WEBVTT

00:00:00.000 --> 00:00:05.397 Today we have a clinical teaching topic.

00:00:05.400 --> 00:00:07.062 I mean as you remember we're

00:00:07.062 --> 00:00:08.864 alternating kind of things that could

00:00:08.864 --> 00:00:10.772 be more classroom or or professional

00:00:10.772 --> 00:00:12.519 development for for academic writing.

00:00:12.520 --> 00:00:14.704 So today we have something that's

00:00:14.704 --> 00:00:16.766 near and dear whether you're teaching

00:00:16.766 --> 00:00:18.376 the ambulatory setting or you're

00:00:18.376 --> 00:00:19.799 teaching where time is limited,

00:00:19.800 --> 00:00:21.906 this will hopefully be a useful

00:00:21.906 --> 00:00:22.959 session for you.

00:00:22.960 --> 00:00:25.088 We do have a few more and they'll

00:00:25.088 --> 00:00:27.020 we'll sessions before we end

00:00:27.020 --> 00:00:28.680 for this academic year.

00:00:28.680 --> 00:00:30.955 They'll be flashed up in front of

00:00:30.955 --> 00:00:33.598 your eyes at the end along with AQR

00:00:33.598 --> 00:00:35.360 code for you to access the website.

00:00:35.360 --> 00:00:37.120 But if you're ever wanting

00:00:37.120 --> 00:00:38.880 to listen to past recordings,

00:00:38.880 --> 00:00:41.008 if you go to Yale City Medical

00:00:41.008 --> 00:00:42.640 Education under Educator Development,

00:00:42.640 --> 00:00:45.080 you'll see past recordings there.

00:00:45.080 --> 00:00:47.520 Let me turn it over to Andreas Martin,

00:00:47.520 --> 00:00:49.907 my partner in crime who is helping

00:00:49.907 --> 00:00:52.216 and we are running this this

00:00:52.216 --> 00:00:54.628 series for this year and he's

00:00:54.628 --> 00:00:57.078 gonna introduce today's speaker.

00:00:57.080 --> 00:00:57.832 Thank you.

00:00:57.832 --> 00:00:58.584 Thank you,

NOTE Confidence: 0.837698677142857

00:00:58.584 --> 00:00:58.960 Dana.

NOTE Confidence: 0.837698677142857

00:00:58.960 --> 00:00:59.480 So

NOTE Confidence: 0.561493485555556

00:01:02.360 --> 00:01:05.425 it's really wonderful to to

NOTE Confidence: 0.561493485555556

00:01:05.425 --> 00:01:07.877 welcome Jen Jen Rockfeld,

NOTE Confidence: 0.561493485555556

00:01:07.880 --> 00:01:10.795 I I told her that I wouldn't spend much time,

NOTE Confidence: 0.561493485555556

00:01:10.800 --> 00:01:15.040 only 45 minutes or so go going over her CV.

NOTE Confidence: 0.561493485555556

00:01:15.040 --> 00:01:16.906 But we agreed there was probably

NOTE Confidence: 0.561493485555556

00:01:16.906 --> 00:01:17.839 shortening that significantly.

NOTE Confidence: 0.561493485555556

00:01:17.840 --> 00:01:19.930 And I think that that what you see on the

NOTE Confidence: 0.561493485555556

00:01:19.984 --> 00:01:21.910 slide really tells a lot of who Jen is

NOTE Confidence: 0.561493485555556

00:01:21.910 --> 00:01:23.929 and does and how that will inform what

NOTE Confidence: 0.561493485555556

00:01:23.929 --> 00:01:26.328 we're going to be learning about today.

NOTE Confidence: 0.561493485555556

00:01:26.328 --> 00:01:29.466 So we are together in the Center

NOTE Confidence: 0.561493485555556

00:01:29.466 --> 00:01:34.004 for Medical Education and Jen works

NOTE Confidence: 0.561493485555556

00:01:34.004 --> 00:01:37.314 in educational development for the

NOTE Confidence: 0.561493485555556

00:01:37.314 --> 00:01:40.135 ambulatory setting within the center

NOTE Confidence: 0.561493485555556

00:01:40.135 --> 00:01:43.320 and also in the Northeast Medical Group,

NOTE Confidence: 0.561493485555556

00:01:43.320 --> 00:01:44.330 this very,

NOTE Confidence: 0.561493485555556

00:01:44.330 --> 00:01:47.360 very large consortium of outpatient services.

NOTE Confidence: 0.561493485555556

00:01:47.360 --> 00:01:51.104 She is the Director of Education

NOTE Confidence: 0.561493485555556

00:01:51.104 --> 00:01:52.160 Education Development.

NOTE Confidence: 0.561493485555556

00:01:52.160 --> 00:01:55.205 So how, how can we as physicians

NOTE Confidence: 0.561493485555556

00:01:55.205 --> 00:01:59.200 become more better at teaching

NOTE Confidence: 0.704361364444444

00:01:59.720 --> 00:02:01.997 at the not by the bedside but at the

NOTE Confidence: 0.704361364444444

00:02:02.000 --> 00:02:05.719 seat side or something like that? So Jen,

NOTE Confidence: 0.87644234

00:02:05.720 --> 00:02:07.440 welcome and take it away.

NOTE Confidence: 0.869011025714286

00:02:09.000 --> 00:02:10.428 Thank you, Andreas. Yes.

NOTE Confidence: 0.869011025714286

00:02:10.428 --> 00:02:13.545 So I I have been teaching in the

NOTE Confidence: 0.869011025714286

00:02:13.545 --> 00:02:15.520 ambulatory setting for a long time now,

NOTE Confidence: 0.869011025714286

00:02:15.520 --> 00:02:18.173 from residents to medical students and now

NOTE Confidence: 0.869011025714286

00:02:18.173 --> 00:02:21.239 I even teach some PAS and APRN students.

NOTE Confidence: 0.869011025714286

00:02:21.240 --> 00:02:22.720 So a broad range.

NOTE Confidence: 0.869011025714286

00:02:22.720 --> 00:02:25.055 And I'm hoping that all of you,

NOTE Confidence: 0.869011025714286

00:02:25.055 --> 00:02:26.195 whatever setting you're in,

NOTE Confidence: 0.869011025714286

00:02:26.200 --> 00:02:28.146 can come away with something from this

NOTE Confidence: 0.869011025714286

00:02:28.146 --> 00:02:30.476 talk that you can apply to your teaching.

NOTE Confidence: 0.869011025714286

00:02:30.480 --> 00:02:34.080 I'm going to, I can't see the chat,

NOTE Confidence: 0.869011025714286

00:02:34.080 --> 00:02:35.795 so I have people fielding the chat.

NOTE Confidence: 0.869011025714286

00:02:35.800 --> 00:02:37.753 For me, the number is in the chat already.

NOTE Confidence: 0.869011025714286

00:02:37.760 --> 00:02:38.663 For the participation,

NOTE Confidence: 0.869011025714286

00:02:38.663 --> 00:02:40.469 it's down here on the bottom

NOTE Confidence: 0.869011025714286

00:02:40.469 --> 00:02:41.838 of the slide as well.

NOTE Confidence: 0.869011025714286

00:02:41.840 --> 00:02:43.320 I have no disclosures

NOTE Confidence: 0.874750742857143

00:02:45.920 --> 00:02:47.117 and Linda will put it in again.

NOTE Confidence: 0.874750742857143

00:02:47.120 --> 00:02:47.960 Thank you, Linda.

NOTE Confidence: 0.927012267916667

00:02:50.080 --> 00:02:51.898 So my learning objectives for today

NOTE Confidence: 0.927012267916667

00:02:51.898 --> 00:02:54.350 are for us to recognize that there

NOTE Confidence: 0.927012267916667

00:02:54.350 --> 00:02:56.690 are both benefits and barriers to

NOTE Confidence: 0.927012267916667

00:02:56.690 --> 00:02:58.760 teaching in the ambulatory setting.

NOTE Confidence: 0.927012267916667

00:02:58.760 --> 00:03:01.072 I want us to really think about and

NOTE Confidence: 0.927012267916667

00:03:01.072 --> 00:03:03.342 identify what are the key roles of

NOTE Confidence: 0.927012267916667

00:03:03.342 --> 00:03:05.298 an outpatient preceptor and then get

NOTE Confidence: 0.927012267916667

00:03:05.298 --> 00:03:07.254 really granular and talk about four

NOTE Confidence: 0.927012267916667

00:03:07.254 --> 00:03:09.177 distinct strategies that you can use

NOTE Confidence: 0.927012267916667

00:03:09.177 --> 00:03:11.240 to teach in the ambulatory setting.

NOTE Confidence: 0.927012267916667

00:03:11.240 --> 00:03:13.208 And finally, I want to take a step

NOTE Confidence: 0.927012267916667

00:03:13.208 --> 00:03:15.632 back at the end and just to reflect

NOTE Confidence: 0.927012267916667

00:03:15.632 --> 00:03:17.520 on this unique experience between an

NOTE Confidence: 0.927012267916667

00:03:17.520 --> 00:03:19.120 outpatient preceptor and a student.

NOTE Confidence: 0.927012267916667

00:03:19.120 --> 00:03:21.710 Because most of the time there's a

NOTE Confidence: 0.927012267916667

00:03:21.710 --> 00:03:23.257 longitudinal experience that they

NOTE Confidence: 0.927012267916667

00:03:23.257 --> 00:03:25.117 may not experience anywhere else.

NOTE Confidence: 0.927012267916667

00:03:25.120 --> 00:03:27.352 And how can you serve as a role model

NOTE Confidence: 0.927012267916667

00:03:27.352 --> 00:03:29.312 in this experience in a multiple

NOTE Confidence: 0.927012267916667

00:03:29.312 --> 00:03:30.957 in a multitude of ways.

NOTE Confidence: 0.927012267916667

00:03:30.960 --> 00:03:32.160 So before we get started,

NOTE Confidence: 0.927012267916667

00:03:32.160 --> 00:03:35.204 I did want to put out a brief poll just to

NOTE Confidence: 0.927012267916667

00:03:35.204 --> 00:03:37.913 get a sense of who the audience is today.

NOTE Confidence: 0.927012267916667

00:03:37.920 --> 00:03:39.360 So give me one moment.

NOTE Confidence: 0.927012267916667

00:03:39.360 --> 00:03:40.665 I'm just going to launch a poll to try

NOTE Confidence: 0.927012267916667

00:03:40.665 --> 00:03:42.195 to find out where you're all coming from.

NOTE Confidence: 0.94194764

00:03:54.360 --> 00:03:58.512 So it was launching on my end when we

NOTE Confidence: 0.94194764

00:03:58.512 --> 00:04:00.275 practice and now it doesn't seem to be

NOTE Confidence: 0.931641406

00:04:01.320 --> 00:04:06.240 you need to be in display mode slideshow,

NOTE Confidence: 0.8967017

00:04:10.920 --> 00:04:13.034 but I don't have the screen to

NOTE Confidence: 0.8967017

00:04:13.034 --> 00:04:15.452 launch it in this mode. Ed, are you

NOTE Confidence: 0.8967017

00:04:15.452 --> 00:04:16.916 able to launch the pool yourself?

NOTE Confidence: 0.714284515

00:04:20.520 --> 00:04:21.560 Yep, I can launch it.

NOTE Confidence: 0.714284515

00:04:21.560 --> 00:04:22.640 Give me one second. OK.

NOTE Confidence: 0.714284515

00:04:22.640 --> 00:04:24.040 Thank you. I appreciate it.

NOTE Confidence: 0.714284515

00:04:24.040 --> 00:04:25.234 So just launch the first question

NOTE Confidence: 0.714284515

00:04:25.234 --> 00:04:26.502 and then the second question and

NOTE Confidence: 0.714284515

00:04:26.502 --> 00:04:27.798 then I'll share it with everyone.

NOTE Confidence: 0.714284515

00:04:27.800 --> 00:04:31.560 All right. So you could,

NOTE Confidence: 0.714284515

00:04:31.560 --> 00:04:33.560 I can, if everyone can see it.

NOTE Confidence: 0.714284515

00:04:33.560 --> 00:04:35.093 I'm just trying to find out what

NOTE Confidence: 0.714284515

00:04:35.093 --> 00:04:36.399 learner levels people are precepting.

NOTE Confidence: 0.714284515

00:04:36.400 --> 00:04:38.998 So you can choose multiple answers,

NOTE Confidence: 0.714284515

00:04:39.000 --> 00:04:40.674 but I just want to get a sense so

NOTE Confidence: 0.714284515

00:04:40.674 --> 00:04:42.238 that I could cater my talk to it

NOTE Confidence: 0.92734227125

00:04:49.680 --> 00:04:52.130 Great. So it looks like

NOTE Confidence: 0.92734227125

00:04:52.130 --> 00:04:54.368 really a variety and we've

NOTE Confidence: 0.92734227125

00:04:54.368 --> 00:04:55.520 got enough participation.

NOTE Confidence: 0.92734227125

00:04:55.520 --> 00:04:56.380 I'll share it with you

NOTE Confidence: 0.92734227125

00:04:56.380 --> 00:04:57.440 all so you could see too.

NOTE Confidence: 0.84031692375

00:04:59.560 --> 00:05:02.290 You can see now we've got

NOTE Confidence: 0.84031692375

00:05:02.290 --> 00:05:03.662 people precepting 1/4.

NOTE Confidence: 0.84031692375

00:05:03.662 --> 00:05:05.048 Precepting clerk, clerkship,

NOTE Confidence: 0.84031692375

00:05:05.048 --> 00:05:07.358 pre clerkship students another half.

NOTE Confidence: 0.84031692375

00:05:07.360 --> 00:05:09.016 Clerkship students 1/2.

NOTE Confidence: 0.84031692375

00:05:09.016 --> 00:05:11.256 Residents, 35% fellow. So really arrange.

NOTE Confidence: 0.84031692375

00:05:11.256 --> 00:05:13.579 And then there's some other an NA people

NOTE Confidence: 0.84031692375

00:05:13.579 --> 00:05:15.553 are here who are precepting other groups.

NOTE Confidence: 0.84031692375

00:05:15.560 --> 00:05:17.440 So thank you all for for sharing that.

NOTE Confidence: 0.84031692375

00:05:17.440 --> 00:05:19.764 I'll try to talk about which techniques

NOTE Confidence: 0.84031692375

00:05:19.764 --> 00:05:22.528 work best with each level of students. Ed,

NOTE Confidence: 0.84031692375

00:05:22.528 --> 00:05:24.832 if you could just launch the second question.

NOTE Confidence: 0.84031692375

00:05:24.840 --> 00:05:26.468 Oh, I could do it now. Thank you.

NOTE Confidence: 0.84031692375

00:05:26.468 --> 00:05:28.038 Now I could see it.

NOTE Confidence: 0.84031692375

00:05:28.040 --> 00:05:29.879 There we go.

NOTE Confidence: 0.84031692375

00:05:29.880 --> 00:05:31.140 So what type of ambulatory

NOTE Confidence: 0.84031692375

00:05:31.140 --> 00:05:32.400 setting are you teaching in?

NOTE Confidence: 0.84031692375

00:05:32.400 --> 00:05:34.608 So I really only listed ambulatory

NOTE Confidence: 0.84031692375

00:05:34.608 --> 00:05:36.080 practice and community practice,

NOTE Confidence: 0.84031692375

00:05:36.080 --> 00:05:37.417 and if there are others out there

NOTE Confidence: 0.84031692375

00:05:37.417 --> 00:05:38.970 I would love to see in the chat

NOTE Confidence: 0.84031692375

00:05:38.970 --> 00:05:40.115 where you're teaching so I can

NOTE Confidence: 0.84031692375

00:05:40.115 --> 00:05:41.277 get a sense of that as well.

NOTE Confidence: 0.916233327142857

00:05:52.140 --> 00:05:55.220 OK. So you could see over 50%

NOTE Confidence: 0.916233327142857

00:05:55.220 --> 00:05:56.940 are in the ambulatory practice,

NOTE Confidence: 0.916233327142857

00:05:56.940 --> 00:05:58.460 1/4 in the community practice.

NOTE Confidence: 0.916233327142857

00:05:58.460 --> 00:06:01.340 And anybody in the chat with other places,

NOTE Confidence: 0.916233327142857

00:06:01.340 --> 00:06:02.459 they're they're teaching.

NOTE Confidence: 0.918314245

00:06:09.800 --> 00:06:12.638 OK, so, so I will talk.

NOTE Confidence: 0.918314245

00:06:12.640 --> 00:06:14.796 Some of this has to do with

NOTE Confidence: 0.918314245

00:06:14.796 --> 00:06:15.720 the community setting.

NOTE Confidence: 0.918314245

00:06:15.720 --> 00:06:16.866 Pretty much all of it can

NOTE Confidence: 0.918314245

00:06:16.866 --> 00:06:18.000 apply to the academic setting.

NOTE Confidence: 0.918314245

00:06:18.000 --> 00:06:19.480 So let's go through it.

NOTE Confidence: 0.918314245

00:06:19.480 --> 00:06:22.591 So you know, I'm going to.

NOTE Confidence: 0.918314245

00:06:22.591 --> 00:06:24.176 So teaching the ambulatory setting

NOTE Confidence: 0.918314245

00:06:24.176 --> 00:06:25.712 has really traditionally been

NOTE Confidence: 0.918314245

00:06:25.712 --> 00:06:27.396 neglected in the literature,

NOTE Confidence: 0.918314245

00:06:27.400 --> 00:06:28.915 despite the fact that most

NOTE Confidence: 0.918314245

00:06:28.915 --> 00:06:30.430 doctors spend most of their

NOTE Confidence: 0.918314245

00:06:30.495 --> 00:06:32.240 time in the ambulatory setting.

NOTE Confidence: 0.918314245

00:06:32.240 --> 00:06:34.232 So in 1984,

NOTE Confidence: 0.918314245

00:06:34.232 --> 00:06:37.078 only 7% of internal medicine

NOTE Confidence: 0.918314245

00:06:37.078 --> 00:06:38.596 residency programs required

NOTE Confidence: 0.918314245

00:06:38.596 --> 00:06:40.114 an outpatient rotation.

NOTE Confidence: 0.918314245

00:06:40.120 --> 00:06:43.329 By 2001, that went up to 94%.

NOTE Confidence: 0.918314245

00:06:43.329 --> 00:06:45.632 So a tremendous increase in the number

NOTE Confidence: 0.918314245

00:06:45.632 --> 00:06:47.764 of internal medicine residents going

NOTE Confidence: 0.918314245

00:06:47.764 --> 00:06:50.119 into ambulatory settings for training.

NOTE Confidence: 0.918314245

00:06:50.120 --> 00:06:52.199 And then in terms of medical schools,

NOTE Confidence: 0.918314245

00:06:52.200 --> 00:06:54.045 all medical schools require an

NOTE Confidence: 0.918314245

00:06:54.045 --> 00:06:55.521 outpatient experience as well

NOTE Confidence: 0.918314245

00:06:55.521 --> 00:06:57.479 as a primary care experience.

NOTE Confidence: 0.918314245

00:06:57.480 --> 00:06:58.596 So when you think about it,

NOTE Confidence: 0.918314245

00:06:58.600 --> 00:07:00.070 academic practices cannot

NOTE Confidence: 0.918314245

00:07:00.070 --> 00:07:02.520 accommodate all of these students.

NOTE Confidence: 0.918314245

00:07:02.520 --> 00:07:04.718 And then we're shifting into community sites.

NOTE Confidence: 0.918314245

00:07:04.720 --> 00:07:06.080 And in the community sites,

NOTE Confidence: 0.918314245

00:07:06.080 --> 00:07:07.608 there's competition from all

NOTE Confidence: 0.918314245

00:07:07.608 --> 00:07:08.754 health profession schools.

NOTE Confidence: 0.918314245

00:07:08.760 --> 00:07:10.480 So competition from medical schools,

NOTE Confidence: 0.918314245

00:07:10.480 --> 00:07:11.568 PA schools,

NOTE Confidence: 0.918314245

00:07:11.568 --> 00:07:13.693 nursing schools where everyone's

NOTE Confidence: 0.918314245

00:07:13.693 --> 00:07:16.158 competing for these ambulatory sites.

NOTE Confidence: 0.918314245

00:07:16.160 --> 00:07:17.444 So you would think that there'd

NOTE Confidence: 0.918314245

00:07:17.444 --> 00:07:18.855 be a lot more attention being

NOTE Confidence: 0.918314245

00:07:18.855 --> 00:07:20.355 paid to how this is going.

NOTE Confidence: 0.918314245

00:07:20.360 --> 00:07:22.070 But it actually still there's not

NOTE Confidence: 0.918314245

00:07:22.070 --> 00:07:23.560 that much literature out there.

NOTE Confidence: 0.918314245

00:07:23.560 --> 00:07:26.116 And perhaps because it's so diverse,

NOTE Confidence: 0.918314245

00:07:26.120 --> 00:07:28.720 it's sort of hard to study best practices.

NOTE Confidence: 0.918314245

00:07:28.720 --> 00:07:29.994 But there are a few things out

NOTE Confidence: 0.918314245

00:07:29.994 --> 00:07:31.282 there that have been shown to be

NOTE Confidence: 0.918314245

00:07:31.282 --> 00:07:32.636 helpful and I'm going to go through

NOTE Confidence: 0.918314245

00:07:32.636 --> 00:07:33.956 what the literature shows today.

NOTE Confidence: 0.95642068375

00:07:36.360 --> 00:07:40.480 So it is 1235 on your clinical day

NOTE Confidence: 0.95642068375

00:07:40.480 --> 00:07:42.636 and you just finished a busy morning,

NOTE Confidence: 0.95642068375

00:07:42.640 --> 00:07:44.397 you had a couple of chatty patients,

NOTE Confidence: 0.95642068375

00:07:44.400 --> 00:07:45.877 you were supposed to finish at 12.

NOTE Confidence: 0.95642068375

00:07:45.880 --> 00:07:48.066 It got pushed a little bit later and

NOTE Confidence: 0.95642068375

00:07:48.066 --> 00:07:49.928 you realize either you have a student

NOTE Confidence: 0.95642068375

00:07:49.928 --> 00:07:51.626 coming to your office that afternoon

NOTE Confidence: 0.95642068375

00:07:51.626 --> 00:07:53.935 to work with you or you're subbing in

NOTE Confidence: 0.95642068375

00:07:53.935 --> 00:07:55.717 for resident clinic that afternoon and

NOTE Confidence: 0.95642068375

00:07:55.717 --> 00:07:57.916 you got to rush over there and precept.

NOTE Confidence: 0.95642068375

00:07:57.920 --> 00:08:00.000 So what are some some feelings and thoughts

NOTE Confidence: 0.95642068375

00:08:00.000 --> 00:08:02.039 that come to your mind when this occurs?

NOTE Confidence: 0.5585821

00:08:07.590 --> 00:08:10.972 Surgery OR in the chat or you could

NOTE Confidence: 0.5585821

00:08:10.972 --> 00:08:12.523 put it in the chat and it is popping

NOTE Confidence: 0.5585821

00:08:12.523 --> 00:08:14.080 up for me so I could see when you're

NOTE Confidence: 0.79693051

00:08:16.520 --> 00:08:17.798 so you're running to the OR,

NOTE Confidence: 0.79693051

00:08:17.800 --> 00:08:19.280 it's a typical day. Yeah.

NOTE Confidence: 0.763388287142857

00:08:27.200 --> 00:08:29.324 It's heart sync. Yes.

NOTE Confidence: 0.763388287142857

00:08:29.324 --> 00:08:32.240 I've had that chaos approaches

NOTE Confidence: 0.887286298181818

00:08:34.840 --> 00:08:36.252 Great right. Shoving something

NOTE Confidence: 0.887286298181818

00:08:36.252 --> 00:08:38.760 in your mouth as you run over.

NOTE Confidence: 0.887286298181818

00:08:38.760 --> 00:08:41.260 Yeah. So fun. Thank you, Ada.

NOTE Confidence: 0.887286298181818

00:08:41.260 --> 00:08:42.560 So. So that's what we're

NOTE Confidence: 0.887286298181818

00:08:42.560 --> 00:08:44.010 going to talk about, right?

