WEBVTT

NOTE duration:"00:53:48" NOTE recognizability:0.930

NOTE language:en-us

NOTE Confidence: 0.93424195

 $00:00:00.000 \longrightarrow 00:00:02.718$  And I'm thrilled that you are

NOTE Confidence: 0.93424195

 $00:00:02.718 \longrightarrow 00:00:06.016$  working closely with us to provide

NOTE Confidence: 0.93424195

00:00:06.016 --> 00:00:08.116 educator development programs.

NOTE Confidence: 0.93424195

 $00:00:08.120 \longrightarrow 00:00:10.766$  Andreas received his PhD in medical

NOTE Confidence: 0.93424195

00:00:10.766 --> 00:00:13.010 education from the University of

NOTE Confidence: 0.93424195

 $00{:}00{:}13.010 \dashrightarrow 00{:}00{:}15.045$  Groggington in the Netherlands and

NOTE Confidence: 0.93424195

00:00:15.045 --> 00:00:17.103 really has worked very carefully

NOTE Confidence: 0.93424195

00:00:17.103 --> 00:00:19.595 on how do you teach in pedagogy,

NOTE Confidence: 0.93424195

 $00:00:19.600 \longrightarrow 00:00:22.852$  in particular using a lot of

NOTE Confidence: 0.93424195

 $00:00:22.852 \longrightarrow 00:00:25.432$  standardized people to really help

NOTE Confidence: 0.93424195

 $00{:}00{:}25.432 \dashrightarrow 00{:}00{:}27.464$  improve the learning environment.

NOTE Confidence: 0.93424195

00:00:27.470 --> 00:00:29.702 He also has a Yale School

NOTE Confidence: 0.93424195

 $00:00:29.702 \longrightarrow 00:00:31.190$  of Public Health degree.

00:00:31.190 --> 00:00:33.296 He did his fellowship in residency

NOTE Confidence: 0.93424195

 $00{:}00{:}33.296 \dashrightarrow 00{:}00{:}37.030$  up at the other school at in Boston.

NOTE Confidence: 0.93424195

 $00:00:37.030 \longrightarrow 00:00:39.494$  And we're so fortunate in his leadership

NOTE Confidence: 0.93424195

 $00:00:39.494 \longrightarrow 00:00:41.630$  roles that he's with us at Yale.

NOTE Confidence: 0.93424195

 $00:00:41.630 \longrightarrow 00:00:43.349$  And I really thank you for all you do,

NOTE Confidence: 0.93424195

 $00:00:43.350 \longrightarrow 00:00:43.721$  Andreas.

NOTE Confidence: 0.93424195

 $00:00:43.721 \longrightarrow 00:00:46.576$  I'll pass it over to you on this

NOTE Confidence: 0.93424195

00:00:46.576 --> 00:00:49.070 first session of the YES program.

NOTE Confidence: 0.93424195

00:00:49.070 --> 00:00:50.310 Welcome, everybody.

NOTE Confidence: 0.931984

 $00:00:53.030 \longrightarrow 00:00:54.230$  Thank you, Janet.

NOTE Confidence: 0.9267953

 $00:00:56.840 \longrightarrow 00:00:59.280$  Let me just share my screen properly. There

NOTE Confidence: 0.9267953

 $00:01:04.280 \longrightarrow 00:01:04.600$  we go,

NOTE Confidence: 0.9267953

 $00:01:07.520 \longrightarrow 00:01:10.416$  there we go. And all systems go from

NOTE Confidence: 0.9267953

 $00{:}01{:}10.416 \dashrightarrow 00{:}01{:}12.760$  a technical point of view, yeah,

NOTE Confidence: 0.9267953

00:01:12.760 --> 00:01:15.653 everyone is seeing things perfect, Okay.

NOTE Confidence: 0.9267953

 $00:01:15.653 \longrightarrow 00:01:18.118$  So this is very exciting.

 $00:01:18.120 \longrightarrow 00:01:21.004$  We've been looking forward to this for

NOTE Confidence: 0.9267953

 $00:01:21.004 \longrightarrow 00:01:25.648$  for a while and it's terrific to have the

NOTE Confidence: 0.9267953

00:01:25.648 --> 00:01:30.336 support of of Janet, of Jessica Lucy,

NOTE Confidence: 0.9267953

 $00:01:30.340 \longrightarrow 00:01:32.363$  of all the brass of the medical

NOTE Confidence: 0.9267953

 $00:01:32.363 \longrightarrow 00:01:34.618$  school who has been very supportive.

NOTE Confidence: 0.9267953

 $00:01:34.620 \longrightarrow 00:01:37.406$  And anyone who knows Dana Dunn knows

NOTE Confidence: 0.9267953

 $00:01:37.406 \longrightarrow 00:01:40.295$  that it's a joy to work together

NOTE Confidence: 0.9267953

 $00{:}01{:}40.295 \dashrightarrow 00{:}01{:}42.780$  with her and I have to give her

NOTE Confidence: 0.9267953

00:01:42.780 --> 00:01:45.019 credit for coming up with this title.

NOTE Confidence: 0.9267953

00:01:45.020 --> 00:01:47.060 Yes, Yes Educator series.

NOTE Confidence: 0.9267953

00:01:47.060 --> 00:01:49.704 It should really be you mess

NOTE Confidence: 0.9267953

 $00:01:49.704 \longrightarrow 00:01:51.214$  with because of the medical,

NOTE Confidence: 0.9267953

 $00:01:51.220 \longrightarrow 00:01:53.830$  but it doesn't quite flow.

NOTE Confidence: 0.9267953

 $00:01:53.830 \longrightarrow 00:01:55.922$  But this is the first talk.

NOTE Confidence: 0.9267953

 $00:01:55.922 \longrightarrow 00:01:58.190$  I'm not going to go over the whole schedule.

00:01:58.190 --> 00:01:59.548 You can you can find it online,

NOTE Confidence: 0.9267953

00:01:59.550 --> 00:02:02.438 but at broad strokes I can tell you

NOTE Confidence: 0.9267953

 $00:02:02.438 \longrightarrow 00:02:05.266$  that it is divided into 3 parts.

NOTE Confidence: 0.9267953

 $00:02:05.270 \longrightarrow 00:02:08.492$  I will be teaching some preclinical

NOTE Confidence: 0.9267953

 $00:02:08.492 \longrightarrow 00:02:10.494$  tools or classroom tools.

NOTE Confidence: 0.9267953

00:02:10.494 --> 00:02:13.708 I'm sorry today being an example of that.

NOTE Confidence: 0.9267953

 $00:02:13.710 \longrightarrow 00:02:16.405$  I will also be and that's three

NOTE Confidence: 0.9267953

 $00:02:16.405 \longrightarrow 00:02:20.240$  sessions and then I'll be teaching three

NOTE Confidence: 0.9267953

 $00{:}02{:}20.240 \dashrightarrow 00{:}02{:}24.079$  sessions on a cademic writing and presenting.

NOTE Confidence: 0.9267953

 $00:02:24.080 \longrightarrow 00:02:26.690$  And the third arm of this and the the

NOTE Confidence: 0.9267953

 $00{:}02{:}26.690 \dashrightarrow 00{:}02{:}28.642$  biggest arm of this yes series is

NOTE Confidence: 0.9267953

00:02:28.642 --> 00:02:31.636 going to be led by Dana on clinical teaching.

NOTE Confidence: 0.9267953

 $00:02:31.640 \longrightarrow 00:02:33.644$  So you can learn everything from

NOTE Confidence: 0.9267953

 $00:02:33.644 \longrightarrow 00:02:35.420$  classroom to be dside and the

NOTE Confidence: 0.9267953

 $00:02:35.420 \longrightarrow 00:02:37.280$  publication and points in between.

NOTE Confidence: 0.9267953

 $00:02:37.280 \longrightarrow 00:02:38.999$  And we look forward to having you join us.

 $00:02:39.000 \longrightarrow 00:02:40.476$  So thank you for being here.

NOTE Confidence: 0.92281836

 $00:02:46.880 \longrightarrow 00:02:49.186$  OKI need to start by letting you

NOTE Confidence: 0.92281836

 $00:02:49.186 \longrightarrow 00:02:50.934$  know that there's no corporate

NOTE Confidence: 0.92281836

 $00:02:50.934 \longrightarrow 00:02:52.910$  support for this activity.

NOTE Confidence: 0.92281836

 $00:02:52.910 \longrightarrow 00:02:54.110$  No support at all, either.

NOTE Confidence: 0.92281836

 $00:02:54.110 \longrightarrow 00:02:56.726$  Personal, I can assure you that

NOTE Confidence: 0.92281836

00:02:56.726 --> 00:02:58.470 PowerPoint or PowerPoint enemies

NOTE Confidence: 0.92281836

 $00:02:58.544 \longrightarrow 00:03:00.588$  give me or take away no money,

NOTE Confidence: 0.92281836

 $00:03:00.590 \longrightarrow 00:03:02.630$  so this is completely neutral.

NOTE Confidence: 0.92281836

 $00:03:02.630 \longrightarrow 00:03:05.549$  And as you saw in the text,

NOTE Confidence: 0.92281836

 $00{:}03{:}05.550 \dashrightarrow 00{:}03{:}09.522$  you can also text this number to for

NOTE Confidence: 0.92281836

 $00:03:09.522 \longrightarrow 00:03:11.706$  your attendance and participation.

NOTE Confidence: 0.92281836

 $00{:}03{:}11.710 \dashrightarrow 00{:}03{:}14.746$  And maybe we'll be sending a

NOTE Confidence: 0.92281836

 $00:03:14.746 \longrightarrow 00:03:16.264$  reminders periodically throughout

NOTE Confidence: 0.9301698

 $00:03:18.430 \longrightarrow 00:03:22.234$  Okay. So what are we going to be doing today?

 $00:03:22.240 \longrightarrow 00:03:24.750$  The goal here is getting

NOTE Confidence: 0.9301698

 $00:03:24.750 \longrightarrow 00:03:26.758$  to a better slideshow.

NOTE Confidence: 0.9301698

00:03:26.760 --> 00:03:30.270 I have tried in years past to go no

NOTE Confidence: 0.9301698

 $00{:}03{:}30.270 \dashrightarrow 00{:}03{:}32.920$  slides how and just do it without PowerPoint,

NOTE Confidence: 0.9301698

 $00:03:32.920 \longrightarrow 00:03:35.320$  without slides, and it's doable,

NOTE Confidence: 0.9301698

 $00:03:35.320 \longrightarrow 00:03:38.000$  but I wouldn't recommend that.

NOTE Confidence: 0.9301698

 $00:03:38.000 \longrightarrow 00:03:39.705$  But I would recommend thinking

NOTE Confidence: 0.9301698

00:03:39.705 --> 00:03:42.280 of ways in which you can improve,

NOTE Confidence: 0.9301698

 $00:03:42.280 \longrightarrow 00:03:45.400$  and hopefully some of these tricks will help.

NOTE Confidence: 0.9301698

 $00:03:45.400 \longrightarrow 00:03:48.400$  I've divided the talk into three

NOTE Confidence: 0.9301698

 $00{:}03{:}48.400 \dashrightarrow 00{:}03{:}50.765$  parts because these are the three

NOTE Confidence: 0.9301698

 $00:03:50.765 \longrightarrow 00:03:53.619$  elements that I think are at play here.

NOTE Confidence: 0.9301698

 $00:03:53.620 \longrightarrow 00:03:56.644$  The 1st, and for my money the most important

NOTE Confidence: 0.9301698

 $00{:}03{:}56.644 {\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}}{\:\raisebox{--}{\text{--}}} 00{:}03{:}59.608$  one is the psychology of PowerPoint and

NOTE Confidence: 0.9301698

00:03:59.608 --> 00:04:01.936 how to better engage with participants,

NOTE Confidence: 0.9301698

 $00:04:01.940 \longrightarrow 00:04:05.504$  how to have participants really connect

 $00:04:05.504 \longrightarrow 00:04:11.296$  through the these tools rather than shy away.

NOTE Confidence: 0.9301698

 $00:04:11.300 \longrightarrow 00:04:12.288$  The second part is,

NOTE Confidence: 0.9301698

00:04:12.288 --> 00:04:14.820 I would say the more meat and potatoes part,

NOTE Confidence: 0.9301698

00:04:14.820 --> 00:04:17.744 which is how do you prepare or

NOTE Confidence: 0.9301698

00:04:17.744 --> 00:04:19.440 the designing of PowerPoint,

NOTE Confidence: 0.9301698

00:04:19.440 --> 00:04:20.436 how do you put it together,

NOTE Confidence: 0.9301698

00:04:20.440 --> 00:04:23.398 how do you think it through?

NOTE Confidence: 0.9301698

 $00:04:23.400 \longrightarrow 00:04:25.134$  And the 3rd and shortest session

NOTE Confidence: 0.9301698

 $00:04:25.134 \longrightarrow 00:04:27.606$  is going to be on presenting or

NOTE Confidence: 0.9301698

00:04:27.606 --> 00:04:29.836 the sharing of the PowerPoint.

NOTE Confidence: 0.9301698

00:04:29.840 --> 00:04:31.595 And that is because if you've done the 1st,

NOTE Confidence: 0.9301698

 $00:04:31.600 \longrightarrow 00:04:31.952 2:00,$ 

NOTE Confidence: 0.9301698

 $00{:}04{:}31.952 \dashrightarrow 00{:}04{:}34.416$  if you really have thought of the

NOTE Confidence: 0.9301698

 $00:04:34.416 \longrightarrow 00:04:36.877$  psychology and have designed things well,

NOTE Confidence: 0.9301698

 $00:04:36.880 \longrightarrow 00:04:40.156$  sharing presenting should be very easy.

00:04:40.160 --> 00:04:41.672 So we'll see if you believe me

NOTE Confidence: 0.9301698

 $00:04:41.672 \longrightarrow 00:04:42.800$  by the end of this.

NOTE Confidence: 0.9301698

 $00:04:42.800 \longrightarrow 00:04:44.977$  But this is the road map of

NOTE Confidence: 0.9301698

 $00:04:44.977 \longrightarrow 00:04:46.828$  what we're going to be doing.

NOTE Confidence: 0.9301698

 $00:04:46.830 \longrightarrow 00:04:48.355$  So let's start with the

NOTE Confidence: 0.9301698

 $00{:}04{:}48.355 \dashrightarrow 00{:}04{:}49.270$  psychology of Power Point.

NOTE Confidence: 0.9301698

 $00:04:49.270 \longrightarrow 00:04:51.454$  And these are the four things that

NOTE Confidence: 0.9301698

 $00:04:51.454 \longrightarrow 00:04:53.588$  I'm going to be talking about.

NOTE Confidence: 0.9301698

 $00:04:53.590 \longrightarrow 00:04:56.030$  Who is featured in PowerPoint?

NOTE Confidence: 0.9301698

00:04:56.030 --> 00:04:59.510 How do you pace a PowerPoint

NOTE Confidence: 0.9301698

 $00{:}04{:}59.510 \dashrightarrow 00{:}05{:}01.990$  complementing rather than competing

NOTE Confidence: 0.9301698

00:05:01.990 --> 00:05:03.852 with PowerPoint and sharing?

NOTE Confidence: 0.9301698

00:05:03.852 --> 00:05:06.029 And if this doesn't quite make sense,

NOTE Confidence: 0.9301698

 $00:05:06.030 \longrightarrow 00:05:06.460$  that's fine,

NOTE Confidence: 0.9301698

 $00:05:06.460 \longrightarrow 00:05:07.750$  because I haven't covered it yet.

NOTE Confidence: 0.9301698

 $00:05:07.750 \longrightarrow 00:05:08.490$  But that's just so that

 $00{:}05{:}08.490 \dashrightarrow 00{:}05{:}09.230$  you know what's coming up.

NOTE Confidence: 0.935330066666667

00:05:12.150 --> 00:05:13.299 So featuring starring,

NOTE Confidence: 0.935330066666667

 $00:05:13.299 \longrightarrow 00:05:15.214$  if you're going to learn

NOTE Confidence: 0.935330066666667

00:05:15.214 --> 00:05:16.700 anything today and probably

NOTE Confidence: 0.935330066666667

 $00:05:16.700 \longrightarrow 00:05:18.650$  you'll forget like we all do,

NOTE Confidence: 0.935330066666667

 $00:05:18.650 \longrightarrow 00:05:20.690$  most of what I'll talk about,

NOTE Confidence: 0.935330066666667

 $00:05:20.690 \longrightarrow 00:05:22.018$  but Please remember this,

NOTE Confidence: 0.935330066666667

00:05:22.018 --> 00:05:25.170 This is the one point that I hope is sticky.

NOTE Confidence: 0.935330066666667

 $00{:}05{:}25.170 \dashrightarrow 00{:}05{:}26.976$  And this is what most people

NOTE Confidence: 0.935330066666667

 $00{:}05{:}26.976 \dashrightarrow 00{:}05{:}28.530$  who don't do Power Point well.

NOTE Confidence: 0.9353300666666667

00:05:28.530 --> 00:05:30.287 And we've all been to bad PowerPoints,

NOTE Confidence: 0.935330066666667

 $00:05:30.290 \longrightarrow 00:05:30.684$  unfortunately.

NOTE Confidence: 0.935330066666667

 $00:05:30.684 \longrightarrow 00:05:33.048$  And we've all given bad PowerPoints.

NOTE Confidence: 0.935330066666667

 $00:05:33.050 \longrightarrow 00:05:33.605$  Unfortunately,

NOTE Confidence: 0.935330066666667

00:05:33.605 --> 00:05:36.380 the single most important thing

 $00:05:36.380 \longrightarrow 00:05:40.138$  to change that narrative is to

NOTE Confidence: 0.935330066666667

 $00{:}05{:}40.138 \dashrightarrow 00{:}05{:}43.105$  remember that Power Point is the

NOTE Confidence: 0.935330066666667

 $00:05:43.105 \longrightarrow 00:05:46.255$  tool and you are the presentation.

NOTE Confidence: 0.92887664

 $00:05:48.300 \longrightarrow 00:05:49.473$  Very simple, right?

NOTE Confidence: 0.92887664

00:05:49.473 --> 00:05:51.428 PowerPoint is just the tool

NOTE Confidence: 0.92887664

 $00{:}05{:}51.428 \dashrightarrow 00{:}05{:}53.779$  and you are the presentation.

NOTE Confidence: 0.92887664

 $00:05:53.780 \longrightarrow 00:05:57.700$  So often, most often we see the opposite.

NOTE Confidence: 0.92887664

 $00:05:57.700 \longrightarrow 00:05:59.780$  We see presenters, you know,

NOTE Confidence: 0.92887664

 $00:05:59.780 \longrightarrow 00:06:01.895$  running around their PowerPoint as

NOTE Confidence: 0.92887664

00:06:01.895 --> 00:06:04.420 if PowerPoint was giving the talk.

NOTE Confidence: 0.92887664

 $00:06:04.420 \longrightarrow 00:06:06.450$  And if you just psychologically

NOTE Confidence: 0.92887664

 $00:06:06.450 \longrightarrow 00:06:08.900$  change that dynamic in your head,

NOTE Confidence: 0.92887664

 $00:06:08.900 \longrightarrow 00:06:10.174$  life is going to be much better.

NOTE Confidence: 0.9278892

 $00:06:14.500 \longrightarrow 00:06:17.620$  What do I mean by pacing?

