MOHS SKIN CANCER SURGERY INFORMATION
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PLEASE REVIEW PRIOR TO SURGERY

1. Please plan to spend **up to three hours** at the office. Since most of the time will be spent waiting while we study the tissue, it is helpful to have a book to read or an MP3 player or other such device. You may also want to bring one other person to stay with you during the wait.

2. You may drive alone after the procedure, unless the site is close to the eye area.

3. **If you are on doctor-prescribed aspirin, Coumadin or Plavix, please continue to take it.**

4. On the morning of surgery, eat a normal breakfast. Take any medication that you normally take.

5. For surgery on legs, wear pants with loose fitting legs or a skirt if possible. Wear loose comfortable shoes for surgery on the feet.

6. If you have had a artificial hip or knee replacement within 6 months or if you have an artificial heart valve, an antibiotic will be prescribed and should be taken 1 hour prior to surgery

7. It is helpful to have **Extra Strength Tylenol** (acetaminophen) at home in case you need it after surgery.

8. If you have taken any sedative or anti-anxiety medications before surgery, you must have someone drive you to and from surgery.

9. **Please bring your parking ticket to the office on the day of surgery for us to validate. Parking or validation is only provided on the day of surgery.**

AFTER SURGERY

1. After your surgery, you will be given detailed instructions on how to care for the wound. The type of procedure we do will dictate what specific instructions you will need. If the surgery is on the lips or around the mouth, plan to eat soft foods for about 1 week after surgery.

2. **If we need to perform reconstructive plastic surgery, we will ask you to avoid strenuous exercise, bending, straining, stooping, or lifting any heavy objects for the first week after surgery.** Please arrange your schedule in advance to avoid these activities.

**IN CASE OF AN EMERGENCY**, call our office at 203-785-3466.
After regular business hours, the Answering Service will take the call and will connect you with the dermatologist on call.
Our doctors and staff are always available to answer questions and to help make this procedure go smoothly for you.

For more information on this and other skin health topics, please read TOTAL SKIN: The Definitive Guide to Whole Skin Care for Life by David J. Leffell, MD FREE at http://wwwtotalskinmd.com