NOTE Confidence: 0.887286298181818

00:08:44.010 --> 00:08:46.880 There are benefits and barriers to teaching.

NOTE Confidence: 0.887286298181818

00:08:46.880 --> 00:08:48.704 So let me talk a little bit about

NOTE Confidence: 0.887286298181818

00:08:48.704 --> 00:08:50.378 the benefits to the learner and then

NOTE Confidence: 0.887286298181818

00:08:50.378 --> 00:08:52.189 let's talk a little bit about the

NOTE Confidence: 0.887286298181818

00:08:52.189 --> 00:08:53.674 benefits to the faculty members.

NOTE Confidence: 0.887286298181818

00:08:53.680 --> 00:08:55.948 So the learner has a tremendous amount

NOTE Confidence: 0.887286298181818

00:08:55.948 --> 00:08:58.054 of knowledge that they can acquire

NOTE Confidence: 0.887286298181818

00:08:58.054 --> 00:08:59.908 in the outpatient setting, right.

NOTE Confidence: 0.887286298181818

00:08:59.908 --> 00:09:02.476 So we are seeing acute issues.

NOTE Confidence: 0.887286298181818

00:09:02.480 --> 00:09:04.358 We are doing chronic disease management,

NOTE Confidence: 0.887286298181818

00:09:04.360 --> 00:09:05.718 which you don't get to see as

NOTE Confidence: 0.887286298181818

00:09:05.718 --> 00:09:07.200 much on the inpatient setting.

NOTE Confidence: 0.887286298181818

00:09:07.200 --> 00:09:09.020 Health maintenance is a huge

NOTE Confidence: 0.887286298181818

00:09:09.020 --> 00:09:10.840 area in the outpatient setting.

NOTE Confidence: 0.887286298181818

00:09:10.840 --> 00:09:11.464 Psychosocial care,

NOTE Confidence: 0.887286298181818

00:09:11.464 --> 00:09:13.336 I cannot stress enough and I'll

NOTE Confidence: 0.887286298181818

00:09:13.336 --> 00:09:14.997 come back to that at the end.

NOTE Confidence: 0.887286298181818

00:09:15.000 --> 00:09:17.044 They get to see you use all

NOTE Confidence: 0.887286298181818

00:09:17.044 --> 00:09:18.400 of your communication skills,

NOTE Confidence: 0.887286298181818

00:09:18.400 --> 00:09:20.364 your physical exam skills,

NOTE Confidence: 0.887286298181818

00:09:20.364 --> 00:09:21.837 your procedural skills.

NOTE Confidence: 0.887286298181818

00:09:21.840 --> 00:09:22.701 And then finally,

NOTE Confidence: 0.887286298181818

00:09:22.701 --> 00:09:24.423 they get to see this longitudinal

NOTE Confidence: 0.887286298181818

00:09:24.423 --> 00:09:25.955 relationship and it's the longitudinal

NOTE Confidence: 0.887286298181818

00:09:25.955 --> 00:09:27.755 relationship you have with your patients,

NOTE Confidence: 0.887286298181818

00:09:27.760 --> 00:09:29.824 with your staff and then the

NOTE Confidence: 0.887286298181818

00:09:29.824 --> 00:09:30.856 longitudinal relationship you

NOTE Confidence: 0.887286298181818

00:09:30.856 --> 00:09:32.510 develop with them as they come

NOTE Confidence: 0.887286298181818

00:09:32.510 --> 00:09:34.080 to your office week after week.

NOTE Confidence: 0.887286298181818

00:09:34.080 --> 00:09:36.558 And some preceptors also stress that they,

NOTE Confidence: 0.887286298181818

00:09:36.560 --> 00:09:38.408 they schedule patients to come to see

NOTE Confidence: 0.887286298181818

00:09:38.408 --> 00:09:40.539 the student again and again so the

NOTE Confidence: 0.887286298181818

00:09:40.539 --> 00:09:42.149 student can develop this longitudinal

NOTE Confidence: 0.887286298181818

00:09:42.149 --> 00:09:43.239 relationship with a patient,

NOTE Confidence: 0.887286298181818

00:09:43.240 --> 00:09:45.240 which is really special.

NOTE Confidence: 0.887286298181818

00:09:45.240 --> 00:09:47.240 So benefits to faculty.

NOTE Confidence: 0.887286298181818

00:09:47.240 --> 00:09:49.238 So I'll let you take over for a moment,

NOTE Confidence: 0.887286298181818

00:09:49.240 --> 00:09:50.120 throw them in the chat.

NOTE Confidence: 0.887286298181818

00:09:50.120 --> 00:09:51.542 What are what are good things

NOTE Confidence: 0.887286298181818

00:09:51.542 --> 00:09:53.274 that you get out of preceptor

NOTE Confidence: 0.887286298181818

00:09:53.274 --> 00:09:54.360 students or residents.

NOTE Confidence: 0.911731575333333

00:09:59.400 --> 00:10:01.325 Yeah. And I see that somebody had

NOTE Confidence: 0.911731575333333

00:10:01.325 --> 00:10:03.265 written time before which I will talk

NOTE Confidence: 0.911731575333333

00:10:03.265 --> 00:10:04.855 more about that paying it forward

NOTE Confidence: 0.911731575333333

00:10:04.907 --> 00:10:06.713 huge people really feel that teaching

NOTE Confidence: 0.911731575333333

00:10:06.713 --> 00:10:09.999 is an opportunity to pay it forward.

NOTE Confidence: 0.911731575333333

00:10:10.000 --> 00:10:12.919 Rejuvenation nation keeping us up to date

NOTE Confidence: 0.609731366

00:10:18.120 --> 00:10:20.080 regain our students present, right.

NOTE Confidence: 0.609731366

00:10:20.080 --> 00:10:22.160 So we learn from them as they learn from us.

NOTE Confidence: 0.609731366

00:10:22.160 --> 00:10:26.988 The enthusiasm, the satisfaction and yes,

NOTE Confidence: 0.609731366

00:10:26.988 --> 00:10:28.158 the FaceTime with the patient.

NOTE Confidence: 0.609731366

00:10:28.160 --> 00:10:29.357 I'm going to talk about that too,

NOTE Confidence: 0.609731366

00:10:29.360 --> 00:10:30.600 whether students actually allow

NOTE Confidence: 0.609731366

00:10:30.600 --> 00:10:31.840 more FaceTime with patient,

NOTE Confidence: 0.609731366

00:10:31.840 --> 00:10:32.828 which has been shown.

NOTE Confidence: 0.609731366

00:10:32.828 --> 00:10:34.626 So you hit on all the points

NOTE Confidence: 0.609731366

00:10:34.626 --> 00:10:35.916 that I have as well.

NOTE Confidence: 0.609731366

00:10:35.920 --> 00:10:38.626 So just to pull them up, it helps

NOTE Confidence: 0.609731366

00:10:38.626 --> 00:10:40.677 faculty keep their knowledge up to date.

NOTE Confidence: 0.609731366

00:10:40.680 --> 00:10:42.479 It enhances their enjoyment of patient care.

NOTE Confidence: 0.609731366

00:10:42.480 --> 00:10:44.238 And these are all evidence based.

NOTE Confidence: 0.609731366

00:10:44.240 --> 00:10:46.200 It improves the quality of their practice,

NOTE Confidence: 0.609731366

00:10:46.200 --> 00:10:47.677 right? So they're keeping up to date.

NOTE Confidence: 0.609731366

00:10:47.680 --> 00:10:49.395 They feel like they're providing better care.

NOTE Confidence: 0.609731366

00:10:49.400 --> 00:10:51.160 As a result, they're giving

NOTE Confidence: 0.609731366

00:10:51.160 --> 00:10:52.920 something back to the profession.

NOTE Confidence: 0.609731366

00:10:52.920 --> 00:10:55.120 They're able to serve as a positive role

NOTE Confidence: 0.609731366

00:10:55.120 --> 00:10:57.521 model and perhaps recruit people into their

NOTE Confidence: 0.609731366

00:10:57.521 --> 00:11:00.358 field and then all the extrinsic benefits.

NOTE Confidence: 0.609731366

00:11:00.360 --> 00:11:02.500 So extrinsic benefits can range

NOTE Confidence: 0.609731366

00:11:02.500 --> 00:11:04.652 from resources, library access,

NOTE Confidence: 0.609731366

00:11:04.652 --> 00:11:05.944 academic appointments,

NOTE Confidence: 0.609731366

00:11:05.944 --> 00:11:07.236 faculty development,

NOTE Confidence: 0.609731366

00:11:07.240 --> 00:11:08.960 being able to go to conferences like this,

NOTE Confidence: 0.609731366

00:11:08.960 --> 00:11:10.796 being part of a larger system.

NOTE Confidence: 0.609731366

00:11:10.800 --> 00:11:12.656 So there are a lot of extrinsic benefits

NOTE Confidence: 0.609731366

00:11:12.656 --> 00:11:14.870 and then in some cases, money stipends,

NOTE Confidence: 0.609731366

00:11:14.870 --> 00:11:17.960 which comes into play as well.

NOTE Confidence: 0.609731366

00:11:17.960 --> 00:11:21.240 So we talked about the benefits now barriers.

NOTE Confidence: 0.609731366

00:11:21.240 --> 00:11:23.160 So throw them in.

NOTE Confidence: 0.609731366

00:11:23.160 --> 00:11:24.704 I think we're going to probably see the

NOTE Confidence: 0.609731366

00:11:24.704 --> 00:11:26.118 same themes coming up again and again.

NOTE Confidence: 0.80620273

00:11:29.520 --> 00:11:31.890 You're drowning. Why?

NOTE Confidence: 0.80620273

00:11:31.890 --> 00:11:33.640 Why do we feel like this sometimes?

NOTE Confidence: 0.80620273

00:11:33.640 --> 00:11:36.168 Because of teaching time,

NOTE Confidence: 0.80620273

00:11:36.168 --> 00:11:37.718 Yes. Lack of time.

NOTE Confidence: 0.905973325555556

00:11:41.120 --> 00:11:43.640 So. So let's talk about time for a minute.

NOTE Confidence: 0.905973325555556

00:11:43.640 --> 00:11:45.117 Yes, time. So I I knew that

NOTE Confidence: 0.905973325555556

00:11:45.117 --> 00:11:46.440 would be the biggest one.

NOTE Confidence: 0.905973325555556

00:11:46.440 --> 00:11:48.304 So it has been shown that that comes

NOTE Confidence: 0.905973325555556

00:11:48.304 --> 00:11:50.112 up again and again in the literature

NOTE Confidence: 0.905973325555556

00:11:50.112 --> 00:11:52.240 and space I'm going to talk about too.

NOTE Confidence: 0.905973325555556

00:11:52.240 --> 00:11:56.353 So when you bring a student into an office,

NOTE Confidence: 0.905973325555556

00:11:56.360 --> 00:11:58.117 it has been shown to increase the

NOTE Confidence: 0.905973325555556

00:11:58.117 --> 00:11:59.880 length of a clinical session,

NOTE Confidence: 0.905973325555556

00:11:59.880 --> 00:12:03.480 1/2 day session by about 30 to 50 minutes,

NOTE Confidence: 0.905973325555556

00:12:03.480 --> 00:12:05.706 so an hour to almost two hours

NOTE Confidence: 0.905973325555556

00:12:05.706 --> 00:12:07.520 for the length of the day.

NOTE Confidence: 0.905973325555556

00:12:07.520 --> 00:12:10.446 And they've shown that in in community

NOTE Confidence: 0.905973325555556

00:12:10.446 --> 00:12:12.158 practices specifically the community

NOTE Confidence: 0.905973325555556

00:12:12.158 --> 00:12:14.510 physicians don't cut down on the

NOTE Confidence: 0.905973325555556

00:12:14.510 --> 00:12:16.719 number of patients they're seeing.

NOTE Confidence: 0.905973325555556

00:12:16.720 --> 00:12:18.045 So they're still seeing the

NOTE Confidence: 0.905973325555556

00:12:18.045 --> 00:12:18.840 number of patients,

NOTE Confidence: 0.905973325555556

00:12:18.840 --> 00:12:20.796 but it's just taking more time.

NOTE Confidence: 0.905973325555556

00:12:20.800 --> 00:12:22.535 And then all of us, as you know,

NOTE Confidence: 0.905973325555556

00:12:22.535 --> 00:12:24.919 have all the extra work that we have to do.

NOTE Confidence: 0.905973325555556

00:12:24.920 --> 00:12:25.968 So the writing notes,

NOTE Confidence: 0.905973325555556

00:12:25.968 --> 00:12:27.278 the fielding are in baskets.

NOTE Confidence: 0.905973325555556

00:12:27.280 --> 00:12:28.841 Everything else we have to do gets

NOTE Confidence: 0.905973325555556

00:12:28.841 --> 00:12:30.160 put on the back burner.

NOTE Confidence: 0.905973325555556

00:12:30.160 --> 00:12:32.155 So that has to be done later.

NOTE Confidence: 0.905973325555556

00:12:32.160 --> 00:12:33.861 The EHR has been cited again and

NOTE Confidence: 0.905973325555556

00:12:33.861 --> 00:12:36.004 again as a source of tremendous stress

NOTE Confidence: 0.905973325555556

00:12:36.004 --> 00:12:38.038 and burnout and taking more time

NOTE Confidence: 0.796767198333333

00:12:40.200 --> 00:12:41.118 to look at it another way,

NOTE Confidence: 0.796767198333333

00:12:41.120 --> 00:12:42.542 which which Peter had mentioned about

NOTE Confidence: 0.796767198333333

00:12:42.542 --> 00:12:44.439 how much time you get with the student.

NOTE Confidence: 0.796767198333333

00:12:44.440 --> 00:12:46.477 It's been shown that most people feel

NOTE Confidence: 0.796767198333333

00:12:46.477 --> 00:12:48.779 like being an encounter with the student

NOTE Confidence: 0.796767198333333

00:12:48.779 --> 00:12:50.831 takes about 3:00 to 5:00 minutes.

NOTE Confidence: 0.796767198333333

00:12:50.840 --> 00:12:53.486 So if you're spending three to 5 minutes with

NOTE Confidence: 0.796767198333333

00:12:53.486 --> 00:12:55.917 these small encounters throughout the day,

NOTE Confidence: 0.796767198333333

00:12:55.920 --> 00:12:57.605 both preceptors and students are

NOTE Confidence: 0.796767198333333

00:12:57.605 --> 00:12:59.640 saying we don't get enough time.

NOTE Confidence: 0.796767198333333

00:12:59.640 --> 00:13:01.560 But you add them together,

NOTE Confidence: 0.796767198333333

00:13:01.560 --> 00:13:03.036 the the students seize a patients,

NOTE Confidence: 0.796767198333333

00:13:03.040 --> 00:13:04.096 that adds up to time that

NOTE Confidence: 0.796767198333333

00:13:04.096 --> 00:13:04.800 you're spending with them.

NOTE Confidence: 0.796767198333333

00:13:04.800 --> 00:13:06.342 So it's both not enough time

NOTE Confidence: 0.796767198333333

00:13:06.342 --> 00:13:08.160 to spend with the the students,

NOTE Confidence: 0.796767198333333

00:13:08.160 --> 00:13:10.752 not enough time to get your own work done.

NOTE Confidence: 0.796767198333333

00:13:10.760 --> 00:13:12.594 We all want to be good clinicians.

NOTE Confidence: 0.796767198333333

00:13:12.600 --> 00:13:13.797 We all want to be good teachers.

NOTE Confidence: 0.796767198333333

00:13:13.800 --> 00:13:17.160 How are we able to do both successfully?

NOTE Confidence: 0.796767198333333

00:13:17.160 --> 00:13:18.168 A couple of other points that

NOTE Confidence: 0.796767198333333

00:13:18.168 --> 00:13:19.439 have come up in the literature.

NOTE Confidence: 0.796767198333333

00:13:19.440 --> 00:13:21.360 Some people feel like it increases

NOTE Confidence: 0.796767198333333

00:13:21.360 --> 00:13:23.525 the cost of business if you bring

NOTE Confidence: 0.796767198333333

00:13:23.525 --> 00:13:25.000 a student into your office.

NOTE Confidence: 0.796767198333333

00:13:25.000 --> 00:13:26.104 Stress levels.

NOTE Confidence: 0.796767198333333

00:13:26.104 --> 00:13:28.750 We talked about there are some

NOTE Confidence: 0.796767198333333

00:13:28.750 --> 00:13:30.400 concerns about effects on patients

NOTE Confidence: 0.796767198333333

00:13:30.400 --> 00:13:32.240 and staff of having a student,

NOTE Confidence: 0.796767198333333

00:13:32.240 --> 00:13:34.574 but it's been really not substantiated

NOTE Confidence: 0.796767198333333

00:13:34.574 --> 00:13:36.516 that most patients actually like

NOTE Confidence: 0.796767198333333

00:13:36.516 --> 00:13:38.436 having a student in the practice.

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NOTE Confidence: 0.796767198333333

00:13:38.440 --> 00:13:40.000 It gives the practice some prestige.

NOTE Confidence: 0.796767198333333

00:13:40.000 --> 00:13:41.358 They feel like they get more attention.

NOTE Confidence: 0.796767198333333

00:13:41.360 --> 00:13:43.560 So that hasn't been substantiated.

NOTE Confidence: 0.796767198333333

00:13:43.560 --> 00:13:44.730 And then finally,

NOTE Confidence: 0.796767198333333

00:13:44.730 --> 00:13:46.680 in the more recent literature,

NOTE Confidence: 0.796767198333333

00:13:46.680 --> 00:13:48.516 some clinicians feel like they're out.

NOTE Confidence: 0.796767198333333

00:13:48.520 --> 00:13:50.760 They're out of touch with current medical

NOTE Confidence: 0.796767198333333

00:13:50.760 --> 00:13:52.679 education and with current students.

NOTE Confidence: 0.796767198333333

00:13:52.680 --> 00:13:54.402 So they feel that there's this sort

NOTE Confidence: 0.796767198333333

00:13:54.402 --> 00:13:56.259 of gap between how they were trained

NOTE Confidence: 0.796767198333333

00:13:56.259 --> 00:13:58.168 and how students are trained now and

NOTE Confidence: 0.796767198333333

00:13:58.168 --> 00:13:59.995 a generational gap that makes it the

NOTE Confidence: 0.796767198333333

00:13:59.995 --> 00:14:01.852 the practice feel less fulfilling.

NOTE Confidence: 0.796767198333333

00:14:01.852 --> 00:14:04.960 So how do we fulfill this role,

NOTE Confidence: 0.796767198333333

00:14:04.960 --> 00:14:06.166 be excellent clinicians,

NOTE Confidence: 0.796767198333333

00:14:06.166 --> 00:14:08.176 be excellent preceptors and not

NOTE Confidence: 0.796767198333333

00:14:08.176 --> 00:14:09.959 feel like we're drowning.

NOTE Confidence: 0.796767198333333

00:14:09.960 --> 00:14:13.915 So this was a great study done.

NOTE Confidence: 0.796767198333333

00:14:13.920 --> 00:14:15.963 It was a while ago now by Judy Bowen

NOTE Confidence: 0.796767198333333

00:14:15.963 --> 00:14:18.076 and David Irby in Academic Medicine,

NOTE Confidence: 0.796767198333333

00:14:18.080 --> 00:14:20.110 and they found they just looked at

NOTE Confidence: 0.796767198333333

00:14:20.110 --> 00:14:21.439 ambulatory education as a whole.

NOTE Confidence: 0.796767198333333

00:14:21.440 --> 00:14:23.645 And they they found that the three

NOTE Confidence: 0.796767198333333

00:14:23.645 --> 00:14:25.109 main components of ambulatory

NOTE Confidence: 0.796767198333333

00:14:25.109 --> 00:14:26.917 education are the learners,

NOTE Confidence: 0.796767198333333

00:14:26.920 --> 00:14:29.128 which I I'm not going to spend a

NOTE Confidence: 0.796767198333333

00:14:29.128 --> 00:14:30.680 tremendous amount of time on today.

NOTE Confidence: 0.796767198333333

00:14:30.680 --> 00:14:31.499 The preceptors us,

NOTE Confidence: 0.796767198333333

00:14:31.499 --> 00:14:33.410 which I'm going to spend the most

NOTE Confidence: 0.796767198333333

00:14:33.464 --> 00:14:34.779 of my time on, and the environment,

NOTE Confidence: 0.796767198333333

00:14:34.779 --> 00:14:36.600 which I'm going to touch on a little bit.

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NOTE Confidence: 0.796767198333333

00:14:36.600 --> 00:14:38.777 I know many of us can't alter

NOTE Confidence: 0.796767198333333

00:14:38.777 --> 00:14:40.272 our environment, but if we can,

NOTE Confidence: 0.796767198333333

00:14:40.272 --> 00:14:41.580 there are some tips that might

NOTE Confidence: 0.796767198333333

00:14:41.634 --> 00:14:42.799 make it easier to teach.

NOTE Confidence: 0.782237234285714

00:14:45.520 --> 00:14:48.820 So when do you think about precepting these?

NOTE Confidence: 0.782237234285714

00:14:48.820 --> 00:14:50.640 This is a conglomerate of a lot

NOTE Confidence: 0.782237234285714

00:14:50.640 --> 00:14:52.090 of literature, so they're really,

NOTE Confidence: 0.782237234285714

00:14:52.090 --> 00:14:53.950 these are the key roles that

NOTE Confidence: 0.782237234285714

00:14:53.950 --> 00:14:56.037 I see a preceptor performing.

NOTE Confidence: 0.782237234285714

00:14:56.040 --> 00:14:58.920 So the first one is sort of the preparation.

NOTE Confidence: 0.782237234285714

00:14:58.920 --> 00:15:00.520 So you're preparing both the

NOTE Confidence: 0.782237234285714

00:15:00.520 --> 00:15:01.480 the learning environment,

NOTE Confidence: 0.782237234285714

00:15:01.480 --> 00:15:03.274 the office and the learner for

NOTE Confidence: 0.782237234285714

00:15:03.274 --> 00:15:05.176 entering what is really a different

NOTE Confidence: 0.782237234285714

00:15:05.176 --> 00:15:06.796 setting than they're used to.

NOTE Confidence: 0.782237234285714

00:15:06.800 --> 00:15:07.640 If you think about it,

00:15:07.640 --> 00:15:08.940 most of their clerkships are

00:15:08.940 --> 00:15:10.240 spent in the inpatient setting.

00:15:10.240 --> 00:15:12.280 So this is really an unfamiliar setting and

00:15:12.280 --> 00:15:14.596 it does take a little a bit of orientation.

00:15:14.600 --> 00:15:16.175 You're going to provide them

00:15:16.175 --> 00:15:17.120 with learning opportunities,

00:15:17.120 --> 00:15:19.240 you're going to deliver feedback,

00:15:19.240 --> 00:15:20.865 you're going to evaluate the

00:15:20.865 --> 00:15:21.515 learner's performance.

00:15:21.520 --> 00:15:22.876 That's part of your role as

00:15:22.876 --> 00:15:24.380 a preceptor and then the role

00:15:24.380 --> 00:15:25.760 modelling that comes into place.

00:15:25.760 --> 00:15:27.944 And I'm going to specifically talk

00:15:27.944 --> 00:15:29.904 about role modelling humanism and

00:15:29.904 --> 00:15:31.920 we're role modelling professionalism.

NOTE Confidence: 0.782237234285714

00:15:31.920 --> 00:15:33.928 So I'm not going to spend a tremendous

NOTE Confidence: 0.782237234285714

00:15:33.928 --> 00:15:36.160 amount of time on feedback and evaluation.

NOTE Confidence: 0.782237234285714

00:15:36.160 --> 00:15:38.314 That's a whole separate talk and

NOTE Confidence: 0.782237234285714

00:15:38.314 --> 00:15:40.519 definitely part of this Yes series.

NOTE Confidence: 0.782237234285714

00:15:40.520 --> 00:15:42.004 But feedback does come into play a

NOTE Confidence: 0.782237234285714

00:15:42.004 --> 00:15:43.840 little bit with the learning opportunities.

