SAFE WORK HABITS

In addition to using the appropriate PPE, it is necessary to use safe work practices to limit exposure even further. Some examples:

1. Use the booth – an efficient booth will remove most toxic materials before they reach you

2. Keep the booth fan on for ten minutes after paint spraying is finished

3. Take care of your PPE

4. Clean up paint, solvent and other chemical spills immediately

5. Keep paint, solvent, thinner and other toxic chemical cans capped when not in use

6. Know the emergency procedures and phone numbers

7. Know basic first aid

8. Understand the toxic products you work with – use MSDS information

9. Work in well lighted areas

10. Lift heavy objects correctly

11. If an engine is running in the shop – provide adequate ventilation or hose the exhaust to the outside

12. Keep from contaminating your car or home – change clothing before leaving work

13. Do not eat, drink or smoke in the painting or paint mixing area

14. Have regular physicals and don’t ignore the signs of ill health

15. Know where the fire extinguishers are located

16. Keep work areas clean and aisles clear

17. Identify hazards, warn others and correct them quickly

18. Remind others to work safely