## WEBVTT

NOTE duration: "01:26:01.3050000"

NOTE language:en-us

NOTE Confidence: 0.799718737602234

 $00:00:00.000 \longrightarrow 00:00:01.670$  Thank you for joining us.

NOTE Confidence: 0.799718737602234

 $00:00:01.670 \longrightarrow 00:00:03.340$  My name is mark material.

NOTE Confidence: 0.799718737602234

 $00:00:03.340 \longrightarrow 00:00:05.326$  I likely know most of you.

NOTE Confidence: 0.799718737602234

 $00{:}00{:}05.330 \dashrightarrow 00{:}07.454$  I'm the director of the program

NOTE Confidence: 0.799718737602234

 $00{:}00{:}07.454 \dashrightarrow 00{:}00{:}09.551$  for Biomedical Ethics and I want

NOTE Confidence: 0.799718737602234

00:00:09.551 --> 00:00:11.381 to welcome you tonight on behalf

NOTE Confidence: 0.799718737602234

 $00{:}00{:}11.381 \dashrightarrow 00{:}00{:}13.668$  of myself as well as the Associate

NOTE Confidence: 0.799718737602234

00:00:13.668 --> 00:00:15.954 Director is Jack Hughes and Serra Hall.

NOTE Confidence: 0.799718737602234

 $00{:}00{:}15.954 \dashrightarrow 00{:}00{:}17.946$  In our program manager Karen comb.

NOTE Confidence: 0.799718737602234

00:00:17.950 --> 00:00:20.380 And thank you, Karen for organizing

NOTE Confidence: 0.799718737602234

 $00:00:20.380 \longrightarrow 00:00:22.000$  this this session to night.

NOTE Confidence: 0.799718737602234

 $00:00:22.000 \longrightarrow 00:00:24.366$  Tonight is A is a special session

NOTE Confidence: 0.799718737602234

 $00:00:24.366 \longrightarrow 00:00:26.987$  for us because we've got a colleague

NOTE Confidence: 0.799718737602234

00:00:26.987 --> 00:00:28.902 all the way from Australia.

 $00:00:28.910 \longrightarrow 00:00:31.078$  And she actually flew all the way to

NOTE Confidence: 0.799718737602234

 $00{:}00{:}31.078 \dashrightarrow 00{:}00{:}33.483$  New Haven is in a studio right outside

NOTE Confidence: 0.799718737602234

 $00{:}00{:}33.483 \dashrightarrow 00{:}00{:}35.635$  my office just because she wanted to

NOTE Confidence: 0.799718737602234

00:00:35.635 --> 00:00:37.700 really make sure she got this right.

NOTE Confidence: 0.799718737602234

00:00:37.700 --> 00:00:39.458 That's first, I'll tell you tonight.

NOTE Confidence: 0.799718737602234

00:00:39.460 --> 00:00:41.892 Trish's got a very early in the morning

NOTE Confidence: 0.799718737602234

 $00:00:41.892 \longrightarrow 00:00:44.145$  in Melbourne so she could speak with us.

NOTE Confidence: 0.799718737602234

 $00{:}00{:}44.150 \dashrightarrow 00{:}00{:}45.362$  Delighted, introduce to night's guest.

NOTE Confidence: 0.799718737602234

 $00{:}00{:}45.362 \to 00{:}00{:}47.960$  I would tell you before I do that though.

NOTE Confidence: 0.799718737602234

 $00:00:47.960 \longrightarrow 00:00:49.598$  Just to remind you that how

NOTE Confidence: 0.799718737602234

00:00:49.598 --> 00:00:51.180 this will kind of layout,

NOTE Confidence: 0.799718737602234

 $00:00:51.180 \longrightarrow 00:00:52.344$  which is to say,

NOTE Confidence: 0.799718737602234

 $00{:}00{:}52.344 \dashrightarrow 00{:}00{:}53.799$  doctor premise will speak for

NOTE Confidence: 0.799718737602234

 $00:00:53.799 \longrightarrow 00:00:54.988$  45 minutes or so.

NOTE Confidence: 0.799718737602234

 $00:00:54.990 \longrightarrow 00:00:56.748$  After that we'll have a conversation.

00:00:56.750 --> 00:00:58.265 I will moderate the question

NOTE Confidence: 0.799718737602234

 $00:00:58.265 \longrightarrow 00:00:59.174$  and answer session.

NOTE Confidence: 0.799718737602234

 $00:00:59.180 \longrightarrow 00:01:00.580$  Bring up subjects for

NOTE Confidence: 0.799718737602234

 $00:01:00.580 \longrightarrow 00:01:01.980$  conversation as you like.

NOTE Confidence: 0.799718737602234

 $00{:}01{:}01{:}01{.}980 \dashrightarrow 00{:}01{:}04{.}536$  Please do chime in on the Q and a

NOTE Confidence: 0.799718737602234

 $00:01:04.536 \longrightarrow 00:01:06.770$  portion of the zoom function an we

NOTE Confidence: 0.799718737602234

 $00{:}01{:}06.770 \dashrightarrow 00{:}01{:}09.047$  will and will give Doctor Prentice

NOTE Confidence: 0.799718737602234

 $00:01:09.047 \longrightarrow 00:01:11.427$  chance to answer your questions.

NOTE Confidence: 0.799718737602234

 $00{:}01{:}11.430 --> 00{:}01{:}14.220$  We do have a hard stop at 6:30 and so

NOTE Confidence: 0.799718737602234

00:01:14.301 --> 00:01:17.261 my apologies to the person that was a

NOTE Confidence: 0.799718737602234

00:01:17.261 --> 00:01:19.617 really good question at 6:29 because

NOTE Confidence: 0.799718737602234

00:01:19.617 --> 00:01:22.582 at 6:29 I will be wrapping it up,

NOTE Confidence: 0.799718737602234

 $00:01:22.582 \longrightarrow 00:01:24.538$  but we've got plenty of time

NOTE Confidence: 0.799718737602234

 $00{:}01{:}24.538 \dashrightarrow 00{:}01{:}26.479$  now for a great session,

NOTE Confidence: 0.799718737602234

 $00:01:26.480 \longrightarrow 00:01:28.592$  so I want to introduce you

NOTE Confidence: 0.799718737602234

 $00:01:28.592 \longrightarrow 00:01:29.648$  to Doctor Prentice.

00:01:29.650 --> 00:01:31.170 Doctor Trish Apprentice is in

NOTE Confidence: 0.799718737602234

 $00{:}01{:}31.170 \dashrightarrow 00{:}01{:}33.121$  Unitologist in bioethicist at the Royal

NOTE Confidence: 0.799718737602234

00:01:33.121 --> 00:01:34.629 Children's Hospital in Melbourne,

NOTE Confidence: 0.799718737602234 00:01:34.630 --> 00:01:34.967 Australia. NOTE Confidence: 0.799718737602234

 $00:01:34.967 \longrightarrow 00:01:36.989$  I had the privilege of meeting

NOTE Confidence: 0.799718737602234

 $00:01:36.989 \longrightarrow 00:01:39.389$  her when I was there a couple

NOTE Confidence: 0.799718737602234

00:01:39.389 --> 00:01:41.369 years back and I've been wanting

NOTE Confidence: 0.799718737602234

 $00:01:41.443 \longrightarrow 00:01:43.255$  to get over here ever since.

NOTE Confidence: 0.799718737602234

 $00:01:43.260 \longrightarrow 00:01:44.920$  She's particularly interested in factors

NOTE Confidence: 0.799718737602234

 $00:01:44.920 \longrightarrow 00:01:46.580$  that influence shared decision making.

NOTE Confidence: 0.799718737602234

 $00:01:46.580 \longrightarrow 00:01:48.841$  She has a Masters degree in bioethics

NOTE Confidence: 0.799718737602234

00:01:48.841 --> 00:01:50.569 from Monash University in Australia,

NOTE Confidence: 0.799718737602234

 $00:01:50.570 \longrightarrow 00:01:52.178$  and her PhD from the University

NOTE Confidence: 0.799718737602234

 $00:01:52.178 \longrightarrow 00:01:53.707$  of Melbourne for PhD dissertation

NOTE Confidence: 0.799718737602234

 $00:01:53.707 \longrightarrow 00:01:55.717$  examine the moral distress of

 $00:01:55.717 \longrightarrow 00:01:57.325$  healthcare professionals caring for

NOTE Confidence: 0.799718737602234

 $00{:}01{:}57.382 \dashrightarrow 00{:}01{:}59.266$  extremely pre term babies with in

NOTE Confidence: 0.799718737602234

 $00:01:59.266 \longrightarrow 00:02:00.803$  the neonatal intensive care unit.

NOTE Confidence: 0.799718737602234

 $00:02:00.803 \longrightarrow 00:02:02.168$  Doctor Prentice serves on the

NOTE Confidence: 0.799718737602234

 $00:02:02.168 \longrightarrow 00:02:03.596$  clinical in Human Research Ethics

NOTE Confidence: 0.799718737602234

00:02:03.596 --> 00:02:05.046 Committees at the Royal Children's

NOTE Confidence: 0.799718737602234

 $00:02:05.046 \longrightarrow 00:02:06.563$  Hospital and is involved in

NOTE Confidence: 0.799718737602234

 $00:02:06.563 \longrightarrow 00:02:07.475$  developing statewide guidelines

NOTE Confidence: 0.799718737602234

 $00:02:07.475 \longrightarrow 00:02:09.299$  for management of pre term babies.

NOTE Confidence: 0.799718737602234

 $00:02:09.300 \longrightarrow 00:02:10.926$  Born at the edge of viability,

NOTE Confidence: 0.799718737602234

 $00:02:10.930 \longrightarrow 00:02:12.708$  something that I don't think we've talked

NOTE Confidence: 0.799718737602234

00:02:12.708 --> 00:02:14.448 about in this group very recently,

NOTE Confidence: 0.799718737602234

 $00:02:14.450 \longrightarrow 00:02:16.060$  but something that are only

NOTE Confidence: 0.799718737602234

 $00{:}02{:}16.060 \dashrightarrow 00{:}02{:}17.670$  an intelligent group is very

NOTE Confidence: 0.799718737602234

 $00:02:17.729 \longrightarrow 00:02:19.565$  involved in the past six months.

NOTE Confidence: 0.799718737602234

 $00:02:19.570 \longrightarrow 00:02:21.180$  She enjoys traveling with family

 $00:02:21.180 \longrightarrow 00:02:23.132$  and someday she's kind of come

NOTE Confidence: 0.799718737602234

 $00:02:23.132 \longrightarrow 00:02:25.113$  here in person with her family and

NOTE Confidence: 0.799718737602234

 $00:02:25.113 \longrightarrow 00:02:26.849$  we're going to have a great day.

NOTE Confidence: 0.799718737602234 00:02:26.850 --> 00:02:27.140 Then. NOTE Confidence: 0.799718737602234

 $00:02:27.140 \longrightarrow 00:02:28.300$  In the mean time,

NOTE Confidence: 0.799718737602234

 $00:02:28.300 \longrightarrow 00:02:29.955$  I'm extremely grateful for doctor

NOTE Confidence: 0.799718737602234

 $00:02:29.955 \longrightarrow 00:02:31.610$  apprentice for making the time

NOTE Confidence: 0.799718737602234

 $00{:}02{:}31.671 \dashrightarrow 00{:}02{:}33.302$  in preparing this talk for us and

NOTE Confidence: 0.799718737602234

 $00:02:33.302 \longrightarrow 00:02:34.990$  I thank you all for attending.

NOTE Confidence: 0.799718737602234

 $00{:}02{:}34.990 \dashrightarrow 00{:}02{:}37.069$  And with that I turn it over to doctor

NOTE Confidence: 0.799718737602234

 $00{:}02{:}37.069 \dashrightarrow 00{:}02{:}38.778$  Trish Apprentice Doctor Prentice.

NOTE Confidence: 0.898718774318695

00:02:39.520 --> 00:02:41.468 Thanks very much Mark.

NOTE Confidence: 0.898718774318695

00:02:41.468 --> 00:02:44.390 I'm just going to try and

NOTE Confidence: 0.898718774318695

00:02:44.497 --> 00:02:47.237 bring up my slides quickly.

NOTE Confidence: 0.898718774318695

 $00:02:47.240 \longrightarrow 00:02:52.840$  One of us will get an odd that

00:02:52.840 --> 00:02:56.234 there appearing OK, doesn't matter

NOTE Confidence: 0.898718774318695

 $00{:}02{:}56.234 \to 00{:}03{:}00.386$  how many times you practice soon.

NOTE Confidence: 0.898718774318695

 $00:03:00.390 \longrightarrow 00:03:08.110$  It seems to always be a bit slow in reality.

NOTE Confidence: 0.898718774318695

 $00:03:08.110 \longrightarrow 00:03:10.150$  That looks good.

NOTE Confidence: 0.898718774318695

 $00:03:10.150 \longrightarrow 00:03:11.725$  Fantastic so it is wonderful

NOTE Confidence: 0.898718774318695

 $00:03:11.725 \longrightarrow 00:03:13.917$  to be here today even if it

NOTE Confidence: 0.898718774318695

 $00:03:13.917 \longrightarrow 00:03:15.856$  is only just in a virtual form

NOTE Confidence: 0.898718774318695

 $00:03:15.856 \longrightarrow 00:03:17.710$  sitting outside of marks office.

NOTE Confidence: 0.898718774318695

 $00{:}03{:}17.710 \dashrightarrow 00{:}03{:}19.435$  This is an absolutely wonderful

NOTE Confidence: 0.898718774318695

00:03:19.435 --> 00:03:21.160 program that you've put together

NOTE Confidence: 0.898718774318695

 $00{:}03{:}21.220 \dashrightarrow 00{:}03{:}23.411$  on your teams put together and I've

NOTE Confidence: 0.898718774318695

 $00:03:23.411 \longrightarrow 00:03:24.956$  been really encouraged by checking

NOTE Confidence: 0.898718774318695

 $00{:}03{:}24.956 \dashrightarrow 00{:}03{:}26.881$  out some of the last recorded talks

NOTE Confidence: 0.898718774318695

 $00:03:26.881 \longrightarrow 00:03:28.744$  and seeing that there's been a bit

NOTE Confidence: 0.898718774318695

 $00:03:28.744 \longrightarrow 00:03:30.973$  of a common thread of learning from

NOTE Confidence: 0.898718774318695

 $00:03:30.973 \longrightarrow 00:03:32.828$  history to hopefully improve humanity.

 $00:03:32.830 \longrightarrow 00:03:35.198$  And it's a thread that I hope to

NOTE Confidence: 0.898718774318695

 $00{:}03{:}35.198 \dashrightarrow 00{:}03{:}37.867$  kind of pick up a little bit today.

NOTE Confidence: 0.898718774318695

 $00:03:37.870 \longrightarrow 00:03:39.675$  Certainly reminds me of the

NOTE Confidence: 0.898718774318695

 $00:03:39.675 \longrightarrow 00:03:40.758$  sentiment by Kohlbecker.

NOTE Confidence: 0.898718774318695

 $00:03:40.760 \longrightarrow 00:03:43.010$  He said the value of history

NOTE Confidence: 0.898718774318695

00:03:43.010 --> 00:03:44.510 is indeed not scientific,

NOTE Confidence: 0.898718774318695

 $00:03:44.510 \longrightarrow 00:03:46.410$  but moral by liberalizing the

NOTE Confidence: 0.898718774318695

 $00:03:46.410 \longrightarrow 00:03:48.310$  minds by deepening the sympathies

NOTE Confidence: 0.898718774318695

 $00:03:48.372 \longrightarrow 00:03:49.760$  by fortifying the will.

NOTE Confidence: 0.898718774318695

 $00:03:49.760 \longrightarrow 00:03:51.640$  It enables us to control,

NOTE Confidence: 0.898718774318695

 $00:03:51.640 \longrightarrow 00:03:53.136$  not society by ourselves.

NOTE Confidence: 0.898718774318695

00:03:53.136 --> 00:03:55.006 A much more important thing.

NOTE Confidence: 0.898718774318695

 $00{:}03{:}55.010 \dashrightarrow 00{:}03{:}57.764$  It prepares us to live more

NOTE Confidence: 0.898718774318695

00:03:57.764 --> 00:04:00.612 humanely in the present and meat

NOTE Confidence: 0.898718774318695

 $00:04:00.612 \longrightarrow 00:04:03.378$  rather than for tell the future.

00:04:03.380 --> 00:04:05.288 So it has talked to Mercurio,

NOTE Confidence: 0.898718774318695

 $00{:}04{:}05.290 \dashrightarrow 00{:}04{:}07.530$  said my role is primarily as in the

NOTE Confidence: 0.898718774318695

 $00:04:07.530 \longrightarrow 00:04:09.739$  intelligence at the road Children's Hospital.

NOTE Confidence: 0.898718774318695

 $00:04:09.740 \longrightarrow 00:04:11.980$  And so I'm going to talk about moral

NOTE Confidence: 0.898718774318695

 $00:04:11.980 \longrightarrow 00:04:13.559$  distress from that perspective.

NOTE Confidence: 0.898718774318695

00:04:13.560 --> 00:04:16.044 As in the in Tala just sharing some of

NOTE Confidence: 0.898718774318695

 $00:04:16.044 \longrightarrow 00:04:18.957$  my own research that mark alluded to now.

NOTE Confidence: 0.898718774318695

00:04:18.960 --> 00:04:20.941 I want to also acknowledge that the

NOTE Confidence: 0.898718774318695

 $00:04:20.941 \longrightarrow 00:04:22.914$  majority of moral distress has been

NOTE Confidence: 0.898718774318695

00:04:22.914 --> 00:04:24.684 written from a nursing perspective,

NOTE Confidence: 0.898718774318695

 $00{:}04{:}24.690 \dashrightarrow 00{:}04{:}26.909$  and there's been good reason for this.

NOTE Confidence: 0.898718774318695

 $00:04:26.910 \longrightarrow 00:04:28.500$  But in my comments today,

NOTE Confidence: 0.898718774318695

 $00:04:28.500 \longrightarrow 00:04:30.676$  I don't wanna in anyway take away from

NOTE Confidence: 0.898718774318695

 $00:04:30.676 \longrightarrow 00:04:32.638$  the lived experiences from others,

NOTE Confidence: 0.898718774318695

 $00:04:32.640 \longrightarrow 00:04:33.704$  and I wish to.

NOTE Confidence: 0.898718774318695

 $00{:}04{:}33.704 \dashrightarrow 00{:}04{:}35.300$  Express my gratitude to those who

 $00:04:35.363 \longrightarrow 00:04:37.498$  have gone before me and have really

NOTE Confidence: 0.898718774318695

 $00:04:37.498 \longrightarrow 00:04:39.184$  grown and developed our understanding

NOTE Confidence: 0.898718774318695

 $00{:}04{:}39.184 \dashrightarrow 00{:}04{:}41.308$  of the concept of moral distress.

NOTE Confidence: 0.898718774318695 00:04:41.310 --> 00:04:42.507 I do hope, NOTE Confidence: 0.898718774318695 00:04:42.507 --> 00:04:42.906 however, NOTE Confidence: 0.898718774318695

 $00:04:42.906 \longrightarrow 00:04:45.832$  that my perspectives will serve to kind

NOTE Confidence: 0.898718774318695

 $00:04:45.832 \longrightarrow 00:04:48.122$  of broaden the discussion discussion

NOTE Confidence: 0.898718774318695

00:04:48.122 --> 00:04:51.360 and not detract from discussion anyway.

NOTE Confidence: 0.898718774318695 00:04:51.360 --> 00:04:52.953 It's a kiss, NOTE Confidence: 0.898718774318695

 $00{:}04{:}52.953 \dashrightarrow 00{:}04{:}55.077$  almost undeniable that COVID-19

NOTE Confidence: 0.898718774318695

00:04:55.077 --> 00:04:57.447 has significantly impact or change

NOTE Confidence: 0.898718774318695

 $00:04:57.447 \longrightarrow 00:04:59.523$  the world that we live in.

NOTE Confidence: 0.898718774318695

 $00{:}04{:}59.530 \dashrightarrow 00{:}05{:}01.366$  The rapid evolution of the crisis

NOTE Confidence: 0.898718774318695

 $00:05:01.366 \longrightarrow 00:05:03.548$  has simply changed the way that we

NOTE Confidence: 0.898718774318695

 $00:05:03.548 \longrightarrow 00:05:05.336$  interact and relate with one another.

 $00:05:05.340 \longrightarrow 00:05:07.788$  The way in which we work in trouble.

NOTE Confidence: 0.898718774318695

 $00{:}05{:}07.790 \dashrightarrow 00{:}05{:}09.608$  It will certainly not be until

NOTE Confidence: 0.898718774318695

 $00:05:09.608 \longrightarrow 00:05:11.726$  2022 until I look forward to

NOTE Confidence: 0.898718774318695

 $00:05:11.726 \longrightarrow 00:05:13.410$  visiting North America again.

NOTE Confidence: 0.898718774318695

00:05:13.410 --> 00:05:16.066 It is devastated the economy and the world,

NOTE Confidence: 0.898718774318695

 $00:05:16.070 \longrightarrow 00:05:17.835$  and both indirectly and directly

NOTE Confidence: 0.898718774318695

00:05:17.835 --> 00:05:19.600 affected the health and well

NOTE Confidence: 0.898718774318695

 $00:05:19.662 \longrightarrow 00:05:21.396$  being of people all around us.

NOTE Confidence: 0.898718774318695

 $00:05:21.400 \longrightarrow 00:05:23.065$  And it's also created new

NOTE Confidence: 0.898718774318695

 $00:05:23.065 \longrightarrow 00:05:24.397$  pressures for us challenges.

NOTE Confidence: 0.898718774318695

 $00:05:24.400 \longrightarrow 00:05:26.218$  It's destabilized our sense of control

NOTE Confidence: 0.898718774318695

 $00:05:26.218 \longrightarrow 00:05:28.729$  and for I think the average clinician.

NOTE Confidence: 0.898718774318695

 $00:05:28.730 \longrightarrow 00:05:30.650$  It is somewhat shifted priorities

NOTE Confidence: 0.898718774318695

 $00:05:30.650 \longrightarrow 00:05:32.992$  away from thinking about how we

NOTE Confidence: 0.898718774318695

 $00:05:32.992 \longrightarrow 00:05:34.757$  can achieve the best interest

NOTE Confidence: 0.898718774318695

 $00:05:34.757 \longrightarrow 00:05:36.734$  for the patient directly in front

 $00:05:36.734 \longrightarrow 00:05:38.718$  of us to having to take more of

NOTE Confidence: 0.898718774318695

 $00:05:38.720 \longrightarrow 00:05:40.472$  a public health approach.

NOTE Confidence: 0.898718774318695

 $00:05:40.472 \longrightarrow 00:05:43.100$  I think this shift has sometimes

NOTE Confidence: 0.898718774318695

 $00:05:43.181 \longrightarrow 00:05:45.446$  highlighted and exacerbated some of

NOTE Confidence: 0.898718774318695

00:05:45.446 --> 00:05:48.793 the pre existing gaps in our health

NOTE Confidence: 0.898718774318695

 $00:05:48.793 \longrightarrow 00:05:51.793$  care system and our systemic inequality's.

NOTE Confidence: 0.885877013206482

 $00:05:51.800 \longrightarrow 00:05:53.555$  It's resulted in significant moral

NOTE Confidence: 0.885877013206482

 $00:05:53.555 \longrightarrow 00:05:55.310$  distress because we unable to

NOTE Confidence: 0.885877013206482

 $00:05:55.373 \longrightarrow 00:05:57.214$  provide a level of care that we

NOTE Confidence: 0.885877013206482

 $00:05:57.214 \longrightarrow 00:05:58.665$  are either being previously able

NOTE Confidence: 0.885877013206482

 $00:05:58.665 \longrightarrow 00:06:00.758$  to provide or be able to provide.

NOTE Confidence: 0.885877013206482

 $00:06:00.760 \longrightarrow 00:06:03.140$  The level of care that we think

NOTE Confidence: 0.885877013206482

 $00{:}06{:}03.140 \dashrightarrow 00{:}06{:}05.757$  that we ought to for our patients.

NOTE Confidence: 0.885877013206482

 $00:06:05.760 \longrightarrow 00:06:07.548$  I think sometimes the issues can

NOTE Confidence: 0.885877013206482

 $00:06:07.548 \longrightarrow 00:06:09.610$  feel so big and overwhelming.

 $00:06:09.610 \longrightarrow 00:06:12.382$  It can feel easy to feel powerless

NOTE Confidence: 0.885877013206482

 $00{:}06{:}12.382 \dashrightarrow 00{:}06{:}15.535$  to change the system and to succumb

NOTE Confidence: 0.885877013206482

 $00:06:15.535 \longrightarrow 00:06:18.355$  to kind of feelings of despondency.

NOTE Confidence: 0.885877013206482

00:06:18.360 --> 00:06:20.262 Now, in order to understand how

NOTE Confidence: 0.885877013206482

 $00:06:20.262 \longrightarrow 00:06:21.213$  to respond tomorrow,

NOTE Confidence: 0.885877013206482

 $00:06:21.220 \longrightarrow 00:06:23.128$  the stress in these challenging times,

NOTE Confidence: 0.885877013206482

 $00:06:23.130 \longrightarrow 00:06:24.870$  I think this also value in

NOTE Confidence: 0.885877013206482

 $00:06:24.870 \longrightarrow 00:06:26.445$  understanding how the concept of

NOTE Confidence: 0.885877013206482

 $00:06:26.445 \longrightarrow 00:06:28.215$  moral distress has developed overtime.

NOTE Confidence: 0.885877013206482

00:06:28.220 --> 00:06:29.524 It's important to understand

NOTE Confidence: 0.885877013206482

 $00:06:29.524 \longrightarrow 00:06:31.896$  how some people use the term and

NOTE Confidence: 0.885877013206482

 $00:06:31.896 \longrightarrow 00:06:33.671$  to provide some structure and

NOTE Confidence: 0.885877013206482

 $00:06:33.671 \longrightarrow 00:06:35.403$  framework and thinking about how

NOTE Confidence: 0.885877013206482

 $00{:}06{:}35.403 \dashrightarrow 00{:}06{:}37.435$  we should respond to it in doing so.

NOTE Confidence: 0.885877013206482 00:06:37.440 --> 00:06:37.719 Again, NOTE Confidence: 0.885877013206482

00:06:37.719 --> 00:06:40.230 it will be referring to some of my own

00:06:40.300 --> 00:06:42.848 research around the area of marla stress,

NOTE Confidence: 0.885877013206482

 $00:06:42.850 \longrightarrow 00:06:44.943$  as well as highlighting some key events

NOTE Confidence: 0.885877013206482

00:06:44.943 --> 00:06:46.914 that I think have really brought

NOTE Confidence: 0.885877013206482

 $00:06:46.914 \longrightarrow 00:06:48.942$  out the nature of moral distress.

NOTE Confidence: 0.885877013206482 00:06:48.950 --> 00:06:51.480 In society. NOTE Confidence: 0.885877013206482

00:06:51.480 --> 00:06:53.580 Now when I committed my PhD,

NOTE Confidence: 0.885877013206482

 $00:06:53.580 \longrightarrow 00:06:56.380$  which was bit more than 60 years ago,

NOTE Confidence: 0.885877013206482

 $00:06:56.380 \longrightarrow 00:06:58.445$  the term wasn't at that stage used

NOTE Confidence: 0.885877013206482

 $00:06:58.445 \longrightarrow 00:07:00.260$  in common in clinical practice

NOTE Confidence: 0.885877013206482

 $00:07:00.260 \longrightarrow 00:07:01.980$  on a day-to-day notion,

NOTE Confidence: 0.885877013206482

00:07:01.980 --> 00:07:04.800 at least not in Australia anyway.

NOTE Confidence: 0.885877013206482

 $00:07:04.800 \longrightarrow 00:07:07.320$  But now it seems to be used in

NOTE Confidence: 0.885877013206482

 $00{:}07{:}07.320 \dashrightarrow 00{:}07{:}09.979$  in freak in increasing frequency.

NOTE Confidence: 0.885877013206482

 $00{:}07{:}09.980 \dashrightarrow 00{:}07{:}12.206$  Not just in healthcare but within

NOTE Confidence: 0.885877013206482

 $00:07:12.206 \longrightarrow 00:07:14.175$  different industries and sometimes with

 $00:07:14.175 \longrightarrow 00:07:15.879$  different meanings and intentions.

NOTE Confidence: 0.885877013206482

 $00{:}07{:}15.880 \longrightarrow 00{:}07{:}18.631$  It's almost become a bit of a

NOTE Confidence: 0.885877013206482

 $00:07:18.631 \longrightarrow 00:07:19.810$  buzzword at times.

NOTE Confidence: 0.885877013206482

 $00:07:19.810 \longrightarrow 00:07:22.512$  Some use it as broad term to

NOTE Confidence: 0.885877013206482

 $00:07:22.512 \longrightarrow 00:07:24.137$  describe any distressing situation

NOTE Confidence: 0.885877013206482

 $00:07:24.137 \longrightarrow 00:07:26.874$  that has a moral component to it,

NOTE Confidence: 0.885877013206482

 $00:07:26.880 \longrightarrow 00:07:29.310$  whether that be moral uncertainty when

NOTE Confidence: 0.885877013206482

00:07:29.310 --> 00:07:32.377 we simply just don't know how to proceed,

NOTE Confidence: 0.885877013206482

 $00:07:32.380 \longrightarrow 00:07:34.595$  or sometimes to reflect moral

NOTE Confidence: 0.885877013206482

 $00:07:34.595 \longrightarrow 00:07:37.353$  dilemmas where there may be more

NOTE Confidence: 0.885877013206482

 $00{:}07{:}37.353 \dashrightarrow 00{:}07{:}40.089$  than one ethical principle at stake.

NOTE Confidence: 0.885877013206482

 $00:07:40.090 \longrightarrow 00:07:42.554$  And we're just and we feel the tension

NOTE Confidence: 0.885877013206482

 $00:07:42.554 \longrightarrow 00:07:44.708$  between those two different principles.

NOTE Confidence: 0.885877013206482

00:07:44.710 --> 00:07:46.810 But today I'm going to be focusing

NOTE Confidence: 0.885877013206482

00:07:46.810 --> 00:07:48.949 on a more narrow definition coined

NOTE Confidence: 0.885877013206482

 $00{:}07{:}48.949 \dashrightarrow 00{:}07{:}52.103$  by Andrew Jamett and back in the 80s

00:07:52.103 --> 00:07:54.269 and refined over the following ten

NOTE Confidence: 0.885877013206482

 $00{:}07{:}54.269 \dashrightarrow 00{:}07{:}56.395$  years to refer to the psychological

NOTE Confidence: 0.885877013206482

 $00{:}07{:}56.395 \dashrightarrow 00{:}07{:}58.465$  distress that arises when the clinician

NOTE Confidence: 0.885877013206482

 $00:07:58.465 \longrightarrow 00:08:00.329$  feels constrained to provide care.

NOTE Confidence: 0.885877013206482

 $00:08:00.330 \longrightarrow 00:08:03.338$  Belief not to be in a patience interest

NOTE Confidence: 0.885877013206482

 $00:08:03.338 \longrightarrow 00:08:06.867$  due to factors outside of their control.

NOTE Confidence: 0.885877013206482

 $00:08:06.870 \longrightarrow 00:08:08.952$  Now central to this definition is

NOTE Confidence: 0.885877013206482

 $00:08:08.952 \longrightarrow 00:08:11.029$  a moral judgment that the person

NOTE Confidence: 0.885877013206482

00:08:11.029 --> 00:08:13.192 is not acting as they think they

NOTE Confidence: 0.885877013206482

00:08:13.192 --> 00:08:15.468 ought due to a perceived constraint,

NOTE Confidence: 0.885877013206482

 $00:08:15.470 \longrightarrow 00:08:17.456$  and I think these two components

NOTE Confidence: 0.885877013206482

 $00:08:17.456 \longrightarrow 00:08:19.636$  of a moral judgment and constraint

NOTE Confidence: 0.885877013206482

 $00{:}08{:}19.636 \dashrightarrow 00{:}08{:}22.006$  are really essential to kind of

NOTE Confidence: 0.885877013206482

 $00:08:22.006 \longrightarrow 00:08:24.032$  Deconstruct and analyze in order for

NOTE Confidence: 0.885877013206482

 $00:08:24.032 \longrightarrow 00:08:26.963$  us to know how to respond to moral distress.

00:08:26.963 --> 00:08:30.271 So I'm going to keep coming back to

NOTE Confidence: 0.885877013206482

 $00{:}08{:}30.271 \dashrightarrow 00{:}08{:}33.229$  these two components throughout this talk.

NOTE Confidence: 0.885877013206482

00:08:33.230 --> 00:08:36.050 Now, during unsettling times like COVID-19,

NOTE Confidence: 0.885877013206482

 $00:08:36.050 \longrightarrow 00:08:38.400$  there may be many different

NOTE Confidence: 0.885877013206482

 $00:08:38.400 \longrightarrow 00:08:40.280$  emotional responses running high.

NOTE Confidence: 0.885877013206482

00:08:40.280 --> 00:08:42.160 There's been much uncertainty,

NOTE Confidence: 0.885877013206482 00:08:42.160 --> 00:08:42.630 anxiety, NOTE Confidence: 0.885877013206482

 $00:08:42.630 \longrightarrow 00:08:45.320$  distress from bearing witness to

NOTE Confidence: 0.885877013206482

 $00{:}08{:}45.320 \to 00{:}08{:}48.010$  the tragic loss of lives.

NOTE Confidence: 0.885877013206482

 $00:08:48.010 \longrightarrow 00:08:49.840$  And while all these forms of

NOTE Confidence: 0.885877013206482

 $00:08:49.840 \longrightarrow 00:08:51.710$  address are all of distress,

NOTE Confidence: 0.885877013206482

 $00:08:51.710 \longrightarrow 00:08:53.720$  are all very important in themselves,

NOTE Confidence: 0.885877013206482

 $00:08:53.720 \longrightarrow 00:08:55.736$  and they need to be addressed.

NOTE Confidence: 0.885877013206482

00:08:55.740 --> 00:08:57.280 I think it's important to

NOTE Confidence: 0.885877013206482

 $00:08:57.280 \longrightarrow 00:08:58.820$  be able to distinguish roll

NOTE Confidence: 0.872116923332214

 $00:08:58.886 \longrightarrow 00:09:01.448$  distress from these other forms of distress,

 $00:09:01.450 \longrightarrow 00:09:04.166$  because it strikes at a person's sense

NOTE Confidence: 0.872116923332214

 $00:09:04.166 \longrightarrow 00:09:06.160$  of moral integrity and potentially

NOTE Confidence: 0.872116923332214

 $00:09:06.160 \longrightarrow 00:09:08.446$  the core values that they consider

NOTE Confidence: 0.872116923332214

 $00:09:08.446 \longrightarrow 00:09:11.318$  to be essential to their profession.

NOTE Confidence: 0.872116923332214

 $00:09:11.320 \longrightarrow 00:09:13.505$  Increasingly, some have turned to

NOTE Confidence: 0.872116923332214

 $00:09:13.505 \longrightarrow 00:09:15.690$  the related expression of moral

NOTE Confidence: 0.872116923332214

00:09:15.764 --> 00:09:18.119 injury to reflect compromised ones.

NOTE Confidence: 0.872116923332214

 $00:09:18.120 \longrightarrow 00:09:20.598$  Personal moral code.

NOTE Confidence: 0.872116923332214

00:09:20.600 --> 00:09:23.264 It can result in a variety of different

NOTE Confidence: 0.872116923332214

 $00:09:23.264 \longrightarrow 00:09:25.820$  emotions from frustration through to anger,

NOTE Confidence: 0.872116923332214

 $00:09:25.820 \longrightarrow 00:09:28.412$  and these can be directed at

NOTE Confidence: 0.872116923332214

 $00:09:28.412 \longrightarrow 00:09:30.140$  the perceived can strainer.

NOTE Confidence: 0.872116923332214

 $00:09:30.140 \longrightarrow 00:09:30.756$  Now, naturally,

NOTE Confidence: 0.872116923332214

 $00:09:30.756 \longrightarrow 00:09:32.604$  we also tend to avoid situations

NOTE Confidence: 0.872116923332214

 $00:09:32.604 \longrightarrow 00:09:34.219$  that we find distressing,

 $00:09:34.220 \longrightarrow 00:09:37.174$  so it can also impact patient care

NOTE Confidence: 0.872116923332214

 $00{:}09{:}37.174 \dashrightarrow 00{:}09{:}39.740$  and result with reduced report with

NOTE Confidence: 0.872116923332214

 $00:09:39.740 \longrightarrow 00:09:43.420$  those that we have a duty to care for.

NOTE Confidence: 0.872116923332214

 $00:09:43.420 \longrightarrow 00:09:46.144$  Now, the constraints that we experience

NOTE Confidence: 0.872116923332214

 $00:09:46.144 \longrightarrow 00:09:47.960$  as health care professionals.

NOTE Confidence: 0.872116923332214

 $00:09:47.960 \longrightarrow 00:09:51.408$  They can be interrelated.

NOTE Confidence: 0.872116923332214

 $00:09:51.410 \longrightarrow 00:09:53.546$  Spears of influence that may occur

NOTE Confidence: 0.872116923332214

 $00:09:53.546 \longrightarrow 00:09:56.183$  within the kind of close proximity

NOTE Confidence: 0.872116923332214

 $00{:}09{:}56.183 \dashrightarrow 00{:}09{:}58.467$  of the interpersonal relationships,

NOTE Confidence: 0.872116923332214

 $00:09:58.470 \longrightarrow 00:10:01.984$  such as when we are in decision

NOTE Confidence: 0.872116923332214

00:10:01.984 --> 00:10:02.988 making scenarios.

NOTE Confidence: 0.872116923332214

00:10:02.990 --> 00:10:05.916 To also being broader level of constraints,

NOTE Confidence: 0.872116923332214

 $00:10:05.920 \longrightarrow 00:10:08.428$  such as those imposed by our

NOTE Confidence: 0.872116923332214

00:10:08.428 --> 00:10:10.100 institutions or our governments,

NOTE Confidence: 0.872116923332214

 $00:10:10.100 \longrightarrow 00:10:12.185$  whether they be resource allocation

NOTE Confidence: 0.872116923332214

 $00:10:12.185 \longrightarrow 00:10:13.436$  or our workload,

 $00:10:13.440 \longrightarrow 00:10:16.940$  that's defined by our institutions.

NOTE Confidence: 0.872116923332214 00:10:16.940 --> 00:10:17.566 With time, NOTE Confidence: 0.872116923332214

 $00:10:17.566 \longrightarrow 00:10:19.757$  there's also been a shift in the

NOTE Confidence: 0.872116923332214

 $00:10:19.757 \longrightarrow 00:10:21.595$  types of constraints acknowledged

NOTE Confidence: 0.872116923332214

 $00:10:21.595 \longrightarrow 00:10:24.030$  in the moral distress literature.

NOTE Confidence: 0.872116923332214

 $00:10:24.030 \longrightarrow 00:10:25.915$  There is now increasing recognition

NOTE Confidence: 0.872116923332214

00:10:25.915 --> 00:10:28.305 that the broader kind of socioeconomic

NOTE Confidence: 0.872116923332214

00:10:28.305 --> 00:10:30.065 considerations as highlighted by

NOTE Confidence: 0.872116923332214

 $00:10:30.065 \longrightarrow 00:10:33.385$  COVID-19 can have a big impact on the

NOTE Confidence: 0.872116923332214

 $00:10:33.385 \longrightarrow 00:10:35.849$  type of moral distress that we experience.