NOTE Confidence: 0.9278892

 $00:06:17.620 \longrightarrow 00:06:20.076$  One of the very common problems in PowerPoint

NOTE Confidence: 0.9278892

 $00:06:20.076 \longrightarrow 00:06:22.774$  is that there are too many things going on.

 $00:06:22.780 \longrightarrow 00:06:27.208$  And perhaps the most common of those is that

NOTE Confidence: 0.9278892

 $00{:}06{:}27.208 \dashrightarrow 00{:}06{:}30.456$  things are happening not at brain speed.

NOTE Confidence: 0.9278892

00:06:30.456 --> 00:06:32.982 You're not pitching to the speed of

NOTE Confidence: 0.9278892

 $00{:}06{:}32.982 \rightarrow 00{:}06{:}35.084$  your learner, so the students or

NOTE Confidence: 0.9278892

 $00:06:35.084 \longrightarrow 00:06:36.814$  what whomever your learners are,

NOTE Confidence: 0.9278892

 $00{:}06{:}36.820 {\:\dashrightarrow\:} 00{:}06{:}39.529$  but you are pitching either at your

NOTE Confidence: 0.9278892

00:06:39.529 --> 00:06:42.050 own brain speed or very often going

NOTE Confidence: 0.9278892

 $00:06:42.050 \longrightarrow 00:06:43.410$  to my earlier point,

NOTE Confidence: 0.9278892

 $00:06:43.410 \longrightarrow 00:06:45.690$  to the computer, to the PowerPoint.

NOTE Confidence: 0.9278892

 $00:06:45.690 \longrightarrow 00:06:49.090$  So there's this data saturation,

NOTE Confidence: 0.9278892

 $00:06:49.090 \longrightarrow 00:06:50.986$  this data exaggeration that

NOTE Confidence: 0.9278892

 $00:06:50.986 \longrightarrow 00:06:53.170$  starts getting people nervous,

NOTE Confidence: 0.9278892

 $00{:}06{:}53.170 \dashrightarrow 00{:}06{:}55.450$  angry, checked out.

NOTE Confidence: 0.9278892

 $00:06:55.450 \longrightarrow 00:06:57.685$  So I'm going to be talking

NOTE Confidence: 0.9278892

 $00:06:57.685 \longrightarrow 00:06:58.570$  about pacing throughout,

 $00:06:58.570 \longrightarrow 00:07:00.878$  as you will see,

NOTE Confidence: 0.9278892

 $00:07:00.880 \longrightarrow 00:07:02.680$  if you want to keep it to a bumper

NOTE Confidence: 0.9278892

 $00:07:02.680 \longrightarrow 00:07:04.275$  sticker or a memorable way of thinking

NOTE Confidence: 0.9278892

 $00:07:04.275 \longrightarrow 00:07:06.266$  about it is that you should try to move

NOTE Confidence: 0.9278892

 $00:07:06.266 \longrightarrow 00:07:08.472$  at the speed that you would tell a story.

NOTE Confidence: 0.9278892

 $00:07:08.472 \longrightarrow 00:07:10.200$  Because at the end of it,

NOTE Confidence: 0.9278892

 $00:07:10.200 \longrightarrow 00:07:11.600$  you are telling a story.

NOTE Confidence: 0.9278892

 $00:07:11.600 \longrightarrow 00:07:14.592$  Here I am telling you the story of a

NOTE Confidence: 0.9278892

 $00{:}07{:}14.592 \dashrightarrow 00{:}07{:}16.272$  young little girl called Power Point

NOTE Confidence: 0.9278892

 $00:07:16.272 \longrightarrow 00:07:18.279$  who went into the dark woods.

NOTE Confidence: 0.9278892

 $00{:}07{:}18.280 --> 00{:}07{:}18.732 \ {\rm I \ mean},$ 

NOTE Confidence: 0.9278892

00:07:18.732 --> 00:07:20.005 it's it's a story, right?

NOTE Confidence: 0.9278892

 $00:07:20.005 \longrightarrow 00:07:22.560$  So he's got to tell a story.

NOTE Confidence: 0.9278892

00:07:22.560 --> 00:07:23.320 And if you do that,

NOTE Confidence: 0.9278892

 $00:07:23.320 \longrightarrow 00:07:25.000$  the pacing will will follow.

NOTE Confidence: 0.9369169

 $00{:}07{:}30.510 \dashrightarrow 00{:}07{:}34.398$  Very often we compete rather than

 $00:07:34.398 \longrightarrow 00:07:37.535$  complement our PowerPoint and many people.

NOTE Confidence: 0.9369169

 $00:07:37.535 \longrightarrow 00:07:39.510$  When I talk about people,

NOTE Confidence: 0.9369169

 $00:07:39.510 \longrightarrow 00:07:40.746$  I talk about myself as well.

NOTE Confidence: 0.9369169

00:07:40.750 --> 00:07:42.388 I'm just not throwing arrows out there.

NOTE Confidence: 0.9369169

 $00:07:42.390 \longrightarrow 00:07:44.950$  We these are errors that we've all made.

NOTE Confidence: 0.9369169

 $00:07:44.950 \longrightarrow 00:07:48.494$  But very often you will see that people

NOTE Confidence: 0.9369169

 $00:07:48.494 \longrightarrow 00:07:50.950$  use PowerPoint as a teleprompter.

NOTE Confidence: 0.9369169

 $00:07:50.950 \longrightarrow 00:07:52.310$  In the worst of scenarios,

NOTE Confidence: 0.9369169

 $00{:}07{:}52.310 \dashrightarrow 00{:}07{:}53.990$  they turn around and look at

NOTE Confidence: 0.9369169

 $00{:}07{:}53.990 \dashrightarrow 00{:}07{:}55.810$  the screen and read the slides.

NOTE Confidence: 0.9369169

00:07:55.810 --> 00:07:57.650 In the less severe example,

NOTE Confidence: 0.9369169

 $00:07:57.650 \longrightarrow 00:07:59.589$  they just look at their own computer

NOTE Confidence: 0.9369169

 $00:07:59.589 \longrightarrow 00:08:01.702$  and read the slides and they forget

NOTE Confidence: 0.9369169

 $00:08:01.702 \longrightarrow 00:08:03.909$  that they have an audience that they

NOTE Confidence: 0.9369169

 $00:08:03.909 \longrightarrow 00:08:06.086$  have people who they are engaging with.

00:08:06.090 --> 00:08:10.128 So PowerPoint is not a teleprompter,

NOTE Confidence: 0.9369169

00:08:10.130 --> 00:08:12.002 and if you put too many words on PowerPoint,

NOTE Confidence: 0.9369169

00:08:12.010 --> 00:08:14.110 you're already in a slippery

NOTE Confidence: 0.9369169

 $00:08:14.110 \longrightarrow 00:08:15.730$  slope to difficulty

NOTE Confidence: 0.931892

 $00:08:21.300 \longrightarrow 00:08:25.176$  along the lines of this overload

NOTE Confidence: 0.931892

00:08:25.176 --> 00:08:27.592 of information, auditory and visual

NOTE Confidence: 0.931892

 $00{:}08{:}27.592 \dashrightarrow 00{:}08{:}29.836$  channels in particular need to be

NOTE Confidence: 0.931892

00:08:29.836 --> 00:08:32.349 In Sync while giving a PowerPoint,

NOTE Confidence: 0.931892

 $00:08:32.350 \longrightarrow 00:08:34.950$  because it's so easy to

NOTE Confidence: 0.931892

 $00:08:34.950 \longrightarrow 00:08:37.030$  go into sensory overload.

NOTE Confidence: 0.931892

 $00{:}08{:}37.030 \dashrightarrow 00{:}08{:}39.494$  And I will give you examples in

NOTE Confidence: 0.931892

 $00:08:39.494 \longrightarrow 00:08:42.550$  the next few slides both of what

NOTE Confidence: 0.931892

 $00:08:42.550 \longrightarrow 00:08:45.130$  auditory overload looks like and how

NOTE Confidence: 0.931892

 $00{:}08{:}45.130 \dashrightarrow 00{:}08{:}47.958$  to prevent it or remedy it and how

NOTE Confidence: 0.931892

 $00:08:47.958 \longrightarrow 00:08:51.350$  visual overload looks and how to remedy it.

NOTE Confidence: 0.93439907

 $00:08:54.650 \longrightarrow 00:08:56.568$  I'm going to, I'm a child psychiatrist.

 $00:08:56.570 \longrightarrow 00:08:57.410$  I'm a child study center.

NOTE Confidence: 0.93439907

 $00{:}08{:}57.410 \dashrightarrow 00{:}08{:}59.391$  So I'm going to give you just

NOTE Confidence: 0.93439907

 $00:08:59.391 \longrightarrow 00:09:01.406$  a couple of examples from my

NOTE Confidence: 0.93439907

 $00:09:01.406 \longrightarrow 00:09:04.828$  work to to make this come alive.

NOTE Confidence: 0.93439907

 $00:09:04.828 \longrightarrow 00:09:06.802$  The the next couple of slides

NOTE Confidence: 0.93439907

 $00:09:06.802 \longrightarrow 00:09:08.638$  come from this study just to

NOTE Confidence: 0.93439907

00:09:08.638 --> 00:09:10.890 give you a little bit of context,

NOTE Confidence: 0.93439907

 $00:09:10.890 \longrightarrow 00:09:12.290$  this was not particularly

NOTE Confidence: 0.93439907

 $00:09:12.290 \longrightarrow 00:09:13.690$  a child psychiatry study.

NOTE Confidence: 0.93439907

 $00:09:13.690 \longrightarrow 00:09:16.245$  It was a study with medical students

NOTE Confidence: 0.93439907

 $00:09:16.250 \longrightarrow 00:09:18.728$  in Israel in which two colleagues and

NOTE Confidence: 0.93439907

 $00{:}09{:}18.728 \dashrightarrow 00{:}09{:}21.283$  myself got in front of the medical

NOTE Confidence: 0.93439907

 $00{:}09{:}21.283 \dashrightarrow 00{:}09{:}23.407$  students to talk about how our

NOTE Confidence: 0.93439907

 $00:09:23.484 \longrightarrow 00:09:25.885$  personal vulnerabilities as physicians,

NOTE Confidence: 0.93439907

 $00:09:25.885 \longrightarrow 00:09:28.960$  whether it's a medical error,

 $00:09:28.960 \longrightarrow 00:09:30.778$  a medical illness,

NOTE Confidence: 0.93439907

00:09:30.778 --> 00:09:32.596 A psychiatric illness,

NOTE Confidence: 0.93439907

 $00:09:32.600 \longrightarrow 00:09:36.236$  anything that we felt frail about.

NOTE Confidence: 0.93439907

 $00:09:36.240 \longrightarrow 00:09:38.052$  And we talked about this to

NOTE Confidence: 0.93439907

 $00:09:38.052 \longrightarrow 00:09:38.958$  the medical students.

NOTE Confidence: 0.93439907

 $00:09:38.960 \longrightarrow 00:09:41.438$  We studied it and the results

NOTE Confidence: 0.93439907

 $00:09:41.438 \longrightarrow 00:09:42.677$  were very exciting.

NOTE Confidence: 0.93439907 00:09:42.680 --> 00:09:42.960 So

NOTE Confidence: 0.932948

 $00:09:46.040 \longrightarrow 00:09:47.760$  as I talked about this,

NOTE Confidence: 0.932948

 $00:09:47.760 \longrightarrow 00:09:49.280$  let's do this experiment.

NOTE Confidence: 0.932948

00:09:49.280 --> 00:09:51.860 Here I am talking to you. Well,

NOTE Confidence: 0.932948

 $00:09:51.860 \longrightarrow 00:09:54.560$  you are seeing a slide with lots of words.

NOTE Confidence: 0.932948

 $00:09:54.560 \longrightarrow 00:09:57.719$  Now you right now need to make a decision.

NOTE Confidence: 0.932948

00:09:57.720 --> 00:10:00.359 Either you pay attention to my words,

NOTE Confidence: 0.932948

00:10:00.360 --> 00:10:02.040 Hopefully you will do that,

NOTE Confidence: 0.932948

 $00:10:02.040 \longrightarrow 00:10:03.678$  or you read my beautiful words.

 $00:10:03.680 \longrightarrow 00:10:05.680$  Hopefully you will do that.

NOTE Confidence: 0.932948

 $00{:}10{:}05.680 --> 00{:}10{:}07.380$  So what do you do?

NOTE Confidence: 0.932948

00:10:07.380 --> 00:10:08.880 You know, you're confused.

NOTE Confidence: 0.932948

00:10:08.880 --> 00:10:10.380 Your head starts spinning.

NOTE Confidence: 0.932948

 $00:10:10.380 \longrightarrow 00:10:12.214$  It's not good. It doesn't feel good.

NOTE Confidence: 0.932948

 $00:10:12.220 \longrightarrow 00:10:13.228$  You say shut up.

NOTE Confidence: 0.932948

 $00:10:13.228 \longrightarrow 00:10:14.740$  I want to read those words

NOTE Confidence: 0.932948

 $00:10:14.807 \longrightarrow 00:10:16.097$  or take off the slide.

NOTE Confidence: 0.932948

 $00:10:16.100 \longrightarrow 00:10:17.920$  It's irritating my retina.

NOTE Confidence: 0.932948

00:10:17.920 --> 00:10:20.040 You can't do both, right?

NOTE Confidence: 0.932948

 $00:10:20.040 \longrightarrow 00:10:21.540$  That's a very common problem.

NOTE Confidence: 0.9295404

 $00:10:24.580 \longrightarrow 00:10:27.380$  SO2I I work a lot in qualitative

NOTE Confidence: 0.9295404

 $00{:}10{:}27.380 \to 00{:}10{:}29.220$  methods with qualitative methods.

NOTE Confidence: 0.9295404

 $00:10:29.220 \dashrightarrow 00:10:31.900$  I use a lot of words and I'm a psychiatrist.

NOTE Confidence: 0.9295404

 $00:10:31.900 \longrightarrow 00:10:34.900$  I like words and use words.

 $00:10:34.900 \longrightarrow 00:10:36.860$  How do you present words?

NOTE Confidence: 0.9295404

00:10:36.860 --> 00:10:37.700 Well, you can present words,

NOTE Confidence: 0.9295404

 $00:10:37.700 \longrightarrow 00:10:40.020$  putting a lot of them in the slide.

NOTE Confidence: 0.9295404

 $00:10:40.020 \longrightarrow 00:10:42.185$  Well, that's not good where

NOTE Confidence: 0.9295404

 $00:10:42.185 \longrightarrow 00:10:43.340$  there are a couple of other ways.

NOTE Confidence: 0.9295404

00:10:43.340 --> 00:10:44.540 So I'm going to give you 2 examples.

NOTE Confidence: 0.9295404

 $00:10:44.540 \dashrightarrow 00:10:47.194$  And I want you to compare in your own

NOTE Confidence: 0.9295404

00:10:47.194 --> 00:10:49.462 brain the experience that you just

NOTE Confidence: 0.9295404

 $00{:}10{:}49.462 \dashrightarrow 00{:}10{:}52.860$  had listening to me talking to you

NOTE Confidence: 0.9295404

 $00:10:52.860 \longrightarrow 00:10:55.844$  over the slide to this second example.

NOTE Confidence: 0.9295404

 $00{:}10{:}55.844 \dashrightarrow 00{:}10{:}57.980$  And we're going to see one more.

NOTE Confidence: 0.9295404

 $00:10:57.980 \longrightarrow 00:11:00.472$  So in that study that I mentioned

NOTE Confidence: 0.9295404

 $00:11:00.472 \longrightarrow 00:11:01.540$  of the students,

NOTE Confidence: 0.9295404

 $00:11:01.540 \longrightarrow 00:11:04.192$  we found several themes who came

NOTE Confidence: 0.9295404

00:11:04.192 --> 00:11:07.388 up to through a thematic analysis

NOTE Confidence: 0.9295404

 $00:11:07.388 \longrightarrow 00:11:09.380$  to several themes,

 $00:11:09.380 \longrightarrow 00:11:12.350$  and one of them we called

NOTE Confidence: 0.9295404

00:11:12.350 --> 00:11:13.340 unexpected vulnerability.

NOTE Confidence: 0.9295404

00:11:13.340 --> 00:11:18.416 Students found it powerful to have

NOTE Confidence: 0.9295404

00:11:18.420 --> 00:11:20.260 their instructors, their professors,

NOTE Confidence: 0.9295404

 $00:11:20.260 \longrightarrow 00:11:22.100$  and the more senior,

NOTE Confidence: 0.9295404

 $00:11:22.100 \longrightarrow 00:11:24.875$  the more so unexpectedly be

NOTE Confidence: 0.9295404

 $00:11:24.875 \longrightarrow 00:11:27.095$  vulnerable to human beings.

NOTE Confidence: 0.9295404

 $00{:}11{:}27.100 \dashrightarrow 00{:}11{:}29.820$  And they spoke to the power of that.

NOTE Confidence: 0.9295404

 $00:11:29.820 \longrightarrow 00:11:32.745$  And one quote that captured

NOTE Confidence: 0.9295404

 $00:11:32.745 \longrightarrow 00:11:34.578$  this is the following.

NOTE Confidence: 0.9295404

 $00:11:34.578 \longrightarrow 00:11:37.110$  And I'll but the words on the

NOTE Confidence: 0.9295404

 $00:11:37.110 \longrightarrow 00:11:39.410$  screen and I'll read them slowly.

NOTE Confidence: 0.9295404

 $00{:}11{:}39.410 \dashrightarrow 00{:}11{:}42.050$  I was diagnosed with depression.

NOTE Confidence: 0.9295404

 $00:11:42.050 \longrightarrow 00:11:44.984$  Takes guts to talk about it.

NOTE Confidence: 0.9295404

 $00:11:44.984 \longrightarrow 00:11:46.854$  Makes you wonder about what

00:11:46.854 --> 00:11:48.730 our hang ups still are,

NOTE Confidence: 0.9295404

 $00:11:48.730 \longrightarrow 00:11:52.306$  about the power dynamics and the stigma of

NOTE Confidence: 0.9295404

 $00:11:52.306 \longrightarrow 00:11:55.050$  labeling people with certain diagnoses,

NOTE Confidence: 0.9295404

 $00:11:55.050 \longrightarrow 00:11:57.025$  especially when it comes to

NOTE Confidence: 0.9295404

 $00:11:57.025 \longrightarrow 00:11:58.605$  the mental health work.

NOTE Confidence: 0.9383776

 $00:12:05.000 \longrightarrow 00:12:06.610$  And I left it there for a

NOTE Confidence: 0.9383776

 $00:12:06.610 \longrightarrow 00:12:07.799$  few more seconds so that,

NOTE Confidence: 0.9383776

00:12:07.800 --> 00:12:09.678 you know, you could process it.

NOTE Confidence: 0.9383776

 $00{:}12{:}09.680 \mathrel{--}{>} 00{:}12{:}11.100$  But just compare what your

NOTE Confidence: 0.9383776

00:12:11.100 --> 00:12:12.920 brain did and didn't do right.

NOTE Confidence: 0.9383776

00:12:12.920 --> 00:12:14.138 You're not competing,

NOTE Confidence: 0.9383776

00:12:14.138 --> 00:12:17.400 You are helping, you are building.

NOTE Confidence: 0.9383776

 $00:12:17.400 \longrightarrow 00:12:23.600$  Now I might say that what we just saw,

NOTE Confidence: 0.9383776

00:12:23.600 --> 00:12:27.878 perhaps that was even too much,

NOTE Confidence: 0.9383776

 $00:12:27.880 \longrightarrow 00:12:28.800$  that having the slide with

NOTE Confidence: 0.9383776

 $00:12:28.800 \longrightarrow 00:12:29.720$  the words was too much.

