Ready to Grind? Protect yourself and others:

1) Eye protection (safety glasses or goggles) - to protect your eyes from dust particles

2) Respirator with appropriate cartridge (HEPA or N95 designation) - to protect you from inhaling dust particles.

3) Gloves - to protect your skin from dust particles

4) Coveralls - to keep dust off your street clothes and out of your car, away from your family

5) LEV (Local Exhaust Ventilation) - keeps particles away from you

After grinding, Wash hands thoroughly with soap and water!