NOTE Confidence: 0.872116923332214

 $00:10:35.850 \longrightarrow 00:10:40.854$  And I'll speak to this in more detail later.

NOTE Confidence: 0.872116923332214

00:10:40.860 --> 00:10:41.230 No,

NOTE Confidence: 0.872116923332214

 $00:10:41.230 \longrightarrow 00:10:44.190$  and Andrew Jamett and 1st coined the term.

NOTE Confidence: 0.872116923332214

 $00{:}10{:}44.190 \dashrightarrow 00{:}10{:}47.150$  It was historically at a time when gender,

NOTE Confidence: 0.872116923332214

00:10:47.150 --> 00:10:49.090 inequality's and medical hierarchy,

 $00:10:49.090 \longrightarrow 00:10:51.515$  where even more apparent and

NOTE Confidence: 0.872116923332214

00:10:51.515 --> 00:10:53.710 prevalent than what they are today.

NOTE Confidence: 0.872116923332214

00:10:53.710 --> 00:10:55.465 The term was predominately found

NOTE Confidence: 0.872116923332214

00:10:55.465 --> 00:10:56.869 within nursing literature and

NOTE Confidence: 0.872116923332214

00:10:56.869 --> 00:10:58.290 mostly described scenarios.

NOTE Confidence: 0.872116923332214

 $00:10:58.290 \longrightarrow 00:11:01.008$  When a physician would enforce aggressive

NOTE Confidence: 0.872116923332214

 $00:11:01.008 \longrightarrow 00:11:03.616$  therapy perceived by the nurse not

NOTE Confidence: 0.872116923332214

 $00:11:03.616 \longrightarrow 00:11:06.129$  to be in the patients best interests.

NOTE Confidence: 0.872116923332214

00:11:06.130 --> 00:11:07.494 And in that context,

NOTE Confidence: 0.872116923332214

 $00:11:07.494 \longrightarrow 00:11:09.199$  Maurice dresses often primarily seen

NOTE Confidence: 0.872116923332214

 $00{:}11{:}09.199 \dashrightarrow 00{:}11{:}11.301$  as an institutional failing where

NOTE Confidence: 0.872116923332214

 $00:11:11.301 \longrightarrow 00:11:13.005$  a healthcare professional feels

NOTE Confidence: 0.872116923332214

 $00:11:13.005 \longrightarrow 00:11:15.121$  powerless to intervene and to advocate

NOTE Confidence: 0.872116923332214

 $00:11:15.121 \longrightarrow 00:11:17.385$  for the patient in front of them.

NOTE Confidence: 0.872116923332214

00:11:17.385 --> 00:11:18.750 And as such,

NOTE Confidence: 0.872116923332214

 $00:11:18.750 \longrightarrow 00:11:20.570$  examples moral distress implies

00:11:20.570 --> 00:11:22.950 a potential abuse of authority,

NOTE Confidence: 0.872116923332214

 $00:11:22.950 \longrightarrow 00:11:25.414$  and implies that a change is required

NOTE Confidence: 0.872116923332214

 $00:11:25.414 \longrightarrow 00:11:27.923$  in order to actually achieve the

NOTE Confidence: 0.872116923332214

 $00:11:27.923 \longrightarrow 00:11:30.213$  best interests of the patient,

NOTE Confidence: 0.872116923332214

 $00:11:30.220 \longrightarrow 00:11:33.352$  and this is remained the predominant

NOTE Confidence: 0.872116923332214

 $00:11:33.352 \longrightarrow 00:11:35.440$  conceptualisation of moral distress

NOTE Confidence: 0.872116923332214

 $00:11:35.516 \longrightarrow 00:11:37.616$  over the next 20 to 30 years.

NOTE Confidence: 0.872116923332214

 $00:11:37.620 \longrightarrow 00:11:40.170$  In fact, even 35 years later,

NOTE Confidence: 0.872116923332214

 $00:11:40.170 \longrightarrow 00:11:43.145$  as I began to do my research,

NOTE Confidence: 0.872116923332214

 $00{:}11{:}43.150 \dashrightarrow 00{:}11{:}44.850$  notice remains the predominant

NOTE Confidence: 0.872116923332214

00:11:44.850 --> 00:11:46.550 focus of empirical studies,

NOTE Confidence: 0.872116923332214

 $00:11:46.550 \longrightarrow 00:11:48.710$  even though there is increasing

NOTE Confidence: 0.872116923332214

 $00{:}11{:}48.710 \dashrightarrow 00{:}11{:}50.438$  recognition that all health

NOTE Confidence: 0.872116923332214

 $00{:}11{:}50.438 \dashrightarrow 00{:}11{:}52.497$  care providers were at risk,

NOTE Confidence: 0.872116923332214

 $00:11:52.500 \longrightarrow 00:11:54.592$  and indeed professionals outside

 $00:11:54.592 \longrightarrow 00:11:56.684$  of the healthcare industry.

NOTE Confidence: 0.872116923332214

 $00:11:56.690 \longrightarrow 00:11:58.685$  The types of constraints continued

NOTE Confidence: 0.872116923332214

00:11:58.685 --> 00:12:01.181 to be largely focus on decision

NOTE Confidence: 0.872116923332214

00:12:01.181 --> 00:12:04.170 making within that kind of 1st fear

NOTE Confidence: 0.872116923332214

 $00:12:04.170 \longrightarrow 00:12:06.080$  of interpersonal relationships.

NOTE Confidence: 0.872116923332214

00:12:06.080 --> 00:12:06.828 Although again,

NOTE Confidence: 0.872116923332214

 $00:12:06.828 \longrightarrow 00:12:08.698$  other levels of constraint were

NOTE Confidence: 0.872116923332214

 $00:12:08.698 \longrightarrow 00:12:10.610$  starting to be acknowleded.

NOTE Confidence: 0.872116923332214 00:12:10.610 --> 00:12:11.238 And again,

NOTE Confidence: 0.872116923332214

 $00:12:11.238 \longrightarrow 00:12:13.122$  Marla stress was still framed as

NOTE Confidence: 0.872116923332214

 $00{:}12{:}13.122 \dashrightarrow 00{:}12{:}14.614$  predominantly an institutional failing

NOTE Confidence: 0.872116923332214

 $00:12:14.614 \longrightarrow 00:12:17.044$  over the moral moral distress clinician,

NOTE Confidence: 0.872116923332214

 $00:12:17.050 \longrightarrow 00:12:20.272$  and in order to act in the patients interest,

NOTE Confidence: 0.872116923332214

 $00:12:20.280 \longrightarrow 00:12:22.600$  we needed to make changes.

NOTE Confidence: 0.872116923332214

00:12:22.600 --> 00:12:25.288 So strategies tend to kind of focus

NOTE Confidence: 0.872116923332214

00:12:25.288 --> 00:12:27.467 on empowering or promoting moral

 $00:12:27.467 \longrightarrow 00:12:29.832$  courage in order that clinicians

NOTE Confidence: 0.872116923332214

 $00:12:29.832 \longrightarrow 00:12:31.251$  could speak out

NOTE Confidence: 0.859830915927887

00:12:31.329 --> 00:12:33.709 against the perceived constraint or

NOTE Confidence: 0.859830915927887

 $00:12:33.709 \longrightarrow 00:12:36.964$  source of the problem, and as such,

NOTE Confidence: 0.859830915927887

00:12:36.964 --> 00:12:39.652 other strategies such as improving well,

NOTE Confidence: 0.859830915927887

 $00:12:39.660 \longrightarrow 00:12:40.899$  being, or resiliency.

NOTE Confidence: 0.859830915927887

00:12:40.899 --> 00:12:42.551 We're not received particularly

NOTE Confidence: 0.859830915927887

 $00:12:42.551 \longrightarrow 00:12:45.574$  well by some as they were seen as

NOTE Confidence: 0.859830915927887

00:12:45.574 --> 00:12:47.294 things that would actually detract

NOTE Confidence: 0.859830915927887

 $00{:}12{:}47.359 \dashrightarrow 00{:}12{:}49.549$  from the core issues of constraint.

NOTE Confidence: 0.859830915927887

 $00:12:49.550 \longrightarrow 00:12:51.830$  What I think has been at times absent

NOTE Confidence: 0.859830915927887

 $00:12:51.830 \longrightarrow 00:12:54.111$  from the discussion has been an

NOTE Confidence: 0.859830915927887

 $00{:}12{:}54.111 \dashrightarrow 00{:}12{:}56.161$  assessment of the underlying moral

NOTE Confidence: 0.859830915927887

 $00:12:56.161 \longrightarrow 00:12:58.322$  judgment about what actually constitutes

NOTE Confidence: 0.859830915927887

 $00:12:58.322 \longrightarrow 00:13:00.854$  the patients best interests and how.

00:13:00.860 --> 00:13:03.116 How do we actually define harm,

NOTE Confidence: 0.859830915927887

 $00{:}13{:}03.120 \dashrightarrow 00{:}13{:}06.585$  and who should even be the one who should

NOTE Confidence: 0.859830915927887

 $00:13:06.585 \longrightarrow 00:13:09.869$  be defining the patients interests?

NOTE Confidence: 0.859830915927887

 $00:13:09.870 \longrightarrow 00:13:12.201$  So my own research interests had very

NOTE Confidence: 0.859830915927887

00:13:12.201 --> 00:13:14.799 much focused on this idea of thinking

NOTE Confidence: 0.859830915927887

 $00:13:14.799 \longrightarrow 00:13:17.097$  about whether moral stress can actually

NOTE Confidence: 0.859830915927887

 $00{:}13{:}17.168 \dashrightarrow 00{:}13{:}20.136$  be seen as an infallible marker that the

NOTE Confidence: 0.859830915927887

 $00:13:20.136 \longrightarrow 00:13:22.050$  patients interests are being harmed.

NOTE Confidence: 0.859830915927887

00:13:22.050 --> 00:13:24.780 If the patients interests weren't being met

NOTE Confidence: 0.859830915927887

00:13:24.852 --> 00:13:27.347 through the current treatment strategy,

NOTE Confidence: 0.859830915927887

 $00:13:27.350 \longrightarrow 00:13:30.297$  are there ways that we could potentially

NOTE Confidence: 0.859830915927887

 $00:13:30.297 \longrightarrow 00:13:32.983$  identify an earlier point and to

NOTE Confidence: 0.859830915927887

 $00:13:32.983 \longrightarrow 00:13:35.677$  intervene and potentially reduce the moral

NOTE Confidence: 0.859830915927887

00:13:35.677 --> 00:13:38.377 distress experience by our team members?

NOTE Confidence: 0.859830915927887

 $00:13:38.380 \longrightarrow 00:13:40.666$  I wanted to be off to paint a picture

NOTE Confidence: 0.859830915927887

00:13:40.666 --> 00:13:42.837 of the nature of moral distress,

 $00:13:42.840 \longrightarrow 00:13:44.616$  both in relation to the illness

NOTE Confidence: 0.859830915927887

00:13:44.616 --> 00:13:46.399 severity of the patient before us,

NOTE Confidence: 0.859830915927887

 $00:13:46.400 \longrightarrow 00:13:48.225$  but also capture the perspectives

NOTE Confidence: 0.859830915927887

 $00:13:48.225 \longrightarrow 00:13:50.050$  of different team members in

NOTE Confidence: 0.859830915927887

 $00:13:50.111 \longrightarrow 00:13:51.755$  the family to see how these.

NOTE Confidence: 0.859830915927887

 $00:13:51.760 \longrightarrow 00:13:54.495$  And perspectives and experiences both

NOTE Confidence: 0.859830915927887

 $00:13:54.495 \longrightarrow 00:13:57.230$  differed and also changed overtime.

NOTE Confidence: 0.859830915927887

 $00:13:57.230 \longrightarrow 00:13:59.600$  So we designed the project modality,

NOTE Confidence: 0.859830915927887

 $00:13:59.600 \longrightarrow 00:14:02.260$  which stands for moral distress in life

NOTE Confidence: 0.859830915927887

00:14:02.260 --> 00:14:04.339 trajectories miss was a multicenter,

NOTE Confidence: 0.859830915927887

 $00:14:04.340 \longrightarrow 00:14:05.270$  mixed methodology.

NOTE Confidence: 0.859830915927887

 $00:14:05.270 \longrightarrow 00:14:07.595$  Longitudinal study that sought to

NOTE Confidence: 0.859830915927887

 $00{:}14{:}07.595 \dashrightarrow 00{:}14{:}09.737$  examine moral distress of clinicians

NOTE Confidence: 0.859830915927887

00:14:09.737 --> 00:14:12.124 caring for babies born less than 28

NOTE Confidence: 0.859830915927887

 $00:14:12.124 \longrightarrow 00:14:14.360$  weeks that we followed from birth

00:14:14.360 --> 00:14:16.585 until discharge at two tertiary level.

NOTE Confidence: 0.859830915927887

00:14:16.585 --> 00:14:18.955 Neonatal intensive care units in Melbourne,

NOTE Confidence: 0.859830915927887 00:14:18.960 --> 00:14:19.354 Australia. NOTE Confidence: 0.859830915927887

 $00:14:19.354 \longrightarrow 00:14:22.506$  Now we limited our scope to pre term

NOTE Confidence: 0.859830915927887

 $00:14:22.506 \longrightarrow 00:14:25.984$  babies in order that we would have a

NOTE Confidence: 0.859830915927887

 $00:14:25.984 \longrightarrow 00:14:28.068$  fairly homogeneous population where in

NOTE Confidence: 0.859830915927887

 $00:14:28.068 \longrightarrow 00:14:30.924$  the state of Victoria we have very good.

NOTE Confidence: 0.859830915927887

 $00:14:30.930 \longrightarrow 00:14:33.820$  Outcome data at two years.

NOTE Confidence: 0.859830915927887

 $00:14:33.820 \longrightarrow 00:14:38.100$  Eight years of life.

NOTE Confidence: 0.859830915927887

 $00:14:38.100 \longrightarrow 00:14:40.800$  We prospectively enrolled 525 medical and

NOTE Confidence: 0.859830915927887

 $00{:}14{:}40.800 \dashrightarrow 00{:}14{:}43.699$  nursing professionals and at each time point,

NOTE Confidence: 0.859830915927887

 $00:14:43.700 \longrightarrow 00:14:46.292$  we asked a physician of fellow

NOTE Confidence: 0.859830915927887

 $00:14:46.292 \longrightarrow 00:14:48.977$  resident or register and the nurse

NOTE Confidence: 0.859830915927887

 $00{:}14{:}48.977 \dashrightarrow 00{:}14{:}52.050$  to complete an iPad based survey that

NOTE Confidence: 0.859830915927887

00:14:52.050 --> 00:14:53.965 included questions about whether

NOTE Confidence: 0.859830915927887

 $00:14:53.965 \longrightarrow 00:14:57.206$  the baby that they were caring for.

 $00:14:57.210 \longrightarrow 00:14:58.293$  Causing moral distress.

NOTE Confidence: 0.859830915927887

00:14:58.293 --> 00:15:00.098 Whether they thought the baby

NOTE Confidence: 0.859830915927887

00:15:00.098 --> 00:15:01.280 would live or die,

NOTE Confidence: 0.859830915927887

 $00:15:01.280 \longrightarrow 00:15:02.939$  and if they were going to survive,

NOTE Confidence: 0.859830915927887

00:15:02.940 --> 00:15:05.747 what level of disability would they have?

NOTE Confidence: 0.859830915927887

 $00:15:05.750 \longrightarrow 00:15:08.396$  Whether they thought survivals even in the

NOTE Confidence: 0.859830915927887

 $00:15:08.396 \longrightarrow 00:15:10.790$  baby's best interest and what was their

NOTE Confidence: 0.859830915927887

 $00:15:10.790 \longrightarrow 00:15:12.950$  preferred level of care for the baby?

NOTE Confidence: 0.859830915927887

 $00:15:12.950 \longrightarrow 00:15:14.166$  For those who express

NOTE Confidence: 0.859830915927887

00:15:14.166 --> 00:15:15.078 significant moral distress,

NOTE Confidence: 0.859830915927887

 $00:15:15.080 \longrightarrow 00:15:17.460$  we also provided them with the opportunity

NOTE Confidence: 0.859830915927887

 $00:15:17.460 \longrightarrow 00:15:19.883$  to provide an open ended response about

NOTE Confidence: 0.859830915927887

 $00{:}15{:}19.883 \dashrightarrow 00{:}15{:}22.500$  why that baby cause the moral distress.

NOTE Confidence: 0.859830915927887

 $00:15:22.500 \longrightarrow 00:15:24.618$  And at the same time points,

NOTE Confidence: 0.859830915927887

 $00:15:24.620 \longrightarrow 00:15:26.772$  we also collected a whole lot of data

 $00:15:26.772 \longrightarrow 00:15:28.739$  about the types of interventions the

NOTE Confidence: 0.859830915927887

00:15:28.739 --> 00:15:30.797 babies were receiving in order to

NOTE Confidence: 0.859830915927887

 $00:15:30.858 \longrightarrow 00:15:33.090$  maintain their physiological stability.

NOTE Confidence: 0.859830915927887

 $00:15:33.090 \longrightarrow 00:15:35.934$  And we use this to form in the Natal

NOTE Confidence: 0.859830915927887

 $00:15:35.934 \longrightarrow 00:15:37.804$  intervention score in order to be

NOTE Confidence: 0.859830915927887

 $00:15:37.804 \longrightarrow 00:15:40.218$  able to track and reflect the relative

NOTE Confidence: 0.859830915927887

 $00:15:40.218 \longrightarrow 00:15:42.378$  illness severity of the patient

NOTE Confidence: 0.859830915927887

 $00:15:42.378 \longrightarrow 00:15:44.030$  right throughout their admission.

NOTE Confidence: 0.841231882572174

 $00{:}15{:}46.120 \dashrightarrow 00{:}15{:}48.298$  We had a fairly standard population

NOTE Confidence: 0.841231882572174

 $00:15:48.298 \longrightarrow 00:15:51.569$  of at a mean gestation 25 + 6 weeks,

NOTE Confidence: 0.841231882572174

 $00{:}15{:}51.570 \dashrightarrow 00{:}15{:}54.828$  and the babies were on average to 823 grams.

NOTE Confidence: 0.841231882572174

 $00:15:54.830 \longrightarrow 00:15:57.497$  We're able to follow up 99 babies

NOTE Confidence: 0.841231882572174

 $00:15:57.497 \longrightarrow 00:15:59.388$  and throughout the course of

NOTE Confidence: 0.841231882572174

 $00:15:59.388 \longrightarrow 00:16:01.726$  the study and of those 13 died,

NOTE Confidence: 0.841231882572174

00:16:01.730 --> 00:16:04.264 including four who died on the ventilator,

NOTE Confidence: 0.841231882572174

 $00:16:04.270 \longrightarrow 00:16:06.110$  where withdrawal of life sustaining

00:16:06.110 --> 00:16:07.582 interventions had been breached

NOTE Confidence: 0.841231882572174

 $00:16:07.582 \longrightarrow 00:16:09.350$  and discussed with the family.

NOTE Confidence: 0.841231882572174

 $00{:}16{:}09.350 \dashrightarrow 00{:}16{:}11.230$  But whether families had chosen

NOTE Confidence: 0.841231882572174

 $00:16:11.230 \longrightarrow 00:16:13.710$  not to redirect the goals of care.

NOTE Confidence: 0.860293745994568

00:16:15.880 --> 00:16:18.435 We collected over 4500 surveys

NOTE Confidence: 0.860293745994568

 $00:16:18.435 \longrightarrow 00:16:22.202$  across about an 18 month period an

NOTE Confidence: 0.860293745994568

 $00:16:22.202 \longrightarrow 00:16:25.544$  of those surveys moral distress was

NOTE Confidence: 0.860293745994568

 $00:16:25.544 \longrightarrow 00:16:28.758$  experienced in around 15% of occasions.

NOTE Confidence: 0.860293745994568

00:16:28.758 --> 00:16:31.428 Now what was interesting was,

NOTE Confidence: 0.860293745994568

 $00:16:31.430 \longrightarrow 00:16:32.950$  despite these being incredibly

NOTE Confidence: 0.860293745994568

00:16:32.950 --> 00:16:34.850 specialized to intensive care units,

NOTE Confidence: 0.860293745994568

 $00:16:34.850 \longrightarrow 00:16:37.482$  that this is their core bread and

NOTE Confidence: 0.860293745994568

 $00{:}16{:}37.482 \dashrightarrow 00{:}16{:}40.190$  butter of caring for pre term babies.

NOTE Confidence: 0.860293745994568

 $00:16:40.190 \longrightarrow 00:16:43.438$  91 out of 99 of the babies generated

NOTE Confidence: 0.860293745994568

 $00:16:43.438 \longrightarrow 00:16:46.968$  at least one report of moral distress.

 $00:16:46.970 \longrightarrow 00:16:49.306$  That is true that it was rare for

NOTE Confidence: 0.860293745994568

 $00{:}16{:}49.306 \dashrightarrow 00{:}16{:}51.027$  clinicians to share more distress

NOTE Confidence: 0.860293745994568

 $00:16:51.027 \longrightarrow 00:16:52.802$  regarding the same patient or

NOTE Confidence: 0.860293745994568

 $00:16:52.802 \longrightarrow 00:16:54.990$  for the natural moral distress

NOTE Confidence: 0.860293745994568

 $00:16:54.990 \longrightarrow 00:16:56.874$  to be repeated longitudinally.

NOTE Confidence: 0.860293745994568 00:16:56.880 --> 00:16:57.792 So in fact, NOTE Confidence: 0.860293745994568

 $00:16:57.792 \longrightarrow 00:16:59.312$  there are only three patients

NOTE Confidence: 0.860293745994568

 $00:16:59.312 \longrightarrow 00:17:01.609$  or 8 occasions where all for

NOTE Confidence: 0.860293745994568

 $00{:}17{:}01.609 \dashrightarrow 00{:}17{:}03.629$  clinicians were in agreement that

NOTE Confidence: 0.860293745994568

 $00:17:03.629 \longrightarrow 00:17:05.688$  the parents wanted too much.

NOTE Confidence: 0.860293745994568

 $00:17:05.690 \longrightarrow 00:17:07.418$  That's the care was.

NOTE Confidence: 0.860293745994568

00:17:07.418 --> 00:17:09.146 Overly burdensome or disproportionate

NOTE Confidence: 0.860293745994568

00:17:09.146 --> 00:17:11.593 to the perceived benefits that

NOTE Confidence: 0.860293745994568

 $00:17:11.593 \longrightarrow 00:17:13.613$  ongoing life sustaining treatments

NOTE Confidence: 0.860293745994568

 $00:17:13.613 \longrightarrow 00:17:15.730$  would provide the patient.

NOTE Confidence: 0.750232815742493

 $00:17:17.810 \longrightarrow 00:17:21.865$  Now, similar to the earlier

 $00:17:21.865 \longrightarrow 00:17:23.487$  literature analysis.

NOTE Confidence: 0.750232815742493

 $00{:}17{:}23.490 \dashrightarrow 00{:}17{:}25.686$  The main reason that al clinician

NOTE Confidence: 0.750232815742493

 $00:17:25.686 \longrightarrow 00:17:27.822$  stated they were distressed was because

NOTE Confidence: 0.750232815742493

 $00:17:27.822 \longrightarrow 00:17:29.964$  of the clinical state of the baby,

NOTE Confidence: 0.750232815742493

 $00:17:29.970 \longrightarrow 00:17:31.830$  either where the baby was predicted

NOTE Confidence: 0.750232815742493

 $00:17:31.830 \longrightarrow 00:17:33.516$  to die and the clinicians

NOTE Confidence: 0.750232815742493

 $00:17:33.516 \longrightarrow 00:17:35.426$  thought that the care was.

NOTE Confidence: 0.750232815742493

 $00{:}17{:}35.430 \dashrightarrow 00{:}17{:}37.758$  Dare I say it futile or have a

NOTE Confidence: 0.750232815742493

00:17:37.758 --> 00:17:39.789 level of severe disability where

NOTE Confidence: 0.750232815742493

 $00:17:39.789 \longrightarrow 00:17:42.525$  the burden of care seemed to

NOTE Confidence: 0.750232815742493

 $00:17:42.525 \longrightarrow 00:17:44.996$  outweigh the benefits to that baby.

NOTE Confidence: 0.750232815742493

 $00:17:45.000 \longrightarrow 00:17:46.842$  So this was just one quote

NOTE Confidence: 0.750232815742493

00:17:46.842 --> 00:17:48.730 from one of our fellows,

NOTE Confidence: 0.750232815742493

 $00:17:48.730 \longrightarrow 00:17:50.174$  but his neurodevelopmental outcome

NOTE Confidence: 0.750232815742493

 $00:17:50.174 \longrightarrow 00:17:53.414$  is likely to be very poor and he has

00:17:53.414 --> 00:17:55.436 made minimal gains from a feeding

NOTE Confidence: 0.750232815742493

 $00:17:55.436 \longrightarrow 00:17:57.039$  perspective post term corrected.

NOTE Confidence: 0.750232815742493

 $00:17:57.040 \longrightarrow 00:17:58.428$  His parents expectations are

NOTE Confidence: 0.750232815742493

 $00:17:58.428 \longrightarrow 00:18:00.510$  out of keeping with what can

NOTE Confidence: 0.750232815742493

 $00:18:00.572 \longrightarrow 00:18:02.448$  and should be provided to a baby

NOTE Confidence: 0.750232815742493

00:18:02.448 --> 00:18:04.468 with such a bad problem Gnosis.

NOTE Confidence: 0.785592198371887

 $00:18:07.170 \longrightarrow 00:18:10.327$  Yet when we looked at the relative

NOTE Confidence: 0.785592198371887

00:18:10.327 --> 00:18:12.690 illness severity of our babies,

NOTE Confidence: 0.785592198371887

00:18:12.690 --> 00:18:14.990 moral distress was actually poor,

NOTE Confidence: 0.785592198371887

00:18:14.990 --> 00:18:16.454 poor, poorly correlated.

NOTE Confidence: 0.785592198371887

 $00:18:16.454 \longrightarrow 00:18:18.894$  A lot of the time,

NOTE Confidence: 0.785592198371887

 $00:18:18.900 \longrightarrow 00:18:20.958$  the moral distress that was experienced

NOTE Confidence: 0.785592198371887

 $00:18:20.958 \longrightarrow 00:18:23.601$  was it reflected a lot of subjective

NOTE Confidence: 0.785592198371887

 $00:18:23.601 \longrightarrow 00:18:25.611$  value judgments about the patients

NOTE Confidence: 0.785592198371887

 $00:18:25.611 \longrightarrow 00:18:27.725$  interests often was really influenced

NOTE Confidence: 0.785592198371887

 $00:18:27.725 \longrightarrow 00:18:30.209$  by things such as the socioeconomic

 $00:18:30.209 \longrightarrow 00:18:31.734$  demographics of the family.

NOTE Confidence: 0.785592198371887

00:18:31.734 --> 00:18:33.206 Gestational age was also

NOTE Confidence: 0.785592198371887

 $00:18:33.206 \longrightarrow 00:18:34.820$  a really important factor,

NOTE Confidence: 0.785592198371887

 $00:18:34.820 \longrightarrow 00:18:36.836$  so babies that were born at 20,

NOTE Confidence: 0.785592198371887

 $00:18:36.840 \longrightarrow 00:18:39.136$  three weeks for example, even if they had,

NOTE Confidence: 0.785592198371887

 $00:18:39.140 \longrightarrow 00:18:40.892$  were requiring the same level of

NOTE Confidence: 0.785592198371887

 $00:18:40.892 \longrightarrow 00:18:43.179$  care as a baby born at 28 weeks.

NOTE Confidence: 0.785592198371887

 $00:18:43.180 \longrightarrow 00:18:46.096$  The 20 baby born at 20 three weeks was

NOTE Confidence: 0.785592198371887

00:18:46.096 --> 00:18:49.220 much more likely to cause moral distress.

NOTE Confidence: 0.785592198371887

 $00:18:49.220 \longrightarrow 00:18:49.922$  And overall,

NOTE Confidence: 0.785592198371887

 $00:18:49.922 \longrightarrow 00:18:52.730$  it seems that a lot of the time

NOTE Confidence: 0.785592198371887

 $00{:}18{:}52.812 \dashrightarrow 00{:}18{:}55.008$  the decisions remained within

NOTE Confidence: 0.785592198371887

 $00{:}18{:}55.008 \dashrightarrow 00{:}18{:}57.753$  the zone of parental discretion.

NOTE Confidence: 0.785592198371887

 $00:18:57.760 \longrightarrow 00:19:00.190$  Now what I mean by that is the zone of

NOTE Confidence: 0.785592198371887

 $00:19:00.256 \longrightarrow 00:19:02.596$  parental discretion is where we think

 $00:19:02.596 \longrightarrow 00:19:05.042$  that it's the ethically and legally

NOTE Confidence: 0.785592198371887

 $00{:}19{:}05.042 \dashrightarrow 00{:}19{:}07.087$  protected space where parents may

NOTE Confidence: 0.785592198371887

00:19:07.087 --> 00:19:09.154 make decisions for their children,

NOTE Confidence: 0.785592198371887

 $00:19:09.154 \longrightarrow 00:19:11.656$  even if these decisions may be

NOTE Confidence: 0.785592198371887

00:19:11.656 --> 00:19:13.199 considered suboptimal or not

NOTE Confidence: 0.785592198371887

 $00:19:13.199 \longrightarrow 00:19:14.819$  necessarily the best for them.

NOTE Confidence: 0.785592198371887 00:19:14.820 --> 00:19:15.138 Now,

NOTE Confidence: 0.785592198371887

 $00:19:15.138 \longrightarrow 00:19:17.046$  although we frequently speak about the

NOTE Confidence: 0.785592198371887

 $00:19:17.046 \longrightarrow 00:19:19.360$  best interests of patients within medicine,

NOTE Confidence: 0.785592198371887

00:19:19.360 --> 00:19:21.904 it's a standard that we rarely

NOTE Confidence: 0.785592198371887

 $00{:}19{:}21.904 \dashrightarrow 00{:}19{:}24.650$  hold each other up to in life.

NOTE Confidence: 0.785592198371887 00:19:24.650 --> 00:19:25.436 If we did, NOTE Confidence: 0.785592198371887

 $00:19:25.436 \longrightarrow 00:19:27.270$  I'd be in big trouble over the

NOTE Confidence: 0.785592198371887

 $00{:}19{:}27.336 \dashrightarrow 00{:}19{:}29.190$  period of Covid as my parent,

NOTE Confidence: 0.785592198371887

00:19:29.190 --> 00:19:31.458 my children have been allowed to watch

NOTE Confidence: 0.785592198371887

 $00:19:31.458 \longrightarrow 00:19:33.967$  more movies than what they normally would.

 $00:19:33.970 \longrightarrow 00:19:35.770$  No doubt there would be something

NOTE Confidence: 0.785592198371887

 $00:19:35.770 \longrightarrow 00:19:37.376$  much more creative or stimulating

NOTE Confidence: 0.785592198371887

 $00:19:37.376 \longrightarrow 00:19:39.434$  that they could have been doing.

NOTE Confidence: 0.785592198371887

 $00:19:39.440 \longrightarrow 00:19:41.050$  Or I could have encouraged

NOTE Confidence: 0.785592198371887

 $00:19:41.050 \longrightarrow 00:19:42.660$  during those periods of time,

NOTE Confidence: 0.785592198371887

 $00:19:42.660 \longrightarrow 00:19:44.988$  but we succumb to it out

NOTE Confidence: 0.785592198371887

 $00:19:44.988 \longrightarrow 00:19:46.540$  of strategies to cope.

NOTE Confidence: 0.785592198371887

 $00:19:46.540 \longrightarrow 00:19:46.798$  Now,

NOTE Confidence: 0.785592198371887

 $00:19:46.798 \longrightarrow 00:19:48.604$  most of the time we accept that

NOTE Confidence: 0.785592198371887

 $00:19:48.604 \longrightarrow 00:19:50.336$  as long as parents choosing

NOTE Confidence: 0.785592198371887

 $00:19:50.336 \longrightarrow 00:19:51.876$  option that's good enough,

NOTE Confidence: 0.785592198371887

 $00{:}19{:}51.880 \dashrightarrow 00{:}19{:}55.024$  then that's OK as long as it doesn't

NOTE Confidence: 0.785592198371887

 $00{:}19{:}55.024 \dashrightarrow 00{:}19{:}57.417$  cause significant harm to the patients.

NOTE Confidence: 0.785592198371887

 $00:19:57.420 \longrightarrow 00:19:58.532$  So in a sense,

NOTE Confidence: 0.785592198371887

 $00:19:58.532 \longrightarrow 00:20:00.730$  if you want a traffic light system.

 $00:20:00.730 \longrightarrow 00:20:02.596$  As long as it's not causing

NOTE Confidence: 0.785592198371887

 $00{:}20{:}02.596 \dashrightarrow 00{:}20{:}04.390$  significant harm to the patient,

NOTE Confidence: 0.785592198371887

 $00:20:04.390 \longrightarrow 00:20:07.040$  then we're able to proceed.

NOTE Confidence: 0.785592198371887

 $00:20:07.040 \longrightarrow 00:20:10.232$  Even if we don't think that that's the

NOTE Confidence: 0.785592198371887

 $00:20:10.232 \longrightarrow 00:20:13.640$  most ideal or best option for the patient.

NOTE Confidence: 0.785592198371887

00:20:13.640 --> 00:20:14.065 Now,

NOTE Confidence: 0.785592198371887

 $00:20:14.065 \longrightarrow 00:20:17.040$  this of course requires that we have

NOTE Confidence: 0.785592198371887

00:20:17.040 --> 00:20:19.557 an understanding of the effects of

NOTE Confidence: 0.785592198371887

 $00{:}20{:}19.557 \dashrightarrow 00{:}20{:}21.933$  carrying out the decision on whether

NOTE Confidence: 0.785592198371887

 $00:20:22.012 \longrightarrow 00:20:25.169$  on balance it would cause significant harm.

NOTE Confidence: 0.785592198371887

 $00{:}20{:}25.170 \dashrightarrow 00{:}20{:}27.522$  And by harm I mean a significant

NOTE Confidence: 0.785592198371887

 $00:20:27.522 \longrightarrow 00:20:29.380$  set back to interests,

NOTE Confidence: 0.785592198371887

 $00:20:29.380 \longrightarrow 00:20:31.024$  including our future interests,

NOTE Confidence: 0.785592198371887

 $00:20:31.024 \longrightarrow 00:20:33.079$  so that may include things

NOTE Confidence: 0.785592198371887

 $00:20:33.079 \longrightarrow 00:20:35.127$  such as being free from pain,

NOTE Confidence: 0.785592198371887

 $00:20:35.130 \longrightarrow 00:20:37.034$  having good physiological function.

00:20:37.034 --> 00:20:37.986 Enjoying life,

NOTE Confidence: 0.785592198371887

 $00{:}20{:}37.990 \dashrightarrow 00{:}20{:}40.806$  having happiness with now and in the future.

NOTE Confidence: 0.785592198371887

 $00:20:40.810 \longrightarrow 00:20:42.580$  A sense of bodily integrity.

NOTE Confidence: 0.785592198371887

 $00:20:42.580 \longrightarrow 00:20:45.000$  The ability to form meaningful

NOTE Confidence: 0.785592198371887

 $00:20:45.000 \longrightarrow 00:20:47.420$  relationships and be off to

NOTE Confidence: 0.785592198371887

 $00:20:47.506 \longrightarrow 00:20:49.760$  go to school or be at home.

NOTE Confidence: 0.785592198371887

 $00:20:49.760 \longrightarrow 00:20:51.440$  Now these interests over costs

NOTE Confidence: 0.785592198371887

 $00:20:51.440 \longrightarrow 00:20:53.612$  incredibly varied and for a child

NOTE Confidence: 0.785592198371887

 $00:20:53.612 \longrightarrow 00:20:55.328$  they may overlap significantly,

NOTE Confidence: 0.785592198371887

 $00:20:55.330 \longrightarrow 00:20:57.466$  but not necessarily the same as

NOTE Confidence: 0.785592198371887

 $00:20:57.466 \longrightarrow 00:20:59.721$  the interests of the family or

NOTE Confidence: 0.785592198371887

 $00:20:59.721 \longrightarrow 00:21:01.626$  other siblings in the family.

NOTE Confidence: 0.785592198371887

 $00{:}21{:}01.630 \to 00{:}21{:}04.374$  And so our assessment of these things

NOTE Confidence: 0.785592198371887

 $00:21:04.374 \longrightarrow 00:21:06.991$  can be highly subjective and based

NOTE Confidence: 0.785592198371887

 $00:21:06.991 \longrightarrow 00:21:09.709$  on their own beliefs and values.

 $00:21:09.710 \longrightarrow 00:21:12.262$  So the tricky thing is that no matter

NOTE Confidence: 0.785592198371887

00:21:12.262 --> 00:21:14.919 how much of patients cases discussed,

NOTE Confidence: 0.785592198371887

00:21:14.920 --> 00:21:16.258 sometimes different members

NOTE Confidence: 0.785592198371887

00:21:16.258 --> 00:21:18.488 will formulate a very different

NOTE Confidence: 0.785592198371887

 $00:21:18.488 \longrightarrow 00:21:19.380$  assessment about

NOTE Confidence: 0.871196806430817

00:21:19.441 --> 00:21:21.235 whether a treat a treatment will

NOTE Confidence: 0.871196806430817

00:21:21.235 --> 00:21:23.550 cause harm and may be at risk

NOTE Confidence: 0.871196806430817

00:21:23.550 --> 00:21:24.958 of experiencing moral distress,

NOTE Confidence: 0.871196806430817

 $00:21:24.960 \longrightarrow 00:21:27.914$  even though the group consensus is that

NOTE Confidence: 0.871196806430817

 $00:21:27.914 \longrightarrow 00:21:30.090$  decision is ethically permissible.

NOTE Confidence: 0.871196806430817

 $00{:}21{:}30.090 \dashrightarrow 00{:}21{:}32.316$  Now I want to highlight that although

NOTE Confidence: 0.871196806430817

 $00:21:32.316 \longrightarrow 00:21:34.410$  the group consensus may still be

NOTE Confidence: 0.871196806430817

 $00:21:34.410 \longrightarrow 00:21:35.846$  that it's ethically permissible,

NOTE Confidence: 0.871196806430817

00:21:35.850 --> 00:21:37.914 it doesn't necessarily take away the

NOTE Confidence: 0.871196806430817

00:21:37.914 --> 00:21:39.722 negative experience of moral distress

NOTE Confidence: 0.871196806430817

 $00:21:39.722 \longrightarrow 00:21:41.602$  for the person experiencing the

 $00:21:41.602 \longrightarrow 00:21:43.446$  experience is still incredibly real

NOTE Confidence: 0.871196806430817

 $00:21:43.446 \longrightarrow 00:21:45.162$  and needs to be managed irrespective

NOTE Confidence: 0.871196806430817

 $00:21:45.162 \longrightarrow 00:21:47.040$  of what that moral judgment is.