 $00:12:29.720 \longrightarrow 00:12:33.176$  So let's see yet another example.

NOTE Confidence: 0.9383776

00:12:33.180 --> 00:12:33.873 And in it,

NOTE Confidence: 0.9383776

00:12:33.873 --> 00:12:35.780 I'm going to do what I'm doing now,

NOTE Confidence: 0.9383776

 $00:12:35.780 \longrightarrow 00:12:39.497$  which is a black screen with nothing on it.

NOTE Confidence: 0.9383776

 $00:12:39.500 \longrightarrow 00:12:42.580$  The only thing that you're seeing is me,

NOTE Confidence: 0.9383776

 $00:12:42.580 \longrightarrow 00:12:43.530$  and the only thing you're

NOTE Confidence: 0.9383776

 $00:12:43.530 \longrightarrow 00:12:44.780$  going to hear is my voice.

NOTE Confidence: 0.9326094

00:12:47.380 --> 00:12:49.468 I might have to read some words and look

NOTE Confidence: 0.9326094

00:12:49.468 --> 00:12:52.940 down, but mostly I'm looking at you.

NOTE Confidence: 0.9326094

 $00:12:52.940 \longrightarrow 00:12:57.420$  And the second example from this heal thyself

NOTE Confidence: 0.934662818181818

 $00{:}12{:}59.820 \dashrightarrow 00{:}13{:}01.048$  in being with patients.

NOTE Confidence: 0.934662818181818

00:13:01.048 --> 00:13:03.730 How many of us share our fallibility,

NOTE Confidence: 0.934662818181818

 $00{:}13{:}03.730 \dashrightarrow 00{:}13{:}06.210$  our vulnerability, our imperfection?

NOTE Confidence: 0.934662818181818

 $00:13:06.210 \longrightarrow 00:13:08.690$  More to the point,

NOTE Confidence: 0.934662818181818

 $00:13:08.690 \longrightarrow 00:13:11.410$  how many of us share our own experience

00:13:11.410 --> 00:13:14.450 being on their side of the aisle?

NOTE Confidence: 0.934662818181818

 $00:13:14.450 \longrightarrow 00:13:16.530$  Nearly enough.

NOTE Confidence: 0.934662818181818

 $00:13:16.530 \longrightarrow 00:13:18.516$  We have been too caught up

NOTE Confidence: 0.934662818181818

 $00:13:18.516 \longrightarrow 00:13:20.502$  in a maladaptive search for

NOTE Confidence: 0.934662818181818

00:13:20.502 --> 00:13:22.287 perfectionism and infallibility,

NOTE Confidence: 0.934662818181818

 $00:13:22.290 \longrightarrow 00:13:24.257$  a quest that has zapped the joy

NOTE Confidence: 0.934662818181818

00:13:24.257 --> 00:13:26.447 out of the column for so many,

NOTE Confidence: 0.934662818181818

 $00{:}13{:}26.450 \dashrightarrow 00{:}13{:}29.860$  not to mention snuff the life out

NOTE Confidence: 0.934662818181818

 $00{:}13{:}29.860 \dashrightarrow 00{:}13{:}32.060$  of a disproportionate number of

NOTE Confidence: 0.934662818181818

00:13:32.060 --> 00:13:34.220 physicians who have died by suicide.

NOTE Confidence: 0.9265427

 $00:13:39.820 \longrightarrow 00:13:41.738$  So you get in your own brain.

NOTE Confidence: 0.9265427

 $00{:}13{:}41.740 \dashrightarrow 00{:}13{:}44.302$  You can start thinking how these

NOTE Confidence: 0.9265427

 $00{:}13{:}44.302 \dashrightarrow 00{:}13{:}46.497$  different deliveries felt and how

NOTE Confidence: 0.9265427

 $00:13:46.497 \longrightarrow 00:13:48.975$  extraneous in some way was PowerPoint.

NOTE Confidence: 0.9265427

 $00:13:53.580 \longrightarrow 00:13:56.100$  A very similar that maybe,

NOTE Confidence: 0.9265427

 $00{:}13{:}56.100 \dashrightarrow 00{:}14{:}00.486$  perhaps perhaps not as as heavy

 $00:14:00.490 \longrightarrow 00:14:02.770$  but clearly related is sharing.

NOTE Confidence: 0.93500066

 $00{:}14{:}05.370 \dashrightarrow 00{:}14{:}08.026$  If you think about what is it that

NOTE Confidence: 0.93500066

00:14:08.026 --> 00:14:10.946 you share with your audience and what

NOTE Confidence: 0.93500066

 $00:14:10.946 \longrightarrow 00:14:13.394$  they really could use versus what

NOTE Confidence: 0.93500066

 $00:14:13.394 \longrightarrow 00:14:16.687$  you use and you could really use and

NOTE Confidence: 0.93500066

 $00:14:16.687 \longrightarrow 00:14:19.186$  you will see that there's often a

NOTE Confidence: 0.93500066

00:14:19.186 --> 00:14:21.335 disconnect and that we overwhelmingly

NOTE Confidence: 0.93500066

00:14:21.335 --> 00:14:23.610 present centered on our needs,

NOTE Confidence: 0.93500066

 $00:14:23.610 \longrightarrow 00:14:25.170$  not our learners needs.

NOTE Confidence: 0.93500066

 $00:14:27.370 \longrightarrow 00:14:32.198$  If you think of PowerPoint less as a

NOTE Confidence: 0.93500066

 $00:14:32.198 \longrightarrow 00:14:36.208$  projection screen thingy and more,

NOTE Confidence: 0.93500066

 $00:14:36.208 \longrightarrow 00:14:40.736$  or in addition as an organizing and

NOTE Confidence: 0.93500066

 $00{:}14{:}40.736 \dashrightarrow 00{:}14{:}43.688$  an outlining tool, it can be great.

NOTE Confidence: 0.93500066

 $00:14:43.688 \longrightarrow 00:14:46.280$  Let me give you an example.

NOTE Confidence: 0.93500066

00:14:46.280 --> 00:14:47.477 So this is not from my work,

 $00:14:47.480 \longrightarrow 00:14:49.634$  but someone was kind enough to

NOTE Confidence: 0.93500066

 $00{:}14{:}49.634 \dashrightarrow 00{:}14{:}52.319$  let me use this very bad slide.

NOTE Confidence: 0.93500066

00:14:52.320 --> 00:14:53.490 This is a terrible slide, right?

NOTE Confidence: 0.93500066

 $00:14:53.490 \longrightarrow 00:14:55.490$  It would take you half an hour to

NOTE Confidence: 0.93500066

 $00:14:55.490 \longrightarrow 00:14:57.520$  read it and it's all a number of

NOTE Confidence: 0.93500066

 $00:14:57.520 \longrightarrow 00:14:59.148$  countries and it makes no sense.

NOTE Confidence: 0.93500066

 $00:14:59.150 \longrightarrow 00:15:02.510$  And I don't know what MST is.

NOTE Confidence: 0.93500066

 $00:15:02.510 \longrightarrow 00:15:04.561$  This is a typical slide that we

NOTE Confidence: 0.93500066

 $00{:}15{:}04.561 {\:{\mbox{--}}\!\!>}\ 00{:}15{:}07.251$  have all seen in annual meetings and

NOTE Confidence: 0.93500066

 $00:15:07.251 \longrightarrow 00:15:09.431$  presentations and the presenter waxes

NOTE Confidence: 0.93500066

 $00{:}15{:}09.431 \dashrightarrow 00{:}15{:}11.630$  poetic and goes on and on and on.

NOTE Confidence: 0.93500066

 $00:15:11.630 \longrightarrow 00:15:14.910$  This is not useful information.

NOTE Confidence: 0.93500066

00:15:14.910 --> 00:15:17.550 Perhaps you could put a map

NOTE Confidence: 0.93500066

 $00{:}15{:}17.550 \dashrightarrow 00{:}15{:}19.986$  pointing the countries and no words,

NOTE Confidence: 0.93500066

 $00:15:19.990 \longrightarrow 00:15:22.062$  but this is what I think was going

NOTE Confidence: 0.93500066

 $00:15:22.062 \longrightarrow 00:15:24.269$  on in the head of the presenter

 $00:15:24.270 \longrightarrow 00:15:25.518$  in their outline,

NOTE Confidence: 0.93500066

 $00{:}15{:}25.518 \dashrightarrow 00{:}15{:}28.430$  the outline part where you type and

NOTE Confidence: 0.93500066

 $00:15:28.517 \longrightarrow 00:15:31.817$  PowerPoint there was all this information.

NOTE Confidence: 0.93500066

00:15:31.820 --> 00:15:33.308 And I think that this presenter

NOTE Confidence: 0.93500066

 $00:15:33.308 \longrightarrow 00:15:34.300$  is given the opportunity,

NOTE Confidence: 0.93500066

 $00:15:34.300 \longrightarrow 00:15:37.086$  would have shown each and every one

NOTE Confidence: 0.93500066

 $00:15:37.086 \longrightarrow 00:15:40.145$  of these slides and you know done

NOTE Confidence: 0.93500066

 $00{:}15{:}40.145 \dashrightarrow 00{:}15{:}42.815$  severe damage to those learners brains.

NOTE Confidence: 0.93500066

 $00:15:42.820 \longrightarrow 00:15:44.460$  So the the response here,

NOTE Confidence: 0.93500066

 $00:15:44.460 \longrightarrow 00:15:47.190$  the solution here is not to throw

NOTE Confidence: 0.93500066

 $00:15:47.190 \longrightarrow 00:15:49.140$  this to the garbage.

NOTE Confidence: 0.93500066

 $00:15:49.140 \longrightarrow 00:15:51.828$  The solution is not to show it

NOTE Confidence: 0.93500066

 $00:15:51.828 \longrightarrow 00:15:52.980$  to the audience.

NOTE Confidence: 0.93500066

 $00:15:52.980 \longrightarrow 00:15:55.860$  You know, you can print it,

NOTE Confidence: 0.93500066

00:15:55.860 --> 00:15:58.176 you can have it for yourself,

00:15:58.180 --> 00:16:00.147 but you don't need to show it

NOTE Confidence: 0.93500066

 $00{:}16{:}00.147 --> 00{:}16{:}02.102$  because you're only going to be

NOTE Confidence: 0.93500066

 $00:16:02.102 \longrightarrow 00:16:03.857$  alienating and distancing that crowd.

NOTE Confidence: 0.93500066

 $00:16:03.860 \longrightarrow 00:16:05.076$  So be very mindful,

NOTE Confidence: 0.93500066

 $00:16:05.076 \longrightarrow 00:16:07.657$  as in this part of the psychology of

NOTE Confidence: 0.93500066

 $00{:}16{:}07.657 \dashrightarrow 00{:}16{:}10.820$  what is it that they need and you need.

NOTE Confidence: 0.93500066

 $00:16:10.820 \longrightarrow 00:16:13.214$  And in terms of visuals and words,

NOTE Confidence: 0.93500066

00:16:13.220 --> 00:16:15.334 they need much less than you think

NOTE Confidence: 0.93500066

 $00:16:15.334 \longrightarrow 00:16:17.380$  they do because what they need is you.

NOTE Confidence: 0.93500066

 $00:16:17.380 \longrightarrow 00:16:20.220$  Remember, you are the presentation.

NOTE Confidence: 0.93500066

00:16:20.220 --> 00:16:21.260 PowerPoint is just a tool,

NOTE Confidence: 0.9375229

00:16:24.190 --> 00:16:26.110 All right, So we we're done with psychology.

NOTE Confidence: 0.9375229

00:16:26.110 --> 00:16:27.550 For those of you who don't like psychology,

NOTE Confidence: 0.9375229

 $00:16:27.550 \longrightarrow 00:16:28.468$  we're now going to get into,

NOTE Confidence: 0.9375229

00:16:28.470 --> 00:16:33.189 I don't know, engineering or something.

NOTE Confidence: 0.9375229

 $00:16:33.190 \longrightarrow 00:16:36.115$  So how do we prepare and how do we

00:16:36.115 --> 00:16:39.390 design A PowerPoint presentation?

NOTE Confidence: 0.9375229

00:16:39.390 --> 00:16:41.890 I'll talk about revealing content

NOTE Confidence: 0.9375229

 $00:16:41.890 \longrightarrow 00:16:43.390$  and transitioning content.

NOTE Confidence: 0.9375229

 $00:16:43.390 \longrightarrow 00:16:46.550$  How to shift attention issues,

NOTE Confidence: 0.9375229

00:16:46.550 --> 00:16:49.462 pedestrian issues around formatting,

NOTE Confidence: 0.9375229

00:16:49.462 --> 00:16:51.624 listing, do some don'ts,

NOTE Confidence: 0.9375229

00:16:51.624 --> 00:16:54.970 embedding what can and can't be embedded,

NOTE Confidence: 0.9375229

 $00:16:54.970 \longrightarrow 00:16:56.050$  and timing.

NOTE Confidence: 0.93371093

 $00:16:59.650 \longrightarrow 00:17:03.196$  So what do I mean by

NOTE Confidence: 0.93371093

 $00:17:03.196 \longrightarrow 00:17:04.969$  revealing and transitioning?

NOTE Confidence: 0.93371093

 $00{:}17{:}04.970 \dashrightarrow 00{:}17{:}06.655$  Another very common mistake that

NOTE Confidence: 0.93371093

00:17:06.655 --> 00:17:09.065 we see is presenting a whole lot

NOTE Confidence: 0.93371093

00:17:09.065 --> 00:17:10.725 of information in one slide,

NOTE Confidence: 0.93371093

 $00:17:10.730 \longrightarrow 00:17:12.446$  and your brain cannot process it.

NOTE Confidence: 0.93371093

00:17:12.450 --> 00:17:13.545 It's too much.

 $00:17:13.545 \longrightarrow 00:17:15.370$  It is way too much.

NOTE Confidence: 0.93371093

 $00{:}17{:}15.370 \dashrightarrow 00{:}17{:}18.658$  But you can present pretty complex

NOTE Confidence: 0.93371093

 $00:17:18.658 \longrightarrow 00:17:21.358$  information if you become attentive

NOTE Confidence: 0.93371093

00:17:21.358 --> 00:17:24.580 to layering content in a gradual

NOTE Confidence: 0.93371093

00:17:24.681 --> 00:17:27.618 way and not giving it all at once,

NOTE Confidence: 0.93371093

 $00{:}17{:}27.618 \dashrightarrow 00{:}17{:}30.040$  which is what many of us want to do.

NOTE Confidence: 0.9258898

 $00:17:39.800 \longrightarrow 00:17:42.038$  So how do we do this?

NOTE Confidence: 0.9350652

 $00:17:45.530 \longrightarrow 00:17:46.906$  By gradually layering and

NOTE Confidence: 0.9350652

 $00:17:46.906 \longrightarrow 00:17:48.970$  not giving it all at once.

NOTE Confidence: 0.9350652

 $00:17:48.970 \longrightarrow 00:17:50.566$  We can do a number of things,

NOTE Confidence: 0.9350652

 $00:17:50.570 \longrightarrow 00:17:52.145$  prevent visual overload.

NOTE Confidence: 0.9350652

00:17:52.145 --> 00:17:54.770 It's better for the learning,

NOTE Confidence: 0.9350652

00:17:54.770 --> 00:17:55.310 understanding,

NOTE Confidence: 0.9350652

 $00:17:55.310 \longrightarrow 00:17:58.010$  retention of our target audience.

NOTE Confidence: 0.9350652

 $00:17:58.010 \longrightarrow 00:18:00.530$  And it can even create dramatic tension.

NOTE Confidence: 0.9350652

 $00{:}18{:}00.530 \dashrightarrow 00{:}18{:}01.878$ You say, huh, drama.

00:18:01.878 --> 00:18:03.563 We're not in the theater,

NOTE Confidence: 0.9350652

 $00:18:03.570 \longrightarrow 00:18:04.890$  but we kind of are, right?

NOTE Confidence: 0.9350652

 $00:18:04.890 \longrightarrow 00:18:06.650$  I mean, the presentation,

NOTE Confidence: 0.9350652

 $00:18:06.650 \longrightarrow 00:18:08.070$  you are on stage,

NOTE Confidence: 0.9350652

 $00:18:08.070 \longrightarrow 00:18:09.845$  you want to engage people,

NOTE Confidence: 0.9350652

 $00:18:09.850 \longrightarrow 00:18:12.050$  You want to really give it your all.

NOTE Confidence: 0.9350652

 $00:18:12.050 \longrightarrow 00:18:13.790$  And there are moments,

NOTE Confidence: 0.9350652

00:18:13.790 --> 00:18:15.965 even in a pretty straightforward

NOTE Confidence: 0.9350652

 $00:18:15.970 \longrightarrow 00:18:16.940$  PowerPoint presentation,

NOTE Confidence: 0.9350652

 $00:18:16.940 \dashrightarrow 00:18:19.850$  where there are dramatic tension moments.

NOTE Confidence: 0.9350652

 $00:18:19.850 \longrightarrow 00:18:20.374$  Hopefully, Alex,

NOTE Confidence: 0.9350652

 $00:18:20.374 \longrightarrow 00:18:21.684$  simplify a couple of those.

NOTE Confidence: 0.93400145

 $00:18:26.130 \longrightarrow 00:18:30.960$  So to make this example about visual

NOTE Confidence: 0.93400145

 $00{:}18{:}30.960 \dashrightarrow 00{:}18{:}34.610$  overload as a problem and visual

NOTE Confidence: 0.93400145

 $00:18:34.610 \longrightarrow 00:18:37.570$  layering as a potential solution,

 $00:18:37.570 \longrightarrow 00:18:39.435$  Elegan used some of the

NOTE Confidence: 0.93400145

 $00{:}18{:}39.435 \dashrightarrow 00{:}18{:}40.927$  work from my research.

NOTE Confidence: 0.93400145

 $00:18:40.930 \longrightarrow 00:18:42.814$  Very different work.

NOTE Confidence: 0.93400145

00:18:42.814 --> 00:18:48.510 This is large study, 2000 or so children,

NOTE Confidence: 0.93400145

 $00:18:48.510 \longrightarrow 00:18:50.750$  adolescents exposed to videos,

NOTE Confidence: 0.93400145

 $00:18:50.750 \longrightarrow 00:18:52.430$  very short videos,

NOTE Confidence: 0.93400145

 $00:18:52.430 \longrightarrow 00:18:56.575$  one minute long videos about an adolescent

NOTE Confidence: 0.93400145

 $00:18:56.575 \longrightarrow 00:18:58.950$  talking to them about depression.

NOTE Confidence: 0.93400145

 $00{:}18{:}58.950 \longrightarrow 00{:}19{:}02.574$  Our goal was to see whether we could

NOTE Confidence: 0.93400145

00:19:02.574 --> 00:19:06.246 reduce stigma, stigmatized perceptions,

NOTE Confidence: 0.93400145

 $00:19:06.246 \longrightarrow 00:19:09.884$  and increased care seeking intentions.

