
The Science and Practice of Change: Contemporary Perspectives on Defining and Documenting Clinical Outcomes

Draft Program

Day #1

Welcome

8:30AM Registration & breakfast

9:00AM Welcome
   Linda Mayes, MD (Yale University School of Medicine)
   Jane Tillman, PhD, ABPP (Austen Riggs Center)

9:15AM The science and practice of change: Some opening comments
   Thomas McMahon, PhD (Yale University School of Medicine)

Session #1

9:45AM Cognitive neuroscience of universal mechanisms of change in psychotherapy
   Andrew Gerber, MD, PhD (Austen Riggs Center)

10:15AM Undetected enactment of family dynamics: How patient, family and staff dynamics contribute to adverse treatment outcomes
   Cathleen Morey, LICSW (Austen Riggs Center)

10:45AM Morning break

11:00AM The Home Tour: Documenting the impact of offering live music where people live
   Mary McBride (The Home Tour)

11:30AM Commentary
   Nancy Suchman, PhD
   (Yale University School of Medicine)

12:00PM Morning panel discussion

12:30PM Lunch
Session #2

1:30PM    Treating borderline personality disorder to improve outcomes in treatment-resistant depression  
          Eric M. Plakun, MD (Austen Riggs Center)

2:00PM    Genetics and change  
          David Reiss, MD (Yale University School of Medicine)

2:30PM    Investigating intrapsychic change in patients whose treatments end in suicide: A psychological autopsy using projective testing  
          Lee Damsky, PhD (Austen Riggs Center)

3:00PM    Afternoon break

3:30PM    Citizenship and the social foundation of mental health  
          Michael Rowe, PhD (Yale University School of Medicine)

4:00PM    Commentary  
          Jane Tillman, PhD, ABPP (Austen Riggs Center)

4:30PM    Afternoon panel discussion

5:00PM    End of day #1

Day #2

Welcome

8:30AM    Registration & breakfast

9:00AM    The science and practice of change: Some more opening comments  
          Thomas McMahon, PhD (Yale University School of Medicine)

Session #3

9:15AM    To change or not to change: A look at the complexity of and ambivalence towards change in a single case study  
          Heather Churchill, PsyD & Jeremy Ridenour, PsyD (Austen Riggs Center)

9:45AM    The nature of change in gender-variant youth: A biopsychosocial perspective  
          Christy Olezeski, PhD, Susan Boulware, MD, & Anisha Patel, DO (Yale University School of Medicine)

10:15AM    Suicide survivors’ personal evaluations of state of mind immediately preceding a near lethal suicide attempt: A repeated measures analysis
Jill Clemence, PhD (Albany Medical Center & Austen Riggs Center), Jane Tillman, PhD, ABPP, Jennifer Stevens, PhD (Austen Riggs Center), & Katie Lewis, PhD (Albany Medical Center)

10:45AM  **Morning break**

11:00AM  **Commentary**
Susan Bers, PhD (Yale University School of Medicine)

11:30AM  **Morning panel discussion**

12:00PM  **Lunch**

**Session #4**

1:00PM  **Freud meets Skinner in New Haven: Behavioral interventions in the context of psychodynamic psychotherapy**
Amanda Zayde, PsyD (Albert Einstein College of Medicine) & Nakia Hamlett, PhD (Yale University School of Medicine)

1:30PM  **Brittle masculinity in the consulting room: Integrating psychoanalytic theory and research in the deconstruction of this phenomenon**
Kate Gallagher, PhD (Austen Riggs Center)

2:00PM  **Contingency management, the 'rhythmic third,' and the tempo of treatment engagement with young adults abusing substances**
Matthew Steinfeld, PhD (Yale University School of Medicine)

2:30PM  **Afternoon break**

3:00PM  **Commentary**
Eric M. Plakun, MD (Austen Riggs Center)

3:30PM  **Afternoon panel discussion**

**Plenary session**

4:00PM  **Reflections from the Austen Riggs Center**
James Sacksteder, MD (Austen Riggs Center)

4:30PM  **Reflections from the Yale University School of Medicine**
Linda Mayes, MD (Yale University School of Medicine)

4:45PM  **End of day #2**