

WEBVTT

NOTE duration:"00:59:17"

NOTE recognizability:0.844

NOTE language:en-us

NOTE Confidence: 0.614726021666667

00:00:13.510 --> 00:00:14.686 So funny. Always on these zooms.

NOTE Confidence: 0.614726021666667

00:00:14.690 --> 00:00:15.872 As soon as someone says we'll

NOTE Confidence: 0.614726021666667

00:00:15.872 --> 00:00:16.920 let everyone in, there's just

NOTE Confidence: 0.808521075

00:00:16.930 --> 00:00:18.618 a silence that falls.

NOTE Confidence: 0.782076745555556

00:00:20.950 --> 00:00:22.468 You're going to be having a

NOTE Confidence: 0.782076745555556

00:00:22.468 --> 00:00:23.227 great conversation beforehand,

NOTE Confidence: 0.782076745555556

00:00:23.230 --> 00:00:24.423 and then it'll just be like,

NOTE Confidence: 0.782076745555556

00:00:24.423 --> 00:00:26.138 OK, silence for a moment.

NOTE Confidence: 0.82364446

00:00:27.520 --> 00:00:27.720 So.

NOTE Confidence: 0.8143256

00:00:46.820 --> 00:00:47.580 Great.

NOTE Confidence: 0.869879184347826

00:00:50.100 --> 00:00:52.220 So we're just at 1:00 o'clock and I'd

NOTE Confidence: 0.869879184347826

00:00:52.220 --> 00:00:54.794 like to welcome everyone to our second in

NOTE Confidence: 0.869879184347826

00:00:54.794 --> 00:00:57.240 our Grand Rounds series for this semester.

NOTE Confidence: 0.869879184347826

00:00:57.240 --> 00:00:59.368 And this will be the first grand  
NOTE Confidence: 0.869879184347826

00:00:59.368 --> 00:01:01.799 rounds that you can receive CME credit.  
NOTE Confidence: 0.869879184347826

00:01:01.800 --> 00:01:04.504 And so as you can see Rosemary has  
NOTE Confidence: 0.869879184347826

00:01:04.504 --> 00:01:06.994 the details on her slide there.  
NOTE Confidence: 0.869879184347826

00:01:06.994 --> 00:01:09.746 We'll give it just one more moment where  
NOTE Confidence: 0.869879184347826

00:01:09.746 --> 00:01:12.065 people are still streaming in and and  
NOTE Confidence: 0.869879184347826

00:01:12.065 --> 00:01:14.837 thank you again for joining us for this  
NOTE Confidence: 0.869879184347826

00:01:14.837 --> 00:01:16.979 virtual format and being so flexible  
NOTE Confidence: 0.869879184347826

00:01:16.980 --> 00:01:20.836 going from in person to virtual and then.  
NOTE Confidence: 0.869879184347826

00:01:20.840 --> 00:01:22.730 Next week, we'll actually be  
NOTE Confidence: 0.869879184347826

00:01:22.730 --> 00:01:24.620 back in the Cohen Auditorium.  
NOTE Confidence: 0.869879184347826

00:01:24.620 --> 00:01:26.100 We'll be back in person.  
NOTE Confidence: 0.869879184347826

00:01:26.100 --> 00:01:28.020 I believe Rosemary is going to arrange some  
NOTE Confidence: 0.869879184347826

00:01:28.020 --> 00:01:29.496 special treats for us again next week.  
NOTE Confidence: 0.869879184347826

00:01:29.500 --> 00:01:31.480 Thank you very much, Rosemary.  
NOTE Confidence: 0.869879184347826

00:01:31.480 --> 00:01:34.174 And we'll be welcoming Dr Nicholas

NOTE Confidence: 0.869879184347826  
00:01:34.174 --> 00:01:36.799 Allen from the University of Oregon,  
NOTE Confidence: 0.869879184347826  
00:01:36.800 --> 00:01:38.795 who's also the CEO of Kasana Health.  
NOTE Confidence: 0.869879184347826  
00:01:38.800 --> 00:01:40.756 And Doctor Allen will be talking  
NOTE Confidence: 0.869879184347826  
00:01:40.756 --> 00:01:43.094 to us about digital mental health  
NOTE Confidence: 0.869879184347826  
00:01:43.094 --> 00:01:45.509 and particularly its application to  
NOTE Confidence: 0.869879184347826  
00:01:45.509 --> 00:01:47.780 understanding depression in adolescence.  
NOTE Confidence: 0.869879184347826  
00:01:47.780 --> 00:01:50.276 And now to introduce our speakers for today,  
NOTE Confidence: 0.869879184347826  
00:01:50.280 --> 00:01:51.776 I'd like to pass it over to you.  
NOTE Confidence: 0.869879184347826  
00:01:51.780 --> 00:01:52.140 Tara.  
NOTE Confidence: 0.828567306666667  
00:01:52.770 --> 00:01:54.690 Ohh. Thank you so much Kieran.  
NOTE Confidence: 0.828567306666667  
00:01:54.690 --> 00:01:57.247 So although I tend to speak with ohh,  
NOTE Confidence: 0.828567306666667  
00:01:57.247 --> 00:01:59.016 am I muted? No, no, no.  
NOTE Confidence: 0.828567306666667  
00:01:59.016 --> 00:02:00.835 I've got to stop sharing. I'm so sorry.  
NOTE Confidence: 0.813205063  
00:02:03.610 --> 00:02:05.066 No worries. Though, OK,  
NOTE Confidence: 0.813205063  
00:02:05.066 --> 00:02:08.397 so although I tend to speak with you all  
NOTE Confidence: 0.813205063

00:02:08.397 --> 00:02:10.896 more often wearing my vice chair hat,  
NOTE Confidence: 0.813205063

00:02:10.900 --> 00:02:13.228 my heart first found its home  
NOTE Confidence: 0.813205063

00:02:13.228 --> 00:02:14.780 within our clinical services.  
NOTE Confidence: 0.813205063

00:02:14.780 --> 00:02:16.873 And so I'm really thrilled to firmly  
NOTE Confidence: 0.813205063

00:02:16.873 --> 00:02:19.058 wear that hat as I introduce you  
NOTE Confidence: 0.813205063

00:02:19.058 --> 00:02:21.066 to two of the very many talented  
NOTE Confidence: 0.813205063

00:02:21.066 --> 00:02:23.220 clinicians that I have the honor  
NOTE Confidence: 0.813205063

00:02:23.220 --> 00:02:24.930 and privilege of supporting and  
NOTE Confidence: 0.813205063

00:02:24.930 --> 00:02:26.910 mentoring within my role as the  
NOTE Confidence: 0.813205063

00:02:26.910 --> 00:02:28.818 associate director of Youth Services.  
NOTE Confidence: 0.813205063

00:02:28.820 --> 00:02:30.120 So if given the opportunity,  
NOTE Confidence: 0.813205063

00:02:30.120 --> 00:02:32.255 I could wax poetic about the talents  
NOTE Confidence: 0.813205063

00:02:32.255 --> 00:02:33.586 and unique contributions  
NOTE Confidence: 0.813205063

00:02:33.586 --> 00:02:35.488 of each of our clinicians.  
NOTE Confidence: 0.813205063

00:02:35.490 --> 00:02:37.884 But today I'll contain it to the  
NOTE Confidence: 0.813205063

00:02:37.884 --> 00:02:39.991 two people who will be presenting

NOTE Confidence: 0.813205063

00:02:39.991 --> 00:02:42.920 so that it will be at those shivis.

NOTE Confidence: 0.813205063

00:02:42.920 --> 00:02:45.146 Hector and Anna Maria and

NOTE Confidence: 0.813205063

00:02:45.146 --> 00:02:47.272 you can read their CV's and look

NOTE Confidence: 0.813205063

00:02:47.272 --> 00:02:48.770 at their profiles to get a sense

NOTE Confidence: 0.813205063

00:02:48.817 --> 00:02:49.978 of their accomplishments.

NOTE Confidence: 0.813205063

00:02:49.980 --> 00:02:51.906 But really, in preparation for today,

NOTE Confidence: 0.813205063

00:02:51.910 --> 00:02:53.470 which will probably be of no

NOTE Confidence: 0.813205063

00:02:53.470 --> 00:02:55.417 surprise to those of you who know me,

NOTE Confidence: 0.813205063

00:02:55.420 --> 00:02:57.121 I asked them to answer some questions

NOTE Confidence: 0.813205063

00:02:57.121 --> 00:02:58.963 for me so that I can introduce

NOTE Confidence: 0.813205063

00:02:58.963 --> 00:03:00.283 you more to their hearts.

NOTE Confidence: 0.813205063

00:03:00.290 --> 00:03:01.414 So in this process,

NOTE Confidence: 0.813205063

00:03:01.414 --> 00:03:03.421 I learned that Hector and Anamaria have

NOTE Confidence: 0.813205063

00:03:03.421 --> 00:03:05.283 even more in common than I realized.

NOTE Confidence: 0.813205063

00:03:05.290 --> 00:03:07.166 They both joined our team during the

NOTE Confidence: 0.813205063

00:03:07.166 --> 00:03:09.233 pandemic and had been working here for  
NOTE Confidence: 0.813205063

00:03:09.233 --> 00:03:10.748 many months before actually getting  
NOTE Confidence: 0.813205063

00:03:10.748 --> 00:03:13.130 to meet many of their colleagues in person.  
NOTE Confidence: 0.813205063

00:03:13.130 --> 00:03:14.780 Despite that challenge,  
NOTE Confidence: 0.813205063

00:03:14.780 --> 00:03:16.980 that challenging beginning they've  
NOTE Confidence: 0.813205063

00:03:16.980 --> 00:03:19.430 anchored into our community.  
NOTE Confidence: 0.813205063

00:03:19.430 --> 00:03:21.560 Both are familiar with the  
NOTE Confidence: 0.813205063

00:03:21.560 --> 00:03:22.838 challenges of immigration.  
NOTE Confidence: 0.813205063

00:03:22.840 --> 00:03:25.752 Hector and his family came to the US  
NOTE Confidence: 0.813205063

00:03:25.752 --> 00:03:27.560 from Tijuana's in the state of Durango,  
NOTE Confidence: 0.813205063

00:03:27.560 --> 00:03:29.336 Mexico, and Anna Maria,  
NOTE Confidence: 0.813205063

00:03:29.336 --> 00:03:31.556 although a New Haven native,  
NOTE Confidence: 0.813205063

00:03:31.560 --> 00:03:35.016 has parents who came from it in Colombia.  
NOTE Confidence: 0.813205063

00:03:35.020 --> 00:03:37.012 Both originate from families who were  
NOTE Confidence: 0.813205063

00:03:37.012 --> 00:03:39.100 in service to their communities.  
NOTE Confidence: 0.813205063

00:03:39.100 --> 00:03:41.344 Hector's family were farmers in Mexico

NOTE Confidence: 0.813205063

00:03:41.344 --> 00:03:43.580 and migrant farmers in California.

NOTE Confidence: 0.813205063

00:03:43.580 --> 00:03:45.652 His father was a part of the Cesar

NOTE Confidence: 0.813205063

00:03:45.652 --> 00:03:47.618 Chavez and Dolores Huerta movement,

NOTE Confidence: 0.813205063

00:03:47.620 --> 00:03:50.300 fighting for migrant farmers rights.

NOTE Confidence: 0.813205063

00:03:50.300 --> 00:03:52.420 Anna Maria's maternal grandparents were

NOTE Confidence: 0.813205063

00:03:52.420 --> 00:03:55.309 both professors in their country in Colombia.

NOTE Confidence: 0.813205063

00:03:55.310 --> 00:03:57.350 The values of service and advocacy

NOTE Confidence: 0.813205063

00:03:57.350 --> 00:04:00.051 instilled in them by their families and

NOTE Confidence: 0.813205063

00:04:00.051 --> 00:04:02.181 their dedications to their community

NOTE Confidence: 0.813205063

00:04:02.181 --> 00:04:05.017 continues and is modeled daily in their work.

NOTE Confidence: 0.813205063

00:04:05.020 --> 00:04:06.475 They both committed to providing

NOTE Confidence: 0.813205063

00:04:06.475 --> 00:04:08.519 quality care to all of the families

NOTE Confidence: 0.813205063

00:04:08.519 --> 00:04:10.639 that they serve and when I asked why,

NOTE Confidence: 0.813205063

00:04:10.640 --> 00:04:13.176 they came to the field of social work.

NOTE Confidence: 0.813205063

00:04:13.180 --> 00:04:15.189 It was clear that their values had

NOTE Confidence: 0.813205063

00:04:15.189 --> 00:04:17.577 been a North star in their decisions.  
NOTE Confidence: 0.813205063

00:04:17.580 --> 00:04:19.996 They're both driven by the values of equity,  
NOTE Confidence: 0.813205063

00:04:20.000 --> 00:04:22.440 cultural humility and social justice,  
NOTE Confidence: 0.813205063

00:04:22.440 --> 00:04:24.248 and saw social work as a way that  
NOTE Confidence: 0.813205063

00:04:24.248 --> 00:04:25.778 they could use their bilingual,  
NOTE Confidence: 0.813205063

00:04:25.780 --> 00:04:28.160 bicultural experiences to increase  
NOTE Confidence: 0.813205063

00:04:28.160 --> 00:04:31.135 access to behavioral health services  
NOTE Confidence: 0.813205063

00:04:31.135 --> 00:04:34.190 for the Latinx youth and families.  
NOTE Confidence: 0.813205063

00:04:34.190 --> 00:04:36.482 Hector may not be planting seeds  
NOTE Confidence: 0.813205063

00:04:36.482 --> 00:04:37.628 in literal soil,  
NOTE Confidence: 0.813205063

00:04:37.630 --> 00:04:39.430 but he and Anna Maria are  
NOTE Confidence: 0.813205063

00:04:39.430 --> 00:04:41.090 cultivating seeds of change, growth,  
NOTE Confidence: 0.813205063

00:04:41.090 --> 00:04:43.850 and empowerment for those they serve.  
NOTE Confidence: 0.813205063

00:04:43.850 --> 00:04:46.148 As you'll learn from their presentation,  
NOTE Confidence: 0.813205063

00:04:46.150 --> 00:04:48.250 they both seek to meet their families  
NOTE Confidence: 0.813205063

00:04:48.250 --> 00:04:50.572 where they are and to offer adaptations



NOTE Confidence: 0.813205063

00:04:50.572 --> 00:04:52.612 and entry points to treatment that

NOTE Confidence: 0.813205063

00:04:52.678 --> 00:04:54.468 are familiar and resonate deeply

NOTE Confidence: 0.813205063

00:04:54.468 --> 00:04:56.258 with the families they serve.

NOTE Confidence: 0.813205063

00:04:56.260 --> 00:04:58.228 Each aware of the challenges and

NOTE Confidence: 0.813205063

00:04:58.228 --> 00:04:59.540 barriers to linguistically and

NOTE Confidence: 0.851518675294118

00:04:59.595 --> 00:05:00.711 culturally tailored care

NOTE Confidence: 0.851518675294118

00:05:00.711 --> 00:05:02.199 for the Latinx community,

NOTE Confidence: 0.851518675294118

00:05:02.200 --> 00:05:04.765 they decided to be a part of the solution.

NOTE Confidence: 0.851518675294118

00:05:04.770 --> 00:05:07.032 Not only with their with their

NOTE Confidence: 0.851518675294118

00:05:07.032 --> 00:05:08.540 commitment to providing therapy

NOTE Confidence: 0.851518675294118

00:05:08.604 --> 00:05:10.428 that is culturally responsive,

NOTE Confidence: 0.851518675294118

00:05:10.430 --> 00:05:12.390 but in providing innovative ideas

NOTE Confidence: 0.851518675294118

00:05:12.390 --> 00:05:15.214 and teaching others to be able to

NOTE Confidence: 0.851518675294118

00:05:15.214 --> 00:05:17.204 serve the Latinx community better.

NOTE Confidence: 0.851518675294118

00:05:17.210 --> 00:05:19.739 They are advocates,

NOTE Confidence: 0.851518675294118

00:05:19.739 --> 00:05:22.268 educators and clinicians.  
NOTE Confidence: 0.851518675294118

00:05:22.270 --> 00:05:27.166 With the goal. Oops, I lost my space.  
NOTE Confidence: 0.851518675294118

00:05:27.170 --> 00:05:29.018 With the goal of providing excellent,  
NOTE Confidence: 0.851518675294118

00:05:29.020 --> 00:05:30.397 culturally considerate care.  
NOTE Confidence: 0.851518675294118

00:05:30.397 --> 00:05:33.151 While this would be a spectacular  
NOTE Confidence: 0.851518675294118

00:05:33.151 --> 00:05:34.780 offering any time of year,  
NOTE Confidence: 0.851518675294118

00:05:34.780 --> 00:05:37.052 it gives me great pleasure as a Latina  
NOTE Confidence: 0.851518675294118

00:05:37.052 --> 00:05:38.933 woman myself to highlight the work  
NOTE Confidence: 0.851518675294118

00:05:38.933 --> 00:05:40.805 of these two Latinx clinicians and  
NOTE Confidence: 0.851518675294118

00:05:40.869 --> 00:05:43.410 their work to better serve the Latinx  
NOTE Confidence: 0.851518675294118

00:05:43.410 --> 00:05:45.156 communities during Hispanic Heritage Month.  
NOTE Confidence: 0.851518675294118

00:05:45.156 --> 00:05:47.452 I invite you to listen deeply to  
NOTE Confidence: 0.851518675294118

00:05:47.452 --> 00:05:49.612 the sneak peek of the presentation  
NOTE Confidence: 0.851518675294118

00:05:49.612 --> 00:05:51.901 that they will present at the  
NOTE Confidence: 0.851518675294118

00:05:51.901 --> 00:05:53.717 Latino social work organization.  
NOTE Confidence: 0.851518675294118

00:05:53.720 --> 00:05:56.294 I think that's what it's called on the chaos,

NOTE Confidence: 0.851518675294118

00:05:56.300 --> 00:05:57.914 which are sayings that hold a

NOTE Confidence: 0.851518675294118

00:05:57.914 --> 00:05:59.674 special place in the homes and

NOTE Confidence: 0.851518675294118

00:05:59.674 --> 00:06:01.249 hearts of many Latinx families.

NOTE Confidence: 0.851518675294118

00:06:01.250 --> 00:06:03.434 And they're using them as ways to

NOTE Confidence: 0.851518675294118

00:06:03.434 --> 00:06:04.950 engage and translate concepts.

NOTE Confidence: 0.851518675294118

00:06:04.950 --> 00:06:07.956 One that's sticks out for me that I heard

NOTE Confidence: 0.851518675294118

00:06:07.956 --> 00:06:10.502 growing up is the macconkey nandas kenyerer.

NOTE Confidence: 0.851518675294118

00:06:10.502 --> 00:06:13.106 Literally tell me who you walk with,

NOTE Confidence: 0.851518675294118

00:06:13.110 --> 00:06:14.524 and I'll tell you who you are.

NOTE Confidence: 0.851518675294118

00:06:14.530 --> 00:06:15.910 Tell me who your friends are,

NOTE Confidence: 0.851518675294118

00:06:15.910 --> 00:06:17.667 and I'll tell you who you are.

NOTE Confidence: 0.851518675294118

00:06:17.670 --> 00:06:19.020 It's one that my grandmother

NOTE Confidence: 0.851518675294118

00:06:19.020 --> 00:06:20.370 and mother always referred to.

NOTE Confidence: 0.851518675294118

00:06:20.370 --> 00:06:22.146 And in my life and in my work,

NOTE Confidence: 0.851518675294118

00:06:22.150 --> 00:06:25.206 I have no concerns about who I work

NOTE Confidence: 0.851518675294118

00:06:25.206 --> 00:06:28.866 with and who I walk with these days and

NOTE Confidence: 0.851518675294118

00:06:28.866 --> 00:06:31.809 hope that their talents and values.

NOTE Confidence: 0.851518675294118

00:06:31.810 --> 00:06:34.570 Are evident to all of those around me.

NOTE Confidence: 0.851518675294118

00:06:34.570 --> 00:06:37.195 So I'm very honored to work with

NOTE Confidence: 0.851518675294118

00:06:37.195 --> 00:06:39.240 and support Anna and Hector,

NOTE Confidence: 0.851518675294118

00:06:39.240 --> 00:06:40.731 and I hope it says something about

NOTE Confidence: 0.851518675294118

00:06:40.731 --> 00:06:42.716 who I am as a person to have

NOTE Confidence: 0.851518675294118

00:06:42.716 --> 00:06:44.006 such wonderful people around me.

NOTE Confidence: 0.851518675294118

00:06:44.010 --> 00:06:45.882 And so I invite you to be present

NOTE Confidence: 0.851518675294118

00:06:45.882 --> 00:06:47.724 and to listen deeply to their

NOTE Confidence: 0.851518675294118

00:06:47.724 --> 00:06:49.692 presentation and to keep your eye

NOTE Confidence: 0.851518675294118

00:06:49.752 --> 00:06:51.510 out for the places they'll go,

NOTE Confidence: 0.851518675294118

00:06:51.510 --> 00:06:53.628 which I believe will include research

NOTE Confidence: 0.851518675294118

00:06:53.628 --> 00:06:55.434 and training and compassionate and

NOTE Confidence: 0.851518675294118

00:06:55.434 --> 00:06:56.445 culturally informed supervision

NOTE Confidence: 0.851518675294118

00:06:56.445 --> 00:06:58.797 that benefits all but most of all

NOTE Confidence: 0.851518675294118  
00:06:58.797 --> 00:07:00.417 the Latinx community in New Haven  
NOTE Confidence: 0.851518675294118  
00:07:00.417 --> 00:07:02.166 that they feel very passionate.  
NOTE Confidence: 0.851518675294118  
00:07:02.166 --> 00:07:04.038 About and of course,  
NOTE Confidence: 0.851518675294118  
00:07:04.040 --> 00:07:06.020 families beyond New Haven as well,  
NOTE Confidence: 0.851518675294118  
00:07:06.020 --> 00:07:08.420 so please welcome Hector Chavez,  
NOTE Confidence: 0.851518675294118  
00:07:08.420 --> 00:07:10.240 Raicho and Anna Maria Orosco.  
NOTE Confidence: 0.8430525775  
00:07:12.660 --> 00:07:14.444 You have to do an applause for that.  
NOTE Confidence: 0.879083795  
00:07:19.690 --> 00:07:22.386 Thank you so much for for the introduction  
NOTE Confidence: 0.879083795  
00:07:22.386 --> 00:07:24.646 Tara that was very, very beautiful.  
NOTE Confidence: 0.879083795  
00:07:24.646 --> 00:07:26.518 I actually, you know,  
NOTE Confidence: 0.879083795  
00:07:26.520 --> 00:07:28.942 even wanted to take it a little  
NOTE Confidence: 0.879083795  
00:07:28.942 --> 00:07:31.217 bit further with just introducing  
NOTE Confidence: 0.879083795  
00:07:31.217 --> 00:07:33.529 today's presentation because I,  
NOTE Confidence: 0.879083795  
00:07:33.530 --> 00:07:36.306 I I believe we've you know I've done  
NOTE Confidence: 0.879083795  
00:07:36.306 --> 00:07:38.823 a version of this presentation to  
NOTE Confidence: 0.879083795

00:07:38.823 --> 00:07:41.445 some of the our Community members.

