**BNI Booster Encounter Form**

Therapist: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Identify yourself.
2. Review patient’s agreement in the last ID clinic visit.
3. Answer any questions about the booster.
4. Attempt to trigger the patient’s memory regarding the BNI in the ID clinic.
5. Ask permission to proceed with the booster.
6. Ask the patient, how willing, on a scale of 1-10, where 1 is NOT WILLING AT ALL and 10 is TOTALLY WILLING, they are to have the this booster call.
7. Review the current level (past week) of drinking.
8. How much was the patient drinking per week? \_\_\_\_\_\_\_\_, per binge occasion?\_\_\_\_\_\_\_\_
9. Did the patient make a drinking agreement in the last ID clinic visit? ❑Yes ❑ No
10. Did patient recall his/her drinking agreement made in the ID clinic visit? ❑Yes ❑ No
11. Did the patient recall his/her drinking agreement accurately? ❑Yes ❑ No
12. Review the drinking agreement made in the ID clinic visit.
13. Was the drinking agreement made in the ID clinic visit too difficult for the patient?

❑Yes ❑ No

1. Did the patient achieve low-risk drinking at any point since the BNI in the clinic?

❑Yes ❑ No

1. Did the patient achieve low risk drinking in the week prior to the booster call?

❑Yes ❑ No

1. Review the alcohol use reduction skills used by the patient.
2. Did the patient use any of the web-based resources?

❑Yes ❑ No Which ones?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Advise AND give a rationale for the development of a new drinking agreement.
2. Make a new drinking agreement made.
3. What is it?\_\_\_\_\_\_\_\_\_\_\_\_\_\_/week:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_/occasion.
4. Use BNI - Provide Feedback strategies.
5. Use BNI - Enhance Motivation strategies.
6. Use BNI - Advise & Negotiate strategies.
7. Review the web-based resources with the patient. Which one(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
8. Summarize the booster session information.
9. Ask if the patient had any questions.

Length of Session:\_\_\_\_\_\_\_\_\_\_\_\_\_minutes

Session Logged in TrialDB by research coordinator: Date:\_\_\_\_\_\_\_\_\_\_\_\_ RC initials: \_\_\_\_\_\_