NOTE Confidence: 0.93400145

 $00:19:09.884 \longrightarrow 00:19:11.876$  Showing these short videos

NOTE Confidence: 0.93400145

 $00:19:11.876 \longrightarrow 00:19:14.260$  and we had one actor,

NOTE Confidence: 0.93400145

00:19:14.260 --> 00:19:15.644 a wonderful young woman,

NOTE Confidence: 0.93400145

00:19:15.644 --> 00:19:16.336 black woman

NOTE Confidence: 0.92791295

 $00:19:18.460 \longrightarrow 00:19:20.590$  who did these videos and then

 $00:19:20.590 \longrightarrow 00:19:22.791$  we put them online to collect

NOTE Confidence: 0.92791295

 $00:19:22.791 \longrightarrow 00:19:26.180$  the data on these 2000 kids.

NOTE Confidence: 0.92791295

 $00:19:26.180 \longrightarrow 00:19:28.640$  Now just look at that slide

NOTE Confidence: 0.92791295

 $00:19:28.640 \longrightarrow 00:19:29.660$  till you get a headache.

NOTE Confidence: 0.92791295

00:19:33.820 --> 00:19:35.800 Unless you have some PhD and

NOTE Confidence: 0.92791295

00:19:35.800 --> 00:19:38.098 statistics or you live in this world,

NOTE Confidence: 0.92791295

00:19:38.100 --> 00:19:40.782 it it's going to take you a long time

NOTE Confidence: 0.92791295

 $00:19:40.782 \longrightarrow 00:19:43.618$  to know what what is happening here.

NOTE Confidence: 0.92791295

 $00:19:43.620 \longrightarrow 00:19:45.360$  It's too much work.

NOTE Confidence: 0.92791295

 $00:19:45.360 \dashrightarrow 00:19:49.500$  I I would be asking you too much work.

NOTE Confidence: 0.92791295

00:19:49.500 --> 00:19:51.300 And if you read the paper,

NOTE Confidence: 0.92791295

 $00:19:51.300 \longrightarrow 00:19:53.850$  there's a big footnote that explains

NOTE Confidence: 0.92791295

 $00{:}19{:}53.850 \dashrightarrow 00{:}19{:}56.660$  everything so you can understand it.

NOTE Confidence: 0.92791295

00:19:56.660 --> 00:19:58.178 But PowerPoint is not a paper.

NOTE Confidence: 0.92791295

00:19:58.180 --> 00:20:00.540 That's another common mistake, right?

00:20:00.540 --> 00:20:03.060 PowerPoint is PowerPoint.

NOTE Confidence: 0.92791295

00:20:03.060 --> 00:20:04.866 But let's say that I want to

NOTE Confidence: 0.92791295

 $00:20:04.866 \longrightarrow 00:20:06.131$  show this information because it

NOTE Confidence: 0.92791295

 $00:20:06.131 \longrightarrow 00:20:07.867$  is so important as it was and I

NOTE Confidence: 0.92791295

 $00:20:07.920 \longrightarrow 00:20:09.420$  did present this information.

NOTE Confidence: 0.92791295

 $00{:}20{:}09.420 \dashrightarrow 00{:}20{:}10.974$  Well, you can't present it like this.

NOTE Confidence: 0.92791295

 $00:20:10.980 \longrightarrow 00:20:14.156$  It's it's just not kind to your audience.

NOTE Confidence: 0.92791295

00:20:14.160 --> 00:20:16.155 So let's think about this other approach.

NOTE Confidence: 0.94371843

 $00:20:18.600 \longrightarrow 00:20:21.520$  As I mentioned, we have this black actor,

NOTE Confidence: 0.94371843

00:20:21.520 --> 00:20:23.120 young woman, very talented

NOTE Confidence: 0.94371843

 $00{:}20{:}23.120 \dashrightarrow 00{:}20{:}26.824$  young woman who acted 2 scenes,

NOTE Confidence: 0.94371843

 $00{:}20{:}26.824 \to 00{:}20{:}30.480$ 2 scenarios, each one one minute long.

NOTE Confidence: 0.94371843

 $00:20:30.480 \longrightarrow 00:20:33.696$  The first one in this light brown.

NOTE Confidence: 0.94371843

 $00{:}20{:}33.696 {\:{\mbox{--}}\!>} 00{:}20{:}39.020$  Can you see my cursor in which she had

NOTE Confidence: 0.94371843

 $00:20:39.020 \longrightarrow 00:20:40.896$  a script about depression last year?

NOTE Confidence: 0.94371843

00:20:40.896 --> 00:20:41.640 I was depressed.

 $00:20:41.640 \longrightarrow 00:20:44.188$  These were my symptoms.

NOTE Confidence: 0.94371843

 $00{:}20{:}44.190 \dashrightarrow 00{:}20{:}45.870$  I went and I got treatment.

NOTE Confidence: 0.94371843

 $00:20:45.870 \longrightarrow 00:20:47.508$  I feel better and this is what

NOTE Confidence: 0.94371843

00:20:47.508 --> 00:20:48.750 my life looks like now.

NOTE Confidence: 0.94371843

 $00:20:48.750 \longrightarrow 00:20:53.510$  That was essentially the one minute park.

NOTE Confidence: 0.94371843

 $00:20:53.510 \longrightarrow 00:20:55.748$  She also did the same thing,

NOTE Confidence: 0.94371843

 $00:20:55.750 \longrightarrow 00:20:57.710$  but we call this adjusted

NOTE Confidence: 0.94371843

 $00:20:57.710 \longrightarrow 00:20:59.670$  because in the adjusted version,

NOTE Confidence: 0.94371843

00:20:59.670 --> 00:21:01.800 her presentation was informed by

NOTE Confidence: 0.94371843

 $00:21:01.800 \longrightarrow 00:21:05.494$  a focus group of 6 or 10 black

NOTE Confidence: 0.94371843

 $00:21:05.494 \longrightarrow 00:21:07.706$  women talking about what they

NOTE Confidence: 0.94371843

 $00{:}21{:}07.706 \dashrightarrow 00{:}21{:}09.851$  saw as different in depression

NOTE Confidence: 0.94371843

 $00:21:09.851 \longrightarrow 00:21:12.110$  among them that you know,

NOTE Confidence: 0.94371843

 $00:21:12.110 \longrightarrow 00:21:14.560$  that white people wouldn't understand.

NOTE Confidence: 0.94371843

00:21:14.560 --> 00:21:16.980 And it's it's subtle,

 $00:21:16.980 \longrightarrow 00:21:19.720$  but it's really important.

NOTE Confidence: 0.94371843

 $00{:}21{:}19.720 \dashrightarrow 00{:}21{:}23.955$  And we thought that we were going to

NOTE Confidence: 0.94371843

 $00:21:23.955 \longrightarrow 00:21:26.151$  find that the adjusted one was going

NOTE Confidence: 0.94371843

00:21:26.151 --> 00:21:28.433 to resonate more with our black viewers

NOTE Confidence: 0.94371843

 $00:21:28.433 \longrightarrow 00:21:31.440$  who were really trying to get to treatment.

NOTE Confidence: 0.94371843

 $00:21:31.440 \longrightarrow 00:21:34.520$  So this is the what we did,

NOTE Confidence: 0.94371843

 $00:21:34.520 \longrightarrow 00:21:36.520$  we used as a measure.

NOTE Confidence: 0.94371843

00:21:36.520 --> 00:21:37.174 Well,

NOTE Confidence: 0.94371843

 $00:21:37.174 \longrightarrow 00:21:41.098$  I recognized a depression stigma scale

NOTE Confidence: 0.94371843

00:21:41.100 --> 00:21:43.220 and then among black participants,

NOTE Confidence: 0.94371843

 $00:21:43.220 \longrightarrow 00:21:44.884$  these are the viewers.

NOTE Confidence: 0.94371843

 $00:21:44.884 \longrightarrow 00:21:48.180$  We saw that black viewers all responded

NOTE Confidence: 0.94371843

 $00:21:48.180 \longrightarrow 00:21:51.855$  in a positive way to both videos.

NOTE Confidence: 0.94371843

 $00{:}21{:}51.860 \dashrightarrow 00{:}21{:}54.893$  The higher that we go on the Y axis,

NOTE Confidence: 0.94371843

 $00:21:54.900 \longrightarrow 00:21:57.140$  the better that they did.

NOTE Confidence: 0.94371843

 $00:21:57.140 \longrightarrow 00:21:59.100$  So we can see that black viewers

 $00:21:59.100 \longrightarrow 00:22:01.022$  did well and they responded as

NOTE Confidence: 0.94371843

 $00{:}22{:}01.022 \dashrightarrow 00{:}22{:}02.707$  predicted a little bit better

NOTE Confidence: 0.94371843

 $00:22:02.707 \longrightarrow 00:22:04.380$  to the adjusted video.

NOTE Confidence: 0.92991364

 $00:22:07.620 \longrightarrow 00:22:10.158$  But the real surprise was that

NOTE Confidence: 0.92991364

 $00:22:10.160 \longrightarrow 00:22:13.880$  white viewers also responded,

NOTE Confidence: 0.92991364

00:22:13.880 --> 00:22:16.640 responded more, and most importantly,

NOTE Confidence: 0.92991364

 $00:22:16.640 \longrightarrow 00:22:18.950$  there was a difference in how

NOTE Confidence: 0.92991364

 $00{:}22{:}18.950 \dashrightarrow 00{:}22{:}21.000$  white viewers responded to the

NOTE Confidence: 0.92991364

 $00{:}22{:}21.000 \dashrightarrow 00{:}22{:}22.760$  adjusted to the nonadjusted.

NOTE Confidence: 0.92991364

 $00:22:22.760 \longrightarrow 00:22:26.085$  We interpreted this to tell us that

NOTE Confidence: 0.92991364

 $00:22:26.085 \longrightarrow 00:22:28.810$  white viewers didn't really understand

NOTE Confidence: 0.92991364

 $00:22:28.810 \longrightarrow 00:22:32.400$  the experience of lived racism and they

NOTE Confidence: 0.92991364

 $00:22:32.400 \longrightarrow 00:22:35.067$  had an aha moment on seeing this very

NOTE Confidence: 0.92991364

 $00:22:35.067 \longrightarrow 00:22:38.056$  real woman telling them what it was

NOTE Confidence: 0.92991364

00:22:38.056 --> 00:22:41.234 like or was perhaps black viewers said Yep,

 $00:22:41.234 \longrightarrow 00:22:42.146$  I understand it.

NOTE Confidence: 0.92991364

00:22:42.146 --> 00:22:43.730 I, you know, it's kind of what I live,

NOTE Confidence: 0.92991364

 $00:22:43.730 \longrightarrow 00:22:44.534$  what I've lived,

NOTE Confidence: 0.92991364

 $00:22:44.534 \longrightarrow 00:22:46.125$  our families have lived, etcetera.

NOTE Confidence: 0.92991364

 $00:22:46.125 \longrightarrow 00:22:50.245$  So it was a surprise finding to us.

NOTE Confidence: 0.92991364

 $00{:}22{:}50.250 \dashrightarrow 00{:}22{:}52.326$  Similarly, we had a secondary outcome,

NOTE Confidence: 0.92991364

 $00:22:52.330 \longrightarrow 00:22:54.386$  which was racial warmth.

NOTE Confidence: 0.92991364

00:22:54.386 --> 00:22:57.470 How positively or warmly or negatively

NOTE Confidence: 0.92991364

00:22:57.554 --> 00:23:00.326 or coldly you feel to other races,

NOTE Confidence: 0.92991364

 $00:23:00.330 \longrightarrow 00:23:03.690$  in this case to black people.

NOTE Confidence: 0.92991364

 $00{:}23{:}03.690 \mathrel{--}{>} 00{:}23{:}05.818$  We saw that really there was no

NOTE Confidence: 0.92991364

00:23:05.818 --> 00:23:07.652 difference after the viewing and

NOTE Confidence: 0.92991364

 $00:23:07.652 \longrightarrow 00:23:09.368$  before among black participants.

NOTE Confidence: 0.94255984

00:23:11.890 --> 00:23:14.767 But once again about in white participants.

NOTE Confidence: 0.94255984

 $00:23:14.770 \longrightarrow 00:23:18.106$  We did see that once they saw this

NOTE Confidence: 0.94255984

00:23:18.106 --> 00:23:20.990 video showing the expression of

 $00:23:20.990 \longrightarrow 00:23:23.450$  racism embedded into depression,

NOTE Confidence: 0.94255984

 $00:23:23.450 \longrightarrow 00:23:25.304$  they got what we called an

NOTE Confidence: 0.94255984

 $00:23:25.304 \longrightarrow 00:23:26.997$  empathic foothold into the life

NOTE Confidence: 0.94255984

00:23:26.997 --> 00:23:28.977 of black individuals because they

NOTE Confidence: 0.94255984

 $00:23:28.977 \longrightarrow 00:23:30.561$  got to understand depression,

NOTE Confidence: 0.94255984

 $00:23:30.570 \longrightarrow 00:23:34.498$  racism in a way that they hadn't before.

NOTE Confidence: 0.94255984

 $00:23:34.500 \longrightarrow 00:23:36.700$  Now, in this last slide

NOTE Confidence: 0.92703724

 $00:23:39.020 \longrightarrow 00:23:40.956$  on this series, I just want to show

NOTE Confidence: 0.92703724

00:23:40.956 --> 00:23:42.940 you this is a very technical thing,

NOTE Confidence: 0.92703724

 $00:23:42.940 \longrightarrow 00:23:46.780$  how you know what happened behind the scenes.

NOTE Confidence: 0.92703724

00:23:46.780 --> 00:23:48.684 I put these black boxes that really

NOTE Confidence: 0.92703724

 $00:23:48.684 \longrightarrow 00:23:50.532$  are not black. When I made them.

NOTE Confidence: 0.92703724

00:23:50.532 --> 00:23:52.406 I used white boxes because you see

NOTE Confidence: 0.92703724

00:23:52.406 --> 00:23:54.020 that I have a white background,

NOTE Confidence: 0.92703724

 $00:23:54.020 \longrightarrow 00:23:56.218$  but I use the black boxes just

 $00:23:56.218 \longrightarrow 00:23:58.578$  to show you how this was done.

NOTE Confidence: 0.92703724

 $00:23:58.580 \longrightarrow 00:24:00.485$  Animations and I'll come to

NOTE Confidence: 0.92703724

00:24:00.485 --> 00:24:02.009 animations can be helpful.

NOTE Confidence: 0.92703724

 $00:24:02.010 \longrightarrow 00:24:04.128$  This was an example of that.

NOTE Confidence: 0.92703724

 $00:24:04.130 \longrightarrow 00:24:06.608$  So here in this first animation,

NOTE Confidence: 0.92703724

 $00:24:06.610 \longrightarrow 00:24:09.650$  this whole panel showed up.

NOTE Confidence: 0.92703724

 $00:24:09.650 \longrightarrow 00:24:10.954$  In a second animation,

NOTE Confidence: 0.92703724

 $00:24:10.954 \longrightarrow 00:24:13.875$  the box which used to be a white box

NOTE Confidence: 0.92703724

00:24:13.875 --> 00:24:16.450 but here for your viewing is in black,

NOTE Confidence: 0.92703724

 $00:24:16.450 \longrightarrow 00:24:22.078$  disappeared in the third animation.

NOTE Confidence: 0.92703724

00:24:22.078 --> 00:24:25.618 The secondary outcome in the next one,

NOTE Confidence: 0.92703724

 $00:24:25.618 \longrightarrow 00:24:26.524$  that whole panel.

NOTE Confidence: 0.92703724

 $00:24:26.530 \longrightarrow 00:24:28.126$  But remember, it's blocked by the white.

NOTE Confidence: 0.92703724

00:24:28.130 --> 00:24:29.890 So you're only seeing this

NOTE Confidence: 0.92703724

 $00:24:29.890 \longrightarrow 00:24:31.540$  and then the whole thing.

NOTE Confidence: 0.92703724

 $00:24:31.540 \longrightarrow 00:24:34.294$  So what I when I walked you through that,

 $00:24:34.300 \longrightarrow 00:24:36.128$  there were these behind

NOTE Confidence: 0.92703724

 $00:24:36.128 \longrightarrow 00:24:37.499$  the scenes animations.

NOTE Confidence: 0.92703724

 $00:24:37.500 \longrightarrow 00:24:38.494$  In general,

NOTE Confidence: 0.92703724

00:24:38.494 --> 00:24:40.979 animations and PowerPoint are terrible,

NOTE Confidence: 0.92703724

 $00:24:40.980 \longrightarrow 00:24:43.339$  especially the ones that make you dizzy.

NOTE Confidence: 0.92703724

 $00:24:43.340 \longrightarrow 00:24:46.250$  But animations that just appear

NOTE Confidence: 0.92703724

00:24:46.250 --> 00:24:48.920 and disappear subtly and don't,

NOTE Confidence: 0.92703724

 $00:24:48.920 \longrightarrow 00:24:50.420$  they're not showy.

NOTE Confidence: 0.92703724

 $00:24:50.420 \longrightarrow 00:24:52.180$  They were invisible to you.

NOTE Confidence: 0.92703724

 $00{:}24{:}52.180 \dashrightarrow 00{:}24{:}53.932$  Those can be very helpful when

NOTE Confidence: 0.92703724

 $00:24:53.932 \longrightarrow 00:24:55.820$  you're trying to layer information.

NOTE Confidence: 0.9345817

 $00:24:57.870 \longrightarrow 00:24:59.790$  This is a much easier example

NOTE Confidence: 0.9345817

00:24:59.790 --> 00:25:01.292 of layering in, you know,

NOTE Confidence: 0.9345817

 $00:25:01.292 \longrightarrow 00:25:03.189$  maybe a little bit of dramatic tension.

NOTE Confidence: 0.9345817

 $00:25:03.190 \longrightarrow 00:25:05.518$  Totally different study.

00:25:05.518 --> 00:25:08.699 We exposed medical students and

NOTE Confidence: 0.9345817

 $00{:}25{:}08.699 \dashrightarrow 00{:}25{:}11.957$  others to a curriculum on children

NOTE Confidence: 0.9345817

 $00:25:11.957 \longrightarrow 00:25:14.998$  on wheelchairs and we asked them,

NOTE Confidence: 0.9345817

 $00:25:14.998 \longrightarrow 00:25:17.082$  this is maybe 150 individuals.

NOTE Confidence: 0.9345817

 $00:25:17.082 \longrightarrow 00:25:19.186$  What comes to mind?

NOTE Confidence: 0.9345817

 $00:25:19.190 \longrightarrow 00:25:21.108$  What are the 1st 3 words that

NOTE Confidence: 0.9345817

 $00{:}25{:}21.108 \dashrightarrow 00{:}25{:}23.462$  come to mind when you think of a

NOTE Confidence: 0.9345817

 $00:25:23.462 \longrightarrow 00:25:25.554$  child on a wheelchair and you see

NOTE Confidence: 0.9345817

 $00{:}25{:}25.554 \dashrightarrow 00{:}25{:}27.720$  the words and you see the colors?

NOTE Confidence: 0.9345817

 $00:25:27.720 \longrightarrow 00:25:31.764$  Red is not good and then

NOTE Confidence: 0.9345817

00:25:31.764 --> 00:25:33.526 afterwards blue is positive.

NOTE Confidence: 0.9345817

 $00:25:33.526 \longrightarrow 00:25:36.872$  So we saw at some level it was one

NOTE Confidence: 0.9345817

 $00{:}25{:}36.872 \dashrightarrow 00{:}25{:}39.768$  of the measures of the impact of our

NOTE Confidence: 0.9345817

 $00:25:39.856 \longrightarrow 00:25:42.516$  curriculum in the context of this talk.

