about

NOTE Confidence: 0.77384633

00:58:55.680 --> 00:58:56.944 how there were other.

NOTE Confidence: 0.77384633

00:58:56.950 --> 00:58:59.656 There is usually 4th year students,

NOTE Confidence: 0.77384633

00:58:59.660 --> 00:59:00.688 fourth year residents who

NOTE Confidence: 0.77384633

00:59:00.688 --> 00:59:01.716 are the resident leaders.

NOTE Confidence: 0.77384633

00:59:01.720 --> 00:59:02.850 But he said, well, yeah,

NOTE Confidence: 0.77384633

00:59:02.850 --> 00:59:04.338 that's one way you could look at it.

NOTE Confidence: 0.77384633

00:59:04.340 --> 00:59:05.635 Or you could say that you know,

NOTE Confidence: 0.77384633

00:59:05.640 --> 00:59:08.013 since you'll be in this program for

NOTE Confidence: 0.77384633

00:59:08.013 --> 00:59:10.320 the next three or four years that

NOTE Confidence: 0.77384633

00:59:10.320 --> 00:59:12.899 you'll be an expert by the end of it.

NOTE Confidence: 0.77384633

00:59:12.900 --> 00:59:15.322 So I always I'm grateful to him

NOTE Confidence: 0.77384633

00:59:15.322 --> 00:59:16.360 for that opportunity,

NOTE Confidence: 0.77384633

00:59:16.360 --> 00:59:18.530 so a little bit about the postgraduate

NOTE Confidence: 0.77384633

00:59:18.530 --> 00:59:20.240 diploma and Community Mental Health.

NOTE Confidence: 0.77384633

00:59:20.240 --> 00:59:22.178 It's it's a collaboration between Ohio

NOTE Confidence: 0.77384633

00:59:22.178 --> 00:59:24.080 State University and Yale University.

NOTE Confidence: 0.77384633

00:59:24.080 --> 00:59:25.796 It's a novel model of training.

NOTE Confidence: 0.77384633

00:59:25.800 --> 00:59:28.348 It's going to be hybrid based in

NOTE Confidence: 0.77384633

00:59:28.348 --> 00:59:30.412 Imo State and the participants who

NOTE Confidence: 0.77384633

00:59:30.412 --> 00:59:32.617 are primary care workers in Nigeria

NOTE Confidence: 0.77384633

00:59:32.617 --> 00:59:34.432 will gather in the conference

NOTE Confidence: 0.77384633

00:59:34.432 --> 00:59:37.150 room and it's going to be a

NOTE Confidence: 0.77384633

00:59:37.150 --> 00:59:38.296 longitudinal intensive programs.

NOTE Confidence: 0.77384633

00:59:38.300 --> 00:59:39.581 That's going to be about 10 months

NOTE Confidence: 0.77384633

00:59:39.581 --> 00:59:41.476 and then at the end they'll get a

NOTE Confidence: 0.77384633

00:59:41.476 --> 00:59:42.520 formal certification and recognition.

NOTE Confidence: 0.77384633

00:59:42.520 --> 00:59:46.320 So this. Graduate postgraduate diploma.

NOTE Confidence: 0.77384633

00:59:46.320 --> 00:59:48.084 This is the happiness project in

NOTE Confidence: 0.77384633

00:59:48.084 --> 00:59:49.585 Nigeria and it's because it's

NOTE Confidence: 0.77384633

00:59:49.585 --> 00:59:50.657 an expansion of that.

NOTE Confidence: 0.77384633

00:59:50.660 --> 00:59:52.292 And then it's also an expansion

NOTE Confidence: 0.77384633

00:59:52.292 --> 00:59:53.380 of the MH gap.

NOTE Confidence: 0.77384633

00:59:53.380 --> 00:59:55.676 So The Who has the mental health Gap

NOTE Confidence: 0.77384633

00:59:55.676 --> 00:59:57.083 Action program intervention guide

NOTE Confidence: 0.77384633

00:59:57.083 --> 00:59:59.023 and this program is essentially

NOTE Confidence: 0.77384633

00:59:59.023 --> 01:00:00.187 the gold standard.