NOTE Confidence: 0.828935861587524

00:21:49.170 --> 00:21:51.480 The cause in acute care settings were

NOTE Confidence: 0.828935861587524

 $00:21:51.480 \longrightarrow 00:21:53.902$  faced with the challenge that we often

NOTE Confidence: 0.828935861587524

00:21:53.902 --> 00:21:56.766 feel like we're spending a lot of our time

NOTE Confidence: 0.828935861587524

00:21:56.766 --> 00:21:59.308 out in that alar rim of the Green Zone,

NOTE Confidence: 0.828935861587524

 $00:21:59.308 \longrightarrow 00:22:03.060$  but is sitting right on the edge of harm.

NOTE Confidence: 0.828935861587524

 $00{:}22{:}03.060 \dashrightarrow 00{:}22{:}06.322$  We need frameworks to try and determine

NOTE Confidence: 0.828935861587524

 $00{:}22{:}06.322 \dashrightarrow 00{:}22{:}08.550$  whether decisions will unbalance.

NOTE Confidence: 0.828935861587524

 $00:22:08.550 \longrightarrow 00:22:11.224$  Provide significant harm but also learn to

NOTE Confidence: 0.828935861587524

 $00:22:11.224 \longrightarrow 00:22:14.258$  live with some degree of moral discomfort.

NOTE Confidence: 0.828935861587524

 $00:22:14.260 \longrightarrow 00:22:15.904$  In these uncertain times.

NOTE Confidence: 0.828935861587524

00:22:15.904 --> 00:22:18.370 We need to understand that moral

NOTE Confidence: 0.828935861587524

 $00:22:18.450 \longrightarrow 00:22:20.542$  distress may reflect differing

00:22:20.542 --> 00:22:22.634 personal beliefs and values,

NOTE Confidence: 0.828935861587524

 $00{:}22{:}22.640 \longrightarrow 00{:}22{:}25.075$  rather than actually being a

NOTE Confidence: 0.828935861587524

 $00:22:25.075 \longrightarrow 00:22:27.023$  dependable marker that we're

NOTE Confidence: 0.828935861587524

 $00:22:27.023 \longrightarrow 00:22:29.450$  doing something morally wrong.

NOTE Confidence: 0.828935861587524

 $00:22:29.450 \longrightarrow 00:22:30.239$  In that sense,

NOTE Confidence: 0.828935861587524

00:22:30.239 --> 00:22:32.080 Marla stress can in some ways be

NOTE Confidence: 0.828935861587524

 $00:22:32.145 \longrightarrow 00:22:33.963$  expected and anticipated in an acute

NOTE Confidence: 0.828935861587524

 $00:22:33.963 \longrightarrow 00:22:35.994$  care setting or a progressive medical

NOTE Confidence: 0.828935861587524

 $00{:}22{:}35.994 \dashrightarrow 00{:}22{:}38.661$  environment where the team are trying to

NOTE Confidence: 0.828935861587524

 $00:22:38.661 \longrightarrow 00:22:40.650$  advance and trying to improve outcomes.

NOTE Confidence: 0.828935861587524

 $00{:}22{:}40.650 \dashrightarrow 00{:}22{:}42.834$  It often reflects the passionate work place

NOTE Confidence: 0.828935861587524

 $00:22:42.834 \longrightarrow 00:22:45.102$  where team members are all trying to

NOTE Confidence: 0.828935861587524

00:22:45.102 --> 00:22:47.370 act in the best interest of the patient,

NOTE Confidence: 0.828935861587524

 $00:22:47.370 \longrightarrow 00:22:49.510$  and we shouldn't forget that.

$$\label{eq:note-norm} \begin{split} &\text{NOTE Confidence: } 0.828935861587524 \\ &00:22:49.510 --> 00:22:49.900 \text{ Therefore,} \\ &\text{NOTE Confidence: } 0.828935861587524 \end{split}$$

 $00:22:49.900 \longrightarrow 00:22:50.680$  moral stress,

00:22:50.680 --> 00:22:53.020 it always needs to be acknowledged,

NOTE Confidence: 0.828935861587524

 $00:22:53.020 \longrightarrow 00:22:54.652$  needs to be validated,

NOTE Confidence: 0.828935861587524

00:22:54.652 --> 00:22:57.100 but it doesn't always require that

NOTE Confidence: 0.828935861587524

00:22:57.171 --> 00:22:59.386 we changed the management plan.

NOTE Confidence: 0.828935861587524

 $00:22:59.390 \longrightarrow 00:23:01.707$  Or try to remove the perceived constraint.

NOTE Confidence: 0.870607376098633

00:23:03.820 --> 00:23:05.595 Now, it's also worth thinking

NOTE Confidence: 0.870607376098633

 $00:23:05.595 \longrightarrow 00:23:07.805$  about the nature of that constraint

NOTE Confidence: 0.870607376098633

 $00{:}23{:}07.805 \dashrightarrow 00{:}23{:}10.013$  and what was surprising from our

NOTE Confidence: 0.870607376098633

00:23:10.013 --> 00:23:12.368 own data was a perception that.

NOTE Confidence: 0.870607376098633

 $00{:}23{:}12.370 \dashrightarrow 00{:}23{:}14.974$  The perception that physicians

NOTE Confidence: 0.870607376098633

 $00:23:14.974 \longrightarrow 00:23:16.276$  were constraining.

NOTE Confidence: 0.870607376098633

 $00:23:16.280 \longrightarrow 00:23:18.278$  The nursing staff from doing the

NOTE Confidence: 0.870607376098633

 $00{:}23{:}18.278 \dashrightarrow 00{:}23{:}20.086$  right thing was actually surprisingly

NOTE Confidence: 0.870607376098633

 $00{:}23{:}20.086 \dashrightarrow 00{:}23{:}22.588$  absent from the open ended responses.

NOTE Confidence: 0.870607376098633

 $00:23:22.590 \longrightarrow 00:23:25.110$  Most of the time the clinical team

00:23:25.110 --> 00:23:28.136 agreed on what level of care should be

NOTE Confidence: 0.870607376098633

 $00:23:28.136 \longrightarrow 00:23:30.750$  provided to the patient and so where.

NOTE Confidence: 0.870607376098633 00:23:30.750 --> 00:23:31.492 For example,

NOTE Confidence: 0.870607376098633

 $00:23:31.492 \longrightarrow 00:23:33.718$  in the intelligence preferred intensive care.

NOTE Confidence: 0.870607376098633

 $00:23:33.720 \longrightarrow 00:23:35.725$  The other clinicians wanted withdrawal

NOTE Confidence: 0.870607376098633

 $00:23:35.725 \longrightarrow 00:23:37.329$  of life sustaining interventions

NOTE Confidence: 0.870607376098633

 $00:23:37.329 \longrightarrow 00:23:38.910$  in only 2\% of occasions,

NOTE Confidence: 0.870607376098633

 $00:23:38.910 \longrightarrow 00:23:40.020$  but not surprisingly,

NOTE Confidence: 0.870607376098633

 $00:23:40.020 \longrightarrow 00:23:42.246$  moral distress was really common and

NOTE Confidence: 0.870607376098633

 $00:23:42.246 \longrightarrow 00:23:46.400$  occurs in around 76% of these occasions.

NOTE Confidence: 0.870607376098633

 $00:23:46.400 \longrightarrow 00:23:48.521$  Rather, what was clear was in the

NOTE Confidence: 0.870607376098633

00:23:48.521 --> 00:23:50.439 context of shared decision making.

NOTE Confidence: 0.870607376098633

 $00:23:50.440 \longrightarrow 00:23:52.708$  There had been a significant shift

NOTE Confidence: 0.870607376098633

00:23:52.708 --> 00:23:55.382 from the physician being seen as a

NOTE Confidence: 0.870607376098633

 $00:23:55.382 \longrightarrow 00:23:57.207$  constraint and rather the frustration

NOTE Confidence: 0.870607376098633

 $00:23:57.207 \longrightarrow 00:23:59.800$  seemed to be directed at the families.

 $00:23:59.800 \longrightarrow 00:24:02.082$  So 20% of our stuff or clinicians

NOTE Confidence: 0.870607376098633

 $00{:}24{:}02.082 \dashrightarrow 00{:}24{:}03.761$  attributed their mile distress to

NOTE Confidence: 0.870607376098633

 $00:24:03.761 \longrightarrow 00:24:06.001$  the roles of the family in decision

NOTE Confidence: 0.870607376098633

00:24:06.001 --> 00:24:08.218 making and the belief that parents

NOTE Confidence: 0.870607376098633

00:24:08.218 --> 00:24:10.053 either didn't understand or lacked

NOTE Confidence: 0.870607376098633

 $00:24:10.060 \longrightarrow 00:24:12.988$  the capacity to make the decision.

NOTE Confidence: 0.870607376098633

 $00:24:12.990 \longrightarrow 00:24:14.935$  And some might question whether

NOTE Confidence: 0.870607376098633

 $00:24:14.935 \longrightarrow 00:24:16.880$  we're asking the impossible of

NOTE Confidence: 0.870607376098633

 $00{:}24{:}16.951 \longrightarrow 00{:}24{:}19.063$  parents to imagine how they add

NOTE Confidence: 0.870607376098633

 $00{:}24{:}19.063 \dashrightarrow 00{:}24{:}21.100$  child's interest will be impacted.

NOTE Confidence: 0.870607376098633

00:24:21.100 --> 00:24:23.599 And what their future will look like?

NOTE Confidence: 0.870607376098633

 $00:24:23.600 \longrightarrow 00:24:25.680$  Particularly if there's going to

NOTE Confidence: 0.870607376098633

 $00{:}24{:}25.680 \dashrightarrow 00{:}24{:}27.760$  be multiple stage procedures and

NOTE Confidence: 0.870607376098633

00:24:27.824 --> 00:24:29.869 multiple episodes where there may

NOTE Confidence: 0.870607376098633

 $00:24:29.869 \longrightarrow 00:24:32.240$  be additional burden along the way.

 $00:24:32.240 \longrightarrow 00:24:35.166$  Now it's not clear from El results

NOTE Confidence: 0.870607376098633

 $00{:}24{:}35.166 \dashrightarrow 00{:}24{:}37.762$  whether or what clinicians intended

NOTE Confidence: 0.870607376098633

 $00:24:37.762 \longrightarrow 00:24:41.524$  by the meaning that families lacked

NOTE Confidence: 0.870607376098633

00:24:41.524 --> 00:24:44.289 understanding would like to capacity.

NOTE Confidence: 0.870607376098633

00:24:44.290 --> 00:24:46.500 A lack of understanding may

NOTE Confidence: 0.870607376098633

 $00:24:46.500 \longrightarrow 00:24:48.268$  stem from multiple sources.

NOTE Confidence: 0.870607376098633

 $00:24:48.270 \longrightarrow 00:24:50.718$  Sometimes there will be an information

NOTE Confidence: 0.870607376098633

 $00{:}24{:}50.718 \dashrightarrow 00{:}24{:}53.550$  overload as we endeavour to communicate

NOTE Confidence: 0.870607376098633

 $00{:}24{:}53.550 \dashrightarrow 00{:}24{:}55.822$  really complex information under

NOTE Confidence: 0.870607376098633

 $00:24:55.822 \longrightarrow 00:24:57.526$  highly stressful circumstances.

NOTE Confidence: 0.870607376098633 00:24:57.530 --> 00:24:58.066 It's true, NOTE Confidence: 0.870607376098633

 $00:24:58.066 \longrightarrow 00:25:00.210$  sometimes it may be a denial of the

NOTE Confidence: 0.870607376098633

 $00{:}25{:}00.276 \longrightarrow 00{:}25{:}02.236$  situation or what we consider to be

NOTE Confidence: 0.870607376098633

 $00:25:02.236 \longrightarrow 00:25:04.471$  a false hope or belief that brings

NOTE Confidence: 0.870607376098633

00:25:04.471 --> 00:25:06.469 into rationality or the question of

NOTE Confidence: 0.870607376098633

 $00:25:06.470 \longrightarrow 00:25:09.326$  rationality of the decision being made.

 $00:25:09.330 \longrightarrow 00:25:12.140$  But I think more commonly.

NOTE Confidence: 0.870607376098633

 $00{:}25{:}12.140 \dashrightarrow 00{:}25{:}14.228$  It's our own cognitive bias that

NOTE Confidence: 0.870607376098633

 $00:25:14.228 \longrightarrow 00:25:16.465$  leads us into thinking that if

NOTE Confidence: 0.870607376098633

 $00:25:16.465 \longrightarrow 00:25:18.410$  parents choose differently from us.

NOTE Confidence: 0.870607376098633

 $00:25:18.410 \longrightarrow 00:25:22.730$  Then surely they can't possibly understand.

NOTE Confidence: 0.870607376098633

00:25:22.730 --> 00:25:24.386 And often the implication.

NOTE Confidence: 0.870607376098633

 $00:25:24.386 \longrightarrow 00:25:27.688$  We it's although we kind of think that

NOTE Confidence: 0.870607376098633

 $00:25:27.688 \longrightarrow 00:25:30.632$  a lot of these things can be overcome

NOTE Confidence: 0.870607376098633

 $00:25:30.713 \longrightarrow 00:25:33.628$  by communicating better with families,

NOTE Confidence: 0.870607376098633

 $00:25:33.630 \longrightarrow 00:25:34.646$  taking time,

NOTE Confidence: 0.870607376098633

 $00:25:34.646 \longrightarrow 00:25:36.170$  understanding their story.

NOTE Confidence: 0.870607376098633

 $00:25:36.170 \longrightarrow 00:25:38.330$  The implication seems to be that

NOTE Confidence: 0.870607376098633

 $00:25:38.330 \longrightarrow 00:25:40.540$  sometimes our clinicians feel that the

NOTE Confidence: 0.870607376098633

 $00:25:40.540 \longrightarrow 00:25:42.664$  power shared decision making has shifted

NOTE Confidence: 0.870607376098633

00:25:42.664 --> 00:25:44.827 perhaps too much towards the family.

 $00:25:44.830 \longrightarrow 00:25:48.970$  Now I'll need it ologist.

NOTE Confidence: 0.870607376098633

 $00{:}25{:}48.970 \dashrightarrow 00{:}25{:}50.896$  Also felt constrained in their decisions.

NOTE Confidence: 0.870607376098633

 $00:25:50.900 \longrightarrow 00:25:53.292$  There were times that they too felt that

NOTE Confidence: 0.870607376098633

 $00:25:53.292 \longrightarrow 00:25:55.706$  survival was done in the patients interests.

NOTE Confidence: 0.870607376098633 00:25:55.710 --> 00:25:56.079 However, NOTE Confidence: 0.870607376098633

00:25:56.079 --> 00:25:58.293 they were more likely than other

NOTE Confidence: 0.870607376098633

 $00:25:58.293 \longrightarrow 00:26:00.209$  providers to align with the

NOTE Confidence: 0.870607376098633

00:26:00.209 --> 00:26:02.054 families preferred level of care.

NOTE Confidence: 0.870607376098633

 $00:26:02.060 \longrightarrow 00:26:03.670$  And support the family's wishes.

NOTE Confidence: 0.870607376098633

 $00:26:03.670 \longrightarrow 00:26:07.135$  Now there may be lots of reasons for this.

NOTE Confidence: 0.870607376098633

 $00:26:07.140 \longrightarrow 00:26:10.128$  It may be that they had been more heavily

NOTE Confidence: 0.870607376098633

 $00:26:10.128 \longrightarrow 00:26:12.590$  involved in the decision making process.

NOTE Confidence: 0.870607376098633

00:26:12.590 --> 00:26:14.928 They may have had a greater understanding

NOTE Confidence: 0.870607376098633

 $00:26:14.928 \longrightarrow 00:26:16.940$  of what the families goals,

NOTE Confidence: 0.870607376098633

 $00:26:16.940 \longrightarrow 00:26:19.369$  wishes values were and how that was

NOTE Confidence: 0.870607376098633

00:26:19.369 --> 00:26:20.930 reflecting their thought process.

 $00:26:20.930 \longrightarrow 00:26:21.356$  Therefore,

NOTE Confidence: 0.870607376098633

 $00{:}26{:}21.356 \dashrightarrow 00{:}26{:}23.486$  having a clear understanding of

NOTE Confidence: 0.870607376098633

 $00:26:23.486 \longrightarrow 00:26:25.190$  what the families understanding

NOTE Confidence: 0.867844521999359

 $00:26:25.250 \longrightarrow 00:26:27.142$  was. It may have been believed that

NOTE Confidence: 0.867844521999359

 $00:26:27.142 \longrightarrow 00:26:29.370$  perhaps with time and ongoing discussions,

NOTE Confidence: 0.867844521999359

 $00:26:29.370 \longrightarrow 00:26:32.018$  but the family may shift in their views

NOTE Confidence: 0.867844521999359

 $00:26:32.018 \longrightarrow 00:26:35.130$  and be more accepting of palate if care.

NOTE Confidence: 0.867844521999359

 $00:26:35.130 \longrightarrow 00:26:37.734$  But some name intelligence may also have

NOTE Confidence: 0.867844521999359

 $00{:}26{:}37.734 \to 00{:}26{:}41.058$  feared that a strong opposition to a family's

NOTE Confidence: 0.867844521999359

 $00{:}26{:}41.058 \dashrightarrow 00{:}26{:}43.820$  wishes may actually impair the therapy.

NOTE Confidence: 0.867844521999359

00:26:43.820 --> 00:26:46.310 Good relationship and resulting on balance.

NOTE Confidence: 0.867844521999359

 $00{:}26{:}46.310 \dashrightarrow 00{:}26{:}49.598$  A worse outcome for the patient.

NOTE Confidence: 0.867844521999359

 $00{:}26{:}49.600 \dashrightarrow 00{:}26{:}51.625$  And this consideration reflects the

NOTE Confidence: 0.867844521999359

 $00:26:51.625 \longrightarrow 00:26:53.650$  second component of assessing harm

NOTE Confidence: 0.867844521999359

 $00:26:53.712 \longrightarrow 00:26:55.968$  within the zone of parental discretion,

00:26:55.970 --> 00:26:58.931 that is, making a judgment about what

NOTE Confidence: 0.867844521999359

 $00:26:58.931 \longrightarrow 00:27:01.537$  the effects will be on the child.

NOTE Confidence: 0.867844521999359

 $00:27:01.540 \longrightarrow 00:27:04.326$  Were we to override the parents decisions?

NOTE Confidence: 0.867844521999359

 $00:27:04.330 \longrightarrow 00:27:06.855$  Will these potentially negative effects

NOTE Confidence: 0.867844521999359

 $00:27:06.855 \longrightarrow 00:27:09.380$  actually constitute a greater harm

NOTE Confidence: 0.867844521999359

 $00{:}27{:}09.457 \dashrightarrow 00{:}27{:}11.942$  to the child then the harm expected

NOTE Confidence: 0.867844521999359

 $00:27:11.942 \longrightarrow 00:27:14.310$  from the parents original decision?

NOTE Confidence: 0.867844521999359

 $00:27:14.310 \longrightarrow 00:27:16.858$  No more the stress under these circumstances

NOTE Confidence: 0.867844521999359

 $00{:}27{:}16.858 \dashrightarrow 00{:}27{:}18.702$  can be incredibly difficult where

NOTE Confidence: 0.867844521999359

 $00:27:18.702 \longrightarrow 00:27:21.124$  there's a sense of in agreement amongst

NOTE Confidence: 0.867844521999359

 $00:27:21.124 \longrightarrow 00:27:23.954$  the treating team that the treatment

NOTE Confidence: 0.867844521999359

 $00:27:23.954 \longrightarrow 00:27:25.406$  is disproportionately burdensome.

NOTE Confidence: 0.867844521999359

 $00{:}27{:}25.410 \dashrightarrow 00{:}27{:}27.255$  But to override the parents

NOTE Confidence: 0.867844521999359

 $00:27:27.255 \longrightarrow 00:27:29.490$  decisions may cause a greater harm.

NOTE Confidence: 0.867844521999359

 $00:27:29.490 \longrightarrow 00:27:31.180$  Requires really clear and honest

NOTE Confidence: 0.867844521999359

00:27:31.180 --> 00:27:33.655 communication as a team and a sense

 $00:27:33.655 \longrightarrow 00:27:35.465$  that everyone still working together,

NOTE Confidence: 0.867844521999359

 $00:27:35.470 \longrightarrow 00:27:38.827$  to which achieves the same goal of trying to

NOTE Confidence: 0.867844521999359

 $00:27:38.827 \longrightarrow 00:27:41.719$  achieve the best outcome for that patient.

NOTE Confidence: 0.867844521999359

 $00:27:41.720 \longrightarrow 00:27:45.208$  Even if that outcome may take some time.

NOTE Confidence: 0.867844521999359

 $00:27:45.210 \longrightarrow 00:27:48.514$  And I'm so incredibly grateful to our team

NOTE Confidence: 0.867844521999359

 $00{:}27{:}48.514 \dashrightarrow 00{:}27{:}51.973$  of nurses in particular who continue to

NOTE Confidence: 0.867844521999359

00:27:51.973 --> 00:27:55.264 provide hour by hour compassionate care

NOTE Confidence: 0.867844521999359

 $00{:}27{:}55.264 \dashrightarrow 00{:}27{:}58.579$  under these really challenging circumstances.

NOTE Confidence: 0.867844521999359

 $00:27:58.580 \longrightarrow 00:28:00.320$  Now saying around the same

NOTE Confidence: 0.867844521999359

 $00:28:00.320 \longrightarrow 00:28:01.712$  time as my research,

NOTE Confidence: 0.867844521999359

00:28:01.720 --> 00:28:03.660 social media really brought into

NOTE Confidence: 0.867844521999359

 $00:28:03.660 \longrightarrow 00:28:05.600$  international attention the issue of

NOTE Confidence: 0.867844521999359

 $00{:}28{:}05.660 \dashrightarrow 00{:}28{:}07.984$  who should decide the interest of the

NOTE Confidence: 0.867844521999359

 $00{:}28{:}07.984 \dashrightarrow 00{:}28{:}09.983$  patient and highlight some of the

NOTE Confidence: 0.867844521999359

00:28:09.983 --> 00:28:11.873 challenges of the potential harms seeking

00:28:11.873 --> 00:28:13.940 to override the wishes of parents.

NOTE Confidence: 0.867844521999359

 $00:28:13.940 \longrightarrow 00:28:16.852$  Some of you will recognize these as

NOTE Confidence: 0.867844521999359

00:28:16.852 --> 00:28:19.440 being the parents of Charlie Gard.

NOTE Confidence: 0.867844521999359

 $00:28:19.440 \longrightarrow 00:28:22.275$  Who sought to take their in Kepler,

NOTE Confidence: 0.867844521999359

 $00:28:22.280 \longrightarrow 00:28:24.908$  Pathic and ventilator dependent son with

NOTE Confidence: 0.867844521999359

 $00:28:24.908 \longrightarrow 00:28:27.352$  a very rare mitochondrial DNA depletion

NOTE Confidence: 0.867844521999359

 $00:28:27.352 \longrightarrow 00:28:30.366$  syndrome from the UK to the US in order

NOTE Confidence: 0.867844521999359

 $00:28:30.366 \longrightarrow 00:28:33.072$  to receive an experiment treatment that

NOTE Confidence: 0.867844521999359

 $00:28:33.072 \longrightarrow 00:28:35.642$  hadn't previously been trialed in humans.

NOTE Confidence: 0.867844521999359

00:28:35.642 --> 00:28:38.066 He's treating team had felt very

NOTE Confidence: 0.867844521999359

 $00{:}28{:}38.066 \dashrightarrow 00{:}28{:}40.682$  strongly that it wouldn't be in his

NOTE Confidence: 0.867844521999359

 $00:28:40.682 \longrightarrow 00:28:43.390$  interests and sought legal action to

NOTE Confidence: 0.867844521999359

 $00:28:43.390 \longrightarrow 00:28:45.208$  ceaseless sustaining interventions.

NOTE Confidence: 0.867844521999359

 $00:28:45.210 \longrightarrow 00:28:47.586$  Now the ethics in question were

NOTE Confidence: 0.867844521999359

 $00:28:47.586 \longrightarrow 00:28:49.901$  purely based on whether that was

NOTE Confidence: 0.867844521999359

 $00:28:49.901 \longrightarrow 00:28:52.197$  a harm or benefit to this child.

 $00:28:52.200 \longrightarrow 00:28:53.672$  That wasn't a question

NOTE Confidence: 0.867844521999359

 $00:28:53.672 \longrightarrow 00:28:54.776$  of resource allocation.

NOTE Confidence: 0.867844521999359

00:28:54.780 --> 00:28:57.884 The family had done an amazing job of

NOTE Confidence: 0.867844521999359

 $00:28:57.884 \longrightarrow 00:29:00.324$  crowdfunding to receive the funds they

NOTE Confidence: 0.867844521999359

 $00{:}29{:}00.324 \dashrightarrow 00{:}29{:}03.140$  needed in order to transfer his care.

NOTE Confidence: 0.867844521999359

00:29:03.140 --> 00:29:05.016 But this disagreement resulting

NOTE Confidence: 0.867844521999359

 $00:29:05.016 \longrightarrow 00:29:08.300$  in a brutal five month court case.

NOTE Confidence: 0.867844521999359

 $00:29:08.300 \longrightarrow 00:29:10.200$  And thanks to social media,

NOTE Confidence: 0.867844521999359

 $00{:}29{:}10.200 \dashrightarrow 00{:}29{:}12.846$  everyone had an opinion from everyday people.

NOTE Confidence: 0.867844521999359

 $00{:}29{:}12.850 \dashrightarrow 00{:}29{:}15.646$  To the president of the United

NOTE Confidence: 0.867844521999359

 $00{:}29{:}15.646 \dashrightarrow 00{:}29{:}17.510$  States and the Pope.

NOTE Confidence: 0.867844521999359

 $00:29:17.510 \longrightarrow 00:29:20.406$  And as you are all well too aware,

NOTE Confidence: 0.867844521999359

 $00{:}29{:}20.410 \dashrightarrow 00{:}29{:}22.330$  it's become such a common place

NOTE Confidence: 0.867844521999359

 $00{:}29{:}22.330 \longrightarrow 00{:}29{:}24.792$  for social media to shape our

NOTE Confidence: 0.867844521999359

 $00:29:24.792 \longrightarrow 00:29:26.660$  popular opinion and discourse.

 $00:29:26.660 \longrightarrow 00:29:28.430$  Even in our private consultations

NOTE Confidence: 0.867844521999359

 $00{:}29{:}28.430 \dashrightarrow 00{:}29{:}30.552$  were often no longer speaking to

NOTE Confidence: 0.867844521999359

 $00:29:30.552 \longrightarrow 00:29:32.286$  a patient or family in isolation,

NOTE Confidence: 0.867844521999359

 $00:29:32.290 \longrightarrow 00:29:35.332$  but we may be dealing with the opinions of

NOTE Confidence: 0.867844521999359

 $00:29:35.332 \longrightarrow 00:29:38.155$  doctor Google or a specific support group.

NOTE Confidence: 0.867844521999359

 $00:29:38.160 \longrightarrow 00:29:40.215$  Sometimes will benefit from the

NOTE Confidence: 0.867844521999359

 $00:29:40.215 \longrightarrow 00:29:41.859$  additional perspectives and experience.

NOTE Confidence: 0.867844521999359

 $00:29:41.860 \longrightarrow 00:29:44.095$  We can certainly learn from

NOTE Confidence: 0.867844521999359

00:29:44.095 --> 00:29:46.330 our patients and their support

NOTE Confidence: 0.907279670238495

 $00:29:46.410 \longrightarrow 00:29:47.938$  groups. But at other times,

NOTE Confidence: 0.907279670238495

 $00{:}29{:}47.938 \dashrightarrow 00{:}29{:}49.420$  it can certainly feel challenging and

NOTE Confidence: 0.907279670238495

 $00:29:49.466 \longrightarrow 00:29:50.972$  feel like an additional barrier to

NOTE Confidence: 0.907279670238495

 $00:29:50.972 \longrightarrow 00:29:52.873$  achieving what we think is in the best

NOTE Confidence: 0.907279670238495

 $00:29:52.873 \longrightarrow 00:29:56.330$  interest for the patients in front of us.

NOTE Confidence: 0.907279670238495

 $00:29:56.330 \longrightarrow 00:29:58.892$  What was also evident from the case

NOTE Confidence: 0.907279670238495

 $00{:}29{:}58.892 \dashrightarrow 00{:}30{:}01.648$  of Charlie Gard was the degree of

 $00:30:01.648 \longrightarrow 00:30:04.018$  moral outrage or indignation that was

NOTE Confidence: 0.907279670238495

 $00:30:04.094 \longrightarrow 00:30:06.964$  experienced on both sides of the debate.

NOTE Confidence: 0.907279670238495

 $00{:}30{:}06.970 \dashrightarrow 00{:}30{:}09.274$  No moral outrage is the anger

NOTE Confidence: 0.907279670238495

 $00:30:09.274 \longrightarrow 00:30:10.810$  that's experienced in response

NOTE Confidence: 0.907279670238495

 $00:30:10.878 \longrightarrow 00:30:12.478$  to a perceived injustice,

NOTE Confidence: 0.907279670238495

 $00:30:12.480 \longrightarrow 00:30:15.696$  so possible expression of Mila stress.

NOTE Confidence: 0.907279670238495

00:30:15.700 --> 00:30:17.630 When moral outrage is misdirected,

NOTE Confidence: 0.907279670238495

 $00:30:17.630 \longrightarrow 00:30:19.560$  it can seek to shame,

NOTE Confidence: 0.907279670238495

 $00:30:19.560 \longrightarrow 00:30:21.396$  punish the perceived wrong doers,

NOTE Confidence: 0.907279670238495

 $00{:}30{:}21.396 \dashrightarrow 00{:}30{:}24.998$  and can actually have the potential to to

NOTE Confidence: 0.907279670238495

 $00:30:24.998 \longrightarrow 00:30:27.326$  further constrain the actions of others.

NOTE Confidence: 0.907279670238495

 $00:30:27.330 \longrightarrow 00:30:29.675$  This is an image of Charlie's Angels

NOTE Confidence: 0.907279670238495

 $00{:}30{:}29.675 \dashrightarrow 00{:}30{:}31.958$  who were some of the protesters.

NOTE Confidence: 0.907279670238495

00:30:31.960 --> 00:30:33.553 Protesting against Charlies

NOTE Confidence: 0.907279670238495

 $00:30:33.553 \longrightarrow 00:30:36.208$  treating team in the UK.

 $00:30:36.210 \longrightarrow 00:30:38.600$  A man is as a result that the star for

NOTE Confidence: 0.907279670238495

 $00{:}30{:}38.668 \dashrightarrow 00{:}30{:}40.936$  the clinicians at his hospital received

NOTE Confidence: 0.907279670238495

00:30:40.936 --> 00:30:43.710 a number of physical and verbal threats,

NOTE Confidence: 0.907279670238495

 $00:30:43.710 \longrightarrow 00:30:45.051$  including death threats,

NOTE Confidence: 0.907279670238495

00:30:45.051 --> 00:30:47.733 over doing what they believed was

NOTE Confidence: 0.907279670238495

 $00:30:47.733 \longrightarrow 00:30:50.198$  the right thing by the patient.

NOTE Confidence: 0.907279670238495

00:30:50.200 --> 00:30:50.561 Now,

NOTE Confidence: 0.907279670238495

 $00:30:50.561 \longrightarrow 00:30:52.727$  as health care professionals who are

NOTE Confidence: 0.907279670238495

 $00{:}30{:}52.727 \dashrightarrow 00{:}30{:}54.853$  not immune from experiencing moral

NOTE Confidence: 0.907279670238495

 $00:30:54.853 \longrightarrow 00:30:57.781$  outrage or indignation in response to

NOTE Confidence: 0.907279670238495

 $00{:}30{:}57.781 \dashrightarrow 00{:}30{:}59.710$  perceived injustices or wrong doing.

NOTE Confidence: 0.907279670238495

00:30:59.710 --> 00:31:01.985 At best it can represent the passion

NOTE Confidence: 0.907279670238495

 $00:31:01.985 \longrightarrow 00:31:04.280$  that we bring to our workplace and

NOTE Confidence: 0.907279670238495

00:31:04.280 --> 00:31:06.561 our efforts to do the right thing

NOTE Confidence: 0.907279670238495

 $00:31:06.561 \longrightarrow 00:31:08.589$  by our patients that may stem

NOTE Confidence: 0.907279670238495

 $00:31:08.589 \longrightarrow 00:31:10.242$  from really good motives.

 $00:31:10.242 \longrightarrow 00:31:12.770$  But if not controlled.

NOTE Confidence: 0.907279670238495

00:31:12.770 --> 00:31:14.840 Then undirected then we also risk

NOTE Confidence: 0.907279670238495

 $00:31:14.840 \longrightarrow 00:31:16.680$  overpowering the voices of others.

NOTE Confidence: 0.907279670238495

 $00:31:16.680 \longrightarrow 00:31:19.102$  And I think this can be really

NOTE Confidence: 0.907279670238495

 $00:31:19.102 \longrightarrow 00:31:21.274$  problematic in health care if we

NOTE Confidence: 0.907279670238495

00:31:21.274 --> 00:31:23.039 inadvertently use our position of

NOTE Confidence: 0.907279670238495

00:31:23.039 --> 00:31:25.546 power to force our views on others,

NOTE Confidence: 0.907279670238495

 $00:31:25.550 \longrightarrow 00:31:27.325$  especially if our moral distress

NOTE Confidence: 0.907279670238495

00:31:27.325 --> 00:31:28.745 arising from moral subjectivity,

NOTE Confidence: 0.907279670238495

 $00:31:28.750 \longrightarrow 00:31:31.200$  where there is reason to believe that

NOTE Confidence: 0.907279670238495

 $00:31:31.200 \longrightarrow 00:31:33.509$  the decision may still actually be

NOTE Confidence: 0.907279670238495

 $00:31:33.509 \longrightarrow 00:31:35.489$  ethically permissible or be within

NOTE Confidence: 0.907279670238495

 $00{:}31{:}35.489 \dashrightarrow 00{:}31{:}37.838$  the zone of parental discretion.

NOTE Confidence: 0.907279670238495

 $00:31:37.840 \longrightarrow 00:31:41.560$  If we. Want to be heard? Then?

NOTE Confidence: 0.907279670238495

 $00:31:41.560 \longrightarrow 00:31:44.640$  We also need to expect to listen.

 $00:31:44.640 \longrightarrow 00:31:47.230$  But we also need to accept that

NOTE Confidence: 0.907279670238495

 $00{:}31{:}47.230 \dashrightarrow 00{:}31{:}48.792$  being heard doesn't necessarily

NOTE Confidence: 0.907279670238495

 $00:31:48.792 \longrightarrow 00:31:51.396$  mean that we get our own way.

NOTE Confidence: 0.907279670238495

 $00:31:51.400 \longrightarrow 00:31:53.188$  This became really apparent

NOTE Confidence: 0.907279670238495

 $00:31:53.188 \longrightarrow 00:31:54.976$  in our follow-up study.

NOTE Confidence: 0.907279670238495

 $00:31:54.980 \longrightarrow 00:31:57.344$  We recognize that by asking clinicians

NOTE Confidence: 0.907279670238495

00:31:57.344 --> 00:31:58.920 to complete regular surveys,

NOTE Confidence: 0.907279670238495

 $00:31:58.920 \longrightarrow 00:32:01.374$  it was providing them with an

NOTE Confidence: 0.907279670238495

 $00{:}32{:}01.374 \dashrightarrow 00{:}32{:}03.446$  opportunity to express their opinions

NOTE Confidence: 0.907279670238495

 $00:32:03.446 \longrightarrow 00:32:06.008$  that they may not have otherwise had

NOTE Confidence: 0.907279670238495

 $00{:}32{:}06.008 \dashrightarrow 00{:}32{:}08.578$  in the fairly anonymous fashion.

NOTE Confidence: 0.907279670238495

 $00:32:08.580 \longrightarrow 00:32:10.764$  It was a safe way to do it.

NOTE Confidence: 0.907279670238495

 $00:32:10.770 \longrightarrow 00:32:11.578$  And suddenly,

NOTE Confidence: 0.907279670238495

 $00:32:11.578 \longrightarrow 00:32:13.194$  clinicians believes that the

NOTE Confidence: 0.907279670238495

 $00:32:13.194 \longrightarrow 00:32:15.816$  study had the benefit of raising

NOTE Confidence: 0.907279670238495

 $00{:}32{:}15.816 \to 00{:}32{:}17.220$  awareness about monstrous,

 $00:32:17.220 \longrightarrow 00:32:20.188$  in giving voice to concerns that the

NOTE Confidence: 0.907279670238495

 $00:32:20.188 \longrightarrow 00:32:22.263$  patients were receiving potentially

NOTE Confidence: 0.907279670238495

 $00:32:22.263 \longrightarrow 00:32:24.438$  overly burdensome treatments.

NOTE Confidence: 0.907279670238495 00:32:24.440 --> 00:32:24.763 However, NOTE Confidence: 0.907279670238495

 $00:32:24.763 \longrightarrow 00:32:26.378$  some also recognized that there

NOTE Confidence: 0.907279670238495

00:32:26.378 --> 00:32:28.870 was a risk of empowering 1 voice,

NOTE Confidence: 0.907279670238495

 $00:32:28.870 \longrightarrow 00:32:30.575$  potentially at the risk to

NOTE Confidence: 0.907279670238495

 $00:32:30.575 \longrightarrow 00:32:31.939$  another and one Nina.

NOTE Confidence: 0.907279670238495

00:32:31.940 --> 00:32:34.778 Tala just put it this way.

NOTE Confidence: 0.907279670238495

 $00:32:34.780 \longrightarrow 00:32:36.852$  That this study has not helped staff

NOTE Confidence: 0.907279670238495

 $00:32:36.852 \longrightarrow 00:32:38.749$  cope with accepting parents decisions.

NOTE Confidence: 0.907279670238495

 $00:32:38.750 \dashrightarrow 00:32:40.886$  The staff are getting more distressed

NOTE Confidence: 0.907279670238495

 $00{:}32{:}40.886 \dashrightarrow 00{:}32{:}43.548$  because they have a name to put to

NOTE Confidence: 0.907279670238495

 $00{:}32{:}43.548 \dashrightarrow 00{:}32{:}45.707$  it without thinking that this is a

NOTE Confidence: 0.907279670238495

00:32:45.707 --> 00:32:47.687 family centered unit and the needs,

 $00:32:47.690 \longrightarrow 00:32:49.345$  thoughts and desires of the

NOTE Confidence: 0.907279670238495

 $00:32:49.345 \longrightarrow 00:32:50.338$  family come first,

NOTE Confidence: 0.907279670238495

 $00:32:50.340 \longrightarrow 00:32:52.242$  not the thoughts of the staff

NOTE Confidence: 0.907279670238495

 $00:32:52.242 \longrightarrow 00:32:54.639$  as to what they think is right.

NOTE Confidence: 0.859649896621704

00:32:57.340 --> 00:32:59.713 Now will return full circle to some

NOTE Confidence: 0.859649896621704

 $00:32:59.713 \longrightarrow 00:33:02.400$  of the more difficult constraints.

NOTE Confidence: 0.859649896621704

 $00:33:02.400 \longrightarrow 00:33:05.454$  Those that arise from systemic shortages

NOTE Confidence: 0.859649896621704

 $00:33:05.454 \longrightarrow 00:33:08.805$  and inequalities in society and many that

NOTE Confidence: 0.859649896621704

 $00:33:08.805 \longrightarrow 00:33:11.689$  have been brought into light by COVID-19.