NOTE Confidence: 0.9345817

00:25:42.520 --> 00:25:43.892 If I had shown you what you're

NOTE Confidence: 0.9345817

00:25:43.892 --> 00:25:47.040 seeing right now, all of it at once,

 $00:25:47.040 \longrightarrow 00:25:49.399$  it it would be hard to see,

NOTE Confidence: 0.9345817

 $00:25:49.400 \longrightarrow 00:25:50.140$  you know,

NOTE Confidence: 0.9345817

 $00:25:50.140 \longrightarrow 00:25:53.100$  to to really have an aha moment to

NOTE Confidence: 0.9345817

 $00:25:53.188 \longrightarrow 00:25:56.500$  let some time to see the change,

NOTE Confidence: 0.9345817

 $00{:}25{:}56.500 \dashrightarrow 00{:}25{:}58.420$  to think yourself what do you

NOTE Confidence: 0.9345817

 $00:25:58.420 \longrightarrow 00:26:00.589$  think when you think of a child

NOTE Confidence: 0.9345817

 $00:26:00.589 \longrightarrow 00:26:02.514$  in a wheelchair And then to have

NOTE Confidence: 0.9345817

 $00:26:02.580 \longrightarrow 00:26:03.860$  the ability to talk.

NOTE Confidence: 0.9345817

00:26:03.860 --> 00:26:05.460 So once again, layering,

NOTE Confidence: 0.9345817

 $00:26:05.460 \longrightarrow 00:26:08.154$  in this case, not very complex,

NOTE Confidence: 0.9345817

 $00{:}26{:}08.154 \dashrightarrow 00{:}26{:}10.146$  It's just something appearing

NOTE Confidence: 0.9345817

 $00:26:10.146 \longrightarrow 00:26:12.260$  that wasn't there before.

NOTE Confidence: 0.9345817

00:26:12.260 --> 00:26:14.017 You're not giving it all at once.

NOTE Confidence: 0.93886334

 $00:26:18.500 \longrightarrow 00:26:19.700$  From a technical point of view,

NOTE Confidence: 0.93886334

00:26:19.700 --> 00:26:20.820 if you don't know this,

 $00:26:20.820 \longrightarrow 00:26:22.098$  this may be a second good

NOTE Confidence: 0.93886334

 $00{:}26{:}22.098 \dashrightarrow 00{:}26{:}23.658$  thing for you to you know not.

NOTE Confidence: 0.93886334

 $00:26:23.660 \longrightarrow 00:26:27.874$  Never forget the single most powerful and

NOTE Confidence: 0.93886334

 $00:26:27.874 \longrightarrow 00:26:32.277$  important key on PowerPoint is the B key.

NOTE Confidence: 0.93886334

 $00:26:32.280 \longrightarrow 00:26:35.760$  BSN boy. Because when you're in

NOTE Confidence: 0.93886334

 $00{:}26{:}35.760 \dashrightarrow 00{:}26{:}37.280$  this light presentation mode,

NOTE Confidence: 0.93886334

 $00:26:37.280 \longrightarrow 00:26:40.118$  what happens is that this happens.

NOTE Confidence: 0.93886334

 $00{:}26{:}40.120 \dashrightarrow 00{:}26{:}42.144$  I just press my B key, things go

NOTE Confidence: 0.93886334

00:26:42.144 --> 00:26:44.000 away and now I can connect with you.

NOTE Confidence: 0.93886334

 $00:26:44.000 \longrightarrow 00:26:45.158$  Now I can speak with you.

NOTE Confidence: 0.93886334

 $00:26:45.160 \longrightarrow 00:26:47.905$  Now we don't need to be dealing

NOTE Confidence: 0.93886334

 $00:26:47.905 \longrightarrow 00:26:50.695$  with PowerPoint and I can always

NOTE Confidence: 0.93886334

 $00:26:50.695 \longrightarrow 00:26:53.279$  come back pressing any other key.

NOTE Confidence: 0.93886334

 $00:26:53.280 \longrightarrow 00:26:56.046$  The W of white is similar,

NOTE Confidence: 0.93886334

 $00:26:56.050 \longrightarrow 00:26:58.735$  although probably the the

NOTE Confidence: 0.93886334

 $00:26:58.735 \longrightarrow 00:27:00.883$  B is more effective.

 $00:27:00.890 \longrightarrow 00:27:02.638$  So incredibly powerful tool.

NOTE Confidence: 0.93886334

 $00{:}27{:}02.638 \dashrightarrow 00{:}27{:}06.050$  When you really want to recenter attention,

NOTE Confidence: 0.93886334

 $00:27:06.050 \longrightarrow 00:27:08.130$  you want your participants to look at you.

NOTE Confidence: 0.93886334

 $00:27:08.130 \longrightarrow 00:27:09.342$  You want to forget about the

NOTE Confidence: 0.93886334

 $00:27:09.342 \longrightarrow 00:27:10.690$  darn thing up on the screen.

NOTE Confidence: 0.9370067

 $00:27:14.810 \longrightarrow 00:27:17.550$  So couple of pointers

NOTE Confidence: 0.9370067

00:27:17.550 --> 00:27:19.605 about format formatting.

NOTE Confidence: 0.93442166

00:27:22.010 --> 00:27:24.482 You probably know that in PowerPoint you can

NOTE Confidence: 0.93442166

 $00:27:24.482 \longrightarrow 00:27:27.898$  do all sorts of formats and that nowadays

NOTE Confidence: 0.93442166

 $00:27:27.898 \longrightarrow 00:27:32.010$  most presentations are done in wide screen.

NOTE Confidence: 0.93442166

 $00:27:32.010 \longrightarrow 00:27:33.858$  White screen is a format that fills

NOTE Confidence: 0.93442166

 $00:27:33.858 \longrightarrow 00:27:35.742$  your whole screen, so it's very good.

NOTE Confidence: 0.93442166

 $00:27:35.742 \longrightarrow 00:27:37.730$  Especially now in the age of zoom,

NOTE Confidence: 0.93442166

 $00:27:37.730 \longrightarrow 00:27:40.898$  it's rare these days to have

NOTE Confidence: 0.93442166

 $00:27:40.898 \longrightarrow 00:27:43.470$  the four by three format.

 $00:27:43.470 \longrightarrow 00:27:47.298$  It's very easy in the format page set up

NOTE Confidence: 0.93442166

 $00:27:47.298 \longrightarrow 00:27:50.530$  and you just choose any number of formats,

NOTE Confidence: 0.93442166

 $00:27:50.530 \longrightarrow 00:27:53.230$  but white screen is quite important

NOTE Confidence: 0.93442166

 $00:27:53.230 \longrightarrow 00:27:55.890$  and it's very visually appealing.

NOTE Confidence: 0.93442166

 $00:27:55.890 \longrightarrow 00:27:58.155$  It's very cinematographic and there's

NOTE Confidence: 0.93442166

 $00:27:58.155 \longrightarrow 00:28:01.169$  more real estate to put in there.

NOTE Confidence: 0.93442166

 $00:28:01.170 \longrightarrow 00:28:03.718$  You don't want to have your presentation

NOTE Confidence: 0.93442166

00:28:03.718 --> 00:28:07.528 and then black lost space on both sides,

NOTE Confidence: 0.93442166

 $00{:}28{:}07.530 \dashrightarrow 00{:}28{:}11.583$  so that's that and there's templates

NOTE Confidence: 0.93442166

 $00:28:11.583 \longrightarrow 00:28:14.649$  in this talk as you've seen.

NOTE Confidence: 0.93442166

00:28:14.650 --> 00:28:16.060 Hopefully you notice or now bring

NOTE Confidence: 0.93442166

 $00:28:16.060 \longrightarrow 00:28:16.765$  to your attention.

NOTE Confidence: 0.93442166

 $00:28:16.770 \longrightarrow 00:28:18.418$  I've used two templates,

NOTE Confidence: 0.93442166

00:28:18.418 --> 00:28:22.100 so when we did the Yale CMD credit

NOTE Confidence: 0.93442166

 $00:28:22.100 \longrightarrow 00:28:25.744$  slide it was this template and then

NOTE Confidence: 0.93442166

 $00:28:25.744 \longrightarrow 00:28:28.200$  the rest of the slides is a template

 $00{:}28{:}28.271 \dashrightarrow 00{:}28{:}30.728$  that I created with these two lines.

NOTE Confidence: 0.93442166

 $00:28:30.730 \longrightarrow 00:28:33.450$  So a couple of things.

NOTE Confidence: 0.93442166

 $00:28:33.450 \longrightarrow 00:28:35.886$  Choose whatever template makes you happy.

NOTE Confidence: 0.93442166

00:28:35.890 --> 00:28:38.926 I would recommend less is more,

NOTE Confidence: 0.92860967

 $00:28:41.690 \longrightarrow 00:28:44.930$  but try to stick to the same one if you can.

NOTE Confidence: 0.92860967

 $00:28:44.930 \longrightarrow 00:28:46.526$  I haven't been very good about this.

NOTE Confidence: 0.92860967

 $00:28:46.530 \longrightarrow 00:28:48.798$  I've used all sorts of templates

NOTE Confidence: 0.92860967

 $00:28:48.800 \longrightarrow 00:28:50.252$  over my career and what's difficult

NOTE Confidence: 0.92860967

 $00{:}28{:}50.252 \dashrightarrow 00{:}28{:}52.202$  is that when you then want to mix

NOTE Confidence: 0.92860967

00:28:52.202 --> 00:28:53.600 and match and move things around,

NOTE Confidence: 0.92860967

 $00{:}28{:}53.600 \dashrightarrow 00{:}28{:}55.120$  it makes it a little bit more complicated.

NOTE Confidence: 0.92860967

00:28:55.120 --> 00:28:58.000 So pick one that you're happy

NOTE Confidence: 0.92860967

 $00{:}28{:}58.000 \dashrightarrow 00{:}29{:}00.034$  with and you can just make it up

NOTE Confidence: 0.9336874

 $00:29:03.680 \longrightarrow 00:29:05.692$  and whatever you choose.

NOTE Confidence: 0.9336874

 $00:29:05.692 \longrightarrow 00:29:08.207$  Also remember that the background

 $00:29:08.207 \longrightarrow 00:29:10.199$  sometimes is really annoying.

NOTE Confidence: 0.9336874

 $00:29:10.200 \longrightarrow 00:29:12.958$  So if you go to this one,

NOTE Confidence: 0.9336874

 $00:29:12.960 \longrightarrow 00:29:14.479$  let's say that all my slides were

NOTE Confidence: 0.9336874

00:29:14.479 --> 00:29:15.920 in this using this background,

NOTE Confidence: 0.92888904

 $00:29:18.120 \longrightarrow 00:29:20.219$  but I want to just to show an image or a

NOTE Confidence: 0.92888904

00:29:20.219 --> 00:29:22.055 word or I didn't want to be reading Yale

NOTE Confidence: 0.92888904

 $00:29:22.105 \longrightarrow 00:29:23.993$  Medical School or Yel CME and all that,

NOTE Confidence: 0.92888904

 $00:29:24.000 \longrightarrow 00:29:25.720$  it just didn't belong there.

NOTE Confidence: 0.92888904

 $00:29:25.720 \longrightarrow 00:29:29.000$  You can just go into right click on the

NOTE Confidence: 0.92888904

00:29:29.000 --> 00:29:31.412 slide and it will give you an option for

NOTE Confidence: 0.92888904

 $00:29:31.412 \longrightarrow 00:29:33.860$  background and you can say I think it's a

NOTE Confidence: 0.92888904

00:29:33.922 --> 00:29:36.280 race background or something like that.

NOTE Confidence: 0.92888904

 $00:29:36.280 \longrightarrow 00:29:38.720$  So it won't affect all the other slides,

NOTE Confidence: 0.92888904

 $00:29:38.720 \longrightarrow 00:29:41.276$  but it affects that individual slide.

NOTE Confidence: 0.92888904

00:29:41.280 --> 00:29:42.600 When you start noticing these things,

NOTE Confidence: 0.92888904

00:29:42.600 --> 00:29:45.316 and I do, it becomes very irritating

00:29:45.316 --> 00:29:48.164 when you see background that is not

NOTE Confidence: 0.92888904

 $00{:}29{:}48.164 \dashrightarrow 00{:}29{:}50.588$  adding anything and it's just yet

NOTE Confidence: 0.92888904

 $00:29:50.588 \longrightarrow 00:29:52.178$  again another visual distraction in

NOTE Confidence: 0.92888904

00:29:52.178 --> 00:29:54.321 another set of words that you don't

NOTE Confidence: 0.92888904

 $00:29:54.321 \longrightarrow 00:29:55.947$  want to be paying attention to.

NOTE Confidence: 0.92888904

00:29:55.950 --> 00:29:57.707 So blocking background can be very helpful.

NOTE Confidence: 0.92984873

 $00:30:01.230 \longrightarrow 00:30:05.110$  Ontology. There are many fonts as you know.

NOTE Confidence: 0.92984873

00:30:05.110 --> 00:30:07.310 Here again, take one and stick to it.

NOTE Confidence: 0.92984873

 $00:30:07.310 \longrightarrow 00:30:09.895$  But the key thing is that for

NOTE Confidence: 0.92984873

00:30:09.895 --> 00:30:11.470 those of you who love this stuff,

NOTE Confidence: 0.92984873

 $00:30:11.470 \longrightarrow 00:30:13.890$  there are serif fonts and

NOTE Confidence: 0.92984873

00:30:13.890 --> 00:30:16.058 San Seraphonso serif fonts,

NOTE Confidence: 0.92984873

 $00:30:16.058 \longrightarrow 00:30:18.782$  as a reminder, have these little

NOTE Confidence: 0.92984873

 $00:30:18.782 \longrightarrow 00:30:20.966$  lines that carry on little lines,

NOTE Confidence: 0.92984873

 $00:30:20.970 \longrightarrow 00:30:25.567$  little lines at the at the bottom and

00:30:25.567 --> 00:30:27.709 in serif font fonts are particularly

NOTE Confidence: 0.92984873

 $00:30:27.709 \longrightarrow 00:30:29.942$  good for printed materials because it

NOTE Confidence: 0.92984873

00:30:29.942 --> 00:30:32.490 makes it easy to read long sentences,

NOTE Confidence: 0.92984873

 $00:30:32.490 \longrightarrow 00:30:35.529$  books, novels, etcetera.

NOTE Confidence: 0.92984873

 $00:30:35.530 \longrightarrow 00:30:38.110$  They're terrible in PowerPoint.

NOTE Confidence: 0.92984873

 $00:30:38.110 \longrightarrow 00:30:40.690$  Don't use serif fonts.

NOTE Confidence: 0.92984873

 $00:30:40.690 \longrightarrow 00:30:43.469$  Sans serif fonts do not have those

NOTE Confidence: 0.92984873

 $00:30:43.469 \longrightarrow 00:30:46.762$  little legs or extensions and they are

NOTE Confidence: 0.92984873

 $00:30:46.762 \longrightarrow 00:30:50.109$  much easier to read on the screen.

NOTE Confidence: 0.92984873

00:30:50.110 --> 00:30:50.814 You remember,

NOTE Confidence: 0.92984873

 $00:30:50.814 \dashrightarrow 00:30:53.630$  you're not going to be writing many words,

NOTE Confidence: 0.92984873

 $00:30:53.630 \longrightarrow 00:30:55.907$  so the few words are going to pop up.

NOTE Confidence: 0.92984873

 $00:30:55.910 \longrightarrow 00:30:58.814$  It pops up and the two big

NOTE Confidence: 0.92984873

 $00:30:58.814 \longrightarrow 00:31:01.308$  ones are Ariel and Calibri.

NOTE Confidence: 0.92984873

 $00:31:01.310 \longrightarrow 00:31:05.027$  I've used Avenir. It it doesn't matter.

NOTE Confidence: 0.92984873

 $00:31:05.030 \longrightarrow 00:31:05.910$  There's a couple of them.

 $00{:}31{:}05.910 \dashrightarrow 00{:}31{:}09.270$  But always stick to a sans serif font.

NOTE Confidence: 0.93483114

 $00:31:13.590 \longrightarrow 00:31:16.422$  Something that's very annoying is when

NOTE Confidence: 0.93483114

 $00:31:16.422 \longrightarrow 00:31:20.029$  you see a pixelated image on PowerPoint.

NOTE Confidence: 0.93483114

 $00:31:20.030 \longrightarrow 00:31:23.306$  The this example of President Obama.

NOTE Confidence: 0.93483114

 $00{:}31{:}23.310 \dashrightarrow 00{:}31{:}25.686$  Of course it's an exaggeration to make a

NOTE Confidence: 0.93483114

 $00:31:25.686 \longrightarrow 00:31:29.243$  point, but you often see these terribly

NOTE Confidence: 0.93483114

 $00:31:29.243 \longrightarrow 00:31:32.547$  pixelated images like the one in the middle.

NOTE Confidence: 0.93483114

 $00{:}31{:}32.550 \dashrightarrow 00{:}31{:}33.950$  That detract because your brain

NOTE Confidence: 0.93483114

 $00:31:33.950 \longrightarrow 00:31:35.710$  is trying to make sense of it.

NOTE Confidence: 0.93483114

00:31:35.710 --> 00:31:38.410 It's trying to impose some

NOTE Confidence: 0.93483114

 $00:31:38.410 \longrightarrow 00:31:40.030$  organization to it.

NOTE Confidence: 0.93483114

 $00:31:40.030 \longrightarrow 00:31:41.790$  So when you use images,

NOTE Confidence: 0.93483114

 $00:31:41.790 \longrightarrow 00:31:44.194$  and I am a big believer and

NOTE Confidence: 0.93483114

00:31:44.194 --> 00:31:46.104 user and enthusiast of images,

NOTE Confidence: 0.93483114

 $00:31:46.110 \longrightarrow 00:31:49.026$  always look for high resolution images.

 $00:31:49.030 \longrightarrow 00:31:51.270$  When you Google for the image and

NOTE Confidence: 0.93483114

 $00:31:51.270 \longrightarrow 00:31:54.150$  like you saw the papers that I cited,

NOTE Confidence: 0.93483114

 $00:31:54.150 \longrightarrow 00:31:57.587$  you can always clip from a paper,

NOTE Confidence: 0.93483114

00:31:57.590 --> 00:32:00.974 from a PDF, from a website and get

NOTE Confidence: 0.93483114

 $00:32:00.974 \longrightarrow 00:32:03.427$  high resolution things to clip on.

NOTE Confidence: 0.93483114

 $00:32:03.430 \longrightarrow 00:32:06.070$  So be be very mindful of the resolution.

NOTE Confidence: 0.93483114

 $00:32:06.070 \longrightarrow 00:32:06.721$  It can be.

NOTE Confidence: 0.93483114

 $00:32:06.721 \longrightarrow 00:32:07.589$  It can be annoying.

NOTE Confidence: 0.9185417

 $00{:}32{:}12.280 \to 00{:}32{:}14.000$  When PowerPoint was initially made,

NOTE Confidence: 0.9185417

 $00:32:14.000 \longrightarrow 00:32:15.000$  it was all about the,

NOTE Confidence: 0.9185417

 $00{:}32{:}15.000 \dashrightarrow 00{:}32{:}16.560$  you know, lists and bullets.

