WEBVTT

NOTE duration:"00:49:19" NOTE recognizability:0.828

NOTE language:en-us

NOTE Confidence: 0.823742415

 $00:00:00.000 \longrightarrow 00:00:02.121$  Dean Vasquez, so that way we can

NOTE Confidence: 0.823742415

 $00{:}00{:}02.121 \dashrightarrow 00{:}00{:}04.563$  give her the most amount of time

NOTE Confidence: 0.823742415

00:00:04.563 --> 00:00:06.393 for her wonderful talk today.

NOTE Confidence: 0.823742415

00:00:06.400 --> 00:00:08.590 So Dean Marietta Vasquez is

NOTE Confidence: 0.823742415

 $00:00:08.590 \longrightarrow 00:00:10.342$  a professor of Pediatrics,

NOTE Confidence: 0.823742415

00:00:10.350 --> 00:00:12.290 general Pediatrics and infectious disease,

NOTE Confidence: 0.823742415

00:00:12.290 --> 00:00:14.070 vice chair of Diversity, Equity,

NOTE Confidence: 0.823742415

 $00:00:14.070 \longrightarrow 00:00:15.612$  and inclusion in the Department of

NOTE Confidence: 0.823742415

00:00:15.612 --> 00:00:17.350 Pediatrics, and founder and director of

NOTE Confidence: 0.823742415

 $00{:}00{:}17.350 \dashrightarrow 00{:}00{:}18.830$  the Yale Children's Hispanic Clinic.

NOTE Confidence: 0.823742415

 $00{:}00{:}18.830 \dashrightarrow 00{:}00{:}21.428$  Has been appointed associate Dean of

NOTE Confidence: 0.823742415

00:00:21.428 --> 00:00:25.400 medical diversity as of May 3rd, 2021.

NOTE Confidence: 0.823742415

 $00:00:25.400 \longrightarrow 00:00:26.780$  In her role as Dean,

00:00:26.780 --> 00:00:28.295 Vasquez will work closely with

NOTE Confidence: 0.823742415

00:00:28.295 --> 00:00:29.507 PSM's Office of Diversity,

NOTE Confidence: 0.823742415

 $00{:}00{:}29.510 \dashrightarrow 00{:}00{:}31.659$  Equity and inclusion to advance MD and

NOTE Confidence: 0.823742415

 $00:00:31.659 \longrightarrow 00:00:34.090$  MD PhD program programs and initiatives.

NOTE Confidence: 0.823742415

00:00:34.090 --> 00:00:35.518 And I believe, if I'm not mistaken,

NOTE Confidence: 0.823742415

00:00:35.520 --> 00:00:39.064 that will also include the PA program now.

NOTE Confidence: 0.823742415

 $00{:}00{:}39.070 \dashrightarrow 00{:}00{:}40.555$  She will oversee the strategic

NOTE Confidence: 0.823742415

 $00:00:40.555 \longrightarrow 00:00:42.040$  deployment of resources and coordinate

NOTE Confidence: 0.823742415

00:00:42.090 --> 00:00:43.728 activities of the Office of Diversity,

NOTE Confidence: 0.823742415

00:00:43.730 --> 00:00:45.122 Inclusion, Community engagement,

NOTE Confidence: 0.823742415

 $00:00:45.122 \longrightarrow 00:00:46.730$  and equity, or DICE.

NOTE Confidence: 0.823742415

 $00:00:46.730 \longrightarrow 00:00:47.750$  There's a recruitment,

NOTE Confidence: 0.823742415

 $00:00:47.750 \longrightarrow 00:00:48.061$  retention,

NOTE Confidence: 0.823742415

 $00{:}00{:}48.061 \mathrel{--}{>} 00{:}00{:}49.305$  and professional development of

NOTE Confidence: 0.823742415

 $00:00:49.305 \longrightarrow 00:00:50.549$  students who are marginalized

NOTE Confidence: 0.823742415

 $00:00:50.549 \longrightarrow 00:00:52.109$  or underrepresented in medicine,

 $00{:}00{:}52.110 \dashrightarrow 00{:}00{:}53.946$  and she has extensive experience as

NOTE Confidence: 0.823742415

 $00:00:53.946 \longrightarrow 00:00:55.633$  an adequate advocate for diversity

NOTE Confidence: 0.823742415

 $00:00:55.633 \longrightarrow 00:00:56.449$  and inclusion,

NOTE Confidence: 0.823742415

 $00:00:56.450 \longrightarrow 00:00:58.893$  and has led efforts to recruit and

NOTE Confidence: 0.823742415

 $00:00:58.893 \longrightarrow 00:00:59.940$  retain underrepresented minorities

NOTE Confidence: 0.823742415

 $00:00:59.996 \longrightarrow 00:01:01.109$  and academic programs.

NOTE Confidence: 0.823742415

 $00:01:01.110 \longrightarrow 00:01:02.010$  She as well,

NOTE Confidence: 0.823742415

 $00:01:02.010 \longrightarrow 00:01:03.510$  has mentored numerous medical students,

NOTE Confidence: 0.823742415

 $00:01:03.510 \longrightarrow 00:01:04.410$  and for the past year,

NOTE Confidence: 0.823742415

 $00{:}01{:}04.410 \dashrightarrow 00{:}01{:}06.180$  she's directed all DI activities

NOTE Confidence: 0.823742415

00:01:06.180 --> 00:01:07.606 in Pediatrics, designing, building,

NOTE Confidence: 0.823742415

 $00{:}01{:}07.606 \dashrightarrow 00{:}01{:}09.038$  and implementing an ambitious.

NOTE Confidence: 0.823742415

 $00{:}01{:}09.040 \dashrightarrow 00{:}01{:}11.560$  Strategy for.

NOTE Confidence: 0.823742415

00:01:11.560 --> 00:01:13.738 The department's training faculty and staff,

NOTE Confidence: 0.823742415

 $00:01:13.740 \longrightarrow 00:01:15.090$  which encompasses support,

 $00:01:15.090 \longrightarrow 00:01:16.440$  education and recruitment.

NOTE Confidence: 0.823742415

 $00{:}01{:}16.440 \dashrightarrow 00{:}01{:}17.600$  Dean basketball education is crucial

NOTE Confidence: 0.823742415

 $00:01:17.600 \longrightarrow 00:01:19.397$  to her role and has had multiple

NOTE Confidence: 0.823742415

 $00:01:19.397 \longrightarrow 00:01:20.589$  education initiatives on diversity

NOTE Confidence: 0.823742415

 $00:01:20.589 \longrightarrow 00:01:22.097$  and inclusion within the department

NOTE Confidence: 0.823742415

00:01:22.097 --> 00:01:23.729 on such topics as unconscious bias,

NOTE Confidence: 0.823742415

 $00:01:23.730 \longrightarrow 00:01:24.078$  microaggression,

NOTE Confidence: 0.823742415

00:01:24.078 --> 00:01:25.818 and equity in the workplace,

NOTE Confidence: 0.823742415

 $00:01:25.820 \longrightarrow 00:01:27.275$  which has led to Pediatrics

NOTE Confidence: 0.823742415

00:01:27.275 --> 00:01:28.439 becoming the first department

NOTE Confidence: 0.823742415

 $00:01:28.439 \longrightarrow 00:01:30.304$  within the School of Medicine to

NOTE Confidence: 0.823742415

00:01:30.304 --> 00:01:31.520 make diversity training mandatory.

NOTE Confidence: 0.823742415

00:01:31.520 --> 00:01:33.896 Deep ASK is this a served as the

NOTE Confidence: 0.823742415

 $00:01:33.896 \longrightarrow 00:01:35.580$  associate director of the Pediatric

NOTE Confidence: 0.823742415

 $00:01:35.580 \longrightarrow 00:01:37.638$  residency program from 2010 to 2018.

NOTE Confidence: 0.823742415

00:01:37.640 --> 00:01:39.656 Director of the LP Metrics Global

 $00:01:39.656 \longrightarrow 00:01:41.549$  Health track from 2010 to 2019.

NOTE Confidence: 0.823742415

00:01:41.550 --> 00:01:43.278 And at the Yale Pediatric Primary

NOTE Confidence: 0.823742415

00:01:43.278 --> 00:01:44.979 Care Center, she precepts residents,

NOTE Confidence: 0.823742415

00:01:44.979 --> 00:01:46.844 medical students and nurse practitioners,

NOTE Confidence: 0.823742415

 $00{:}01{:}46.850 \dashrightarrow 00{:}01{:}48.535$ utilizing her expertise in refugee

NOTE Confidence: 0.823742415

 $00:01:48.535 \longrightarrow 00:01:50.220$  and immigration health research on

NOTE Confidence: 0.823742415

 $00:01:50.271 \longrightarrow 00:01:51.639$  clinical epidemiology of infectious

NOTE Confidence: 0.823742415

00:01:51.639 --> 00:01:53.691 disease in children focuses on the

NOTE Confidence: 0.823742415

 $00{:}01{:}53.740 \dashrightarrow 00{:}01{:}55.553$  efficacy of vaccines and she has had

NOTE Confidence: 0.823742415

 $00{:}01{:}55.553 \dashrightarrow 00{:}01{:}56.868$  direct impact on clinical practice.

NOTE Confidence: 0.823742415

00:01:56.868 --> 00:01:57.137 Finally,

NOTE Confidence: 0.823742415

00:01:57.137 --> 00:01:59.020 she is the first Latina to be

NOTE Confidence: 0.823742415

 $00:01:59.070 \longrightarrow 00:02:00.684$  appointed by the Secretary of the

NOTE Confidence: 0.823742415

 $00{:}02{:}00.684 \dashrightarrow 00{:}02{:}02.254$  US Department of Health and Human

NOTE Confidence: 0.823742415

 $00:02:02.254 \longrightarrow 00:02:04.030$  Services to be a voting member of the

00:02:04.030 --> 00:02:06.730 Advisory Committee on Immunization Practices.

NOTE Confidence: 0.823742415

 $00:02:06.730 \longrightarrow 00:02:07.976$  Thank you so much for taking the

NOTE Confidence: 0.823742415

00:02:07.976 --> 00:02:09.088 time to speak with us today,

NOTE Confidence: 0.823742415

 $00:02:09.090 \longrightarrow 00:02:09.482$  Dean Vasquez,

NOTE Confidence: 0.823742415

 $00:02:09.482 \longrightarrow 00:02:10.658$  and we're really excited to get

NOTE Confidence: 0.823742415

 $00:02:10.658 \longrightarrow 00:02:11.460$  to hear your talk.

NOTE Confidence: 0.815022122941177

00:02:12.730 --> 00:02:15.796 Thank you Ariel for that very

NOTE Confidence: 0.815022122941177

 $00:02:15.796 \longrightarrow 00:02:18.945$  nice introduction and and for the

NOTE Confidence: 0.815022122941177

 $00{:}02{:}18.945 \dashrightarrow 00{:}02{:}21.465$  and really for the invitation.

NOTE Confidence: 0.815022122941177

00:02:21.470 --> 00:02:26.278 I hope you can hear me well I'm.

NOTE Confidence: 0.815022122941177

 $00:02:26.280 \longrightarrow 00:02:28.464$  I'm connected from my home Wi-Fi and I

NOTE Confidence: 0.815022122941177

00:02:28.464 --> 00:02:31.070 have my dog next to me who goes wild

NOTE Confidence: 0.815022122941177

 $00:02:31.070 \longrightarrow 00:02:33.118$  every time somebody knocks on the door.

NOTE Confidence: 0.815022122941177

 $00:02:33.120 \longrightarrow 00:02:35.206$  So let's hope that nobody knocks on

NOTE Confidence: 0.815022122941177

 $00:02:35.206 \longrightarrow 00:02:37.657$  the door and I'm going to talk about.

NOTE Confidence: 0.815022122941177

 $00{:}02{:}37.660 \dashrightarrow 00{:}02{:}40.531$  I decided to go sort of merge a little

 $00:02:40.531 \longrightarrow 00:02:43.656$  bit about health inequities with a case,

NOTE Confidence: 0.815022122941177

 $00{:}02{:}43.660 \dashrightarrow 00{:}02{:}46.996$  and I'm going to talk about health inequities

NOTE Confidence: 0.815022122941177

 $00:02:46.996 \longrightarrow 00:02:50.750$  in the times of of in times of COVID.

NOTE Confidence: 0.859607665

 $00:02:52.850 \longrightarrow 00:02:56.918$  And a little bit about about.

NOTE Confidence: 0.859607665

 $00:02:56.920 \longrightarrow 00:02:59.920$  Some of the objectives, um.

NOTE Confidence: 0.859607665

 $00:02:59.920 \longrightarrow 00:03:02.456$  I want to use sort of our time

NOTE Confidence: 0.859607665

 $00:03:02.456 \longrightarrow 00:03:05.105$  so that we can through the

NOTE Confidence: 0.859607665

 $00:03:05.105 \longrightarrow 00:03:07.515$  presentation of a clinical cases,

NOTE Confidence: 0.859607665

 $00{:}03{:}07.520 \to 00{:}03{:}09.833$  I'm going to talk about actually a real case,

NOTE Confidence: 0.859607665

 $00:03:09.840 \longrightarrow 00:03:11.200$  one of my patients.

NOTE Confidence: 0.859607665

 $00{:}03{:}11.200 \dashrightarrow 00{:}03{:}13.678$  We can have time to identify and

NOTE Confidence: 0.859607665

 $00:03:13.678 \longrightarrow 00:03:15.844$  sort of reflect on the effects

NOTE Confidence: 0.859607665

 $00{:}03{:}15.844 \dashrightarrow 00{:}03{:}17.929$  of implicit bias and structural

NOTE Confidence: 0.859607665

 $00:03:17.929 \longrightarrow 00:03:20.234$  racism and how health inequities

NOTE Confidence: 0.859607665

 $00:03:20.234 \longrightarrow 00:03:22.586$  affect the health of our patients.

 $00:03:22.586 \longrightarrow 00:03:24.518$  They have a some an opportunity

NOTE Confidence: 0.859607665

 $00{:}03{:}24.518 \dashrightarrow 00{:}03{:}26.815$  to sort of go back and we're not

NOTE Confidence: 0.859607665

 $00:03:26.815 \longrightarrow 00:03:29.346$  going to have a lot of time to

NOTE Confidence: 0.859607665

 $00:03:29.346 \longrightarrow 00:03:30.666$  talk about historical context.

NOTE Confidence: 0.859607665

 $00:03:30.670 \longrightarrow 00:03:33.298$  But really think about the present

NOTE Confidence: 0.859607665

00:03:33.298 --> 00:03:36.468 day role of structural racism in our

NOTE Confidence: 0.859607665

 $00:03:36.468 \longrightarrow 00:03:39.132$  healthcare system and towards the end.

NOTE Confidence: 0.859607665

00:03:39.140 --> 00:03:41.771 I will point out some of these, Umm,

NOTE Confidence: 0.859607665

 $00:03:41.771 \longrightarrow 00:03:44.508$  how implicit bias affects what we do

NOTE Confidence: 0.859607665

00:03:44.508 --> 00:03:47.772 for for patients and towards the end

NOTE Confidence: 0.859607665

 $00{:}03{:}47.772 \dashrightarrow 00{:}03{:}50.604$  talk about some strategies that all

NOTE Confidence: 0.859607665

 $00:03:50.604 \longrightarrow 00:03:53.412$  of us can use in trying to combat

NOTE Confidence: 0.859607665

 $00{:}03{:}53.412 \dashrightarrow 00{:}03{:}55.630$  social racism at the institutional

NOTE Confidence: 0.859607665

 $00{:}03{:}55.630 \dashrightarrow 00{:}03{:}59.000$  level and at the patient care level.

NOTE Confidence: 0.859607665

 $00:03:59.000 \longrightarrow 00:04:02.216$  I have no conflict of interest to disclose.

NOTE Confidence: 0.859607665

 $00:04:02.220 \longrightarrow 00:04:03.540$  But when I talk about this,

 $00:04:03.540 \longrightarrow 00:04:05.332$  I always say the one thing that I

NOTE Confidence: 0.859607665

 $00:04:05.332 \longrightarrow 00:04:07.286$  want to disclose is my patients are

NOTE Confidence: 0.859607665

 $00{:}04{:}07.286 \dashrightarrow 00{:}04{:}09.640$  near and dear to my heart and many.

NOTE Confidence: 0.859607665

 $00:04:09.640 \longrightarrow 00:04:12.139$  There most of the things that I'm

NOTE Confidence: 0.859607665

00:04:12.139 --> 00:04:15.077 going to talk about today I'm very

NOTE Confidence: 0.859607665

 $00:04:15.077 \longrightarrow 00:04:17.765$  passionate about and those will become

NOTE Confidence: 0.859607665

 $00:04:17.842 \longrightarrow 00:04:21.256$  quite obvious throughout throughout the talk.

NOTE Confidence: 0.859607665

00:04:21.260 --> 00:04:22.740 In terms of health inequities,

NOTE Confidence: 0.859607665

 $00:04:22.740 \longrightarrow 00:04:25.440$  the COVID-19 pandemic really has

NOTE Confidence: 0.859607665

 $00:04:25.440 \longrightarrow 00:04:28.843$  has exposed or deviled some of

NOTE Confidence: 0.859607665

00:04:28.843 --> 00:04:31.863 these structural barriers that drive

NOTE Confidence: 0.859607665

 $00:04:31.863 \longrightarrow 00:04:35.179$  health inequities and there are many.

NOTE Confidence: 0.859607665

 $00{:}04{:}35.180 \dashrightarrow 00{:}04{:}38.762$  And when we talked about health

NOTE Confidence: 0.859607665

00:04:38.762 --> 00:04:40.553 inequities pre pandemic,

NOTE Confidence: 0.859607665

00:04:40.560 --> 00:04:42.387 I felt like I needed to explain

 $00:04:42.387 \longrightarrow 00:04:44.360$  a little bit more what we meant.