NOTE Confidence: 0.77384633

01:00:00.190 --> 01:00:01.900 That's usually it's the past

NOTE Confidence: 0.77384633

01:00:01.900 --> 01:00:03.610 sharing approach is utilized in

NOTE Confidence: 0.781546451538462

01:00:03.672 --> 01:00:04.698 over 90 countries.

NOTE Confidence: 0.781546451538462

01:00:04.700 --> 01:00:06.875 Low and middle income countries

NOTE Confidence: 0.781546451538462

01:00:06.875 --> 01:00:09.520 around the world and the essence of

NOTE Confidence: 0.781546451538462

01:00:09.520 --> 01:00:11.620 it is to train primary care workers.

NOTE Confidence: 0.781546451538462

01:00:11.620 --> 01:00:14.220 So non psychiatric workers about

NOTE Confidence: 0.781546451538462

01:00:14.220 --> 01:00:16.300 common mental health diagnosis.

NOTE Confidence: 0.781546451538462

01:00:16.300 --> 01:00:18.796 And treatment and triaging of that.

NOTE Confidence: 0.781546451538462

01:00:18.800 --> 01:00:20.702 So the priority conditions Evan already

NOTE Confidence: 0.781546451538462

01:00:20.702 --> 01:00:23.248 went over with you and then just wanted

NOTE Confidence: 0.781546451538462

01:00:23.248 --> 01:00:25.084 to illustrate this is the psychosis

NOTE Confidence: 0.781546451538462

01:00:25.139 --> 01:00:27.379 module you can look up the modules there.

NOTE Confidence: 0.781546451538462

01:00:27.380 --> 01:00:29.100 They're on The Who website.

NOTE Confidence: 0.781546451538462

01:00:29.100 --> 01:00:30.440 It's very comprehensive and

NOTE Confidence: 0.781546451538462

01:00:30.440 --> 01:00:31.780 it's very beautifully done,

NOTE Confidence: 0.781546451538462

01:00:31.780 --> 01:00:32.527 very expertly done.

NOTE Confidence: 0.781546451538462

01:00:32.527 --> 01:00:34.470 So this is a quick overview of it.

NOTE Confidence: 0.781546451538462

01:00:34.470 --> 01:00:36.245 You know there's the assessment

NOTE Confidence: 0.781546451538462

01:00:36.245 --> 01:00:38.529 portion you think about for psychosis

NOTE Confidence: 0.781546451538462

01:00:38.529 --> 01:00:40.739 assessing for acute manic episode.

NOTE Confidence: 0.781546451538462

01:00:40.740 --> 01:00:42.660 And then there's management portion.

NOTE Confidence: 0.781546451538462

01:00:42.660 --> 01:00:44.780 There's both psychosocial interventions

NOTE Confidence: 0.781546451538462

01:00:44.780 --> 01:00:46.370 and pharmacological interventions.

NOTE Confidence: 0.781546451538462

01:00:46.370 --> 01:00:47.870 They even list the most

NOTE Confidence: 0.781546451538462

01:00:47.870 --> 01:00:49.070 common side effects and.

NOTE Confidence: 0.781546451538462

01:00:49.070 --> 01:00:50.743 Things to mitigate and watch out for

NOTE Confidence: 0.781546451538462

01:00:50.743 --> 01:00:52.560 and then follow up routines for that.

NOTE Confidence: 0.8104373428

01:00:54.660 --> 01:00:57.252 And this is to say that the Happiness

NOTE Confidence: 0.8104373428

01:00:57.252 --> 01:00:59.936 project is already implemented is already

NOTE Confidence: 0.8104373428

01:00:59.936 --> 01:01:02.396 implementing the MH GAP Intervention

NOTE Confidence: 0.8104373428

01:01:02.396 --> 01:01:04.648 guide in Nigeria and Imo State.

NOTE Confidence: 0.8104373428

01:01:04.650 --> 01:01:06.526 And it's about two week long training,

NOTE Confidence: 0.8104373428

01:01:06.530 --> 01:01:08.630 40 hours and our postgraduate

NOTE Confidence: 0.8104373428

01:01:08.630 --> 01:01:11.190 diploma is an expansion of that.