NOTE Confidence: 0.859649896621704

 $00:33:11.690 \longrightarrow 00:33:13.130$  Before going any further,

NOTE Confidence: 0.859649896621704

 $00:33:13.130 \longrightarrow 00:33:15.768$  I want to acknowledge that my lived

NOTE Confidence: 0.859649896621704

00:33:15.768 --> 00:33:18.204 experience of COVID-19 is very different

NOTE Confidence: 0.859649896621704

 $00:33:18.204 \longrightarrow 00:33:20.997$  to those living and working in the USA.

NOTE Confidence: 0.859649896621704

00:33:21.000 --> 00:33:22.965 Different countries have taken very

NOTE Confidence: 0.859649896621704

 $00:33:22.965 \longrightarrow 00:33:24.537$  different approaches to addressing

NOTE Confidence: 0.859649896621704

00:33:24.537 --> 00:33:26.458 COVID-19 around the world were very

00:33:26.458 --> 00:33:27.928 different results and my purpose

NOTE Confidence: 0.859649896621704

 $00:33:27.979 \longrightarrow 00:33:29.803$  today is not provide any analysis

NOTE Confidence: 0.859649896621704

 $00{:}33{:}29.803 \dashrightarrow 00{:}33{:}31.406$  of the different approaches taken,

NOTE Confidence: 0.859649896621704

 $00:33:31.406 \longrightarrow 00:33:34.880$  not to say one way is better than another.

NOTE Confidence: 0.859649896621704

 $00:33:34.880 \longrightarrow 00:33:36.590$  But to understand the moral

NOTE Confidence: 0.859649896621704

 $00:33:36.590 \longrightarrow 00:33:37.958$  distress within this context,

NOTE Confidence: 0.859649896621704

 $00:33:37.960 \longrightarrow 00:33:39.950$  it's therefore important to understand

NOTE Confidence: 0.859649896621704

 $00:33:39.950 \longrightarrow 00:33:42.377$  that the balance of risks and

NOTE Confidence: 0.859649896621704

 $00{:}33{:}42.377 \dashrightarrow 00{:}33{:}44.212$  burdens in Australia is currently

NOTE Confidence: 0.859649896621704

 $00:33:44.212 \longrightarrow 00:33:46.432$  very different to how things look

NOTE Confidence: 0.859649896621704

 $00:33:46.432 \longrightarrow 00:33:48.484$  in the United States of America.

NOTE Confidence: 0.859649896621704

 $00:33:48.490 \longrightarrow 00:33:50.565$  Australia, and particularly the state

NOTE Confidence: 0.859649896621704

 $00{:}33{:}50.565 \dashrightarrow 00{:}33{:}53.129$  of Victoria or Melbourne where I live.

NOTE Confidence: 0.859649896621704

 $00:33:53.130 \longrightarrow 00:33:56.220$  Has taken a much more conservative

NOTE Confidence: 0.859649896621704

 $00:33:56.220 \longrightarrow 00:33:57.765$  response to COVID-19,

 $00:33:57.770 \longrightarrow 00:34:00.298$  with many greater restrictions

NOTE Confidence: 0.859649896621704

00:34:00.298 --> 00:34:02.194 to personal liberties.

NOTE Confidence: 0.859649896621704 00:34:02.200 --> 00:34:02.535 Arguably, NOTE Confidence: 0.859649896621704

 $00:34:02.535 \longrightarrow 00:34:04.880$  we have some of the toughest and

NOTE Confidence: 0.859649896621704

 $00:34:04.880 \longrightarrow 00:34:06.850$  the longest restrictions of any

NOTE Confidence: 0.859649896621704

 $00:34:06.850 \longrightarrow 00:34:08.905$  country around the world despite.

NOTE Confidence: 0.859649896621704

00:34:08.910 --> 00:34:10.470 Having very minimal numbers

NOTE Confidence: 0.859649896621704

 $00:34:10.470 \longrightarrow 00:34:12.030$  compared to other countries,

NOTE Confidence: 0.859649896621704

 $00:34:12.030 \longrightarrow 00:34:14.370$  the aim has really been to

NOTE Confidence: 0.859649896621704

00:34:14.370 --> 00:34:15.930 limit any community spread,

NOTE Confidence: 0.859649896621704

 $00{:}34{:}15.930 \dashrightarrow 00{:}34{:}18.690$  if not eliminate the virus.

NOTE Confidence: 0.859649896621704

 $00:34:18.690 \longrightarrow 00:34:19.542$  Here in Melbourne,

NOTE Confidence: 0.859649896621704

00:34:19.542 --> 00:34:19.826 Al,

NOTE Confidence: 0.859649896621704

 $00:34:19.826 \longrightarrow 00:34:21.530$  children are only just returning to

NOTE Confidence: 0.859649896621704

 $00:34:21.587 \longrightarrow 00:34:23.645$  school as discussing with Mark beforehand.

NOTE Confidence: 0.859649896621704

 $00{:}34{:}23.650 \dashrightarrow 00{:}34{:}25.726$  My youngest went back to school

00:34:25.726 --> 00:34:27.836 yesterday for the first day after

NOTE Confidence: 0.859649896621704

 $00{:}34{:}27.836 \dashrightarrow 00{:}34{:}29.816$  about seven months of lock down.

NOTE Confidence: 0.859649896621704

 $00:34:29.820 \longrightarrow 00:34:32.529$  And we are still essentially in stage.

NOTE Confidence: 0.859649896621704

 $00:34:32.530 \longrightarrow 00:34:34.460$  Four lockdowns were still only

NOTE Confidence: 0.859649896621704

 $00:34:34.460 \longrightarrow 00:34:36.004$  meant to venture outside.

NOTE Confidence: 0.859649896621704

00:34:36.010 --> 00:34:37.558 If we're working, exercise,

NOTE Confidence: 0.859649896621704

 $00:34:37.558 \longrightarrow 00:34:40.775$  shopping for necessities, or providing care.

NOTE Confidence: 0.859649896621704

 $00:34:40.775 \longrightarrow 00:34:44.200$  Despite our community transmission being

NOTE Confidence: 0.859649896621704

 $00:34:44.200 \longrightarrow 00:34:48.300$  cases of between 10 and 20 per day.

NOTE Confidence: 0.859649896621704

00:34:48.300 --> 00:34:48.828 Now,

NOTE Confidence: 0.859649896621704

 $00:34:48.828 \longrightarrow 00:34:51.468$  breaches of the restrictions in

NOTE Confidence: 0.859649896621704

 $00:34:51.468 \longrightarrow 00:34:54.016$  Australia currently mean being at

NOTE Confidence: 0.859649896621704

 $00{:}34{:}54.016 \dashrightarrow 00{:}34{:}56.494$  risk of more than the \$1600 fine.

NOTE Confidence: 0.859649896621704

 $00{:}34{:}56.500 \dashrightarrow 00{:}34{:}58.740$  If you're in public without a mask,

NOTE Confidence: 0.859649896621704

 $00:34:58.740 \longrightarrow 00:35:01.070$  you could be fined \$200.

 $00:35:01.070 \longrightarrow 00:35:03.554$  So clearly there have been two

NOTE Confidence: 0.859649896621704

 $00{:}35{:}03.554 \dashrightarrow 00{:}35{:}05.210$  very different approaches with

NOTE Confidence: 0.859649896621704

 $00:35:05.280 \longrightarrow 00:35:06.909$  very different outcomes.

NOTE Confidence: 0.859649896621704

 $00:35:06.910 \longrightarrow 00:35:10.006$  As you can see from the slide out,

NOTE Confidence: 0.859649896621704

00:35:10.010 --> 00:35:12.998 we've had as of two days ago we had

NOTE Confidence: 0.859649896621704

 $00{:}35{:}12.998 \dashrightarrow 00{:}35{:}15.807$ 898 deaths in Australia to date.

NOTE Confidence: 0.859649896621704

 $00:35:15.810 \longrightarrow 00:35:17.358$  Those are predominantly in

NOTE Confidence: 0.859649896621704

 $00:35:17.358 \longrightarrow 00:35:18.906$  the state of Victoria,

NOTE Confidence: 0.859649896621704

 $00:35:18.910 \longrightarrow 00:35:21.748$  compared to more than 200,000 decimals

NOTE Confidence: 0.859649896621704

 $00:35:21.748 \longrightarrow 00:35:24.609$  in the United States of America.

NOTE Confidence: 0.859649896621704

 $00:35:24.610 \longrightarrow 00:35:25.546$  As a clinician,

NOTE Confidence: 0.859649896621704

 $00:35:25.546 \longrightarrow 00:35:27.418$  I'm very thankful that I haven't

NOTE Confidence: 0.859649896621704

 $00:35:27.418 \longrightarrow 00:35:29.417$  had to directly witness the extent

NOTE Confidence: 0.859649896621704

 $00:35:29.417 \longrightarrow 00:35:31.525$  of tragic loss that you suddenly

NOTE Confidence: 0.859649896621704

00:35:31.525 --> 00:35:33.630 experienced in the United States,

NOTE Confidence: 0.859649896621704

 $00{:}35{:}33.630 \dashrightarrow 00{:}35{:}36.276$  and I certainly wish to extend

 $00:35:36.276 \longrightarrow 00:35:38.547$  my heartfelt condolences to any

NOTE Confidence: 0.859649896621704

 $00:35:38.547 \longrightarrow 00:35:40.677$  of you have experienced loss

NOTE Confidence: 0.859649896621704

 $00:35:40.677 \longrightarrow 00:35:42.840$  and tragedy during this time.

NOTE Confidence: 0.859649896621704

 $00:35:42.840 \longrightarrow 00:35:43.797$  Despite these differences,

NOTE Confidence: 0.859649896621704

00:35:43.797 --> 00:35:45.711 many of the challenges have been

NOTE Confidence: 0.859649896621704

 $00:35:45.711 \longrightarrow 00:35:47.657$  the same for the average clinician.

NOTE Confidence: 0.859649896621704

00:35:47.660 --> 00:35:49.796 There's been an obvious shift from

NOTE Confidence: 0.859649896621704

 $00{:}35{:}49.796 \dashrightarrow 00{:}35{:}52.589$  being able to wake up the harms and

NOTE Confidence: 0.859649896621704

 $00{:}35{:}52.589 \dashrightarrow 00{:}35{:}54.865$  the benefits for the patient in front

NOTE Confidence: 0.859649896621704

00:35:54.865 --> 00:35:57.286 of bus to having to take more of a

NOTE Confidence: 0.859649896621704

00:35:57.290 --> 00:36:00.130 public health or crisis approach.

NOTE Confidence: 0.859649896621704

 $00:36:00.130 \longrightarrow 00:36:02.122$  Putting things in place for the

NOTE Confidence: 0.859649896621704

 $00{:}36{:}02.122 \dashrightarrow 00{:}36{:}03.825$  greater good rather than the

NOTE Confidence: 0.859649896621704

 $00:36:03.825 \longrightarrow 00:36:05.360$  individual in front of you.

NOTE Confidence: 0.859649896621704 00:36:05.360 --> 00:36:05.697 Now,

 $00:36:05.697 \longrightarrow 00:36:07.719$  many of us have experienced first

NOTE Confidence: 0.859649896621704

 $00{:}36{:}07.719 \dashrightarrow 00{:}36{:}09.498$  hand the overwhelming sense of

NOTE Confidence: 0.859649896621704

00:36:09.498 --> 00:36:10.914 helplessness and frustration of

NOTE Confidence: 0.859649896621704

 $00{:}36{:}10.914 \dashrightarrow 00{:}36{:}12.950$  fulfilling our duty to uphold it.

NOTE Confidence: 0.859649896621704

 $00:36:12.950 \longrightarrow 00:36:15.620$  Public health restrictions into Kobad 19.

NOTE Confidence: 0.857986688613892

 $00:36:15.620 \longrightarrow 00:36:18.098$  While at the same time being

NOTE Confidence: 0.857986688613892

 $00:36:18.098 \longrightarrow 00:36:19.750$  prevented from implementing patient

NOTE Confidence: 0.857986688613892

 $00:36:19.822 \longrightarrow 00:36:21.886$  or family centered care of this,

NOTE Confidence: 0.857986688613892

 $00:36:21.890 \longrightarrow 00:36:23.838$  demonstrating compassion through touch,

NOTE Confidence: 0.857986688613892

 $00:36:23.838 \longrightarrow 00:36:26.760$  or perhaps supporting what we in

NOTE Confidence: 0.857986688613892

 $00{:}36{:}26.833 \dashrightarrow 00{:}36{:}28.758$  we stern culture often think of

NOTE Confidence: 0.857986688613892

00:36:28.758 --> 00:36:31.199 being a good death through being

NOTE Confidence: 0.857986688613892

00:36:31.199 --> 00:36:33.399 surrounded by friends and family.

NOTE Confidence: 0.857986688613892

00:36:33.400 --> 00:36:35.818 In Australia, despite our low cases,

NOTE Confidence: 0.857986688613892

 $00:36:35.820 \longrightarrow 00:36:38.424$  there still be many concerns about resource

NOTE Confidence: 0.857986688613892

 $00:36:38.424 \longrightarrow 00:36:40.053$  allocation and insufficient supplies

 $00:36:40.053 \longrightarrow 00:36:41.857$  for personal protective equipment.

NOTE Confidence: 0.857986688613892

 $00{:}36{:}41.860 \dashrightarrow 00{:}36{:}44.562$  With health care workers making up a

NOTE Confidence: 0.857986688613892

00:36:44.562 --> 00:36:46.699 disproportionate number of COVID-19 cases,

NOTE Confidence: 0.857986688613892

00:36:46.700 --> 00:36:49.508 particularly now second wave.

NOTE Confidence: 0.857986688613892

 $00{:}36{:}49.510 \dashrightarrow 00{:}36{:}52.450$  Our clinicians have felt the dilemma of

NOTE Confidence: 0.857986688613892

 $00:36:52.450 \longrightarrow 00:36:55.436$  choosing between the duty to care for

NOTE Confidence: 0.857986688613892

 $00:36:55.436 \longrightarrow 00:36:57.501$  patients and fearing putting themselves

NOTE Confidence: 0.857986688613892

 $00{:}36{:}57.501 \dashrightarrow 00{:}37{:}00.368$  or vulnerable family members at risk.

NOTE Confidence: 0.857986688613892

 $00:37:00.370 \dashrightarrow 00:37:02.740$  Again, Fortunately I tough restrictions

NOTE Confidence: 0.857986688613892

 $00:37:02.740 \dashrightarrow 00:37:05.829$  haven't meant that we have met that.

NOTE Confidence: 0.857986688613892

 $00:37:05.830 \dashrightarrow 00:37:09.094$  We haven't had to enact any triage protocols

NOTE Confidence: 0.857986688613892

 $00{:}37{:}09.094 \dashrightarrow 00{:}37{:}12.198$  for ICU admission or for ventilator.

NOTE Confidence: 0.857986688613892

 $00:37:12.200 \longrightarrow 00:37:14.492$  We haven't had any

NOTE Confidence: 0.857986688613892

 $00:37:14.492 \longrightarrow 00:37:16.784$  restrictions to bed capacity.

NOTE Confidence: 0.857986688613892

 $00:37:16.790 \longrightarrow 00:37:18.262$  We've been in general,

 $00:37:18.262 \longrightarrow 00:37:20.470$  able to provide the level of

NOTE Confidence: 0.857986688613892

 $00:37:20.547 \longrightarrow 00:37:21.919$  care that we think.

NOTE Confidence: 0.857986688613892

00:37:21.920 --> 00:37:24.710 Is appropriate for our patients?

NOTE Confidence: 0.857986688613892

 $00:37:24.710 \longrightarrow 00:37:26.504$  But there still remains lots of

NOTE Confidence: 0.857986688613892

 $00:37:26.504 \longrightarrow 00:37:28.143$  questions around how a vaccine

NOTE Confidence: 0.857986688613892

00:37:28.143 --> 00:37:30.038 would be justly accessed quickly,

NOTE Confidence: 0.857986688613892

 $00:37:30.040 \longrightarrow 00:37:32.112$  given that will need to source it

NOTE Confidence: 0.857986688613892

 $00:37:32.112 \longrightarrow 00:37:34.370$  from a country outside of Australia.

NOTE Confidence: 0.857986688613892

 $00:37:34.370 \longrightarrow 00:37:36.662$  And how will we distribute it

NOTE Confidence: 0.857986688613892

 $00:37:36.662 \longrightarrow 00:37:39.550$  fairly if and when it is developed?

NOTE Confidence: 0.857986688613892

 $00:37:39.550 \longrightarrow 00:37:42.526$  At this stage of the pandemic in Australia,

NOTE Confidence: 0.857986688613892

00:37:42.530 --> 00:37:44.774 given our low rates of community

NOTE Confidence: 0.857986688613892

 $00:37:44.774 \longrightarrow 00:37:45.148$  transmissions,

NOTE Confidence: 0.857986688613892

 $00:37:45.150 \longrightarrow 00:37:47.610$  there's been an increasing moral distress

NOTE Confidence: 0.857986688613892

 $00:37:47.610 \longrightarrow 00:37:49.764$  about whether our severe restrictions

NOTE Confidence: 0.857986688613892

 $00:37:49.764 \longrightarrow 00:37:52.865$  are getting the risk benefit analysis right.

 $00:37:52.870 \longrightarrow 00:37:55.422$  Or whether we are at a point where

NOTE Confidence: 0.857986688613892

 $00:37:55.422 \longrightarrow 00:37:57.351$  actually signed cause more harm

NOTE Confidence: 0.857986688613892

 $00:37:57.351 \longrightarrow 00:37:59.386$  through our restrictions than good.

NOTE Confidence: 0.857986688613892 00:37:59.390 --> 00:37:59.978 And again, NOTE Confidence: 0.857986688613892

 $00:37:59.978 \longrightarrow 00:38:02.036$  what is more most troubling is that

NOTE Confidence: 0.857986688613892

 $00:38:02.036 \longrightarrow 00:38:03.618$  COVID-19 is already highlighted.

NOTE Confidence: 0.857986688613892

 $00:38:03.620 \longrightarrow 00:38:05.966$  Some of the wicked problems that

NOTE Confidence: 0.857986688613892

 $00:38:05.966 \longrightarrow 00:38:07.530$  we have in society.

NOTE Confidence: 0.857986688613892

 $00{:}38{:}07.530 \dashrightarrow 00{:}38{:}09.984$  I really appreciated doctor Thomas is

NOTE Confidence: 0.857986688613892

 $00:38:09.984 \longrightarrow 00:38:12.428$  recent presentation on racial and ethnic

NOTE Confidence: 0.857986688613892

00:38:12.428 --> 00:38:15.039 disparities in the United States of America,

NOTE Confidence: 0.857986688613892 00:38:15.040 --> 00:38:15.836 and sadly, NOTE Confidence: 0.857986688613892

 $00{:}38{:}15.836 \dashrightarrow 00{:}38{:}19.020$  it's true that it's often our most vulnerable

NOTE Confidence: 0.857986688613892

 $00:38:19.093 \longrightarrow 00:38:22.149$  in society who are harmed by the community.

NOTE Confidence: 0.857986688613892

 $00:38:22.150 \longrightarrow 00:38:25.060$  Measures that are in place.

00:38:25.060 --> 00:38:27.382 In Australia we are fortunate to

NOTE Confidence: 0.857986688613892

 $00{:}38{:}27.382 \dashrightarrow 00{:}38{:}29.350$  have a universal health care.

NOTE Confidence: 0.857986688613892

00:38:29.350 --> 00:38:31.665 Any pediatric patient that comes

NOTE Confidence: 0.857986688613892

00:38:31.665 --> 00:38:34.622 to my hospital will receive the

NOTE Confidence: 0.857986688613892

 $00:38:34.622 \longrightarrow 00:38:36.882$  exact same treatment irrespective

NOTE Confidence: 0.857986688613892

 $00:38:36.882 \longrightarrow 00:38:39.142$  of their insurance coverage.

NOTE Confidence: 0.857986688613892

 $00:38:39.150 \longrightarrow 00:38:39.792 \text{ Yet},$ 

NOTE Confidence: 0.857986688613892

 $00{:}38{:}39.792 \dashrightarrow 00{:}38{:}43.002$  reductions in service provision and

NOTE Confidence: 0.857986688613892

 $00{:}38{:}43.002 \dashrightarrow 00{:}38{:}45.570$  potentially even on-site physicians

NOTE Confidence: 0.857986688613892

 $00:38:45.664 \longrightarrow 00:38:48.538$  being less available has at times,

NOTE Confidence: 0.857986688613892

 $00{:}38{:}48.540 {\:{\circ}{\circ}{\circ}}>00{:}38{:}52.260$  delayed treatment or potential surgery.

NOTE Confidence: 0.857986688613892

 $00:38:52.260 \longrightarrow 00:38:53.668$  Al community resources have

NOTE Confidence: 0.857986688613892

 $00:38:53.668 \longrightarrow 00:38:54.724$  been most affected,

NOTE Confidence: 0.857986688613892

00:38:54.730 --> 00:38:56.475 placing even more pressure on

NOTE Confidence: 0.857986688613892

 $00:38:56.475 \longrightarrow 00:38:58.220$  our general practitioners out in

NOTE Confidence: 0.857986688613892

 $00:38:58.282 \longrightarrow 00:39:00.027$  the community on the frontline,

 $00:39:00.030 \longrightarrow 00:39:03.216$  but also on our hospital system.

NOTE Confidence: 0.857986688613892 00:39:03.220 --> 00:39:03.488 Thus, NOTE Confidence: 0.857986688613892

 $00:39:03.488 \longrightarrow 00:39:04.828$  although we're not burdened by

NOTE Confidence: 0.857986688613892

 $00:39:04.828 \longrightarrow 00:39:06.530$  the high numbers of covid cases,

NOTE Confidence: 0.857986688613892

 $00:39:06.530 \longrightarrow 00:39:08.978$  there still being significant strain on

NOTE Confidence: 0.857986688613892

 $00:39:08.978 \longrightarrow 00:39:11.590$  the hospital system and its employees.

NOTE Confidence: 0.857986688613892

 $00:39:11.590 \longrightarrow 00:39:14.038$  And our children seem to be

NOTE Confidence: 0.857986688613892

 $00{:}39{:}14.038 \dashrightarrow 00{:}39{:}14.854$  disproportionately affected

NOTE Confidence: 0.857986688613892

 $00:39:14.854 \longrightarrow 00:39:16.928$  by the measures in place,

NOTE Confidence: 0.857986688613892

 $00:39:16.930 \longrightarrow 00:39:18.966$  particularly considering that the

NOTE Confidence: 0.857986688613892

 $00{:}39{:}18.966 \dashrightarrow 00{:}39{:}22.020$  rare effects or risks of COVID-19

NOTE Confidence: 0.857986688613892

00:39:22.104 --> 00:39:24.309 on their own personal health.

NOTE Confidence: 0.857986688613892

 $00{:}39{:}24.310 \dashrightarrow 00{:}39{:}26.278$  We have in effect in Australia

NOTE Confidence: 0.857986688613892

00:39:26.278 --> 00:39:28.052 taken away many other community

NOTE Confidence: 0.857986688613892

 $00:39:28.052 \dashrightarrow 00:39:30.037$  structures and services but keep

00:39:30.037 --> 00:39:32.594 kids and family safe and provide

NOTE Confidence: 0.857986688613892

 $00:39:32.594 \longrightarrow 00:39:34.844$  visibility to inequalities in society.

NOTE Confidence: 0.857986688613892

 $00:39:34.850 \longrightarrow 00:39:36.035$  As I mentioned,

NOTE Confidence: 0.857986688613892

00:39:36.035 --> 00:39:38.010 our kids have been homeschooling

NOTE Confidence: 0.857986688613892

 $00:39:38.010 \longrightarrow 00:39:39.919$  essentially for seven months now.

NOTE Confidence: 0.857986688613892

00:39:39.920 --> 00:39:42.260 Many a socially isolated and mental

NOTE Confidence: 0.857986688613892

 $00:39:42.260 \longrightarrow 00:39:43.820$  health concerns are soaring,

NOTE Confidence: 0.857986688613892

 $00:39:43.820 \longrightarrow 00:39:45.725$  with the demand surpassing the

NOTE Confidence: 0.857986688613892

 $00:39:45.725 \longrightarrow 00:39:47.630$  capacity within the public health

NOTE Confidence: 0.8470578789711

 $00:39:47.693 \longrightarrow 00:39:50.060$  system. So over the past month,

NOTE Confidence: 0.8470578789711

 $00:39:50.060 \longrightarrow 00:39:52.864$  there's been it's about a 30% increase

NOTE Confidence: 0.8470578789711

 $00:39:52.864 \longrightarrow 00:39:56.112$  in under 17 year olds presenting to

NOTE Confidence: 0.8470578789711

 $00:39:56.112 \longrightarrow 00:39:58.363$  emergency department's with mental health

NOTE Confidence: 0.8470578789711

00:39:58.363 --> 00:40:00.859 concerns and episodes of self harm.

NOTE Confidence: 0.8470578789711

00:40:00.860 --> 00:40:03.320 As our governments begin to kind

NOTE Confidence: 0.8470578789711

 $00:40:03.320 \longrightarrow 00:40:05.740$  of focus on economic recovery,

 $00:40:05.740 \longrightarrow 00:40:08.560$  it's likely that LV reduced resources

NOTE Confidence: 0.8470578789711

 $00:40:08.560 \longrightarrow 00:40:11.539$  available to adequately address some of

NOTE Confidence: 0.8470578789711

 $00:40:11.539 \longrightarrow 00:40:14.114$  these systemic deficiencies and inequality's.

NOTE Confidence: 0.8470578789711

00:40:14.120 --> 00:40:16.250 As healthcare workers or professionals,

NOTE Confidence: 0.8470578789711

 $00:40:16.250 \longrightarrow 00:40:18.775$  we need to uphold the

NOTE Confidence: 0.8470578789711

 $00:40:18.775 \longrightarrow 00:40:20.795$  restrictions of our government.

NOTE Confidence: 0.8470578789711

 $00:40:20.800 \longrightarrow 00:40:23.586$  But we also may be morally distressed

NOTE Confidence: 0.8470578789711

 $00{:}40{:}23.586 \rightarrow 00{:}40{:}25.266$  by the disproportionate negative

NOTE Confidence: 0.8470578789711

00:40:25.266 --> 00:40:27.351 effects on our patients who

NOTE Confidence: 0.8470578789711

 $00{:}40{:}27.351 \dashrightarrow 00{:}40{:}29.819$  per sonally have very little to gain

NOTE Confidence: 0.8470578789711

 $00{:}40{:}29.819 \dashrightarrow 00{:}40{:}31.634$  from the restrictions in place.

NOTE Confidence: 0.8470578789711

 $00{:}40{:}31.640 \dashrightarrow 00{:}40{:}33.810$  The International Child Health Group

NOTE Confidence: 0.8470578789711

 $00{:}40{:}33.810 \dashrightarrow 00{:}40{:}36.550$  and the Royal College of Paediatrics

NOTE Confidence: 0.8470578789711

 $00:40:36.550 \longrightarrow 00:40:39.538$  and child health have recently published

NOTE Confidence: 0.8470578789711

 $00:40:39.538 \longrightarrow 00:40:42.408$  a joint statement in archives that

 $00:40:42.408 \longrightarrow 00:40:44.583$  outlines some of these concerns.

NOTE Confidence: 0.8470578789711

 $00:40:44.590 \longrightarrow 00:40:45.778$  And of course,

NOTE Confidence: 0.8470578789711

00:40:45.778 --> 00:40:47.758 these issues are exacerbated in

NOTE Confidence: 0.8470578789711

00:40:47.758 --> 00:40:49.773 countries that don't have social

NOTE Confidence: 0.8470578789711

 $00{:}40{:}49.773 \dashrightarrow 00{:}40{:}51.688$  services or universal health care

NOTE Confidence: 0.8470578789711

 $00:40:51.688 \longrightarrow 00:40:54.220$  that we benefit from in Australia.

NOTE Confidence: 0.8470578789711

 $00:40:54.220 \longrightarrow 00:40:57.136$  UNICEF and Save the Children estimate

NOTE Confidence: 0.8470578789711

00:40:57.136 --> 00:40:59.692 that 150 million additional children

NOTE Confidence: 0.8470578789711

 $00{:}40{:}59.692 \dashrightarrow 00{:}41{:}01.820$  are living in multidimensional

NOTE Confidence: 0.8470578789711

 $00:41:01.820 \longrightarrow 00:41:03.948$  poverty due to COVID-19.

NOTE Confidence: 0.8470578789711

 $00:41:03.950 \longrightarrow 00:41:06.715$  Now this multidimensional poverty refers

NOTE Confidence: 0.8470578789711

 $00:41:06.715 \longrightarrow 00:41:10.240$  to access to education to housing.

NOTE Confidence: 0.8470578789711

 $00:41:10.240 \longrightarrow 00:41:13.585$  To health care, nutrition, sanitation, water.

NOTE Confidence: 0.8470578789711

 $00:41:13.585 \longrightarrow 00:41:17.035$  And involves more than 70 countries

NOTE Confidence: 0.8470578789711

 $00:41:17.035 \longrightarrow 00:41:18.760$  that were surveyed.

NOTE Confidence: 0.8470578789711

 $00:41:18.760 \longrightarrow 00:41:20.632$  1.6 million children around the world

 $00:41:20.632 \longrightarrow 00:41:22.780$  have been affected by school closures.

NOTE Confidence: 0.8470578789711 00:41:22.780 --> 00:41:23.140 And, NOTE Confidence: 0.8470578789711

00:41:23.140 --> 00:41:23.860 of course, NOTE Confidence: 0.8470578789711

00:41:23.860 --> 00:41:26.020 the divide between those with resources

NOTE Confidence: 0.8470578789711

 $00{:}41{:}26.020 \dashrightarrow 00{:}41{:}28.400$  and those without continues to grow.

NOTE Confidence: 0.8470578789711

 $00:41:28.400 \longrightarrow 00:41:31.358$  Measures in place to reduce the

NOTE Confidence: 0.8470578789711

 $00:41:31.358 \longrightarrow 00:41:33.992$  transmission of COVID-19 have also

NOTE Confidence: 0.8470578789711

00:41:33.992 --> 00:41:36.316 reduced access to immunization.

NOTE Confidence: 0.8470578789711

00:41:36.320 --> 00:41:39.660 The World Food Programme predicts

NOTE Confidence: 0.8470578789711

 $00:41:39.660 \longrightarrow 00:41:41.660$  a doubling sorry.

NOTE Confidence: 0.701900994777679

00:41:43.730 --> 00:41:47.580 Predicts a doubling. Of malnutrition.

NOTE Confidence: 0.701900994777679

 $00:41:47.580 \longrightarrow 00:41:50.510$  And again this will disproportionately

NOTE Confidence: 0.701900994777679

 $00{:}41{:}50.510 \dashrightarrow 00{:}41{:}52.854$  affect children in society.

NOTE Confidence: 0.701900994777679

 $00{:}41{:}52.860 \dashrightarrow 00{:}41{:}55.132$  So as we begin to plan a road

NOTE Confidence: 0.701900994777679

 $00:41:55.132 \longrightarrow 00:41:57.290$  map to recovery post code,

 $00:41:57.290 \longrightarrow 00:41:59.684$  but we also need to anticipate the

NOTE Confidence: 0.701900994777679

 $00:41:59.684 \longrightarrow 00:42:01.856$  additional resources that will be required

NOTE Confidence: 0.701900994777679

 $00:42:01.856 \longrightarrow 00:42:03.656$  to address the secondary consequences

NOTE Confidence: 0.701900994777679

 $00:42:03.656 \longrightarrow 00:42:06.089$  and deal with the social inequality's.

NOTE Confidence: 0.701900994777679

 $00:42:06.090 \longrightarrow 00:42:08.340$  In some countries around the world,

NOTE Confidence: 0.701900994777679

 $00{:}42{:}08.340 \dashrightarrow 00{:}42{:}11.040$  resource allocation to deal with the

NOTE Confidence: 0.701900994777679

00:42:11.040 --> 00:42:12.840 indirect consequences of COVID-19

NOTE Confidence: 0.701900994777679

 $00:42:12.913 \longrightarrow 00:42:15.177$  may be just as much or even a

NOTE Confidence: 0.701900994777679

 $00{:}42{:}15.177 \dashrightarrow 00{:}42{:}16.969$  greater source of moral distress.

NOTE Confidence: 0.701900994777679

00:42:16.970 --> 00:42:21.128 The direct effects of COVID-19 itself.

NOTE Confidence: 0.701900994777679

 $00{:}42{:}21.130 \dashrightarrow 00{:}42{:}23.426$  Now, most of us realize that we're not

NOTE Confidence: 0.701900994777679

 $00{:}42{:}23.426 \dashrightarrow 00{:}42{:}26.148$  going to be returning to a pre kovid world.

NOTE Confidence: 0.701900994777679

 $00:42:26.150 \longrightarrow 00:42:29.426$  We have to learn and we need to adapt.

NOTE Confidence: 0.701900994777679

 $00:42:29.430 \longrightarrow 00:42:32.720$  And nor will COVID-19 be the last

NOTE Confidence: 0.701900994777679

 $00:42:32.720 \longrightarrow 00:42:34.970$  worldwide challenge or pandemic.

NOTE Confidence: 0.701900994777679

 $00:42:34.970 \longrightarrow 00:42:36.728$  Even pre covered in Jemmott and

00:42:36.728 --> 00:42:38.264 the nursing philosopher who had

NOTE Confidence: 0.701900994777679

 $00:42:38.264 \longrightarrow 00:42:39.829$  originally coined the term mild

NOTE Confidence: 0.701900994777679

 $00:42:39.829 \longrightarrow 00:42:41.453$  distress recognize that the nature

NOTE Confidence: 0.701900994777679

 $00:42:41.453 \longrightarrow 00:42:43.063$  of constraints that we experience

NOTE Confidence: 0.701900994777679

 $00:42:43.063 \longrightarrow 00:42:44.890$  in everyday practice are changing.

NOTE Confidence: 0.701900994777679

 $00:42:44.890 \longrightarrow 00:42:47.540$  Yes, within acute care settings

NOTE Confidence: 0.701900994777679

 $00:42:47.540 \longrightarrow 00:42:49.130$  within the Entology.

NOTE Confidence: 0.701900994777679

00:42:49.130 --> 00:42:51.632 We will always continue to debate

NOTE Confidence: 0.701900994777679

 $00:42:51.632 \longrightarrow 00:42:53.300$  whether sustaining life sustaining

NOTE Confidence: 0.701900994777679

 $00:42:53.363 \longrightarrow 00:42:55.571$  interventions are in a patients interest

NOTE Confidence: 0.701900994777679

 $00:42:55.571 \longrightarrow 00:42:58.210$  or whether they are overly burdensome.

NOTE Confidence: 0.701900994777679

 $00:42:58.210 \longrightarrow 00:43:01.200$  Particularly as our technology increases.

NOTE Confidence: 0.701900994777679

 $00{:}43{:}01.200 \dashrightarrow 00{:}43{:}03.465$  Hopefully that debate will be

NOTE Confidence: 0.701900994777679

 $00:43:03.465 \longrightarrow 00:43:05.730$  respectful and improve our practice.

NOTE Confidence: 0.701900994777679 00:43:05.730 --> 00:43:06.087 However, NOTE Confidence: 0.701900994777679  $00:43:06.087 \longrightarrow 00:43:08.943$  we also need to deal with much bigger,

NOTE Confidence: 0.701900994777679

 $00:43:08.950 \longrightarrow 00:43:09.640$  broader issues,

NOTE Confidence: 0.701900994777679

 $00:43:09.640 \longrightarrow 00:43:11.365$  including climate change and social

NOTE Confidence: 0.701900994777679

00:43:11.365 --> 00:43:13.189 economic issues will continue to

NOTE Confidence: 0.701900994777679

00:43:13.189 --> 00:43:15.034 exacerbate social inequality's in society,

NOTE Confidence: 0.701900994777679

 $00:43:15.040 \longrightarrow 00:43:18.008$  and no doubt contribute to some of

NOTE Confidence: 0.701900994777679

 $00{:}43{:}18.008 \dashrightarrow 00{:}43{:}20.320$  the moral distress experienced.

NOTE Confidence: 0.701900994777679

 $00:43:20.320 \longrightarrow 00:43:23.000$  Sometimes these problems can

NOTE Confidence: 0.701900994777679

 $00:43:23.000 \longrightarrow 00:43:25.680$  feel impossible to address.

NOTE Confidence: 0.701900994777679

 $00:43:25.680 \longrightarrow 00:43:28.088$  Sometimes I think though we can learn

NOTE Confidence: 0.701900994777679

 $00{:}43{:}28.088 \dashrightarrow 00{:}43{:}30.564$  from the past and in managing other

NOTE Confidence: 0.701900994777679

 $00:43:30.564 \longrightarrow 00:43:33.079$  forms of moral distress to at least

NOTE Confidence: 0.701900994777679

 $00:43:33.079 \longrightarrow 00:43:35.767$  think about how we can manage more

NOTE Confidence: 0.701900994777679

 $00:43:35.767 \longrightarrow 00:43:39.268$  distress related to these bigger issues.

NOTE Confidence: 0.701900994777679

 $00:43:39.270 \longrightarrow 00:43:40.533$  So as individuals,

NOTE Confidence: 0.701900994777679

 $00:43:40.533 \longrightarrow 00:43:43.480$  I think we have a responsibility to

 $00:43:43.566 \longrightarrow 00:43:45.750$  critically appraise the underlying

NOTE Confidence: 0.701900994777679

 $00:43:45.750 \longrightarrow 00:43:48.480$  moral judgment that has resulted

NOTE Confidence: 0.701900994777679

 $00:43:48.480 \longrightarrow 00:43:50.438$  in a moral distress.

NOTE Confidence: 0.701900994777679

 $00:43:50.440 \longrightarrow 00:43:53.408$  We need to have humility to recognize

NOTE Confidence: 0.701900994777679

 $00{:}43{:}53.408 \dashrightarrow 00{:}43{:}55.510$  medical uncertainty and our own

NOTE Confidence: 0.701900994777679

 $00:43:55.510 \longrightarrow 00:43:57.390$  limitations that humility can mean

NOTE Confidence: 0.701900994777679

 $00:43:57.390 \longrightarrow 00:44:00.049$  that we can enter a conversation,

NOTE Confidence: 0.701900994777679

 $00:44:00.050 \longrightarrow 00:44:02.558$  not just wanting to be heard,

NOTE Confidence: 0.701900994777679

 $00:44:02.560 \longrightarrow 00:44:07.104$  but Desiring to listen and to hear others.

NOTE Confidence: 0.701900994777679

 $00{:}44{:}07.110 \dashrightarrow 00{:}44{:}10.014$  I think we need to continue to encourage

NOTE Confidence: 0.701900994777679

00:44:10.014 --> 00:44:12.717 our own well being in resiliency,

NOTE Confidence: 0.701900994777679

 $00:44:12.720 \longrightarrow 00:44:14.730$  and as I mentioned earlier,

NOTE Confidence: 0.701900994777679

 $00:44:14.730 \longrightarrow 00:44:16.745$  there's often been some concerns

NOTE Confidence: 0.701900994777679

 $00{:}44{:}16.745 \dashrightarrow 00{:}44{:}19.140$  raised that measures to improve well.

NOTE Confidence: 0.701900994777679

 $00{:}44{:}19.140 \dashrightarrow 00{:}44{:}21.120$  Being resiliency may detract

 $00:44:21.120 \longrightarrow 00:44:22.605$  from the broader.