NOTE Confidence: 0.859607665

 $00:04:44.360 \longrightarrow 00:04:46.376$  But one of the things that that

NOTE Confidence: 0.859607665

 $00:04:46.376 \longrightarrow 00:04:48.264$  has really come to the forefront

NOTE Confidence: 0.859607665

 $00:04:48.264 \longrightarrow 00:04:50.497$  and COVID has been a great example.

NOTE Confidence: 0.859607665

 $00:04:50.500 \longrightarrow 00:04:54.126$  Is how through the last three years,

NOTE Confidence: 0.859607665

 $00:04:54.130 \longrightarrow 00:04:57.778$  we can see how.

NOTE Confidence: 0.859607665

 $00{:}04{:}57.780 \dashrightarrow 00{:}05{:}01.029$  Die or things can be we can see what

NOTE Confidence: 0.859607665

 $00:05:01.029 \longrightarrow 00:05:04.500$  impact an infection can have in the health.

NOTE Confidence: 0.859607665

 $00:05:04.500 \longrightarrow 00:05:08.091$  But we've also all been witness to

NOTE Confidence: 0.859607665

 $00:05:08.091 \longrightarrow 00:05:11.587$  how the impact is not exactly the

NOTE Confidence: 0.859607665

 $00{:}05{:}11.587 \dashrightarrow 00{:}05{:}14.432$  same for for every body's differences

NOTE Confidence: 0.859607665

00:05:14.432 --> 00:05:18.012 in health, differences in, in,

NOTE Confidence: 0.859607665

 $00:05:18.012 \longrightarrow 00:05:24.018$  in the economic impact and how.

NOTE Confidence: 0.859607665

 $00{:}05{:}24.020 \dashrightarrow 00{:}05{:}26.900$  Something as simple or as complicated

NOTE Confidence: 0.859607665

 $00{:}05{:}26.900 \dashrightarrow 00{:}05{:}31.012$  as an infection or a disease can

NOTE Confidence: 0.859607665

 $00:05:31.012 \longrightarrow 00:05:33.808$  exacerbate existing social vulnerabilities.

00:05:36.160 --> 00:05:39.465 And this slide is it, it kind of

NOTE Confidence: 0.84068888

 $00{:}05{:}39.465 \to 00{:}05{:}41.240$  walks you through structural racism,

NOTE Confidence: 0.84068888

 $00:05:41.240 \longrightarrow 00:05:42.551$  disparities and equity.

NOTE Confidence: 0.84068888

 $00:05:42.551 \longrightarrow 00:05:45.173$  So it's important to understand that

NOTE Confidence: 0.84068888

 $00:05:45.180 \longrightarrow 00:05:47.592$  how structural racism impacts health by

NOTE Confidence: 0.84068888

 $00{:}05{:}47.592 \dashrightarrow 00{:}05{:}50.680$  presenting sort of a working definition of

NOTE Confidence: 0.84068888

 $00:05:50.680 \longrightarrow 00:05:53.494$  his of health disparities and inequities.

NOTE Confidence: 0.84068888

 $00{:}05{:}53.500 \dashrightarrow 00{:}05{:}56.436$  And we know that there can be inherent

NOTE Confidence: 0.84068888

 $00{:}05{:}56.436 \dashrightarrow 00{:}05{:}57.992$  differences between populations and

NOTE Confidence: 0.84068888

 $00:05:57.992 \longrightarrow 00:06:00.266$  the quality of healthcare and that's

NOTE Confidence: 0.84068888

 $00:06:00.266 \longrightarrow 00:06:02.511$  kind of represented by the different

NOTE Confidence: 0.84068888

 $00:06:02.511 \longrightarrow 00:06:05.177$  heights in the bars in this graph.

NOTE Confidence: 0.84068888

 $00{:}06{:}05.177 \dashrightarrow 00{:}06{:}07.862$  And these differences between the

NOTE Confidence: 0.84068888

 $00:06:07.862 \longrightarrow 00:06:10.965$  healthcare quality of one group and

NOTE Confidence: 0.84068888

 $00:06:10.965 \longrightarrow 00:06:13.587$  the other can occur for multiple,

 $00:06:13.590 \longrightarrow 00:06:14.706$  multiple reasons.

NOTE Confidence: 0.84068888

 $00{:}06{:}14.706 \dashrightarrow 00{:}06{:}18.612$  It could be because of patient preferences,

NOTE Confidence: 0.84068888 00:06:18.620 --> 00:06:18.981 right.

NOTE Confidence: 0.84068888

 $00:06:18.981 \longrightarrow 00:06:21.869$  If you choose one therapy over the next,

NOTE Confidence: 0.84068888

 $00:06:21.870 \longrightarrow 00:06:24.000$  it could be clinical appropriateness.

NOTE Confidence: 0.84068888

 $00:06:24.000 \longrightarrow 00:06:26.808$  So some patients go to the ICU and

NOTE Confidence: 0.84068888

 $00{:}06{:}26.808 \dashrightarrow 00{:}06{:}30.104$  get ICU level care and that can be

NOTE Confidence: 0.84068888

 $00:06:30.104 \longrightarrow 00:06:32.780$  based on their severity of illness.

NOTE Confidence: 0.84068888

 $00:06:32.780 \longrightarrow 00:06:34.444$  But their structural forces,

NOTE Confidence: 0.84068888

 $00:06:34.444 \longrightarrow 00:06:37.560$  such as the design of healthcare systems,

NOTE Confidence: 0.84068888

00:06:37.560 --> 00:06:38.840 public policy,

NOTE Confidence: 0.84068888

 $00:06:38.840 \longrightarrow 00:06:41.400$  legal and regulatory climate,

NOTE Confidence: 0.84068888

 $00:06:41.400 \longrightarrow 00:06:44.466$  and bias and discrimination that also

NOTE Confidence: 0.84068888

00:06:44.466 --> 00:06:47.230 play a role in healthcare disparities

NOTE Confidence: 0.84068888

 $00:06:47.230 \longrightarrow 00:06:50.100$  are the differences in the quality of

NOTE Confidence: 0.84068888

 $00{:}06{:}50.166 \dashrightarrow 00{:}06{:}51.986$  healthcare between populations that

 $00:06:51.986 \longrightarrow 00:06:54.716$  are not due to patient preferences

NOTE Confidence: 0.84068888

 $00{:}06{:}54.787 \dashrightarrow 00{:}06{:}56.608$  or clinical appropriateness.

NOTE Confidence: 0.84068888

 $00:06:56.610 \longrightarrow 00:07:00.356$  So in the case of healthcare, differences

NOTE Confidence: 0.84068888

 $00:07:00.356 \longrightarrow 00:07:02.736$  between race is structural racism.

NOTE Confidence: 0.84068888

00:07:02.740 --> 00:07:04.496 Contributes to these systems,

NOTE Confidence: 0.84068888

 $00:07:04.496 \longrightarrow 00:07:06.252$  policies and regulations that

NOTE Confidence: 0.84068888

00:07:06.252 --> 00:07:08.310 then create these disparities,

NOTE Confidence: 0.84068888

 $00{:}07{:}08.310 \dashrightarrow 00{:}07{:}10.680$  these disparities disparities.

NOTE Confidence: 0.84068888

 $00:07:10.680 \longrightarrow 00:07:14.630$  So in the ideal sense,

NOTE Confidence: 0.84068888

00:07:14.630 --> 00:07:15.160 right?

NOTE Confidence: 0.899950135

 $00:07:17.560 \longrightarrow 00:07:19.450$  The differences, right?

NOTE Confidence: 0.899950135

 $00:07:19.450 \longrightarrow 00:07:22.600$  If you eliminate the disparities,

NOTE Confidence: 0.899950135

 $00{:}07{:}22.600 \dashrightarrow 00{:}07{:}25.650$  then the differences between two

NOTE Confidence: 0.899950135

 $00{:}07{:}25.650 \dashrightarrow 00{:}07{:}29.349$  populations should only be based on

NOTE Confidence: 0.899950135

 $00:07:29.349 \longrightarrow 00:07:32.649$  things that they can actually control.

 $00:07:32.650 \longrightarrow 00:07:34.610$  So now I'm gonna go.

NOTE Confidence: 0.899950135

 $00{:}07{:}34.610 \dashrightarrow 00{:}07{:}37.180$  To our case presentation and

NOTE Confidence: 0.899950135

 $00:07:37.180 \longrightarrow 00:07:40.990$  this is I want us to sort of

NOTE Confidence: 0.899950135

 $00:07:40.990 \longrightarrow 00:07:44.910$  move us back to August of 2020.

NOTE Confidence: 0.899950135

 $00:07:44.910 \longrightarrow 00:07:47.790$  And I'm going to talk to you about

NOTE Confidence: 0.899950135

 $00{:}07{:}47.790 \dashrightarrow 00{:}07{:}51.041$ an 8 year old male Hispanic male who

NOTE Confidence: 0.899950135

 $00:07:51.041 \longrightarrow 00:07:53.768$  presented to a large urban pediatric

NOTE Confidence: 0.899950135

 $00:07:53.768 \longrightarrow 00:07:57.107$  health clinic in New Haven with his

NOTE Confidence: 0.899950135

 $00:07:57.110 \longrightarrow 00:08:00.307$  mom and it was again the end of 2020,

NOTE Confidence: 0.899950135

 $00{:}08{:}00.307 \dashrightarrow 00{:}08{:}03.529$  I happened to be in clinic.

NOTE Confidence: 0.899950135

 $00:08:03.530 \longrightarrow 00:08:05.690$  This is the pediatric clinic.

NOTE Confidence: 0.899950135

00:08:05.690 --> 00:08:07.600 And I actually was taking

NOTE Confidence: 0.899950135

 $00:08:07.600 \longrightarrow 00:08:09.128$  care of somebody else.

NOTE Confidence: 0.899950135

 $00:08:09.130 \longrightarrow 00:08:12.050$  And it's like I walked through the corridor.

NOTE Confidence: 0.899950135

 $00:08:12.050 \longrightarrow 00:08:15.250$  I could see this young man with his

NOTE Confidence: 0.899950135

 $00{:}08{:}15.250 \dashrightarrow 00{:}08{:}18.849$  mom who was being walked into a room.

 $00:08:18.850 \longrightarrow 00:08:22.153$  And what struck me was that he seemed a

NOTE Confidence: 0.899950135

 $00:08:22.153 \longrightarrow 00:08:25.556$  little bit out of breath and he had to stop.

NOTE Confidence: 0.899950135

 $00{:}08{:}25.560 \dashrightarrow 00{:}08{:}28.998$  While walking a very short distance,

NOTE Confidence: 0.899950135

00:08:29.000 --> 00:08:31.096 and as I always tell the medical students,

NOTE Confidence: 0.899950135

 $00:08:31.100 \longrightarrow 00:08:33.398$  Pediatrics is the art of observation.

NOTE Confidence: 0.899950135

 $00:08:33.400 \longrightarrow 00:08:35.960$  So it's not about what patients tell us

NOTE Confidence: 0.899950135

 $00:08:35.960 \longrightarrow 00:08:38.998$  often is being in tune to what's around you.

NOTE Confidence: 0.899950135

 $00{:}08{:}39.000 \dashrightarrow 00{:}08{:}40.986$  And I immediately detected this and

NOTE Confidence: 0.899950135

 $00:08:40.986 \longrightarrow 00:08:43.998$  ran to one of our members of our team,

NOTE Confidence: 0.899950135

 $00:08:44.000 \longrightarrow 00:08:45.197$  one of the nurses, and I said,

NOTE Confidence: 0.899950135

 $00:08:45.200 \longrightarrow 00:08:47.198$  what's going on and where is

NOTE Confidence: 0.899950135

 $00:08:47.198 \longrightarrow 00:08:48.197$  that patient going?

NOTE Confidence: 0.899950135

 $00:08:48.200 \dashrightarrow 00:08:50.932$  And she said, well, the mom says that he's,

NOTE Confidence: 0.899950135

00:08:50.932 --> 00:08:52.684 he's here because he can't breathe

NOTE Confidence: 0.899950135

 $00:08:52.684 \longrightarrow 00:08:54.970$  well and he has a hard time walking.

 $00:08:54.970 \longrightarrow 00:08:56.692$  He probably has.

NOTE Confidence: 0.899950135

 $00:08:56.692 \longrightarrow 00:08:57.840$  Has asthma.

NOTE Confidence: 0.899950135

00:08:57.840 --> 00:09:01.100 So I saw as they moved him into that room,

NOTE Confidence: 0.899950135

00:09:01.100 --> 00:09:02.416 I finished taking quickly,

NOTE Confidence: 0.899950135

 $00:09:02.416 \longrightarrow 00:09:04.390$  taking care of the patient that

NOTE Confidence: 0.899950135

 $00:09:04.448 \longrightarrow 00:09:05.638$  I was taking care of.

NOTE Confidence: 0.899950135

 $00{:}09{:}05.640 \dashrightarrow 00{:}09{:}08.884$  And I said I I want to sign up for

NOTE Confidence: 0.899950135

00:09:08.884 --> 00:09:11.036 that patient, what's going on?

NOTE Confidence: 0.899950135

 $00:09:11.036 \longrightarrow 00:09:15.159$  So I go in and indeed it's the bomb says,

NOTE Confidence: 0.899950135 00:09:15.160 --> 00:09:15.644 well, NOTE Confidence: 0.899950135

 $00:09:15.644 \longrightarrow 00:09:18.548$  he can't breathe well and he's

NOTE Confidence: 0.899950135

 $00{:}09{:}18.548 \to 00{:}09{:}20.740$  been having difficulty walking.

NOTE Confidence: 0.899950135

 $00{:}09{:}20.740 \dashrightarrow 00{:}09{:}22.618$  She brought him into the clinic

NOTE Confidence: 0.899950135

 $00:09:22.618 \longrightarrow 00:09:24.939$  because of of this chief complaint,

NOTE Confidence: 0.899950135

 $00:09:24.940 \longrightarrow 00:09:27.532$  and she had told the nurse through the

NOTE Confidence: 0.899950135

 $00{:}09{:}27.532 \dashrightarrow 00{:}09{:}29.897$  interpreter he was supposed to get better,

 $00:09:29.900 \longrightarrow 00:09:30.818$  but he didn't.

NOTE Confidence: 0.899950135

00:09:30.818 --> 00:09:32.960 I was supposed to be here before

NOTE Confidence: 0.899950135

 $00:09:33.034 \longrightarrow 00:09:35.378$  so that he could be seen by many

NOTE Confidence: 0.899950135

 $00:09:35.378 \longrightarrow 00:09:37.538$  doctors that he was supposed to see.

NOTE Confidence: 0.899950135

 $00{:}09{:}37.540 \dashrightarrow 00{:}09{:}39.120$  He was recently hospitalized

NOTE Confidence: 0.899950135

 $00:09:39.120 \longrightarrow 00:09:41.095$  and I called several times,

NOTE Confidence: 0.899950135

 $00:09:41.100 \longrightarrow 00:09:44.048$  but nobody called me.

NOTE Confidence: 0.899950135

 $00:09:44.050 \longrightarrow 00:09:47.940$  I was told that over the phone that he was

NOTE Confidence: 0.899950135

 $00:09:48.036 \longrightarrow 00:09:51.924$  OK and to wait for for an appointment.

NOTE Confidence: 0.899950135

00:09:51.930 --> 00:09:54.942 This patient came in part by

NOTE Confidence: 0.899950135

 $00:09:54.942 \longrightarrow 00:09:56.448$  bus part walking.

NOTE Confidence: 0.899950135

 $00:09:56.450 \longrightarrow 00:09:58.286$  The mom said that he probably

NOTE Confidence: 0.899950135

 $00{:}09{:}58.286 \to 00{:}10{:}00.406$  takes about five or six steps and

NOTE Confidence: 0.899950135

 $00:10:00.406 \longrightarrow 00:10:02.331$  then they have to stop for him

NOTE Confidence: 0.899950135

 $00:10:02.400 \longrightarrow 00:10:04.504$  to kind of rest a little bit and

 $00:10:04.504 \longrightarrow 00:10:08.240$  then they walk again and he rests.

NOTE Confidence: 0.899950135

 $00:10:08.240 \longrightarrow 00:10:10.202$  She talked about how he had

NOTE Confidence: 0.899950135

00:10:10.202 --> 00:10:10.856 problems sleeping,

NOTE Confidence: 0.899950135

00:10:10.860 --> 00:10:14.794 that this 8 year old slept upright,

NOTE Confidence: 0.899950135

 $00:10:14.800 \longrightarrow 00:10:17.257$  that she would prop him up with

NOTE Confidence: 0.899950135

 $00{:}10{:}17.257 \dashrightarrow 00{:}10{:}20.171$  a lot of pillows so that because

NOTE Confidence: 0.899950135

 $00:10:20.171 \longrightarrow 00:10:23.328$  that made it a little bit easier

NOTE Confidence: 0.899950135

 $00:10:23.328 \longrightarrow 00:10:25.638$  for him to to breathe.

NOTE Confidence: 0.899950135

 $00{:}10{:}25.640 \dashrightarrow 00{:}10{:}27.019$  Talking to her a little bit more,

NOTE Confidence: 0.899950135

 $00:10:27.020 \longrightarrow 00:10:30.026$  I learned that he had COVID-19.

NOTE Confidence: 0.899950135

 $00:10:30.030 \longrightarrow 00:10:32.230$  He had COVID-19 relatively

NOTE Confidence: 0.899950135

 $00:10:32.230 \longrightarrow 00:10:35.530$  recently and since he was in

NOTE Confidence: 0.910848779333333

 $00:10:35.630 \longrightarrow 00:10:38.830$  the hospital and was discharged.

NOTE Confidence: 0.910848779333333

00:10:38.830 --> 00:10:41.166 They haven't really left the house very much,

NOTE Confidence: 0.910848779333333

 $00:10:41.170 \longrightarrow 00:10:46.165$  so Needless to say, this raised all sorts of.