NOTE Confidence: 0.782237234285714

00:15:43.840 --> 00:15:45.765 So I'm going to start with preparing

NOTE Confidence: 0.782237234285714

00:15:45.765 --> 00:15:47.839 the office and orienting the learner.

NOTE Confidence: 0.782237234285714

00:15:47.840 --> 00:15:50.280 So to prepare your office,

NOTE Confidence: 0.782237234285714

00:15:50.280 --> 00:15:52.398 there's couple things to think about.

NOTE Confidence: 0.782237234285714

00:15:52.400 --> 00:15:54.479 If you have control over your schedule,

NOTE Confidence: 0.782237234285714

00:15:54.480 --> 00:15:56.076 which not all of us do,

NOTE Confidence: 0.782237234285714

00:15:56.080 --> 00:15:57.696 I'm going to just show you in the

NOTE Confidence: 0.782237234285714

00:15:57.696 --> 00:15:59.539 next slide a way you can to make your

NOTE Confidence: 0.782237234285714

00:15:59.539 --> 00:16:01.240 schedule to make it a little bit easier.

NOTE Confidence: 0.782237234285714

00:16:01.240 --> 00:16:03.403 And this is specifically for people bringing

NOTE Confidence: 0.782237234285714

00:16:03.403 --> 00:16:05.199 students into their office residents,

NOTE Confidence: 0.782237234285714

00:16:05.200 --> 00:16:06.718 obviously they're seeing their own patients.

NOTE Confidence: 0.782237234285714

00:16:06.720 --> 00:16:07.704 It's a slightly different,

NOTE Confidence: 0.782237234285714

00:16:07.704 --> 00:16:09.679 you don't have to really prepare a schedule,

NOTE Confidence: 0.782237234285714

00:16:09.680 --> 00:16:10.355 they're doing that.

NOTE Confidence: 0.782237234285714

00:16:10.355 --> 00:16:11.480 They have their own schedule.

NOTE Confidence: 0.782237234285714

00:16:11.480 --> 00:16:13.713 Set space and access is a big

NOTE Confidence: 0.782237234285714

00:16:13.713 --> 00:16:15.548 issue and something that LCME

NOTE Confidence: 0.782237234285714

00:16:15.548 --> 00:16:17.156 looks at for accreditation.

NOTE Confidence: 0.782237234285714

00:16:17.160 --> 00:16:18.434 There has to be enough space for

NOTE Confidence: 0.782237234285714

00:16:18.434 --> 00:16:19.638 the student to put their stuff.

NOTE Confidence: 0.782237234285714

00:16:19.640 --> 00:16:21.040 There has to be space for them to

NOTE Confidence: 0.782237234285714

00:16:21.040 --> 00:16:22.397 work and there has to be space

NOTE Confidence: 0.782237234285714

00:16:22.397 --> 00:16:23.357 for you to precept them.

NOTE Confidence: 0.782237234285714

00:16:23.360 --> 00:16:25.840 And someone had mentioned that as a barrier,

NOTE Confidence: 0.782237234285714

00:16:25.840 --> 00:16:27.724 I also think it's very important

NOTE Confidence: 0.782237234285714

00:16:27.724 --> 00:16:29.587 for the student to have their

NOTE Confidence: 0.782237234285714

00:16:29.587 --> 00:16:31.755 own room so that if you could see

NOTE Confidence: 0.782237234285714

00:16:31.819 --> 00:16:33.358 a patient simultaneously,

NOTE Confidence: 0.782237234285714

00:16:33.360 --> 00:16:34.640 if you're sharing one room,

NOTE Confidence: 0.782237234285714

00:16:34.640 --> 00:16:36.950 that makes it a lot harder to

NOTE Confidence: 0.782237234285714

00:16:36.950 --> 00:16:38.027 teach and then patients.

NOTE Confidence: 0.782237234285714

00:16:38.027 --> 00:16:39.770 And I'm going to talk very briefly

NOTE Confidence: 0.782237234285714

00:16:39.820 --> 00:16:41.556 about how to pick the right patients,

NOTE Confidence: 0.782237234285714

00:16:41.560 --> 00:16:44.280 how to Orient the patients to this process.

NOTE Confidence: 0.782237234285714

00:16:44.280 --> 00:16:46.530 So this is an example of a wave schedule

NOTE Confidence: 0.782237234285714

00:16:46.530 --> 00:16:48.999 and I'm just going to walk you through it.

NOTE Confidence: 0.782237234285714

00:16:49.000 --> 00:16:51.135 So if you are able to set

NOTE Confidence: 0.782237234285714

00:16:51.135 --> 00:16:52.880 up your own schedule,

NOTE Confidence: 0.782237234285714

00:16:52.880 --> 00:16:55.202 this may make it easier for you to see

NOTE Confidence: 0.782237234285714

00:16:55.202 --> 00:16:57.280 patients simultaneously with the student.

NOTE Confidence: 0.782237234285714

00:16:57.280 --> 00:16:59.080 So I put this down for 20 minutes

NOTE Confidence: 0.782237234285714

00:16:59.080 --> 00:17:00.822 slots and really the only thing

NOTE Confidence: 0.782237234285714

00:17:00.822 --> 00:17:02.367 you're doing is you're double

NOTE Confidence: 0.782237234285714

00:17:02.367 --> 00:17:04.038 booking at the top of every hour.

NOTE Confidence: 0.782237234285714

00:17:04.040 --> 00:17:05.519 So at 8:00,

NOTE Confidence: 0.782237234285714

00:17:05.519 --> 00:17:08.878 the normal schedule will be patient 123456,

NOTE Confidence: 0.782237234285714

00:17:08.878 --> 00:17:11.266 but at 8:00 you are having

NOTE Confidence: 0.782237234285714

00:17:11.266 --> 00:17:13.240 patients one and two come.

NOTE Confidence: 0.782237234285714

00:17:13.240 --> 00:17:13.892 At 8:00,

NOTE Confidence: 0.782237234285714

00:17:13.892 --> 00:17:16.500 the student is seeing one of those patients

NOTE Confidence: 0.897688326666667

00:17:16.564 --> 00:17:18.319 and you're seeing the other.

NOTE Confidence: 0.897688326666667

00:17:18.320 --> 00:17:20.600 Once you're done with your patient,

NOTE Confidence: 0.897688326666667

00:17:20.600 --> 00:17:22.502 you are then precepting the student

NOTE Confidence: 0.897688326666667

00:17:22.502 --> 00:17:24.372 and have that extra 20 minute

NOTE Confidence: 0.897688326666667

00:17:24.372 --> 00:17:26.269 time slot to go back with the

NOTE Confidence: 0.897688326666667

00:17:26.269 --> 00:17:28.038 student to see that that patient.

NOTE Confidence: 0.897688326666667

00:17:28.040 --> 00:17:29.540 And then when you're seeing

NOTE Confidence: 0.897688326666667

00:17:29.540 --> 00:17:30.440 your third patient,

NOTE Confidence: 0.897688326666667

00:17:30.440 --> 00:17:32.678 the students charting on their patients,

NOTE Confidence: 0.897688326666667

00:17:32.680 --> 00:17:34.486 so they're seeing one patient in

NOTE Confidence: 0.897688326666667

00:17:34.486 --> 00:17:36.318 the time it's taking you to C3,

NOTE Confidence: 0.897688326666667

00:17:36.320 --> 00:17:38.160 it doesn't set you back.

NOTE Confidence: 0.897688326666667

00:17:38.160 --> 00:17:39.528 You're still seeing the three patients

NOTE Confidence: 0.897688326666667

00:17:39.528 --> 00:17:41.038 you need to see in that hour.

NOTE Confidence: 0.897688326666667

00:17:41.040 --> 00:17:42.678 But it's it's altering how they're

NOTE Confidence: 0.897688326666667

00:17:42.678 --> 00:17:44.779 slotted so that it gives you a little

NOTE Confidence: 0.897688326666667

00:17:44.779 --> 00:17:46.880 bit more time to spend with the student.

NOTE Confidence: 0.897688326666667

00:17:46.880 --> 00:17:49.225 So it's just one example of a

NOTE Confidence: 0.897688326666667

00:17:49.225 --> 00:17:51.214 schedule that might make it easier

NOTE Confidence: 0.897688326666667

00:17:51.214 --> 00:17:53.448 if you're able to do that when

NOTE Confidence: 0.897688326666667

00:17:53.448 --> 00:17:55.080 thinking about choosing patients,

NOTE Confidence: 0.897688326666667

00:17:55.080 --> 00:17:56.235 these are the three factors

NOTE Confidence: 0.897688326666667

00:17:56.235 --> 00:17:57.159 that come into play.

NOTE Confidence: 0.897688326666667

00:17:57.160 --> 00:17:58.480 This was an interesting article.

NOTE Confidence: 0.897688326666667

00:17:58.480 --> 00:18:00.188 So they said the three factors you

NOTE Confidence: 0.897688326666667

00:18:00.188 --> 00:18:01.454 should think about when you're

NOTE Confidence: 0.897688326666667

00:18:01.454 --> 00:18:02.674 choosing patients are how much

NOTE Confidence: 0.897688326666667

00:18:02.674 --> 00:18:04.388 time is it going to take because

NOTE Confidence: 0.897688326666667

00:18:04.388 --> 00:18:05.792 you you need to be efficient.

NOTE Confidence: 0.897688326666667

00:18:05.800 --> 00:18:07.385 What's the educational value of

NOTE Confidence: 0.897688326666667

00:18:07.385 --> 00:18:09.390 this patient and then what's your

NOTE Confidence: 0.897688326666667

00:18:09.390 --> 00:18:11.195 relationship like with this patient?

NOTE Confidence: 0.897688326666667

00:18:11.200 --> 00:18:13.837 Because if you could hit on two of them,

NOTE Confidence: 0.897688326666667

00:18:13.840 --> 00:18:15.560 so if you could pick a patient that

NOTE Confidence: 0.897688326666667

00:18:15.560 --> 00:18:17.335 is really going to be efficient and

NOTE Confidence: 0.897688326666667

00:18:17.335 --> 00:18:18.920 you have a good relationship with,

NOTE Confidence: 0.897688326666667

00:18:18.920 --> 00:18:21.280 it might not have the best educational value,

NOTE Confidence: 0.897688326666667

00:18:21.280 --> 00:18:21.895 but that's OK.

NOTE Confidence: 0.897688326666667

00:18:21.895 --> 00:18:23.641 But you might want to pick a patient

NOTE Confidence: 0.897688326666667

00:18:23.641 --> 00:18:25.189 that has high educational value and

NOTE Confidence: 0.897688326666667

00:18:25.189 --> 00:18:27.159 you have a great relationship with,

NOTE Confidence: 0.897688326666667

00:18:27.160 --> 00:18:28.960 but it might compromise time.

NOTE Confidence: 0.897688326666667

00:18:28.960 --> 00:18:29.566 So you know,

NOTE Confidence: 0.897688326666667

00:18:29.566 --> 00:18:31.280 you can look at this in many ways,

NOTE Confidence: 0.897688326666667

00:18:31.280 --> 00:18:32.858 but when you're thinking about what

NOTE Confidence: 0.897688326666667

00:18:32.858 --> 00:18:34.919 patients might be good for a student to see,

NOTE Confidence: 0.897688326666667

00:18:34.920 --> 00:18:37.400 this is a way to think about it.

NOTE Confidence: 0.897688326666667

00:18:37.400 --> 00:18:38.266 I also,

NOTE Confidence: 0.897688326666667

00:18:38.266 --> 00:18:39.998 from the patient's perspective,

NOTE Confidence: 0.897688326666667

00:18:40.000 --> 00:18:41.715 I think it's really nice to Orient

NOTE Confidence: 0.897688326666667

00:18:41.715 --> 00:18:42.960 them to what's going on.

NOTE Confidence: 0.897688326666667

00:18:42.960 --> 00:18:44.916 So sometimes you'll have see a

NOTE Confidence: 0.897688326666667

00:18:44.916 --> 00:18:47.003 sign in a doctor's office that

NOTE Confidence: 0.897688326666667

00:18:47.003 --> 00:18:48.998 says we have a student with us.

NOTE Confidence: 0.897688326666667

00:18:49.000 --> 00:18:51.114 Here's a little bio about the student.

NOTE Confidence: 0.897688326666667

00:18:51.120 --> 00:18:53.118 You know thank you for supporting

NOTE Confidence: 0.897688326666667

00:18:53.118 --> 00:18:54.847 the students education or something

NOTE Confidence: 0.897688326666667

00:18:54.847 --> 00:18:57.213 that says we're really proud to be

NOTE Confidence: 0.897688326666667

00:18:57.213 --> 00:18:59.175 associated with the Yale School of

NOTE Confidence: 0.897688326666667

00:18:59.175 --> 00:19:01.036 Medicine seeing patients as invaluable

NOTE Confidence: 0.897688326666667

00:19:01.036 --> 00:19:02.981 to developing future physicians and

NOTE Confidence: 0.897688326666667

00:19:02.981 --> 00:19:05.078 thank you for participating in this.

NOTE Confidence: 0.897688326666667

00:19:05.080 --> 00:19:06.285 So something that the patient

NOTE Confidence: 0.897688326666667

00:19:06.285 --> 00:19:08.024 comes in and is aware that the

NOTE Confidence: 0.897688326666667

00:19:08.024 --> 00:19:09.239 students going to be there.

NOTE Confidence: 0.897688326666667

00:19:09.240 --> 00:19:10.494 And I always say that the

NOTE Confidence: 0.897688326666667

00:19:10.494 --> 00:19:11.560 staff should be aware too.

NOTE Confidence: 0.897688326666667

00:19:11.560 --> 00:19:12.840 So the staff should,

NOTE Confidence: 0.897688326666667

00:19:12.840 --> 00:19:14.760 you should should know the student,

NOTE Confidence: 0.897688326666667

00:19:14.760 --> 00:19:15.920 introduce them right away.

NOTE Confidence: 0.897688326666667

00:19:15.920 --> 00:19:17.660 They should be telling the patient

NOTE Confidence: 0.897688326666667

00:19:17.708 --> 00:19:19.100 right when they room them that

NOTE Confidence: 0.897688326666667

00:19:19.100 --> 00:19:20.559 a student might be coming in.

NOTE Confidence: 0.897688326666667

00:19:20.560 --> 00:19:22.198 Obviously with residents this is different.

NOTE Confidence: 0.897688326666667

00:19:22.200 --> 00:19:24.048 But for students this is really

NOTE Confidence: 0.897688326666667

00:19:24.048 --> 00:19:25.632 important that the patient is

NOTE Confidence: 0.897688326666667

00:19:25.632 --> 00:19:27.414 aware and gives permission that the

NOTE Confidence: 0.897688326666667

00:19:27.414 --> 00:19:29.159 student is coming in to see them.

NOTE Confidence: 0.897688326666667

00:19:29.160 --> 00:19:31.834 So let's talk about orienting the learner.

NOTE Confidence: 0.897688326666667

00:19:31.840 --> 00:19:34.423 So orienting the learner in this setting

NOTE Confidence: 0.897688326666667

00:19:34.423 --> 00:19:36.959 is quite similar to any other setting.

NOTE Confidence: 0.897688326666667

00:19:36.960 --> 00:19:38.664 You want to make sure you

NOTE Confidence: 0.897688326666667

00:19:38.664 --> 00:19:39.516 have mutual expectations.

NOTE Confidence: 0.897688326666667

00:19:39.520 --> 00:19:41.055 You want to diagnose the

NOTE Confidence: 0.897688326666667

00:19:41.055 --> 00:19:42.590 learner at the beginning and

NOTE Confidence: 0.952139329375

00:19:42.653 --> 00:19:44.795 figure out their level of experience.

NOTE Confidence: 0.952139329375

00:19:44.800 --> 00:19:46.230 You want to provide learning

NOTE Confidence: 0.952139329375

00:19:46.230 --> 00:19:47.660 opportunities for them and then

NOTE Confidence: 0.952139329375

00:19:47.716 --> 00:19:49.318 you want to provide assessment and

NOTE Confidence: 0.952139329375

00:19:49.318 --> 00:19:51.173 feedback and let them know how that's

NOTE Confidence: 0.952139329375

00:19:51.173 --> 00:19:52.637 going to happen in this space.

NOTE Confidence: 0.952139329375

00:19:52.640 --> 00:19:55.640 So when I talk about developing

NOTE Confidence: 0.952139329375

00:19:55.640 --> 00:19:56.640 mutual expectations,

NOTE Confidence: 0.952139329375

00:19:56.640 --> 00:19:59.160 you know it is a new setting for them.

NOTE Confidence: 0.952139329375

00:19:59.160 --> 00:20:00.550 I think sometimes it's helpful

NOTE Confidence: 0.952139329375

00:20:00.550 --> 00:20:02.489 to just sort of outline up front

NOTE Confidence: 0.952139329375

00:20:02.489 --> 00:20:03.959 what it's going to look like,

NOTE Confidence: 0.952139329375

00:20:03.960 --> 00:20:06.237 how much time they have to see each patient,

NOTE Confidence: 0.952139329375

00:20:06.240 --> 00:20:08.232 what you expect from them when

NOTE Confidence: 0.952139329375

00:20:08.232 --> 00:20:09.560 they see each patient.

NOTE Confidence: 0.952139329375

00:20:09.560 --> 00:20:12.560 One thing that a picture that I love to show.

NOTE Confidence: 0.952139329375

00:20:12.560 --> 00:20:14.390 Is this picture from team steps

NOTE Confidence: 0.952139329375

00:20:14.390 --> 00:20:16.040 of a shared mental model.

NOTE Confidence: 0.952139329375

00:20:16.040 --> 00:20:17.684 So shared mental model is important

NOTE Confidence: 0.952139329375

00:20:17.684 --> 00:20:19.478 in a lot of what we do.

NOTE Confidence: 0.952139329375

00:20:19.480 --> 00:20:22.018 The definition of a shared mental

NOTE Confidence: 0.952139329375

00:20:22.018 --> 00:20:24.175 model is the understanding or

NOTE Confidence: 0.952139329375

00:20:24.175 --> 00:20:26.145 knowledge about a situation or

NOTE Confidence: 0.952139329375

00:20:26.145 --> 00:20:28.785 process that is shared amongst teams

NOTE Confidence: 0.952139329375

00:20:28.785 --> 00:20:29.958 members through communication.

NOTE Confidence: 0.952139329375

00:20:29.958 --> 00:20:31.992 So I might think you're thinking

NOTE Confidence: 0.952139329375

00:20:31.992 --> 00:20:33.999 the same thing I am about this

NOTE Confidence: 0.952139329375

00:20:33.999 --> 00:20:35.807 experience and we might be on

NOTE Confidence: 0.952139329375

00:20:35.807 --> 00:20:37.238 completely different wavelengths,

NOTE Confidence: 0.952139329375

00:20:37.240 --> 00:20:39.076 so it really is through communication.

NOTE Confidence: 0.952139329375

00:20:39.080 --> 00:20:41.636 So you have to tell them,

NOTE Confidence: 0.952139329375

00:20:41.640 --> 00:20:42.184 you know,

NOTE Confidence: 0.952139329375

00:20:42.184 --> 00:20:43.816 these are what the goals and

NOTE Confidence: 0.952139329375

00:20:43.816 --> 00:20:44.360 expectations are.

NOTE Confidence: 0.952139329375

00:20:44.360 --> 00:20:46.358 What are your goals and expectations?

NOTE Confidence: 0.952139329375

00:20:46.360 --> 00:20:48.392 Let's come to a mutual understanding of what

NOTE Confidence: 0.952139329375

00:20:48.392 --> 00:20:50.198 you're going to get out of this rotation,

NOTE Confidence: 0.952139329375

00:20:50.200 --> 00:20:50.564 right.

NOTE Confidence: 0.952139329375

00:20:50.564 --> 00:20:53.780 And and one example I give where I failed

NOTE Confidence: 0.952139329375

00:20:53.780 --> 00:20:55.880 at this was when I first transitioned,

NOTE Confidence: 0.952139329375

00:20:55.880 --> 00:20:58.960 I used to precept residents and then flipped.

NOTE Confidence: 0.952139329375

00:20:58.960 --> 00:21:00.520 And what started teaching

NOTE Confidence: 0.952139329375

00:21:00.520 --> 00:21:02.080 second year medical students.

NOTE Confidence: 0.952139329375

00:21:02.080 --> 00:21:03.286 And the first time I had

NOTE Confidence: 0.952139329375

00:21:03.286 --> 00:21:04.280 a student come with me,

NOTE Confidence: 0.952139329375

00:21:04.280 --> 00:21:05.440 a second year medical student,

NOTE Confidence: 0.952139329375

00:21:05.440 --> 00:21:07.448 I said OK why don't you go into

NOTE Confidence: 0.952139329375

00:21:07.448 --> 00:21:09.445 the office and do an HMP and then

NOTE Confidence: 0.952139329375

00:21:09.445 --> 00:21:11.359 come out and talk to me about it.

NOTE Confidence: 0.952139329375

00:21:11.360 --> 00:21:12.851 And I remember I was waiting and

NOTE Confidence: 0.952139329375

00:21:12.851 --> 00:21:14.493 waiting for her and it was like 50

NOTE Confidence: 0.952139329375

00:21:14.493 --> 00:21:16.051 minutes in and I knocked on the door

NOTE Confidence: 0.952139329375

00:21:16.051 --> 00:21:18.080 and I said why didn't you come out now?

NOTE Confidence: 0.952139329375

00:21:18.080 --> 00:21:18.800 She said,

NOTE Confidence: 0.952139329375

00:21:18.800 --> 00:21:21.239 OK And she came out and she starts

NOTE Confidence: 0.952139329375

00:21:21.239 --> 00:21:23.380 presenting to me and she presents

NOTE Confidence: 0.952139329375

00:21:23.380 --> 00:21:25.136 this detailed history and I'm like,

NOTE Confidence: 0.952139329375

00:21:25.136 --> 00:21:26.480 OK and what'd you find in physical?

NOTE Confidence: 0.952139329375

00:21:26.480 --> 00:21:27.278 And she's like, oh, I didn't,

NOTE Confidence: 0.952139329375

00:21:27.280 --> 00:21:29.275 I didn't have time for a physical

NOTE Confidence: 0.952139329375

00:21:29.280 --> 00:21:29.820 And I'm like,

NOTE Confidence: 0.952139329375

00:21:29.820 --> 00:21:30.360 Oh my goodness,

NOTE Confidence: 0.952139329375

00:21:30.360 --> 00:21:31.634 you were in there for 50 minutes.

NOTE Confidence: 0.952139329375

00:21:31.640 --> 00:21:32.616 What did you do?

NOTE Confidence: 0.952139329375

00:21:32.616 --> 00:21:35.055 And I was just had no sense of I

NOTE Confidence: 0.952139329375

00:21:35.055 --> 00:21:37.169 didn't diagnose her and I didn't set

NOTE Confidence: 0.952139329375

00:21:37.237 --> 00:21:39.355 any expectations and I could have

NOTE Confidence: 0.952139329375

00:21:39.360 --> 00:21:41.271 fix that quite easily by figuring out

NOTE Confidence: 0.952139329375

00:21:41.271 --> 00:21:43.280 where she was and then being clear,

NOTE Confidence: 0.952139329375

00:21:43.280 --> 00:21:45.560 you have 30 minutes to see this patient.

NOTE Confidence: 0.952139329375

00:21:45.560 --> 00:21:47.416 I'd love for you to perform a focused

NOTE Confidence: 0.952139329375

00:21:47.416 --> 00:21:48.614 history and physical and then

NOTE Confidence: 0.952139329375

00:21:48.614 --> 00:21:50.400 come out and we can talk about it.

NOTE Confidence: 0.952139329375

00:21:50.400 --> 00:21:51.732 And that would have been a

NOTE Confidence: 0.952139329375

00:21:51.732 --> 00:21:52.398 completely different dynamic.

NOTE Confidence: 0.952139329375

00:21:52.400 --> 00:21:55.125 So I think it's really important and

NOTE Confidence: 0.952139329375

00:21:55.125 --> 00:21:56.840 when I talk about diagnosing the learner,

NOTE Confidence: 0.952139329375

00:21:56.840 --> 00:21:59.080 there's so many ways to do that.

