Appendix B  Coping Skills Handouts

1. CFTSI Family Log

For Caregivers:
2. General Information
3. Anxiety
4. Depressive Withdrawal
5. Intrusive Thoughts
6. Sleep
7. Tantrums and Aggressive Behavior
8. Sexualized Behavior

For Teens:
9. Teen General Information
10. Anxiety
11. Depressive Withdrawal
12. Intrusive Thoughts
13. Sleep

For Children:
14. Child General Information
15. Anxiety
16. Depressive Withdrawal
17. Intrusive Thoughts
18. Sleep