NOTE Confidence: 0.910848779333333

00:10:46.170 --> 00:10:50.174 Times and concerns in, in my mind,

00:10:50.180 --> 00:10:54.254 getting a little bit about his recent,

NOTE Confidence: 0.910848779333333

00:10:54.260 --> 00:10:55.541 pertinent recent history.

NOTE Confidence: 0.910848779333333

 $00:10:55.541 \longrightarrow 00:10:57.676$  He's a school aged child.

NOTE Confidence: 0.910848779333333

 $00:10:57.680 \longrightarrow 00:10:59.880$  He developed COVID-19 two or

NOTE Confidence: 0.910848779333333

 $00:10:59.880 \longrightarrow 00:11:02.080$  three months before his visit,

NOTE Confidence: 0.910848779333333

 $00:11:02.080 \longrightarrow 00:11:06.160$  and at that time his symptoms were fairly

NOTE Confidence: 0.910848779333333

00:11:06.160 --> 00:11:10.315 common for what we would call adult COVID.

NOTE Confidence: 0.910848779333333

00:11:10.320 --> 00:11:11.349 He had fever.

NOTE Confidence: 0.910848779333333

00:11:11.349 --> 00:11:12.727 He developed cough, wheezing.

NOTE Confidence: 0.910848779333333

 $00:11:12.727 \longrightarrow 00:11:13.768$  At that time.

NOTE Confidence: 0.910848779333333

 $00:11:13.768 \longrightarrow 00:11:15.156$  She called the clinic.

NOTE Confidence: 0.910848779333333

 $00:11:15.160 \longrightarrow 00:11:17.220$  Now we're talking about.

NOTE Confidence: 0.910848779333333

 $00{:}11{:}17.220 --> 00{:}11{:}18.765 \ \mathrm{June\ of\ } 2020,$ 

NOTE Confidence: 0.910848779333333

 $00:11:18.770 \longrightarrow 00:11:21.212$  very early during the the pandemic

NOTE Confidence: 0.910848779333333

 $00:11:21.212 \longrightarrow 00:11:24.798$  and she was told that if if he had

00:11:24.798 --> 00:11:27.539 those symptoms that he should not come

NOTE Confidence: 0.910848779333333

 $00{:}11{:}27.539 \dashrightarrow 00{:}11{:}30.276$  into the clinic that he should stay

NOTE Confidence: 0.910848779333333

 $00:11:30.276 \longrightarrow 00:11:33.288$  home and to call if he was worse.

NOTE Confidence: 0.910848779333333

 $00:11:33.290 \longrightarrow 00:11:37.320$  So so they did and.

NOTE Confidence: 0.910848779333333

 $00:11:37.320 \longrightarrow 00:11:39.978$  He stayed home. He got worse.

NOTE Confidence: 0.910848779333333

00:11:39.980 --> 00:11:42.014 Eventually he was so sick that he had to

NOTE Confidence: 0.910848779333333

 $00:11:42.014 \longrightarrow 00:11:44.360$  be brought into our hospital by ambulance.

NOTE Confidence: 0.910848779333333

 $00:11:44.360 \longrightarrow 00:11:45.620$  And when he came in,

NOTE Confidence: 0.910848779333333

 $00:11:45.620 \longrightarrow 00:11:47.620$  this is in his admission,

NOTE Confidence: 0.910848779333333

 $00:11:47.620 \longrightarrow 00:11:49.066$  his oxygen saturation.

NOTE Confidence: 0.910848779333333

 $00{:}11{:}49.066 \dashrightarrow 00{:}11{:}52.088$  His was so low. He had had fever.

NOTE Confidence: 0.910848779333333

00:11:52.088 --> 00:11:53.720 He had increased work of breathing.

NOTE Confidence: 0.910848779333333

 $00:11:53.720 \longrightarrow 00:11:57.570$  He was found to have COVID-19.

NOTE Confidence: 0.910848779333333

 $00:11:57.570 \longrightarrow 00:11:59.152$  He had a chest X-ray that showed

NOTE Confidence: 0.910848779333333

 $00:11:59.152 \longrightarrow 00:12:01.228$  that he had pneumonia and had

NOTE Confidence: 0.910848779333333

 $00{:}12{:}01.228 \dashrightarrow 00{:}12{:}02.566$  multiple laboratory abnormalities.

 $00{:}12{:}02.570 \dashrightarrow 00{:}12{:}04.730$  He was admitted to our hospital.

NOTE Confidence: 0.910848779333333

 $00:12:04.730 \longrightarrow 00:12:07.290$  He stayed in our hospital for about five

NOTE Confidence: 0.910848779333333

00:12:07.290 --> 00:12:10.525 or six days on his until his fever improved,

NOTE Confidence: 0.910848779333333

 $00:12:10.530 \longrightarrow 00:12:12.935$  until he didn't need any

NOTE Confidence: 0.910848779333333

 $00:12:12.935 \longrightarrow 00:12:14.378$  more supplemental oxygen.

NOTE Confidence: 0.910848779333333

 $00:12:14.380 \longrightarrow 00:12:16.852$  And then he was sent home a little

NOTE Confidence: 0.910848779333333

 $00:12:16.852 \longrightarrow 00:12:19.060$  bit more about this young man.

NOTE Confidence: 0.910848779333333

 $00:12:19.060 \longrightarrow 00:12:21.976$  He has a history of asthma.

NOTE Confidence: 0.910848779333333

 $00:12:21.980 \longrightarrow 00:12:24.120$  He has a high, high,

NOTE Confidence: 0.910848779333333 00:12:24.120 --> 00:12:24.860 high BMI. NOTE Confidence: 0.910848779333333

00:12:24.860 --> 00:12:28.769 His his body Max Index is way off the chart,

NOTE Confidence: 0.910848779333333

 $00:12:28.770 \longrightarrow 00:12:33.450$  so much higher than the 99th percentile.

NOTE Confidence: 0.910848779333333

 $00:12:33.450 \longrightarrow 00:12:35.385$  Alongside with that he has

NOTE Confidence: 0.910848779333333

 $00{:}12{:}35.385 {\: -->\:} 00{:}12{:}36.546$  obstructive sleep apnea.

NOTE Confidence: 0.910848779333333

 $00:12:36.550 \longrightarrow 00:12:38.710$  He has high blood pressure and

00:12:38.710 --> 00:12:41.115 pre diabetes so as an 8 year

NOTE Confidence: 0.910848779333333

00:12:41.115 --> 00:12:42.585 old he has the weight.

NOTE Confidence: 0.910848779333333

00:12:42.590 --> 00:12:44.078 Of you know what,

NOTE Confidence: 0.910848779333333

 $00:12:44.078 \longrightarrow 00:12:47.174$  30 year old basically he has as you

NOTE Confidence: 0.910848779333333

 $00:12:47.174 \longrightarrow 00:12:49.890$  can see some of the medical problems

NOTE Confidence: 0.910848779333333

 $00:12:49.890 \longrightarrow 00:12:52.876$  that we oftentimes see in in adults.

NOTE Confidence: 0.875652373333333

 $00:12:55.190 \longrightarrow 00:12:57.830$  When I spoke to the mom,

NOTE Confidence: 0.875652373333333

 $00:12:57.830 \longrightarrow 00:12:59.430$  she related to me well.

NOTE Confidence: 0.875652373333333

 $00{:}12{:}59.430 \dashrightarrow 00{:}13{:}00.960$  He was supposed to follow

NOTE Confidence: 0.875652373333333

 $00:13:00.960 \longrightarrow 00:13:02.184$  up with infectious diseases,

NOTE Confidence: 0.875652373333333

00:13:02.190 --> 00:13:04.188 my specialty pulmonary

NOTE Confidence: 0.875652373333333

 $00:13:04.188 \longrightarrow 00:13:06.186$  cardiology and endocrinology.

NOTE Confidence: 0.89689674

 $00:13:10.010 \longrightarrow 00:13:11.420$  In terms of his social history,

NOTE Confidence: 0.89689674

 $00:13:11.420 \longrightarrow 00:13:14.336$  he was raised by his mom, single mom.

NOTE Confidence: 0.89689674

 $00:13:14.336 \longrightarrow 00:13:16.748$  They're of Hispanic origin.

NOTE Confidence: 0.89689674

 $00{:}13{:}16.750 \dashrightarrow 00{:}13{:}19.865$  The patient had not been in school.

00:13:19.870 --> 00:13:21.670 He had been doing school virtually,

NOTE Confidence: 0.89689674

 $00{:}13{:}21.670 \dashrightarrow 00{:}13{:}23.872$  but since he got sick, he hasn't been

NOTE Confidence: 0.89689674

 $00:13:23.872 \longrightarrow 00:13:26.490$  able to keep up with their work.

NOTE Confidence: 0.89689674

00:13:26.490 --> 00:13:29.958 And this family suffered from food,

NOTE Confidence: 0.89689674

 $00{:}13{:}29.958 \dashrightarrow 00{:}13{:}33.270$  transportation and financial insecurity.

NOTE Confidence: 0.89689674

 $00:13:33.270 \longrightarrow 00:13:34.506$  The patient spoke English.

NOTE Confidence: 0.89689674

 $00:13:34.506 \longrightarrow 00:13:36.789$  His mother spoke a little bit of

NOTE Confidence: 0.89689674

00:13:36.789 --> 00:13:38.249 English but preferred Spanish,

NOTE Confidence: 0.89689674

 $00:13:38.250 \longrightarrow 00:13:40.476$  and this mom worked full time.

NOTE Confidence: 0.89689674

 $00:13:40.480 \longrightarrow 00:13:44.938$  And she felt quite guilty because

NOTE Confidence: 0.89689674

00:13:44.940 --> 00:13:46.620 during very early in the pandemic,

NOTE Confidence: 0.89689674

 $00:13:46.620 \longrightarrow 00:13:49.014$  she was not able to stay home.

NOTE Confidence: 0.89689674

 $00{:}13{:}49.020 \dashrightarrow 00{:}13{:}52.270$  She had to go out of the home and work.

NOTE Confidence: 0.89689674

 $00:13:52.270 \longrightarrow 00:13:55.046$  And not observe sort of the guidance of

NOTE Confidence: 0.89689674

00:13:55.046 --> 00:13:57.408 staying home and show and sheltering.

 $00:13:57.410 \longrightarrow 00:14:01.210$  And she got COVID at work and she

NOTE Confidence: 0.89689674

 $00:14:01.210 \longrightarrow 00:14:05.176$  was the one who gave our patient.

NOTE Confidence: 0.89689674

00:14:05.180 --> 00:14:05.730 COVID so,

NOTE Confidence: 0.89689674

00:14:05.730 --> 00:14:08.636 so take a step back and I said to

NOTE Confidence: 0.89689674

00:14:08.636 --> 00:14:11.740 myself well you know how how did this happen?

NOTE Confidence: 0.89689674

00:14:11.740 --> 00:14:14.660 How does this 8 year old who was

NOTE Confidence: 0.89689674

 $00:14:14.660 \longrightarrow 00:14:17.882$  in the hospital very early on for

NOTE Confidence: 0.89689674

00:14:17.882 --> 00:14:21.363 almost a week with COVID leave not

NOTE Confidence: 0.89689674

 $00{:}14{:}21.363 \dashrightarrow 00{:}14{:}24.345$  get better and not have follow-up

NOTE Confidence: 0.89689674

00:14:24.345 --> 00:14:26.916 like what you know what happened

NOTE Confidence: 0.89689674

 $00{:}14{:}26.916 \dashrightarrow 00{:}14{:}30.189$  here and this is kind of a timeline

NOTE Confidence: 0.89689674

 $00{:}14{:}30.189 \dashrightarrow 00{:}14{:}33.066$  from the time that he was diagnosed

NOTE Confidence: 0.89689674

 $00:14:33.066 \longrightarrow 00:14:35.939$  to he was admitted to the time.

NOTE Confidence: 0.89689674

00:14:35.939 --> 00:14:40.240 That he was discharged and these orange uh,

NOTE Confidence: 0.89689674

 $00:14:40.240 \longrightarrow 00:14:44.465$  stars represent times when the

NOTE Confidence: 0.89689674

 $00:14:44.465 \longrightarrow 00:14:47.210$  mother called several.

 $00:14:49.670 \longrightarrow 00:14:52.064$  Telephone numbers that she had for

NOTE Confidence: 0.805932054954545

 $00{:}14{:}52.064 \dashrightarrow 00{:}14{:}55.068$  the for the clinic and for whatever

NOTE Confidence: 0.805932054954545

 $00:14:55.068 \longrightarrow 00:14:57.732$  reason then it's what we reflect

NOTE Confidence: 0.805932054954545

 $00:14:57.732 \longrightarrow 00:15:00.155$  referring to is lost to follow up up

NOTE Confidence: 0.805932054954545

 $00:15:00.155 \longrightarrow 00:15:02.781$  until the time when he shows up to

NOTE Confidence: 0.805932054954545

00:15:02.781 --> 00:15:05.168 to our clinic at discharge a patient

NOTE Confidence: 0.805932054954545

 $00:15:05.241 \longrightarrow 00:15:07.922$  like this should have left with clear

NOTE Confidence: 0.805932054954545

 $00:15:07.922 \longrightarrow 00:15:10.452$  guidance on when to follow up with

NOTE Confidence: 0.805932054954545

 $00{:}15{:}10.452 \dashrightarrow 00{:}15{:}12.167$  the primary pediatricians when to

NOTE Confidence: 0.805932054954545

 $00{:}15{:}12.167 \dashrightarrow 00{:}15{:}14.229$  follow up with infectious diseases.

NOTE Confidence: 0.805932054954545

 $00:15:14.230 \longrightarrow 00:15:17.366$  He did have one video call with infectious

NOTE Confidence: 0.805932054954545

 $00:15:17.366 \longrightarrow 00:15:19.850$  diseases should have had follow up with.

NOTE Confidence: 0.805932054954545

 $00{:}15{:}19.850 \dashrightarrow 00{:}15{:}22.042$  Echnology, pulmonary and cardiology.

NOTE Confidence: 0.805932054954545

 $00:15:22.042 \longrightarrow 00:15:24.782$  But but that didn't happen.

NOTE Confidence: 0.933207548

 $00:15:27.440 \longrightarrow 00:15:29.940$  Some of the things that.

00:15:29.940 --> 00:15:32.900 I struggled with and talking to her well,

NOTE Confidence: 0.933207548

 $00:15:32.900 \longrightarrow 00:15:37.100$  she she thought people would call her back.

NOTE Confidence: 0.933207548

00:15:37.100 --> 00:15:38.198 And when she called, they said,

NOTE Confidence: 0.933207548

 $00:15:38.200 \longrightarrow 00:15:39.900$  well, there aren't any appointments.

NOTE Confidence: 0.933207548

 $00:15:39.900 \longrightarrow 00:15:41.700$  Somebody will call you.

NOTE Confidence: 0.933207548

 $00:15:41.700 \longrightarrow 00:15:43.500$  Why didn't she push?

NOTE Confidence: 0.933207548

00:15:43.500 --> 00:15:46.296 Why didn't she demand on the

NOTE Confidence: 0.933207548

 $00:15:46.296 \longrightarrow 00:15:49.259$  phone that her son be seeing?

NOTE Confidence: 0.933207548

00:15:49.260 --> 00:15:51.220 How did things fall through the cracks?

NOTE Confidence: 0.933207548

00:15:51.220 --> 00:15:57.010 How? Why? Uh.

NOTE Confidence: 0.933207548

00:15:57.010 --> 00:15:59.410 While was while he was impatient,

NOTE Confidence: 0.933207548

 $00:15:59.410 \longrightarrow 00:16:03.240$  what was communicated, how was.

NOTE Confidence: 0.933207548

 $00:16:03.240 \longrightarrow 00:16:05.970$  How was that message of?

NOTE Confidence: 0.933207548

 $00:16:05.970 \longrightarrow 00:16:08.966$  All the medical problems that he had

NOTE Confidence: 0.933207548

00:16:08.966 --> 00:16:12.667 and and the importance of a follow-up,

NOTE Confidence: 0.933207548

00:16:12.670 --> 00:16:15.110 I wondered how much time

 $00:16:15.110 \longrightarrow 00:16:17.062$  was dedicated in that.

NOTE Confidence: 0.933207548

 $00{:}16{:}17.070 \dashrightarrow 00{:}16{:}20.070$  During the discharge process.

NOTE Confidence: 0.933207548

 $00:16:20.070 \longrightarrow 00:16:22.947$  What did those discharge papers look like?

NOTE Confidence: 0.933207548

 $00:16:22.950 \longrightarrow 00:16:26.090$  How complete the information was?

NOTE Confidence: 0.933207548

 $00:16:26.090 \longrightarrow 00:16:28.450$  What was that plan like?

NOTE Confidence: 0.933207548

 $00:16:28.450 \longrightarrow 00:16:30.778$  In how much detail was it

NOTE Confidence: 0.933207548

00:16:30.778 --> 00:16:32.330 discussed and in what language?

NOTE Confidence: 0.925762786

00:16:36.220 --> 00:16:39.461 How would you feel if you were

NOTE Confidence: 0.925762786

 $00{:}16{:}39.461 \dashrightarrow 00{:}16{:}41.780$  the patient's mother? And I know

NOTE Confidence: 0.925762786

 $00:16:41.780 \longrightarrow 00:16:43.640$  where this is all virtual but.

NOTE Confidence: 0.926311011

00:16:46.240 --> 00:16:49.020 I can tell you about how I would have felt.

NOTE Confidence: 0.926311011

 $00{:}16{:}49.020 \dashrightarrow 00{:}16{:}51.028$  I can tell you about how I felt.

NOTE Confidence: 0.861342975

 $00:16:53.180 \longrightarrow 00:16:56.362$  I used the word. Apology.

NOTE Confidence: 0.861342975

 $00{:}16{:}56.362 \dashrightarrow 00{:}17{:}01.766$  I am sorry. I am so sorry.