NOTE Confidence: 0.701900994777679

 $00:44:22.610 \longrightarrow 00:44:25.004$  Problems of modest dress or in

NOTE Confidence: 0.701900994777679

 $00:44:25.004 \longrightarrow 00:44:27.179$  addressing the constraints that we face,

NOTE Confidence: 0.701900994777679

00:44:27.180 --> 00:44:28.599 particularly with institutional

NOTE Confidence: 0.701900994777679

 $00:44:28.599 \longrightarrow 00:44:30.018$  constraints in mind.

NOTE Confidence: 0.701900994777679 00:44:30.020 --> 00:44:30.646 That you. NOTE Confidence: 0.701900994777679

00:44:30.646 --> 00:44:32.211 It's a cover up approach

NOTE Confidence: 0.701900994777679

00:44:32.211 --> 00:44:34.150 or a band aid approach,

NOTE Confidence: 0.701900994777679

 $00:44:34.150 \longrightarrow 00:44:35.914$  but I think resiliency and well

NOTE Confidence: 0.701900994777679

 $00:44:35.914 \longrightarrow 00:44:38.348$  being goes hand in hand with other

NOTE Confidence: 0.701900994777679

 $00:44:38.348 \longrightarrow 00:44:40.333$  measures of addressing moral distress.

NOTE Confidence: 0.701900994777679

 $00:44:40.340 \longrightarrow 00:44:43.406$  We have to have a multifaceted approach.

NOTE Confidence: 0.701900994777679

00:44:43.410 --> 00:44:45.762 As many of you will recognize and when

NOTE Confidence: 0.701900994777679

00:44:45.762 --> 00:44:47.830 facing multiple pressures during COVID-19,

NOTE Confidence: 0.701900994777679

 $00:44:47.830 \longrightarrow 00:44:49.470$  when we're well rested when

NOTE Confidence: 0.701900994777679

 $00:44:49.470 \longrightarrow 00:44:51.523$  we've eaten when we looked after

 $00:44:51.523 \longrightarrow 00:44:53.605$  ourselves in their own well being,

NOTE Confidence: 0.701900994777679

00:44:53.610 --> 00:44:55.812 we have a much greater capacity

NOTE Confidence: 0.701900994777679

 $00:44:55.812 \longrightarrow 00:44:57.844$  to actually engage in difficult

NOTE Confidence: 0.701900994777679

 $00:44:57.844 \longrightarrow 00:45:00.754$  conversations or face problems head on.

NOTE Confidence: 0.701900994777679

 $00{:}45{:}00.760 \dashrightarrow 00{:}45{:}01.960$  As clinicians,

NOTE Confidence: 0.701900994777679

 $00:45:01.960 \longrightarrow 00:45:06.160$  we also need to be taught skills

NOTE Confidence: 0.701900994777679

 $00:45:06.160 \longrightarrow 00:45:10.600$  in reflecting on our practice on

NOTE Confidence: 0.701900994777679

 $00{:}45{:}10.600 \dashrightarrow 00{:}45{:}14.800$  being able to critically analyze on.

NOTE Confidence: 0.701900994777679

00:45:14.800 --> 00:45:16.555 Why clinicians may think differently

NOTE Confidence: 0.701900994777679

 $00:45:16.555 \longrightarrow 00:45:17.257$  to Wallace?

NOTE Confidence: 0.830435395240784

00:45:17.260 --> 00:45:19.378 Why a decision is ethically permissible,

NOTE Confidence: 0.830435395240784

 $00:45:19.380 \longrightarrow 00:45:21.100$  even if not ideal?

NOTE Confidence: 0.830435395240784

 $00{:}45{:}21.100 \dashrightarrow 00{:}45{:}25.287$  Or even if it's not seem to be the best?

NOTE Confidence: 0.830435395240784

 $00:45:25.290 \longrightarrow 00:45:28.098$  We need to think about how we can raise

NOTE Confidence: 0.830435395240784

 $00:45:28.098 \longrightarrow 00:45:30.558$  concerns in the most constructive manner.

 $00:45:30.560 \longrightarrow 00:45:33.157$  And that requires that we have ongoing

NOTE Confidence: 0.830435395240784

00:45:33.157 --> 00:45:35.426 frameworks in helping people to know how

NOTE Confidence: 0.830435395240784

00:45:35.426 --> 00:45:37.929 to weigh up the harms and the benefits,

NOTE Confidence: 0.830435395240784

 $00:45:37.930 \longrightarrow 00:45:39.940$  and this can be incredibly challenging.

NOTE Confidence: 0.830435395240784

 $00:45:39.940 \longrightarrow 00:45:41.590$  Whether it's trying to determine

NOTE Confidence: 0.830435395240784

 $00:45:41.590 \longrightarrow 00:45:43.240$  whether a burdensome life sustaining

NOTE Confidence: 0.830435395240784

00:45:43.293 --> 00:45:44.968 treatment is actually causing harm,

NOTE Confidence: 0.830435395240784

 $00:45:44.970 \longrightarrow 00:45:47.350$  or whether it's weighing up the burdens

NOTE Confidence: 0.830435395240784

 $00{:}45{:}47.350 \dashrightarrow 00{:}45{:}49.858$  and benefits of the patient in front of

NOTE Confidence: 0.830435395240784

 $00:45:49.858 \longrightarrow 00:45:52.339$  us in light of broader health concerns.

NOTE Confidence: 0.876724302768707

 $00{:}45{:}54.730 \dashrightarrow 00{:}45{:}56.890$  I think we also need to consider what

NOTE Confidence: 0.876724302768707

 $00:45:56.890 \longrightarrow 00:45:59.108$  we bring to the situation and consider

NOTE Confidence: 0.876724302768707

 $00{:}45{:}59.108 \dashrightarrow 00{:}46{:}01.189$  whether our own desire to resolve

NOTE Confidence: 0.876724302768707

 $00:46:01.189 \longrightarrow 00:46:03.619$  their own wireless dress is actually

NOTE Confidence: 0.876724302768707

 $00:46:03.619 \longrightarrow 00:46:05.510$  constraining the actions of others.

NOTE Confidence: 0.866919040679932

 $00:46:08.200 \longrightarrow 00:46:10.900$  This requires that we actually

 $00:46:10.900 \longrightarrow 00:46:13.600$  direct our moral outrage towards

NOTE Confidence: 0.866919040679932

 $00:46:13.690 \longrightarrow 00:46:15.918$  advocacy rather than rage.

NOTE Confidence: 0.866919040679932

00:46:15.920 --> 00:46:18.769 So said moral outrage can be inappropriate.

NOTE Confidence: 0.866919040679932

 $00:46:18.770 \longrightarrow 00:46:21.482$  Response to injustice is that we

NOTE Confidence: 0.866919040679932

 $00{:}46{:}21.482 \dashrightarrow 00{:}46{:}23.860$  regularly within our healthcare sector.

NOTE Confidence: 0.866919040679932

 $00:46:23.860 \longrightarrow 00:46:25.546$  But we need to ensure that

NOTE Confidence: 0.866919040679932

 $00:46:25.546 \longrightarrow 00:46:27.449$  we reflect on the source of

NOTE Confidence: 0.866919040679932

 $00:46:27.449 \longrightarrow 00:46:29.229$  that anger and directed away.

NOTE Confidence: 0.866919040679932

 $00{:}46{:}29.230 \dashrightarrow 00{:}46{:}31.036$  Set a meaningful and brings around

NOTE Confidence: 0.866919040679932

 $00:46:31.036 \longrightarrow 00:46:32.710$  change rather than that divides,

NOTE Confidence: 0.866919040679932

 $00:46:32.710 \longrightarrow 00:46:33.970$  blames or unfairly forces

NOTE Confidence: 0.866919040679932

 $00:46:33.970 \longrightarrow 00:46:35.545$  out of stress on others.

NOTE Confidence: 0.827270984649658

 $00{:}46{:}38.240 {\:{\circ}{\circ}{\circ}}>00{:}46{:}40.230$  In Cinder, Rushton has written

NOTE Confidence: 0.827270984649658

 $00{:}46{:}40.230 \dashrightarrow 00{:}46{:}41.822$  beautifully done recently on

NOTE Confidence: 0.827270984649658

 $00:46:41.822 \longrightarrow 00:46:43.482$  leveraging the urgency of the

 $00:46:43.482 \longrightarrow 00:46:44.987$  COVID-19 emergency in order to

NOTE Confidence: 0.827270984649658

 $00:46:44.987 \longrightarrow 00:46:46.768$  act as a catalyst for change.

NOTE Confidence: 0.827270984649658

 $00:46:46.770 \longrightarrow 00:46:48.816$  Of course some of these ethical

NOTE Confidence: 0.827270984649658

 $00:46:48.816 \longrightarrow 00:46:50.180$  issues in social disparities.

NOTE Confidence: 0.827270984649658

 $00:46:50.180 \longrightarrow 00:46:51.664$  These aren't new issues,

NOTE Confidence: 0.827270984649658

 $00:46:51.664 \longrightarrow 00:46:54.340$  but we have an opportunity now that

NOTE Confidence: 0.827270984649658

 $00:46:54.340 \longrightarrow 00:46:56.596$  they've been brought to life duty.

NOTE Confidence: 0.827270984649658

 $00:46:56.600 \longrightarrow 00:47:00.560$  Call to attention due to COVID-19.

NOTE Confidence: 0.827270984649658

 $00:47:00.560 \longrightarrow 00:47:03.458$  To harness that and she make

NOTE Confidence: 0.827270984649658

 $00:47:03.458 \longrightarrow 00:47:05.390$  changes in our community.

NOTE Confidence: 0.827270984649658

 $00{:}47{:}05.390 \dashrightarrow 00{:}47{:}07.574$  But it requires that we harness

NOTE Confidence: 0.827270984649658

00:47:07.574 --> 00:47:09.030 our emotions and thoughtfully

NOTE Confidence: 0.827270984649658

 $00:47:09.097 \longrightarrow 00:47:11.125$  direct our moral anger or outrage.

NOTE Confidence: 0.827270984649658

 $00:47:11.130 \longrightarrow 00:47:13.530$  Inacom considered an intentional manner.

NOTE Confidence: 0.827270984649658

 $00:47:13.530 \longrightarrow 00:47:14.916$  To actually deal with the source

NOTE Confidence: 0.827270984649658

 $00:47:14.916 \longrightarrow 00:47:15.609$  of the problem.

 $00:47:18.340 \longrightarrow 00:47:20.962$  And given that moral distress is

NOTE Confidence: 0.824210047721863

00:47:20.962 --> 00:47:23.729 something that can very much strike,

NOTE Confidence: 0.824210047721863

 $00:47:23.730 \longrightarrow 00:47:26.590$  and the person's moral integrity.

NOTE Confidence: 0.824210047721863

 $00:47:26.590 \longrightarrow 00:47:29.030$  We also need to help people to find

NOTE Confidence: 0.824210047721863

00:47:29.030 --> 00:47:31.566 meaning in other aspects of their role,

NOTE Confidence: 0.824210047721863

 $00:47:31.570 \longrightarrow 00:47:33.230$  especially in cases when the

NOTE Confidence: 0.824210047721863

 $00:47:33.230 \longrightarrow 00:47:35.220$  constraint can't easily be dealt with.

NOTE Confidence: 0.824210047721863

 $00:47:35.220 \longrightarrow 00:47:36.880$  In those cases where perhaps,

NOTE Confidence: 0.824210047721863

 $00:47:36.880 \longrightarrow 00:47:37.732$  moral distress.

NOTE Confidence: 0.824210047721863

 $00:47:37.732 \longrightarrow 00:47:40.288$  Is present in in the context

NOTE Confidence: 0.824210047721863

 $00:47:40.288 \longrightarrow 00:47:42.190$  of moral uncertainty,

NOTE Confidence: 0.824210047721863

 $00:47:42.190 \longrightarrow 00:47:44.302$  where people are sitting on both

NOTE Confidence: 0.824210047721863

 $00:47:44.302 \longrightarrow 00:47:46.736$  sides of the fence and certainly

NOTE Confidence: 0.824210047721863

00:47:46.736 --> 00:47:49.106 during COVID-19 there's been many,

NOTE Confidence: 0.824210047721863

 $00:47:49.110 \longrightarrow 00:47:51.372$  many beautiful stories of how clinicians

00:47:51.372 --> 00:47:52.880 and communities have creatively

NOTE Confidence: 0.824210047721863

 $00{:}47{:}52.932 \dashrightarrow 00{:}47{:}55.122$  showing love and compassion and

NOTE Confidence: 0.824210047721863

 $00:47:55.122 \longrightarrow 00:47:56.436$  really extraordinary circumstances.

NOTE Confidence: 0.824210047721863

 $00:47:56.440 \longrightarrow 00:47:57.658$  Admidst human tragedy.

NOTE Confidence: 0.824210047721863

00:47:57.658 --> 00:48:00.094 Not only does this demonstrate care,

NOTE Confidence: 0.824210047721863

 $00{:}48{:}00.100 \dashrightarrow 00{:}48{:}03.172$  but it serves to restore the sense of

NOTE Confidence: 0.824210047721863

 $00:48:03.172 \longrightarrow 00:48:05.988$  purpose in one's role at restores the

NOTE Confidence: 0.824210047721863

 $00:48:05.988 \longrightarrow 00:48:09.480$  sense of being able to make a difference.

NOTE Confidence: 0.824210047721863

00:48:09.480 --> 00:48:12.117 Even if it's only one life at a time,

NOTE Confidence: 0.824210047721863

 $00:48:12.120 \longrightarrow 00:48:14.456$  in what Macy seem a really small way.

NOTE Confidence: 0.882895708084106

 $00{:}48{:}17.340 \dashrightarrow 00{:}48{:}18.309$  An institutional level.

NOTE Confidence: 0.882895708084106

 $00:48:18.309 \longrightarrow 00:48:20.976$  We need to try and create a culture

NOTE Confidence: 0.882895708084106

 $00:48:20.976 \longrightarrow 00:48:23.028$  where all voices are heard and

NOTE Confidence: 0.882895708084106

 $00:48:23.028 \longrightarrow 00:48:25.005$  where the teams are supported

NOTE Confidence: 0.882895708084106

 $00:48:25.005 \longrightarrow 00:48:26.777$  to provide ethical analysis.

NOTE Confidence: 0.827635884284973

00:48:28.980 --> 00:48:31.536 And again, this may steady somebody

 $00:48:31.536 \longrightarrow 00:48:33.240$  associated moral outrage that

NOTE Confidence: 0.827635884284973

 $00{:}48{:}33.310 \dashrightarrow 00{:}48{:}35.410$  often accompanies mile distress.

NOTE Confidence: 0.827635884284973

 $00:48:35.410 \longrightarrow 00:48:36.511$  By meeting together,

NOTE Confidence: 0.827635884284973

 $00:48:36.511 \longrightarrow 00:48:39.080$  it can help to clarify the problem,

NOTE Confidence: 0.827635884284973

 $00:48:39.080 \longrightarrow 00:48:40.915$  determine the underlying ethical issues

NOTE Confidence: 0.827635884284973

00:48:40.915 --> 00:48:42.750 or the permissibility of decisions,

NOTE Confidence: 0.827635884284973

 $00:48:42.750 \longrightarrow 00:48:45.454$  and at times even align people into action

NOTE Confidence: 0.827635884284973

 $00{:}48{:}45.454 \dashrightarrow 00{:}48{:}48.437$  in more constructive ways where required.

NOTE Confidence: 0.827635884284973

 $00:48:48.440 \longrightarrow 00:48:49.406$  There are many,

NOTE Confidence: 0.827635884284973

 $00:48:49.406 \longrightarrow 00:48:52.060$  many different forms of how to do this,

NOTE Confidence: 0.827635884284973

00:48:52.060 --> 00:48:53.700 whether it's through debriefing

NOTE Confidence: 0.827635884284973

 $00:48:53.700 \longrightarrow 00:48:54.930$  through ethical consultations.

NOTE Confidence: 0.827635884284973

 $00{:}48{:}54.930 \mathrel{--}{>} 00{:}48{:}56.970$  And your own institutions will

NOTE Confidence: 0.827635884284973

 $00:48:56.970 \longrightarrow 00:48:59.010$  have their own strategies to

NOTE Confidence: 0.827635884284973

00:48:59.082 --> 00:49:01.020 provide these opportunities.

 $00:49:01.020 \longrightarrow 00:49:04.076$  Sometimes it will so be the need for

NOTE Confidence: 0.827635884284973

 $00{:}49{:}04.076 {\:{\circ}{\circ}{\circ}}>00{:}49{:}05.813$  independent employer assist programs

NOTE Confidence: 0.827635884284973

 $00:49:05.813 \longrightarrow 00:49:08.525$  to provide additional support as well.

NOTE Confidence: 0.827635884284973

 $00:49:08.530 \longrightarrow 00:49:10.554$  But at some point we also need to

NOTE Confidence: 0.827635884284973

 $00:49:10.554 \longrightarrow 00:49:12.930$  create a sense of shared responsibility

NOTE Confidence: 0.827635884284973

 $00{:}49{:}12.930 \dashrightarrow 00{:}49{:}15.180$  and teamwork across provider groups.

NOTE Confidence: 0.827635884284973

 $00:49:15.180 \longrightarrow 00:49:17.868$  This needs to be a sincere sentiment

NOTE Confidence: 0.827635884284973

 $00:49:17.868 \longrightarrow 00:49:20.260$  rather than just an empty slogan.

NOTE Confidence: 0.827635884284973

00:49:20.260 --> 00:49:23.388 At the start of the pandemic in Australia,

NOTE Confidence: 0.827635884284973

 $00:49:23.390 \longrightarrow 00:49:25.055$  the Australian government used the

NOTE Confidence: 0.827635884284973

 $00{:}49{:}25.055 \dashrightarrow 00{:}49{:}27.679$ slogan we're all in it together to

NOTE Confidence: 0.827635884284973

 $00:49:27.679 \longrightarrow 00:49:29.471$  encourage compliance on restrictions

NOTE Confidence: 0.827635884284973

 $00:49:29.471 \longrightarrow 00:49:30.815$  to social liberties.

NOTE Confidence: 0.827635884284973

 $00:49:30.820 \longrightarrow 00:49:33.400$  I suspect you've had similar slogans

NOTE Confidence: 0.827635884284973

 $00:49:33.400 \longrightarrow 00:49:36.029$  in the United States of America.

NOTE Confidence: 0.827635884284973 00:49:36.030 --> 00:49:36.944 In essence,

 $00:49:36.944 \longrightarrow 00:49:39.229$  mentor kind of encourage compliance

NOTE Confidence: 0.827635884284973

00:49:39.229 --> 00:49:41.565 of working together to effectively

NOTE Confidence: 0.827635884284973

 $00{:}49{:}41.565 \dashrightarrow 00{:}49{:}44.229$  eliminate the virus in our community.

NOTE Confidence: 0.827635884284973

00:49:44.230 --> 00:49:46.726 But by the 2nd wave in Australia the

NOTE Confidence: 0.827635884284973

 $00:49:46.726 \longrightarrow 00:49:49.137$  message had lost its appeal as it was

NOTE Confidence: 0.827635884284973

 $00:49:49.137 \longrightarrow 00:49:51.977$  clear that we were no longer in it together.

NOTE Confidence: 0.827635884284973

00:49:51.980 --> 00:49:53.832 Different states have different

NOTE Confidence: 0.827635884284973

 $00:49:53.832 \longrightarrow 00:49:56.610$  restrictions in place for unclear reasons,

NOTE Confidence: 0.827635884284973

 $00:49:56.610 \longrightarrow 00:49:59.832$  and some communities felt and none

NOTE Confidence: 0.827635884284973

 $00{:}49{:}59.832 \dashrightarrow 00{:}50{:}01.980$  recently so unfairly discriminated

NOTE Confidence: 0.827635884284973

 $00:50:02.061 \longrightarrow 00:50:05.019$  against as arbitrary lines were drawn.

NOTE Confidence: 0.827635884284973

 $00:50:05.020 \longrightarrow 00:50:07.726$  A sense of shared responsibility can

NOTE Confidence: 0.827635884284973

 $00{:}50{:}07.726 \dashrightarrow 00{:}50{:}10.793$  only be upheld if there's transparent

NOTE Confidence: 0.827635884284973

 $00:50:10.793 \longrightarrow 00:50:14.303$  processes that are open to scrutiny.

NOTE Confidence: 0.827635884284973

 $00:50:14.310 \longrightarrow 00:50:16.284$  But in order to assess whether

 $00:50:16.284 \longrightarrow 00:50:17.600$  the constraints are reasonable,

NOTE Confidence: 0.827635884284973

 $00:50:17.600 \longrightarrow 00:50:19.840$  we also need to be able to critically

NOTE Confidence: 0.827635884284973

 $00:50:19.840 \longrightarrow 00:50:21.923$  analyze the evidence and adjust our

NOTE Confidence: 0.827635884284973

 $00:50:21.923 \longrightarrow 00:50:23.387$  policies according as accordingly

NOTE Confidence: 0.827635884284973

 $00:50:23.387 \longrightarrow 00:50:25.718$  as new evidence becomes available.

NOTE Confidence: 0.827635884284973

 $00{:}50{:}25.720 \dashrightarrow 00{:}50{:}29.128$  Having transparency and clear

NOTE Confidence: 0.827635884284973

 $00{:}50{:}29.128 {\:{\mbox{--}}\!>\:} 00{:}50{:}31.684$  communication are essential.

NOTE Confidence: 0.827635884284973

 $00:50:31.690 \longrightarrow 00:50:34.048$  But we also need to learn how to be

NOTE Confidence: 0.827635884284973

 $00:50:34.048 \longrightarrow 00:50:36.142$  after director moral distress and

NOTE Confidence: 0.827635884284973

00:50:36.142 --> 00:50:38.347 outrage in constructive ways and

NOTE Confidence: 0.827635884284973

 $00{:}50{:}38.347 \dashrightarrow 00{:}50{:}40.892$  advocacy can be a really useful and

NOTE Confidence: 0.827635884284973

00:50:40.892 --> 00:50:42.681 meaningful way to actually improve

NOTE Confidence: 0.827635884284973

00:50:42.681 --> 00:50:44.836 outcomes for both our patients

NOTE Confidence: 0.827635884284973

 $00:50:44.836 \longrightarrow 00:50:46.129$  and our society.

NOTE Confidence: 0.827635884284973

00:50:46.130 --> 00:50:51.026 So I think I've displayed today that my own

NOTE Confidence: 0.827635884284973

 $00:50:51.026 \longrightarrow 00:50:55.279$  stress is really complex and it's messy.

00:50:55.280 --> 00:50:55.976 And increasingly,

NOTE Confidence: 0.827635884284973

 $00{:}50{:}55.976 \dashrightarrow 00{:}50{:}58.412$  I think West and see more distress

NOTE Confidence: 0.827635884284973

00:50:58.412 --> 00:50:59.842 from broader socioeconomic

NOTE Confidence: 0.827635884284973

00:50:59.842 --> 00:51:01.878 concerns or wicked problems.

NOTE Confidence: 0.827635884284973

 $00:51:01.880 \longrightarrow 00:51:04.036$  I want to keep in the message

NOTE Confidence: 0.827635884284973

 $00:51:04.036 \longrightarrow 00:51:05.816$  that it reflects passionate people

NOTE Confidence: 0.827635884284973

00:51:05.816 --> 00:51:08.174 trying to do the right thing.

NOTE Confidence: 0.827635884284973

 $00:51:08.180 \longrightarrow 00:51:10.372$  Sometimes they'll be good

NOTE Confidence: 0.827635884284973

 $00:51:10.372 \longrightarrow 00:51:12.016$  and ethical reasons.

NOTE Confidence: 0.827635884284973

 $00:51:12.020 \longrightarrow 00:51:15.030$  Supporting the decisions that are being made

NOTE Confidence: 0.827635884284973

 $00{:}51{:}15.030 \to 00{:}51{:}17.900$  in our communities and in our work places.

NOTE Confidence: 0.827635884284973

 $00{:}51{:}17.900 \dashrightarrow 00{:}51{:}20.110$  Sometimes out differences will stem

NOTE Confidence: 0.827635884284973

 $00{:}51{:}20.110 \dashrightarrow 00{:}51{:}22.842$  from having different values or in

NOTE Confidence: 0.827635884284973

00:51:22.842 --> 00:51:24.638 within our pluralistic society,

NOTE Confidence: 0.827635884284973

 $00:51:24.640 \longrightarrow 00:51:27.616$  but nonetheless we need to ensure

00:51:27.616 --> 00:51:29.600 that we're responding appropriately

NOTE Confidence: 0.827635884284973

 $00{:}51{:}29.679 \rightarrow 00{:}51{:}32.269$  by actually taking the time to stop,

NOTE Confidence: 0.827635884284973

 $00:51:32.270 \longrightarrow 00:51:35.686$  to reflect and to review the underlying

NOTE Confidence: 0.827635884284973

 $00:51:35.686 \longrightarrow 00:51:38.560$  moral judgments and the constraints.

NOTE Confidence: 0.827635884284973

 $00{:}51{:}38.560 \dashrightarrow 00{:}51{:}41.590$  And reconsider the ethical issues.

NOTE Confidence: 0.827635884284973

 $00:51:41.590 \longrightarrow 00:51:43.774$  We need to really take effort to

NOTE Confidence: 0.827635884284973

 $00:51:43.774 \longrightarrow 00:51:46.008$  ensure that all people are feeling,

NOTE Confidence: 0.827635884284973

 $00:51:46.010 \longrightarrow 00:51:47.838$  heard, validated and supported.

NOTE Confidence: 0.827635884284973

00:51:47.838 --> 00:51:49.586 I would hope, then,

NOTE Confidence: 0.827635884284973

 $00:51:49.586 \longrightarrow 00:51:51.466$  that perhaps more distress can

NOTE Confidence: 0.827635884284973

 $00:51:51.466 \longrightarrow 00:51:52.970$  actually foster constructive dialogue

NOTE Confidence: 0.827635884284973

 $00:51:53.030 \longrightarrow 00:51:54.100$  and be used for good,

NOTE Confidence: 0.827635884284973

 $00:51:54.100 \longrightarrow 00:51:56.110$  or whether it's improving outcomes

NOTE Confidence: 0.827635884284973

 $00:51:56.110 \longrightarrow 00:51:58.590$  for the patients in front of us.

NOTE Confidence: 0.862775981426239

00:51:58.590 --> 00:52:00.978 Or contributing to making a better,

NOTE Confidence: 0.862775981426239

 $00:52:00.980 \longrightarrow 00:52:03.578$  more just society.

00:52:03.580 --> 00:52:05.820 And with that, I'll finish my formal

NOTE Confidence: 0.862775981426239

 $00:52:05.820 \longrightarrow 00:52:08.070$  presentation when I hope we can have

NOTE Confidence: 0.862775981426239

 $00:52:08.070 \longrightarrow 00:52:09.610$  some really rich discussion about

NOTE Confidence: 0.862775981426239

00:52:09.610 --> 00:52:11.638 the challenges of moral distress.

NOTE Confidence: 0.862775981426239

 $00{:}52{:}11.640 \dashrightarrow 00{:}52{:}13.674$  And I guess I'm also interested

NOTE Confidence: 0.862775981426239

 $00.52:13.674 \longrightarrow 00.52:15.876$  to hear your perspective in the

NOTE Confidence: 0.862775981426239

00:52:15.876 --> 00:52:17.841 United States about how potentially

NOTE Confidence: 0.862775981426239

00:52:17.841 --> 00:52:19.570 those constraints have changed.

NOTE Confidence: 0.862775981426239

 $00:52:19.570 \longrightarrow 00:52:20.698$  Hand over to mark.

NOTE Confidence: 0.840698897838593

00:52:22.230 --> 00:52:25.939 Thank you so much Trisha, that was marvelous,

NOTE Confidence: 0.840698897838593

00:52:25.939 --> 00:52:28.717 was a very thought provoking talk.

NOTE Confidence: 0.840698897838593

 $00:52:28.720 \longrightarrow 00:52:30.460$  And then open it up to

NOTE Confidence: 0.840698897838593

 $00{:}52{:}30.460 \dashrightarrow 00{:}52{:}31.620$  questions from the group.

NOTE Confidence: 0.840698897838593

 $00:52:31.620 \longrightarrow 00:52:33.956$  And of course you touched on two subjects

NOTE Confidence: 0.840698897838593

 $00:52:33.956 \longrightarrow 00:52:36.110$  near and dear to the hearts of many

 $00:52:36.110 \longrightarrow 00:52:38.288$  of the people in the audience today.

NOTE Confidence: 0.840698897838593

 $00{:}52{:}38.290 \dashrightarrow 00{:}52{:}40.222$  One would be the moral distress in

NOTE Confidence: 0.840698897838593

 $00:52:40.222 \longrightarrow 00:52:42.262$  the newborn ICU and the other being

NOTE Confidence: 0.840698897838593

00:52:42.262 --> 00:52:44.380 because we faced with related to kovid.

NOTE Confidence: 0.840698897838593

 $00:52:44.380 \longrightarrow 00:52:46.700$  I wonder if if it's a broader question.

NOTE Confidence: 0.840698897838593

00:52:46.700 --> 00:52:48.524 I have two questions which help

NOTE Confidence: 0.840698897838593

 $00{:}52{:}48.524 \dashrightarrow 00{:}52{:}50.794$  which I ask and then and then I

NOTE Confidence: 0.840698897838593

 $00:52:50.794 \longrightarrow 00:52:52.790$  want to open up to the others.

NOTE Confidence: 0.840698897838593

 $00:52:52.790 \longrightarrow 00:52:55.121$  The first is, do you know or do you

NOTE Confidence: 0.840698897838593

 $00:52:55.121 \longrightarrow 00:52:57.137$  have evidence that we sense it?

NOTE Confidence: 0.840698897838593

 $00:52:57.140 \longrightarrow 00:52:59.247$  Certainly in the newborn intensive care unit.

NOTE Confidence: 0.840698897838593

 $00:52:59.250 \longrightarrow 00:53:01.869$  And in terms of We're all in this together.

NOTE Confidence: 0.840698897838593

00:53:01.870 --> 00:53:03.802 I wonder if there's any data on

NOTE Confidence: 0.840698897838593

 $00:53:03.802 \longrightarrow 00:53:05.307$  whether other fields within healthcare

NOTE Confidence: 0.840698897838593

 $00:53:05.307 \longrightarrow 00:53:07.155$  experienced it to the same degree

NOTE Confidence: 0.840698897838593

 $00:53:07.155 \longrightarrow 00:53:09.488$  to the people who are taking care of

 $00:53:09.488 \longrightarrow 00:53:10.891$  adults face these same situations.

NOTE Confidence: 0.840698897838593

 $00:53:10.891 \longrightarrow 00:53:12.928$  I certainly know anecdotally that they do,

NOTE Confidence: 0.840698897838593

 $00:53:12.930 \longrightarrow 00:53:14.670$  from my own experience with it,

NOTE Confidence: 0.840698897838593

00:53:14.670 --> 00:53:16.637 with so many years that sharing an

NOTE Confidence: 0.840698897838593

 $00:53:16.637 \longrightarrow 00:53:18.093$  adult Ethics Committee that there

NOTE Confidence: 0.840698897838593

 $00{:}53{:}18.093 \dashrightarrow 00{:}53{:}20.060$  are situations where the adult son or

NOTE Confidence: 0.840698897838593

 $00:53:20.060 \longrightarrow 00:53:21.891$  daughter seems to have cornered the

NOTE Confidence: 0.840698897838593

 $00:53:21.891 \longrightarrow 00:53:23.391$  clinical team into doing something

NOTE Confidence: 0.840698897838593

 $00:53:23.400 \longrightarrow 00:53:25.146$  that they feel moral distress about,

NOTE Confidence: 0.840698897838593

 $00:53:25.150 \longrightarrow 00:53:27.142$  which is just a continuing critical

NOTE Confidence: 0.840698897838593

00:53:27.142 --> 00:53:29.077 care measures beyond the point where

NOTE Confidence: 0.840698897838593

00:53:29.077 --> 00:53:30.974 they think is best for the patient

NOTE Confidence: 0.840698897838593

 $00:53:30.974 \longrightarrow 00:53:32.529$  or the right thing to do.

NOTE Confidence: 0.840698897838593

00:53:32.530 --> 00:53:33.825 But do you know of any evidence

NOTE Confidence: 0.840698897838593

 $00:53:33.825 \longrightarrow 00:53:35.456$  that tells us this is more prevalent

 $00:53:35.456 \longrightarrow 00:53:36.484$  in Winfield versus another?

NOTE Confidence: 0.848162949085236

 $00:53:37.650 \longrightarrow 00:53:39.715$  And so the evidence is there that

NOTE Confidence: 0.848162949085236

00:53:39.715 --> 00:53:41.269 is prevalent across all fields,

NOTE Confidence: 0.848162949085236

 $00:53:41.270 \longrightarrow 00:53:42.478$  and it gets particularly

NOTE Confidence: 0.848162949085236

00:53:42.478 --> 00:53:43.988 prevalent in acute care settings,

NOTE Confidence: 0.848162949085236

 $00:53:43.990 \longrightarrow 00:53:45.802$  and where we often are asking

NOTE Confidence: 0.848162949085236

 $00:53:45.802 \longrightarrow 00:53:47.010$  life and death situations,

NOTE Confidence: 0.848162949085236

 $00:53:47.010 \longrightarrow 00:53:48.732$  I think it's often certainly there's

NOTE Confidence: 0.848162949085236

 $00:53:48.732 \longrightarrow 00:53:50.639$  evidence within the knee national field,

NOTE Confidence: 0.848162949085236

 $00:53:50.640 \longrightarrow 00:53:52.308$  and from our own research that

NOTE Confidence: 0.848162949085236

 $00{:}53{:}52.308 \dashrightarrow 00{:}53{:}53.791$  where my most often distressed

NOTE Confidence: 0.848162949085236

 $00:53:53.791 \longrightarrow 00:53:55.968$  when we feel like we're doing too

NOTE Confidence: 0.848162949085236

 $00{:}53{:}55.968 \dashrightarrow 00{:}53{:}57.879$  much rather than doing too little.

NOTE Confidence: 0.848162949085236

 $00:53:57.880 \longrightarrow 00:54:00.031$  So I think that's why we do see it

NOTE Confidence: 0.848162949085236

 $00:54:00.031 \longrightarrow 00:54:02.332$  a lot in our acute care settings

NOTE Confidence: 0.848162949085236

 $00:54:02.332 \longrightarrow 00:54:04.530$  or in settings such as oncology,

 $00:54:04.530 \longrightarrow 00:54:06.022$  where those questions about

NOTE Confidence: 0.848162949085236

 $00{:}54{:}06.022 \dashrightarrow 00{:}54{:}07.887$  whether it's actually starting to

NOTE Confidence: 0.848162949085236

 $00:54:07.887 \longrightarrow 00:54:09.428$  cause harm to the patient.

NOTE Confidence: 0.848162949085236

 $00:54:09.430 \longrightarrow 00:54:11.410$  I think there are some differences

NOTE Confidence: 0.848162949085236

00:54:11.410 --> 00:54:13.160 in the pediatric population though,

NOTE Confidence: 0.848162949085236

 $00:54:13.160 \longrightarrow 00:54:15.164$  particularly in the sense that we

NOTE Confidence: 0.848162949085236

00:54:15.164 --> 00:54:18.012 have a parent who is acting as a

NOTE Confidence: 0.848162949085236

 $00:54:18.012 \longrightarrow 00:54:19.812$  proxy decision maker rather than

NOTE Confidence: 0.848162949085236

 $00{:}54{:}19.812 \dashrightarrow 00{:}54{:}21.478$  dealing with an autonomous being

NOTE Confidence: 0.848162949085236

00:54:21.478 --> 00:54:23.968 in front of us who can make or

NOTE Confidence: 0.848162949085236

 $00:54:23.968 \longrightarrow 00:54:25.563$  provide a more accurate reflection

NOTE Confidence: 0.848162949085236

 $00:54:25.563 \longrightarrow 00:54:27.740$  of what's in their own interests,

NOTE Confidence: 0.848162949085236

 $00{:}54{:}27.740 \dashrightarrow 00{:}54{:}29.845$  and so when dealing with

NOTE Confidence: 0.848162949085236

 $00:54:29.845 \longrightarrow 00:54:30.687$  pediatric populations.

NOTE Confidence: 0.848162949085236

 $00:54:30.690 \longrightarrow 00:54:32.986$  There's a little bit more an ambiguity

 $00:54:32.986 \longrightarrow 00:54:35.252$  in the sense about what's the

NOTE Confidence: 0.848162949085236

 $00:54:35.252 \longrightarrow 00:54:37.277$  patients interested because they can't

NOTE Confidence: 0.848162949085236

 $00{:}54{:}37.277 \dashrightarrow 00{:}54{:}39.828$  tell us what's meaningful to them.

NOTE Confidence: 0.848162949085236

00:54:39.830 --> 00:54:41.995 Sometimes we make very subjective

NOTE Confidence: 0.848162949085236

 $00:54:41.995 \longrightarrow 00:54:44.160$  judgments about what their experience

NOTE Confidence: 0.848162949085236

00:54:44.226 --> 00:54:46.494 or lived experience is within our

NOTE Confidence: 0.848162949085236

 $00:54:46.494 \longrightarrow 00:54:48.560$  neonatal intensive care unit setting.

NOTE Confidence: 0.848162949085236

 $00:54:48.560 \longrightarrow 00:54:50.784$  And sometimes we also.

NOTE Confidence: 0.848162949085236

00:54:50.784 --> 00:54:53.564 With a rightly or wrongly,

NOTE Confidence: 0.848162949085236

 $00:54:53.570 \longrightarrow 00:54:56.914$  make a lot of judgments about whether the

NOTE Confidence: 0.848162949085236

 $00:54:56.914 \longrightarrow 00:54:59.996$  parents have the right interest at heart.

NOTE Confidence: 0.848162949085236

 $00:55:00.000 \longrightarrow 00:55:02.040$  Because sometimes they can be clearly

NOTE Confidence: 0.848162949085236

 $00:55:02.040 \longrightarrow 00:55:03.400$  competing interests between families.

NOTE Confidence: 0.848162949085236

 $00:55:03.400 \longrightarrow 00:55:05.888$  So if the patient lives in remote Australia

NOTE Confidence: 0.848162949085236

00:55:05.888 --> 00:55:08.157 and their child needs a tracheostomy,

NOTE Confidence: 0.848162949085236

 $00:55:08.160 \longrightarrow 00:55:09.820$  that's certainly going to have

 $00:55:09.820 \longrightarrow 00:55:11.889$  a big impact on the interests

NOTE Confidence: 0.848162949085236

 $00:55:11.889 \longrightarrow 00:55:13.935$  of the rest of the family,

NOTE Confidence: 0.848162949085236

 $00:55:13.940 \longrightarrow 00:55:16.145$  and so our family can be feeling

NOTE Confidence: 0.848162949085236

00:55:16.145 --> 00:55:17.895 quite torn between weighing up

NOTE Confidence: 0.848162949085236

 $00:55:17.895 \longrightarrow 00:55:19.745$  the interests of different family

NOTE Confidence: 0.848162949085236

 $00:55:19.745 \longrightarrow 00:55:22.209$  members and so it's a little bit

NOTE Confidence: 0.848162949085236

 $00:55:22.209 \longrightarrow 00:55:23.814$  of a different scenario within

NOTE Confidence: 0.848162949085236

00:55:23.814 --> 00:55:24.844 the pediatric population.

