Your School Diabetes Kit should include:

- Extra glucose meter (if you don’t have an extra, ask us for one)
- Blood glucose test strips
- Juice boxes
- Glucose tablets
- Glucose Gel
- Glucagon Kit (if your school has a school nurse)
- Granola bars or other small snack
- Ketone strips
- Bottled water (if your child won’t drink school water)

Children should always have ready access to something to treat a low blood sugar and this should be kept in the classroom. For younger children, the teacher will often keep juice boxes or glucose tabs in their desk and with older children; we recommend that they carry it in their backpacks or in their pockets.