NOTE Confidence: 0.861342975

 $00:17:01.770 \longrightarrow 00:17:05.658$  So many times, so many times

 $00:17:05.660 \longrightarrow 00:17:10.180$  apologizing on behalf of.

NOTE Confidence: 0.861342975

00:17:10.180 --> 00:17:12.400 Anybody that I can think of,

NOTE Confidence: 0.861342975

 $00:17:12.400 \longrightarrow 00:17:15.258$  I felt frustrated.

NOTE Confidence: 0.861342975

 $00:17:15.258 \longrightarrow 00:17:16.992$  I felt angry.

NOTE Confidence: 0.861342975

00:17:16.992 --> 00:17:18.726 I felt embarrassed.

NOTE Confidence: 0.754719405

 $00{:}17{:}23.200 \dashrightarrow 00{:}17{:}27.130$  And and a little bit powerless.

NOTE Confidence: 0.863182932

00:17:33.320 --> 00:17:36.689 At one point I remember hearing.

NOTE Confidence: 0.863182932

 $00:17:36.689 \longrightarrow 00:17:40.921$  One of the members of the medical team

NOTE Confidence: 0.863182932

00:17:40.921 --> 00:17:44.555 during the visit say, gosh, you know,

NOTE Confidence: 0.863182932

00:17:44.555 --> 00:17:47.280 she probably didn't care enough.

NOTE Confidence: 0.863182932

 $00{:}17{:}47.280 \dashrightarrow 00{:}17{:}51.858$  To bring her son. Take care.

NOTE Confidence: 0.863182932

 $00:17:51.860 \longrightarrow 00:17:54.068$  And and I want us to sort of

NOTE Confidence: 0.863182932

 $00:17:54.068 \longrightarrow 00:17:56.760$  take a step back and think about.

NOTE Confidence: 0.863182932

00:17:56.760 --> 00:17:59.580 When we talk about missed appointments,

NOTE Confidence: 0.863182932

 $00:17:59.580 \longrightarrow 00:18:02.820$  you know, delays in follow-up care,

NOTE Confidence: 0.863182932

 $00:18:02.820 \longrightarrow 00:18:06.150$  how often we use the term.

00:18:06.150 --> 00:18:10.875 To kind of explain ours errors,

NOTE Confidence: 0.863182932

00:18:10.875 --> 00:18:13.535 our shortcomings in explaining

NOTE Confidence: 0.863182932

 $00:18:13.535 \longrightarrow 00:18:16.976$  to our patients, to our families

NOTE Confidence: 0.863182932

 $00:18:16.976 \longrightarrow 00:18:19.868$  in a way that they understand.

NOTE Confidence: 0.863182932

00:18:19.870 --> 00:18:23.470 How often we try to hide the lack of not

NOTE Confidence: 0.863182932

00:18:23.560 --> 00:18:27.448 our lack of knowledge and our lack of

NOTE Confidence: 0.863182932

00:18:27.448 --> 00:18:30.490 understanding by reflecting it into oh,

NOTE Confidence: 0.863182932

 $00:18:30.490 \longrightarrow 00:18:32.114$  this patient is limited

NOTE Confidence: 0.863182932

 $00:18:32.114 \longrightarrow 00:18:34.144$  or this mom is limited.

NOTE Confidence: 0.863182932

 $00{:}18{:}34.150 \dashrightarrow 00{:}18{:}36.406$  She just didn't understand we did.

NOTE Confidence: 0.863182932

00:18:36.410 --> 00:18:40.596 Everything right and and they didn't and.

NOTE Confidence: 0.863182932

00:18:40.600 --> 00:18:43.309 What I what I would love for,

NOTE Confidence: 0.863182932

 $00:18:43.310 \longrightarrow 00:18:47.278$  for all of us to reflect on is.

NOTE Confidence: 0.863182932

00:18:47.280 --> 00:18:48.984 Going beyond that understanding

NOTE Confidence: 0.863182932

 $00:18:48.984 \longrightarrow 00:18:51.959$  and I and I oftentimes use this

 $00:18:51.959 \longrightarrow 00:18:54.374$  visual of the iceberg that what you

NOTE Confidence: 0.863182932

 $00:18:54.374 \longrightarrow 00:18:57.300$  see or or that that trigger to say

NOTE Confidence: 0.863182932

 $00:18:57.300 \longrightarrow 00:18:59.205$  well they just missed appointments.

NOTE Confidence: 0.863182932

 $00:18:59.205 \longrightarrow 00:19:02.460$  It's you know it's it's their fault.

NOTE Confidence: 0.863182932

 $00:19:02.460 \longrightarrow 00:19:04.840$  That is the easy answer because we

NOTE Confidence: 0.863182932

 $00:19:04.840 \longrightarrow 00:19:07.526$  just see the reality in an in in

NOTE Confidence: 0.863182932

 $00:19:07.526 \longrightarrow 00:19:10.280$  somebody else as the tip of the iceberg.

NOTE Confidence: 0.863182932

00:19:10.280 --> 00:19:11.360 Well, they didn't show up.

NOTE Confidence: 0.863182932

 $00:19:11.360 \longrightarrow 00:19:16.240$  They must not really care as much or or or.

NOTE Confidence: 0.863182932

 $00:19:16.240 \longrightarrow 00:19:18.920$  That that we don't sort of take the

NOTE Confidence: 0.863182932

 $00{:}19{:}18.920 \dashrightarrow 00{:}19{:}21.051$  time to understand that situations

NOTE Confidence: 0.863182932

 $00:19:21.051 \longrightarrow 00:19:24.779$  are very complex and I'm the 1st to

NOTE Confidence: 0.863182932

 $00:19:24.779 \longrightarrow 00:19:27.347$  tell you that I didn't understand

NOTE Confidence: 0.863182932

 $00:19:27.347 \longrightarrow 00:19:30.308$  the entire reality and the fact all

NOTE Confidence: 0.863182932

 $00:19:30.308 \longrightarrow 00:19:32.810$  the factors in in this revolving

NOTE Confidence: 0.863182932

 $00{:}19{:}32.896 \dashrightarrow 00{:}19{:}35.602$  around around this this case and

 $00{:}19{:}35.602 \dashrightarrow 00{:}19{:}38.819$  that it really takes time and effort

NOTE Confidence: 0.863182932

 $00{:}19{:}38.819 \rightarrow 00{:}19{:}41.913$  and opening one's mind and trying to

NOTE Confidence: 0.863182932

 $00:19:41.920 \longrightarrow 00:19:45.676$  understand our own biases and and.

NOTE Confidence: 0.863182932

00:19:45.680 --> 00:19:47.840 Acting with cultural humility and

NOTE Confidence: 0.863182932

 $00:19:47.840 \longrightarrow 00:19:49.188$  with humility. Period.

NOTE Confidence: 0.863182932

 $00:19:49.188 \longrightarrow 00:19:52.056$  To understand that maybe there are

NOTE Confidence: 0.863182932

 $00:19:52.056 \longrightarrow 00:19:54.859$  other factors that led to this problem

NOTE Confidence: 0.863182932

 $00:19:54.859 \longrightarrow 00:19:58.116$  that led to this an 8 year old who

NOTE Confidence: 0.863182932

 $00{:}19{:}58.116 \dashrightarrow 00{:}20{:}00.606$  left the hospital and months later

NOTE Confidence: 0.863182932

 $00{:}20{:}00.606 \dashrightarrow 00{:}20{:}03.440$  comes back and can barely breathe.

NOTE Confidence: 0.863182932

 $00:20:03.440 \longrightarrow 00:20:05.260$  Umm.

NOTE Confidence: 0.863182932

 $00:20:05.260 \longrightarrow 00:20:07.100$  Understanding and equities and care,

NOTE Confidence: 0.863182932

 $00{:}20{:}07.100 --> 00{:}20{:}08.540 \ {\rm structural \ inequities},$ 

NOTE Confidence: 0.863182932

00:20:08.540 --> 00:20:09.980 understanding that.

NOTE Confidence: 0.863182932

 $00:20:09.980 \longrightarrow 00:20:16.332$  Maybe it's CC for me to get in a car

00:20:16.332 --> 00:20:19.650 and get to my appointments that if.

NOTE Confidence: 0.863182932

 $00{:}20{:}19.650 \dashrightarrow 00{:}20{:}22.914$  My kids miss an appointment or

NOTE Confidence: 0.863182932

00:20:22.914 --> 00:20:26.541 if I'm not called by my child's

NOTE Confidence: 0.863182932

 $00:20:26.541 \longrightarrow 00:20:31.868$  providers that I have the ability to.

NOTE Confidence: 0.863182932

 $00:20:31.870 \longrightarrow 00:20:32.743$  And the power.

NOTE Confidence: 0.863182932

00:20:32.743 --> 00:20:36.140 To get on the phone and if they don't answer,

NOTE Confidence: 0.863182932

00:20:36.140 --> 00:20:37.869 then, you know, I'll send an e-mail,

NOTE Confidence: 0.863182932

00:20:37.870 --> 00:20:39.585 I'll go online and I'll you know,

NOTE Confidence: 0.863182932

 $00{:}20{:}39.590 \dashrightarrow 00{:}20{:}44.126$  I'll, I'll make things happen but that.

NOTE Confidence: 0.863182932

00:20:44.130 --> 00:20:46.158 Perhaps just because that's what I

NOTE Confidence: 0.863182932

00:20:46.158 --> 00:20:48.449 would do and that's what I can do,

NOTE Confidence: 0.863182932

 $00:20:48.450 \longrightarrow 00:20:51.285$  it doesn't mean that those who don't

NOTE Confidence: 0.863182932

00:20:51.285 --> 00:20:54.089 act in exactly the same way don't.

NOTE Confidence: 0.863182932

 $00:20:54.090 \longrightarrow 00:20:57.090$  Don't care. Umm.

NOTE Confidence: 0.863182932

 $00:20:57.090 \longrightarrow 00:20:59.442$  Some of the barriers we can

NOTE Confidence: 0.863182932

 $00:20:59.442 \longrightarrow 00:21:00.618$  easily identify well,

 $00{:}21{:}00.620 \dashrightarrow 00{:}21{:}04.148$ you know it's hard to get to health care

NOTE Confidence: 0.863182932

 $00:21:04.148 \longrightarrow 00:21:06.899$  if you don't have transportation

NOTE Confidence: 0.863182932

00:21:06.899 --> 00:21:10.160 if if you're poor and you,

NOTE Confidence: 0.863182932

 $00{:}21{:}10.160 \dashrightarrow 00{:}21{:}12.860$  you know all of these treatments,

NOTE Confidence: 0.863182932

 $00:21:12.860 \longrightarrow 00:21:16.472$  even getting to to a clinic is

NOTE Confidence: 0.863182932

 $00:21:16.472 \longrightarrow 00:21:18.020$  is is expensive.

NOTE Confidence: 0.863182932

00:21:18.020 --> 00:21:20.554 But poverty might play a role that

NOTE Confidence: 0.863182932

00:21:20.554 --> 00:21:22.149 language barriers play a role.

NOTE Confidence: 0.857691177647059

 $00:21:22.150 \longrightarrow 00:21:23.505$  The lack of health literacy

NOTE Confidence: 0.857691177647059

 $00{:}21{:}23.505 \dashrightarrow 00{:}21{:}25.601$  very well may play a role within

NOTE Confidence: 0.857691177647059

 $00:21:25.601 \longrightarrow 00:21:27.296$  some of the health inequities.

NOTE Confidence: 0.857691177647059

 $00:21:27.300 \longrightarrow 00:21:29.112$  That that we know, not knowing

NOTE Confidence: 0.857691177647059

 $00{:}21{:}29.112 --> 00{:}21{:}30.810$  how to navigate the system.

NOTE Confidence: 0.935718478

 $00:21:33.050 \longrightarrow 00:21:34.980$  But we can't stop there.

NOTE Confidence: 0.935718478

 $00:21:34.980 \longrightarrow 00:21:37.493$  We can't say, well you know why

 $00:21:37.493 \longrightarrow 00:21:40.037$  she spoke another language and she

NOTE Confidence: 0.935718478

 $00{:}21{:}40.037 \dashrightarrow 00{:}21{:}41.936$  didn't understand the beautiful

NOTE Confidence: 0.935718478

 $00{:}21{:}41.936 \dashrightarrow 00{:}21{:}44.972$  and well executed follow up plan

NOTE Confidence: 0.935718478

 $00:21:44.972 \longrightarrow 00:21:48.490$  that was shared with with this mom.

NOTE Confidence: 0.935718478

 $00:21:48.490 \longrightarrow 00:21:50.536$  We can't just stop there because

NOTE Confidence: 0.935718478

00:21:50.536 --> 00:21:52.937 that might be just the tip of

NOTE Confidence: 0.935718478

 $00:21:52.937 \longrightarrow 00:21:54.863$  the ice berg and we need to

NOTE Confidence: 0.935718478

00:21:54.863 --> 00:21:56.728 understand situations as a whole,

NOTE Confidence: 0.935718478

 $00:21:56.730 \longrightarrow 00:21:58.980$  as complex as they are.

NOTE Confidence: 0.92337539

 $00:22:01.490 \longrightarrow 00:22:06.180$  So to think about sort of disparities.

NOTE Confidence: 0.92337539

00:22:06.180 --> 00:22:08.200 There are many, many factors,

NOTE Confidence: 0.92337539

 $00:22:08.200 \longrightarrow 00:22:11.595$  many more than than, even more than.

NOTE Confidence: 0.92337539

00:22:11.600 --> 00:22:14.519 I'm sharing here that it could be,

NOTE Confidence: 0.92337539

 $00{:}22{:}14.520 \dashrightarrow 00{:}22{:}17.355$  you know, lack of access to doctors,

NOTE Confidence: 0.92337539

 $00:22:17.360 \longrightarrow 00:22:19.104$  systemic racism, negative stereotypes.

NOTE Confidence: 0.92337539

 $00:22:19.104 \longrightarrow 00:22:21.472$  You know, this mom doesn't understand

 $00{:}22{:}21.472 \dashrightarrow 00{:}22{:}23.337$  or this patient doesn't really.

NOTE Confidence: 0.92337539

 $00:22:23.340 \longrightarrow 00:22:24.084$  They have they,

NOTE Confidence: 0.92337539

00:22:24.084 --> 00:22:25.820 they have distrust of the medical system,

NOTE Confidence: 0.92337539

 $00:22:25.820 \longrightarrow 00:22:26.676$  so they don't come.

NOTE Confidence: 0.92337539

00:22:26.676 --> 00:22:27.912 So I shouldn't, you know,

NOTE Confidence: 0.92337539

 $00:22:27.912 \longrightarrow 00:22:29.096$  why should I bother?

NOTE Confidence: 0.92337539

 $00:22:29.100 \longrightarrow 00:22:30.159$  Access to transportation.

NOTE Confidence: 0.92337539

 $00:22:30.159 \longrightarrow 00:22:33.765$  I talked about how for them to come to clinic

NOTE Confidence: 0.92337539

 $00:22:33.765 \longrightarrow 00:22:36.331$  even though the clinic is relatively close.

NOTE Confidence: 0.92337539

00:22:36.331 --> 00:22:38.436 Buy in. In New Haven,

NOTE Confidence: 0.92337539

 $00{:}22{:}38.440 \dashrightarrow 00{:}22{:}43.456$  it takes taking a bus and and walking.

NOTE Confidence: 0.92337539

 $00{:}22{:}43.460 \dashrightarrow 00{:}22{:}45.503$  Communication barriers? Stress.

NOTE Confidence: 0.92337539

 $00{:}22{:}45.503 --> 00{:}22{:}46.184~\mathrm{Um}.$ 

NOTE Confidence: 0.92337539

00:22:46.184 --> 00:22:48.908 Financial or insurance barriers.

NOTE Confidence: 0.92337539

 $00:22:48.910 \longrightarrow 00:22:52.330$  Multiple things can.

 $00:22:52.330 \longrightarrow 00:22:53.260$  Can play.

NOTE Confidence: 0.647107353333333

 $00{:}22{:}56.740 \dashrightarrow 00{:}23{:}02.522$  Play a role. Nice this snap. OK.

NOTE Confidence: 0.647107353333333

 $00:23:02.522 \longrightarrow 00:23:07.156$  So. Think I alluded to this before.

NOTE Confidence: 0.647107353333333

 $00:23:07.160 \longrightarrow 00:23:10.238$  After discussing the medical plan and

NOTE Confidence: 0.647107353333333

00:23:10.238 --> 00:23:13.466 making sure that he was OK, you know,

NOTE Confidence: 0.647107353333333

00:23:13.466 --> 00:23:14.776 that he needed oxygen, etcetera,

NOTE Confidence: 0.647107353333333

00:23:14.776 --> 00:23:16.789 I overheard somebody say, well,

NOTE Confidence: 0.647107353333333

00:23:16.789 --> 00:23:19.232 I just don't understand why some people

NOTE Confidence: 0.6471073533333333

 $00{:}23{:}19.232 \dashrightarrow 00{:}23{:}21.496$  don't take good care of their kids.

NOTE Confidence: 0.647107353333333

 $00:23:21.500 \longrightarrow 00:23:25.452$  And I asked the question what are the

NOTE Confidence: 0.6471073533333333

 $00{:}23{:}25.452 \dashrightarrow 00{:}23{:}27.918$  racial implications of that comment?

NOTE Confidence: 0.647107353333333

 $00:23:27.920 \longrightarrow 00:23:30.458$  Are there policies that lead to

NOTE Confidence: 0.647107353333333

00:23:30.458 --> 00:23:33.485 poor access to care and how

NOTE Confidence: 0.6471073533333333

 $00:23:33.485 \longrightarrow 00:23:35.975$  are those relevant to why this

NOTE Confidence: 0.647107353333333

00:23:35.975 --> 00:23:38.468 patient now has presented twice?