NOTE Confidence: 0.879083795

00:07:41.450 --> 00:07:43.352 But I really want to highlight

NOTE Confidence: 0.879083795

00:07:43.352 --> 00:07:45.522 that today's is a newer and

NOTE Confidence: 0.879083795

00:07:45.522 --> 00:07:47.186 improved presentation because I

NOTE Confidence: 0.879083795

00:07:47.186 --> 00:07:49.649 know Maria is forming part of it.

NOTE Confidence: 0.879083795

00:07:49.650 --> 00:07:51.000 Yeah, I think, you know,

NOTE Confidence: 0.879083795

00:07:51.000 --> 00:07:52.550 her clinical work and the

NOTE Confidence: 0.879083795

00:07:52.550 --> 00:07:54.544 insight that she brings into this

NOTE Confidence: 0.879083795

00:07:54.544 --> 00:07:56.459 presentation will speak for itself.

NOTE Confidence: 0.879083795

00:07:56.460 --> 00:07:58.780 But I I really do want to be

NOTE Confidence: 0.879083795

00:07:58.780 --> 00:08:00.580 purposeful and highlighting that

NOTE Confidence: 0.879083795

00:08:00.580 --> 00:08:02.360 she brings something to this

NOTE Confidence: 0.879083795

00:08:02.360 --> 00:08:04.140 presentation that I don't bring,

NOTE Confidence: 0.879083795

00:08:04.140 --> 00:08:06.336 which is that she's part of,

NOTE Confidence: 0.879083795

00:08:06.340 --> 00:08:09.500 of the Community here.

NOTE Confidence: 0.879083795

00:08:09.500 --> 00:08:11.810 And and really it's unlike you know

NOTE Confidence: 0.879083795

00:08:11.810 --> 00:08:14.595 many of us that might have come for

NOTE Confidence: 0.879083795

00:08:14.595 --> 00:08:17.317 for a fellowship or for a job and

NOTE Confidence: 0.879083795

00:08:17.317 --> 00:08:19.473 she is a voice from the community

NOTE Confidence: 0.879083795

00:08:19.480 --> 00:08:21.853 and and I feel strongly that we

NOTE Confidence: 0.879083795

00:08:21.853 --> 00:08:24.152 should bring more voices like Anna

NOTE Confidence: 0.879083795

00:08:24.152 --> 00:08:26.162 Marias into into the conversation

NOTE Confidence: 0.879083795

00:08:26.162 --> 00:08:28.836 so that we can provide a better

NOTE Confidence: 0.879083795

00:08:28.836 --> 00:08:30.954 work and better services for for

NOTE Confidence: 0.879083795

00:08:30.954 --> 00:08:32.838 the families that we work with.

NOTE Confidence: 0.879083795

00:08:32.840 --> 00:08:34.970 So having said that we'll we'll

NOTE Confidence: 0.879083795

00:08:34.970 --> 00:08:37.359 go ahead and and get started.

NOTE Confidence: 0.879083795

00:08:37.360 --> 00:08:40.152 So at this quote we wanted to bring

NOTE Confidence: 0.879083795

00:08:40.152 --> 00:08:41.737 a quote that kind of foreshadowed

NOTE Confidence: 0.879083795

00:08:41.737 --> 00:08:43.648 a little bit of the themes that

NOTE Confidence: 0.879083795

00:08:43.703 --> 00:08:45.275 we're going to be speaking to.

NOTE Confidence: 0.879083795

00:08:45.280 --> 00:08:48.864 This is a quote by a psychiatrist  
NOTE Confidence: 0.879083795

00:08:48.864 --> 00:08:51.810 at Dixon Chibanda from Zimbabwe  
NOTE Confidence: 0.879083795

00:08:51.810 --> 00:08:54.498 who who states we see everything,  
NOTE Confidence: 0.879083795

00:08:54.500 --> 00:08:56.756 everything through the lens of academia,  
NOTE Confidence: 0.879083795

00:08:56.760 --> 00:08:59.000 particularly from the northern hemisphere,  
NOTE Confidence: 0.879083795

00:08:59.000 --> 00:09:01.061 and we don't take the time to look at  
NOTE Confidence: 0.879083795

00:09:01.061 --> 00:09:03.086 the local indigenous knowledge and the  
NOTE Confidence: 0.879083795

00:09:03.086 --> 00:09:05.660 wisdom which is inherent in every culture.  
NOTE Confidence: 0.879083795

00:09:05.660 --> 00:09:07.560 Every culture has their amazing.  
NOTE Confidence: 0.879083795

00:09:07.560 --> 00:09:09.280 Ability to teach you a  
NOTE Confidence: 0.879083795

00:09:09.280 --> 00:09:10.656 piece of profound wisdom.  
NOTE Confidence: 0.879083795

00:09:10.660 --> 00:09:12.424 We must appreciate the local culture  
NOTE Confidence: 0.879083795

00:09:12.424 --> 00:09:14.945 and the role it can play in addressing  
NOTE Confidence: 0.879083795

00:09:14.945 --> 00:09:16.877 not only the mental health issues,  
NOTE Confidence: 0.879083795

00:09:16.880 --> 00:09:18.740 but a wide range of issues.  
NOTE Confidence: 0.879083795

00:09:18.740 --> 00:09:19.535 As I mentioned,



NOTE Confidence: 0.879083795

00:09:19.535 --> 00:09:21.390 this was just a quote that we

NOTE Confidence: 0.879083795

00:09:21.457 --> 00:09:23.537 feel that speaks to a lot of the

NOTE Confidence: 0.879083795

00:09:23.537 --> 00:09:25.120 themes that we're going to be

NOTE Confidence: 0.879083795

00:09:25.120 --> 00:09:26.990 discussing in our presentation today.

NOTE Confidence: 0.791649426666667

00:09:29.480 --> 00:09:31.370 So hi everyone. It's dated before.

NOTE Confidence: 0.791649426666667

00:09:31.370 --> 00:09:32.672 I'm Anna Maria, but I also go

NOTE Confidence: 0.791649426666667

00:09:32.672 --> 00:09:34.229 by Anna and I just want to say

NOTE Confidence: 0.791649426666667

00:09:34.229 --> 00:09:35.460 thank you for having us here.

NOTE Confidence: 0.791649426666667

00:09:35.460 --> 00:09:37.546 And I wanna thank Hector for bringing

NOTE Confidence: 0.791649426666667

00:09:37.546 --> 00:09:39.413 me into this really important work

NOTE Confidence: 0.791649426666667

00:09:39.413 --> 00:09:41.780 that I'm excited to be a part of.

NOTE Confidence: 0.791649426666667

00:09:41.780 --> 00:09:42.860 So to get us started,

NOTE Confidence: 0.791649426666667

00:09:42.860 --> 00:09:45.242 when we're thinking of improving the

NOTE Confidence: 0.791649426666667

00:09:45.242 --> 00:09:46.830 utilization experience of services

NOTE Confidence: 0.791649426666667

00:09:46.895 --> 00:09:49.080 specifically among our Latino families,

NOTE Confidence: 0.791649426666667

00:09:49.080 --> 00:09:50.300 it's important to understand  
NOTE Confidence: 0.791649426666667

00:09:50.300 --> 00:09:51.825 that there is an underutilization  
NOTE Confidence: 0.791649426666667

00:09:51.825 --> 00:09:53.260 of mental health services,  
NOTE Confidence: 0.791649426666667

00:09:53.260 --> 00:09:54.490 specifically among Latinos.  
NOTE Confidence: 0.791649426666667

00:09:54.490 --> 00:09:57.360 This has been linked with the feeling  
NOTE Confidence: 0.791649426666667

00:09:57.428 --> 00:10:00.692 of not being understood to due to not  
NOTE Confidence: 0.791649426666667

00:10:00.692 --> 00:10:03.410 only value differences but also language.  
NOTE Confidence: 0.791649426666667

00:10:03.410 --> 00:10:05.366 Between the therapist and the client.  
NOTE Confidence: 0.791649426666667

00:10:05.370 --> 00:10:06.900 It's important to understand, though,  
NOTE Confidence: 0.791649426666667

00:10:06.900 --> 00:10:08.444 that this dissatisfaction that's  
NOTE Confidence: 0.791649426666667

00:10:08.444 --> 00:10:10.760 been reported does not solely revolve  
NOTE Confidence: 0.791649426666667

00:10:10.818 --> 00:10:12.750 on the therapist ethnicity or race,  
NOTE Confidence: 0.791649426666667

00:10:12.750 --> 00:10:15.410 but more so on the therapist perceived  
NOTE Confidence: 0.791649426666667

00:10:15.410 --> 00:10:17.013 understanding and potential openness  
NOTE Confidence: 0.791649426666667

00:10:17.013 --> 00:10:19.028 to understand the Latino culture.  
NOTE Confidence: 0.791649426666667

00:10:19.030 --> 00:10:20.608 Something that I think is important

NOTE Confidence: 0.791649426666667  
00:10:20.608 --> 00:10:22.672 for us as clinicians to keep in mind  
NOTE Confidence: 0.791649426666667  
00:10:22.672 --> 00:10:24.112 when working with Latino clients is  
NOTE Confidence: 0.791649426666667  
00:10:24.159 --> 00:10:25.815 that a lot of our Latino clients come  
NOTE Confidence: 0.791649426666667  
00:10:25.815 --> 00:10:28.096 in and some of them are not documented.  
NOTE Confidence: 0.791649426666667  
00:10:28.100 --> 00:10:29.520 They themselves might not be  
NOTE Confidence: 0.791649426666667  
00:10:29.520 --> 00:10:30.940 documented in their family members  
NOTE Confidence: 0.791649426666667  
00:10:30.995 --> 00:10:32.079 might not be documented.  
NOTE Confidence: 0.791649426666667  
00:10:32.080 --> 00:10:34.565 This really instills an innate fear that  
NOTE Confidence: 0.791649426666667  
00:10:34.565 --> 00:10:36.740 there could potentially be an exposure  
NOTE Confidence: 0.791649426666667  
00:10:36.740 --> 00:10:38.846 to a family member's documentation status.  
NOTE Confidence: 0.875627308571429  
00:10:41.390 --> 00:10:42.294 With that being said,  
NOTE Confidence: 0.875627308571429  
00:10:42.294 --> 00:10:44.250 if you all take a moment to scan the  
NOTE Confidence: 0.875627308571429  
00:10:44.250 --> 00:10:45.870 QR code at the top of the slide,  
NOTE Confidence: 0.875627308571429  
00:10:45.870 --> 00:10:47.305 it'll bring you to a great resource,  
NOTE Confidence: 0.875627308571429  
00:10:47.310 --> 00:10:49.949 which is a report by the American  
NOTE Confidence: 0.875627308571429

00:10:49.949 --> 00:10:50.703 Psychiatric Association.  
NOTE Confidence: 0.875627308571429

00:10:50.710 --> 00:10:51.532 In that report,  
NOTE Confidence: 0.875627308571429

00:10:51.532 --> 00:10:53.176 it is noted that Latino youth  
NOTE Confidence: 0.875627308571429

00:10:53.176 --> 00:10:55.026 are especially vulnerable to  
NOTE Confidence: 0.875627308571429

00:10:55.026 --> 00:10:56.538 psychological stress associated  
NOTE Confidence: 0.875627308571429

00:10:56.538 --> 00:10:58.554 with immigration and culture.

NOTE Confidence: 0.875627308571429

00:10:58.560 --> 00:11:00.408 A lot of the youth we service that  
NOTE Confidence: 0.875627308571429

00:11:00.408 --> 00:11:02.155 might even be born in this country  
NOTE Confidence: 0.875627308571429

00:11:02.155 --> 00:11:04.010 have parents who are not documented,  
NOTE Confidence: 0.875627308571429

00:11:04.010 --> 00:11:06.618 so they do have a risk of potentially  
NOTE Confidence: 0.875627308571429

00:11:06.618 --> 00:11:08.090 being deported at any time.  
NOTE Confidence: 0.875627308571429

00:11:08.090 --> 00:11:09.721 That can also mean that that the  
NOTE Confidence: 0.875627308571429

00:11:09.721 --> 00:11:11.419 youth might have to move out of this.  
NOTE Confidence: 0.875627308571429

00:11:11.420 --> 00:11:13.960 Country where they were born.  
NOTE Confidence: 0.875627308571429

00:11:13.960 --> 00:11:16.004 Another thing of note in the report  
NOTE Confidence: 0.875627308571429

00:11:16.004 --> 00:11:18.297 is that Latinos shared that they are

NOTE Confidence: 0.875627308571429

00:11:18.297 --> 00:11:20.325 more likely to have poor communication

NOTE Confidence: 0.875627308571429

00:11:20.390 --> 00:11:21.938 with their health provider.

NOTE Confidence: 0.875627308571429

00:11:21.940 --> 00:11:23.435 Some of the barriers reported

NOTE Confidence: 0.875627308571429

00:11:23.435 --> 00:11:25.500 about this are not only language,

NOTE Confidence: 0.875627308571429

00:11:25.500 --> 00:11:27.582 but also lack of culturally tailored

NOTE Confidence: 0.875627308571429

00:11:27.582 --> 00:11:28.970 services and culturally sensitive

NOTE Confidence: 0.875627308571429

00:11:29.028 --> 00:11:30.420 mental health professionals.

NOTE Confidence: 0.873929902

00:11:35.810 --> 00:11:38.194 We're gonna I wanted us to to also

NOTE Confidence: 0.873929902

00:11:38.194 --> 00:11:40.142 move into thinking about maybe one

NOTE Confidence: 0.873929902

00:11:40.142 --> 00:11:43.369 way in which we can do a better job

NOTE Confidence: 0.873929902

00:11:43.369 --> 00:11:45.853 in both recognizing and attempting to

NOTE Confidence: 0.873929902

00:11:45.853 --> 00:11:48.005 understand some of the experiences of

NOTE Confidence: 0.873929902

00:11:48.005 --> 00:11:50.389 of the Latino families that we serve,

NOTE Confidence: 0.873929902

00:11:50.390 --> 00:11:52.462 specifically the Latino immigrant

NOTE Confidence: 0.873929902

00:11:52.462 --> 00:11:55.570 families that that that we serve.

NOTE Confidence: 0.873929902

00:11:55.570 --> 00:11:57.628 And so this two terms here,  
NOTE Confidence: 0.873929902

00:11:57.630 --> 00:12:00.098 cultural bereavement and migratory  
NOTE Confidence: 0.873929902

00:12:00.098 --> 00:12:02.914 grief are not you know,  
NOTE Confidence: 0.873929902

00:12:02.914 --> 00:12:05.324 solely for Latino immigrant families.  
NOTE Confidence: 0.873929902

00:12:05.330 --> 00:12:08.222 They're an experience that is experienced  
NOTE Confidence: 0.873929902

00:12:08.222 --> 00:12:11.430 by a wide range of immigrants.  
NOTE Confidence: 0.873929902

00:12:11.430 --> 00:12:13.205 But you know speaking specifically  
NOTE Confidence: 0.873929902

00:12:13.205 --> 00:12:15.642 to we're going to make we're going  
NOTE Confidence: 0.873929902

00:12:15.642 --> 00:12:17.735 to be tying it in specifically to  
NOTE Confidence: 0.873929902

00:12:17.735 --> 00:12:20.030 to the Latino immigrant community.  
NOTE Confidence: 0.873929902

00:12:20.030 --> 00:12:23.060 But this first term and cultural  
NOTE Confidence: 0.873929902

00:12:23.060 --> 00:12:25.690 bereavement was was going to to.  
NOTE Confidence: 0.873929902

00:12:25.690 --> 00:12:27.919 Delete attempt to.  
NOTE Confidence: 0.866923256363636

00:12:30.040 --> 00:12:32.090 Chair or describe the experience  
NOTE Confidence: 0.866923256363636

00:12:32.090 --> 00:12:35.068 that an immigrant or a group of  
NOTE Confidence: 0.866923256363636

00:12:35.068 --> 00:12:37.193 immigrants face when they face

NOTE Confidence: 0.866923256363636

00:12:37.193 --> 00:12:39.740 losses related to cultural values,

NOTE Confidence: 0.866923256363636

00:12:39.740 --> 00:12:42.480 social structures and self identity.

NOTE Confidence: 0.866923256363636

00:12:42.480 --> 00:12:44.370 And this second term migratory

NOTE Confidence: 0.866923256363636

00:12:44.370 --> 00:12:46.810 grief is very similar in nature.

NOTE Confidence: 0.866923256363636

00:12:46.810 --> 00:12:48.820 It speaks to the understanding that,

NOTE Confidence: 0.866923256363636

00:12:48.820 --> 00:12:50.708 you know, relocating geographically,

NOTE Confidence: 0.866923256363636

00:12:50.708 --> 00:12:53.540 it has a significant it's a

NOTE Confidence: 0.866923256363636

00:12:53.616 --> 00:12:56.086 significant change and it's accompanied

NOTE Confidence: 0.866923256363636

00:12:56.086 --> 00:12:58.556 by grief like symptoms and.

NOTE Confidence: 0.866923256363636

00:12:58.560 --> 00:12:59.672 And in this way,

NOTE Confidence: 0.866923256363636

00:12:59.672 --> 00:13:02.550 this kind of can help us view our own

NOTE Confidence: 0.866923256363636

00:13:02.550 --> 00:13:04.830 clinical work with with this family

NOTE Confidence: 0.866923256363636

00:13:04.830 --> 00:13:07.105 through viewing it in a in a grief,

NOTE Confidence: 0.866923256363636

00:13:07.110 --> 00:13:09.660 like through a grief perspective.

NOTE Confidence: 0.814334026666667

00:13:12.320 --> 00:13:14.944 So you know, unfortunately,

NOTE Confidence: 0.814334026666667

00:13:14.944 --> 00:13:18.008 migratory grief, it has been labeled  
NOTE Confidence: 0.814334026666667

00:13:18.008 --> 00:13:20.193 a form of disenfranchised grief.  
NOTE Confidence: 0.814334026666667

00:13:20.200 --> 00:13:22.900 For those of you in the audience who are not  
NOTE Confidence: 0.814334026666667

00:13:22.962 --> 00:13:25.536 aware of whether disenfranchised grief is,  
NOTE Confidence: 0.814334026666667

00:13:25.540 --> 00:13:29.140 is it really when people experience a laws  
NOTE Confidence: 0.814334026666667

00:13:29.140 --> 00:13:32.628 that cannot be either openly acknowledged,  
NOTE Confidence: 0.814334026666667

00:13:32.630 --> 00:13:35.840 publicly mourned or socially supported?  
NOTE Confidence: 0.814334026666667

00:13:35.840 --> 00:13:37.508 This can range from the loss  
NOTE Confidence: 0.814334026666667

00:13:37.508 --> 00:13:40.157 of a pet to the loss of a loved  
NOTE Confidence: 0.814334026666667

00:13:40.157 --> 00:13:42.250 one through a death by suicide.  
NOTE Confidence: 0.814334026666667

00:13:42.250 --> 00:13:45.214 Migratory grief was going to a  
NOTE Confidence: 0.814334026666667

00:13:45.214 --> 00:13:47.719 form of a disenfranchised grief  
NOTE Confidence: 0.814334026666667

00:13:47.719 --> 00:13:50.806 because actually on on our end on  
NOTE Confidence: 0.814334026666667

00:13:50.806 --> 00:13:53.628 the mental health provider sent.  
NOTE Confidence: 0.814334026666667

00:13:53.630 --> 00:13:55.947 We are not acknowledging it as as  
NOTE Confidence: 0.814334026666667

00:13:55.947 --> 00:13:58.440 maybe we should and we're not having



NOTE Confidence: 0.814334026666667

00:13:58.440 --> 00:14:00.588 this conversations in our in our

NOTE Confidence: 0.814334026666667

00:14:00.656 --> 00:14:03.061 clinical spaces as as we should Umm

NOTE Confidence: 0.814334026666667

00:14:03.061 --> 00:14:05.549 and and really you know we want to

NOTE Confidence: 0.814334026666667

00:14:05.549 --> 00:14:07.957 make sure that that we do and we

NOTE Confidence: 0.814334026666667

00:14:07.957 --> 00:14:10.226 we have this conversations and we

NOTE Confidence: 0.814334026666667

00:14:10.226 --> 00:14:12.878 acknowledge it because as we know.

NOTE Confidence: 0.814334026666667

00:14:12.880 --> 00:14:14.990 And disenfranchised grief is not

NOTE Confidence: 0.814334026666667

00:14:14.990 --> 00:14:17.550 acknowledged it it only further isolates

NOTE Confidence: 0.814334026666667

00:14:17.550 --> 00:14:20.182 a lot of the people experiencing this

NOTE Confidence: 0.814334026666667

00:14:20.182 --> 00:14:22.821 losses and and it really harms their

NOTE Confidence: 0.814334026666667

00:14:22.821 --> 00:14:25.200 their grieving process in the long term.

NOTE Confidence: 0.858873009375

00:14:28.050 --> 00:14:30.101 So thinking of how we can do

NOTE Confidence: 0.858873009375

00:14:30.101 --> 00:14:32.421 better now that we know what

NOTE Confidence: 0.858873009375

00:14:32.421 --> 00:14:33.789 disenfranchised grief means.