NOTE Confidence: 0.952139329375

00:21:59.080 --> 00:22:00.578 A very simplistic way which most of

NOTE Confidence: 0.952139329375

00:22:00.578 --> 00:22:02.639 you use and know about is the ride method.

NOTE Confidence: 0.952139329375

00:22:02.640 --> 00:22:04.344 And I I do think it's helpful just

NOTE Confidence: 0.952139329375

00:22:04.344 --> 00:22:06.116 to get a sense at the beginning,

NOTE Confidence: 0.917979888571429

00:22:06.120 --> 00:22:08.556 you would think that a early student,

NOTE Confidence: 0.917979888571429

00:22:08.560 --> 00:22:10.499 a pre clinical student is a reporter

NOTE Confidence: 0.917979888571429

00:22:10.499 --> 00:22:12.480 as they become a clerkship student,

NOTE Confidence: 0.917979888571429

00:22:12.480 --> 00:22:13.470 they're transitioning into

NOTE Confidence: 0.917979888571429

00:22:13.470 --> 00:22:14.790 interpreter and hopefully manager

NOTE Confidence: 0.917979888571429

00:22:14.790 --> 00:22:16.878 and then is there a resident there,

NOTE Confidence: 0.917979888571429

00:22:16.880 --> 00:22:18.388 a manager and educator.

NOTE Confidence: 0.917979888571429

00:22:18.388 --> 00:22:20.536 It's not always the case, right?

NOTE Confidence: 0.917979888571429

00:22:20.536 --> 00:22:21.560 Every learner is different,

NOTE Confidence: 0.917979888571429

00:22:21.560 --> 00:22:23.275 every learner is at a different step.

NOTE Confidence: 0.917979888571429

00:22:23.280 --> 00:22:25.288 A clerkship student in January is not the

NOTE Confidence: 0.917979888571429

00:22:25.288 --> 00:22:27.537 same as a clerkship student in July, right.

NOTE Confidence: 0.917979888571429

00:22:27.537 --> 00:22:29.593 So, so really getting a sense of them

NOTE Confidence: 0.917979888571429

00:22:29.593 --> 00:22:31.752 and we could do that with a simple

NOTE Confidence: 0.917979888571429

00:22:31.752 --> 00:22:33.399 observation at the beginning and I'll

NOTE Confidence: 0.917979888571429

00:22:33.399 --> 00:22:37.280 talk a little bit about that at the end.

NOTE Confidence: 0.917979888571429

00:22:37.280 --> 00:22:39.602 So I'm going to spend the bulk of the

NOTE Confidence: 0.917979888571429

00:22:39.602 --> 00:22:41.520 time talking about providing learning

NOTE Confidence: 0.917979888571429

00:22:41.520 --> 00:22:43.914 opportunities and ways to do so.

NOTE Confidence: 0.917979888571429

00:22:43.920 --> 00:22:46.440 And as part of learning opportunities,

NOTE Confidence: 0.917979888571429

00:22:46.440 --> 00:22:48.400 there is sort of in the moment feedback.

NOTE Confidence: 0.917979888571429

00:22:48.400 --> 00:22:49.935 I'm not talking about summative

NOTE Confidence: 0.917979888571429

00:22:49.935 --> 00:22:51.854 feedback or feedback on a larger

NOTE Confidence: 0.917979888571429

00:22:51.854 --> 00:22:53.834 level or models to deliver feedback,

NOTE Confidence: 0.917979888571429

00:22:53.840 --> 00:22:56.213 but built into some of the models

NOTE Confidence: 0.917979888571429

00:22:56.213 --> 00:22:58.997 I'm going to talk about is feedback.

NOTE Confidence: 0.917979888571429

00:22:59.000 --> 00:23:00.185 So the three,

NOTE Confidence: 0.917979888571429

00:23:00.185 --> 00:23:02.950 the four models I'm going to talk

NOTE Confidence: 0.917979888571429

00:23:03.039 --> 00:23:05.479 about are active observation,

NOTE Confidence: 0.917979888571429

00:23:05.480 --> 00:23:07.076 precepting in the presence of the patient,

NOTE Confidence: 0.917979888571429

00:23:07.080 --> 00:23:08.232 which Andreas is what you were

NOTE Confidence: 0.917979888571429

00:23:08.232 --> 00:23:09.000 saying before it was.

NOTE Confidence: 0.917979888571429

00:23:09.000 --> 00:23:11.112 It's not really bedside,

NOTE Confidence: 0.917979888571429

00:23:11.112 --> 00:23:14.744 but it's chair side teaching the one minute

NOTE Confidence: 0.917979888571429

00:23:14.744 --> 00:23:17.040 preceptor or the micro skills and snaps.

NOTE Confidence: 0.917979888571429

00:23:17.040 --> 00:23:19.245 And this is also a place that

NOTE Confidence: 0.917979888571429

00:23:19.245 --> 00:23:21.801 I'd love to get a sense of who

NOTE Confidence: 0.917979888571429

00:23:21.801 --> 00:23:23.800 has used these in the past.

NOTE Confidence: 0.917979888571429

00:23:23.800 --> 00:23:25.560 So,

NOTE Confidence: 0.917979888571429

00:23:25.560 --> 00:23:25.767 Ed,

NOTE Confidence: 0.917979888571429

00:23:25.767 --> 00:23:27.920 can I use your help again to launch the pole?

NOTE Confidence: 0.438904234

00:23:29.880 --> 00:23:30.640 Yep. Well, it's a nail.

NOTE Confidence: 0.95916645

00:23:31.720 --> 00:23:35.476 Thank you. So who has used these models?

NOTE Confidence: 0.95916645

00:23:35.480 --> 00:23:37.484 And once again you could take

NOTE Confidence: 0.95916645

00:23:37.484 --> 00:23:39.181 multiple choices because I would

NOTE Confidence: 0.95916645

00:23:39.181 --> 00:23:40.530 like to have a bit of a discussion

NOTE Confidence: 0.95916645

00:23:40.530 --> 00:23:41.984 after I go through them of of your

NOTE Confidence: 0.95916645

00:23:41.984 --> 00:23:43.397 experiences and I just want to see

NOTE Confidence: 0.95916645

00:23:43.397 --> 00:23:44.639 which ones you're most familiar with.

NOTE Confidence: 0.84382915

00:23:59.120 --> 00:23:59.440 Great,

NOTE Confidence: 0.954569041111111

00:24:02.200 --> 00:24:03.433 so I will share it with all of you.

NOTE Confidence: 0.954569041111111

00:24:03.440 --> 00:24:05.552 So all of these models have

NOTE Confidence: 0.954569041111111

00:24:05.552 --> 00:24:09.360 been used and I'm love that.

NOTE Confidence: 0.954569041111111

00:24:09.360 --> 00:24:12.276 So you could see active observation.

NOTE Confidence: 0.954569041111111

00:24:12.280 --> 00:24:14.542 Almost everyone, 75% of people have

NOTE Confidence: 0.954569041111111

00:24:14.542 --> 00:24:16.541 replied have used it precepting

NOTE Confidence: 0.954569041111111

00:24:16.541 --> 00:24:19.079 bedside teaching also used a lot,

NOTE Confidence: 0.954569041111111

00:24:19.080 --> 00:24:20.718 1 minute preceptor.

NOTE Confidence: 0.954569041111111

00:24:20.718 --> 00:24:24.705 Many of you snaps less so which is great.

NOTE Confidence: 0.954569041111111

00:24:24.705 --> 00:24:25.880 So let's talk about them,

NOTE Confidence: 0.954569041111111

00:24:25.880 --> 00:24:27.480 and let's see if any of them might

NOTE Confidence: 0.954569041111111

00:24:27.480 --> 00:24:28.959 fit into your future preceptor.

NOTE Confidence: 0.86269872

00:24:33.800 --> 00:24:34.920 OK, so

NOTE Confidence: 0.87542002

00:24:37.840 --> 00:24:39.232 there's not many pictures of people

NOTE Confidence: 0.87542002

00:24:39.232 --> 00:24:42.060 teaching at the bedside. So this is me.

NOTE Confidence: 0.87542002

00:24:42.060 --> 00:24:44.578 This is teaching with a student

NOTE Confidence: 0.87542002

00:24:44.578 --> 00:24:46.432 who actually had the pleasure of

NOTE Confidence: 0.87542002

00:24:46.432 --> 00:24:48.348 spending once a week for his whole

NOTE Confidence: 0.87542002

00:24:48.348 --> 00:24:50.200 first and second year in my office.

NOTE Confidence: 0.87542002

00:24:50.200 --> 00:24:53.077 So I spent a lot of time with him and then he

NOTE Confidence: 0.87542002

00:24:53.077 --> 00:24:55.273 decided to go into interventional radiology,

NOTE Confidence: 0.87542002

00:24:55.280 --> 00:24:57.000 which was a bit disappointing.

NOTE Confidence: 0.87542002

00:24:57.000 --> 00:25:00.066 But I do believe he's practicing very

NOTE Confidence: 0.87542002

00:25:00.066 --> 00:25:02.080 patient centered interventional radiology.

NOTE Confidence: 0.87542002

00:25:02.080 --> 00:25:06.476 So let's talk about teaching and shadowing.

NOTE Confidence: 0.87542002

00:25:06.480 --> 00:25:10.560 So I know that when the learners come to you,

NOTE Confidence: 0.87542002

00:25:10.560 --> 00:25:11.412 residents any level,

NOTE Confidence: 0.87542002

00:25:11.412 --> 00:25:13.116 they don't want to shadow anymore,

NOTE Confidence: 0.87542002

00:25:13.120 --> 00:25:14.440 even the first day of Kirkship,

NOTE Confidence: 0.87542002

00:25:14.440 --> 00:25:16.996 they don't want to shadow anymore.

NOTE Confidence: 0.87542002

00:25:17.000 --> 00:25:19.400 I personally find there is tremendous

NOTE Confidence: 0.87542002

00:25:19.400 --> 00:25:21.889 benefit to watching a colleague of

NOTE Confidence: 0.87542002

00:25:21.889 --> 00:25:24.032 mine perform a history, physical,

NOTE Confidence: 0.87542002

00:25:24.032 --> 00:25:26.080 hear their clinical reasoning,

NOTE Confidence: 0.87542002

00:25:26.080 --> 00:25:27.560 see them do a procedure.

NOTE Confidence: 0.87542002

00:25:27.560 --> 00:25:29.597 We still can learn from each other.

NOTE Confidence: 0.87542002

00:25:29.600 --> 00:25:31.469 And I try to tell my learners

NOTE Confidence: 0.87542002

00:25:31.469 --> 00:25:32.480 whatever level you're at,

NOTE Confidence: 0.87542002

00:25:32.480 --> 00:25:33.700 there's something I could teach

NOTE Confidence: 0.87542002

00:25:33.700 --> 00:25:34.920 you and by modelling it.

NOTE Confidence: 0.87542002

00:25:34.920 --> 00:25:36.840 And then I'd love your feedback.

NOTE Confidence: 0.87542002

00:25:36.840 --> 00:25:38.901 I'd love to hear from you what you thought

NOTE Confidence: 0.87542002

00:25:38.901 --> 00:25:40.715 about what I did and get better at it.

NOTE Confidence: 0.87542002

00:25:40.720 --> 00:25:42.958 So shadowing and an active observation

NOTE Confidence: 0.87542002

00:25:42.958 --> 00:25:44.877 of the preceptor is something

NOTE Confidence: 0.87542002

00:25:44.877 --> 00:25:47.355 that can be included in any level.

NOTE Confidence: 0.87542002

00:25:47.360 --> 00:25:49.520 And the best thing to do when you're

NOTE Confidence: 0.87542002

00:25:49.520 --> 00:25:51.285 setting that up is to prime the

NOTE Confidence: 0.87542002

00:25:51.285 --> 00:25:53.000 student or to prime the resident.

NOTE Confidence: 0.87542002

00:25:53.000 --> 00:25:55.256 So priming is just so important for them

NOTE Confidence: 0.87542002

00:25:55.256 --> 00:25:57.960 to start activating their clinical reasoning.

NOTE Confidence: 0.87542002

00:25:57.960 --> 00:26:00.480 We talk about it a lot in clinical reasoning,

NOTE Confidence: 0.87542002

00:26:00.480 --> 00:26:01.716 but an active observation.

NOTE Confidence: 0.87542002

00:26:01.716 --> 00:26:03.570 You really want to tell them

NOTE Confidence: 0.87542002

00:26:03.633 --> 00:26:05.037 why they're watching you.

NOTE Confidence: 0.87542002

00:26:05.040 --> 00:26:06.474 It's not like going and just

NOTE Confidence: 0.87542002

00:26:06.474 --> 00:26:08.200 I'm out of time and you know,

NOTE Confidence: 0.87542002

00:26:08.200 --> 00:26:08.920 just come in with me,

NOTE Confidence: 0.87542002

00:26:08.920 --> 00:26:09.703 my last patient,

NOTE Confidence: 0.87542002

00:26:09.703 --> 00:26:12.040 You've come in with me to this patient.

NOTE Confidence: 0.87542002

00:26:12.040 --> 00:26:13.720 I've been trying to get this

NOTE Confidence: 0.87542002

00:26:13.720 --> 00:26:14.840 patient to quit smoking.

NOTE Confidence: 0.87542002

00:26:14.840 --> 00:26:16.706 I'm going to try to use

NOTE Confidence: 0.87542002

00:26:16.706 --> 00:26:17.639 motivational interviewing here.

NOTE Confidence: 0.87542002

00:26:17.640 --> 00:26:19.890 Just watch and see what tools I'm using and

NOTE Confidence: 0.87542002

00:26:19.890 --> 00:26:22.174 let I'd love to hear afterwards what you

NOTE Confidence: 0.87542002

00:26:22.174 --> 00:26:24.520 think worked and what you think didn't work.

NOTE Confidence: 0.87542002

00:26:24.520 --> 00:26:25.040 OK,

NOTE Confidence: 0.87542002

00:26:25.040 --> 00:26:27.640 so so watch motivational interviewing.

NOTE Confidence: 0.87542002

00:26:27.640 --> 00:26:29.560 This is what I'm doing with this patient.

NOTE Confidence: 0.87542002

00:26:29.560 --> 00:26:30.295 I go in,

NOTE Confidence: 0.87542002

00:26:30.295 --> 00:26:33.239 I do it and we come out and we debrief.

NOTE Confidence: 0.87542002

00:26:33.240 --> 00:26:34.840 We reflect on the experience.

NOTE Confidence: 0.87542002

00:26:34.840 --> 00:26:35.756 What did you think?

NOTE Confidence: 0.87542002

00:26:35.756 --> 00:26:37.800 What did you see me doing that worked?

NOTE Confidence: 0.87542002

00:26:37.800 --> 00:26:39.678 What did you think didn't work?

NOTE Confidence: 0.87542002

00:26:39.680 --> 00:26:41.036 What could you use next time?

NOTE Confidence: 0.87542002

00:26:41.040 --> 00:26:42.237 What would you want to try out?

NOTE Confidence: 0.87542002

00:26:42.240 --> 00:26:43.524 Maybe I can come watch you

NOTE Confidence: 0.87542002

00:26:43.524 --> 00:26:44.757 next time you do motivational

NOTE Confidence: 0.87542002

00:26:44.757 --> 00:26:46.719 interviewing and see how it goes.

NOTE Confidence: 0.87542002

00:26:46.720 --> 00:26:48.745 So then the next step is you almost could

NOTE Confidence: 0.87542002

00:26:48.745 --> 00:26:50.916 you could you could do it again and again,

NOTE Confidence: 0.87542002

00:26:50.920 --> 00:26:52.160 but you could flip it,

NOTE Confidence: 0.87542002

00:26:52.160 --> 00:26:52.484 right?

NOTE Confidence: 0.87542002

00:26:52.484 --> 00:26:54.428 So now you're watching the student

NOTE Confidence: 0.87542002

00:26:54.428 --> 00:26:56.040 or resident do something.

NOTE Confidence: 0.87542002

00:26:56.040 --> 00:26:59.168 And this can be ranging from the the

NOTE Confidence: 0.87542002

00:26:59.168 --> 00:27:01.690 student or resident doing a physical exam

NOTE Confidence: 0.87542002

00:27:01.690 --> 00:27:03.440 to doing something really complicated,

NOTE Confidence: 0.87542002

00:27:03.440 --> 00:27:03.861 right?

NOTE Confidence: 0.87542002

00:27:03.861 --> 00:27:05.966 So doing something that they've

NOTE Confidence: 0.87542002

00:27:05.966 --> 00:27:08.080 struggled with in the past,

NOTE Confidence: 0.87542002

00:27:08.080 --> 00:27:08.580 you know,

NOTE Confidence: 0.87542002

00:27:08.580 --> 00:27:09.830 something that they feel uncomfortable

NOTE Confidence: 0.87542002

00:27:09.830 --> 00:27:11.279 with that you're watching them do.

NOTE Confidence: 0.87542002

00:27:11.280 --> 00:27:12.700 I found that most patients

NOTE Confidence: 0.87542002

00:27:12.700 --> 00:27:14.120 are comfortable with me in

NOTE Confidence: 0.939431583

00:27:14.180 --> 00:27:15.920 the room and are still able

NOTE Confidence: 0.939431583

00:27:15.920 --> 00:27:17.080 to direct their attention.

NOTE Confidence: 0.939431583

00:27:17.080 --> 00:27:19.246 If I make myself inconspicuous to

NOTE Confidence: 0.939431583

00:27:19.246 --> 00:27:21.576 the resident or the student and I

NOTE Confidence: 0.939431583

00:27:21.576 --> 00:27:22.920 say I'm just a family on the wall,

NOTE Confidence: 0.939431583

00:27:22.920 --> 00:27:25.600 don't talk to me, talk to this person.

NOTE Confidence: 0.939431583

00:27:25.600 --> 00:27:27.568 And this is a really nice

NOTE Confidence: 0.939431583

00:27:27.568 --> 00:27:29.440 opportunity to diagnose the learner.

NOTE Confidence: 0.939431583

00:27:29.440 --> 00:27:32.270 So I know most of us don't have time to

NOTE Confidence: 0.939431583

00:27:32.344 --> 00:27:35.314 go in the room for a 30 minute encounter,

NOTE Confidence: 0.939431583

00:27:35.320 --> 00:27:36.544 but you, you know,

NOTE Confidence: 0.939431583

00:27:36.544 --> 00:27:38.920 you know that they're working on a skill.

NOTE Confidence: 0.939431583

00:27:38.920 --> 00:27:41.836 They're they're working on, you know,

NOTE Confidence: 0.691241996

00:27:44.840 --> 00:27:46.000 physical exam skill. Excuse me,

NOTE Confidence: 0.691241996

00:27:46.000 --> 00:27:47.518 I'm trying to think of something,

NOTE Confidence: 0.691241996

53

00:27:47.520 --> 00:27:49.360 you know, the cardiology exam,

NOTE Confidence: 0.691241996

00:27:49.360 --> 00:27:50.840 like I'm really having trouble

NOTE Confidence: 0.691241996

00:27:50.840 --> 00:27:53.160 doing JVP and I and observing it.

NOTE Confidence: 0.691241996

00:27:53.160 --> 00:27:54.875 OK, so why don't you call me

NOTE Confidence: 0.691241996

00:27:54.875 --> 00:27:56.599 in when you get up to that?

NOTE Confidence: 0.691241996

00:27:56.600 --> 00:27:58.133 I'm going to watch you for that

NOTE Confidence: 0.691241996

00:27:58.133 --> 00:27:59.376 particular point a couple of

NOTE Confidence: 0.691241996

00:27:59.376 --> 00:28:00.716 minutes and then we'll debrief

NOTE Confidence: 0.691241996

00:28:00.716 --> 00:28:01.716 about it afterwards, right.

NOTE Confidence: 0.691241996

00:28:01.716 --> 00:28:03.284 So it's a place for you to to

NOTE Confidence: 0.691241996

00:28:03.284 --> 00:28:04.888 sort of diagnose the learner or

NOTE Confidence: 0.691241996

00:28:04.888 --> 00:28:06.248 they're having trouble sort of

NOTE Confidence: 0.691241996

00:28:06.302 --> 00:28:07.880 delivering a plan to the learner.

NOTE Confidence: 0.691241996

00:28:07.880 --> 00:28:09.134 You know they're at that higher

NOTE Confidence: 0.691241996

00:28:09.134 --> 00:28:10.244 level and they're just having

NOTE Confidence: 0.691241996

00:28:10.244 --> 00:28:11.636 trouble getting through or the the,

00:28:11.640 --> 00:28:13.831 I mean to this to the patient

00:28:13.831 --> 00:28:15.840 or the patient's not, you know,

00:28:15.840 --> 00:28:18.680 following a A, a, a,

00:28:18.680 --> 00:28:20.042 a plan that they had prescribed

00:28:20.042 --> 00:28:21.572 in the past and helping them

00:28:21.572 --> 00:28:23.276 figure out what's the lesion here.

00:28:23.280 --> 00:28:24.516 Why is it not going through,

00:28:24.520 --> 00:28:26.080 what am I seeing that you're

00:28:26.080 --> 00:28:27.120 doing that's not working.

00:28:27.120 --> 00:28:29.381 So just picking part to go in

00:28:29.381 --> 00:28:31.178 and observe and always have

00:28:31.178 --> 00:28:33.440 that deep briefing at the end.

00:28:33.440 --> 00:28:34.952 I really like the term precepting

00:28:34.952 --> 00:28:36.599 in the presence of the patient.

00:28:36.600 --> 00:28:38.434 This was something on the bottom left.

00:28:38.440 --> 00:28:39.925 There was a curbsiders about

NOTE Confidence: 0.691241996

00:28:39.925 --> 00:28:41.640 this and I really loved it.

NOTE Confidence: 0.691241996

00:28:41.640 --> 00:28:43.296 It was a short little podcast

NOTE Confidence: 0.691241996

00:28:43.296 --> 00:28:44.400 if you have time,

NOTE Confidence: 0.691241996

00:28:44.400 --> 00:28:46.440 but I like that term because it's really,

NOTE Confidence: 0.691241996

00:28:46.440 --> 00:28:47.272 that's what you're doing.

NOTE Confidence: 0.691241996

00:28:47.272 --> 00:28:48.520 You're precepting with the patient there.

NOTE Confidence: 0.691241996

00:28:48.520 --> 00:28:50.116 So instead of precepting in a

NOTE Confidence: 0.691241996

00:28:50.116 --> 00:28:51.720 separate room off to the side,

NOTE Confidence: 0.691241996

00:28:51.720 --> 00:28:53.211 you're bringing the resident back in the

NOTE Confidence: 0.691241996

00:28:53.211 --> 00:28:54.800 room with the patient or the student,

NOTE Confidence: 0.691241996

00:28:54.800 --> 00:28:56.020 and you're doing the precepting

NOTE Confidence: 0.691241996

00:28:56.020 --> 00:28:57.240 in front of the patient.

NOTE Confidence: 0.691241996

00:28:57.240 --> 00:28:58.804 And they've studied this.

NOTE Confidence: 0.691241996

00:28:58.804 --> 00:29:01.110 They found that it's efficient, right?

NOTE Confidence: 0.691241996

00:29:01.110 --> 00:29:03.560 So they found that it's patient centered.

NOTE Confidence: 0.691241996

00:29:03.560 --> 00:29:05.840 The patient feels like they're engaged.

NOTE Confidence: 0.691241996

00:29:05.840 --> 00:29:07.310 You're actually spending more time in

NOTE Confidence: 0.691241996

00:29:07.310 --> 00:29:08.956 the presence of the patient because

NOTE Confidence: 0.691241996

00:29:08.956 --> 00:29:10.798 you're precepting with the patient there.

NOTE Confidence: 0.691241996

00:29:10.800 --> 00:29:13.320 This could work for all levels of learners.

NOTE Confidence: 0.691241996

00:29:13.320 --> 00:29:14.566 So it doesn't have to be for

NOTE Confidence: 0.691241996

00:29:14.566 --> 00:29:15.480 a higher level learner,

NOTE Confidence: 0.691241996

00:29:15.480 --> 00:29:17.560 it could be for a lower level learner.