NOTE Confidence: 0.9185417

 $00:32:16.560 \longrightarrow 00:32:17.705$  Lists and bullets and lists

NOTE Confidence: 0.9185417

 $00:32:17.705 \longrightarrow 00:32:19.080$  and bullets and and by now,

NOTE Confidence: 0.9185417

 $00:32:19.080 \longrightarrow 00:32:20.180$  I think that we're all

NOTE Confidence: 0.9185417

 $00:32:20.180 \longrightarrow 00:32:21.280$  sick of lists and bullets.

NOTE Confidence: 0.9185417

 $00:32:21.280 \longrightarrow 00:32:24.157$  It doesn't mean that they're not helpful,

 $00:32:24.160 \longrightarrow 00:32:25.840$  but be mindful of them.

NOTE Confidence: 0.9185417

00:32:25.840 --> 00:32:27.664 You know, not everything needs to

NOTE Confidence: 0.9185417

 $00:32:27.664 \longrightarrow 00:32:30.109$  be a list and the bulleted list.

NOTE Confidence: 0.9185417

 $00:32:30.110 \longrightarrow 00:32:32.326$  One example are the table of contents and

NOTE Confidence: 0.9185417

 $00:32:32.326 \longrightarrow 00:32:34.245$  reminders of giving you an example, right.

NOTE Confidence: 0.9185417

 $00:32:34.245 \longrightarrow 00:32:35.470$  This is what we're going to do.

NOTE Confidence: 0.9185417

 $00:32:35.470 \longrightarrow 00:32:36.630$  This is what we're doing.

NOTE Confidence: 0.9185417

 $00:32:36.630 \longrightarrow 00:32:38.670$  This is what we did periodically,

NOTE Confidence: 0.9185417

 $00:32:38.670 \longrightarrow 00:32:40.630$  a reminder that also introduces

NOTE Confidence: 0.9185417

 $00:32:40.630 \longrightarrow 00:32:42.590$  some familiarity with the topic

NOTE Confidence: 0.93829656

 $00{:}32{:}47.550 \dashrightarrow 00{:}32{:}50.140$  embedding. So there's so much to say

NOTE Confidence: 0.93829656

00:32:50.140 --> 00:32:52.428 about embedding that the next session,

NOTE Confidence: 0.93829656

 $00:32:52.430 \longrightarrow 00:32:54.270$  about a month from now,

NOTE Confidence: 0.93829656

 $00:32:54.270 \longrightarrow 00:32:57.270$  is going to be all about teaching with

NOTE Confidence: 0.93829656

 $00:32:57.270 \longrightarrow 00:32:59.922$  technology and how to embed either into a

 $00:32:59.922 \longrightarrow 00:33:01.866$  PowerPoint or separate from a PowerPoint.

NOTE Confidence: 0.93829656

00:33:01.870 --> 00:33:04.110 All sorts of graphic thingies,

NOTE Confidence: 0.93829656

 $00:33:04.110 \longrightarrow 00:33:08.826$  video eye candy poles, interactive things.

NOTE Confidence: 0.93829656

 $00:33:08.830 \longrightarrow 00:33:10.948$  There's lots and lots of things,

NOTE Confidence: 0.93829656

 $00:33:10.950 \longrightarrow 00:33:13.438$  but I want to give you an example

NOTE Confidence: 0.93829656

00:33:13.438 --> 00:33:15.794 here of how embedding something

NOTE Confidence: 0.93829656

00:33:15.794 --> 00:33:18.349 can really change the game.

NOTE Confidence: 0.93829656

 $00:33:18.350 \longrightarrow 00:33:21.182$  Now this is going to be the mentally

NOTE Confidence: 0.93829656

00:33:21.182 --> 00:33:22.828 interactive part of this talk,

NOTE Confidence: 0.93829656

 $00:33:22.830 \longrightarrow 00:33:24.074$  or one of them.

NOTE Confidence: 0.93829656

00:33:24.074 --> 00:33:27.482 So I'm going to show you a video that is less

NOTE Confidence: 0.93829656

 $00:33:27.482 \longrightarrow 00:33:30.110$  than a minute long or about a minute long.

NOTE Confidence: 0.93829656

 $00:33:30.110 \longrightarrow 00:33:31.470$  And as you watch it,

NOTE Confidence: 0.93829656

00:33:31.470 --> 00:33:35.030 I want you to figure out what it is about,

NOTE Confidence: 0.93829656

 $00:33:35.030 \longrightarrow 00:33:36.618$  what is happening here,

NOTE Confidence: 0.93829656

 $00:33:36.618 \longrightarrow 00:33:40.020$  because I can tell you that it is a topic.

 $00:33:40.020 \longrightarrow 00:33:41.670$  If that is near and dear,

NOTE Confidence: 0.93829656

 $00:33:41.670 \longrightarrow 00:33:43.198$  I think to many,

NOTE Confidence: 0.93829656

 $00:33:43.198 \longrightarrow 00:33:45.108$  of not all of us.

NOTE Confidence: 0.93829656

 $00:33:45.110 \longrightarrow 00:33:46.888$  And the idea is that if we

NOTE Confidence: 0.93829656

 $00:33:46.888 \longrightarrow 00:33:48.828$  were to talk about this topic,

NOTE Confidence: 0.93829656

 $00:33:48.830 \longrightarrow 00:33:51.094$  we could probably spend a whole hour after

NOTE Confidence: 0.93829656

 $00:33:51.094 \longrightarrow 00:33:53.368$  that was one minute talking about it.

NOTE Confidence: 0.93829656

 $00:33:53.368 \longrightarrow 00:33:54.466$  But for now,

NOTE Confidence: 0.93829656

 $00:33:54.470 \longrightarrow 00:33:57.228$  just as your mental exercise of engagement,

NOTE Confidence: 0.93829656

 $00:33:57.230 \longrightarrow 00:33:58.504$  what do you think this is about?

NOTE Confidence: 0.93829656

 $00:33:58.510 \longrightarrow 00:33:59.110$  I'm not telling you.

NOTE Confidence: 0.857198381666667

 $00:35:10.180 \longrightarrow 00:35:14.331$  So this sound, this video was went to me

NOTE Confidence: 0.857198381666667

 $00{:}35{:}14.331 \dashrightarrow 00{:}35{:}15.873$  by my collaborator and colleague Maya,

NOTE Confidence: 0.857198381666667

 $00:35:15.880 \longrightarrow 00:35:19.072$  done from from Stanford. You can imagine.

NOTE Confidence: 0.857198381666667

 $00:35:19.072 \dashrightarrow 00:35:22.375$  I mean, I I can just feel it that we could

 $00:35:22.375 \longrightarrow 00:35:24.197$  go on talking and talking right about this.

NOTE Confidence: 0.857198381666667

 $00:35:24.200 \dashrightarrow 00:35:26.090$  This could be Dana, this could be a whole

NOTE Confidence: 0.857198381666667

 $00:35:26.090 \longrightarrow 00:35:27.858$  other session on imposter syndrome, right?

NOTE Confidence: 0.857198381666667

 $00:35:27.858 \longrightarrow 00:35:29.384$  Or unless maybe only Dana Dunn and

NOTE Confidence: 0.857198381666667

 $00:35:29.384 \longrightarrow 00:35:31.077$  I are the only ones who felt it,

NOTE Confidence: 0.857198381666667

 $00:35:31.080 \longrightarrow 00:35:32.130$  but I've heard that there may

NOTE Confidence: 0.857198381666667

 $00:35:32.130 \longrightarrow 00:35:33.240$  be a third person out there.

NOTE Confidence: 0.857198381666667

 $00:35:33.240 \longrightarrow 00:35:37.560$  So anyway, you can see the power of an

NOTE Confidence: 0.857198381666667

 $00{:}35{:}37.560 \dashrightarrow 00{:}35{:}41.439$  image of a short video in starting things

NOTE Confidence: 0.9282837

 $00:35:45.140 \longrightarrow 00:35:50.068$  as you are putting your slide deck together.

NOTE Confidence: 0.9282837

00:35:50.068 --> 00:35:53.360 I could rule of thumb is one

NOTE Confidence: 0.9282837

 $00:35:53.360 \longrightarrow 00:35:55.340$  minute per slide on average.

NOTE Confidence: 0.9282837

 $00:35:55.340 \longrightarrow 00:35:57.356$  As you get more facile and depending on the

NOTE Confidence: 0.9282837

 $00:35:57.356 \longrightarrow 00:35:59.254$  content sometimes it could be two per minute.

NOTE Confidence: 0.9282837

00:35:59.260 --> 00:36:02.176 But I think that, you know,

NOTE Confidence: 0.9282837

 $00:36:02.180 \longrightarrow 00:36:05.348$  3540 minutes in for a one hour is

 $00:36:05.348 \longrightarrow 00:36:08.258$  about all that a brain can take,

NOTE Confidence: 0.9282837

 $00:36:08.260 \longrightarrow 00:36:12.130$  but one minute on average.

NOTE Confidence: 0.9282837

00:36:12.130 --> 00:36:13.370 And we're almost there, right,

NOTE Confidence: 0.9282837

00:36:13.370 --> 00:36:14.528 Because now we're going to go,

NOTE Confidence: 0.9282837

 $00:36:14.530 \longrightarrow 00:36:16.395$  I told you the shortest

NOTE Confidence: 0.9282837

 $00:36:16.395 \longrightarrow 00:36:17.887$  part which is presenting.

NOTE Confidence: 0.9282837

00:36:17.890 --> 00:36:19.450 If you've done all of this,

NOTE Confidence: 0.9282837

 $00{:}36{:}19.450 \dashrightarrow 00{:}36{:}21.826$  the presenting part should

NOTE Confidence: 0.9282837

 $00:36:21.826 \longrightarrow 00:36:23.608$  be pretty straightforward.

NOTE Confidence: 0.9282837

 $00{:}36{:}23.610 \dashrightarrow 00{:}36{:}27.818$  So in presenting and I can tell you this

NOTE Confidence: 0.9282837

 $00:36:27.818 \longrightarrow 00:36:30.205$  is what I did as early as this morning.

NOTE Confidence: 0.9233804

 $00:36:33.170 \longrightarrow 00:36:35.529$  Slide sorter, slide sorter is your friend.

NOTE Confidence: 0.9233804

 $00{:}36{:}35.530 \dashrightarrow 00{:}36{:}37.070$  This is a different presentation

NOTE Confidence: 0.9233804

00:36:37.070 --> 00:36:38.610 that I'm showing you here,

NOTE Confidence: 0.9233804

 $00:36:38.610 \longrightarrow 00:36:42.230$  but I gave a presentation and tell them

 $00:36:42.230 \longrightarrow 00:36:44.750$  the last minute I was making changes.

NOTE Confidence: 0.9233804

 $00{:}36{:}44.750 \dashrightarrow 00{:}36{:}47.492$  The slides order view provides you

NOTE Confidence: 0.9233804

 $00:36:47.492 \longrightarrow 00:36:50.285$  with a 30,000 feet view of what it

NOTE Confidence: 0.9233804

 $00:36:50.285 \longrightarrow 00:36:52.363$  is that you're doing and it allows

NOTE Confidence: 0.9233804

 $00:36:52.363 \longrightarrow 00:36:54.731$  you to move things around so that you

NOTE Confidence: 0.9233804

 $00:36:54.797 \longrightarrow 00:36:57.247$  can tell that story and follow that

NOTE Confidence: 0.9233804

 $00{:}36{:}57.247 \dashrightarrow 00{:}37{:}00.590$  narrative arch in a way that is better.

NOTE Confidence: 0.9233804

00:37:00.590 --> 00:37:02.558 And it's a beauty of PowerPoint, right?

NOTE Confidence: 0.9233804

 $00:37:02.558 \dashrightarrow 00:37:04.542$  That we can change things to the very,

NOTE Confidence: 0.9233804

 $00:37:04.550 \longrightarrow 00:37:06.074$  very last minute, which didn't used

NOTE Confidence: 0.9233804

 $00:37:06.074 \longrightarrow 00:37:08.350$  to be the case with the old slides,

NOTE Confidence: 0.9233804

 $00:37:08.350 \longrightarrow 00:37:10.750$  but the slide sorter is very,

NOTE Confidence: 0.9233804

 $00:37:10.750 \longrightarrow 00:37:11.670$  very useful.

NOTE Confidence: 0.9320116

00:37:14.230 --> 00:37:17.766 And here you see 59 slides, 60 minutes.

NOTE Confidence: 0.9320116

 $00:37:17.766 \longrightarrow 00:37:21.830$  It's about as much as can be packed.

NOTE Confidence: 0.9320116

 $00:37:21.830 \longrightarrow 00:37:24.323$  But I encourage you to use that slide sorter

 $00:37:24.323 \longrightarrow 00:37:26.572$  and to change things as you find around.

NOTE Confidence: 0.9320116

 $00:37:26.572 \longrightarrow 00:37:29.379$  I also pay a lot of attention to the

NOTE Confidence: 0.9320116

 $00:37:29.379 \longrightarrow 00:37:31.429$  contrast between words and images.

NOTE Confidence: 0.9320116

00:37:31.430 --> 00:37:34.030 And if you if I have 100 slides with images,

NOTE Confidence: 0.9320116

00:37:34.030 --> 00:37:36.010 may be I need to put some

NOTE Confidence: 0.9320116

 $00:37:36.010 \longrightarrow 00:37:37.330$  words and vice versa.

NOTE Confidence: 0.9320116

 $00:37:37.330 \longrightarrow 00:37:40.560$  But the ratio of words you see is low and

NOTE Confidence: 0.9320116

 $00:37:40.560 \longrightarrow 00:37:44.130$  the words are usually in few sentences,

NOTE Confidence: 0.9320116

00:37:44.130 --> 00:37:47.613 maybe 4-5 Max in a slide in just a

NOTE Confidence: 0.9320116

 $00:37:47.613 \longrightarrow 00:37:50.321$  couple of words per sentence and

NOTE Confidence: 0.9320116

00:37:50.321 --> 00:37:53.490 you don't need a full sentence.

NOTE Confidence: 0.9320116

 $00{:}37{:}53.490 \dashrightarrow 00{:}37{:}55.392$  This is not grammar school and

NOTE Confidence: 0.9320116

 $00{:}37{:}55.392 --> 00{:}37{:}57.170$  this is not a novel.

NOTE Confidence: 0.9320116

 $00:37:57.170 \longrightarrow 00:38:00.070$  These are just keywords to

NOTE Confidence: 0.9320116

 $00:38:00.070 \longrightarrow 00:38:02.650$  stick into the learner's brain.

 $00:38:05.210 \longrightarrow 00:38:08.388$  The other the thing that I find

NOTE Confidence: 0.929310945454545

 $00:38:08.388 \longrightarrow 00:38:10.757$  incredibly helpful is this for

NOTE Confidence: 0.929310945454545

 $00:38:10.757 \longrightarrow 00:38:14.219$  timing purposes is a percent review.

NOTE Confidence: 0.929310945454545

 $00:38:14.220 \longrightarrow 00:38:16.054$  What I have here is a screenshot

NOTE Confidence: 0.929310945454545

 $00:38:16.054 \longrightarrow 00:38:18.232$  of what it looks like. This is.

NOTE Confidence: 0.929310945454545

 $00:38:18.232 \longrightarrow 00:38:21.315$  I'm on a Mac, so this is how on

NOTE Confidence: 0.929310945454545

00:38:21.315 --> 00:38:23.580 a Mac percent review looks like.

NOTE Confidence: 0.929310945454545

00:38:23.580 --> 00:38:26.177 Now it's very easy when you're here

NOTE Confidence: 0.929310945454545

 $00{:}38{:}26.177 \dashrightarrow 00{:}38{:}28.592$  because let's say that I'm in this

NOTE Confidence: 0.929310945454545

 $00:38:28.592 \longrightarrow 00:38:32.099$  slide and I have only 30 seconds left.

NOTE Confidence: 0.929310945454545

00:38:32.100 --> 00:38:34.804 I'm not going to run through the everything,

NOTE Confidence: 0.929310945454545

 $00:38:34.810 \longrightarrow 00:38:36.714$  but I can quickly click on this

NOTE Confidence: 0.929310945454545

 $00:38:36.714 \longrightarrow 00:38:38.926$  slide and jump 6 or 10 or however

NOTE Confidence: 0.929310945454545

 $00:38:38.926 \longrightarrow 00:38:39.724$  many slides ahead

NOTE Confidence: 0.9304815

 $00:38:41.970 \longrightarrow 00:38:44.570$  in. In this day and age of Zoom,

NOTE Confidence: 0.9304815

 $00:38:44.570 \longrightarrow 00:38:45.650$  you can't quite do this.

00:38:45.650 --> 00:38:47.720 So right now I'm talking to

NOTE Confidence: 0.9304815

 $00:38:47.720 \longrightarrow 00:38:50.009$  you on Zoom on my laptop.

NOTE Confidence: 0.9304815

 $00:38:50.010 \longrightarrow 00:38:54.060$  But I have here on my computer a panel

NOTE Confidence: 0.9304815

 $00:38:54.060 \longrightarrow 00:38:56.244$  showing me something very similar

NOTE Confidence: 0.9304815

 $00{:}38{:}56.244 \dashrightarrow 00{:}39{:}00.410$  and I know that I have 7 minutes

NOTE Confidence: 0.9304815

 $00:39:00.410 \longrightarrow 00:39:04.256$  Max to leave time for discussion.

NOTE Confidence: 0.9304815

00:39:04.260 --> 00:39:05.576 So if I run out of time,

NOTE Confidence: 0.9304815

 $00:39:05.580 \longrightarrow 00:39:06.820$  I'm not going to be,

NOTE Confidence: 0.9304815

 $00:39:06.820 \longrightarrow 00:39:08.252$  which drives everyone crazy,

NOTE Confidence: 0.9304815

 $00:39:08.252 \longrightarrow 00:39:10.747$  but I'm just going to jump to

NOTE Confidence: 0.9304815

 $00:39:10.747 \longrightarrow 00:39:12.707$  the next or the final slide and

NOTE Confidence: 0.9304815

 $00:39:12.707 \longrightarrow 00:39:14.697$  you will not be any the wiser.

NOTE Confidence: 0.91434926 00:39:18.580 --> 00:39:19.020 So NOTE Confidence: 0.91434926

 $00:39:23.700 \longrightarrow 00:39:24.612$  preparing and practicing.

NOTE Confidence: 0.91434926

00:39:24.612 --> 00:39:28.900 So again, some very mundane things.

 $00:39:31.060 \longrightarrow 00:39:31.744$  Transitions.

NOTE Confidence: 0.926436732

00:39:31.744 --> 00:39:34.480 Don't use fancy transitions.

NOTE Confidence: 0.926436732

 $00:39:34.480 \longrightarrow 00:39:36.160$  The ones that go around and do

NOTE Confidence: 0.926436732

00:39:36.160 --> 00:39:37.360 sparkles and forget about it,

NOTE Confidence: 0.926436732

 $00:39:37.360 \longrightarrow 00:39:38.780$  don't ever use those.

NOTE Confidence: 0.926436732

 $00:39:38.780 \longrightarrow 00:39:40.555$  Appear and disappear is enough

NOTE Confidence: 0.9294586

 $00:39:43.200 \longrightarrow 00:39:43.840$  timing

NOTE Confidence: 0.9294586

00:39:46.760 --> 00:39:49.368 practice. Or get a good sense of how

NOTE Confidence: 0.9294586

 $00:39:49.368 \dashrightarrow 00:39:52.478$  long your time is going going to be and

NOTE Confidence: 0.9294586

 $00:39:52.478 \longrightarrow 00:39:55.680$  get breathing room in different parts.