NOTE Confidence: 0.858873009375

00:14:33.790 --> 00:14:35.869 So for those of you that don't

NOTE Confidence: 0.858873009375

00:14:35.869 --> 00:14:37.550 know what cultural humility is,  
NOTE Confidence: 0.858873009375

00:14:37.550 --> 00:14:39.398 it's the ongoing process of self  
NOTE Confidence: 0.858873009375

00:14:39.398 --> 00:14:41.303 reflection where they're provider not only  
NOTE Confidence: 0.858873009375

00:14:41.303 --> 00:14:42.868 learns about another person's culture,  
NOTE Confidence: 0.858873009375

00:14:42.870 --> 00:14:44.835 but actively seeks to eliminate  
NOTE Confidence: 0.858873009375

00:14:44.835 --> 00:14:46.800 the power imbalance in the  
NOTE Confidence: 0.858873009375

00:14:46.874 --> 00:14:48.908 therapist client relationship.  
NOTE Confidence: 0.858873009375

00:14:48.910 --> 00:14:50.500 And I think understanding and  
NOTE Confidence: 0.858873009375

00:14:50.500 --> 00:14:51.454 implementing cultural humility  
NOTE Confidence: 0.858873009375

00:14:51.454 --> 00:14:52.924 can really be helpful in  
NOTE Confidence: 0.858873009375

00:14:52.924 --> 00:14:54.239 relating to your Latino families.  
NOTE Confidence: 0.910542264444444

00:14:56.240 --> 00:14:59.786 Yeah. And so the way that we wanted to.  
NOTE Confidence: 0.910542264444444

00:14:59.790 --> 00:15:05.046 To tie it in was it really for for  
NOTE Confidence: 0.910542264444444

00:15:05.050 --> 00:15:07.630 providers and to position themselves  
NOTE Confidence: 0.910542264444444

00:15:07.630 --> 00:15:11.361 with the Latino families in in in a  
NOTE Confidence: 0.910542264444444

00:15:11.361 --> 00:15:13.846 way that that puts themselves as the

NOTE Confidence: 0.9105422644444444

00:15:13.928 --> 00:15:17.316 learners and allows Latino families to to

NOTE Confidence: 0.9105422644444444

00:15:17.316 --> 00:15:19.937 become the experts of their experience.

NOTE Confidence: 0.9105422644444444

00:15:19.937 --> 00:15:23.565 So this in a way we're we're speaking to

NOTE Confidence: 0.9105422644444444

00:15:23.565 --> 00:15:26.970 the use of features and maybe a push to

NOTE Confidence: 0.9105422644444444

00:15:26.970 --> 00:15:29.909 to attempt to balance the power dynamic.

NOTE Confidence: 0.9105422644444444

00:15:29.910 --> 00:15:30.722 Between um.

NOTE Confidence: 0.9105422644444444

00:15:30.722 --> 00:15:33.564 That you know the the clinicians and

NOTE Confidence: 0.9105422644444444

00:15:33.564 --> 00:15:36.817 the families that we serve and we're

NOTE Confidence: 0.9105422644444444

00:15:36.817 --> 00:15:39.606 also making the connection and not just

NOTE Confidence: 0.9105422644444444

00:15:39.606 --> 00:15:42.418 as as this as a tool for for cultural

NOTE Confidence: 0.9105422644444444

00:15:42.418 --> 00:15:44.782 humility but also making the connection

NOTE Confidence: 0.9105422644444444

00:15:44.782 --> 00:15:46.901 that by acknowledging by utilizing

NOTE Confidence: 0.9105422644444444

00:15:46.901 --> 00:15:49.841 tools that are part of their culture,

NOTE Confidence: 0.9105422644444444

00:15:49.850 --> 00:15:52.517 we're in a way acknowledging a migratory

NOTE Confidence: 0.9105422644444444

00:15:52.517 --> 00:15:54.810 grief and ensuring that we're going

NOTE Confidence: 0.9105422644444444

00:15:54.810 --> 00:15:56.976 to preserve some of that Latino  
NOTE Confidence: 0.9105422644444444

00:15:56.976 --> 00:15:59.090 culture in our treatment together.  
NOTE Confidence: 0.9105422644444444

00:15:59.090 --> 00:16:01.266 That this is going to be a space  
NOTE Confidence: 0.9105422644444444

00:16:01.266 --> 00:16:02.350 where they're they're.  
NOTE Confidence: 0.9105422644444444

00:16:02.350 --> 00:16:04.863 Culture is not going to be further  
NOTE Confidence: 0.9105422644444444

00:16:04.863 --> 00:16:07.354 lost in in this new country and  
NOTE Confidence: 0.9105422644444444

00:16:07.354 --> 00:16:09.382 really preserving it in that level.  
NOTE Confidence: 0.9103458175

00:16:12.820 --> 00:16:16.700 So we wanted to speak just briefly about  
NOTE Confidence: 0.9103458175

00:16:16.700 --> 00:16:19.332 the history of features and and I wanted  
NOTE Confidence: 0.9103458175

00:16:19.332 --> 00:16:22.069 to say you know even though teachers  
NOTE Confidence: 0.9103458175

00:16:22.069 --> 00:16:24.884 and the teachers that we're using are  
NOTE Confidence: 0.9103458175

00:16:24.884 --> 00:16:27.116 in Spanish and often people attribute  
NOTE Confidence: 0.9103458175

00:16:27.116 --> 00:16:30.450 it to to Spain as as it being you  
NOTE Confidence: 0.9103458175

00:16:30.450 --> 00:16:33.408 know where where they originated from.  
NOTE Confidence: 0.9103458175

00:16:33.410 --> 00:16:36.407 And I really really want to make the point  
NOTE Confidence: 0.9103458175

00:16:36.407 --> 00:16:39.155 that that this is not the whole truth.

NOTE Confidence: 0.9103458175

00:16:39.160 --> 00:16:41.064 Of course Spain has a lot of

NOTE Confidence: 0.9103458175

00:16:41.064 --> 00:16:42.820 influence in in a lot of this.

NOTE Confidence: 0.9103458175

00:16:42.820 --> 00:16:45.364 Teachers, but it's really a fusion

NOTE Confidence: 0.9103458175

00:16:45.364 --> 00:16:48.281 of cultures that that are coming in

NOTE Confidence: 0.9103458175

00:16:48.281 --> 00:16:50.934 and playing into this wisdom that is

NOTE Confidence: 0.9103458175

00:16:51.014 --> 00:16:53.740 that is being used by the communities

NOTE Confidence: 0.9103458175

00:16:53.740 --> 00:16:55.915 and and by our culture.

NOTE Confidence: 0.9103458175

00:16:55.920 --> 00:16:58.008 I can speak a little bit more to to

NOTE Confidence: 0.9103458175

00:16:58.008 --> 00:16:59.570 Mexican teachers because I know a

NOTE Confidence: 0.9103458175

00:16:59.570 --> 00:17:01.599 little bit more of of that history,

NOTE Confidence: 0.9103458175

00:17:01.600 --> 00:17:04.918 but for example when Spain first

NOTE Confidence: 0.9103458175

00:17:04.918 --> 00:17:07.830 colonized Mexico in the 1500s.

NOTE Confidence: 0.9103458175

00:17:07.830 --> 00:17:10.147 You know it wasn't that that just

NOTE Confidence: 0.9103458175

00:17:10.147 --> 00:17:12.106 everyone took up the the language

NOTE Confidence: 0.9103458175

00:17:12.106 --> 00:17:14.679 and and took up the this the chaos

NOTE Confidence: 0.9103458175

00:17:14.679 --> 00:17:16.764 and and utilized everything that  
NOTE Confidence: 0.9103458175

00:17:16.764 --> 00:17:18.432 that's being brought in.  
NOTE Confidence: 0.9103458175

00:17:18.440 --> 00:17:21.312 It was a mixture of of both this  
NOTE Confidence: 0.9103458175

00:17:21.312 --> 00:17:23.450 European nation that had colonized  
NOTE Confidence: 0.9103458175

00:17:23.450 --> 00:17:25.690 and and the indigenous cultures  
NOTE Confidence: 0.9103458175

00:17:25.690 --> 00:17:28.238 that that were already present.  
NOTE Confidence: 0.9103458175

00:17:28.240 --> 00:17:31.048 So we have to really be mindful of of  
NOTE Confidence: 0.9103458175

00:17:31.048 --> 00:17:33.853 when we're speaking about the chaos  
NOTE Confidence: 0.9103458175

00:17:33.853 --> 00:17:36.268 that are where they're originating  
NOTE Confidence: 0.9103458175

00:17:36.347 --> 00:17:38.945 from but also what influences them.  
NOTE Confidence: 0.9103458175

00:17:38.950 --> 00:17:41.062 Even through Spanish writing and and  
NOTE Confidence: 0.9103458175

00:17:41.062 --> 00:17:43.672 and the ways that Spanish has evolved  
NOTE Confidence: 0.9103458175

00:17:43.672 --> 00:17:45.940 as a language there's still actually  
NOTE Confidence: 0.9103458175

00:17:45.940 --> 00:17:49.099 a lot of words that that are that come  
NOTE Confidence: 0.9103458175

00:17:49.099 --> 00:17:50.854 from indigenous languages like now  
NOTE Confidence: 0.9103458175

00:17:50.854 --> 00:17:53.360 what from Mexico that you know even

NOTE Confidence: 0.9103458175

00:17:53.433 --> 00:17:55.799 works like chocolate that now are even

NOTE Confidence: 0.9103458175

00:17:55.799 --> 00:17:58.679 part of like the English language right.

NOTE Confidence: 0.9103458175

00:17:58.680 --> 00:18:01.308 They're actually part of of Nawat

NOTE Confidence: 0.9103458175

00:18:01.308 --> 00:18:03.528 language 1st and that's what

NOTE Confidence: 0.9103458175

00:18:03.528 --> 00:18:06.216 influenced some of these words to to

NOTE Confidence: 0.9103458175

00:18:06.216 --> 00:18:09.069 come out so very similarly for for.

NOTE Confidence: 0.9103458175

00:18:09.070 --> 00:18:11.040 The the dead shows there,

NOTE Confidence: 0.9103458175

00:18:11.040 --> 00:18:13.456 there's there's a mix there a mix of

NOTE Confidence: 0.9103458175

00:18:13.456 --> 00:18:15.876 both the cultures and all the cultures

NOTE Confidence: 0.9103458175

00:18:15.876 --> 00:18:18.641 that are are coming to play even in

NOTE Confidence: 0.9103458175

00:18:18.641 --> 00:18:21.306 in Spain for example for a long time

NOTE Confidence: 0.9103458175

00:18:21.306 --> 00:18:23.400 in their history they the Muslim

NOTE Confidence: 0.9103458175

00:18:23.481 --> 00:18:26.246 culture was was more present in Spain.

NOTE Confidence: 0.9103458175

00:18:26.250 --> 00:18:28.441 And so even there's even some of

NOTE Confidence: 0.9103458175

00:18:28.441 --> 00:18:30.422 those elements some of that influence

NOTE Confidence: 0.9103458175

00:18:30.422 --> 00:18:32.372 coming in from from that culture  
NOTE Confidence: 0.9103458175

00:18:32.372 --> 00:18:34.662 and we want to be mindful of that  
NOTE Confidence: 0.9103458175

00:18:34.662 --> 00:18:36.551 when when we're speaking about this  
NOTE Confidence: 0.9103458175

00:18:36.551 --> 00:18:38.693 wisdom that has been passed down  
NOTE Confidence: 0.9103458175

00:18:38.693 --> 00:18:40.680 from generation to generation.  
NOTE Confidence: 0.9103458175

00:18:40.680 --> 00:18:42.484 Even in the Caribbean,  
NOTE Confidence: 0.9103458175

00:18:42.484 --> 00:18:44.131 for example, in Puerto Rico,  
NOTE Confidence: 0.9103458175

00:18:44.131 --> 00:18:46.140 there's some of the teachers that I've been,  
NOTE Confidence: 0.9103458175

00:18:46.140 --> 00:18:48.695 I've been kind of learning and immersing  
NOTE Confidence: 0.9103458175

00:18:48.695 --> 00:18:50.940 myself that have the African culture  
NOTE Confidence: 0.9103458175

00:18:50.940 --> 00:18:53.112 influencing some of of of them.  
NOTE Confidence: 0.9103458175

00:18:53.120 --> 00:18:54.476 And and it's important,  
NOTE Confidence: 0.9103458175

00:18:54.476 --> 00:18:56.510 it's really important to give credit  
NOTE Confidence: 0.9103458175

00:18:56.572 --> 00:18:58.546 to all the cultures and that we're  
NOTE Confidence: 0.9103458175

00:18:58.546 --> 00:19:00.743 not losing some of those cultures in  
NOTE Confidence: 0.9103458175

00:19:00.743 --> 00:19:03.327 the process of or in the process of



NOTE Confidence: 0.9103458175

00:19:03.327 --> 00:19:05.827 talking about what influences them and

NOTE Confidence: 0.9103458175

00:19:05.827 --> 00:19:08.570 or what knowledge we're we're sharing.

NOTE Confidence: 0.8340367425

00:19:12.760 --> 00:19:15.181 So for I think you know this is a

NOTE Confidence: 0.8340367425

00:19:15.181 --> 00:19:17.421 quote by by Gary Soto a Mexican

NOTE Confidence: 0.8340367425

00:19:17.421 --> 00:19:19.604 American poet and he speak he's

NOTE Confidence: 0.8340367425

00:19:19.604 --> 00:19:22.136 speaking to the Mexican proverb right.

NOTE Confidence: 0.8340367425

00:19:22.140 --> 00:19:25.290 But but I want to make the point that

NOTE Confidence: 0.8340367425

00:19:25.290 --> 00:19:27.816 this goes beyond the Mexican proverb

NOTE Confidence: 0.8340367425

00:19:27.816 --> 00:19:31.660 this I I feel like this is true for for

NOTE Confidence: 0.8340367425

00:19:31.660 --> 00:19:35.458 any Latino Tito and and it's I think it

NOTE Confidence: 0.8340367425

00:19:35.458 --> 00:19:39.380 really hides like some of the essence of of.

NOTE Confidence: 0.8340367425

00:19:39.380 --> 00:19:41.508 Features and and the way that we're using,

NOTE Confidence: 0.8340367425

00:19:41.510 --> 00:19:43.000 we're utilizing them as a

NOTE Confidence: 0.8340367425

00:19:43.000 --> 00:19:44.490 tool in our clinical setting.

NOTE Confidence: 0.8340367425

00:19:44.490 --> 00:19:48.002 So Gary Soto states the Mexican proverb is

NOTE Confidence: 0.8340367425

00:19:48.002 --> 00:19:51.449 the verbal property of the common people.

NOTE Confidence: 0.8340367425

00:19:51.450 --> 00:19:54.146 It may inform and advise or it may

NOTE Confidence: 0.8340367425

00:19:54.146 --> 00:19:56.708 offer an arguable point to life.

NOTE Confidence: 0.8340367425

00:19:56.710 --> 00:19:59.366 It is amusement and it is wisdom itself.

NOTE Confidence: 0.8340367425

00:19:59.370 --> 00:20:01.393 It is the soothing remedy of to

NOTE Confidence: 0.8340367425

00:20:01.393 --> 00:20:03.189 loss and the loss of hope.

NOTE Confidence: 0.8340367425

00:20:03.190 --> 00:20:04.910 It is the unwritten literature

NOTE Confidence: 0.8340367425

00:20:04.910 --> 00:20:06.630 and philosophy of the poor.

NOTE Confidence: 0.8340367425

00:20:06.630 --> 00:20:09.668 He goes silent to say Mexican proverbs.

NOTE Confidence: 0.8340367425

00:20:09.670 --> 00:20:11.575 Have been passed down from

NOTE Confidence: 0.8340367425

00:20:11.575 --> 00:20:12.718 generation to generation.

NOTE Confidence: 0.8340367425

00:20:12.720 --> 00:20:14.740 They are frequently regional

NOTE Confidence: 0.8340367425

00:20:14.740 --> 00:20:16.760 yet universal and appeal.

NOTE Confidence: 0.8340367425

00:20:16.760 --> 00:20:18.980 They reunite the listener with

NOTE Confidence: 0.8340367425

00:20:18.980 --> 00:20:20.756 his or her ancestors.

NOTE Confidence: 0.8340367425

00:20:20.760 --> 00:20:23.456 I want us to to really think about,

NOTE Confidence: 0.8340367425

00:20:23.460 --> 00:20:27.996 you know, for how long have humanity really,

NOTE Confidence: 0.8340367425

00:20:27.996 --> 00:20:30.636 but if we're more specific,

NOTE Confidence: 0.8340367425

00:20:30.640 --> 00:20:33.258 a lot of Latino countries and Latino

NOTE Confidence: 0.8340367425

00:20:33.258 --> 00:20:35.498 cultures not had access to mental

NOTE Confidence: 0.8340367425

00:20:35.498 --> 00:20:37.920 healthcare and even up to now in

NOTE Confidence: 0.8340367425

00:20:37.996 --> 00:20:40.258 so many places in Latin America.

NOTE Confidence: 0.8340367425

00:20:40.260 --> 00:20:42.850 They're still not access to

NOTE Confidence: 0.8340367425

00:20:42.850 --> 00:20:43.886 mental healthcare,

NOTE Confidence: 0.8340367425

00:20:43.890 --> 00:20:46.594 but are we going to maybe assume that

NOTE Confidence: 0.8340367425

00:20:46.594 --> 00:20:49.714 there was no tools to utilize it in in

NOTE Confidence: 0.8340367425

00:20:49.714 --> 00:20:52.029 responding to some of this distress?

NOTE Confidence: 0.8340367425

00:20:52.030 --> 00:20:52.882 Of course not.

NOTE Confidence: 0.8340367425

00:20:52.882 --> 00:20:54.586 There were there were tools that

NOTE Confidence: 0.8340367425

00:20:54.586 --> 00:20:56.201 were being used throughout the

NOTE Confidence: 0.8340367425

00:20:56.201 --> 00:20:58.103 history and this is where we're,

NOTE Confidence: 0.8340367425

00:20:58.110 --> 00:21:00.546 we're kind of pulling from now.

NOTE Confidence: 0.8340367425

00:21:00.550 --> 00:21:03.088 We're pulling from the tools that

NOTE Confidence: 0.8340367425

00:21:03.088 --> 00:21:05.531 have been historically used and and

NOTE Confidence: 0.8340367425

00:21:05.531 --> 00:21:07.911 in a way that really highlight that

NOTE Confidence: 0.8340367425

00:21:07.911 --> 00:21:10.540 multi generational form of resiliency.

NOTE Confidence: 0.8340367425

00:21:10.540 --> 00:21:12.898 That that we see of a lot of this

NOTE Confidence: 0.8340367425

00:21:12.898 --> 00:21:14.573 cultures that have experienced so

NOTE Confidence: 0.8340367425

00:21:14.573 --> 00:21:17.016 much distress due to their to the

NOTE Confidence: 0.8340367425

00:21:17.016 --> 00:21:19.152 history that is there and histories

NOTE Confidence: 0.8340367425

00:21:19.152 --> 00:21:21.536 of oppression and and in so many

NOTE Confidence: 0.8340367425

00:21:21.536 --> 00:21:23.181 ways histories that that that

NOTE Confidence: 0.8340367425

00:21:23.181 --> 00:21:25.260 have that caused so much harm.

NOTE Confidence: 0.8340367425

00:21:25.260 --> 00:21:27.792 But that yet there's tools and

NOTE Confidence: 0.8340367425

00:21:27.792 --> 00:21:30.511 wisdom that has been passed down

NOTE Confidence: 0.8340367425

00:21:30.511 --> 00:21:33.343 from one generation to another to

NOTE Confidence: 0.8340367425

00:21:33.343 --> 00:21:35.985 ensure that you know there is there

NOTE Confidence: 0.8340367425

00:21:35.985 --> 00:21:38.386 is a push to to that our people

NOTE Confidence: 0.8340367425

00:21:38.386 --> 00:21:40.220 will go on in some way right.

NOTE Confidence: 0.8340367425

00:21:40.220 --> 00:21:43.334 And so even when we I always tie it

NOTE Confidence: 0.8340367425

00:21:43.334 --> 00:21:45.927 into to our evidence based practices

NOTE Confidence: 0.8340367425

00:21:45.927 --> 00:21:49.772 right and a lot of the times maybe we

NOTE Confidence: 0.8340367425

00:21:49.772 --> 00:21:53.096 we view things such as like for example

NOTE Confidence: 0.8340367425

00:21:53.096 --> 00:21:55.436 in CBT there's there's reframing.

NOTE Confidence: 0.8340367425

00:21:55.440 --> 00:21:58.350 That maybe we pull as a tool to use right.

NOTE Confidence: 0.8340367425

00:21:58.350 --> 00:22:01.070 But if we look at some of this

NOTE Confidence: 0.8340367425

00:22:01.070 --> 00:22:03.404 dtos it's in our history Latino

NOTE Confidence: 0.8340367425

00:22:03.404 --> 00:22:05.274 culture has been using reframing

NOTE Confidence: 0.8340367425

00:22:05.274 --> 00:22:07.230 it for hundreds of years.

NOTE Confidence: 0.8340367425

00:22:07.230 --> 00:22:09.510 If simply we just use we look at

NOTE Confidence: 0.8340367425

00:22:09.510 --> 00:22:11.968 this one tool and they chose right.

NOTE Confidence: 0.8340367425

00:22:11.970 --> 00:22:13.515 We've been using reframing for

NOTE Confidence: 0.8340367425

00:22:13.515 --> 00:22:15.810 so long yes maybe in in evidence

NOTE Confidence: 0.8340367425

00:22:15.810 --> 00:22:17.510 based practice we've labeled it

NOTE Confidence: 0.8340367425

00:22:17.510 --> 00:22:19.466 and and kind of researched it

NOTE Confidence: 0.8340367425

00:22:19.466 --> 00:22:21.503 in a different way but but it's

NOTE Confidence: 0.914391229333333

00:22:21.510 --> 00:22:23.470 the same tool that people have been

NOTE Confidence: 0.914391229333333

00:22:23.470 --> 00:22:25.688 using in some ways in in those local.

NOTE Confidence: 0.914391229333333

00:22:25.690 --> 00:22:27.690 Cultures and this is not only true to

NOTE Confidence: 0.914391229333333

00:22:27.690 --> 00:22:30.045 to the Latino cultures, it's true for

NOTE Confidence: 0.914391229333333

00:22:30.045 --> 00:22:31.815 for many cultures around the world.

NOTE Confidence: 0.804561005555556

00:22:33.970 --> 00:22:36.130 Yeah. So when I was speaking

NOTE Confidence: 0.804561005555556

00:22:36.130 --> 00:22:37.512 with Hector about EVP's,

NOTE Confidence: 0.804561005555556

00:22:37.512 --> 00:22:39.928 I was also reflecting a little bit on

NOTE Confidence: 0.804561005555556

00:22:39.928 --> 00:22:42.634 my experience utilizing EVP's with my

NOTE Confidence: 0.804561005555556

00:22:42.634 --> 00:22:45.070 Latino families and and thinking of some

NOTE Confidence: 0.804561005555556

00:22:45.141 --> 00:22:47.529 of the challenges that presents with.

NOTE Confidence: 0.804561005555556

00:22:47.530 --> 00:22:48.295 With implementing it.