NOTE Confidence: 0.691241996

00:29:17.560 --> 00:29:19.135 And you get to see those subtle

NOTE Confidence: 0.691241996

00:29:19.135 --> 00:29:20.479 things you wouldn't see otherwise.

NOTE Confidence: 0.691241996

00:29:20.480 --> 00:29:22.360 So how are they communicating?

NOTE Confidence: 0.691241996

00:29:22.360 --> 00:29:23.920 How are they altering their language?

NOTE Confidence: 0.691241996

00:29:23.920 --> 00:29:25.165 How what's their,

NOTE Confidence: 0.691241996

00:29:25.165 --> 00:29:27.240 what's their body language like?

NOTE Confidence: 0.691241996

00:29:27.240 --> 00:29:28.764 The disadvantages is basically

NOTE Confidence: 0.691241996

00:29:28.764 --> 00:29:30.669 that the learner doesn't always

NOTE Confidence: 0.691241996

00:29:30.669 --> 00:29:32.359 feel comfortable with that,

NOTE Confidence: 0.691241996

00:29:32.360 --> 00:29:33.812 because the learner feels like they

NOTE Confidence: 0.691241996

00:29:33.812 --> 00:29:35.528 have to change things when they precept

NOTE Confidence: 0.691241996

00:29:35.528 --> 00:29:36.920 in the presence of the patient.

NOTE Confidence: 0.691241996

00:29:36.920 --> 00:29:38.402 It's not the worst thing in the world, right?

NOTE Confidence: 0.691241996

00:29:38.402 --> 00:29:40.338 It's good for them to be able to

NOTE Confidence: 0.691241996

00:29:40.338 --> 00:29:42.565 learn how to present a case with the

NOTE Confidence: 0.691241996

00:29:42.565 --> 00:29:44.348 patient present and then you know

NOTE Confidence: 0.691241996

00:29:44.348 --> 00:29:46.520 ensuring patients allow the learner to lead.

NOTE Confidence: 0.691241996

00:29:46.520 --> 00:29:47.912 So you really do have to set some

NOTE Confidence: 0.691241996

00:29:47.912 --> 00:29:48.934 ground rules with the patients

NOTE Confidence: 0.691241996

00:29:48.934 --> 00:29:49.994 and pick the right patient.

NOTE Confidence: 0.691241996

00:29:50.000 --> 00:29:51.533 So they're not going to jump in

NOTE Confidence: 0.691241996

00:29:51.533 --> 00:29:52.998 and say that's not what I said,

NOTE Confidence: 0.691241996

00:29:53.000 --> 00:29:54.240 I said something totally different,

NOTE Confidence: 0.691241996

00:29:54.240 --> 00:29:54.987 right like let,

NOTE Confidence: 0.691241996

00:29:54.987 --> 00:29:57.044 let me hear and then we welcome you

NOTE Confidence: 0.691241996

00:29:57.044 --> 00:29:58.822 to clarify any things that went wrong

NOTE Confidence: 0.691241996

00:29:58.822 --> 00:30:00.718 or ask any questions afterwards,

NOTE Confidence: 0.691241996

00:30:00.720 --> 00:30:01.896 but let let the learner present

NOTE Confidence: 0.691241996

00:30:01.896 --> 00:30:02.680 the case and then

NOTE Confidence: 0.93527021

00:30:02.720 --> 00:30:04.239 we'll talk to you about it afterwards.

NOTE Confidence: 0.93527021

00:30:04.240 --> 00:30:06.224 So so making sure that they they allow

NOTE Confidence: 0.93527021

00:30:06.224 --> 00:30:07.998 room for the learner to present.

NOTE Confidence: 0.82883205

00:30:10.440 --> 00:30:13.440 So the one minute preceptor or micro skills.

NOTE Confidence: 0.82883205

00:30:13.440 --> 00:30:14.880 I feel like this is pretty old and

NOTE Confidence: 0.82883205

00:30:14.880 --> 00:30:16.559 a lot of you've heard this before.

NOTE Confidence: 0.82883205

00:30:16.560 --> 00:30:19.080 It's from 1992 which seems like ages ago,

NOTE Confidence: 0.82883205

00:30:19.080 --> 00:30:21.393 but I do think it's still works and serves

NOTE Confidence: 0.82883205

00:30:21.393 --> 00:30:23.640 A vital role, especially if you just

NOTE Confidence: 0.82883205

00:30:23.640 --> 00:30:26.120 need a structure to precept a learner.

NOTE Confidence: 0.82883205

00:30:26.120 --> 00:30:28.072 The nice thing about micro skills is the

NOTE Confidence: 0.82883205

00:30:28.072 --> 00:30:29.878 learner doesn't have to know you're doing it.

NOTE Confidence: 0.82883205

00:30:29.880 --> 00:30:31.437 They do not play an active role in this.

NOTE Confidence: 0.82883205

00:30:31.440 --> 00:30:33.318 So you could follow this model.

NOTE Confidence: 0.82883205

00:30:33.320 --> 00:30:35.996 They could have no idea, and that's fine.

NOTE Confidence: 0.82883205

00:30:35.996 --> 00:30:38.320 And when we talk next about Snaps,

NOTE Confidence: 0.82883205

00:30:38.320 --> 00:30:39.520 they have an active role.

NOTE Confidence: 0.82883205

00:30:39.520 --> 00:30:41.386 So they really do need to

NOTE Confidence: 0.82883205

00:30:41.386 --> 00:30:43.319 understand the model and follow it.

NOTE Confidence: 0.82883205

00:30:43.320 --> 00:30:44.800 For the woman, a preceptor,

NOTE Confidence: 0.82883205

00:30:44.800 --> 00:30:46.585 the first step is that you get

NOTE Confidence: 0.82883205

00:30:46.585 --> 00:30:48.039 a commitment from the learner.

NOTE Confidence: 0.82883205

00:30:48.040 --> 00:30:49.516 What do you think's going on?

NOTE Confidence: 0.82883205

00:30:49.520 --> 00:30:49.818 Right.

NOTE Confidence: 0.82883205

00:30:49.818 --> 00:30:51.606 So this is hugely important and

NOTE Confidence: 0.82883205

00:30:51.606 --> 00:30:53.959 a step that many of us skip when

NOTE Confidence: 0.82883205

00:30:53.959 --> 00:30:55.359 we don't have enough time.

NOTE Confidence: 0.82883205

00:30:55.360 --> 00:30:57.754 They present a case to you and

NOTE Confidence: 0.82883205

00:30:57.754 --> 00:30:59.593 they you sort of just say, oh,

NOTE Confidence: 0.82883205

00:30:59.593 --> 00:31:00.558 yeah, that sounds, that's easy.

NOTE Confidence: 0.82883205

00:31:00.560 --> 00:31:01.697 That's gastroenteritis, right?

NOTE Confidence: 0.82883205

00:31:01.697 --> 00:31:03.592 Because it's like you want

NOTE Confidence: 0.82883205

00:31:03.592 --> 00:31:04.960 the learner to commit.

NOTE Confidence: 0.82883205

00:31:04.960 --> 00:31:06.794 What do you think is going on?

NOTE Confidence: 0.82883205

00:31:06.800 --> 00:31:08.720 And usually I tell the learner,

NOTE Confidence: 0.82883205

00:31:08.720 --> 00:31:10.680 I just know that it's one thing.

NOTE Confidence: 0.82883205

00:31:10.680 --> 00:31:12.219 I want you to give me a couple of

NOTE Confidence: 0.82883205

00:31:12.219 --> 00:31:13.639 things you think might be going on.

NOTE Confidence: 0.82883205

00:31:13.640 --> 00:31:15.356 I really want a differential diagnosis,

NOTE Confidence: 0.82883205

00:31:15.360 --> 00:31:16.420 because if that's if you're

NOTE Confidence: 0.82883205

61

00:31:16.420 --> 00:31:17.480 wrong with that one thing,

NOTE Confidence: 0.82883205

00:31:17.480 --> 00:31:18.754 we've got nothing to fall back on.

NOTE Confidence: 0.82883205

00:31:18.760 --> 00:31:22.318 So give me a differential diagnosis.

NOTE Confidence: 0.82883205

00:31:22.320 --> 00:31:23.920 Probe for supporting evidence.

NOTE Confidence: 0.824458854444444

00:31:26.040 --> 00:31:27.260 Dana, Sorry, I'm just seeing

NOTE Confidence: 0.824458854444444

00:31:27.260 --> 00:31:28.506 what you popped in. Yes.

NOTE Confidence: 0.824458854444444

00:31:28.506 --> 00:31:30.102 So if you're going to precept

NOTE Confidence: 0.824458854444444

00:31:30.102 --> 00:31:31.758 in the presence of the patient,

NOTE Confidence: 0.824458854444444

00:31:31.760 --> 00:31:33.350 talk to them before about if

NOTE Confidence: 0.824458854444444

00:31:33.350 --> 00:31:34.950 there's something they want to ask

NOTE Confidence: 0.824458854444444

00:31:34.950 --> 00:31:36.426 ahead of time they're unsure of

NOTE Confidence: 0.824458854444444

00:31:36.426 --> 00:31:37.958 addressing in front of the learner.

NOTE Confidence: 0.824458854444444

00:31:37.960 --> 00:31:39.560 I think that's wonderful.

NOTE Confidence: 0.824458854444444

00:31:39.560 --> 00:31:41.932 Thank you. And no offence to

NOTE Confidence: 0.824458854444444

00:31:41.932 --> 00:31:42.718 interventional radiologists.

NOTE Confidence: 0.824458854444444

00:31:42.720 --> 00:31:45.438 I just want everyone to go into primary care.

NOTE Confidence: 0.824458854444444

00:31:45.440 --> 00:31:47.756 So after you get the commitment,

NOTE Confidence: 0.824458854444444

00:31:47.760 --> 00:31:49.480 you probe for supporting evidence.

NOTE Confidence: 0.824458854444444

00:31:49.480 --> 00:31:52.518 So why? What made you think that?

NOTE Confidence: 0.824458854444444

00:31:52.520 --> 00:31:54.080 What led you to that conclusion?

NOTE Confidence: 0.78282466625

00:31:56.560 --> 00:31:57.935 And you're going to teach

NOTE Confidence: 0.78282466625

00:31:57.935 --> 00:31:58.760 a general principle,

NOTE Confidence: 0.78282466625

00:31:58.760 --> 00:32:00.559 so you you know that's your Pearl.

NOTE Confidence: 0.78282466625

00:32:00.560 --> 00:32:02.920 So when you see this, you can remember this.

NOTE Confidence: 0.78282466625

00:32:02.920 --> 00:32:05.160 Or when you, you know, I saw you,

NOTE Confidence: 0.78282466625

00:32:05.160 --> 00:32:06.864 you listed these two things on

NOTE Confidence: 0.78282466625

00:32:06.864 --> 00:32:07.716 your differential diagnosis.

NOTE Confidence: 0.78282466625

00:32:07.720 --> 00:32:09.841 This third thing should always be included

NOTE Confidence: 0.78282466625

00:32:09.841 --> 00:32:12.297 because that's a do not misdiagnosis, right?

NOTE Confidence: 0.78282466625

00:32:12.297 --> 00:32:15.039 So. So teach a general principle.

NOTE Confidence: 0.78282466625

00:32:15.040 --> 00:32:16.600 Tell them what went well.

NOTE Confidence: 0.78282466625

00:32:16.600 --> 00:32:18.136 You did a great job about

NOTE Confidence: 0.78282466625

00:32:18.136 --> 00:32:19.160 picking up that murmur.

NOTE Confidence: 0.78282466625

00:32:19.160 --> 00:32:19.726 That's wonderful.

NOTE Confidence: 0.78282466625

00:32:19.726 --> 00:32:21.707 Next time you know it would be

NOTE Confidence: 0.78282466625

00:32:21.707 --> 00:32:23.402 really good to check for pitting

NOTE Confidence: 0.78282466625

00:32:23.402 --> 00:32:25.078 edema because that would be helpful

NOTE Confidence: 0.78282466625

00:32:25.078 --> 00:32:26.877 for me to know when you precept,

NOTE Confidence: 0.78282466625

00:32:26.880 --> 00:32:28.868 when I precept you.

NOTE Confidence: 0.78282466625

00:32:28.868 --> 00:32:31.720 So it's quick and probably isn't one minute,

NOTE Confidence: 0.78282466625

00:32:31.720 --> 00:32:33.676 but it's not that much more.

NOTE Confidence: 0.78282466625

00:32:33.680 --> 00:32:34.992 I've seen other models,

NOTE Confidence: 0.78282466625

00:32:34.992 --> 00:32:36.960 I've seen an 8 minute precept,

NOTE Confidence: 0.78282466625

00:32:36.960 --> 00:32:40.154 an 8 step preceptor model where they

NOTE Confidence: 0.78282466625

00:32:40.154 --> 00:32:42.639 added in listening without interruption,

NOTE Confidence: 0.78282466625

00:32:42.640 --> 00:32:45.496 making connections to past patients and then

NOTE Confidence: 0.78282466625

00:32:45.496 --> 00:32:47.639 giving learning objectives for the future.

NOTE Confidence: 0.78282466625

00:32:47.640 --> 00:32:49.295 I think that's those are

NOTE Confidence: 0.78282466625

00:32:49.295 --> 00:32:51.240 all nice things to add in,

NOTE Confidence: 0.78282466625

00:32:51.240 --> 00:32:53.103 but this is sort of a very basic model

NOTE Confidence: 0.78282466625

00:32:53.103 --> 00:32:55.235 and I want to show you an example of this.

NOTE Confidence: 0.78282466625

00:32:55.240 --> 00:32:57.150 I'm going to show you a video and I do

NOTE Confidence: 0.78282466625

00:32:57.200 --> 00:32:59.153 want to say I'm going to show 2 videos.

NOTE Confidence: 0.78282466625

00:32:59.160 --> 00:33:01.246 One is for this model and one

NOTE Confidence: 0.78282466625

00:33:01.246 --> 00:33:02.800 is the same teacher,

NOTE Confidence: 0.78282466625

00:33:02.800 --> 00:33:04.405 faculty member and learner with

NOTE Confidence: 0.78282466625

00:33:04.405 --> 00:33:06.010 the snaps model because we're

NOTE Confidence: 0.78282466625

00:33:06.063 --> 00:33:07.798 going to compare them afterwards.

NOTE Confidence: 0.78282466625

00:33:07.800 --> 00:33:09.880 And the videos are also a bit old,

NOTE Confidence: 0.78282466625

00:33:09.880 --> 00:33:12.280 so the medical knowledge is a bit outdated,

NOTE Confidence: 0.78282466625

00:33:12.280 --> 00:33:14.128 but really look for what they

NOTE Confidence: 0.78282466625

00:33:14.128 --> 00:33:15.360 do with the teaching.

NOTE Confidence: 0.78282466625

00:33:15.360 --> 00:33:17.772 So I'm just going to end this for one

NOTE Confidence: 0.78282466625

00:33:17.772 --> 00:33:20.160 minute and I'm going to pull up a video.

NOTE Confidence: 0.929058

00:33:38.960 --> 00:33:39.400 OK.

NOTE Confidence: 0.965561483636364

00:33:43.560 --> 00:33:45.288 Please let me know if you

NOTE Confidence: 0.965561483636364

00:33:45.288 --> 00:33:46.680 have any trouble hearing it.

NOTE Confidence: 0.965561483636364

00:33:46.680 --> 00:33:49.879 So this is the the one minute

NOTE Confidence: 0.965561483636364

00:33:49.879 --> 00:33:51.319 preceptor encounter. Julie, did you

NOTE Confidence: 0.862526190833333

00:33:51.320 --> 00:33:52.440 get a chance to see our first

NOTE Confidence: 0.862526190833333

00:33:52.440 --> 00:33:53.399 patient in clinic this morning?

NOTE Confidence: 0.93576795

00:33:55.880 --> 00:33:58.045 The Dewey skin cream from Tatcha

NOTE Confidence: 0.93576795

00:33:58.045 --> 00:34:00.280 with a rich creamy feel? Sorry

NOTE Confidence: 0.280334843333333

00:34:00.280 --> 00:34:01.078 about that for

NOTE Confidence: 0.71068555

00:34:01.760 --> 00:34:02.920 Julie. Did you get a chance to see

NOTE Confidence: 0.839390338571429

00:34:02.920 --> 00:34:04.635 our first patient in clinic this morning?

NOTE Confidence: 0.839390338571429

00:34:04.640 --> 00:34:06.288 I did. This is Miss Linda Baum.

NOTE Confidence: 0.839390338571429

00:34:06.288 --> 00:34:08.240 So she is a 70 year old female,

66

NOTE Confidence: 0.839390338571429

00:34:08.240 --> 00:34:09.560 has a history of diabetes,

NOTE Confidence: 0.839390338571429

00:34:09.560 --> 00:34:11.928 hypertension and paroxysmal atrial

NOTE Confidence: 0.839390338571429

00:34:11.928 --> 00:34:13.300 fibrillation and she's currently

NOTE Confidence: 0.839390338571429

00:34:13.300 --> 00:34:14.860 in normal sinus rhythm and really

NOTE Confidence: 0.839390338571429

00:34:14.860 --> 00:34:16.407 would like to stop taking warfarin

NOTE Confidence: 0.839390338571429

00:34:16.407 --> 00:34:18.000 because she's just tired of getting

NOTE Confidence: 0.839390338571429

00:34:18.000 --> 00:34:20.117 her INRS checked so frequently.

NOTE Confidence: 0.839390338571429

00:34:20.117 --> 00:34:22.453 OK, so I think she needs to stay

NOTE Confidence: 0.839390338571429

00:34:22.453 --> 00:34:24.397 on the warfarin though because her

NOTE Confidence: 0.839390338571429

00:34:24.397 --> 00:34:26.039 Chad's vascular is actually 4,

NOTE Confidence: 0.839390338571429

00:34:26.040 --> 00:34:28.272 which puts her at a high risk of stroke.

NOTE Confidence: 0.839390338571429

00:34:28.280 --> 00:34:31.738 OK. Do you know about anything other

NOTE Confidence: 0.839390338571429

00:34:31.738 --> 00:34:34.122 other than Coumadin that she could use to

NOTE Confidence: 0.839390338571429

00:34:34.122 --> 00:34:36.237 decrease her risk of stroke in the future?

NOTE Confidence: 0.876825457142857

00:34:36.880 --> 00:34:38.315 Well, I had heard that there were

NOTE Confidence: 0.952880818888889

67

00:34:38.320 --> 00:34:40.960 some newer agents for atrial fibrillation

NOTE Confidence: 0.952880818888889

00:34:40.960 --> 00:34:42.648 for stroke prevention, but honestly,

NOTE Confidence: 0.952880818888889

00:34:42.648 --> 00:34:44.120 I really don't know that much about them.

NOTE Confidence: 0.952880818888889

00:34:44.120 --> 00:34:45.360 OK, All right. That's OK.

NOTE Confidence: 0.952880818888889

00:34:45.360 --> 00:34:46.476 There's a lot of new ones,

NOTE Confidence: 0.952880818888889

00:34:46.480 --> 00:34:47.764 and I think it's hard to

NOTE Confidence: 0.952880818888889

00:34:47.764 --> 00:34:49.080 keep track of all of them.

NOTE Confidence: 0.952880818888889

00:34:49.080 --> 00:34:51.019 So let me show you this website

NOTE Confidence: 0.952880818888889

00:34:51.019 --> 00:34:53.277 here since we have a couple minutes.

NOTE Confidence: 0.952880818888889

00:34:53.280 --> 00:34:55.950 This is the teamanticoag.com website,

NOTE Confidence: 0.952880818888889

00:34:55.950 --> 00:34:57.120 and you can pull it up.

NOTE Confidence: 0.952880818888889

00:34:57.120 --> 00:34:58.680 I'll let you look over this

NOTE Confidence: 0.952880818888889

00:34:58.680 --> 00:35:00.017 tonight if you want. OK?

NOTE Confidence: 0.952880818888889

00:35:00.017 --> 00:35:02.393 But this, we'll go over a lot of

NOTE Confidence: 0.952880818888889

00:35:02.393 --> 00:35:05.003 the newer oral anticoagulants other

NOTE Confidence: 0.952880818888889

00:35:05.003 --> 00:35:07.668 than warfarin and talk about the

NOTE Confidence: 0.952880818888889

00:35:07.668 --> 00:35:10.480 risks and benefits of each of them.

NOTE Confidence: 0.952880818888889

00:35:10.480 --> 00:35:12.487 I agree her Chad's vast score is high and

NOTE Confidence: 0.952880818888889

00:35:12.487 --> 00:35:14.679 I you're correct in saying that it's 4.

NOTE Confidence: 0.952880818888889

00:35:14.680 --> 00:35:16.576 So she probably should stay on

NOTE Confidence: 0.952880818888889

00:35:16.576 --> 00:35:17.840 some sort of anticoagulation.

NOTE Confidence: 0.952880818888889

00:35:17.840 --> 00:35:19.366 But we can probably give her another

NOTE Confidence: 0.952880818888889

00:35:19.366 --> 00:35:20.688 option other than Coumadin if she

NOTE Confidence: 0.952880818888889

00:35:20.688 --> 00:35:22.151 really doesn't want to stay on that.

NOTE Confidence: 0.952880818888889

00:35:22.160 --> 00:35:22.497 OK.

NOTE Confidence: 0.952880818888889

00:35:22.497 --> 00:35:24.519 So tonight when you go home,

NOTE Confidence: 0.952880818888889

00:35:24.520 --> 00:35:26.123 why don't you look at a couple

NOTE Confidence: 0.952880818888889

00:35:26.123 --> 00:35:27.663 of the medications that she could

NOTE Confidence: 0.952880818888889

00:35:27.663 --> 00:35:29.265 potentially use and tomorrow when you

NOTE Confidence: 0.952880818888889

00:35:29.265 --> 00:35:31.021 come back and you can tell me which

NOTE Confidence: 0.952880818888889

00:35:31.021 --> 00:35:33.055 one you would choose for her if we

NOTE Confidence: 0.952880818888889

00:35:33.055 --> 00:35:34.959 decide to not use Coumadin on her.

NOTE Confidence: 0.952880818888889

00:35:34.960 --> 00:35:36.200 OK, OK,

NOTE Confidence: 0.790906495555556

00:35:39.120 --> 00:35:40.985 great. I'm just going to

NOTE Confidence: 0.790906495555556

00:35:40.985 --> 00:35:42.477 share my other screen.

NOTE Confidence: 0.790906495555556

00:35:42.480 --> 00:35:44.727 And John, I love that language you

NOTE Confidence: 0.790906495555556

00:35:44.727 --> 00:35:47.408 put in the chat about and I I like

NOTE Confidence: 0.790906495555556

00:35:47.408 --> 00:35:48.568 that language when actually asking

NOTE Confidence: 0.790906495555556

00:35:48.568 --> 00:35:50.178 if the student can see the patient

NOTE Confidence: 0.790906495555556

00:35:50.178 --> 00:35:51.891 in the 1st place about that This

NOTE Confidence: 0.790906495555556

00:35:51.891 --> 00:35:53.433 is an opportunity and a privilege,

NOTE Confidence: 0.790906495555556

00:35:53.440 --> 00:35:56.280 not just can they.

NOTE Confidence: 0.790906495555556

00:35:56.280 --> 00:35:57.652 So I'm going to keep that video

NOTE Confidence: 0.790906495555556

00:35:57.652 --> 00:35:58.878 on the back of your head.

NOTE Confidence: 0.790906495555556

00:35:58.880 --> 00:36:00.596 Let's talk a little bit more.

NOTE Confidence: 0.790906495555556

00:36:00.600 --> 00:36:02.320 So the the supporting evidence

NOTE Confidence: 0.790906495555556

00:36:02.320 --> 00:36:04.040 for the one minute preceptor.

NOTE Confidence: 0.790906495555556

00:36:04.040 --> 00:36:06.100 It improves teaching effectiveness,

NOTE Confidence: 0.790906495555556

00:36:06.100 --> 00:36:08.160 it improves in efficiency,

NOTE Confidence: 0.790906495555556

00:36:08.160 --> 00:36:09.840 it can be pretty quick,

NOTE Confidence: 0.790906495555556

00:36:09.840 --> 00:36:11.688 You are giving more feedback to

NOTE Confidence: 0.790906495555556

00:36:11.688 --> 00:36:13.347 the student with specific teaching

NOTE Confidence: 0.790906495555556

00:36:13.347 --> 00:36:15.555 points and then it increased learner

NOTE Confidence: 0.790906495555556

00:36:15.555 --> 00:36:17.200 motivation for outside learning.