NOTE Confidence: 0.647107353333333

00:23:38.470 --> 00:23:41.134 What put this patient at higher risk of

00:23:41.134 --> 00:23:42.648 pulmonary complications and I was very,

NOTE Confidence: 0.647107353333333

00:23:42.650 --> 00:23:45.092 very concerned not only about pulmonary

NOTE Confidence: 0.647107353333333

 $00:23:45.092 \longrightarrow 00:23:46.720$  complications but cardiac complete

NOTE Confidence: 0.647107353333333

 $00:23:46.775 \longrightarrow 00:23:48.095$  on undetected cardiac complications

NOTE Confidence: 0.647107353333333

 $00:23:48.095 \longrightarrow 00:23:50.350$  from COVID and an 8 year old.

NOTE Confidence: 0.647107353333333

 $00:23:50.350 \longrightarrow 00:23:52.793$  We didn't know a lot about the

NOTE Confidence: 0.647107353333333

 $00:23:52.793 \longrightarrow 00:23:54.928$  effects of COVID on children at

NOTE Confidence: 0.647107353333333

 $00:23:54.928 \longrightarrow 00:23:57.830$  that time and how do you raise these

NOTE Confidence: 0.647107353333333

00:23:57.830 --> 00:24:00.245 discussions with the team members

NOTE Confidence: 0.647107353333333

 $00{:}24{:}00.250 \dashrightarrow 00{:}24{:}03.680$  after you know the the comment that.

NOTE Confidence: 0.647107353333333 00:24:03.680 --> 00:24:05.260 Umm. NOTE Confidence: 0.647107353333333

 $00:24:05.260 \longrightarrow 00:24:07.512$  That that I overheard.

NOTE Confidence: 0.6471073533333333

 $00:24:07.512 \longrightarrow 00:24:12.038$  So we need to think about a few

NOTE Confidence: 0.647107353333333

 $00:24:12.038 \longrightarrow 00:24:15.116$  things that that play a role.

NOTE Confidence: 0.647107353333333

 $00:24:15.120 \longrightarrow 00:24:17.619$  The idea that racism is more than

00:24:17.619 --> 00:24:19.240 prejudicial attitudes and actions,

NOTE Confidence: 0.647107353333333

 $00:24:19.240 \longrightarrow 00:24:21.562$  that there's sort of a structural

NOTE Confidence: 0.647107353333333

00:24:21.562 --> 00:24:23.110 presence in in systems.

NOTE Confidence: 0.901109045

00:24:26.290 --> 00:24:28.036 Sorry, I'm having a hard time.

NOTE Confidence: 0.752568076666667

 $00:24:30.090 \longrightarrow 00:24:36.530$  Forwarding the slides. Ah. There.

NOTE Confidence: 0.43547225

 $00:24:38.640 \longrightarrow 00:24:43.695$  Umm. Let's think about some of

NOTE Confidence: 0.43547225

 $00:24:43.695 \longrightarrow 00:24:46.830$  the policies and access to care.

NOTE Confidence: 0.43547225

00:24:46.830 --> 00:24:49.422 So think about what you read in the CDC

NOTE Confidence: 0.43547225

 $00:24:49.422 \longrightarrow 00:24:51.917$  and the Centers for Disease Control,

NOTE Confidence: 0.43547225

 $00:24:51.920 \longrightarrow 00:24:54.440$  which is, you know, where?

NOTE Confidence: 0.43547225

 $00:24:54.440 \longrightarrow 00:24:57.638$  Most of us get our guidance,

NOTE Confidence: 0.43547225

 $00:24:57.640 \longrightarrow 00:25:00.420$  especially during during the pandemic.

NOTE Confidence: 0.43547225

 $00:25:00.420 \longrightarrow 00:25:01.940$  Think of the CDC guidelines.

NOTE Confidence: 0.43547225

 $00:25:01.940 \longrightarrow 00:25:04.890$  So if you have COVID.

NOTE Confidence: 0.43547225

 $00:25:04.890 \longrightarrow 00:25:07.360$  He should stay at home.

NOTE Confidence: 0.43547225

 $00{:}25{:}07.360 \dashrightarrow 00{:}25{:}09.600$  Isolate. Wear a mask.

 $00:25:09.600 \longrightarrow 00:25:14.016$  Not go to work, not go to school.

NOTE Confidence: 0.43547225

 $00{:}25{:}14.016 \dashrightarrow 00{:}25{:}18.010$  You should stay in your own room.

NOTE Confidence: 0.43547225

 $00:25:18.010 \longrightarrow 00:25:22.056$  Preferably use your own bathroom and have

NOTE Confidence: 0.43547225

 $00:25:22.056 \longrightarrow 00:25:26.168$  family members come and bring you the meals.

NOTE Confidence: 0.43547225

 $00:25:26.170 \longrightarrow 00:25:29.032$  And we're in 90 fives to

NOTE Confidence: 0.43547225

 $00:25:29.032 \longrightarrow 00:25:31.490$  try to decrease the the.

NOTE Confidence: 0.43547225

00:25:31.490 --> 00:25:33.680 Contagion to other family members,

NOTE Confidence: 0.43547225

 $00{:}25{:}33.680 --> 00{:}25{:}37.220$  and I ask you.

NOTE Confidence: 0.43547225

 $00:25:37.220 \longrightarrow 00:25:40.150$  Who were those guidelines for?

NOTE Confidence: 0.43547225

00:25:40.150 --> 00:25:42.210 How do you think?

NOTE Confidence: 0.43547225

 $00{:}25{:}42.210 \dashrightarrow 00{:}25{:}44.785$  Individuals who like my patients,

NOTE Confidence: 0.43547225

 $00{:}25{:}44.790 \dashrightarrow 00{:}25{:}47.345$  mom in the middle of the pandemic.

NOTE Confidence: 0.43547225

00:25:47.350 --> 00:25:48.814 Couldn't stay home.

NOTE Confidence: 0.43547225

 $00:25:48.814 \longrightarrow 00:25:53.220$  They had to go to work. They.

NOTE Confidence: 0.43547225

 $00:25:53.220 \longrightarrow 00:25:57.930$  Couldn't stay behind and just, you know.

00:25:57.930 --> 00:26:01.266 Stay in their home to try to decrease

NOTE Confidence: 0.43547225

 $00:26:01.266 \longrightarrow 00:26:03.790$  the likelihood of getting infected.

NOTE Confidence: 0.43547225

 $00:26:03.790 \longrightarrow 00:26:07.690$  Just did these policies or

NOTE Confidence: 0.43547225

00:26:07.690 --> 00:26:09.250 recommendations guidelines.

NOTE Confidence: 0.43547225

 $00:26:09.250 \longrightarrow 00:26:11.689$  Speak to um.

NOTE Confidence: 0.43547225

00:26:11.689 --> 00:26:15.754 Refugee and immigrant families who?

NOTE Confidence: 0.43547225

 $00:26:15.760 \longrightarrow 00:26:19.519$  Live two or three families in apartments.

NOTE Confidence: 0.43547225

 $00:26:19.520 \longrightarrow 00:26:21.965$  Did these guidelines speak to

NOTE Confidence: 0.43547225

 $00:26:21.965 \longrightarrow 00:26:24.848$  individuals who all lived in in

NOTE Confidence: 0.43547225

 $00:26:24.848 \longrightarrow 00:26:27.326$  one room and were simply not able

NOTE Confidence: 0.43547225

 $00:26:27.326 \longrightarrow 00:26:30.479$  to to isolate and follow them?

NOTE Confidence: 0.43547225

 $00:26:30.480 \longrightarrow 00:26:34.368$  So I think it's important for us to

NOTE Confidence: 0.43547225

 $00:26:34.368 \longrightarrow 00:26:38.019$  understand that perspective that even even.

NOTE Confidence: 0.43547225

00:26:38.020 --> 00:26:41.140 From the Center for Disease Control,

NOTE Confidence: 0.43547225

00:26:41.140 --> 00:26:45.820 who's putting together guidelines there?

NOTE Confidence: 0.43547225

 $00:26:45.820 \longrightarrow 00:26:48.484$  In a way, these guidelines were

 $00:26:48.484 \longrightarrow 00:26:51.310$  not for for everybody.

NOTE Confidence: 0.43547225

 $00:26:51.310 \longrightarrow 00:26:52.694$  And I also wonder,

NOTE Confidence: 0.43547225

00:26:52.694 --> 00:26:54.424 would things have been different

NOTE Confidence: 0.43547225

 $00:26:54.424 \longrightarrow 00:26:56.308$  if this patient was white?

NOTE Confidence: 0.43547225

00:26:56.310 --> 00:26:58.485 Would it have been different

NOTE Confidence: 0.43547225

00:26:58.485 --> 00:27:00.660 if his mother spoke English?

NOTE Confidence: 0.43547225

00:27:00.660 --> 00:27:03.564 And I've shared a little bit about how

NOTE Confidence: 0.43547225

 $00:27:03.564 \longrightarrow 00:27:06.309$  I felt as the healthcare professionals

NOTE Confidence: 0.43547225

00:27:06.309 --> 00:27:09.766 seeing him in clinic and and sharing

NOTE Confidence: 0.43547225

 $00:27:09.766 \longrightarrow 00:27:12.574$  some of my feelings of frustration

NOTE Confidence: 0.43547225

 $00:27:12.574 \longrightarrow 00:27:16.578$  and sadness and anger and and.

NOTE Confidence: 0.43547225

 $00:27:16.578 \longrightarrow 00:27:19.176$  And shame towards.

NOTE Confidence: 0.43547225

 $00:27:19.180 \longrightarrow 00:27:21.972$  What I stand what I stood for at

NOTE Confidence: 0.43547225

 $00:27:21.972 \longrightarrow 00:27:25.075$  that at that time and realizing well

NOTE Confidence: 0.43547225

00:27:25.075 --> 00:27:27.730 you know is this mother going to

 $00:27:27.730 \longrightarrow 00:27:30.691$  trust me and and what we are doing

NOTE Confidence: 0.43547225

 $00{:}27{:}30.691 \dashrightarrow 00{:}27{:}33.388$  given given what what has happened.

NOTE Confidence: 0.813998992

 $00:27:35.790 \longrightarrow 00:27:39.562$  There are clear disparities in COVID-19

NOTE Confidence: 0.813998992

00:27:39.562 --> 00:27:42.548 survival and there are, as I mentioned,

NOTE Confidence: 0.813998992

 $00:27:42.548 \longrightarrow 00:27:44.744$  in equities and how we communicate.

NOTE Confidence: 0.813998992

 $00:27:44.750 \longrightarrow 00:27:46.666$  There are different differential

NOTE Confidence: 0.813998992

 $00:27:46.666 \longrightarrow 00:27:48.103$  experiences causing distrust

NOTE Confidence: 0.813998992

00:27:48.103 --> 00:27:50.549 in the medical field for sure.

NOTE Confidence: 0.813998992

 $00{:}27{:}50.550 \dashrightarrow 00{:}27{:}52.590$  And there is stereotyping of

NOTE Confidence: 0.813998992

00:27:52.590 --> 00:27:54.222 not only Latina individuals,

NOTE Confidence: 0.813998992

00:27:54.230 --> 00:27:57.345 this this patient happened to be Latina,

NOTE Confidence: 0.813998992

 $00:27:57.350 \longrightarrow 00:28:00.302$  but stereotyping with with.

NOTE Confidence: 0.813998992

 $00:28:00.302 \longrightarrow 00:28:02.516$  Many other groups,

NOTE Confidence: 0.813998992

 $00:28:02.520 \longrightarrow 00:28:05.124$  and there's some facts that COVID

NOTE Confidence: 0.813998992

 $00:28:05.124 \longrightarrow 00:28:07.360$  has affected populations of color.

NOTE Confidence: 0.813998992

 $00:28:07.360 \longrightarrow 00:28:09.580$  Way more than other groups,

 $00:28:09.580 \longrightarrow 00:28:11.260$  black individuals have received

NOTE Confidence: 0.813998992

 $00:28:11.260 \longrightarrow 00:28:12.940$  smaller shares of vaccination.

NOTE Confidence: 0.813998992

00:28:12.940 --> 00:28:14.820 So if you think of all the vaccines,

NOTE Confidence: 0.813998992

00:28:14.820 --> 00:28:17.690 if you look at shares of vaccination

NOTE Confidence: 0.813998992

 $00:28:17.690 \longrightarrow 00:28:20.415$  and compare to the rates of

NOTE Confidence: 0.813998992

00:28:20.415 --> 00:28:22.299 COVID infections and deaths,

NOTE Confidence: 0.813998992

 $00:28:22.300 \longrightarrow 00:28:25.460$  to the proportion in each one of the

NOTE Confidence: 0.813998992

 $00:28:25.460 \longrightarrow 00:28:28.349$  populations that has received vaccine there,

NOTE Confidence: 0.813998992

 $00{:}28{:}28.350 \dashrightarrow 00{:}28{:}31.790$  there are tremendous inequities reflecting

NOTE Confidence: 0.813998992

 $00:28:31.790 \longrightarrow 00:28:34.140$  the disproportionate level of infection.

NOTE Confidence: 0.813998992

00:28:34.140 --> 00:28:36.012 So similarly to blacks,

NOTE Confidence: 0.813998992

00:28:36.012 --> 00:28:37.416 Hispanics have received.

NOTE Confidence: 0.813998992

 $00{:}28{:}37.420 \dashrightarrow 00{:}28{:}38.844$  Smaller shares of vaccination

NOTE Confidence: 0.813998992

 $00:28:38.844 \longrightarrow 00:28:41.328$  compared to the share of cases in

NOTE Confidence: 0.813998992

 $00:28:41.328 \longrightarrow 00:28:43.008$  most states for which we have,

 $00:28:43.010 \longrightarrow 00:28:44.750$  we have reports.

NOTE Confidence: 0.813998992

 $00{:}28{:}44.750 \dashrightarrow 00{:}28{:}48.282$  And if you compared whites to other

NOTE Confidence: 0.813998992

 $00:28:48.282 \longrightarrow 00:28:51.110$  groups those who identify as wife have

NOTE Confidence: 0.813998992

00:28:51.188 --> 00:28:54.062 why white has have received higher

NOTE Confidence: 0.813998992

 $00:28:54.062 \longrightarrow 00:28:56.280$  rates of vaccination compared to.

NOTE Confidence: 0.83444196

 $00:28:58.510 \longrightarrow 00:29:02.030$  To their to the number to the number

NOTE Confidence: 0.83444196

 $00:29:02.030 \longrightarrow 00:29:04.926$  of to the number of cases and and this

NOTE Confidence: 0.83444196

 $00:29:04.926 \longrightarrow 00:29:07.501$  was shown this is just a clip from

NOTE Confidence: 0.83444196

 $00:29:07.501 \longrightarrow 00:29:10.223$  Florida where we know and and these

NOTE Confidence: 0.83444196

 $00:29:10.223 \longrightarrow 00:29:12.311$  are data from the government that

NOTE Confidence: 0.83444196

 $00{:}29{:}12.320 \dashrightarrow 00{:}29{:}15.848$  blacks and Hispanics had lower access

NOTE Confidence: 0.83444196

00:29:15.848 --> 00:29:18.200 to monoclonal antibody treatments

NOTE Confidence: 0.83444196

 $00:29:18.283 \longrightarrow 00:29:21.061$  even though their rates of infection

NOTE Confidence: 0.83444196

00:29:21.061 --> 00:29:24.195 were were were much higher so and

NOTE Confidence: 0.83444196

 $00:29:24.195 \longrightarrow 00:29:26.974$  again this slide tells you that if

NOTE Confidence: 0.83444196

 $00{:}29{:}26.980 \dashrightarrow 00{:}29{:}28.988$  you know if you sort of look at.

 $00:29:28.990 \longrightarrow 00:29:33.258$  Burden of disease to.

NOTE Confidence: 0.83444196

 $00:29:33.260 \longrightarrow 00:29:35.665$  To availability and and actual

NOTE Confidence: 0.83444196

 $00:29:35.665 \longrightarrow 00:29:38.956$  receipt of some of the treatments

NOTE Confidence: 0.83444196

 $00:29:38.956 \longrightarrow 00:29:41.338$  and preventive measures.

NOTE Confidence: 0.83444196

 $00:29:41.340 \longrightarrow 00:29:42.549$  They're they're not.

NOTE Confidence: 0.83444196

 $00:29:42.549 \longrightarrow 00:29:44.564$  They're not equitable in that,

NOTE Confidence: 0.83444196

 $00:29:44.570 \longrightarrow 00:29:46.550$  in that in that sense.

NOTE Confidence: 0.751664704

 $00:29:49.170 \longrightarrow 00:29:51.740$  California's close to 40% latinae,

NOTE Confidence: 0.751664704

 $00:29:51.740 \longrightarrow 00:29:54.950$  but they made-up about 45,

NOTE Confidence: 0.751664704

 $00{:}29{:}54.950 \dashrightarrow 00{:}30{:}01.200$  or over 45% of the COVID-19 cases.

NOTE Confidence: 0.751664704

 $00:30:01.200 \longrightarrow 00:30:03.940$  And my colleague and mentor,

NOTE Confidence: 0.751664704

 $00:30:03.940 \longrightarrow 00:30:05.920$  doctor Peter Hotez of

NOTE Confidence: 0.751664704

 $00{:}30{:}05.920 \dashrightarrow 00{:}30{:}07.900$  Baylor College of Medicine,

NOTE Confidence: 0.751664704

 $00:30:07.900 \longrightarrow 00:30:09.562$  this is a quote that he

NOTE Confidence: 0.751664704

 $00:30:09.562 \longrightarrow 00:30:10.992$  shared with me, he said.

 $00:30:10.992 \longrightarrow 00:30:12.472$  This is the quote referring

NOTE Confidence: 0.751664704

 $00:30:12.472 \longrightarrow 00:30:13.732$  to the COVID-19 pandemic.

NOTE Confidence: 0.751664704

 $00:30:13.732 \longrightarrow 00:30:16.049$  He said this is robbing Hispanic community

NOTE Confidence: 0.751664704

00:30:16.049 --> 00:30:18.296 of a generation of mothers and fathers,

NOTE Confidence: 0.751664704

 $00{:}30{:}18.300 \dashrightarrow 00{:}30{:}22.510$  brothers and and sisters. Umm.