NOTE Confidence: 0.804561005555556  
00:22:48.295 --> 00:22:50.470 So one of the things that I think  
NOTE Confidence: 0.804561005555556  
00:22:50.470 --> 00:22:52.160 is really important to understand  
NOTE Confidence: 0.804561005555556  
00:22:52.160 --> 00:22:53.930 is how impactful language can be.  
NOTE Confidence: 0.804561005555556  
00:22:53.930 --> 00:22:56.135 And while our EVP's that come with  
NOTE Confidence: 0.804561005555556  
00:22:56.135 --> 00:22:57.568 different measures and questionnaires  
NOTE Confidence: 0.804561005555556  
00:22:57.568 --> 00:23:00.130 are translated in the Spanish language,  
NOTE Confidence: 0.804561005555556  
00:23:00.130 --> 00:23:01.576 it's important to note that Spanish  
NOTE Confidence: 0.804561005555556  
00:23:01.576 --> 00:23:03.550 has a lot of different dialects.  
NOTE Confidence: 0.804561005555556  
00:23:03.550 --> 00:23:05.146 So something that might mean one  
NOTE Confidence: 0.804561005555556  
00:23:05.146 --> 00:23:07.509 thing for me and a set of certain way  
NOTE Confidence: 0.804561005555556  
00:23:07.509 --> 00:23:09.510 in Colombia might be said or like  
NOTE Confidence: 0.804561005555556  
00:23:09.510 --> 00:23:11.245 understood a completely different way  
NOTE Confidence: 0.804561005555556  
00:23:11.245 --> 00:23:13.394 for somebody who's from Peru or Mexico.  
NOTE Confidence: 0.804561005555556  
00:23:13.394 --> 00:23:15.552 So while we have all of these  
NOTE Confidence: 0.804561005555556  
00:23:15.552 --> 00:23:16.869 translated in Spanish,  
NOTE Confidence: 0.804561005555556

00:23:16.870 --> 00:23:18.640 it's just important to understand that.  
NOTE Confidence: 0.804561005555556

00:23:18.640 --> 00:23:19.286 As clinicians,  
NOTE Confidence: 0.804561005555556

00:23:19.286 --> 00:23:21.547 we do sometimes have to think of  
NOTE Confidence: 0.804561005555556

00:23:21.547 --> 00:23:23.598 creative ways to actually make it  
NOTE Confidence: 0.804561005555556

00:23:23.598 --> 00:23:25.850 understood in the family specific language.  
NOTE Confidence: 0.804561005555556

00:23:25.850 --> 00:23:28.100 Another kind of reflection I  
NOTE Confidence: 0.804561005555556

00:23:28.100 --> 00:23:30.903 had in in implementing Evps with  
NOTE Confidence: 0.804561005555556

00:23:30.903 --> 00:23:32.767 Latino families is that.  
NOTE Confidence: 0.804561005555556

00:23:32.770 --> 00:23:34.485 Some of the EVPS we utilized have  
NOTE Confidence: 0.804561005555556

00:23:34.485 --> 00:23:36.599 a certain time frame that we are to  
NOTE Confidence: 0.804561005555556

00:23:36.599 --> 00:23:38.248 complete treatment in and while there  
NOTE Confidence: 0.804561005555556

00:23:38.248 --> 00:23:39.838 is some flexibility in that time  
NOTE Confidence: 0.804561005555556

00:23:39.838 --> 00:23:41.768 frame and the amount of sessions we  
NOTE Confidence: 0.804561005555556

00:23:41.768 --> 00:23:44.389 are we are to do with our families.  
NOTE Confidence: 0.804561005555556

00:23:44.390 --> 00:23:46.502 I have found that working with  
NOTE Confidence: 0.804561005555556

00:23:46.502 --> 00:23:48.588 Latino families it takes a little



NOTE Confidence: 0.804561005555556  
00:23:48.588 --> 00:23:50.737 bit longer to build rapport and this  
NOTE Confidence: 0.804561005555556  
00:23:50.737 --> 00:23:53.350 is due to there is a clear mental  
NOTE Confidence: 0.804561005555556  
00:23:53.350 --> 00:23:55.076 health stigma among the Latino  
NOTE Confidence: 0.804561005555556  
00:23:55.076 --> 00:23:56.608 community first and foremost.  
NOTE Confidence: 0.804561005555556  
00:23:56.610 --> 00:23:57.130 And secondly,  
NOTE Confidence: 0.804561005555556  
00:23:57.130 --> 00:23:58.950 going back to the points we were  
NOTE Confidence: 0.804561005555556  
00:23:58.950 --> 00:24:00.348 talking about early earlier where  
NOTE Confidence: 0.804561005555556  
00:24:00.348 --> 00:24:01.968 it is difficult for our family  
NOTE Confidence: 0.804561005555556  
00:24:02.022 --> 00:24:03.227 to build trust when they.  
NOTE Confidence: 0.804561005555556  
00:24:03.230 --> 00:24:05.714 Have those innate fears that they  
NOTE Confidence: 0.804561005555556  
00:24:05.714 --> 00:24:08.059 come into our office with so.  
NOTE Confidence: 0.804561005555556  
00:24:08.060 --> 00:24:10.370 Having a family come in and attempting  
NOTE Confidence: 0.804561005555556  
00:24:10.370 --> 00:24:12.342 to kind of collect information  
NOTE Confidence: 0.804561005555556  
00:24:12.342 --> 00:24:14.607 and do these measures when?  
NOTE Confidence: 0.804561005555556  
00:24:14.610 --> 00:24:16.422 Really building trust should be first  
NOTE Confidence: 0.804561005555556

00:24:16.422 --> 00:24:18.130 and foremost with these families,  
NOTE Confidence: 0.804561005555556

00:24:18.130 --> 00:24:20.130 at least in in the in my experience  
NOTE Confidence: 0.804561005555556

00:24:20.130 --> 00:24:20.630 with them.  
NOTE Confidence: 0.804561005555556

00:24:20.630 --> 00:24:21.444 And lastly,  
NOTE Confidence: 0.804561005555556

00:24:21.444 --> 00:24:23.479 an example of how impactful  
NOTE Confidence: 0.804561005555556

00:24:23.479 --> 00:24:25.979 language really can be when we  
NOTE Confidence: 0.804561005555556

00:24:25.979 --> 00:24:27.185 use these interventions.  
NOTE Confidence: 0.804561005555556

00:24:27.190 --> 00:24:29.315 So there's an intervention in  
NOTE Confidence: 0.804561005555556

00:24:29.315 --> 00:24:31.886 one of the EVP's we commonly use  
NOTE Confidence: 0.804561005555556

00:24:31.886 --> 00:24:33.506 and it's called blue thoughts.  
NOTE Confidence: 0.804561005555556

00:24:33.510 --> 00:24:35.840 So if I say to you all I'm feeling blue  
NOTE Confidence: 0.804561005555556

00:24:35.900 --> 00:24:38.105 or if I ask you are you feeling blue,  
NOTE Confidence: 0.804561005555556

00:24:38.110 --> 00:24:39.580 you understand exactly what I mean.  
NOTE Confidence: 0.804561005555556

00:24:39.580 --> 00:24:41.043 It means are you feeling sad or  
NOTE Confidence: 0.804561005555556

00:24:41.043 --> 00:24:42.688 you have do you have a low mood,  
NOTE Confidence: 0.804561005555556

00:24:42.690 --> 00:24:44.640 however, in Latino culture feeling.

NOTE Confidence: 0.804561005555556  
00:24:44.640 --> 00:24:45.940 To it's not a concept.  
NOTE Confidence: 0.804561005555556  
00:24:45.940 --> 00:24:47.236 So if I were to ask that to one  
NOTE Confidence: 0.804561005555556  
00:24:47.236 --> 00:24:48.238 of my Latino families,  
NOTE Confidence: 0.804561005555556  
00:24:48.240 --> 00:24:50.529 they would not understand what I'm asking.  
NOTE Confidence: 0.804561005555556  
00:24:50.530 --> 00:24:53.833 So trying to figure out a nice way to.  
NOTE Confidence: 0.804561005555556  
00:24:53.840 --> 00:24:55.164 Almost improved the language  
NOTE Confidence: 0.804561005555556  
00:24:55.164 --> 00:24:56.819 that we're we're putting these  
NOTE Confidence: 0.804561005555556  
00:24:56.819 --> 00:24:58.378 interventions in so that it really  
NOTE Confidence: 0.804561005555556  
00:24:58.378 --> 00:24:59.322 resonates with our family.  
NOTE Confidence: 0.910289811428571  
00:25:02.940 --> 00:25:06.420 So originally we were going to ask for  
NOTE Confidence: 0.910289811428571  
00:25:06.420 --> 00:25:09.796 maybe some volunteers in this slide and  
NOTE Confidence: 0.910289811428571  
00:25:09.796 --> 00:25:12.280 we we really wanted to to get people to  
NOTE Confidence: 0.910289811428571  
00:25:12.349 --> 00:25:14.545 feel maybe a little bit uncomfortable  
NOTE Confidence: 0.910289811428571  
00:25:14.545 --> 00:25:17.299 taking leaps out of their comfort zone.  
NOTE Confidence: 0.910289811428571  
00:25:17.300 --> 00:25:19.844 But we opted to you know maybe keep  
NOTE Confidence: 0.910289811428571

00:25:19.844 --> 00:25:22.068 the anxiety down and everyone and and  
NOTE Confidence: 0.910289811428571

00:25:22.068 --> 00:25:24.540 we opted to to read it ourselves.  
NOTE Confidence: 0.910289811428571

00:25:24.540 --> 00:25:26.836 But I do want to pause this though.  
NOTE Confidence: 0.910289811428571

00:25:26.840 --> 00:25:29.270 I want to pause this to reflect on on  
NOTE Confidence: 0.910289811428571

00:25:29.270 --> 00:25:31.854 this right and what I'm speaking to and.  
NOTE Confidence: 0.910289811428571

00:25:31.860 --> 00:25:35.208 And what it means to to really use a  
NOTE Confidence: 0.910289811428571

00:25:35.208 --> 00:25:38.386 language that is not your native language,  
NOTE Confidence: 0.910289811428571

00:25:38.390 --> 00:25:41.344 it's so the vulnerability that it takes,  
NOTE Confidence: 0.910289811428571

00:25:41.350 --> 00:25:43.138 right? The vulnerability that it takes  
NOTE Confidence: 0.910289811428571

00:25:43.138 --> 00:25:45.426 even for some of our families that we  
NOTE Confidence: 0.910289811428571

00:25:45.426 --> 00:25:47.530 work with that may have the language,  
NOTE Confidence: 0.910289811428571

00:25:47.530 --> 00:25:50.062 they may have learned English as  
NOTE Confidence: 0.910289811428571

00:25:50.062 --> 00:25:51.328 a second language,  
NOTE Confidence: 0.910289811428571

00:25:51.330 --> 00:25:53.913 but that might have not have the  
NOTE Confidence: 0.910289811428571

00:25:53.913 --> 00:25:55.849 all the pronunciation down right.  
NOTE Confidence: 0.910289811428571

00:25:55.850 --> 00:25:58.552 And that they still feel in some

NOTE Confidence: 0.910289811428571  
00:25:58.552 --> 00:26:00.887 ways vulnerable to to maybe speak  
NOTE Confidence: 0.910289811428571  
00:26:00.887 --> 00:26:02.355 in front of others.  
NOTE Confidence: 0.910289811428571  
00:26:02.360 --> 00:26:04.416 But it you know they still do it  
NOTE Confidence: 0.910289811428571  
00:26:04.416 --> 00:26:06.654 and they model it in some ways  
NOTE Confidence: 0.910289811428571  
00:26:06.654 --> 00:26:08.314 they model vulnerability for us  
NOTE Confidence: 0.910289811428571  
00:26:08.381 --> 00:26:10.196 and maybe we're missing that.  
NOTE Confidence: 0.910289811428571  
00:26:10.200 --> 00:26:12.237 We're missing that in some of our  
NOTE Confidence: 0.910289811428571  
00:26:12.237 --> 00:26:14.680 work with with Latino families or or  
NOTE Confidence: 0.910289811428571  
00:26:14.680 --> 00:26:16.560 families that speak other languages  
NOTE Confidence: 0.910289811428571  
00:26:16.560 --> 00:26:18.518 that are are speaking English.  
NOTE Confidence: 0.910289811428571  
00:26:18.520 --> 00:26:20.186 It just so that they can they  
NOTE Confidence: 0.910289811428571  
00:26:20.186 --> 00:26:21.100 can communicate with us.  
NOTE Confidence: 0.910289811428571  
00:26:21.100 --> 00:26:23.914 So we want to be very very  
NOTE Confidence: 0.910289811428571  
00:26:23.914 --> 00:26:25.120 mindful about that.  
NOTE Confidence: 0.910289811428571  
00:26:25.120 --> 00:26:27.076 I feel like tying it back  
NOTE Confidence: 0.910289811428571

00:26:27.076 --> 00:26:28.380 to to migratory grief.  
NOTE Confidence: 0.910289811428571

00:26:28.380 --> 00:26:30.956 This is one of those huge losses  
NOTE Confidence: 0.910289811428571

00:26:30.956 --> 00:26:32.550 that are experienced where.  
NOTE Confidence: 0.910289811428571

00:26:32.550 --> 00:26:34.986 We almost lose our voice from  
NOTE Confidence: 0.910289811428571

00:26:34.986 --> 00:26:37.469 going from one country to another  
NOTE Confidence: 0.910289811428571

00:26:37.470 --> 00:26:39.545 where you know in one country  
NOTE Confidence: 0.910289811428571

00:26:39.545 --> 00:26:41.754 and you feel like you can freely  
NOTE Confidence: 0.910289811428571

00:26:41.754 --> 00:26:43.926 communicate and and talk to anyone.  
NOTE Confidence: 0.910289811428571

00:26:43.930 --> 00:26:46.380 Then you get to another country where  
NOTE Confidence: 0.910289811428571

00:26:46.380 --> 00:26:48.794 that's not maybe the the language that  
NOTE Confidence: 0.910289811428571

00:26:48.794 --> 00:26:51.183 is used at most commonly and sometimes  
NOTE Confidence: 0.910289811428571

00:26:51.183 --> 00:26:53.815 even like going to a restaurant becomes  
NOTE Confidence: 0.910289811428571

00:26:53.815 --> 00:26:56.362 this big vulnerability task and and  
NOTE Confidence: 0.910289811428571

00:26:56.362 --> 00:26:59.050 pushing yourself to to be vulnerable.  
NOTE Confidence: 0.910289811428571

00:26:59.050 --> 00:27:00.982 So we want to be mindful of  
NOTE Confidence: 0.910289811428571

00:27:00.982 --> 00:27:02.760 those losses the vulnerability.

NOTE Confidence: 0.910289811428571  
00:27:02.760 --> 00:27:04.650 That is that is displayed in  
NOTE Confidence: 0.910289811428571  
00:27:04.650 --> 00:27:07.010 in some of our work together.  
NOTE Confidence: 0.910289811428571  
00:27:07.010 --> 00:27:08.682 But now we can finally get to to  
NOTE Confidence: 0.910289811428571  
00:27:08.682 --> 00:27:10.120 what we've been speaking about,  
NOTE Confidence: 0.910289811428571  
00:27:10.120 --> 00:27:10.377 right.  
NOTE Confidence: 0.910289811428571  
00:27:10.377 --> 00:27:11.662 We've been speaking about teachers  
NOTE Confidence: 0.910289811428571  
00:27:11.662 --> 00:27:13.727 and probably a lot of people in this room.  
NOTE Confidence: 0.910289811428571  
00:27:13.730 --> 00:27:16.243 We're not really sure what what we're  
NOTE Confidence: 0.910289811428571  
00:27:16.243 --> 00:27:18.832 talking about when we're talking about the.  
NOTE Confidence: 0.910289811428571  
00:27:18.832 --> 00:27:21.450 So these are some examples of them.  
NOTE Confidence: 0.910289811428571  
00:27:21.450 --> 00:27:23.817 I'm going to be kind of sharing a little  
NOTE Confidence: 0.910289811428571  
00:27:23.817 --> 00:27:26.046 bit of my own clinical experience with  
NOTE Confidence: 0.910289811428571  
00:27:26.046 --> 00:27:28.292 with some of these features and the  
NOTE Confidence: 0.910289811428571  
00:27:28.292 --> 00:27:30.812 way that I that I've utilized them to  
NOTE Confidence: 0.910289811428571  
00:27:30.812 --> 00:27:34.250 to best fit my my work with my families.  
NOTE Confidence: 0.910289811428571

00:27:34.250 --> 00:27:37.421 So the first one is a very  
NOTE Confidence: 0.910289811428571

00:27:37.421 --> 00:27:39.590 common detail that almost,  
NOTE Confidence: 0.910289811428571

00:27:39.590 --> 00:27:39.946 well,  
NOTE Confidence: 0.910289811428571

00:27:39.946 --> 00:27:41.726 every Latino family that I've  
NOTE Confidence: 0.910289811428571

00:27:41.726 --> 00:27:44.429 talked to has the knowledge of this.  
NOTE Confidence: 0.910289811428571

00:27:44.430 --> 00:27:45.322 The show.  
NOTE Confidence: 0.910289811428571

00:27:45.322 --> 00:27:47.552 It's very commonly used throughout  
NOTE Confidence: 0.910289811428571

00:27:47.552 --> 00:27:49.540 Latin America and it's it.  
NOTE Confidence: 0.910289811428571

00:27:49.540 --> 00:27:52.420 Don't each minus a unique world.  
NOTE Confidence: 0.910289811428571

00:27:52.420 --> 00:27:56.524 So the way that I often use this  
NOTE Confidence: 0.910289811428571

00:27:56.524 --> 00:27:58.396 detail this echo actually I've  
NOTE Confidence: 0.910289811428571

00:27:58.396 --> 00:28:00.430 used it in very different ways  
NOTE Confidence: 0.856487861333333

00:28:00.495 --> 00:28:02.903 but one of the ways that I've most  
NOTE Confidence: 0.856487861333333

00:28:02.903 --> 00:28:05.529 commonly used it is in my trauma work  
NOTE Confidence: 0.856487861333333

00:28:05.529 --> 00:28:07.450 with families that sometimes come in  
NOTE Confidence: 0.856487861333333

00:28:07.450 --> 00:28:09.890 with like A at least two children that



NOTE Confidence: 0.856487861333333

00:28:09.959 --> 00:28:12.479 I'm going to be you know working with.

NOTE Confidence: 0.856487861333333

00:28:12.480 --> 00:28:14.980 And sometimes families or parents

NOTE Confidence: 0.856487861333333

00:28:14.980 --> 00:28:17.480 will make comments like well

NOTE Confidence: 0.856487861333333

00:28:17.562 --> 00:28:19.740 you know this one of their.

NOTE Confidence: 0.856487861333333

00:28:19.740 --> 00:28:20.820 Kids, it's improving.

NOTE Confidence: 0.856487861333333

00:28:20.820 --> 00:28:23.737 Maybe the trauma symptoms are going down a

NOTE Confidence: 0.856487861333333

00:28:23.737 --> 00:28:26.054 little bit faster or the trauma symptoms

NOTE Confidence: 0.856487861333333

00:28:26.054 --> 00:28:28.070 were different and they're like, well,

NOTE Confidence: 0.856487861333333

00:28:28.070 --> 00:28:30.623 we feel like this kids doing OK now,

NOTE Confidence: 0.856487861333333

00:28:30.623 --> 00:28:32.540 but this other kids, well,

NOTE Confidence: 0.856487861333333

00:28:32.540 --> 00:28:33.572 no, let's touch on the games.

NOTE Confidence: 0.856487861333333

00:28:33.572 --> 00:28:36.004 He's not putting effort into it, right and.

NOTE Confidence: 0.856487861333333

00:28:36.004 --> 00:28:38.153 And so we we get the parents

NOTE Confidence: 0.856487861333333

00:28:38.153 --> 00:28:40.416 get caught up in like well they

NOTE Confidence: 0.856487861333333

00:28:40.416 --> 00:28:42.529 were both in the same thing.

NOTE Confidence: 0.856487861333333

00:28:42.530 --> 00:28:45.708 Why are they their reactions so differently.

NOTE Confidence: 0.856487861333333

00:28:45.710 --> 00:28:47.492 And so I kind of just you know lay

NOTE Confidence: 0.856487861333333

00:28:47.492 --> 00:28:49.599 it out to the families out I I bring

NOTE Confidence: 0.856487861333333

00:28:49.599 --> 00:28:51.578 this each or not in a way that I'm

NOTE Confidence: 0.856487861333333

00:28:51.578 --> 00:28:53.854 going to teach you but in a way like

NOTE Confidence: 0.856487861333333

00:28:53.854 --> 00:28:55.646 well have you heard this djoki like

NOTE Confidence: 0.856487861333333

00:28:55.646 --> 00:28:57.790 this on Mundo and I have them kind

NOTE Confidence: 0.856487861333333

00:28:57.849 --> 00:28:59.801 of talk to me about what it means

NOTE Confidence: 0.856487861333333

00:28:59.801 --> 00:29:01.422 to them and their culture because

NOTE Confidence: 0.856487861333333

00:29:01.422 --> 00:29:04.002 I I may have a view of of what the

NOTE Confidence: 0.856487861333333

00:29:04.002 --> 00:29:05.767 teacher means but I want to learn

NOTE Confidence: 0.856487861333333

00:29:05.767 --> 00:29:07.954 how they view it a lot of the times.

NOTE Confidence: 0.856487861333333

00:29:07.960 --> 00:29:11.474 My experience like they tie it into

NOTE Confidence: 0.856487861333333

00:29:11.474 --> 00:29:14.010 the same individualized experiences

NOTE Confidence: 0.856487861333333

00:29:14.010 --> 00:29:16.098 and so then I'm able to kind of pull

NOTE Confidence: 0.856487861333333

00:29:16.098 --> 00:29:18.282 it back to some of the psychoeducation

NOTE Confidence: 0.856487861333333

00:29:18.282 --> 00:29:20.549 that we know from trauma that you

NOTE Confidence: 0.856487861333333

00:29:20.549 --> 00:29:21.805 know people can have.

NOTE Confidence: 0.856487861333333

00:29:21.810 --> 00:29:23.728 While it might be the same event,

NOTE Confidence: 0.856487861333333

00:29:23.730 --> 00:29:26.478 they may have very different reactions.

NOTE Confidence: 0.856487861333333

00:29:26.480 --> 00:29:29.384 Some of them may go on to have

NOTE Confidence: 0.856487861333333

00:29:29.384 --> 00:29:32.275 longer term trauma symptoms and and

NOTE Confidence: 0.856487861333333

00:29:32.275 --> 00:29:35.389 others you know and maybe experience

NOTE Confidence: 0.856487861333333

00:29:35.475 --> 00:29:38.067 it in a way that it wasn't as.