NOTE Confidence: 0.8104373428

01:01:11.190 --> 01:01:13.195 So there's an engagement of

NOTE Confidence: 0.8104373428

01:01:13.195 --> 01:01:14.799 stakeholders which which doctor

NOTE Confidence: 0.8104373428

01:01:14.799 --> 01:01:16.962 Anacho has already established between

NOTE Confidence: 0.8104373428

01:01:16.962 --> 01:01:19.087 Imo State and build university,

NOTE Confidence: 0.8104373428

01:01:19.090 --> 01:01:21.938 which I think is probably one of the

NOTE Confidence: 0.8104373428

01:01:21.938 --> 01:01:24.486 hardest parts, is the engagement.

NOTE Confidence: 0.8104373428

01:01:24.486 --> 01:01:26.934 In collaboration of stakeholders.

NOTE Confidence: 0.8104373428

01:01:26.940 --> 01:01:29.645 And this is going to be 10 months.

NOTE Confidence: 0.8104373428

01:01:29.650 --> 01:01:30.378 We're going to have,

NOTE Confidence: 0.8104373428

01:01:30.378 --> 01:01:32.280 and it's going to be a monthly gathering.

NOTE Confidence: 0.8104373428

01:01:32.280 --> 01:01:33.930 It's going to be both lectures

NOTE Confidence: 0.8104373428

01:01:33.930 --> 01:01:34.480 and supervision,

NOTE Confidence: 0.8104373428

01:01:34.480 --> 01:01:36.346 and the lecture portion it's going

NOTE Confidence: 0.8104373428

01:01:36.346 --> 01:01:37.967 to be both Nigerian psychiatrists

NOTE Confidence: 0.8104373428

01:01:37.967 --> 01:01:40.479 at home and in the in the diaspora.

NOTE Confidence: 0.8104373428

01:01:40.480 --> 01:01:43.660 And also I'll be emailing yellow

NOTE Confidence: 0.8104373428

01:01:43.660 --> 01:01:45.780 psychiatry faculty members to

NOTE Confidence: 0.8104373428

01:01:45.872 --> 01:01:48.802 volunteer to teach about different

NOTE Confidence: 0.8104373428

01:01:48.802 --> 01:01:50.400 mental health classifications.

NOTE Confidence: 0.8104373428

01:01:50.400 --> 01:01:52.920 So and then the last part

NOTE Confidence: 0.8104373428

01:01:52.920 --> 01:01:54.600 is the supervision part.

NOTE Confidence: 0.8104373428

01:01:54.600 --> 01:01:56.502 It's going to be Nigerian licensed

NOTE Confidence: 0.8104373428

01:01:56.502 --> 01:01:57.453 psychiatrists or psychologists

NOTE Confidence: 0.8104373428

01:01:57.453 --> 01:01:59.702 to be providing. That last part.

NOTE Confidence: 0.8104373428

01:01:59.702 --> 01:02:02.670 And this is to say that enrollment

NOTE Confidence: 0.8104373428

01:02:02.755 --> 01:02:05.125 is open now in animal state.

NOTE Confidence: 0.8104373428

01:02:05.130 --> 01:02:06.930 And this is our proposed curriculum,

NOTE Confidence: 0.8104373428

01:02:06.930 --> 01:02:09.238 with all the different.

NOTE Confidence: 0.8104373428

01:02:09.240 --> 01:02:10.500 Uh,

NOTE Confidence: 0.8104373428

01:02:10.500 --> 01:02:11.760 modules.