NOTE Confidence: 0.9294586

 $00:39:55.680 \longrightarrow 00:39:57.282$  I'd be familiar with the AV

NOTE Confidence: 0.9294586

 $00:39:57.282 \longrightarrow 00:39:58.840$  equipment in this day and age,

NOTE Confidence: 0.9294586

 $00:39:58.840 \longrightarrow 00:40:00.856$  where once again we have to show

NOTE Confidence: 0.9294586

 $00:40:00.856 \longrightarrow 00:40:03.037$  both on the screen and on zoom,

NOTE Confidence: 0.9294586

 $00:40:03.040 \longrightarrow 00:40:05.320$  and things change all the time,

NOTE Confidence: 0.9294586

 $00:40:05.320 \longrightarrow 00:40:09.070$  so do yourself a favor and get there earlier,

 $00:40:09.070 \longrightarrow 00:40:11.800$  especially for zoom.

NOTE Confidence: 0.9294586

 $00:40:11.800 \longrightarrow 00:40:13.768$  Being old school can be good

NOTE Confidence: 0.9294586

 $00:40:13.768 \longrightarrow 00:40:14.752$  for certain things.

NOTE Confidence: 0.9294586

00:40:14.760 --> 00:40:18.477 I usually don't print out all of my slides,

NOTE Confidence: 0.9294586

 $00:40:18.480 \longrightarrow 00:40:20.208$  although it can be helpful if

NOTE Confidence: 0.9294586

 $00:40:20.208 \longrightarrow 00:40:21.360$  there's a catastrophic thing.

NOTE Confidence: 0.9294586

 $00:40:21.360 \longrightarrow 00:40:23.192$  You have your slides.

NOTE Confidence: 0.9294586

 $00:40:23.192 \longrightarrow 00:40:25.563$  As a discussion, as an outline,

NOTE Confidence: 0.9294586

 $00:40:25.563 \longrightarrow 00:40:26.887$  as we talked about,

NOTE Confidence: 0.9294586

 $00:40:26.890 \longrightarrow 00:40:28.479$  when I need to read certain things

NOTE Confidence: 0.9294586

 $00:40:28.479 \longrightarrow 00:40:30.009$  or remind myself of certain things,

NOTE Confidence: 0.9294586

00:40:30.010 --> 00:40:31.490 I do have, You know,

NOTE Confidence: 0.9294586

 $00:40:31.490 \longrightarrow 00:40:33.893$  paper dongles.

NOTE Confidence: 0.9294586

00:40:33.893 --> 00:40:35.508 Don't assume that where you're

NOTE Confidence: 0.9294586

 $00:40:35.508 \longrightarrow 00:40:37.484$  going to be presenting has the

00:40:37.484 --> 00:40:39.049 right connection to your computer,

NOTE Confidence: 0.9294586

 $00:40:39.050 \longrightarrow 00:40:42.128$  so make it a point to buy one and

NOTE Confidence: 0.9294586

 $00:40:42.128 \longrightarrow 00:40:44.810$  have it with you at all times.

NOTE Confidence: 0.9294586

 $00:40:44.810 \longrightarrow 00:40:47.410$  And this is something that I learned from

NOTE Confidence: 0.9294586

 $00:40:47.410 \longrightarrow 00:40:49.883$  my work with the actors from the theater,

NOTE Confidence: 0.9294586

 $00:40:49.883 \longrightarrow 00:40:50.887$  and it's true here.

NOTE Confidence: 0.9294586

 $00:40:50.890 \longrightarrow 00:40:52.250$  When you're giving a talk,

NOTE Confidence: 0.9294586

 $00:40:52.250 \longrightarrow 00:40:54.566$  getting in early is on time,

NOTE Confidence: 0.9294586

 $00:40:54.570 \longrightarrow 00:40:56.170$  getting on time is late,

NOTE Confidence: 0.9294586

00:40:56.170 --> 00:40:58.528 and getting in late is unacceptable,

NOTE Confidence: 0.9294586

 $00{:}40{:}58.530 \dashrightarrow 00{:}40{:}58.965$  right.

NOTE Confidence: 0.9294586

 $00:40:58.965 \longrightarrow 00:41:01.575$  So always get there a little

NOTE Confidence: 0.9294586

 $00:41:01.575 \longrightarrow 00:41:04.248$  early for those of you who don't

NOTE Confidence: 0.9294586

 $00{:}41{:}04.250 \dashrightarrow 00{:}41{:}06.130$  know that strange word dongle.

NOTE Confidence: 0.9294586

 $00:41:06.130 \longrightarrow 00:41:08.980$  So these this is the typical

NOTE Confidence: 0.9294586

 $00:41:08.980 \longrightarrow 00:41:10.890$  dongle for for an apple.

00:41:10.890 --> 00:41:11.530 And nowadays,

NOTE Confidence: 0.9294586

00:41:11.530 --> 00:41:13.329 most of the connections are this type,

NOTE Confidence: 0.9294586

00:41:13.330 --> 00:41:15.042 which also includes sound,

NOTE Confidence: 0.9294586

 $00:41:15.042 \longrightarrow 00:41:16.754$  which is very convenient,

NOTE Confidence: 0.9294586

 $00{:}41{:}16.760 \dashrightarrow 00{:}41{:}19.259$  but there's also still quite a bit

NOTE Confidence: 0.9294586

 $00:41:19.259 \longrightarrow 00:41:21.400$  of the oldfashioned dongles around.

NOTE Confidence: 0.9294586

00:41:21.400 --> 00:41:22.285 So know where you're going

NOTE Confidence: 0.9294586

 $00{:}41{:}22.285 \to 00{:}41{:}22.993$  to be talking about.

NOTE Confidence: 0.937738

 $00:41:25.560 \longrightarrow 00:41:28.550$  And the last thing, very simple

NOTE Confidence: 0.937738

 $00:41:28.550 \longrightarrow 00:41:31.640$  thing that so many people forget,

NOTE Confidence: 0.937738

 $00:41:31.640 \longrightarrow 00:41:33.278$  don't read the slides, the slides,

NOTE Confidence: 0.937738

 $00:41:33.280 \longrightarrow 00:41:35.060$  know what they're saying and

NOTE Confidence: 0.937738

 $00:41:35.060 \longrightarrow 00:41:36.840$  don't look at the slides.

NOTE Confidence: 0.937738

 $00:41:36.840 \longrightarrow 00:41:38.440$  The slides are, you know,

NOTE Confidence: 0.937738

 $00:41:38.440 \longrightarrow 00:41:40.200$  secure enough in their slightness

 $00:41:40.200 \longrightarrow 00:41:42.680$  that they don't need your validation.

NOTE Confidence: 0.937738

 $00:41:42.680 \longrightarrow 00:41:45.348$  You have the computer in front of you.

NOTE Confidence: 0.937738

00:41:45.350 --> 00:41:46.775 You have learners in front

NOTE Confidence: 0.937738

 $00:41:46.775 \longrightarrow 00:41:48.550$  of you and engage with them.

NOTE Confidence: 0.937738

 $00:41:48.550 \longrightarrow 00:41:49.708$  Engage with them.

NOTE Confidence: 0.937738

00:41:49.708 --> 00:41:52.256 Face the audience, not the slides,

NOTE Confidence: 0.937738

 $00:41:52.256 \longrightarrow 00:41:54.104$  and don't read them.

NOTE Confidence: 0.937738

 $00:41:54.110 \longrightarrow 00:41:56.254$  Please don't read them.

NOTE Confidence: 0.937738

 $00:41:56.254 \longrightarrow 00:42:00.238$  So the executive summary of my talk in 63

NOTE Confidence: 0.937738

 $00:42:00.238 \longrightarrow 00:42:03.630$  Bullets in a bulleted list in Small font.

NOTE Confidence: 0.937738

 $00:42:03.630 \longrightarrow 00:42:05.470$  Executive summary Are you ready?

NOTE Confidence: 0.937738

00:42:05.470 --> 00:42:08.370 Doctor Heffler, Are you ready to take notes?

NOTE Confidence: 0.937738

00:42:08.370 --> 00:42:09.330 Furious. You'll be excited.

NOTE Confidence: 0.937738

00:42:09.330 --> 00:42:09.810 Summary.

NOTE Confidence: 0.937738

 $00:42:09.810 \longrightarrow 00:42:10.290$  Absolutely.

NOTE Confidence: 0.938479

 $00:42:10.330 \longrightarrow 00:42:12.530$  I've got. I want all 63 points, Andreas.

 $00:42:12.650 \longrightarrow 00:42:16.794$  Here it goes, 123. This is it.

NOTE Confidence: 0.938479

 $00:42:16.794 \longrightarrow 00:42:19.242$  You know PowerPoint is a tool.

NOTE Confidence: 0.938479

 $00:42:19.250 \longrightarrow 00:42:22.046$  You are the presentation. I don't.

NOTE Confidence: 0.938479

00:42:22.050 --> 00:42:23.247 I know that you don't believe it,

NOTE Confidence: 0.938479

 $00:42:23.250 \longrightarrow 00:42:24.090$  that we don't believe it,

NOTE Confidence: 0.938479

 $00:42:24.090 \longrightarrow 00:42:25.819$  that we think that we need to

NOTE Confidence: 0.938479

00:42:25.819 --> 00:42:27.130 armor ourselves behind PowerPoint.

NOTE Confidence: 0.938479

 $00{:}42{:}27.130 \to 00{:}42{:}29.510$  But if you bring yourself as an

NOTE Confidence: 0.938479

 $00:42:29.510 \longrightarrow 00:42:32.030$  educator and and remember that this is

NOTE Confidence: 0.938479

00:42:32.030 --> 00:42:34.730 just like a screwdriver or a hammer,

NOTE Confidence: 0.938479

 $00:42:34.730 \longrightarrow 00:42:35.606$  things are going to go much,

NOTE Confidence: 0.938479

00:42:35.610 --> 00:42:36.690 much, much, much better

NOTE Confidence: 0.9298001

 $00:42:39.440 \longrightarrow 00:42:42.240$  in the last two minutes.

NOTE Confidence: 0.9298001

 $00:42:42.240 \longrightarrow 00:42:44.520$  It would be really, really important.

NOTE Confidence: 0.9298001

 $00:42:44.520 \longrightarrow 00:42:46.368$  And I'm asking here on behalf

 $00:42:46.368 \longrightarrow 00:42:48.605$  of Janet and Linda Serro and

NOTE Confidence: 0.9298001

 $00{:}42{:}48.605 \dashrightarrow 00{:}42{:}50.530$  Reagan Carney and every body in

NOTE Confidence: 0.9298001

 $00:42:50.600 \longrightarrow 00:42:52.800$  the center of Medical Education.

NOTE Confidence: 0.9298001

 $00:42:52.800 \longrightarrow 00:42:54.655$  It will be tremendously helpful

NOTE Confidence: 0.9298001

 $00:42:54.655 \longrightarrow 00:42:57.240$  for us to have your feedback.

NOTE Confidence: 0.9298001

 $00:42:57.240 \longrightarrow 00:43:01.195$  You can use the QR code.

NOTE Confidence: 0.9298001

 $00:43:01.200 \longrightarrow 00:43:01.920$  QR codes, by the way,

NOTE Confidence: 0.9298001

 $00:43:01.920 \longrightarrow 00:43:04.330$  are very helpful and I

NOTE Confidence: 0.9298001

 $00{:}43{:}04.330 \dashrightarrow 00{:}43{:}07.300$  also will put in the chat

NOTE Confidence: 0.9355849

 $00:43:09.340 \longrightarrow 00:43:10.352$  everyone in the meeting.

NOTE Confidence: 0.9355849

 $00:43:10.352 \longrightarrow 00:43:11.617$  I'm going to put it.

NOTE Confidence: 0.9355849

00:43:11.620 --> 00:43:13.492 If you prefer to do it through your computer,

NOTE Confidence: 0.9355849

 $00:43:13.500 \longrightarrow 00:43:15.336$  you can just click on it.

NOTE Confidence: 0.9355849

 $00:43:15.340 \longrightarrow 00:43:19.228$  The evaluation will help us a lot, a lot.

NOTE Confidence: 0.9355849

 $00:43:19.228 \longrightarrow 00:43:20.620$  So please evaluate.

NOTE Confidence: 0.9355849

00:43:20.620 --> 00:43:23.763 Maybe we'll give you 2 minutes and

 $00:43:23.763 \longrightarrow 00:43:25.310$  then there's going to be one last

NOTE Confidence: 0.9355849

 $00:43:25.363 \longrightarrow 00:43:27.057$  slide that says thank you very much.

NOTE Confidence: 0.9355849

 $00:43:27.060 \longrightarrow 00:43:29.664$  And then we can have question and

NOTE Confidence: 0.9355849

 $00:43:29.664 \longrightarrow 00:43:31.580$  and answers and and interact.

NOTE Confidence: 0.9424416

 $00:43:47.750 \longrightarrow 00:43:50.030$  Are you ready for questions, Andreas.

NOTE Confidence: 0.9424416

00:43:53.350 --> 00:43:55.674 Andreas, that survey link that you posted

NOTE Confidence: 0.9424416

00:43:55.674 --> 00:43:58.269 took us to the second presentation.

NOTE Confidence: 0.9424416

00:43:59.830 --> 00:44:01.830 Linda, would you? That's the

NOTE Confidence: 0.9424416

 $00:44:01.830 \longrightarrow 00:44:04.670$  one I had. Linda would posted

NOTE Confidence: 0.9424416

 $00:44:06.390 \longrightarrow 00:44:08.469$  someone whose name starts with a Q.

NOTE Confidence: 0.9424416

 $00:44:12.950 \longrightarrow 00:44:14.150$  The QR code is right.

NOTE Confidence: 0.9424416

00:44:14.150 --> 00:44:16.523 But maybe the link oh,

NOTE Confidence: 0.9424416

00:44:16.523 --> 00:44:18.434 Andres's link is working well. Yeah.

NOTE Confidence: 0.9424416

 $00{:}44{:}18.434 \dashrightarrow 00{:}44{:}24.130$  And the QR code is working OK OK yeah.

NOTE Confidence: 0.9424416

00:44:24.130 --> 00:44:27.570 Oh, hold on. I just tried it again.

 $00:44:29.610 \longrightarrow 00:44:33.561$  The. Yeah, the the Linda Sarro that goes to

NOTE Confidence: 0.9208854

00:44:33.561 --> 00:44:37.250 #2 andreas's quote link works well. Sorry.

NOTE Confidence: 0.9208854

00:44:39.290 --> 00:44:43.230 Why don't we do let's do one minute and

NOTE Confidence: 0.9208854

 $00:44:43.230 \longrightarrow 00:44:44.970$  then we'll have questions. Is that good

NOTE Confidence: 0.62201816

 $00:44:47.310 \longrightarrow 00:44:47.830$  erfect?

NOTE Confidence: 0.9268879

 $00:45:46.170 \longrightarrow 00:45:47.888$  I love the use of the timer,

NOTE Confidence: 0.9268879

 $00:45:47.890 \longrightarrow 00:45:51.810$  Andreas and wonderful modeling for all of us.

NOTE Confidence: 0.9268879

 $00:45:51.810 \longrightarrow 00:45:53.370$  So we do have a question.

NOTE Confidence: 0.9268879

 $00{:}45{:}53.370 {\:{\circ}{\circ}{\circ}}>00{:}45{:}55.218$  How many words do you recommend

NOTE Confidence: 0.9268879

00:45:55.218 --> 00:45:57.570 for each slide and how many lines?

NOTE Confidence: 0.9268879

00:45:58.130 --> 00:45:59.690 Yeah, you know, I

NOTE Confidence: 0.92642736

00:46:01.710 --> 00:46:02.870 I didn't put it down.

NOTE Confidence: 0.92642736

 $00:46:02.870 \longrightarrow 00:46:04.202$  I thought about it a lot

NOTE Confidence: 0.92642736

 $00:46:04.202 \longrightarrow 00:46:05.430$  because I didn't want to be.

NOTE Confidence: 0.92642736

 $00:46:05.430 \longrightarrow 00:46:06.522$  I couldn't be prescriptive.

NOTE Confidence: 0.92642736

 $00:46:06.522 \longrightarrow 00:46:08.390$  But if I were to wing it,

 $00:46:08.390 \longrightarrow 00:46:11.043$  I would say no more than five

NOTE Confidence: 0.92642736

 $00{:}46{:}11.043 \dashrightarrow 00{:}46{:}13.108$  lines and each sentence with,

NOTE Confidence: 0.92642736

00:46:13.110 --> 00:46:15.708 you know, 5 or 6 words.

NOTE Confidence: 0.92642736

 $00:46:15.710 \longrightarrow 00:46:18.174$  I think the key is not to

NOTE Confidence: 0.92642736

 $00:46:18.174 \longrightarrow 00:46:19.770$  use full sentences and the

NOTE Confidence: 0.92642736

 $00:46:19.770 \longrightarrow 00:46:21.390$  other is also the font size.

NOTE Confidence: 0.92642736

 $00:46:21.390 \longrightarrow 00:46:26.802$  It varies by by which font but if you

NOTE Confidence: 0.92642736

 $00:46:26.802 \longrightarrow 00:46:29.814$  use like a 32 for titles and a 28

NOTE Confidence: 0.92642736

 $00:46:29.814 \longrightarrow 00:46:34.170$  for main and a 24 and and that's it.

NOTE Confidence: 0.92642736

00:46:34.170 --> 00:46:34.450 Great.

NOTE Confidence: 0.9130154

 $00:46:34.450 \longrightarrow 00:46:35.488$  Thanks the jaw.

NOTE Confidence: 0.9130154

 $00:46:38.050 \longrightarrow 00:46:39.568$  Hi. Thank you for your time.

NOTE Confidence: 0.9333528

 $00:46:43.360 \longrightarrow 00:46:45.464$  You're muted. Sorry I muted again.

NOTE Confidence: 0.9333528

 $00:46:45.464 \longrightarrow 00:46:48.036$  I was wondering if you could comment

NOTE Confidence: 0.9333528

 $00:46:48.036 \longrightarrow 00:46:50.675$  on the use of color and how you

 $00:46:50.675 \longrightarrow 00:46:52.680$  strategize using color and PowerPoint.

NOTE Confidence: 0.9333528

 $00{:}46{:}52.680 {\:{\circ}{\circ}{\circ}}>00{:}46{:}54.630$  So and I'm thinking about

NOTE Confidence: 0.9333528

 $00:46:54.630 \longrightarrow 00:46:55.800$  two specific examples.

NOTE Confidence: 0.9333528

 $00:46:55.800 \longrightarrow 00:46:58.124$  One is that I've heard in terms

NOTE Confidence: 0.9333528

00:46:58.124 --> 00:47:00.619 of the background color of slides

NOTE Confidence: 0.9333528

00:47:00.619 --> 00:47:02.519 from an accessibility standpoint,

NOTE Confidence: 0.9333528

 $00:47:02.520 \longrightarrow 00:47:04.328$  is actually sometimes more

NOTE Confidence: 0.9333528

 $00:47:04.328 \longrightarrow 00:47:07.040$  helpful to have a darker color

NOTE Confidence: 0.9333528

 $00{:}47{:}07.126 \dashrightarrow 00{:}47{:}08.666$  background for visualization,

NOTE Confidence: 0.9333528

 $00:47:08.666 \longrightarrow 00:47:10.904$  but others have told me that

NOTE Confidence: 0.9333528

 $00:47:10.904 \longrightarrow 00:47:12.879$  that is more distracting.