NOTE Confidence: 0.856487861333333

00:29:38.070 --> 00:29:38.338 Uh,

NOTE Confidence: 0.856487861333333

00:29:38.338 --> 00:29:40.214 they're able to kind of heal and

NOTE Confidence: 0.856487861333333

00:29:40.214 --> 00:29:42.268 cope with it in a in a quicker way.

NOTE Confidence: 0.856487861333333

00:29:42.270 --> 00:29:43.770 Or they're just their reactions,

NOTE Confidence: 0.856487861333333

00:29:43.770 --> 00:29:45.390 their trauma symptoms were different,

NOTE Confidence: 0.856487861333333

00:29:45.390 --> 00:29:47.360 really speaking to this individualized

NOTE Confidence: 0.856487861333333

00:29:47.360 --> 00:29:49.690 experience of trauma in some ways.

NOTE Confidence: 0.856487861333333

00:29:49.690 --> 00:29:50.545 So, you know,  
NOTE Confidence: 0.856487861333333  
00:29:50.545 --> 00:29:53.040 I think this is one way in which,  
NOTE Confidence: 0.856487861333333  
00:29:53.040 --> 00:29:53.646 you know,  
NOTE Confidence: 0.856487861333333  
00:29:53.646 --> 00:29:55.464 it's not just me bringing in  
NOTE Confidence: 0.856487861333333  
00:29:55.464 --> 00:29:56.612 this psychoeducation from trauma  
NOTE Confidence: 0.856487861333333  
00:29:56.612 --> 00:29:58.327 and kind of putting it on them.  
NOTE Confidence: 0.856487861333333  
00:29:58.330 --> 00:30:00.120 It's really pulling from their  
NOTE Confidence: 0.856487861333333  
00:30:00.120 --> 00:30:02.380 own culture to inform the work  
NOTE Confidence: 0.856487861333333  
00:30:02.380 --> 00:30:03.968 that we're doing together.  
NOTE Confidence: 0.856487861333333  
00:30:03.970 --> 00:30:06.215 And another teacher that I  
NOTE Confidence: 0.856487861333333  
00:30:06.215 --> 00:30:08.460 commonly use is a massive.  
NOTE Confidence: 0.856487861333333  
00:30:08.460 --> 00:30:11.196 Also you have the Angel yoso Ascena Mayo FL,  
NOTE Confidence: 0.856487861333333  
00:30:11.200 --> 00:30:13.410 Hermoso March winds and April  
NOTE Confidence: 0.856487861333333  
00:30:13.410 --> 00:30:14.736 showers bring mayflowers.  
NOTE Confidence: 0.856487861333333  
00:30:14.740 --> 00:30:16.900 I know in English they actually  
NOTE Confidence: 0.856487861333333  
00:30:16.900 --> 00:30:19.778 use this this one a lot and it's

NOTE Confidence: 0.856487861333333

00:30:19.778 --> 00:30:21.138 usually the last part,

NOTE Confidence: 0.856487861333333

00:30:21.140 --> 00:30:23.876 but I really use this one for even

NOTE Confidence: 0.856487861333333

00:30:23.876 --> 00:30:26.687 like for feelings and the importance

NOTE Confidence: 0.856487861333333

00:30:26.687 --> 00:30:29.237 of feeling those feelings that

NOTE Confidence: 0.856487861333333

00:30:29.237 --> 00:30:31.817 maybe don't feel so good right.

NOTE Confidence: 0.856487861333333

00:30:31.820 --> 00:30:33.804 In some sense we just want to get

NOTE Confidence: 0.856487861333333

00:30:33.804 --> 00:30:36.026 to to those nice feelings that that

NOTE Confidence: 0.856487861333333

00:30:36.026 --> 00:30:38.579 maybe feel like we can process them.

NOTE Confidence: 0.856487861333333

00:30:38.580 --> 00:30:42.040 A little bit of a nicer way or or that.

NOTE Confidence: 0.856487861333333

00:30:42.040 --> 00:30:44.050 But I I kind of pull it back to the

NOTE Confidence: 0.856487861333333

00:30:44.114 --> 00:30:46.046 importance of of kind of staying

NOTE Confidence: 0.856487861333333

00:30:46.046 --> 00:30:47.334 with those feelings and

NOTE Confidence: 0.840528753478261

00:30:47.398 --> 00:30:48.550 feelings of sadness.

NOTE Confidence: 0.840528753478261

00:30:48.550 --> 00:30:50.920 Feelings of anger irritability anything

NOTE Confidence: 0.840528753478261

00:30:50.920 --> 00:30:54.157 that comes up not wanting to to just

NOTE Confidence: 0.840528753478261

00:30:54.157 --> 00:30:56.729 go to the next one to the one that  
NOTE Confidence: 0.840528753478261

00:30:56.729 --> 00:30:59.353 feels good and and this one even for  
NOTE Confidence: 0.840528753478261

00:30:59.360 --> 00:31:02.820 for any of you that work with maybe  
NOTE Confidence: 0.840528753478261

00:31:02.820 --> 00:31:05.120 circle security or attachment based  
NOTE Confidence: 0.840528753478261

00:31:05.120 --> 00:31:07.818 that being with the feeling right.  
NOTE Confidence: 0.840528753478261

00:31:07.820 --> 00:31:08.711 I think it.  
NOTE Confidence: 0.840528753478261

00:31:08.711 --> 00:31:10.790 This is a feature that kind of  
NOTE Confidence: 0.840528753478261

00:31:10.866 --> 00:31:12.986 captures that being with each  
NOTE Confidence: 0.840528753478261

00:31:12.986 --> 00:31:15.540 feeling even when doing parent work.  
NOTE Confidence: 0.840528753478261

00:31:15.540 --> 00:31:17.542 And so I think that this one's  
NOTE Confidence: 0.840528753478261

00:31:17.542 --> 00:31:20.048 very nice to to really talk about  
NOTE Confidence: 0.840528753478261

00:31:20.048 --> 00:31:22.013 feelings and and that's like  
NOTE Confidence: 0.840528753478261

00:31:22.013 --> 00:31:23.879 education surrounding feelings.  
NOTE Confidence: 0.840528753478261

00:31:23.880 --> 00:31:26.078 And then this one last one that  
NOTE Confidence: 0.840528753478261

00:31:26.078 --> 00:31:28.497 I'm going to be speaking to which  
NOTE Confidence: 0.840528753478261

00:31:28.497 --> 00:31:30.887 this one always cracks me up and

NOTE Confidence: 0.840528753478261

00:31:30.887 --> 00:31:32.896 and I actually had like a whole

NOTE Confidence: 0.840528753478261

00:31:32.896 --> 00:31:34.754 session one time just just solely

NOTE Confidence: 0.840528753478261

00:31:34.754 --> 00:31:36.956 on this feature which is can I

NOTE Confidence: 0.840528753478261

00:31:36.956 --> 00:31:38.786 don't Plato it's at Gritton polo.

NOTE Confidence: 0.840528753478261

00:31:38.790 --> 00:31:40.170 But they don't know vodka.

NOTE Confidence: 0.840528753478261

00:31:40.170 --> 00:31:43.050 To win a dispute is to gain a chicken,

NOTE Confidence: 0.840528753478261

00:31:43.050 --> 00:31:45.435 but to lose a cow and lose a cow.

NOTE Confidence: 0.840528753478261

00:31:45.440 --> 00:31:48.149 And this one I really use it in my

NOTE Confidence: 0.840528753478261

00:31:48.149 --> 00:31:50.771 family work and I I really like

NOTE Confidence: 0.840528753478261

00:31:50.771 --> 00:31:53.196 incorporating in my family work because

NOTE Confidence: 0.840528753478261

00:31:53.196 --> 00:31:56.164 often and not with every Latino family,

NOTE Confidence: 0.840528753478261

00:31:56.170 --> 00:31:58.600 but sometimes the theme of respect

NOTE Confidence: 0.840528753478261

00:31:58.600 --> 00:32:01.655 is is very prevalent in some of the

NOTE Confidence: 0.840528753478261

00:32:01.655 --> 00:32:03.689 families that that I work with.

NOTE Confidence: 0.840528753478261

00:32:03.690 --> 00:32:07.128 And we get caught up on the disputes part,

NOTE Confidence: 0.840528753478261

00:32:07.130 --> 00:32:09.186 the little arguments that the parent is like,  
NOTE Confidence: 0.840528753478261

00:32:09.190 --> 00:32:09.710 whoa,  
NOTE Confidence: 0.840528753478261

00:32:09.710 --> 00:32:12.830 the the child should just respect  
NOTE Confidence: 0.840528753478261

00:32:12.830 --> 00:32:15.106 and they should, you know,  
NOTE Confidence: 0.840528753478261

00:32:15.106 --> 00:32:17.254 that respect kind of turns into  
NOTE Confidence: 0.840528753478261

00:32:17.254 --> 00:32:19.155 I'm always right as a parent.  
NOTE Confidence: 0.840528753478261

00:32:19.155 --> 00:32:21.318 Some of my family work, I'm always right.  
NOTE Confidence: 0.840528753478261

00:32:21.318 --> 00:32:22.206 You respect me,  
NOTE Confidence: 0.840528753478261

00:32:22.210 --> 00:32:23.848 so I'm always going to be right.  
NOTE Confidence: 0.840528753478261

00:32:23.850 --> 00:32:26.307 And we get sometimes I pointed towards  
NOTE Confidence: 0.840528753478261

00:32:26.307 --> 00:32:28.334 like OK, what are we emphasizing?  
NOTE Confidence: 0.840528753478261

00:32:28.334 --> 00:32:31.248 Are we wanting to win that chicken that  
NOTE Confidence: 0.840528753478261

00:32:31.248 --> 00:32:33.828 always being right through that chicken?  
NOTE Confidence: 0.840528753478261

00:32:33.830 --> 00:32:35.934 Or do we want to win the cow,  
NOTE Confidence: 0.840528753478261

00:32:35.940 --> 00:32:38.308 which the cow I I illustrated as being  
NOTE Confidence: 0.840528753478261

00:32:38.308 --> 00:32:40.918 a better relationship with our children,



NOTE Confidence: 0.840528753478261  
00:32:40.920 --> 00:32:41.228 right.  
NOTE Confidence: 0.840528753478261  
00:32:41.228 --> 00:32:44.000 And so where what do we want to win?  
NOTE Confidence: 0.840528753478261  
00:32:44.000 --> 00:32:46.758 Because if we solely focus on this,  
NOTE Confidence: 0.840528753478261  
00:32:46.760 --> 00:32:48.895 on being right in the respect side,  
NOTE Confidence: 0.840528753478261  
00:32:48.900 --> 00:32:51.260 then maybe we're going to lose out on  
NOTE Confidence: 0.840528753478261  
00:32:51.260 --> 00:32:53.299 that bigger price that is out here.  
NOTE Confidence: 0.840528753478261  
00:32:53.300 --> 00:32:54.360 And I think that one,  
NOTE Confidence: 0.840528753478261  
00:32:54.360 --> 00:32:56.572 that one like kind of captures it  
NOTE Confidence: 0.840528753478261  
00:32:56.572 --> 00:32:58.710 and it also brings another coping  
NOTE Confidence: 0.840528753478261  
00:32:58.710 --> 00:33:01.314 skill of of like humor into it,  
NOTE Confidence: 0.840528753478261  
00:33:01.320 --> 00:33:03.864 which I love using humor with my families.  
NOTE Confidence: 0.840528753478261  
00:33:03.870 --> 00:33:06.062 Where you know and and even with the  
NOTE Confidence: 0.840528753478261  
00:33:06.062 --> 00:33:07.470 Latino community they respond so  
NOTE Confidence: 0.840528753478261  
00:33:07.470 --> 00:33:09.353 well to it because sometimes some of  
NOTE Confidence: 0.840528753478261  
00:33:09.405 --> 00:33:11.109 the conversations are so tense and  
NOTE Confidence: 0.840528753478261

00:33:11.109 --> 00:33:13.264 we bring in bringing like a silly  
NOTE Confidence: 0.840528753478261

00:33:13.264 --> 00:33:15.630 sounding beach so that it's like OK,  
NOTE Confidence: 0.840528753478261

00:33:15.630 --> 00:33:16.088 thanks again.  
NOTE Confidence: 0.840528753478261

00:33:16.088 --> 00:33:17.691 Can feel a little bit lighter in  
NOTE Confidence: 0.840528753478261

00:33:17.691 --> 00:33:19.447 the room and we can talk about them  
NOTE Confidence: 0.840528753478261

00:33:19.447 --> 00:33:20.310 in a different way.  
NOTE Confidence: 0.840528753478261

00:33:20.310 --> 00:33:22.501 So this is just three examples of  
NOTE Confidence: 0.840528753478261

00:33:22.501 --> 00:33:24.540 the way that clinically I've used  
NOTE Confidence: 0.840528753478261

00:33:24.540 --> 00:33:27.372 chose that I I really do feel because  
NOTE Confidence: 0.840528753478261

00:33:27.372 --> 00:33:29.622 I pulled from something that maybe  
NOTE Confidence: 0.840528753478261

00:33:29.622 --> 00:33:32.808 they knew or that they were familiar with it.  
NOTE Confidence: 0.840528753478261

00:33:32.810 --> 00:33:34.690 It just works so well.  
NOTE Confidence: 0.840528753478261

00:33:34.690 --> 00:33:36.517 And in implementing some of the work,  
NOTE Confidence: 0.872932881333333

00:33:36.520 --> 00:33:38.585 some of the knowledge that that we're  
NOTE Confidence: 0.872932881333333

00:33:38.585 --> 00:33:40.980 bringing in for mental health to the room.  
NOTE Confidence: 0.869583662857143

00:33:47.920 --> 00:33:49.012 Sorry, there we go.

NOTE Confidence: 0.869583662857143  
00:33:49.012 --> 00:33:50.650 So this is also my favorite  
NOTE Confidence: 0.869583662857143  
00:33:50.709 --> 00:33:52.557 part and I'm excited to share  
NOTE Confidence: 0.869583662857143  
00:33:52.557 --> 00:33:54.080 these features with you all.  
NOTE Confidence: 0.869583662857143  
00:33:54.080 --> 00:33:56.384 So I have a few here that I've heard  
NOTE Confidence: 0.869583662857143  
00:33:56.384 --> 00:33:59.093 of myself growing up and I know past  
NOTE Confidence: 0.869583662857143  
00:33:59.093 --> 00:34:00.810 colleagues of mine also using their  
NOTE Confidence: 0.869583662857143  
00:34:00.810 --> 00:34:02.702 work and I'm lucky enough to be able  
NOTE Confidence: 0.869583662857143  
00:34:02.702 --> 00:34:04.298 to implement this in my work too.  
NOTE Confidence: 0.869583662857143  
00:34:04.300 --> 00:34:05.060 So the first one,  
NOTE Confidence: 0.869583662857143  
00:34:05.060 --> 00:34:06.758 I'm not going to go through all of them,  
NOTE Confidence: 0.869583662857143  
00:34:06.760 --> 00:34:08.920 but the first one that I want to  
NOTE Confidence: 0.869583662857143  
00:34:08.920 --> 00:34:11.177 highlight that I use often is my  
NOTE Confidence: 0.869583662857143  
00:34:11.177 --> 00:34:12.951 whole solar Camilla Campagna and that  
NOTE Confidence: 0.869583662857143  
00:34:12.951 --> 00:34:15.093 means better alone than in bad company.  
NOTE Confidence: 0.869583662857143  
00:34:15.100 --> 00:34:15.442 So.  
NOTE Confidence: 0.869583662857143

00:34:15.442 --> 00:34:18.178 Specific a few specific ways that I've used.  
NOTE Confidence: 0.869583662857143

00:34:18.180 --> 00:34:20.412 This one is oftentimes with my  
NOTE Confidence: 0.869583662857143

00:34:20.412 --> 00:34:22.327 teenagers who are really struggling  
NOTE Confidence: 0.869583662857143

00:34:22.327 --> 00:34:25.143 to find a friend group that they fit  
NOTE Confidence: 0.869583662857143

00:34:25.143 --> 00:34:27.595 into or maybe are hanging out with.  
NOTE Confidence: 0.869583662857143

00:34:27.600 --> 00:34:29.140 Not the best influences,  
NOTE Confidence: 0.869583662857143

00:34:29.140 --> 00:34:31.065 so implementing this with them.  
NOTE Confidence: 0.869583662857143

00:34:31.070 --> 00:34:32.834 Can really help them understand that  
NOTE Confidence: 0.869583662857143

00:34:32.834 --> 00:34:35.047 they are in control about how they  
NOTE Confidence: 0.869583662857143

00:34:35.047 --> 00:34:37.003 feel in regards to the acclimation  
NOTE Confidence: 0.869583662857143

00:34:37.003 --> 00:34:38.854 difficulties with peer groups and and  
NOTE Confidence: 0.869583662857143

00:34:38.854 --> 00:34:41.830 really offer some resiliency to that.  
NOTE Confidence: 0.869583662857143

00:34:41.830 --> 00:34:43.398 Another one that I think is really  
NOTE Confidence: 0.869583662857143

00:34:43.398 --> 00:34:45.290 nice to use in treatment is no iMac.  
NOTE Confidence: 0.869583662857143

00:34:45.290 --> 00:34:47.346 It would be annoying that and this means  
NOTE Confidence: 0.869583662857143

00:34:47.346 --> 00:34:49.748 that out of the bad something good can come.

NOTE Confidence: 0.869583662857143

00:34:49.750 --> 00:34:52.603 So a a good way to put this into

NOTE Confidence: 0.869583662857143

00:34:52.603 --> 00:34:55.168 practice is when you're doing TF CBT,

NOTE Confidence: 0.869583662857143

00:34:55.170 --> 00:34:56.918 which is a common,

NOTE Confidence: 0.869583662857143

00:34:56.918 --> 00:34:58.229 commonly used BP,

NOTE Confidence: 0.869583662857143

00:34:58.230 --> 00:34:59.886 and you're doing the trauma narrative

NOTE Confidence: 0.869583662857143

00:34:59.886 --> 00:35:01.925 at the end and kind of implementing

NOTE Confidence: 0.869583662857143

00:35:01.925 --> 00:35:04.298 this with your client just to help them

NOTE Confidence: 0.869583662857143

00:35:04.298 --> 00:35:06.195 look at their story through more of

NOTE Confidence: 0.869583662857143

00:35:06.195 --> 00:35:08.090 a survivor lens versus a victim lens.

NOTE Confidence: 0.770992042222222

00:35:10.320 --> 00:35:11.852 Another one that's really.

NOTE Confidence: 0.770992042222222

00:35:11.852 --> 00:35:13.767 Important to me is cocoa,

NOTE Confidence: 0.770992042222222

00:35:13.770 --> 00:35:15.588 cocoa, so alejos and this means

NOTE Confidence: 0.770992042222222

00:35:15.588 --> 00:35:17.389 little by little one goes far.

NOTE Confidence: 0.770992042222222

00:35:17.390 --> 00:35:20.081 So I've used this in my work and I've

NOTE Confidence: 0.770992042222222

00:35:20.081 --> 00:35:22.511 actually also heard a family who was

NOTE Confidence: 0.770992042222222

00:35:22.511 --> 00:35:24.392 not Spanish speaking they actually  
NOTE Confidence: 0.770992042222222

00:35:24.392 --> 00:35:27.284 spoke Swahili used this feature and a  
NOTE Confidence: 0.770992042222222

00:35:27.284 --> 00:35:30.180 way that I've I've used it in practice  
NOTE Confidence: 0.770992042222222

00:35:30.265 --> 00:35:32.924 is working specifically with victims  
NOTE Confidence: 0.770992042222222

00:35:32.924 --> 00:35:35.402 of domestic violence who have had to  
NOTE Confidence: 0.770992042222222

00:35:35.402 --> 00:35:37.843 move out of their home and and move  
NOTE Confidence: 0.770992042222222

00:35:37.843 --> 00:35:40.766 to in in that case a woman's shelter.  
NOTE Confidence: 0.770992042222222

00:35:40.770 --> 00:35:42.726 I've also used it with families.  
NOTE Confidence: 0.770992042222222

00:35:42.730 --> 00:35:45.190 They were going through documentation  
NOTE Confidence: 0.770992042222222

00:35:45.190 --> 00:35:47.158 process or potential deportation  
NOTE Confidence: 0.770992042222222

00:35:47.158 --> 00:35:49.612 threats and there was a lot of layers  
NOTE Confidence: 0.770992042222222

00:35:49.612 --> 00:35:51.880 to to working through that for them.  
NOTE Confidence: 0.770992042222222

00:35:51.880 --> 00:35:53.721 The last one that I really enjoy  
NOTE Confidence: 0.770992042222222

00:35:53.721 --> 00:35:55.319 using is sort of Davi sale,  
NOTE Confidence: 0.770992042222222

00:35:55.320 --> 00:35:55.974 knowing Guerra,  
NOTE Confidence: 0.770992042222222

00:35:55.974 --> 00:35:57.936 and that means the four born,

NOTE Confidence: 0.770992042222222

00:35:57.940 --> 00:35:58.675 just four armed.

NOTE Confidence: 0.770992042222222

00:35:58.675 --> 00:36:00.831 So my favorite way to use this is

NOTE Confidence: 0.770992042222222

00:36:00.831 --> 00:36:02.736 specifically with parents and I'm

NOTE Confidence: 0.770992042222222

00:36:02.736 --> 00:36:04.611 providing psychoeducation and trying to

NOTE Confidence: 0.770992042222222

00:36:04.611 --> 00:36:06.357 bring new tools into their toolkits,

NOTE Confidence: 0.770992042222222

00:36:06.360 --> 00:36:08.330 which may be there's interventions

NOTE Confidence: 0.770992042222222

00:36:08.330 --> 00:36:10.300 they haven't heard of or

NOTE Confidence: 0.770992042222222

00:36:10.372 --> 00:36:12.107 a little reluctant to try.

NOTE Confidence: 0.770992042222222

00:36:12.110 --> 00:36:13.945 So bringing this into session

NOTE Confidence: 0.770992042222222

00:36:13.945 --> 00:36:16.073 really makes them feel like, OK,

NOTE Confidence: 0.770992042222222

00:36:16.073 --> 00:36:17.831 maybe this is something that I

NOTE Confidence: 0.770992042222222

00:36:17.831 --> 00:36:19.400 should learn and should try,

NOTE Confidence: 0.770992042222222

00:36:19.400 --> 00:36:20.828 and it also could potentially remind

NOTE Confidence: 0.770992042222222

00:36:20.828 --> 00:36:22.299 them of things they have heard.

NOTE Confidence: 0.770992042222222

00:36:22.300 --> 00:36:22.828 Growing up.