NOTE Confidence: 0.790906495555556

00:36:17.200 --> 00:36:20.400 So so it has shown to be beneficial.

NOTE Confidence: 0.790906495555556

00:36:20.400 --> 00:36:22.400 Now let's talk about snaps

NOTE Confidence: 0.790906495555556

00:36:22.400 --> 00:36:24.000 which is slightly different.

NOTE Confidence: 0.790906495555556

00:36:24.000 --> 00:36:24.636 So snaps,

NOTE Confidence: 0.790906495555556

00:36:24.636 --> 00:36:27.180 as I mentioned before the learner has to

NOTE Confidence: 0.790906495555556

00:36:27.251 --> 00:36:30.114 know because they are driving this encounter.

NOTE Confidence: 0.790906495555556

00:36:30.120 --> 00:36:32.670 So this is a learner driven

NOTE Confidence: 0.790906495555556

00:36:32.670 --> 00:36:33.520 precepting encounter.

NOTE Confidence: 0.790906495555556

00:36:33.520 --> 00:36:35.040 So the learner comes in,

NOTE Confidence: 0.790906495555556

00:36:35.040 --> 00:36:36.088 they're going to summarize

NOTE Confidence: 0.790906495555556

00:36:36.088 --> 00:36:37.398 the patient case for you.

NOTE Confidence: 0.790906495555556

00:36:37.400 --> 00:36:40.073 This should just take no more than 3 minutes.

NOTE Confidence: 0.790906495555556

00:36:40.080 --> 00:36:42.393 It should be a quick summary of the case.

NOTE Confidence: 0.790906495555556

00:36:42.400 --> 00:36:44.158 They're going to narrow the differential.

NOTE Confidence: 0.790906495555556

00:36:44.160 --> 00:36:45.609 They're going to tell you there are

NOTE Confidence: 0.790906495555556

00:36:45.609 --> 00:36:47.433 a couple of options and then they're

NOTE Confidence: 0.790906495555556

00:36:47.433 --> 00:36:48.878 going to analyse the differential.

NOTE Confidence: 0.790906495555556

00:36:48.880 --> 00:36:50.230 So this really gets at

NOTE Confidence: 0.790906495555556

00:36:50.230 --> 00:36:51.040 their clinical reasoning.

NOTE Confidence: 0.790906495555556

00:36:51.040 --> 00:36:52.720 So what are they thinking?

NOTE Confidence: 0.790906495555556

00:36:52.720 --> 00:36:54.650 So it's less knowledge based

NOTE Confidence: 0.790906495555556

00:36:54.650 --> 00:36:56.194 and more reasoning based.

NOTE Confidence: 0.790906495555556

00:36:56.200 --> 00:36:58.492 So they narrow the narrow, the differential.

NOTE Confidence: 0.790906495555556

00:36:58.492 --> 00:37:00.516 They analyse the differential,

NOTE Confidence: 0.790906495555556

00:37:00.520 --> 00:37:02.236 then they ask you the question.

NOTE Confidence: 0.790906495555556

00:37:02.240 --> 00:37:03.840 So they don't know something,

NOTE Confidence: 0.790906495555556

00:37:03.840 --> 00:37:05.120 so they can't figure out.

NOTE Confidence: 0.790906495555556

00:37:05.120 --> 00:37:06.440 So they're asking you, well,

NOTE Confidence: 0.790906495555556

00:37:06.440 --> 00:37:08.000 I don't know what tests to order next.

NOTE Confidence: 0.790906495555556

00:37:08.000 --> 00:37:10.313 What would you order next to figure this out?

NOTE Confidence: 0.790906495555556

00:37:10.320 --> 00:37:10.810 Or like,

NOTE Confidence: 0.790906495555556

00:37:10.810 --> 00:37:12.035 what medication would you add

NOTE Confidence: 0.790906495555556

00:37:12.035 --> 00:37:13.400 to control their hypertension?

NOTE Confidence: 0.790906495555556

00:37:13.400 --> 00:37:14.612 Like, you know,

NOTE Confidence: 0.790906495555556

00:37:14.612 --> 00:37:17.036 so they're asking you the question,

NOTE Confidence: 0.790906495555556

00:37:17.040 --> 00:37:19.302 Then together you're coming up with

NOTE Confidence: 0.790906495555556

00:37:19.302 --> 00:37:21.124 a management plan and then they're

NOTE Confidence: 0.790906495555556

00:37:21.124 --> 00:37:22.264 picking an issue that they're

NOTE Confidence: 0.790906495555556

00:37:22.264 --> 00:37:23.837 going to learn about in the future.

NOTE Confidence: 0.790906495555556

00:37:23.840 --> 00:37:25.172 So they're selecting something

NOTE Confidence: 0.790906495555556

00:37:25.172 --> 00:37:26.837 that was a knowledge gap,

NOTE Confidence: 0.790906495555556

00:37:26.840 --> 00:37:28.471 and then they're going to learn about

NOTE Confidence: 0.790906495555556

00:37:28.471 --> 00:37:30.439 it and bring it back to you afterwards.

NOTE Confidence: 0.790906495555556

00:37:30.440 --> 00:37:33.485 So I'm going to show the example

NOTE Confidence: 0.790906495555556

00:37:33.485 --> 00:37:37.060 of Snaps with the same two people

NOTE Confidence: 0.790906495555556

00:37:37.060 --> 00:37:38.840 and then we'll talk about both.

NOTE Confidence: 0.6447358

00:37:57.950 --> 00:37:58.390 OK.

NOTE Confidence: 0.857609628333333

00:38:01.920 --> 00:38:03.078 I'm sorry, give me one minute.

NOTE Confidence: 0.857609628333333

00:38:03.080 --> 00:38:04.055 It's just taking a minute

NOTE Confidence: 0.857609628333333

00:38:04.055 --> 00:38:05.200 to pop up without the ad.

NOTE Confidence: 0.691097835714286

00:38:20.720 --> 00:38:21.875 I'll say while you're getting that on,

NOTE Confidence: 0.691097835714286

00:38:21.880 --> 00:38:23.854 it's probably self-evident that these are

NOTE Confidence: 0.691097835714286

00:38:23.854 --> 00:38:25.722 also really great strategies for teaching

NOTE Confidence: 0.691097835714286

00:38:25.722 --> 00:38:27.714 on the fly in the inpatient setting too.

NOTE Confidence: 0.9032045175

00:38:29.000 --> 00:38:33.696 Yes, thank you Dana. And I apologize,

NOTE Confidence: 0.9032045175

00:38:33.696 --> 00:38:35.520 I had gotten rid of the ads already,

NOTE Confidence: 0.9032045175

00:38:35.520 --> 00:38:36.640 but I guess it took too long.

NOTE Confidence: 0.9032045175

00:38:36.640 --> 00:38:38.045 So now they just wanted

NOTE Confidence: 0.9032045175

00:38:38.045 --> 00:38:39.720 to re show them to me.

NOTE Confidence: 0.9032045175

00:38:39.720 --> 00:38:43.878 OK, Can everybody see my screen?

NOTE Confidence: 0.9032045175

00:38:43.880 --> 00:38:45.399 Yeah, I'm going to share this Mr.

NOTE Confidence: 0.797280386

00:38:45.400 --> 00:38:47.969 Ryan, he is a 40 year old man with

NOTE Confidence: 0.797280386

00:38:47.969 --> 00:38:49.614 Lightheadedness as his chief complaint

NOTE Confidence: 0.797280386

00:38:49.614 --> 00:38:51.989 has no past medical history and he was

NOTE Confidence: 0.797280386

00:38:51.989 --> 00:38:53.700 found to be an atrial fibrillation,

NOTE Confidence: 0.797280386

00:38:53.700 --> 00:38:56.920 which is a new diagnosis for him.

NOTE Confidence: 0.797280386

00:38:56.920 --> 00:38:58.796 So I think the differential for his

NOTE Confidence: 0.797280386

00:38:58.796 --> 00:39:00.200 Lightheadedness actually is pretty broad,

NOTE Confidence: 0.797280386

00:39:00.200 --> 00:39:03.680 but sort of narrowing to my top two

NOTE Confidence: 0.797280386

00:39:03.680 --> 00:39:07.210 diagnosis would be symptomatic atrial

NOTE Confidence: 0.797280386

00:39:07.210 --> 00:39:10.034 fibrillation and orthostatic hypotension.

NOTE Confidence: 0.797280386

00:39:10.040 --> 00:39:12.742 OK, good. Which one are you leaning

NOTE Confidence: 0.797280386

00:39:12.742 --> 00:39:14.838 towards more right now and why?

NOTE Confidence: 0.797280386

00:39:14.840 --> 00:39:16.765 Well, I think I'm leaning more towards

NOTE Confidence: 0.797280386

00:39:16.765 --> 00:39:17.909 the symptomatic atrial fibrillation

NOTE Confidence: 0.797280386

00:39:17.909 --> 00:39:20.037 because this is a new diagnosis for him.

NOTE Confidence: 0.797280386

00:39:20.040 --> 00:39:21.965 So certainly a new onset could be

NOTE Confidence: 0.797280386

00:39:21.965 --> 00:39:24.116 causing him to have a new symptom and

NOTE Confidence: 0.797280386

00:39:24.120 --> 00:39:25.482 he doesn't really have anything in

NOTE Confidence: 0.797280386

00:39:25.482 --> 00:39:26.928 his history that would suggest that

NOTE Confidence: 0.797280386

00:39:26.928 --> 00:39:28.599 he's at risk for volume depletion,

NOTE Confidence: 0.797280386

00:39:28.600 --> 00:39:31.320 hasn't had any GI symptoms,

NOTE Confidence: 0.797280386

00:39:31.320 --> 00:39:33.918 no decrease in his oral intake,

NOTE Confidence: 0.797280386

00:39:33.920 --> 00:39:35.395 and we checked orthostatic blood

NOTE Confidence: 0.797280386

00:39:35.395 --> 00:39:37.480 pressures on him, which were normal.

NOTE Confidence: 0.797280386

00:39:37.480 --> 00:39:38.633 Great. OK, perfect.

NOTE Confidence: 0.797280386

00:39:38.633 --> 00:39:40.751 Do you have any questions about

NOTE Confidence: 0.797280386

00:39:40.751 --> 00:39:43.040 his case or his presentation?

NOTE Confidence: 0.797280386

00:39:43.040 --> 00:39:43.397 Well,

NOTE Confidence: 0.797280386

00:39:43.397 --> 00:39:45.182 I was wondering what underlying

NOTE Confidence: 0.797280386

00:39:45.182 --> 00:39:46.913 causes of atrial fibrillation we

NOTE Confidence: 0.797280386

00:39:46.913 --> 00:39:48.635 need to be concerned about in him.

NOTE Confidence: 0.797280386

00:39:48.640 --> 00:39:49.681 Good, Good question.

NOTE Confidence: 0.797280386

00:39:49.681 --> 00:39:52.110 The two easiest things to get started

NOTE Confidence: 0.797280386

00:39:52.171 --> 00:39:54.275 with since there are a lot of things

NOTE Confidence: 0.797280386

00:39:54.275 --> 00:39:56.360 that we should be thinking about.

NOTE Confidence: 0.797280386

00:39:56.360 --> 00:39:58.208 One is to ask him a question about

NOTE Confidence: 0.797280386

00:39:58.208 --> 00:39:59.802 his alcohol intake because that

NOTE Confidence: 0.797280386

00:39:59.802 --> 00:40:01.238 can cause atrial fibrillation.

NOTE Confidence: 0.797280386

00:40:01.240 --> 00:40:03.568 And the second thing would be to make

NOTE Confidence: 0.797280386

00:40:03.568 --> 00:40:06.078 sure that his thyroid levels are normal.

NOTE Confidence: 0.797280386

00:40:06.080 --> 00:40:07.880 That can also cause atrial fibrillation.

NOTE Confidence: 0.797280386

00:40:07.880 --> 00:40:09.630 We can talk about the other things

NOTE Confidence: 0.797280386

00:40:09.630 --> 00:40:11.565 too that can cause or contribute

NOTE Confidence: 0.797280386

00:40:11.565 --> 00:40:14.425 to a fib as as we learn him and

NOTE Confidence: 0.797280386

00:40:14.425 --> 00:40:17.318 and talk to him a little bit more.

NOTE Confidence: 0.797280386

00:40:17.320 --> 00:40:20.659 So the plan for him today I think is

NOTE Confidence: 0.797280386

00:40:20.659 --> 00:40:23.712 rate control for his atrial fibrillation

NOTE Confidence: 0.797280386

00:40:23.712 --> 00:40:25.764 and to think about anticoagulation

NOTE Confidence: 0.797280386

00:40:25.764 --> 00:40:27.719 for stroke prevention for him.

NOTE Confidence: 0.797280386

00:40:27.720 --> 00:40:28.080 Perfect,

NOTE Confidence: 0.797280386

00:40:28.080 --> 00:40:28.440 perfect.

NOTE Confidence: 0.797280386

00:40:28.440 --> 00:40:30.600 So tonight when you go home,

NOTE Confidence: 0.797280386

00:40:30.600 --> 00:40:32.364 since he's young and maybe a little

NOTE Confidence: 0.797280386

00:40:32.364 --> 00:40:34.357 bit different than some of our other

NOTE Confidence: 0.797280386

00:40:34.357 --> 00:40:35.837 patients that have atrial fibrillation,

NOTE Confidence: 0.797280386

00:40:35.840 --> 00:40:37.340 why don't you read about the

NOTE Confidence: 0.797280386

00:40:37.340 --> 00:40:38.988 indications for a long term oral

NOTE Confidence: 0.797280386

00:40:38.988 --> 00:40:40.758 anticoagulation in a patient like him?

NOTE Confidence: 0.797280386

00:40:40.760 --> 00:40:41.070 OK,

NOTE Confidence: 0.797280386

00:40:41.070 --> 00:40:41.380 OK.

NOTE Confidence: 0.797280386

00:40:41.380 --> 00:40:42.000 All right.

NOTE Confidence: 0.959096641666667

00:40:45.400 --> 00:40:46.960 So she actually directed the learning,

NOTE Confidence: 0.959096641666667

00:40:46.960 --> 00:40:47.746 which was interesting,

NOTE Confidence: 0.959096641666667

00:40:47.746 --> 00:40:50.505 but I'm going to, I'm going to put

NOTE Confidence: 0.959096641666667

00:40:50.505 --> 00:40:51.675 the screen so we could actually,

NOTE Confidence: 0.959096641666667

00:40:51.680 --> 00:40:53.666 I'm going to stop sharing completely

NOTE Confidence: 0.959096641666667

00:40:53.666 --> 00:40:56.000 so we could just see each other.

NOTE Confidence: 0.959096641666667

00:40:56.000 --> 00:40:57.616 But I don't know if you're willing to

NOTE Confidence: 0.959096641666667

00:40:57.616 --> 00:40:59.157 to mention how you do a stealth snap.

NOTE Confidence: 0.959096641666667

00:40:59.160 --> 00:41:01.960 So I would love to to hear that.

NOTE Confidence: 0.959096641666667

00:41:01.960 --> 00:41:05.280 So because a lot of students don't know,

NOTE Confidence: 0.959096641666667

00:41:05.280 --> 00:41:06.640 right. They're willing to just

NOTE Confidence: 0.959096641666667

00:41:06.640 --> 00:41:08.000 present the patient to you,

NOTE Confidence: 0.959096641666667

00:41:08.000 --> 00:41:09.500 which is great and they're willing

NOTE Confidence: 0.959096641666667

00:41:09.500 --> 00:41:10.960 to do the assessment and plan,

NOTE Confidence: 0.959096641666667

00:41:10.960 --> 00:41:12.598 but they don't always do the differential.

NOTE Confidence: 0.959096641666667

00:41:12.600 --> 00:41:14.824 So I always have to kind of like

NOTE Confidence: 0.959096641666667

00:41:14.824 --> 00:41:16.878 ask them for the differential.

NOTE Confidence: 0.959096641666667

00:41:16.880 --> 00:41:19.112 But I I tell them at the beginning

NOTE Confidence: 0.959096641666667

00:41:19.112 --> 00:41:20.759 of the of the session,

NOTE Confidence: 0.959096641666667

00:41:20.760 --> 00:41:22.120 we all set goals and I say what,

NOTE Confidence: 0.959096641666667

00:41:22.120 --> 00:41:23.954 what do you want to work on?

NOTE Confidence: 0.88916165

00:41:22.920 --> 00:41:23.958 What do you want to work? And I say

NOTE Confidence: 0.916670127777778

00:41:23.960 --> 00:41:25.605 I want to work on making sure

NOTE Confidence: 0.916670127777778

00:41:25.605 --> 00:41:27.156 that everybody asks me at least

NOTE Confidence: 0.916670127777778

00:41:27.156 --> 00:41:28.476 one question with every patient.

NOTE Confidence: 0.916670127777778

00:41:28.480 --> 00:41:29.722 So that's kind of the prelude

NOTE Confidence: 0.916670127777778

00:41:29.722 --> 00:41:31.040 to the asking the preceptor,

NOTE Confidence: 0.916670127777778

00:41:31.040 --> 00:41:32.264 probing the preceptor.

NOTE Confidence: 0.916670127777778

00:41:32.264 --> 00:41:33.998 And then during the patient,

NOTE Confidence: 0.916670127777778

00:41:34.000 --> 00:41:35.720 I say, so what's your,

NOTE Confidence: 0.916670127777778

00:41:35.720 --> 00:41:37.608 what are your questions about this patient,

NOTE Confidence: 0.916670127777778

00:41:37.608 --> 00:41:39.960 right, Because you have to have them.

NOTE Confidence: 0.916670127777778

00:41:39.960 --> 00:41:42.124 That's my goal for me, that I have to

NOTE Confidence: 0.916670127777778

00:41:42.124 --> 00:41:44.320 make sure that you ask me questions.

NOTE Confidence: 0.916670127777778

00:41:44.320 --> 00:41:46.759 And so they all ask me questions and then

NOTE Confidence: 0.916670127777778

00:41:46.759 --> 00:41:49.197 at the end we we plan and then I say,

NOTE Confidence: 0.916670127777778

00:41:49.200 --> 00:41:50.838 So what are you going to read

NOTE Confidence: 0.916670127777778

00:41:50.838 --> 00:41:52.000 about about this patient?

NOTE Confidence: 0.916670127777778

00:41:52.000 --> 00:41:53.840 And so they don't have to know that

NOTE Confidence: 0.916670127777778

00:41:53.840 --> 00:41:57.199 snaps is occurring, but it's occurring.

NOTE Confidence: 0.916670127777778

00:41:57.200 --> 00:41:58.655 I love that.

NOTE Confidence: 0.916670127777778

00:41:58.655 --> 00:42:00.595 Thank you for sharing.

00:42:00.600 --> 00:42:03.120 I want to hear how other people have used it,

00:42:03.120 --> 00:42:05.040 or in watching the videos,

00:42:05.040 --> 00:42:06.993 how you if you think you could use it,

00:42:13.240 --> 00:42:13.720 can I just

00:42:13.720 --> 00:42:15.850 put one plug in for considering

00:42:15.850 --> 00:42:16.915 using it explicitly?

00:42:16.920 --> 00:42:18.334 And I love that Atta can use

00:42:18.334 --> 00:42:19.959 it in a as a stealth way.

00:42:19.960 --> 00:42:22.520 But it's also probably not cheating

00:42:22.520 --> 00:42:25.954 to let them know explicitly like

00:42:25.954 --> 00:42:29.573 the rationale for why you might be

00:42:29.573 --> 00:42:32.308 having them do the work because they

00:42:32.308 --> 00:42:34.646 have to come up with the differential

00:42:34.646 --> 00:42:36.785 and identify why it is that they're

00:42:36.785 --> 00:42:39.152 not sure the TB is not more likely

NOTE Confidence: 0.908176844444444

00:42:39.152 --> 00:42:41.395 than you know Mycoplasma for it

NOTE Confidence: 0.908176844444444

00:42:41.395 --> 00:42:43.208 because they don't know something.

NOTE Confidence: 0.908176844444444

00:42:43.208 --> 00:42:45.440 Is there a lot of TB in Costa Rica?

NOTE Confidence: 0.908176844444444

00:42:45.440 --> 00:42:47.799 That's the thing I don't know otherwise.

NOTE Confidence: 0.908176844444444

00:42:47.800 --> 00:42:50.250 So it's really great for this Master

NOTE Confidence: 0.908176844444444

00:42:50.250 --> 00:42:51.960 Adaptive Learner model that we're

NOTE Confidence: 0.908176844444444

00:42:51.960 --> 00:42:53.262 having for the coaches that would

NOTE Confidence: 0.908176844444444

00:42:53.262 --> 00:42:54.935 be would be like all educators to

NOTE Confidence: 0.908176844444444

00:42:54.935 --> 00:42:56.195 really embrace for the learners

NOTE Confidence: 0.908176844444444

00:42:56.195 --> 00:42:57.613 that they the process of using

NOTE Confidence: 0.908176844444444

00:42:57.613 --> 00:42:59.260 snaps is that we're trying to get

NOTE Confidence: 0.908176844444444

00:42:59.260 --> 00:43:01.764 them to identify the gap and to get

NOTE Confidence: 0.908176844444444

00:43:01.764 --> 00:43:03.640 them to identify how to pursue it.

NOTE Confidence: 0.908176844444444

00:43:03.640 --> 00:43:05.638 And you can facilitate that process.

NOTE Confidence: 0.908176844444444

00:43:05.640 --> 00:43:08.146 But it's it could there could be

NOTE Confidence: 0.908176844444444

00:43:08.146 --> 00:43:10.080 some advantage in calling out

NOTE Confidence: 0.908176844444444

00:43:10.080 --> 00:43:12.798 what the model is useful for.

NOTE Confidence: 0.908176844444444

00:43:12.800 --> 00:43:13.784 I just have a thought.

NOTE Confidence: 0.908176844444444

00:43:13.784 --> 00:43:16.040 I'm thinking that the snaps model

NOTE Confidence: 0.908176844444444

00:43:16.040 --> 00:43:18.079 probably be more easily applied

NOTE Confidence: 0.908176844444444

00:43:18.079 --> 00:43:19.944 and more appropriate for more

NOTE Confidence: 0.908176844444444

00:43:19.944 --> 00:43:21.479 advanced students or residents.

NOTE Confidence: 0.908176844444444

00:43:21.480 --> 00:43:22.158 I'm thinking maybe

NOTE Confidence: 0.638896342

00:43:22.160 --> 00:43:23.720 stealing my next slide. Yeah.

NOTE Confidence: 0.638896342

00:43:23.720 --> 00:43:25.398 OK, OK That that's just a no,

NOTE Confidence: 0.638896342

00:43:25.398 --> 00:43:27.000 no go on. No, please. Yeah, I know.

NOTE Confidence: 0.82451938625

00:43:27.000 --> 00:43:28.608 I think the one minute precept

NOTE Confidence: 0.82451938625

00:43:28.608 --> 00:43:30.490 that would work great for an early

NOTE Confidence: 0.82451938625

00:43:30.490 --> 00:43:32.200 student was just just getting used

NOTE Confidence: 0.82451938625

00:43:32.200 --> 00:43:34.120 to meeting patients and and assessing

NOTE Confidence: 0.82451938625

00:43:34.120 --> 00:43:35.878 them and presenting them to us.

NOTE Confidence: 0.82451938625

00:43:35.880 --> 00:43:37.560 Just just thoughts that Ioffer

NOTE Confidence: 0.885428124

00:43:38.440 --> 00:43:41.040 that's completely true. I agree.

