As part of the Smilow Cancer Genetics and Prevention Program, the Breast Cancer Prevention Clinic provides comprehensive cancer risk assessment, education, screening, and prevention for women at increased risk of breast cancer. Our multidisciplinary expert team of genetic counselors, nurse practitioners, and physicians work together to create a personalized care plan for each patient. After initial risk assessment, women who are at increased risk of developing breast cancer can be followed in the Breast Cancer Prevention Clinic by Erin Hofstatter, MD and/or Susan Chmael, APRN.

What types of patients do we see?

Individuals with a:

- Strong family history of breast cancer.
- Genetic predisposition, such as an inherited mutation in the BRCA1/2 gene or other breast cancer-related genes.
- Breast biopsy with atypical cells (atypical hyperplasia or lobular carcinoma in situ).
- Prior chest radiation as treatment for specific types of cancer under the age of 30, such as Hodgkin’s lymphoma.

What to Expect from your Appointments

At your initial visit, you will meet with our breast medical oncologist and/or breast-oncology trained nurse practitioner and will receive a comprehensive consultation tailored to your individual needs and risk factors. We provide a personalized breast cancer risk assessment and a risk-reduction care plan, including: recommended imaging, clinical breast exams, prevention medication options, and lifestyle modification. Patients who decide to continue care in our clinic will alternate follow-up visits between our specialized nurse practitioner and physician. Our patients leave their visits with their next imaging and follow-up appointments scheduled appropriately to coordinate with their personalized plan of care. If needed, we can also assist with arranging consultations with breast surgery, plastic surgery, gynecologic oncology, and/or other specialists for a complete multidisciplinary approach to cancer prevention and surveillance.

Clinic Hours and Location

Dr. Erin Hofstatter: Thursday and Friday mornings
Susan Chmael, APRN: Monday and Friday for regular follow-up, available for urgent needs Monday through Friday

The Smilow Cancer Genetics and Prevention Program
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