NOTE Confidence: 0.770992042222222

00:36:22.828 --> 00:36:24.940 I just want to also note that we  
NOTE Confidence: 0.770992042222222

00:36:25.003 --> 00:36:26.947 want to be really mindful when  
NOTE Confidence: 0.770992042222222

00:36:26.947 --> 00:36:28.823 we're using these echos and we  
NOTE Confidence: 0.770992042222222

00:36:28.823 --> 00:36:30.887 wanna make sure we're not in any way  
NOTE Confidence: 0.770992042222222

00:36:30.890 --> 00:36:32.190 invalidating the clients experience,  
NOTE Confidence: 0.770992042222222

00:36:32.190 --> 00:36:34.140 so understanding when the best time  
NOTE Confidence: 0.770992042222222

00:36:34.185 --> 00:36:35.985 to use that is is also really important.  
NOTE Confidence: 0.833560747777778

00:36:39.940 --> 00:36:42.352 So these are some of the benefits of details.  
NOTE Confidence: 0.833560747777778

00:36:42.360 --> 00:36:43.620 I'm not going to go through  
NOTE Confidence: 0.833560747777778

00:36:43.620 --> 00:36:45.054 all of them for sake of time,  
NOTE Confidence: 0.833560747777778

00:36:45.054 --> 00:36:46.680 but I do want to highlight a few.  
NOTE Confidence: 0.833560747777778

00:36:46.680 --> 00:36:48.465 So using leeches can really  
NOTE Confidence: 0.833560747777778

00:36:48.465 --> 00:36:49.893 help increase the motivation,  
NOTE Confidence: 0.833560747777778

00:36:49.900 --> 00:36:53.380 engagement of of our clients.  
NOTE Confidence: 0.833560747777778

00:36:53.380 --> 00:36:56.036 Also do you just can really draw from  
NOTE Confidence: 0.833560747777778

00:36:56.036 --> 00:36:58.200 the clients cultural perspective,



NOTE Confidence: 0.833560747777778

00:36:58.200 --> 00:36:59.750 you're bringing in the clients

NOTE Confidence: 0.833560747777778

00:36:59.750 --> 00:37:01.300 language and things that they've

NOTE Confidence: 0.833560747777778

00:37:01.359 --> 00:37:03.309 probably heard from their parents and

NOTE Confidence: 0.833560747777778

00:37:03.309 --> 00:37:05.060 grandparents right into your session.

NOTE Confidence: 0.833560747777778

00:37:05.060 --> 00:37:07.870 Also teachers can address culturally

NOTE Confidence: 0.833560747777778

00:37:07.870 --> 00:37:10.154 based reluctance that might be.

NOTE Confidence: 0.833560747777778

00:37:10.154 --> 00:37:11.936 Produced by the fear that getting

NOTE Confidence: 0.833560747777778

00:37:11.936 --> 00:37:13.877 treatment and and being present in

NOTE Confidence: 0.833560747777778

00:37:13.877 --> 00:37:15.492 treatment might strip our Latino

NOTE Confidence: 0.833560747777778

00:37:15.492 --> 00:37:17.536 families of their culture and experience.

NOTE Confidence: 0.849698546666667

00:37:22.510 --> 00:37:25.079 Some of the of the implications right

NOTE Confidence: 0.849698546666667

00:37:25.079 --> 00:37:27.569 for non Spanish speaking providers.

NOTE Confidence: 0.849698546666667

00:37:27.570 --> 00:37:30.146 I think that this, this is really this

NOTE Confidence: 0.849698546666667

00:37:30.146 --> 00:37:32.597 is probably the most important slide in

NOTE Confidence: 0.849698546666667

00:37:32.597 --> 00:37:35.121 in all of the presentation just because

NOTE Confidence: 0.849698546666667

00:37:35.121 --> 00:37:37.281 we're we're making the point that  
NOTE Confidence: 0.849698546666667

00:37:37.281 --> 00:37:40.462 we're not presenting this simply for  
NOTE Confidence: 0.849698546666667

00:37:40.462 --> 00:37:43.527 for other Spanish speaking providers.  
NOTE Confidence: 0.849698546666667

00:37:43.530 --> 00:37:45.665 That's not the point of this presentation.  
NOTE Confidence: 0.849698546666667

00:37:45.670 --> 00:37:48.790 The point of this presentation is to give  
NOTE Confidence: 0.849698546666667

00:37:48.790 --> 00:37:52.116 everyone a tool that we can possibly use to.  
NOTE Confidence: 0.849698546666667

00:37:52.120 --> 00:37:54.035 Improve the quality of services  
NOTE Confidence: 0.849698546666667

00:37:54.035 --> 00:37:56.599 that we provide for our Spanish  
NOTE Confidence: 0.849698546666667

00:37:56.599 --> 00:38:00.512 speaking families and this is really,  
NOTE Confidence: 0.849698546666667

00:38:00.512 --> 00:38:03.264 really important to to.  
NOTE Confidence: 0.849698546666667

00:38:03.270 --> 00:38:04.233 Can I do?  
NOTE Confidence: 0.849698546666667

00:38:04.233 --> 00:38:06.890 Because it's like we if we're honest in  
NOTE Confidence: 0.849698546666667

00:38:06.890 --> 00:38:09.905 this moment in time and probably for a while,  
NOTE Confidence: 0.849698546666667

00:38:09.910 --> 00:38:12.750 as a field, as a mental health field,  
NOTE Confidence: 0.849698546666667

00:38:12.750 --> 00:38:15.984 and specifically even speaking to our center,  
NOTE Confidence: 0.849698546666667

00:38:15.990 --> 00:38:18.140 we're not representative of the

NOTE Confidence: 0.849698546666667

00:38:18.140 --> 00:38:19.860 communities that we serve.

NOTE Confidence: 0.849698546666667

00:38:19.860 --> 00:38:22.016 And but that doesn't mean that we

NOTE Confidence: 0.849698546666667

00:38:22.016 --> 00:38:24.010 cannot do things to improve the

NOTE Confidence: 0.849698546666667

00:38:24.010 --> 00:38:26.008 quality of services that we provide

NOTE Confidence: 0.849698546666667

00:38:26.008 --> 00:38:28.196 for for the rest of our families.

NOTE Confidence: 0.849698546666667

00:38:28.200 --> 00:38:30.387 And this is you know I I know and

NOTE Confidence: 0.849698546666667

00:38:30.387 --> 00:38:32.542 I'm really confident because we have

NOTE Confidence: 0.849698546666667

00:38:32.542 --> 00:38:34.810 Tara leading us in this direction

NOTE Confidence: 0.849698546666667

00:38:34.810 --> 00:38:37.295 and and I'm confident of the moves

NOTE Confidence: 0.849698546666667

00:38:37.295 --> 00:38:39.440 that that the center is making to

NOTE Confidence: 0.849698546666667

00:38:39.440 --> 00:38:41.735 to make sure that we provide we

NOTE Confidence: 0.849698546666667

00:38:41.735 --> 00:38:43.720 become more representative and that

NOTE Confidence: 0.849698546666667

00:38:43.720 --> 00:38:46.203 we provide the quality of care that

NOTE Confidence: 0.849698546666667

00:38:46.203 --> 00:38:48.395 are all of our families to serve.

NOTE Confidence: 0.849698546666667

00:38:48.395 --> 00:38:50.170 But this is something that.

NOTE Confidence: 0.849698546666667

00:38:50.170 --> 00:38:51.172 As clinicians,  
NOTE Confidence: 0.849698546666667

00:38:51.172 --> 00:38:54.679 as individuals we can push ourselves to  
NOTE Confidence: 0.849698546666667

00:38:54.679 --> 00:38:58.016 to really attempt to to take ourselves  
NOTE Confidence: 0.849698546666667

00:38:58.016 --> 00:39:01.662 out of maybe our comfort zones and and  
NOTE Confidence: 0.849698546666667

00:39:01.662 --> 00:39:04.570 to do something for for our families  
NOTE Confidence: 0.849698546666667

00:39:04.570 --> 00:39:06.490 for the families that we serve.  
NOTE Confidence: 0.849698546666667

00:39:06.490 --> 00:39:08.932 That yes it might make you  
NOTE Confidence: 0.849698546666667

00:39:08.932 --> 00:39:11.013 uncomfortable but that might bring  
NOTE Confidence: 0.849698546666667

00:39:11.013 --> 00:39:13.603 in better results in the long run.  
NOTE Confidence: 0.849698546666667

00:39:13.610 --> 00:39:15.642 As you know as I was stating teachers  
NOTE Confidence: 0.849698546666667

00:39:15.642 --> 00:39:18.395 and as you were able to see teachers are  
NOTE Confidence: 0.849698546666667

00:39:18.395 --> 00:39:20.430 pretty short phrases and we always say.  
NOTE Confidence: 0.849698546666667

00:39:20.430 --> 00:39:20.852 That,  
NOTE Confidence: 0.849698546666667

00:39:20.852 --> 00:39:21.696 you know,  
NOTE Confidence: 0.849698546666667

00:39:21.696 --> 00:39:23.806 English speaking providers can say  
NOTE Confidence: 0.849698546666667

00:39:23.806 --> 00:39:26.598 this phrases in Spanish and even if

NOTE Confidence: 0.849698546666667  
00:39:26.598 --> 00:39:28.473 you mispronounce it really badly,  
NOTE Confidence: 0.849698546666667  
00:39:28.480 --> 00:39:30.555 that's actually OK that's perfect  
NOTE Confidence: 0.849698546666667  
00:39:30.555 --> 00:39:32.630 because we're allowing the families  
NOTE Confidence: 0.849698546666667  
00:39:32.690 --> 00:39:35.282 now to take that expert role even in  
NOTE Confidence: 0.849698546666667  
00:39:35.282 --> 00:39:37.080 the pronunciation of their language.  
NOTE Confidence: 0.849698546666667  
00:39:37.080 --> 00:39:38.768 And so we really,  
NOTE Confidence: 0.849698546666667  
00:39:38.768 --> 00:39:40.878 really want to emphasize that,  
NOTE Confidence: 0.849698546666667  
00:39:40.880 --> 00:39:41.454 you know,  
NOTE Confidence: 0.849698546666667  
00:39:41.454 --> 00:39:43.463 taking that push to to be vulnerable  
NOTE Confidence: 0.849698546666667  
00:39:43.463 --> 00:39:45.855 in session with your families and even  
NOTE Confidence: 0.849698546666667  
00:39:45.855 --> 00:39:48.334 like taking the moment to to do your  
NOTE Confidence: 0.849698546666667  
00:39:48.334 --> 00:39:50.866 research on some of the beaches that might.  
NOTE Confidence: 0.849698546666667  
00:39:50.866 --> 00:39:53.704 Apply best for for the clinical  
NOTE Confidence: 0.849698546666667  
00:39:53.710 --> 00:39:56.002 work that you're doing with your  
NOTE Confidence: 0.849698546666667  
00:39:56.002 --> 00:39:58.437 family at the time highlights that  
NOTE Confidence: 0.849698546666667

00:39:58.437 --> 00:40:00.909 respect for the Latino culture and  
NOTE Confidence: 0.849698546666667

00:40:00.909 --> 00:40:03.616 in a very cultural humility driven  
NOTE Confidence: 0.849698546666667

00:40:03.616 --> 00:40:06.753 approach and and also that you know  
NOTE Confidence: 0.849698546666667

00:40:06.753 --> 00:40:08.918 we're we're acknowledging some of  
NOTE Confidence: 0.849698546666667

00:40:08.918 --> 00:40:11.086 the of the disenfranchised migratory  
NOTE Confidence: 0.849698546666667

00:40:11.086 --> 00:40:13.246 grief and really not only saying  
NOTE Confidence: 0.849698546666667

00:40:13.246 --> 00:40:16.345 it out loud and having those really  
NOTE Confidence: 0.849698546666667

00:40:16.345 --> 00:40:17.806 important conversations about  
NOTE Confidence: 0.849698546666667

00:40:17.806 --> 00:40:20.046 migratory grief but also about.  
NOTE Confidence: 0.849698546666667

00:40:20.046 --> 00:40:20.822 You know,  
NOTE Confidence: 0.849698546666667

00:40:20.822 --> 00:40:23.150 letting them know that their culture  
NOTE Confidence: 0.849698546666667

00:40:23.220 --> 00:40:25.425 is going to be respected in this,  
NOTE Confidence: 0.849698546666667

00:40:25.430 --> 00:40:26.422 in the,  
NOTE Confidence: 0.849698546666667

00:40:26.422 --> 00:40:29.110 in the therapeutic work that  
NOTE Confidence: 0.849698546666667

00:40:29.110 --> 00:40:31.510 that we're doing together.  
NOTE Confidence: 0.849698546666667

00:40:31.510 --> 00:40:34.454 So to wrap up,

NOTE Confidence: 0.849698546666667  
00:40:34.454 --> 00:40:39.123 actually we wanted to chair and  
NOTE Confidence: 0.849698546666667  
00:40:39.123 --> 00:40:41.580 if you want you can go to the next  
NOTE Confidence: 0.911910234642857  
00:40:41.660 --> 00:40:44.716 slide and we wanted to share like our  
NOTE Confidence: 0.911910234642857  
00:40:44.716 --> 00:40:46.920 best references because I think that  
NOTE Confidence: 0.911910234642857  
00:40:46.920 --> 00:40:49.506 you know we often you know there are  
NOTE Confidence: 0.911910234642857  
00:40:49.506 --> 00:40:51.924 the other references at the end of the  
NOTE Confidence: 0.911910234642857  
00:40:51.924 --> 00:40:54.020 slides but I think this are our main  
NOTE Confidence: 0.911910234642857  
00:40:54.082 --> 00:40:56.168 references for you know at least you  
NOTE Confidence: 0.911910234642857  
00:40:56.168 --> 00:40:58.590 know all the beaches that I know really  
NOTE Confidence: 0.911910234642857  
00:40:58.590 --> 00:41:01.428 and a lot of them come from from my.  
NOTE Confidence: 0.911910234642857  
00:41:01.430 --> 00:41:03.894 Both my grandma and my mom who have  
NOTE Confidence: 0.911910234642857  
00:41:03.894 --> 00:41:05.737 influenced you know that they've  
NOTE Confidence: 0.911910234642857  
00:41:05.737 --> 00:41:08.065 passed down those wisdoms from one  
NOTE Confidence: 0.911910234642857  
00:41:08.065 --> 00:41:10.120 generation to the other to the other.  
NOTE Confidence: 0.911910234642857  
00:41:10.120 --> 00:41:12.496 And they have been the most important part.  
NOTE Confidence: 0.911910234642857

00:41:12.500 --> 00:41:15.048 And even the reason why I'm even  
NOTE Confidence: 0.911910234642857

00:41:15.048 --> 00:41:16.897 thinking about utilizing this in  
NOTE Confidence: 0.911910234642857

00:41:16.897 --> 00:41:19.312 treatment and my push to sometimes even  
NOTE Confidence: 0.911910234642857

00:41:19.312 --> 00:41:21.506 coming out naturally and me seeing  
NOTE Confidence: 0.911910234642857

00:41:21.506 --> 00:41:23.818 them because they really are the one,  
NOTE Confidence: 0.911910234642857

00:41:23.818 --> 00:41:25.113 the teachers that have taught  
NOTE Confidence: 0.911910234642857

00:41:25.113 --> 00:41:26.639 me some of his teachers.  
NOTE Confidence: 0.911910234642857

00:41:26.640 --> 00:41:28.764 So, so they they both definitely  
NOTE Confidence: 0.911910234642857

00:41:28.764 --> 00:41:31.439 get a lot of the credit for.  
NOTE Confidence: 0.911910234642857

00:41:31.440 --> 00:41:35.078 Or the work that I'm doing even  
NOTE Confidence: 0.911910234642857

00:41:35.078 --> 00:41:36.926 right now and in this presentation.  
NOTE Confidence: 0.911910234642857

00:41:36.930 --> 00:41:38.370 So I'm going to highlight them.  
NOTE Confidence: 0.911910234642857

00:41:38.370 --> 00:41:39.978 And I know Anna Maria has  
NOTE Confidence: 0.911910234642857

00:41:39.978 --> 00:41:41.639 has a couple of her own.  
NOTE Confidence: 0.837378998333333

00:41:42.310 --> 00:41:44.188 These are my two best references.  
NOTE Confidence: 0.837378998333333

00:41:44.190 --> 00:41:46.402 My mom and my etha, my grandmother.



NOTE Confidence: 0.837378998333333  
00:41:46.402 --> 00:41:48.598 And when Hector and I first  
NOTE Confidence: 0.837378998333333  
00:41:48.598 --> 00:41:50.210 started talking about videos,  
NOTE Confidence: 0.837378998333333  
00:41:50.210 --> 00:41:51.872 I kind of realized I've been  
NOTE Confidence: 0.837378998333333  
00:41:51.872 --> 00:41:53.234 hearing dichos my whole life  
NOTE Confidence: 0.837378998333333  
00:41:53.234 --> 00:41:55.007 and I use it in my work so much.  
NOTE Confidence: 0.837378998333333  
00:41:55.010 --> 00:41:56.417 But I guess I never kind of  
NOTE Confidence: 0.837378998333333  
00:41:56.417 --> 00:41:57.760 really realized it until I hacked  
NOTE Confidence: 0.837378998333333  
00:41:57.760 --> 00:41:58.910 or brought attention to it.  
NOTE Confidence: 0.837378998333333  
00:41:58.910 --> 00:42:02.213 So I'm lucky enough to have grown up hearing.  
NOTE Confidence: 0.837378998333333  
00:42:02.220 --> 00:42:04.780 Pages from both of these women in my  
NOTE Confidence: 0.837378998333333  
00:42:04.780 --> 00:42:06.705 life throughout different life lessons  
NOTE Confidence: 0.837378998333333  
00:42:06.705 --> 00:42:08.735 and different things and implementing  
NOTE Confidence: 0.837378998333333  
00:42:08.735 --> 00:42:11.244 it in my work now with my family  
NOTE Confidence: 0.837378998333333  
00:42:11.244 --> 00:42:13.119 is is really full circle for me.  
NOTE Confidence: 0.85600382  
00:42:23.680 --> 00:42:24.740 That's it on our end.  
NOTE Confidence: 0.85600382

00:42:24.740 --> 00:42:27.400 But I just want to point out that I I love,  
NOTE Confidence: 0.85600382

00:42:27.400 --> 00:42:29.760 I love all the details that people put.  
NOTE Confidence: 0.85600382

00:42:29.760 --> 00:42:32.690 And I really want to make sure that I am  
NOTE Confidence: 0.85600382

00:42:32.771 --> 00:42:35.190 able to hopefully take a look at some  
NOTE Confidence: 0.85600382

00:42:35.190 --> 00:42:36.732 of them because I'm always collecting  
NOTE Confidence: 0.85600382

00:42:36.732 --> 00:42:38.958 different details to to use in session,  
NOTE Confidence: 0.85600382

00:42:38.960 --> 00:42:40.675 even with my families, when my families,  
NOTE Confidence: 0.85600382

00:42:40.680 --> 00:42:42.040 when I shared the choke,  
NOTE Confidence: 0.85600382

00:42:42.040 --> 00:42:44.544 like some of my families end up sharing  
NOTE Confidence: 0.85600382

00:42:44.544 --> 00:42:46.684 more with me and I'm like, hold on,  
NOTE Confidence: 0.85600382

00:42:46.684 --> 00:42:48.657 I I need to write them down because I  
NOTE Confidence: 0.85600382

00:42:48.657 --> 00:42:50.253 feel like it's a collection of that,  
NOTE Confidence: 0.85600382

00:42:50.260 --> 00:42:52.504 of that knowledge that I often  
NOTE Confidence: 0.85600382

00:42:52.504 --> 00:42:53.626 don't have even.  
NOTE Confidence: 0.85600382

00:42:53.630 --> 00:42:55.106 But when I was having this  
NOTE Confidence: 0.85600382

00:42:55.106 --> 00:42:56.090 conversation with Anna Maria,

NOTE Confidence: 0.85600382

00:42:56.090 --> 00:42:58.505 she brought in a couple of maybe

NOTE Confidence: 0.85600382

00:42:58.505 --> 00:43:00.250 more teachers commonly used in

NOTE Confidence: 0.85600382

00:43:00.250 --> 00:43:02.490 Colombia that that I had no knowledge

NOTE Confidence: 0.85600382

00:43:02.490 --> 00:43:04.556 about and and that were, you know,

NOTE Confidence: 0.85600382

00:43:04.556 --> 00:43:06.194 adjust to to the toolkit because

NOTE Confidence: 0.85600382

00:43:06.194 --> 00:43:08.225 this is really just the tool, right.

NOTE Confidence: 0.85600382

00:43:08.225 --> 00:43:09.875 We're not saying that this is

NOTE Confidence: 0.85600382

00:43:09.875 --> 00:43:10.700 a whole intervention.

NOTE Confidence: 0.85600382

00:43:10.700 --> 00:43:13.129 We're not saying that this is going

NOTE Confidence: 0.85600382

00:43:13.129 --> 00:43:15.687 to fix every single engagement or or

NOTE Confidence: 0.85600382

00:43:15.687 --> 00:43:18.510 any type of like big scale problem.

NOTE Confidence: 0.85600382

00:43:18.510 --> 00:43:20.420 But this is a tool that we want to use

NOTE Confidence: 0.85600382

00:43:20.480 --> 00:43:22.448 to kind of improve the quality of care.

NOTE Confidence: 0.85600382

00:43:22.450 --> 00:43:23.584 And I'm always.

NOTE Confidence: 0.85600382

00:43:23.584 --> 00:43:26.230 For collecting any detail that I can.

NOTE Confidence: 0.824016417

00:43:27.690 --> 00:43:28.446 Yeah, I'm enjoying seeing  
NOTE Confidence: 0.824016417

00:43:28.446 --> 00:43:29.580 all of them in the chat.  
NOTE Confidence: 0.824016417

00:43:29.580 --> 00:43:30.745 I couldn't see them before  
NOTE Confidence: 0.824016417

00:43:30.745 --> 00:43:31.910 because my PowerPoint was up,  
NOTE Confidence: 0.824016417

00:43:31.910 --> 00:43:32.710 but these are great.  
NOTE Confidence: 0.89002207

00:43:36.100 --> 00:43:39.228 Anna and Hector, thank you so much for  
NOTE Confidence: 0.89002207

00:43:39.228 --> 00:43:42.712 such a great presentation and for. Just.  
NOTE Confidence: 0.89002207

00:43:42.712 --> 00:43:44.808 I think one of the things that stuck  
NOTE Confidence: 0.89002207

00:43:44.808 --> 00:43:47.279 out aside from the fact that I think  
NOTE Confidence: 0.89002207

00:43:47.279 --> 00:43:51.210 Carolina mentioned it in the chat, that.  
NOTE Confidence: 0.89002207

00:43:51.210 --> 00:43:54.610 What vitros can bring to to the treatment,  
NOTE Confidence: 0.89002207

00:43:54.610 --> 00:43:56.535 I mean just seeing the way that  
NOTE Confidence: 0.89002207

00:43:56.535 --> 00:43:58.769 families kind of can latch on to the  
NOTE Confidence: 0.89002207

00:43:58.769 --> 00:44:00.559 concept you're trying to to convey  
NOTE Confidence: 0.89002207

00:44:00.559 --> 00:44:02.454 because you've given them something  
NOTE Confidence: 0.89002207

00:44:02.454 --> 00:44:04.404 that's very familiar to them,

NOTE Confidence: 0.89002207

00:44:04.404 --> 00:44:05.706 really is powerful.