NOTE Confidence: 0.848162949085236

 $00:55:24.844 \longrightarrow 00:55:26.956$  And so I think that's why

NOTE Confidence: 0.848162949085236

 $00:55:26.956 \longrightarrow 00:55:28.558$  it's we find it quite

NOTE Confidence: 0.84470340013504

 $00{:}55{:}28.560 \dashrightarrow 00{:}55{:}30.752$  prevalent. Thank you very much. Thank you.

NOTE Confidence: 0.84470340013504

 $00:55:30.752 \longrightarrow 00:55:33.526$  I want to just let the audience know that

NOTE Confidence: 0.84470340013504

 $00{:}55{:}33.526 \dashrightarrow 00{:}55{:}35.918$  if you will put something in the Q&A,

NOTE Confidence: 0.84470340013504

 $00:55:35.920 \longrightarrow 00:55:38.096$  then I'll be I'll be going through the

NOTE Confidence: 0.84470340013504

 $00:55:38.096 \longrightarrow 00:55:40.209$  questions and sharing with Doctor Prentice.

00:55:40.210 --> 00:55:41.450 Our question for me,

NOTE Confidence: 0.84470340013504

 $00:55:41.450 \longrightarrow 00:55:44.124$  and then we're going to open it up to

NOTE Confidence: 0.84470340013504

 $00:55:44.124 \longrightarrow 00:55:46.541$  the group as they as they file in you

NOTE Confidence: 0.84470340013504

 $00:55:46.541 \longrightarrow 00:55:48.401$  gave us a very interesting response

NOTE Confidence: 0.84470340013504

 $00{:}55{:}48.401 \dashrightarrow 00{:}55{:}50.130$  to one person in your research.

NOTE Confidence: 0.84470340013504

 $00:55:50.130 \longrightarrow 00:55:51.780$  I think it was a neonatology

NOTE Confidence: 0.84470340013504

00:55:51.832 --> 00:55:53.437 attending perhaps who had said,

NOTE Confidence: 0.84470340013504

 $00:55:53.440 \longrightarrow 00:55:54.910$  you know what you know.

NOTE Confidence: 0.84470340013504

 $00:55:54.910 \dashrightarrow 00:55:56.968$  This talk about moral distress isn't helping,

NOTE Confidence: 0.84470340013504

00:55:56.970 --> 00:55:58.435 isn't helping anybody by putting

NOTE Confidence: 0.84470340013504

 $00:55:58.435 \longrightarrow 00:55:59.607$  a name to it.

NOTE Confidence: 0.84470340013504

00:55:59.610 --> 00:56:01.374 It's not really helping relieve peoples

NOTE Confidence: 0.84470340013504

00:56:01.374 --> 00:56:02.786 distress, and it's actually giving

NOTE Confidence: 0.84470340013504

 $00:56:02.786 \longrightarrow 00:56:04.910$  him more focus to that to stress.

NOTE Confidence: 0.84470340013504

00:56:04.910 --> 00:56:07.097 And in the end you seem to suggest that

NOTE Confidence: 0.84470340013504

 $00:56:07.097 \dashrightarrow 00:56:09.318$  the conversations are in fact helpful.

00:56:09.320 --> 00:56:10.805 Again, I have anecdotal experience

NOTE Confidence: 0.84470340013504

 $00.56:10.805 \longrightarrow 00.56:11.696$  with that where.

NOTE Confidence: 0.84470340013504

00:56:11.700 --> 00:56:13.060 Uh, nursing the nursing staff.

NOTE Confidence: 0.84470340013504

 $00:56:13.060 \longrightarrow 00:56:14.530$  Very upset that we're doing

NOTE Confidence: 0.84470340013504

 $00:56:14.530 \longrightarrow 00:56:15.706$  something being more aggressive

NOTE Confidence: 0.84470340013504

 $00:56:15.706 \longrightarrow 00:56:17.386$  than perhaps we should be with us.

NOTE Confidence: 0.84470340013504

 $00:56:17.390 \longrightarrow 00:56:19.238$  We felt was best for the child

NOTE Confidence: 0.84470340013504

 $00:56:19.238 \longrightarrow 00:56:20.909$  and when we talk and say,

NOTE Confidence: 0.84470340013504 00:56:20.910 --> 00:56:21.196 listen, NOTE Confidence: 0.84470340013504

 $00:56:21.196 \longrightarrow 00:56:22.912$  this is what the parents have

NOTE Confidence: 0.84470340013504

 $00:56:22.912 \longrightarrow 00:56:24.567$  chosen and though none of us

NOTE Confidence: 0.84470340013504

 $00:56:24.567 \longrightarrow 00:56:26.055$  really think it's the best idea,

NOTE Confidence: 0.84470340013504

 $00{:}56{:}26.060 \dashrightarrow 00{:}56{:}27.894$  we think it's within the realm of

NOTE Confidence: 0.84470340013504

00:56:27.894 --> 00:56:29.613 what's what's their their zone

NOTE Confidence: 0.84470340013504

 $00:56:29.613 \longrightarrow 00:56:31.365$  of parental discretion as you and

 $00:56:31.365 \longrightarrow 00:56:33.193$  Lynnwood would say that they are within

NOTE Confidence: 0.84470340013504

 $00{:}56{:}33.193 \dashrightarrow 00{:}56{:}35.150$  their rights to ask us to do this

NOTE Confidence: 0.84470340013504

00:56:35.150 --> 00:56:37.249 if they are acting in good faith in

NOTE Confidence: 0.84470340013504

 $00:56:37.249 \longrightarrow 00:56:39.609$  what they think is best for their child.

NOTE Confidence: 0.84470340013504

00:56:39.610 --> 00:56:40.990 But I was curious about

NOTE Confidence: 0.84470340013504

 $00:56:40.990 \longrightarrow 00:56:42.094$  that individual who said?

NOTE Confidence: 0.84470340013504 00:56:42.100 --> 00:56:42.388 No,

NOTE Confidence: 0.84470340013504

00:56:42.388 --> 00:56:44.692 it doesn't actually help to be doing this.

NOTE Confidence: 0.84470340013504

 $00{:}56{:}44.700 \dashrightarrow 00{:}56{:}47.004$  To identify it to talking to open up.

NOTE Confidence: 0.84470340013504

00:56:47.010 --> 00:56:49.330 Do you have a response to that individual?

NOTE Confidence: 0.829837441444397

 $00:56:50.990 \longrightarrow 00:56:52.395$  Yeah, I think there's two

NOTE Confidence: 0.829837441444397

 $00:56:52.395 \longrightarrow 00:56:53.785$  aspects of of that, mark.

NOTE Confidence: 0.829837441444397

 $00{:}56{:}53.785 \dashrightarrow 00{:}56{:}55.375$  I think it's certainly true that

NOTE Confidence: 0.829837441444397

 $00{:}56{:}55.375 \dashrightarrow 00{:}56{:}57.102$  when I've talked to some a vital

NOTE Confidence: 0.829837441444397

00:56:57.102 --> 00:56:58.278 older nursing colleagues that

NOTE Confidence: 0.829837441444397

00:56:58.278 --> 00:56:59.980 quite often they talk about that.

 $00:56:59.980 \longrightarrow 00:57:01.828$  In the past we used to have

NOTE Confidence: 0.829837441444397

 $00:57:01.828 \dashrightarrow 00:57:03.560$  these same situation in the same

NOTE Confidence: 0.829837441444397

 $00{:}57{:}03.560 \dashrightarrow 00{:}57{:}05.035$  ethical issues are still there,

NOTE Confidence: 0.829837441444397

00:57:05.040 --> 00:57:07.189 but actually they were just kind of

NOTE Confidence: 0.829837441444397

 $00:57:07.189 \longrightarrow 00:57:09.540$  expected to kind of get on with the job.

NOTE Confidence: 0.829837441444397

 $00:57:09.540 \longrightarrow 00:57:12.069$  Suck it up. It was part of their duty.

NOTE Confidence: 0.829837441444397

 $00:57:12.070 \longrightarrow 00:57:13.402$  You just accepted it.

NOTE Confidence: 0.829837441444397

 $00:57:13.402 \longrightarrow 00:57:16.560$  I don't think we want to return to that.

NOTE Confidence: 0.829837441444397

 $00:57:16.560 \longrightarrow 00:57:18.408$  I think we want to embrace

NOTE Confidence: 0.829837441444397

 $00:57:18.408 \longrightarrow 00:57:20.000$  that we are human set,

NOTE Confidence: 0.829837441444397

 $00:57:20.000 \longrightarrow 00:57:21.698$  but our work does actually take

NOTE Confidence: 0.829837441444397

 $00:57:21.698 \longrightarrow 00:57:24.267$  a toll on us and we need to

NOTE Confidence: 0.829837441444397

 $00{:}57{:}24.267 \dashrightarrow 00{:}57{:}25.972$ acknowledge we need to acknowledge

NOTE Confidence: 0.829837441444397

 $00:57:25.972 \longrightarrow 00:57:28.444$  the effects that it does have on us.

NOTE Confidence: 0.829837441444397

 $00:57:28.450 \longrightarrow 00:57:30.627$  We do actually need to acknowledge and

 $00:57:30.627 \longrightarrow 00:57:32.519$  validate the experience of moral distress.

NOTE Confidence: 0.829837441444397

 $00{:}57{:}32.520 \dashrightarrow 00{:}57{:}34.398$  What I think needs to change,

NOTE Confidence: 0.829837441444397 00:57:34.400 --> 00:57:34.681 though, NOTE Confidence: 0.829837441444397

00:57:34.681 --> 00:57:36.929 is how that we respond or what we

NOTE Confidence: 0.829837441444397

 $00:57:36.929 \longrightarrow 00:57:39.088$  expect when we express moral distress.

NOTE Confidence: 0.829837441444397

 $00:57:39.090 \longrightarrow 00:57:40.655$  So I think particularly with

NOTE Confidence: 0.829837441444397

 $00:57:40.655 \longrightarrow 00:57:41.594$  moral distress literature,

NOTE Confidence: 0.829837441444397

 $00:57:41.600 \longrightarrow 00:57:44.128$  it kind of evolved at a time where.

NOTE Confidence: 0.829837441444397

 $00{:}57{:}44.130 \dashrightarrow 00{:}57{:}46.020$  Language of empowerment.

NOTE Confidence: 0.829837441444397

 $00:57:46.020 \longrightarrow 00:57:47.910$  Was very prevalent.

NOTE Confidence: 0.829837441444397

 $00{:}57{:}47.910 \dashrightarrow 00{:}57{:}50.174$  We say there are no kids at school

NOTE Confidence: 0.829837441444397

 $00:57:50.174 \longrightarrow 00:57:52.632$  that our kids are going to be

NOTE Confidence: 0.829837441444397

 $00:57:52.632 \longrightarrow 00:57:54.092$  such an empowered population.

NOTE Confidence: 0.829837441444397

 $00:57:54.100 \longrightarrow 00:57:55.770$  They there's no barriers to

NOTE Confidence: 0.829837441444397

 $00:57:55.770 \longrightarrow 00:57:57.690$  anything that they want to do.

NOTE Confidence: 0.829837441444397

 $00:57:57.690 \longrightarrow 00:58:00.497$  They're kind of taught and trained to.

 $00:58:00.500 \longrightarrow 00:58:03.083$  To go out and do whatever they want and

NOTE Confidence: 0.829837441444397

 $00:58:03.083 \longrightarrow 00:58:05.489$  don't let anything stand in their way.

NOTE Confidence: 0.829837441444397

 $00:58:05.490 \longrightarrow 00:58:07.410$  The sign language has been

NOTE Confidence: 0.829837441444397

 $00:58:07.410 \longrightarrow 00:58:08.946$  kind of applied tomorrow.

NOTE Confidence: 0.829837441444397

 $00:58:08.950 \longrightarrow 00:58:11.589$  Distress in the sense that people have

NOTE Confidence: 0.829837441444397

00:58:11.589 --> 00:58:14.322 been encouraged to kind of stand up

NOTE Confidence: 0.829837441444397

00:58:14.322 --> 00:58:16.232 to demonstrate their moral outrage,

NOTE Confidence: 0.829837441444397

 $00{:}58{:}16.240 \dashrightarrow 00{:}58{:}18.155$  innocence and to expect that

NOTE Confidence: 0.829837441444397

 $00:58:18.155 \longrightarrow 00:58:19.304$  with that empowerment,

NOTE Confidence: 0.829837441444397

 $00:58:19.310 \dashrightarrow 00:58:21.725$  and with that moral courage to speak

NOTE Confidence: 0.829837441444397

00:58:21.725 --> 00:58:24.090 out that there's always an expectation

NOTE Confidence: 0.829837441444397

 $00:58:24.090 \longrightarrow 00:58:26.610$  that the treatment plan will change.

NOTE Confidence: 0.829837441444397

 $00{:}58{:}26.610 --> 00{:}58{:}29.018$  And I think that is where it

NOTE Confidence: 0.829837441444397

 $00:58:29.018 \longrightarrow 00:58:30.830$  becomes unhealthy or unhelpful.

NOTE Confidence: 0.829837441444397

 $00:58:30.830 \longrightarrow 00:58:33.154$  I think if it's used as an

 $00:58:33.154 \longrightarrow 00:58:35.549$  opportunity to stop and reflect and

NOTE Confidence: 0.829837441444397

 $00:58:35.549 \longrightarrow 00:58:37.759$  to actually review the situation.

NOTE Confidence: 0.829837441444397

 $00:58:37.760 \longrightarrow 00:58:40.266$  Then it can be used for good,

NOTE Confidence: 0.829837441444397

 $00:58:40.270 \longrightarrow 00:58:42.559$  but if it's there have been situations

NOTE Confidence: 0.829837441444397

 $00:58:42.559 \longrightarrow 00:58:44.398$  where sometimes when people express

NOTE Confidence: 0.829837441444397

00:58:44.398 --> 00:58:45.990 that their morally distress,

NOTE Confidence: 0.829837441444397

 $00:58:45.990 \longrightarrow 00:58:47.780$  they're basically saying You need

NOTE Confidence: 0.829837441444397

 $00:58:47.780 \longrightarrow 00:58:49.570$  to change what you're doing.

NOTE Confidence: 0.829837441444397

 $00{:}58{:}49.570 --> 00{:}58{:}51.162$  So I remember example,

NOTE Confidence: 0.829837441444397

 $00:58:51.162 \longrightarrow 00:58:53.932$  I guess a formative example from when

NOTE Confidence: 0.829837441444397

 $00{:}58{:}53.932 \dashrightarrow 00{:}58{:}56.372$  I was a fellow myself that I was.

NOTE Confidence: 0.829837441444397

 $00:58:56.380 \longrightarrow 00:58:59.316$  I went to review one of our very

NOTE Confidence: 0.829837441444397

 $00:58:59.316 \longrightarrow 00:59:01.030$  complex patients on the unit,

NOTE Confidence: 0.829837441444397

 $00:59:01.030 \longrightarrow 00:59:03.536$  and the nurse was in complete uproar.

NOTE Confidence: 0.829837441444397

 $00:59:03.540 \longrightarrow 00:59:05.908$  She was very upset that the patient was

NOTE Confidence: 0.829837441444397

 $00:59:05.908 \longrightarrow 00:59:08.199$  receiving this terribly aggressive treatment.

 $00:59:08.200 \longrightarrow 00:59:10.816$  The patient was suffering and she

NOTE Confidence: 0.829837441444397

00:59:10.816 --> 00:59:13.346 was just absolutely angered that the

NOTE Confidence: 0.829837441444397

 $00:59:13.346 \longrightarrow 00:59:15.488$  attending so you call them didn't

NOTE Confidence: 0.829837441444397

00:59:15.488 --> 00:59:18.347 seem to be present there on the Ward.

NOTE Confidence: 0.829837441444397

 $00:59:18.350 \longrightarrow 00:59:20.312$  She felt that that was a

NOTE Confidence: 0.829837441444397

 $00:59:20.312 \longrightarrow 00:59:22.050$  sign that they didn't care.

NOTE Confidence: 0.829837441444397

 $00:59:22.050 \longrightarrow 00:59:24.348$  They went there for the patient.

NOTE Confidence: 0.829837441444397

 $00:59:24.350 \longrightarrow 00:59:26.398$  But what I knew was the attending was

NOTE Confidence: 0.829837441444397

00:59:26.398 --> 00:59:27.980 actually hidden away in their office,

NOTE Confidence: 0.829837441444397

 $00:59:27.980 \longrightarrow 00:59:29.120$  essentially in fetal position

NOTE Confidence: 0.829837441444397

 $00:59:29.120 \longrightarrow 00:59:30.830$  under the desk because they were

NOTE Confidence: 0.829837441444397

 $00:59:30.877 \longrightarrow 00:59:32.227$  so exhausted from every time that

NOTE Confidence: 0.829837441444397

 $00:59:32.227 \longrightarrow 00:59:34.203$  they went on to the Ward that they

NOTE Confidence: 0.829837441444397

 $00{:}59{:}34.203 \dashrightarrow 00{:}59{:}35.488$  were effectively hammered by the

NOTE Confidence: 0.829837441444397

 $00:59:35.488 \longrightarrow 00:59:37.040$  same comments that this is cruel.

 $00:59:37.040 \longrightarrow 00:59:38.600$  You need to suck it up.

NOTE Confidence: 0.823303580284119

 $00:59:38.600 \longrightarrow 00:59:39.895$  You need to tell the

NOTE Confidence: 0.823303580284119

 $00:59:39.895 \longrightarrow 00:59:41.190$  parents that this is wrong.

NOTE Confidence: 0.823303580284119

00:59:41.190 --> 00:59:43.094 We need to stop even though to them

NOTE Confidence: 0.823303580284119

 $00:59:43.094 \longrightarrow 00:59:45.283$  the decision was still in the zona

NOTE Confidence: 0.823303580284119

00:59:45.283 --> 00:59:46.943 parental discretion or ethically permissible.

NOTE Confidence: 0.823303580284119

 $00:59:46.950 \longrightarrow 00:59:49.020$  Or perhaps it was just going to take some

NOTE Confidence: 0.823303580284119

00:59:49.020 --> 00:59:51.298 time to get to the parents to the same point.

NOTE Confidence: 0.823303580284119

 $00{:}59{:}51.300 \dashrightarrow 00{:}59{:}52.824$  So I think again it's useful

NOTE Confidence: 0.823303580284119

00:59:52.824 --> 00:59:54.311 and it's important to actually

NOTE Confidence: 0.823303580284119

 $00:59:54.311 \longrightarrow 00:59:55.568$  recognize more distress,

NOTE Confidence: 0.823303580284119

 $00:59:55.570 \longrightarrow 00:59:57.733$  but we need to change our expectations

NOTE Confidence: 0.823303580284119

 $00:59:57.733 \longrightarrow 01:00:00.149$  about what that means when we express it.

NOTE Confidence: 0.823303580284119

01:00:00.150 --> 01:00:01.670 It's not just about saying,

NOTE Confidence: 0.823303580284119

 $01:00:01.670 \longrightarrow 01:00:02.838$  hey, I'm really distressed.

NOTE Confidence: 0.823303580284119

 $01:00:02.838 \longrightarrow 01:00:05.330$  You will need to change what you're doing.

 $01:00:05.330 \longrightarrow 01:00:08.240$  It needs to open up a conversation and a two

NOTE Confidence: 0.823303580284119

 $01:00:08.313 \longrightarrow 01:00:11.029$  way conversation where we actually go OK?

NOTE Confidence: 0.823303580284119

 $01{:}00{:}11.030 \dashrightarrow 01{:}00{:}13.179$  And I hear your concern and distress.

NOTE Confidence: 0.823303580284119

01:00:13.180 --> 01:00:14.710 Let's actually talk about it.

NOTE Confidence: 0.823303580284119

 $01:00:14.710 \longrightarrow 01:00:15.938$  Let's review the case.

NOTE Confidence: 0.823303580284119

 $01:00:15.938 \longrightarrow 01:00:17.166$  Let's open a discussion.

NOTE Confidence: 0.823303580284119

 $01:00:17.170 \longrightarrow 01:00:18.700$  'cause If you know that

NOTE Confidence: 0.823303580284119

 $01:00:18.700 \longrightarrow 01:00:19.924$  one person is distressed,

NOTE Confidence: 0.823303580284119

 $01:00:19.930 \longrightarrow 01:00:21.340$  I can guarantee that there's

NOTE Confidence: 0.823303580284119

 $01:00:21.340 \longrightarrow 01:00:23.803$  going to be a whole room of other

NOTE Confidence: 0.823303580284119

 $01:00:23.803 \longrightarrow 01:00:25.453$  people who are also distressed.

NOTE Confidence: 0.823303580284119

01:00:25.460 --> 01:00:28.214 And so we need to open up that discussion,

NOTE Confidence: 0.823303580284119

 $01{:}00{:}28.220 \dashrightarrow 01{:}00{:}30.056$  not just with that one individual,

NOTE Confidence: 0.823303580284119

 $01:00:30.060 \longrightarrow 01:00:31.595$  but with the whole team

NOTE Confidence: 0.823303580284119

 $01:00:31.595 \longrightarrow 01:00:33.130$  about what the goals are.

 $01:00:33.130 \longrightarrow 01:00:34.018$  Carer wear out.

NOTE Confidence: 0.823303580284119

01:00:34.018 --> 01:00:36.090 Why were there and how we're going

NOTE Confidence: 0.823303580284119

01:00:36.155 --> 01:00:38.346 to move things forward in the future?

NOTE Confidence: 0.823303580284119

 $01:00:38.350 \longrightarrow 01:00:39.825$  And sometimes it's actually helpful

NOTE Confidence: 0.823303580284119

01:00:39.825 --> 01:00:41.800 to express our own moral distress.

NOTE Confidence: 0.823303580284119 01:00:41.800 --> 01:00:42.484 As well, NOTE Confidence: 0.823303580284119

 $01{:}00{:}42.484 \dashrightarrow 01{:}00{:}44.878$  I think as attendings don't know what

NOTE Confidence: 0.823303580284119

 $01:00:44.878 \longrightarrow 01:00:47.745$  the system is like in the United States,

NOTE Confidence: 0.823303580284119

01:00:47.750 --> 01:00:50.084 but I think we're generally taught

NOTE Confidence: 0.823303580284119

 $01:00:50.084 \longrightarrow 01:00:52.110$  to be fairly controlled where.

NOTE Confidence: 0.823303580284119

 $01:00:52.110 \longrightarrow 01:00:54.110$  We are trained to kind of manage chains

NOTE Confidence: 0.823303580284119

 $01:00:54.110 \longrightarrow 01:00:56.124$  an often in a way that means that we

NOTE Confidence: 0.823303580284119

 $01:00:56.124 \longrightarrow 01:00:58.009$  keep all our emotions on the inside,

NOTE Confidence: 0.823303580284119

 $01:00:58.010 \longrightarrow 01:00:59.240$  and so sometimes we're not

NOTE Confidence: 0.823303580284119

 $01:00:59.240 \longrightarrow 01:01:00.470$  very good at expressing that.

NOTE Confidence: 0.823303580284119

 $01{:}01{:}00.470 --> 01{:}01{:}00.709 \ \mathrm{Hey},$ 

01:01:00.709 --> 01:01:02.143 I hear the stress and actually

NOTE Confidence: 0.823303580284119

 $01:01:02.143 \longrightarrow 01:01:03.429$  I'm feeling the same thing.

NOTE Confidence: 0.823303580284119

 $01:01:03.430 \longrightarrow 01:01:06.350$  I just haven't been able to say it.

NOTE Confidence: 0.823303580284119

 $01:01:06.350 \longrightarrow 01:01:11.950$  Thank you another question.

NOTE Confidence: 0.823303580284119

01:01:11.950 --> 01:01:12.350 Do

NOTE Confidence: 0.853012144565582

 $01:01:12.350 \longrightarrow 01:01:14.597$  you have any sense of whether your

NOTE Confidence: 0.853012144565582

 $01:01:14.597 \longrightarrow 01:01:16.709$  research on the moral distress

NOTE Confidence: 0.853012144565582

01:01:16.709 --> 01:01:18.329 of professional caregivers,

NOTE Confidence: 0.853012144565582

 $01:01:18.330 \longrightarrow 01:01:21.130$  which is to say our licensed clinicians,

NOTE Confidence: 0.853012144565582

01:01:21.130 --> 01:01:23.518 could inform our ability or obligation,

NOTE Confidence: 0.853012144565582

 $01:01:23.520 \longrightarrow 01:01:25.510$  who acknowledged the distress that

NOTE Confidence: 0.853012144565582

01:01:25.510 --> 01:01:27.510 are less supported, less recognized,

NOTE Confidence: 0.853012144565582

 $01:01:27.510 \longrightarrow 01:01:29.110$  informal caregivers may experience?

NOTE Confidence: 0.830578029155731

01:01:31.290 --> 01:01:33.208 So sorry, I think the question mark

NOTE Confidence: 0.830578029155731

 $01:01:33.208 \longrightarrow 01:01:35.817$  is do I have any evidence about it?

01:01:35.820 --> 01:01:37.330 It's not a simple sense,

NOTE Confidence: 0.830578029155731

 $01:01:37.330 \longrightarrow 01:01:39.136$  so let me read it again.

NOTE Confidence: 0.830578029155731

 $01:01:39.140 \longrightarrow 01:01:40.650$  'cause I'm with you too.

NOTE Confidence: 0.830578029155731

 $01:01:40.650 \longrightarrow 01:01:42.160$  I'm I'm personal desire and

NOTE Confidence: 0.830578029155731

01:01:42.160 --> 01:01:44.504 I'm guessing perhaps if I can try and

NOTE Confidence: 0.830578029155731

01:01:44.504 --> 01:01:46.590 clarify the question mark and you can

NOTE Confidence: 0.830578029155731

 $01:01:46.590 \longrightarrow 01:01:48.809$  tell me if that's what its meaning.

NOTE Confidence: 0.830578029155731

 $01:01:48.810 \longrightarrow 01:01:50.694$  But the question is acknowledging that

NOTE Confidence: 0.830578029155731

 $01:01:50.694 \longrightarrow 01:01:52.920$  we have a multi disciplinary team and

NOTE Confidence: 0.830578029155731

 $01:01:52.920 \longrightarrow 01:01:55.449$  as well as a number of members on it.

NOTE Confidence: 0.830578029155731

 $01:01:55.450 \longrightarrow 01:01:57.280$  Our units such as cleaners

NOTE Confidence: 0.830578029155731

 $01:01:57.280 \longrightarrow 01:01:58.744$  and other people hour.

NOTE Confidence: 0.830578029155731

 $01:01:58.750 \longrightarrow 01:02:00.706$  Administrative team who may be bearing

NOTE Confidence: 0.830578029155731

 $01:02:00.706 \longrightarrow 01:02:03.016$  witness to some of the things that go

NOTE Confidence: 0.830578029155731

01:02:03.016 --> 01:02:05.157 on in our Ward who may not necessarily

NOTE Confidence: 0.830578029155731

 $01:02:05.157 \longrightarrow 01:02:07.173$  be as much of the conversation,

01:02:07.180 --> 01:02:09.668 or there may not be actually any evidence

NOTE Confidence: 0.830578029155731

 $01:02:09.668 \longrightarrow 01:02:12.109$  about their experiences of moral distress.

NOTE Confidence: 0.830578029155731 01:02:12.110 --> 01:02:12.788 So I think NOTE Confidence: 0.838675737380981

 $01:02:12.790 \longrightarrow 01:02:14.337$  it's right in my friend Jenn can

NOTE Confidence: 0.838675737380981

 $01:02:14.337 \longrightarrow 01:02:15.938$  type here if I've got it wrong,

NOTE Confidence: 0.838675737380981

01:02:15.940 --> 01:02:17.480 but I think you've got it right

NOTE Confidence: 0.838675737380981

 $01:02:17.480 \longrightarrow 01:02:18.859$  that there are those who are,

NOTE Confidence: 0.838675737380981

01:02:18.860 --> 01:02:20.351 you know, we tend to think of

NOTE Confidence: 0.838675737380981

 $01:02:20.351 \longrightarrow 01:02:21.559$  the doctors and the nurses,

NOTE Confidence: 0.838675737380981

 $01:02:21.560 \longrightarrow 01:02:22.690$  and perhaps the respiratory therapist.

NOTE Confidence: 0.838675737380981

 $01:02:22.690 \longrightarrow 01:02:23.935$  But there are others involved

NOTE Confidence: 0.838675737380981

 $01:02:23.935 \longrightarrow 01:02:25.421$  in 10 in providing care as

NOTE Confidence: 0.838675737380981

 $01{:}02{:}25.421 \dashrightarrow 01{:}02{:}26.737$  well and who may have less of

NOTE Confidence: 0.831891044974327

01:02:26.740 --> 01:02:27.916 a voice, yeah? Yes,

NOTE Confidence: 0.831891044974327

01:02:27.916 --> 01:02:31.030 so I think it's a really important question.

 $01:02:31.030 \longrightarrow 01:02:33.256$  There are most a lot of empirical

NOTE Confidence: 0.831891044974327

 $01:02:33.256 \longrightarrow 01:02:35.339$  research on moral distress has tended

NOTE Confidence: 0.831891044974327

 $01:02:35.339 \longrightarrow 01:02:37.824$  to focus on a single provider groups.

NOTE Confidence: 0.831891044974327

 $01:02:37.830 \longrightarrow 01:02:40.210$  There are some studies that have touched

NOTE Confidence: 0.831891044974327

 $01:02:40.210 \longrightarrow 01:02:42.536$  on both medical and nursing and some

NOTE Confidence: 0.831891044974327

 $01:02:42.536 \longrightarrow 01:02:45.309$  that have even broadened it to allied health.

NOTE Confidence: 0.831891044974327

 $01:02:45.310 \longrightarrow 01:02:47.452$  I appreciate with my own study that

NOTE Confidence: 0.831891044974327

 $01:02:47.452 \longrightarrow 01:02:49.164$  we certainly thought about whether

NOTE Confidence: 0.831891044974327

 $01:02:49.164 \longrightarrow 01:02:51.360$  we could involve other allied health

NOTE Confidence: 0.831891044974327

 $01:02:51.360 \longrightarrow 01:02:53.468$  professionals as part of that discussion.

NOTE Confidence: 0.831891044974327

 $01{:}02{:}53.470 \dashrightarrow 01{:}02{:}55.510$  But as part of ensuring that

NOTE Confidence: 0.831891044974327

01:02:55.510 --> 01:02:56.870 we could maintain their,

NOTE Confidence: 0.831891044974327

 $01:02:56.870 \longrightarrow 01:02:58.600$  make sure that their responses

NOTE Confidence: 0.831891044974327

 $01:02:58.600 \longrightarrow 01:02:59.638$  were still anonymous.

NOTE Confidence: 0.831891044974327

01:02:59.640 --> 01:03:02.712 We felt it was necessary to actually just

NOTE Confidence: 0.831891044974327

01:03:02.712 --> 01:03:05.657 restrict it to nursing and medical staff,

 $01:03:05.660 \longrightarrow 01:03:08.174$  so that was an intentional methodology

NOTE Confidence: 0.831891044974327

01:03:08.174 --> 01:03:10.280 plan rather than actually trying

NOTE Confidence: 0.831891044974327

01:03:10.280 --> 01:03:12.464 to exclude their voices per say.

NOTE Confidence: 0.831891044974327

 $01:03:12.470 \longrightarrow 01:03:14.696$  There are certainly kind of opinion

NOTE Confidence: 0.831891044974327

 $01:03:14.696 \longrightarrow 01:03:16.680$  pieces in various some recognition

NOTE Confidence: 0.831891044974327

 $01:03:16.680 \longrightarrow 01:03:19.290$  that anyone who is exposed to

NOTE Confidence: 0.831891044974327

 $01:03:19.290 \longrightarrow 01:03:21.033$  these traumatic situations can

NOTE Confidence: 0.831891044974327

01:03:21.033 --> 01:03:22.898 still have some moral distress.

NOTE Confidence: 0.831891044974327

01:03:22.900 --> 01:03:25.432 Alot of it comes out more

NOTE Confidence: 0.831891044974327

 $01:03:25.432 \longrightarrow 01:03:27.970$  in some of the trauma.

NOTE Confidence: 0.831891044974327

 $01:03:27.970 \longrightarrow 01:03:29.986$  Literature rather than the moral distress

NOTE Confidence: 0.831891044974327

 $01:03:29.986 \longrightarrow 01:03:31.686$  literature because it's more about

NOTE Confidence: 0.831891044974327

 $01{:}03{:}31.686 \dashrightarrow 01{:}03{:}33.498$  people who are bearing witness rather,

NOTE Confidence: 0.831891044974327

 $01{:}03{:}33.500 \dashrightarrow 01{:}03{:}35.369$  and I'm thinking here more in terms

NOTE Confidence: 0.831891044974327

 $01:03:35.369 \longrightarrow 01:03:37.760$  of some of our administration staff or

 $01:03:37.760 \longrightarrow 01:03:40.058$  things who are witnessing what's going

NOTE Confidence: 0.831891044974327

01:03:40.116 --> 01:03:42.307 on on the units but aren't necessarily

NOTE Confidence: 0.831891044974327

01:03:42.307 --> 01:03:44.294 involved in the decision making.

NOTE Confidence: 0.831891044974327

 $01:03:44.294 \longrightarrow 01:03:46.904$  Who out bearing witness to

NOTE Confidence: 0.831891044974327

 $01:03:46.904 \longrightarrow 01:03:49.849$  those kind of tragic events?

NOTE Confidence: 0.831891044974327

01:03:49.850 --> 01:03:53.196 And may still be distressed by it.

NOTE Confidence: 0.831891044974327

01:03:53.200 --> 01:03:53.820 Sorry Mike,

NOTE Confidence: 0.831891044974327

01:03:53.820 --> 01:03:54.440 you're going

NOTE Confidence: 0.794432461261749

 $01:03:54.440 \longrightarrow 01:03:55.770$  to plan and general pointed

NOTE Confidence: 0.794432461261749

 $01:03:55.770 \longrightarrow 01:03:57.462$  out that she was also focusing

NOTE Confidence: 0.794432461261749

 $01{:}03{:}57.462 \dashrightarrow 01{:}03{:}59.286$  specifically not just on those who

NOTE Confidence: 0.794432461261749

01:03:59.286 --> 01:04:01.289 not just the hospital employees,

NOTE Confidence: 0.794432461261749

01:04:01.290 --> 01:04:02.482 etc, but the patients,

NOTE Confidence: 0.794432461261749

 $01:04:02.482 \longrightarrow 01:04:03.972$  families and other loved ones

NOTE Confidence: 0.794432461261749

 $01:04:03.972 \longrightarrow 01:04:05.640$  who are involved. This may

NOTE Confidence: 0.794432461261749

01:04:05.640 --> 01:04:07.817 also feel more question what we're doing?

 $01:04:07.820 \longrightarrow 01:04:09.370$  Yeah, that's a wonderful question.

NOTE Confidence: 0.794432461261749

 $01{:}04{:}09.370 \dashrightarrow 01{:}04{:}11.224$  I think there's actually very little

NOTE Confidence: 0.794432461261749

 $01:04:11.224 \longrightarrow 01:04:12.814$  evidence or any empirical studies

NOTE Confidence: 0.794432461261749

 $01:04:12.814 \longrightarrow 01:04:14.608$  that address the aspect of the

NOTE Confidence: 0.794432461261749

 $01:04:14.608 \longrightarrow 01:04:16.209$  parents experience of Marla stress.

NOTE Confidence: 0.794432461261749

 $01:04:16.210 \longrightarrow 01:04:18.310$  We kind of assume that the parents

NOTE Confidence: 0.794432461261749

 $01:04:18.310 \longrightarrow 01:04:19.640$  must experience moral stress.

NOTE Confidence: 0.794432461261749

 $01{:}04{:}19.640 \dashrightarrow 01{:}04{:}21.635$  It's clear from the type of scenarios

NOTE Confidence: 0.794432461261749

 $01{:}04{:}21.635 \dashrightarrow 01{:}04{:}23.728$  that we've been discussing today that.

NOTE Confidence: 0.794432461261749

 $01{:}04{:}23.730 \dashrightarrow 01{:}04{:}26.145$  You can imagine that parents do feel

NOTE Confidence: 0.794432461261749

 $01{:}04{:}26.145 \dashrightarrow 01{:}04{:}28.376$  constrained when they've got a team of Ninat,

NOTE Confidence: 0.794432461261749

01:04:28.380 --> 01:04:29.325 Ologists or attendings,

NOTE Confidence: 0.794432461261749

 $01{:}04{:}29.325 \dashrightarrow 01{:}04{:}30.900$  and the medical team coming

NOTE Confidence: 0.794432461261749

 $01:04:30.900 \longrightarrow 01:04:32.409$  in and saying to them,

NOTE Confidence: 0.794432461261749

 $01:04:32.410 \longrightarrow 01:04:34.270$  I think it's time to stop.

01:04:34.270 --> 01:04:36.750 And I put that in fairly harsh terms,

NOTE Confidence: 0.794432461261749

 $01{:}04{:}36.750 \dashrightarrow 01{:}04{:}38.604$  but there are certainly scenarios where

NOTE Confidence: 0.794432461261749

 $01:04:38.604 \longrightarrow 01:04:41.108$  you can see the distress of the family

NOTE Confidence: 0.794432461261749

 $01:04:41.108 \longrightarrow 01:04:43.292$  that they feeling forced into a scenario

NOTE Confidence: 0.794432461261749

 $01:04:43.292 \longrightarrow 01:04:45.732$  that they perhaps don't want to go down.

NOTE Confidence: 0.794432461261749

01:04:45.740 --> 01:04:48.278 So one would have to assume that they still

NOTE Confidence: 0.794432461261749

 $01:04:48.278 \longrightarrow 01:04:50.217$  have that experience of moral distress

NOTE Confidence: 0.794432461261749

 $01:04:50.217 \longrightarrow 01:04:52.870$  in the same way that we experience it,

NOTE Confidence: 0.794432461261749

 $01:04:52.870 \longrightarrow 01:04:53.806$  there is some.

NOTE Confidence: 0.794432461261749

 $01:04:53.806 \longrightarrow 01:04:55.366$  There's certainly some interest in

NOTE Confidence: 0.794432461261749

 $01{:}04{:}55.366 \dashrightarrow 01{:}04{:}57.290$  looking at the parents perspective,

NOTE Confidence: 0.794432461261749

 $01:04:57.290 \longrightarrow 01:04:59.414$  so Rebecca Greenberg in Canada has

NOTE Confidence: 0.794432461261749

01:04:59.414 --> 01:05:01.060 suddenly raised the question of,

NOTE Confidence: 0.794432461261749

01:05:01.060 --> 01:05:03.804 or the concept of moral schism in parents,

NOTE Confidence: 0.794432461261749

 $01:05:03.810 \longrightarrow 01:05:05.886$  and she's used that term differently

NOTE Confidence: 0.794432461261749

 $01:05:05.886 \longrightarrow 01:05:07.945$  from moral distress because she's trying

01:05:07.945 --> 01:05:10.101 to express that parents may have a

NOTE Confidence: 0.794432461261749

 $01:05:10.101 \longrightarrow 01:05:12.038$  different expression of moral distress,

NOTE Confidence: 0.794432461261749

 $01:05:12.040 \longrightarrow 01:05:14.110$  even though they may still feel

NOTE Confidence: 0.794432461261749

 $01:05:14.110 \longrightarrow 01:05:15.810$  constrained in the same way,

NOTE Confidence: 0.794432461261749

 $01:05:15.810 \longrightarrow 01:05:18.946$  and will still form a moral judgment.