NOTE Confidence: 0.8104373428

01:02:11.760 --> 01:02:13.356 And then our future direction of

NOTE Confidence: 0.8104373428

01:02:13.356 --> 01:02:15.673 this is that we're going to have an

NOTE Confidence: 0.8104373428

01:02:15.673 --> 01:02:17.163 assessment to students and evaluation

NOTE Confidence: 0.8104373428

01:02:17.163 --> 01:02:19.087 of curriculum will continue to

NOTE Confidence: 0.8104373428

01:02:19.087 --> 01:02:20.483 strengthen that collaboration with

106

NOTE Confidence: 0.8104373428

01:02:20.483 --> 01:02:22.895 Imo State and then hopefully have an

NOTE Confidence: 0.8104373428

01:02:22.895 --> 01:02:24.857 exchange site visit with trainees from

NOTE Confidence: 0.8104373428

01:02:24.919 --> 01:02:26.797 both Yale and Imo State University.

NOTE Confidence: 0.8104373428

01:02:26.800 --> 01:02:27.948 And then of course,

NOTE Confidence: 0.8104373428

01:02:27.948 --> 01:02:29.096 the think about dissemination.

NOTE Confidence: 0.8104373428

01:02:29.100 --> 01:02:31.338 Since this is a novel model

NOTE Confidence: 0.8104373428

01:02:31.338 --> 01:02:32.457 of intensive training,

NOTE Confidence: 0.8104373428

01:02:32.460 --> 01:02:34.310 and it's also hybrid program.

NOTE Confidence: 0.8104373428

01:02:34.310 --> 01:02:35.696 And then I just wanted to mention

NOTE Confidence: 0.8104373428

01:02:35.696 --> 01:02:37.073 some of the other global mental

NOTE Confidence: 0.8104373428

01:02:37.073 --> 01:02:38.795 health projects I've been a part of.

NOTE Confidence: 0.8104373428

01:02:38.800 --> 01:02:41.376 So there's this book with Doctor Alta Lib,

NOTE Confidence: 0.8104373428

01:02:41.380 --> 01:02:41.840 he's.

NOTE Confidence: 0.8104373428

01:02:41.840 --> 01:02:42.300 Published,

NOTE Confidence: 0.8104373428

01:02:42.300 --> 01:02:44.600 it's impressed with the American

NOTE Confidence: 0.8104373428

01:02:44.600 --> 01:02:45.520 Psychiatric Association.

NOTE Confidence: 0.8104373428

01:02:45.520 --> 01:02:47.380 It's on Muslim mental health in

NOTE Confidence: 0.8104373428

01:02:47.380 --> 01:02:49.081 different countries and I contributed

NOTE Confidence: 0.8104373428

01:02:49.081 --> 01:02:51.076 a chapter with Doctor Pennachio,

NOTE Confidence: 0.8104373428

01:02:51.080 --> 01:02:51.732 but Nigeria.

NOTE Confidence: 0.8104373428

01:02:51.732 --> 01:02:54.014 I'm also working with Doctor all to

NOTE Confidence: 0.8104373428

01:02:54.014 --> 01:02:56.622 live about the assessment of mental

NOTE Confidence: 0.8104373428

01:02:56.622 --> 01:02:58.398 healthcare that's being integrated

NOTE Confidence: 0.8104373428

01:02:58.400 --> 01:02:59.980 into different neurological clinics

NOTE Confidence: 0.8104373428

01:02:59.980 --> 01:03:02.350 and this is a global assessment

NOTE Confidence: 0.8104373428

01:03:02.411 --> 01:03:04.355 and this is in partnership with

NOTE Confidence: 0.8104373428

01:03:04.355 --> 01:03:06.115 the American Academy of Neurology

NOTE Confidence: 0.8104373428

01:03:06.115 --> 01:03:07.719 and it's being featured.

NOTE Confidence: 0.8104373428

01:03:07.720 --> 01:03:09.344 It's going to be a feature of

NOTE Confidence: 0.8104373428

01:03:09.344 --> 01:03:10.500 theology and clinical practice,

NOTE Confidence: 0.8104373428

01:03:10.500 --> 01:03:13.050 so they're they're main clinical journal.

NOTE Confidence: 0.8104373428

01:03:13.050 --> 01:03:16.344 And that is the end of our grand rounds.

NOTE Confidence: 0.8104373428

01:03:16.350 --> 01:03:18.750 And I'll stop sharing.

NOTE Confidence: 0.8104373428

01:03:18.750 --> 01:03:20.000 And open up for questions.