NOTE Confidence: 0.89002207

00:44:05.706 --> 00:44:08.310 So I appreciate that so much.

NOTE Confidence: 0.89002207

00:44:08.310 --> 00:44:11.221 I also appreciate how you encourage

NOTE Confidence: 0.89002207

00:44:11.221 --> 00:44:13.376 the non Spanish speaking colleagues

NOTE Confidence: 0.89002207

00:44:13.376 --> 00:44:16.869 to also try it and to not worry about

NOTE Confidence: 0.89002207

00:44:16.869 --> 00:44:19.531 the mistakes and to also maybe model

NOTE Confidence: 0.89002207

00:44:19.531 --> 00:44:22.225 for families who don't feel confident.

NOTE Confidence: 0.89002207

00:44:22.230 --> 00:44:24.029 Speaking in English that it's OK that

NOTE Confidence: 0.89002207

00:44:24.029 --> 00:44:26.279 we can all kind of put ourselves in

NOTE Confidence: 0.89002207

00:44:26.279 --> 00:44:28.293 these positions and and it's OK to

NOTE Confidence: 0.89002207

00:44:28.293 --> 00:44:30.169 make mistakes and and kind of that's

NOTE Confidence: 0.89002207

00:44:30.169 --> 00:44:33.037 another way to level that power as well.

NOTE Confidence: 0.89002207

00:44:33.040 --> 00:44:34.840 So I appreciate that,

NOTE Confidence: 0.89002207

00:44:34.840 --> 00:44:36.190 but I'm curious,

NOTE Confidence: 0.89002207

00:44:36.190 --> 00:44:39.094 I know there's many beaches in the chat,

NOTE Confidence: 0.89002207

00:44:39.100 --> 00:44:41.620 but I wonder if there's any questions  
NOTE Confidence: 0.89002207

00:44:41.620 --> 00:44:44.190 that anybody might have for Diana Maria.  
NOTE Confidence: 0.780950762307692

00:44:47.500 --> 00:44:49.894 Ohh and Kieran put a note to please keep  
NOTE Confidence: 0.780950762307692

00:44:49.894 --> 00:44:52.104 the details coming he'll save the chat  
NOTE Confidence: 0.780950762307692

00:44:52.104 --> 00:44:54.540 and share them so we'll collect we'll  
NOTE Confidence: 0.780950762307692

00:44:54.540 --> 00:44:56.475 have a repository to ask if there's a  
NOTE Confidence: 0.780950762307692

00:44:56.475 --> 00:44:57.956 way to save all these because I want  
NOTE Confidence: 0.734840578

00:44:57.970 --> 00:44:59.030 to read them all after  
NOTE Confidence: 0.85144787

00:44:59.100 --> 00:45:00.780 I was like trying to figure out how  
NOTE Confidence: 0.85144787

00:45:00.780 --> 00:45:03.015 to do it and I just figured it out so  
NOTE Confidence: 0.85144787

00:45:03.015 --> 00:45:05.000 we'll we'll save that and ohh great  
NOTE Confidence: 0.85144787

00:45:05.000 --> 00:45:06.810 and you just put one in as well so  
NOTE Confidence: 0.85144787

00:45:06.810 --> 00:45:08.160 they keep coming in fantastic and  
NOTE Confidence: 0.85144787

00:45:08.160 --> 00:45:09.875 I'll I'll share them with them whoever  
NOTE Confidence: 0.85144787

00:45:09.875 --> 00:45:11.597 wants them but I'll share them directly  
NOTE Confidence: 0.85144787

00:45:11.597 --> 00:45:13.195 with you on Marie and Hector thanks

NOTE Confidence: 0.85144787

00:45:13.195 --> 00:45:14.920 so much for a wonderful presentation.

NOTE Confidence: 0.78051167

00:45:18.260 --> 00:45:20.305 I just want to say thank you so much.

NOTE Confidence: 0.900754385714286

00:45:20.310 --> 00:45:21.642 This was fantastic.

NOTE Confidence: 0.900754385714286

00:45:21.642 --> 00:45:24.930 And you know to me it's just so

NOTE Confidence: 0.900754385714286

00:45:24.930 --> 00:45:27.520 interesting to to hear kind of the

NOTE Confidence: 0.900754385714286

00:45:27.520 --> 00:45:30.045 diversity even within all of our

NOTE Confidence: 0.900754385714286

00:45:30.045 --> 00:45:32.264 Latin American cultures, you know,

NOTE Confidence: 0.900754385714286

00:45:32.264 --> 00:45:35.066 and you know somebody from Venezuela

NOTE Confidence: 0.900754385714286

00:45:35.066 --> 00:45:38.020 and and in Cuba just, you know,

NOTE Confidence: 0.900754385714286

00:45:38.020 --> 00:45:40.020 it's not just it's phrases,

NOTE Confidence: 0.900754385714286

00:45:40.020 --> 00:45:42.274 you know and even that kind of,

NOTE Confidence: 0.900754385714286

00:45:42.280 --> 00:45:43.415 you know, even, you know,

NOTE Confidence: 0.900754385714286

00:45:43.415 --> 00:45:45.275 just that slight kind of change

NOTE Confidence: 0.900754385714286

00:45:45.275 --> 00:45:47.090 and just a quick story I.

NOTE Confidence: 0.900754385714286

00:45:47.090 --> 00:45:49.610 You had walked in to a meeting last

NOTE Confidence: 0.900754385714286

00:45:49.610 --> 00:45:51.654 week with one with a colleague  
NOTE Confidence: 0.900754385714286

00:45:51.654 --> 00:45:53.850 who who is Spanish speaking and  
NOTE Confidence: 0.900754385714286

00:45:53.850 --> 00:45:56.693 I just went into my process and  
NOTE Confidence: 0.900754385714286

00:45:56.693 --> 00:45:59.620 I said they Guatemala, Watapur.  
NOTE Confidence: 0.916960744

00:46:02.540 --> 00:46:04.840 You know, which is basically,  
NOTE Confidence: 0.916960744

00:46:04.840 --> 00:46:06.300 you know, we're, you know,  
NOTE Confidence: 0.916960744

00:46:06.300 --> 00:46:08.676 that we've gone to from a not so  
NOTE Confidence: 0.916960744

00:46:08.676 --> 00:46:10.899 great place to maybe a worse place,  
NOTE Confidence: 0.916960744

00:46:10.900 --> 00:46:12.175 you know, and it's something  
NOTE Confidence: 0.916960744

00:46:12.175 --> 00:46:14.186 that I grew up with, you know,  
NOTE Confidence: 0.916960744

00:46:14.186 --> 00:46:16.394 it's probably not even politically correct,  
NOTE Confidence: 0.916960744

00:46:16.400 --> 00:46:17.348 but certainly it's something  
NOTE Confidence: 0.916960744

00:46:17.348 --> 00:46:19.200 that is a part of the culture,  
NOTE Confidence: 0.916960744

00:46:19.200 --> 00:46:21.600 you know, and it just took a minute.  
NOTE Confidence: 0.916960744

00:46:21.600 --> 00:46:22.284 I'm like, wait,  
NOTE Confidence: 0.916960744

00:46:22.284 --> 00:46:24.194 I have to kind of regroup because I



NOTE Confidence: 0.916960744

00:46:24.194 --> 00:46:25.790 went right to that emotional language,

NOTE Confidence: 0.916960744

00:46:25.790 --> 00:46:27.860 you know, of of saying that

NOTE Confidence: 0.916960744

00:46:27.860 --> 00:46:29.900 and and had to catch myself.

NOTE Confidence: 0.916960744

00:46:29.900 --> 00:46:31.140 But I think you guys should have been.

NOTE Confidence: 0.916960744

00:46:31.140 --> 00:46:31.762 Passing job.

NOTE Confidence: 0.916960744

00:46:31.762 --> 00:46:33.006 Thank you so much.

NOTE Confidence: 0.805497891538462

00:46:33.850 --> 00:46:35.128 Yeah. Thank you.

NOTE Confidence: 0.805497891538462

00:46:35.128 --> 00:46:36.832 Actually, during the conversation

NOTE Confidence: 0.805497891538462

00:46:36.832 --> 00:46:39.409 with Hector and I believe Catalina,

NOTE Confidence: 0.805497891538462

00:46:39.410 --> 00:46:41.034 we were talking about how the word

NOTE Confidence: 0.805497891538462

00:46:41.034 --> 00:46:42.446 straw is said completely different

NOTE Confidence: 0.805497891538462

00:46:42.446 --> 00:46:44.426 in all the language, I mean in all

NOTE Confidence: 0.805497891538462

00:46:44.426 --> 00:46:45.410 in the countries where we're from.

NOTE Confidence: 0.805497891538462

00:46:45.410 --> 00:46:47.546 So for me it's the physical and hector,

NOTE Confidence: 0.805497891538462

00:46:47.550 --> 00:46:50.567 I think it was, I can't remember.

NOTE Confidence: 0.805497891538462

00:46:50.570 --> 00:46:52.010 Thought that and Carolina.  
NOTE Confidence: 0.805497891538462

00:46:52.010 --> 00:46:54.870 I believe it was the best sorbetto.  
NOTE Confidence: 0.805497891538462

00:46:54.870 --> 00:46:55.966 She's on here somewhere,  
NOTE Confidence: 0.805497891538462

00:46:55.966 --> 00:46:58.390 but it's just so interesting. Yeah.  
NOTE Confidence: 0.86584438173913

00:47:02.060 --> 00:47:03.565 And have you have you thought about  
NOTE Confidence: 0.86584438173913

00:47:03.565 --> 00:47:04.966 writing this up is that the plan  
NOTE Confidence: 0.86584438173913

00:47:04.966 --> 00:47:06.637 are you going to have you going to  
NOTE Confidence: 0.86584438173913

00:47:06.637 --> 00:47:08.936 disseminate this and in addition  
NOTE Confidence: 0.86584438173913

00:47:08.936 --> 00:47:10.568 to your upcoming presentation  
NOTE Confidence: 0.787083033846154

00:47:11.380 --> 00:47:14.370 hopefully yes hopefully that's the  
NOTE Confidence: 0.787083033846154

00:47:14.370 --> 00:47:19.098 maybe the plan in in the next steps.  
NOTE Confidence: 0.787083033846154

00:47:19.100 --> 00:47:22.244 I I feel like we're we're wanting and  
NOTE Confidence: 0.787083033846154

00:47:22.244 --> 00:47:25.316 and to me like it's obviously very very  
NOTE Confidence: 0.787083033846154

00:47:25.316 --> 00:47:28.876 important to to kind of get out and get  
NOTE Confidence: 0.787083033846154

00:47:28.876 --> 00:47:31.394 this information along with. Anna Maria.  
NOTE Confidence: 0.787083033846154

00:47:31.394 --> 00:47:34.408 And to really collect some of this, uh,

NOTE Confidence: 0.787083033846154

00:47:34.408 --> 00:47:37.112 how how people feel or even like whether

NOTE Confidence: 0.787083033846154

00:47:37.112 --> 00:47:39.775 it be like Spanish speaking clinicians

NOTE Confidence: 0.787083033846154

00:47:39.775 --> 00:47:42.925 or or other English speaking clinicians,

NOTE Confidence: 0.787083033846154

00:47:42.930 --> 00:47:45.130 how it feels like in the long term.

NOTE Confidence: 0.787083033846154

00:47:45.130 --> 00:47:47.122 I would actually love to because

NOTE Confidence: 0.787083033846154

00:47:47.122 --> 00:47:49.238 there's like a very, very.

NOTE Confidence: 0.787083033846154

00:47:49.238 --> 00:47:52.390 Have minimal research done.

NOTE Confidence: 0.787083033846154

00:47:52.390 --> 00:47:54.646 There was research done in the 90s in

NOTE Confidence: 0.787083033846154

00:47:54.646 --> 00:47:57.305 the use of Cheetos and it was like one

NOTE Confidence: 0.787083033846154

00:47:57.305 --> 00:47:59.683 or two articles and then it never like

NOTE Confidence: 0.787083033846154

00:47:59.683 --> 00:48:02.024 kind of went above that and I feel

NOTE Confidence: 0.787083033846154

00:48:02.024 --> 00:48:04.514 like this this tends to happen with a

NOTE Confidence: 0.787083033846154

00:48:04.514 --> 00:48:06.873 lot of this really amazing tools or

NOTE Confidence: 0.787083033846154

00:48:06.873 --> 00:48:08.986 techniques and and yeah we're adding

NOTE Confidence: 0.787083033846154

00:48:08.986 --> 00:48:11.646 maybe the piece of like putting the

NOTE Confidence: 0.787083033846154

00:48:11.646 --> 00:48:14.680 the details with the migratory grief  
NOTE Confidence: 0.787083033846154

00:48:14.680 --> 00:48:16.955 that makes it different but I would  
NOTE Confidence: 0.787083033846154

00:48:16.955 --> 00:48:19.040 love to kind of see and and research  
NOTE Confidence: 0.787083033846154

00:48:19.040 --> 00:48:21.170 more of of this type of tools not.  
NOTE Confidence: 0.787083033846154

00:48:21.170 --> 00:48:23.375 This even with the chose buddies even  
NOTE Confidence: 0.787083033846154

00:48:23.375 --> 00:48:25.840 with Gwen ethos and and other tools that  
NOTE Confidence: 0.787083033846154

00:48:25.840 --> 00:48:27.693 that would be helpful to incorporate  
NOTE Confidence: 0.787083033846154

00:48:27.693 --> 00:48:30.333 into some of our of our clinical work.  
NOTE Confidence: 0.787083033846154

00:48:30.340 --> 00:48:33.642 So that's the the long term or the  
NOTE Confidence: 0.787083033846154

00:48:33.642 --> 00:48:35.469 long term goals that that are there.  
NOTE Confidence: 0.7772853

00:48:37.760 --> 00:48:41.304 Wonderful. And is this a a shout  
NOTE Confidence: 0.7772853

00:48:41.304 --> 00:48:44.353 out or a call out to all of your non  
NOTE Confidence: 0.7772853

00:48:44.353 --> 00:48:45.757 Spanish speaking Spanish speaking  
NOTE Confidence: 0.7772853

00:48:45.820 --> 00:48:48.137 colleagues to to give teachers a try?  
NOTE Confidence: 0.804282112727273

00:48:49.630 --> 00:48:50.705 Oh yeah it's definitely it's  
NOTE Confidence: 0.804282112727273

00:48:50.705 --> 00:48:52.160 a it's a call for action.

NOTE Confidence: 0.804282112727273

00:48:52.160 --> 00:48:54.185 We need to you know as a field as

NOTE Confidence: 0.804282112727273

00:48:54.185 --> 00:48:56.639 a system and this is including us

NOTE Confidence: 0.804282112727273

00:48:56.639 --> 00:48:58.860 the the Spanish speaking clinicians.

NOTE Confidence: 0.804282112727273

00:48:58.860 --> 00:49:00.582 We can all do better to improve

NOTE Confidence: 0.804282112727273

00:49:00.582 --> 00:49:02.274 the quality of services for our

NOTE Confidence: 0.804282112727273

00:49:02.274 --> 00:49:03.470 Spanish speaking families and

NOTE Confidence: 0.804282112727273

00:49:03.470 --> 00:49:05.714 this is a call for action for for

NOTE Confidence: 0.804282112727273

00:49:05.714 --> 00:49:07.654 everyone and and this is a tool

NOTE Confidence: 0.804282112727273

00:49:07.654 --> 00:49:09.616 that I feel like it's doable.

NOTE Confidence: 0.804282112727273

00:49:09.620 --> 00:49:12.752 Yes it feels uncomfortable and my

NOTE Confidence: 0.804282112727273

00:49:12.752 --> 00:49:14.547 feel uncomfortable but but it's

NOTE Confidence: 0.804282112727273

00:49:14.547 --> 00:49:16.290 a tool that we can all use.

NOTE Confidence: 0.852434476923077

00:49:20.510 --> 00:49:24.178 You really tapped into some of your

NOTE Confidence: 0.852434476923077

00:49:24.178 --> 00:49:26.448 Spanish speaking colleagues emotional

NOTE Confidence: 0.852434476923077

00:49:26.448 --> 00:49:30.078 memories and there's so many vitos

NOTE Confidence: 0.852434476923077

00:49:30.078 --> 00:49:32.958 flying through the the chat so thank  
NOTE Confidence: 0.852434476923077

00:49:32.958 --> 00:49:34.925 you for that and it's also lovely  
NOTE Confidence: 0.852434476923077

00:49:34.925 --> 00:49:37.349 like you know with with this you can  
NOTE Confidence: 0.852434476923077

00:49:37.349 --> 00:49:39.546 figure out ways feel free to look them  
NOTE Confidence: 0.852434476923077

00:49:39.546 --> 00:49:41.360 up and find out what they mean and  
NOTE Confidence: 0.852434476923077

00:49:41.360 --> 00:49:43.010 how you might be able to use them.  
NOTE Confidence: 0.852434476923077

00:49:43.010 --> 00:49:45.187 You know Hector talked about the April  
NOTE Confidence: 0.852434476923077

00:49:45.187 --> 00:49:48.093 may I use that to often kind of say that  
NOTE Confidence: 0.852434476923077

00:49:48.093 --> 00:49:50.470 you kind of you can appreciate the.  
NOTE Confidence: 0.852434476923077

00:49:50.470 --> 00:49:51.412 The beautiful things,  
NOTE Confidence: 0.852434476923077

00:49:51.412 --> 00:49:53.830 when you have some hard things before it,  
NOTE Confidence: 0.852434476923077

00:49:53.830 --> 00:49:55.286 like you need them both to be  
NOTE Confidence: 0.852434476923077

00:49:55.286 --> 00:49:56.180 able to appreciate them.  
NOTE Confidence: 0.852434476923077

00:49:56.180 --> 00:49:57.930 So there's lots of different  
NOTE Confidence: 0.852434476923077

00:49:57.930 --> 00:49:59.720 ways that you can use them,  
NOTE Confidence: 0.852434476923077

00:49:59.720 --> 00:50:01.112 but you'll see the power of

NOTE Confidence: 0.852434476923077

00:50:01.112 --> 00:50:02.860 it in the in the families.

NOTE Confidence: 0.852434476923077

00:50:02.860 --> 00:50:05.440 It really drives home a connection.

NOTE Confidence: 0.852434476923077

00:50:05.440 --> 00:50:08.056 It helps with that rapport building,

NOTE Confidence: 0.852434476923077

00:50:08.060 --> 00:50:10.972 but it also helps with the connection to

NOTE Confidence: 0.852434476923077

00:50:10.972 --> 00:50:13.459 the concept that you're trying to teach

NOTE Confidence: 0.852434476923077

00:50:13.459 --> 00:50:16.758 in a way that really connects for families.

NOTE Confidence: 0.852434476923077

00:50:16.760 --> 00:50:18.608 And it's there's so many coming through.

NOTE Confidence: 0.841651859

00:50:19.850 --> 00:50:21.874 And and just I wanted to point to

NOTE Confidence: 0.841651859

00:50:21.874 --> 00:50:23.586 a suggestion that Jessica Mayo had

NOTE Confidence: 0.841651859

00:50:23.586 --> 00:50:25.302 which I think is is wonderful,

NOTE Confidence: 0.841651859

00:50:25.310 --> 00:50:26.582 just I don't know if you want to

NOTE Confidence: 0.841651859

00:50:26.582 --> 00:50:27.720 say anything about your suggestion.

NOTE Confidence: 0.861676427272727

00:50:34.020 --> 00:50:35.780 Not sure if Jessica can can can unmute

NOTE Confidence: 0.861676427272727

00:50:35.780 --> 00:50:37.408 at the moment, but yeah you can.

NOTE Confidence: 0.861676427272727

00:50:37.408 --> 00:50:38.770 You can read it there. I think

NOTE Confidence: 0.611240714

00:50:38.780 --> 00:50:41.266 there. Sorry it was my computer is almost

NOTE Confidence: 0.611240714

00:50:41.266 --> 00:50:43.146 dead so I had it docked in my video.

NOTE Confidence: 0.5506705975

00:50:44.580 --> 00:50:46.408 Thanks, Kieran. Umm, yeah.

NOTE Confidence: 0.848021034285714

00:50:46.420 --> 00:50:48.262 Just thinking about our waiting room

NOTE Confidence: 0.848021034285714

00:50:48.262 --> 00:50:50.345 and the English speaking quotes or the

NOTE Confidence: 0.848021034285714

00:50:50.345 --> 00:50:51.930 English quotes that are there that I

NOTE Confidence: 0.848021034285714

00:50:51.930 --> 00:50:53.190 think have resonated with some teams

NOTE Confidence: 0.848021034285714

00:50:53.190 --> 00:50:54.824 that I see and wondering about the

NOTE Confidence: 0.848021034285714

00:50:54.824 --> 00:50:56.706 potential value of having some of these

NOTE Confidence: 0.848021034285714

00:50:56.706 --> 00:50:59.040 that we know resonate with Spanish

NOTE Confidence: 0.848021034285714

00:50:59.040 --> 00:51:00.145 speaking families and just making

NOTE Confidence: 0.848021034285714

00:51:00.145 --> 00:51:02.650 them more prominent in our clinic.

NOTE Confidence: 0.848021034285714

00:51:02.650 --> 00:51:03.538 It's a great idea.

