CFTSI CASE PRESENTATION FORMAT
(Please remember to disguise any identifying information)

For case presentation:
• Have a copy of the following assessment instruments with you:
  o Completed Trauma History Screen (THS) forms for both the caregiver and the child
  o Completed pre-treatment Child PTSD Symptom Scale (CPSS) forms for both the caregiver and the child.

• Please be sure to identify a CFTSI-specific question would you like feedback on.

Case Background:
• Age:
• Gender:
• Ethnic background:
• Reason for Referral:
  o Precipitating event (i.e. description of traumatic event, when/how disclosed, etc.):
  o Problematic behavior(s) identified by referral source:

• Additional history of potentially traumatic experiences
• Living situation and parental/caregiver involvement
• Outcome of the initial screening
  o Child PTSD Symptom Scale (CPSS):
    ▪ Child’s CPSS score
    ▪ Caregiver’s CPSS score for the child
  o Significant symptoms identified through the CPSS and initial clinical interview

• Brief child developmental history:
  Have you identified any significant difficulties (or “red flags”) in the following areas:
  o Pre-existing symptoms
  o Problem behaviors
  o Relationships with family members
  o Relationships with peers
  o Academic and social functioning at school
  o Involvement in extracurricular activities
  o Separation issues (e.g. school avoidance/refusal, avoidance of sleeping alone, separation anxiety, etc.)
  o Eating issues
  o Cognitive challenges
  o Status of daily living skills/self-care
  o Nature of discipline in the household
  o Other significant difficulties

• Cultural considerations

• Case management issues
**CFTSI Implementation:**

Depending on which CFTSI session your question relates to, use the bullets below to add to your case presentation.

- What CFTSI Sessions have you completed to date?

- Session 1: Describe the following:
  - **Psychoeducation**
    - How you provided psycho-education re: trauma and trauma reactions to the caregiver(s)
  - **Description of CFTSI**
    - How you explained the rationale for CFTSI and summarized the CFTSI protocol
  - **Caregiver findings**
    - The significant findings you gathered from the assessment of the caregiver’s own level of trauma reactions (using the PCL) and their ability to participate in CFTSI
  - **External**
    - The significant external stressors and case management plans
  - **Caregiver’s assessment of child**
    - The significant findings you gathered from the caregiver’s assessment of the child’s trauma history and trauma symptoms (using the THQ, the PTSD-RI and the MFQ)
  - **Caregiver awareness of child’s symptoms**
    - Your discussion with the caregiver about how they became aware of child’s trauma reactions (i.e. Did the child tell them? Did they observe the symptom?)

- Session 2: Describe the following:
  - **Psychoeducation**
    - How you provided psycho-education re: trauma and trauma reactions to the child
  - **Description of CFTSI**
    - How you explained the rationale for CFTSI and summarized the CFTSI protocol
  - **Significant findings**
    - The significant findings you gathered the child’s assessment of their own trauma history and trauma symptoms (using the THQ, the PTSD-RI and the MFQ)
  - **Who knows?**
    - Your discussion with the child about who knows about child’s trauma reactions (i.e. who they’ve told about their reactions)

- Session 3: Describe the following:
  - **Goals of session 3**
    - How you described Session 3 to the child and caregiver, including the goal of this session
  - **Joint review of trauma reactions**
    - How you began the discussion between the caregiver and child about trauma reactions
  - **Joint review of THQ**
    - The discussion about the child’s trauma history: the comparison of the child and caregiver’s responses to the THQ (i.e. degree of discrepancy and/or similarity)
Joint review of symptoms
- The discussion about the child’s trauma symptoms: the comparison of the child and caregiver’s responses to the PTSD-RI and the MFQ (i.e. degree of discrepancy and/or similarity)

Discussion of communication/awareness
- The discussion focused on identifying ways to improve communication about the child’s trauma symptoms (i.e. by encouraging greater awareness of when traumatic reactions are occurring, by helping the child identify new ways to communicate current reactions/experience to caregiver, and by helping the caregiver identify new supportive strategies)

Discrepancy
- Degree of discrepancy between child and caregiver

Symptom focus
- Which trauma symptom(s) you selected to focus on and why you selected that symptom(s)

Coping strategy focus
- Which coping strategy or strategies you introduced to the child and caregiver for each of the different trauma symptom listed above, and why you selected that coping strategy or strategies

In-session practice
- How you introduced and practiced the coping strategy in session, and what the response of the child and caregiver was

- Session 4: Describe the following:
  - Observations of past week
    - The discussion of the child and caregiver’s experience since the last session (i.e. review of progress, whether coping strategies were used, what worked for them and what did not)
  - Repeat measures
    - The re-administering the PTSD-RI and the MFQ with the child and caregiver together in session
  - Review of symptom status
    - The status of the child’s trauma reactions (as gathered from re-administration of PTSD-RI and MFQ)
  - Symptom focus
    - How you determined whether to maintain focus on same symptom(s) or shift focus
  - Practice coping strategies
    - Which coping strategies were discussed/and practiced in this session (including whether the same or new coping strategies were reviewed)

- Session 5: Describe the following:
  - Observations of past week
    - The discussion of the child and caregiver’s experience since the last session (i.e. review of progress, whether coping strategies were used, what worked for them and what did not)
  - Repeat measures
    - The re-administering the PTSD-RI and the MFQ with the child and caregiver together in session
- **Review of symptom status**
  - The status of the child’s trauma reactions (as gathered from re-administration of PTSD-RI and MFQ)

- **Symptom focus**
  - How you determined whether to maintain focus on same symptom(s) or shift focus

- **Review coping strategies**
  - Which coping strategies were discussed/and practiced in this session (including whether the same or new coping strategies were reviewed)

- **Case disposition:**
  - Is CFTSI complete?
  - Did you recommend additional CFTSI Sessions? If so, why?
  - Did you recommend longer-term trauma-focused treatment? If so, why?
  - Did you identify any additional behavioral health and treatment needs?