NOTE Confidence: 0.885428124

00:43:41.040 --> 00:43:43.602 And I think what Dana had mentioned

NOTE Confidence: 0.885428124

00:43:43.602 --> 00:43:45.158 about expressing uncertainty or

NOTE Confidence: 0.885428124

00:43:45.158 --> 00:43:46.758 or acknowledging knowledge gaps,

NOTE Confidence: 0.885428124

00:43:46.760 --> 00:43:48.592 that's a skill to learn in of itself

NOTE Confidence: 0.885428124

00:43:48.592 --> 00:43:50.119 that the SNAPS model teaches.

NOTE Confidence: 0.885428124

00:43:50.120 --> 00:43:51.728 And I think an early learner might not

NOTE Confidence: 0.885428124

00:43:51.728 --> 00:43:53.478 even know where their knowledge gaps are,

NOTE Confidence: 0.885428124

00:43:53.480 --> 00:43:55.076 where as a more advanced learner,

NOTE Confidence: 0.885428124

00:43:55.080 --> 00:43:57.000 you're teaching them to acknowledge it,

NOTE Confidence: 0.885428124

00:43:57.000 --> 00:43:57.920 you're helping them fill it,

NOTE Confidence: 0.885428124

00:43:57.920 --> 00:43:59.516 and then if you can't fill it,

NOTE Confidence: 0.885428124

00:43:59.520 --> 00:44:01.400 you're teaching them how to find the answer.

NOTE Confidence: 0.885428124

00:44:01.400 --> 00:44:02.860 Which is also showing humility

NOTE Confidence: 0.885428124

00:44:02.860 --> 00:44:04.760 and saying I don't know either,

NOTE Confidence: 0.885428124

00:44:04.760 --> 00:44:06.480 but this is how it would go about

NOTE Confidence: 0.885428124

00:44:06.480 --> 00:44:08.438 looking it up to teach them that process.

NOTE Confidence: 0.885428124

00:44:08.440 --> 00:44:09.760 So it works in a lot of ways.

NOTE Confidence: 0.862332545

00:44:13.160 --> 00:44:14.375 Other people's input. If you've

NOTE Confidence: 0.862332545

00:44:14.375 --> 00:44:16.329 used the models or if you let if

NOTE Confidence: 0.862332545

00:44:16.329 --> 00:44:17.600 you like anything about them, yes.

NOTE Confidence: 0.576374826666667

00:44:27.680 --> 00:44:28.919 But somebody speaking,

NOTE Confidence: 0.576374826666667

00:44:28.919 --> 00:44:31.021 Yeah, I was what I found.

NOTE Confidence: 0.576374826666667

00:44:31.021 --> 00:44:34.039 One of the modules is like we work together,

NOTE Confidence: 0.576374826666667

00:44:34.040 --> 00:44:39.664 so the student and I will look

NOTE Confidence: 0.576374826666667

00:44:39.664 --> 00:44:42.394 at something together later on,

NOTE Confidence: 0.576374826666667

00:44:42.400 --> 00:44:45.820 rather than giving that information

NOTE Confidence: 0.576374826666667

00:44:45.820 --> 00:44:49.880 for the student to look at afterwards.

NOTE Confidence: 0.576374826666667

00:44:49.880 --> 00:44:55.240 And that seems to work very well, I feel.

NOTE Confidence: 0.576374826666667

00:44:55.240 --> 00:44:56.220 I think that's great,

NOTE Confidence: 0.576374826666667

00:44:56.220 --> 00:44:56.955 'cause it's efficient,

NOTE Confidence: 0.576374826666667

00:44:56.960 --> 00:44:58.130 'cause you might not have

NOTE Confidence: 0.576374826666667

00:44:58.130 --> 00:44:59.639 time right then to look it up,

NOTE Confidence: 0.576374826666667

00:44:59.640 --> 00:45:01.638 but then you're partnering with them

NOTE Confidence: 0.576374826666667

00:45:01.638 --> 00:45:04.245 later to to look it up together and

NOTE Confidence: 0.576374826666667

00:45:04.245 --> 00:45:06.195 see what the latest information is.

NOTE Confidence: 0.576374826666667

00:45:06.200 --> 00:45:08.624 And I think they don't feel

NOTE Confidence: 0.576374826666667

00:45:08.624 --> 00:45:10.240 as intimidated by anything.

NOTE Confidence: 0.576374826666667

00:45:10.240 --> 00:45:12.100 They feel like we are actually

NOTE Confidence: 0.576374826666667

00:45:12.100 --> 00:45:12.720 working together.

NOTE Confidence: 0.970846163333333

00:45:14.800 --> 00:45:18.916 I think that's great. Thank you.

NOTE Confidence: 0.970846163333333

00:45:18.920 --> 00:45:20.593 OK, so I'll put up the screen

NOTE Confidence: 0.970846163333333

00:45:20.593 --> 00:45:21.999 for the last few slides.

NOTE Confidence: 0.9410611

00:45:24.200 --> 00:45:28.280 So the evidence behind snaps.

NOTE Confidence: 0.913465383125

00:45:31.760 --> 00:45:33.596 So they found that learners provide

NOTE Confidence: 0.913465383125

00:45:33.596 --> 00:45:35.305 more items in their differential

NOTE Confidence: 0.913465383125

00:45:35.305 --> 00:45:37.440 and more justification with them.

NOTE Confidence: 0.913465383125

00:45:37.440 --> 00:45:39.222 Learners are more likely to seek

NOTE Confidence: 0.913465383125

00:45:39.222 --> 00:45:41.190 information so they're more likely to

NOTE Confidence: 0.913465383125

00:45:41.190 --> 00:45:42.995 ask questions or acknowledge uncertainty.

NOTE Confidence: 0.913465383125

00:45:43.000 --> 00:45:44.228 When you use Snaps,

NOTE Confidence: 0.913465383125

00:45:44.228 --> 00:45:46.070 the focus does shift to management

NOTE Confidence: 0.913465383125

00:45:46.129 --> 00:45:48.449 so that's more of a a more advanced

NOTE Confidence: 0.913465383125

00:45:48.449 --> 00:45:49.850 learner because you're really

NOTE Confidence: 0.913465383125

00:45:49.850 --> 00:45:51.760 focusing on that management part.

NOTE Confidence: 0.913465383125

00:45:51.760 --> 00:45:53.872 And then the learners are initiating

NOTE Confidence: 0.913465383125

00:45:53.872 --> 00:45:55.280 their self study selections.

NOTE Confidence: 0.913465383125

00:45:55.280 --> 00:45:56.995 And when you compare the two models

NOTE Confidence: 0.733121858666667

00:45:59.120 --> 00:46:00.800 the the woman in preceptors more

NOTE Confidence: 0.733121858666667

00:46:00.800 --> 00:46:02.972 teacher LED but as I just showed you

NOTE Confidence: 0.733121858666667

00:46:02.972 --> 00:46:05.309 can sort of lead snaps that way too and

88

00:46:05.309 --> 00:46:07.157 the snaps model is more learner LED.

00:46:07.160 --> 00:46:08.936 Both of them are a collaborative

00:46:08.936 --> 00:46:10.790 dialogue and feedback right? That's huge.

00:46:10.790 --> 00:46:12.800 They're both a back and forth.

00:46:12.800 --> 00:46:14.612 The woman in preceptor could be

00:46:14.612 --> 00:46:16.898 used at all levels and then the

00:46:16.898 --> 00:46:18.593 snaps for for advanced learners,

00:46:18.600 --> 00:46:19.975 the woman in preceptor is

00:46:19.975 --> 00:46:21.075 more focused on knowledge,

00:46:21.080 --> 00:46:23.168 whereas the snaps is more focused

00:46:23.168 --> 00:46:24.560 on their reasoning skills.

00:46:24.560 --> 00:46:26.324 And then the woman in preceptor you're

00:46:26.324 --> 00:46:27.799 sort of directing their learning,

00:46:27.800 --> 00:46:29.000 whereas the snaps they're

00:46:29.000 --> 00:46:30.200 directing their own learning,

00:46:30.200 --> 00:46:34.155 but both really helpful and useful and

NOTE Confidence: 0.733121858666667

00:46:34.160 --> 00:46:37.316 very time efficient in my experience.

NOTE Confidence: 0.733121858666667

00:46:37.320 --> 00:46:39.948 So I just wanted to spend the last few

NOTE Confidence: 0.733121858666667

00:46:39.948 --> 00:46:42.157 minutes talking about role modelling.

NOTE Confidence: 0.733121858666667

00:46:42.160 --> 00:46:43.696 And I think role modelling in

NOTE Confidence: 0.733121858666667

00:46:43.696 --> 00:46:44.720 the ambulatory setting is,

NOTE Confidence: 0.733121858666667

00:46:44.720 --> 00:46:47.303 is really unique because we do have

NOTE Confidence: 0.733121858666667

00:46:47.303 --> 00:46:49.279 these relationships with our patients,

NOTE Confidence: 0.733121858666667

00:46:49.280 --> 00:46:50.798 some of us for for many,

NOTE Confidence: 0.733121858666667

00:46:50.800 --> 00:46:53.056 many years and the students seeing

NOTE Confidence: 0.733121858666667

00:46:53.056 --> 00:46:54.960 that and learning from that.

NOTE Confidence: 0.733121858666667

00:46:54.960 --> 00:46:56.948 And I just wanted to talk about

NOTE Confidence: 0.733121858666667

00:46:56.948 --> 00:46:59.243 all the issues that come up in

NOTE Confidence: 0.733121858666667

00:46:59.243 --> 00:47:00.275 the outpatient setting.

NOTE Confidence: 0.733121858666667

00:47:00.280 --> 00:47:01.516 And I'm just pulling them up.

NOTE Confidence: 0.733121858666667

00:47:01.520 --> 00:47:02.444 There could be,

00:47:02.444 --> 00:47:03.984 I could fill this screen

00:47:03.984 --> 00:47:05.119 with hundreds of them.

00:47:05.120 --> 00:47:06.896 But there's so many issues that

00:47:06.896 --> 00:47:08.839 come up that aren't sort of the,

00:47:08.840 --> 00:47:10.989 the medicine they learn necessarily in in

00:47:10.989 --> 00:47:13.398 the first couple of years in medical school,

00:47:13.400 --> 00:47:14.898 there are things that come up that

00:47:14.898 --> 00:47:16.470 they they see for the first time

00:47:16.470 --> 00:47:17.784 in this setting and they never

00:47:17.833 --> 00:47:19.394 really learned how to deal with it.

00:47:19.400 --> 00:47:22.040 And they're, they're tough situations.

00:47:22.040 --> 00:47:24.800 And I find especially for residents,

00:47:24.800 --> 00:47:25.314 you know,

00:47:25.314 --> 00:47:27.113 this is hard when you're seeing a

00:47:27.113 --> 00:47:29.059 patient for the first time by yourself

00:47:29.059 --> 00:47:30.558 and you're dealing with intimate

NOTE Confidence: 0.733121858666667

00:47:30.558 --> 00:47:32.676 partner violence or you're dealing with,

NOTE Confidence: 0.733121858666667

00:47:32.680 --> 00:47:33.400 you know,

NOTE Confidence: 0.733121858666667

00:47:33.400 --> 00:47:34.840 post traumatic stress disorder

NOTE Confidence: 0.733121858666667

00:47:34.840 --> 00:47:36.280 or they're experiencing bias.

NOTE Confidence: 0.733121858666667

00:47:36.280 --> 00:47:37.876 And even though you might have had

NOTE Confidence: 0.733121858666667

00:47:37.876 --> 00:47:39.479 a lecture about that at some point,

NOTE Confidence: 0.733121858666667

00:47:39.480 --> 00:47:40.986 but when you're the the provider

NOTE Confidence: 0.733121858666667

00:47:40.986 --> 00:47:42.498 yourself and you're you're by yourself

NOTE Confidence: 0.733121858666667

00:47:42.498 --> 00:47:44.108 with this patient and this is your

NOTE Confidence: 0.733121858666667

00:47:44.108 --> 00:47:45.955 patient and you're dealing with these things,

NOTE Confidence: 0.733121858666667

00:47:45.960 --> 00:47:46.572 these are,

NOTE Confidence: 0.733121858666667

00:47:46.572 --> 00:47:48.714 these are hard things to deal with.

NOTE Confidence: 0.733121858666667

00:47:48.720 --> 00:47:50.666 So I really want to talk about

NOTE Confidence: 0.733121858666667

00:47:50.666 --> 00:47:51.960 how we could shift,

NOTE Confidence: 0.733121858666667

00:47:51.960 --> 00:47:52.474 you know,

NOTE Confidence: 0.733121858666667

00:47:52.474 --> 00:47:54.273 in the outpatient setting from the science

NOTE Confidence: 0.733121858666667

00:47:54.273 --> 00:47:56.072 of medicine to what I would consider

NOTE Confidence: 0.733121858666667

00:47:56.072 --> 00:47:58.240 the art of medicine and the art of practice.

NOTE Confidence: 0.733121858666667

00:47:58.240 --> 00:47:59.962 And I came across this paper from

NOTE Confidence: 0.733121858666667

00:47:59.962 --> 00:48:01.159 academic medicine several years ago,

NOTE Confidence: 0.733121858666667

00:48:01.160 --> 00:48:02.480 and I really loved it,

NOTE Confidence: 0.733121858666667

00:48:02.480 --> 00:48:04.475 and I wanted to share with everyone.

NOTE Confidence: 0.733121858666667

00:48:04.480 --> 00:48:06.880 So this paper talked about

NOTE Confidence: 0.733121858666667

00:48:06.880 --> 00:48:07.840 precepting humanism,

NOTE Confidence: 0.733121858666667

00:48:07.840 --> 00:48:11.464 and they characterized humanism as a

NOTE Confidence: 0.733121858666667

00:48:11.464 --> 00:48:13.880 culture that demonstrates integrity,

NOTE Confidence: 0.733121858666667

00:48:13.880 --> 00:48:16.760 excellence, compassion, altruism,

NOTE Confidence: 0.733121858666667

00:48:16.760 --> 00:48:20.600 respect, empathy and service.

NOTE Confidence: 0.733121858666667

00:48:20.600 --> 00:48:22.399 It's a lot, but we do it.

NOTE Confidence: 0.733121858666667

00:48:22.400 --> 00:48:24.000 We do it every day.

NOTE Confidence: 0.733121858666667

00:48:24.000 --> 00:48:24.320 So.

NOTE Confidence: 0.733121858666667

00:48:24.320 --> 00:48:25.920 So how do you precept?

NOTE Confidence: 0.733121858666667

00:48:25.920 --> 00:48:27.648 And you you bring these issues

NOTE Confidence: 0.733121858666667

00:48:27.648 --> 00:48:28.512 to the forefront.

NOTE Confidence: 0.733121858666667

00:48:28.520 --> 00:48:30.074 You make your learners aware of them.

NOTE Confidence: 0.733121858666667

00:48:30.080 --> 00:48:32.800 You make them know that this is important.

NOTE Confidence: 0.733121858666667

00:48:32.800 --> 00:48:35.915 So the first step that they describe

NOTE Confidence: 0.733121858666667

00:48:35.920 --> 00:48:37.888 is to just establish A humanistic

NOTE Confidence: 0.733121858666667

00:48:37.888 --> 00:48:39.200 practice and learning climate.

NOTE Confidence: 0.965300951666667

00:48:39.200 --> 00:48:41.276 And I think that, you know,

NOTE Confidence: 0.965300951666667

00:48:41.280 --> 00:48:43.000 we all do this already,

NOTE Confidence: 0.965300951666667

00:48:43.000 --> 00:48:44.498 but you want the learner to know

NOTE Confidence: 0.965300951666667

00:48:44.498 --> 00:48:46.000 that this is important to you.

NOTE Confidence: 0.965300951666667

00:48:46.000 --> 00:48:48.640 You want the learner to know that that

NOTE Confidence: 0.965300951666667

00:48:48.640 --> 00:48:50.278 practicing humanism is important to you.

NOTE Confidence: 0.965300951666667

00:48:50.280 --> 00:48:52.735 And you want to say that I want some

00:48:52.735 --> 00:48:54.450 of our goals over our time together

00:48:54.511 --> 00:48:56.076 to talk about humanistic care.

00:48:56.080 --> 00:48:57.872 I want you to be able to tell

00:48:57.872 --> 00:48:59.624 me about situations that you

00:48:59.624 --> 00:49:01.276 feel really uncomfortable in.

00:49:01.280 --> 00:49:04.280 And and because I have those situations too.

00:49:04.280 --> 00:49:06.024 And I want us to talk about them

00:49:06.024 --> 00:49:07.341 together and think about them

00:49:07.341 --> 00:49:08.997 together and come up with strategies

00:49:08.997 --> 00:49:10.639 and reflect on how things went.

00:49:10.640 --> 00:49:11.568 Because this is these,

00:49:11.568 --> 00:49:12.960 these are the places we learn.

00:49:12.960 --> 00:49:16.371 So you want to really set a safe learning

00:49:16.371 --> 00:49:18.676 environment to talk about these issues

00:49:18.680 --> 00:49:21.236 and then developing an educational diagnosis.

00:49:21.240 --> 00:49:23.064 They talk about this like the

NOTE Confidence: 0.965300951666667

00:49:23.064 --> 00:49:24.280 stages of change model.

NOTE Confidence: 0.965300951666667

00:49:24.280 --> 00:49:26.010 So you're basically diagnosing is

NOTE Confidence: 0.965300951666667

00:49:26.010 --> 00:49:27.394 your learner pre contemplative?

NOTE Confidence: 0.965300951666667

00:49:27.400 --> 00:49:29.080 Like they don't at all think

NOTE Confidence: 0.965300951666667

00:49:29.080 --> 00:49:29.920 about these issues,

NOTE Confidence: 0.965300951666667

00:49:29.920 --> 00:49:31.155 Are they contemplative and they're

NOTE Confidence: 0.965300951666667

00:49:31.155 --> 00:49:32.873 starting to think about them but like

NOTE Confidence: 0.965300951666667

00:49:32.873 --> 00:49:34.193 they're not really really there yet.

NOTE Confidence: 0.965300951666667

00:49:34.200 --> 00:49:36.120 Are they actively thinking about them?

NOTE Confidence: 0.965300951666667

00:49:36.120 --> 00:49:36.746 You know,

NOTE Confidence: 0.965300951666667

00:49:36.746 --> 00:49:37.998 are they or or,

NOTE Confidence: 0.965300951666667

00:49:38.000 --> 00:49:38.588 you know,

NOTE Confidence: 0.965300951666667

00:49:38.588 --> 00:49:40.352 so you're sort of just diagnosing

NOTE Confidence: 0.965300951666667

00:49:40.352 --> 00:49:42.278 like have you ever thought about,

NOTE Confidence: 0.965300951666667

00:49:42.280 --> 00:49:43.960 you know that those patients says

00:49:43.960 --> 00:49:46.080 that they can't eat well because they

00:49:46.080 --> 00:49:48.000 can't afford to buy healthy food?

00:49:48.000 --> 00:49:49.540 Like you know what,

00:49:49.540 --> 00:49:51.080 what can we do?

00:49:51.080 --> 00:49:52.830 You know, I've had learners that just

00:49:52.830 --> 00:49:54.718 give the same plan to every patient,

00:49:54.720 --> 00:49:56.736 you know, eat organic produce and do

00:49:56.736 --> 00:49:59.080 100 push ups a day and go for a walk.

00:49:59.080 --> 00:50:01.200 And I'm like it's not

00:50:01.200 --> 00:50:01.650 one-size-fits-all right,

00:50:01.650 --> 00:50:03.000 Like not everybody could do this.

00:50:03.000 --> 00:50:03.400 So.

00:50:03.400 --> 00:50:04.200 So really,

00:50:04.200 --> 00:50:06.200 getting them to understand that

00:50:06.200 --> 00:50:08.755 how do we deal with these issues?

00:50:08.760 --> 00:50:10.335 How do we integrate psychosocial

NOTE Confidence: 0.965300951666667

00:50:10.335 --> 00:50:11.280 issues into precepting?

NOTE Confidence: 0.965300951666667

00:50:11.280 --> 00:50:13.968 I always try during the course of a

NOTE Confidence: 0.965300951666667

00:50:13.968 --> 00:50:16.608 day to have one psychosocial issue

NOTE Confidence: 0.965300951666667

00:50:16.608 --> 00:50:19.440 we touch upon in my precepting.

NOTE Confidence: 0.965300951666667

00:50:19.440 --> 00:50:22.116 Reflection is huge. It takes time.

NOTE Confidence: 0.965300951666667

00:50:22.120 --> 00:50:23.284 It's hard to do.

NOTE Confidence: 0.965300951666667

00:50:23.284 --> 00:50:25.544 But I think just taking a moment

NOTE Confidence: 0.965300951666667

00:50:25.544 --> 00:50:27.600 and just reflecting like, oh,

NOTE Confidence: 0.965300951666667

00:50:27.600 --> 00:50:29.000 that was a hard encounter.

NOTE Confidence: 0.965300951666667

00:50:29.000 --> 00:50:30.104 How'd that go?

NOTE Confidence: 0.965300951666667

00:50:30.104 --> 00:50:31.256 Or like, you know,

NOTE Confidence: 0.965300951666667

00:50:31.256 --> 00:50:32.712 how do you feel after that encounter?

NOTE Confidence: 0.965300951666667

00:50:32.720 --> 00:50:34.280 Like people have emotional responses

NOTE Confidence: 0.965300951666667

00:50:34.280 --> 00:50:36.796 and we tend to just push them aside so

NOTE Confidence: 0.965300951666667

00:50:36.796 --> 00:50:38.920 we can move on in the sake of time.

NOTE Confidence: 0.965300951666667

00:50:38.920 --> 00:50:40.838 But if you could take two minutes

NOTE Confidence: 0.965300951666667

00:50:40.838 --> 00:50:42.676 to just reflect on it and think

NOTE Confidence: 0.965300951666667

00:50:42.676 --> 00:50:44.116 about it and talk about it,

NOTE Confidence: 0.965300951666667

00:50:44.120 --> 00:50:46.752 I think it makes a tremendous difference

NOTE Confidence: 0.965300951666667

00:50:46.752 --> 00:50:49.140 for the learner providing them feedback.

NOTE Confidence: 0.965300951666667

00:50:49.140 --> 00:50:51.240 And I'm planning follow up.

NOTE Confidence: 0.965300951666667

00:50:51.240 --> 00:50:52.840 You know that was really hard for you.

NOTE Confidence: 0.965300951666667

00:50:52.840 --> 00:50:54.271 I I could see that it was hard for

NOTE Confidence: 0.965300951666667

00:50:54.271 --> 00:50:55.894 me to let's try it again with the

NOTE Confidence: 0.965300951666667

00:50:55.894 --> 00:50:57.200 next learner and let's you know,

NOTE Confidence: 0.965300951666667

00:50:57.200 --> 00:50:59.840 see how it goes.

NOTE Confidence: 0.965300951666667

00:50:59.840 --> 00:51:04.064 And I always sort of share whoops,

NOTE Confidence: 0.965300951666667

00:51:04.064 --> 00:51:04.876 excuse me,

NOTE Confidence: 0.965300951666667

00:51:04.880 --> 00:51:06.744 a case at this point that that I

NOTE Confidence: 0.965300951666667

00:51:06.744 --> 00:51:08.725 had that I do share with students

NOTE Confidence: 0.965300951666667

00:51:08.725 --> 00:51:10.588 sometimes because it was a moment

NOTE Confidence: 0.965300951666667

00:51:10.588 --> 00:51:12.323 where I didn't practice humanistic

NOTE Confidence: 0.965300951666667

00:51:12.323 --> 00:51:13.711 medicine and it was

NOTE Confidence: 0.933185862727273

00:51:13.720 --> 00:51:15.240 my new practice that currently

NOTE Confidence: 0.933185862727273

00:51:15.240 --> 00:51:17.160 I've been out about six years.

NOTE Confidence: 0.933185862727273

00:51:17.160 --> 00:51:18.360 So I know my patients well.

NOTE Confidence: 0.933185862727273

00:51:18.360 --> 00:51:21.920 But it was my first day I had a new patient.

NOTE Confidence: 0.933185862727273

00:51:21.920 --> 00:51:25.484 He had terribly controlled diabetes and we

NOTE Confidence: 0.933185862727273

00:51:25.484 --> 00:51:28.280 talked about it and we sort of made a plan.