NOTE Confidence: 0.847314415555556

00:51:13.820 --> 00:51:16.494 There's a comment in the chat that

NOTE Confidence: 0.847314415555556

00:51:16.494 --> 00:51:18.360 you're modeling, somebody else went in,

NOTE Confidence: 0.847314415555556

00:51:18.360 --> 00:51:20.333 but it says you're modeling such a



NOTE Confidence: 0.847314415555556  
00:51:20.333 --> 00:51:21.953 way to help increase engagement of  
NOTE Confidence: 0.847314415555556  
00:51:21.953 --> 00:51:23.866 families and also to help ensure  
NOTE Confidence: 0.847314415555556  
00:51:23.866 --> 00:51:25.266 that clinical conversations and  
NOTE Confidence: 0.847314415555556  
00:51:25.266 --> 00:51:26.736 treatment resonate with families.  
NOTE Confidence: 0.847314415555556  
00:51:26.736 --> 00:51:28.400 What a very real,  
NOTE Confidence: 0.847314415555556  
00:51:28.400 --> 00:51:30.038 real way to connect with them.  
NOTE Confidence: 0.860994633333333  
00:51:32.210 --> 00:51:32.969 Thank you, Carrie.  
NOTE Confidence: 0.780747393333333  
00:51:34.040 --> 00:51:35.670 Yeah, it's not and that's  
NOTE Confidence: 0.780747393333333  
00:51:35.670 --> 00:51:37.355 what really it's about, right.  
NOTE Confidence: 0.780747393333333  
00:51:37.355 --> 00:51:39.980 It's about kind of connecting it in  
NOTE Confidence: 0.780747393333333  
00:51:39.980 --> 00:51:43.337 a way that that it brings in some of  
NOTE Confidence: 0.780747393333333  
00:51:43.337 --> 00:51:45.114 their their own cultural knowledge  
NOTE Confidence: 0.780747393333333  
00:51:45.114 --> 00:51:47.196 that that that they bring in.  
NOTE Confidence: 0.780747393333333  
00:51:47.200 --> 00:51:48.460 And and I think that you know,  
NOTE Confidence: 0.780747393333333  
00:51:48.460 --> 00:51:51.317 it's not to say that or we we just have to  
NOTE Confidence: 0.780747393333333

00:51:51.317 --> 00:51:53.597 throw away all evidence based practices.

NOTE Confidence: 0.7807473933333333

00:51:53.600 --> 00:51:55.106 Of course not you know there's

NOTE Confidence: 0.7807473933333333

00:51:55.106 --> 00:51:57.399 a lot of a lot of good substance

NOTE Confidence: 0.7807473933333333

00:51:57.399 --> 00:51:59.670 there a lot of really really good

NOTE Confidence: 0.7807473933333333

00:51:59.670 --> 00:52:01.505 techniques that that are there,

NOTE Confidence: 0.7807473933333333

00:52:01.510 --> 00:52:04.540 but the delivery is definitely not.

NOTE Confidence: 0.7807473933333333

00:52:04.540 --> 00:52:06.904 Connecting well with with all the

NOTE Confidence: 0.7807473933333333

00:52:06.904 --> 00:52:09.774 families and maybe the adaptations and

NOTE Confidence: 0.7807473933333333

00:52:09.774 --> 00:52:13.326 are not maybe where we want them to

NOTE Confidence: 0.7807473933333333

00:52:13.326 --> 00:52:16.759 be and and in some ways it's really

NOTE Confidence: 0.7807473933333333

00:52:16.759 --> 00:52:20.449 maybe this push to to make some of

NOTE Confidence: 0.7807473933333333

00:52:20.449 --> 00:52:22.667 those connections not solely on

NOTE Confidence: 0.7807473933333333

00:52:22.667 --> 00:52:24.809 like not put all the responsibility

NOTE Confidence: 0.7807473933333333

00:52:24.809 --> 00:52:27.169 on the Spanish speaking clinician

NOTE Confidence: 0.7807473933333333

00:52:27.170 --> 00:52:29.465 to to try to get creative or to to

NOTE Confidence: 0.7807473933333333

00:52:29.465 --> 00:52:31.407 become that but to formulate some

NOTE Confidence: 0.7807473933333333  
00:52:31.407 --> 00:52:33.573 tools that that it's like OK this  
NOTE Confidence: 0.7807473933333333  
00:52:33.573 --> 00:52:35.267 is a tool that you can use.  
NOTE Confidence: 0.7807473933333333  
00:52:35.270 --> 00:52:37.972 And make it more readily available so  
NOTE Confidence: 0.7807473933333333  
00:52:37.972 --> 00:52:40.359 that everyone has like this this type  
NOTE Confidence: 0.7807473933333333  
00:52:40.359 --> 00:52:42.606 of tool so to either better engage  
NOTE Confidence: 0.7807473933333333  
00:52:42.606 --> 00:52:45.140 or to present the the evidence based  
NOTE Confidence: 0.7807473933333333  
00:52:45.211 --> 00:52:47.699 practice and in a way that works and  
NOTE Confidence: 0.7807473933333333  
00:52:47.699 --> 00:52:50.108 maybe better for that particular family.  
NOTE Confidence: 0.7763206473333333  
00:52:53.080 --> 00:52:54.977 Again as Hector was saying I think  
NOTE Confidence: 0.7763206473333333  
00:52:54.977 --> 00:52:56.434 that's like an ongoing process  
NOTE Confidence: 0.7763206473333333  
00:52:56.434 --> 00:52:58.778 because I know even for myself when I  
NOTE Confidence: 0.7763206473333333  
00:52:58.836 --> 00:53:00.887 sometimes when I read the measures I  
NOTE Confidence: 0.7763206473333333  
00:53:00.887 --> 00:53:02.550 realized like oh there's the might be  
NOTE Confidence: 0.7763206473333333  
00:53:02.550 --> 00:53:04.395 a little bit of a better way but you  
NOTE Confidence: 0.7763206473333333  
00:53:04.395 --> 00:53:05.851 don't know it until you're doing it.  
NOTE Confidence: 0.7763206473333333

00:53:05.860 --> 00:53:08.296 So maybe even having some of the  
NOTE Confidence: 0.776320647333333

00:53:08.296 --> 00:53:10.111 Spanish speaking clinicians talk about  
NOTE Confidence: 0.776320647333333

00:53:10.111 --> 00:53:11.881 the creative interventions they use  
NOTE Confidence: 0.776320647333333

00:53:11.881 --> 00:53:14.256 because I know sometimes we we talk  
NOTE Confidence: 0.776320647333333

00:53:14.256 --> 00:53:16.134 about it and and different things  
NOTE Confidence: 0.776320647333333

00:53:16.140 --> 00:53:18.708 that we modify it within the the BP.  
NOTE Confidence: 0.7791370625

00:53:21.650 --> 00:53:22.858 Angie, please go ahead.  
NOTE Confidence: 0.522709826666667

00:53:23.010 --> 00:53:24.339 Ohh I just  
NOTE Confidence: 0.8471464675

00:53:24.350 --> 00:53:25.738 wanted to add that.  
NOTE Confidence: 0.86659428

00:53:26.810 --> 00:53:28.630 I've been taking it out of the  
NOTE Confidence: 0.86659428

00:53:28.630 --> 00:53:30.519 context of the Latino population.  
NOTE Confidence: 0.86659428

00:53:30.520 --> 00:53:31.993 I remember having conversations  
NOTE Confidence: 0.86659428

00:53:31.993 --> 00:53:33.860 like with Maria Mutlak.  
NOTE Confidence: 0.86659428

00:53:33.860 --> 00:53:36.780 She's now a fellow in the in the  
NOTE Confidence: 0.86659428

00:53:36.780 --> 00:53:41.351 child psych service and she, she,  
NOTE Confidence: 0.86659428

00:53:41.351 --> 00:53:42.998 you know, she and I would compare,

NOTE Confidence: 0.86659428

00:53:43.000 --> 00:53:45.280 she's from Iran and I'm from Mexico

NOTE Confidence: 0.86659428

00:53:45.280 --> 00:53:46.540 and she and I would compare.

NOTE Confidence: 0.86659428

00:53:46.540 --> 00:53:48.406 And you can see a lot of what the

NOTE Confidence: 0.86659428

00:53:48.410 --> 00:53:50.080 author was talking about this,

NOTE Confidence: 0.86659428

00:53:50.080 --> 00:53:51.430 this cross pollination,

NOTE Confidence: 0.86659428

00:53:51.430 --> 00:53:53.140 this worldwide that they're sayings

NOTE Confidence: 0.884926245

00:53:53.150 --> 00:53:53.890 that they say in

NOTE Confidence: 0.779178183333333

00:53:53.900 --> 00:53:56.099 Iran that are

NOTE Confidence: 0.950826485714286

00:53:56.110 --> 00:53:59.239 very similar to things that were said.

NOTE Confidence: 0.950826485714286

00:53:59.240 --> 00:54:01.568 In Mexico, and it probably came

NOTE Confidence: 0.950826485714286

00:54:01.568 --> 00:54:04.486 through the Muslim incursion, you know,

NOTE Confidence: 0.950826485714286

00:54:04.486 --> 00:54:07.890 into Spain where they were 300 years ago,

NOTE Confidence: 0.950826485714286

00:54:07.890 --> 00:54:09.246 you know, and just thinking about,

NOTE Confidence: 0.950826485714286

00:54:09.250 --> 00:54:10.696 you know, the similarities and how

NOTE Confidence: 0.908090992

00:54:10.710 --> 00:54:12.400 that can bring us together

NOTE Confidence: 0.79647212

00:54:12.810 --> 00:54:14.710 not just with Latino populations,  
NOTE Confidence: 0.79647212

00:54:14.710 --> 00:54:17.430 but with our Muslim population, with our,  
NOTE Confidence: 0.79647212

00:54:17.430 --> 00:54:19.878 you know, African American, Caribbean,  
NOTE Confidence: 0.79647212

00:54:19.878 --> 00:54:22.470 Afro, Caribbean population too.  
NOTE Confidence: 0.835705566

00:54:27.410 --> 00:54:30.007 No exactly I think that that's so  
NOTE Confidence: 0.835705566

00:54:30.007 --> 00:54:33.790 true and I even even with I I more  
NOTE Confidence: 0.835705566

00:54:33.790 --> 00:54:36.242 specifically work with with Latino  
NOTE Confidence: 0.835705566

00:54:36.242 --> 00:54:38.806 Spanish speaking families often  
NOTE Confidence: 0.835705566

00:54:38.810 --> 00:54:41.428 however like Dad even I've had you  
NOTE Confidence: 0.835705566

00:54:41.428 --> 00:54:43.667 know colleagues or friends that are  
NOTE Confidence: 0.835705566

00:54:43.667 --> 00:54:46.089 from other cultures and we I see  
NOTE Confidence: 0.835705566

00:54:46.164 --> 00:54:48.876 some some of those similar elements  
NOTE Confidence: 0.835705566

00:54:48.876 --> 00:54:50.965 that you're mentioning where you  
NOTE Confidence: 0.835705566

00:54:50.965 --> 00:54:52.890 know you kind of pull from from  
NOTE Confidence: 0.835705566

00:54:52.890 --> 00:54:54.727 these different cultures and I think  
NOTE Confidence: 0.835705566

00:54:54.727 --> 00:54:56.569 that sharing of cultural wisdom that

NOTE Confidence: 0.835705566

00:54:56.631 --> 00:54:58.626 sometimes it's it is very similar to.

NOTE Confidence: 0.835705566

00:54:58.630 --> 00:55:01.174 To maybe some of the values

NOTE Confidence: 0.835705566

00:55:01.174 --> 00:55:02.870 that that are being.

NOTE Confidence: 0.835705566

00:55:02.870 --> 00:55:05.204 You know maybe brought from generation

NOTE Confidence: 0.835705566

00:55:05.204 --> 00:55:07.590 to generation in some ways very

NOTE Confidence: 0.835705566

00:55:07.590 --> 00:55:09.500 similar and and just learning

NOTE Confidence: 0.835705566

00:55:09.500 --> 00:55:11.300 from from different cultures.

NOTE Confidence: 0.835705566

00:55:11.300 --> 00:55:13.532 I think it's the the step and the push

NOTE Confidence: 0.835705566

00:55:13.532 --> 00:55:15.578 that that we want to make and that's

NOTE Confidence: 0.835705566

00:55:15.578 --> 00:55:18.023 where I say we're speaking about this

NOTE Confidence: 0.835705566

00:55:18.023 --> 00:55:20.073 with Latino Spanish speaking families.

NOTE Confidence: 0.835705566

00:55:20.080 --> 00:55:23.132 But this is true for other immigrant

NOTE Confidence: 0.835705566

00:55:23.132 --> 00:55:25.199 families other cultures that are

NOTE Confidence: 0.835705566

00:55:25.199 --> 00:55:27.586 here at the center and kind of

NOTE Confidence: 0.835705566

00:55:27.586 --> 00:55:29.754 pushing ourselves to to kind of

NOTE Confidence: 0.835705566

00:55:29.754 --> 00:55:32.124 learn more and to become more more.

NOTE Confidence: 0.835705566

00:55:32.124 --> 00:55:32.436 Like.

NOTE Confidence: 0.835705566

00:55:32.436 --> 00:55:35.215 In in a way focused in in providing

NOTE Confidence: 0.835705566

00:55:35.215 --> 00:55:37.815 better quality care for for

NOTE Confidence: 0.835705566

00:55:37.815 --> 00:55:39.895 everyone and bringing everyone's

NOTE Confidence: 0.835705566

00:55:39.971 --> 00:55:42.196 culture into the therapy room.

NOTE Confidence: 0.8093080325

00:55:48.910 --> 00:55:50.190 Cecilia, do you have a

NOTE Confidence: 0.8093080325

00:55:50.190 --> 00:55:51.250 question please on mute?

NOTE Confidence: 0.76730637

00:55:55.600 --> 00:55:57.058 Thank you, Kieran.

NOTE Confidence: 0.76730637

00:55:57.058 --> 00:56:00.208 I again I, I just absolutely love

NOTE Confidence: 0.76730637

00:56:00.208 --> 00:56:03.172 this and I'm curious given the fact

NOTE Confidence: 0.76730637

00:56:03.172 --> 00:56:05.972 that his Latino heritage and I.

NOTE Confidence: 0.76730637

00:56:05.972 --> 00:56:08.985 So. So thank you and appreciate

NOTE Confidence: 0.76730637

00:56:08.985 --> 00:56:10.500 this wonderful presentation.

NOTE Confidence: 0.76730637

00:56:10.500 --> 00:56:13.668 I'm just curious we have a wealth of.

NOTE Confidence: 0.76730637

00:56:13.670 --> 00:56:15.780 You know knowledge here and



NOTE Confidence: 0.76730637

00:56:15.780 --> 00:56:17.596 I'm just wondering, you know,

NOTE Confidence: 0.76730637

00:56:17.596 --> 00:56:20.532 by I don't know if if this would be it

NOTE Confidence: 0.76730637

00:56:20.532 --> 00:56:22.290 would be interesting just to see by a

NOTE Confidence: 0.76730637

00:56:22.290 --> 00:56:25.946 show of hands how many of us actually.

NOTE Confidence: 0.76730637

00:56:25.950 --> 00:56:29.490 You know here as, as, as, faculty and.

NOTE Confidence: 0.76730637

00:56:29.490 --> 00:56:33.500 And and fellows and trainees and so forth.

NOTE Confidence: 0.76730637

00:56:33.500 --> 00:56:35.660 Spanish is their first language.

NOTE Confidence: 0.76730637

00:56:35.660 --> 00:56:38.000 Start starting with that if

NOTE Confidence: 0.76730637

00:56:38.000 --> 00:56:40.340 we can show show hands.

NOTE Confidence: 0.76730637

00:56:40.340 --> 00:56:42.800 I know, just curious because

NOTE Confidence: 0.76730637

00:56:42.800 --> 00:56:45.026 this is these are some resources.

NOTE Confidence: 0.8408344585

00:56:45.260 --> 00:56:46.724 So if everyone if everyone did

NOTE Confidence: 0.8408344585

00:56:46.724 --> 00:56:48.351 actually put their hand up via zoom

NOTE Confidence: 0.8408344585

00:56:48.351 --> 00:56:49.744 and we would get a total number,

NOTE Confidence: 0.8408344585

00:56:49.750 --> 00:56:51.927 the number comes up directly here and

NOTE Confidence: 0.7620483625

00:56:52.220 --> 00:56:53.408 the number is climbing.  
NOTE Confidence: 0.77399659

00:56:56.270 --> 00:56:57.798 I wish I could put my hand up.  
NOTE Confidence: 0.9064491925

00:57:02.980 --> 00:57:06.270 I feel quite fortunate. Thank you.  
NOTE Confidence: 0.7536361775

00:57:07.480 --> 00:57:10.120 Only six so far, but there are seven  
NOTE Confidence: 0.7536361775

00:57:10.120 --> 00:57:11.890 and the number is climbing, so.  
NOTE Confidence: 0.86381412

00:57:12.760 --> 00:57:13.300 There we go.  
NOTE Confidence: 0.8249368

00:57:14.680 --> 00:57:16.310 I can't put mine up. I don't know how to do  
NOTE Confidence: 0.920171067142857

00:57:16.320 --> 00:57:17.286 it, but I'm just going to put  
NOTE Confidence: 0.793209966666667

00:57:17.300 --> 00:57:18.329 my. Actually, I  
NOTE Confidence: 0.886380097

00:57:18.340 --> 00:57:19.834 think that might be the case for a few  
NOTE Confidence: 0.886380097

00:57:19.834 --> 00:57:21.547 people, so I'm sure there's more than 7.  
NOTE Confidence: 0.644408366

00:57:27.150 --> 00:57:28.900 That's a nice \*\*\* Cecilia.  
NOTE Confidence: 0.644408366

00:57:28.900 --> 00:57:30.910 Just just shows some some solidarity  
NOTE Confidence: 0.644408366

00:57:30.910 --> 00:57:32.999 and sometimes some of the things  
NOTE Confidence: 0.644408366

00:57:32.999 --> 00:57:34.844 that aren't obvious to us right,  
NOTE Confidence: 0.644408366

00:57:34.844 --> 00:57:36.452 knowing a piece of connection that

NOTE Confidence: 0.644408366

00:57:36.452 --> 00:57:38.871 we might not see and may not have the

NOTE Confidence: 0.644408366

00:57:38.871 --> 00:57:40.657 opportunity to connect with others if

NOTE Confidence: 0.644408366

00:57:40.657 --> 00:57:42.771 we're speaking in English all the time.

NOTE Confidence: 0.644408366

00:57:42.771 --> 00:57:45.185 So we may not know. Uh, so thanks.

NOTE Confidence: 0.644408366

00:57:45.185 --> 00:57:46.325 Thanks for that moment.

NOTE Confidence: 0.644408366

00:57:46.330 --> 00:57:47.902 Does anyone again,

NOTE Confidence: 0.644408366

00:57:47.902 --> 00:57:49.998 Hector and Anna Maria,

NOTE Confidence: 0.644408366

00:57:50.000 --> 00:57:51.806 this was so great and so lovely,

NOTE Confidence: 0.644408366

00:57:51.810 --> 00:57:55.044 and you've got a lot of people

NOTE Confidence: 0.644408366

00:57:55.044 --> 00:57:57.558 thinking not just about using

NOTE Confidence: 0.644408366

00:57:57.558 --> 00:57:59.606 features with Latino families,

NOTE Confidence: 0.644408366

00:57:59.610 --> 00:58:01.998 but also thinking about other proverbs

NOTE Confidence: 0.644408366

00:58:01.998 --> 00:58:04.439 and saying for other cultures and

NOTE Confidence: 0.644408366

00:58:04.439 --> 00:58:06.767 other people that we come across,

NOTE Confidence: 0.644408366

00:58:06.770 --> 00:58:08.975 were there any other questions

NOTE Confidence: 0.644408366

00:58:08.975 --> 00:58:10.298 that folks have?  
NOTE Confidence: 0.644408366

00:58:10.300 --> 00:58:11.104 You know, this,  
NOTE Confidence: 0.644408366

00:58:11.104 --> 00:58:12.444 we're getting to the end,  
NOTE Confidence: 0.644408366

00:58:12.450 --> 00:58:14.158 but want to make sure that folks  
NOTE Confidence: 0.644408366

00:58:14.158 --> 00:58:14.890 have the opportunity.  
NOTE Confidence: 0.85610455

00:58:21.030 --> 00:58:22.536 Oh, wait, there's one in here.  
NOTE Confidence: 0.85610455

00:58:22.540 --> 00:58:23.524 Thank you. No.  
NOTE Confidence: 0.85610455

00:58:23.524 --> 00:58:25.164 So some statements of gratitude.  
NOTE Confidence: 0.85610455

00:58:25.170 --> 00:58:27.277 So make sure that you have the  
NOTE Confidence: 0.85610455

00:58:27.277 --> 00:58:29.328 chance to take a peek at those,  
NOTE Confidence: 0.85610455

00:58:29.330 --> 00:58:31.220 both of you and everyone else for  
NOTE Confidence: 0.85610455

00:58:31.220 --> 00:58:32.991 the comments and for the lovely  
NOTE Confidence: 0.85610455

00:58:32.991 --> 00:58:35.105 talents that we have in celebrating that.  
NOTE Confidence: 0.85610455

00:58:35.110 --> 00:58:37.050 And also, again, you know,  
NOTE Confidence: 0.85610455

00:58:37.050 --> 00:58:39.248 I, I tell my kids that we,  
NOTE Confidence: 0.85610455

00:58:39.250 --> 00:58:41.430 we live Hispanic heritage life,

NOTE Confidence: 0.85610455

00:58:41.430 --> 00:58:44.410 don't live Hispanic heritage month.

NOTE Confidence: 0.85610455

00:58:44.410 --> 00:58:45.650 But during this month,

NOTE Confidence: 0.85610455

00:58:45.650 --> 00:58:47.919 it's lovely to be able to celebrate

NOTE Confidence: 0.85610455

00:58:47.919 --> 00:58:50.335 not only some of our Latino clinicians.

NOTE Confidence: 0.85610455

00:58:50.335 --> 00:58:51.430 And faculty members,

NOTE Confidence: 0.85610455

00:58:51.430 --> 00:58:54.028 but also the work that are enhancing

NOTE Confidence: 0.85610455

00:58:54.028 --> 00:58:56.724 the work for some of our Latino family.

NOTE Confidence: 0.85610455

00:58:56.730 --> 00:58:58.254 So thank you for bringing that

NOTE Confidence: 0.85610455

00:58:58.254 --> 00:59:00.006 to us today and thank you

NOTE Confidence: 0.85610455

00:59:00.006 --> 00:59:01.366 for sharing your knowledge,

NOTE Confidence: 0.85610455

00:59:01.370 --> 00:59:02.154 your experience,

NOTE Confidence: 0.85610455

00:59:02.154 --> 00:59:04.114 your talent and your culture.

NOTE Confidence: 0.67312667

00:59:07.030 --> 00:59:08.359 You're having us?

NOTE Confidence: 0.859933098333333

00:59:14.650 --> 00:59:16.996 Thank you, everyone. Bye, bye now.