NOTE Confidence: 0.794432461261749

 $01:05:18.950 \longrightarrow 01:05:22.744$  I think some of her working around.

NOTE Confidence: 0.794432461261749

01:05:22.750 --> 01:05:23.027 Well,

NOTE Confidence: 0.794432461261749

01:05:23.027 --> 01:05:24.966 I don't know if she happens to

NOTE Confidence: 0.794432461261749

 $01:05:24.966 \longrightarrow 01:05:26.180$  be on the line,

NOTE Confidence: 0.794432461261749

 $01:05:26.180 \longrightarrow 01:05:28.100$  but I think the part of her definition

NOTE Confidence: 0.794432461261749

01:05:28.100 --> 01:05:30.099 of moral schism is also recognizing

NOTE Confidence: 0.794432461261749

 $01:05:30.099 \longrightarrow 01:05:31.934$  that there's different tensions that

NOTE Confidence: 0.794432461261749

 $01{:}05{:}31.934 \dashrightarrow 01{:}05{:}34.040$  families may feel that a mixed in with

NOTE Confidence: 0.794432461261749

 $01{:}05{:}34.040 \dashrightarrow 01{:}05{:}35.332$  those feelings of moral distress.

NOTE Confidence: 0.794432461261749

01:05:35.332 --> 01:05:37.048 So, as I alluded to before,

 $01:05:37.050 \longrightarrow 01:05:38.455$  they may feel some additional

NOTE Confidence: 0.794432461261749

 $01:05:38.455 \longrightarrow 01:05:40.200$  tensions in terms of thinking about.

NOTE Confidence: 0.794432461261749

01:05:40.200 --> 01:05:42.480 If I make this decision for this child,

NOTE Confidence: 0.794432461261749

 $01:05:42.480 \longrightarrow 01:05:44.752$  how is that going to influence or impact

NOTE Confidence: 0.794432461261749

 $01:05:44.752 \longrightarrow 01:05:46.490$  the interests of my other children?

NOTE Confidence: 0.794432461261749 01:05:46.490 --> 01:05:47.066 You know, NOTE Confidence: 0.794432461261749

 $01:05:47.066 \longrightarrow 01:05:48.794$  I'm spending all my time in

NOTE Confidence: 0.794432461261749

 $01:05:48.794 \longrightarrow 01:05:50.778$  hospital at the home at the moment.

NOTE Confidence: 0.794432461261749

01:05:50.780 --> 01:05:52.496 I feel like I'm actually neglecting

NOTE Confidence: 0.794432461261749

 $01:05:52.496 \longrightarrow 01:05:53.354$  my other child.

NOTE Confidence: 0.794432461261749

 $01:05:53.360 \longrightarrow 01:05:55.466$  So there's a whole lot of other kind of

NOTE Confidence: 0.794432461261749

 $01:05:55.466 \longrightarrow 01:05:57.313$  moral dilemmas that they're facing at

NOTE Confidence: 0.794432461261749

 $01:05:57.313 \longrightarrow 01:05:59.231$  the same time as potentially dealing

NOTE Confidence: 0.794432461261749

 $01:05:59.231 \longrightarrow 01:06:01.055$  with end of life decision making,

NOTE Confidence: 0.794432461261749

 $01:06:01.060 \longrightarrow 01:06:02.772$  so it may be a much more murky

NOTE Confidence: 0.794432461261749

 $01:06:02.772 \longrightarrow 01:06:04.176$  picture of trying to tease out

 $01:06:04.176 \longrightarrow 01:06:06.020$  what we consider to be a strict

NOTE Confidence: 0.794432461261749

 $01:06:06.020 \longrightarrow 01:06:08.080$  definition of moral distress versus

NOTE Confidence: 0.794432461261749

 $01:06:08.080 \longrightarrow 01:06:09.316$  experiencing moral tensions.

NOTE Confidence: 0.794432461261749

01:06:09.320 --> 01:06:11.102 But certainly I think the experiences

NOTE Confidence: 0.794432461261749

 $01:06:11.102 \longrightarrow 01:06:13.436$  of parents need to be brought out and

NOTE Confidence: 0.794432461261749

 $01:06:13.436 \longrightarrow 01:06:15.391$  we need to be highlighting their voice

NOTE Confidence: 0.794432461261749

 $01:06:15.391 \longrightarrow 01:06:17.295$  as part of this discussion as well.

NOTE Confidence: 0.794432461261749

 $01:06:17.300 \longrightarrow 01:06:20.348$  So I think it's a really important question.

NOTE Confidence: 0.794432461261749 01:06:20.350 --> 01:06:21.520 Thank NOTE Confidence: 0.905462205410004

 $01:06:21.520 \longrightarrow 01:06:25.328$  you. Next question please.

NOTE Confidence: 0.905462205410004

 $01:06:25.330 \longrightarrow 01:06:26.968$  Dear healthcare teams include

NOTE Confidence: 0.905462205410004

01:06:26.968 --> 01:06:29.302 chaplains and how do they engage

NOTE Confidence: 0.905462205410004

 $01:06:29.302 \longrightarrow 01:06:31.748$  in care around moral distress?

NOTE Confidence: 0.848633706569672

 $01:06:33.380 \longrightarrow 01:06:36.484$  Yeah, so we certainly do have chaplains or

NOTE Confidence: 0.848633706569672

 $01:06:36.484 \longrightarrow 01:06:39.268$  pastoral care workers as part of our team.

01:06:39.270 --> 01:06:41.862 I think actually, in terms of the earlier

NOTE Confidence: 0.848633706569672

01:06:41.862 --> 01:06:44.214 framing of the question in thinking

NOTE Confidence: 0.848633706569672

01:06:44.214 --> 01:06:46.627 about who is potentially moralist. Rest,

NOTE Confidence: 0.848633706569672

 $01:06:46.627 \longrightarrow 01:06:49.196$  but not necessarily part of the discussion.

NOTE Confidence: 0.848633706569672

 $01:06:49.200 \longrightarrow 01:06:51.433$  I think there are team who often

NOTE Confidence: 0.848633706569672

01:06:51.433 --> 01:06:53.990 are a witness to significant trauma,

NOTE Confidence: 0.848633706569672

 $01:06:53.990 \longrightarrow 01:06:55.985$  but don't necessarily there not

NOTE Confidence: 0.848633706569672

 $01:06:55.985 \longrightarrow 01:06:58.709$  necessarily involved in some of the other

NOTE Confidence: 0.848633706569672

01:06:58.709 --> 01:07:01.341 discussions that are going on at the time,

NOTE Confidence: 0.848633706569672

01:07:01.350 --> 01:07:04.366 so I think they're a team that certainly.

NOTE Confidence: 0.848633706569672

 $01{:}07{:}04.370 \dashrightarrow 01{:}07{:}07.289$  Need to be engaged in US providing

NOTE Confidence: 0.848633706569672

01:07:07.289 --> 01:07:10.194 an understanding to them of why the

NOTE Confidence: 0.848633706569672

 $01:07:10.194 \longrightarrow 01:07:12.567$  decisions that are being made. Out.

NOTE Confidence: 0.848633706569672

01:07:12.567 --> 01:07:15.346 Certainly for after any death or any

NOTE Confidence: 0.848633706569672

01:07:15.346 --> 01:07:18.239 critical events or distressing circumstances,

NOTE Confidence: 0.848633706569672

 $01:07:18.240 \longrightarrow 01:07:20.669$  we certainly do try to have multi

 $01:07:20.669 \longrightarrow 01:07:22.417$  disciplinary meetings on our units

NOTE Confidence: 0.848633706569672

 $01:07:22.417 \longrightarrow 01:07:24.032$  in various formats depending on

NOTE Confidence: 0.848633706569672

 $01:07:24.032 \longrightarrow 01:07:25.960$  the needs of the clinicians,

NOTE Confidence: 0.848633706569672

01:07:25.960 --> 01:07:28.180 including tadjik brief about some of

NOTE Confidence: 0.848633706569672

 $01:07:28.180 \longrightarrow 01:07:30.528$  the ethical issues that are going on,

NOTE Confidence: 0.848633706569672

 $01:07:30.530 \longrightarrow 01:07:31.934$  so they will certainly,

NOTE Confidence: 0.848633706569672

 $01:07:31.934 \longrightarrow 01:07:34.040$  as part of the care team,

NOTE Confidence: 0.848633706569672

 $01:07:34.040 \longrightarrow 01:07:35.930$  be invited along to those meetings

NOTE Confidence: 0.848633706569672

 $01:07:35.930 \longrightarrow 01:07:38.249$  to be part of the discussion,

NOTE Confidence: 0.848633706569672

 $01:07:38.250 \longrightarrow 01:07:39.654$  but they're very valuable.

NOTE Confidence: 0.848633706569672 01:07:39.654 --> 01:07:40.356 Part of NOTE Confidence: 0.822094778219859

 $01:07:40.360 \longrightarrow 01:07:42.988$  our team. On that same line,

NOTE Confidence: 0.822094778219859

 $01{:}07{:}42.990 \dashrightarrow 01{:}07{:}46.934$  Trish so one of our palliative Care Fellows.

NOTE Confidence: 0.822094778219859

 $01:07:46.940 \longrightarrow 01:07:49.164$  Wonders if we can take that too far.

NOTE Confidence: 0.822094778219859

01:07:49.170 --> 01:07:50.866 He points out that to assist with the

 $01:07:50.866 \longrightarrow 01:07:52.735$  two way discussion between the treatment

NOTE Confidence: 0.822094778219859

 $01{:}07{:}52.735 \dashrightarrow 01{:}07{:}54.470$  team and the patients care givers,

NOTE Confidence: 0.822094778219859

 $01:07:54.470 \longrightarrow 01:07:56.269$  we there might be either of who

NOTE Confidence: 0.822094778219859

 $01:07:56.269 \longrightarrow 01:07:57.820$  might be experiencing moral distress.

NOTE Confidence: 0.822094778219859

 $01:07:57.820 \longrightarrow 01:07:59.220$  Do you see a benefit?

NOTE Confidence: 0.822094778219859

01:07:59.220 --> 01:08:01.444 Bring in a third party such as ethics,

NOTE Confidence: 0.822094778219859

01:08:01.450 --> 01:08:02.284 social work, chaplaincy,

NOTE Confidence: 0.822094778219859

 $01:08:02.284 \longrightarrow 01:08:03.118$  or palliative care?

NOTE Confidence: 0.822094778219859

 $01:08:03.120 \longrightarrow 01:08:05.988$  Or does it become too many

NOTE Confidence: 0.822094778219859

 $01:08:05.988 \longrightarrow 01:08:07.900$  cooks in the kitchen?

NOTE Confidence: 0.822094778219859

 $01{:}08{:}07.900 \dashrightarrow 01{:}08{:}09.484$  Is it possible we could complicate

NOTE Confidence: 0.822094778219859

 $01:08:09.484 \longrightarrow 01:08:11.109$  things and do more harm than

NOTE Confidence: 0.822094778219859

 $01:08:11.109 \longrightarrow 01:08:12.663$  good by having too many people

NOTE Confidence: 0.822094778219859

01:08:12.663 --> 01:08:14.129 involved in that conversation?

NOTE Confidence: 0.898101150989532

 $01:08:15.220 \longrightarrow 01:08:17.908$  Am I think having a broad care team

NOTE Confidence: 0.898101150989532

 $01:08:17.908 \longrightarrow 01:08:20.474$  really helps us to understand the needs

 $01:08:20.474 \longrightarrow 01:08:22.860$  in the perspective of the family.

NOTE Confidence: 0.898101150989532

01:08:22.860 --> 01:08:25.044 I think I think there's two

NOTE Confidence: 0.898101150989532

 $01{:}08{:}25.044 \dashrightarrow 01{:}08{:}26.500$  different components to that.

NOTE Confidence: 0.898101150989532

 $01:08:26.500 \longrightarrow 01:08:28.612$  One is about the different emotions

NOTE Confidence: 0.898101150989532

 $01:08:28.612 \longrightarrow 01:08:31.454$  that are in the room that needs to

NOTE Confidence: 0.898101150989532

 $01:08:31.454 \longrightarrow 01:08:33.961$  be recognized and one is about how

NOTE Confidence: 0.898101150989532

 $01:08:33.961 \longrightarrow 01:08:35.976$  those decisions are being made.

NOTE Confidence: 0.898101150989532

 $01:08:35.980 \longrightarrow 01:08:37.670$  I think reality is pastoral

NOTE Confidence: 0.898101150989532

 $01:08:37.670 \longrightarrow 01:08:39.022$  care workers will be.

NOTE Confidence: 0.898101150989532

 $01:08:39.030 \longrightarrow 01:08:41.100$  They can provide us amazing insights

NOTE Confidence: 0.898101150989532

 $01:08:41.100 \longrightarrow 01:08:43.099$  into how the family is going.

NOTE Confidence: 0.898101150989532

 $01:08:43.100 \longrightarrow 01:08:45.599$  What are the barriers for them about

NOTE Confidence: 0.898101150989532

 $01:08:45.599 \longrightarrow 01:08:47.508$  potentially redirecting the goals of care?

NOTE Confidence: 0.898101150989532

 $01{:}08{:}47.510 \dashrightarrow 01{:}08{:}49.646$  They can provide us with a lot of

NOTE Confidence: 0.898101150989532

 $01:08:49.646 \longrightarrow 01:08:51.312$  insights that we can certainly

 $01:08:51.312 \longrightarrow 01:08:53.102$  take into our conversations with

NOTE Confidence: 0.898101150989532

 $01{:}08{:}53.102 \dashrightarrow 01{:}08{:}55.066$  families when engaging in shared

NOTE Confidence: 0.898101150989532

01:08:55.066 --> 01:08:56.654 decision making with families,

NOTE Confidence: 0.898101150989532

 $01:08:56.660 \longrightarrow 01:08:58.892$  but they're not necessarily involved in

NOTE Confidence: 0.898101150989532

 $01:08:58.892 \longrightarrow 01:09:01.070$  the conversation in sense of I guess,

NOTE Confidence: 0.898101150989532

 $01:09:01.070 \longrightarrow 01:09:02.760$  having control over the plans

NOTE Confidence: 0.898101150989532

 $01:09:02.760 \longrightarrow 01:09:04.874$  that are being made, I think.

NOTE Confidence: 0.898101150989532

 $01:09:04.874 \longrightarrow 01:09:07.136$  The question also alluded to the

NOTE Confidence: 0.898101150989532

01:09:07.136 --> 01:09:08.882 possibility of having involvement

NOTE Confidence: 0.898101150989532

 $01:09:08.882 \longrightarrow 01:09:10.256$  of ethics team.

NOTE Confidence: 0.898101150989532

 $01:09:10.260 \longrightarrow 01:09:13.311$  I think we've got a bit of a different

NOTE Confidence: 0.898101150989532

01:09:13.311 --> 01:09:15.308 structure here in Australia than

NOTE Confidence: 0.898101150989532

 $01:09:15.308 \longrightarrow 01:09:17.288$  what many of your institutions

NOTE Confidence: 0.898101150989532

 $01:09:17.288 \longrightarrow 01:09:19.307$  in the United States has.

NOTE Confidence: 0.898101150989532

01:09:19.310 --> 01:09:21.949 So currently the way out ethics team

NOTE Confidence: 0.898101150989532

 $01{:}09{:}21.949 \dashrightarrow 01{:}09{:}23.873$ our clinical Ethics Response Group

01:09:23.873 --> 01:09:26.414 Works is that it's primarily set up

NOTE Confidence: 0.898101150989532

 $01:09:26.414 \longrightarrow 01:09:28.735$  for the benefit of the clinicians

NOTE Confidence: 0.898101150989532

 $01:09:28.735 \longrightarrow 01:09:30.998$  and for the hospital staff from

NOTE Confidence: 0.898101150989532

 $01:09:30.998 \longrightarrow 01:09:32.888$  everyone ranging from your attendings

NOTE Confidence: 0.898101150989532

 $01:09:32.888 \longrightarrow 01:09:34.770$  through to your administration staff.

NOTE Confidence: 0.898101150989532

 $01:09:34.770 \longrightarrow 01:09:36.680$  When the ethical concerns raised.

NOTE Confidence: 0.898101150989532

01:09:36.680 --> 01:09:39.240 Rather than being a voice for the parents,

NOTE Confidence: 0.898101150989532

 $01{:}09{:}39.240 \dashrightarrow 01{:}09{:}41.389$  so there will be some situations where

NOTE Confidence: 0.898101150989532

 $01:09:41.389 \longrightarrow 01:09:43.456$  they will meet for with the parents

NOTE Confidence: 0.898101150989532

01:09:43.456 --> 01:09:45.960 to try and create a better understanding,

NOTE Confidence: 0.898101150989532

01:09:45.960 --> 01:09:48.144 but it's it's not the norm most of

NOTE Confidence: 0.898101150989532

 $01:09:48.144 \longrightarrow 01:09:50.283$  the time and ethics consultation for

NOTE Confidence: 0.898101150989532

 $01{:}09{:}50.283 \dashrightarrow 01{:}09{:}52.569$  us will actually be the treating

NOTE Confidence: 0.898101150989532

01:09:52.641 --> 01:09:55.084 team going to the ethics team and

NOTE Confidence: 0.898101150989532

 $01:09:55.084 \longrightarrow 01:09:56.131$  seeking some support.

 $01:09:56.140 \longrightarrow 01:09:57.869$  Either in trying to work out the

NOTE Confidence: 0.898101150989532

 $01{:}09{:}57.869 \dashrightarrow 01{:}09{:}59.620$  moral judgments and to work out

NOTE Confidence: 0.898101150989532

 $01:09:59.620 \longrightarrow 01:10:00.896$  whether it's ethically permissible,

NOTE Confidence: 0.898101150989532

 $01:10:00.900 \longrightarrow 01:10:02.646$  or perhaps sometimes it may be

NOTE Confidence: 0.898101150989532

 $01:10:02.646 \longrightarrow 01:10:04.390$  a situation where the team are

NOTE Confidence: 0.898101150989532

01:10:04.390 --> 01:10:06.217 actually all hands up in the air.

NOTE Confidence: 0.898101150989532

 $01:10:06.220 \longrightarrow 01:10:07.620$  Saying these family are really

NOTE Confidence: 0.898101150989532

 $01:10:07.620 \longrightarrow 01:10:09.300$  forcing our backs against the wall.

NOTE Confidence: 0.898101150989532

 $01:10:09.300 \longrightarrow 01:10:11.572$  We feel like we're going to have to

NOTE Confidence: 0.898101150989532

01:10:11.572 --> 01:10:13.220 provide treatment that we don't want,

NOTE Confidence: 0.898101150989532

 $01{:}10{:}13.220 \dashrightarrow 01{:}10{:}14.894$  and the team are actually looking

NOTE Confidence: 0.898101150989532

 $01:10:14.894 \longrightarrow 01:10:16.612$  for support from the hospital to

NOTE Confidence: 0.898101150989532

01:10:16.612 --> 01:10:17.977 say we've got your backs.

NOTE Confidence: 0.898101150989532

01:10:17.980 --> 01:10:20.157 We will support you if this goes

NOTE Confidence: 0.898101150989532

 $01:10:20.157 \longrightarrow 01:10:21.920$  to the media type thing.

NOTE Confidence: 0.898101150989532

 $01:10:21.920 \longrightarrow 01:10:24.216$  So it's a little bit of a

 $01{:}10{:}24.216 \dashrightarrow 01{:}10{:}25.800$  different structure than I think.

NOTE Confidence: 0.898101150989532

 $01:10:25.800 \longrightarrow 01:10:28.054$  What you've got in the United States.

NOTE Confidence: 0.898101150989532

 $01:10:28.060 \longrightarrow 01:10:30.636$  They are not in a mediator role for,

NOTE Confidence: 0.898101150989532

 $01:10:30.640 \longrightarrow 01:10:30.963$  say,

NOTE Confidence: 0.898101150989532

 $01:10:30.963 \longrightarrow 01:10:33.224$  between the family and the treating team,

NOTE Confidence: 0.898101150989532

 $01:10:33.230 \longrightarrow 01:10:36.128$  so they're not really a cook in the mix.

NOTE Confidence: 0.898101150989532

 $01:10:36.130 \longrightarrow 01:10:37.084$  In that sense,

NOTE Confidence: 0.898101150989532

 $01:10:37.084 \longrightarrow 01:10:38.992$  they're very much providing a opinion

NOTE Confidence: 0.898101150989532

 $01{:}10{:}38.992 \dashrightarrow 01{:}10{:}41.227$  or perspective or a recommendation.

NOTE Confidence: 0.898101150989532

 $01:10:41.230 \dashrightarrow 01:10:45.486$  But I shouldn't say an opinion per site.

NOTE Confidence: 0.898101150989532

 $01:10:45.490 \longrightarrow 01:10:46.810$  Recommendation rather than an

NOTE Confidence: 0.898101150989532

 $01:10:46.810 \longrightarrow 01:10:48.460$  obligation for the trading team

NOTE Confidence: 0.898101150989532

 $01{:}10{:}48.460 \dashrightarrow 01{:}10{:}50.077$  to take that view on board.

NOTE Confidence: 0.898101150989532

 $01{:}10{:}50.080 \dashrightarrow 01{:}10{:}52.528$  So even if the ethics team said actually,

NOTE Confidence: 0.898101150989532

 $01:10:52.530 \longrightarrow 01:10:54.360$  I don't think it's ethically permissible.

 $01:10:54.360 \longrightarrow 01:10:55.890$  The trading team still have

NOTE Confidence: 0.898101150989532

 $01:10:55.890 \longrightarrow 01:10:57.420$  the right to override that,

NOTE Confidence: 0.898101150989532

 $01:10:57.420 \longrightarrow 01:10:59.092$  particularly if new information

NOTE Confidence: 0.898101150989532

 $01:10:59.092 \longrightarrow 01:10:59.928$  comes available.

NOTE Confidence: 0.898101150989532

01:10:59.930 --> 01:11:00.230 And

NOTE Confidence: 0.823203384876251

 $01:11:00.230 \longrightarrow 01:11:01.916$  say the same as bad aspect

NOTE Confidence: 0.823203384876251

 $01:11:01.916 \longrightarrow 01:11:03.840$  of it is the same here,

NOTE Confidence: 0.823203384876251

 $01:11:03.840 \longrightarrow 01:11:05.975$  which is I believe most ethics committees

NOTE Confidence: 0.823203384876251

 $01:11:05.975 \longrightarrow 01:11:08.060$  United States if not all night states.

NOTE Confidence: 0.823203384876251

01:11:08.060 --> 01:11:09.866 Hospitals serves in an advisory capacity

NOTE Confidence: 0.823203384876251

 $01{:}11{:}09.866 \dashrightarrow 01{:}11{:}11.370$  rather than the decision-making group.

NOTE Confidence: 0.823203384876251

 $01:11:11.370 \longrightarrow 01:11:13.098$  The ethics committees are always just

NOTE Confidence: 0.823203384876251

01:11:13.098 --> 01:11:14.980 serving in an advisory capacity here.

NOTE Confidence: 0.823203384876251

 $01:11:14.980 \longrightarrow 01:11:16.485$  But one difference might be

NOTE Confidence: 0.823203384876251

01:11:16.485 --> 01:11:17.990 that it certainly at Yale,

NOTE Confidence: 0.823203384876251

 $01{:}11{:}17.990 \dashrightarrow 01{:}11{:}20.420$  and I think in general United States we see

 $01:11:20.420 \longrightarrow 01:11:23.108$  it more as a resource to everyone involved.

NOTE Confidence: 0.823203384876251

 $01:11:23.110 \longrightarrow 01:11:24.713$  It sounds like in Australia they are

NOTE Confidence: 0.823203384876251

01:11:24.713 --> 01:11:26.464 more of a resource specifically for

NOTE Confidence: 0.823203384876251

 $01:11:26.464 \longrightarrow 01:11:28.492$  the clinical team to help answer

NOTE Confidence: 0.823203384876251

 $01:11:28.492 \longrightarrow 01:11:30.079$  difficult questions most commonly.

NOTE Confidence: 0.823203384876251

 $01:11:30.080 \longrightarrow 01:11:32.005$  We end up being the resource for

NOTE Confidence: 0.823203384876251

01:11:32.005 --> 01:11:33.680 the clinical team who's struggling

NOTE Confidence: 0.823203384876251

 $01{:}11{:}33.680 \dashrightarrow 01{:}11{:}35.555$  with a difficult question, but.

NOTE Confidence: 0.823203384876251

 $01{:}11{:}35.555 \dashrightarrow 01{:}11{:}37.620$  But certainly sometimes the resource of the

NOTE Confidence: 0.823203384876251

 $01:11:37.620 \longrightarrow 01:11:39.817$  family and always available to the family.

NOTE Confidence: 0.823203384876251

01:11:39.820 --> 01:11:41.330 Once there is a conflict,

NOTE Confidence: 0.823203384876251

01:11:41.330 --> 01:11:41.942 for example,

NOTE Confidence: 0.823203384876251

 $01{:}11{:}41.942 \dashrightarrow 01{:}11{:}43.472$  between the between the clinicians

NOTE Confidence: 0.823203384876251

 $01:11:43.472 \longrightarrow 01:11:45.600$  and the family about how to move

NOTE Confidence: 0.823203384876251

01:11:45.600 --> 01:11:46.760 forward or what's acceptable,

01:11:46.760 --> 01:11:48.874 treatment in what is it that certainly

NOTE Confidence: 0.823203384876251

01:11:48.874 --> 01:11:50.090 our pediatric ethics mean?

NOTE Confidence: 0.823203384876251 01:11:50.090 --> 01:11:50.660 I believe, NOTE Confidence: 0.823203384876251

 $01:11:50.660 \longrightarrow 01:11:52.655$  are adults as well would be low

NOTE Confidence: 0.823203384876251

 $01:11:52.655 \longrightarrow 01:11:54.978$  to give an opinion on what should

NOTE Confidence: 0.823203384876251

01:11:54.978 --> 01:11:56.918 be done until they've given both

NOTE Confidence: 0.823203384876251

 $01:11:56.918 \longrightarrow 01:11:58.864$  sides a chance to be heard and

NOTE Confidence: 0.823203384876251

 $01:11:58.864 \longrightarrow 01:12:00.834$  to have their POV considered.

NOTE Confidence: 0.823203384876251

01:12:00.834 --> 01:12:04.510 I'm going to read a question so you not OK,

NOTE Confidence: 0.823203384876251

 $01:12:04.510 \longrightarrow 01:12:07.102$  so now we're going to little bit more

NOTE Confidence: 0.823203384876251

 $01:12:07.102 \longrightarrow 01:12:09.727$  complex in generic and so you can answer

NOTE Confidence: 0.823203384876251

01:12:09.727 --> 01:12:12.557 this to the level that you feel you can,

NOTE Confidence: 0.823203384876251

 $01:12:12.560 \longrightarrow 01:12:13.848$  but it's an interesting

NOTE Confidence: 0.823203384876251

 $01:12:13.848 \longrightarrow 01:12:15.780$  question and it reads as such.

NOTE Confidence: 0.823203384876251

01:12:15.780 --> 01:12:17.915 Thank you very much for your presentation

NOTE Confidence: 0.823203384876251

 $01{:}12{:}17.915 \dashrightarrow 01{:}12{:}20.156$  that touched on many aspects of moral

 $01:12:20.156 \longrightarrow 01:12:22.052$  distress and patient in clinical care

NOTE Confidence: 0.823203384876251

 $01{:}12{:}22.111 \dashrightarrow 01{:}12{:}24.145$  during both overt and covert distress.

NOTE Confidence: 0.823203384876251

01:12:24.150 --> 01:12:25.760 There's a lot of literature,

NOTE Confidence: 0.823203384876251

01:12:25.760 --> 01:12:28.056 but the philosophy of caring on how

NOTE Confidence: 0.823203384876251

 $01:12:28.056 \longrightarrow 01:12:30.589$  do you decide to focus on in quotes,

NOTE Confidence: 0.823203384876251

 $01:12:30.590 \longrightarrow 01:12:31.412$  compassionate care?

NOTE Confidence: 0.823203384876251

01:12:31.412 --> 01:12:34.700 Rather than generic here and it says thank

NOTE Confidence: 0.823203384876251

01:12:34.772 --> 01:12:37.558 you very much for your pragmatic examples,

NOTE Confidence: 0.823203384876251

01:12:37.560 --> 01:12:40.008 says Reverend Terry.

NOTE Confidence: 0.823203384876251

 $01:12:40.010 \longrightarrow 01:12:41.876$  A so how do you decide to

NOTE Confidence: 0.823203384876251

01:12:41.876 --> 01:12:42.674 focus on compassionate?

NOTE Confidence: 0.823203384876251

 $01:12:42.680 \longrightarrow 01:12:44.020$  That's a pretty complex question.

NOTE Confidence: 0.823203384876251

 $01{:}12{:}44.020 \dashrightarrow 01{:}12{:}46.148$  For a an ethicist or for a clinician,

NOTE Confidence: 0.823203384876251

 $01:12:46.150 \longrightarrow 01:12:47.692$  so I'm not sure how much

NOTE Confidence: 0.823203384876251

 $01:12:47.692 \longrightarrow 01:12:49.090$  you can dive into this,

01:12:49.090 --> 01:12:51.218 but if you have thoughts on the question,

NOTE Confidence: 0.823203384876251

 $01:12:51.220 \longrightarrow 01:12:52.560$  we'd love to hear it.

NOTE Confidence: 0.912744522094727

 $01:12:53.570 \longrightarrow 01:12:56.096$  And I guess I would also

NOTE Confidence: 0.912744522094727

 $01:12:56.096 \longrightarrow 01:12:57.780$  be interested to know.

NOTE Confidence: 0.912744522094727

 $01:12:57.780 \longrightarrow 01:13:00.246$  Exactly what they're meaning by the

NOTE Confidence: 0.912744522094727

 $01:13:00.246 \longrightarrow 01:13:01.890$  difference between compassionate care

NOTE Confidence: 0.912744522094727

 $01:13:01.950 \longrightarrow 01:13:03.810$  versus our clinical care as well,

NOTE Confidence: 0.912744522094727

 $01:13:03.810 \longrightarrow 01:13:06.602$  in the sense that I would hope that

NOTE Confidence: 0.912744522094727

 $01{:}13{:}06.602 \dashrightarrow 01{:}13{:}07.724$  actually providing compassionate

NOTE Confidence: 0.912744522094727

 $01:13:07.724 \longrightarrow 01:13:10.209$  care is a really important part

NOTE Confidence: 0.912744522094727

 $01:13:10.209 \longrightarrow 01:13:12.480$  of our everyday clinical care.

NOTE Confidence: 0.912744522094727

01:13:12.480 --> 01:13:15.120 I would hope that we're actually

NOTE Confidence: 0.912744522094727

 $01:13:15.120 \longrightarrow 01:13:18.009$  not separating out the two too much.

NOTE Confidence: 0.912744522094727

01:13:18.010 --> 01:13:19.840 You know, in everyday practice,

NOTE Confidence: 0.912744522094727

 $01:13:19.840 \longrightarrow 01:13:22.339$  no matter what level of treatment care

NOTE Confidence: 0.912744522094727

 $01:13:22.339 \longrightarrow 01:13:24.532$  web providing were always wanting to

01:13:24.532 --> 01:13:26.638 ensure the comfort of our patients

NOTE Confidence: 0.912744522094727

 $01:13:26.638 \longrightarrow 01:13:28.559$  and ensure that we're providing

NOTE Confidence: 0.912744522094727

 $01:13:28.559 \longrightarrow 01:13:30.815$  a family centered model of care.

NOTE Confidence: 0.912744522094727 01:13:30.820 --> 01:13:31.580 Where we? NOTE Confidence: 0.912744522094727

 $01:13:31.580 \longrightarrow 01:13:34.240$  Trying to connect with the families and

NOTE Confidence: 0.912744522094727

01:13:34.240 --> 01:13:37.310 care for their overall general well being.

NOTE Confidence: 0.912744522094727

 $01:13:37.310 \longrightarrow 01:13:39.548$  In addition to the child that's

NOTE Confidence: 0.912744522094727 01:13:39.548 --> 01:13:41.040 in front of us.

NOTE Confidence: 0.912744522094727

01:13:41.040 --> 01:13:44.224 So I think we consider those two concepts

NOTE Confidence: 0.912744522094727

 $01:13:44.224 \longrightarrow 01:13:46.638$  quite interlinked and part of each other.

NOTE Confidence: 0.912744522094727

01:13:46.640 --> 01:13:49.046 I wonder if the component of

NOTE Confidence: 0.912744522094727

 $01:13:49.046 \longrightarrow 01:13:50.650$  compassionate care that's being

NOTE Confidence: 0.912744522094727

 $01:13:50.723 \longrightarrow 01:13:52.528$  referred to is more around.

NOTE Confidence: 0.912744522094727

 $01:13:52.530 \longrightarrow 01:13:54.240$  With it's kind of a language,

NOTE Confidence: 0.912744522094727

 $01:13:54.240 \longrightarrow 01:13:56.520$  thinking more in terms of palate if care.

01:13:56.520 --> 01:13:58.230 I think that maybe I think

NOTE Confidence: 0.823809206485748

 $01{:}13{:}58.230 \to 01{:}14{:}00.350$  I don't want to speak for the question

NOTE Confidence: 0.823809206485748

 $01:14:00.350 \longrightarrow 01:14:02.478$  or so you can certainly add to

NOTE Confidence: 0.823809206485748

 $01:14:02.478 \longrightarrow 01:14:04.500$  the question here and I'll see it,

NOTE Confidence: 0.823809206485748

 $01{:}14{:}04.500 \dashrightarrow 01{:}14{:}06.630$  but I think I mean the way I read it

NOTE Confidence: 0.823809206485748

 $01:14:06.691 \longrightarrow 01:14:09.055$  was the question that was compassionate.

NOTE Confidence: 0.823809206485748

 $01:14:09.060 \longrightarrow 01:14:12.200$  Care is as as a raise tends to be used here.

NOTE Confidence: 0.823809206485748

 $01:14:12.200 \longrightarrow 01:14:14.240$  When we say we are no longer going

NOTE Confidence: 0.823809206485748

01:14:14.240 --> 01:14:16.190 to try and cure this patient,

NOTE Confidence: 0.823809206485748

 $01:14:16.190 \longrightarrow 01:14:17.900$  we're going to offer compassionate care.

NOTE Confidence: 0.823809206485748

01:14:17.900 --> 01:14:19.538 Of course, your point is very

NOTE Confidence: 0.823809206485748

 $01:14:19.538 \longrightarrow 01:14:21.319$  well taken down to press that.

NOTE Confidence: 0.823809206485748

 $01:14:21.320 \longrightarrow 01:14:22.820$  We hope we can we.

NOTE Confidence: 0.823809206485748

 $01:14:22.820 \longrightarrow 01:14:23.900$  Provide compassionate care to

NOTE Confidence: 0.823809206485748

01:14:23.900 --> 01:14:24.980 everybody inside our hospital.

NOTE Confidence: 0.823809206485748

 $01:14:24.980 \longrightarrow 01:14:26.870$  We don't want to separate that offer.

01:14:26.870 --> 01:14:27.998 Everything else we do,

NOTE Confidence: 0.823809206485748

 $01:14:27.998 \longrightarrow 01:14:30.254$  but sometimes the phrase is used to mean

NOTE Confidence: 0.823809206485748

01:14:30.254 --> 01:14:32.270 we're going to try and cure this patient.

NOTE Confidence: 0.823809206485748

01:14:32.270 --> 01:14:34.167 We're going to try and get this

NOTE Confidence: 0.823809206485748

01:14:34.167 --> 01:14:35.779 patient well and go home well,

NOTE Confidence: 0.823809206485748

01:14:35.780 --> 01:14:37.406 but rather we're going to provide

NOTE Confidence: 0.823809206485748

 $01:14:37.406 \longrightarrow 01:14:38.750$  compassionate care which speaks more.

NOTE Confidence: 0.823809206485748

 $01:14:38.750 \longrightarrow 01:14:40.910$  I think you're right to the other term.

NOTE Confidence: 0.823809206485748

 $01:14:40.910 \longrightarrow 01:14:41.990$  This commonly uses comfort

NOTE Confidence: 0.823809206485748

 $01:14:41.990 \longrightarrow 01:14:43.340$  measures only or comfort care.

NOTE Confidence: 0.834276735782623

01:14:43.340 --> 01:14:44.685 Yeah, which is more the

NOTE Confidence: 0.834276735782623

 $01:14:44.685 \longrightarrow 01:14:46.310$  language that we tend to use?

NOTE Confidence: 0.834276735782623

 $01{:}14{:}46.310 \dashrightarrow 01{:}14{:}48.109$  Any are in practice is changing the

NOTE Confidence: 0.834276735782623

 $01{:}14{:}48.109 \dashrightarrow 01{:}14{:}49.539$  goals of care towards providing

NOTE Confidence: 0.834276735782623

01:14:49.539 --> 01:14:51.333 comfort care that we never giving

01:14:51.333 --> 01:14:53.147 up on the care of the child?

NOTE Confidence: 0.834276735782623

 $01:14:53.150 \longrightarrow 01:14:55.394$  But we're always attending to their

NOTE Confidence: 0.834276735782623

01:14:55.394 --> 01:14:57.315 needs and ensuring the quality

NOTE Confidence: 0.834276735782623

 $01:14:57.315 \longrightarrow 01:14:59.445$  of life in whatever length of

NOTE Confidence: 0.834276735782623

 $01:14:59.445 \longrightarrow 01:15:01.479$  life that they're going to have.

NOTE Confidence: 0.834276735782623

 $01:15:01.480 \longrightarrow 01:15:03.153$  So if the questions around how the

NOTE Confidence: 0.834276735782623

01:15:03.153 --> 01:15:05.367 How do we decide between choosing

NOTE Confidence: 0.834276735782623

01:15:05.367 --> 01:15:07.283 compassionate care versus ongoing

NOTE Confidence: 0.834276735782623

 $01{:}15{:}07.283 \dashrightarrow 01{:}15{:}08.720$  life sustaining interventions,

NOTE Confidence: 0.834276735782623

 $01:15:08.720 \longrightarrow 01:15:10.160$  is that the question?

NOTE Confidence: 0.780360753337542

01:15:10.990 --> 01:15:14.670 Um? I think that's the question, yes?

NOTE Confidence: 0.812440454959869

01:15:15.660 --> 01:15:19.656 Yeah, so, as you alluded to,

NOTE Confidence: 0.812440454959869

 $01:15:19.660 \longrightarrow 01:15:21.106$  document period.

NOTE Confidence: 0.812440454959869

01:15:21.106 --> 01:15:24.721 It's quite a complex question

NOTE Confidence: 0.812440454959869

 $01:15:24.721 \longrightarrow 01:15:28.730$  that again tries to think about.

NOTE Confidence: 0.812440454959869

 $01:15:28.730 \longrightarrow 01:15:30.676$  What the outcomes are going to be

 $01:15:30.676 \longrightarrow 01:15:33.042$  for the patient in front of us and

NOTE Confidence: 0.812440454959869

 $01{:}15{:}33.042 \dashrightarrow 01{:}15{:}34.517$  engaging in a shared conversation

NOTE Confidence: 0.812440454959869

 $01:15:34.575 \longrightarrow 01:15:36.047$  with their families about?

