## Local Alcohol & Drug Treatment Resources

<table>
<thead>
<tr>
<th>Service Provider</th>
<th>Phone Number</th>
<th>Address Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>APT Foundation</td>
<td>203-781-4600</td>
<td>1 Long Wharf Drive, Suite 10, New Haven</td>
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<tr>
<td>Connection Inc. Recovery House</td>
<td>855-435-7955</td>
<td>48 Howe Street, New Haven</td>
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<tr>
<td>Crossroads Inc.</td>
<td>203-387-0094</td>
<td>44-54 East Ramsdell Street, New Haven</td>
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<tr>
<td>Crossroads Inc. - Amethyst House</td>
<td>203-821-3040</td>
<td>48 Howe Street, New Haven</td>
</tr>
<tr>
<td>Grant Street Partnership</td>
<td>203-503-3000</td>
<td>60-62 Grant Street, New Haven</td>
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<tr>
<td>Griffin Hospital</td>
<td>203-732-7331</td>
<td>130 Division Street, Derby</td>
</tr>
<tr>
<td>Hispanic Clinic, CT Mental Health Center</td>
<td>203-974-5800</td>
<td>34 Park Street, New Haven</td>
</tr>
<tr>
<td>Multicultural Ambulatory Addiction Services</td>
<td>203-495-7710</td>
<td>426 East Street, New Haven</td>
</tr>
<tr>
<td>South Central Rehabilitation Center</td>
<td>203-503-3318</td>
<td>232 Cedar Street, New Haven</td>
</tr>
<tr>
<td>Substance Abuse Treatment Unit</td>
<td>203-974-5777</td>
<td>1 Long Wharf Drive, New Haven</td>
</tr>
<tr>
<td>Taking Initiative Center</td>
<td>203-389-2970 ext 1317</td>
<td>514 Whalley Avenue, New Haven</td>
</tr>
<tr>
<td>Yale-New Haven Psych Hospital, Outpatient</td>
<td>203-688-9907</td>
<td>1294 Chapel Street, New Haven</td>
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<tr>
<td>Other Treatment Resources</td>
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</tbody>
</table>

### Outpatient Services
- APT Foundation: Outpatient & residential treatment options for all ages, including pregnant women & women w/ children, Spanish-speakers, & HIV+ individuals. Walk-in screenings available, 8:30-11am M-F. Methadone clinic available.
- South Central Rehabilitation Center: Detox, methadone, and triage facility for adults 18+, including Spanish-speakers and those with substance abuse and/or mental health disorders. Available 24/7.
- Substance Abuse Treatment Unit: Evaluation & outpatient services for men & women 17+ with substance abuse and/or mental disorders, including Spanish-speakers & HIV+ individuals.
- Taking Initiative Center: Drop-in center & safe place for homeless individuals &/or those recovering from addiction. Can provide referrals, not treatment.
- Yale-New Haven Psych Hospital, Outpatient: Outpatient and intensive outpatient services for adults 18+ with substance abuse and/or mental disorders. Hamden location with evening hours: 203-784-8770.

### Residential Treatment Facilities
- APT Foundation (Bridgeport): Outpatient services, including methadone, for African-American and Latino adults 18+ with opioid addictions. Walk-ins accepted.

### Other Treatment Resources
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**Project ASSERT**

Improving Alcohol & Substance Abuse Services & Educating Providers to Refer Patients to Treatment

A service of the Yale-New Haven Hospital & Department of Emergency Medicine, Yale University School of Medicine
Alcohol Use

Drinking too much alcohol increases risk of illness & injury. Even one drink is too much if you’re driving, at work, pregnant, breast feeding, have certain medical conditions or are taking certain medications.

What is a standard drink?
One standard drink is defined as:

<table>
<thead>
<tr>
<th>One shot of liquor (1.5oz)</th>
<th>One regular beer (12oz)</th>
<th>One glass of wine (5oz)</th>
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</table>

How much is too much?
Low-risk drinking is defined as:

<table>
<thead>
<tr>
<th>Maximum Drinks Per</th>
<th>Week</th>
<th>Occasion</th>
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</thead>
<tbody>
<tr>
<td>Men</td>
<td>14</td>
<td>4</td>
</tr>
<tr>
<td>Women</td>
<td>7</td>
<td>3</td>
</tr>
<tr>
<td>Age &gt; 65</td>
<td>7</td>
<td>3</td>
</tr>
</tbody>
</table>

Health Effects of Alcohol

Drinking too much alcohol contributes to high blood pressure, increases risk for many types of cancer & damages the body’s vital organs, such as the brain, heart, liver, & pancreas. Drinking is especially dangerous for pregnant women, as it can cause a number of complications like fetal alcohol syndrome.

Helpful Contacts

Alcohol & Drug Use
Alcoholics Anonymous 866-783-7712
Narcotics Anonymous 800-627-3543

Community Health Centers
Connecticut Mental Health Center 203-974-7713
Fair Haven Community Health Center 203-777-7411
Cornell Scott-Hill Health Center 203-503-3000

Health Insurance
Healthy Start (for pregnant women) 203-946-8187
Husky Health (Medicaid) 877-284-8759

Health Services
Breast & Cervical Cancer Screenings 860-509-8251
Department of Social Services (DSS) 855-626-6632
DSS Adult & Elderly Services 203-974-8027
DSS Family Services 203-974-8193

HIV/AIDS
AIDS Project New Haven 203-624-0947
CT AIDS Drug Assistance Program 855-805-4325
Hispanos Unidos, Inc 203-781-0226

Emergency Housing
Hillside Family Shelter 203-777-7848
Columbus House 203-401-4400
Continuum of Care 203-562-2264
Emergency Shelter Mgmt Services 203-777-2522
Life Haven (women with children) 203-776-6208

Domestic Violence & Sexual Assault
CT Domestic Violence Hotline 888-774-2900
Sexual Assault Crisis Services 888-999-5545

Contact Us

Project ASSERT
Yale-New Haven Hospital
York Street Campus: 203-688-6553
Chapel Street Campus: 475-247-0449
Visit us on the web: www.medicine.yale.edu/emergencymed/assert