NOTE Confidence: 0.933185862727273

00:51:28.280 --> 00:51:30.440 And then he started no showing.

NOTE Confidence: 0.933185862727273

00:51:30.440 --> 00:51:32.800 He he would no show to the appointments

NOTE Confidence: 0.933185862727273

00:51:32.800 --> 00:51:34.158 or he would come to the appointment,

NOTE Confidence: 0.933185862727273

00:51:34.160 --> 00:51:36.959 he would check in and then he would leave.

NOTE Confidence: 0.933185862727273

00:51:36.960 --> 00:51:38.076 And I was only, you know,

NOTE Confidence: 0.933185862727273

00:51:38.080 --> 00:51:40.033 I was really trying hard not to run late.

NOTE Confidence: 0.933185862727273

00:51:40.040 --> 00:51:41.318 You know, I was trying to be on time,

NOTE Confidence: 0.933185862727273

00:51:41.320 --> 00:51:42.916 but I'd be like 5 minutes late,

NOTE Confidence: 0.933185862727273

00:51:42.920 --> 00:51:43.925 10 minutes late.

NOTE Confidence: 0.933185862727273

00:51:43.925 --> 00:51:45.600 And he he was gone.

NOTE Confidence: 0.933185862727273

00:51:45.600 --> 00:51:47.128 And I got to the point that it

NOTE Confidence: 0.933185862727273

00:51:47.128 --> 00:51:48.559 happened over the course of multiple,

NOTE Confidence: 0.933185862727273

00:51:48.560 --> 00:51:50.198 multiple visits that I, you know,

NOTE Confidence: 0.933185862727273

00:51:50.200 --> 00:51:51.656 said I'm going to have to discharge

NOTE Confidence: 0.933185862727273

00:51:51.656 --> 00:51:52.072 this patient.

NOTE Confidence: 0.933185862727273

00:51:52.080 --> 00:51:53.160 You know, because they're not,

NOTE Confidence: 0.933185862727273

00:51:53.160 --> 00:51:54.560 they're not coming to visits.

NOTE Confidence: 0.933185862727273

00:51:54.560 --> 00:51:55.800 I can't control their diabetes.

NOTE Confidence: 0.933185862727273

00:51:55.800 --> 00:51:58.716 I can't provide medical care and

NOTE Confidence: 0.933185862727273

00:51:58.716 --> 00:52:00.368 I believe we sent a letter to

NOTE Confidence: 0.933185862727273

00:52:00.368 --> 00:52:02.119 his his home saying you know,

NOTE Confidence: 0.933185862727273

00:52:02.120 --> 00:52:03.765 you need to really come to your

NOTE Confidence: 0.933185862727273

00:52:03.765 --> 00:52:05.435 visits and his wife called me and

NOTE Confidence: 0.933185862727273

00:52:05.435 --> 00:52:06.995 and she said can I talk to you.

NOTE Confidence: 0.933185862727273

00:52:07.000 --> 00:52:08.302 You don't have to tell me

NOTE Confidence: 0.933185862727273

00:52:08.302 --> 00:52:08.953 about any information,

NOTE Confidence: 0.933185862727273

00:52:08.960 --> 00:52:12.780 but I want to share with you that my husband

NOTE Confidence: 0.933185862727273

00:52:12.780 --> 00:52:17.680 was abused by his by his pediatrician.

NOTE Confidence: 0.933185862727273

00:52:17.680 --> 00:52:20.480 And when you say the words physical exam

NOTE Confidence: 0.933185862727273

00:52:20.480 --> 00:52:23.077 or you're here for your annual exam,

NOTE Confidence: 0.933185862727273

00:52:23.080 --> 00:52:26.599 when he hears exam from the front desk staff,

NOTE Confidence: 0.933185862727273

00:52:26.600 --> 00:52:29.230 he he freaks out and he has anxiety and he

NOTE Confidence: 0.933185862727273

00:52:29.297 --> 00:52:32.118 leaves because he's afraid of being examined.

NOTE Confidence: 0.933185862727273

00:52:32.120 --> 00:52:33.668 And there was another time that

NOTE Confidence: 0.933185862727273

00:52:33.668 --> 00:52:35.186 he was admitted for DKA and

NOTE Confidence: 0.933185862727273

00:52:35.186 --> 00:52:36.476 when he went back to work,

NOTE Confidence: 0.933185862727273

00:52:36.480 --> 00:52:39.945 they the rumour was that he had HIV and

NOTE Confidence: 0.933185862727273

00:52:39.945 --> 00:52:42.360 that sort of these are his experiences

00:52:42.360 --> 00:52:44.559 with the healthcare system and this

00:52:44.559 --> 00:52:47.120 is what causes him so much fear.

00:52:47.120 --> 00:52:48.520 So I did, you know,

00:52:48.520 --> 00:52:50.392 I said thank you for telling me is it

00:52:50.392 --> 00:52:52.318 OK if I talk to my team about this?

00:52:52.320 --> 00:52:54.160 Because I won't give specifics,

00:52:54.160 --> 00:52:55.044 but I need to.

00:52:55.044 --> 00:52:56.822 We need to change the language and we

00:52:56.822 --> 00:52:58.680 need to change how we how we treat him.

00:52:58.680 --> 00:53:01.038 So my team was instructed never to say this.

00:53:01.040 --> 00:53:02.880 You know, you're coming for a follow up.

00:53:02.880 --> 00:53:04.016 We never said exam.

00:53:04.016 --> 00:53:05.436 You never said annual exam,

00:53:05.440 --> 00:53:06.468 you know, physical exam.

00:53:06.468 --> 00:53:07.753 We didn't use those words.

00:53:07.760 --> 00:53:08.560 As soon as he came,

NOTE Confidence: 0.933185862727273

00:53:08.560 --> 00:53:09.478 they put him in a room.

NOTE Confidence: 0.933185862727273

00:53:09.480 --> 00:53:11.307 He didn't have to wait in a waiting room

NOTE Confidence: 0.933185862727273

00:53:11.307 --> 00:53:12.860 anymore around other people because they

NOTE Confidence: 0.933185862727273

00:53:12.860 --> 00:53:15.040 made him anxious and I didn't examine him.

NOTE Confidence: 0.933185862727273

00:53:15.040 --> 00:53:16.276 I don't know how many visits,

NOTE Confidence: 0.933185862727273

00:53:16.280 --> 00:53:17.756 but it was many, many visits.

NOTE Confidence: 0.933185862727273

00:53:17.760 --> 00:53:19.236 And until I finally asked him,

NOTE Confidence: 0.933185862727273

00:53:19.240 --> 00:53:20.836 are you comfortable with me examining you?

NOTE Confidence: 0.933185862727273

00:53:20.840 --> 00:53:21.840 And it was funny because he was like,

NOTE Confidence: 0.933185862727273

00:53:21.840 --> 00:53:24.080 of course, why not at that point.

NOTE Confidence: 0.933185862727273

00:53:24.080 --> 00:53:25.888 But I waited a while till I felt

NOTE Confidence: 0.933185862727273

00:53:25.888 --> 00:53:28.039 like we had developed a relationship.

NOTE Confidence: 0.933185862727273

00:53:28.040 --> 00:53:30.000 And I shared this with learners because,

NOTE Confidence: 0.933185862727273

00:53:30.000 --> 00:53:30.456 you know,

NOTE Confidence: 0.933185862727273

00:53:30.456 --> 00:53:31.596 I had made these assumptions.

NOTE Confidence: 0.933185862727273

00:53:31.600 --> 00:53:32.575 I was frustrated.

NOTE Confidence: 0.933185862727273

00:53:32.575 --> 00:53:33.875 I was really angry.

NOTE Confidence: 0.96808447

00:53:33.880 --> 00:53:36.312 I was being judged on my A1C control

NOTE Confidence: 0.96808447

00:53:36.312 --> 00:53:38.623 in terms of my new practice, right.

NOTE Confidence: 0.96808447

00:53:38.623 --> 00:53:41.024 So you got these progress reports every

NOTE Confidence: 0.96808447

00:53:41.024 --> 00:53:43.564 month about how I was doing and he was

NOTE Confidence: 0.96808447

00:53:43.564 --> 00:53:45.280 skewing that and I didn't know his story.

NOTE Confidence: 0.96808447

00:53:45.280 --> 00:53:47.086 So you know it's just something to

NOTE Confidence: 0.96808447

00:53:47.086 --> 00:53:49.013 share that we all make mistakes and

NOTE Confidence: 0.96808447

00:53:49.013 --> 00:53:51.038 sometimes we can fix them and if we

NOTE Confidence: 0.96808447

00:53:51.038 --> 00:53:52.760 can you know make the efforts to do so.

NOTE Confidence: 0.96808447

00:53:52.760 --> 00:53:55.707 But it's it's reflecting on the patient's

NOTE Confidence: 0.96808447

00:53:55.707 --> 00:53:57.720 experience is hugely important.

NOTE Confidence: 0.96808447

00:53:57.720 --> 00:53:59.197 So I know we're out of time.

NOTE Confidence: 0.96808447

00:53:59.200 --> 00:54:01.960 I just have two quick wrap up slides.

NOTE Confidence: 0.96808447

00:54:01.960 --> 00:54:02.360 So

NOTE Confidence: 0.87743211

00:54:06.120 --> 00:54:08.175 just in summary, benefits and

NOTE Confidence: 0.87743211

00:54:08.175 --> 00:54:10.880 barriers to teaching in the setting.

NOTE Confidence: 0.87743211

00:54:10.880 --> 00:54:13.496 You can make changes in your

NOTE Confidence: 0.87743211

00:54:13.496 --> 00:54:15.240 environment to optimize learning.

NOTE Confidence: 0.87743211

00:54:15.240 --> 00:54:17.290 Diagnosing the learner allows you

NOTE Confidence: 0.87743211

00:54:17.290 --> 00:54:19.340 to vary your precepting techniques

NOTE Confidence: 0.87743211

00:54:19.408 --> 00:54:21.160 in order to meet their needs,

NOTE Confidence: 0.87743211

00:54:21.160 --> 00:54:22.960 the act of observation, the precepting,

NOTE Confidence: 0.87743211

00:54:22.960 --> 00:54:24.676 and the presence of the patient.

NOTE Confidence: 0.87743211

00:54:24.680 --> 00:54:26.000 I like all these acronyms.

NOTE Confidence: 0.87743211

00:54:26.000 --> 00:54:28.364 The one minute precept or the

NOTE Confidence: 0.87743211

00:54:28.364 --> 00:54:30.104 snaps are just helpful models.

NOTE Confidence: 0.87743211

00:54:30.104 --> 00:54:32.120 If you want to try them,

NOTE Confidence: 0.87743211

00:54:32.120 --> 00:54:34.276 I'm going to drop a handout into

NOTE Confidence: 0.87743211

00:54:34.276 --> 00:54:36.679 the chat with just describing them,

NOTE Confidence: 0.87743211

00:54:36.680 --> 00:54:38.680 and then opportunities to precept

NOTE Confidence: 0.87743211

00:54:38.680 --> 00:54:40.680 humanism exist in every encounter.

NOTE Confidence: 0.87743211

00:54:40.680 --> 00:54:42.084 And if you have the extra

NOTE Confidence: 0.87743211

00:54:42.084 --> 00:54:43.240 few minutes to do so,

NOTE Confidence: 0.87743211

00:54:43.240 --> 00:54:46.320 I think it goes a long way.

NOTE Confidence: 0.87743211

00:54:46.320 --> 00:54:48.210 So I hope by the end of my talk I've

NOTE Confidence: 0.87743211

00:54:48.263 --> 00:54:50.319 given you some kind of lifeboat so you

NOTE Confidence: 0.87743211

00:54:50.319 --> 00:54:52.289 don't feel like you're drowning when

NOTE Confidence: 0.87743211

00:54:52.289 --> 00:54:54.039 you're precepting in this setting.

NOTE Confidence: 0.87743211

00:54:54.040 --> 00:54:56.640 And I really appreciate all of your time.

NOTE Confidence: 0.87743211

00:54:56.640 --> 00:54:59.496 I welcome any questions and this is

NOTE Confidence: 0.87743211

00:54:59.496 --> 00:55:01.758 the evaluation form for the talk.

NOTE Confidence: 0.87743211

00:55:01.760 --> 00:55:02.920 Should I leave this up, Dana?

NOTE Confidence: 0.81981152375

00:55:04.080 --> 00:55:05.520 Yes, please. If you could leave it out

NOTE Confidence: 0.81981152375

00:55:05.520 --> 00:55:10.360 so you can scan it and then there's a

NOTE Confidence: 0.81981152375

00:55:10.360 --> 00:55:12.400 slide after this that will remind people,

NOTE Confidence: 0.81981152375

00:55:12.400 --> 00:55:15.952 which we can go to in after the

NOTE Confidence: 0.81981152375

00:55:15.952 --> 00:55:18.525 countdown that reminds people of the

NOTE Confidence: 0.81981152375

00:55:18.525 --> 00:55:20.960 next sessions that are coming up.

NOTE Confidence: 0.81981152375

00:55:20.960 --> 00:55:22.920 But do you do you want to feel some? Oh,

NOTE Confidence: 0.868860637142857

00:55:22.920 --> 00:55:24.236 there was one question in the chat.

NOTE Confidence: 0.868860637142857

00:55:24.240 --> 00:55:25.244 I see, Frederick said.

NOTE Confidence: 0.868860637142857

00:55:25.244 --> 00:55:26.750 Was the wife allowed to share

NOTE Confidence: 0.868860637142857

00:55:26.808 --> 00:55:28.596 information on behalf of the husband?

NOTE Confidence: 0.868860637142857

00:55:28.600 --> 00:55:29.884 That's an interesting question.

NOTE Confidence: 0.868860637142857

00:55:29.884 --> 00:55:32.186 I do allow patients family members to

NOTE Confidence: 0.868860637142857

00:55:32.186 --> 00:55:34.112 share information with me without me

NOTE Confidence: 0.868860637142857

00:55:34.112 --> 00:55:35.520 disclosing any information to them.

NOTE Confidence: 0.868860637142857

00:55:35.520 --> 00:55:38.278 I'm wondering if if you do otherwise,

NOTE Confidence: 0.868860637142857

00:55:38.280 --> 00:55:41.800 I'm not sure if you're still here. Well,

NOTE Confidence: 0.804463672307692

00:55:42.320 --> 00:55:45.344 I, you know, in in my practice at least

NOTE Confidence: 0.804463672307692

00:55:45.344 --> 00:55:49.240 what I'm aware of in terms of ethical care,

NOTE Confidence: 0.804463672307692

00:55:49.240 --> 00:55:51.956 the patient is the first and only

NOTE Confidence: 0.804463672307692

00:55:51.956 --> 00:55:53.707 source for information unless

NOTE Confidence: 0.804463672307692

00:55:53.707 --> 00:55:55.759 that patient gives permission.

NOTE Confidence: 0.804463672307692

00:55:55.760 --> 00:55:58.032 And that's a consistent, you know,

NOTE Confidence: 0.804463672307692

00:55:58.032 --> 00:55:59.810 intake question that's asked.

NOTE Confidence: 0.804463672307692

00:55:59.810 --> 00:56:02.200 You know, can I call the home?

NOTE Confidence: 0.804463672307692

00:56:02.200 --> 00:56:03.928 If your wife answers may I

NOTE Confidence: 0.804463672307692

00:56:03.928 --> 00:56:05.520 share information with her.

NOTE Confidence: 0.804463672307692

00:56:05.520 --> 00:56:08.704 So you know, I I don't know what

NOTE Confidence: 0.804463672307692

00:56:08.704 --> 00:56:12.199 everybody else thinks but I, I,

NOTE Confidence: 0.804463672307692

00:56:12.200 --> 00:56:14.280 I just raised that as a question.

NOTE Confidence: 0.804463672307692

00:56:14.280 --> 00:56:17.120 You know, something to think about,

NOTE Confidence: 0.804463672307692

00:56:17.120 --> 00:56:20.880 maybe read about myself rather

NOTE Confidence: 0.804463672307692

00:56:20.880 --> 00:56:22.400 than sending a letter.

NOTE Confidence: 0.804463672307692

00:56:22.400 --> 00:56:24.678 I would, you know, just as a thought,

NOTE Confidence: 0.804463672307692

00:56:24.680 --> 00:56:26.000 I would have asked the front desk to

NOTE Confidence: 0.804463672307692

00:56:26.000 --> 00:56:27.880 say let me know the minute he comes in.

NOTE Confidence: 0.804463672307692

00:56:27.880 --> 00:56:29.800 I would have left my patient,

NOTE Confidence: 0.804463672307692

00:56:29.800 --> 00:56:31.946 come and taken him aside and say,

NOTE Confidence: 0.804463672307692

00:56:31.946 --> 00:56:33.838 hey, you know, I'm, I'm seeing this,

NOTE Confidence: 0.804463672307692

00:56:33.840 --> 00:56:35.040 but I don't understand it.

NOTE Confidence: 0.804463672307692

00:56:35.040 --> 00:56:36.160 Maybe you can help me,

NOTE Confidence: 0.9100575

00:56:36.640 --> 00:56:38.840 you know, understand what's

NOTE Confidence: 0.971631978571428

00:56:38.840 --> 00:56:42.158 going on and encourage him to disclose.

NOTE Confidence: 0.971631978571428

00:56:42.160 --> 00:56:43.488 So those are my only two thoughts.

NOTE Confidence: 0.971631978571428

00:56:43.488 --> 00:56:44.760 Otherwise I thought you did a

NOTE Confidence: 0.905105594

00:56:44.760 --> 00:56:47.320 fantastic job. No, thank you.

NOTE Confidence: 0.905105594

00:56:47.320 --> 00:56:48.352 I do appreciate that.

NOTE Confidence: 0.905105594

00:56:48.352 --> 00:56:50.463 So I will say that I did try

NOTE Confidence: 0.905105594

00:56:50.463 --> 00:56:52.185 so many times to catch him or

NOTE Confidence: 0.905105594

00:56:52.185 --> 00:56:54.035 to call him or to reach him.

NOTE Confidence: 0.905105594

00:56:54.040 --> 00:56:55.480 So I did before we sort of got to

NOTE Confidence: 0.905105594

00:56:55.480 --> 00:56:57.251 that letter point. But I agree.

NOTE Confidence: 0.905105594

00:56:57.251 --> 00:56:59.273 So and I don't share any

NOTE Confidence: 0.905105594

00:56:59.273 --> 00:57:00.888 information with the we do have.

NOTE Confidence: 0.905105594

00:57:00.888 --> 00:57:02.785 They have to sign a form for us

NOTE Confidence: 0.905105594

00:57:02.785 --> 00:57:03.760 to share information.

NOTE Confidence: 0.905105594

00:57:03.760 --> 00:57:05.800 But I do.

NOTE Confidence: 0.905105594

00:57:05.800 --> 00:57:08.096 I do have family members want to

NOTE Confidence: 0.905105594

00:57:08.096 --> 00:57:09.692 share information with me a lot and

NOTE Confidence: 0.905105594

00:57:09.692 --> 00:57:11.644 I allow them to do so without any

NOTE Confidence: 0.905105594

00:57:11.644 --> 00:57:13.837 feedback on how I'm going to incorporate it.

NOTE Confidence: 0.905105594

00:57:13.840 --> 00:57:15.574 Sometimes they just I have people

NOTE Confidence: 0.905105594

00:57:15.574 --> 00:57:17.462 you know kids write letters to me

NOTE Confidence: 0.905105594

00:57:17.462 --> 00:57:19.330 like I want to let you know what

NOTE Confidence: 0.905105594

00:57:19.330 --> 00:57:21.382 I'm seeing with my dad but I don't

NOTE Confidence: 0.905105594

00:57:21.382 --> 00:57:23.300 ever you know I don't ever respond

NOTE Confidence: 0.905105594

00:57:23.368 --> 00:57:25.278 with anything about the patient.

NOTE Confidence: 0.905105594

00:57:25.280 --> 00:57:28.400 I just take that in so it is

NOTE Confidence: 0.905105594

00:57:28.400 --> 00:57:32.340 interesting I I it's but but thank

NOTE Confidence: 0.905105594

00:57:32.340 --> 00:57:33.960 you I appreciate your your feedback.

NOTE Confidence: 0.905105594

00:57:33.960 --> 00:57:34.160 Can

NOTE Confidence: 0.871691029166667

00:57:35.000 --> 00:57:37.136 you go to the next slide just while

NOTE Confidence: 0.871691029166667

00:57:37.136 --> 00:57:38.520 you're fielding some questions.

NOTE Confidence: 0.871691029166667

00:57:38.520 --> 00:57:42.600 Sure yes. Just as people go

NOTE Confidence: 0.871691029166667

00:57:42.600 --> 00:57:46.146 away if anybody wants to see the

NOTE Confidence: 0.871691029166667

00:57:46.146 --> 00:57:47.508 upcoming but keep asking questions.

NOTE Confidence: 0.871691029166667

00:57:47.508 --> 00:57:48.159 Sorry to interrupt.

NOTE Confidence: 0.777523662857143

00:57:59.330 --> 00:58:00.443 Any other questions?

NOTE Confidence: 0.777523662857143

00:58:00.443 --> 00:58:01.927 Oh, just a comment.

NOTE Confidence: 0.777523662857143

00:58:01.930 --> 00:58:03.170 Thank you so much, Jen.

NOTE Confidence: 0.777523662857143

00:58:03.170 --> 00:58:05.570 It's so clear and I appreciate

NOTE Confidence: 0.777523662857143

00:58:05.570 --> 00:58:06.650 this forum. We don't

NOTE Confidence: 0.749628003333333

00:58:06.650 --> 00:58:07.980 have enough for to talk

NOTE Confidence: 0.749628003333333

00:58:07.980 --> 00:58:09.044 about it precepting and

NOTE Confidence: 0.827365322857143

00:58:09.050 --> 00:58:10.705 you're reinvigorating me. How much

NOTE Confidence: 0.827365322857143

00:58:10.705 --> 00:58:12.810 we do we take read including the

NOTE Confidence: 0.95798555

00:58:14.890 --> 00:58:16.620 I guess the encouragement to

NOTE Confidence: 0.95798555

00:58:16.620 --> 00:58:20.330 model humanistic practice.

NOTE Confidence: 0.95798555

00:58:20.330 --> 00:58:22.080 That's yeah. Thank you Peter.

NOTE Confidence: 0.95798555

00:58:22.080 --> 00:58:24.600 I I agree. I'm putting the message

NOTE Confidence: 0.95798555

00:58:24.600 --> 00:58:26.200 in the chat with everybody.

NOTE Confidence: 0.95798555

00:58:26.200 --> 00:58:27.433 Whoops. I agree.

NOTE Confidence: 0.95798555

00:58:27.433 --> 00:58:31.177 I think that I when I come back to

NOTE Confidence: 0.95798555

00:58:31.177 --> 00:58:34.018 that is is invigorating for me too, right.

NOTE Confidence: 0.95798555

00:58:34.018 --> 00:58:35.762 It makes me remember why I do it

NOTE Confidence: 0.95798555

00:58:35.762 --> 00:58:37.398 which is why I do come back to it.

NOTE Confidence: 0.95798555

00:58:37.400 --> 00:58:38.392 So there's a selfish

NOTE Confidence: 0.95798555

00:58:38.392 --> 00:58:39.632 motivation in it as well.

NOTE Confidence: 0.897452284

00:58:46.400 --> 00:58:47.968 Thanks everybody for attending

NOTE Confidence: 0.897452284

00:58:47.968 --> 00:58:50.320 and for your your great feedback.

NOTE Confidence: 0.897452284

00:58:50.320 --> 00:58:52.686 We will take every little bit into

NOTE Confidence: 0.897452284

00:58:52.686 --> 00:58:55.118 account to keep tweaking the series.

NOTE Confidence: 0.897452284

00:58:55.120 --> 00:58:57.360 And thanks Jen, for a great session.

NOTE Confidence: 0.920681461666667

00:58:57.960 --> 00:59:00.120 Yeah, thank you for having me.

NOTE Confidence: 0.920681461666667

00:59:00.120 --> 00:59:01.120 Thank you. Bye everybody.