NOTE Confidence: 0.812440454959869

 $01:15:36.050 \longrightarrow 01:15:39.508$  What it is that they think is?

NOTE Confidence: 0.812440454959869

 $01:15:39.510 \longrightarrow 01:15:41.335$  What their hopes and dreams

NOTE Confidence: 0.812440454959869

 $01:15:41.335 \longrightarrow 01:15:42.795$  are for their child?

NOTE Confidence: 0.812440454959869

01:15:42.800 --> 01:15:45.117 What's realistic in terms of what we

NOTE Confidence: 0.812440454959869

 $01{:}15{:}45.117 \dashrightarrow 01{:}15{:}47.559$  can achieve from a medical perspective.

NOTE Confidence: 0.812440454959869

 $01:15:47.560 \longrightarrow 01:15:49.972$  Now there will be some situations

NOTE Confidence: 0.812440454959869

 $01:15:49.972 \longrightarrow 01:15:52.319$  where irrespective of what we can do,

NOTE Confidence: 0.812440454959869

 $01:15:52.320 \longrightarrow 01:15:53.472$  the child will die.

NOTE Confidence: 0.812440454959869

 $01:15:53.472 \longrightarrow 01:15:55.955$  And so we need to have a discussion

NOTE Confidence: 0.812440454959869

 $01{:}15{:}55.955 \dashrightarrow 01{:}15{:}58.013$  with the family about what it

NOTE Confidence: 0.812440454959869

 $01:15:58.013 \longrightarrow 01:16:00.276$  is that we can actually achieve

NOTE Confidence: 0.812440454959869

01:16:00.276 --> 01:16:02.538 and how we can actually provide

 $01:16:02.540 \longrightarrow 01:16:03.800$  comfort during those stages.

NOTE Confidence: 0.812440454959869

01:16:03.800 --> 01:16:04.430 And sometimes,

NOTE Confidence: 0.812440454959869

01:16:04.430 --> 01:16:06.236 depending on how much I guess

NOTE Confidence: 0.812440454959869

01:16:06.236 --> 01:16:08.200 stability we have with the patient,

NOTE Confidence: 0.812440454959869

 $01:16:08.200 \longrightarrow 01:16:10.240$  we can have conversations with the

NOTE Confidence: 0.812440454959869

01:16:10.240 --> 01:16:12.447 family about how much time we think

NOTE Confidence: 0.812440454959869

 $01:16:12.447 \longrightarrow 01:16:14.666$  that we can have and what can be

NOTE Confidence: 0.812440454959869

 $01:16:14.666 \longrightarrow 01:16:16.962$  achieved in that time in terms of

NOTE Confidence: 0.812440454959869

01:16:16.962 --> 01:16:18.559 creating memories with the family,

NOTE Confidence: 0.812440454959869

01:16:18.559 --> 01:16:19.811 thinking about what things

NOTE Confidence: 0.812440454959869

01:16:19.811 --> 01:16:21.070 are important to them.

NOTE Confidence: 0.812440454959869

01:16:21.070 --> 01:16:21.642 Some families,

NOTE Confidence: 0.812440454959869

 $01:16:21.642 \longrightarrow 01:16:24.354$  do you want to try and get home for

NOTE Confidence: 0.812440454959869

01:16:24.354 --> 01:16:26.490 a redirection of care or palliation?

NOTE Confidence: 0.812440454959869

 $01:16:26.490 \longrightarrow 01:16:29.046$  Compassionate care other families may it.

NOTE Confidence: 0.812440454959869

 $01:16:29.050 \longrightarrow 01:16:31.065$  Once life sustaining measures redirected

01:16:31.065 --> 01:16:33.750 in our garden in our hospital.

NOTE Confidence: 0.812440454959869

 $01:16:33.750 \longrightarrow 01:16:36.240$  So it partly depends on the

NOTE Confidence: 0.812440454959869

 $01:16:36.240 \longrightarrow 01:16:38.450$  clinical situation of the child.

NOTE Confidence: 0.812440454959869

 $01:16:38.450 \longrightarrow 01:16:40.922$  I think the more challenging question

NOTE Confidence: 0.812440454959869

 $01:16:40.922 \longrightarrow 01:16:43.384$  is cases where we're concerned that

NOTE Confidence: 0.812440454959869

01:16:43.384 --> 01:16:45.967 the child will survive but may have

NOTE Confidence: 0.812440454959869

01:16:45.967 --> 01:16:48.690 a significant level of disability.

NOTE Confidence: 0.812440454959869

 $01:16:48.690 \longrightarrow 01:16:51.294$  And that's a very subjective question

NOTE Confidence: 0.812440454959869

 $01:16:51.294 \longrightarrow 01:16:55.201$  and requires a lot of kind of time in

NOTE Confidence: 0.812440454959869

 $01:16:55.201 \longrightarrow 01:16:57.291$  conversation with the family about.

NOTE Confidence: 0.812440454959869

01:16:57.300 --> 01:17:00.016 What outcomes there are likely to be?

NOTE Confidence: 0.812440454959869

 $01:17:00.020 \longrightarrow 01:17:03.478$  What are important things for them and

NOTE Confidence: 0.812440454959869

 $01:17:03.478 \longrightarrow 01:17:06.440$  what supports will be in the place?

NOTE Confidence: 0.812440454959869

 $01:17:06.440 \longrightarrow 01:17:08.190$  That the hospital can provide

NOTE Confidence: 0.812440454959869

01:17:08.190 --> 01:17:09.940 irrespective of their choice to

01:17:10.001 --> 01:17:11.636 support them in their decision

NOTE Confidence: 0.812440454959869

01:17:11.636 --> 01:17:13.654 making and ensure that the family

NOTE Confidence: 0.812440454959869

01:17:13.654 --> 01:17:15.580 don't feel alone or burdened in

NOTE Confidence: 0.812440454959869

01:17:15.580 --> 01:17:16.937 that the decision making,

NOTE Confidence: 0.812440454959869

01:17:16.937 --> 01:17:19.259 but rather know that we're working

NOTE Confidence: 0.812440454959869

 $01:17:19.259 \longrightarrow 01:17:21.824$  there with them to try and do the

NOTE Confidence: 0.812440454959869

 $01:17:21.824 \longrightarrow 01:17:23.960$  right thing by them by their baby.

NOTE Confidence: 0.812440454959869

01:17:23.960 --> 01:17:26.656 So it's giving you a very vague answer.

NOTE Confidence: 0.812440454959869

 $01{:}17{:}26.660 --> 01{:}17{:}27.336 \ {\rm Their \ mark},$ 

NOTE Confidence: 0.812440454959869

01:17:27.336 --> 01:17:29.690 'cause I'm not entirely sure what the

NOTE Confidence: 0.838787667453289

 $01:17:29.690 \longrightarrow 01:17:30.659$  question was, sorry.

NOTE Confidence: 0.838787667453289

 $01:17:30.659 \longrightarrow 01:17:32.274$  I think it is fine.

NOTE Confidence: 0.838787667453289

 $01:17:32.280 \longrightarrow 01:17:34.116$  I think that that's that's a.

NOTE Confidence: 0.838787667453289

01:17:34.120 --> 01:17:35.950 That's a course unto itself exactly

NOTE Confidence: 0.838787667453289

 $01:17:35.950 \longrightarrow 01:17:37.480$  how those decisions are made,

NOTE Confidence: 0.838787667453289

 $01:17:37.480 \longrightarrow 01:17:39.440$  and we want to push it to

 $01:17:39.440 \longrightarrow 01:17:41.458$  your take on it was helpful.

NOTE Confidence: 0.838787667453289

 $01:17:41.460 \longrightarrow 01:17:43.876$  I have a question from one of our

NOTE Confidence: 0.838787667453289

01:17:43.876 --> 01:17:45.374 Unitology Fellows who said that

NOTE Confidence: 0.838787667453289

01:17:45.374 --> 01:17:47.320 who asks if I heard correctly you

NOTE Confidence: 0.838787667453289

01:17:47.383 --> 01:17:49.333 mentioned in your work that there

NOTE Confidence: 0.838787667453289

 $01:17:49.333 \longrightarrow 01:17:51.260$  was a tendency toward moral distress

NOTE Confidence: 0.838787667453289

 $01:17:51.260 \longrightarrow 01:17:53.430$  when the family was of a different

NOTE Confidence: 0.838787667453289

 $01:17:53.430 \longrightarrow 01:17:54.893$  socioeconomic status in light of

NOTE Confidence: 0.838787667453289

 $01{:}17{:}54.893 \dashrightarrow 01{:}17{:}56.268$  ongoing conversations in the US

NOTE Confidence: 0.838787667453289

 $01:17:56.268 \longrightarrow 01:17:57.977$  about systemic racism in equities.

NOTE Confidence: 0.838787667453289

 $01{:}17{:}57.980 \dashrightarrow 01{:}17{:}59.828$  Did your work reveal in each

NOTE Confidence: 0.838787667453289

 $01:17:59.828 \longrightarrow 01:18:01.060$  friends and moral distress?

NOTE Confidence: 0.838787667453289

 $01:18:01.060 \longrightarrow 01:18:02.680$  When families and medical

NOTE Confidence: 0.838787667453289

 $01:18:02.680 \longrightarrow 01:18:03.895$  teams were racially,

NOTE Confidence: 0.838787667453289

 $01:18:03.900 \longrightarrow 01:18:06.560$  racially or ethnically and Discordant.

 $01:18:06.560 \longrightarrow 01:18:09.143$  How do you think we as a field can

NOTE Confidence: 0.838787667453289

01:18:09.143 --> 01:18:10.947 consciously address these differing

NOTE Confidence: 0.838787667453289

01:18:10.947 --> 01:18:12.875 responses to family decisions?

NOTE Confidence: 0.868863463401794

 $01:18:13.770 \longrightarrow 01:18:16.278$  Yeah, so I should specify that.

NOTE Confidence: 0.868863463401794

 $01:18:16.280 \longrightarrow 01:18:18.976$  I think a lot of those cases that

NOTE Confidence: 0.868863463401794

 $01:18:18.976 \longrightarrow 01:18:22.087$  were referred to in terms of poor

NOTE Confidence: 0.868863463401794

 $01:18:22.087 \longrightarrow 01:18:23.979$  socioeconomic backgrounds were not

NOTE Confidence: 0.868863463401794

 $01:18:23.979 \longrightarrow 01:18:26.247$  necessarily driven by racial or

NOTE Confidence: 0.868863463401794

 $01{:}18{:}26.247 \dashrightarrow 01{:}18{:}28.397$  ethnic disparities in those cases,

NOTE Confidence: 0.868863463401794

 $01:18:28.400 \longrightarrow 01:18:30.490$  but were more socioeconomic disadvantage

NOTE Confidence: 0.868863463401794

 $01:18:30.490 \longrightarrow 01:18:32.580$  in terms of poor employment.

NOTE Confidence: 0.868863463401794

01:18:32.580 --> 01:18:34.700 Perhaps history of drug use?

NOTE Confidence: 0.868863463401794

01:18:34.700 --> 01:18:38.180 So a lot of them went based on race itself,

NOTE Confidence: 0.868863463401794

 $01:18:38.180 \longrightarrow 01:18:40.245$  but on the unfortunate circumstances

NOTE Confidence: 0.868863463401794

 $01:18:40.245 \longrightarrow 01:18:42.550$  that that family found themselves in.

NOTE Confidence: 0.868863463401794

 $01:18:42.550 \longrightarrow 01:18:44.662$  Some of them were value judgments

01:18:44.662 --> 01:18:46.479 about whether a family potentially

NOTE Confidence: 0.868863463401794

01:18:46.479 --> 01:18:49.215 had the capacity to care for a child,

NOTE Confidence: 0.868863463401794

01:18:49.220 --> 01:18:51.326 which may be a very important

NOTE Confidence: 0.868863463401794

01:18:51.326 --> 01:18:52.028 interesting consideration,

NOTE Confidence: 0.868863463401794

 $01:18:52.030 \longrightarrow 01:18:54.160$  and thinking about the interests

NOTE Confidence: 0.868863463401794

 $01:18:54.160 \longrightarrow 01:18:56.290$  of the child there were.

NOTE Confidence: 0.868863463401794

 $01:18:56.290 \longrightarrow 01:18:58.523$  And there was one baby where there

NOTE Confidence: 0.868863463401794

 $01{:}18{:}58.523 \dashrightarrow 01{:}18{:}59.839$  was consideration about whether

NOTE Confidence: 0.868863463401794

 $01:18:59.839 \longrightarrow 01:19:01.621$  the family would have the capacity

NOTE Confidence: 0.868863463401794

01:19:01.621 --> 01:19:03.180 to take the child home,

NOTE Confidence: 0.868863463401794

 $01:19:03.180 \longrightarrow 01:19:05.130$  and therefore if this child became

NOTE Confidence: 0.868863463401794

 $01:19:05.130 \longrightarrow 01:19:07.073$  under the care of the state

NOTE Confidence: 0.868863463401794

 $01:19:07.073 \longrightarrow 01:19:08.807$  or went up for foster care.

NOTE Confidence: 0.868863463401794

 $01:19:08.810 \longrightarrow 01:19:10.628$  Whether that would be a worse

NOTE Confidence: 0.868863463401794

01:19:10.628 --> 01:19:12.795 outcome for the child being in the

 $01:19:12.795 \longrightarrow 01:19:14.577$  foster care system where we know

NOTE Confidence: 0.868863463401794

 $01:19:14.577 \longrightarrow 01:19:16.919$  that they struggled to deal with

NOTE Confidence: 0.868863463401794

 $01:19:16.919 \longrightarrow 01:19:18.503$  very complex medical conditions.

NOTE Confidence: 0.868863463401794

 $01:19:18.510 \longrightarrow 01:19:20.862$  Then if there was re direction

NOTE Confidence: 0.868863463401794

 $01:19:20.862 \longrightarrow 01:19:22.950$  of care in that case,

NOTE Confidence: 0.868863463401794

 $01:19:22.950 \longrightarrow 01:19:25.110$  so the situations were very variable

NOTE Confidence: 0.868863463401794

01:19:25.110 --> 01:19:27.975 and were less about racial and ethnic

NOTE Confidence: 0.868863463401794

 $01:19:27.975 \longrightarrow 01:19:30.230$  disparities in these particular cases.

NOTE Confidence: 0.78570419549942

 $01{:}19{:}31.540 \dashrightarrow 01{:}19{:}36.046$  Thank you, here's an interesting question.

NOTE Confidence: 0.78570419549942

 $01:19:36.050 \longrightarrow 01:19:38.288$  Doctor Hughes does it happen that

NOTE Confidence: 0.78570419549942

 $01{:}19{:}38.288 \dashrightarrow 01{:}19{:}39.780$  caregivers or experiencing moral

NOTE Confidence: 0.78570419549942

01:19:39.840 --> 01:19:41.940 distress are disturbed by what they

NOTE Confidence: 0.78570419549942

 $01:19:41.940 \longrightarrow 01:19:43.784$  perceive as excessive care that

NOTE Confidence: 0.78570419549942

 $01:19:43.784 \longrightarrow 01:19:45.872$  society cannot afford, rather than

NOTE Confidence: 0.78570419549942

01:19:45.872 --> 01:19:48.227 the patient is actually suffering.

NOTE Confidence: 0.78570419549942

 $01:19:48.230 \longrightarrow 01:19:50.515$  What about regarding patients whose

 $01:19:50.515 \longrightarrow 01:19:53.652$  care is perceived as futile even if

NOTE Confidence: 0.78570419549942

 $01:19:53.652 \longrightarrow 01:19:55.962$  the patient is deeply unresponsive and

NOTE Confidence: 0.78570419549942

01:19:55.962 --> 01:19:59.057 is not likely to be actually suffered?

NOTE Confidence: 0.78570419549942

 $01:19:59.060 \longrightarrow 01:20:00.164$  But kind of two questions.

NOTE Confidence: 0.78570419549942

 $01:20:00.164 \longrightarrow 01:20:01.802$  One is is do you think sometimes

NOTE Confidence: 0.78570419549942

01:20:01.802 --> 01:20:03.214 people experience moral distress

NOTE Confidence: 0.78570419549942

01:20:03.214 --> 01:20:04.979 not because of patients suffering,

NOTE Confidence: 0.78570419549942

 $01:20:04.980 \longrightarrow 01:20:06.666$  but rather because of the incredible

NOTE Confidence: 0.78570419549942

01:20:06.666 --> 01:20:08.369 expense and the second relates to?

NOTE Confidence: 0.78570419549942

 $01:20:08.370 \longrightarrow 01:20:10.056$  What about patients who can't actually?

NOTE Confidence: 0.78570419549942

 $01:20:10.060 \longrightarrow 01:20:11.470$  As far as we know,

NOTE Confidence: 0.78570419549942

 $01:20:11.470 \longrightarrow 01:20:12.310$  be experiencing suffering.

NOTE Confidence: 0.898480713367462

01:20:13.060 --> 01:20:16.240 Yeah, so that there are two

NOTE Confidence: 0.898480713367462

 $01:20:16.240 \longrightarrow 01:20:17.830$  very important questions.

NOTE Confidence: 0.898480713367462

01:20:17.830 --> 01:20:19.780 And I guess from my own

01:20:19.780 --> 01:20:21.480 experience within our own unit,

NOTE Confidence: 0.898480713367462

01:20:21.480 --> 01:20:23.352 then I think the system in

NOTE Confidence: 0.898480713367462

 $01:20:23.352 \longrightarrow 01:20:25.363$  Australia is a little bit different

NOTE Confidence: 0.898480713367462

 $01:20:25.363 \longrightarrow 01:20:27.457$  to that in the United States.

NOTE Confidence: 0.898480713367462

 $01:20:27.460 \longrightarrow 01:20:28.864$  So resource allocation.

NOTE Confidence: 0.898480713367462

01:20:28.864 --> 01:20:30.736 Or particularly the question

NOTE Confidence: 0.898480713367462

 $01:20:30.736 \longrightarrow 01:20:32.505$  around resource use actually

NOTE Confidence: 0.898480713367462

 $01:20:32.505 \longrightarrow 01:20:34.605$  tends to come up a lot less.

NOTE Confidence: 0.898480713367462

 $01:20:34.610 \longrightarrow 01:20:36.390$  I think here in Australia,

NOTE Confidence: 0.898480713367462

01:20:36.390 --> 01:20:39.246 compared to what it does in United States,

NOTE Confidence: 0.898480713367462

 $01:20:39.250 \longrightarrow 01:20:41.030$  particularly in the national practice.

NOTE Confidence: 0.898480713367462

01:20:41.030 --> 01:20:43.406 It's uncommon for us to have a child

NOTE Confidence: 0.898480713367462

 $01:20:43.406 \longrightarrow 01:20:46.047$  to clean my surgical unit that is

NOTE Confidence: 0.898480713367462

 $01:20:46.047 \longrightarrow 01:20:48.462$  affectively pain is well controlled and

NOTE Confidence: 0.898480713367462

01:20:48.462 --> 01:20:50.664 then perceived not to be suffering,

NOTE Confidence: 0.898480713367462

01:20:50.670 --> 01:20:54.240 but they're using up a bed or using up life,

01:20:54.240 --> 01:20:54.994 sustaining interventions.

NOTE Confidence: 0.898480713367462

 $01:20:54.994 \longrightarrow 01:20:57.633$  So the majority of my experience and

NOTE Confidence: 0.898480713367462

 $01:20:57.633 \longrightarrow 01:20:59.677$  the experience of our units and.

NOTE Confidence: 0.898480713367462

 $01:20:59.680 \longrightarrow 01:21:02.000$  The units the other unit was that it

NOTE Confidence: 0.898480713367462

01:21:02.000 --> 01:21:04.259 was single from the Perinatal Center.

NOTE Confidence: 0.898480713367462

01:21:04.260 --> 01:21:06.549 The cases that were causing moral distress,

NOTE Confidence: 0.898480713367462

 $01:21:06.550 \longrightarrow 01:21:08.365$  where questions where they were

NOTE Confidence: 0.898480713367462

 $01:21:08.365 \longrightarrow 01:21:10.180$  concerned that the patient was

NOTE Confidence: 0.898480713367462

01:21:10.239 --> 01:21:12.451 suffering or at harm rather than being

NOTE Confidence: 0.898480713367462

 $01:21:12.451 \longrightarrow 01:21:14.629$  questions of of resource allocation.

NOTE Confidence: 0.898480713367462

 $01:21:14.630 \longrightarrow 01:21:15.614$  The resource allocation

NOTE Confidence: 0.898480713367462

01:21:15.614 --> 01:21:16.598 or distributive justice?

NOTE Confidence: 0.898480713367462

 $01:21:16.600 \longrightarrow 01:21:18.889$  It's a really important question for society.

NOTE Confidence: 0.898480713367462

 $01{:}21{:}18.890 \dashrightarrow 01{:}21{:}20.726$  I think their questions that need

NOTE Confidence: 0.898480713367462

 $01:21:20.726 \longrightarrow 01:21:23.124$  to be asked and addressed away from

 $01:21:23.124 \longrightarrow 01:21:25.338$  the actual care of a particular

NOTE Confidence: 0.898480713367462

01:21:25.338 --> 01:21:26.769 patient in front of you.

NOTE Confidence: 0.898480713367462

 $01:21:26.770 \longrightarrow 01:21:28.535$  It's something that we experience

NOTE Confidence: 0.898480713367462

 $01:21:28.535 \longrightarrow 01:21:30.646$  less of in Australia than what

NOTE Confidence: 0.898480713367462

 $01:21:30.646 \longrightarrow 01:21:32.338$  you do in the United States.

NOTE Confidence: 0.898480713367462

 $01:21:32.340 \longrightarrow 01:21:34.279$  Certainly we hear a lot more case

NOTE Confidence: 0.898480713367462

 $01:21:34.279 \longrightarrow 01:21:36.157$  reports coming in from the states

NOTE Confidence: 0.898480713367462

01:21:36.157 --> 01:21:37.812 of patients who are effectively

NOTE Confidence: 0.898480713367462

01:21:37.812 --> 01:21:39.888 comatoast and receiving long-term care,

NOTE Confidence: 0.898480713367462

 $01:21:39.890 \longrightarrow 01:21:42.110$  whereas I think partly because we

NOTE Confidence: 0.898480713367462

01:21:42.110 --> 01:21:44.878 don't tend to have a lot of kind of.

NOTE Confidence: 0.898480713367462

 $01:21:44.880 \longrightarrow 01:21:46.450$  Long-term ventilation units in Australia

NOTE Confidence: 0.898480713367462

 $01:21:46.450 \longrightarrow 01:21:48.799$  they would remain within the hospital system.

NOTE Confidence: 0.898480713367462

 $01:21:48.800 \longrightarrow 01:21:52.070$  We don't tend to see as many of those cases.

NOTE Confidence: 0.898480713367462

01:21:52.070 --> 01:21:55.742 Here is what you do in the United States.

NOTE Confidence: 0.898480713367462

01:21:55.750 --> 01:21:57.620 I don't know doctor material.

01:21:57.620 --> 01:22:00.189 If you're able to provide any insight

NOTE Confidence: 0.898480713367462

 $01:22:00.189 \longrightarrow 01:22:02.401$  into the situation in the United

NOTE Confidence: 0.898480713367462

 $01{:}22{:}02.401 \dashrightarrow 01{:}22{:}04.830$  States in terms of how those situations

NOTE Confidence: 0.898480713367462

01:22:04.903 --> 01:22:07.261 have eventually atede in terms of

NOTE Confidence: 0.898480713367462

 $01:22:07.261 \longrightarrow 01:22:09.851$  scenarios where there have been long term.

NOTE Confidence: 0.898480713367462

01:22:09.851 --> 01:22:12.210 Care provision provided and some of the

NOTE Confidence: 0.898480713367462

 $01:22:12.280 \longrightarrow 01:22:14.860$  I guess cultural expectations around that.

NOTE Confidence: 0.898480713367462

01:22:14.860 --> 01:22:17.289 I think in Australia I suspect my

NOTE Confidence: 0.898480713367462

01:22:17.289 --> 01:22:19.082 general impression in Australia is

NOTE Confidence: 0.898480713367462

01:22:19.082 --> 01:22:21.128 that most people in society would

NOTE Confidence: 0.898480713367462

01:22:21.128 --> 01:22:23.694 tend to think that that's not a good

NOTE Confidence: 0.898480713367462

 $01:22:23.694 \longrightarrow 01:22:25.726$  quality of life and would tend to

NOTE Confidence: 0.898480713367462

 $01{:}22{:}25.726 \dashrightarrow 01{:}22{:}28.119$  be more on the side of re directing

NOTE Confidence: 0.898480713367462

01:22:28.119 --> 01:22:30.591 care rather than expecting to see

NOTE Confidence: 0.898480713367462

 $01:22:30.591 \longrightarrow 01:22:32.949$  their loved one in a long term.

01:22:32.950 --> 01:22:34.960 State of the coma or something,

NOTE Confidence: 0.898480713367462

 $01:22:34.960 \longrightarrow 01:22:36.635$  even though they're not experiencing

NOTE Confidence: 0.898480713367462 01:22:36.635 --> 01:22:37.640 pain per say.

NOTE Confidence: 0.868541121482849

 $01:22:38.310 \longrightarrow 01:22:40.632$  Yeah, I think I can safely say that in

NOTE Confidence: 0.868541121482849

 $01:22:40.632 \longrightarrow 01:22:42.729$  the United States and certainly in the

NOTE Confidence: 0.868541121482849

 $01{:}22{:}42.729 \dashrightarrow 01{:}22{:}45.578$  in the in the Fair State of Connecticut.

NOTE Confidence: 0.868541121482849

 $01:22:45.580 \longrightarrow 01:22:47.010$  It's it's a bigger issue.

NOTE Confidence: 0.868541121482849

 $01:22:47.010 \longrightarrow 01:22:48.851$  It appears to be more common than

NOTE Confidence: 0.868541121482849

 $01:22:48.851 \longrightarrow 01:22:50.709$  than what you face in Australia,

NOTE Confidence: 0.868541121482849

01:22:50.710 --> 01:22:52.996 which is to say there are many families who

NOTE Confidence: 0.868541121482849

01:22:52.996 --> 01:22:55.270 feel that and often for religious reasons,

NOTE Confidence: 0.868541121482849

 $01:22:55.270 \longrightarrow 01:22:56.980$  but not always for religious reasons.

NOTE Confidence: 0.868541121482849

 $01{:}22{:}56.980 \dashrightarrow 01{:}22{:}59.545$  We tend to feel that know where there's life.

NOTE Confidence: 0.868541121482849

01:22:59.550 --> 01:23:01.538 There's hope when you must keep going,

NOTE Confidence: 0.868541121482849

 $01:23:01.540 \longrightarrow 01:23:02.970$  and so there are patients.

NOTE Confidence: 0.868541121482849

 $01:23:02.970 \longrightarrow 01:23:04.746$  There are patients in our newborn

01:23:04.746 --> 01:23:06.468 intensive period who were on ventilator

NOTE Confidence: 0.868541121482849

 $01{:}23{:}06.468 {\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}} 01{:}23{:}08.764$  for months who were felt to have a very

NOTE Confidence: 0.868541121482849

01:23:08.764 --> 01:23:10.660 poor prognosis for even for survival's,

NOTE Confidence: 0.868541121482849

 $01:23:10.660 \longrightarrow 01:23:12.508$  family insists that we must keep

NOTE Confidence: 0.868541121482849

01:23:12.508 --> 01:23:14.648 trying and so that this is not a,

NOTE Confidence: 0.868541121482849

 $01:23:14.650 \longrightarrow 01:23:16.090$  you know in absolute numbers

NOTE Confidence: 0.868541121482849

 $01:23:16.090 \longrightarrow 01:23:17.530$  what's interesting about it is.

NOTE Confidence: 0.868541121482849

 $01:23:17.530 \longrightarrow 01:23:19.735$  Is about to be honest with you.

NOTE Confidence: 0.868541121482849

01:23:19.740 --> 01:23:22.268 I tell you I'm not sure about absolute

NOTE Confidence: 0.868541121482849

 $01:23:22.268 \longrightarrow 01:23:24.035$  numbers because of course these cases

NOTE Confidence: 0.868541121482849

01:23:24.035 --> 01:23:26.060 loom large in our in our consciousness

NOTE Confidence: 0.868541121482849

01:23:26.060 --> 01:23:27.815 because they're right there in

NOTE Confidence: 0.868541121482849

 $01:23:27.815 \longrightarrow 01:23:30.484$  front of us all day and all night,

NOTE Confidence: 0.868541121482849

 $01:23:30.484 \longrightarrow 01:23:32.064$  every day and every night.

NOTE Confidence: 0.868541121482849

 $01:23:32.070 \longrightarrow 01:23:33.386$  So it could be.

 $01:23:33.386 \longrightarrow 01:23:35.360$  It might be 2 patients like

NOTE Confidence: 0.868541121482849

 $01:23:35.437 \longrightarrow 01:23:37.117$  this in my 68 bed ICU,

NOTE Confidence: 0.868541121482849

 $01:23:37.120 \longrightarrow 01:23:39.016$  but yet they are very much

NOTE Confidence: 0.868541121482849

01:23:39.016 --> 01:23:39.964 subject of conversation,

NOTE Confidence: 0.868541121482849

 $01:23:39.970 \longrightarrow 01:23:41.550$  a subject of moral distress,

NOTE Confidence: 0.868541121482849

01:23:41.550 --> 01:23:43.531 a subject of anxiety among the staff

NOTE Confidence: 0.868541121482849

 $01:23:43.531 \longrightarrow 01:23:45.340$  and sadness amongst everyone involved,

NOTE Confidence: 0.868541121482849

 $01:23:45.340 \longrightarrow 01:23:47.594$  even though they represent a tiny percentage

NOTE Confidence: 0.868541121482849

 $01{:}23{:}47.594 \dashrightarrow 01{:}23{:}49.858$  of the patients who are on ventilators.

NOTE Confidence: 0.868541121482849

 $01:23:49.860 \longrightarrow 01:23:51.275$  Because there could be out

NOTE Confidence: 0.868541121482849

 $01:23:51.275 \longrightarrow 01:23:52.690$  for months at a time,

NOTE Confidence: 0.868541121482849

01:23:52.690 --> 01:23:54.388 and that's that's not unheard of,

NOTE Confidence: 0.868541121482849

 $01:23:54.390 \longrightarrow 01:23:55.940$  and that's that's also carries

NOTE Confidence: 0.868541121482849

 $01:23:55.940 \longrightarrow 01:23:57.794$  through into the adult population that

NOTE Confidence: 0.868541121482849

 $01:23:57.794 \longrightarrow 01:23:59.306$  there are patients were kept alive

NOTE Confidence: 0.868541121482849

 $01:23:59.306 \longrightarrow 01:24:01.177$  in long term facilities to be sure,

 $01{:}24{:}01.180 \dashrightarrow 01{:}24{:}02.980$  but also sometimes it's complex and

NOTE Confidence: 0.868541121482849

 $01:24:02.980 \longrightarrow 01:24:04.734$  sources trying to move a patient

NOTE Confidence: 0.868541121482849

 $01:24:04.734 \longrightarrow 01:24:05.989$  to a long term facility.

NOTE Confidence: 0.868541121482849

01:24:05.990 --> 01:24:07.964 Not always an easy thing to do,

NOTE Confidence: 0.868541121482849

 $01:24:07.970 \longrightarrow 01:24:09.390$  so it is, I think,

NOTE Confidence: 0.868541121482849

 $01:24:09.390 \longrightarrow 01:24:11.088$  a larger issue here based on

NOTE Confidence: 0.868541121482849

01:24:11.088 --> 01:24:12.220 what you're telling me.

NOTE Confidence: 0.868541121482849 01:24:12.220 --> 01:24:12.784 Trish then.

NOTE Confidence: 0.868541121482849

 $01:24:12.784 \longrightarrow 01:24:14.758$  Then perhaps then you folks in Australia.

NOTE Confidence: 0.868541121482849

01:24:14.760 --> 01:24:16.180 In large part, I think,

NOTE Confidence: 0.868541121482849

 $01:24:16.180 \longrightarrow 01:24:17.855$  do with the culture and

NOTE Confidence: 0.868541121482849

 $01:24:17.855 \longrightarrow 01:24:19.530$  a sense that you know.

NOTE Confidence: 0.868541121482849

 $01:24:19.530 \longrightarrow 01:24:21.384$  This is a sense among many

NOTE Confidence: 0.868541121482849

 $01:24:21.384 \longrightarrow 01:24:22.620$  that where there's life,

NOTE Confidence: 0.868541121482849

01:24:22.620 --> 01:24:24.384 one must keep going that there's

 $01:24:24.384 \longrightarrow 01:24:25.940$  an obligation and we could

NOTE Confidence: 0.868541121482849

 $01:24:25.940 \longrightarrow 01:24:27.555$  get into the psychology this.

NOTE Confidence: 0.868541121482849

01:24:27.560 --> 01:24:28.445 And someday maybe,

NOTE Confidence: 0.868541121482849

 $01:24:28.445 \longrightarrow 01:24:30.510$  you and I'll talk about this at

NOTE Confidence: 0.868541121482849

01:24:30.571 --> 01:24:32.839 great length with the sense of guilt

NOTE Confidence: 0.868541121482849

 $01:24:32.839 \longrightarrow 01:24:34.468$  that sometimes the family might

NOTE Confidence: 0.868541121482849

 $01:24:34.468 \longrightarrow 01:24:36.533$  feel if they agreed to stop the

NOTE Confidence: 0.868541121482849

 $01:24:36.533 \longrightarrow 01:24:38.066$  sense of frustration that physicians

NOTE Confidence: 0.868541121482849

 $01:24:38.066 \longrightarrow 01:24:39.920$  feel when they say allow stop.

NOTE Confidence: 0.868541121482849

 $01:24:39.920 \longrightarrow 01:24:41.470$  If you'll let me stop,

NOTE Confidence: 0.868541121482849

01:24:41.470 --> 01:24:43.010 I think I should stop,

NOTE Confidence: 0.868541121482849

01:24:43.010 --> 01:24:44.585 but the physicians don't want

NOTE Confidence: 0.868541121482849

 $01:24:44.585 \longrightarrow 01:24:47.030$  to go so far as to say, listen,

NOTE Confidence: 0.868541121482849

 $01{:}24{:}47.030 \dashrightarrow 01{:}24{:}48.580$  we're stopping, there's no conversation.

NOTE Confidence: 0.868541121482849

01:24:48.580 --> 01:24:50.464 That's a difficult thing to say

NOTE Confidence: 0.868541121482849

 $01:24:50.464 \longrightarrow 01:24:51.720$  in the United States.

 $01:24:51.720 \longrightarrow 01:24:53.659$  If I say we want to stop,

NOTE Confidence: 0.868541121482849

 $01:24:53.660 \longrightarrow 01:24:55.040$  so let's talk about it.

NOTE Confidence: 0.868541121482849

 $01:24:55.040 \longrightarrow 01:24:56.385$  There are many families who

NOTE Confidence: 0.868541121482849

 $01:24:56.385 \longrightarrow 01:24:58.110$  will say you just keep going.

NOTE Confidence: 0.868541121482849

01:24:58.110 --> 01:25:00.826 And this may be a cultural thing,

NOTE Confidence: 0.868541121482849

 $01:25:00.830 \longrightarrow 01:25:02.374$  but it's certainly very,

NOTE Confidence: 0.868541121482849

01:25:02.374 --> 01:25:03.146 very prevalent

NOTE Confidence: 0.868445247411728

 $01:25:03.150 \longrightarrow 01:25:05.792$  in the US. And I mean, I don't.

NOTE Confidence: 0.868445247411728

 $01:25:05.792 \longrightarrow 01:25:08.483$  I don't want to kind of imply that we don't

NOTE Confidence: 0.868445247411728

 $01:25:08.483 \longrightarrow 01:25:10.475$  have patients that are on ventilation

NOTE Confidence: 0.868445247411728

 $01{:}25{:}10.475 \dashrightarrow 01{:}25{:}12.398$  longer than what we would desire,

NOTE Confidence: 0.868445247411728

 $01:25:12.400 \longrightarrow 01:25:14.512$  but I think our patients are more likely

NOTE Confidence: 0.868445247411728

 $01{:}25{:}14.512 \dashrightarrow 01{:}25{:}16.527$  to fall into groups that eventually we

NOTE Confidence: 0.868445247411728

 $01:25:16.527 \longrightarrow 01:25:19.212$  will get them off the ventilator. And yes,

NOTE Confidence: 0.868445247411728

 $01:25:19.212 \longrightarrow 01:25:21.580$  they may go home with a poor prognosis,

 $01:25:21.580 \longrightarrow 01:25:23.512$  but it's very unusual for us to

NOTE Confidence: 0.868445247411728

 $01{:}25{:}23.512 \dashrightarrow 01{:}25{:}25.971$  have a baby in our unit for longer

NOTE Confidence: 0.868445247411728

01:25:25.971 --> 01:25:27.500 than six months, for example,

NOTE Confidence: 0.868445247411728

01:25:27.500 --> 01:25:28.975 despite being a surgical unit,

NOTE Confidence: 0.868445247411728

 $01:25:28.980 \longrightarrow 01:25:30.160$  it's just very uncommon.

NOTE Confidence: 0.857407629489899

01:25:31.290 --> 01:25:33.540 Doctor Prentice, this has been extremely

NOTE Confidence: 0.857407629489899

 $01:25:33.540 \longrightarrow 01:25:35.328$  informative and enlightening and I

NOTE Confidence: 0.857407629489899

01:25:35.328 --> 01:25:37.152 thank you so much for taking the time.

NOTE Confidence: 0.857407629489899

 $01{:}25{:}37.160 \dashrightarrow 01{:}25{:}38.705$  I thank every body for joining

NOTE Confidence: 0.857407629489899

 $01:25:38.705 \longrightarrow 01:25:40.250$  us for staying with us.

NOTE Confidence: 0.857407629489899

 $01:25:40.250 \longrightarrow 01:25:42.278$  This has been a terrific conversation

NOTE Confidence: 0.857407629489899

 $01{:}25{:}42.278 \dashrightarrow 01{:}25{:}44.606$  and sometime in the future you will

NOTE Confidence: 0.857407629489899

 $01:25:44.606 \longrightarrow 01:25:46.727$  get to meet Doctor Prentice in real

NOTE Confidence: 0.857407629489899

 $01:25:46.787 \longrightarrow 01:25:48.971$  life when we have her come back and

NOTE Confidence: 0.857407629489899

01:25:48.971 --> 01:25:51.380 lecture to us again and then join and

NOTE Confidence: 0.857407629489899

 $01:25:51.380 \longrightarrow 01:25:53.229$  have a conversation with us again.

01:25:53.230 --> 01:25:54.610 Thank you very much.

NOTE Confidence: 0.857407629489899

 $01{:}25{:}54.610 \dashrightarrow 01{:}25{:}56.335$  Doctor Prentice have a beautiful

NOTE Confidence: 0.857407629489899

 $01:25:56.335 \longrightarrow 01:25:57.889$  day in Australia today.

NOTE Confidence: 0.857407629489899

 $01:25:57.890 \longrightarrow 01:25:58.475$  Thank you well,

NOTE Confidence: 0.857407629489899

 $01:25:58.475 \longrightarrow 01:26:01.305$  we'll see in a couple weeks.