NOTE Confidence: 0.729446812

00:30:26.110 --> 00:30:31.670 So about as I mentioned if you look at.

NOTE Confidence: 0.729446812

 $00:30:31.670 \longrightarrow 00:30:32.912$  These are updates.

NOTE Confidence: 0.729446812

00:30:32.912 --> 00:30:35.101 As of August of 2022,

NOTE Confidence: 0.729446812

 $00:30:35.101 \longrightarrow 00:30:39.349$  about 16% of COVID deaths were among Latinos.

NOTE Confidence: 0.729446812

00:30:39.350 --> 00:30:41.849 And if you think about the weighted

NOTE Confidence: 0.729446812

 $00{:}30{:}41.849 \dashrightarrow 00{:}30{:}45.338$  population, it accounts for about.

NOTE Confidence: 0.729446812

00:30:45.340 --> 00:30:47.797 If if you do a weighted estimate,

NOTE Confidence: 0.729446812

 $00:30:47.800 \longrightarrow 00:30:50.902$  it's about 33% of the of

NOTE Confidence: 0.729446812

 $00:30:50.902 \longrightarrow 00:30:54.310$  the deaths from COVID.

NOTE Confidence: 0.729446812

 $00:30:54.310 \longrightarrow 00:30:56.270$  And this is really another

NOTE Confidence: 0.729446812

00:30:56.270 --> 00:30:58.230 way of sort of looking,

00:30:58.230 --> 00:31:01.366 looking at it that if you compare

NOTE Confidence: 0.729446812

 $00{:}31{:}01.366 \dashrightarrow 00{:}31{:}04.648$  compared to white non Hispanic persons,

NOTE Confidence: 0.729446812

 $00:31:04.650 \longrightarrow 00:31:09.906$  those of black American non Hispanics

NOTE Confidence: 0.729446812

 $00:31:09.910 \longrightarrow 00:31:13.326$  had about a 3 three times the

NOTE Confidence: 0.729446812

 $00{:}31{:}13.326 \dashrightarrow 00{:}31{:}15.323$  hospitalization rates and twice

NOTE Confidence: 0.729446812

 $00:31:15.323 \longrightarrow 00:31:18.424$  the number of deaths and these

NOTE Confidence: 0.729446812

 $00:31:18.424 \longrightarrow 00:31:21.270$  these are the proportions in in

NOTE Confidence: 0.729446812

 $00:31:21.270 \longrightarrow 00:31:24.702$  Hispanic or Latino population.

NOTE Confidence: 0.729446812

 $00:31:24.702 \longrightarrow 00:31:26.988$  Looking, looking at us.

NOTE Confidence: 0.729446812

 $00:31:26.988 \dashrightarrow 00:31:29.844$  Because I always say that it's.

NOTE Confidence: 0.729446812

00:31:29.850 --> 00:31:31.957 A good first step is to sort

NOTE Confidence: 0.729446812

 $00:31:31.957 \longrightarrow 00:31:33.949$  of look at our own home.

NOTE Confidence: 0.729446812

 $00:31:33.950 \longrightarrow 00:31:36.414$  We know that the impact of racism

NOTE Confidence: 0.729446812

 $00:31:36.414 \longrightarrow 00:31:38.621$  is across the board and that

NOTE Confidence: 0.729446812

 $00:31:38.621 \longrightarrow 00:31:40.769$  it it continues to to occur.

 $00:31:40.770 \longrightarrow 00:31:43.152$  And there are data both from

NOTE Confidence: 0.729446812

 $00:31:43.152 \longrightarrow 00:31:46.188$  the US and from our own center,

NOTE Confidence: 0.729446812

 $00:31:46.190 \longrightarrow 00:31:47.850$  of how this turns out.

NOTE Confidence: 0.729446812

 $00:31:47.850 \longrightarrow 00:31:49.194$  What does this mean?

NOTE Confidence: 0.729446812 00:31:49.194 --> 00:31:49.530 Well, NOTE Confidence: 0.729446812

 $00:31:49.530 \longrightarrow 00:31:51.910$  there is a an article.

NOTE Confidence: 0.729446812

 $00:31:51.910 \longrightarrow 00:31:53.828$  That came out last year to show

NOTE Confidence: 0.729446812

 $00:31:53.828 \longrightarrow 00:31:55.600$  that black newborn babies in the

NOTE Confidence: 0.729446812

 $00{:}31{:}55.600 \dashrightarrow 00{:}31{:}57.376$  US are more likely to survive

NOTE Confidence: 0.729446812

00:31:57.376 --> 00:31:58.768 childbirth if they're carried

NOTE Confidence: 0.729446812

 $00:31:58.768 \longrightarrow 00:32:00.148$  forward by black doctors.

NOTE Confidence: 0.729446812

 $00:32:00.150 \longrightarrow 00:32:03.950$  So this idea of of ethnic concordance.

NOTE Confidence: 0.729446812

 $00:32:03.950 \longrightarrow 00:32:05.894$  But there are three times more

NOTE Confidence: 0.729446812

 $00:32:05.894 \longrightarrow 00:32:07.871$  likely than white babies to die

NOTE Confidence: 0.729446812

 $00:32:07.871 \longrightarrow 00:32:09.725$  when looked after by white doctors.

NOTE Confidence: 0.729446812

 $00:32:09.730 \dashrightarrow 00:32:12.698$  And again these are this is this is

 $00:32:12.698 \longrightarrow 00:32:17.680$  an article that came out in 2020.

NOTE Confidence: 0.729446812

 $00{:}32{:}17.680 \dashrightarrow 00{:}32{:}19.984$  Data from our own hospitals from

NOTE Confidence: 0.729446812

 $00:32:19.984 \longrightarrow 00:32:21.520$  my department of Pediatrics.

NOTE Confidence: 0.729446812

 $00:32:21.520 \longrightarrow 00:32:25.672$  This is a study that was conducted by

NOTE Confidence: 0.729446812

 $00:32:25.672 \dashrightarrow 00:32:29.219$  right here at Yale that showed that

NOTE Confidence: 0.729446812

 $00{:}32{:}29.219 \dashrightarrow 00{:}32{:}31.770$  in our pediatric emergency medicine,

NOTE Confidence: 0.729446812

 $00:32:31.770 \longrightarrow 00:32:34.950$  there are disparities in the use

NOTE Confidence: 0.729446812

00:32:34.950 --> 00:32:37.273 of physical restraints depending

NOTE Confidence: 0.729446812

 $00:32:37.273 \longrightarrow 00:32:40.123$  on what your ethnic group,

NOTE Confidence: 0.729446812

 $00:32:40.130 \longrightarrow 00:32:44.405$  racial or ethnic group so that if you are.

NOTE Confidence: 0.729446812

00:32:44.410 --> 00:32:45.930 Teenager coming to the emergency

NOTE Confidence: 0.729446812

 $00:32:45.930 \longrightarrow 00:32:47.989$  room and you're a person of color?

NOTE Confidence: 0.729446812

00:32:47.990 --> 00:32:51.170 You're more likely to have

NOTE Confidence: 0.729446812

 $00:32:51.170 \longrightarrow 00:32:54.162$  the staff use restraints,

NOTE Confidence: 0.729446812 00:32:54.162 --> 00:32:54.910 so.

 $00:32:57.100 \longrightarrow 00:32:59.116$  You know, this is not just the

NOTE Confidence: 0.856232962307692

 $00:32:59.116 \longrightarrow 00:33:01.329$  shine of light on negative aspects.

NOTE Confidence: 0.856232962307692

 $00:33:01.330 \longrightarrow 00:33:06.370$  This is to to bring up these issues that.

NOTE Confidence: 0.856232962307692

 $00:33:06.370 \longrightarrow 00:33:09.313$  We need to take into account when in in

NOTE Confidence: 0.856232962307692

 $00:33:09.313 \longrightarrow 00:33:12.609$  our spaces not only in the clinical space.

NOTE Confidence: 0.856232962307692

 $00:33:12.610 \longrightarrow 00:33:14.206$  I think some a lot of this.

NOTE Confidence: 0.856232962307692

00:33:14.210 --> 00:33:16.850 I mean of course this is focused on a case

NOTE Confidence: 0.856232962307692

00:33:16.917 --> 00:33:19.518 but a lot of these concepts also relate to

NOTE Confidence: 0.856232962307692

 $00:33:19.518 \longrightarrow 00:33:22.325$  how we communicate with each other at home,

NOTE Confidence: 0.856232962307692

 $00:33:22.330 \longrightarrow 00:33:25.285$  in our communities within our

NOTE Confidence: 0.856232962307692

 $00{:}33{:}25.285 \dashrightarrow 00{:}33{:}27.649$  work spaces in our offices.

NOTE Confidence: 0.856232962307692

 $00:33:27.650 \longrightarrow 00:33:30.930$  We know that there's a big role and

NOTE Confidence: 0.856232962307692

 $00:33:30.930 \longrightarrow 00:33:34.153$  implicit a big role for bias in in in

NOTE Confidence: 0.856232962307692

00:33:34.153 --> 00:33:37.186 all of our interactions and. I don't.

NOTE Confidence: 0.856232962307692

00:33:37.186 --> 00:33:39.640 I don't think I need to go into much detail.

NOTE Confidence: 0.856232962307692

 $00:33:39.640 \longrightarrow 00:33:42.536$  We all know that we all have biases.

 $00:33:42.540 \longrightarrow 00:33:44.574$  These are sort of prejudices that

NOTE Confidence: 0.856232962307692

 $00:33:44.574 \longrightarrow 00:33:46.380$  we have towards one thing,

NOTE Confidence: 0.856232962307692

 $00:33:46.380 \longrightarrow 00:33:47.376$  person or group.

NOTE Confidence: 0.856232962307692

 $00:33:47.376 \longrightarrow 00:33:49.700$  And the biases can be our own

NOTE Confidence: 0.856232962307692

 $00:33:49.776 \longrightarrow 00:33:52.548$  individual or they can be grouped

NOTE Confidence: 0.856232962307692

 $00:33:52.548 \longrightarrow 00:33:54.396$  biases and healthcare workers.

NOTE Confidence: 0.856232962307692

00:33:54.400 --> 00:33:56.412 Just because we're physicians,

NOTE Confidence: 0.856232962307692

00:33:56.412 --> 00:33:57.418 healthcare providers,

NOTE Confidence: 0.856232962307692

00:33:57.420 --> 00:33:59.404 it doesn't mean that we don't have biases.

NOTE Confidence: 0.856232962307692

 $00:33:59.410 \longrightarrow 00:34:02.620$  We have the same biases as

NOTE Confidence: 0.856232962307692

 $00:34:02.620 \longrightarrow 00:34:04.760$  the general population and.

NOTE Confidence: 0.856232962307692

 $00{:}34{:}04.760 \dashrightarrow 00{:}34{:}08.190$  These biases do impact the care that

NOTE Confidence: 0.856232962307692

 $00{:}34{:}08.190 \dashrightarrow 00{:}34{:}12.170$  we that we provide to to patients.

NOTE Confidence: 0.856232962307692

 $00:34:12.170 \longrightarrow 00:34:14.928$  So if we think about how does.

NOTE Confidence: 0.856232962307692

 $00:34:14.930 \longrightarrow 00:34:17.405$  By us connect to structural

 $00:34:17.405 \longrightarrow 00:34:18.890$  or institutional racism,

NOTE Confidence: 0.856232962307692

 $00{:}34{:}18.890 \dashrightarrow 00{:}34{:}21.858$  we can think of sort of structural racism.

NOTE Confidence: 0.843257473157895

 $00:34:24.470 \longrightarrow 00:34:26.878$  As something that's overtime,

NOTE Confidence: 0.843257473157895

 $00:34:26.878 \longrightarrow 00:34:31.573$  normalize and legitimize and it sort of gives

NOTE Confidence: 0.843257473157895

 $00:34:31.573 \longrightarrow 00:34:35.045$  one group advantage over over the other.

NOTE Confidence: 0.843257473157895

 $00:34:35.050 \longrightarrow 00:34:38.562$  And it's the result or the compounding effect

NOTE Confidence: 0.843257473157895

 $00:34:38.562 \longrightarrow 00:34:41.906$  of societal norms that are often invisible.

NOTE Confidence: 0.843257473157895

 $00:34:41.910 \longrightarrow 00:34:45.006$  Cultural representation right in the media,

NOTE Confidence: 0.843257473157895

00:34:45.010 --> 00:34:49.138 how people discuss or define race.

NOTE Confidence: 0.843257473157895

 $00:34:49.140 \longrightarrow 00:34:53.524$  Ideologies. And many of these are sort of.

NOTE Confidence: 0.843257473157895

 $00{:}34{:}53.530 \dashrightarrow 00{:}34{:}57.258$  The foundation Foundations institutional

NOTE Confidence: 0.843257473157895

 $00:34:57.258 \longrightarrow 00:34:59.654$  practices, so in the educational

NOTE Confidence: 0.843257473157895

 $00:34:59.654 \longrightarrow 00:35:01.484$  or criminal or justice system,

NOTE Confidence: 0.843257473157895

 $00:35:01.490 \longrightarrow 00:35:04.630$  and somewhat like policies.

NOTE Confidence: 0.843257473157895

 $00:35:04.630 \longrightarrow 00:35:10.076$  Oh my. Said it, and there it is.

NOTE Confidence: 0.843257473157895

 $00:35:10.080 \longrightarrow 00:35:15.838$  Um. So all of these sort of

 $00:35:15.838 \longrightarrow 00:35:19.150$  work to reinforce various ways.

NOTE Confidence: 0.843257473157895

 $00:35:19.150 \longrightarrow 00:35:21.450$  Are you gonna stop?

NOTE Confidence: 0.843257473157895

00:35:21.450 --> 00:35:23.350 Umm, sorry.

NOTE Confidence: 0.843257473157895

 $00:35:23.350 \longrightarrow 00:35:26.236$  So the they reinforce waste to perpetuate

NOTE Confidence: 0.843257473157895

 $00{:}35{:}26.236 \to 00{:}35{:}29.190$  these racial inequities for persons of color.

NOTE Confidence: 0.843257473157895

 $00:35:29.190 \longrightarrow 00:35:33.110$  And, you know, bias is.

NOTE Confidence: 0.843257473157895

00:35:33.110 --> 00:35:34.568 Relate conceptually related

NOTE Confidence: 0.843257473157895

00:35:34.568 --> 00:35:36.026 to structural racism,

NOTE Confidence: 0.843257473157895

 $00:35:36.030 \longrightarrow 00:35:38.485$  because operation of explicit and

NOTE Confidence: 0.843257473157895

 $00{:}35{:}38.485 \dashrightarrow 00{:}35{:}40.940$  implicit biases at the population

NOTE Confidence: 0.843257473157895

 $00:35:41.013 \longrightarrow 00:35:44.235$  level then leads to this accumulation

NOTE Confidence: 0.843257473157895

 $00{:}35{:}44.235 \dashrightarrow 00{:}35{:}45.846$  of discriminatory practices.

NOTE Confidence: 0.885832369

 $00{:}35{:}49.470 \dashrightarrow 00{:}35{:}51.228$  You know, getting back to sort

NOTE Confidence: 0.885832369

 $00:35:51.228 \longrightarrow 00:35:53.288$  of this comment on, on, on.

NOTE Confidence: 0.885832369

00:35:53.288 --> 00:35:56.008 Well, you know, could it be that

00:35:56.008 --> 00:35:58.552 this mom didn't have time for, for,

NOTE Confidence: 0.885832369

00:35:58.552 --> 00:36:01.840 for the patient, for, for the child?

NOTE Confidence: 0.885832369

 $00{:}36{:}01.840 \dashrightarrow 00{:}36{:}04.906$  I think I want to take a moment

NOTE Confidence: 0.885832369

00:36:04.906 --> 00:36:06.957 and talk about cultural humility

NOTE Confidence: 0.885832369

 $00:36:06.957 \longrightarrow 00:36:09.817$  because there's always common ground,

NOTE Confidence: 0.885832369

00:36:09.820 --> 00:36:11.380 right, regardless of your race,

NOTE Confidence: 0.885832369

 $00:36:11.380 \longrightarrow 00:36:13.640$  ethnicity or socioeconomic factors.

NOTE Confidence: 0.885832369

 $00{:}36{:}13.640 \dashrightarrow 00{:}36{:}17.504$  We all care about our children and

NOTE Confidence: 0.885832369

00:36:17.504 --> 00:36:21.296 and just because I care about my kids

NOTE Confidence: 0.885832369

 $00:36:21.296 \longrightarrow 00:36:25.197$  or I care about my own health. It.

NOTE Confidence: 0.885832369

00:36:25.197 --> 00:36:28.046 Doesn't mean that other people do or

NOTE Confidence: 0.885832369

 $00:36:28.046 \longrightarrow 00:36:31.449$  don't in the same way that I that I do.

NOTE Confidence: 0.885832369

 $00:36:31.450 \longrightarrow 00:36:34.852$  And I think that the word and

NOTE Confidence: 0.885832369

 $00:36:34.852 \longrightarrow 00:36:37.969$  the term humility goes along way.

NOTE Confidence: 0.885832369

 $00:36:37.970 \longrightarrow 00:36:42.548$  We need to be aware that.

NOTE Confidence: 0.885832369

00:36:42.550 --> 00:36:45.470 My views and how I approach my health

00:36:45.470 --> 00:36:48.300 might be very different from somebody

NOTE Confidence: 0.885832369

 $00{:}36{:}48.300 \dashrightarrow 00{:}36{:}51.266$  elses and and we need to approach

NOTE Confidence: 0.885832369

 $00{:}36{:}51.266 \dashrightarrow 00{:}36{:}53.640$  each other with the humility to

NOTE Confidence: 0.885832369

 $00:36:53.640 \longrightarrow 00:36:56.135$  understand that I don't understand

NOTE Confidence: 0.885832369

 $00:36:56.135 \longrightarrow 00:36:58.749$  everything about somebody else's reality.