NOTE Confidence: 0.9333528

 $00{:}47{:}12.880 \dashrightarrow 00{:}47{:}17.051$  And then the second example is that I

NOTE Confidence: 0.9333528

 $00:47:17.051 \longrightarrow 00:47:20.957$  previously used color as an emphasis,

NOTE Confidence: 0.9333528

 $00:47:20.960 \longrightarrow 00:47:22.850$  a tool for emphasis and certain

NOTE Confidence: 0.9333528

 $00:47:22.850 \longrightarrow 00:47:23.795$  words or what not.

NOTE Confidence: 0.9333528

 $00:47:23.800 \longrightarrow 00:47:25.425$  But same question in regards

 $00:47:25.425 \longrightarrow 00:47:27.442$  to how many colors might be

NOTE Confidence: 0.9333528

 $00{:}47{:}27.442 \dashrightarrow 00{:}47{:}29.077$  too distracting on the slide.

NOTE Confidence: 0.9292863

 $00:47:30.000 \longrightarrow 00:47:32.555$  You know, that is a great question

NOTE Confidence: 0.9292863

 $00:47:32.555 \longrightarrow 00:47:34.546$  because just recently someone reminded

NOTE Confidence: 0.9292863

 $00:47:34.546 \longrightarrow 00:47:36.862$  me that there are some colors that

NOTE Confidence: 0.9292863

 $00:47:36.862 \longrightarrow 00:47:39.318$  are not quite as user friendly for

NOTE Confidence: 0.9292863

 $00:47:39.318 \longrightarrow 00:47:41.152$  folks with color blindness, Daltonism.

NOTE Confidence: 0.9292863

 $00:47:41.152 \longrightarrow 00:47:43.751$  I don't know what the right UpToDate

NOTE Confidence: 0.9292863

00:47:43.751 --> 00:47:46.217 medical term is and in particular,

NOTE Confidence: 0.9292863

 $00:47:46.220 \longrightarrow 00:47:48.380$  if I'm right here, green.

NOTE Confidence: 0.9292863

00:47:48.380 --> 00:47:50.660 I know it's particularly challenging

NOTE Confidence: 0.9292863

 $00{:}47{:}50.660 \dashrightarrow 00{:}47{:}53.054$  and I think red can be challenging.

NOTE Confidence: 0.9292863

 $00{:}47{:}53.060 \dashrightarrow 00{:}47{:}55.620$  Now you saw that I do use that maroon red.

NOTE Confidence: 0.9292863

00:47:55.620 --> 00:47:58.020 I don't know its accessibility,

NOTE Confidence: 0.9292863

 $00:47:58.020 \longrightarrow 00:48:01.880$  but I personally have moved

 $00:48:01.880 \longrightarrow 00:48:03.700$  to light background always.

NOTE Confidence: 0.9292863

00:48:03.700 --> 00:48:04.536 I I find it,

NOTE Confidence: 0.9292863

 $00:48:04.536 \longrightarrow 00:48:06.141$  it just pops and everybody sees it

NOTE Confidence: 0.9292863

00:48:06.141 --> 00:48:07.935 and it keeps people awake actually

NOTE Confidence: 0.9292863

00:48:07.935 --> 00:48:09.459 because black backgrounds for example,

NOTE Confidence: 0.9292863

00:48:09.460 --> 00:48:12.020 really are very kind of drowsy making and

NOTE Confidence: 0.9292863

 $00:48:12.020 \longrightarrow 00:48:16.356$  in terms of the number of colors in in text,

NOTE Confidence: 0.9292863

 $00:48:16.356 \longrightarrow 00:48:19.660$  I wouldn't use more than three tops.

NOTE Confidence: 0.9292863

 $00:48:19.660 \longrightarrow 00:48:21.620$  I mean that that is a lot.

NOTE Confidence: 0.9292863

00:48:21.620 --> 00:48:23.300 If you start getting into more than that,

NOTE Confidence: 0.9292863

 $00:48:23.300 \longrightarrow 00:48:26.680$  it gets too psychedelic.

NOTE Confidence: 0.9292863

 $00:48:26.680 \longrightarrow 00:48:27.700$  There are websites,

NOTE Confidence: 0.9292863

00:48:27.700 --> 00:48:30.080 I don't know the answer right now,

NOTE Confidence: 0.9292863

 $00{:}48{:}30.080 \dashrightarrow 00{:}48{:}32.502$  but go into what is the best

NOTE Confidence: 0.9292863

 $00:48:32.502 \longrightarrow 00:48:33.194$  accessibility etcetera,

NOTE Confidence: 0.9292863

 $00:48:33.200 \longrightarrow 00:48:33.484$  etcetera.

00:48:33.484 --> 00:48:35.756 But I think it's staying away from green,

NOTE Confidence: 0.9292863

 $00:48:35.760 \longrightarrow 00:48:37.735$  which is also not particularly

NOTE Confidence: 0.9292863

00:48:37.735 --> 00:48:40.210 pretty on the screen and bright

NOTE Confidence: 0.9292863

00:48:40.210 --> 00:48:42.880 red probably you're safe with that.

NOTE Confidence: 0.9292863

 $00:48:42.880 \longrightarrow 00:48:43.280$  Thank you.

NOTE Confidence: 0.9351194

 $00:48:44.160 \longrightarrow 00:48:46.425$  Another question, are there any

NOTE Confidence: 0.9351194

00:48:46.425 --> 00:48:48.237 adjustments for Zoom presentations?

NOTE Confidence: 0.9351194

 $00:48:49.480 \longrightarrow 00:48:49.920$  Yeah,

NOTE Confidence: 0.9351194

00:48:51.160 --> 00:48:56.030 specifically, you know,

NOTE Confidence: 0.9351194

 $00:48:56.030 \longrightarrow 00:48:59.948$  the idea that you're the center,

NOTE Confidence: 0.9351194

 $00:48:59.950 \longrightarrow 00:49:03.405$  while on zoom you're either

NOTE Confidence: 0.9351194

 $00{:}49{:}03.405 \dashrightarrow 00{:}49{:}06.860$  completely xed out or minimized

NOTE Confidence: 0.9351194

 $00:49:06.984 \longrightarrow 00:49:10.555$  or a little box on the side that

NOTE Confidence: 0.9351194

 $00:49:10.555 \longrightarrow 00:49:13.750$  gets in the way of your slide. Yes,

NOTE Confidence: 0.9245724

 $00:49:13.870 \longrightarrow 00:49:16.198$  yes. I was dealing actually with

00:49:16.198 --> 00:49:18.292 some of that because you know,

NOTE Confidence: 0.9245724

 $00{:}49{:}18.292 \dashrightarrow 00{:}49{:}20.744$  it does block a little bit of what you

NOTE Confidence: 0.9245724

 $00:49:20.744 \longrightarrow 00:49:22.896$  see and you do want to see yourself to

NOTE Confidence: 0.9245724

 $00:49:22.896 \longrightarrow 00:49:24.929$  make sure that you're in the screen and

NOTE Confidence: 0.9245724

 $00:49:24.929 \longrightarrow 00:49:27.077$  you want to try to make eye contact.

NOTE Confidence: 0.9245724

00:49:27.080 --> 00:49:30.237 It it it's, it's a different challenge.

NOTE Confidence: 0.9245724

 $00:49:30.240 \longrightarrow 00:49:33.719$  So in terms of adjustments for resume,

NOTE Confidence: 0.9245724

 $00:49:33.720 \longrightarrow 00:49:36.470$  the most important one is and you

NOTE Confidence: 0.9245724

 $00:49:36.470 \longrightarrow 00:49:37.520$  saw that even in the beginning.

NOTE Confidence: 0.9245724

 $00:49:37.520 \longrightarrow 00:49:40.496$  I had to redo it because I forgot

NOTE Confidence: 0.9245724

 $00:49:40.496 \longrightarrow 00:49:42.119$  is optimizing for sound.

NOTE Confidence: 0.9245724

00:49:42.120 --> 00:49:43.638 If you don't optimize for sound,

NOTE Confidence: 0.9245724

 $00:49:43.640 \longrightarrow 00:49:44.891$  videos look pixelated.

NOTE Confidence: 0.9245724

 $00:49:44.891 \longrightarrow 00:49:47.810$  So when you do the share screen

NOTE Confidence: 0.9245724

 $00:49:47.890 \longrightarrow 00:49:49.860$  that is really really important

NOTE Confidence: 0.9245724

 $00:49:49.860 \longrightarrow 00:49:52.450$  and very easy to to forget.

 $00:49:52.450 \longrightarrow 00:49:53.857$  And you want to do optimize sound

NOTE Confidence: 0.9245724

 $00:49:53.857 \longrightarrow 00:49:55.601$  not the one that says video because

NOTE Confidence: 0.9245724

00:49:55.601 --> 00:49:56.966 that just screws everything up.

NOTE Confidence: 0.9245724

 $00:49:56.970 \longrightarrow 00:49:58.498$  Don't ask me why.

NOTE Confidence: 0.9245724

 $00:49:58.498 \longrightarrow 00:49:59.644$  So that's one.

NOTE Confidence: 0.9245724

 $00:49:59.650 \longrightarrow 00:50:03.132$  The other is that I guess the the.

NOTE Confidence: 0.9245724

 $00:50:03.132 \longrightarrow 00:50:05.519$  I know that there are some setups

NOTE Confidence: 0.9245724

 $00:50:05.519 \longrightarrow 00:50:07.949$  in which you can have a camera

NOTE Confidence: 0.9245724

 $00:50:07.949 \longrightarrow 00:50:09.654$  and a separate computer monitor

NOTE Confidence: 0.9245724

 $00:50:09.654 \dashrightarrow 00:50:12.370$  and you can all make it work out.

NOTE Confidence: 0.9245724

 $00:50:12.370 \longrightarrow 00:50:13.618$  I don't have that because I'm

NOTE Confidence: 0.9245724

 $00:50:13.618 \longrightarrow 00:50:14.929$  always taking my laptop where I go.

NOTE Confidence: 0.9245724

 $00:50:14.930 \longrightarrow 00:50:16.810$  So I only have this.

NOTE Confidence: 0.9245724

 $00:50:16.810 \longrightarrow 00:50:19.850$  And it's probably helpful to

NOTE Confidence: 0.9245724

 $00:50:19.850 \longrightarrow 00:50:21.236$  assume that you're not going to

00:50:21.236 --> 00:50:22.809 have all the bells and whistles,

NOTE Confidence: 0.9245724

00:50:22.810 --> 00:50:24.130 so just reminding yourself.

NOTE Confidence: 0.9245724

00:50:24.130 --> 00:50:26.460 And it has to be conscious because

NOTE Confidence: 0.9245724

 $00:50:26.460 \longrightarrow 00:50:28.182$  the people are not there to

NOTE Confidence: 0.9245724

 $00:50:28.182 \longrightarrow 00:50:30.329$  look at the camera periodically,

NOTE Confidence: 0.9245724

 $00:50:30.330 \longrightarrow 00:50:31.090$  but not all the time,

NOTE Confidence: 0.9245724

 $00:50:31.090 \longrightarrow 00:50:32.810$  because I can get creepy,

NOTE Confidence: 0.9245724

00:50:32.810 --> 00:50:33.602 but you know,

NOTE Confidence: 0.9245724

 $00:50:33.602 \longrightarrow 00:50:35.450$  looking at the camera while at the

NOTE Confidence: 0.9245724

 $00:50:35.505 \longrightarrow 00:50:37.209$  same time jockeying everything.

NOTE Confidence: 0.9245724

00:50:37.210 --> 00:50:39.079 It takes a little bit of muscle

NOTE Confidence: 0.9245724

 $00:50:39.079 \longrightarrow 00:50:40.814$  memory for sure it,

NOTE Confidence: 0.9245724

 $00:50:40.814 \longrightarrow 00:50:44.230$  but those are some of the things.

NOTE Confidence: 0.9245724

 $00:50:44.230 \longrightarrow 00:50:46.590$  I hope that's helpful.

NOTE Confidence: 0.9245724

 $00:50:46.590 \longrightarrow 00:50:46.910$  Dane

NOTE Confidence: 0.9333966

 $00:50:46.910 \longrightarrow 00:50:48.940$  is pointing out to all of us

 $00:50:48.940 \longrightarrow 00:50:51.262$  that she's had to redo so many

NOTE Confidence: 0.9333966

00:50:51.262 --> 00:50:52.987 of her lectures on PowerPoint.

NOTE Confidence: 0.9333966

00:50:52.990 --> 00:50:56.350 And after really learning about these points,

NOTE Confidence: 0.9333966

 $00:50:56.350 \longrightarrow 00:50:58.667$  it really is essential to redo them.

NOTE Confidence: 0.9333966

00:50:58.670 --> 00:51:00.990 Look through how many words do you have,

NOTE Confidence: 0.9333966

00:51:00.990 --> 00:51:02.705 how do you talk about your data?

NOTE Confidence: 0.9333966

 $00:51:02.710 \longrightarrow 00:51:04.110$  You really gave us great

NOTE Confidence: 0.9333966

00:51:04.110 --> 00:51:04.978 examples today, Andreas.

NOTE Confidence: 0.9333966

 $00:51:04.978 \longrightarrow 00:51:07.134$  And certainly any of us in the

NOTE Confidence: 0.9333966

 $00{:}51{:}07.134 \dashrightarrow 00{:}51{:}09.327$  center are willing to help and go

NOTE Confidence: 0.9333966

00:51:09.327 --> 00:51:11.210 through it because you all want,

NOTE Confidence: 0.9333966

 $00:51:11.210 \longrightarrow 00:51:12.890$  we all want to be good teachers.

NOTE Confidence: 0.9333966

00:51:12.890 --> 00:51:15.122 So really highlighting the key points

NOTE Confidence: 0.9333966

 $00:51:15.122 \longrightarrow 00:51:17.642$  today as you reflect on your own

NOTE Confidence: 0.9333966

 $00:51:17.642 \longrightarrow 00:51:19.889$  slides would be a wonderful take away.

 $00:51:20.930 \longrightarrow 00:51:21.610$  Yeah. Yeah.

NOTE Confidence: 0.91711485

 $00{:}51{:}24.050 \dashrightarrow 00{:}51{:}28.325$  And along those lines and I

NOTE Confidence: 0.91711485

00:51:28.325 --> 00:51:30.490 will leave this up while we're,

NOTE Confidence: 0.91711485

 $00:51:30.490 \longrightarrow 00:51:31.650$  while we're still here,

NOTE Confidence: 0.92197114 00:51:36.000 --> 00:51:36.440 but NOTE Confidence: 0.92197114

00:51:40.080 --> 00:51:43.318 our upcoming events, yes, I'm trying

NOTE Confidence: 0.92197114

 $00:51:44.040 \longrightarrow 00:51:45.504$  to. So we have two sessions

NOTE Confidence: 0.92197114

00:51:45.504 --> 00:51:46.920 while you're doing that Andreas,

NOTE Confidence: 0.92197114

 $00:51:46.920 \longrightarrow 00:51:50.240$  we are always having these 12 to one.

NOTE Confidence: 0.92197114

 $00:51:50.240 \longrightarrow 00:51:51.880$  We have an MEDG,

NOTE Confidence: 0.92197114

 $00{:}51{:}51.880 \dashrightarrow 00{:}51{:}54.280$  which is our medical education

NOTE Confidence: 0.92197114

00:51:54.280 --> 00:51:57.186 discussion group on 9/21 identifying

NOTE Confidence: 0.92197114

 $00:51:57.186 \longrightarrow 00:52:00.118$  microaggressions and discussing responses.

NOTE Confidence: 0.92197114

 $00{:}52{:}00.120 \dashrightarrow 00{:}52{:}02.262$  I'm going to be doing that with

NOTE Confidence: 0.92197114

00:52:02.262 --> 00:52:04.170 Allison Renfro, Tishiana Armah,

NOTE Confidence: 0.92197114

 $00:52:04.170 \longrightarrow 00:52:07.395$  Esperanza Diaz and Elizabeth Conklin.

 $00:52:07.400 \longrightarrow 00:52:09.115$  I'm really looking forward to doing that.

NOTE Confidence: 0.92197114

 $00:52:09.120 \longrightarrow 00:52:14.090$  We've created some videos and on 9/22,

NOTE Confidence: 0.92197114

00:52:14.090 --> 00:52:17.015 we have Learning Climate with

NOTE Confidence: 0.92197114

 $00:52:17.015 \dashrightarrow 00:52:19.979$  Vinny Quigliaro and Shauna Hay.

NOTE Confidence: 0.92197114

 $00{:}52{:}19.980 \dashrightarrow 00{:}52{:}21.737$  So again, I know I really appreciate.

NOTE Confidence: 0.92197114

 $00:52:21.740 \longrightarrow 00:52:22.295$  I think Fred,

NOTE Confidence: 0.92197114

00:52:22.295 --> 00:52:24.020 you said you signed up for all of these,

NOTE Confidence: 0.92197114

 $00:52:24.020 \longrightarrow 00:52:25.820$  but these are our upcoming ones.

NOTE Confidence: 0.92197114

 $00:52:25.820 \longrightarrow 00:52:28.574$  And please feel free to sign up for these.

NOTE Confidence: 0.92197114

 $00:52:28.580 \longrightarrow 00:52:30.980$  We will be sending other

NOTE Confidence: 0.92197114

 $00:52:30.980 \longrightarrow 00:52:32.900$  emails from Yale Messaging.

NOTE Confidence: 0.92197114

 $00:52:32.900 \longrightarrow 00:52:33.626$  And Andreas,

NOTE Confidence: 0.92197114

 $00{:}52{:}33.626 \dashrightarrow 00{:}52{:}36.167$  thank you so much and I thank

NOTE Confidence: 0.92197114

 $00{:}52{:}36.167 {\:\dashrightarrow\:} 00{:}52{:}38.317$  everyone for joining us today

NOTE Confidence: 0.92197114

 $00:52:38.317 \longrightarrow 00:52:40.452$  for this wonderful kickoff event.

 $00:52:40.460 \longrightarrow 00:52:41.540$  Thank you so much.

NOTE Confidence: 0.9349758

 $00{:}52{:}41.900 \dashrightarrow 00{:}52{:}43.820$  Thank you, everyone. By e bye. Thank you.

NOTE Confidence: 0.901877392

 $00:53:24.750 \longrightarrow 00:53:27.094$  And I think you can pop people

NOTE Confidence: 0.901877392

 $00:53:27.094 \longrightarrow 00:53:30.064$  out of the, I think, right.

NOTE Confidence: 0.901877392

00:53:30.064 --> 00:53:32.703 It's like a table might have gotten,

NOTE Confidence: 0.901877392

00:53:32.710 --> 00:53:34.068 you know, way later. We can go

NOTE Confidence: 0.92451394

 $00:53:34.070 \longrightarrow 00:53:36.390$  pop into my room now to do a quick debrief.

NOTE Confidence: 0.92451394

00:53:37.430 --> 00:53:38.790 Oh, is it a different Zoom link anyway?

NOTE Confidence: 0.92451394

 $00:53:38.790 \longrightarrow 00:53:40.225$  Yeah, we thought we would do that.

NOTE Confidence: 0.92451394

 $00:53:40.230 \longrightarrow 00:53:40.910$  So I'm going to leave.

NOTE Confidence: 0.92451394

 $00{:}53{:}40.910 \dashrightarrow 00{:}53{:}42.224$  We'll see you in my room in a second.