

Local Alcohol & Drug Treatment Resources

APT Foundation 203-781-4600
1 Long Wharf Drive, Suite 10, New Haven
Outpatient & residential treatment options for all ages, including pregnant women & women w/ children, Spanish-speakers, & HIV+ individuals. Walk-in screenings available, 8:30-11am M-F. Methadone clinic available.

Connection Inc. Recovery House 855-435-7955
48 Howe Street, New Haven
Outpatient, residential & community-based services.

Crossroads Inc. 203-387-0094
44-54 East Ramsdell Street, New Haven
Outpatient & residential treatment facility for adults, including Spanish-speakers, HIV+ individuals, & those with mental health disorders.

Crossroads Inc. - Amethyst House 203-821-3040
48 Howe Street, New Haven
Residential treatment facility for pregnant women or women with children, including those with mental health disorders & HIV+ individuals.

Grant Street Partnership 203-503-3000
60-62 Grant Street, New Haven
Outpatient services (18+) & residential treatment facility (adult men only) for adults with substance abuse & mental health disorders. Available 24/7.

Griffin Hospital 203-732-7331
130 Division Street, Derby
Full range of inpatient & outpatient services for substance abuse & mental disorders. 24/7 crisis intervention services.

Hispanic Clinic, CT Mental Health Center 203-974-5800
34 Park Street, New Haven
Outpatient services for Latino adults 18+ with alcohol and/or mental disorders (no IV drug use).

Multicultural Ambulatory Addiction Services 203-495-7710
426 East Street, New Haven
Outpatient services, including methadone, for African-American and Latino adults 18+ with opioid addictions. Walk-ins accepted.

South Central Rehabilitation Center 203-503-3318
232 Cedar Street, New Haven
Detox, methadone, and triage facility for adults 18+, including Spanish-speakers and those with substance abuse and/or mental health disorders. Available 24/7.

Substance Abuse Treatment Unit 203-974-5777
1 Long Wharf Drive, New Haven
Evaluation & outpatient services for men & women 17+ with substance abuse and/or mental disorders, including Spanish-speakers & HIV+ individuals.

Taking Initiative Center 203-389-2970 ext 1317
514 Whalley Avenue, New Haven
Drop-in center & safe place for homeless individuals &/or those recovering from addiction. Can provide referrals, not treatment.

Yale-New Haven Psych Hospital, Outpatient 203-688-9907
1294 Chapel Street, New Haven
Outpatient and intensive outpatient services for adults 18+ with substance abuse and/or mental disorders. Hamden location with evening hours: 203-784-8770.

Other Treatment Resources

| | |
|---|--------------|
| APT Foundation (Bridgeport) | 203-337-9943 |
| CASA (Bridgeport, Note: Spanish only) | 203-334-4112 |
| Connecticut Valley Hospital (Middletown) | 800-828-3396 |
| First Step (Bridgeport) | 203-416-1915 |
| Intercommunity Recovery (Hartford) | 860-714-3700 |
| Midwestern CT Council of Alcoholism (Multiple locations) | 203-792-4515 |
| Rushford Treatment Center (Multiple locations) | 877-577-3233 |
| Salvation Army (Hartford) | 860-527-8106 |
| SE Council on Alc. & Drug Dep. (New London) | 860-447-1717 |
| Silver Hill Hospital (New Canaan) | 866-542-4455 |
| Stonington Institute (North Stonington) | 800-832-1022 |
| St. Vincent's Beh. Health Services (Bridgeport, Westport) | 203-227-1251 |

Project ASSERT

Improving Alcohol & Substance Abuse Services & Educating Providers to Refer Patients to Treatment

A service of the Yale-New Haven Hospital & Department of Emergency Medicine, Yale University School of Medicine



Yale
New Haven
Health
Yale New Haven
Hospital



Project ASSERT

Project ASSERT is a service at the Yale-New Haven Hospital Emergency Department. Our Health Promotion Advocates screen patients for drug & alcohol problems, provide interventions & directly refer patients to community treatment services. Since 1999, Project ASSERT has connected more than 46,000 patients with life-saving care & treatment.

Contact Us

Project ASSERT
Yale-New Haven Hospital

York Street Campus: 203-688-6553
Chapel Street Campus: 475-247-0449

Visit us on the web:
www.medicine.yale.edu/emergencymed/assert

Alcohol Use

Drinking too much alcohol increases risk of illness & injury. Even one drink is too much if you're driving, at work, pregnant, breast feeding, have certain medical conditions or are taking certain medications.

What is a standard drink?

One standard drink is defined as:



How much is too much?

Low-risk drinking is defined as:

| | Maximum Drinks Per | |
|----------|--------------------|-----------------|
| | <u>Week</u> | <u>Occasion</u> |
| Men | 14 | 4 |
| Women | 7 | 3 |
| Age > 65 | 7 | 3 |

Health Effects of Alcohol

Drinking too much alcohol contributes to high blood pressure, increases risk for many types of cancer & damages the body's vital organs, such as the brain, heart, liver, & pancreas. Drinking is especially dangerous for pregnant women, as it can cause a number of complications like fetal alcohol syndrome.

Helpful Contacts

Alcohol & Drug Use

Alcoholics Anonymous 866-783-7712
Narcotics Anonymous 800-627-3543

Community Health Centers

Connecticut Mental Health Center 203-974-7713
Fair Haven Community Health Center 203-777-7411
Cornell Scott-Hill Health Center 203-503-3000

Health Insurance

Healthy Start (for pregnant women) 203-946-8187
Husky Health (Medicaid) 877-284-8759

Health Services

Breast & Cervical Cancer Screenings 860-509-8251
Department of Social Services (DSS) 855-626-6632
DSS Adult & Elderly Services 203-974-8027
DSS Family Services 203-974-8193

HIV/AIDS

AIDS Project New Haven 203-624-0947
CT AIDS Drug Assistance Program 855-805-4325
Hispanos Unidos, Inc 203-781-0226

Emergency Housing

Hillside Family Shelter 203-777-7848
Columbus House 203-401-4400
Continuum of Care 203-562-2264
Emergency Shelter Mgmt Services 203-777-2522
Life Haven (women with children) 203-776-6208

Domestic Violence & Sexual Assault

CT Domestic Violence Hotline 888-774-2900
Sexual Assault Crisis Services 888-999-5545