NOTE Confidence: 0.885832369

 $00:36:58.750 \longrightarrow 00:37:02.502$  Because if we think for example if I

NOTE Confidence: 0.885832369

00:37:02.502 --> 00:37:05.463 think that I understand everything

NOTE Confidence: 0.885832369

00:37:05.463 --> 00:37:09.297 there is to know about Hispanic

NOTE Confidence: 0.885832369

 $00{:}37{:}09.297 \dashrightarrow 00{:}37{:}11.737$  patients if I assume that.

NOTE Confidence: 0.885832369

 $00:37:11.740 \longrightarrow 00:37:14.436$  I got it down by the mere fact

NOTE Confidence: 0.885832369

 $00{:}37{:}14.436 \dashrightarrow 00{:}37{:}17.117$  that I belong to that group.

NOTE Confidence: 0.885832369

 $00:37:17.120 \dashrightarrow 00:37:22.840$  Assuming that can can be can be problematic.

NOTE Confidence: 0.885832369

 $00{:}37{:}22.840 \dashrightarrow 00{:}37{:}25.390$  Oh my God.

NOTE Confidence: 0.885832369

 $00:37:25.390 \longrightarrow 00:37:26.688$  Um, so,

NOTE Confidence: 0.885832369

 $00:37:26.688 \longrightarrow 00:37:29.933$  so again getting back to

 $00:37:29.933 \longrightarrow 00:37:33.639$  getting back to our patient.

NOTE Confidence: 0.885832369

 $00:37:33.640 \longrightarrow 00:37:35.904$  He was seen by all of his subspecialists.

NOTE Confidence: 0.935732994444445

 $00:37:38.360 \longrightarrow 00:37:41.010$  He continues to struggle with

NOTE Confidence: 0.935732994444445

 $00:37:41.010 \longrightarrow 00:37:43.130$  his increased weight that.

NOTE Confidence: 0.935732994444445

 $00:37:43.130 \longrightarrow 00:37:45.496$  Continues to be and I think that

NOTE Confidence: 0.935732994444445

 $00:37:45.496 \longrightarrow 00:37:48.175$  continue to be a struggle for him

NOTE Confidence: 0.935732994444445

 $00:37:48.175 \longrightarrow 00:37:50.730$  throughout his the next three years.

NOTE Confidence: 0.935732994444445

 $00:37:50.730 \longrightarrow 00:37:52.490$  He has slowly improved.

NOTE Confidence: 0.935732994444445

 $00:37:52.490 \longrightarrow 00:37:57.010$  He's able to walk better and sleep better.

NOTE Confidence: 0.935732994444445

00:37:57.010 --> 00:37:59.754 He's now back in school and attending

NOTE Confidence: 0.935732994444445

 $00{:}37{:}59.754 \dashrightarrow 00{:}38{:}02.899$  all of his follow up appointments.

NOTE Confidence: 0.935732994444445

 $00:38:02.900 \longrightarrow 00:38:05.228$  So I'm happy to sort of report that

NOTE Confidence: 0.935732994444445

00:38:05.228 --> 00:38:07.338 in terms of his overall health,

NOTE Confidence: 0.935732994444445

 $00:38:07.340 \longrightarrow 00:38:09.812$  he's better, he's now able to

NOTE Confidence: 0.935732994444445

 $00:38:09.812 \longrightarrow 00:38:12.838$  to get the care that he needs.

NOTE Confidence: 0.935732994444445

 $00:38:12.840 \longrightarrow 00:38:15.873$  But now sort of for the last few minutes,

 $00:38:15.880 \longrightarrow 00:38:18.635$  if Stella stops barking and

NOTE Confidence: 0.935732994444445

 $00:38:18.635 \longrightarrow 00:38:20.839$  you guys can hear.

NOTE Confidence: 0.935732994444445

 $00:38:20.840 \longrightarrow 00:38:23.165$  How can we provide communication

NOTE Confidence: 0.935732994444445

 $00:38:23.165 \longrightarrow 00:38:25.025$  and overcome stereotype threat?

NOTE Confidence: 0.935732994444445

 $00:38:25.030 \longrightarrow 00:38:28.192$  Well, the first thing to to

NOTE Confidence: 0.935732994444445

 $00:38:28.192 \longrightarrow 00:38:31.546$  to acknowledge is that to know

NOTE Confidence: 0.935732994444445

 $00:38:31.546 \longrightarrow 00:38:34.948$  thyself is the beginning of wisdom.

NOTE Confidence: 0.935732994444445

 $00:38:34.950 \longrightarrow 00:38:38.091$  So start by sort of taking a deep dive

NOTE Confidence: 0.935732994444445

 $00:38:38.091 \longrightarrow 00:38:41.524$  into who you are and what are your biases.

NOTE Confidence: 0.935732994444445

 $00{:}38{:}41.530 \dashrightarrow 00{:}38{:}42.541$  I have them.

NOTE Confidence: 0.935732994444445

 $00:38:42.541 \longrightarrow 00:38:45.106$  I I work in this, in this area,

NOTE Confidence: 0.935732994444445

00:38:45.106 --> 00:38:46.858 and I'm always the first to

NOTE Confidence: 0.935732994444445

 $00{:}38{:}46.858 \dashrightarrow 00{:}38{:}48.906$  say I have my own blind spots.

NOTE Confidence: 0.935732994444445

 $00:38:48.910 \longrightarrow 00:38:50.510$  I have my own biases,

NOTE Confidence: 0.93573299444444500:38:50.510 --> 00:38:51.280 and I.

 $00:38:51.280 \longrightarrow 00:38:53.590$  We need to recognize our own

NOTE Confidence: 0.935732994444445

 $00:38:53.590 \longrightarrow 00:38:56.156$  and there are all sorts of sort

NOTE Confidence: 0.935732994444445

 $00:38:56.156 \longrightarrow 00:38:58.360$  of tests that that there are.

NOTE Confidence: 0.30596077

00:39:00.880 --> 00:39:01.530 Umm.

NOTE Confidence: 0.744007444

 $00:39:06.120 \longrightarrow 00:39:09.186$  Sorry. Let me. I'm sorry, Ariel.

NOTE Confidence: 0.744007444

 $00:39:09.186 \longrightarrow 00:39:13.010$  Oh, there you go. Somebody's taking her.

NOTE Confidence: 0.744007444

 $00{:}39{:}13.010 \dashrightarrow 00{:}39{:}15.155$  To build the best the rapeutic

NOTE Confidence: 0.744007444

00:39:15.155 --> 00:39:17.300 relationship with with your patients,

NOTE Confidence: 0.744007444

 $00:39:17.300 \longrightarrow 00:39:20.114$  you really need to sort of understand

NOTE Confidence: 0.744007444

 $00:39:20.114 \longrightarrow 00:39:22.766$  your biases and find ways to to

NOTE Confidence: 0.744007444

 $00{:}39{:}22.766 \dashrightarrow 00{:}39{:}24.812$  mitigate these and how you do

NOTE Confidence: 0.744007444

 $00:39:24.895 \longrightarrow 00:39:27.247$  it is really through hard work.

NOTE Confidence: 0.744007444

 $00:39:27.250 \longrightarrow 00:39:31.258$  So the bottom line is that.

NOTE Confidence: 0.744007444

 $00:39:31.260 \longrightarrow 00:39:35.016$  You need to do your work.

NOTE Confidence: 0.744007444

 $00:39:35.020 \longrightarrow 00:39:38.800$  Go to as many training sessions,

NOTE Confidence: 0.744007444

 $00:39:38.800 \longrightarrow 00:39:41.028$  read, talk to people.

 $00:39:41.028 \longrightarrow 00:39:43.813$  Start having the tough conversations.

NOTE Confidence: 0.744007444

 $00:39:43.820 \longrightarrow 00:39:45.120$  Don't just say, well,

NOTE Confidence: 0.744007444

00:39:45.120 --> 00:39:48.348 you know what, I know it all.

NOTE Confidence: 0.744007444

 $00:39:48.350 \longrightarrow 00:39:50.018$  Is somebody missed?

NOTE Confidence: 0.744007444

 $00:39:50.018 \longrightarrow 00:39:53.354$  In their communication with their patient,

NOTE Confidence: 0.744007444

 $00:39:53.360 \longrightarrow 00:39:54.004$  they're wrong.

NOTE Confidence: 0.744007444

 $00:39:54.004 \longrightarrow 00:39:56.931$  And right now I think I think we all

NOTE Confidence: 0.744007444

 $00:39:56.931 \longrightarrow 00:39:59.865$  need to sort of do the hard work and be

NOTE Confidence: 0.744007444

 $00:39:59.865 \longrightarrow 00:40:02.217$  humble enough to understand our role.

NOTE Confidence: 0.744007444

 $00:40:02.220 \longrightarrow 00:40:05.125$  And that the only way that we're

NOTE Confidence: 0.744007444

 $00:40:05.125 \longrightarrow 00:40:07.724$  going to to achieve mitigating

NOTE Confidence: 0.744007444

 $00:40:07.724 \longrightarrow 00:40:11.480$  these biases is through hard work.

NOTE Confidence: 0.744007444

 $00{:}40{:}11.480 \dashrightarrow 00{:}40{:}13.844$  Some of the strategies that you

NOTE Confidence: 0.744007444

 $00:40:13.844 \longrightarrow 00:40:16.307$  can that you can adopt causing

NOTE Confidence: 0.744007444

 $00:40:16.307 \longrightarrow 00:40:19.121$  most of the times when I've or

00:40:19.121 --> 00:40:21.658 most of my mistakes have been.

NOTE Confidence: 0.744007444

 $00{:}40{:}21.660 \to 00{:}40{:}24.412$  When I don't take that pause and and

NOTE Confidence: 0.744007444

 $00:40:24.412 \longrightarrow 00:40:27.424$  try to reflect and say well what are

NOTE Confidence: 0.744007444

 $00:40:27.424 \longrightarrow 00:40:29.643$  what are we trying to accomplish here?

NOTE Confidence: 0.744007444

 $00:40:29.650 \longrightarrow 00:40:32.065$  Who else needs to come to the

NOTE Confidence: 0.744007444

 $00{:}40{:}32.065 \dashrightarrow 00{:}40{:}34.003$  table huddling with your with

NOTE Confidence: 0.744007444

 $00:40:34.003 \longrightarrow 00:40:36.068$  your team members not assuming.

$$\begin{split} & \text{NOTE Confidence: } 0.744007444 \\ & 00:40:36.070 --> 00:40:36.323 \text{ Well,} \end{split}$$

NOTE Confidence: 0.744007444

 $00{:}40{:}36.323 \dashrightarrow 00{:}40{:}37.841$  if they didn't give this patient

NOTE Confidence: 0.744007444

00:40:37.841 --> 00:40:39.629 a follow up appointment it means

NOTE Confidence: 0.744007444

 $00{:}40{:}39.629 \dashrightarrow 00{:}40{:}41.244$  they're wrong and we're right.

NOTE Confidence: 0.744007444

 $00:40:41.250 \longrightarrow 00:40:43.970$  No trying to get information.

NOTE Confidence: 0.744007444

 $00:40:43.970 \longrightarrow 00:40:46.670$  Who else needs to be at at the at the table?

NOTE Confidence: 0.744007444

 $00{:}40{:}46.670 \dashrightarrow 00{:}40{:}51.808$  Who else has information and always bringing.

NOTE Confidence: 0.744007444

 $00{:}40{:}51.810 \dashrightarrow 00{:}40{:}54.786$  Persons of trust and individuals who

NOTE Confidence: 0.744007444

 $00:40:54.786 \longrightarrow 00:40:58.672$  can help you build trust with the with

 $00:40:58.672 \longrightarrow 00:41:01.086$  the patient and plan communications,

NOTE Confidence: 0.744007444 00:41:01.086 --> 00:41:01.614 right?

NOTE Confidence: 0.744007444

00:41:01.614 --> 00:41:04.782 Just when you communicate with others,

NOTE Confidence: 0.744007444

 $00:41:04.790 \longrightarrow 00:41:07.278$  try to have a plan of who else

NOTE Confidence: 0.744007444

 $00:41:07.278 \longrightarrow 00:41:09.577$  should be there and what are

NOTE Confidence: 0.744007444

 $00:41:09.577 \longrightarrow 00:41:11.567$  some of the best practices.

NOTE Confidence: 0.744007444

00:41:11.570 --> 00:41:13.880 I like this slide because it.

NOTE Confidence: 0.744007444

 $00:41:13.880 \longrightarrow 00:41:17.448$  Breaks sort of our are some of the

NOTE Confidence: 0.744007444

 $00{:}41{:}17.448 \to 00{:}41{:}20.156$  strategies that we have to mitigate

NOTE Confidence: 0.744007444

 $00:41:20.156 \longrightarrow 00:41:22.242$  biases by organizational strategies.

NOTE Confidence: 0.744007444

00:41:22.242 --> 00:41:25.297 Individual strategies which you can

NOTE Confidence: 0.744007444

 $00:41:25.297 \longrightarrow 00:41:29.010$  do on your own, and some of these.

NOTE Confidence: 0.912516346896552

 $00{:}41{:}31.110 \dashrightarrow 00{:}41{:}33.456$  Strategies that include some of the

NOTE Confidence: 0.912516346896552

 $00:41:33.456 \longrightarrow 00:41:35.820$  ones at the level of institutions

NOTE Confidence: 0.912516346896552

 $00:41:35.820 \longrightarrow 00:41:38.708$  and some of the ones that you can

 $00:41:38.791 \longrightarrow 00:41:41.446$  that you can do on your on your own.

NOTE Confidence: 0.912516346896552

 $00:41:41.450 \longrightarrow 00:41:44.690$  But but you know I'll I'll end by

NOTE Confidence: 0.912516346896552

 $00:41:44.690 \longrightarrow 00:41:47.790$  saying many of us find ourselves

NOTE Confidence: 0.912516346896552

 $00:41:47.790 \longrightarrow 00:41:51.084$  struggling to talk about these concepts.

NOTE Confidence: 0.912516346896552

 $00{:}41{:}51.090 \dashrightarrow 00{:}41{:}55.106$  It's it's not easy to to talk about

NOTE Confidence: 0.912516346896552

00:41:55.110 --> 00:41:58.201 the impacts of race, ethnicity, racism.

NOTE Confidence: 0.912516346896552

 $00:41:58.201 \longrightarrow 00:42:00.456$  But it's important to have.

NOTE Confidence: 0.912516346896552

 $00:42:00.460 \longrightarrow 00:42:03.862$  These conversations and it's not until we

NOTE Confidence: 0.912516346896552

 $00{:}42{:}03.862 \dashrightarrow 00{:}42{:}07.668$  start doing that hard work first on our own,

NOTE Confidence: 0.912516346896552

00:42:07.670 --> 00:42:11.070 educating ourselves and having going

NOTE Confidence: 0.912516346896552

 $00{:}42{:}11.070 \dashrightarrow 00{:}42{:}14.470$  through that period of discomfort

NOTE Confidence: 0.912516346896552

 $00:42:14.570 \longrightarrow 00:42:17.480$  of talking about our mistakes and

NOTE Confidence: 0.912516346896552

 $00:42:17.480 \longrightarrow 00:42:21.858$  and how the ways that we can improve

NOTE Confidence: 0.912516346896552

 $00{:}42{:}21.858 \to 00{:}42{:}24.190$  and improving our knowledge.

NOTE Confidence: 0.82735948

 $00:42:26.630 \longrightarrow 00:42:30.662$  That that we then get to to ensue,

NOTE Confidence: 0.82735948

 $00:42:30.670 \longrightarrow 00:42:34.402$  change, read articles,

 $00:42:34.402 \longrightarrow 00:42:37.150$  watch documentaries, or.

NOTE Confidence: 0.82735948

 $00{:}42{:}37.150 --> 00{:}42{:}38.872$  You know as much as you

NOTE Confidence: 0.82735948

 $00:42:38.872 \longrightarrow 00:42:40.759$  can and and you know not.

NOTE Confidence: 0.82735948

00:42:40.760 --> 00:42:44.904 Be afraid to sort of say you're wrong.

NOTE Confidence: 0.82735948

 $00:42:44.910 \longrightarrow 00:42:48.460$  Apologize often.

NOTE Confidence: 0.82735948

 $00:42:48.460 \longrightarrow 00:42:53.656$  And in the end I think.

NOTE Confidence: 0.82735948

 $00:42:53.660 \longrightarrow 00:42:56.580$  We've learned a lot about

NOTE Confidence: 0.82735948

 $00{:}42{:}56.580 \dashrightarrow 00{:}42{:}58.916$  health inequities during COVID.

NOTE Confidence: 0.82735948

 $00:42:58.920 \longrightarrow 00:43:01.220$  COVID is still with us.

NOTE Confidence: 0.82735948

 $00:43:01.220 \longrightarrow 00:43:03.092$  There's going to be hopefully not

NOTE Confidence: 0.82735948

 $00:43:03.092 \longrightarrow 00:43:05.637$  as bad and not in the near future,

NOTE Confidence: 0.82735948

 $00:43:05.640 \longrightarrow 00:43:07.650$  but there will be other times

NOTE Confidence: 0.82735948

 $00:43:07.650 \longrightarrow 00:43:09.890$  when we will be challenged.

NOTE Confidence: 0.82735948

 $00:43:09.890 \longrightarrow 00:43:12.845$  By situations like what we've

NOTE Confidence: 0.82735948

 $00:43:12.845 \longrightarrow 00:43:15.968$  experienced in the last three years.

 $00:43:15.968 \longrightarrow 00:43:17.863$  So these challenges are going

NOTE Confidence: 0.82735948

 $00:43:17.863 \longrightarrow 00:43:19.669$  to continue to to occur.

NOTE Confidence: 0.82735948

 $00:43:19.670 \longrightarrow 00:43:22.491$  And I think this has been sort

NOTE Confidence: 0.82735948

 $00:43:22.491 \longrightarrow 00:43:26.159$  of a wake up call to for all of

NOTE Confidence: 0.82735948

00:43:26.159 --> 00:43:28.798 us to think about how prepared

NOTE Confidence: 0.82735948

 $00{:}43{:}28.798 \dashrightarrow 00{:}43{:}32.280$  are you and what are you going to

NOTE Confidence: 0.82735948

 $00{:}43{:}32.280 \dashrightarrow 00{:}43{:}34.310$  do when faced with challenges.

NOTE Confidence: 0.82735948

 $00:43:34.310 \longrightarrow 00:43:36.290$  Again, thank you very much.

NOTE Confidence: 0.82735948

 $00:43:36.290 \longrightarrow 00:43:41.375$  I'm going to apologize for my loud dog I.

NOTE Confidence: 0.82735948

00:43:41.380 --> 00:43:42.480 I didn't realize she would

NOTE Confidence: 0.82735948

 $00:43:42.480 \longrightarrow 00:43:43.360$  be barking so much,

NOTE Confidence: 0.82735948

 $00:43:43.360 \longrightarrow 00:43:45.640$  but it's been a pleasure and

NOTE Confidence: 0.82735948

00:43:45.640 --> 00:43:48.120 if you have any questions I'd

NOTE Confidence: 0.82735948

 $00:43:48.120 \longrightarrow 00:43:50.320$  be happy to to answer them.

NOTE Confidence: 0.84842436

00:43:52.760 --> 00:43:54.560 Thank you so much, Dean Vasquez,

NOTE Confidence: 0.84842436

 $00{:}43{:}54.560 \dashrightarrow 00{:}43{:}59.920$  for that incredible talk. It's just.

 $00:43:59.920 \longrightarrow 00:44:01.964$  Incredible to me how much reflection and

NOTE Confidence: 0.84842436

 $00{:}44{:}01.964 \dashrightarrow 00{:}44{:}04.213$  teamwork and being able to learn from each

NOTE Confidence: 0.84842436

00:44:04.213 --> 00:44:06.128 other and just staying humble can make

NOTE Confidence: 0.84842436

00:44:06.128 --> 00:44:08.053 such a huge difference in people's lives.

NOTE Confidence: 0.84842436

 $00:44:08.060 \longrightarrow 00:44:10.844$  So thank you so much for sharing that.

NOTE Confidence: 0.84842436

00:44:10.850 --> 00:44:12.880 And about the dog, I think she's

NOTE Confidence: 0.84842436

 $00:44:12.880 \longrightarrow 00:44:14.882$  adorable and very sweet and never need

NOTE Confidence: 0.84842436

 $00:44:14.882 \longrightarrow 00:44:17.009$  to a pologize for a dog in my book.

NOTE Confidence: 0.84842436

00:44:17.010 --> 00:44:20.030 So. But that being said,

NOTE Confidence: 0.84842436

 $00:44:20.030 \longrightarrow 00:44:20.828$  disclosure statement,

NOTE Confidence: 0.84842436

 $00:44:20.828 \longrightarrow 00:44:24.020$  I have my own dog that also decides

NOTE Confidence: 0.84842436

 $00:44:24.096 \longrightarrow 00:44:26.544$  that she when she wants to bark so.

NOTE Confidence: 0.84842436

 $00:44:26.550 \longrightarrow 00:44:28.650$  If any body has any questions,

NOTE Confidence: 0.84842436

 $00:44:28.650 \longrightarrow 00:44:30.612$  please feel free to put them in the chat.

NOTE Confidence: 0.86476507875

 $00:44:32.690 \longrightarrow 00:44:34.906$  There is a question and answer option and

 $00:44:34.906 \longrightarrow 00:44:37.486$  we can go through them with Dean Vasquez.

NOTE Confidence: 0.870043951111111

00:44:43.090 --> 00:44:45.943 Or if we'll give it another minute or so,

NOTE Confidence: 0.870043951111111

 $00:44:45.950 \longrightarrow 00:44:48.526$  but if nobody has any other questions,

NOTE Confidence: 0.870043951111111

 $00:44:48.530 \longrightarrow 00:44:50.553$  I just want to thank Dean Vasquez

NOTE Confidence: 0.870043951111111

 $00:44:50.553 \longrightarrow 00:44:52.594$  incredibly much for her time and all

NOTE Confidence: 0.870043951111111

 $00{:}44{:}52.594 \dashrightarrow 00{:}44{:}54.262$  the incredible work that she does.

NOTE Confidence: 0.870043951111111

 $00:44:54.270 \longrightarrow 00:44:56.710$  This has been a great way to continue

NOTE Confidence: 0.870043951111111

 $00:44:56.710 \longrightarrow 00:44:59.872$  our MSN perspectives, which our theme

NOTE Confidence: 0.870043951111111

 $00:44:59.872 \longrightarrow 00:45:03.076$  is equity and inclusion and access.

NOTE Confidence: 0.870043951111111

 $00:45:03.080 \longrightarrow 00:45:05.271$  And so this is a just another

NOTE Confidence: 0.8700439511111111

 $00{:}45{:}05.271 \dashrightarrow 00{:}45{:}07.149$  great opportunity to hear from you.

NOTE Confidence: 0.870043951111111

 $00:45:07.150 \longrightarrow 00:45:09.028$  All right, we do have one.

NOTE Confidence: 0.870043951111111

 $00:45:09.030 \longrightarrow 00:45:10.465$  What did it take to connect the

NOTE Confidence: 0.8700439511111111

 $00:45:10.465 \longrightarrow 00:45:11.840$  patient to all the specialists?

NOTE Confidence: 0.888228532857143

 $00:45:14.540 \longrightarrow 00:45:17.760$  Well, that's a that's a good question.

NOTE Confidence: 0.888228532857143

 $00:45:17.760 \longrightarrow 00:45:21.365$  In the era of electronic medical records,

00:45:21.370 --> 00:45:25.186 you can request new appointments,

NOTE Confidence: 0.888228532857143

 $00{:}45{:}25.186 \dashrightarrow 00{:}45{:}29.470$  but I'm a little bit old school.

NOTE Confidence: 0.888228532857143

 $00:45:29.470 \longrightarrow 00:45:32.450$  I. Looking at the patient,

NOTE Confidence: 0.888228532857143

 $00:45:32.450 \longrightarrow 00:45:35.033$  obviously you're going to you know take

NOTE Confidence: 0.888228532857143

 $00:45:35.033 \longrightarrow 00:45:38.429$  care of of the patient then and there.

NOTE Confidence: 0.888228532857143

00:45:38.430 --> 00:45:42.238 I was very concerned about his heart and

NOTE Confidence: 0.888228532857143

 $00:45:42.238 \longrightarrow 00:45:46.059$  his lungs so I picked up the phone and.

NOTE Confidence: 0.888228532857143

 $00:45:46.060 \longrightarrow 00:45:47.575$  I looked online to see

NOTE Confidence: 0.888228532857143

 $00:45:47.575 \longrightarrow 00:45:49.540$  who was who was on call.

NOTE Confidence: 0.888228532857143

 $00:45:49.540 \longrightarrow 00:45:51.228$  Um, and I directly.

NOTE Confidence: 0.888228532857143

 $00{:}45{:}51.228 \to 00{:}45{:}52.916$  I used my resources.

NOTE Confidence: 0.888228532857143

 $00{:}45{:}52.920 \dashrightarrow 00{:}45{:}56.335$  I called directly attendings and

NOTE Confidence: 0.888228532857143

 $00{:}45{:}56.335 \dashrightarrow 00{:}46{:}00.220$  fellows to try to advocate so.

NOTE Confidence: 0.888228532857143

 $00{:}46{:}00.220 \to 00{:}46{:}04.504$  So I think youth resources that you

NOTE Confidence: 0.888228532857143

 $00:46:04.504 \longrightarrow 00:46:07.656$  have in hand, don't be afraid to

00:46:07.656 --> 00:46:10.440 pick up the phone and talk to people.

NOTE Confidence: 0.888228532857143

 $00:46:10.440 \longrightarrow 00:46:13.542$  This was back at the time

NOTE Confidence: 0.888228532857143

 $00:46:13.542 \longrightarrow 00:46:15.124$  when the only faculty member,

NOTE Confidence: 0.888228532857143

 $00:46:15.124 \longrightarrow 00:46:16.454$  so the only physicians in

NOTE Confidence: 0.888228532857143

 $00:46:16.454 \longrightarrow 00:46:17.760$  the hospital were those.

NOTE Confidence: 0.888228532857143

00:46:17.760 --> 00:46:19.720 Call people will not in their offices.

NOTE Confidence: 0.888228532857143

00:46:19.720 --> 00:46:22.480 Before I could have just walked

NOTE Confidence: 0.888228532857143

 $00:46:22.480 \longrightarrow 00:46:26.240$  up to somebody's office so.

NOTE Confidence: 0.888228532857143

00:46:26.240 --> 00:46:28.898 So reaching out and and pleading

NOTE Confidence: 0.888228532857143

 $00:46:28.898 \longrightarrow 00:46:32.198$  the case it wasn't you know a

NOTE Confidence: 0.888228532857143

 $00{:}46{:}32.198 \dashrightarrow 00{:}46{:}35.066$  lengthy explanation but if you can

NOTE Confidence: 0.888228532857143

 $00:46:35.066 \longrightarrow 00:46:37.590$  summarize the case in A2 liner

NOTE Confidence: 0.888228532857143

00:46:37.590 --> 00:46:39.923 a child post COVID who's working

NOTE Confidence: 0.888228532857143

 $00:46:39.923 \longrightarrow 00:46:42.534$  hard to breathe and I think may

NOTE Confidence: 0.888228532857143

 $00:46:42.534 \longrightarrow 00:46:44.269$  have restrictive lung disease post

NOTE Confidence: 0.888228532857143

 $00:46:44.269 \longrightarrow 00:46:46.859$  COVID or who I think may may have

 $00:46:46.859 \longrightarrow 00:46:49.097$  you know congestive heart failure I

NOTE Confidence: 0.888228532857143

 $00:46:49.097 \longrightarrow 00:46:51.740$  need this child to be to be seen.

NOTE Confidence: 0.888228532857143

 $00:46:51.740 \longrightarrow 00:46:54.348$  So that was sort of the SOS and

NOTE Confidence: 0.888228532857143

 $00:46:54.348 \longrightarrow 00:46:57.199$  that was my approach in in sort of.

NOTE Confidence: 0.888228532857143

00:46:57.200 --> 00:46:59.564 Because I have I'm lucky enough

NOTE Confidence: 0.888228532857143

 $00:46:59.564 \longrightarrow 00:47:02.219$  to have the resources I use them

NOTE Confidence: 0.888228532857143

 $00:47:02.219 \longrightarrow 00:47:04.557$  to advocate for my for my patients

NOTE Confidence: 0.888228532857143

 $00{:}47{:}04.639 \dashrightarrow 00{:}47{:}07.019$  and and then it's follow up.

NOTE Confidence: 0.888228532857143

 $00{:}47{:}07.020 \dashrightarrow 00{:}47{:}10.452$  So it's not just making those

NOTE Confidence: 0.888228532857143

 $00:47:10.452 \longrightarrow 00:47:15.278$  appointments it was. Letting the mother know.

NOTE Confidence: 0.888228532857143

00:47:15.280 --> 00:47:16.944 I know every time you come here you

NOTE Confidence: 0.888228532857143

 $00{:}47{:}16.944 \dashrightarrow 00{:}47{:}18.860$  see a different provider because that

NOTE Confidence: 0.888228532857143

 $00{:}47{:}18.860 \dashrightarrow 00{:}47{:}20.960$  that's the reality that happens, right.

NOTE Confidence: 0.888228532857143

 $00{:}47{:}20.960 \dashrightarrow 00{:}47{:}22.410$  We're not in private practice

NOTE Confidence: 0.888228532857143

 $00:47:22.410 \longrightarrow 00:47:24.360$  and with a solo practitioner,

00:47:24.360 --> 00:47:26.380 but making the connecting,

NOTE Confidence: 0.888228532857143

 $00{:}47{:}26.380 \dashrightarrow 00{:}47{:}28.905$  making the connection and making

NOTE Confidence: 0.888228532857143

 $00:47:28.905 \longrightarrow 00:47:30.380$  the commitment.

NOTE Confidence: 0.888228532857143

 $00:47:30.380 \longrightarrow 00:47:32.522$  So I asked her if it was OK for

NOTE Confidence: 0.888228532857143

 $00:47:32.522 \longrightarrow 00:47:33.680$  me to have her,

NOTE Confidence: 0.888228532857143

00:47:33.680 --> 00:47:35.906 her Direct Line and I told her

NOTE Confidence: 0.888228532857143

 $00:47:35.906 \longrightarrow 00:47:38.179$  I'm not in clinic tomorrow,

NOTE Confidence: 0.888228532857143

 $00{:}47{:}38.180 \dashrightarrow 00{:}47{:}40.385$  but I will call you tomorrow because

NOTE Confidence: 0.888228532857143

 $00:47:40.385 \longrightarrow 00:47:43.120$  I want to know did they call you

NOTE Confidence: 0.888228532857143

 $00:47:43.120 \longrightarrow 00:47:45.180$  to give you the appointment and.

NOTE Confidence: 0.888228532857143

 $00{:}47{:}45.180 \dashrightarrow 00{:}47{:}47.357$  And and using that and then

NOTE Confidence: 0.888228532857143

 $00:47:47.357 \longrightarrow 00:47:50.026$  you know you can't be the one

NOTE Confidence: 0.888228532857143

00:47:50.026 --> 00:47:52.106 following up with every appointment,

NOTE Confidence: 0.888228532857143

 $00:47:52.110 \longrightarrow 00:47:54.234$  but then relaying the message to

NOTE Confidence: 0.888228532857143

 $00:47:54.234 \longrightarrow 00:47:56.799$  those involved trying to work as a

NOTE Confidence: 0.888228532857143

 $00{:}47{:}56.799 \dashrightarrow 00{:}47{:}58.599$  team and sending messages through

00:47:58.599 --> 00:48:00.398 the electronic medical record or

NOTE Confidence: 0.888228532857143

00:48:00.398 --> 00:48:02.414 one-on-one to those who I knew

NOTE Confidence: 0.888228532857143

 $00:48:02.414 \longrightarrow 00:48:06.250$  would see him and say.

NOTE Confidence: 0.888228532857143

 $00:48:06.250 \longrightarrow 00:48:07.426$  Follow up is important.

NOTE Confidence: 0.888228532857143

00:48:07.426 --> 00:48:09.704 If the patient doesn't show up, I want

NOTE Confidence: 0.888228532857143

 $00:48:09.704 \longrightarrow 00:48:12.369$  to know and and you and you let me know.

NOTE Confidence: 0.888228532857143

 $00:48:12.370 \longrightarrow 00:48:14.160$  It's difficult.

NOTE Confidence: 0.924977731

 $00:48:16.450 \longrightarrow 00:48:19.570$  Because so much more of our

NOTE Confidence: 0.924977731

 $00{:}48{:}19.570 \dashrightarrow 00{:}48{:}22.588$  communication is electronic and you know,

NOTE Confidence: 0.924977731

 $00:48:22.588 \longrightarrow 00:48:25.402$  work hours with the work hour

NOTE Confidence: 0.924977731

 $00{:}48{:}25.402 \dashrightarrow 00{:}48{:}26.870$  limitations especially in in.

NOTE Confidence: 0.924977731

 $00:48:26.870 \longrightarrow 00:48:29.350$  Training institutions where residents

NOTE Confidence: 0.924977731

 $00:48:29.350 \longrightarrow 00:48:33.302$  can't be on for long periods of time,

NOTE Confidence: 0.924977731

 $00:48:33.302 \longrightarrow 00:48:35.510$  then there's a lot of turnover

NOTE Confidence: 0.924977731

 $00:48:35.587 \longrightarrow 00:48:37.542$  and we need to, I think,

 $00:48:37.542 \longrightarrow 00:48:40.218$  work harder to ensure that the

NOTE Confidence: 0.924977731

 $00{:}48{:}40.218 \dashrightarrow 00{:}48{:}43.350$  sign out contains some of these.

NOTE Confidence: 0.924977731

00:48:43.350 --> 00:48:45.138 You know, the.

NOTE Confidence: 0.924977731

 $00:48:45.140 \longrightarrow 00:48:46.631$  The message is that we want to

NOTE Confidence: 0.924977731

 $00:48:46.631 \longrightarrow 00:48:47.972$  relay not only what medication

NOTE Confidence: 0.924977731

 $00:48:47.972 \longrightarrow 00:48:49.268$  this patient should have,

NOTE Confidence: 0.924977731

 $00:48:49.270 \longrightarrow 00:48:50.734$  but please make sure that this

NOTE Confidence: 0.924977731

00:48:50.734 --> 00:48:52.400 patient is not lost to follow up.

NOTE Confidence: 0.8919092325

 $00:48:58.400 \longrightarrow 00:49:01.968$  Thank you so much. Any other last questions?

NOTE Confidence: 0.83292994125

 $00:49:07.190 \longrightarrow 00:49:08.084$  Alright. Well,

NOTE Confidence: 0.83292994125

 $00:49:08.084 \longrightarrow 00:49:10.766$  thank you very much Dean Vasquez.

NOTE Confidence: 0.83292994125

 $00{:}49{:}10.770 \longrightarrow 00{:}49{:}12.885$  We really appreciate your time

NOTE Confidence: 0.83292994125

 $00:49:12.885 \longrightarrow 00:49:15.000$  and sharing this incredible story

NOTE Confidence: 0.83292994125

 $00{:}49{:}15.066 \dashrightarrow 00{:}49{:}17.145$  and I hope every body has a great

NOTE Confidence: 0.83292994125

 $00:49:17.145 \longrightarrow 00:49:19.000$  rest of your day. Thank you.